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THE MAGAZINE OF *WESTERN LIVING*

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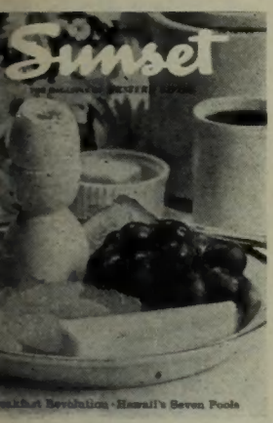
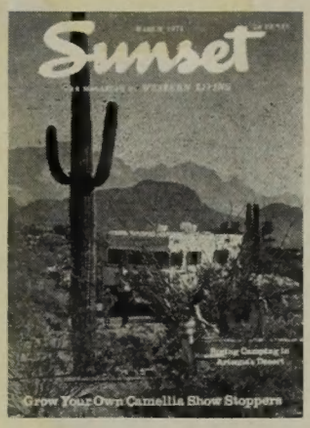
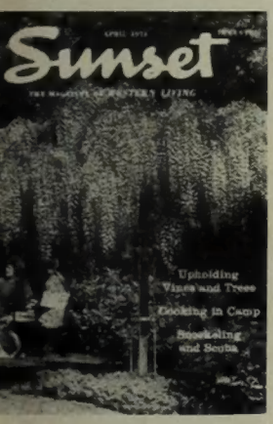
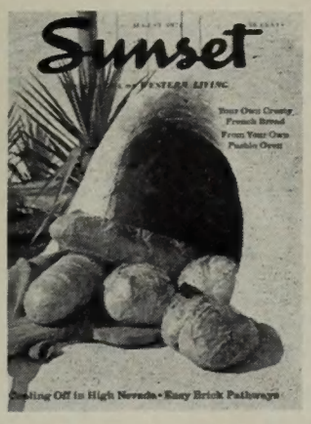
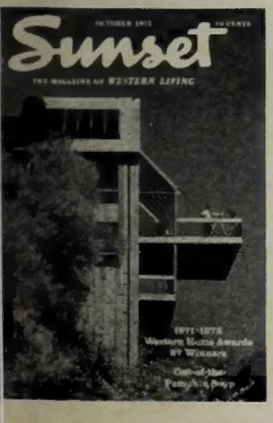
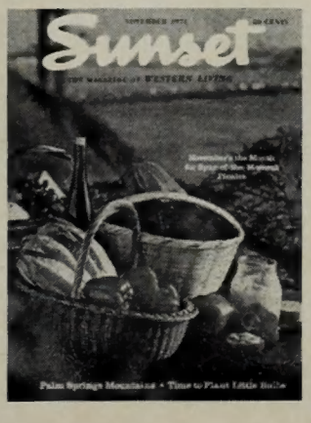


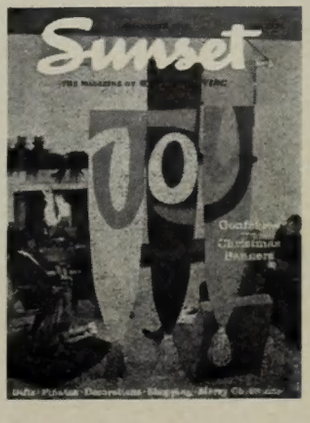












Western Gardening and Landscaping

- Monthly garden guides
- Flowers, shrubs, trees
- Lawns and lawn care
- Landscape planning
- Container gardening
- Patios, fences, pools

Western Cooking and Entertaining

- Meal planning ideas
- Menus • Entertaining
- Foreign cookery
- Barbecuing • Baking
- Seasonal foods

Western Building and Remodeling

- Houses and house plans
- Remodeling ideas
- Cabins, vacation houses
- Woodworking • Crafts
- Christmas ideas

Western and Worldwide Travel

- Western vacations
- Weekend trips
- Boating • Skiing
- Fishing • Camping
- Foreign travel

Environment and Environment Action

- Community projects
- Conservation
- Nature
- Open space preservation

Sunset
THE MAGAZINE OF WESTERN LIVING

INDEX TO ALL EDITIONS • JANUARY 1971 TO DECEMBER 1971

HOW TO USE THIS INDEX

SUNSET *is published each month in four editions:* Northwest edition for Washington, Oregon, Idaho, and Alaska; Central edition for northern and central California, northern Nevada, and Utah; Southern California and Hawaii edition for coastal Southern California and Hawaii; Desert edition for southeastern California, southern Nevada, and Arizona. Because of the climate and other differences, many SUNSET articles run in only one or two of the four editions.

You can tell which edition of SUNSET *you read* by looking on the contents page of the magazine. At the upper left corner of the page you will see the name of the edition: Pacific Northwest, Central, Southern California and Hawaii, or Desert.

In the index listings, N denotes Northwest edition; C, Central edition; S, Southwest edition; and D, the Desert edition. The word "all" tells you that an article has appeared the same month and page in all four editions. Index listings are written as follows: May 76 N, C (May, page 76, Northwest and Central editions).

INDEX TO THESE PAGES

TRAVEL 3
BUILDING AND REMODELING 8
HOME MANAGEMENT 9
OUTDOOR BUILDING 10
WORKSHOP AND CRAFTS 10
CHRISTMAS IDEAS 11
FOOD AND ENTERTAINING 12
GARDENING AND LANDSCAPING 20
ENVIRONMENT AND ENVIRONMENT ACTION 26

269008

TRAVEL

Alaska
Anchorage, greenhouses, Russian Jack Springs Park, Mar 4 N
Anchorage to U.S.S.R., air tours, Apr 68 all
Inside Passage, cruises, Apr 16 all
Juneau
Alaska State Centennial Museum, native art, Jan 3 N
House of Wickersham, June 69 all

Arizona
Flagstaff
All Indian Pow Wow, July 6 D
Lowell Observatory, Sept 4 D
Flagstaff area
Arizona Snow Bowl, Feb 23 S, D; July 4 D
Pioneers' Historical Museum, Aug 4 D
Walnut Canyon National Monument, Indian ruins, June 3 D
Grand Canyon National Park
Kaibab Trail, June 36 all
Mammals of Grand Canyon, book review, Aug 4 D
Holbrook, Arizona Rancho Youth Hostel, Feb 6 D
Lee's Ferry, Paria Canyon hike, May 3 D
Lyman Lake State Park, eastern Arizona, May 32 C
Mount Lemmon Ski Valley, Feb 23 S, D
Octave, pyrite collecting, June 6 D
Parker, speedboat regatta, Lake Moovalya, Nov 4 D
Phoenix
Aid to Zoo National Horse Show, Feb 6 D
Book sale, Visiting Nurse Service Auxiliary, Feb 6 D
Desert-mountain parks, Jan 3 D
Dons excursions, Jan 6 D
Firebird Festival, Apr 4 D
Heard Museum of Anthropology and Primitive Art
Christmas art, Dec 4 D
Uplands Gallery, Oct 4 D
Needlework Art Show, Mar 4 D
South Phoenix Festival of Arts, Mar 3 D
Winne buggy collection, Nov 6 D
Pioneer Arizona, May 35 N
Mineral Festival, Jan 6 D
Saguaro Lake, Feb 24 C; Mar 64 S, D
Scottsdale
Arizona Designer-Craftsman show, Mar 3 D
Craft Market, Mar 3 D
Hacienda Tour, Jan 6 D
National Indian Arts Exhibition, Mar 4 D
Parada del Sol, Feb 4 D
Polo, Feb 3 D
Thieves' Market, May 4 D
Skull Valley, George Phippen Studio-Gallery, Oct 6 D
Sonoran Desert, Ajo Mountain Drive, Nov 3 D
Sunrise Ski Area, Feb 23 S, D
Sunset Crater National Monument, Oct 56 N, C
Tubac, Annual Festival of Arts, Feb 4 D
Tucson
Craft Market, Nov 4 D
Polo matches, Feb 4 D
Stitchery show, Feb 6 D
Tucson Festival, Apr 3 D
Tumacacori National Monument, U.S. Hwy. 89, Apr 33 S, D
Tuzigoot National Monument, May 4 D
Walnut Canyon, N.M., June 3 D
Whiteriver, White Mountain Apache Tribal Fair and Rodeo, Sept 6 D

Arizona (Cont.)
Williams Ski Area, Feb 24 S, D
Wupatki National Monument, Oct 56 N, C
Yuma
Festival of Arts, Yuma County Schools, Mar 6 D
Yuma County Fair, Apr 6 D
Yuma area, Territorial Trails tours, Nov 8 S, D

Asia
Japan
Sapporo, Winter Olympics, late accommodations, Dec 24 all
Orient cruises from West Coast, autumn and winter, Oct 72 all

Beaches and Coasts
Anacapa Island, Calif., east island July 32 S, D; Aug 22 N
Berkeley, Calif., Marina, Nov 3 C
Bolinas, Calif., Oct 104 C
Coronado Islands, off So. Calif. coast, fishing cruises, May 6 S
Fort Stevens State Park, Ore., Feb 3 N
Haleiwa, Hawaii, Mar 28 N; May 32 S, D Sept 23 C
Hawaii marine life, low tide walking, June 40 all
Hilo, Hawaii, parks good for children, Oct 52 all
Jellyfish sting, relieving, Apr 6 S; May 79 C
Long Beach, Calif., *Queen Mary* tours, Sept 38 all
Los Angeles area, seashore shopping villages, Dec 66 S
Los Angeles harbor by hydrofoil or helicopter, Dec 4 S
Marin County headlands, No. Calif., Jan 54 all
Morro Bay, Calif., Clam Taxi, Nov 46 all
Newport Beach, Calif., Character Boat Parade, Aug 3 S
Northern California Coast, A Guidebook to the, book review, Apr 9 C, S, D; June 32 N
Pacific Palisades, Calif., lifeguards' winter games, Dec 3 S
Playa del Rey, Calif., Southern California Canoe Association championships, Nov 3 S
Puerto Libertad, Mexico, boojum forest, Oct 24 all
Redondo Beach, Calif., *Prince Louis*, Danish schooner, Jan 3 S
San Blas, Mexico, Nov 54 all
San Diego, Calif., Sea World, man-made tidepool, Mar 28 S, D; May 66 C
San Francisco, Calif., Fort Point, Nov 26 all
San Juan Gulf Islands, Pacific Northwest, exploring, July 44 all
San Luis Obispo, Calif., area Piedras Blancas lighthouse, Sept 31 all
San Onofre, Calif., Bluffs State Beach, July 3 S
Santa Monica, Calif., pier area activity, Sept 3 S
Skin-diving, Apr 90 all
Tacoma, Wash., Point Defiance Park, Apr 46 N
Tokeland, Wash., crab fishing, Feb 36 all
Tomales Bay, No. Calif., May 60 all
Trinidad, Calif., crab feed, Apr 55 all
Victoria, B.C., Fort Rodd Park, Fisgard Island, Mar 3 N
Whale, California gray, migration, where to see, Nov 42 all
Zihuatanejo, Mexico, June 30 N, 54 S, D

Boating
Canoe Association, Southern California, championships, Playa del Rey, Nov 3 S
Gilroy, Calif., area, San Luis Reservoir, Apr 76 C
Lake Shasta, Calif., houseboating, off-season, Nov 34 all
Lake Siskiyou, July 8 N, S, D; Sept 27 C
Lyman Lake State Park, eastern Arizona, May 32 C
Oroville, Calif., State Recreation Area, July 4 C
Owyhee River float trips, Ore., Apr 76 N
Parker, Ariz., speedboat regatta, Lake Moovalya, Nov 4 D
Rainbow Bridge National Monument, Utah, Sept 3 D
River runs in the West, May 42 all
Saguaro Lake, Ariz., Feb 24 C; Mar 64 S, D
San Juan, Gulf Islands, Pacific Northwest, exploring, July 44 all
San Luis Obispo County, Calif., Lopez Recreation Area, Nov 21 S, D
San Pedro, Calif., Transpacific Yacht Race, July 6 S
Siletz, Ore., River Raft Race, July 4 N
Tacoma, Wash., Point Defiance Park, Apr 46 N

Book Reviews
Alpine Lakes, South Cascades and Olympics, 102 Hikes in the, Sept 4 N
Atlases, Dec 46 all
Baja California, a *Sunset* book, Mar 46 all
California, Back Roads of, a *Sunset* book, July 58 all
Chinatown, Insider's Guide to, Mar 4 C
Earthquake Country, a *Sunset* book, Oct 22 N, S, D, 8 C
Ghost Towns of the West, a *Sunset* book, Nov 88 all
Grand Canyon, Mammals of, Aug 4 D
Mount Rainier National Park, 50 Hikes in, Sept 4 N
Nevada, a *Sunset* book, Dec 26 all
North Cascades, 101 Hikes in the, Sept 4 N
Northern California Coast, A Guidebook to the, Apr 9 C, S, D; June 32 N
Old West history, republished classics, paperback, Dec 44 all
Utah, Travel Guide to, a *Sunset* book, May 76 all
Western Campsite Directory 1971, a *Sunset* book, Mar 74 all
Winter Walks, Jan 4 N

California
Africa U.S.A., Fillmore area, June 93 all
Anacapa Island, east island, July 32 S, D; Aug 22 N
Antelope Valley, wildflower excursions, Apr 52 all
Anza-Borrego Desert State Park, Anza Sky Trail, June 4 D
Arcadia, Santa Anita railroad depot restoration, Feb 4 S
Auburn, melodramas, Old Opera House, June 98 all
Back Roads of California, a *Sunset* book, July 58 all
Berkeley
Lawrence Hall of Science, youth museum, Sept 3 C
Marina, Nov 3 C
Bishop area loop trip, petroglyphs, pupfish, Oct 46 all
Blythe, Bureau of Land Management Campgrounds, Oct 3 D

California (Cont.)
Bolinas, Oct 104 C
Buellton, Andersen's Animal Park, June 91 all
Buena Park, Movie World, Oct 38 all
California Native Plant Society, Apr 3 C
Carmel
Bach Festival, July 27 C
Kite Festival, Apr 4 C
Columbia, Fallon House Theatre, June 100 all
Coronado Islands, deep sea fishing cruises, May 6 S
Coso Mountains, petroglyph excursion, Apr 6 S
Cupertino, Flint Center for the Performing Arts, De Anza College, Oct 4 C
Recreational sports fair, June 4 C
Davis, Picnic Day, Apr 4 C
Drytown, melodramas, June 99 all
Earthquake Country, a *Sunset* book, Oct 22 N, S, D; 8 C
Encino, Los Encinos State Historical Monument, Nov 22 S, D
Fiddletown, homecoming celebration, May 3 C
Fillmore area, Ralph Helfer's Africa U.S.A., June 93 all
Folsom, melodramas, Sutter Gaslighters, June 99 all
Fresno, Roeding Park, May 66 N
Gerber, South Shasta Old Time Steam Threshing Bee, Aug 62 N, C, D
Goleta, Stow Ranch house, Aug 4 S
Half Moon Bay, art galleries, Jan 25 C
Henry W. Coe State Park, Mar 34 all
Hornbrook, Radio Museum, June 6 C
Hornitos, Gold Rush town, Jan 34 all
Ione area, Pardee Reservoir, fishing, June 4 C
Jackson, Kit Carson Mountain Men Antique Auction, Feb 3 C
Lake Shasta
houseboat cruising, off-season, Nov 34 all
trout fishing, May 71 all
Lake Siskiyou Campgrounds, July 8 N, S, D; Sept 27 C
Lakes Basin Recreational Area, May 36 N, S, D
Lancaster, Flea Market, Oct 4 S
Little Lake, Indian petroglyphs, Fossil Falls, June 3 S
Lompoc area, La Purisima Mission fiesta, May 3 S
Long Beach
Queen Mary tours, Sept 38 all
seashore shopping, Dec 66 S
Los Angeles
Alexandria Hotel restoration, Aug 22 S, D
C & K Importing Company, Greek store, Sept 22 S, D
Film history exhibits, Sept 4 S
Griffith Park events, May 4 S
harbor tour by hydrofoil or helicopter, Dec 4 S
Heritage Museum, Nov 4 S
Heritage Square Christmas program, Dec 4 S
Municipal Art Gallery, Barnsdall Park, Apr 4 S
Navé Pierson winery, June 4 S
Plaza Park, open-air concerts, July 4 S
Water fountain, Franz Hall, U.C.L.A., Apr 3 S
Los Banos, San Luis Reservoir, Apr 76 C
Los Gatos, Billy Jones Wildcat Railroad, July 4 C
Los Osos, Small Wilderness Area Preserves program, June 30 S, D
Marin County
Alpine Lake, Nov 4 C
headlands, Jan 54 all
Veterans' Memorial Building, Dec 4 C

California (Cont.)
Marina del Rey, seashore shopping, Dec 66 S
Mariposa, The Summer Company vaudeville revue, June 100 all
Mendocino County, Van Damme State Park, pygmy forest, Sept 48 all
Menlo Park, West Bay Model Railroad Club, Dec 3 C
Mitchell Caverns State Park, Mar 4 S
Mokelumne Hill, Garden Courthouse Theater, Hotel Leger, June 100 all
Monterey, Cannery Row, Oct 94 all
Morro Bay, Clam Taxi, Nov 46 all
Mountain Ranch, El Dorado Days, Aug 4 C
Murphys, Black Bart Players, June 100 all
Nevada City, melodramas, Old Nevada Theatre, June 98 all
Newport Beach,
Character Boat Parade, Aug 3 S
Art Museum, Indian Crafts, Mar 3 S
Northern California Coast, A Guidebook to the, book review, Apr 9 C, S, D; June 32 N
Oakhurst, melodramas, June 100 all
Oakland Art Show, Feb 4 C
East Bay Regional Parks, National Recreation Trail, Apr 3 C
Holiday Decorations Program, Nov 4 C
Ojai, G. S. Stuart's Gallery of Historical Figures, July 4 S
Oroville, Oroville State Recreation Area, July 4 C
Pacific Palisades
lifeguards' winter games, Dec 3 S
Will Rogers State Historical Park, Mar 3 S
Palm Springs
A.A.U.W. Home Tour, Mar 6 D
back country, Nov 74 all
Palos Verdes Peninsula, Portuguese Bend walk, Apr 4 S
Pardee Reservoir, fishing, June 4 C
Pasadena
California Design show, Mar 80 N, C, D, 78 S
Gamble house, Apr 46 S
Hawaiian luau, Huntington-Sheraton Hotel, June 4 S
Pasadena Art Museum, Chinese Art, Jan 6 S
Wrigley mansion, Dec 6 S
Pinnacles N.M., Apr 46 C, D
Placerville
El Dorado County Fair, wheelbarrow races, July 3 C
Gold Bug Mine, Medford Park, Aug 23 C
Playa del Rey, Southern California Canoe Association championships, Nov 3 S
Point Mugu State Recreation Area, La Jolla Valley, preservation issue, Jan 24 S, D
Redondo Beach
Prince Louis, Danish schooner, Jan 3 S
seashore shopping, Dec 66 S
Redwood City, Marine Ecological Institute cruises, Aug 3 C
Reseda, Abbey Garden, Apr 76 S, D
Riverside, Gene Holter's Movieland Animal Park, June 92 all
St. Helena, Silverado Museum, Jan 28 all
San Bernardino, historical building paintings, Oct 4 S
San Bernardino County, Whipple Mountains, exploring on horseback, Jan 4 S
San Diego
Balboa Park by bus, Sept 4 S
rock, mineral museum, Dept. of Agriculture, Sept 21 S, D
Rosecroft Begonia Gardens, Point Loma, May 66 S, D
Sea World, manmade tidepool, Mar 28 S, D; May 66 C

California (Cont.)
San Francisco
British Week, Oct 3 C
Chinatown, Insider's Guide to, book review, Mar 4 C
Ecology Center, Jan 4 C
Enchanted World, Fisherman's Wharf, Aug 42 all
environmental tactile art, Nov 4 C
Exploratorium, Palace of Arts and Sciences, Jan 23 S, D
Fort Point, Nov 26 all
fountain, Embarcadero Plaza, Aug 30 all
Gertrude Stein art collection, San Francisco Museum of Art, Sept 4 C
Great Dickens Christmas Fair and Pickwick Comic Annual, Wharfside, Dec 66 C, D
Japanese Festival, Apr 6 C
Oriental jade, Brundage collection, M. H. de Young Museum, Apr 62 all
Playland-at-the-Beach, Fun House, July 32 C
Stern Grove Midsummer Music Festival, June 84 N, C
Sutro Forest, trails, Sept 4 C
Union Street, May 112 all
San Francisco Bay Area
Bay cruises, Oct 30 all
Beniamino Bufano's sculptures, Dec 32 all
Marine Ecological Institute cruises, Aug 3 C
Midpeninsula Religious Arts Festival, Mar 4 C
San Gabriel Mountains, White City, Echo Mountain, hike to, Feb 3 S
San Jose, Christmas Lane, Nov 4 C
Bottle show, May 4 C
San Juan Capistrano, June 46 all
San Luis Obispo, Poly Royal, California State Polytechnic College, Apr 75 C
Mozart festival, Aug 4 S
San Luis Obispo area
Lopez Recreation Area, Nov 21 S, D
Piedras Blancas lighthouse, Sept 31 all
San Luis Reservoir, Apr 76 C
San Onofre Bluffs State Beach, July 3 S
San Pedro
seashore shopping, Dec 68 S
Transpacific Yacht Race, July 6 S
San Simeon garden, May 272 N, C; Aug 130 S, D
Santa Barbara, special events telephone recording, Aug 4 S
Santa Clara County, Uvas Canyon County Park, May 4 C
Santa Cruz Mountains, Castle Rock State Park, Mar 55 N, C
Santa Monica, pier area activity, Sept 3 S
Santa Monica Mountains
hike along Mulholland Drive, Nov 3 S
road name changes, Feb 4 S
Ventura - Los Angeles Mountain and Coastal Study Commission, Feb 60 N, C, D, 54 S
Santa Ynez Valley, State 246, Aug 60 all
Saratoga, Masson vineyards, concert series, June 3 C
Shoshone, Desert Art Show, Apr 6 D
Solvang, Aug 60 all
Sonora Pass, snow fun for nonskiers, Jan 3 C
Soquel, dulcimer craftsman, Courtney Childs, Jan 4 C
South San Francisco, Rod McLellan Company's "Acres of Orchids" nursery, Dec 3 C
Stanford, summer pops, jazz concerts, Aug 4 C
State park campgrounds
categories, new, Mar 6 C
computer reservations, Jan 4 S

California (Cont.)
State Parks, California
Castle Rock S.P., Mar 55 N, C
Henry W. Coe State Park, Mar 34 all
Mitchell Caverns State Park, Mar 4 S
Van Damme State Park, pygmy forest, Sept 48 all
Toiyabe National Forest, Silver King Creek hike, Sept 40 all
Tomales Bay, May 60 all
Trinidad, crab feed, Apr 55 all
Trinity River, autum salmon, steelhead fishing, Oct 58 all
Vista, Bob's Burro Farm - Hee Haw Valley, Oct 3 S
Watsonville, West Coast National Antique Fly-In, May 81 all
West Sacramento, Port of Sacramento, Jan 39 all
Westwood, sidewalk art show, Oct 4 S
Whale, California gray, migration, where to see, Nov 42 all
Woodland Hills, touch-and-smell nature trail, Los Angeles Pierce College, Mar 27 S, D
Yosemite National Park
Half Dome, climb to top, June 52 all
park signs, new, Nov 8 N, 24 C, S, D
Pioneer Yosemite History Center, Apr 64 all
snow camping school, Jan 16 all
traffic pattern, new, June 58 N, S, D, 56 C

Camping
Anacapa Island, Calif., east island, July 32 S, D; Aug 22 N
Blythe, Bureau of Land Management campgrounds, Oct 3 D
Bruneau Dunes State Park, Idaho, Apr 57 all
California state parks
campsite categories, new, Mar 6 C
computer reservations, Jan 4 S
Camp cooking, Apr 78 all, 184 all
Camp recipes, simple, Apr 184 all
Camp vehicles, preparing for winter storage, Nov 64 all
Camper vehicles, leveling ramps, Aug 70 all
Campstoves, models available, July 54 all
Canadian Rockies, four national parks, June 74 all
Cathedral Gorge State Park, Nevada, May 78 N; July 25 S, D; Aug 24 C
Cooking utensils, heavy-duty, Dec 50 all
Fort Churchill Historical State Monument, Nev., Oct 32 all
Haleiwa, Hawaii, Mar 28 N; May 32 S, D; Sept 23 C
Henry W. Coe State Park, Mar 34 all
Lake Siskiyou, July 8 N, S, D; Sept 27 C
Little Lake, Calif., U.S. Hwy. 395, June 3 S
Lopez Recreation Area, San Luis Obispo County, Nov 21 S, D
Low desert camping, Mar 70 all
Lyman Lake State Park, eastern Ariz., May 32 C
Massacre Rocks State Park, Idaho, Oct 6 N
Mitchell Caverns State Park, Calif., Mar 4 S
Oahu, Hawaii, Keaiwa Heiau State Park, Aug 36 all
Okanogan County, Wash., Apr 75 N
Oregon's Cascade Lakes Highway, May 31 N
Oroville, Calif., State Recreation Area, July 4 C
Pinnacles National Monument, Cent. Calif., Apr 46 C, D
Pioche, Nev., area, Eagle Valley Reservoir, Nov 22 N, C
Pot, cast iron, cleaning, Apr 34 C, S, D; June 8 N
Reflector oven, baking in, Apr 186 all
Rock Creek, western Montana, Aug 26 all
San Luis Obispo County, Calif., Lopez Recreation Area, Nov 21 S, D

Camping (Cont.)
Santa Clara County, Calif., Uvas Canyon County Park, May 4 C
Snow camping school, Yosemite National Park, Calif., Jan 16 all
Trinity River area, No. Calif., Oct 58 all
Western Campsite Directory 1971, a *Sunset* book, Mar 74 all
Wheeler Peak Scenic Area, Nevada, Aug 44 all

Canada
Alberta
Banff National Park, June 74 all
Calgary Stampede, July 26 N, S, D
Jasper National Park, June 74 all
British Columbia
Abbotsford International Air Show, Aug 32 all
Duncan, Forest Museum, June 8 C, S, D; July 25 N
Festival of Sports, May 88 N
Fort Steele Historic Park, May 86 all
Gulf, San Juan Islands, exploring, July 44 all
Kootenay National Park, June 74 all
Vancouver, Bloedel Conservatory, Queen Elizabeth Park, July 38 N
Vancouver Island
Nanaimo, St. Jean's Custom Cannery, Sept 44 all
Vancouver to Seattle via State Hwy. 9, Apr 34 N; Sept 26 S, D
Victoria
Fort Rodd Park, Fisgard Island, Mar 3 N
Legislative Assembly, Jan 31 all
Royal Roads Military College, Japanese water garden, June 62 N
Yoho National Park, June 74 all

Cruises
Alaska's Inside Passage, Apr 16 all
Autumn, winter cruises from West Coast, Oct 72 all
Jamaica, Martha Brae raft trip, Oct 75 all
Owyhee River float trips, Ore., Apr 76 N
Pacific Coast mini-cruises, Mar 42 C, S, D
River runs in the West, May 42 all
San Diego, Calif., to Baja, California, following whale migration, Jan 6 S
San Francisco Bay, Calif.
harbor tours, ferries, Oct 30 all
Marine Ecological Institute, Aug 3 C

Desert
Anza-Borrego Desert State Park, Calif., Anza Sky Trail, June 4 D
Bishop, Calif., area, pupfish sanctuary, Oct 46 all
Low desert camping, Mar 70 all
Mojave Desert, Mitchell Caverns State Park, Calif., Mar 4 S
Palm Springs, Calif., back country, Nov 74 all
Phoenix, Ariz., desert-mountain parks, Jan 3 D
Puerto Libertad, Mexico, boojum forest, Oct 24 all
Shoshone, Calif., Desert Art Show, Apr 6 D
Sonoran Desert, Ariz., Ajo Mountain Drive, Nov 3 D
Whipple Mountains, San Bernardino County, Calif., exploring on horseback, Jan 4 S

Europe
Denmark
Copenhagen, Stroget, June 56 N, S, D
England
Currency changeover to decimal system, Mar 62 all

Europe (Cont.)
France
Paris
Concorde SST preview, Orly Airport, Nov 62 C, S, D
Gaufres - Crêpes stands, Nov 183 N, 166 C, S, D
Le Cordon Bleu, demonstration class, Oct 235 all
Germany
Zugspitze, May 74 all
Ireland
Limerick, walking tour, Nov 49 all
Italy
Rome, Christmas decorations, Dec 20 S, D
Norway
Oslo, sailing vessel museums, Apr 42 all
Russia
Circuses, Jan 37 all
Tours from Anchorage, Alaska, Apr 68 all

Fishing
Bass, Saguaro Lake, Ariz., Feb 24 C; Mar 64 S, D
Bass, San Luis Reservoir, Gilroy, Calif., area, Apr 76 C
Clam Taxi, Morro Bay, Calif., Nov 46 all
Crab, Tokeland, Wash., Feb 36 all
Deep sea, Coronado Islands, off So. Calif. coast, May 6 S
Pardee Reservoir, near Ione, Calif., June 4 C
Salmon, kokanee, Pend Oreille Lake, Idaho, Jan 26 N
Salmon, steelhead, Calif., effect of pollution on, Nov 39 all
Salmon, steelhead, Trinity River, No. Calif., Oct 58 all
San Luis Obispo County, Calif., Lopez Recreation Area, Nov 21 S, D
Sport, Guaymas, Mexico, July 3 D
Trout, Eagle Valley Reservoir, near Pioche, Nev., Nov 22 N, C
Trout, Lakes Basin Recreational Area, No. Calif., May 36 N, S, D
Trout, Okanogan County, Wash., Apr 75 N
Trout, Oregon's Cascade Lakes Highway, May 31 N
Trout, Rock Creek, western Montana, Aug 26 all
Trout, Shasta Lake, No. Calif., May 71 all

Hawaii
Golf courses, May 54 all
Hawaii Volcanoes National Park
Bird Park, Mar 57 all
Holei Pali volcanic action, Sept 50 all
Hilo beach parks good for children, Oct 52 all
Honolulu
Alice Cooke Spalding house, Apr 58 all
Chinatown, picnic shopping, Nov 212 N, S, D
Falls of Clyde, maritime museum, Feb 29 all
Foster Botanic Garden, "Holy Days and Holidays" display, Dec 29 all
Hawaii Craftsmen Annual, Oct 66 all
Hawaii Experience, Waikiki Beachcomber Hotel, July 40 all
Liliuokalani Garden, May 88 C, S, D
Mission Houses, June 45 all
Moanalua Valley, Nov 29 all
Oriental cookware, shopping for, June 86 all
Paradise Park, May 35 N
State Capitol, new, Mar 54 S, D
Marine life, low tide walking, June 40 all
Maui, Haleakala National Park, Kipahulu addition, Jan 40 all
Oahu
Haleiwa, Mar 28 N; May 32 S, D; Sept 23 C
Keaiwa Heiau State Park, Aug 36 all
Makaha Valley, restored temple, July 28 S, D; Dec 23 N; 22 C

Hiking
Alpine Lakes, South Cascades and Olympics, 102 Hikes in the, book review, Sept 4 N
Arches National Monument, Utah, May 92 all
Backpacking with young children, Feb 42 C; Apr 75 S, D
Canadian Rockies, four national parks, June 74 all
Grand Canyon National Park, Ariz., Kaibab Trail, June 36 all
Henry W. Coe State Park, Mar 34 all
Honolulu, Hawaii, Moanalua Valley, Nov 29 all
Lakes Basin Recreational Area, No. Calif., May 36 N, S, D
Maps, U.S. Geological Survey topographical, ordering, May 40 all
Marin County, Calif., Alpine Lake, Nov 4 C
Mount Rainier National Park, Wash.
Burroughs Mountain trail, Sept 23 N
Marmots, hoary, July 34 all
Mount Rainier National Park, 50 Hikes in, book review, Sept 4 N
Nevada's Wheeler Peak Scenic Area, Aug 44 all
North Cascades, 101 Hikes in the, book review, Sept 4 N
Oahu, Hawaii, Keaiwa Heiau State Park, Aug 36 all
Oakland, East Bay Regional Parks, National Recreation Trail, Apr 3 C
Palm Springs, Calif., Nov 74 all
Paria Canyon, out of Lee's Ferry, Ariz., May 3 D
Pinnacles National Monument, Cent. Calif., Apr 46 C, D
Puget Sound, Wash., *Winter Walks,* book review, Jan 4 N
Rainbow Bridge National Monument, Utah, Sept 3 D
Saddle Mountain State Park, Ore., Sept 3 N
San Francisco, Sutro Forest, Sept 4 C
Santa Cruz Mountains, No. Calif., Castle Rock State Park, Mar 55 N, C
Silver Lake, Ore., area, Table Rock, Oct 4 N
Snoqualmie National Forest, Wash., La Bohn Gap, wilderness trail, July 32 N
Snowshoeing, Dec 38 all
Sonoran Desert, Ariz., Ajo Mountain, Nov 3 D
Toiyabe National Forest, Calif., Silver King Creek, Sept 40 all
White City, Echo Mountain, San Gabriel Mountains, So. Calif., Feb 3 S
Wilderness Society trips, Mar 69 all
Yosemite National Park, Calif., Half Dome, climb to top, June 52 all

Idaho
Bayhorse, ghost town, charcoal kilns, Mar 58 all
Boise
Ann Morrison Park, Sept 26 N
Julia Davis Park, Sept 26 N
Municipal Park, Sept 26 N
Bruneau Dunes State Park, Apr 57 all
Cottonwood, Weis Rockshelter, June 4 N
Driggs, skiing, Grand Targhee Resort, Nov 24 N; Dec 22 S, D
Hagerman Valley, Thousand Springs, Apr 48 N; May 35 S, D
Lewiston to Cottonwood via Waha Lake Road, Aug 6 N
Massacre Rocks State Park, Int. 15W, Oct 6 N
Orofino, Old Time Threshing Bee, Aug 62 N, C, D
Pend Oreille Lake, kokanee salmon fishing, Jan 26 N
Pumpkin fields, stands, Oct 3 N
Register Rock, Int. 15W, Oct 6 N
Slickpoo, St. Joseph's Mission Church, May 4 N
Twin Falls, Shoshone Falls Park, Apr 3 N
Weiser, Fiddlers contest, June 6 N

Indians
Bishop, Calif., area, petroglyph loop trip, Oct 46 all
Calgary, Alberta, Stampede, July 26 N, S, D
China Lake, Calif., area, petroglyphs, June 3 S
Clarkdale, Ariz., Tuzigoot National Monument, May 4 D
Flagstaff, Ariz., All Indian Pow Wow, July 6 D
Flagstaff, Ariz., area, Sinagua ruins, Walnut Creek Canyon National Monument, June 3 D
Gallup, N. Mex., Inter-Tribal Ceremonial, Aug 3 D
Hardin, Mont., Custer's Last Stand, July 28 N
La Grande, Ore., Indian Festival of Arts, June 61 all
Montrose, Colo., Ute Indian Museum, Aug 8 C, S, D
Phoenix, Ariz., Heard Museum of Anthropology and Primitive Art, Uplands Gallery, Oct 4 D
Redmond, Wash., Northwest Intertribal Club's Indian Encampment, Aug 3 N
Scottsdale, Ariz., National Indian Arts Exhibition, Mar 4 D
Tucson, Ariz., Tucson Festival, Apr 3 D
Whiteriver, Ariz., White Mountain Apache Tribal Fair and Rodeo, Sept 6 D
Wupatki National Monument, Ariz., Oct 56 N, C

Mexico
Baja California
Baja California, a *Sunset* book, Mar 46 all
Peninsular Range, Apr 36 all
Scammons Lagoon, following whale migration from San Diego, Calif., Jan 6 S
Whale, California gray, migration, Nov 42 all
Caborca, Dec 3 D
Cruises from West Coast, autumn and winter, Oct 72 all
Guadalajara, El Baratillo flea market, Feb 42 S, D
Guaymas, sport fishing, July 3 D
Mexico City, Metro subway, Mar 41 all
Puerto Libertad, boojum forest, Oct 24 all
Puerto Vallarta, burro polo, Nov 60 all
San Blas, Nov 54 all
San Miguel de Allende
Church of Atotonilco, Nov 41 C, S, D
Easter Week processions, Mar 32 all
Tijuana tours, San Diego Natural History Museum, Mar 3 S
Touring Mexico by bus, Oct 54 N, C
Zihuatanejo, June 30 N, 54 S, D

Miscellaneous
Airplane "sky trail," California's Anza-Borrego Desert State Park, June 4 D
Amtrak service, mountain routes, Nov 70 all
Bicycle accessories, Dec 30 all
Camp vehicles, preparing for winter storage, Nov 64 all
Dog shows, Feb 30 all
Horses, Morgan, where to see, Oct 54 S, D
Maps, U.S. Geological Survey topographical, ordering, May 40 all
Railpax (Amtrak) system, May 100 all
Recreation vehicle public storage lots, June 114 S, D; Sept 118 N
Threshing bees, Aug 62 N, C, D
Trailering, driving techniques, June 70 all
Trespassing with permission, Mar 3 C

National Parks, Monuments
(Abbreviations: N.M.: National Monument; N.P.: National Park)
Arches N.M., Utah, May 92 all
Banff N.P., Alberta, Canada, June 74 all
Channel Islands N.M., Calif., Anacapa's east island, July 32 S, D; Aug 22 N
Colorado N.M., Grand Junction, Colo., area, Sept 34 all
Grand Canyon N.P., Ariz.
Kaibab Trail, June 36 all
Mammals of Grand Canyon, book review, Aug 4 D
Haleakala N.P., Hawaii, Kipahulu addition, Jan 40 all
Hawaii Volcanoes N.P., Hawaii
Bird Park, Mar 57 all
Holei Pali volcanic action, Sept 50 all
Jasper N.P., Alberta, Canada, June 74 all
Kootenay N.P., British Columbia, June 74 all
Lehman Caves N.M., Nevada, Aug 44 all
Mount Rainier N.P., Wash.
Burroughs Mountain trail, Sept 23 N
50 Hikes in Mount Rainier National Park, book review, Sept 4 N
Marmots, hoary, July 34 all
Nez Perce N.H.P., Idaho, St. Joseph's Mission Church, Slickpoo, May 4 N
Pinnacles N.M., Calif., Apr 46 C, D
Rainbow Bridge N.M., Utah, Sept 3 D
Sunset Crater N.M., Ariz., Oct 56 N, C
Tumacacori N.M., Ariz., Apr 33 S, D
Tuzigoot N.M., Clarkdale, Ariz., May 4 D
Walnut Canyon N.M., near Flagstaff, Ariz., Indian ruins, June 3 D
White Sands N.M., N. Mex., Sept 28 all
Wupatki N.M., Ariz., Oct 56 N, C
Yellowstone N.P., Wyo., snowmobile tours, Dec 49 all
Yoho N.P., British Columbia, June 74 all
Yosemite N.P., Calif.
Half Dome, climb to top, June 52 all
Park signs, new, Nov 8 N, 24 C, S, D
Pioneer Yosemite History Center, Apr 64 all
Snow camping school, Jan 16 all
Traffic pattern, new, June 58 N, S, D; 56 C

Nevada
Cathedral Gorge State Park, May 78 N; July 25 S, D; Aug 24 C
Fort Churchill Historical State Monument, Oct 32 all
Lehman Caves National Monument, Aug 44 all
Nevada, a *Sunset* book, Dec 26 all
Pioche area, Eagle Valley Reservoir, trout fishing, Nov 22 N, C
Ruth, Kennecott Copper Mine, Tripp-Veteran Pit, July 42 all
Ward Charcoal Ovens Historic State Monument, June 32 S, D, 58 C
Washoe County, Bowers Mansion, Oct 41 all
Wheeler Peak Scenic Area, Aug 44 all

Oregon
Ashland, Oregon Shakespearean Festival, Mar 67 all
Astoria Bridge, exploring Ore. side, Mar 65 N, C
Bend
Cascade Lakes Highway loop trip, May 31 N
McKenzie Pass detour, State 242, to Eugene, June 29 N; Sept 46 C, S, D
Brookings-Harbor Azalea Festival, May 6 N
Brooks, Great Oregon Steamup, Aug 62 N, C, D
Clarno State Park, lava formations, Apr 6 N
Condon, Peterson's museum, Mar 6 N
Corvallis, village fair, May 6 N

Oregon (Cont.)
Eugene
Craftsmen's outdoor market, Nov 41 N
Creswell Air Show, June 6 N
Downtown mall, Sept 46 N
McKenzie Pass detour, State 242 to Bend, June 29 N; Sept 46 C, S, D
Ski group, housewives', Jan 6 N
Fort Stevens State Park, Feb 3 N
Fossil
Peterson's museum, Mar 6 N
Vintage car display, May 91 all
Hood River, Cooper Spur ski area, Dec 4 N
LaGrande, Indian Festival of Arts, June 61 all
LaPine area, loop trip to Big Hole crater, Apr 4 N
McMinnville, Oregon Appaloosa Horse Club spring show, Apr 6 N
Mount Hood, holiday visit, Dec 66 N
Owyhee River float trips, Apr 76 N
Portland
Alpenrose Dairyland, June 54 N
Bicycle races, Aug 4 N
Christmas activities, Dec 4 N
European pastry shops, Jan 25 N
Flea markets, Dec 6 N
Model Railroad Show, Nov 4 N
Youth Mutt Show, Sept 6 N
Prineville area
Crooked River country drive, May 3 N
Stein's Pillar, June 29 S, D; July [illegible] C
Pumpkin fields, stands, Oct 3 N
Richmond, ghost town, State Hwy. 207, July 4 N
Saddle Mountain State Park, hike to summit, Sept 3 N
Salem, bicycle races, Aug 4 N
Siletz River detour, State 229, Nov 6 N
Siletz River Raft Race, July 4 N
Silver Lake area, Table Rock, Oct 4 N
Siskiyou National Forest, Chetco River Road, Mar 28 C; Apr 50 N
Tillamook, Pioneer Museum, natural history displays, Feb 26 all

Pacific Area
Australia, Alice Springs, June 55 C
Cruises from West Coast, autumn and winter, Oct 72 all
Guam, June 65 all
Micronesia, Oct 42 all

Skiing
Alpine races, Northwest, Feb 24 N
Arizona skiing facilities, Feb 23 S, D
Driggs, Idaho, Grand Targhee Resort, Nov 24 N; Dec 22 S, D
Eugene, Ore., housewives' ski group, Jan 6 N
Hood River, Ore., Cooper Spur ski area, Dec 4 N
Japan Winter Olympics, ski tour, Dec 24 all
Mission Ridge, Washington Cascades, Nov 3 N
Mount Hood, Ore., holiday visit, Dec 66 N
Ski area map, Western U.S., Jan 4 N
Ski touring, Feb 54 N, C, D
Zugspitze, Germany, May 74 all

Sports
Air Show, Abbotsford International, Abbotsford, B.C., Aug 32 all
Bicycle races, Portland and Salem, Ore., Aug 4 N
British Columbia Festival of Sports, May 88 N
Dog shows, Feb 30 all
Fly-In, West Coast National Antique, Watsonville, Calif., May 81 all

Sports (Cont.)
Golf courses, Hawaii, May 54 all
Horseback rides, San Bernardino County, Jan 4 S
Horseback riding, Mt. Timpanogos Scenic Area, Utah, Sept 37 all
Ice hockey, watching, playing in Northwest, Feb 42 N
Lifeguards' winter games, Pacific Palisades, Calif., Dec 3 S
Polo, burro, Puerto Vallarta, Mexico, Nov 60 all
Polo matches, Tucson, Ariz., Feb 4 D
Polo season, Scottsdale, Ariz., Feb 3 D
River Raft Race, Siletz, Ore., July 4 N
Sailplaning, Feb 44 all
Skin-diving, Apr 90 all
Snow fun for nonskiers, Sonora Pass area, No. Calif., Jan 3 C
Snowmobile trails brochure, Northwest national forests, Feb 4 N
Snowshoe hiking, Dec 38 all
Speedboat regatta, Lake Moovalya, Parker, Ariz., Nov 4 D
Winter carnival, Whitefish, Montana, Feb 6 N
Winter Olympics, Sapporo, Japan, late accommodations, Dec 24 all
Yacht Race, Transpacific, San Pedro, Calif., July 6 S

States Other Than Nine Western
Colorado
Denver, Larimer Square, Jan 32 all
Golden, Colorado Railroad Museum, Mar 38 all
Grand Junction area, Colorado National Monument, Sept 34 all
Montrose, Ute Indian Museum, Aug 8 C, S, D
Royal Gorge, May 52 all
Montana
Hardin, Custer's Last Stand, July 28 N
Moiese, National Bison Range, July 31 all
Rock Creek, western Mont., fishing, camping, Aug 26 all
Whitefish, winter carnival, Feb 6 N
New Mexico
Gallup, Inter-Tribal Ceremonial, Aug 3 D
Taos, Kit Carson Museum, June 6 D
White Sands National Monument, Sept 28 all
New York
New York, Manhattan, houseware specialty shops, Nov 66 all
Wyoming
Yellowstone National Park, snowmobile tours, Dec 49 all

Utah
Antelope Spring, trilobite fossils, May 38 all
Arches National Monument, May 92 all
Dugway Pass area, geode beds, Oct 36 all
Logan, Cache Valley Threshing Bee, Aug 62 N, C, D
Moab area, loop drive off State Hwy. 128, Aug 40 all
Mount Timpanogos Scenic Area, saddle-horse ride, Sept 37 all
Paria Canyon hike, between U.S. Hwy. 89 and Colorado River, May 3 D
Rainbow Bridge National Monument by boat, Sept 3 D
Travel Guide to Utah, a *Sunset* book, May 76 all

Washington
Alpine Lakes, South Cascades and Olympics, 102 Hikes in the, book review, Sept 4 N
Astoria Bridge, exploring Wash. side, Mar 65 N, C
Bellevue, Pacific Northwest Arts and Crafts Fair, July 3 N
Bothell, Historical Museum, grandma's house, Jan 4 N
Cashmere, Willis Carey Historical Museum, Protection Society slide show, Feb 6 N
Cashmere, Willis Carey Historical Museum, Aug 24 N
Cheney, Turnbull National Wildlife Refuge, trumpeter swans, Apr 3 N
Dryden's waterslide, June 3 N
Kirkland, Enchanted Castle, Dec 3 N
Mission Ridge, east slope Cascades, skiing, Nov 3 N
Molson, Oct 70 all
Mount Rainier National Park
Burroughs Mountain trail, Sept 23 N
50 Hikes in Mount Rainier National Park, book review, Sept 4 N
Marmots, hoary, July 34 all
North Cascades, 101 Hikes in the, book review, Sept 4 N
Okanogan County, trout fishing, five lakes, Apr 75 N
Olympia, State Capitol Museum, Feb 4 N
Port Townsend, Summer School of the Arts, June 30 C
Poulsbo, Viking Fest, May 4 N
Puget Sound, *Winter Walks*, book review, Jan 4 N
Pumpkin fields, stands, Oct 3 N
Redmond Northwest Intertribal Club's Indian Encampment, Aug 3 N
Driftwood sculpture exhibit, June 6 N
Ritzville, Burroughs Museum, June 4 N
Riverside Threshing Bee, Aug 62 N, C, D
San Juan, Gulf Islands, exploring, July 44 all
Seattle
Art Museum architectural tour, May 6 N
Art Museum noon hour tours, Dec 4 N
Cat Show, Evergreen Cat Fanciers, Jan 4 N
European pastry shops, Jan 25 N
Gem and mineral show, Sept 3 N
Lake Union, lakeshore walk, Mar 42 N
Pike Place Market, Sept 70 all
Pioneer Square Day, July 3 N
Sculpture tour, walking, Apr 32 N
Stage Cartoon productions, Seattle Center, June 3 N
Tourmap, Poverty Dick's, brochure, Feb 4 N
Seattle to Vancouver, B.C., via State Hwy. 9, Apr 34 N; Sept 26 S, D
Snoqualmie National Forest, La Bohn Gap, wilderness trail, July 32 N
Tacoma, Point Defiance Park, Apr 46 N
Tokeland, crab fishing, Feb 36 all
Toledo Threshing Bee, Aug 62 N, C, D

West Indies
Jamaica
Kingston, straw market, Nov 58 all
Martha Brae raft trip, Oct 75 all
Montego Bay, straw market, Nov 58 all

BUILDING AND REMODELING

Bathrooms
Counter space added in remodel, Feb 80 all
Fixtures, fiberglass, care, July 90 all
Garden feeling, bringing inside, Apr 148 N, C; Nov 120 S, D
Lavatory, teak countertop, May 124 all
Lavatory mirrors, slanted, May 162 all
Mirror, child-sized, Apr 172 all
Storage niches, open-shelf, June 110 all
Towel holders, Jan 78 N
Tub, raised, Jan 65 all
Tub, super-sized, May 124 all

Bedrooms
Bed on playhouse roof, June 134 C, S, D; Nov 121 N
Boys', furniture for, Apr 161 N, C; Nov 146 S, D
Children's, with built-in future, Apr 169 all
Headboards, versatile, Mar 135 S, D
Master bedroom enlarged, window eliminated, May 124 all
Sleeping space for young guests, Sept 88 N
Storage, plastic bins, Mar 128 all
Storage space, divided, Apr 170 all

Book Reviews
Fibers and Fabrics, National Bureau of Standards bulletin, July 130 all
Furniture You Can Build, a *Sunset* book, Dec 128 all

Cabins and Vacation Houses
Beach retreat, sky-lit room, June 122 C; Nov 144 S, D
Precut vacation house, Sept 74 all
Tent, wooden, May 96 all
Vacation barn-house, Oct [illegible] all
Vacation home, shed roof, shingle skin, Oct 89 all

Furniture
Bed on playhouse roof, June 134 C, S, D; Nov 121 N
Bedroom, boys', Apr 161 N, C; Nov 146 S, D
Bookcase, swinging, to hide storage closet, Jan 80 C, S, D
Cabinet, cube, for record storage, Dec 89 all
Cabinet for firewood, June 142 all
California Design show, Pasadena, Mar 80 N, C, D, 78 S
Card table, folding, renewing top, Oct 146 all
Chair, canvas, July 100 N, 76 C, S, D
Chair, hardwood, cotton duck, Nov 112 all
Clothes bureaus, built-in, Apr 170 all
Desk, oversized, with storage unit, Nov 124 all
File cabinet, Sept 112 all
Furniture You Can Build, a *Sunset* book, Dec 128 all
Hawaiian pune'e, hikie'e, Mar 140 S, D
Headboards, versatile, Mar 135 S, D
Lounge, child-sized, Dec 112 S, D
Step-stool, rolling, Jan 65 all
Storage units, mix and match, Oct 156 all
Swing, three-person, Apr 137 all
Table, adjustable, Sept 88 C, S, D
Table, dining, chopping-block look, Oct 154 N, S, D; Nov 144 C
Table, paper drum, Apr 140 all
Table, Parsons, Aug 75 all
Table, patio, wood slab, Apr 116 all

Furniture (Cont.)
Table, stools, plywood, Sept 110 S, D
Table converts to barbecue-firepit, Apr 134 N, C; May 152 S, D
Tables, cube, marble-top, Mar 122 all
Tables, indoor-outdoor, rolling, May 144 all
Tables from baskets, Mar 105 all
Water beds for out-of-doors, Apr 86 all

Garages, Carports
Addition, multipurpose, Sept 104 N, S, D
Garage extensions, two ideas, Oct 124 N

Home Materials and Equipment
Air cleaner, electronic, return-grill, June 106 all
Appliances, portable, to augment oven, Nov 196 all
Bathtub, super-sized, May 124 all
Can opener-knife sharpener, multi-purpose attachments, Jan 94 all
Ceiling panels, insulating-acoustical, June 106 all
Chopping block, wall-hung, Sept 152 all
Dehumidifier for food, July 130 all
Dishwasher, food warmer top, Jan 94 all
Fibers and Fabrics, National Bureau of Standards bulletin, July 130 all
Finishes, polyurethane, transparent colors, Oct 108 all
Gypsum board, installing, Mar 98 all
Hooks, solid-locking, for perforated hardboard, May 124 all
Insulation, Nov 108 all
Lumber, standard sizes, Jan 65 all
Mixer, heavy-duty swing-up shelf, Sept 152 all
Radio, cordless, mounted under kitchen cabinet, Mar 168 N, C, 169 S, D
Sinks, special-purpose, for kitchen, Sept 152 all
Sinks, stainless steel, care, June 193 all
Sound control for new attic or basement room, Sept 114 all
Timers, electrical, Mar 98 all

Houses
American Institute of Architects - *Sunset Magazine* Western Home Awards:
Announcement of 1971 winners, Oct 76 all
Down-the-hill house, Oct 87 all
Hillside, with glass room, deck, Oct 80 all
House of glass and plaster rectangles, Nov 92 all
Treetop house with window mosaic, Oct 82 all
Vacation barn-house, Oct 88 all
Vacation home, shed roof and shingle skin, Oct 89 all

Beach
Deck out over water, Oct 138 all

Desert
See-through house in mesquite grove, Jan 56 all

Houses (Cont.)
General
Farmhouse, improved traffic pattern, Mar 140 N
House of glass and plaster rectangles, Nov 92 all
Older house, shopping for, Sept 86 all
Riverboat, June 94 all
Tract house remodeled in four phases, Mar 88 all

Hillside
City house, three-story, June 80 all
Cottage remodel, living room, master bedroom, deck additions, Mar 134 N
Down-the-hill house, Oct 87 all
Glass room, deck to capture bay view, Oct 80 all
Tree top house with window mosaic, Oct 82 all
Windows, unusual, San Francisco house, Sept 62 all

Ideas (Misc.) and Special Rooms
Atrium, screened, July 74 N, S, D
Atrium, tepeelike glass top, Nov 223 N
Clock wall, Aug 80 N; Sept 109 C
Divider panels, two ideas, Mar 112 all
Door, front, pass-through opening, Oct 120 all
Doors, acoustical, multifolding, June 106 all
Entry hall, space walled off for, Nov 143 all
Family room-farm kitchen, Dec 104 all
Front door mirror, Apr 134 S, D
Gardens, interior, May 108 all
Home office, work counter ideas, July 88 C, S, D; Sept 110 N
Home studios, Feb 64 all
Music room, soundproof building, Oct 112 all
Office, kitchen, family dining in one room, Sept 108 N, S, D
Pass-through, kitchen to dining area, fold-up, Mar 168 N, C, 169 S, D
Pass-through, open or shut, May 132 all
Pet pass-through, Dec 122 all
Planter for dining area, May 161 all
Play loft in attic, Mar 126 all
Sewing center, disguised, Apr 153 all
Squash court, gymnasium, Nov 146 N
Study hideaway above kitchen, Oct 116 all
Trash drop in utility room counter, Sept 106 all
Window blinds, unflappable, for outside, Oct 118 all
Window safeguards, wooden carvings, Nov 104 all
Wine storage ideas, Sept 64 all

Remodeling
All-purpose room, workshop, and carport addition, Sept 104 N, S, D
Bathroom counter space addition, Feb 80 all
Entry hall, space walled off for, Nov 143 all
Entry remodel, new screen, terrace, carport, June 138 N
Farmhouse, improved traffic pattern, Mar 140 N
Garage extensions, two ideas, Oct 124 N
House opened to enjoy water view, Jan 80 N; Feb 100 S, D
House rebuilt of concrete, wood, June 138 S, D

Houses (Cont.)
Remodeling (Cont.)
House remodeled four times, Apr 84 all
Kitchen, 65-year-old, June 122 S, D
Lavatory mirrors, slanted, May 162 all
Living room, master bedroom, decks added to cottage, Mar 134 N
Master bedroom enlarged, window eliminated, May 124 all
Outdoor living, pool addition, Aug 66 all
Pantry and baking center, May 198 all
Pantry from washer-dryer closet, Mar 114 all
Play loft in attic, Mar 126 all
Riverboat, June 94 all
Sound control for new attic or basement room, Sept 114 all
Tract house, in four phases, Mar 88 all

Kitchens
Appliance garages, Jan 74 all
Appliances, portable, to augment oven, Nov 196 all
Appliances, small, garage for, May 198 all
Baking centers, two ideas, June 128 all
Can opener-knife sharpener, multi-purpose attachments, Jan 94 all
Chopping block, big, inexpensive, Oct 108 all
Chopping block, wall-hung, Sept 152 all
Chopping block island, Apr 164 all
Cooking island, low, Mar 121 C; June 134 N
Cookware, hanging, June 193 all
Cooler closet, Mar 118 all
Cooler drawer, vented, Mar 168 N, C; 169 S, D
Countertop, wooden, with marble insert, Mar 168 N, C, 169 S, D
Dehumidifier for food, July 130 all
Dishtowel dryer, May 198 all
Dishwasher, food warmer top, Jan 94 all
Divider with varied storage, Jan 94 all
Dog food storage, Mar 98 all
Drawer on a shelf, Apr 178 all
Eating nook, curved wall, Jan 65 all
Electrical strip outlets, Oct 220 all
Farm kitchen-family room, Dec 104 all
Island, storage, with roll-around cart, June 138 C; July 103 S, D
Island with cooktop, storage, Jan 94 all
Kitchen, family dining, office in one room, Sept 108 N, S, D
Kitchen, Mexican-style, Oct 110 all
Kitchen within family room, Nov 111 all

Kitchens (Cont.)
Mixer, heavy-duty, on rolling cart, Jan 94 all
Mixer, heavy-duty swing-up shelf, Sept 152 all
Pantries, five ideas, June 118 S, D
Pantry, under-counter, May 198 all
Pantry and baking center, May 198 all
Pantry from washer-dryer closet, Mar 114 all
Pass-through, fold-up, Mar 168 N, C, 169 S, D
Pass-through, open or shut, May 132 all
Pass-through cupboard, Nov 196 all
Pass-through to beverage center, July 130 all
Planning, telephone center, open-shelf niches, June 110 all
Planning center, hidden, July 130 all
Radio, cordless, mounted under cabinet, Mar 168 N, C, 169 S, D
Remodeling, 65-year-old kitchen, June 122 S, D
Sandwich center, June 193 all
Shelves, under-counter, sliding, Apr 231 all
Sink, second, Mar 98 all
Sinks, porcelain enamel, care, Oct 220 all
Sinks, special-purpose, Sept 152 all
Sinks, stainless steel, care, June 193 all
Skylit, inside kitchen, Aug 64 all
Slicing machine, disappearing, July 73 all
Storage, canned goods, May 150 all
Storage, card table, Oct 220 all
Storage, pan lid, Apr 231 all
Storage, place mats, trays, May 156 all
Storage, seldom-used articles, May 150 all
Storage, spice, three ideas, Apr 121 all
Storage, tray, Apr 231 all
Storage drawer, divided, Oct 220 all
Tables, indoor-outdoor, rolling, May 144 all
Telephone area, organized, June 193 all
Telephone message center-snack bar, Apr 231 all
Tissue dispenser, concealed, June 193 all
Trash bin niche, July 130 all
Warming-tray, built-in, on drawer, Nov 196 all
Waste, two systems for sorting, June 133 all
Waste containers, out of sight, Mar 125 all

Laundries
Storage, plastic bins, Mar 128 all

Lighting
Kitchen, skylit, inside, Aug 64 all
Lampshade, fabric, July 103 N, C
Lighting from below, May 138 all
Skylit room for beach retreat, Nov 144 S, D
Spot lighting, movable, overhead track, Jan 73 all
Utility lights, decorated, Feb 80 all

Storage
Bathroom niches, open-shelf, June 110 all
Bookcase, swinging, to hide storage closet, Jan 80 C, S, D
Canned goods, May 150 all
Card table, Oct 220 all
Cleaning supplies, Apr 126 all
Clothes bureaus, built-in, Apr 170 all
Cookware, hanging, June 193 all
Cooler closet, Mar 118 all
Craftsmen's studios, ideas, Feb 64 all
Cupboard, pass-through, Nov 196 all
Dog food, Mar 98 all
Drawer, divided, Oct 220 all
Hooks for perforated hardboard, solid locking, May 124 all
Kitchen appliance garages, Jan 74 all
Kitchen appliances, garage for, May 198 all
Kitchen divider, varied storage, Jan 94 all
Kitchen island with roll-around cart, June 138 C; July 103 S, D
Kitchen items, seldom-used, May 150 all
Kitchen planning, telephone center, open-shelf niches, June 110 all
Kitchen shelves, under-counter, sliding, Apr 231 all
Mixer, heavy-duty, on rolling cart, Jan 94 all
Pan lids, Apr 231 all
Pantries, five ideas, June 118 S, D
Pantry, under-counter, May 198 all
Pantry from washer-dryer closet, Mar 114 all
Place mats, trays, May 156 all
Plastic bins, Mar 128 all
Records, cube cabinet, Dec 89 all
Shoe rack, seven-shelf, Oct 108 all
Slicing machine, disappearing, July 73 all
Spices, three ideas, Apr 121 all
Storage board, Nov 122 all
Storage, seldom used articles, May 150 all
Storage unit, wall-hung, May 146 all
Storage units, mix and match, Oct 156 all
Trays, Apr 231 all
Wine, eleven ideas, Sept 64 all

HOME MANAGEMENT

Book Reviews
Basic Home Repairs, Illustrated, a *Sunset* book, July 93 all
Fibers and Fabrics, National Bureau of Standards bulletin, July 130 all

Country Living
Farm, family co-op, May 264 C, S, D
Stable used as party house, July 96 all

Maintenance
Basic Home Repairs, Illustrated, a *Sunset* book, July 93 all
Bathroom fixtures, fiberglass, care, July 90 all
Faucet, dripping, how to fix, July 98 all
Floor coverings, resilient, finishes, July 70 all
Floors, tile, care, Sept 152 all
Glues, guidelines for use, Oct 122 all
Sinks, porcelain enamel, care, Oct 220 all
Sinks, stainless steel, care, June 193 all

Maintenance (Cont.)
Stains, removing from concrete, June 126 all
Thermocouple, how to replace, July 88 N, 85 C, S, D
Tool kits for women, Apr 145 all
Vinyl repair kit to match any color, Mar 98 all
Water heater, gas, Jan 68 all

Miscellaneous
Camp vehicles, preparing for winter storage, Nov 64 all
Drills, electric, versatility, May 128 all
Electrical cords, bright-colored, Mar 98 all
Fireplace safety, Mar 109 all
Front door mirror, Apr 134 S, D
Gutter guards, plastic, Feb 80 all
Halloween safety, cautions, Oct 150 all
Holiday hazards, avoidable, Dec 120 all
Hooks for perforated hardboard, solid locking, May 124 all

Miscellaneous (Cont.)
Insulation, adding yourself, Nov 108 all
Mirror, child-sized, Apr 172 all
Pump, water, drill attachment, Oct 108 all
Recreation vehicle public storage lots, Mar 140 C; June 114 S, D; Sept 118 N
Roof vent caps, wind proofing, Feb 80 all
Saw, circular, specialty blades, Oct 140 all
Shopping for older home, Sept 86 all
Telephone cord, long, hiding, Oct 132 all
Timers, electrical, Mar 98 all
Trash drop in utility room counter, Sept 106 all
Wallpapering, June 136 all

Painting
Finishes, polyurethane, transparent colors, Oct 108 all
Helpful suggestions, July 82 all

OUTDOOR BUILDING

Benches
Benches wrapped around terrace, June 232 N
L-shaped, with adjustable levels, May 140 all
Superbench, Oct 124 C

Boating
Riverhouse, June 94 all

Book Reviews
Barbecues, Ideas for Building, ■ *Sunset* book, May 148 all
Fences and Gates, How to Build, a *Sunset* book, May 148 all
Outdoor Lighting, Add Charm to the Night with, July 138 N
Patio Book, ■ *Sunset* book, Apr 122 all

Children's Play Areas
Lawn boat, plywood sheet, Aug 76 C, S, D
Play yard, elaborate, Mar 101 all
Playhouses, two versions, July 66 all
Playground, community project, Sept 68 all
Sandbox downhill from deck, July 85 N
Shoe house for nursery school, Nov 139 all
Space divided between generations, Apr 162 N, C
Utility poles, ideas for use, Nov 84 all

Fences, Gates, Screens
Entry panel, wooden mosaic, Nov 150 all
Fence, grapestake, remodeled, Mar 111 all
Fence, vine supports on posts, Sept 100 all
Garbage can pass-through, Apr 175 all
Gate latch to hold open, Nov 157 all
How to Build Fences and Gates, ■ *Sunset* book, May 148 all
Screen, hanging panels, Sept 170 all
Screen, lighted sculptured concrete panels, Oct 164 all
Screen, privacy, for entry garden, Apr 113 all
Screens to decorate house walls, May 152 N, C
Wall top, slanted, for extra shade, June 241 D

Greenhouses, Plant Shelters
Bonsai house, Apr 250 all
Lathhouse, outdoor room addition, Aug 130 N
Lathhouse, work center, Mar 121 N
Plant house, Jan 46 all
Plant stand from ladder, Apr 243 C
Shade house for fuchsias, Aug 136 C, 143 S, D

Miscellaneous
All-purpose room, workshop, and carport addition, Sept 104 N, S, D
Aviary with flying tubes, June 102 all
Barbecue cabinet, outdoor, Aug 76 N
Barbecue-firepit converts to table, Apr 134 N, C; May 152 S, D
Barbecues, Ideas for Building, a *Sunset* book, May 148 all
Birds, attracting in desert garden, Dec 186 D
Car tire stop, Feb 96 all
Doghouse, run built into hill, Feb 90 all
Electric meter, entry light, coverup, Mar 98 all
Entry remodel, new screen, terrace, carport, June 138 N
Erosion control, retainers for steep banks, Oct 268 C, S, D
Garbage can enclosure with pallet, Feb 93 all
Garbage can pass-through, Apr 175 all
Oven, pueblo, Aug 50 all
Pads, cushions, hanging storage, June 116 all
Patio pallets, roll-around, June 122 N; Sept 118 C, S, D
Plant container, new face for, Apr 268 S, D
Planter, temporary, that looks permanent, June 232 C, 234 S, D
Planter boxes, big, Apr 161 S, D
Planter modules, stackable, Oct 163 all
Planters for steps, Apr 150 all
Raised bed, deck, sandbox combination, May 232 all
Raised bed faced with pebble mosaic, Aug 135 N
Ramp to move wheelbarrow up steep stairs, Aug 128 C
Retaining wall solves grade change, Feb 100 N, C
Sculptured panels, lighted, Oct 164 all
Service wall for wood, garbage delivery, Nov 128 all
Stable used as party room, July 96 all
Sundials, July 158 C
Swing, three-person, Apr 137 all
Tables, indoor-outdoor, rolling, May 144 all
Utility poles, ideas for use, Nov 84 all
Water beds for out-of-doors, Apr 86 all
Watercourse, homemade, Apr 158 all

Outdoor Lighting
Add Charm to the Night with Outdoor Lighting, pamphlet review, July 138 N
Entry light, electric meter, coverup, Mar 98 all
Low-voltage system, July 76 N; Nov 80 C
Torches, gas-lit, around pool, July 100 C, S, D

Patios and Decks
Atrium, screened, July 74 N, S, D
Deck and garden in the woods, June 206 all
Deck, patio, fencing, gates, owner-built, June 118 N
Deck, sandbox, hillside garden, July 85 N
Deck, terrace, in hillside city garden, Sept 184 N
Deck, wrap-around, to entry, Jan 66 all
Deck-garden, slim, May 291 N
Deck out over water, Oct 138 all
Deck railing, child-safe, Sept 90 all
Decks at indoor level, steps down into garden, Aug 78 N
Outdoor room, lathhouse addition, Aug 130 N
Patio, split-level, in garden remodel, Nov 131 all
Patio Book, ■ *Sunset* book, Apr 122 all
Patio screens to decorate house walls, May 152 N, C
Raised bed, deck, sandbox combination, May 232 all
Space divided between generations, Apr 162 N, C
Terrace, benches wrapped around, June 232 N
Wind shelter for patio, Apr 154 all

Paving
(See Gardening and Landscaping section)

Steps and Stairs
Ideas, informal to complicated, Mar 92 all
Planters for steps, Apr 150 all
Slide instead of steps, Apr 130 all
Stairway beside steep driveway, July 78 all

Swimming Pools, Shelters
Pool, outdoor living addition, Aug 66 all
Pool fit into small space, June 84 D
Toads, rescue for, Feb 87 all
Torches, gas-lit, around pool, July 100 C, S, D

WORKSHOP AND CRAFT PROJECTS

Book Reviews
Doll Making: A Creative Approach, June 113 all
Furniture You Can Build, a *Sunset* book, Dec 128 all
Macramé, ■ *Sunset* book, Nov 148 all
Quilts and Coverlets: A Contemporary Approach, June 113 all
Weaving Is Fun, Sept 117 all
Woodcarving: Techniques & Projects, ■ *Sunset* book, Nov 136 all

Crafts, Misc.
Apron, workshop, from sheepskin, Dec 110 N, S, D
Arts and crafts festival for fun, money, Aug 79 C, S, D
Backpack, leather, Oct 90 all
Belt, macramé, Feb 83 all
Belts, leather, easy to make, Dec 82 all
Bookmark, woven suede, Nov 159 all
Building blocks, giant, from Christmas boxes, Dec 78 N, D

Crafts, Misc. (Cont.)
California Design show, Pasadena, Mar 80 N, C, D, 78 S
Chokers, brass and bead, Nov 116 all
Christmas star from drinking straws, Dec 112 N, 109 S, D
Christmas tree ornaments, cornstarch, Dec 109 C
Christmas tree ornaments, popcorn, Dec 96 all
Clock wall, Aug 80 N; Sept 109 C

Crafts (Cont.)
Doll, mailed as Christmas card, Nov 106 all
Doll Making: A Creative Approach, book review, June 113 all
Gift kits for children, Dec 64 all
Gonfalons (Christmas banners), Dec 70 all
Halloween masks, Oct 98 all
Macramé, a *Sunset* book, Nov 148 all
Patterns, *Sunset's*, how to transfer, Mar 131 C, 121 S, D
Photo gallery without frames, June 118 C; Oct 125 S, D
Photograph blow-ups, Apr 100 all
Piñatas, Dec 74 all
Portrait, two-way, Nov 154 all
Prints, fruit, vegetable, Nov 152 all
Rug or pillow, rya stitch, Sept 81 all
Sand-casting at beach, Mar 86 all
Sconce, seven-candle, Dec 131 N
Silkscreening on cloth, paper, Nov 98 all
Summer School of the Arts, Port Townsend, Wash., June 30 C
Swing, three-person, Apr 137 all
Thread balls, Dec 118 all
Weaving, card, Oct 126 all
Weaving Is Fun, book review, Sept 117 all
Wreath, peppers and chiles, Dec 109 N, 131 C, S, D

Sewing
Apron, workshop, from sheepskin, Dec 110 N, S, D
Beach mat, fold-up, July 86 all
Bib, jumbo vinyl, Mar 131 N, S, D
Dolls, simple stuffed, Dec 54 all
Gift wrap-tote bags, Dec 92 all

Sewing (Cont.)
Hat, chef's, June 109 all
Hat, leather, Aug 48 all
Hat, sun, May 134 all
Knits, sewing tools for, Apr 156 all
Lampshade, fabric, July 103 N, C
Lunch bag, Sept 99 all
Patterns, *Sunset's*, how to transfer, Mar 131 C, 121 S, D
Purse, bandanna, Dec 107 all
Quilts and Coverlets: A Contemporary Approach, book review, June 113 all
Rug or pillow, rya stitch, Sept 81 all
Saddlebags, bike, July 94 all
Slippers, washable, Apr 132 N; 133 C, S, D

Woodworking
Cabinet, cube, for record storage, Dec 89 all
Cabinet for firewood, June 142 all
Card table, folding, removing top, Oct 146 all
Chair, canvas, July 100 N, 76 C, S, D
Chair, hardwood and cotton duck, Nov 112 all
Cheeseboards, parquet, Oct 134 all
Christmas candle lights from wood scraps, Dec 58 all
Cider press, Oct 96 all
Desk, oversized, with storage unit, Nov 124 all
Drills, electric, versatility, May 128 all
Entry panel, wooden mosaic, Nov 150 all
File cabinet, Sept 112 all
Furniture You Can Build, a *Sunset* book, Dec 128 all
Grater box, Sept 94 all
Lambs, from wooden dowels, Dec 110 C
Lawn boat, plywood sheet, Aug 76 C, S, D

Woodworking (Cont.)
Lounge, child-sized, Dec 112 S, D
Patio pallets, roll-around, June 122 N; Sept 118 C, S, D
Plant container, new face, Apr 268 S, D
Planter boxes, big, Apr 161 S, D
Planter modules, stackable, Oct 163 all
Playhouses, two versions, July 66 all
Portrait, two-way, Nov 154 all
Saw, circular, specialty blades, Oct 140 all
Shoe house for nursery school, Nov 139 all
Storage board, Nov 122 all
Storage unit, wall-hung, May 146 all
Storage units, mix and match, Oct 156 all
Superbench, Oct 124 C
Table, adjustable, Sept 88 C, S, D
Table, dining, chopping-block look, Oct 154 N, S, D; Nov 144 C
Table, paper drum, Apr 140 all
Table, Parsons, Aug 75 all
Table, patio, wood slab, Apr 116 all
Table, stools, plywood, Sept 110 S, D
Table, sun, June 114 N, C
Table converts to barbecue-firepit, Apr 134 N, C; May 152 S, D
Tables, cube, marble-top, Mar 122 all
Tables for bonsai plants, Oct 152 all
Tables from baskets, Mar 105 all
Tools, Japanese, Sept 56 all
Toy box and drawing table, traveling, Sept 104 C
Toy cars, trucks, Dec 114 all
Trivet, tile, Jan 78 C, S, D
Window safeguards, wooden carvings, Nov 104 all
Wine storage ideas, Sept 64 all
Woodcarving: Techniques & Projects, a *Sunset* book, Nov 136 all

CHRISTMAS IDEAS

Christmas Trees
Conifer, container-grown, decorated for birds, Dec 185 N
Holiday hazards, avoidable, Dec 120 all
Living tree, bringing indoors, Dec 200 N, C, 214 S, D
Living trees, care, Dec 190 all
Pine, Monterey, cut or live, Dec 76 C, S
Pines, five varieties, Dec 76 N, D
Tree stand, spare tire, Dec 100 all

Crafts and Decorations
Building blocks, giant, from Christmas boxes, Dec 78 N, D
Candle lights from wood scraps, Dec 58 all
Christmas Lane, San Jose, Calif., Nov 4 C
Cooky houses, easy prefab, Dec 60 all
Doll, mailed as Christmas card, Nov 106 all
Fruit, fresh, decorating with, Dec 52 all
Gift wrap-tote bags, Dec 92 all
Gonfalons (Christmas banners), Dec 70 all
Holiday Decorations Program, Oakland, Calif., Nov 4 C
Holiday hazards, avoidable, Dec 120 all
Hydrangea blossoms, dried, for door, tree decorations, Dec 185 N
Lambs, from wooden dowels, Dec 110 C
Ornaments, cornstarch, Dec 109 C
Ornaments, popcorn, Dec 96 all
Piñatas, Dec 74 all
Sconce, seven-candle, Dec 131 N
Star from drinking straws, Dec 112 N, 109 S, D

Crafts and Decorations (Cont.)
Thread balls, Dec 118 all
Wreath, peppers and chiles, Dec 109 N, 131 C, S, D
Wreaths, swags, balls, garlands made with herbs, Dec 198 N, 206 S, D

Food and Entertaining
Bourride, Western shellfish, Dec 139 all
Bread, banana fruit, Nov 204 all
Breakfast, Christmas, Dec 142 all
Cake, walnut sponge, Dec 156 all
Cookies, four variations, for gifts, Dec 161 all
Cooky houses, easy prefab, Dec 60 all
Fruit loaf, Christmas, Dec 156 all
Fruit loaf, holiday, Nov 204 all
Peanut crunch, crisp, Dec 152 all
Pie, eggnog, holiday, Dec 133 all
Pudding, chestnut, Dec 151 N
Pudding, diplomat, Dec 151 N
Salad platters, marinated vegetables, three recipes, Dec 134 all
Toffee, filbert-topped, Dec 152 all

Gift Ideas
Apron, workshop, from sheepskin, Dec 110 N, S, D
Atlases, Dec 46 all
Belts, leather, easy to make, Dec 82 all
Bicycle accessories, Dec 30 all
Books, Old West history, republished classics, paperback, Dec 44 all

Gift Ideas (Cont.)
Cactus, Christmas, Dec 185 N
Camp cooks, utensils for, Dec 50 all
Cookies, fancy, four variations, Dec 161 all
Cooking appliances for "organic" cooks, Dec 169 all
Doll, mailed as Christmas card, Nov 106 all
Dolls, simple stuffed, Dec 54 all
Garden, gifts from, Nov 224 N
Gift wrap-tote bags, Dec 92 all
Glue-in kit for child, Dec 64 all
Leather-pouch kit for child, Dec 64 all
Musical instruments, Dec 62 all
Ornithologist amateurs, gifts for, Dec 206 N
Picnic baskets, each with one course, Dec 68 N, C, D
Plant containers, clay animals, Dec 186 C
Plant containers with interesting plants, Dec 198 S, D
Plants in glass jars, Dec 185 C, S, D
Poinsettias, Dec 185 N
Purse, bandanna, Dec 107 all
Succulent planting kit for child, Dec 64 all
Teas, herbal, Dec 124 all
Theatrical make-up kit for child, Dec 64 all
Toy cars, trucks, wooden, Dec 114 all
Wildflower seeds, Dec 185 C
Wreaths, swags, balls, garlands made with herbs, Dec 198 N, 206 S, D

FOOD AND ENTERTAINING

Appetizers
Adobo kebabs, Dec 171 N
Anchovy peppers Vincent, Oct 225 all
Angels on horseback, Feb 133 all
Artichoke nibbles, June 147 all
Avocado dill dip, Dec 158 all
Bacon fig appetizers, Sept 140 C, S, D
Cheese appetizers, quick, Jan 82 all
Cheese-caraway appetizers, Dec 172 all
Cheese mold, creamy, Dec 132 all
Cherry tomato halves, stuffed, Sept 148 all
Chicken liver, Landesman's, Jan 101 all
Chicken wing appetizers, Aug 113 N; Sept 124 C, 155 S, D
Chorizo-cheese ball, Feb 116 N, S, D
Clams in half shells, snail butter, Nov 213 C
Crab pillows, Chinese, May 168 all
Crostini, Florentine, Oct 170 all
Cucumber chile dip, Dec 158 all
Ham balls, crisp coated, Nov 176 all
Lamb meatballs, Feb 106 C, S, D; Mar 148 N
Liptauer dip, spiced, May 181 N, S, D; Oct 187 C
Lumpia appetizers, Nov 166 N, 192 C
Meatballs with snail butter, Nov 213 C
Mushrooms caps, snail butter, Nov 213 C
Nasturtium salmon packets, May 208 C, S, D; Aug 96 N
Onions, pickled, English style, Jan 106 all
Popcorn, onion-flavored, June 180 all
Pork balls in cheese dip, June 173 all
Pork dumplings (fin kue), Nov 183 S, D
Rosettes, Chinese, June 151 all
Sardine appetizer tray, Aug 91 S, D; Sept 140 N
Shellfish in snail shells, Nov 213 C
Shrimp cheese puffs, June 186 all
Shrimp dumplings (ha gow), Nov 182 S, D
Shrimp in aspic, Apr 215 all
Snails, in French manner, Nov 213 C
Totuava seviche, Feb 109 S, D
Turnovers, savory beef, Feb 109 N
Vegetables, mixed, pickled (giardiniera), Oct 200 all
Water chestnut tumble, June 188 all
Zucchini, garlic-buttered, Nov 213 C
Zucchini dip, Dec 158 all

Baking
Breads
Quick Breads
banana fruit, Nov 204 all
biscuits, ginger, May 165 all
brown, quick, Feb 104 all
crackers, graham, May 220 all
crackers, oatmeal, May 222 all
crackers, rye, savory, May 220 all
gingerbread, spiced, Oct 194 all
muffins, orange rye, Sept 120 all
Parmesan garlic, May 122 all
raspberry tea, fresh, Aug 102 all

Baking (Cont.)
Breads (Cont.)
Yeast Breads
adobe oven, Aug 52 all
bagels, Mar 76 all
bagels, next-to-, Jan 101 all
bolillos, Oct 216 all
buns, whole wheat onion, Apr 188 N
Easter sculptures by youngsters, Apr 182 all
fruit loaf, holiday, Nov 204 all
graham cracked wheat, Mar 194 all
hallah, Oct 187 N
kulich, Apr 89 all
oat sesame, Mar 194 all
pizzas, Lebanon bologna, Aug 99 all
pizzas, tuna, Aug 99 all
rusks, graham, Oct 188 all
rye, Finnish, Mar 194 all
rye, freezer, Nov 206 all
sunflower whole wheat, Mar 193 all
torta rustica, three fillings, July 110 all
tsoureki, Apr 89 all
whole wheat, freezer, Nov 206 all

Cakes
Almond, Swiss, June 170 all
Almond chocolate, June 191 all
Apricot sauce, Apr 192 all
Brownie squares, Aug 105 all
Caramel-pecan oatmeal, Feb 128 all
Carrot, spicy, Nov 161 all
Cheesecake, chocolate chip, Mar 188 all
Cheesecake squares, Sept 150 all
Cherry savarin, Feb 114 all
Chocolate dark, Aug 105 all
Chocolate applesauce, Jan 83 all
Cream, cherry-crowned, Feb 115 N, S, D, 116C
Fruit loaf, Christmas, Dec 156 all
Pound, apricot brandy, Mar 161 S, D; May 166N
Pound, mocha, Mar 166 all
Praline, Aug 105 all
Rose geranium, May 194 N, C
Savarin, May 192 S, D
Sponge, rum syrup, Sept 147 all
Sponge, walnut, Dec 156 all
Sponge, whole egg, Feb 114 all
Sponge, log, maraschino cherry, Feb 115 N, S, D, 116 C
Torte, blueberry, July 132 all
Torte, Salzburg strawberry, June 195 N, 163 C, S, D
Yogurt, orange syrup, Sept 147 all

Coffee Cakes
Breakfast cake, Oct 169 all
Sesame-raisin, Apr 180 all

Cookies
Almond paste rings, June 162 N
Beans of the dead (fave dei morti), Apr 202 all
Bonbons, Dec 161 all
Bones to chew (ossa da mordere), Apr 202 all
Chocolate cloud, June 191 all
Christmas balls, Dec 162 all
Cinnamon raisin, Oct 210 all
Clove, Oct 209 all

Baking (Cont.)
Cookies (Cont.)
Cooky houses, easy prefab, Dec 60 all
Filbert slices, Mar 184 all
Fortune, Jan 48 all
Ginger oatmeal, Oct 210 all
Ice cream cones, Aug 91 N, 113 S, D
Lemon carrot, Oct 209 all
Lemon date bars, May 165 all
Nuggets, festive, Dec 162 all
Oatmeal crisps, lacy, Mar 161 N, 162 C, S, D
Oatmeal fruit, Mar 162 all
Orange, crispy, Oct 210 all
Pastry puffs, Feb 109 N
Peanut butter, chunky, Oct 209 all
Peanut butter, crunchy, Apr 181 all
Pecan squares, Mar 184 all
Pine nut crescents, May 210 all
Pine nut sugar, May 210 all
Prune bars, June 184 all
Puzzle, Dec 178 all
Rosettes, Chinese, June 151 all
Wafer, nut-coated, Dec 161 all
Wafers, cream-filled. Dec 162 all

Pancakes and Waffles
Pancakes
blintzes, cheese, June 195 C, 166 S, D
crab-filled brunch, Feb 104 all
crêpes, Brittany, three kinds, Mar 158 S, D
crêpes, French, Oct 176 all
crêpes, mushroom pâté, Oct 176 all
crêpes, Puerto Vallarta, Oct 178 all
crêpes, three flaming desserts, Feb 140 all
lumpia, fresh, Nov 166 N, 192 C
oatmeal, Sept 126 all
oven, cranberry topping, Dec 133 all
pineapple, Apr 241 all
strawberry puff, June 176 all
tamale, spicy, Feb 130 all
Waffles, kumquat, Apr 241 all

Pies and Pastries
Desserts
apple-marmalade pie, Nov 165 all
apple pastry squares, Oct 169 all
apple pie, crumb-topped, Mar 145 all
coconut-cereal baskets, Aug 94 all
eggnog pie, holiday, Dec 133 all
honey puffs, Oct 214 all
ice cream cake, Swedish, Apr 224 all
ice cream pie, crunchy, June 184 all
Irish coffee pie, Oct 187 S, D
kolache, cream cheese, Nov 209 N
pear pie, pecan crunch, Sept 121 all
plum pie, brandied, Nov 165 all
praline nut pie, Oct 187 S, D
pumpkin-cheese pie, Nov 165 all
rosettes, Chinese, June 151 all
shortbread, ginger, Mar 190 all
shortbread, Scotch, Mar 190 all
shortcakes, flaky pastry, Apr 216 all
strawberry-rhubarb pie, May 218 all
tart, Lombardy strawberry, June 195 N, 163 C, S, D
tart, Parisian strawberry, June 194 N, 162 C, S, D
tarts, Canterbury, Nov 194 all
tarts, chess pie, Mar 150 all
tomato, green, pie, Sept 134 all

Baking (Cont.)
Pies and Pastries (Cont.)
Entrées
beef fillets in flaky pastry, May 166 S, D
chicken pie, South American, Mar 148 S, D
crab and leek pie, Mar 164 all
quiche fu yong, Sept 144 all
shrimp and asparagus pie, Mar 164 all
turnovers, savory beef, Feb 109 N

Barbecuing
Beef ribs (dinosaur bones), three recipes, Sept 155 N, C
Burger, celery stalks the, Aug 89 all
Carne asada, Sept 60 all
Chicken and ribs, tumbled, Apr 218 all
Chicken quarters, June 146 all
Game hens, grilled, with herb butter, Apr 210 all
Ham steak with cantaloupe and pineapple, June 155 all
Meat on sticks (sate), Aug 86 all
Pork chop supper, July 121 all
Salmon, butterflied, July 106 all
Salmon steaks, savory, July 105 all
Sausage sandwiches, July 122 all
Steak, flank, bag-marinated, Apr 184 all
Steak, flank, barbecued Mexican sandwiches, May 216 all
Totuava, teriyaki, Feb 109 S, D
Vegetables, three, cooked in foil, Apr 184 all

Beverages
Cider, apple, pressing your own, Oct 96 all
Cider, hot buttered, Jan 109 N
Coffee, liquid concentrate, Feb 118 all
Coffee, spiced, Apr 196 all
Cooler, orange Vermouth, May 215 all
Cranberry cup, hot buttered, Jan 109 N
Kir, French, May 215 all
Punch, guava milk, July 107 all
Punch, milk, hot buttered, Jan 109 N
Refresher, strawberry wine, May 215 all
Sangría, easy, Mar 162 N
Tea, herbal, Dec 124 all
Tea, rose geranium, May 194 N, C
Wine, mulled, for campers, Apr 79 all

Book Reviews
Canning, freezing, pamphlets on, July 108 N, C, 114 S, D
Chafing Dish & Fondue Cook Book, a *Sunset* book, June 148 all

Candies
Kanten, peppermint, Feb 148 all
Peanut crunch, crisp, Dec 152 all
Toffee, filbert-topped, Dec 152 all

Casseroles
Artichoke, with spinach soufflé, Feb 145 all
Beef, Burma Road, Mar 150 all
Beef, Yorkshire, May 164 all
Beef short ribs, Jan 83 all
Broccoli Lorraine, Nov 179 all
Carrot and cauliflower medley, Dec 132 all
Carrots and apples, lemon, Nov 179 all
Chicken and artichoke, with mushrooms, Feb 122 all
Chilaquile, Sept 60 all
Chile chicken and cheese, July 108 S, D; Nov 180 N
Crab in meringue cup, and asparagus, Apr 208 S, D
Lamb, potato-topped, Mar 156 all
Lamb shanks, Italian style, Mar 154 all
Lamb shanks and limas, Oct 202 all
Lamb shanks with curry, rice, Oct 202 all
Lasagna for a dozen, Apr 220 all
Lasagne al forno, Oct 193 all
Moussaka, artichoke, Dec 166 all
Noodle, green, Oct 168 all
Peppers, green, savory stuffed, Aug 83 all
Pork picadillo, July 108 S, D; Nov 180 N

Casseroles (Cont.)
Pork ribs, Hungarian-style, Jan 98 all
Pork ribs, Swedish-style, Jan 98 all
Portuguese cozido, Mar 154 all
Rice, chile and cheese, June 156 all
Short ribs simplissimo, Jan 102 all
Spinach, Florentine, with eggs in meringue cup, Apr 208 S, D
Spinach, fresh, Nov 179 all
Spinach cheese, Mar 144 all
Spinach-rice, Mar 174 all
Stew, beef, French, Mar 154 all
Sweet potato, fruited, Nov 160 all
Tongue, beef, Tuscan-style, Oct 218 all
Tongue and sweetbreads in cheese sauce, Nov 192 S, D
Tortilla corn cups, Sept 128 all
Tripe, Florentine style, (trippa alla Fiorentina), Nov 192 N, 191 C; Dec 176 S, D
Tuna and artichokes, in meringue cup, Apr 208 S, D
Turkey, Guadalajara, Dec 164 all
Turkey, sliced, and gravy, Feb 106 N
Zucchini grande, Aug 92 S, D

Cereals and Macaroni
Cornmeal
pancake, spicy tamale, Feb 130 all
Noodles
casserole, green, Oct 168 all
fettucini Alfredo with sausages, Nov 180 S, D
lasagna for a dozen, Apr 220 all
lasagne al forno, Oct 193 all
soup mixes, Oriental, May 106 all
Oatmeal
bread, oat sesame, Mar 194 all
cake, caramel-pecan oatmeal, Feb 128 all
cereal, crunchy, June 184 all
cookies, ginger oatmeal, Oct 210 all
cookies, oatmeal fruit, Mar 162 all
crackers, May 222 all
crisps, lacy, Mar 161 N, 162 C, S, D
pancakes, Sept 126 all
Ravioli, making your own, Oct 104 N, S, D
Rice
and curry with lamb shanks, Oct 202 all
brown, salad, Jan 88 all
casserole, spinach-rice, Mar 174 all
chile and cheese, June 156 all
cream, rice and raspberry, Aug 102 all
curry, South India, May 171 all
fried (nasi goreng), Aug 86 all
pineapple rice with pot roast, Feb 105 all
Portuguese sweet, with variations, Dec 176 N, C, 150 S, D
pudding, brown, Dec 176 N, C, 150 S, D
pudding, Scandinavian, Dec 176 N, C, 149 S, D
salad, orange and spice, Aug 111 N, S, D, 113 C
salad tray, curried, June 166 C, 165 S, D
salad tray, Indonesian, June 180 all
soup, with rice and peas, Oct 196 all
stuffing, Italian, Nov 202 all
stuffing, Spanish, Nov 202 all
stuffing, with roasted game hens, Apr 212 all
tomato fried, July 104 all
with spicy lamb balls, Mar 144 all
Wheat, cracked
bread, graham, Mar 194 all
salad, Jan 88 all

Dairy Products and Eggs
Butter
Clarified, June 149 all
Coriander, May 171 all
Snail (beurre d'escargots), Nov 213 C
Soy butter sauce, July 107 all

Dairy Products and Eggs (Cont.)
Cheese
Appetizers, cheese-caraway, Dec 172 all
Appetizers, quick, Jan 82 all
Ball, chorizo-cheese, Feb 116 N, S, D
Blintzes, June 195 C, 166 S, D
Bread, Parmesan garlic, May 122 all
Casserole, chile chicken and cheese, July 108 S, D; Nov 180 N
Casserole, spinach cheese, Mar 144 all
Cheesecake, chocolate chip, Mar 188 all
Cheesecake, lemony, June 147 all
Cheesecake squares, Sept 150 all
Cherry tomato halves, cheese and shrimp stuffed, Sept 148 all
Coeur à la crème, June 96 all
Crêpes, Brittany, ham and cheese-filled, Mar 158 S, D
Dip, blue cheese, Apr 196 all
Dip, liptauer, spiced, May 181 N, S, D; Oct 187 C
Hash, blue cheese, Nov 193 S, D
Kolache pastries, cream cheese, Nov 209 N
Mascarpone, June 96 all
Mold, creamy cheese (blue cheese), Dec 132 all
Omelet, tortilla cheese, Nov 198 all
Paskha, June 96 all
Pastry, cheese, basic two-way, Feb 109 N
Pie, pumpkin-cheese, Nov 165 all
Pork balls in cheese dip, June 173 all
Puffs, shrimp cheese, June 186 all
Quesadillas, quick, Oct 204 all
Raclette, Feb 71 all
Salad, blue cheese and onion, Jan 104 all
Sandwich, avocado and cottage cheese, June 195 S, D; Oct 182 N, C
Sandwich, jack cheese and mushroom, June 195 S, D; Oct 182 N, C
Sandwich stacks, May 222 all
Sauce, dipping, Swiss cheese, Apr 207 S, D
Soufflé, chile and cheese, Mar 176 all
Yogurt, Jan 62 all

Eggs
Baked, Scotch, Mar 174 all
Baked tortilla-wrapped, Nov 200 all
Camper Joe's special, Apr 78 all
Chicken with egg, Filipino, Feb 113 N, S, D, 109 C
Curried, in aspic, Jan 102 all
Custard, zucchini and ginger, July 128 all
Huevos bravos, Feb 134 all
Milanese, with asparagus, May 173 all
Omelet, tortilla cheese, Nov 198 all
Omelet with linguisa, May 168 all
Omelets, Mexican style, Apr 195 all
Omelets, tabletop, May 190 all
Pie, eggnog, holiday, Dec 133 all
Scramble, Aug 83 all
Scrambled, with purslane, July 113 N, S, D; Aug 97 C
Skillet brunch, July 121 all
Soufflé, chile and cheese, Mar 176 all
Soup, Italian (zuppa pavese), May 206 all
Soup, Spanish garlic (sopa de ajo), May 206 all
Swiss, with ham, Dec 142 all
Tostadas, bacon and egg, Aug 111 N, S, D, 113 C
With Brussels sprouts, Feb 120 all
With Florentine spinach, Apr 208 S, D

Yogurt
Cake, orange syrup, Sept 147 all
Cheese, Jan 62 all
Sauce, spinach yogurt, Aug 111 N, S, D, 113C

Desserts
(Also see listing under Baking)
Angel halo, for campers, Apr 82 all
Charlotte, French buttercream, June 191 all
Cheese mold, creamy, Dec 132 all
Coconut-cereal baskets, Aug 94 all
Coeur à la crème, June 96 all
Cream, rice and raspberry, Aug 102 all
Crêpes, flaming, three recipes, Feb 140 all
Crêpes flambé, ice cream, Mar 158 S, D
Custards
and meringue puffs, May 166 C
orange meringue, Jan 109 C, S, D; Mar 170 N
praline apple, Jan 109 C, S, D; Mar 170 N
Dumplings, berry, July 122 all
Flaming desserts, basic techniques, Feb 140 all
Flan, coconut, Mar 183 all
Flan, coffee, Feb 150 all
Fruit bowl with ginger syrup, Aug 87 all
Honey wheat dessert, Sept 130 all
Ice, fruit wine, Aug 107 all
Ice cream
cake, Swedish, Apr 224 all
crêpes flambé, Mar 158 S, D
papaya freeze, May 201 all
pie, crunchy, June 184 all
pumpkin, Nov 184 all
tortoni, macaroon, with raspberries, July 114 N
Kanten, creamy almond, Feb 148 all
Kanten, guava, Feb 148 all
Kanten, orange-grapefruit, Feb 148 all
Mascarpone, June 96 all
Orange date compote, Nov 174 all
Pancake, puff, fresh strawberry, June 176 all
Papaya boats, hot, May 201 all
Paskha, June 96 all
Peach crisp, fresh, Aug 83 all
Puddings
chestnut, Dec 151 N
diplomat, Dec 151 N
pear, Swedish, Jan 96 all
raisin bread, party, Jan 91 all
rhubarb-almond, Feb 105 all
rice, brown, Dec 176 N, C, 150 S, D
rice, Portuguese sweet, variations, Dec 176 N, C, 150 S, D
rice, Scandinavian, Dec 176 N, C, 149 S, D
Raspberries and buttered macaroons, July 114 N
Sherbet
coconut, Mar 183 all
cranberry-orange, Nov 169 all
raspberry, fresh, July 105 all
Soufflé, baked apple, Nov 218 all
Strawberry macaroon cream cups, Apr 188 C, S, D
Strawberry-raspberry cups, Apr 188 C, S, D
Tortes
chocolate-rum, Sept 123 all
coffee crunch, Sept 123 all
flour tortilla, May 212 all
orange freezer, Sept 123 all
peach cordial, Sept 123 all
Trifle, papaya, Oct 226 all

Fish and Shellfish
Anchovy peppers Vincent, Oct 225 all
Clams
and trout platters, May 209 N
in half shells, snail butter, Nov 213 C
salad from the sea (insalata di mare), Nov 190 N, S, D, 183 C
stock, vegetable clam, Dec 139 all

Fish and Shellfish (Cont.)
Crab
chafing dish, Dec 133 all
chowder, quick, Oct 212 all
cracked, in wine broth, May 122 all
crêpes, Brittany, crab-filled, Mar 158 S, D
Dungeness, and asparagus, in meringue cup, Apr 208 S, D
mold with pineapple, avocado, Apr 198 all
pancakes, brunch, crab-filled, Feb 104 all
pie, crab and leek, Mar 164 all
pillows, Chinese, May 168 all
salad, piquant, Nov 180 C
salad platter, crab and fish, May 176 all
San Simeon, Dec 183 all
steamed, with coriander, May 171 all
Fish fillets, baked, Apr 181 all
Fish soup and supper, Mar 90 all
Halibut steaks, cream-topped, Nov 174 all
Lingcod platter, Hawaiian curried, May 209 N
Oysters
angels on horseback, Feb 133 all
chowder, oyster spinach, Oct 212 all
sautéed, with basil, Apr 238 all
with pesto, Apr 238 all
Salmon
barbecued butterflied, July 106 all
broiled, and vegetables, May 208 N
nasturtium salmon packets, May 208 C, S, D; Aug 96 N
sandwich puffs, June 146 all
seafood stroganoff, June 168 all
steak Seattle, Aug 89 all
steaks, savory, July 105 all
Sardines
appetizer tray, Aug 91 S, D; Sept 140 N
sandwich and salad lunch, Aug 91 S, D; Sept 140 N
Seafood spinach soup, Apr 207 S, D
Shellfish bourride, Western, Dec 139 all
Shellfish in snail shells, Nov 213 C
Shrimp
and cantaloupe bowl, June 178 all
cherry tomato halves, cheese and shrimp stuffed, Sept 148 all
chowder, shrimp and corn, Oct 212 all
dumplings (ha gow), Nov 182 S, D
in aspic, Apr 215 all
pie, shrimp and asparagus, Mar 164 all
puffs, shrimp cheese, June 186 all
salad, curried, with bean sprouts, Mar 186 all
salad, for picnic, Nov 102 all
salad, luncheon, Apr 215 all
salad tray, Indonesian, June 180 all
seafood stroganoff, June 168 all
stew, pearly shell, Nov 214 all
Snails, see listing under *Meat*
Sole
fillets Simonarson, May 186 all
salad tray, Indonesian, June 180 all
Squid
salad, North Beach, Nov 190 N, S, D, 183 C
salad from the sea (insalata di mare), Nov 190 N, S, D, 183 C
Totuava
baked, in tomato sauce, Feb 109 S, D
seviche, Feb 109 S, D
teriyaki, barbecued, Feb 109 S, D
Trout and clam platters, May 209 N
Tuna
and artichokes, in meringue cup, Apr 208 S, D
pizzas, Aug 99 all
salad, with bean sprouts, Mar 186 all
sandwich, open-faced, Sept 138 N; Oct 182 S, D
sandwich, tuna and fruit, Sept 138 N; Oct 182 S, D
torta rustica, tuna-cheese filling, July 110 all
Turbot, Greenland
salad platter, crab and fish, May 176 all

Foreign Cookery
Basque
Potatoes, stewed, with parsley, Mar 147 all

Chinese
Chicken, roast, Cantonese, May 168 all
Chicken, sweet ginger, Dec 137 C, S, D
Cookies, fortune, Jan 48 all
Crab pillows, May 168 all
Fin kue (pork dumplings), Nov 183 S, D
Ha gow (shrimp dumplings), Nov 182 S, D
Kanten, creamy almond, Feb 148 all
Kanten, guava, Feb 148 all
Kanten, orange-grapefruit, Feb 148 all
Kanten, peppermint candy, Feb 148 all
Pork, sweet and sour, Dec 137 C, S, D
Rosettes, June 151 all
Soup, dumpling, Nov 183 S, D
Soup, won ton, easy, May 168 all
Soup mixes, Oriental noodle, May 106 all
Water chestnut tumble, June 188 all
Wok, cooking with, Feb 74 all
Woks and accessories, Feb 153 all

Czechoslovakian
Duckling, roast, Apr 190 all

Dutch
Hâché (stew), Nov 160 all

English
Onions, pickled, Jan 106 all

Filipino
Adobo, chicken and pork, Dec 171 N
Adobo appetizer kebabs, Dec 171 N
Appetizers, lumpia, Nov 166 N 192 C
Carne asada, Oct 173 all
Chicken with egg, Feb 113 N, S, D, 109 C
Lumpia, fresh, Nov 166 N, 192 C
Pork, piquant, with soy, Feb 113 N, S, D 109 C

French
Beurre d'escargots (snail butter), Nov 213 C
Bourride, Western shellfish, Dec 139 all
Charlotte, buttercream, June 191 all
Coeur à la crème, June 96 all
Crêpes, Oct 176 all
Crêpes, Brittany, three kinds, Mar 158 S, D
Gaufres-Crêpes stands, Paris, Nov 183 N, 166 C, S, D
Gratin savoyard, Mar 147 all
Le Cordon Bleu demonstration class, Paris, Oct 235 all
Meat loaf, casserole, Aug 85 all
Snails, French manner, Nov 213 C
Stew, beef, Mar 154 all
Tart, Parisian strawberry, June 194 N, 162 C, S, D

German, Austrian, Swiss
Cake, almond, Swiss, June 170 all
Raclette, Feb 71 all
Soup, beef and celery root (Bavarian), Feb 126 all
Torte, Salzburg strawberry, June 195 N, 163 C, S, D

Greek
Honey puffs, Oct 214 all
Lamb chops with leeks, Mar 158 N
Tsoureki, Apr 89 all

Hawaiian
Cookware, shopping for in Honolulu, June 86 all
Picnic shopping, Honolulu's Chinatown, Nov 212 N, S, D

Hungarian
Pork ribs, Jan 98 all

Foreign Cookery (Cont.)

Indian
Curry, South India, May 171 all

Indonesian
Buffet, Aug 58 all
Fruit bowl with ginger syrup, Aug 87 all
Nasi goreng (fried rice), Aug 86 all
Radishes and cucumbers, pickled, Aug 87 all
Salad tray, June 180 all
Sate (meat on sticks), Aug 86 all
Sauce, hot, Aug 59 all
Vegetable plate, spiced peanut sauce, Aug 86 all

Irish
Casserole, lamb, potato-topped, Mar 156 all

Italian
Breakfast, Jan 60 all
Chicken, roast, Mar 174 all
Crostini, Florentine, Oct 170 all
Crumbs, seasoned, Oct 174 all
Eggplant gratin, Oct 175 all
Fave dei morti (beans of the dead), Apr 202 all
Giardiniera (pickled mixed vegetable), Oct 200 all
Insalata di mare (salad from the sea), Nov 190 N, S, D, 183 C
Lamb shanks, Mar 154 all
Lasagne al forno, Oct 193 all
Lingua dolce forte (Beef-tongue, Tuscan-style), Oct 218 all
Mascarpone, June 96 all
Onions, bittersweet style, Oct 175 all
Ossa da mordere (bones to chew), Apr 202 all
Peppers, baked, Oct 175 all
Peppers stuffed with eggplant, Oct 175 all
Potatoes, oven roast, Mar 146 all
Rabbit, Italian-style, May 227 all
Ravioli, making your own, Oct 104 N, S, D
Salad, squid, North Beach, Nov 190 N, S, D, 183 C
Stuffing, rice, Nov 202 all
Tart, Lombardy strawberry, June 195 N, 163 C, S, D
Tomatoes, Parmesan, Oct 175 all
Torta rustica, three fillings, July 110 all
Trippa alla Fiorentina (tripe, Florentine style), Nov 192 N, 191 C; Dec 176 S, D
Veal loaf, Aug 85 all
Zucchini, baked, Oct 175 all
Zuppa pavese (egg soup), May 206 all

Japanese
Soup mixes, Oriental noodle, May 106 all

Jewish
Blintzes, cheese, June 195 C, 166 S, D
Breakfast, Israeli, Jan 62 all
Challah, Oct 187 N
Matzo balls, Oct 232 all
Mazurki (almond paste cookies), three recipes, June 162 N
Soup, chicken and vegetables, with matzo balls, Oct 232 all

Korean
Hamburgers, Oct 206 all

Mexican
Bolillos, Oct 216 all
Breakfast, Jan 60 all
Brunch, Apr 195 all
Burritos, fire-pan, Jan 85 all
Calabasitas, Apr 220 all
Carne asada, Sept 60 all
Chilaquiles in casserole, Sept 60 all
Chile with coriander, May 168 all
Crêpes, mushroom pâté, Oct 176 all
Crêpes, Puerto Vallarta, Oct 178 all
Guacamole, Jan 85 all

Foreign Cookery (Cont.)

Mexican (Cont.)
Mexican surprise, May 186 all
Omelets, Mexican style, Apr 195 all
Patio parties, two menus, Sept 60 all
Quesadillas, quick, Oct 204 all
Salad, mixed, Mar 181 all
Salsa fresca, Sept 60 all
Sandwiches, barbecued, May 216 all
Sausage, chorizo, Feb 116 N, S, D
Sopa Azteca (Aztec soup), Oct 100 all
Torte, flour tortilla, May 212 all
Tostadas, chile, Nov 173 all
Totuava seviche, Feb 109 S, D

Moroccan
Stew, lamb, May 168 all

Near Eastern
Salad, brown rice, Jan 88 all
Salad, cracked wheat (Lebanese), Jan 88 all
Stew, lamb, Mediterranean-style, Mar 157 all

Portuguese
Beef, roast, May 202 all
Beef rump with vegetables, May 202 all
Cozido, Mar 154 all
Meat and vegetables with soup, Dec 140 all
Omelet with linguisa, May 168 all
Rice, sweet, variations, Dec 176 N, C, 149 S, D

Russian
Blintzes, cheese, June 195 C, 166 S, D
Kulich, Apr 89 all
Mazurki (almond paste cookies), three recipes, June 162 N
Paskha, June 96 all

Scandinavian
Bread, Finnish rye, Mar 194 all
Breakfast, Jan 61 all
Cake, ice cream, Swedish, Apr 224 all
Duck, roast, Danish-style, Apr 190 all
Pork ribs, Swedish-style, Jan 98 all
Pork roll, spiced, Apr 207 C
Pudding, pear, Swedish, Jan 96 all
Pudding, rice, Dec 176 N, C, 149 S, D

Scotch
Eggs, baked, Mar 174 all

South American
Pie, chicken, Mar 148 S, D
Sauce, aji, Colombian, May 168 all

Spanish
Sangaría, easy, Mar 162 N
Sopa de ajo (garlic soup), May 206 all
Stuffing, rice, Nov 202 all

Welsh
Tishen flats (stone cakes), Apr 222 all

West Indian
Stew, green banana, Feb 139 all
Stew, lamb with yams, baked, Feb 139 all

Fruit
(See also Fruit, Dried)
Apples
and carrots, lemon, Nov 179 all
baked, Oct 194 all
bisque, carrot apple, Aug 100 all
caramel, Oct 230 all
cider, hot buttered, Jan 109 N
cider, pressing your own, Oct 96 all
custard, praline apple, Jan 109 C, S, D; Mar 170 N
pastry squares, Oct 169 all
pie, apple-marmalade, Nov 165 all
pie, crumb-topped, Mar 145 all
soufflé, baked, Nov 218 all

Fruit (Cont.)
Apricots
drying, July 137 C
glaze, May 192 S, D
with chicken breasts, July 116 all
Avocados
calabasitas, Apr 220 all
cherry tomato halves, guacamole stuffed, Sept 148 all
crab mold with pineapple, avocado, Apr 198 all
dip, avocado dill, Dec 158 all
dressing, Sept 128 all
guacamole, Jan 85 all
jellied, with oranges, Jan 82 all
salad Knie, tossed green, July 126 all
sandwich, avocado and cottage cheese, June 195 S, D; Oct 182 N, C
soup, chilled, Aug 100 all
soup, stubborn, Oct 223 all
Bananas
bread, banana fruit, Nov 204 all
stew, green banana, Feb 139 all
Berries
blueberries
dumplings, July 122 all
French toast, blueberry-topped, Aug 82 all
torte, July 132 all
with lemon sherbet, Apr 198 all
cranberries
cranberry cup, hot buttered, Jan 109 N
pancake, oven, cranberry topping, Dec 133 all
ring, holiday, Nov 160 all
salad mold, spicy citrus, Apr 180 all
sherbet, cranberry-orange, Nov 169 all
raspberries
and buttered macaroons, July 114 N
bread, fresh raspberry tea, Aug 102 all
cream, rice and raspberry, Aug 102 all
crisps, raspberry cream cheese, June 158 all
sherbet, fresh raspberry, July 105 all
strawberry-raspberry cups, Apr 188 C, S, D
with macaroon tortoni, July 114 N
strawberries
pie, strawberry-rhubarb, May 218 all
puff pancake, June 176 all
refresher, wine, May 215 all
strawberry macaroon cream cups, Apr 188 C, S, D
strawberry, raspberry cups, Apr 188 C, S, D
tart, Lombardy, June 195 N, 163 C, S, D
tart, Parisian, June 194 N, 163 C, S, D
torte, Salzburg, June 195 N, 163 C, S, D
Cherries
cake, cherry-crowned cream, Feb 115 N, S, D, 116 C
cake, cherry savarin, Feb 114 all
cake log, maraschino cherry sponge, Feb 115 N, S, D, 116 C
fresh, with veal sauté, June 160 all
lamb, roast leg of, with Bing cherry sauce, June 158 all
Coconut
flan, Mar 183 all
sherbet, Mar 183 all
Figs
appetizers, bacon fig, Sept 140 C, S, D
butter-broiled, Sept 140 C, S, D
ham rolls, fruited, Sept 140 C, S, D
Fruits, fresh, storage, Apr 206 N
Grapefruit
ice, pink, May 174 all
kanten, orange-grapefruit, Feb 148 all
Grapes
chicken, fruited, Nov 216 all
dessert, grape, pear, cheese, for picnic, Nov 102 all
with lamb shanks, May 182 all

Fruit (Cont.)
Kumquat waffles, Apr 241 all
Lemons
bars, lemon date, May 165 all
cheesecake, lemony, June 147 all
dressing, June 178 all
mayonnaise sauce, Apr 207 S, D
steak, May 194 S, D; Nov 211 N
veal, with lemon, Apr 208 N, C; Sept 139 S, D
Melons
cantaloupe
and shrimp bowl, June 178 all
ham steak, grilled, with cantaloupe, pineapple, June 155 all
salad, chicken-cantaloupe, June 174 all
Oranges
beef roast, orange-thyme, May 194 S, D; Nov 211 N
cake, orange syrup yogurt, Sept 147 all
chicken, fruited, Nov 216 all
compote, orange date, Nov 174 all
cookies, crispy orange, Oct 210 all
cooler, orange Vermouth, May 215 all
custard, orange meringue, Jan 109 C, S, D; Mar 170 N
kanten, orange-grapefruit, Feb 148 all
muffins, orange rye, Sept 120 all
salad, rice, orange and spice, Aug 111 N, S, D, 113 C
salad mold, spicy citrus, Apr 180 all
sherbet, cranberry-orange, Nov 169 all
steak, chile orange, May 194 S, D; Nov 211 N
stuffing, orange, with roasted game hens, Apr 210 all
torte, freezer, Sept 123 all
with jellied avocado, Jan 82 all
Papayas
boats, hot, May 201 all
freeze, May 201 all
trifle, Oct 226 all
Peaches
crisp, fresh, Aug 83 all
torte, peach cordial, Sept 123 all
with chicken salad, May 165 all
Pears
dessert, grape, pear, cheese, for picnic, Nov 102 all
pie, pecan crunch, Sept 121 all
pudding, Swedish, Jan 96 all
Seckel, spiced pickled, Dec 137 N, 151 C
squash, pear-filled, Dec 154 all
with carrots, Jan 83 all
with green salad, Jan 104 all
Pineapple
crab mold with pineapple, avocado, Apr 198 all
ham steak, grilled, with cantaloupe, pineapple, June 155 all
pancakes, Apr 241 all
pot roast with pineapple rice, Feb 105 all
Plum pie, brandied, Nov 165 all
Rhubarb
pie, strawberry-rhubarb, May 218 all
pudding, rhubarb-almond, Feb 105 all

Fruit, Dried
Apricots
cake, apricot sauce, Apr 192 all
kolache breakfast turnovers, Nov 209 N
kolache pastries, cream cheese, Nov 209 N
Currants
tarts, Canterbury, Nov 194 all
tishen flats (Welsh stone cakes), Apr 222 all
Dates
bars, lemon date, May 165 all
compote, orange date, Nov 174 all
Fruit loaf, Christmas, Dec 156 all
Fruit loaf, holiday, Nov 204 all
Prunes
bars, June 184 all
kolache breakfast turnovers, Nov 209 N
kolache pastries, cream cheese, Nov 209 N

Fruit, Dried (Cont.)
Pudding, diplomat, Dec 151 N
Raisins
coffee cake, sesame-raisin, Apr 180 all
cookies, cinnamon raisin, Oct 210 all
tishen flats (Welsh stone cakes), Apr 222 all

Meat
Bacon
appetizers, bacon fig, Sept 140 C, S, D
salad, green, with bacon, Jan 104 all
salad with wilted dandelion greens, May 196 all
tostadas, bacon and egg, Aug 111 N, S, D, 113 C
with roasted game hens, Apr 212 all
with Swiss chard, Feb 105 all
Beef
brisket, baked, with pan sauce, May 179 all
carne asada, Sept 60 all
carne asada, Philippine, Oct 173 all
casserole, Burma Road, Mar 150 all
corned beef salads, individual, Nov 180 C
dinosaur bones, Sept 155 N, C
fillets in flaky pastry, May 166 S, D
hash, blue cheese, Nov 193 S, D
jerky, oven-dried, Sept 157 all
loaf, jellied, Aug 85 all
Portuguese meat and vegetables with soup, Dec 140 all
ribs, teriyaki, Sept 155 N, C
ribs, tomato-glazed, Sept 155 N, C
roast, orange-thyme, May 194 S, D; Nov 211 N
roast, Portuguese, May 202 all
roast, pot, chile, Apr 186 all
roast, pot, fruited, Oct 169 all
roast, pot, paprika, Mar 170 C, S, D
roast, pot, with pineapple rice, Feb 105 all
rump with vegetables, May 202 all
short ribs, easy oven, Jan 98 all
short ribs in casserole, Jan 83 all
short ribs in simplissimo, Jan 102 all
soup, beef and celery root, Feb 126 all
soup, peasant, Nov 83 N, C, 163 S, D
steak, chile orange, May 194 S, D; Nov 211 N
steak, flank, bag-marinated, Apr 184 all
steak, flank, barbecued Mexican sandwiches, May 216 all
steak, flank, mustard, Mar 158 C
steak, flank, tomato, Mar 158 C
steak, lemon, May 194 S, D; Nov 211 N
steak, Marsala, mushroom, Mar 170 C, S, D
steak, skirt, broiled, Apr 196 all
steak Tahitian, Mar 153 all
steak with mustard cream, Sept 124 S, D
stew, Dutch (hâché), Nov 160 all
stew, green banana, Feb 139 all
stew, French, Mar 154 all
stir fry, beef-mushroom, Mar 170 C, S, D
Beef, ground
burger, celery stalks the, Aug 89 all
Camper Joe's special, Apr 78 all
chile, frying pan, Apr 184 all
chile, with coriander, May 168 all
Cordon Bleu, Apr 80 all
hamburgers, Korean, Oct 206 all
huevos bravos, Feb 134 all
meat loaf, casserole, Aug 85 all
meat loaf in a pot, Apr 186 all
meatball sauerbraten, July 114 C
meatball vegetable soup, July 121 all
meatballs, appetizer, with snail butter, Nov 213 C
meatballs, baked, July 114 C
meatballs in French wine sauce, July 114 C
meatballs with curry sauce, July 114 C
meatloaf with chorizo, Feb 116 N, S, D
squash, meat-filled, Dec 154 all
turnovers, beef, Feb 109 N
Yorkshire beef, May 164 all

Meat (Cont.)
Bologna pizzas, Lebanon, Aug 99 all
Ham
balls, crisp coated, Nov 176 all
crêpes, Brittany, ham and cheese filling, Mar 158 S, D
hogs in a tarp, Feb 134 all
jerky, oven-dried, Sept 157 all
loaf, glazed, with fruit, Dec 132 all
rolls, fruited, Sept 140 C, S, D
salad, picnic ham and potato, July 135 all
salad tray, meat and vegetable, Aug 111 N, S, D, 113 C
sandwiches, ham and kidney, openfaced, Aug 88 all
steak, grilled, with cantaloupe and pineapple, June 155 all
with Swiss eggs, Dec 142 all
Heart
beef, braised stuffed, Nov 192 S, D
beef, en brochette, Jan 87 C
steak, minute, Jan 87 C
Kidneys
rognons Italiens, Nov 216 all
sandwiches, ham and kidney, openfaced, Aug 88 all
Lamb
balls, spicy, with rice, Mar 144 all
blocks with eggplant, May 182 all
borscht, lamb shank, Jan 92 all
casserole, potato-topped, Mar 156 all
chops, spicy broiled, Aug 82 all
chops with leeks, Mar 158 N
leg of, roast, with Bing cherry sauce, June 158 all
meatballs, appetizer, Feb 106 C, S, D; Mar 148 N
meatballs, curried, with fruit, Feb 106 C, S, D; Mar 148 N
meatballs, spiced, Feb 106 C, S, D; Mar 148 N
moussaka, artichoke, Dec 166 all
salad, lamb and potato, July 135 all
shanks, Italian style, Mar 154 all
shanks, picnic, Mar 173 all
shanks and limas, Oct 202 all
shanks with curry and rice, Oct 202 all
shanks with grapes, May 182 all
stew, lamb, with yams, baked, Feb 139 all
stew, Mediterranean-style, Mar 157 all
stew, Moroccan, May 168 all
stew, spring lamb and vegetable, Mar 157 all
with spinach, Mar 158 N
zucchini with lamb stuffing, July 104 all
Liver
braised, piquant, Nov 192 S, D
crêpes, mushroom pâté, Oct 176 all
crostini, Florentine, Oct 170 all
sautéed, with tomato sauce, Nov 161 all
Venetian, with onions, Oct 196 all
Liverwurst
salad tray, meat and vegetable, Aug 11 N, S, D, 113 C
Pork
adobo, chicken and pork, Dec 171 N
balls in cheese dip, June 173 all
chops, barbecued, July 121 all
chops, braised smoked, May 176 all
dumplings, (fin kue), Nov 183 S, D
loin, chilled spiced, Dec 144 all
meat loaf, casserole, Aug 85 all
picadillo, July 108 S, D; Nov 180 N
ribs, Hungarian-style, Jan 98 all
ribs, Swedish-style, Jan 98 all
ribs and chicken, tumbled, Apr 218 all
roast, pot, dinner, Apr 186 all
roll, spiced, Apr 207 C
spareribs, country-style, and potatoes, oven roasted, Feb 124 all
sweet and sour, Dec 137 C, S, D
with soy, piquant, Feb 113 N, S, D, 109 C

Meat (Cont.)
Rabbit
in orange-wine sauce, May 227 all
Italian-style, May 227 all
Sausage
and cumin cabbage, Mar 145 all
buffet, coffee table, Jan 91 all
chorizo, Mexican, Feb 116 N, S, D
chorizo-cheese ball appetizer, Feb 116 N, S, D
chorizo in meatloaf, Feb 116 N, S, D
chorizo, with eggs, Feb 116 N, S, D
eggs, Scotch baked, Mar 174 all
Meltemi, June 196 all
muffin sandwiches, July 107 all
Polish, supper, June 147 all
sandwiches, July 122 all
soup, sausage bean, Sept 121 all
torta rustica, sausage-tomato filling, July 110 all
with fettucini Alfredo, Nov 180 S, D
Snails, in French manner, Nov 213 C
Sweetbreads
and asparagus with pâté cream, May 173 all
and tongue in cheese sauce, Nov 192 S, D
Tongue
and sweetbreads in cheese sauce, Nov 192 S, D
beef, Tuscan-style, Oct 218 all
lamb, baked, Nov 193 S, D
sliced, with sauce, two recipes, Mar 197 all
Tripe, Florentine style (trippa alla Fiorentina), Nov 192 N, 191 C; Dec 176 S, D
Veal
loaf, Italian, Aug 85 all
sauté with fresh cherries, June 160 all
sauté with teleme, Apr 208 N, C; Sept 139 S, D
sliced, sautéed, Apr 208 N, C; Sept 139 S, D
with cheese and mushrooms, Sept 121 all
with lemon, Apr 208 N, C; Sept 139 S, D

Menus
Breakfasts
Back-to-school, Sept 126 all
Christmas, Dec 142 all
Gingerbread, spiced, Oct 194 all
Israeli, Jan 62 all
Italian, Jan 60 all
Mexican, Jan 60 all
Scandinavian, Jan 61 all

Brunches
Dipping, Swiss cheese, Apr 207 S, D
Guest, make-ahead, Mar 174 all
May, May 174 all
Mexican, Apr 195 all
Skillet, Feb 120 all
Tostada, Aug 111 N, S, D, 113 C
Weekend sausage, July 107 all

Buffets
Coffee table sausage, Jan 91 all
Indonesian, Aug 58 all
Patio, Sept 128 all
Sandwich, make-your-own, Dec 142 all

Dinners
Barbecue, July Fourth salmon, July 106 all
Barbecue, south-of-the-border, June 155 all
Casserole, company, Feb 122 all
Family, Aegean-style, Sept 128 all
Family chicken, July 107 all
Family oven, Feb 122 all
Father's Day feast, June 158 all
Fish, baked, Nov 174 all
For two, Apr 196 all
Italian oven, Mar 174 all

Menus (Cont.)
Dinners (Cont.)
Patio, for guests, Aug 111 N, S, D, 113 C
Portuguese family, Dec 140 all
Slow-cooked, May 176 all
Thanksgiving, Nov 170 all
Venetian, Oct 194 all

Lunches
Salad, May 176 all
Salad, for guests, Apr 198 all
Salad, summer, Aug 110 all
Soufflé, Mar 176 all
Tostada, Mexican, Nov 173 all
Tray, weekend, Jan 92 all

Parties
Dinner, chilaquile casserole, Sept 60 all
Fondue, June 148 all
Soup and bread, homemade, Nov 82 N, C, 163 S, D
Supper, carne asada, Sept 60 all

Picnics
Beach, spur-of-the-moment, May 122 all
Car, instant, waiting in trunk, Aug 96 S, D; Sept 124 N
Casserole, Dutch oven, three recipes, Mar 154 all
Finger food, Mar 173 all
Gift baskets, each with one course, Dec 68 N, C, D
Picnic shopping, Honolulu's Chinatown, Nov 212 N, S, D
Spur-of-the-moment, Nov 102 all

Suppers
Lasagne, Oct 193 all
Salad, May 176 all
Salad tray, June 156 all
Seafood and soup, Apr 207 S, D
Soufflé, Mar 176 all
Soup, midwinter, Jan 92 all

Miscellaneous
Camp cooking, Apr 78 all, 184 all
Camp cooks, utensils for, Dec 50 all
Camp recipes, one-pot, July 121 all
Camp recipes, simple, Apr 184 all
Campstoves, models available, July 54 all
Canning, freezing, pamphlets on, July 108 N, C, 114 S, D
Canning, freezing fruits, July 60 all
Coriander, fresh, May 116 all
Corkscrews, Apr 234 all
Organic cooking, appliances for, Dec 169 all
Oriental cookware, shopping for in Honolulu, June 86 all
Oven, pueblo, building your own, Aug 50 all
Oven, reflector, baking in, Apr 186 all
Saucepan, double spouted, Mar 168 N, C, 169 S, D
Wok, cooking with, Feb 74 all
Woks and accessories, Feb 153 all

Nuts
Almonds
butter, Nov 221 all
cake, almond chocolate, June 191 all
cake, Swiss almond, June 170 all
cooky rings, almond paste (mazurki), June 162 N
crescents, almond paste (mazurki), June 162 N
pudding, rhubarb-almond, Feb 105 all
sauce, almond butter, July 118 all
Cashews
butter, Nov 221 all
sauce, cashew butter, July 118 all
Chestnut pudding, Dec 151 N

Nuts (Cont.)
Filberts
butter, Nov 221 all
slices, Mar 184 all
toffee, filbert-topped, Dec 152 all
Peanuts
crunch, crisp, Dec 152 all
sauce, peanut butter, July 118 all
sauce, spiced, Aug 87 all
slaw, July 105 all
Pecans
butter, Nov 221 all
cake, caramel-pecan oatmeal, Feb 128 all
pie, pecan crunch pear, Sept 121 all
pie, praline nut, Oct 187 S, D
squares, Mar 184 all
Pine nuts
butter, Nov 221 all
cookies, sugar, May 210 all
crescents, May 210 all
with peas, May 224 all
Pistachio butter, Nov 221 all
Sunflower whole wheat bread, Mar 193 all
Walnuts
cake, sponge, Dec 156 all
English, butter, Nov 221 all
tarts, Canterbury, Nov 194 all

Poultry
Chicken
adobo, chicken and pork, Dec 171 N
and bell peppers, June 201 all
and ribs, tumbled, Apr 218 all
appetizer kebabs, adobo, Dec 171 N
asada, Oct 173 all
breasts with apricots, July 116 all
casserole, chicken and artichoke with mushrooms, Feb 122 all
casserole, chile chicken and cheese, July 108 S, D; Nov 180 N
cress-cendo, Mar 153 all
fondue, chicken and vegetable, June 149 all
fruited, Nov 216 all
liver, Florentine crostini, Oct 170 N, C
liver, Landesman's, Jan 101 all
pie, South American, Mar 148 S, D
quarters, grilled, June 146 all
roast, Cantonese, May 168 all
roast, Italian, Mar 174 all
salad, chicken-cantaloupe, June 174 all
salad, Oriental, June 156 all
salad with peaches, May 165 all
sauté, chile chicken, July 107 all
soup, Aztec, Oct 100 all
soup, chicken and corn, Jan 82 all
soup, chicken and vegetables, with matzo balls, Oct 232 all
sweet ginger, Dec 137 C, S, D
wing appetizers, Aug 113 N; Sept 124 C, 155 S, D
with egg, Filipino, Feb 113 N, S, D, 109 C
Duck
roast, Czech-style, Apr 190 all
roast, Danish-style, Apr 190 all
Pheasant
Birds Chasseur, Oct 225 all
Rock Cornish game hens
and asparagus, Parisian style, May 172 all
Birds Chasseur, Oct 225 all
grilled, with herb butter, Apr 210 all
roasted, whole, with honey glaze, Apr 212 all
roasted, with bacon, Apr 212 all
roasted, with orange stuffing, Apr 210 all
roasted, with rice stuffing, Apr 212 all

Poultry (Cont.)
Turkey
casserole, Guad[illegible] all
casserole, slice[illegible] gravy, Feb 106 N
roast, and ya[illegible] cream gravy, Nov 170 [illegible]
salad, curried turkey and potato, July 135 all
soup, Oriental, Dec 164 all
soup [illegible] vegetable, Feb 106 N
[illegible] rice, Nov 202 all
[illegible] Nov 202 all
[illegible] Nov 161 all
toruna turkey scramble, Dec 164 all
Turkey Divan, Feb 106 N
with, July 126 all
with stuffing, roasted in ceramic pot, Nov 162 N, C, 208 S, D
with yams, roasted in ceramic pot, Nov 163 N, C, 209 S, D

Preserving
Conserves, Jams, Jellies, Preserves, Butters
Nut butters, Nov 221 all
Rose geranium jelly, May 194 N, C

Freezing
Bread, freezer, rye, Nov 206 all
Bread, freezer, whole wheat, Nov 206 all
Ice, pink grapefruit, May 174 all
Torte, chocolate-rum, Sept 123 all
Torte, coffee crunch, Sept 123 all
Torte, fresh orange, Sept 123 all
Torte, peach cordial, Sept 123 all
Vegetables, Aug 92 C, 108 N, S, D

Pickles
Onions, pickled, English-style, Jan 106 all
Repickled, Dec 183 all
Vegetables, mixed, pickled (giardiniera), Oct 200 all

Relishes
Chutney, coriander and cucumber, May 171 all
Pears, Seckel, spiced pickled, Dec 137 N, 151 C
Relish, cucumber, Sept 132 all
Relish, tomato, Sept 132 all
Relish, zucchini, Sept 132 all

Salad Dressings
Avocado, Sept 128 all
Chutney, June 180 all
Lemon, June 178 all
Mustard, Mar 174 all
Sesame seed, June 158 all
Shallot, Jan 87 N, S, D
Vinaigrette, green, Aug 111 N, S, D, 113 C

Salads
Artichoke, curried, July 126 all
Asparagus plate, Mar 148 C; June 165 N
Asparagus Victor, fresh, Apr 232 all
Aspic, fresh tomato, Sept 128 all
Avocado, jellied, with oranges, Jan 82 all
Beets, spiced pickled, Dec 134 all
Blue cheese and onion, Jan 104 all
Borscht, May 188 all
Caesar, Feb 110 all
Cantaloupe, shrimp bowl, June 178 all
Cauliflower, crisp, Mar 174 all
Chicken, Oriental, June 156 all
Chicken, with peaches, May 165 all
Chicken-cantaloupe, June 174 all
Citrus mold, spicy, Apr 180 all
Corn, fresh, Sept 120 all
Corned beef, individual, Nov 180 C

Salads (Cont.)
Crab, piquant, Nov 180 C
Crab and fish platter, May 176 all
Crab mold with pineapple, avocado, Apr 198 all
Cranberry ring, holiday, Nov 160 all
Dandelion greens and artichoke, May 196 all
Dandelion greens with bacon, wilted, May 196 all
Eggs, curried, in aspic, Jan 102 all
Green, tossed, Knie, July 126 all
Green, with bacon, Jan 104 all
Green, with pears, Jan 104 all
Green and white platter, Dec 134 all
Ham and potato, picnic, July 135 all
Indonesian tray, June 180 all
Insalata di mare (salad from the sea), Nov 190 N, S, D, 183 C
Lamb and potato, July 135 all
Meat and vegetable tray, Aug 111 N, S, D, 113 C
Mixed, Mexican, Mar 181 all
Mushroom, raw, with Cheddar cheese, May 179 all
Mushroom platter, marinated, Dec 134 all
Nasturtium, May 208 C, S, D; Aug 96 N
Pea and zucchini bowl, fresh, Aug 82 all
Potato, dilled, tray, June 166 C, 165 S, D
Potato, new, June 146 all
Purslane, July 113 N, S, D; Aug 97 C
Rice, brown, Jan 88 all
Rice, curried, tray, June 166 C, 165 S, D
Rice, orange and spice, Aug 111 N, S, D, 113 C
Sauerkraut, June 199 all
Shrimp, curried, with bean sprouts, Mar 186 all
Shrimp, for picnic, Nov 102 all
Shrimp luncheon, Apr 215 all
Slaw, peanut, July 105 all
Soybean, marinated, Apr 228 all
Spinach, brute, Aug [illegible] all
Spinach, fresh, Jan 91 all
Squid, North Beach, Nov 190 N, S, D, 183 C
Sweet-sour buffet, Mar 145 all
Tomato bean, Oct 168 all
Tuna, with bean sprouts, Mar 186 all
Turkey and potato, curried, July 135 all
Wheat, cracked, Jan 88 all

Sandwiches
Artichoke frittata, June 195 S, D; Oct 182 N, C
Avocado and cottage cheese, June 195 S, D; Oct 182 N, C
Burritos, fire-pan, Jan 85 all
Cheese stacks, May 222 all
Chile-cheese muffins, broiled, Jan 92 all
Crostini, June 199 all
Ham and kidney, openfaced, Aug [illegible] all
Jack cheese and mushroom, June 195 S, D; Oct 182 N, C
Mexican, barbecued, May 216 all
Pork loin, chilled spiced, Dec 144 all
Pork sausage muffin, July 107 all
Quesadillas, quick, Oct 204 all
Salmon puffs, June 146 all
Sardine, Aug 91 S, D; Sept 140 N
Sausage, July 122 all
Shrimp, curried, with bean sprouts, Mar 186 all
Tostadas, bacon and egg, Aug 111 N, S, D, 113 C
Tostadas, chile, Nov 173 all
Tuna, open-faced, Sept 138 N; Oct 182 S, D
Tuna, with bean sprouts, Mar 186 all
[illegible] and fruit, Sept 138 N; Oct 182 S, D
Turkey with, July 126 all

Sauces and Syrups
Aji, Colombian, May 168 all
Almond butter, July 118 all
Apricot glaze, May 192 S, D
Cashew butter, July 118 all
Dip, blue cheese, Apr 196 all
Dipping, Swiss cheese, Apr 207 S, D
Hot, for fish, Mar 90 all
Hot, Indonesian, Aug 59 all
Mayonnaise, coriander, May 171 all
Mayonnaise, green, Apr 207 C
Mayonnaise, lemon, Apr 207 S, D
Mayonnaise, nasturtium, May 208 C, S, D; Aug 96 N
Orange syrup, Sept 147 all
Peanut, spiced, Aug 87 all
Peanut butter, July 118 all
Rum syrup, Sept 147 all
Salsa fresca, Sept 60 all
Soy butter, July 107 all
Sweet and sour, Dec 137 C, S, D
Tomato, Jan 85 all; Sept 60 all
Tomato, for ravioli, Oct 106 N, S, D
Yogurt, spinach, Aug 111 N, S, D, 113 C

Soups
Avocado, chilled, Aug 100 all
Avocado, stubborn, Oct 223 all
Aztec, Oct 100 all
Beef and celery root, Feb 126 all
Bisque, asparagus, fresh, Mar 144 all
Bisque, carrot apple, Aug 100 all
Bisque, cucumber, chilled, June 166 N
Borscht, beet, June 182 all
Borscht, beet, with Swiss chard, June 182 all
Borscht, lamb shank, Jan 92 all
Bouillon, tomato, Nov 170 all
Bourride, Western shellfish, Dec 139 all
Broth, tomato, hot, Dec 144 all
Chicken and corn, Jan 82 all
Chicken and vegetables with matzo balls, Oct 232 all
Chowder, corn, Nov 83 N, C, 163 S, D
Chowder, crab, quick, Oct 212 all
Chowder, oyster spinach, Oct 212 all
Chowder, shrimp and corn, Oct 212 all
Cress, cream of, June 166 N
Dumpling, Chinese, Nov 183 S, D
Egg, Italian (zuppa pavese), May 206 all
Far from the sea, Apr 184 all
Fava bean, and vegetable soup, Oct 191 all
Fish, and supper, Mar 90 all
Garlic, Spanish (sopa de ajo), May 206 all
Gazpacho, sparkling, July 104 all
Meat and vegetables, Portuguese, with soup, Dec 140 all
Meatball vegetable, July 121 all
Oriental noodle, mixes, May 106 all
Peasant, Nov 83 N, C, 163 S, D
Purslane, July 113 N, S, D; Aug 97 C
Refried, Dec 183 all
Rice and pea, Oct 196 all
Sausage bean, Sept 121 all
Spinach seafood, Apr 207 S, D
Split pea, curried, May 164 all
Stock, vegetable clam, Dec 139 all
Turkey, Oriental, Dec 164 all
Turkey vegetable, Feb 106 N
Vegetable, creamy, Feb 104 all
Won ton, easy, May 168 all

Vegetables
Artichokes
and creamy tuna, Apr 208 S, D
and dandelion greens salad, May 196 all
casserole, artichoke, with spinach soufflé, Feb 145 all
casserole, chicken and artichoke with mushrooms, Feb 122 all
moussaka, Dec 166 all
nibbles, June 147 all
salad, curried, July 126 all
salad platter, green and white, Dec 134 all
sandwiches, frittata, June 195 S, D; Oct 182 N, C
spinach soufflé-stuffed, Feb 145 all
Asparagus
and Dungeness crab, Apr 208 S, D
and game hens, Parisian style, May 172 all
and sweetbreads with pâté cream, May 173 all
bisque, fresh asparagus, Mar 144 all
pie, shrimp and asparagus, Mar 164 all
salad plate, Mar 148 C; June 165 N
Victor, fresh, Apr 232 all
with eggs, Milanese, May 173 all
Bean sprouts
quiche, fu yong, Sept 144 all
with curried shrimp salad, Mar 186 all
with tuna salad, Mar 186 all
Beans
à la Guajalote, Dec 180 all
chile, frying pan, Apr 184 all
chile with coriander, May 168 all
cozido, Portuguese, Mar 154 all
fava bean vegetable soup, Oct 191 all
limas and lamb shanks, Oct 202 all
refried soup, Dec 183 all
salad, tomato bean, Oct 168 all
soup, sausage bean, Sept 121 all
soybean salad, marinated, Apr 228 all
soybean tacos, refried, Apr 228 all
soybeans, baked, Apr 226 all
soybeans, dry-roasted, Apr 226 all
Beets
borscht, June 182 all
borscht with Swiss chard, June 182 all
salad, borscht, May 188 all
spiced pickled, Dec 134 all
Broccoli Lorraine, Nov 179 all
Brussels sprouts
marinated, Apr 180 all
with eggs, Feb 120 all
Cabbage
curried, May 224 all
cumin, and sausages, Mar 145 all
Meltemi, June 196 all
red, in Port, Apr 190 all
sauerkraut salad, June 199 all
slaw, peanut, July 105 all
Carrots
and apples, lemon, Nov 179 all
and cauliflower medley, Dec 132 all
bisque, carrot apple, Aug 100 all
cake, spicy, Nov 161 all
cooked in foil, Apr 184 all
cookies, lemon carrot, Oct 209 all
with pears, Jan 83 all
Cauliflower
and carrot medley, Dec 132 all
cheese-dilly, Feb 136 all
salad, crisp, Mar 174 all
salad platter, green and white, Dec 134 all
Celery root and beef soup, Feb 126 all
Chard
borscht, beet, with Swiss chard, June 182 all
with bacon, Feb 105 all
Corn
chowder, Nov 83 N, C, 163 S, D
chowder, shrimp and corn, Oct 212 all
medley Acapulco, May 184 all
salad, fresh, Sept 120 all
soup, chicken and corn, Jan 82 all
tortilla corn cups, Sept 128 all

Vegetables (Cont.)
Cucumbers
bisque, chilled, June 166 N
chutney, coriander and cucumber, May 171 all
dip, cucumber chile, Dec 158 all
pickled, Aug 87 all
relish, Sept 132 all
slush, cucumber cream, Sept 161 all
Dandelion greens
and artichoke salad, May 196 all
wilted, with bacon, May 196 all
Eggplant
crusty, Sept 130 all
custard, creamy, Oct 168 all
gratin, Oct 175 all
stuffed peppers, Oct 175 all
with lamb blocks, May 182 all
Leeks
pie, crab and leek, Mar 164 all
sautéed with cream, Nov 208 C
with lamb chops, Mar 158 N
with tarragon, Nov 208 C
Lettuce
salad, blue cheese and onion, Jan 104 all
salad, green, with bacon, Jan 104 all
salad, green, with pears, Jan 104 all
salad, sweet-sour buffet, Mar 145 all
Mushrooms
caps, with snail butter, Nov 213 C
casserole, chicken and artichoke with mushrooms, Feb 122 all
cheese soufflé stuffed, Feb 145 all
cooked in foil, Apr 184 all
crêpes, mushroom pâté, Oct 176 all
platter, marinated, Dec 134 all
salad, raw mushrooms, with Cheddar cheese, May 179 all
sandwich, jack cheese and mushroom, June 195 S, D; Oct 182 N, C
steak, Marsala and mushrooms, Mar 170 C, S, D
stir fry, beef-mushroom, Mar 170 C, S, D
stuffed with cheese soufflé, Feb 145 all
stuffing, Nov 193 S, D
tongue, sliced, with fresh mushroom sauce, Mar 197 all
veal with cheese and mushrooms, Sept 121 all
Nasturtiums
mayonnaise, May 208 C, S, D; Aug 96 N
nasturtium salmon packets, May 208 C, S, D; Aug 96 N
salad, May 208 C, S, D; Aug 96 N
Onions
bittersweet style, Oct 175 all
buns, whole wheat, Apr 188 N
pickled, English style, Jan 106 all
with Venetian liver, Oct 196 all
Parsley
in batter, Sept 144 all
Peas
salad bowl, fresh pea, zucchini, Aug 82 all
soup with rice and peas, Oct 196 all
split pea soup, curried, May 164 all
with pine nuts, May 224 all
Peppers
anchovy peppers Vincent, Oct 225 all
baked, Oct 175 all
bell, and chicken, June 201 all
calabasitas, Apr 220 all
chile and cheese soufflé, Mar 176 all
chile zucchini, hot, May 224 all
green, savory stuffed, Aug 83 all
pepper shells with potatoes, Oct 198 all
stuffed with eggplant, Oct 175 all

Vegetables (Cont.)
Potatoes
gratin savoyard, French, Mar 147 all
hogs in a tarp, Feb 134 all
oven roast, Italian, Mar 146 all
pepper shells with potatoes, Oct 198 all
rosti, Swiss, Mar 146 all
salad, curried turkey and potato, July 135 all
salad, lamb and potato, July 135 all
salad, new potato, June 146 all
salad, picnic ham and potato, July 135 all
salad tray, dilled, June 166 C, 165 S, D
stewed, with parsley, Basque, Mar 147 all
Purslane
salad, July 113 N, S, D; Aug 97 C
soup, July 113 N, S, D; Aug 97 C
with Mexican tomato sauce, July 113 N, S, D; Aug 97 C
with scrambled eggs, July 113 N, S, D; Aug 97 C
Radishes, pickled, Aug 87 all
Shallot dressing with vegetables, Jan 87 N, S, D; Sept 139 C
Spinach
casserole, fresh, Nov 179 all
casserole, spinach cheese, Mar 144 all
casserole, spinach-rice, Mar 174 all
chowder, oyster spinach, Oct 212 all
Florentine, with eggs in meringue cup, Apr 208 S, D
salad, brute, Aug 88 all
salad, fresh, Jan 91 all
sauce, spinach yogurt, Aug 111 N, S, D, 113 C
soup, spinach seafood, Apr 207 S, D
spinach soufflé-stuffed artichokes, Feb 145 all
tomatoes, spinach baked, Sept 120 all
torta rustica, spinach-ricotta filling, July 110 all
with lamb, Mar 158 N
Squash
calabasitas, Apr 220 all
meat-filled, Dec 154 all
patty pan, creamed, May 164 all
pear-filled, Dec 154 all
pumpkin-cheese pie, Nov 165 all
pumpkin ice cream, Nov 184 all
pumpkin seeds, roasted, Sept 159 all
soup, Aztec, Oct 100 all
spaghetti, boiled, May 275 all
spaghetti, cheese-baked, May 275 all
spaghetti sauce with sour cream, May 275 all
spaghetti-style, with meat sauce, May 274 all
zucchini, baked, Oct 175 all
zucchini, cooked in foil, Apr 184 all
zucchini, garlic-buttered, Nov 213 C
zucchini, hot chile, May 224 all
zucchini and pea, fresh, salad bowl, Aug 82 all
zucchini dip, Dec 158 all
zucchini ginger custard, July 128 all
zucchini grande, Aug 92 S, D
zucchini relish, Sept 132 all
zucchini with lamb stuffing, July 104 all
Sweet potatoes
casserole, fruited, Nov 160 all
stew, lamb with yams, baked, Feb 139 all
yams, with turkey, roasted in ceramic pot, Nov 163 N, C, 209 S, D
yams and roast turkey with Port cream gravy, Nov 170 all

Vegetables (Cont.)
Tomatoes
aspic, fresh tomato, Sept 128 all
bouillon, Nov 170 all
broth soup, hot, Dec 144 all
canning, freezing, July 60 all
cherry, in butter, Apr 196 all
cherry, stuffed halves, Sept 148 all
cups, Oct 198 all
green, pie, Sept 134 all
Parmesan, Oct 175 all
purslane with Mexican tomato sauce, July 113 N, S, D; Aug 97 C
relish, Sept 132 all
rice, tomato fried, July 104 all
salad, tomato bean, Oct 168 all
salsa fresca, Sept 60 all
sauce, Jan 85 all; Sept 60 all
sauce, for ravioli, Oct 106 N, S, D
slush, Sept 161 all
spinach baked, Sept 120 all
tongue, sliced, with Brazilian tomato sauce, Mar 197 all

Vegetables (Cont.)
Vegetable and chicken fondue, June 149 all
Vegetable and meat salad tray, Aug 111 N, S, D, 113 C
Vegetable medley, July 122 all
Vegetable plate, spiced peanut sauce, Aug 86 all
Vegetable soup, creamy, Feb 104 all
Vegetable stew, spring, Apr 181 all
Vegetable turkey soup, Feb 106 N
Vegetables and meat, Portuguese, with soup, Dec 140 all
Vegetables, freezing, Aug 92 C, 108 N, S, D
Vegetables, fresh, storage, Apr 206 N
Vegetables, green, precooking, May 224 all

Vegetables (Cont.)
Vegetables, mixed, pickled (giardiniera), Oct 200 all
Vegetables with shallot dressing, Jan 87 N, S, D; Sept 139 C
Water chestnuts
appetizer kebabs, adobo, Dec 171 N
tumble, June 188 all
Watercress
chicken, cress-cendo, Mar 153 all
cream of cress, June 166 N

Young People's Cooking
Apples, caramel, Oct 230 all
Cookies, puzzle, Dec 178 all
Cooky ice cream cones, Aug 91 N, 113 S, D
Easter bread sculptures, Apr 182 all
Salad, Caesar, Feb 110 all

GARDENING AND LANDSCAPING

Annuals
All-America Selection winners, 1971, Feb 155 N, C; Mar 200 S, 199 D
Cabbage, flowering, Oct 102 all
Color, winter-spring, Oct 257 C, S, D
Daisy, African (*Dimorphotheca sinuata*), growing from seed, Nov 250 C
Daisy, African, 'Glistening White,' Nov 224 D
Gopher plant (*Euphorbia lathyrus*), June 205 C
Kale, flowering, Oct 102 all
Marigolds, 'Nugget,' May 229 D
Nasturtiums, growing from seed, Apr 243 C
Petunias, two-color, restoring color, June 205 S
Planting, fall, Sept 164 S
Planting, preparation for, Apr 243 N
"Quick color" flowers, problems with, Mar 205 D; May 230 S
Scabiosa, Feb 155 N
Seed, sowing in open ground, Oct 263 all
Snapdragon 'Little Darling,' Feb 156 N, C; Mar 205 S, 200 D
Snapdragons, rust prevention, Jan 111 S
Statice (*Limonium sinuatum*), May 291 S, D
Sweet peas, planting seed, Oct 272 S, D
Sweet peas 'Royal,' Feb 156 N
Vinca (Madagascar periwinkle), Apr 243 D; May 229 D
Vinca rosea (*Catharanthus roseus*), June 88 C, S, D
Winter-spring, starting seed, Aug 122 C, S, D
Zinnia 'Peter Pan Plum,' 'Peter Pan Pink,' Feb 155 N, C; Mar 205 S, 199 D
Zinnias, June 203 C

Arrangements
Aspidistra leaves, Dec 207 C, 209 S, D
Balance, how to achieve, July 52 all
Bouquets That Last, book review, May 268 N, S, D
Corsages, begonia, fuchsia, how to make, Aug 121 all
Equipment for flower arrangers, July 146 all
Flower Arrangers' Guild of Southern California, Mar 218 S, D
Flowers, dried, for winter arrangements, Oct 238 N
Roses, how to cut, June 203 N

Book Reviews
Agricultural Almanac, Baer's, May 230 C
Almanac, The Old Farmer's, May 231 C
Bouquets That Last, May 268 N, S, D
Fire Protection, Landscape for, Apr 272 C
Fire-retardant Plants for Hillside Areas, booklet, Mar 205 S
Flowers in History, Jan 133 N
Food Lovers Garden, The, Jan 133 N
Gardens, Plants, and Man, Jan 133 N
Grow Your Own, Jan 133 N
Hollies, The Handbook of, Apr 243 C
Insect books, July 141 all
Insects, Beneficial, Nov 224 S
Japan, Imperial Gardens of, Jan 133 N
Native Plants, Colorful California, Dec 186 S, 185 D
New Zealand Botanical Paintings, May 256 all
Northwest Flowering Plants, Handbook of, Oct 239 N
Organic Gardening, Guide to, ■ *Sunset* book, June 211 all
Pest Control, Common Sense, Aug 115 C
Rose Varieties for Arizona, 1971, brochure, Apr 243 D
Trees, Shrubs, and Flowers to Know in Washington, Oct 239 N
Wild Flowers of the Southwestern States, Sept 172 all
Wild Flowers of the World, Jan 133 N
Wildflowers of Mount Rainer and the Cascades, Jan 133 N

Bulbs and Bulblike Plants
Achimenes, Mar 218 N, 213 C
After-bloom clean up, Mar 200 C
Anemones, Japanese, Jan 133 C
Babiana, Sept 186 N, S, D, 189 C
Begonia, tuberous, corsage, how to make, Aug 121 all
Begonia Gardens, Rosecroft, San Diego, Calif., May 66 S, D
Begonias, tuberous, starting tubers, Mar 199 C
Cannas, dwarf, Apr 244 D
Cape cowslip (*Lachenalias*), Sept 187 N, S, D, 192 C

Bulbs and Bulblike Plants (Cont.)
Chilling in refrigerator, Sept 166 C
Clivia, Feb 72 all
Cyclamen as bedding plants, Oct 238 C
Daffodils, growing in pots, pans, Nov 237 all
Dahlias, dwarf, Apr 244 D
Dahlias, July care, July 159 N
Freesia, Oct 238 C
Fritillaries, Sept 199 N, C
Gladiolus, digging, storing, Nov 224 C
Gladiolus, 1971 All-America Selections, Jan 111 C; Feb 155 N, D
Gladiolus, thrips-free, Jan 111 S
Gladiolus tristis 'Concolor,' Sept 186 N, S, D, 189 C
Hyacinths, forcing bloom in water, Oct 239 C
Iris, Dutch, planting, Oct 237 N, 238 C
Iris, median, top-rated, May 230 N
Iris, Wedgwood, planting, Oct 237 N, 238 C
Lilies, growing in raised bed, Nov 226 S
Lilies, Oriental hybrid, Nov 223 C
Lilies, planting in building tile, Nov 224 N
Lilies, transplanting, Aug 115 N
Lily, belladonna (*Amaryllis belladonna*), Mar 199 N
Lily, blood (*Haemanthus katherinae*), Jan 120 all
Lily, Kaffir (*Schizostylis coccinea* 'Mrs. Hegarty'), Sept 164 N
Lily, Peruvian (*Hymenocallis calathina*), Mar 199 N
Lily, sacred Chinese, forcing bloom in water, Oct 239 C
Lily, spear (*Doryanthes palmeri*), May 263 C
Lily Society, North American, San Francisco chapter, Nov 223 C
Miniature, Nov 94 all
Narcissus, planted in pebbles, water, Oct 252 all
Nerine, Miss Mason's (*N. masonorum*), July 151 C, 154 S, D
Onion, pregnant (*Ornithogalum caudatum*), Nov 263 C, S, D
Planting, last chance, Nov 226 N, 223 C

Bulbs and Bulblike Plants (Cont.)
Planting guide, Oct 242 all
Ranunculus, buying tubers or plants, Nov 223 D
Scilla, Peruvian *(S. peruviana)*, Sept 186 N, S, D, 189 C
Summer blooming, Mar 199 N
Tiger flower *(Tigridia pavonia)*, Mar 199 N
Trillium, white Eastern *(T. grandiflorum)*, Mar 214 N
Tulips, growing in pots, pans, Nov 237 all
Veltheimia viridifolia, Sept 187 N, S, D, 192 C

Container Gardening
Adenium obesum, Apr 261 S
Ajuga, Feb 172 D; Nov 244 N
Asparagus densiflorus, June 205 S
Baskets, waterproof, Apr 166 all
Bottle garden, planting, Oct 250 all
Bougainvillea 'Crimson Jewel', Aug 115 S
Bulbs, miniature, Nov 94 all
Cabbage, flowering, Oct 102 all
Cactus, May 255 all
Caladiums, planting, June 203 S
Camellia 'Shishi-Gashira', Dec 192 C
Camellias, Sasanqua, for hanging baskets, Nov 257 N, 223 S
Christmas tree, living, bringing indoors, Dec 200 N, C, 214 S, D
Christmas tree, living, care, Dec 190 all
Clivia, Feb 72 all
Coleus, July 154 C, 167 S, D
Conifer, decorated for birds, Dec 185 N
Container conglomeration in patio garden, Oct 92 all
Containers, clay animal, Dec 186 C
Containers, interesting plants for gifts, Dec 198 S, D
Fern, Boston, May 234 all
Flowers, cool-season, for fall planting, Nov 224 S
Fuchsias, quick drainage, Sept 164 C
Grape vines, productive, Jan 114 N, C
Herb boxes hanging on wall, July 158 S, D
Herb pot, hanging, June 212 all
Jade plant *(Crassula argentea)*, Feb 156 C
Kale, flowering, Oct 102 all
Large plants for indoors, Feb 162 all
Lettuce, Oct 239 D
Lilies, in building tile, Nov 224 N
Nerine, Miss Mason's *(N. masonorum)*, July 151 C, 154 S, D
Onion, pregnant *(Ornithogalum caudatum)*, Nov 263 C, S, D
Pentachlorophenol, danger to plants, Apr 243 C
Pine, eastern white *(pinus strobus* 'Nana'), Dec 186 N
Pine, Monterey, Christmas tree, Dec 76 C, S
Pitcher plant *(Darlingtonia californica)*, July 138 N
Plant tubs, wine barrel, in entry garden, Mar 132 all
Planter boxes, big, Apr 161 S, D
Planter modules, stackable, Oct 163 all
Planters for steps, Apr 150 all
Planting mix, tested recipes, Mar 239 N, S, D
Plectranthus, May 272 S, D
Pots, plastic vs. clay, July 137 S
Pots, unglazed, pre-planting care, Mar 200 C
Primroses, English, Jan 111 C, S
Pyracantha, instant bonsai, Mar 218 C
Strawberry box for midwinter crop, Sept 180 all
Streptosolen jamesonii, May 276 S, D
Terrariums, Nov 223 N
Tomatoes, dwarf, Mar 205 C
Veltheimia viridifolia, Sept 187 N, S, D, 192 C
Venus fly trap *(Dionaea muscipula)*, July 138 N
Watering, June 203 C
Window boxes for old building, student project, Mar 78 N, C, D

Espaliering
Camellia lutchuensis, Dec 213 all
Camellias, Sasanqua, varieties, Nov 257 N, 223 S
Pine, fern *(Podocarpus gracilior)*, Jan 124 C, 133 S, D
Pyracantha, sculpture pruning, Dec 185 D
Pyracantha planted against fence, Dec 189 all

Ferns
Asparagus densiflorus, June 205 S
Bird's-nest, Nov 229 N
Boston, May 234 all
Lace *(Microlepia strigosa)*, May 234 all
Rabbit's-foot, Nov 229 N
Low-growing, eight varieties, July 137 S
Native, as landscape plants, July 156 N

Fruits and Nuts
Apple scab fungus, Apr 243 N
Apples, affected by codling moths, Apr 283 N, C
Apples, new varieties, Mar 228 N
Apricots, drying, July 137 C
Blackberries, Feb 166 N, S, D
Cherry, ground *(Physalis pruinosa)*, June 203 N
Chestnuts, Sept 177 N, C
Citrus, fertilizing, Jan 111 S
Citrus, fruit drop, June 203 S
Citrus, ice plant share hillside, June 247 C
Citrus, pest control, petroleum oil, Sept 164 S
Citrus, pruning, June 205 C
Fig, growing as a clump, Nov 257 D
Fruit pluckers, homemade, Oct 264 C, S, D
Grapes, buying container-grown, Mar 199 S
Grapes, choosing, Feb 155 S
Grapes, productive, in containers, Jan 114 N, C
Jujube, Jan 112 S
Melons, May 229 S
Melons, harvesting, Aug 54 all
Olives, preventing fruit set, May 281 C
Peach leaf curl, Nov 224 N
Peaches, growing west of Cascades, Aug 143 N
Pear 'Lady Marion', Aug 115 N
Pecans, Feb 168 S, D
Raspberries, Feb 167 N, S, D
Raspberries, pruning, Nov 224 N
Rhubarb, decorative, Apr 243 N
Strawberries, protecting from birds, Oct 237 N
Strawberry box for midwinter crop, Sept 180 all
Strawberry 'Number 25', Sept 163 S
Strawberry 'Sequoia', Sept 54 all

Garden Structures, Greenhouses, Plant Shelters
Atrium, tepeelike glass top, Nov 223 N
Bonsai house, Apr 250 all
Compost bin, log cabin-style, July 137 C
Compost corral, Oct 239 D
Lathhouse, outdoor room addition, Aug 130 N
Lathhouse, work center, Mar 121 N
Plant house, Jan 46 all
Plant stand from ladder, Apr 243 C
Shade house for fuchsias, Aug 136 C, 143 S, D
Strawberry box for midwinter crop, Sept 180 all
Tables for bonsai plants, Oct 152 all

Garden Techniques and Maintenance
Bulb clean-up after bloom, Mar 200 C
Compost, making, Mar 224 all
Compost-fed garden, May 236 all
Composting, desert areas, Oct 239 D
Disbudding rhododendrons, Feb 156 N, 155 C
Drainage, dry stream bed for, Apr 261 N
Erosion control, retainers for steep bank, Oct 268 C, S, D
Fertilizing citrus trees, Jan 111 S
Fertilizing frost-damaged plants, Mar 199 D
Fertilizing ground covers, Apr 244 S
Fertilizing lawns, Mar 205 S
Fertilizing trees, Mar 199 C
Frost protection for plants, Mar 199 D
Frost protection for vegetables, Indian summer weather, Sept 163 N
Fruit set, olive, preventing, May 281 C
Gift plants, keeping healthy, Dec 185 C
Greenhouse, readying for winter, Sept 166 N
Ground covers, mowing, Mar 199 S
Harvesting vegetables, Aug 54 all; Aug 126 all
Hillside gardening, golf shoes for, June 205 S
Insecticides, DDT, using, Jan 111 D
Lawn rejuvenating, Sept 164 C
Lawn sodding, Mar 200 S
Manure, liquid, May 242 all
Mulch, black plastic, May 276 N, C; June 214 S, D
Mulch, rock, under trees, Nov 235 all
Mulching, Oct 237 N, 238 C
Organic Gardening, Guide to, a *Sunset* book, June 211 all
Organic gardening success story, Mar 216 all
Organic leftovers to improve soil, June 218 all
Overseeding Bermuda grass, Oct 238 S
Overwintering geraniums, Sept 164 N
Peat pots, pop-up, Dec 185 S
Pest control, natural, Nov 240 all
Pinching plants, Apr 244 C
Plant protection, screen, Feb 179 N, 166 C, 183 S, D
Planting, June, June 205 N
Planting, moon's influence on, May 230 C
Planting annuals, preparation, Apr 243 N
Planting bulbs, guide, Oct 242 all
Planting cover crops, Nov 232 C, 258 S, D
Planting from flats, tips, May 230 C
Planting ground covers, Dec 186 S
Planting method, California Division of Highways, Oct 244 all
Planting shrubs, trees, can-grown, Apr 245 D
Planting vegetables in August, Aug 116 S
Quick-color flowers, problems, Mar 205 D; May 230 S
Redwood burls, growing into trees, Aug 124 all
Soil, double-digging, Mar 206 all
Soil, preparing for fall planting, Sept 164 C
Soil, soggy, cautions, Jan 111 C
Spraying, dormant, Jan 111 S
Thatch, Bermuda, thinning, Apr 244 S
Transplanting lilies, Aug 115 N
Transplanting rooted cuttings, seedlings, Mar 199 N
Transplanting trees, shrubs, wire truss for root ball, Oct 240 all
Transplants, keeping moist, June 205 N
Tree stumps, removing with cable hoist, Nov 226 S
Trees, protecting trunk from bulldozer, Aug 133 C
Trees, staked, untying, Apr 244 S
Weeding by hand, Feb 156 S
Wind, sand damage, preventing, May 230 D
Winter garden care for beginners, Jan 111 N
Winter protection, lawns, Nov 224 C

Ground Covers
(See Lawns, Ground Covers)

Herbs
Coriander, May 116 all
Dittany, Crete *(Amaracus dictamnus)*, Nov 224 S
Drying trays, Aug 116 C
Herb boxes hanging on wall, July 158 S, D
Herb gardens, geometrical design, Nov 246 all
Herb pot, hanging, June 212 all
Pennyroyal *(Mentha pulegium)*, Sept 163 C
Wreaths, swags, balls, garlands made with herbs, Dec 198 N, 206 S, D

House Plants
Aspidistra leaves for arrangements, Dec 207 C, 209 S, D
Babiana, Sept 186 N, S, D, 189 C
Basket containers, waterproof, Apr 166 all
Bottle garden, planting, Oct 250 all
Bromeliads, June 203 S
Cactus, Christmas, Dec 185 N
Cactus, succulent dish gardens, Jan 124 N
Cape cowslips *(Lachenalias)*, Sept 187 N, S, D, 192 C
Clivia, Feb 72 all
Coconut, Mar 220 all
Coleus, July 154 C, 167 S, D
Daffodils, tulips, growing in pots, pans, Nov 237 all
Dracaena, red-margined *(Dracaena marginata)*, Nov 250 N
Euphorbias, succulent, Nov 252 N, C, 250 S, D
Fern, bird's-nest, Nov 229 N
Fern, Boston, May 234 all
Fern, rabbit's-foot, Nov 229 N
Fig, fiddleleaf *(Ficus lyrata)*, Feb 183 N
Fig, mistletoe *(Ficus diversifolia)*, Feb 155 N
Fragrant plants, Oct 239 N
Freshening up dry, dusty plants, Mar 200 C
Gift containers, interesting plants, Dec 198 S, D
Glass jars for portable environments, Dec 185 C, S, D
Interior garden ideas, May 108 all
Ivy, small-leafed, Feb 172 N
Jade plant *(Crassula argentea)*, Feb 156 C
Large container plants, Feb 152 all
Moving outside for summer, May 230 N
Narcissus, planted in pebbles, water, Oct 252 all
Planter for dining area, May 161 all
Poinsettias, Dec 185 N
Pot plants, grouping in wood containers, Nov 134 all
Scilla, Peruvian *(S. peruviana)*, Sept 186 N, S, D, 189 C
Spathiphyllum 'Clevelandii', Dec 186 N
Terrariums, Nov 223 N
Watering idea, vacation time, Mar 199 N
Winter care, Jan 111 D

Landscaping
All-year garden from seeds, May 230 S
Atrium planting ideas, Feb 164 S, D
Cactus collections, two ideas, May 266 D
Color, between season, Feb 156 S
Color, early spring, plants for, Mar 213 N
Color, February, for Northwest, Feb 170 N
Color, instant, in February, Feb 156 D
Color, winter-spring flowers, Oct 257 C, S, D
Container conglomeration in patio garden, Oct 92 all
Cool and woodsy garden, June 214 N
Deck-garden, slim, May 291 N
Desert gardens, landscaping with rocks, Aug 115 D
Desert landscaping ideas, June 203 D

Landscaping (Cont.)
Desert plantings with feeling of wild desert, Sept 163 D
Drainage, dry stream bed for, Apr 261 N
Entry garden, wine barrel plant tubs, Mar 132 all
Fire protection, precautions, Apr 272 C
Fire-retardant Plants for Hillside Areas, booklet review, Mar 205 S
Forest, deodar, six-year-old, Feb 170 C, S, D
Herb gardens, geometrical design, Nov 246 all
Hillside city garden, Sept 184 N
Hillside garden, herbs, erosion control plants, Apr 246 all
Hillside garden built into raised bed, May 250 all
Hillside planting with wild feeling, Apr 272 D
Japanese garden, University of Washington Arboretum, Oct 248 N
Maximum performance garden, June 234 N
Mulch, rock, under trees, Nov 235 all
Native plant garden, San Diego, Calif., Nov 252 S, D
Native trees, grasses left in place, Nov 80 N, 120 C
Paths, woodsy, natural, Mar 230 N
Pathways, wood rounds, May 264 N
Plant combination, vegetable-flower, May 229 S
Plant combinations, fall-planted flowers, Oct 237 S
Plant combinations, vertical-and-mounding plants, Sept 182 D
Poolside plantings, July 137 N
Privacy, planting for, Dec 198 C
Raised bed, deck, sandbox combination, May 232 all
Remodel, front garden, May 278 N
Remodel, lawn transformed into woodsy garden, Nov 144 N
Remodel, new split-level patio, Nov 131 all
Roses, as landscape plant, Jan 122 N, C
Sculptures, garden designed for, June 203 N
Shade, plants for, Apr 261 C
Shade, "sort of" tropicals for, June 204 C
Side yard bird and water garden, July 150 S, D
Side yards, planting ideas, July 161 C
Simplicity, with boulders, dichondra, alders, Aug 122 N; Nov 244 C, S, D
Successful gardener shares secrets, May 120 all
Summer and spring show in water-view garden, July 142 all
Sunset's 1970 garden contest winners, Apr 102 all
Terraced flower beds around house foundation, Jan 124 S, D
Tree limb patterns, studying, Nov 224 N
Tree project at future home site, Feb 155 D
Trees, deciduous, favorites of landscape architects, Oct 257 N
Urban garden, separate areas for children, adults, Apr 264 C
Vegetables, finding space for growing, May 229 N
Watercourse, homemade, Apr 158 all
Woodland garden, Apr 272 N
Woods, new deck and garden in, June 206 all

Lawns, Ground Covers
Ajuga, Feb 172 D; Nov 244 N
Baby blue eyes, Apr 245 N
Bermuda grass, overseeding, Oct 238 S
Bermuda lawn, thinning thatch, Apr 244 S
Camellia 'Shishi-Gashira', Dec 192 C
Camellias, Sasanqua, Nov 257 N, 223 S
Coprosma kirkii, Apr 293 S, D
Cotula squalida, Oct 239 N
Coyote brush, dwarf, 'Twin Peaks No. 2' *(Baccharis pilularis)*, Aug 128 S, D

Lawns, Ground Covers (Cont.)
Dichondra, cutworm control by tachinid fly, Aug 115 S
Dichondra, spring troubles, May 231 S
Dittany, Crete *(Amaracus dictamnus)*, Nov 224 S
Fescue, blue, cutting back, Oct 238 S
Gazanias, Oct 238 D
Ground covers, fertilizing, Apr 244 S
Ground covers, mowing, Mar 199 S
Ground covers, planting, Dec 186 S
Ground covers, removing from flat, Sept 166 C, 164 S; Nov 226 D
Hypericum coris, Nov 229 C, S, D
Ice plant, citrus share hillside, June 247 C
Juniper, prostrate, watering, May 229 C
Juniper, Tamarix *(Juniperus sabina* 'Tamariscifolia'), Aug 129 S, D
Korean grass *(Zoysia tenuifolia)*, Apr 270 S, D
Lavender cotton *(Santolina chamaecyparissus)*, Aug 129 S, D
Lawn care, spring boost, Mar 200 N
Lawn fertilizing, Mar 205 S
Lawn grasses, mixing varieties in high desert, Oct 237 D
Lawn protection, cold-winter areas, Nov 224 C
Lawn rejuvenating, Sept 164 C
Lawn sodding, Mar 200 S
Mondo grass *(Ophiopogon japonicus)*, Apr 270 S, D
Moss, Irish, and umbrella plant combination, Sept 182 D
Oscularia deltoides, Mar 215 C; 213 S, D
Osteospermum, Oct 238 D
Plectranthus, May 272 S, D
Polygonum capitatum, June 228 N, C
Potentilla verna, May 258 all
Rosemary, dwarf *(Rosmarinus officinalis* 'Prostrata'), Aug 129 S, D
Rye grass seeds, ridding of, in flower beds, Nov 223 D
St. Augustine grass, May 229 S
Strawberry 'Number 25', Sept 163 S
Waldsteinia fragarioides, Oct 239 N

Miscellaneous
Canadian hardiness map, Sept 163 N
Children, indoor planting adventures for, Feb 164 N, C
Garden record idea, Apr 245 N
Gifts from garden, ideas, Nov 224 N
Sunset's 1970 garden contest winners, Apr 102 all
Sunset's 1971 summer-fall garden contest, how to enter, Apr 279 all; May 284 N, S, D, 291 C; June 223 all
Sunset's summer-fall youngsters' garden contest, 1970 prizewinners, Apr 262 all

Natives
Anemone, bush *(Carpenteria californica)*, Mar 219 N, 215 S, D
Bleeding heart, Western *(Dicentra formosa)*, July 153 all
Bulbs, mail order sources, Aug 129 N
California Native Plant Society, Apr 3 C
California Native Plants, Colorful, book review, Dec 186 S, 185 D
Chokecherry, Western *(Prunus virginiana demissa)*, Oct 237 N
Community landscape project for school, Apr 264 S, D
Coyote brush, dwarf, 'Twin Peaks No. 2' *(Baccharis pilularis)*, Aug 128 S, D
Desert plants in bloom, May 229 D
Dogwood, Feb 168 N
Dogwood, Pacific *(Cornus nuttallii)*, protecting from heat, July 137 N

Natives (Cont.)
Dryas, white *(Dryas octopetala)*, Aug 115 N
Erythroniums, Aug 116 N
Ferns, as landscape plants, July 156 N
Hopbush *(Dodonaea viscosa)*, Apr 243 D
Iris, Douglas *(Iris douglasiana)*, Jan 122 S
Lilac, wild *(Ceanothus)*, Oct 237 C
Lilies, Mariposa *(Calochortus)*, Oct 258 N, S, D
Lilies, tiger, Oct 259 N, S, D
Manzanita *(Arctostaphylos densiflora* 'Howard McMinn'), Sept 182 C; Dec 192 S, D
Monkey flower *(Diplacus)*, hybrids, June 204 S
Mountain-mahogany, birchleaf *(Cercocarpus betuloides)*, Oct 266 C
Native, rare plants from seed, Oct 273 N, 272 C
Native plant garden, San Diego, Calif., Nov 252 S, D
Native trees, grasses left in place, Nov 80 N, 120 C
Northwest Flowering Plants, Handbook of, book review, Oct 239 N
Oak, live, growing from seed, Oct 261 C, S, D
Ocotillos, care after planting, Oct 237 D
Penstemons, July 154 N
Pine, Monterey, growing from seed, Oct 260, C, S, D
Pitcher plant *(Darlingtonia californica)*, July 138 N
Plum, Indian *(Osmaronia cerasiformis)*, Feb 177 N
Redwood burls, growing into trees, Aug 124 all
Sagebrush *(Artemisia tridentata)*, transplanting, Nov 223 N
Shrubs, trees to attract birds, Oct 239 S
Sorrel, redwood *(Oxalis oregana)*, Mar 228 C
Trees, Shrubs, and Flowers to Know in Washington, book review, Oct 239 N
Umbrella plant *(Peltiphyllum peltatum)*, May 267 N
Wild Flowers of the Southwestern States, book review, Sept 172 all
Wild Flowers of the World, book review, Jan 133 N
Wildflower seed, gift ideas, Dec 185 C
Wildflower seed, mail order sources, Aug 129 N
Wildflower Show, Stinson Beach, No. Calif., May 261 all
Wildflowers of Mount Rainier and the Cascades, book review, Jan 133 N

Paving
Paths, woodsy, natural, Mar 230 N
Pathways, brick, easy, Aug 56 all
Pathways, wood rounds, May 264 N

Perennials
Anemone, Japanese *(A. hupehensis japonica)*, July 152 all
Baby blue eyes, Apr 245 N
Bamboo grass *(Uniola latifolia)*, Jan 127 N, C, 122 S, D
Begonia, fibrous, 'Butterfly,' Mar 199 S
Campanulas, June 88 N, 241 N
Chrysanthemum, pink, and blue spruce plant combination, Oct 238 N
Color, winter-spring, flowers for, Oct 257 C, S, D
Corydalis lutea, July 152 all
Coreopsis auriculata 'Nana', Apr 276 C
Daisies, winter-blooming, Jan 114 S, D

Perennials (Cont.)
Dianthus chinensis 'Queen of Hearts', Feb 155 N, C; Mar 205 S, 199 D
Epimedium pinnatum, dividing, Aug 138 N
Euphorbia veneta (*E. wulfenii*), Apr 244 N
Geraniums, overwintering, Sept 164 N
Geraniums, scented, June 226 all
Hesperaloe parviflora, Sept 184 C, 188 S, D
Hollyhock, dwarf, 'Silver Puffs', Feb 156 N, C; Mar 205 S, 200 D
Impatiens, July 153 all
Marguerites, Nov 223 S
Miscanthus sacchariflorus 'Aureus', Sept 163 N
Miscanthus sinensis 'Gracillimus', Sept 163 N
Moss, Irish, and umbrella plant combination, Sept 182 D
Native perennials: See Natives
Periwinkle, Madagascar, Apr 243 D
Poppy, Iceland, Oct 237 D
Poppy, Iceland, 'Ruffled Chief', Oct 239 S
Primrose, Juliana, Mar 214 N
Primroses, Candelabra, growing from seed, July 150 N
Primroses, English, Jan 111 C, S
Sedum spectabile, May 267 N, 263 C
Statice *(Limonium perezii, L. latifolium)*, May 291 S, D
Venus fly trap *(Dionaea muscipula)*, July 138 N
Yarrow, yellow *(Achillea taygetea)*, Mar 199 N, C
Yucca, curveleaf *(Y. recurvifolia)*, Aug 132 D
Yucca, giant *(Y. elephantipes)*, Mar 228 D

Pests, Insects, Diseases
Ants, conservationists in disguise, May 231 N
Aphid lion, July 137 N
Apple scab fungus, Apr 243 N
Carabid beetles, Sept 164 C, S
Caterpillar, red-humped, Aug 115 C
Citrus pest control, petroleum oil, Sept 164 S
Codling moths, Apr 283 N, C
Cutworm control in dichondra by tachinid fly, Aug 115 S
Cutworms, July 137 S
DDT insecticides, using, Jan 111 D
Dichondra, spring troubles, May 231 S
Dormant spraying, Jan 111 S
Fireblight, affecting pyracantha, Apr 244 C
Fungus, water mold type, Nov 223 D
Fungus diseases, delaying planting, Sept 166 S
Insect books, July 141 all
Insects, Beneficial, book review, Nov 224 S
Nematodes, May 230 D
Peach leaf curl, Nov 224 N
Pest control and the environment, Aug 115 C
Pest control, natural, Nov 240 all
Pest control, natural methods, John Muir Junior High School, San Jose, Calif., Nov 230 all
Pest control, safe, fact sheet, Aug 115 C
Pine shoot moth, Oct 269 N
Praying mantis, June 228 S, D
Predators, attracting with artificial honeydew, May 230 C
Pyracantha spider mites, Feb 155 D
Pyrethrum, safe insecticide, Apr 244 D
Rose virus, May 230 S
Rust, prevention on snapdragons, Jan 111 S
Slugs, Nov 224 N
Slugs, snails, container for snaring, May 230 N
Smog damage on plants, recognizing, June 232 S, D
Snail bait, metaldehyde, Feb 155 S
Snails, Nov 223 S
Snails, slugs, bait for, Mar 200 C

Pests, Insects, Diseases (Cont.)
Snails, slugs, beer bait, Apr 253 all
Strawberry root weevil, Apr 244 N
Thrip-free gladiolus, Jan 111 S
Verticillium wilt, affecting tomatoes, May 230 C

Propagation
Annuals, sowing seed in open ground, Oct 263 all
Annuals, winter-spring, starting seed, Aug 122 C, S, D
Begonias, tuberous, starting tubers, Mar 199 C
Bermuda grass, overseeding, Oct 238 S
Cactus seed, germinating, Mar 232 S, D; Apr 293 N, C
Carrots, fall planting, timing, Nov 224 S
Chard, Swiss, growing from seed, Apr 243 S
Children's indoor planting adventures, Feb 164 N, C
Corn, planting, June 204 C, 203 S
Cuttings, rooting, May 230 C
Daisy, African *(Dimorphotheca sinuata)*, growing from seed, Nov 250 C
Daisy, African, 'Glistening White', growing from seed, Nov 224 D
Epiphyllums from cuttings, Apr 244 S
Fig, fiddleleaf *(Ficus lyrata)*, air layering, Feb 183 N
Nasturtiums from seed, Apr 243 C
Native, rare plants from seed, Oct 273 N, 272 C
Oak, live, growing from seed, Oct 261 C, S, D
Onions, fall planting, timing, Nov 224 S
Peas, planting, Oct 248 C, S, D
Peat pots, pop-up, Dec 185 S
Pine, Monterey, growing from seed, Oct 260 C, S, D
Plectranthus, starting from cuttings, May 272 S, D
Poinsettias, growing from cuttings, May 230 D
Primroses, candelabra, growing from seed, July 150 N
Rhododendrons, growing from seed, Oct 264 N
Seed, F_1 hybrid, Mar 200 C
Seed, May planting, May 229 N
Seed tapes, Apr 244 C; May 230 N
Seeds, lunar planting, May 230 C
Sunflowers, planting seed, May 229 D
Sweet peas, planting seed, Oct 272 S, D
Tomatoes, growing from seed, Mar 199 S

Pruning
Boxwood, overgrown, Apr 267 all
Cedar, atlas, corkscrew shape, Oct 254 all
Citrus, June 205 C
Conifers, Sept 190 N, S, D
Frost-damaged plants, Feb 155 C; Mar 199 D
Fuchsia, trained as standard in one year, Sept 163 C
Pruner, pocket, June 205 N
Raspberries, Nov 224 N
Roses, Jan 112 D

Regional Gardens and Gardening
Alaskan
Anchorage's municipal greenhouses, Mar 4 N
Spring planting, May 230 N

Canadian
Bloedel Conservatory, Queen Elizabeth Park, Vancouver, July 38 N
Japanese water garden, Royal Roads Military College, Victoria, June 62 N

Regional Gardening (Cont.)

Desert
Anza-Borrego Desert State Park, So. Calif., Desert Gardens area, Mar 205 D
Landscaping ideas, June 203 D
Landscaping with rocks, ideas, Aug 115 D
Plantings with feeling of wild desert, Sept 163 D
Plants for desert gardens, May 230 D
Rose Varieties for Arizona, 1971, brochure review, Apr 243 D
Sumacs, African (*Rhus lancea*), University of Arizona, Tucson, Apr 244 D
Trees, summer shade, Litchfield Park, near Phoenix, Ariz., July 137 D

Hawaiian
Foster Botanic Garden, Honolulu, "Holy Days and Holidays" display, Dec 29 all
Liliuokalani Garden, Honolulu, May 88 C, S, D

Intermountain
Ash, Modesto, growing in Boise, Sept 163 N

Northern California
Alameda garden, separate areas for children, adults, Apr 264 C
Cactus, succulent nurseries, Bay Area, July 137 C
Compost-fed garden, May 236 all
Fire protection, precautions, Apr 272 C
Hillside garden built into raised bed, May 250 all
Rod McLellan Company's "Acres of Orchids" nursery, South San Francisco, Dec 3 C
San Simeon garden, May 272 N, C; Aug 130 S, D
Shinn Historical Park, Fremont, May 231 C
Stinson Beach Wildflower Show, May 261 all
Successful gardener shares secrets, May 120 all
University of California Botanical Garden, Berkeley, information boxes, Aug 115 C
Villa Montalvo, Saratoga, May 231 C

Northwest
Fall and winter arboretum education courses, University of Washington, Sept 166 N
Flowering Plants, Handbook of Northwest, book review, Oct 239 N
Japanese garden, University of Washington Arboretum, Oct 248 N
Native trees, grasses left in place, Nov 80 N, 120 C
Peaches, growing west of Cascades, Aug 143 N
Rhododendron growers, Oregon, Washington, Apr 274 N
Rhododendron Species Foundation garden, Salem, Oregon, May 281 N
Spring plant sale, Children's Orthopedic Hospital, Seattle, Apr 284 N
Succulent shopping, Oregon nurseries, Sept 178 N
Trees, Shrubs, and Flowers to Know in Washington, book review, Oct 239 N
University of Washington Arboretum, Seattle, April activities, Apr 276 N
Water-view garden, with summer and spring show, July 142 all
Wildflowers of Mount Rainier and the Cascades, book review, Jan 133 N
Winter arboretum education courses, University of Washington, Jan 112 N
Woodland garden, Seattle, Apr 272 N

Regional Gardening (Cont.)

Southern California
Arboretum Foundation-*Sunset Magazine* Demonstration Home Gardens, Arcadia, new work center, Apr 280 S, D
Camellia watching, shopping, Feb 172 S
Claremont school landscape project, Apr 264 S, D
Fire-retardant Plants for Hillside Areas, booklet review, Mar 205 S
Flower Arrangers' Guild of Southern California, Mar 218 S, D
Gardening classes for children, Sepulveda Garden Center, Encino, Sept 163 S
Native plant garden, San Diego canyon, Nov 252 S, D
Rosecroft Begonia Gardens, Point Loma, San Diego, May 66 S, D
Subtropical nurseries, San Diego County, June 82 all
Succulents, Abbey Garden, Reseda, Apr 76 S, D

Shrubs
Abelia, Mexican (*A. floribunda*), Sept 184 C, 188 S, D
Abutilon striatum thompsonii, June 247 S, D; July 157 C
Azalea, rescuing frozen plant, Mar 200 D
Azaleas, lack of blooms, May 229 N
Azaleas, six new varieties, Feb 155 S
Bamboo, giant timber (*Phyllostachys bambusoides*), bloom, Sept 174 all
Bamboo, golden, restraining from lawn, Jan 127 S, D; June 244 C; July 162 N
Bamboo, running, controlling, Mar 208 all
Boxwood, overgrown, pruning, Apr 267 all
Camellia japonica varieties, selecting in bloom, Dec 185 C
Camellia lutchuensis, Dec 213 all
Camellia reticulata varieties, Mar 82 all
Camellia 'Shishi-Gashira', Dec 192 C
Camellia 'Vallee', Mar 199 S
Camellia watching, shopping, So. Calif., Feb 172 S
Camellias, growing in high desert, Jan 111 D
Camellias, Sasanqua, Nov 257 N, 223 S
Canary bird bush (*Crotalaria agatiflora*), May 278 S, D
Cestrum, red (*C. purpureum, C. elegans*), Sept 184 C, 188 S, D
Coffee (*Coffea arabica*), Dec 202 S, D
Cordyline australis, winter protection, Jan 112 N
Forsythia, Feb 155 C
Fothergilla monticola, Sept 166 N
Fuchsia, standard, trained in one year, Sept 163 C
Fuchsia corsage, how to make, Aug 121 all
Fuchsia shade house, Aug 136 C, 143 S, D
Fuchsias, quick drainage, Sept 164 C
Gardenia, how to pamper, May 229 S
Heath, Irish (*Daboecia cantabrica*), Sept 188 N
Heaths (*Erica*), Jan 111 N
Hibiscus moscheutos 'Southern Belle', Feb 155 N, C; Mar 205 S, 200 D
Hollies, The Handbook of, book review, Apr 243 C
Holly, Chinese, 'Berries Jubilee', Dec 185 D
Holly, dwarf Chinese (*Ilex cornuta* 'Rotunda'), Dec 185 D
Holly 'Elegance', 'Accent', 'Oriole', 'Wirt L. Winn', Dec 192 N
Hydrangea blossoms, dried, for door, tree decorations, Dec 185 N
Hydrangeas, blue flowers, June 205 C
Iochroma cyaneum, July 150 C, 154 S, D
Juniper, Pfitzer, shrinking height, Aug 115 C
Juniper, prostrate, watering, May 229 C

Shrubs (Cont.)
Juniper, Tamarix (*Juniperus sabina* 'Tamariscifolia'), Aug 129 S, D
Laurel, mountain (*Kalmia latifolia*), June 205 N
Lavender cotton (*Santolina chamaecyparissus*), Aug 129 S, D
Myrtle, crape, Aug 115 S
Native shrubs: See Natives
Oleander, landscaping uses, Sept 184 S, D
Pampas grass (*Cortaderia selloana*), Nov 224 C
Pine, mugho (*Pinus mugo mughus*), Sept 169 N, C
Pittosporum, willow (*P. phillyraeoides*), Nov 224 D
Planting can-grown, Apr 245 D
Poinsettias, Dec 185 N
Poinsettias, growing from cuttings, May 230 D
Privacy, planting for, Dec 198 C
Pyracantha, espaliered on fence, Dec 189 all
Pyracantha, infected by fireblight, Apr 244 C
Pyracantha, instant bonsai, Mar 218 C
Pyracantha, sculpture pruning, Dec 185 D
Pyracantha spider mites, Feb 155 D
Quince, flowering, Mar 214 N
Raphiolepis 'Ballerina', Dec 186 S
Rhododendron growers, Ore., Wash., Apr 274 N
Rhododendron Species Foundation garden, Salem, Ore., May 281 N
Rhododendrons, disbudding, Feb 156 N, 155 C
Rhododendrons, dwarf, Apr 280 N
Rhododendrons, growing from seed, Oct 264 N
Rhododendrons, Malesian, May 229 C
Rhododendrons, winter care, Jan 111 C
Rose Varieties for Arizona, 1971, brochure review, Apr 243 D
Rose virus, May 230 S
Rosemary, dwarf (*Rosmarinus officinalis* 'Prostrata'), Aug 129 S, D
Roses, buying container-grown, Mar 199 D
Roses, how to cut, June 203 N
Roses, hybrid tea, 1972 All-America Selections, 'Apollo', 'Portrait', Aug 115 N
Roses, 1971 All-America Selections, Jan 116 all
Roses, pruning, Jan 112 D
Roses, removing soil build-up from trunk, Nov 223 D
Roses, three popular types, Jan 111 N
Roses, using as landscape plant, Jan 122 N, C
Shrubs to attract birds, Oct 239 S
Snowball, Chinese (*Viburnum macrophalum* 'Sterile'), Apr 243 S
Snowball, Chinese (*Viburnum macrocephalum* 'Sterile'), Apr 243 S
Spruce, bird's nest (*Picea abies* 'Nidiformis'), Mar 200 N
Spruce, blue, and pink chrysanthemum plant combination, Oct 238 N
Star bush (*Turraea obtusifolia*), Mar 214 S, D
Strawberry tree (*Arbutus unedo*), Oct 239 N
Sumac, staghorn (*Rhus typhina*), Oct 237 N
Totara, Alpine, Sept 188 N
Transplanting, wire truss for root ball, Oct 240 all
Viburnum, doublefile (*V. plicatum tomentosum*), Sept 188 N
Weigela, May 229 N
Wintersweet (*Chimonanthus praecox*), Jan 112 C

Soils
Cover crops, Nov 232 C, 258 S, D
Double-digging, Mar 206 all
Earthworms, impact on soil, Dec 194 all
Organic leftovers to improve soil, June 218 all
Planting mix, tested recipes, Mar 239 N, S, D
Preparing for fall planting, Sept 164 C
Soggy soil cautions, Jan 111 C

Stakes, Supports
Cordyline australis, staking for wind protection, Jan 112 N
Cut flowers, support device, May 230 C
Fuchsia trained as standard in one year, Sept 163 C
Trees, newly planted, Feb 155 C
Trees, young, staking, Oct 239 N
Vine supports on fence posts, Sept 100 all
Vines and trees, ingenious structures, Apr 96 all

Succulents and Cactus
Adenium obesum, Apr 261 S
Aloe, fan (*A. plicatilis*), Nov 252 N, C
Aloe vera, Feb 155 S
Cactus, growing in containers, May 255 all
Cactus collections, two ideas, May 266 D
Cactus seed, germinating, Mar 232 D; Apr 293 N, C
Dish gardens for living room, Jan 124 N
Epiphyllums from cuttings, Apr 244 S
Euphorbias, succulent, Nov 252 N, C, 250 S, D
Hen and chicks (*Sempervivum*), June 224 N
Jade plant (*Crassula argentea*), Feb 156 C
Nurseries in Bay Area, July 137 C
Nursery shopping in Oregon, Sept 178 N
Planting kit gift for child, Dec 64 all
Rochea coccinea, July 155 S, D

Tools
Cable hoist to remove tree stumps, Nov 226 S
Care, pre-winter, Nov 226 N
Compost grinders, renting, Aug 115 C
Cultivator, high-wheel, July 138 C, S
Drop cloths for leaf gathering, Dec 186 S
Flower arrangers' equipment, July 146 all
Fruit pluckers, homemade, Oct 264 C, S, D
Golf shoes for hillside gardening, June 205 S
Grinding, chopping machines, Jan 50 all
Potato hook, using as rake, Sept 164 C
Pruner, pocket, June 205 N
Sweep-up pan, back-saving, Nov 264 N

Trees
Alders, Nov 223 C
Ash, Modesto (*Fraxinus velutina* 'Modesto'), growing in Boise, Idaho, Sept 163 N
Beech, European (*Fagus sylvatica*), Oct 257 N
Birch, European (*Betula verrucosa*), Oct 257 N
Box elder (*Acer negundo*), Oct 257 N
Catalpa, Western (*Catalpa speciosa*), Nov 226 N
Cedar, Atlas, corkscrew shape, Oct 254 all
Cedar, deodar, forest, six-year-old, Feb 170 C, S, D
Cherry, flowering (*Prunus subhirtella autumnalis*), Oct 257 N
Christmas, living, bringing indoors, Dec 200 N, C, 214 S, D
Christmas, living, care, Dec 190 all
Conifer, container-grown, decorated for birds, Dec 185 N
Conifers, pruning, Sept 190 N, S, D
Crabapples, flowering, Jan 129 N
Cucumber, yellow tree (*Magnolia cordata*), Mar 219 N
Deciduous, favorites of landscape architects, Oct 257 N
Dogwood, Eastern (*Cornus florida*), Oct 257 N
Dogwoods, Feb 168 N
Eucryphia 'Nymansay', Mar 214 C
Fertilizing, Mar 199 C
Franklinia alatamaha, Nov 226 N
Limb patterns, studying, Nov 224 N

Trees (Cont.)
Linden, little-leafed (*Tilia cordata*), Oct 257 N
Locust, Moraine (*Gleditsia triacanthos inermis* 'Moraine'), June 204 N; Oct 257 N
Magnolia 'San Marino' (*Magnolia grandiflora*), Nov 226 C
Magnolias, choosing, planting, Apr 264 N
Maple, Norway (*Acer platanoides*), Oct 257 N
Michelia doltsopa, Feb 172 C
Mulch, rock, Nov 235 all
Native trees: See Natives
Oak, red (*Quercus rubra*), Nov 226 N
Pear, evergreen (*Pyrus kawakamii*), June 203 C
Peppermint (*Agonis flexuosa*), Aug 143 C; Sept 169 S, D
Pine, Eastern white (*Pinus strobus*), Dec 186 N
Pine, fern (*Podocarpus gracilior*), espalier, Jan 124 C, 133 S, D
Pine, five varieties for Christmas, Dec 76 N, D
Pine, Italian stone (*Pinus pinea*), Nov 232 N, S, D
Pine, male catkins, Feb 168 C
Pine, Monterey, cut or live, for Christmas, Dec 76 C, S
Pine shoot moth, Oct 269 N
Planting can-grown, Apr 245 D
Plum, purple-leafed, 'Krauter Vesuvius', Mar 205 N
Poplar, white (*Populus alba*), Oct 257 N
Privacy, planting for, Dec 198 C
Protecting trunk from bulldozer, Aug 133 C
Redbud, Eastern (*Cercis canadensis*), Nov 226 N
Staked, untying, Apr 244 S
Staking young trees, Oct 239 N
Stumps, removing with cable hoist, Nov 226 S
Subtropicals which bloom after summer heat, Oct 237 S
Sumacs, African (*Rhus lancea*), University of Arizona, Tucson, Apr 244 D
Summer shade, Litchfield Park, Ariz., July 137 D
Supports, ingenious ideas, Apr 96 all
Thorn, Washington (*Crataegus phaenopyrum*), May 229 N; Oct 257 N
Transplanting, wire truss for root ball, Oct 240 all
Trees to attract birds, Oct 239 S

Tropicals and Subtropicals
Bromeliads, June 203 S
Bromeliads, growing on dead tree, Sept 177 S, D
Caladiums, planting outside, June 203 S
Canary bird bush (*Crotalaria agatiflora*), May 278 S, D
Chorisia speciosa, Oct 237 S
Coral tree (*Erythrina humeana*), Oct 237 S
Crown of gold tree (*Cassia excelsa*), Oct 237 S
Epidendrum, Sept 166 S
Epiphytic plants, Apr 254 all
Ixora, Aug 135 S, D
Markhamia hildebrandtiana, Oct 237 S
Orchid nursery, Rod McLellan Company, South San Francisco, Calif., Dec 3 C
Orchids, cymbidium, grown by 12-year-old, June 230 all
Orchids, growing techniques, Oct 260 N
Orchids, mericlone, Dec 197 all
"Sort of" tropicals for shady spots, June 204 C
Subtropical nurseries, San Diego County, Calif., June 82 all
Thevetia thevetioides, Oct 237 S
Umbrella plant (*Cyperus alternifolius*) and Irish moss plant combination, Sept 182 D

Vegetables
Artichokes, Feb 158 all
Asparagus, Feb 158 all
Carrot 'Oxheart', for shallow soils, Oct 238 D
Carrots, fall planting, timing, Nov 224 S
Chard, Swiss, Apr 243 S
Cool-season, planting, Nov 223 D
Corn, two growing rules, June 204 C, 203 S
Corn, white Apr 243 S
Corn 'Early Xtra Sweet', Feb 156 N, C; Mar 205 S, 200 D
Family co-op farm, May 264 C, S, D
Food Lovers Garden, The, book review, Jan 133 N
Frost protection, Indian summer, Sept 163 N
Grow Your Own, book review, Jan 133 N
Harvesting, Aug 54 all; Aug 126 all
Horseradish, Oct 237 S
Japanese, growing from seed, May 229 C
Kohlrabi, Aug 130 C, 138 S, D
Lettuce, Sept 164 S
Lettuce, growing in container, Oct 239 D
Mulch, black plastic, May 276 N, C; June 214 S, D
Onions, fall planting, timing, Nov 224 S
Organic gardening success story, Mar 216 all
Peas, Oct 248 C, S, D
Plant combination, vegetable-flower, May 229 S
Planting for winter harvest, Sept 178 C, S, D
Planting in August, Aug 116 S
Pumpkins, growing for profit, Apr 274 S, D
Purchasing started plants, Apr 245 C
Rhubarb, Feb 161 all
Seeds, saving your own, Aug 116 N
Space for growing, finding, May 229 N
Spinach, New Zealand, Apr 248 all
Squash, failure to ripen, Aug 115 S
Squash, spaghetti, May 274 all
Sunflowers, May 229 D
Sunflowers, protecting seed from birds, Aug 116 S
Tomatoes, affected by verticillium wilt, May 230 C
Tomatoes, big and small, Mar 200 D
Tomatoes, dwarf, in containers, Mar 205 C
Tomatoes, fruit-setting hormone, June 203 N; July 144 C, S, D
Tomatoes, growing from seed, Mar 199 S
Tomatoes, hybrid, May 230 S
Tomatoes, reasons for failure, May 230 S
Tomatoes, varieties for So. Calif., May 262 S, D
Tomatoes, winter, Oct 237 D

Vines
Bougainvillea 'Crimson Jewel' in hanging baskets, Aug 115 S
Canary bird, June 247 N
Clematis 'Jouiniana', June 247 N
Clematis lanuginosa, June 247 N
Jasmine, poet's (*J. officinale*), June 247 N
Streptosolen jamensonii, May 276 S, D
Supports, ingenious ideas, Apr 96 all
Supports on fence posts, Sept 100 all

Water Plants, Waterfalls and Pools
Algae, removing from garden pool, July 138 N
Lily, tropical water, June 217 all
Parrot's feather, June 217 all
Pickerel plant, azure, June 217 all
Pool, manmade, natural-looking, Aug 118 N, S, D
Poolside plantings, July 137 N
Snails, fresh-water, May 247 all
Water and bird garden in side yard, July 150 S, D
Water garden in barrel, July 148 all
Watercourse, homemade, Apr 158 all

Watering
Container plants, June 203 C
House plants, vacation time, Mar 199 N
How to water thoroughly, July 137 C
Juniper, prostrate, May 229 C
Transplants, June 205 N
Water bills, saving on, June 205 N
Watering method, California Division of Highways, Oct 244 all
Winter watering, desert gardens, Jan 111 D

Weeds and Weed Killers
Hand-weeding, Feb 156 S
Poison oak caution, Mar 199 C
Spurge, spotted, Feb 155 D
Weed control, natural methods, John Muir Junior High School, San Jose, Calif., Nov 230 all

Wildlife
Aviary with flying tubes, June 102 all
Bird and water garden in side yard, July 150 S, D
Birds, attracting in desert garden, Dec 186 D
Birds, conifer decorated for, Dec 185 N
Birds, protecting strawberries from, Oct 237 N
Birds, shrubs and trees to attract, Oct 239 S
Ornithologist amateurs, gifts for, Dec 206 N

ENVIRONMENT AND ENVIRONMENT ACTION

Book Reviews
Earthquake, Safety and Survival in an, folder, Jan 65 all
Earthquake Country, a *Sunset* book, Oct 23 N, 22 S, D, 8 C
Grand Canyon, Mammals of, Aug 4 D
Pest Control, Common Sense, Aug 115 C
Water, Cool, Clear, Mar 6 N

Community Projects
Arts and crafts festival, Malibu, Calif., Aug 79 C, S, D
Ecology Center, San Francisco, Jan 4 C
Freeway "plant-ins," Santa Clara County, Calif., Mar 138 all
Playground, Los Gatos, Calif., Sept 68 all
School landscape project, Claremont, Calif., Apr 264 S, D
Shoe house for nursery school, Mountain View, Calif., Nov 139 all
Small Wilderness Area Preserves program, Los Osos, Calif., June 30 S, D
Weed, pest control, natural methods, John Muir Junior High School, San Jose, Calif., Nov 230 all
Window boxes for old building, Berkeley, Calif., Mar 78 N, C, D

Nature
Animal parks, So. Calif., June 90 all
Begonia Gardens, Rosecroft, San Diego, Calif., May 66 S, D
Bird Park, Hawaii Volcanoes National Park, Mar 57 all
Bird watching, Bolinas, Calif., Oct 104 C
Bird watching, Paradise Park, Honolulu, Hawaii, May 35 C
Bison Range, National, Moiese, Mont., July 31 all
Boojum forest, Puerto Libertad, Mexico, Oct 24 all
Caverns, Mitchell, State Park, near Essex, Calif., Mar 4 S
Caves, Lehman, National Monument, Nev., Aug 44 all
Conservatory, Bloedel, Vancouver, B.C., July 38 N
Copper Mine, Kennecott, Tripp-Veteran Pit, Ruth, Nev., July 42 all
Desert-mountain parks, Phoenix, Ariz., Jan 3 D
Earthquake, Safety and Survival in an, folder review, Jan 65 all
Earthquake Country, a *Sunset* book, Oct 23 N, 22 S, D, 8 C
Earthworms, Dec 194 all
Ecology Center, San Francisco, Jan 4 C
Exploratorium, Palace of Arts and Sciences, San Francisco, Jan 23 S, D
Farm-Hee Haw Valley, Bob's Burro, near Vista, Calif., Oct 3 S
Forest, boojum, Puerto Libertad, Mexico, Oct 24 all
Forest, pygmy, Van Damme State Park, Calif., Sept 48 all
Fossil Falls, near Little Lake, Calif., June 3 S
Fossils, trilobite, Antelope Spring, Utah, May 38 all
Geode beds, Dugway Pass area, Utah, Oct 36 all
Horses, Morgan, where to see, Oct 54 S, D
Insect identification, July 141 all
Jellyfish sting, relieving, Apr 6 S; May 79 C
Mammals of Grand Canyon, book review, Aug 4 D
Marine Ecological Institute cruises, San Francisco Bay, Aug 3 C
Marine life, Hawaii, low tide walking, June 40 all
Marmots, hoary, Mount Rainier National Park, Wash., July 34 all
Natural history displays, Pioneer Museum, Tillamook, Ore., Feb 26 all
Nature trail, touch-and-smell, Los Angeles Pierce College, Mar 27 S, D
Observatory, Lowell, Flagstaff, Ariz., Sept 4 D
Ornithologist amateurs, gifts for, Dec 206 N
Osprey Refuge, National, Crane Prairie Reservoir, Ore., May 31 N
Plant Society, California Native, Apr 3 C
Pupfish sanctuary, near Bishop, Calif., Oct 46 all
Pyrite collecting, Octave, Ariz., June 6 D
Rock, mineral museum, Dept. of Agriculture, San Diego, Calif., Sept 21 S, D
Rock collecting, Riverside County, Calif., Oct 3 D
Salmon and steelhead, Calif., effect of pollution on, Nov 39 all
Science, Lawrence Hall of, Berkeley, Cali., youth museum, Sept 3 C
Stein's Pillar, near Prineville, Ore., June 29 S, D
Succulents, Abbey Garden, Reseda, Calif., Apr 76 S, D
Swans, trumpeter, Turnbull National Wildlife Refuge, Cheney, Wash., Apr 3 N
Tidepool, man-made, Sea World, San Diego, Mar 28 S, D; May 66 C
Tidepool exploring, Bolinas, Calif., Oct 104 C
Volcanic action, Hawaii Volcanoes National Park, Hawaii, Sept 50 all
Whale, California gray, migration, where to see, Nov 42 all
Whales, California gray, following to Baja California, Jan 6 S
Wilderness, Small, Area Preserves program, Los Osos, Calif., June 30 S, D
Wildflower excursions, Antelope Valley, Calif., Apr 52 all
Zoo, aviary, aquarium, Point Defiance, Park, Tacoma, Wash., Apr 46 N

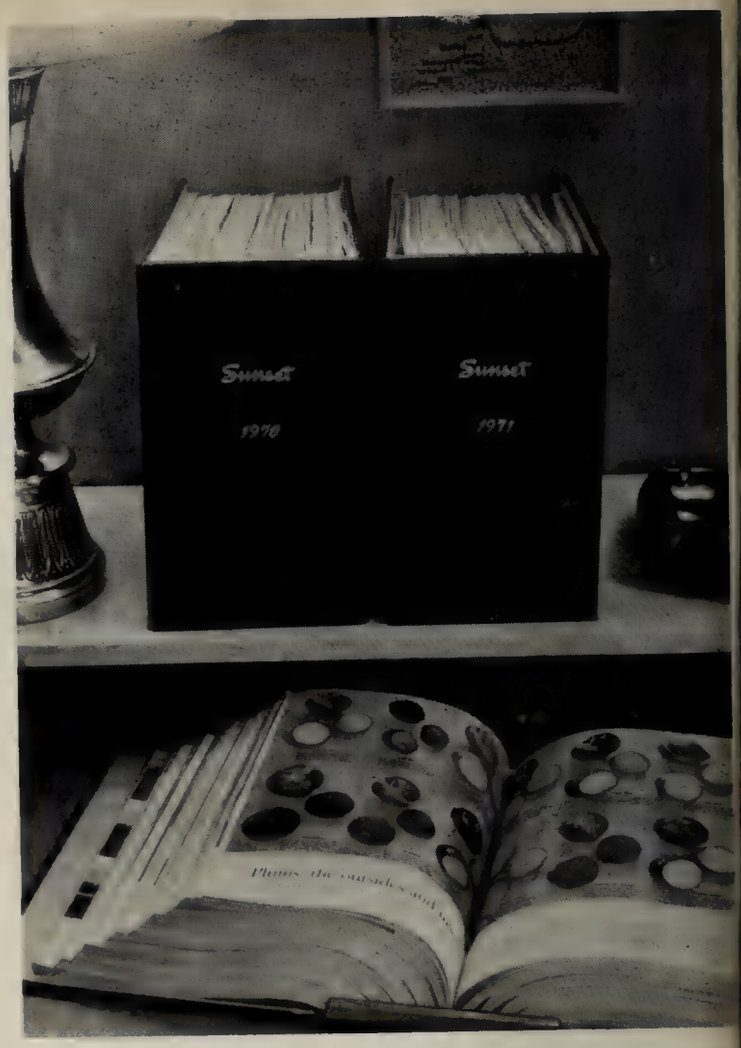
Open Space And the Efforts to Preserve It
Alpine Lakes region, Washington Cascades, slide show, Feb 6 N
Honolulu, Hawaii, Moanalua Valley, Nov 29 all
La Jolla Valley, Point Mugu State Recreation Area, So. Calif., Jan 24 S, D
Palm Springs, Calif., back country, Nov 74 S, D
Snowmobile trails brochure, Northwest national forests, Feb 4 N
Ventura-Los Angeles Mountain and Coastal Study Commission, Feb 60 N, C, D, 54 S
Washington wilderness areas, Sierra Club cleanup teams, Aug 6 N

Outdoor Skills
Horseback exploring, Whipple Mts., San Bernardino County, Calif., Jan 4 S
Sailplaning, Feb 44 all
Ski touring, Feb 54 N, C, D
Skin-diving, Apr 90 all
Snow camping school, Yosemite National Park, Calif., Jan 16 all
Snowshoe hiking, Dec 38 all
Wilderness Society trips, Mar 69 all

Poisons and Pollutants
DDT insecticides, leftovers, Jan 111 D
Pest control, two new publications, Aug 115 C
Pyrethrum, safe insecticide, Apr 244 D
Salmon and steelhead, Calif., effect of pollution on, Nov 39 all
Smog damage on plants, recognizing, June 232 S, D
Water, Cool, Clear, book review, Mar 6 N

Rural Drives
Astoria Bridge, exploring Ore., Wash. sides, Mar 65 N, C
Bend, Ore., Cascade Lakes Highway loop trip, May 31 N
Bishop, Calif., area, petroglyphs, pupfish, loop trip, Oct 46 all
LaPine, Ore., area, loop trip to Big Hole crater, Apr 4 N
Lewiston, Idaho, to Cottonwood via Waha Lake Road, Aug 6 N
Marin County headlands, No. Calif., Jan 54 all

Rural Drives (Cont.)
McKenzie Pass detour, State 242, between Eugene and Bend, Ore., June 29 N; Sept 46 C, S, D
Moab, Utah, area, loop drive off State Hwy. 128, Aug 40 all
Oregon, Crooked River country, May 3 N
Palm Springs, Calif., back country, Nov 74 all
Santa Monica Mountains, So. Calif., touring, Feb 60 N, C, D, 54 S
Seattle to Vancouver, B.C., via State Hwy. 9, Apr 34 N; Sept 26 S, D
Siskiyou National Forest, Ore., Chetco River Road, Mar 28 C; Apr 50 N



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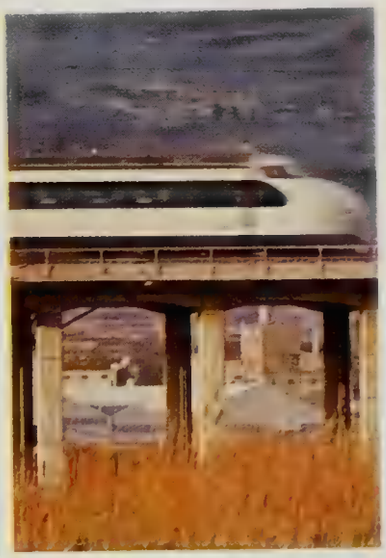
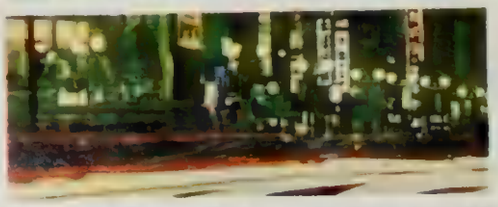


You board the luxurious Tokaido Express in Tokyo. The countryside flashes by at 125 smooth, silent miles an hour. You're on your way to Kyoto, where time has stood still in the gardens and palaces for a thousand stately years.

It's one of Japan's particular delights—the mixture of classic yesterday and a vibrant today. The wail of the *Bugaku* at a Meiji Shrine—and the beat of electric guitars in a swinging cabaret. The clatter of a wooden loom and the stutter of a motorcycle. Puzzlingly harmonious. Completely Japanese.

You discover the Inland Sea with its piney picture-islands and misty vistas—from a speeding hydrofoil. You stroll Tokyo's Ginza, past window after window of excellent watches, cameras, mini-TV's. Then, abruptly there's a folk art shop, with pottery fired in ancient kilns, and traditional toys carved by hereditary craftsmen.



Night falls, and the centuries go on stage. *Noh* drama from ancient times. *Kabuki*, the theater of the 17th century. And contemporary musicals.

There's the same fine disregard for eras in Japanese sports. Baseball draws huge crowds. So does *sumo*, where gargantuan wrestlers begin each bout by scattering salt to rout demons. (If you're a golfer, tee off on a gardenlike course, with a girl caddy to carry your clubs.) It's all waiting for you now in unique Japan...and during any season you choose to visit. Ask your travel agent about it. Or mail us a card for the new edition of "Your Guide to Japan."

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Feature articles for January 1971

CENTRAL EDITION

Art surprises at Half Moon Bay 25
Hawaii's Seven Pools 40
Plant house beside the deck is winter growing place 46
At long last Chinatown's secret is out 48
If you have prunings that need chomping up 50
To the Marin headlands for a winter picnic 54
A quiet revolution at breakfast time 58
Out of the fire-pan, Mexico's *burritos* 84
Growing grapes in containers? Here's proof 114

Travel

January travel in and beyond the West 3
Snow camping school will open at Badger Pass 16
Art surprises at Half Moon Bay 25
Silverado Museum recalls Robert Louis Stevenson 28
In Victoria—a legislative visit 31
Denver's old Larimer Square is making a comeback . . . 32
Hornitos—it's a living museum 34
For visitors to Russia a treat not to miss is the circus . . . 37
Turn off where it says "Port of Sacramento" 39
Hawaii's Seven Pools 40
To the Marin headlands for a winter picnic 54

Building and Remodeling

Her plant house beside deck is winter place for seedlings, summer buffet for entertaining 46
Desert house within a wild mesquite grove 56
The Changing Western Home† 65
A new wrap-around deck leads guests to the entry 66
Ways to baby your water heater 68
Overhead lights ride on a track 73
Small appliances deserve a garage 74
Making a tile into a trivet 78
Swinging bookcase hides a storage wall 80
The Western Kitchen 94

Gardening

If you have prunings that need chomping up 50
January in your garden 110
Growing grapes in containers? Here's proof 114
Our new choice in roses for 1971 116
Good lily—above and beyond the call of duty 120
Roses in the landscape—yes or no? 122
The podocarpus were obliging 124
Better name for sea oats is bamboo grass 127
Anemone makes sense—takes courage 133

Home Management

Ways to baby your water heater 68
Small appliances deserve a garage 74
The Western Kitchen 94

Letter from *Sunset*: For a more readable *Sunset* . 134

Food and Entertaining

At long last Chinatown's secret is out 48
A quiet revolution at breakfast time 58
*Sunset's Kitchen Cabinet** 82
Out of the fire-pan, Mexico's *burritos* 84
The discovery of beef heart 87
Lively grain salads from the Near East 88
January menus 91
Pears or apples in this pudding 96
Easy oven ways with ribs 98
*Chefs of the West** 101
Midwinter green salads—each with a surprise 104
Pickled onions as appetizers 106
A custard can gain sophistication 109

Landscaping and Outdoor Building

Her plant house beside deck is winter place for seedlings, summer buffet for entertaining 46
A new wrap-around deck leads guests to the entry 66
Roses in the landscape—yes or no? 122

Workshop and Craft Projects

Overhead lights ride on a track 73
Making a tile into a trivet 78

The Cover Story

Breakfast can be a matter of habit—or it can be a continuing series of small daily adventures. On page 58 we delve into ways to vary the morning meal without distressing the cook. We suggest a freer attitude in shopping for breakfast, then offer a sampling of customs in other lands. Cover photograph is by Glenn Christiansen

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January travel . . .
in and beyond the West

Downhill fun for the nonskier

It may come as a surprise to the skier, but there are ways to get down a snow-covered slope other than donning a pair of polished slats and hurtling down at breakneck speed—for instance, sitting on a polished board and hurtling down at breakneck speed.

In the Sonora Pass area, three "snow fun" operations offer such alternatives to skiing as sledding, tobogganing, and "inner tubing." Little Sweden is near Long Barn, just off California Highway 108. Leland Meadows resort is about 3 miles east of Strawberry on Leland Meadows Road. And Bumble Bee Toboggan Hill, the most highly developed of the three, is 4 miles east of Strawberry on Beardsley Road.

On Bumble Bee's hills you can ride a toboggan, a giant inner tube, or a large saucer down safe (but not slow), well regulated slopes. The toboggan hill is the steepest and fastest; the saucer hill is for the younger children. There are special plastic-coated chutes so you can toboggan even if there's very little snow.

If you're inclined to throw snowballs, you'll find a special area set aside just for safe snowballing. And for warm-up periods, there's a recreation building with

Well prepared *runs offer thrills as well as safety for saucer riders*

Sometimes *you've got to concentrate just to hold on*

Inner tubes *are variation on an old theme*

Sunset

THE MAGAZINE OF WESTERN LIVING

January 1971

At Lotus *Fortune Cookies, food editor inspects an assembly line*

On the fortune cooky trail

One day months ago Mrs. Eleanor Ream, a lady of Chinese descent who had been on a tour of our building, called to ask if we had a recipe for homemade fortune cookies. Hearing we had none, Mrs. Ream went home, began experimenting, developed a workable method, and one day came by with a bag full of her results.

Our home economists tried her recipe, adjusted it, retried it, made cookies of classic size, others up to 10 inches wide, and spent a day with Mrs. Ream in further retesting.

Finally, to check the professional way and to discuss the history of this specialty, two editors invaded a cooky factory in San Francisco. They watched dollops of batter on small griddles slowly revolve as they baked. They saw the women cooks remove cookies, enclose fortunes, and fold—at the rate of 600 cookies per hour per cooky maker.

In the article on page 48, we keep the pace more leisurely.

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Father and son *team negotiate the big downhill run*

fireplace, television, movies, and games. All in all, Bumble Bee offers something for everyone in the family. It's open Saturdays, Sundays, and legal holidays from 10 A.M. to 4:30 P.M. Admission to the grounds is $1 per person, applicable to the cost of a daily toboggan hill ticket: $3.50 per person.

San Francisco Ecology Center—an information clearing-house

One of the prime weapons in the battle against the environmental crisis is pertinent information: definitions of problems and causes and proposed solutions. And the common difficulty is that one must sort through a staggering pile of facts himself or try to find a reliable source of more organized information.

The recently opened Ecology Center in San Francisco attempts to alleviate this difficulty. Its primary function is to disseminate information on all things ecological, from the location of recycling centers in the Bay Area to the time and place of meetings dealing with various environmental projects. The center has very complete files and a library covering everything from noise pollution to biodegradable detergents.

Manned primarily by volunteers, the center sponsors educational programs and various nonpolitical environmental related activities. It also tries to promote ecological research as well as action.

It's at 710 Montgomery Street and open weekdays from 11 A.M. to 7 P.M. This month the center is devoting special attention to the California Water Plan.

As an added service to the Bay Area public, the center provides a telephone information service to answer questions. Dial (415) 391-SMOG.

Craftsman in Soquel

In this day of assembly-line production it's refreshing to visit with a craftsman who pampers his product through from raw materials to finished piece.

In Soquel, in the Santa Cruz mountains, a visit to the workshop of Courtn

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The mountain dulcimer is a distant relative of medieval stringed folk instruments, and was originally at home in the Appalachian Mountains. It has three strings. Two produce a constant drone, similar to the bagpipe; the third plays the melody. It's played with fingers or picks. The sound is pure mountain folk.

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Soquel is near Santa Cruz, and a stop at Childs' workshop is a pleasant addition to a trip near that area. You'll see dulcimers in various stages of completion and have a chance to talk with Childs. Though he follows no fixed schedule, he's seldom away from his shop between 11 A.M. and 3 P.M. At any rate, the shop is such a short drive from the highway that you'll not lose much time if you arrive and find him gone.

To get there take the Capitola/Soquel exit north off State Highway 1 for about half a mile to Soquel Drive; turn left on Soquel. The shop is midway on the right of the next block, between a real estate office and a movie theater.

For travel planners, a January check list

Down through Baja. Two 19-day excursions through Baja California in four-wheel-drive vehicles offer the adventurous a chance to explore this little-visited region. The first tour will leave Yuma, Arizona, on January 20 for La Paz; the second leaves La Paz on February 16 for San Diego. Both groups will watch the whales at Scammon's Lagoon, explore villages along the way, and stop for fishing, hiking, and rock collecting. The cost is $665 for the one-way trip, and includes use of tent and equipment, all camp meals, and transportation in air-conditioned vehicles. For details on this and other tours, write to Tag-A-Long Tours, Box 1206, 452 N. Main St., Moab, Utah 84532.

Study abroad. Students (junior high school through college) who are interested in studying abroad next summer can obtain a free copy of the Foreign Study League's revised 1971 bulletin by writing to the League at Box 1920, Salt Lake City 84110. Language, art, and government courses include excursions to related points of interest. Most campuses are in Europe, but tours to Africa, India, and Japan are also offered. Cost for a student leaving from the West Coast averages about $1,100, including all meals, lodging, transportation, and activities during the 41-day programs.

Desert rail tour. A special five-day rail tour to Death Valley, Las Vegas, and Salt Lake City will leave San Francisco on February 12. Daytime will be used for sightseeing; nights will be spent aboard trains in transit. Fares begin at $225 and include meals, transportation, and excursions. For a complete list of prices and train accommodations, write to the Railway and Locomotive Historical Society, 974 Pleasant Hill Rd., Redwood City, Calif. 94061.

East Africa. Departures are scheduled every Thursday from New York in a new series of 15 and 22-day tours of East Africa. One of the most comprehensive is the 22-day Lion Safari to Tanzania, Uganda, and Kenya; the price of $1,171 includes deluxe hotel accommodations, all meals, and all transportation and sightseeing indicated in the itinerary. For a brochure, write to K.U.T. Tours, Inc., 1744 West Lincoln Ave., Anaheim, Calif. 92801.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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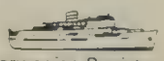

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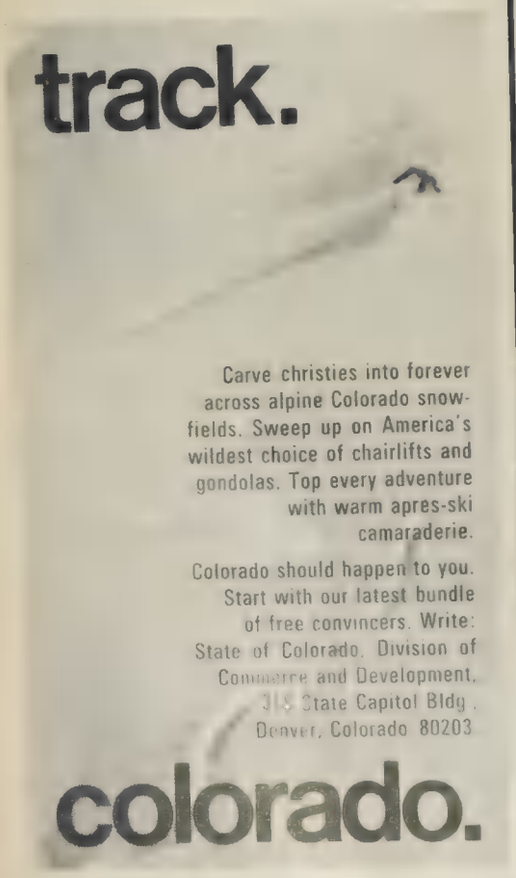

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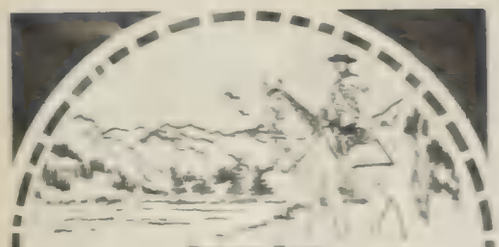

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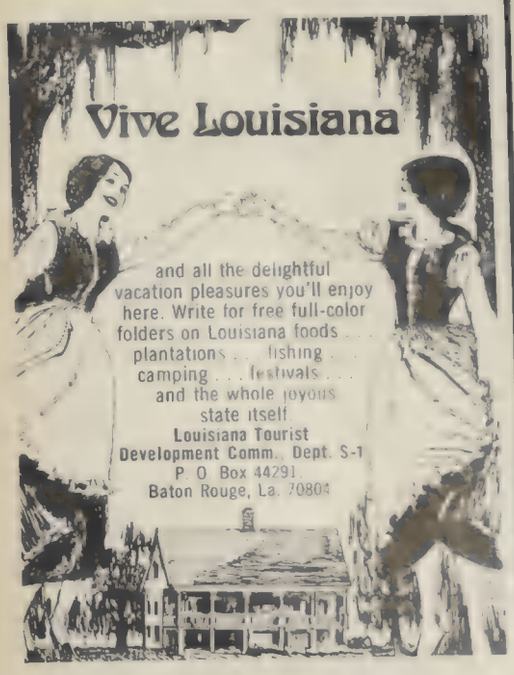

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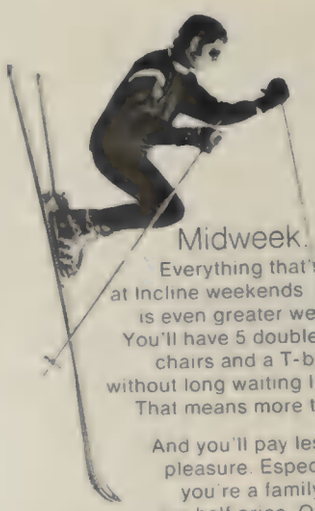

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Classes meet Saturday mornings at 10 in the Snowflake Room at the Badger Pass Ski Area. There your guide will check your equipment, provide information on keeping warm on the trail, and explain

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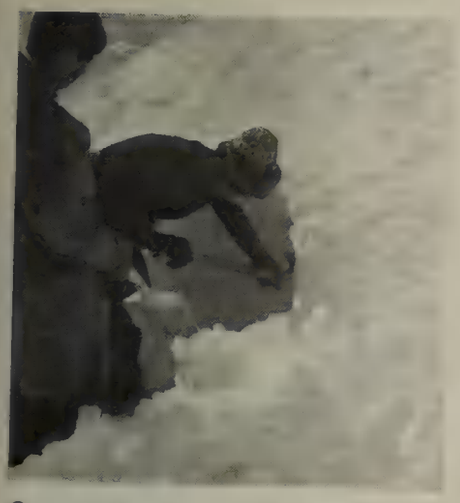

On arrival *at camp, hikers start building a mound house*

Completed *house is a stack of snow hollowed out to sleep three*

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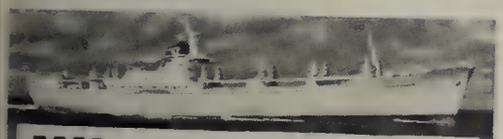

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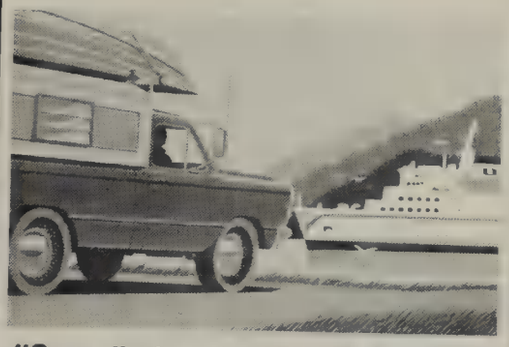

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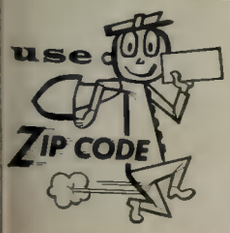

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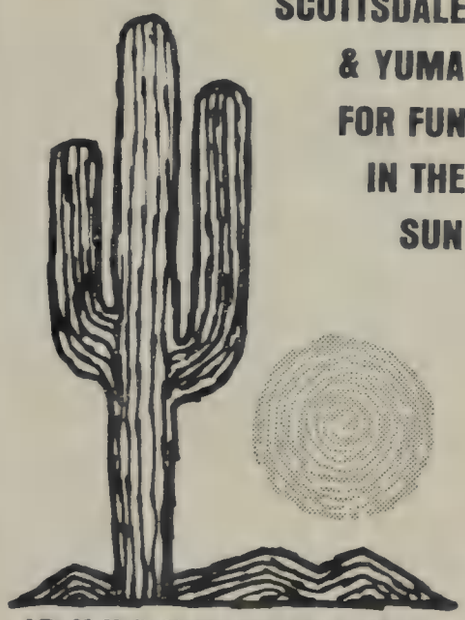

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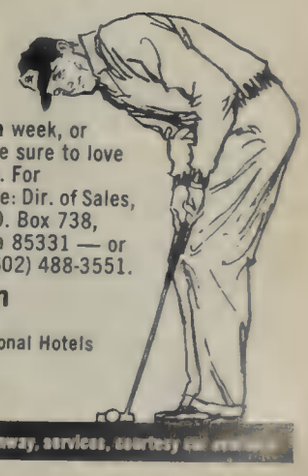

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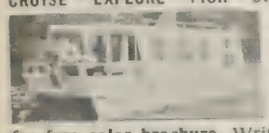

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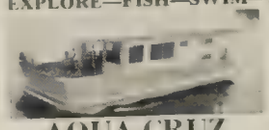

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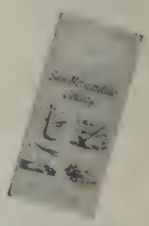

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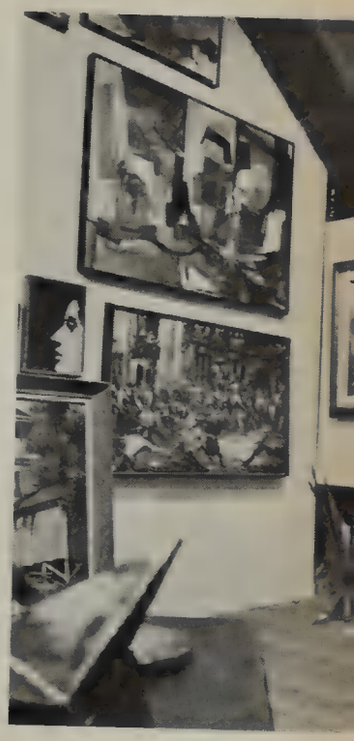
GERALD FREDRICK

Metal sculpture *of wiry lizard on a log fascinates young visitor at Harbor Art Guild near Half Moon Bay*



Abstract *and realistic paintings share wall space at the Garret Gallery*

Art surprises at Half Moon Bay

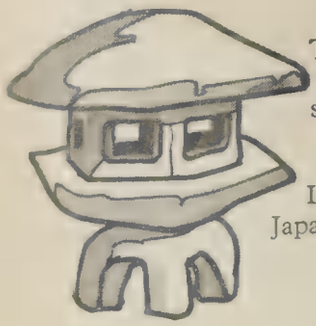
Many people don't know they are there —the four little art galleries on the edges of Half Moon Bay.

Together, these galleries display a wide variety of crafts, sculpture, paintings, and antiques. Three are owned by artists who work at other jobs during the week and open their galleries when they can. The owners are familiar with the artists whose work they display, and also enjoy talking about their own work. The fourth is a complex of small shops.

Half the fun of an art gallery discovery trip is packing your family and a jug of hot chocolate in the car on a wintry afternoon and looking for such places to explore. You may find other shops along the coast south of San Francisco;

BETTY Y. FREDRICK

Stairs *give young critic a different perspective at Corbin's Gallery*



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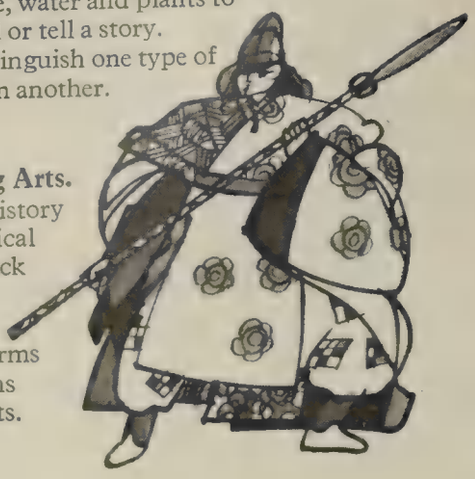

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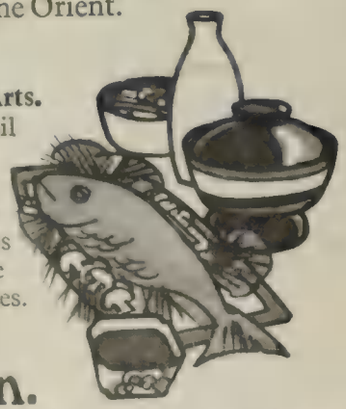

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GERALD FREDRICK

Figuring out *this modern sculpture is easy—hit it and it makes music*

here are the four to look for near Half Moon Bay:

Harbor Art Guild is on the bottom floor of a large barny building perched on the edge of the ocean 3 miles north of Half Moon Bay, just off State Highway 1 on Magellan Avenue. Known locally as the Harbor Building, the old structure was recently renovated by Boyd and Toni Keffeler, coastside artists, and now houses paintings and sculpture. It is open from 11:30 A.M. to 7 P.M. on Saturday and Sunday.

Corbin's Gallery is a little less than a mile south of the Harbor Art Guild on State 1. Anne and Dale Corbin produce all the work in the gallery, Anne concentrating on painting and pottery and Dale on such crafts as woodcarving and plastic work. The gallery is open from 9 A.M. to 5 P.M. on Saturday and Sunday.

Spanishtown is an aggregate of 16 little shops collected in a Spanish-influenced building about half a mile east of State 1 on Half Moon Bay Road (the road to San Mateo). Entering the building through either of the large redwood double doors, you pass down a corridor lined with shops displaying various crafts from leather and pottery to weaving and flower arranging. At the other end of the building is the main gallery, where paintings by several artists are on display. Spanishtown is open Saturday and Sunday from noon to 5 P.M.

The *Garret Gallery* is a warm-colored 64-year-old house that is typical of fashionable Half Moon Bay architecture at the turn of the century. It is 6 miles south of Half Moon Bay, about a block east of State 1 on Verde Road. Appropriately enough, the front rooms are packed with antiques and bric-a-brac ranging from bottles and china to cameras and sewing machines. Clifford and Susan Small have made the upstairs into a wood-paneled gallery displaying paintings and sculpture. The gallery is open from 11 A.M. to 6 P.M., Wednesday through Sunday.

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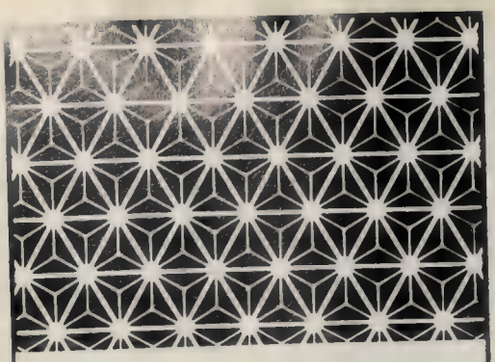

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JOHN REGISTER

Now *an attractive home for museum, stone building was once a hatchery*

Silverado Museum recalls Robert Louis Stevenson

Long John Silver, Dr. Jekyll, Mr. Hyde, and David Balfour all resided for a time in northern California. These renowned gentlemen were, of course, all children of the fecund mind of Robert Louis Stevenson. The peripatetic author sojourned in this area for nearly a year in 1879 and 1880. He married an American woman and they honeymooned in the summer of 1880 in the abandoned bunkhouse of the defunct Silverado Mine on Mount St. Helena in the Napa Valley. In 1883 Stevenson celebrated that time in his book *The Silverado Squatters.*

Stevenson is remembered in St. Helena today in the fine Silverado Museum. Displaying only Stevenson memorabilia, the museum contains more than 1,500 artifacts including original manuscripts and letters, portraits and photographs of the writer, and even a desk he used when he lived in Samoa.

The Silverado Museum is housed in a lovely old building, the Hatchery, at 1347 Railroad Ave. Built in 1884, it's regarded as a superb example of stonemasonry. Museum hours are noon to 4 P.M. daily except Monday and holidays. It's free

Displays *include pictures and documents relating to the Scottish writer's life*

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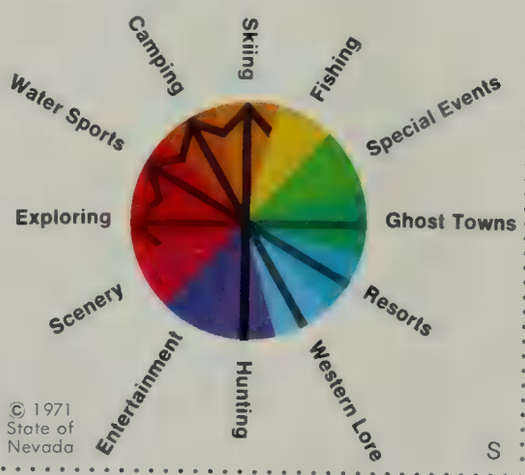

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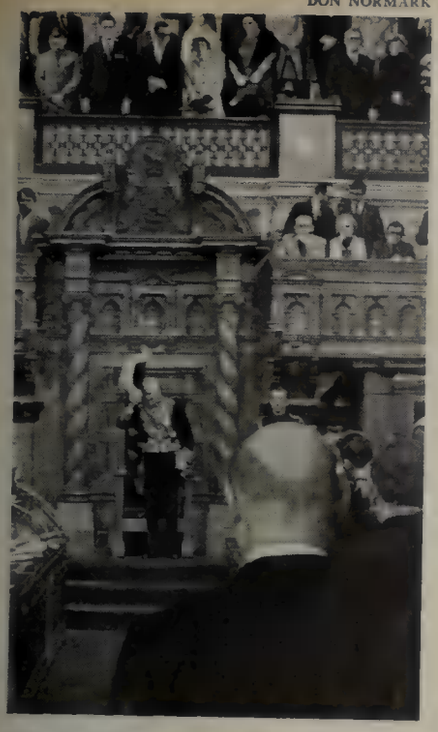

Lieutenant Governor *doffs hat to Assembly at opening of B.C. Parliament*

In Victoria . . . a legislative visit

Visitors from the United States with a political turn of mind will be fascinated by the color and pomp of British Columbia's Legislative Assembly which meets in the handsome Parliament Buildings overlooking Victoria's harbor.

Only about one hundred gallery seats are available to the general public for the January 21 opening session. To reserve a seat for this or later sessions, write to the Speaker's Office, Parliament Buildings, Victoria, B.C. In Victoria, call 382-6111, extension 2852.

For eight or nine weeks after its opening the Legislative Assembly meets each weekday from 2 to 6 P.M. Tickets reserved by telephone or letter may be claimed at the gallery door.

Visitors *leaving the legislative chambers in Parliament Buildings share an umbrella*

An Invitation to the 3rd Annual *Sunset* Travel Film Festival

Anaheim, California · January 2-10, 1971

Again this year an impressive collection of the best new travel and sports films from throughout the world will be entered in the *Sunset* Travel Film Festival.

Leading contenders for top honors will be shown to the public at the Sports and Vacation Show at the Anaheim Convention Center, January 2 through 10, 1971. All persons attending the show may view the films at the Festival Awards Theater in the convention center. There is no additional charge beyond the show admission price. (Adults $1.90, children $1.00).

The show hours are: Saturdays, 12 noon to 11 P.M.; Sundays, 12 noon to 8 P.M.; Monday–Tuesday, 4 P.M. to 10 P.M.; Wednesday–Thursday, 2 P.M. to 10 P.M.; Friday, 2 P.M. to 11 P.M.

Films will be judged in six categories: (1) U.S. destinations, government agency films (2) foreign destinations by a government agency (3) U.S. travel films, produced by commercial companies (4) foreign, by a commercial company (5) any entry featuring sports and outdoor recreation and (6) recreational vehicle films, foreign or domestic.

Foreign entries already submitted by press time (two weeks before shut off date) included films on Denmark, Norway, Sweden, Finland, Austria, the Caribbean, South Pacific, Colombia, the Bahamas, Greece, Australia, Europe, Japan, Africa, Thailand, and Manitoba.

U.S. destinations: Alaska, Finger Lake region of New York, Rogue River—Oregon, Texas, North Carolina, Arkansas, Wyoming, Washington—D.C., Rocky Mountain skiing, Palm Springs, and Colorado Springs.

The top winner in the last Festival (January 1970) was Malaysia - Singapore Airlines for "Asian Assignment," grand prize and *Sunset* trophy winner.

Best film by foreign country was "A City for All Seasons" by British Tourist Authority. ☐ Best film by state or province: "A Place of Refuge" by British Columbia Government, Department of Travel Industry. ☐ Best film for travel trade promotion: "That Dream is Japan" by Japan Air Lines. ☐ Best film by travel promotion association: "Southern Oregon—Land of Fulfillment" by Livable Southern Oregon Association.

Special citations for outstanding films were also received by TWA for "Ski the Outer Limits" and "Ski the Moebius Flip." The French Government Tourist Office also received a special citation for "Kaleido-Ski."

Special citations for outstanding wildlife films also went to the Government of India Tourist Office for "Wildlife Sanctuaries of India," and to Yellowstone Park Co. for "The Four Seasons of Yellowstone."

Finalists for the grand prize in the 1971 Festival will be shown throughout the duration of the show. Winners will be selected by distinguished members of the judging panel on Wednesday evening, January 6.

The Anaheim Convention Center is located at 800 West Katella Avenue, near Harbor Blvd., across from Disneyland in Anaheim.

Anaheim Convention Center

prevent birth defects

give to the March of Dimes

THIS SPACE CONTRIBUTED BY THE PUBLISHER

Denver's old Larimer Square is making a comeback

Denver's Larimer Square is a nostalgic revitalization of the 1400 block of the city's most famous street. During the gold and silver boom Larimer Street was the prospector's playground: Tinkling piano music spilled from behind the swinging doors of its gambling houses and saloons.

Gen. William E. Larimer, founder of Denver City, built his cabin at 15th and Larimer streets in 1858. The first bank, theater, library, post office, and dry goods store were erected along the street in the late 1800's.

But the old thoroughfare was all but ignored during the early twentieth century, and it wasn't until 1965 that a citizens' group started a private renewal project to preserve the area and revive the Victorian flavor. Historic buildings were sandblasted and facelifted, gas lights and street clocks were installed, and shady courtyards and promenades were added.

No one deals cards on a green felt table any more, and the only trace of Denver's famous madam, Mattie Silks, is an antique shop bearing her name. But 16 handsome old buildings house a collection of imaginative shops, galleries, restaurants, and night spots between 14th and 15th streets. At the small, flag-topped kiosk on the north side of the street, you can get a free "shopper's guide" giving the locations of stores and some background information on the project. Browsing on your own will probably turn up stores not listed in the guide, for the square keeps changing and expanding.

Most shops are open Monday through Saturday from 11 A.M. to 10 P.M. and Sunday from noon to 6 P.M. Several large parking lots surround the square, located in the heart of old Denver.

Zany toy zoo *(Buerger Building) is a shop devoted exclusively to stuffed animals*

DON NORMARK

Decorative *"Tiffany" door-shade entices candy lovers to the array at Le Chocolat*

Sunken patio *is part of The Brätskellar, Bavarian pub, for indoor-outdoor eating*

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S 101

Hornitos . . . it's a living museum

How do you bury a *bandito* when the ground is too hard to dig a grave? About 120 years ago the people in Hornitos, a small mining camp on the southern fringe of the Mother Lode, simply built an *hornito* (little oven), inserted the bandito, and sealed the door.

As the camp grew, so did its reputation for wickedness—along with the number of hornitos. These macabre monuments on the boot hill at the northeast edge of town lent their name to the village.

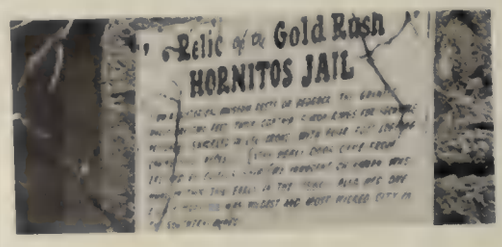
Today Hornitos is a lot quieter than it was in the early 1850's. The town is just 11 miles southwest of State Highway 49, on the Bear Valley Road (County J16) halfway between Coulterville and Mariposa. You can still see its first jail, a small building with 2-foot-thick granite walls, and the closed fronts of numerous general stores, warehouses, and anonymous buildings that may have once been saloons, fandango halls, or gambling places.

In the center of town, across from the plaza, are the remains of one of the first stores operated by D. Ghirardelli & Co., the well known San Francisco chocolate makers. Only the walls of the 112-year-old store are still standing.

In the cemetery behind the church a couple of the hornitos are still standing, and a few of the headstones date back to the 1850's when the town reached its peak of lawlessness.

The museum near the south side of the plaza is open occasionally.

MICHAEL TILDEN



Hornitos, *the last house of outlaw Joaquin Murietta, is a live museum of the gold rush. Century-old buildings (top picture) still line the main street of town, and a small white church still guards the cemetery. Downhill from the church is the stone jail with iron rings in its floor. You can buy "antiques" in town; some relics, like the wagon, are on permanent display in old buildings —if you look for them. Be sure to examine an hornito; one at left is on boot hill*

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Out where the four-wheel-drivers go to test the mettle of their vehicles, the INTERNATIONAL SCOUT is as familiar a sight as trees or brush. But here comes a brand new model that's going to turn some heads. The Scout Comanche. With its bright paint and "wampum belt" stripe . . . you can't miss it.

Actually, there are six COMANCHE model variations, mainly so you can have your pick of transmissions and engines. But they all come with bucket seats, chrome bumpers, front locking hubs, undercoating, dual fuel tanks and radios. Not to mention the really tough stuff like wide oval chrome disc wheels with General belted Scrambler tires sporting raised letters that match the paint.

So many people want to be Scout drivers, we figured some of you would want to be distinctive. And you surely will, in a Scout Comanche. But that means we can only make 1500. About one to an entire neighborhood. While there is a Scout Comanche still available at your International dealer's . . . don't miss it.

Test drive the new Scout Comanche at your International dealer's.

INTERNATIONAL HARVESTER COMPANY
CHICAGO, ILLINOIS 60611

In this act *two dog teams played amazingly competitive soccer. The ball was a balloon. Note how audience seats surround the ring*

Two men *on unicycles, each with an arm around the other's shoulder, carry high-riding girls*

For visitors to Russia a treat not to miss is the circus

ssibly the most spectacular show in world" was our verdict after watch- the Moscow circus company.

ggeration or not, at least one circus formance should be an absolute "don't s" if you're ever in the Soviet Union.

ger Soviet cities have special circus aters, with audience seating in cir- ar tiers mounting up to the rafters found this true in Irkutsk, a Siberian of about half a million, as well as Moscow). In other places you might the show in a tent.

American three-ring idea never ght on in Europe; everything takes e in a single ring, as some may re- ber from the European circus series Don Ameche filmed on location and presented on weekend television a few years ago. In that one ring, muscular young scene changers rig high iron cages for lions or tigers and spread nets or lay carpets or haul in furniture for other acts. Meanwhile a clown attracts such rapt attention that the audience barely notices the housekeeping. There's no language barrier.

Others have also been impressed by Russian circuses. A. D. Hippisley Coxe in the *Encyclopaedia Britannica* says, "In the Soviet Union the circus became one of the most popular forms of entertainment and in the early 1960's boasted of more than 100 permanent and tenting shows . . . various Soviet circus companies appeared in the European capitals and audiences saw remarkably high standards achieved. The distinguishing features were the originality of the apparatus, the costumes and the presentation." Part of the superb showmanship may be due to the fact that for 40 years circus performers have trained in what is now called the School of Circus and Variety Art. It offers a four-year course.

Resident circus companies usually perform at home most of the year but may move around in summer. Some companies from other European countries also travel the Russian circuit—if they're up to the critical standards of Russian circus watchers.

In Russia, ask about circus performances at your hotel desk.

Ever dream of cruising the world... unhurriedly?

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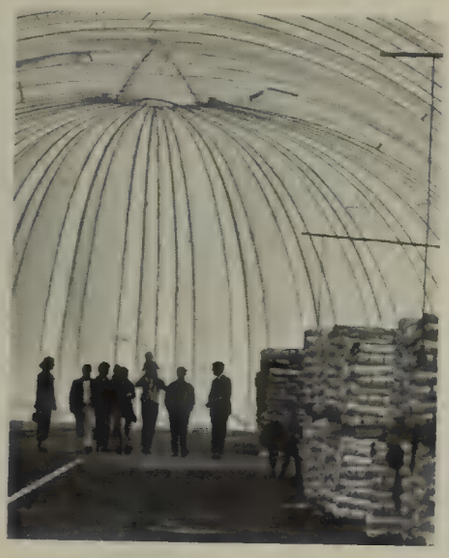
SUNSE[illegible]

GERALD FREDRICK

Bitt *securing hawser from Japanese freighter makes a good leaning post. Behind, gantry crane loads logs into the ship's hold*

Turn off where it says "Port of Sacramento"



Air-inflated warehouse *(7 pounds pressure per square foot) shelters water-damageable cargo*

Along Interstate 80 an hour's drive east of San Francisco, a freeway exit is marked "Port of Sacramento." If you are curious, take it and drive south on Harbor Boulevard about ¼ mile. There, looming like an apparition in the tule-ringed turning basin, you may see an oceangoing freighter taking on cargo.

Before hydraulic mining silted the Sacramento River and paddle-wheelers were introduced, Sacramento was a port of call for deepwater vessels. Farmers, lumbermen, and canners north into Oregon and east to the Sierra Nevada were anxious for an inland port convenient to their base of operation. Studies commenced in 1911. Bond issues, wars, a depression, and acquiring rights-of-way delayed completion until 1963.

Ships bound for Sacramento steam through San Francisco Bay, San Pablo Bay, and Suisun Bay to Cache Slough near the town of Rio Vista. Here, they enter a 24-mile channel—which fluctuates with the tides but has no river current—to the deepwater turning basin at the Port of Sacramento. Smaller boats can continue via the only navigation lock in California, which raises them up 12 feet to the level of the Sacramento River.

Before you plan a visit, call (916) 371-8000 to make sure that a ship will be in port. Tours open to all comers are offered year around on Sundays between 12:20 and 4:20 P.M. Meet at the port entrance on Harbor Boulevard.

Visitors can also join organized group tours scheduled (according to demand) on Tuesdays and Thursdays at 9:30, 10:15, and 11 A.M. and 1 P.M., leaving from port headquarters at Stone and Park boulevards in West Sacramento.

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For more specific directions or information, write:

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P. O. Box 696A, Lahaina, Hawaii 96761

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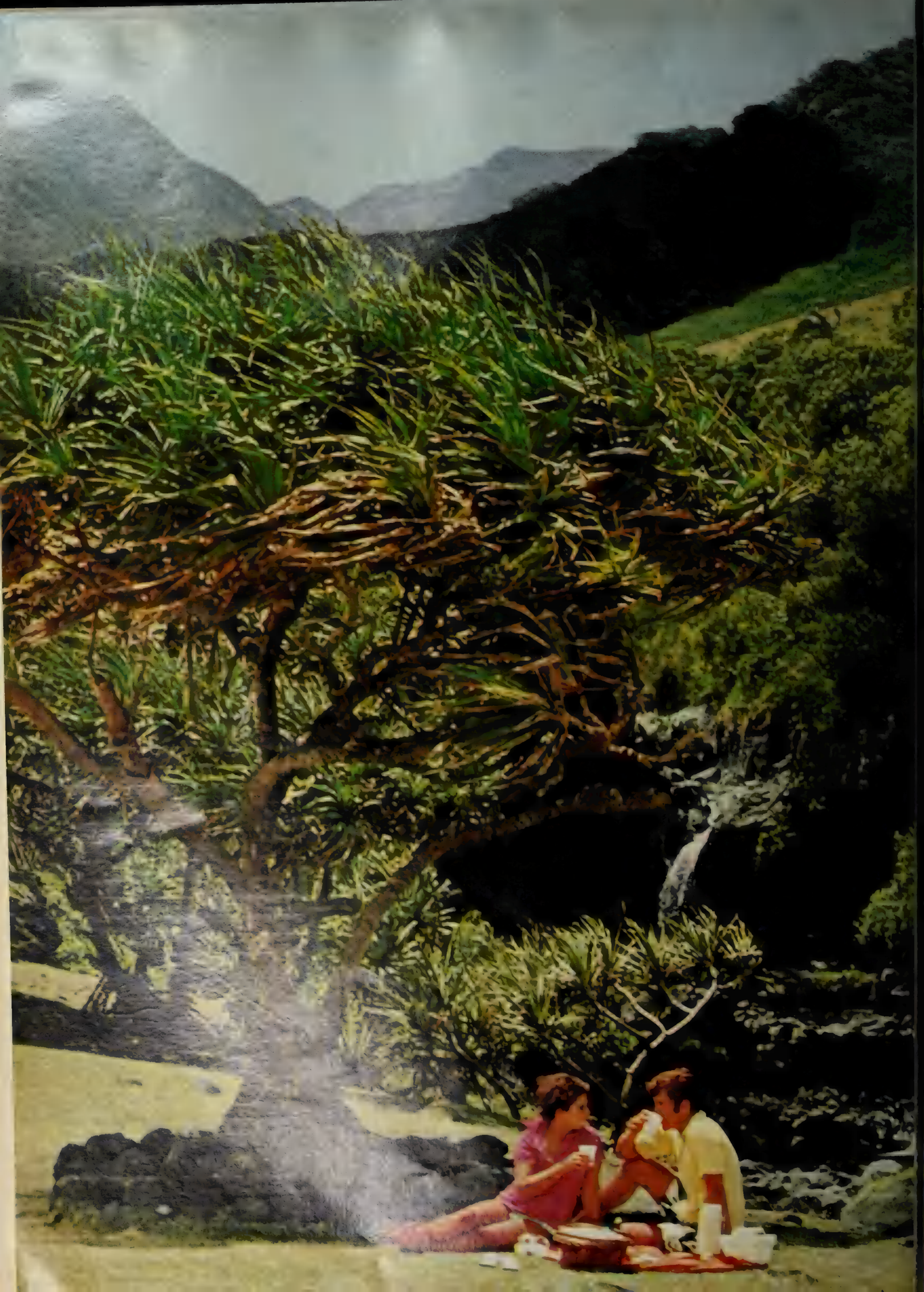


Hawaii's Seven Pools

New seaward addition to the National Park on Maui is yours for dips, hikes, picnics

Haleakala National Park now sweeps from the 10,023-foot summit of Haleakala down to the East Maui shore. Its splendid new section, Kipahulu, includes one of the great valleys eroded thousands of years ago out of the mighty volcano's wet windward slopes, and the famous Seven Pools chain of waterfalls and swimming pools. It also includes a feature shared by no other national park: a large working cattle ranch.

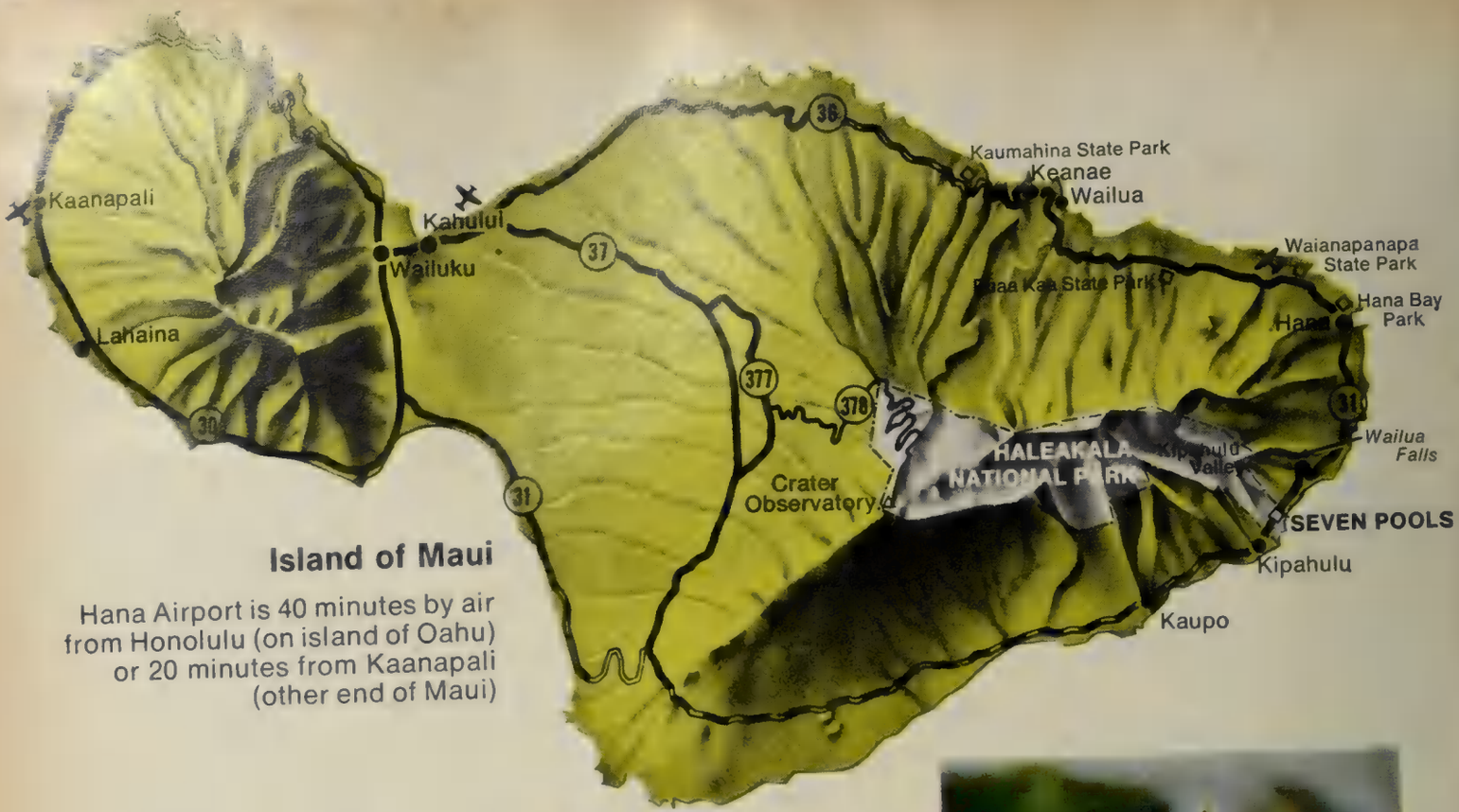
With no road connection with Haleakala crater, Kipahulu is like a separate park. But you'll find no marked boundaries, no park officials around, and almost no development. Visitors come here to swim, picnic, and camp near the sea; and they often hike up the gulch or pasture as far as the lower valley to swim in more of the natural pools and to see other stunning waterfalls.

Upper Kipahulu is still native wilderness —perhaps Hawaii's last untrodden place —and a scientific preserve. Here are dense stands of *koa* and *'ohi'a*, hundreds of plants and insects found nowhere else on earth, and rare birds including the Maui nukupuu, a honeycreeper that

R. WENKAM

Youths dive *off cliff into biggest pool (divers should check first on depth, submerged rocks). After diving, they lie on sun-heated boulders to warm up*

They're at Seven Pools *on grassy south bank below road bridge. Kipahulu Valley's high forest (left) and rim of Haleakala loom above pandanus trees*



Island of Maui

Hana Airport is 40 minutes by air from Honolulu (on island of Oahu) or 20 minutes from Kaanapali (other end of Maui)

Haleakala National Park now reaches down almost 2 vertical miles from the crater's rim to the sea

Brilliant scarlet *African tulip. Common on roadsides, it flowers most of the year*

ornithologists long considered extinct.

The park expansion has been in the works for several years. The National Park Service now has some 10,000 acres in hand or on the way as the result of donations from the State of Hawaii and private owners, and purchases by The Nature Conservancy. In addition to Kipahulu, this acreage includes the high Waianapanapa lakes and crater rim grasslands. But all the Hana district of East Maui, although inhabited and accessible, remains worthy of protection as one of Hawaii's few places of unspoiled natural beauty where native Hawaiians still lead a rural way of life. Keanae Valley, taro-growing villages, and the remarkable Hana Highway are all part of the experience of the journey to Kipahulu.

You don't easily forget the vivid contrast of gently rolling, incredibly green meadows with sheer black cliffs where blue water foams and crashes, and with clean-swept white sand beaches without a footprint unless some Hawaiian has gone looking for glass floats as the tide receded.

To explore this land to any extent, you must stay in it for a while. You can get a fair sampling, however, on a day's trip from Lahaina or Kahului.

Hana town contains almost half the district's 969 inhabitants (predominantly people of Hawaiian ancestry). Here is the fine Hotel Hana Ranch with 60 rooms ($65–$85 a day for two with breakfast and dinner) in cottages spaced about a 20-acre garden. Also in Hana are three small apartment hotels: Hana Kai Resort ($24–$34 a day for two), Heavenly Hana Motel ($15 a day for two), and Kauakea Kottages ($10 a day for two).

The State Parks office at 54 High Street, Wailuku, handles reservations for 12 low-cost, furnished cabins accommodating six at Waianapanapa State Park; it also issues permits for camping there and at Kaumahina State Park. And you can camp at Hana Beach Park (by permit from Maui County's Department of Parks and Recreation, 1580 Kaahumanu Avenue, Wailuku, and at Seven Pools campground (no permit required, but you're allowed to camp there only 2 nights every 30 days).

Hawaiian Airlines flies from Honolulu to Hana Airport and back every afternoon (with stops at Molokai, Lanai, Kahului) in 2 hours, for $21 one way. Royal Hawaiian Air Service flies four times daily each way between Honolulu and Hana (40 minutes, $23) and between Kaanapali Airstrip and Hana Airport (20 minutes, $15).

On a one-day excursion from Kaanapali or other beach resorts near Lahaina you could fly to Hana and back and auto-explore for seven hours between flights; or fly one way and drive the other (figure on a car-return charge of $25), or drive both ways. You should reserve your rental car—at Kahului Airport, at Kaanapali's airstrip or hotels, or at Hotel Hana Ranch. Rates start at $ a day plus 10 cents a mile for a foreign compact, and are higher at Hana where cars are scarce and may sometimes be unavailable on short notice. It's also good to know that Hana Ranch excursions are open to anyone: picnic outings to Seven Pools and Keanae, horseback rides over Hana Ranch trails.

R. WENKAM

In front *of Wailua's century-old St. Gabriel's Church, the Christ statue is often hung with leis*

It's 75 miles from Lahaina to Hana via Highway 36 (or 50 miles from Kahului Airport), then another 10 miles from Hana to Seven Pools, which offers fine places to spread out a picnic lunch.

For most of the last 40 miles to Kipahulu the "highway" is twisting and demanding, but a worthwhile adventure in itself. It coils along the jagged, sea-lashed coast, clinging to forested cliffs, burrowing into gulches with waterfalls and crossing their swift streams on moss-speckled concrete bridges whose inscribed dates (back to 1908) are now faded. It cuts through a riot of tropical trees (including rubber), bamboo groves, ferns, giant *a'pe* leaves, tangled *hau*, and wild ginger nourished by the abundant rain (which is about 70 inches a year here and several times that much up where the streams originate). The road is narrow and rutted, always needs repair, is often strewn with rotting guavas or mangoes. When cars meet they must pass slowly, but passengers chat while the maneuvering goes on.

All the roadside parks are choice picnic spots. Waikamoi Ridge offers a short nature trail to a lookout; Kaumahina, a view of Keanae Peninsula; Keanae Lookout, views down upon Wailua's taro fields and up Keanae Valley to Koolau Gap in Haleakala's rim. Waikamoi Stream, Puohokamoa, Haipuaena, and Puaa Kaa have natural swimming pools; Puaa Kaa has two that are filled by waterfalls.

Spur roads lead down to the Hawaiian settlements of Keanae and Wailua, with a patchwork of taro fields; a sprinkling of wooden houses with gardens of flowers, *ti*, and colored crotons; and weathered churches. Here people work the swampy plots, body surf, hunt, fish from lava bluffs or from skiffs which they shove into the surf from pebbly coves, and sit on front porches, especially during rains—they are frequent but seldom last very long.

Low-lying clouds usually obscure the

Road overlooks Keanae, *peninsula of green taro patches, rocky cliffs and islets beyond*

top of Haleakala, but what a treat it is when brief afternoon showers are combined with a wind that blows away the clouds just enough to let you see rainbows arching against the high hills.

At Waianapanapa State Park one can tramp a black sand beach and an old Hawaiian shore trail, see a rock arch and blow hole, and swim in Waianapanapa Cave, a lava tube.

Hana has a small but up-to-date shopping center with coffee shop, wide-screen theater, Hasegawa General Store with its incredibly wide assortment of goods, the Buddhist temple, Wananalua Church, neat green houses of the ranch and hotel workers, and Kipahulu ranger's office.

Hana Bay is one of the few usually-safe ocean swimming places, with a gray sand beach and at the west, Keanini surfing grounds. (Another is Hamoa Beach, a few miles south, where Hotel Hana Ranch guests swim.) Wooded Kauiki Head at the south side was the fortress of Hawaii island chiefs who ruled Hana for several centuries. On its base, near Hana wharf, a plaque denotes the birthplace of Kaahumanu, favorite wife of Kamehameha I, the warrior from Hawaii who united the islands. Kamehameha learned to fight at Hamoa, and greeted Captain Cook at Wailua when the explorer's ships called in November, 1778.

Hana's first sugar mill was built near Kauiki Head in 1849, and for almost a hundred years what are now pastures were cane fields. For a full history of the region, read *Maui: The Last Hawaiian Place*, by Robert Wenkam (Friends of the Earth and McCall Publishing Co., New York, 1970; $27.50.)

Between Hana and Kipahulu the road winds in and out of Wailua Gulch past two impressive waterfalls and through an eerie forest of gnarled *kukui*. You'll notice the concrete cross standing above the road; it is a memorial to Helio, a Hawaiian Catholic who converted hundreds to his faith during the 1840's.

At Seven Pools you're in the national park. Look both upstream and downstream from the bridge and you can see the pools, at least seven larger ones plus other little ones, toppling into one another and finally flowing into the sea. The stream that supplies them never runs dry.

A path descends the south bank to the most accessible swimming and picnic spots. A campground (with primitive facilities) is just over the bank; its road entrance is ¼ mile south. About a mile above the upper swimming holes is a long pool almost roofed with trees in a high-walled canyon above a dam. A ranger leads a half-day nature hike upstream, from the bridge every Saturday at 9 A.M.

The cattle ranch leaves its gates unlocked. Through pastures dotted with giant mango trees you can walk down to the sea. Or you can walk up to the edge of the valley; start through the first gate on either side of the bridge.

Paved road ends at two interesting remains of Kipahulu settlement: the old mill stack, and an 1857 church, restored (with replicas of the original chandeliers that were brought from New England).

R. WENKAM

Swimmer showers *in waterfall that plunges into largest of Seven Pools. You can climb stream's rocky walls, cross between pools on smooth boulders*

You can shower in a waterfall . . . ride rapids down into a pool

Boys lock arms *and legs in chain to ride rapids in pools above bridge, but will eventually be tumbled and flung apart*

Energetic *youngsters ride waterfall down rock slide into last pool at ocean's edge. Road bridge just above*

wboys ride *over cattle ranch below Kipahulu Valley*
gle. You climb pasture to 1,000-foot level
iew these and other falls in Palikea Stream. Beyond
ative wilderness of koa, kukui, 'ohi'a

Her plant house beside the deck is a winter growing place for seedlings, a summer buffet for entertaining

DON NORMARK

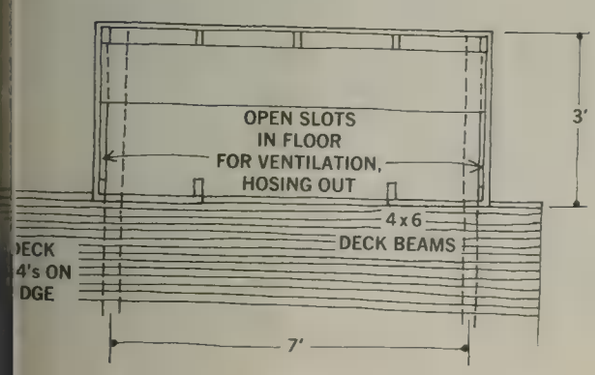
Polyethylene *film came in an 8 by 50-foot-long roll, cost about $7.50; there was enough left over for recovering*

For around $75 Portland architect D Butler, of the firm of Zaik/Miller, bu his wife a plant house. It gives her place to root cuttings and a warm, pr tected shelter in which to bring alo seedlings for summer color. It's used al to bring through the winter potted plar of questionable hardiness. In summer is frequently pressed into service as buffet kiosk for meals on the deck. then it's nearly empty of plants, and t shelf is handy for food and plates a plug-in cooking appliances.

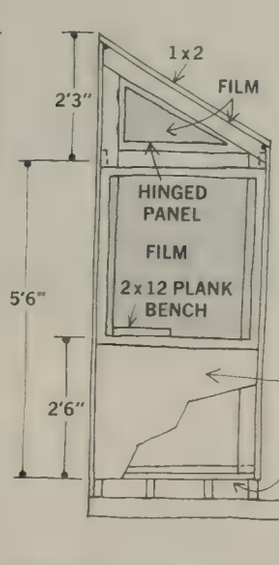
A simple structure, the plant house u readily available stock-dimension lu ber. Size was determined by two facto the 7-foot spanning of the deck bear and door height for 5-foot 4-inch M Butler. The 6-mil polyethylene fi wrapped around it has a life expectar of only a season or two. Then there several options on replacement: m polyethylene film, a tougher vinyl fi rigid fiberglass reinforced plastic, or gl

Sharp roof *lines were made by bending film over taut stainless steel wires*

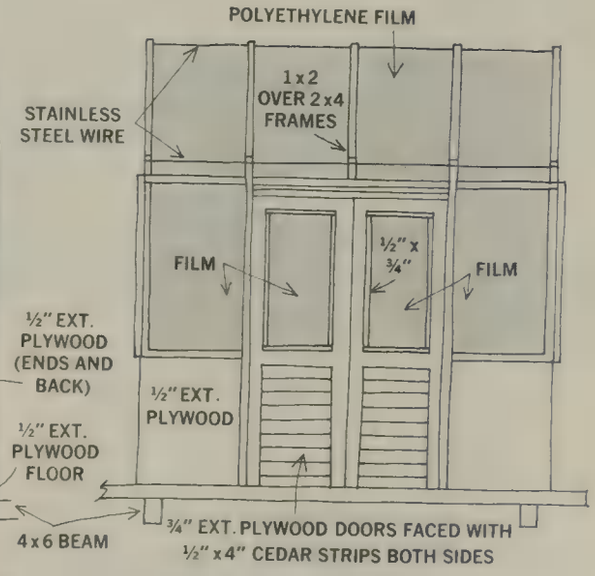
king cuttings *is often a social affair.*
k provides only level and sunny
door sitting area on this hillside lot



Floor stops *a few inches short at each end, leaves open space for air, water drainage*



Hinged *triangular panels at each end (top) open for air circulation*



Plastic film *was stapled to frame, secured by 1 by 2's nailed to 2 by 4's*

GLENN CHRISTIANSEN

Fortune cookies *from your own oven. Each contains a fortune of your devising for dinner guests to read and pass around*

At long last Chinatown's

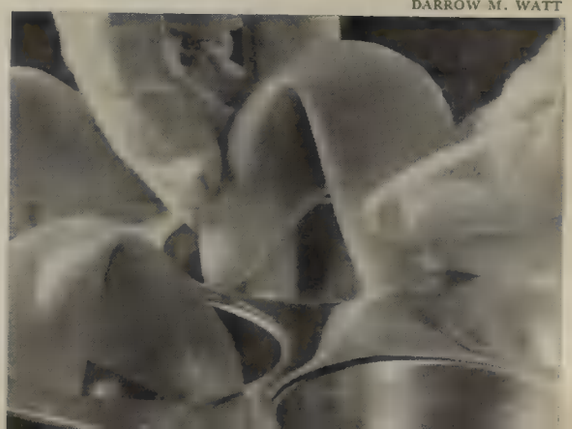
1 • *Reach into the oven, remove one cooky, and flip over onto a gloved hand*

2 • *Hold fortune in center of pliable cooky while you fold it in half*

3 • *Grasp ends of cooky and draw gently down over edge of pan to crease*

4 • *Fit cooky into muffin pan to hold shape as it finishes cooling*

DARROW M. WATT



Here's how to make your own fortune cookies . . . each with its own mysterious message inside

you can complete the four steps shown here in less than 15 onds, you can make fortune cookies.

at's about how long it takes the cooky disk—warm and pliable m the oven—to cool a little and become rigid.

easier than you may think. Cotton gloves (to handle the hot ky quickly) and a muffin pan (to hold the folded cooky in shape the few minutes it takes to cool) are about all you need.

tching skilled workers in a fortune cooky factory in San Fran- o helped convince us these cookies could be made at home. We ned that fortune cookies are probably not Chinese in origin rather the innovation of an enterprising baker in Los Angeles he 1920's. Nevertheless they have become so widely associated h Chinese food—in the United States at least—that many sider them the essential finale to a Chinese dinner.

the fortunes, rely on your own wit or books of poetry or prov- s. Original messages are a good way to provide entertainment; has a curious way of matching appropriate fortunes and ple. Write fortunes first, then cut the paper into ½ by 3-inch s; place near the oven.

tune Cookies. Sift flour, then measure 1 cup into a bowl. Stir in easpoon salt, 2 tablespoons cornstarch, and 6 tablespoons sugar. l 7 tablespoons salad oil and ⅓ cup egg white (2 to 3 eggs); until smooth. Gradually stir in 3 tablespoons water until ded. On a cooky sheet covered with foil, drop a level table- on of the batter for each of 6 cookies. Use the back of a spoon pread batter evenly into a 4-inch circle. Bake in a 300° oven about 20 minutes, or until light brown.

ove one cooky at a time from the oven with a wide spatula; king quickly, follow steps 1 through 4. If a cooky hardens too or starts to crack, return it to the oven for about 1 minute re continuing the fold. When completely cool, store in airtight ainers. Makes 1½ dozen cookies.

ecret is out

It took *this machine about 15 minutes to turn big pile of prunings into little pile of chunks*

If you have prunings (or other garden trash) that need chomping up

DARROW M. WATT

compost grinder converts useless gar-
n debris into pulp or shredded tissue
at's useful for composting, soil build-
g, mulching, or easy transporting.

e first manufactured compost grinder
s sold in the West in 1921 for green-
use use. For the next 20 years the
chines stayed pretty much in com-
rcial use. In the 1940's a few home
rdeners—mostly the so-called organic
rdeners—began to buy and use them.

t as a home garden power tool, the
chines remained minor-league until
out a year ago. Then suddenly, manu-
turers, stores, and equipment rental
ncies in many parts of the West were scarcely able to keep up with the demand.

The fast upswing in interest and use came about because of (1) recent laws in some areas that ban burning of garden trash (if you don't have access to a dump, what else can you do?) and (2) recent emphasis on recycling almost everything, including plant tissue.

Today you have a choice of seven grinding and chopping machines. On the next page you'll see how each of them performed in a special gymkhana for compost grinders that *Sunset* conducted in its garden in November. You'll see that there's considerable variation among the machines in their cost, the way they work, and the thoroughness and uniformity with which they devour garden debris.

In time, prices will probably move closer together and the machines become more standard. That's the way it was with lawn mowers and other garden machines.

Five of the seven grind (or shred). High-speed hammers, blades, or tines rotating on a horizontal axis bash the fed-in plant tissue and push it through holes or slots. Generally speaking, these types work rather slowly if the material is woody or sinewy. They have a second function—they can pulverize and mix heavy cloddy soils.

The other two machines—the Lindig

and the Sears—chop plant material into little pieces with high-speed blades and throw it out. They work faster. They were not designed for the secondary job of breaking up and mixing soils.

No manufacturer claims that his machine will take branches bigger than 1 to 2 inches in diameter.

Don't confuse the garden choppers with the heavy-duty wood-chipping machines that park departments and power companies use. Those big rigs can render whole tree limbs into chips the size of 25-cent pieces, but they cost a bundle.

When you use one of the home garder grinders or choppers, remember that *it i a continuous hazard.* Never, never pu your hand into the hopper that feed into the grinding part. If the stuff clogs poke it through with a stick.

Wear gloves. The *Sunset* gymkhana ring

Seven machines and what each did

Amerind-MacKissic Mighty Mac, $307

24 free-swinging steel hammers rotate at 2,400 rpm. 5-hp gasoline engine (also sold with electric motor). Here, it's working on sycamore leaves

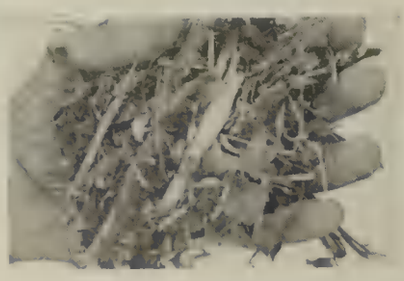
Gilson (also Montgomery Ward) Grinder, $180

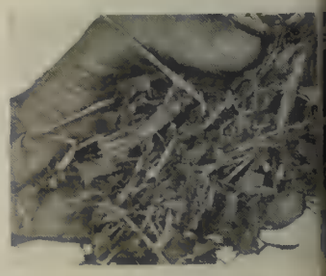
12 V-shaped blades rotate at 3,400 rpm. 5-hp gasoline engine. Narrow throat slows feed, blades pull materials through briskly. Here, it's grinding ivy

Kemp Suburbanite Shredder, $253

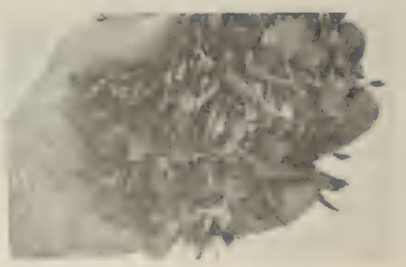
42 steel teeth rotate at 3,450 rpm. 4-hp gasoline engine (electric available). Photos below show it gave most uniform output

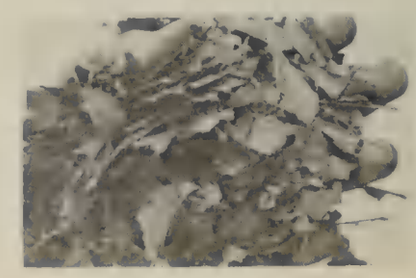
Apricot prunings

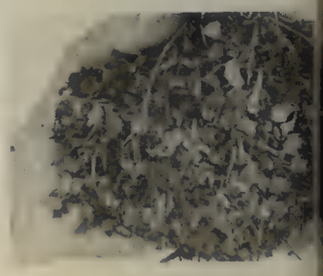




Sycamore leaves

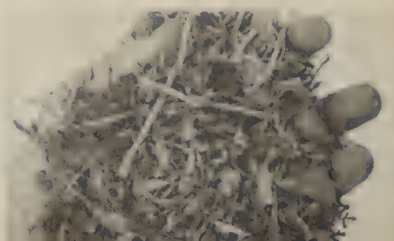


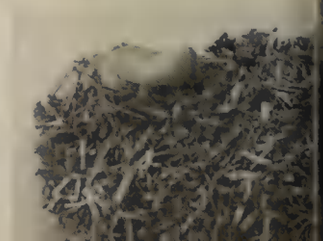




Ivy runners

Pulled-up annuals





master did not—but he wished he had. Sometimes a machine grabs a stem and whips it through very fast. Bare palms can get skinned.

Some regular users also recommend wearing goggles or a plastic safety visor to protect eyes from fast-flying objects.

If you have to put your hands into the works to clear a jam, be sure first to turn the engine off, disconnect the spark plug connection, and disengage the clutch. In the case of an electric machine, unplug it.

A 1-hp electric motor seems to do about the same work as a 3 to 6-hp gasoline engine. It needs a grounded connection, and a heavy-duty house circuit with modern wiring—or you'll blow fuses or trip the circuit breaker repeatedly.

Feeding any of the machines too much bulk too fast may kill the engine, or blow the fuse or trip the circuit breaker.

to four kinds of garden leftovers, woody to spinachy

DARROW M. WATT

indig
ajon Chopper, $354

wo fat, sharp horizontal lades rotate reel fashion, 600 rpm. 1-hp electric asoline available). Tough ger on big, woody stuff

Roto-Hoe
Shredder, $159

8 tiller tines go around at comparatively slow 800 rpm. 4-hp gasoline engine. Side feed for larger (1¼-inch) branches; routine stuff goes in hopper

Sears
Shredder-Bagger, $190

Works like top-fed rotary lawn mower with 3 stacked blades, 3,000 rpm. 6-hp gasoline. Gray streak at lower right is pulp shooting out (you can buy bag for it)

W-W
Shredder-Grinder, $260

24 curved hammers rotate at 2,500 rpm. 1-hp electric motor (gasoline engine sold, too). Here, it's shred-grinding apricot prunings

To the Marin headlands for a winter picnic

You are just 15 minutes from downtown San Francisco

On these rugged headlands the fog-rusted and cracked fortifications of forts Baker, Barry, and Cronkhite awaited an enemy navy that never steamed through the Golden Gate. The batteries were never tested, but the Army's presence preserved from development an 8-mile stretch of shore from Sausalito around Point Bonita to the fiercely-pounding winter surf of the rocky outer coast. Today, except where posted, the fort lands are open to the public.

From U.S. Highway 101, a paved road skirts the headland cliffs. You can cross the crest by several roads down into the gentle green valley that runs west past military housing to the ocean at Rodeo Lagoon and Cove.

To the east is the one-laned Barry/Baker Tunnel and U.S. 101. Leading off the headland road, a paved pedestrian road winds for a mile down to Kirby Cove. This is the first accessible unit of Marin Headlands State Park, carved from part of forts Baker and Barry. This area may be the beginning of a huge park that includes parts of military land on the San Francisco and Marin shores. Legislation to this end will probably be introduced in the new session of Congress.

Marin cliffs—*often foggy in summer—offer sunny picnic view sites in winter, safely back from edge*

JOHN REGISTER

Map *shows exits from high-speed U.S. 101 onto Marin headlands and Rodeo Lagoon roads*

High *above the Golden Gate, view through orange rigging of the bridge extends at left to spired financial district*

aves *roll past Bird Rock in distance, wash clean the pebbly beach of Rodeo Cove. This is favorite beachcombing spot*

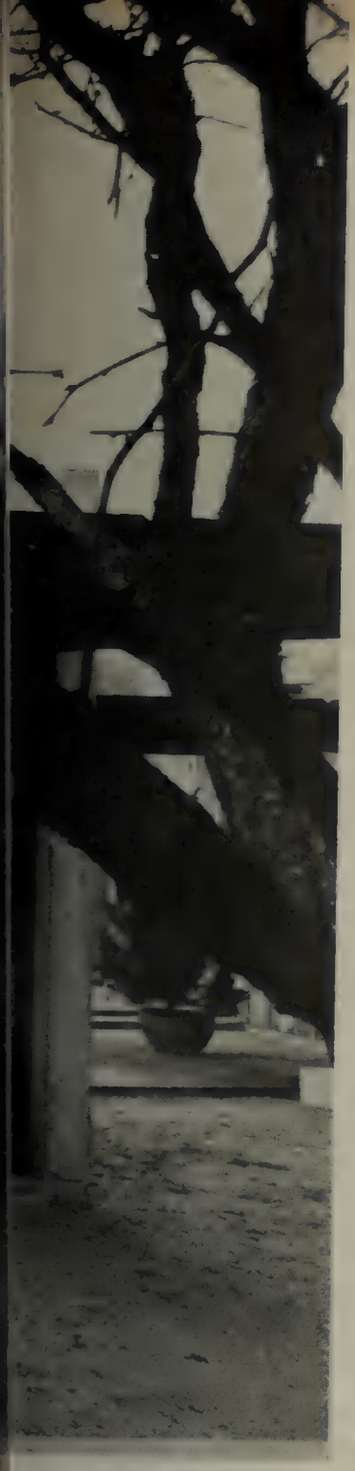
Desert house within a wild mesquite grove. It has 22 faces, concrete or glass

"Our house is simply an enclosed portion of the site."

The site that architect Robert Swalm refers to is in a thick grove of mesquite trees bordering a bank of the Tanque Verde River at Tucson. And the enclosure is a strikingly handsome and straightforward structure of concrete, wood, and glass in which you're never out of touch with the trees, countryside views, and desert wildlife.

Forms for the 8-inch-thick concrete walls were rough-sawn 1 by 12-inch pine boards; the impressions they made were purposely left unsmoothed to enhance the surfaces inside and out. The ceilings are 2-inch-thick rough-sawn cedar over rough-sawn fir beams. The floor throughout the ground level is concrete.

As enchanting as the site seemed soil was found to be unstable. The tion was to support the house on tem of concrete piers (each 2 fe diameter) spaced every 8 feet arour perimeter of the floor slab and exte 9 feet down into the soil—like r the house on a giant multilegged

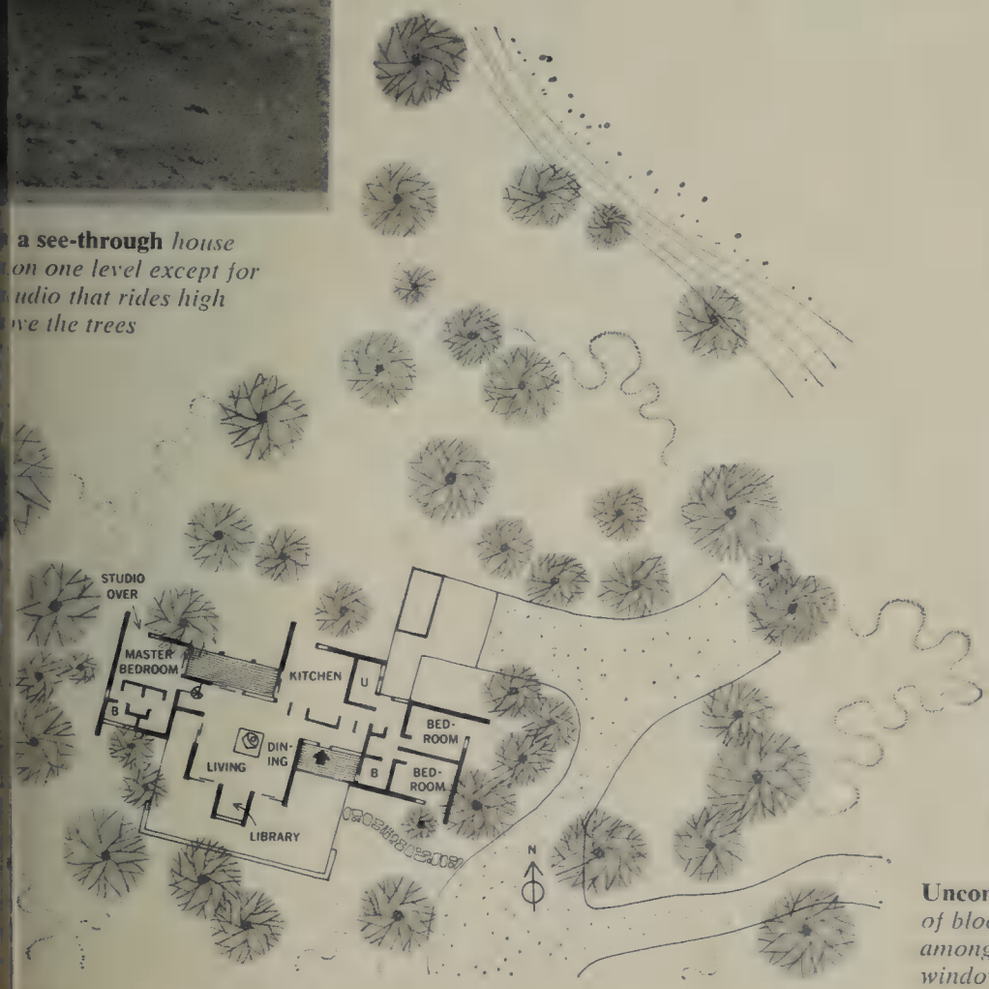


a see-through *house*
on one level except for
udio that rides high
ve the trees

DON NORMARK

Library projects *out into desert; the windowless wood walls block out the sun, provide surface for books*

Cool, covered *sitting area on north side. Living areas, master bedroom, and kitchen open out to it*



Master bath *has sunken tub that faces desert through glass wall. Studio bath is above it*

Unconventional *22-faced house is like a cluster of blocks moved this way or that to fit among the trees. Blank walls face the sun. View windows are shielded by overhangs, wall extensions*

Instead of just ham or bacon
Instead of more sunnysides up
Instead of waffles or hot cakes
Instead of crackles and pops

A quiet revolution at breakfast time

"I always hated breakfast until I realized I could eat the foods I like" is a declaration of enlightenment.

If you'd like a corned beef sandwich on Monday, a piece of apple pie on Tuesday, a taco on Wednesday, and (for variety) bacon and eggs on Thursday—stand up for your rights.

If you can't face food first thing in the morning, face it later. Or instead of one meal, have several tiny ones.

Of course, these somewhat revolutionary proposals may cause a bit of static if the cook doesn't happen to be you.

For years nutritionists have been drilling away that we mustn't skip breakfast; nutritionally it is essential. The earnestness of this message has clouded another that's no less true. Breakfast can be fun.

To paraphrase the attitude of more than one household: On work and school days it's hard enough to get everyone going without having to think, too. The easiest solution is a routine. Besides, if you like bacon, eggs, toast, and juice (or any of the other ritualized combinations) every day, there's no reason you shouldn't continue to enjoy them.

But if you like a lighter, freer approach to breakfast, without elaborate planning or extra work, here are two approaches to guide you. The first could just be called the *instead of* plan; the second borrows breakfast customs from other countries to add freshness to our own.

The collection at right may not look like breakfast to you, but each item fits very well into the morning meal. These supermarket candidates represent only a fraction of the innovations you might try *instead of* serving what you and your family may have come to expect.

A fair share of the foods pictured are ready to eat; others require no more cooking than bacon. Missing from our picture, but worthy of consideration, are any number of dishes that may have been aimed at another meal, but can gracefully appear (or reappear) at breakfast, such as soups, stews, casseroles, cooked meat, fish, or poultry.

It doesn't take much planning to decide one morning to have a piece of cheese instead of an egg, or a few cherry tomatoes instead of a glass of orange juice, or a slice of corned beef instead of bacon. (Such suggested exchanges are based on the similar nutritive values. A good reference, available in public libraries, is the U.S. Department of Agriculture Home and Garden Bulletin No. 72, *Nutritive Values of Foods*.)

Ideally, breakfast is supposed to provide about a quarter of your daily food needs (for your individual requirements, refer to the recommended daily allowance chart in the bulletin indicated above). This doesn't mean that breakfast can't supply more or less—if remaining meals or snacks are adjusted accordingly.

To take the pressure off planning each meal in great detail, adopt an overall view for the day as outlined by the Basic Four Food Group: two or more servings of meat, dry beans, dry peas, or nuts; four or more servings of vegetables and fruits; some milk or dairy food; four or more servings of bread or cerea that are whole grain, enriched, or r stored—plus other foods as needed complete menus and provide addition energy and other food values. You dor have to plan a fourth of your dai vitamin C requirements at breakfast, fourth at lunch, and half at dinner. Y can eat all the foods rich in that vitam at one meal.

If you're hungry in the morning, eat satisfying meal, then (if necessary f balance) cut down on lunch or dinn If you are a light eater and want or milk or juice at breakfast time, then y need to plan calculated snacks such an orange, a few slices of cold me some fruit yogurt, or a hard-cooked e during the morning; just one big m a day is as bad a policy as no breakfa

Pictured: Two doz breakfast challeng

In the fruit basket: prunes, pe oranges, avocado, grapes, banan blueberries (from the freez grapefruit, and cocon

In the cans: sardines, h oysters, kippered herri

The cheeses: jack, smoked, and breakf

Fresh tomatoes, fresh mushroo trout, eggs, crisp rye cracker bre

On the board: Polish sausage, pastra tiny beef patties, skewe lamb bits, chip steaks, corned b

GLENN CHRISTIA

SARDINES
SARDINES
SPIRIT OF NORWAY

One kind *of Mexican breakfast features chicken, papaya, hot tortillas, and chocolate*

From Mexico . . . tortillas, papaya

Away from the tourist path in Mexico, the bill of fare for breakfast is often the same as for supper. (This relaxed attitude toward what foods are "proper" for any one meal corresponds to our *instead of* approach explained on the preceding page.) You might have a well seasoned dish instead of a simply prepared food, chicken instead of sausages, beans instead of cereal, a taco or tortilla instead of toast.

The combination at left is just one way to go: papaya, baked chicken leg, spicy hot chocolate, and warm soft tortillas to eat with butter and jam.

Other fruits that are in keeping with a Mexican theme are mangoes (fresh or canned), peaches (frozen or canned), pineapple, oranges, strawberries, bananas, or any melon.

The notion of poultry for breakfast is startling to some, but baked chicken legs (in Mexico they're more likely to be grilled) are surprisingly easy if you get up about an hour before it's time to eat. Arrange legs (whole, thighs, or drumsticks) slightly apart in a shallow baking pan. Brush lightly with melted butter or salad oil and sprinkle with salt. Bake in a 400° oven for about 40 minutes or until skin is crisp and meat pierces easily. (A non-Latin but inter esting and nutritious addition: Bak medium-sized yams along with the chick en for about 50 minutes, and omit frui for the meal.)

Or, instead of cooking, serve cold, slice leftover chicken.

Chocolate, spiced in the Mexican man ner, is not only delicious but carries rich bonus of vitamins and minerals You can buy prepared Mexican choc late to blend with milk, or pour hot coco or chocolate into mugs containing a cin namon stick and, possibly, a little instan coffee powder.

If you like corn tortillas, they can ad a great deal to breakfast in convenienc and flavor. Here they act as a breac But their role expands when used a a wrapper—warm tortillas folded tacc style around scrambled eggs, or cris bacon and avocado, or browned groun beef, or leftover chile or meatballs.

Tortillas are quickly heated. Moiste your hands with water and rub the over surfaces of one corn tortilla at time. Place it in a dry frying pan ove medium heat and flip frequently for sev eral seconds until warm and pliabl Stack tortillas as heated, keeping co ered and warm until ready to serve.

From Italy . . . fruits and cheese

Travelers in Italy tend to assume that the Continental tray of hot rolls, butter, jam, and strong coffee and milk is breakfast; yet almost without fail there are available on a sideboard fruits and cheeses from which you are welcome to make selections. This combination alone provides one of the easiest ways we know to add new (if rarely radical) flavors for breakfast.

Shown at right are a soft-cooked egg, a piece of toast, and coffee supplemented by a cluster of grapes, a segmented orange, and a chunk of fontinella cheese. That meal, featured on Sunset's cover, provides more than a fourth of the daily food needs of most adults.

If you alter the way the egg is cooked (or sometimes omit it), choose different breads, vary the fruit (sometimes trying raw vegetables), sample various cheeses and occasionally serve cold meats in place of the cheese, the likelihood of monotony is very slight.

Each season also brings new choices. Complementary combinations to try now include Winesap apples with Jarlsberg cheese, Golden Delicious apples with Danish Camembert, any pear with fontinella, red grapes with Port Salut or sanglier, pineapple with provolone, dried apricots with gourmandise, dried prunes or figs with dry jack or Parmesan, raw cauliflower with sharp Cheddar, cucumber with Leyden, fennel with Gorgonzola, peppers or turnips with Havarti.

And the obvious invitation is to experiment further.

Some delicatessen cold meats that fit readily into this kind of meal are boiled or baked ham, corned beef, pastrami, Lebanon bologna, dry Italian salami, prosciutto, Westphalian ham, tongue, smoked beef, coppa.

Easy introduction *to variety: pair compatible fruits and cheeses*

A **morning meal** *in the Scandinavian style: open-faced egg and meat sandwiches, fruit soup, warm pastry; include coffee and hot milk*

DARROW M. WATT

Scandinavia . . . breakfast sandwiches

GLENN CHRISTIANSEN

In northern Europe, a substantial breakfast is a serious matter intended to protect you from the elements. While Scandinavian menus rely heavily upon some of the standards also typical here—eggs, pork meats, sweet and savory breads, hot cereals, fruit—they also include fresh and preserved fish, beef, potatoes, variety meats, cheeses, and thick vegetable and fruit soups.

Just the way familiar foods are presented can add a new dimension to breakfast. Above, meat and eggs are served as open-faced sandwiches: buttered dark pumpernickel topped with poached eggs and pork link sausages, and thin sliced cold roast beef and hard-cooked egg slices. It's quite another meal if the bread is toasted cracked wheat, the eggs are scrambled, and the meat is bacon.

Fruit comes in the form of cold fruit soup: in this case, frozen strawberries whirled in a blender with orange juice. Try combining other juices and fresh or frozen berries in this manner.

An established part of Scandinavian routine is the second breakfast. If the first meal has been hearty, the second might be just pastry and coffee—as at our "coffee break." But if the morning began with bread and beverage, more substantial foods come later. You can adopt a similar routine if you like a quick start like toast and juice: At midmorning, bolster up with something like a bowl of soup, or a plump hot Swedish or Polish sausage in a crusty roll.

DARROW M. WATT

Lively, *inviting Israeli breakfast with bagels and breads, cheeses, fishes, olives, and vegetables*

From Israel...a glorious breakfast spread

Globetrotters report the Israeli breakfast to be an experience full of delightful surprises. Even skeptics who doubt that a meal of such variety goes well together admit they find the flavor balances are in harmony. The following menu is typical but adapted to Western markets. It's so easy to reproduce that you might serve it to the family on a busy weekend, or to company as a festive brunch.

Orange Juice
Hard-cooked Eggs
Mild Yellow Cheese Cottage Cheese
Yogurt Cheese
Tomato Wedges
Shredded Carrots with Orange Juice
Canned Sardines Marinated Herring
Herring in Sour Cream
Olives, Black or Green or Both
Assorted Breads including Bagels
Butter
Hot Milk with Coffee Chocolate Tea

The little actual preparation for this elaborate-looking menu can be completed the day before, and the foods refrigerated in serving containers. Mostly you shop for the foods and just serve them.

In Israel, the orange juice would be freshly squeezed, but for convenience you may prefer frozen or canned juice.

The eggs are shelled at the table.

The cheeses available to us are not the same as those sold in Israel, but good substitutes are mild Danish tybo or Swedish or Italian fontina. Our cottage cheese is creamier than the Israeli counterpart, and yogurt cheese (directions follow) is just a flavorful approximation to spoon over the cottage cheese.

Tomato wedges can be peeled, if you like; or serve cherry tomatoes.

Peel and shred carrots; if you do it ahead, package tightly and refrigerate. At serving time, sprinkle lightly with orange juice.

Buy the canned sardines and the jars of herring (look in the refrigerated section at your market) and serve as they are.

Serve Greek or Italian-style cured olives, or green ripe and black ripe olives.

Offer tea, chocolate, or—as in Israel—instant coffee blended with hot milk.

To calculate the quantity of food you will need, allow for each person a glass of juice, an egg, a slice or two of yellow cheese, about ¼ cup of cottage cheese, a tablespoon or so of yogurt cheese, about ¼ of a large tomato or 2 cherry tomatoes, ½ carrot, a few olives, and at least one roll. For six to eight people you'll also need 1 can (about 4-oz. size) sardines and 2 jars (6-oz. size) prepared herring.

Leftovers can be incorporated readily into other meals or a future breakfast.

For a party, these foods lend themselves to attractive buffet arrangement. For the family, you might just group them on trays to pass at the table.

Yogurt Cheese. To make yogurt cheese that is similar to *lebineeya* of Israel, line a colander with a muslin cloth and pour in 1 quart unflavored yogurt; lift cloth up and over yogurt and twist ends to enclose. Let drain overnight in the refrigerator. Next day, scoop the creamy yogurt from the cloth and serve; discard the clear yellow liquid. Or transfer yogurt cheese to another container and store as long as a week in the refrigerator. Spoon over cottage cheese, fruit or berries. Makes about 2 cups.

The Changing Western Home

Standard lumber sizes

The actual size of softwood lumber, the kind used in most house construction and for a great many do-it-yourself projects, has confused amateur carpenters for years. For instance, a 2 by 4 really measures ⅜ inch smaller than that in both dimensions unless it is rough, or unfinished, when it might be 2 inches by 4 inches or perhaps a little more. Other standard sizes follow the same pattern. On top of it all, green lumber is cut the same as seasoned lumber but then dries to a slightly odd size.

Two years of discussion by builders, architects, engineers, and manufacturers ended last September in a decision to set uniform national standards for softwood lumber; these should help a bit and save some wood as well.

Finished dimensions are reduced so that a dry 2 by 4 from most mills will now measure 1½ inches by 3½ inches, an easier measure to work with than the old 1⅝ by 3⅝. All other sizes of dry lumber will also vary from the stated dimension by ½ inch. Green wood will be cut 1/16 inch larger than its intended ultimate size—to allow for shrinkage.

A rolling step-stool

Kitchen step-stools and ladders come in many models, and much imagination has gone into the design of steps and ladders for reaching bookshelves.

Even so, a distinctive step-stool now available is worthy of comment. It's round, looking a little like an upended wastebasket with the sides cut out. It has wheels, so it rolls easily into position with a push of your foot; but when you step on it, it settles onto its bottom rim and won't roll farther.

The stool is sold at office supply stores for about $30.

Earthquake information

Californians tend to be proud of their earthquakes. An occasional light tremor alarms no one, and everyone has a good story about the time the quake swung the chandelier or nearly pitched him off the bed. And of course the 1906 earthquake is an unending source of stories.

At the same time, people tend not to think about the possibilities for damage during a really severe earthquake. Some things are beyond human control, but there are a number of practical measures that a householder can take to avoid or reduce damage and injury.

A folder prepared by the U.S. Geological Survey and the Office of Emergency Preparedness suggests practical steps to take before an earthquake strikes. Among these are providing strong support for water heaters and other gas appliances that might pull loose and cause a fire, and removing heavy objects from high shelves to low ones.

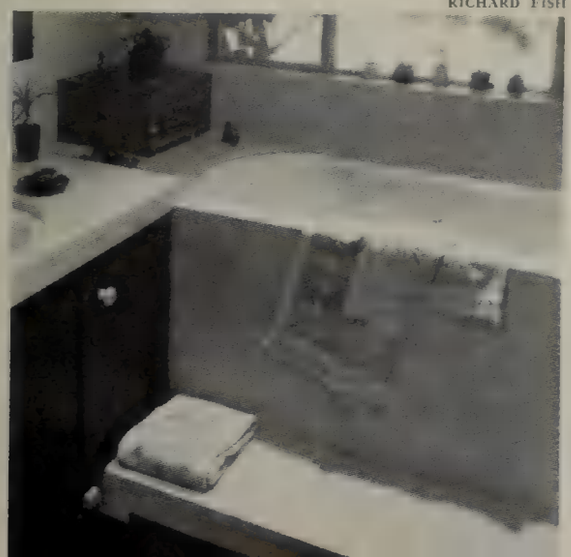
The folder, *Safety and Survival in an Earthquake*, is available by mail from the U.S. Government Printing Office, Washington, D.C. 20402. It costs 10 cents.

GERALD FREDRICK

In a curving wall

The dramatic eating nook in the photograph above was designed by architect Jan Stypula of Monte Sereno, California, for John Jagger of Los Gatos. Leftover oak flooring was used to line the rounded wall of the stairwell and a table was built to fit the space. What might have been a wasted, odd-shaped area becomes a focal point. The table can be moved away from the wall if more than two persons want to use it.

RICHARD FISH



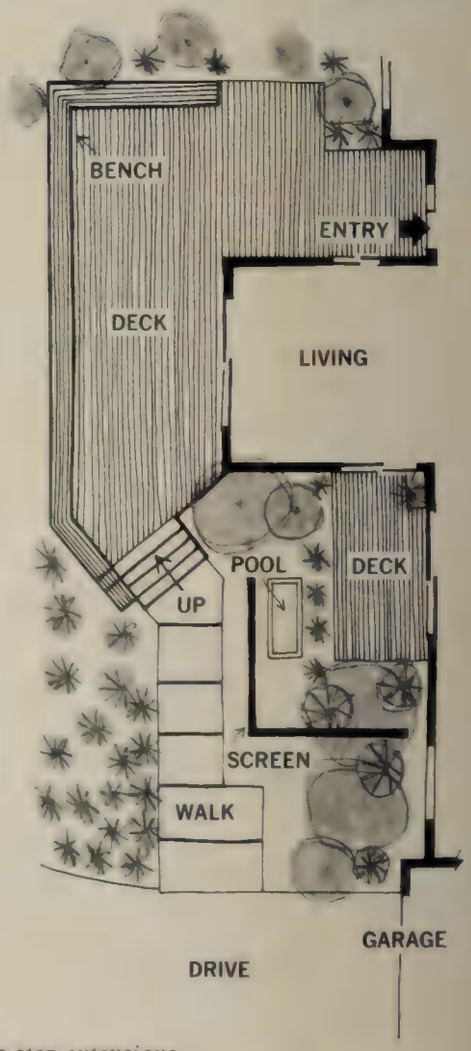
Walk up to the tub

Most travelers to Europe have come across the raised bathtub. Some old-fashioned hotel tubs there are several steps above ground level. The tub pictured at left looks much like one of those, but it's in a Los Angeles home belonging to Dr. and Mrs. Albert Chase. He wanted to bathe at a convenient level for looking out the window, so he designed the tub and step-bench. As a result the tub looks more interesting and the bench is a handy place for a stack of fresh towels.

Wide bench *around edges of deck eliminates need for a safety railing*

DON NORMARK

A new wrap-around deck leads guests to the entry



The main object of this landscaping project was to bring the front door out of hiding. A projecting wing of the house cut it off from view so guests were never sure which way to go. Often they would guess wrong and go to the back door or into the garage.

Since the location of the front door couldn't be changed, it was necessary to create an approach that would lead unmistakably around the intervening house wing.

This was accomplished by widening the walk and connecting it to a deck that wraps around the projecting house wing and ends at the front door. Windows of rooms looking out on the walk were screened, and the space behind the screen was developed into an intimate garden with a small pool.

With such a generous, floor-level deck it was only logical to open the living room to it with new sliding glass doors.

As it has worked out, the deck has become a favorite entertaining spot; it faces south toward the view and the winter sun, and has plenty of built-in seating. From the living room and dining room you can also walk out onto a smaller, floor-level deck within the enclosed garden.

The landscape architects were John Herbst, Jr. and Associates for Mr. and Mrs. Robert E. Erickson, Portland.

Decklike *step extensions are for potted plants*

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ELLS MARUGG

Drain *the heater twice a year*

Ways to baby your water heater

Most Western homes have gas-fired hot water heaters. Although they are relatively trouble-free, a little simple maintenance helps avoid problems.

Check to see if the temperature control on your water heater is set at "normal" (about 140°). In some homes a higher temperature is needed—such as when you have a small 20 or 30-gallon tank and use a lot of water for showers. Then you need hotter water, so less of it is required to blend with the cold water at the shower. But your water heater lasts longer and uses less fuel if it operates satisfactorily at a normal temperature.

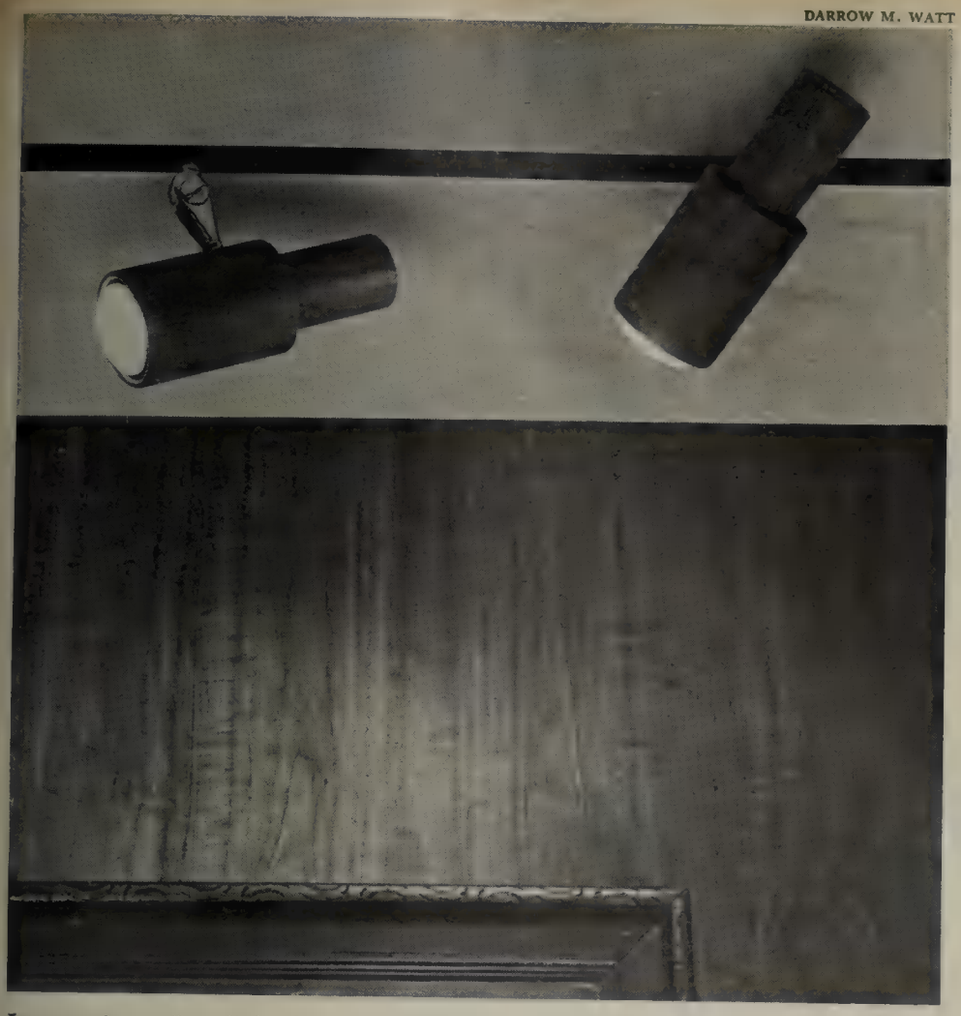
About twice a year, drain a gallon of water out of the tank to eliminate any sediment. The drain faucet, as shown above, is near the bottom of the appliance. If your water heater is old and has not been drained recently, turn off the water supply and drain the tank through a hose leading outdoors. The drain faucet of an old tank may not close easily once opened. You may need to run to the garage for a wrench or to a hardware store for a new faucet washer to close it off.

When you drain sediment from the tank, also check the gas burner. If there is ash or dirt, brush it off. On some new water heaters, you cannot reach the burner easily with a brush so you may have to use a drinking straw, or similar tube, to blow it off.

Don't turn off your water heater when you go on vacation. The pilot light uses only a few cents' worth of gas a month; and if you turn it off, the thermocouple may stick, requiring an expensive replacement. Just turn the heater control to "low" or leave it at "normal."

If the pilot light on the water heater goes out at any time, you will usually find printed instructions somewhere on the heater on how to relight it. Or, in many communities, you can ask the gas company to send out a man to relight it free of charge.

DARROW M. WATT

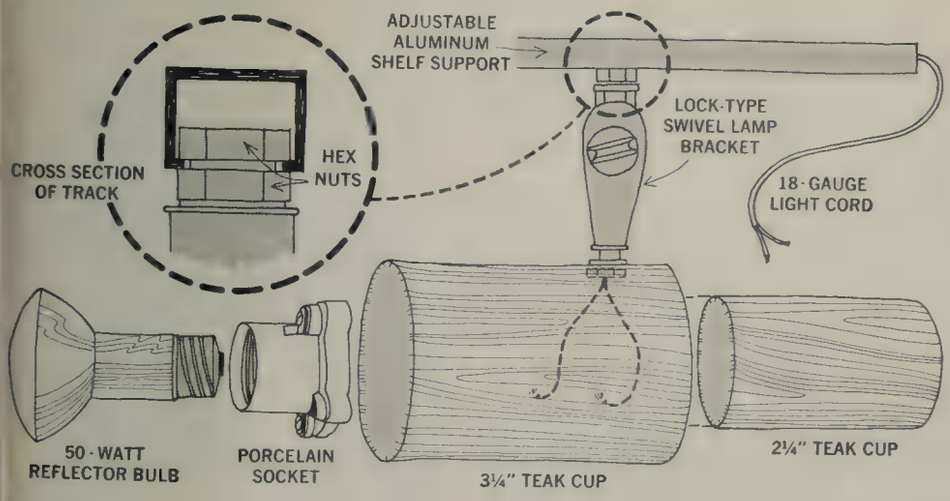


Inexpensive *gallery lights lock anywhere on track, angle any direction*

Overhead lights ride on a track

Movable along a ceiling or wall-mounted track, two or more of these inexpensive, attractive lamps will give good auxiliary spot lighting for your family room, studio, or workshop. As shown, you can make them of two sizes of teak cups available at import stores for about $1.50 and $2.50 each), or use any similar, cheaper metal cups or cans.

Buy the swivel lamp brackets (about $1.50 each) at an electrical shop. Take them to a lumberyard to find one of the several brands available of aluminum shelf supports (about $2.50 for a 6-foot length) that have inner lips which will fit the lamp brackets' hex nuts snugly. The lamps were designed by Rick Morrall of Palo Alto, California.



Secure *light socket inside bottom of larger cup with screws. Simply sand smaller cup's lip flat and attach with white glue to the larger cup*

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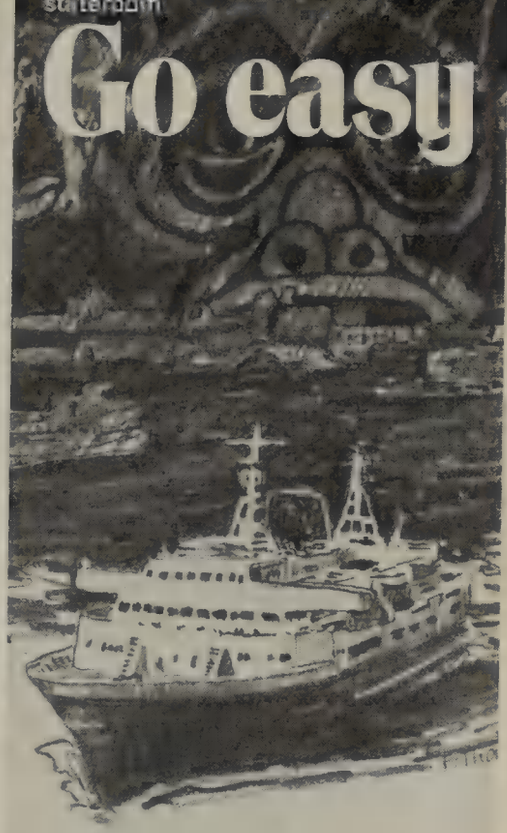
Go easy



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ELLS MARUGG

Shelf *gives twice the storage space; tambour door (as on a roll-top desk) pulls down, hides the contents*

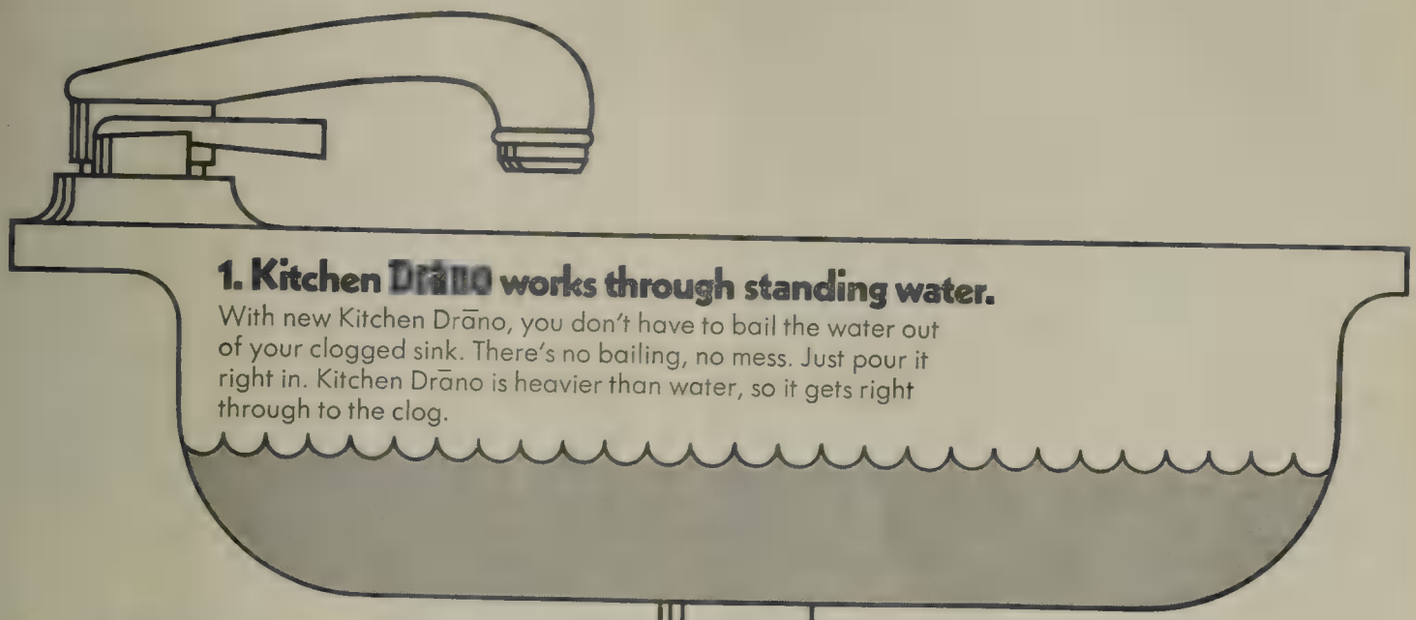
Small appliances deserve a garage

An appliance garage is the best way to keep small appliances like the toaster, juicer, and blender at the cook's finger tips when needed yet out of sight when not in use. The one above was designed by architects Robert C. Peterson and Victor K. Thompson; the one below, by architects Bull, Field, Volkmann and Stockwell for the Ogden C. Whites of Hillsborough, California.

Closed: *door conceals appliance*

Open: *toaster handy for snacks*

NEW KITCHEN Drāno SOLVES ALL 4 KITCHEN DRAIN PROBLEMS.



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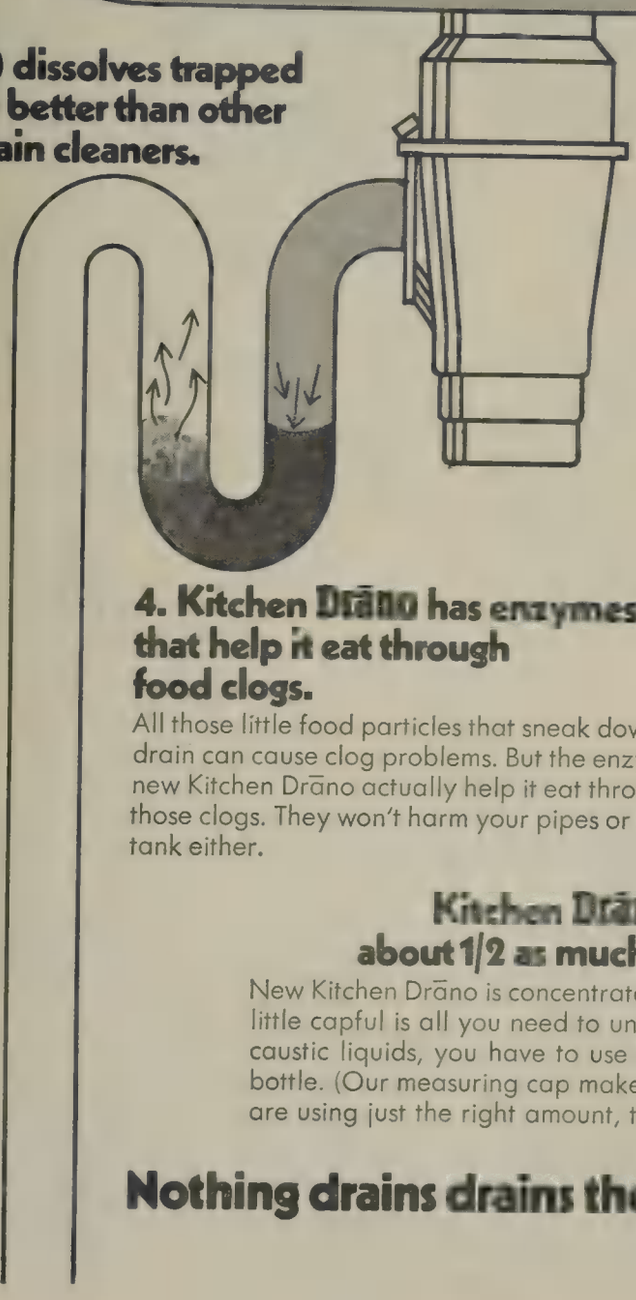

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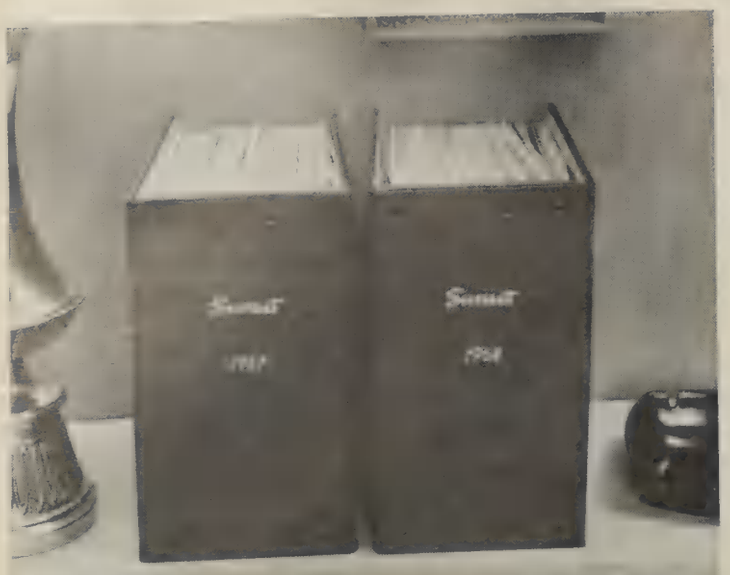

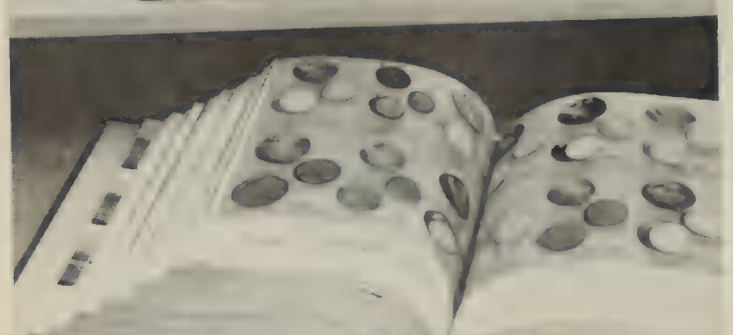

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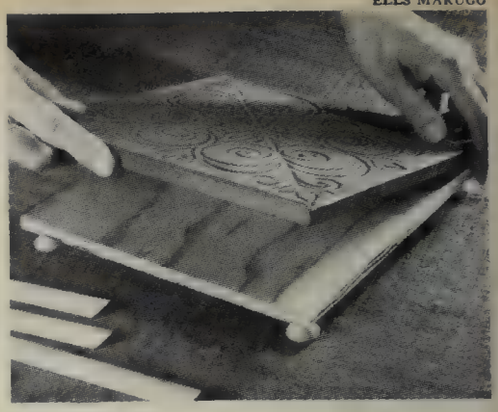

Tile, *plywood base, knob feet, and framing strips are easy to assemble*

Heavy, framed trivet *protects the table from oven-hot casserole*

Making a tile into a trivet

If you've been saving a good-looking tile, why don't you consider giving it a practical use?

One possibility is to frame it, mount it on legs, and use it on the dining table or in the kitchen as a trivet.

To make a frame like the one pictured above, you'll need a square of ¼-inch plywood the same size as the tile (ours was 8¾ inches square), four 9½-inch-long strips of ¾-inch half round (bevel and sand to fit), and four wooden ¾-inch drawer knobs.

Glue the tile to the square plywood base and the framing strips of half round to the sides. For our project we used a silicone adhesive sealant and let it dry for 24 hours before gluing a knob foot under each corner. Sand and finish with wood sealer or stain.

For a very simple tile trivet you can eliminate the framing and just add four self-sticking furniture protector pads to the base. To find suitable tiles (some are even imprinted with recipes), look in the telephone directory under Tiles.

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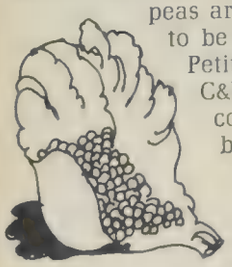
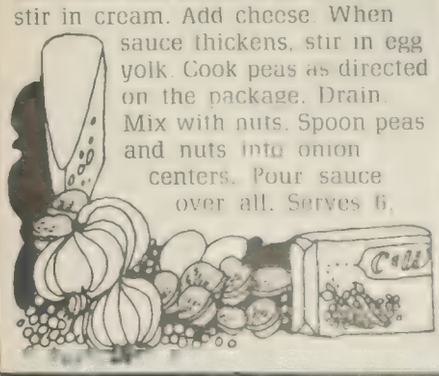


Peas 'N Cheese Onion Cups With C&W Petite Peas

6 large onions
4 tbsp butter
2 tbsp flour
1 cup heavy cream
¼ cup grated Monterey Jack or Swiss cheese
1 egg yolk
1 package C&W Petite Peas
¼ cup walnuts, chopped (optional)

Parboil onions 15-20 min. Drain, remove centers. Place in casserole with 2 tbsp butter, bake at 350°F. until golden brown, brushing occasionally with melted butter. Melt remaining butter in saucepan and add flour and blend well. Slowly stir in cream. Add cheese. When sauce thickens, stir in egg yolk. Cook peas as directed on the package. Drain. Mix with nuts. Spoon peas and nuts into onion centers. Pour sauce over all. Serves 6.



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RICHARD FISH

Hinged case *rolls smoothly outward on casters; behind it is a storage closet*

Swinging bookcase hides a storage closet

In remodeling his living room, Los Angeles architect Lorenzo Tedesco designed this pair of cases to provide additional book storage and display space yet still allow access to a game and toy closet.

Both reach from the floor to just short of the ceiling. One is permanently fastened to the wall with countersunk lag screws. The other, which also serves as the door to the closet, is attached to it with a continuous hinge. It swings free, supported by casters concealed in the toe space. The weight of the case keeps it in the closed position.

Up against *the wall, the cases—made of 1 by 10's with plywood backs—provide handsome display space*

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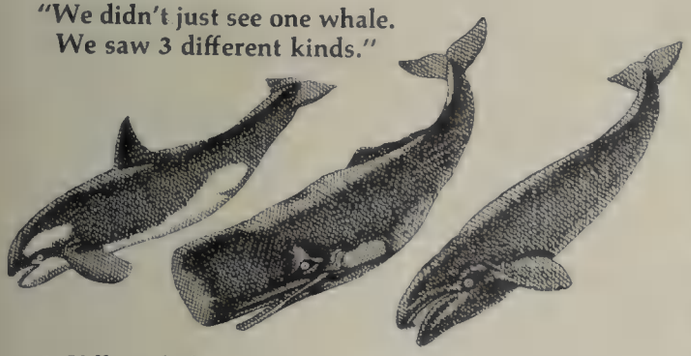
"We didn't just see one whale. We saw 3 different kinds."



1. Killer whale 2. Sperm whale 3. Grey whale

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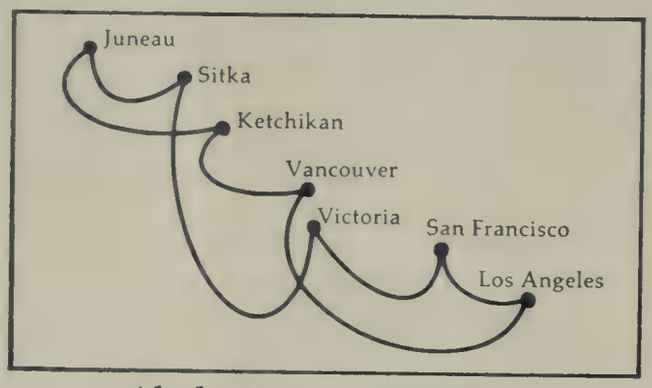

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The short rib casserole is all done the oven, and it also offers a nouris

The tender young chicken cooks with the vegetables in flavorful canned broth

Chicken and Corn Soup

You can make this simmered soup in little more than an hour.

- 1 broiler-fryer chicken (about 2½ to 3 lbs.), whole or cut-up
- 1 large can (47 oz.) chicken broth (about 6 cups broth)
- 1 medium-sized onion, chopped
- 4 medium-sized carrots, sliced
- 2 stalks celery, sliced
- 1 bay leaf
- ¼ teaspoon *each* poultry seasoning and pepper
- 1 can (about 12 oz.) whole kernel corn or 1 package (10 oz.) frozen corn
- 2 tablespoons chopped parsley

In a Dutch oven combine the chicken (include neck, gizzard, and heart, if you wish) with the chicken broth. Add the onion, carrots, celery, ba poultry seasoning, and pepper. Cov and simmer until the chicken is ful tender, about 45 minutes. Remo chicken and set aside. Discard ba Pour the soup through a wire strain pressing vegetables through (or wh part of soup at a time in a blende Return soup to pan.

When cool enough to handle, p meat off chicken in bite-sized piec discarding skin and bones; add soup with corn and parsley. Simm until the corn is heated or tend about 5 minutes. Makes 4 large se ings.—*N. H., Truckee, Calif.*

Flaky pastry with savory cheese topping; cut it in 2-inch squares and serve hot

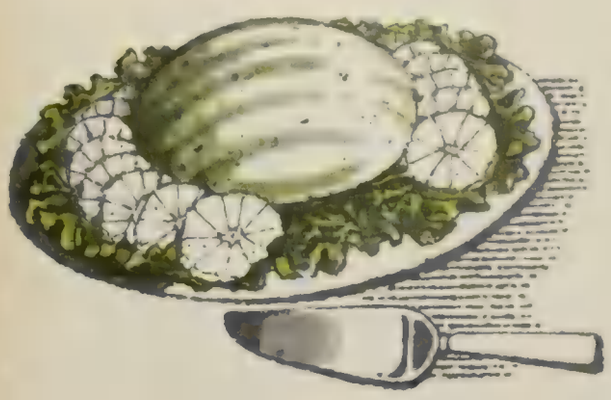
Quick Cheese Appetizers

Use frozen patty shells to make the pastry for these hot appetizers.

- 1 package (10 oz.) frozen patty shells
- 1 egg, lightly beaten
- 1 tablespoon sesame seed
- ½ cup finely chopped onion
- 1 tablespoon butter or margarine
- ¼ cup finely chopped parsley
- ½ teaspoon salt
- Dash *each* cayenne and allspice
- 8 ounces jack cheese, coarsely shredded

Allow patty shells to thaw just until pliable, about 30 minutes. On a lightly floured board, arrange 2 rows of 3 shells each so shells all overlap slightly. Roll and pat into a rectangle, about 10 by 15 inches. Carefu transfer to a shallow-rimmed baki pan; prick bottom with a fork. Bru egg over surface and sprinkle w sesame seed. Bake in a 450° oven f 15 minutes. Sauté onion in but until limp. Add parsley, salt, cayen and allspice; cook for 1 minute, move from heat, and stir in cheese.

Remove pastry from oven and spo cheese mixture to within ½ inch edges. Return to oven and bake u cheese is melted and pastry is w browned, about 5 minutes. Cut a serve hot. Makes about 28 appetiz —*E. M., Los Angeles.*



The big, sweet navel orange slices offer a delicious contrast to smooth avocado

Jellied Avocado with Oranges

Shape the jellied avocado in a quart mold or in individual molds.

- 1 package (3 oz.) lemon-flavored gelatin
- ½ teaspoon salt
- 1 cup hot water
- 1 small package (3 oz.) cream cheese at room temperature
- ½ cup mayonnaise
- 1 can (7¾ oz.) frozen avocado dip (or 2 avocados, mashed)
- 2 tablespoons lemon juice
- ⅛ to ¼ teaspoon liquid hot pepper seasoning
- ¼ cup finely chopped green onion or celery
- Lettuce leaves
- 3 large oranges

In a bowl stir together the gelatin, salt, and water until thoroughly solved; chill until syrupy. Meanwl in another bowl combine the cre cheese, mayonnaise, avocado, len juice, hot pepper seasoning, and ion or celery; mix well. Stir avoc mixture into the partially thicke gelatin. Pour into a 1-quart mold 6 individual molds. Chill until set.

Unmold on a serving plate and g nish with lettuce. Cut the peel membrane off oranges, slice, and range around salad. Makes 6 se ings.—*C. K., Mountain View, Ca Instead of oranges, you might other fruits or tomatoes.*

ing mix of meat and vegetables.

If you devise a good new recipe we'd like to hear about it. Mail recipes to *Sunset Magazine,* Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Short ribs or chicken soup for dinner . . . with appetizers, avocado salad, and cake

Carrots with Pears

This vegetable with fruit is fine complement to pork, lamb, or poultry.

- 1 bunch (about 5 medium-sized) carrots
- 3 firm-ripe Anjou or Bosc pears
- 2 tablespoons lemon juice
- ¼ cup (⅛ lb.) butter or margarine
- ½ cup chopped onion
- ¼ teaspoon salt
- ½ teaspoon sugar
- 2 tablespoons finely chopped parsley

Peel the carrots, then cut in diagonal slices about ½ inch thick. Cut the pears in half, peel, and remove cores, then cut crosswise slices about ½ inch thick. Put pears into a bowl and sprinkle with the lemon juice, mixing to coat all surfaces with the juice.

In a frying pan with a tight lid (about 10 inches wide), heat butter over medium-high heat. Put in onion and carrots, cover, and cook about 10 minutes, shaking pan occasionally. (You could do this much in advance; then reheat quickly just before serving.) Remove cover, stir, add pears with lemon juice, salt, and sugar. Continue to cook, uncovered, stirring gently from time to time, until carrots and pears are just tender, about 5 minutes more. Mix in the parsley just before removing from heat. Makes about 6 servings.—*E. N., Vida, Ore.*

Fresh winter pears add a subtle sweetness to buttery steamed carrot slices

Beef Short Ribs in Casserole

Dry onion soup mix and canned soup with barley provide flavor short cuts for this hearty dish.

- 3 pounds lean beef short ribs, cut in chunks
- 1 envelope (amount for 4 servings) onion soup mix
- 1 can (about 10¾ oz.) condensed beef soup with vegetables and barley, or Scotch broth
- 1½ cups water
- 1 package (10 oz.) frozen baby limas
- 1 can (3 or 4 oz.) sliced mushrooms (optional)

Distribute the short ribs in a 3-quart casserole. In a bowl combine the onion soup mix with condensed soup and water, stir until blended, then pour over the meat in the casserole. Cover tightly and put into a 425° oven until the meat is very tender, about 2¼ hours. Remove from oven and skim any excess fat off the top.

Quickly defrost the limas by putting into a colander and running hottest tap water over them. Drain and add to casserole. Also add mushrooms, including their liquid, if used. Cover and return to oven until the beans are tender, about 25 minutes. Makes 4 to 6 servings.—*L. W., Alhambra, Calif.*

You could add potatoes, cut in chunks, to this casserole; put them in after meat has cooked about 1 hour.

The meat browns and cooks tender inside a covered casserole in a hot oven

Chocolate Applesauce Cake

This cake has the moist, firm texture typical of applesauce cakes, but spices and chocolate make it delightfully different from the usual.

- ½ cup shortening
- 1 cup brown sugar, firmly packed
- 1 egg
- 1⅓ cups canned applesauce
- 1¾ cups regular all-purpose flour (unsifted)
- 3 tablespoons cocoa
- 1 teaspoon soda
- ½ teaspoon salt
- 1 teaspoon cinnamon
- ¼ teaspoon *each* nutmeg and cloves
- 1 cup chopped walnuts (optional)

Using an electric mixer or wooden spoon, beat the shortening and sugar together until light and fluffy. Beat in the egg well, then stir in applesauce. Combine the flour with cocoa, soda, salt, and spices; sift into the creamed mixture. Mix until well blended, then stir in the walnuts, if used. Spoon into a well greased 9-inch square baking pan. Bake in a 350° oven until a wooden pick inserted in center comes out clean, 35 to 40 minutes. Cool on rack for about 10 minutes, then turn out on a rack, or cool cake and serve from the pan. Makes 8 to 12 servings. —*K. B., Lake Oswego, Ore.*

A buttery powdered sugar frosting is delicious spread on top of this cake.

Sprinkle the cake with powdered sugar, serve it plain, or spread with frosting

All the ingredients *for burritos—hot sautéed meats, flour tortillas, tomato sauce, onions, cheese, guacamole—are here. Each guest assembles his own*

GLENN CHRISTIANSEN

To make a burrito, *fill a hot tortilla with your choice of meats, cheese, and sauces, then fold over sides*

Then try *to eat it out of hand without spilling—pay special attention to that open outer end*

Out of the fire-pan and into you
. . . a lunch of Mexico's *burritos*

Mexicans use the word *burrito* rather loosely, to mean any warm, soft, flour tortilla filled with savory ingredients, such as beans and cheese, eggs and chorizos, or peppers and leftover roast. (Burrito literally means a small donkey —how the food acquired this name is a mystery.)

A burrito party is an excellent way to entertain a few guests at brunch or late supper.

This "fire-pan" version with assorted meats makes a more deluxe burrito than most. The hostess pan-fries the chicken, steak, chorizos, and little sausages separately in the kitchen, then keeps them warm on the table in a chafing dish or other warmer. The other makings include warm flour tortillas, jack cheese, onions, guacamole, and tomato sauce. Guests can stuff tortillas with a single meat or a combination.

Burritos are hearty enough to serve as a combination salad-sandwich-entrée; allow about three or four per person. A pitcher of sangria makes an appropriate beverage. For dessert you might serve a tray of papaya halves or pineapple quarters with lime wedges.

Almost all the ingredients are readily available in most supermarkets. Look for chorizos and tortillas in the refrigerated delicatessen section (you may find the tortillas in the frozen food section). Green chile salsa is available canned in the foreign food section. Fresh cilantro (also called Chinese parsley or coriander) is more difficult to locate; Mexican or Oriental grocery stores generally carry it. If you can't get the fresh herb, you can use the ground dried form.

Fire-pan burritos

- 2 dozen 6 or 8-inch flour tortillas
- 2½ pounds chicken breasts
- 1¼ pounds beef top round or sirloin steak
- ½ teaspoon ground cumin
- 1 teaspoon salt
- 2 cloves garlic, minced or mashed
- 1 pound chorizos (Mexican sausages)
- 2 tablespoons *each* butter and olive oil
- 2 packages (5 oz. *each*) miniature smoke-flavored sausage links
- 6 ounces jack cheese
- 2 onions
- Guacamole (recipe follows)
- Tomato sauce (recipe follows)

Place a large, heavy frying pan over medium high heat and lay tortillas one at a time in ungreased pan; let heat, turning once, until soft and hot, about 15 seconds on a side. Immediately stack in a dampened terry cloth towel arranged in a pan, then keep warm in a 200° oven.

Remove skin and bones from chicken breasts and slice into ½-inch-wide strips. Slice steak on the diagonal ⅜ inch thick into strips about 3 inches long. Sprinkle both meats with cumin, salt, and garlic, rubbing in lightly with your fingertips. Place chorizos in a saucepan, cover with water, and simmer 10 minutes; drain.

Heat the frying pan over high heat, add 1 tablespoon *each* of butter and oil, and lay chicken strips in the pan in a single layer. Cook quickly, turning, until browned on all sides, about 2 minutes. Remove from pan and arrange in a chafing dish or warm serving pan or dish. Heat remaining 1 tablespoon *each* butter and oil and put in the steak strips in a single layer. Cook quickly, turning once, until browned on both sides, about 1 minute. Transfer to pan with chicken. Slice chorizos on the diagonal about ¼ inch thick, add to pan along with cocktail sausages, and heat just until hot through. Then arrange in pan with the other meats.

Place pan of meats on a warmer at the table. Slice cheese, thinly slice onions, and arrange on a plate at table (or slice the cheese and onion at the table). Serve bowls of guacamole and tomato sauce (recipes follow). Arrange hot tortillas in a towel-lined basket alongside meats. Makes about 2 dozen burritos, or enough for 6 to 8 servings.

Guacamole. Cut 2 large avocados in half and remove pits. Scoop out pulp into a bowl and mash with a fork (you should have about 2 cups pulp). Mix in ⅓ cup lemon juice, ½ teaspoon salt, ½ cup finely chopped green onions, and ½ cup finely chopped cilantro (or ¼ teaspoon ground coriander). Cover and chill. Makes about 3 cups.

Tomato Sauce. Peel about 3 medium-sized tomatoes and finely chop (you should have enough to make 2 cups), or drain 2 cans (14½ oz. *each*) sliced tomatoes and chop. Mix in 1 cup finely chopped green onions, ½ teaspoon salt, and ¼ cup canned green chile salsa (optional). Chill; makes about 3 cups.

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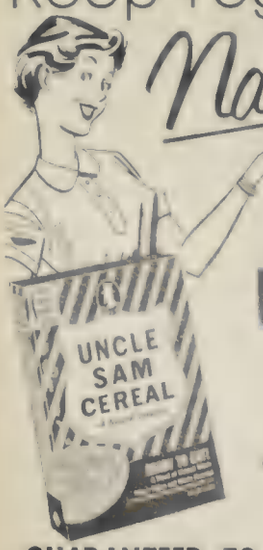

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The discovery of beef heart

Beef heart is often overlooked in the meat case. These two quick ways to cook it may persuade you to try beef heart for a family dinner.

The first recipe, inspired by Peruvian appetizers called *anticuchos*, has a spicy marinade that tenderizes the meat before it is broiled. For the second recipe, ask your meatman to run the heart steaks through the tenderizing machine twice.

Beef Heart En Brochette

- 2 pounds sliced beef heart, cut the long way about ¾ inch thick
- 1 teaspoon *each* salt and ground cumin
- 2 cloves garlic, minced or mashed
- ½ cup cider vinegar
- ¼ cup *each* water and salad oil
- Liquid hot pepper seasoning
- 6 thin slices bacon
- Bottled chile sauce

Trim the heart slices and cut into pieces about 1½ inches square; combine in a bowl with salt, cumin, garlic, vinegar, water, oil, and about ¼ teaspoon of the hot pepper seasoning. Cover and refrigerate 4 to 8 hours, stirring 3 or 4 times.

Drain the heart, saving the marinade. On each of 6 skewers, string about 5 pieces heart lengthwise, weaving a bacon slice over and under alternate pieces. Brush with marinade. Broil about 4 inches from heat, basting and turning several times, for 10 to 15 minutes, or until brown and no longer pink inside. Serve with chile sauce seasoned to taste with hot pepper seasoning. Makes 6 servings.

Heart Minute Steak

You'll need 6 large slices beef heart, cut ½ inch thick (about 2 lbs.); have them put through the meat tenderizing machine twice. Have ready 6 green onions, including some green tops, thinly sliced.

Trim the heart slices. Thinly spread prepared mustard (about 2 tablespoons in all) over 1 side of each steak; salt both sides lightly. Dredge heart in flour (about ¼ cup) to coat; shake off excess. Heat about ¼ cup salad oil in a large frying pan over medium heat. Sauté the steaks without crowding, for 3 to 5 minutes on each side, until they are well browned and no longer pink inside; add more oil if needed. Remove heart to a warm serving plate; pour off any extra oil.

Swirl 2 tablespoons *each* butter and lemon juice in the frying pan to loosen browned bits; heat until slightly thickened and pour over heart. Sprinkle with onions. Serve with a bowl of sour cream if you wish.—*M. S., China Lake, Calif.*

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BEEF FONDUE

also called Fondue Bourguignonne

2 pounds California beef sirloin or tenderloin*
Vegetable oil
Dipping Sauces

Cut beef into ¾-inch cubes, allowing ½ pound per person. Half fill fondue pot with 3 or 4 cups oil. Heat to 400°. Two by two, diners each spear a beef cube with fondue fork and plunge it into bubbling oil. In about 20 seconds beef will be cooked rare. Serve with *Bernaise Sauce* and a choice of other dipping sauces such as *Chili Salsa, Dilled Sour Cream, Curried Mayonnaise, Teriyaki, Sweet 'n' Sour.*

BERNAISE SAUCE: Combine 3 egg yolks, ¾ teaspoon dried tarragon, 1 tablespoon tarragon vinegar, 1 teaspoon lemon juice, ¼ teaspoon salt and dash cayenne pepper in blender jar. Blend about 30 seconds. Heat ½ cup butter until foaming but not browned. Turn blender to high speed. Slowly pour in butter and blend until well mixed. Turn off blender. Stir in 1 tablespoon chopped parsley.

*POOR MAN'S FONDUE: Use first cut of beef top round or lean boneless chuck. Sprinkle chuck cubes with instant unseasoned meat tenderizer, following label directions. Hold at room temperature ½ hour before cooking.

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DARROW M. WATT

Brown rice *salad seasoned by subtle blend of oranges, dates, herbs, and spice*

Lively salads from the Near East

Grain salads, typical of the eastern Mediterranean, can provide interesting variety for Western menus. Here we present a version of the Lebanese *tabouli* made by soaking (not cooking) cracked wheat in water, and another salad of cooked brown rice. Both have a lively, refreshing seasoning.

Bright cherry tomatoes and flecks of mint and parsley are laced through this cracked wheat salad; the attractive garnishes are chosen for flavor embellishment as well as looks. For a light meal, accompany the salad with a chunk of sharp cheese such as fontinella, Asiago, or kasseri, and follow with fruit. For a more substantial menu, pair the salad with a roast of beef or lamb, or grilled cuts of either meat.

Cracked Wheat Salad

1 cup quick-cooking cracked wheat
2 cups hot water
½ cup olive oil or salad oil
1 cup finely minced parsley
¼ cup minced mint (or ¼ cup dried mint, crumbled)
½ cup finely chopped green onions including some of the tops
4 to 6 tablespoons lemon juice
About ½ teaspoon salt
2 cups cherry tomatoes, each quartered
6 hard-cooked eggs, shelled
Cherry tomatoes, marinated artichoke hearts, and ripe olives for garnish
Toasted pine nuts (directions follow)

Cover cracked wheat with hot water and let stand 30 minutes; drain well. Combine wheat with olive oil, parsley, mint, onion, and lemon juice and salt to taste. Chill, covered, until ready to serve. Mix in the 2 cups cut-up cherry tomatoes.

Mound wheat mixture into a shallow bowl and surround with hard-cooked eggs cut in quarters, and a garnish of cherry tomatoes, artichoke hearts, and ripe olives. Sprinkle with toasted pine nuts and serve. Makes 4 to 6 servings.—*E. L., Alameda, Calif.*

Toasted Pine Nuts. Spread 3 tablespoons pine nuts out in a shallow pan. Bake in a 350° oven for about 5 minutes, shaking occasionally. Cool before using.

Dates, cinnamon, and fresh orange slices lend a pleasant subtlety to brown rice salad. With a mellow cheese such as Swiss or jack and, perhaps, sliced cooked ham you have the makings of a fine lunch. For dinner this salad complements the flavor of roast or grilled lamb or pork.

Brown Rice Salad

2½ cups water
1½ cups quick-cooking brown rice
7 tablespoons lemon juice
½ cup olive oil or salad oil
¼ teaspoon cinnamon
½ cup *each* minced parsley and mint (or ½ cup dried mint, crumbled)
¼ cup minced green onion including some of the tops (optional)
About ⅔ cup pitted dates
About ½ teaspoon salt
3 large oranges
Mint leaves or parsley sprigs

Bring water to boiling, add rice, cover, and cook on low heat for about 15 minutes or until rice is tender and liquid is absorbed. Pour rice into a bowl (it can be hot or cold) and add lemon juice, olive oil, cinnamon, parsley, mint, and onions. Finely chop ⅓ cup of the dates and stir into the rice salad; add salt to taste. If the salad is warm, or if made ahead, cover and chill.

Mound rice into a shallow serving dish. Cut peel from oranges with a knife, then cut oranges in crosswise slices and decorate rice salad with the fruit slices, the remaining dates, and mint leaves. Makes 4 to 6 servings.—*H. N., San Francisco.*

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This month's meals can be a welcome contrast to the recent elaborate array of rich holiday foods. To please family or friends, the wise cook gears her January menus to simple yet nourishing fare and serves it casually.

Here we suggest three such menus—a fireside sausage buffet you can spread out on the coffee table, a soup supper to stage in the kitchen or dining room, and a tray lunch for weekend TV football fans.

Coffee table sausage buffet

If you plan a cook-it-yourself party, have long-handled forks available for grilling the sausages over the fire. Serve the tangy, lemon-flavored bread pudding hot from the oven—it can bake while you enjoy the rest of the meal.

Assorted Sausages
Mustard **Horseradish**
Browned Potato Puffs
Fresh Spinach Salad
Raisin Bread Party Pudding

Choose an assortment of fully cooked sausages (such as smoked sausage links, garlic frankfurters, or kielbasa) if you just plan to brown them over the fire. Or if you prefer, cook the sausages in the kitchen and serve them on a warm platter ready to eat. Allow 2 or 3 per person. You can assemble the pudding ingredients ahead of time and then fold in the egg whites just before you bake it.

Fresh Spinach Salad

- ¾ pound (about 1 bunch) spinach
- 6 to 8 ounces fresh bean sprouts, rinsed and drained
- 1 can (5 oz.) water chestnuts, drained and sliced
- 4 green onions, thinly sliced
- ¼ cup *each* salad oil and white wine vinegar
- 2 tablespoons catsup
- Salt and pepper
- 8 slices bacon, fried and crumbled
- 2 hard-cooked eggs, sliced

Remove stems from spinach and discard. Wash leaves well, pat dry, and break into bite-sized pieces. Combine the spinach, bean sprouts, water chestnuts, and onions; cover and refrigerate as long as 4 hours.

Mix together the salad oil, vinegar, catsup, and salt and pepper to taste. To serve, add bacon to the spinach mixture, pour over the dressing, and mix gently but thoroughly. Garnish with egg slices. Serves 6 to 8.—*J. H., Menlo Park, Calif.*

Raisin Bread Party Pudding

- 4 or 5 slices raisin bread
- ¾ cup sugar
- 1½ teaspoons grated lemon peel
- 3 tablespoons lemon juice
- ⅓ cup melted butter or margarine
- 3 eggs, separated
- ⅔ cup milk
- Whipped cream (optional)

Cut the raisin bread into ½-inch cubes; you should have 2½ cups. In a large

DARROW M. WATT

Guests *brown sausages over the fire to enjoy with potato puffs, spinach salad*

JANUARY MENUS

A sausage supper by the fire, a soup supper, a tray TV lunch

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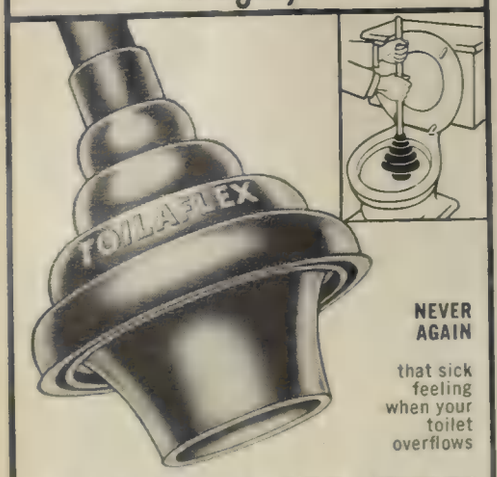

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bowl, mix together the bread cubes, ¼ cup of the sugar, lemon peel and juice, and butter. In another bowl, beat egg yolks until thick; stir in milk. Add egg yolk mixture to bread cubes and mix well. You can do this much an hour or so ahead.

Just before baking, beat the egg whites until soft peaks form; gradually add the remaining ½ cup sugar and beat until whites hold stiff peaks. Gently fo'd egg whites into bread mixture. Turn into a greased 1½-quart shallow baking dish. Bake in a 350° oven for 35 to 40 minutes, or until set when touched in the center, and richly browned. Serve immediately, topped with whipped cream, if you wish. Makes 6 servings.—*R. S., Pleasanton, Calif.*

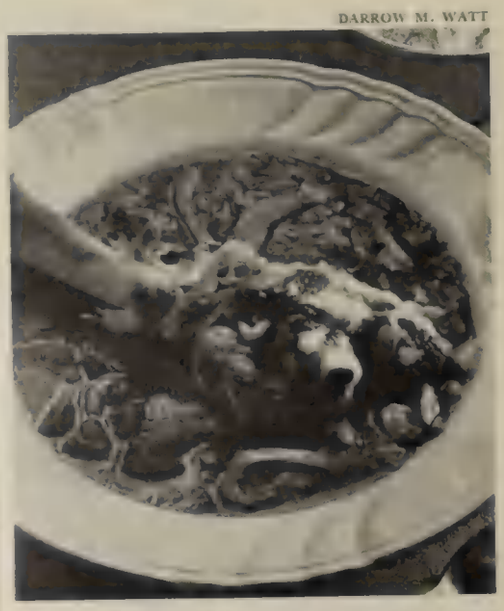
Midwinter soup supper

Only a few simple accompaniments are needed to turn this hearty, whole-meal soup into a satisfying feast.

Lamb Shank Borscht
Sour Cream with Dill Weed
Crusty Rye Bread **Sweet Butter**
Butter Lettuce Salad
Winesap or Golden Delicious Apples
Sharp Cheddar Cheese

If you cook the lamb shanks a day ahead, cover and refrigerate the stock overnight; the fat will harden on the top, making it easy to lift off and discard. Then before serving you can quickly simmer the chopped vegetables in the lean stock while you assemble the rest of the meal. If you have wide, shallow soup plates, serve a whole shank in each bowl to eat with knife and fork. For smaller bowls and neater eating, discard the bones and add just the meat to the soup. Pass sour cream, generously sprinkled with dill weed, to spoon on individual servings. For the salad, mix butter lettuce with your favorite homemade oil and vinega dressing or a purchased one.

DARROW M. WATT



Hearty *knife-and-fork soup of simmered lamb shanks, shredded cabbage, diced beets*

Lamb Shank Borscht

6 lamb shanks, whole or cracked
1 can (47 oz.) chicken broth (or about 6 cups)
1½ cups water
1 bay leaf
6 whole black peppers
1 teaspoon salt
1 small green pepper, seeded and diced
3 medium-sized carrots, diced
1 medium-sized onion, finely chopped
4 small beets, diced
4 cups finely shredded cabbage
1 small potato, diced
2 tablespoons lemon juice
Lemon wedges (optional)

Put lamb shanks, chicken broth, wate bay, black pepper, and salt in a larg soup kettle or Dutch oven. Cover an simmer until lamb is tender, about hours. (At this point you can cool, cove and refrigerate the soup.) Skim fat; di card. Strain broth and discard black pe per and bay. Return shanks (or just th meat) to the stock, add green peppe carrots, onion, beets, cabbage, and p tato; simmer 15 to 20 minutes, or un vegetables are tender. Remove from hea stir in lemon juice. Ladle lamb, veget bles, and broth into bowls. Garnish wi lemon, if you wish. Makes 6 servings.— *M. L. G., San Francisco.*

Weekend tray lunch

This quickly assembled lunch is equal appropriate for an informal brunc supper, or late evening gathering.

Broiled Chile-Cheese Muffins
Corn Chips
Celery and Carrot Sticks
Dill Pickle Spears
Oranges **Oatmeal Cookies**

In a matter of minutes you can prepa the hot sandwiches. Arrange the tr while the meat mixture cooks. Sin everything is eaten out of hand, clean- is minimum.

Broiled Chile-Cheese Muffins

1 tablespoon butter or margarine
½ cup chopped onion
1 clove garlic, minced or mashed
¾ pound lean ground beef
½ cup catsup
1 tablespoon chile powder
1 can (2 oz.) sliced ripe olives, drained
6 English muffins, split, buttered, and toasted
About 6 ounces sliced jack cheese

In a frying pan, melt the butter o medium heat; add the onion and gar and sauté until onion is limp, about minutes. Add the beef and cook u brown and crumbly; drain off any that cooks out of the meat. Stir in t catsup, chile powder, and ripe oliv Spread meat mixture on 6 of the mu halves; top with cheese. Broil 4 inc from heat until the cheese melts. T with the remaining muffin halves. Ma 6 sandwiches.—*H. L. N., San Francis*

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Western Kitchen

NEWS AND IDEAS

Rolling cart for a big mixer

Because heavy-duty mixers are too bulky to lift to a countertop each time they're needed, architect Richard Perkins designed a mixing cart for the John Mowery's Spokane kitchen. It has shelves and hooks for special attachments, and its own work space on top. When not in use, the cart is rolled into a closet that accommodates it with the mixer still in an upright position.

DON NORMARK

Kitchen island keeps cook and children happy

In the photograph below you see some of the features that cut down the work of preparing a meal in the Charles Rolles' kitchen in Honolulu.

The island has storage for cereals, bread, and the toaster built into the sides (you can see part of it at lower left). Thus the children can fix part of their meals and snacks and eat at the counter without being underfoot.

Some cooking utensils are hung from the hood overhead; pots, pans, and lids are stored in drawers in front of the cook. The architect was Thomas O. Wells.

R. WENKAM

RICHARD FISH

Divider with varied storage areas

To divide one end of the Robert Hinerfelds' kitchen in Los Angeles, architec A. Quincy Jones designed this utilit closet. It holds household supplies in th full-length section at left and in the up per half-section at right, which has ver tical tray storage below.

It opens, sharpens, mixes, whips, mashes

A new portable appliance takes the place of several. It's an electric can opener-knife sharpener that also mixes, whips, and mashes. The basic appliance is hand-held in use (except for knife sharpening) and is stored on a wall rack. Two models are available. One has a single multipurpose beater (about $27). The other has separate attachments for whipping, beating, and mashing and has a spring-coiled cord (about $30).

Keep food hot on the dishwasher?

A food warmer top is one of the latest convenience featur to be added to portable front-loading dishwashers.

In one model the warming surface, about 9 by 23 inche operates independently and can be turned to a temperatur of about 170°. The rest of the top is a removable, reversibl maple cutting board; one side is grooved to catch dripping the other is smooth.

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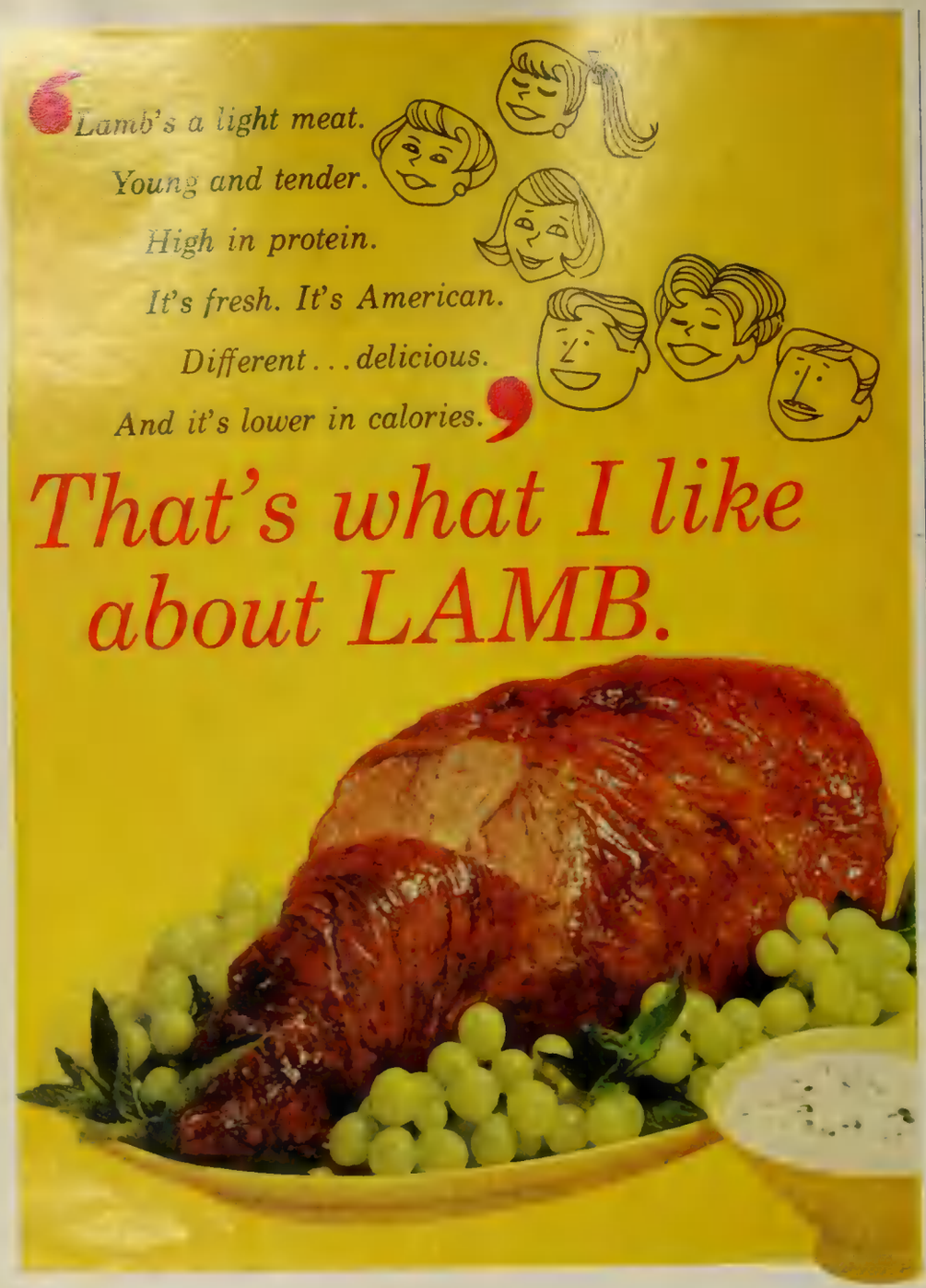

There's so much to like about it—shouldn't you have lamb every week? Try this recipe for a great-tasting leg of lamb.

LEG OF LAMB AMERICAN (*makes 8 servings*)

1 leg of lamb
⅔ cup grape jelly
¼ cup vinegar
½ teaspoon thyme
1 clove garlic, crushed
2 teaspoons salt
½ teaspoon pepper

Place lamb on rack in roasting pan. Roast uncovered in slow 325° oven 2 hours. Drain off drippings. Combine remaining ingredients and mix well. Pour over lamb. Roast 30 minutes or until meat thermometer registers 175° to 180° depending upon desired degree of doneness. Baste lamb with grape jelly mixture frequently as it roasts.

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DARROW M. WATT

Place *tender pear halves in a decorativ design on the surface of the almond batte*

Pears or apples in this pudding

The sugar-glazed pear halves nestle in soufflélike almond filling for this wint fruit dessert. It's a pudding traditional made with apples; to try an apple ve sion, choose Golden Delicious variety

Swedish Pear Pudding

3 large firm ripe Anjou pears or Golden Delicious apples
5 tablespoons soft butter or margarine
¾ cup sugar
¼ cup water
⅛ teaspoon nutmeg
3 eggs, separated
⅔ cup blanched almonds, toasted
1 cup (½ pint) heavy cream, whipped and sweetened

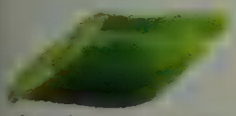
Peel, halve, and core pears or appl Place in a 10-inch frying pan 2 tab spoons *each* of the butter and sugar, t water, nutmeg, and halved fruit. Co and simmer over low heat until tend 10 to 12 minutes, turning once. Unco and cook down until juices are thickene

Meanwhile, beat egg yolks until thi and pale yellow. Gradually add ½ c of the sugar, beating until stiff. Gri almonds in a blender (or put through nut grater) until very fine (the cons tency of coarse meal). Mix ground n and remaining 3 tablespoons butter i the beaten yolks.

Beat egg whites until soft peaks for gradually add remaining 2 tablespoo sugar, and beat until stiff. Fold mering into almond mixture. Spoon into a inch round baking dish. Arrange pe on top. Bake in a 350° oven for 40 m utes, or until set. Serve warm w whipped cream. Makes about 6 servin

Question, Green Giant:

"I know you slice your beans on a slant to reveal more crisp inner bean. But they're so plump. What's your secret?"



The Green Giant has all kinds of cooking and gardening secrets. And one of them is as plain to see as the nose on his face. It's the way he cuts his beans. He slices them on a slant to reveal more of the crisp inner bean. It's his edge on crispness and flavor. Try the green beans sliced on a slant. The Giant calls them his Kitchen Sliced diagonal-cut green beans. But most folks just call them the best-tasting green beans ever.

Answer:
"I hoe, hoe, hoe!"

Keep those cards and letters coming in, folks. Send your questions or comments to: The Jolly Green Giant, Box 900, Le Sueur, Minnesota 56058.

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When a lazy technique turns out to be a good one, cooks should take note.

Easy oven ways with ribs

Consider these oven-cooked rib dishes of beef and pork; the results are as moist and fork tender as if the meat had been carefully and gently braised. Yet the method differs radically from braising: The meat is not browned first; thus there is no time-consuming tending, no spattering, and no added fat. Instead, the ribs go directly into a large casserole along with liquid and a few simple seasonings, then bake, covered, at a high heat. The meat develops a rich color and flavor; much fat is rendered and can be skimmed off before serving.

If convenient, these casseroles can be baked one day, then reheated to serve on another. With a green salad and the accompaniment suggested with each dish, you have a satisfying meal.

Soy sauce, catsup, and a little brown sugar penetrate the beef, forming a fine-flavored topping for both meat and rice.

Beef Short Ribs

- 4 to 5 pounds beef short ribs, cut in 2 or 3-inch lengths
- 1 medium-sized onion, cut in pieces
- ⅔ cup catsup
- 1 cup water
- 3 tablespoons soy sauce
- 2 tablespoons brown sugar
- Hot cooked rice or noodles

Place short ribs in a 3 to 4-quart casserole and tuck the onion around the meat. Pour in the catsup, water, soy sauce, and brown sugar. Cover and bake in a 425° oven for 2½ hours or until meat is tender when pierced. Stir well occasionally.

To serve, lift meat from broth and place in a serving dish; skim off and discard fat and pour juices over meat (or pour off juices, skim, return to meat, and serve in the casserole). To make ahead, chill cooked meat and juices; remove hardened fat and reheat, covered, in a 375° oven for 45 minutes, stirring occasionally. Serve with rice or noodles. Makes 4 to 6 servings.

With a few simple changes, meaty country-style spareribs switch nationalities. The first is seasoned with dill in the Scandinavian way; the variation takes rich flavor from paprika and caraway, revealing Hungarian inspiration.

Swedish-Style Pork Ribs

- ½ teaspoon *each* salt and dill weed
- ¼ teaspoon thyme
- ⅛ teaspoon pepper
- 3½ to 4½ pounds country-style spareribs (butterflied loin end)
- 2 medium-sized onions, chopped
- ⅔ cup regular strength chicken broth or water
- 2 teaspoons cornstarch blended with 1 tablespoon water
- ½ cup sour cream
- 8 to 12 boiled small whole potatoes
- Dill weed

Rub the salt, ½ teaspoon dill weed, thyme, and pepper onto meat. Place on ions in a 3 to 4-quart casserole; top wit meat. Add broth and cover. Bake in 425° oven for 2 hours or until meat i tender when pierced. (To make ahead cover dish now and chill; reheat, cov ered, in a 375° oven for 45 minutes.)

Lift meat from casserole to a servin dish and keep warm. Skim off and di card fat from juices, then mix in corn starch-water paste. Stir in sour crea and bring to boiling, stirring. Pour sauc over meat, ring with potatoes, sprink with dill weed. Makes 4 to 6 servings.

Hungarian-style pork ribs. Follow th recipe for Swedish-style pork ribs mak ing these changes: Omit the dill wee and thyme; instead use 2 teaspoons p prika, 1 teaspoon dry mustard, and ½ teaspoon caraway seed. Increase th broth or water from ⅔ cup to 1 cup ar add 1 tablespoon lemon juice. Thicke the juices with 1 tablespoon cornstarc instead of 2 teaspoons, blending in ½ ¾ cup sour cream. Serve with h cooked noodles or spätzle (see page 19 of the October 1969 *Sunset*). Makes 4 6 servings.

Sandwiches or platters? It's up to you.

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The chicken contributes so heavily ...one wonders why the earth isn't knee-deep in feathers

One of the finest, heartiest, and most complex cuisines is that developed by Jewish cooks in Germany, Russia and Middle Europe.

At least one term came out of Jewish kitchens and into the general language. *Schmalz* in German means fat or grease, but dietary laws forbid mixing dairy products with meat, so the Yiddish word narrowed to mean chicken fat. An overly greasy dish was *schmalzig*, and from here it was only a step to applying the word to an overdose of greasy sentiment, a *schmaltzy* song or story or person.

Even those who haven't tasted Jewish dishes know the names of a good many of them: chicken soup with matzo balls, lox and cream cheese on a bagel, gefilte fish. And probably the best known of all is chopped chicken liver. (The chicken contributes so heavily to so many kinds of cookery that one wonders why the earth isn't knee-deep in feathers.)

Chef Herbert Landesman gives us his approach to chopped chicken liver, and the approach is so good that it elicited the following from one of our tasters: "I don't really like chopped chicken liver, but that's delicious. In fact, it's better than my wife's, and she makes good chopped chicken liver."

Landesman's Chicken Liver

- 1½ tablespoons rendered chicken fat
- ½ pound chicken livers
- 3 to 4 green onions, chopped
- ½ green pepper, seeded and diced
- ½ teaspoon basil
- ¼ teaspoon thyme
- ½ teaspoon salt
- Dash of pepper
- ½ teaspoon minced parsley
- 3 hard-cooked eggs
- 1 teaspoon caraway seed

In a frying pan, render the chicken fat. (On each side of the opening into a roasting chicken's interior, there is a piece of fat. One will just about do, or you can ask the meatman.)

Add to the fat the livers, chopped onion, including tops, green peppers, basil, thyme, salt, pepper, and parsley; stir over medium high heat for about 5 minutes; remove from heat. Remove livers only from the pan and finely chop or whirl in a blender. Chop the eggs; return liver and egg to the pan, add caraway, and stir to blend. Cover, and store in refrigerator. Serve with crackers as an hors d'oeuvre. Makes about 2 cups.

If you need something to spread the chicken livers on (or use any other time that you'd like hot bread), Mr. Landesman has an idea for that, too.

This is a special yeast dough related to that of the bagel, and it requires no rising. The major difference between it and its classic cousin is that a bagel starts its cooking in water whereas these rolls go right into the oven.

Next-to-Bagels

- ½ teaspoon salt
- 2 teaspoons sugar
- 1½ cups hot water
- 1 package yeast (active dry or compressed)
- About 4½ cups regular all-purpose flour (unsifted)
- 1 egg, beaten
- About 2 teaspoons sesame seed, caraway seed, *or* poppy seed
- About ½ teaspoon coarse salt

Put salt and sugar in a large bowl; add hot water and stir until sugar is dissolved. Cool to warm (lukewarm for compressed yeast). Stir in yeast until dissolved. With

Chefs of the West

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"A lover of simple dishes"

a wooden spoon, gradually mix in 4 cups of the flour to form a stiff dough.

Turn dough out onto a breadboard sprinkled with ¼ cup of remaining flour, and knead until smooth and elastic (about 10 minutes), adding more flour if needed. Pinch off pieces of dough about 1 inch in diameter and roll each into a rope about 10 inches long and ½ inch in diameter. For figure 8's, form ropes into circles, pinch ends together, twist once.

Arrange about 2 inches apart on a greased baking sheet. Brush with beaten egg; sprinkle with seeds and salt. Without waiting for dough to rise, bake in a 400° oven for about 15 minutes or until browned. Makes about 2½ dozen rolls.

Herbert Landesman

West Covina, Calif.

A man who has visited these monthly gatherings often through the years is *Chef* Fred Cronemiller. *Chef* Cronemiller is a Westerner, an outdoorsman, and a lover of hearty simple dishes of the sort a man can cook over an open fire or in a chuck wagon.

He puts it well when he says, "Not having the delicate taste buds of the gourmet, and having an appetite for working man's food, I cook a simple dish that satisfies the inner man. I call it Short Ribs Simplissimo."

Short Ribs Simplissimo

- 2 to 3 pounds beef short ribs, cut in serving pieces
- Flour
- 1 teaspoon salt
- ¼ teaspoon pepper
- ½ teaspoon rosemary
- 2 cloves garlic, minced or mashed
- 1 large onion, cut in pieces
- About 2½ cups water
- 4 carrots, cut in 2-inch chunks
- 2 medium-sized potatoes, peeled and quartered

Dust the ribs with flour, and shake off excess flour. Put meat into a 4-quart casserole. Sprinkle with salt, pepper, and rosemary. Distribute the garlic and onion around meat pieces, then pour over 2 cups of the water. Cover and bake in a 425° oven for about 1½ hours.

Remove from oven, turn over the meat pieces, add carrots, potatoes, and about ½ cup more water. Cover and continue baking for about 1 hour, or until meat and vegetables are tender, adding a little more water, if needed—you'll want to end up the cooking with about a cup of pan juices. Remove meat and vegetables with a slotted spoon, skim any fat off top of pan juices, and serve with meat and vegetables. Makes 3 or 4 servings.

Fred P. Cronemiller

Los Altos, Calif.

Gordon Knight, the inventor of the following, has tested it thoroughly on his neighbors, a group of airline pilots. They liked it so much that now they arrive in a body every time Mr. Knight begins to be creative in the kitchen.

Curried Eggs in Aspic

- 1 package unflavored gelatin
- ¼ cup Madeira or Japanese rice wine (mirin)
- 1 can (about 11 oz.) condensed beef broth
- 1½ cups water
- 3 hard-cooked eggs
- ¼ teaspoon *each* paprika, dry mustard, and curry powder
- ½ teaspoon *each* lemon juice and Worcestershire
- 1 teaspoon chopped chives
- Lettuce for garnish

Sprinkle gelatin into wine in saucepan allow to soften, about 5 minutes. Then add the beef broth and water and bring to a boil, stirring until gelatin is completely dissolved. Remove from heat and cool to room temperature.

Meanwhile cut eggs in half lengthwise and remove the yolks. Combine the yolks, paprika, dry mustard, curry powder, lemon juice, Worcestershire, and chives. Add 2 teaspoons of the broth mixture and stir to form a paste. Spoon into halved egg whites. Pour ⅔ cup of the broth into a ring mold (about 4½ cup size) or 2 tablespoons of the broth in each of 6 individual salad molds (about ½-cup size); refrigerate until almost set, about 15 minutes. Carefully arrange deviled eggs, with cut side down, on the layer of aspic; pour over a little more broth, but not enough to float the eggs.

Refrigerate for about 15 minutes longer, then pour over remaining broth and refrigerate until set. Unmold on a serving plate and garnish with lettuce. Makes 5 to 6 servings.

Gordon C. Knight

San Francisco

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DARROW M. WATT

Lined up *are the makings for green salad with sour cream and bacon*

Midwinter green salads . . . each with a surprise

January marks the peak of the winter lettuce season in the West, when you can choose from an abundance of assorted greens.

Each of these three simple green salads offers a surprise, either in the dressing or in the embellishment. Serve any of them as a first course, or later between entrée and dessert.

They also make fine salads for a buffet-style party.

A key step is proper preparation of the salad greens. First cut off the stem end or cut out the core of the head of greens. Gently separate leaves and wash well in tepid water; stand them upright to drain, keeping them together in their original compact shape. When nearly dry, wrap loosely in a dampened cloth and store in the crisper section of the refrigerator, or seal the towel-wrapped greens in a plastic bag. Tear leaves into bite-sized pieces before using.

Here is a cool switch on the hot wilted salad. Crisp bacon bits complement the mixed greens while the bacon drippings flavor the chilled sour cream and chopped onion dressing. Suitable greens for this salad are a combination of Australian lettuce and butter lettuce.

Green Salad with Bacon

- ½ pint (1 cup) sour cream
- 1 small onion, finely chopped
- 1 teaspoon sugar
- ½ teaspoon salt
- ¼ teaspoon pepper
- 3 tablespoons white wine vinegar
- 6 slices bacon
- 2 quarts crisped, torn greens

Mix together in a small bowl the sour cream, onions, sugar, salt, pepper, and vinegar; chill. Cut bacon into ½-inch pieces and fry until crisp; remove bacon bits from pan and drain. Measure out 2 tablespoons of the bacon drippings (discard remainder) and stir the drippings into the sour cream dressing.

Pile greens into a large salad bowl, pour dressing over them, and mix lightly to coat completely. Sprinkle bacon bits over all. Makes about 6 to 8 servings.—*A. R., Newport, Ore.*

In this modified version of a Caesar salad, canned French fried onion rings are the garnish and add an agreeable crunch. In case you are wary, the uncooked egg blends in nicely. Consider a greens assortment comprising two or three of these: iceberg lettuce, romaine, butter lettuce, endive, watercress.

Blue Cheese and Onion Salad

- ½ cup olive oil or salad oil
- 1 teaspoon Worcestershire
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 clove garlic, minced or mashed
- 3 quarts crisped, torn salad greens
- 1 egg
- 1 tablespoon lemon juice
- 2 tablespoons white wine vinegar
- 3 ounces blue cheese, crumbled
- 1 can (3½ oz.) French fried onions

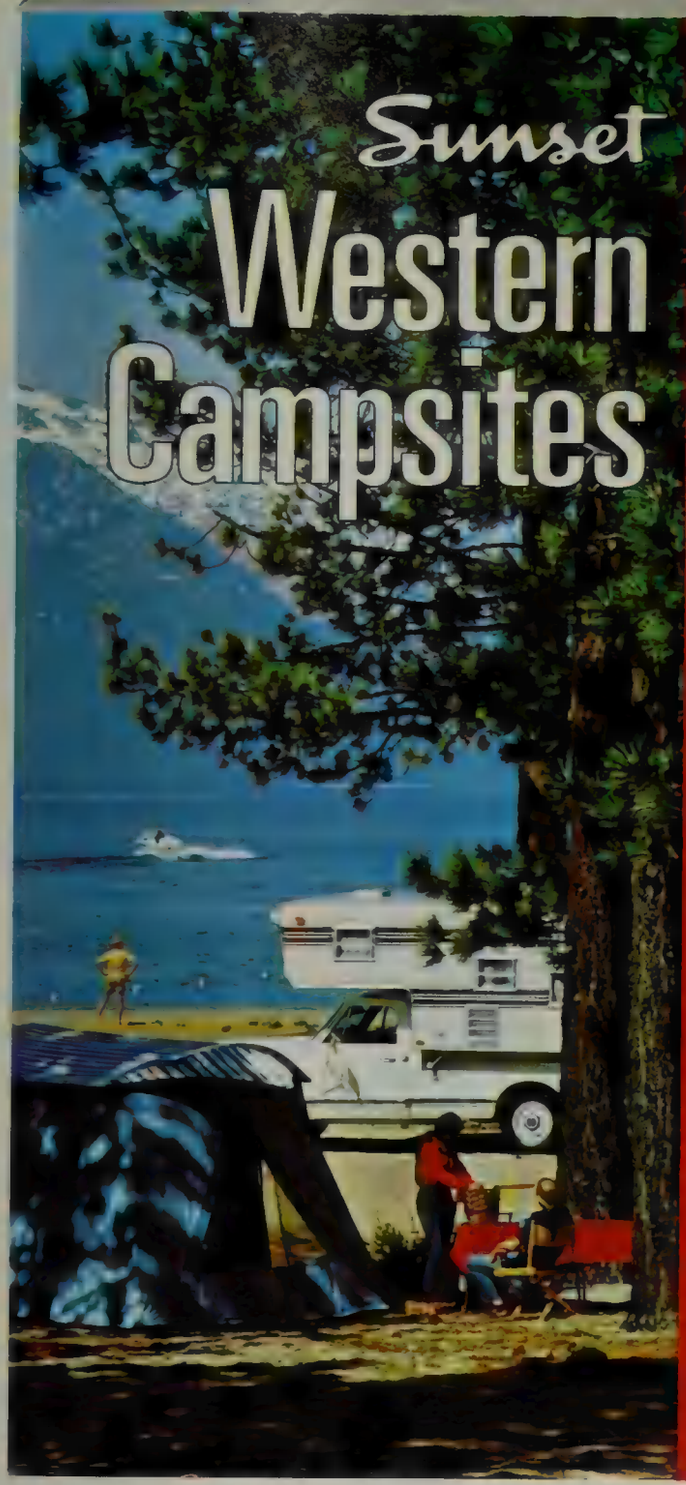
Mix together the oil, Worcestershire, salt, pepper, and garlic. Place greens in a large salad bowl, pour over seasoned oil, and mix lightly. Drop in egg and mix well. Sprinkle with lemon juice, vinegar, and cheese, and mix until coated. Sprinkle onions over the top. Serves 8.—*I. R., North Sacramento, Calif.*

The spiciness of cloves punctuates the sour cream dressing that goes on both fruit and greens. Romaine or iceberg lettuce is a good choice here.

Green Salad with Pears

- ½ pint (1 cup) sour cream
- ¼ teaspoon dried rosemary
- 1/16 teaspoon ground cloves
- 1½ teaspoons catsup
- ¼ teaspoon paprika
- ¼ teaspoon sugar
- ¼ teaspoon salt
- 1 egg white
- 2 quarts crisped, torn mixed greens
- 2 winter pears (Comice, Anjou, or Bosc)

Mix together in a small bowl the sour cream, rosemary, cloves, catsup, paprika, sugar, and salt. Beat egg white until soft peaks form, and fold into the sour cream dressing to lighten it. Pile greens in a large salad bowl. Halve, core, and slice pears thinly and arrange on greens. Pour over about two-thirds of the dressing and mix lightly. Pass remaining dressing to spoon over. Makes 6 to 8 servings.—*N. N., Los Angeles.*



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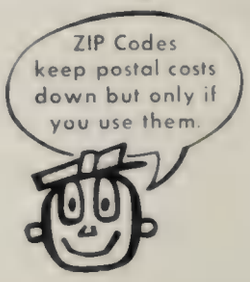

DARROW M. WATT

Eat *small onions whole; cut larger ones into bite-sized pieces. Serve in a bowl with plain or fancy wood picks*

Pickled onions as appetizers

The English serve these whole smal pickled onions as appetizers. The tar marinade cuts the heat of the raw onion and adds a spicy, piquant flavor.

If the boiling onions you find in you market are larger than about ¾ inch i diameter, pickle them whole; then cu in quarters to serve.

You can keep the pickled onions in th refrigerator for up to a month.

Pickled Onions, English Style

- ½ cup salt
- 3 cups cold water
- 2 pounds small white boiling onions, peeled
- 2 cups (1 pint) white vinegar
- ¼ cup dark brown sugar, firmly packed
- 1 teaspoon *each* whole allspice, mustard seed, whole black peppers, and mixed pickling spice

In a large bowl, stir the salt with wate until dissolved, then add onions. Cove and refrigerate for 12 to 24 hours.

Drain onions, cover with cold wate drain again, and pack in a wide-mout 1½-quart jar or crock or three 1-pi jars. In a saucepan stir together the vin gar, brown sugar, allspice, mustard see whole peppers, and pickling spice; brin to boiling. Pour hot marinade over o ions. Let cool, cover, and refrigerate f at least a week before serving. Mak 1½ quarts.—*R. S., Pleasanton, Calif.*

For longer storage. Pack onions in ste lized pint canning jars; pour in hot mar nade, leaving ½-inch head space. Adju caps and process for 10 minutes in large kettle with a rack, filled with boi ing water to cover jars by 2 inches. R move jars from boiling water and co

for a King

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FLAV-R-PAC Strawberry Halves—two 10-oz. packages.
1 3-oz. package strawberry-flavored gelatin
1 9″ baked pie shell

Thaw berries, then drain off juice. Add enough water to juice to make two cups; heat to near boiling. Add gelatin and stir until gelatin dissolves. Cool until resembles thickness of egg whites. Gently fold in strawberry halves and pour into baked pie shell. Chill until set. Garnish with whipped cream.

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Or, try 1/2 c. Kraft Mayonnaise blended with 1/4 c. Kraft Shredded Parmesan and 1/2 t. oregano.

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A custard can gain sophistication

ustards, traditionally unsophisticated esserts, can be made elegant enough for ny guest meal.

he baked custard pictured below con- ins spiced poached apples; just before rving, you sprinkle it with brown sugar nd broil it briefly to melt the sugar into crisp, lacy, brown topping typical of *ème brulée.*

n airy, orange-flecked meringue tops e second dessert, a smooth custard uce combined with fresh navel orange ctions.

xcept for their toppings, both desserts e made ahead and chilled well. Then e custard is placed in a pan of ice to ep it cold while the topping broils.

raline Apple Custard

- 2 medium-sized Golden Delicious apples
- 1 tablespoon butter or margarine
- ¼ teaspoon ground cardamom or cinnamon
- 3 eggs
- ⅓ cup sugar
- 2 cups milk
- ½ teaspoon vanilla
- ½ cup brown sugar, firmly packed

el, core, and cut apples into ¼-inch- ick slices. In a frying pan with a cover, elt butter; add apples and turn in but- r to coat. Sprinkle cardamom over ap- es, cover, and cook over medium heat til apples are tender, about 5 minutes. ft apples from pan with a slotted spoon nd distribute evenly in a shallow baking sh (about 8 inches in diameter or 8 ches square).

a bowl beat eggs and sugar with a rk until blended. Stir in milk and va- lla until smoothly blended; pour over ples. Place custard inside a larger bak- g pan filled with boiling water so that comes to a depth of about ¾ inch ound the dish. Bake in a 325° oven r 45 minutes or until the bowl of a oon placed about 1½ inches from the nter makes a crack in the custard hen light pressure is applied. Remove om water bath and chill thoroughly, out 3 hours.

ace custard inside the larger baking n and surround dish with ice. Rub own sugar through a wire strainer to rinkle evenly over custard; brown gar will cover custard completely. Im- ediately place under the broiler so the p of the custard is about 3 inches from e heat. Broil until sugar melts, about minutes. Serve immediately. Makes 4 6 servings.—*E. W., Altadena, Calif.*

Orange Meringue Custard

- 5 eggs
- ¼ cup sugar
- 1¼ cups milk
- ¼ teaspoon salt
- 4 large navel oranges
- ¼ teaspoon cream of tartar
- 6 tablespoons sugar

Separate 3 of the eggs; set the 3 whites aside for meringue. In the top of a double boiler, beat with a fork to blend the 3 egg yolks, remaining 2 whole eggs, and the ¼ cup sugar; stir in milk and salt until smoothly blended. Cook, stirring constantly, over hot water (just below boiling, bubbles not breaking surface) until mixture thickly coats a metal spoon and is the consistency of heavy cream, about 20 minutes. Chill thoroughly.

Grate thin outer peel of the oranges to make 1 tablespoon; set aside. Cut the peel and white membrane off the oranges. With a knife lift out orange sections and distribute in a shallow baking dish (about 8 inches in diameter or 8 inches square). Cover and chill.

Just before serving, pour custard over orange sections. Beat egg whites with cream of tartar until there is no free-flowing viscous white in the bowl. Gradually beat in the 6 tablespoons sugar and continue beating until long soft peaks form when beaters are lifted from the bowl. Blend in grated orange peel.

Decoratively swirl meringue over custard and oranges, covering completely to edges. Set dish in a larger pan of ice so that ice surrounds custard. Place in oven with top of the meringue about 6 inches from heat, and broil until lightly browned, about 3 minutes. Serve. Makes 6 servings.—*A. R., Seabeck, Wash.*

DARROW M. WATT

Rub brown sugar *through a strainer to make praline topping on the apple custard*

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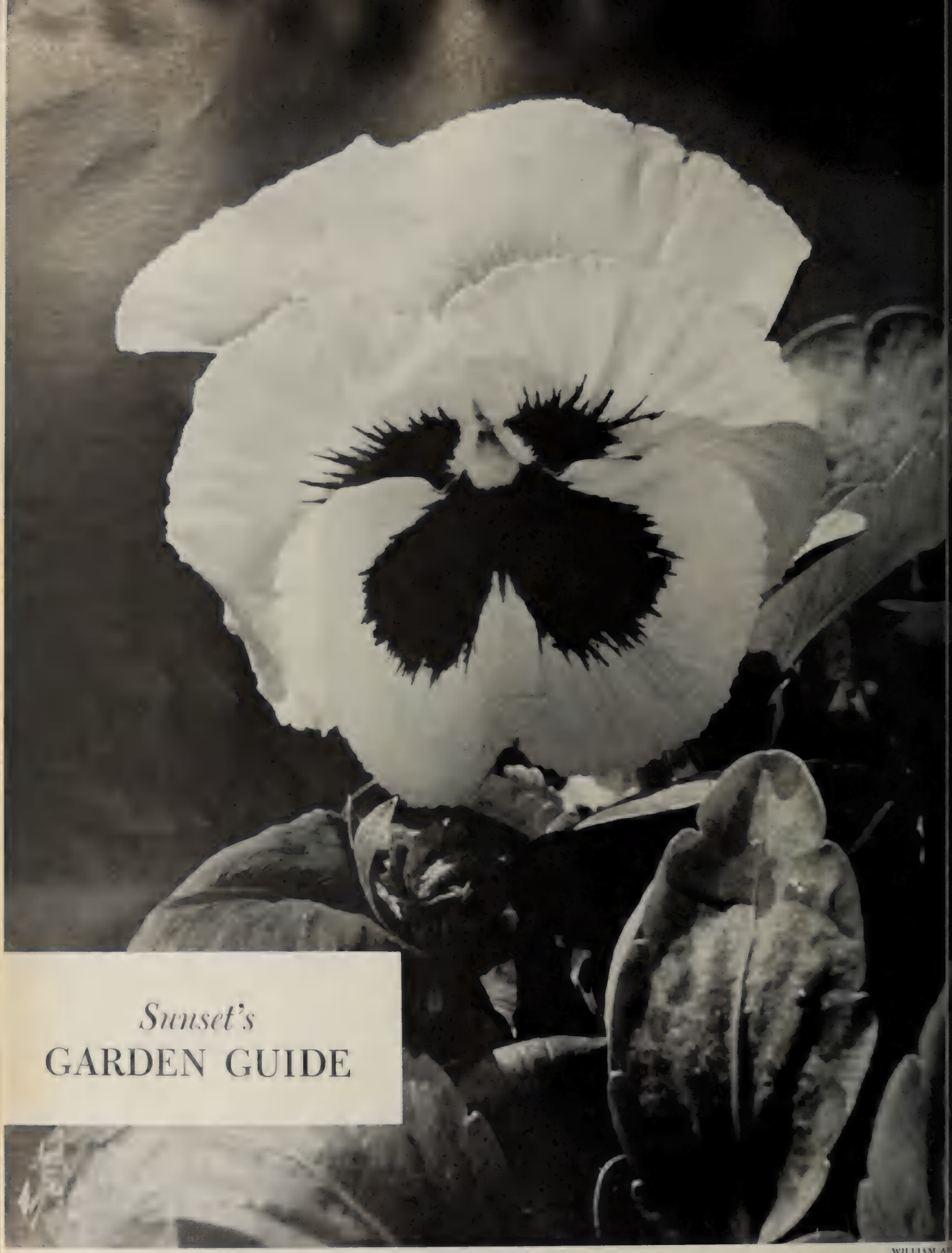


Sunset's GARDEN GUIDE

WILLIAM A

Middle-of-winter pansy

Halfway through the pansy season, here's a bigger-than-life portrait of the boldly-blotched type called Majestic Giant. Pansies planted in fall are blooming this month. And there's still time to plant some for spring flowers

JANUARY IN YOUR GARDEN:

Midwinter chances start with bare-root planting

he bare-root planting season starts rong in January. You'll find nurseries verflowing with newly arrived, deciduus, bare-root stock: roses, flowering ırubs, cane berries, and flowering fruit nd shade trees.

ake advantage of this large, fresh section and the plants' reasonable prices ı do your winter garden shopping. Bareoot plants are usually definite bargains ompared to plants that come in coniiners in the spring. Almost invariably ıey develop better root systems than lants that once grew in containers. Also, ome plants are available only during ıe brief bare-root season.

npredictable January weather deterıines whether you plant your new purıases immediately or heel them into ose soil (or mulch) and wait for better eather. If the weather does turn clear ıd mild, don't forget other January sks: pruning deciduous trees and shrubs, plying dormant spray to deciduous uit trees, and beating back weeds with oe or oil spray.

oggy soil cautions

uring the winter months, a cold, rainy retch of weather may be followed sudenly by clearing skies and sunshine. on't rush out to begin planting immeately, however; your soil probably will ill be wet and soggy. Give it a few days dry out before you dig in.

here's a good reason for this precauon, in addition to the fact that planting muck is unpleasant. Cultivating wet il compacts it and drives out essential r spaces. This upsets the soil structure nd hinders soil penetration by roots, r, and water.

ou can tell when soil has dried out ough to be workable—it crumbles ther than compacts when hit with the ck of a shovel.

nglish primroses are here

his month English (or Polyanthus) primses in plastic pots make their yearly ppearance at nurseries. Hardy provids of winter and spring color, they come nearly every shade and bloom from w until warm weather. They're well orth the price of about 50 cents and up r plant.

When using just a few primroses, concentrate them in clusters near an entry or walk where you can see them often and up close. Or crowd them into a container as shown below.

Plant English primroses in part shade or full sun. If in sun, watch carefully for signs of wilting, because nurseries usually grow primroses in a sandy soil that dries out quickly. You may need to water full-sun containers once a day. Since frequent watering washes nutrients out of the soil, feed lightly about every two weeks. Cut off old flowers as they start to dry up.

1971 All-America Gladiolus Selections

Any All-America Gladiolus Selection has to be a new variety that has been exhaustively tested and appraised by gladiolus experts under a wide range of growing conditions. These are the four varieties that were designated All-America for 1971:

'Anniversary.' Huge, light lavender flowers, 9 to 10 of them formally arranged on each stem. Blooms in 85 days, long-lasting flowers.

'Cascade.' Eight or nine pure white flowers with delicately ruffled edges on a spike up to 30 inches high; overall height 4½ to 5 feet. An early bloomer.

'Little Tiger.' A novelty gladiolus, colored light brown on the upper flower petals and bronze with unusual bronze-red "tiger spots" on the lower petals. Opens seven to eight flowers at one time on a 17 to 18-bud spike; overall height 3½ to 4 feet.

'Orange Chiffon.' Flowers orange with a slight hint of salmon and heavily ruffled; 10 open at once on a 24-bud spike about 34 inches high. Flowers come late in season, in a formal, double row arrangement on the spikes. Maximum height of plant about 6 feet.

Rhododendrons and cold weather

Don't be alarmed if the leaves on your rhododendrons curl under during freezing weather: This is their normal protective reaction to the cold. As less leaf surface is exposed to the chilled air,

Four primroses—*transplanted from 4-inch plastic pots—fit snugly into 12-inch container, will bloom until weather warms*

Sunset's GARDEN GUIDE

there is less evaporation of vital moisture from the leaves. However, if they are still curled after the temperature has risen above freezing, the plants have probably suffered damage.

Continue to water thoroughly throughout the winter when it isn't raining. If supplied with adequate moisture, they'll be better prepared for any freezing weather. In cold-winter areas, survival of plants depends on their being well watered.

Fragrance maker for winter gardens

One of the most fragrant winter plants —second only to daphne—is wintersweet (*Chimonanthus praecox*). From December until early spring, the bare stems of this undemanding shrub are laced with soft yellow flowers giving off their sweet, spicy fragrance. Where the soil is workable, you can plant wintersweet right now and catch its present fragrance season.

At nurseries wintersweet usually comes as a 2-year-old plant in a 5-gallon can. (Occasionally you may see younger plants in gallon cans.) However, you may have to search a bit to find wintersweet; not every nursery carries it. And don't be dismayed by its unimpressive, rather ragged appearance. Wintersweet is deciduous and therefore not too attractive during the winter when its leaves turn yellow and often hang on a while before falling.

When blooms come, however, wintersweet more than makes up for its appearance with its fragrance. Buds in pairs spaced every inch or two along angular stems open into inch-wide, yellow flowers with smaller, purplish-brown inner petals. Leaves during the spring and summer are medium green, tapering in shape, and 3 to 6 inches long. The entire plant grows slowly to 10 to 15 feet high and 6 to 8 feet wide; you can keep it much lower by pruning while it's in flower.

Wintersweet is easy to grow and has few preferences for location. Plant it in light, well drained soil and water only when you notice the soil around it drying out. In hot summer areas, it does best if shaded from the afternoon sun.

January garden events

Oakland. January 3. Demonstration of rose pruning techniques at Oakland's Municipal Rose Garden. Hours: 1 to 5 P.M. Free. In event of rain, the demonstration will be postponed to January 1[illegible].

San Francisco. January 17. Rose pruning demonstration by the San Francisco Rose Society, sponsored by the Recreation and Park Department. Place: Golden Gate Rose Gardens, Park Presidio Blvd. and Fulton St. Hours: 10 A.M. to 3 P.M. Free. In event of rain, the demonstration will be postponed to January 24.

Sacramento. January 18, 19, and [illegible]. The 23rd California Weed Conference will be open to the public. Place: Woodlake Inn, State Highway 160 and Canterbury Rd. Preregistration is required; write to Ruben Pahl, 5215 Mississippi Bar Dr., Orangevale 95662.

Fresno. January 20 through 24. Seventh annual flower arrangement and bonsai exhibit by the Fresno chapter of Ikebana International. Place: Fresno Arts Center, 3033 E. Yale Ave. Hours: 1 to 4 P.M. daily; also 7:30 to 9:30 Wednesday evening. Donation: adults, 50 cents; students and children, 25 cents.

Oakland. January 28. Registration for a beginners' class in Sogetsu Ikebana flower arranging sponsored by the Oakland Parks and Recreation Department. Place: Lakeside Park Garden Center, 666 Bellevue Ave. Registration and class hours: 9:30 A.M. to 1 P.M. The fee for the [illegible]-week series of Wednesday classes is $[illegible], payable at registration. For details, telephone (415) 273-3094.

JANUARY CHECK LIST: *Here are midwinter's chores*

☐ **Annuals.** Cold, wet weather limits most outdoor planting, but you can set out calendulas, Iceland poppies, pansies, *Primula malacoides*, snapdragons, stock, and violas if the soil is workable.

☐ **Bare-root planting.** January brings the best selection of bare-root spring-flowering trees and shrubs, some of which are available only this month. Bare-root roses are a special bargain; most bare-root plants cost much less now than they will later when sold in cans.

☐ **Food garden.** Plant artichokes, asparagus, cane berries, rhubarb, and strawberries now. For an early spring crop, sow these seeds in open ground: beets, chard, lettuce, onions, parsley, peas, radishes, spinach, and turnips.

☐ **Frost protection.** January is generally the coldest month of the year. Bring tender container plants into a sheltered spot. Protect tender plants growing in open ground by placing a canopy of burlap or polyethylene plastic above—but not touching—them.

☐ **Gift plants.** Move azaleas and cyclamen received as Christmas gifts to cooler areas indoors—about 60°. Poinsettias need a 70° temperature and protection from drafts. Don't forget to water; keep soil moist but not soggy.

☐ **Lawns.** Remember to water during prolonged dry spells. Mow regularly, especially lawns planted last fall, as mowing forces the grass plants to spread out and become more dense. Apply preemergence controls for crabgrass and other weeds now.

☐ **Pest control.** Apply dormant spray thoroughly to deciduous fruit trees and roses; spray the ground beneath them with the same spray (this procedure is okay with dormant spray, bad practice with growing-season spray). Read label instructions carefully, because unusually low temperatures can make spraying dangerous to plants.

☐ **Perennials.** Set out plants from flats or gallon cans, working ground bark or peat moss into the soil first. Larger plants from gallon cans will generally give a much heavier spring bloom than seedlings from flats.

☐ **Pruning.** Prune deciduous trees and shrubs except for the spring-flowering kinds; prune these after they bloom. Prune roses now; heavy pruning stimulates more and stronger growth, which brings more blooms.

☐ **Weed control.** Spray weed oil now on young weeds growing in open ground—it's fast, effective, and will save many hours of weeding later. However, it does stain gravel, rock, or wood, and it tracks into the house.

Sunset Books

Give it a Spin

Look for this and other displays of the more than 120 different Sunset Books wherever you shop.

Golden Muscat *grapes raised in a container—sample of second crop from 5-year-old vine. Picked in October*

DARROW M. WATT

At age 4, *container-planted Concord grape vine filled in frame, yielded first crop of 16 bunches*

Growing grapes in containers

rowing productive grape vines in con-
iners has long defied Western home
ırdeners to the extent that it's consid-
ed unpredictable and difficult. The
nes grow but grapes rarely will. On
ese two pages, you see how Mr. and
rs. John Schroeder of Los Altos, Cali-
rnia, succeeded in growing grapes in
ree wood planters that Mr. Schroeder
signed and built.

ve years ago, the Schroeders planted
ree varieties of grapes in the plant-
s—Concord, Golden Muscat, and
ıompson Seedless. In 1969, the Con-
rd and Muscat vines produced their
st sturdy crop of grapes, then equaled
again this past season. Only the Euro-
an variety, Thompson Seedless, has
iled to produce; it's a poor choice for
me gardens in many Western climates.

ıe deep planters provide nearly 3 feet of
il for the deep-rooting vines, plus good
ainage. The bottom of each planter
made of 1 by 2-inch strips of wood
aced 1 inch apart; over them is a
yer of rocks and then another of pea
gravel to keep soil in and let water drain through.

Overhead frames eliminate the need for a stake next to each vine. Vines are tied to the side posts and are pruned and trained up them.

An analysis of the planters' soil shows why the grapes grew so well. It follows the guidelines for ideal container mixes, with a high volume of organic material (50 per cent by weight) and a low volume of mineral matter. Here is the Schroeder recipe:

12 cubic feet nitrogen-stabilized bulk organic matter (fir bark or redwood sawdust type)
2 cubic feet fine or very fine sandy loam
1½ pounds single superphosphate or equivalent
¼ pound sulfate or muriate of potash or equivalent
5 to 7 pounds dolomite lime

You can plant bare-root grape vines from January through March. The procedure differs from the planting of bare-root trees or roses in that you treat the whole grape vine as a root to ensure a full, sturdy root system (see diagram at right below).

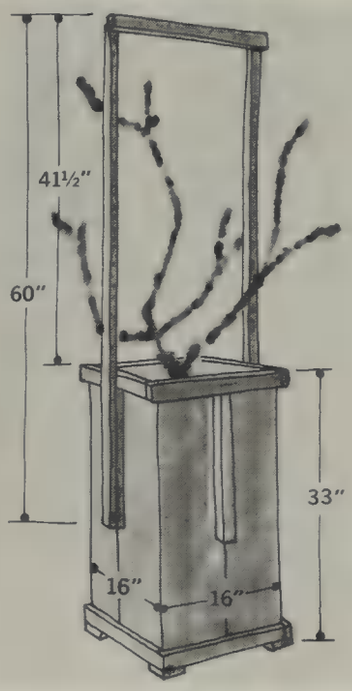
First soak the roots in water if dry, and trim to 6-inch length. Cut the top of the vine back to three buds. Bury both roots and stem so that only the top inch or two of stem is above ground (top bud should show). After filling in the hole and tamping soil firmly, water, then mound 2 or 3 inches of loose soil over the top of the stem to prevent it drying out. Shoots soon will force their way up through the mound.

Don't feed vines at planting time; wait until early spring to give them fertilizer high in nitrogen if they seem to need it. Follow label instructions for container plants or, lacking such instructions, give each planter about ½ cup of dry fertilizer with 10 to 20 per cent nitrogen.

Remember that grape vines typically do not begin to bear until the third or fourth year. Fertilizer or the lack of it does not influence the age of bearing.

ıe wood planters *are square but deep. Each side is two 1 by 8-inch dwood boards, trimmed with 1 by 2's. Overhead frames guide vines, n be raised. Planters rest on four wood blocks, weigh about 300 pounds each*

S MARUGG



To plant *bare-root grape vine, bury roots and most of stem; leave top bud above soil. Mound dirt over it*

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Good Housekeeping

WILLIAM APLIN

Upper bloom *is 'Oldtimer,' a 6-inch bronze-apricot; lower is 3-inch yellow 'Spanish Sun'*

Your new choice in roses for 1971

Three All-America selections and 19 other new roses for 1971 will be available at Western nurseries this month. Now is a good time to plant them.

Here are the All-America winners:

'Aquarius,' a pink bicolor Grandiflora whose deep pink buds open to light pink blooms with deep pink edges. Each has 30 to 35 petals. The mildly fragrant flowers appear singly or in clusters on the long stems of tall, vigorous plants.

'Command Performance,' a brilliant orange Hybrid Tea whose color remains constant throughout its blooming season. Long buds on long stems open to fragrant blooms with 40 to 45 petals.

'Redgold,' a chrome yellow Floribunda. Petals on the 2-inch blooms (25 to 30 each) are yellow with a brick red edge. The mildly fragrant flowers occur singly or in clusters on 8-inch stems.

The other 19 new roses are listed below according to color. They include Hybrid Teas (HT), the classic roses with well formed buds and flowers on single stems; Grandifloras (G), with prolific Hybrid Tea - shaped buds on taller bushes; and Floribundas (F), with small, less perfectly shaped buds on bushier, shorter plants. Miniature (M) roses may look like any of the other three types, but se dom grow more than 12 inches tal Climbers (Cl) can appear in any class

Bicolors

'Caramba' (HT). White with light re edges, 4-inch blooms occur singly on vigorous, medium to tall bush.

'Fiesta Gold' (M). Yellow, pointed buc open to ½-inch flowers shaded wit golden orange. The plant is compact an bushy, as well as self-cleaning (afte bloom, flowers fall readily to save yo the job of clipping).

'Touch of Venus' (HT). Long, pointe white buds with pink tips open to whi blooms with light pink centers. The 5 t 6-inch blooms, each with about 40 petal occur singly on almost thornfree sten on a broad, upright bush.

Orange

'City of Belfast' (F). Profuse orang scarlet blooms, each with 30 to 35 petal occur in clusters on 3-foot shrubs. Th foliage is coppery.

'Climbing Tropicana' (Cl HT). Climbin variation (to 8 feet tall) of 'Tropicana Same orange-coral, 4 to 6-inch bloom on 18-inch stems (long for a climber).

'Contempo' (F). This variety produce

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pper orange flowers 3½ to 4 inches diameter, 20 to 25 petals. Blooms cur in clusters on bushy plants 3 to feet tall.

relight' (HT). The 5 to 6-inch blooms orange-scarlet (deeper than 'Tropina'), with 35 to 40 petals each, on -foot-tall shrubs.

ary Marshall' (M). Orange to orange ral; Hybrid Tea bud opens to 1½-h flower on a 12-inch bush.

dtimer' (HT). Bronze apricot, 6-inch wers with 25 to 30 petals bloom on -foot-tall shrubs.

nk

iss Montana' (HT). Light pink, inted buds open to blooms 4 to 5 hes across, occurring singly on a bush medium height.

d

oadcaster' (G). Dark red, 3½-inch oms, each with 16 to 17 petals, occur clusters of three on this medium-ght bush. The blooms are mildly grant.

octor Eldon Lyle' (G). Produces many nted buds which open to 4-inch, 30 35-petaled, deep red blooms without race of black-red. The bush is tall l disease resistant.

rmain's Centennial' (G). Urn-shaped ls open to 4½-inch, dark red blooms candelabra stems on a 5½-foot bush.

d Smoothie' (HT). Dark red, 4-inch wers with 35–40 petals top 18-inch, rnless stems (from which the plant es its name). The vigorous bush usu- grows 5 feet tall.

grim' (HT). Large, pointed buds open lark red, 5-inch blooms with no trace blue. Blooms have 25 to 30 flaring als and occur singly on a vigorous, ease-resistant, 3½-foot bush.

p Secret' (M). This sport of 'Beauty ret' produces Hybrid Tea buds open- to 1½-inch, very fragrant, Christ- s red blooms with 40 to 50 petals.

llow

urvoisier' (F). Peach yellow, urn-ped buds open to 3½-inch blooms in sters on a medium-height bush.

anish Sun' (F). Bright yellow, tight ls open to 2½ to 3-inch, very fra- nt blooms on a 2½-foot-tall bush. s was formerly a greenhouse and ist's rose only.

nny Today' (F). Clear yellow buds n to 3½-inch, pomponlike blooms h as many as 150 petals. The very grant blooms occur in clusters on a -foot bush.

ite

lphine Belotti' (HT). Long pointed ls open slowly to pure white flowers. sturdy, disease-resistant plant has hery foliage in a rich dark green.

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DARROW M. WA

Blood lily *for flowers, leaves . . .*

Blood lily (*Haemanthus katherinae*) c serves some sort of medal for perfor ance above and beyond the call of du Most plants specialize—some displayi handsome foliage, others providi showy flowers. Blood lily is both a flo ering and a foliage plant, and it is o standing in both categories. A Southe California bulb specialist calls it the m spectacular of all the bulbous flower

The plant is called blood lily because the red stains on the large bulbs. South Africa, its homeland, people son times call it torch lily, a name at on prettier and more appropriate. The flo er cluster is torchlike in its boldness a intense coloring. As far as family re tionships are concerned, blood lily actually nearer amaryllis than lily.

Flower stalks are 2 to 2½ feet tall, casionally even taller. At the top is round cluster of narrow-petaled co scarlet flowers. The many long, thre like stamens give the cluster the fly-ap look of fireworks.

Usual blooming season for Januar planted bulbs is early summer or mi summer. Skilled gardeners with gree house facilities sometimes hold ba bulbs from early growth and have pla in bloom as late as November. They this by keeping bulbs dry until l spring, then watering them to st growth. The greenhouse is necessary provide warmth late in the season wh

WILLIAM APLIN

. or dramatic effect in a rubbery border

ower spikes begin to lengthen.

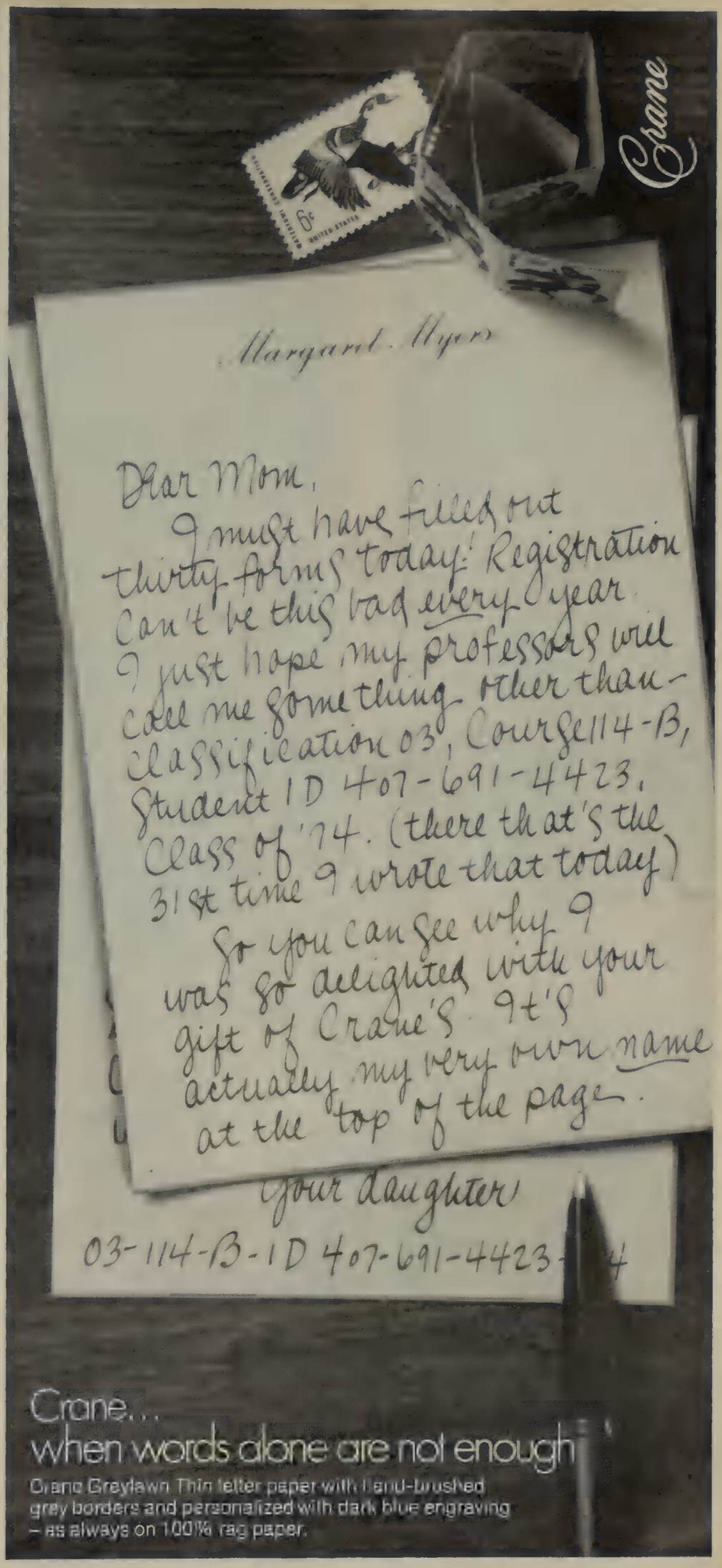
e big, broad, shiny, bright green leaves n be 1½ feet long. They appear on eir long stalks before the flower spikes pear; after the flowers fade, foliage ntinues to grow. Plants should be fed d watered until October, when they n gradually be dried off and permitted go dormant. They are not entirely edictable, and may be evergreen or ry nearly so.

lbs are scarce and usually expensive. ant the bulb in an 8 or 9-inch pot th the tip just buried. Water sparingly til leaf growth is vigorous. Move the nt outdoors when weather becomes rm, then water and feed liberally. In ld California climates plants will grow tside through the year, losing leaves frosty spells but recovering well.

on't be in a hurry to repot; bulbs seem bloom best when crowded. Bait often control snails and slugs.

ood lily is not often grown in the open ound, but it can be done. The plants the photograph above grow in a gar- n in Laguna Beach, California; there also a colony growing in the Los geles State and County Arboretum Arcadia. Flowers last best if given ht shade or afternoon shade.

opagate by offsets (two years to bloom) by the large, fleshy seeds (four years bloom).



GLENN CHRISTIANSEN

Classic rose garden:
Bush and climbing Hybrid Tea 'Snowbird' in sunny, wall-enclosed formal garden

WILLIAM

As a hedge:
Pink-flowered, 18-inch-high mounds of Floribunda 'China Doll' in hot-summer interior valley garden

Roses in the landscape...yes or no?

Here are some emphatic yes votes

ELLS MARUGG

)n a fence:
'oppery salmon pink climbing 'Mrs. Sam fcGredy' blooms nine months of the year n Sunset's grapestake fence

WILLIAM APLIN

As a ground cover:
Miniature roses (8 to 18 inches high) make flowery ground covers. Shear after bloom to keep compact

s or isn't the rose a landscape plant?

Iany landscape architects answer with an outright "No.")thers qualify by giving the nod to some kinds in certain ituations.

ut tremendous numbers of gardeners say "Yes." They help) account for the long established and continuing popularity f roses—far and away the best selling flowering shrubs.

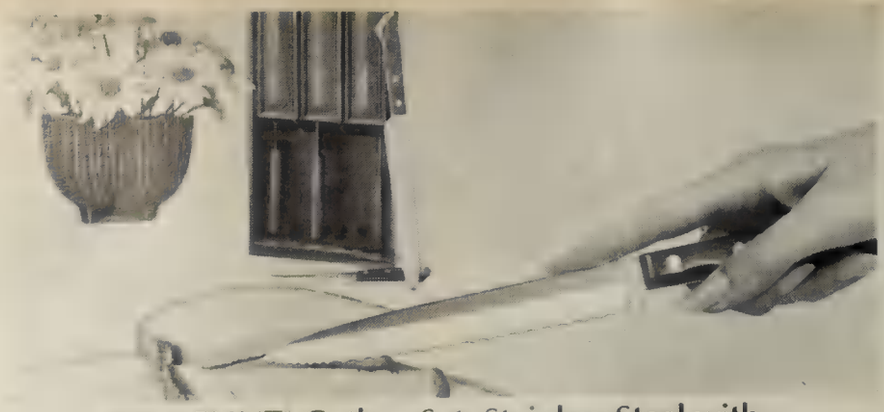
Vhen you plant roses—or any kind of plant, for that matter -select kinds best adapted to your climate and best suited ı growth habit and size to your garden. If you live in the oastal fog belt where mildew is a problem, consult with urserymen or rosarians, who may be able to suggest re-stant varieties. In all other climates, hot or cold, roses gen-rally perform superbly.

ig husky bush roses and rambunctious climbers overpower mall gardens and require burdensome maintenance. On the ther hand, smaller Hybrid Teas, well mannered Floribundas nd miniatures, and restrained climbers fit nicely into the ındscape scheme of most home gardens, are easy to main-ıin, and yield abundant color for several months—in some limates almost all year.

)ur photographs show some of the ways roses are used in Vestern gardens. We might have added Grandifloras serving s 8 to 10-foot-high hedges or screens; Floribundas in raised eds; pillar roses trained against posts; climbers covering ergolas or large banks; tree roses in containers or formal eds; and miniature roses as low edgings and in containers. ınd, for the benefit of purists who believe that roses should e grown separately—strictly for their flowers—we could ave added a photograph of a cut flower garden.

DON NORMARK

In a pot:
Floribunda 'Summer Snow', pure white, slightly fragrant flowers, light green foliage, on Phoenix patio



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WILLIAM APLIN

Podocarpus *trained against side of the garage stay so flat they don't crowd walk*

The podocarpus were obliging

The garage wall seemed to need some kind of plants to break up the expanse of bare stucco. But in the narrow planting space, what could grow tall enough and fast enough yet not crowd the walk to the house?

Enter one of the most obliging of all plants, *Podocarpus gracilior* (fern pine), by nature a tree but so lanky-limbed and supple it can be trained into nearly any shape. Now, three years later, podocarpus decorates the wall with a flat leafy pattern that is kept in line with much less pruning than you would probably imagine.

The owners, Mr. and Mrs. T. G. Berlin, court of Thousand Oaks, started with three 5-gallon-sized plants spaced 6 feet apart, and then began training them to a frame of 2 by 2's. A vertical 2 by 2 at each podocarpus and horizontal ones at 3 and 7-foot heights are nailed together, and the whole frame is fastened to the wall with expansion bolts.

As each plant grew taller, the Berlincourts selected two side branches for training along each horizontal 2 by 2. The other side branches were cut off near the trunk; smaller twigs from the trunk were either left alone or cut back part way to keep plenty of foliage. The trunks and side branches are tied to the frame with stretchable plastic tape.

The Berlincourts prune the plants about once every three months. Mostly that involves nipping back branches that stick out too far or cutting back new side shoots from the main trunk.

Landscape architect was L. K. Smith.

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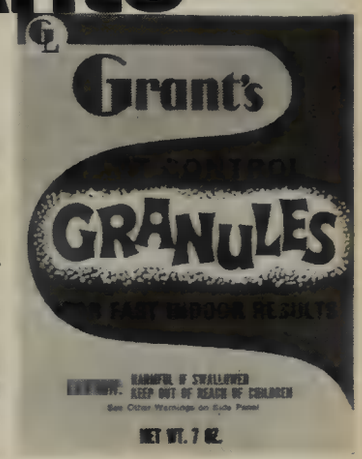

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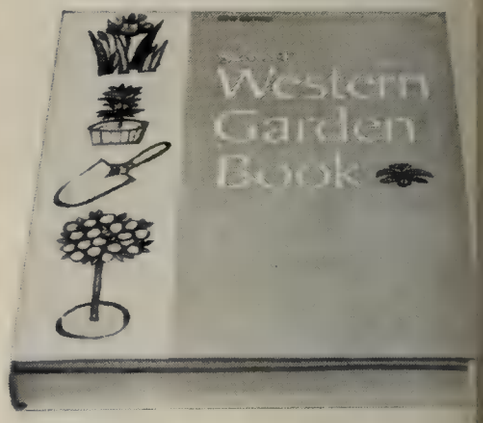

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A better name for sea oats is bamboo grass. It looks that way

The ornamental grasses best known to Western gardeners are pampas grass, blue fescue, and fountain grass (*Pennisetum setaceum*). But these are actually only a few among many.

It is a pity that *Uniola latifolia* is so little known, because it is one of the very best, not only for garden decoration but for cutting as well. It has many common names, among them bamboo grass, sea oats (a name that properly belongs to a near relation, *Uniola paniculata*), spike grass, and broadleaf uniola.

The first of these names describes the appearance of the plant before bloom. The clump looks remarkably like a clump of one of the dwarf bamboos; the leaves, like those of bamboo, are relatively short and quite broad. Unlike dwarf bamboo, which is an eager and aggressive spreader, broadleaf uniola has short rootstocks that spread very slowly, making a tight clump that gets only an inch or two broader every year. It will

DARROW M. WATT

Showers *of spikelets hang from graceful, 2 to 5-foot stems of broadleaf uniola*

Each *of these flat things is a spikelet; it contains a stalk, a number of bracts (floral leaves), and tiny enclosed flowers*

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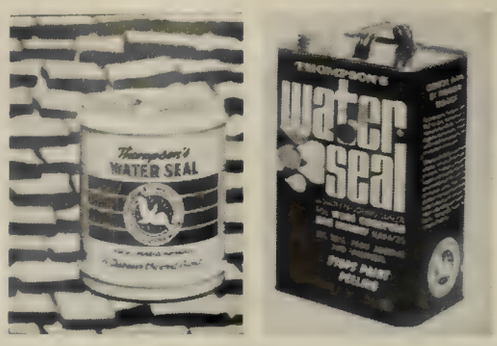

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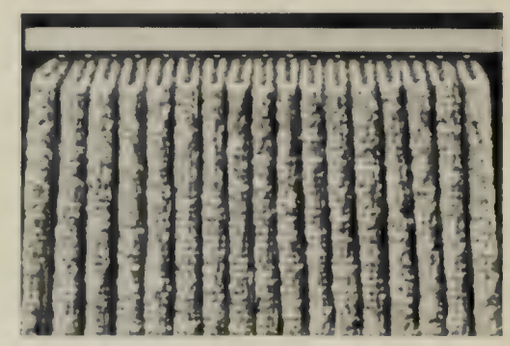

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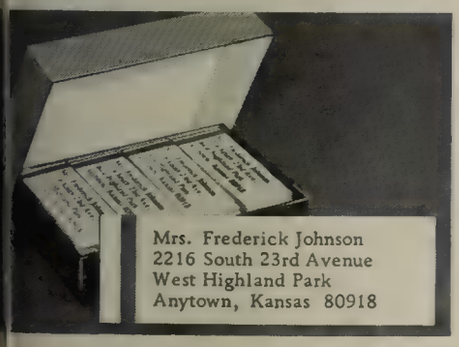

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stay in place, but may easily be divided in winter or spring if you want to propagate it.

The foliage clump is handsome enough to qualify the plant for use in borders or among shrubbery, but the foliage is only a prelude; the big show comes with the summer flowers.

Pale green spikelets. Flowers resemble those of other grasses in general structure; they have no showy petals, and the most noticeable parts are small bracts. These bracts and the flowers they partially enclose are clustered into *spikelets*; these are what most people think of as flowers. Broadleaf uniola spikelets can be as much as 1½ inches long and half as wide. They are of papery thinness and hang from slender, nearly threadlike stalks in gracefully arranged clusters.

Flowering stems range from 2 to 5 feet in height; on a big plant nearly the last foot may be hung with spikelets, although 6 inches is more like the average. Spikelets are a pale silvery green. As summer draws to a close, plants may begin to look bedraggled; stems arch so far out that the clump looks as though it had been sat on. When this happens you can stake the clump or cut off the flowering stems.

Drying the flowers. You can use cut stems in arrangements just as they come from the plant. If stems are not too long, flower clusters will dry beautifully in the arrangements you make. If stems are so long that they lean into awkward curves, dry them in long-necked containers that will support bases of stems in more upright fashion. Spikelets dry to a soft greenish straw color and will last for a long time unless roughly handled.

People who work in *Sunset's* offices are used to seeing a variety of strange and pretty plants. It was surprising, then, to see the amount of excitement generated by a bouquet of this grass that came into the office. Everyone wanted to know how to grow it.

Sun or shade? Broadleaf uniola is a native of the eastern and southeastern states, sometimes straying as far west as Arizona. It is thoroughly hardy to any winter cold except in the highest mountains. It does go dormant in the winter; at this season plants look neater if they are cut back nearly to the ground. A woodland plant, it appreciates light shade or afternoon shade. In cool-summer areas (and in nurseries where it is grown) it does well in full sun.

Plants are obtainable at Carman's Nursery, 2640 S. Bascom Ave., San Jose. Mail order sources are George Schenk's Native Garden, Box 487, Bothell, Wash. 98011 (catalog, $1); Oakhurst Gardens, Box 444, Arcadia, Calif. 91006 (catalog, 50 cents). Seed is often obtainable from Harry E. Saier, Dimondale, Mich. 48821.

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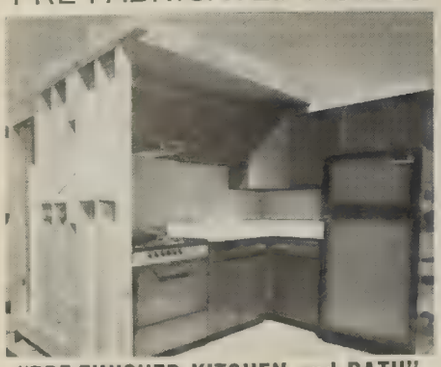

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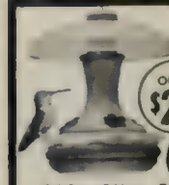

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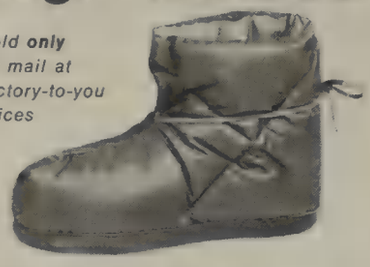

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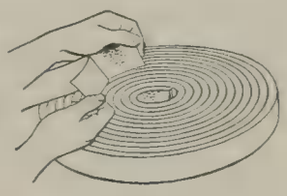

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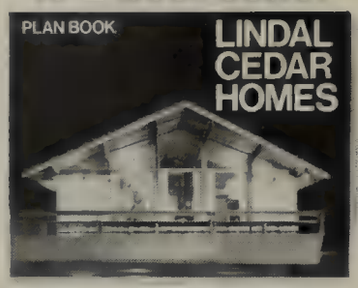

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— See July 1970 Sunset, page 73 —

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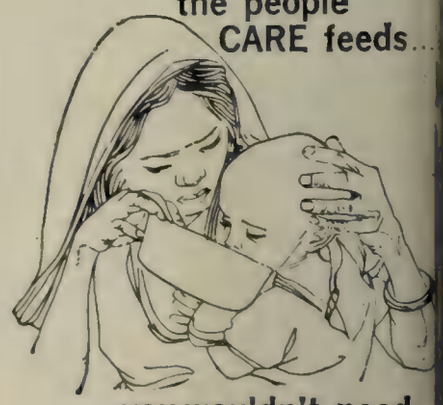

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DARROW M. WATT

Silhouetted *against a fence, Japanese anemones show off their white blossoms on long stems and their fuzzy dark green leaves*

It makes sense . . . takes courage

By January even the latest flowers of Japanese anemone will have faded and most of the foliage will be yellow or withered. At a time like this, it takes courage to plant Japanese anemones, but planting now makes sense. The longer they have to get established where they are to bloom, the sturdier they'll be during their first year. Clumps or divisions of clumps donated by friends may even bloom the first fall. Nursery-grown plants in cans are almost certain to bloom if given reasonable care.

Reasonable care means, primarily, ample water. Winter rains will probably take care of the plants' needs; if rains end early, as they did last year, don't wait too long to give plants an occasional soak. At planting time, prepare the soil carefully, adding organic material and fertilizer; plants will last a long time in place if soil is rich and moist.

Light shade is best in warm areas, but plants will grow in full sun where it is cool. Blooms last longest if sheltered from strong winds.

Why plant Japanese anemones? First, they have charming flowers of white, pink, or rose, colors that are not usual in late summer and fall, when oranges, yellows, and reds tend to dominate.

Next, the plants are substantial in size, big enough to have foliage of importance equal to many shrubs and flowers that stand up to be seen. Plant height is usually given as 2 to 4 feet, but under ideal conditions flowering stems may reach 6 feet.

Finally, plants hold their own and bloom well in the shade. They endure root competition from the trees, spreading freely once established. They may even in time need curbing to keep them from crowding more delicate shade plants.

For a more readable Sunset

For the last quarter century, *Sunset's* text has been printed in Scotch Roman, the type you are now reading. Printers consider Scotch one of the most readable of all text types; it has long been popular for both book and magazine use.

But Scotch does have one disadvantage. It is essentially a text type. For larger sizes, for changes in emphasis, our art directors have needed to use type faces from other type "families." The resulting contrasts have not always been as comfortable or readable as our art directors would have preferred.

With this issue *Sunset* is changing its text to Times Roman, the type you are now reading. We make this change after months of study of a great many different type faces. Times Roman is available in a wide range of sizes and weights designed to work together harmoniously. *Sunset's* art directors feel *Sunset's* pages will gain both in good looks and in readability.

Below is a display of the principal changes.

Text:	Scotch Roman	Times Roman
First text words:	**Metroblack**	**Times Roman Bold**
Captions:	*Scotch Italic*	*Times Roman Italic*
Subheadings:	*BODONI SMALL CAPS ITALIC*	**Times Roman Bold**
Subheadings:	**Bodoni Bold**	**Times Roman Bold**

Times Roman is a modern face as types go. It was designed for *The Times* of London and was first used in 1932. By contrast, Scotch Roman was designed a century earlier in Scotland.

Sunset's large headlines (as at the top of this page) will continue to be set in Bulmer. This is an elegant, old-style type face named for William Bulmer, who directed England's Shakespeare Press in the eighteenth century.

The change in *Sunset's* type dress which we have made with this issue is intended to be unobtrusive. We would like regular *Sunset* readers to feel at home in our magazine's pages, to know their way around from section to section, not to puzzle over puzzling changes.

Our purpose this month is not change for change's sake, but simply improvement—in readability and in the look of our pages.

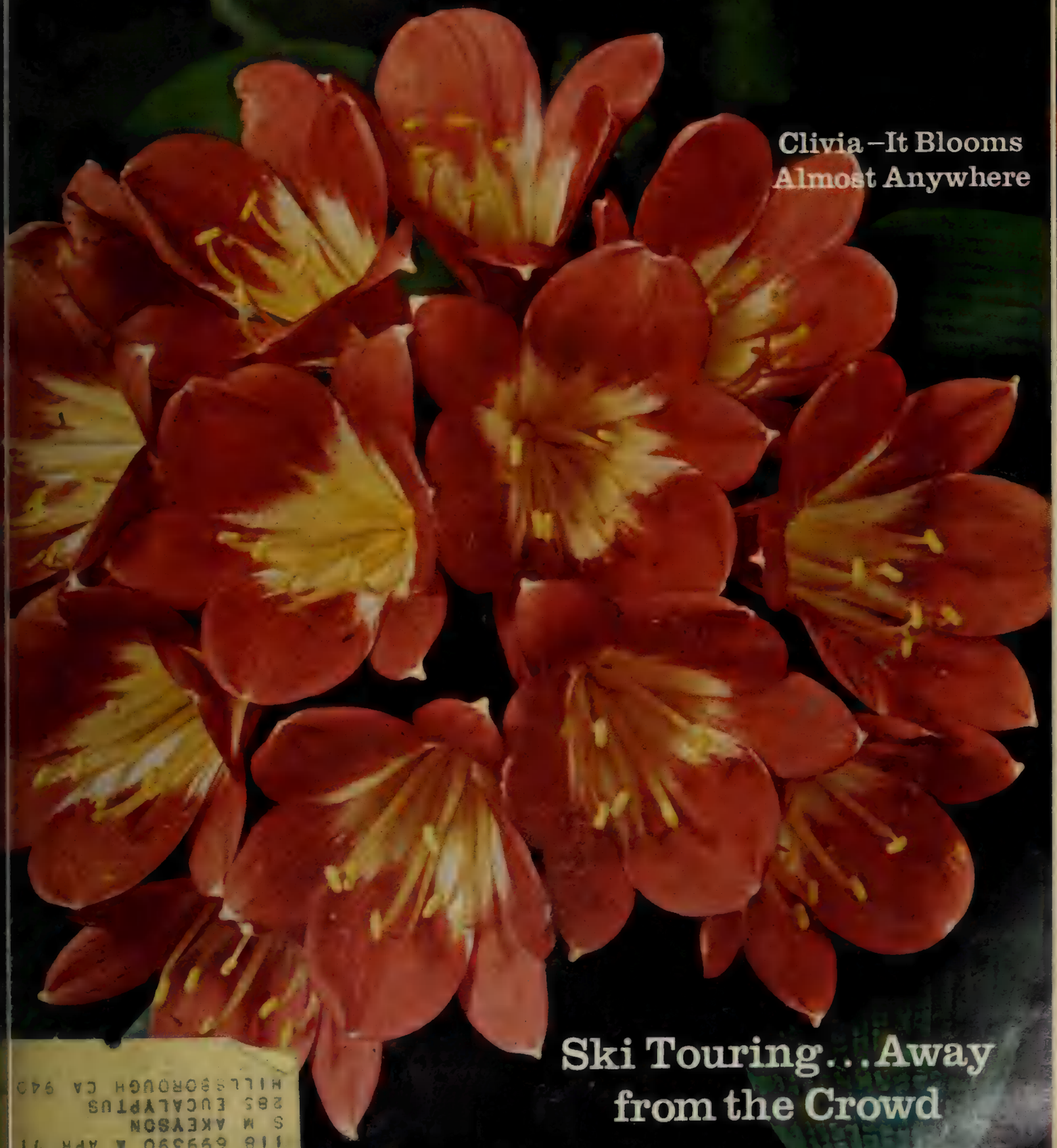
WINDOW ON THE WEST: *Tufa at Mono*

The curious white formations pictured at left are knobby towers of tufa at the edge of Mono Lake in California. The strange shapes have been exposed by the lowering of the lake since 1940, when the principal streams draining into it were diverted to the Los Angeles Aqueduct. U.S. Highway 395 passes beside Mono Lake near Lee Vining, at the east end of the Tioga Pass approach to Yosemite National Park.

FEBRUARY 1971 50 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*



Clivia—It Blooms Almost Anywhere

Ski Touring...Away from the Crowd

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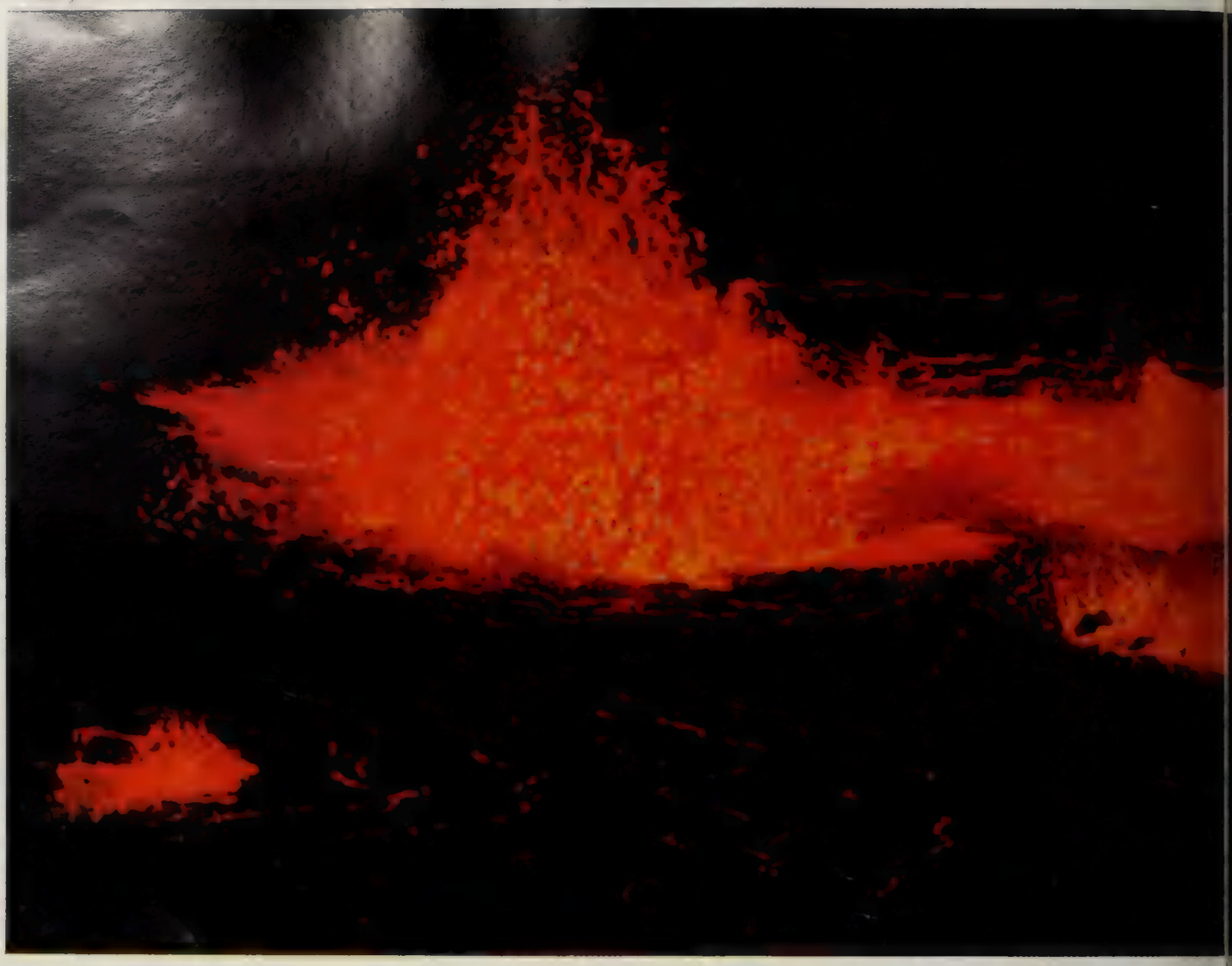
View from the lookout over Halemaumau Firepit on the Big Island of Hawaii.



Hawaii looks like Hell.

At least some parts do. When Madame Pele, the volcano goddess, blows her top from Kilauea Crater, there's no sight like it in heaven or earth. It's Dante's Inferno with sound effects. Of course, volcano watching is pretty much a spectator sport. So if you're the type who likes to get involved, you'll be glad to know that most other places in Hawaii look like paradise. Only difference is, there's more to do in Hawaii.

If it gets too hot on Kilauea, you can cool off by water-skiing in an emerald bay 4,000 feet below. Or you can catch a 600-pound marlin off Kona. It may pose a weight problem on your return flight, but you'll think of something.

You're also invited to join the Buddhist Bon-Odori dancers in their festive celebrations of death and life and other high occasions. Or explore the meandering course of a green river on Kauai. Or dine in a dozen countries, with no language barrier to dampen your appetite.

Or just sit in the warm sand and rejoice at the sunsets showing nightly from all six of our lovely islands.

You can do all these things tomorrow if you want. The airline and steamsh carriers have made Hawaii closer and le costly than ever. And when you get he the $5.40 common fare for island hoppi is possibly the greatest bargain in flig The range of available tour plans is endle too – including tours for people who do think they like tours.

Talk it over with your travel age He'll tell you to go straight to Hawaii.

Hawaii

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On behalf of the Islands of Hawaii, Kauai, Lanai, Maui, Molokai and Oahu.

Sunset*
THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

Feature articles for February 1971

CENTRAL EDITION

At a dog show you watch dogs and their owner-handlers . . . 30
The pleasures of ski touring . . . 54
Giant mountain park for Los Angeles? . . . 60
Working places—artists at home . . . 64
Fireside supper tonight is flowing gold—*raclette* . . . 70
Clivia is happy indoors or outdoors . . . 72
Good cook's discovery—the wok . . . 74
Children's treat for parents—Caesar salad . . . 110
Big container plants for indoors and outdoors . . . 162

l
ary travel in and beyond the West . . . 3
ro Lake—east of Phoenix . . . 24
rds on display at Tillamook . . . 26
d Honolulu's four-master . . . 29
dog show . . . 30
r fishing for crab off the Tokeland pier . . . 36
acking with young children? . . . 42
, ride, or learn to soar . . . 44
leasures of ski touring . . . 54
mountain park for Los Angeles? . . . 60

and Entertaining
le supper tonight is *raclette* . . . 70
ng with a wok . . . 74
*'s Kitchen Cabinet** . . . 104
d lamb into meatballs . . . 106
introduction to the Philippines . . . 109
year-old chef makes Caesar salad . . . 110
e cake is the easy base . . . 114
entle coffee—the cold water idea . . . 118
ary menus . . . 120
in-itself Bavarian soup . . . 126
ake ends up under the broiler . . . 128
cornmeal pancakes . . . 130
*of the West** . . . 133
surprises from the Caribbean . . . 139
ng desserts—an introduction . . . 140
experiments with soufflés . . . 145
eaweed gelatin is an Oriental cook's secret . . . 146
nel on top, coffee flavor inside . . . 150
ng with a wok: Which wok and what other tools? 153

ing and Remodeling
ing places—artists at home . . . 64
hanging Western Home† . . . 80
r's run and doghouse are built into the hill . . . 90
they hide; then they roll . . . 93
d tire stop . . . 96
72 Western Home Awards . . . 98
built retaining wall . . . 100

Letter from *Sunset*: Which *Sunset* do you read? . 184

Gardening
Clivia is happy indoors or outdoors . . . 72
February in your garden . . . 154
Three vegetables that come back . . . 158
Big container plants add interest, soften house lines . . . 162
Indoor planting adventures for children . . . 164
Using screen to protect plants . . . 166
What are those yellow clusters on my pines? . . . 168
Michelia—fragrance and white flowers . . . 172
Camellia shows in February, March . . . 174

Home Management
Working places—artists at home . . . 64
The Changing Western Home† . . . 80
First they hide; then they roll . . . 93

Landscaping and Outdoor Building
Jupiter's run and doghouse are built into the hill . . . 90
Retaining wall takes care of a change in grade . . . 100
A six-year-old forest of deodars . . . 170

Workshop and Craft Projects
Working places—artists at home . . . 64
One square knot after another . . . 83

The Cover Story

Pictured on our cover is a Clivia miniata flower cluster, at about ⅞ real-life size. If you look hard you can find 14 individual, six-petalled flowers in the cluster. This cluster bloomed last February on a clivia plant that grows in Sunset's garden in Menlo Park, California. See page 72 for a report on clivia. Cover photograph by Darrow M. Watt

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ebruary travel . . .
in and beyond the West

GERALD FREDRICK

Happy bidder *has captured a spinning wheel and now shows interest in another antique item*

Gold Country auction in the tradition of the Old West

wn from the attic, up from the base-
nt, in from the barn come items to be
l to the highest bidder at the 11th
nual Kit Carson Mountain Men An-
ne Auction on February 13.

Mountain Men were formed about
years ago to perpetuate the traditions
he Old West. Buckskin-clad, they col-
the merchandise, act as aides to the
tioneer, and generally add to the
ning's amusement.

nited to a total of 300, most objects pertain to the history of the Mother Lode area. This year you can bid on two original ore wagons, fully equipped (except for the gold); bids will start around $500. An old tobacco box, on the other hand, may go for 25 cents and a bottle of buttons will bring about $2.

The auctions used to be held in one of the old Kennedy mine buildings, but last year the site was shifted to the Goldstrike Casino, 1 Main St., Jackson, Calif., to accommodate the increasing

at am I bid *for these genuine Texas longhorns?" Crowd seems amused by Mountain Man's comments but horns went for $170*

Sunset

THE MAGAZINE OF WESTERN LIVING

February 1971

With page proofs *in front of her, editor's secretary hitches a belt ring to desk drawer and attempts to weave a macramé belt*

We call this copy-testing

Why is secretary JoAnn Jolley, who is neither a craft writer nor a leisure-time weaver, taking time out from her duties to weave a belt?

It's because no one can test instructions like a novice.

If we gave articles only to experts for checking, we might not catch small awkwardnesses and ambiguities in wording that wouldn't bother a craft-skilled reader but might confuse a beginner. In this case JoAnn was told to ask no questions and seek no help, to consult only our proposed article on how to make a macramé belt. She approached the task doubtfully, began slowly, worked carefully, and showed us later how the strand-numbering references in the text could be misinterpreted. We adjusted the wording accordingly.

The result (page 83) should be what we always strive for: a presentation that's clear to every reader.

L. W. LANE, JR. *Publisher*

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An Oakland display of objects from the "other world" of art

An important art exhibit opened at Smithsonian Institute in Washing D.C. more than a year ago, and ceeded from there to tour the cou making a significant impact on e lished ideas about art. The show, *jects: USA*, is at the Oakland Mus now through February 21, before ing to Phoenix.

It comprises works that have heretc been relegated to the status of "cra Glass, clay, wood, and fibers are media in this collection of works utilitarian and nonfunctional.

Objects: USA is an important show cause it is a fine sampling of wh happening in the "other world" of outside painting and sculpting, and because its high quality and imagina ness challenge the traditional distinc between crafts and fine art.

That distinction has normally been n to separate functional objects such glassware and pottery from nonf tional objects such as oil paintings bronze sculptures, and to limit the ceptability of certain materials (glass, fabrics) in art shows.

Weaving, glass blowing, ceramics, je ry making, even macramé, are all re sented among the 308 objects in exhibit. You'll see things from a cer sneaker to an enamel mural to a riot ly shaggy hammock made with yarn

The show is housed in the Great

Glassware *has the liquid appearanc still-molten glass. The artist was Joel M*

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DIRECTORY INDEX

SCHOOL AND CAMP DIRECTORY
beginning page 5

EL DIRECTORY nning page 8
FINE FOODS CUPBOARD beginning page 112
DEN CENTER ning page 176
SHOPPING CENTER beginning page 178

CAMPS

CAMP BEAVERBROOK
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of the museum, which is at 10th and Oak streets, near Lake Merritt. Museum hours are 10 A.M. to 5 P.M. Tuesday through Sunday, except Friday when the closing hour is 10 P.M. There is no admission charge.

For travel planners, ■ February check list

Diving in Hawaii. Novice and veteran scuba divers have a choice of two new 3 and 10-day diving tours along the Kona coast on the island of Hawaii. The 10-day tour ($485) includes 6 days of diving (beginners receive lessons) and a land tour of the island. The 3-day tour ($150) centers on diving. Both include twin-bed hotel rooms, breakfasts and dinners, a guide and boat, and tanks and air. Air fare is additional. For a brochure, write to Undersea Safaris, Inc., Box 26212, San Francisco 94126, or see a travel agent.

Prehistoric cave art. On Monday, April 19, a 33-day tour sponsored by the Archaeological Institute of America will leave New York for Spain and France to study prehistoric cave paintings. Tour price of $1,438 includes air fares, most meals, hotel accommodations, and scheduled excursions conducted by an expert on cave art. A $500 contribution to the A.I.A. is also required. For details, write to Canterbury Travel Inc., 95 Madison Ave., New York, N.Y. 10016.

Desert tours. Grand Canyon National Park, Oak Creek Canyon, and Navajo trading posts are some of the stops of two rail and bus tours leaving the Los Angeles area April 4 and 11. The trips, which offer four days of touring, start at $229, and include transportation, sleeping car space and motel rooms, and some meals. For an itinerary, write to Let's Travel Tours, Box 146, Perris, Calif. 92370, or see a travel agent.

Astronomy tour. On March 18, a unique 35-day tour of the observatories of Australia and New Zealand, with other stops in India, Fiji, and Mexico, will depart from London. The tour, to be conducted by Patrick Moore, prominent British astronomer, costs $2,725, and includes air transportation from New York, hotels, and some meals. For a brochure, write to Esplanade Tours, 14 Newbury St., Boston, Mass. 02116.

Skiing in Norway. February 25 and March 18 are the departure dates of 15-day skiing tours to the winter resorts of Voss and Geilo in Norway. Tour cost of $467 covers lodging, meals, and round-trip air fare from New York, but not ski lift fees. For details, write to Scandinavian Airlines, 130 Post St., San Francisco 94108, or see a travel agent.

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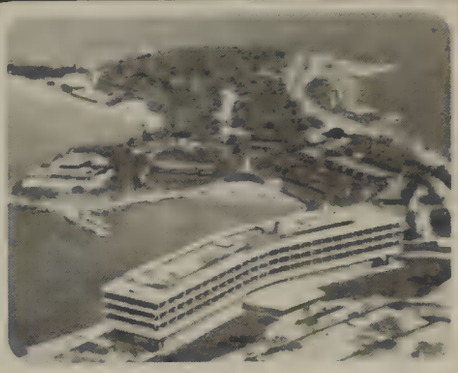

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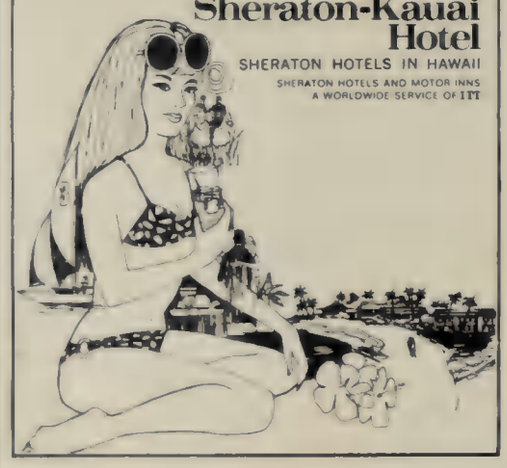

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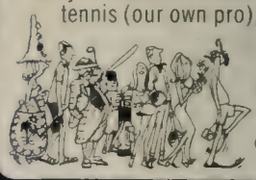

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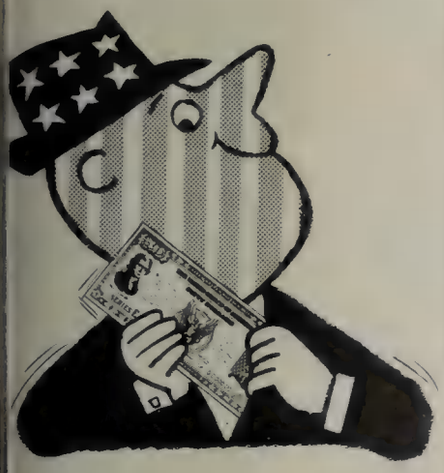

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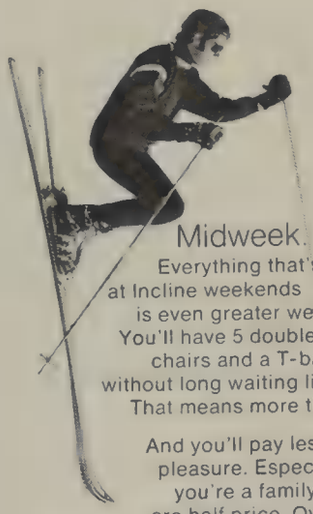

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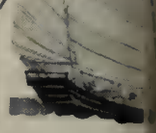

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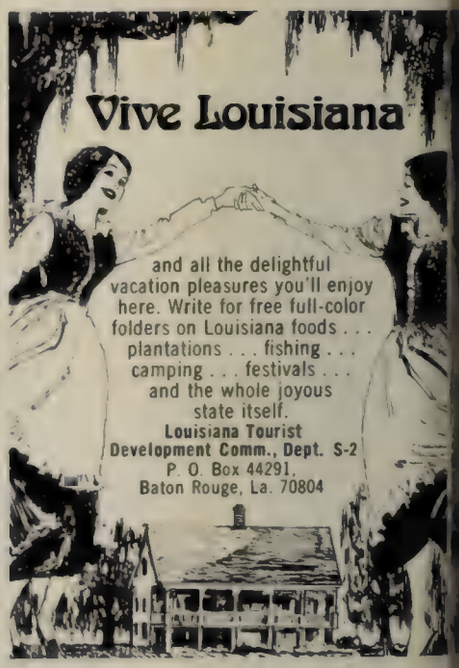

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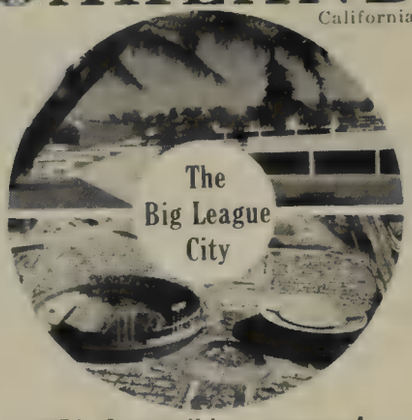

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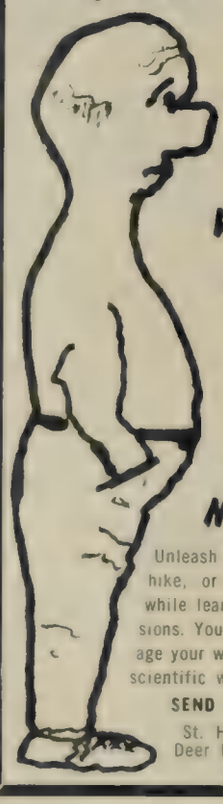

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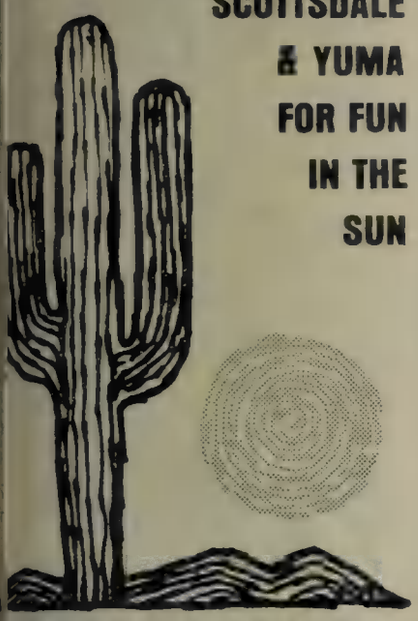

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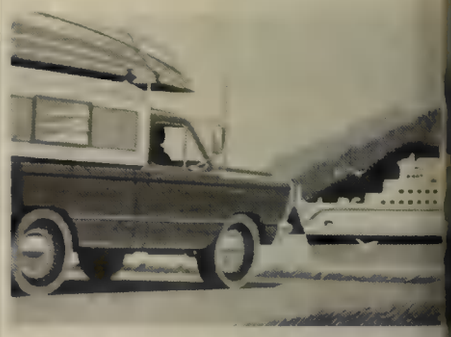

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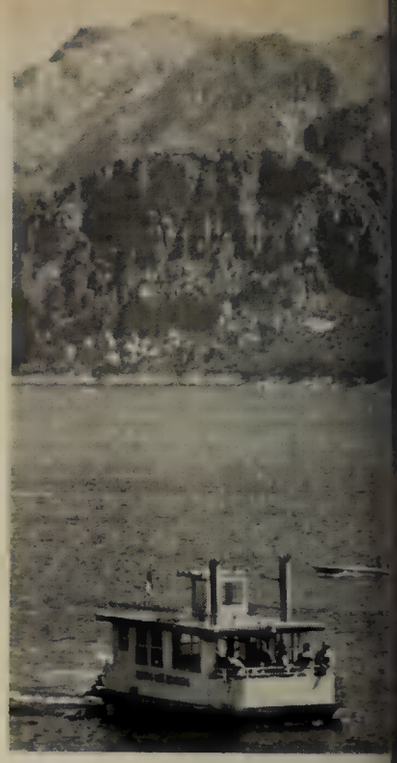

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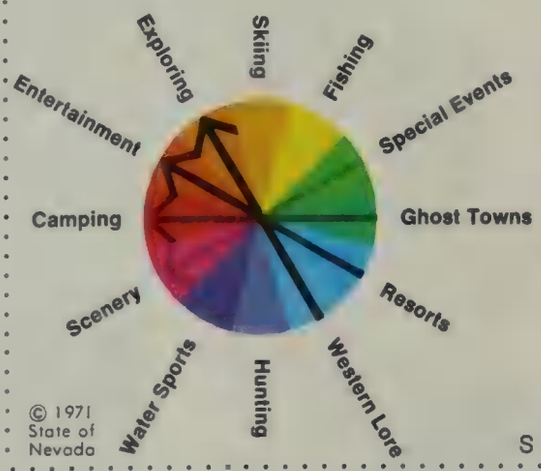

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The birds on displ in Tillamook

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The superbly preserved displays, m ornithological, are almost exclusively work of Alex Walker, for many y a field naturalist for various muse He gathered species from Mexico to Arctic, and met other naturalists f around the world who sent him ex specimens from remote places. As adjunct to his profession, Mr. Wa learned taxidermy. He has donated s of his vast collection to the Pioneer seum. (The remaining several thou birds and mammals comprising his entific and research collections will g Oregon State University.)

The more than 500 birds and mam displayed here include two specie penguin, the emperor and the Adélie the seven species of swans in the w Pioneer Museum displays five, inclu the rare trumpeter.

There are two species of egret, the sn and the common. Mr. Walker wel members the time around the turn o century when the snowy egret wa most extinct. Hunters valued the e for its plumage, which brought as m as $40 an ounce as adornment for of fashionable ladies.

Other birds on display include the tidious motmot from Central Ame who trims his own tail; the hornbill glossy starling, and the roller from Congo; the kiwi from New Zeal the red-rumped parrot from Austr the red, white, and blue pitta f Burma; the black grouse from Lapl and 40 different hummingbirds.

Scores of kinds of birds' eggs are ranged in such a way that they look abstract sculptures.

Mammals include an otter, a fur pup, foxes, coyotes, beaver, and bob Mr. Walker is at the Pioneer Mus most days. If you're fortunate, you get him talking about his birds.

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the ship is a maritime museum, ed at Pier 5 in downtown Honolulu. rnishings show how officers and lived when the *Falls* sailed between nd San Francisco during the period to 1907, carrying sugar, other car- nd passengers. (Later, from 1907 27, it served as an oil tanker.)

otographic exhibit tells the ship's from its launching in Scotland in to its resurrection in 1963 by Hono- citizens who saved it from being as a breakwater. You can buy an- chronometers, scrimshaw jewelry, autical prints and books in the gift The Lazaret.

s are 11 A.M. to 5 P.M. Wednesday gh Sunday. Admission is $1.25 for s, free for students and children.

of the fun of visiting the *Falls* is ing the continuing work by the p Museum both on the ship and on exhibits in the surrounding park.

l helmsmen *grab spokes of wheel in of wheel box (both made of teak)*

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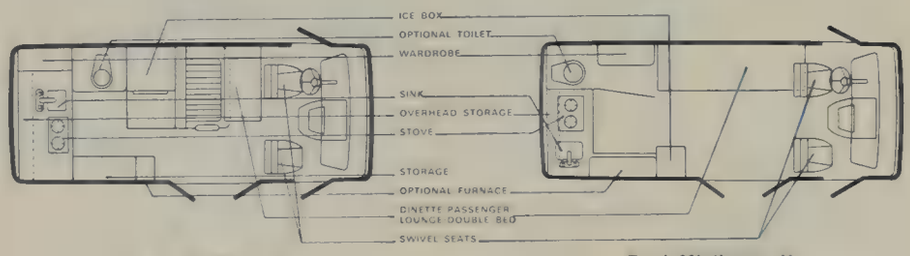

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The pampered canines on these pages represent just a few of the great variety of breeds shown at Western dog shows. Poodles, German shepherds, dachshunds, and beagles are the most popular pedigreed dogs. But at the shows you may also see Scottish deerhounds, Japanese spaniels, Belgian tervurens, and if you'd care to say hello to the shih tzus, they'll probably be there too.

It took the American Kennel Club (the shows' sponsor) fifty years to register the first million dogs. But today's dog-mania accounts for more than a million new registrants each year.

Judging the dogs during a show goes on simultaneously throughout the arena with the added confusion of dogs leaving and waiting for their turn in the rings. Typically, the dogs enter and face the judge in review. Next they may be led at a jog around the ring. Then they're lined up, sometimes in the order of prefer The judge examines each for confi tion to standards of the breed: structure, bite, and coat. After th cision the judge points out the wi who stand in order of finishing.

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Each dog competes by breed. Ther winners move into one of six larger j ing categories: sporting breeds, ho working breeds, terriers, toy breeds,

Taut leash *keeps Chihuahua at attention awaiting judge's decision*

GERALD R. FREDRICK

Beneath swirl *of silken hair, Afghan hound with high-stepping gait performs in ring*

Costumed owner *gives friend Booze a soulful St. Bernard look*

Wrestling holds *come in handy when you're trying to clip Great Dane's mustache*

Well groomed *wirehair poses by trophy last year in San Jose*

porting breeds. Finally one dog each of the six categories enters competition for best dog in show.

y shows also include obedience . Commands may be given entrants urdle barriers, fetch a "bone," and in in place for 3 to 5 minutes while owners leave the hall.

term "benched show" indicates that peting owners and their dogs must in in areas adjacent to the judging a during the day of the competition. benching area is open to the public ou can see the dogs up close and to the owners. Benched shows in

Leash *gives clue to judging end of fluffy Lhasa Apsos*

Jut-jawed *sour mug waits with owner, member of bulldog club*

Here are the shows through July 4th

the next few weeks include San F cisco's Golden Gate Kennel Club S and the Seattle Kennel Club Show.

Most dog shows charge admission. T ets can be purchased at the gate.

These are the all-breed shows sched from now through early summe northern California and Utah that received approval from the Amer Kennel Club prior to *Sunset's* press t

January 30, 31: Cow Palace, Daly City (near San Francisco)
February 21: Santa Clara County Fairgrounds, San Jose
March 28: Oakland Auditorium
April 2: Fairgrounds, Tulare
April 3: Fairgrounds, Fresno
May 8: Fairgrounds, Santa Rosa
May 9: Benecia Park in Rohnert (near Santa Rosa)
May 23: Salt Palace, Salt Lake City
May 30: Collins Polo Field, Pebble Beach
July 3: Civic Auditorium, Richmond
July 4: Cow Palace, Daly City

To enter, your dog must be regist with the American Kennel Club. Madison Ave., New York 10038 few of the largest shows accept only that have already won a blue ribbo

To apply for entry to shows on Fe ary 21, March 28, May 8, and Ju and 4, write to licensed superinten Mrs. Bernice Behrendt, 470 38th A San Francisco 94121. For the Ap and 3 and May 30 shows, write to perintendent Jack Bradshaw III, Venice Blvd., Los Angeles 90015. May 9 and 23 shows are run by su intendent Jack Thomsen, Box 731, tleton, Colo. 80120. (Entry deadline the January 30 show is past.)

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VEGA. IT'S A
FOR SUCH A

We don't think there's another little car in the world that can offer as much as the Vega.

We know that sounds like we're pretty confident.

We are.

Here's why.

Little, but big.

First off, our little car is a lot bigger than its size would indicate.

True, it rides on a tight 97-inch wheelbase. And true, it's designed for only four passengers. Nonetheless, Vega feels much bigger. In fact, it has as much room per passenger as many big cars.

There are some other big things about our little Vega, too. Like its amazingly peppy performance. Vega has enough reserve power to conquer steep hills and merge easily onto 8-lane freeways. Yet it hums along with a degree of quietness that is all too unusual in little cars.

One more thing that makes Vega feel big: it's a very secure little car. That's due to a whole bunch of things—10" front disc brakes, wide stance, low center of gravity, steel side-guard beams in the doors, and lots of GM safety features.

What we're trying to say is this: Vega is just as much car as any big car, only it's smaller.

Little, but little.

Lest you become overwhelmed by its bigness, however, you should rest assured that Vega takes full advantage of its littleness as well.

The 97-inch wheelbase helps it turn around in just 33 feet, curb to curb.

The unique engine is stingy enough to let you go by gas stations where you were once a steady customer. In fact, in our highway tests, Vega's been getting in the neighborhood of 25 mpg with the standard engine and transmission. And that's a pretty nice neighborhood.

And the handling. This just might be Vega's biggest virtue. It rides smoothly and steadily down a turnpike, or darts neatly in and out of traffic. Vega has a tight 22.5:1 overall steering ratio. And because of its low, stance, it's unusually stable in crosswind

What it is is fun. Plain old fun.

140CID-OHC4 & other mysteries.

Basically, the Vega engine is a cubic-inch overhead cam with an alum block.

It comes in two versions: base w horsepower (80 SAE net), and a bigger v with 110 horsepower (93 SAE net) and 2- carburetion. Both run efficiently on n low-lead or regular gas. And with exhaust pollutants.

As you've probably noticed, the engine is pretty big for such a little car. why it has such good acceleration. And also why it turns slower at cruising spe which means it won't suffer the wear an of high rpm.

Nor is it as noisy as an engine turning faster.

Yet, because of a breakthrou aluminum-engine technology, our little c able to sip gas, not guzzle it.

All in all, it's a whale of a little e

If you like the 1971 Vega, you'll like the 1975 Vega.

There's something else we thin should know right away: now that Vega it's going to stay out.

We don't plan to change it for a four years. We think you'll like it, ju way it is.

Naturally, there is the possibili we'll find ways to improve Vega from a tional standpoint. If we do, we will. We'l you a promise, though: no change for th of change.

So when you look at the 1971 you'll be getting a preview of Vegas to

6300 places to get the service you won't need much of.

We've designed the Vega to h few service problems as possible. In fa think it'll prove far superior to most cars road in this respect.

OT OF CAR
LITTLE CAR.

'or lots of reasons. One of them is our ıutomated assembly line, which assures :h and every Vega will be built with an led uniformity of quality.

Another is Vega's engine. It's designed ; durable as an anvil.

A third reason: pre-testing. We've tested or over 6,000,000 total driving miles.)00. That's equivalent to going around ld 240 times.

But since no car is perfect, your Vega d a little help sooner or later. And when we offer more of it than any other auto- manufacturer in the world. 6300 zed Chevrolet dealers.

Besides that, Chevrolet dealers have storage bins, special parts, and special ; on servicing this little car.

In addition, every new Vega comes with a miniature service manual, loaded with things you can do yourself.

Obviously, we can't say Vega is service-free. But we will say this: if you're looking for trouble, you've come to the wrong place.

The little car that does everything well.

We realize that we've made some pretty big claims for our little Vega, but we have a good reason.

They're all true.

Like we said up front, we don't think there's another little car in the world that can offer as much as the Vega.

You see, even when we think small, we think big.

Pictured below: blue hatchback coupe, red sedan, yellow Kammback wagon and green panel truck.

VEGA

CHEVROLET

aloha

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Winter fishing for crab off the Tokeland pier

DON NORMARK

Left. *Crab fisherman draws up big circle net while man behind fishes for flounder.* **Above.** *Crabber tosses back a female crab*

From State 105, *a loop that links Westport with Aberdeen and Raymond, a short spur road takes you to the village of Tokeland*

On a bright, breezy weekend in February, the sun glints off the blue waters of Willapa Bay as you approach Tokeland on Washington Highway 105. Faded by sun and sea like a New England fishing village, tiny Tokeland is quiet in winter, its surrounding beaches given over to skittering sandpipers probing the coffee-colored spindrift, or wary-eyed and pompous gulls. But the store and post office are open, and the fleet of chunky little fishing boats rides snug behind its breakwater. Out on the dock that juts eastward into the bay, the activity is busy, bantering, and friendly—for it's crabbing season.

No license is required to fish for crab. The limit is six males measuring at least 6 inches at the widest part of the c pace. Taking female crabs is illegal; easy to identify a female by the w rounded flange of shell on her unc side. The similar flange on male crab narrow and pointed.

Crab nets rent for $1 a day, thou they're often difficult to find. Ch

This winter take a vacation to your vacation.

Enjoy 100% pure vacation. Let your ocean view resort do the traveling. No bags to pack and unpack. It's as though the places you want to visit come to *you*.

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Take your choice, 7, 11, 13, and 14-day cruises from Los Angeles. From $295 to $1395. Frequent sailings from now through May. Call your travel agent while choice cabins are still available. Or phone (213) 380-7000. The M/V Italia is of Italian registry.

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You see eye to eye with a gold Thai Fish.
Sculptures are around you as you dine.
A cocktail table is a ceremonial drum.
Peacocks strut on Batik tapestries.
This is the art of Hawaii's Mauna Kea.

Perhaps the most beautiful hotel in the world. With golf, tennis, swimming, hunting, riding and art objects from all Oceania. Ask about our Golf Plan, Honeymoon Plan, and Family Plan, with children for just $10 a day including two meals. See your travel agent, or call our representatives, Glen W. Fawcett, Inc., Los Angeles (213) 388-1151, San Francisco (415) 434-0660, Seattle (206) 682-1981.

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ON THE ISLAND OF HAWAII

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IMPERIAL HOTEL, TOKYO

shops and cafes near the dock area.

Catching a crab takes more patien than skill. You bait the big circular ho net by laying in a few fish heads, froz herring, clams, or even a well punctur can of dog food. You heave the net ov the side of the pier into the water, tie tether to a piling, and wait for crabs respond to your bait. After a br period, pull up the net, hand over ha

Some people fish for flounder off t dock while they wait. Long casts of t line may scatter flotillas of white-wing scoters—an indication the fishing's go

Instead of catching crab, you may pre a walk along the quiet beaches admir the myriad birds that find shelter a sanctuary in the bay. On the dock, gr (cleaned but uncooked) crabs, fr from commercial boats, cost about cents apiece. Nearby, at Nelson's C nery, cooked 2 to 3-pound crabs sell 50 cents a pound. Nelson's also sells own canned crab, sturgeon, salmon, a smoked oysters.

DON NORM

Low tide *exposes strip of smooth sandy beach between rock dike and land*

Girls *and their ponies play in and out of quiet water along North Cove*

Weekend accommodations in the vill are inexpensive and range from comf able to clean-but-austere. All have ki ens. Tokeland's venerable three-st wooden hotel is closed in winter. We enders in campers and trailers sho find space and hookups available Twin Harbors State Park, about 12 m away, or parking space near the be on motel grounds in Tokeland.

To Alaska, with the Prince!

Escape!

Cruise to Ketchikan, Skagway, Wrangell, and the other intriguing ports in The Prince's exotic realm.

The Inside Passage to Alaska — if not the last frontier, it's surely the most spectacular.

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Japan's most beautiful gardens blossom aboard the world's most spacious jet.

A Japan Air Lines 747 Garden Jet soars through the skies of the Pacific. Outside, it is the biggest commercial airliner ever developed. Inside, it features the most extraordinary decor ever created.

For each section of this spacious jet has one of our country's most beautiful features: the Japanese Garden.

First Class has the elegant Garden of Wisteria with an upstairs lounge called Teahouse of the Sky.

In Economy, you can stroll through three unique sections: the Gardens of Wild Orange, Pine or Maple. Each has decor all its own and individualized service. More comfort, too. Thanks to wider seats and stand-up headroom everywhere.

There are wide-screen movies, stereo entertainment and the finest of international beverages and cuisine.

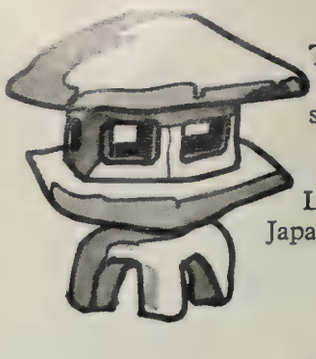
Best of all, there is more of what legends are made of—our lovely hostesses in kimono who pamper you throughout your flight. And introduce you to the subtle delights of Japanese comfort and hospitality.

Come and fly to Tokyo in a Garden of Japan. From Honolulu. Or from Los Angeles via Honolulu (and you can stop over at no extra air fare). For Garden Jet flight information and reservations, call your travel agent or Japan Air Lines.

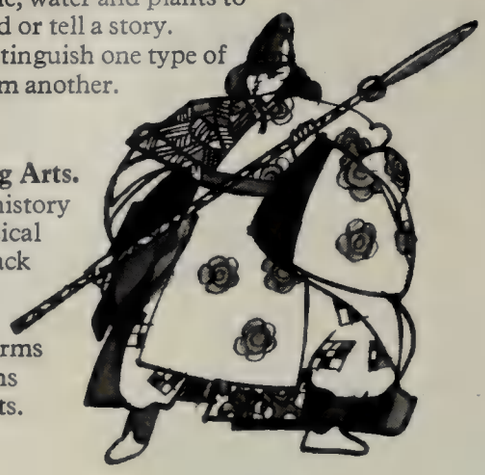
Inflight entertainment available at nominal cost.

JAL

747 GARDEN Jet



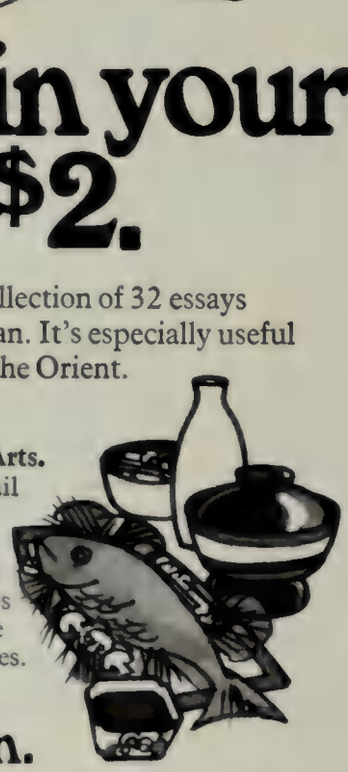
Traditional Gardens.
Here in one of 32 authoritative studies, you'll learn how Japanese gardens use wood, stone, water and plants to establish a mood or tell a story. Learn how to distinguish one type of Japanese garden from another.



Performing Arts.
Japan's rich history of drama and musical entertainment dates back to the 7th century. This essay describes and explains Noh, Kabuki and Bunraku art forms as well as modern directions in Japan's theatrical arts.

Put Japan in your library. $2.

"32 New Views of Japan" is a boxed collection of 32 essays on the history, culture and pleasures of Japan. It's especially useful for anyone planning a trip to the Orient.



Culinary Arts.
The Japanese love for detail and perfection is exemplified in Japanese food. As lovely as it is delicious, Japanese cuisine takes many forms. The best dishes are described in this essay, one of 32 in the series.

Then put yourself in Japan.

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Backpacking witl young children?

Family backpacking trips are someth even very young children can enjoy these outings are carefully planned.

Or, to put it in the words of Mrs. He Winfrey, whose children range in from 4 to 16, "The extra time we t planning where to go, what to bring, a what to eat was well spent." Here some of our readers' other suggestic

Itinerary. A fairly level hike, close water for camping convenience, with set amount of miles to cover seems to a good beginner trip for young childr Most families mentioned one-day l overs for every day spent hiking, all ing time for fishing, swimming, be meals, or just enjoyment of the scene

Even small children like to look at ma Both U.S. Geological Survey and Fo Service maps are easy to read.

Equipment. Very young children u ally can manage a knapsack-type l along with sleeping bag and jacket (un 10 pounds). Mrs. Robert Dalton rep that her 5-year-old could hike more th five miles a day with this load.

Older children can carry increasin heavy pack loads. Special equipm such as fishing poles, cameras, tents, plastic ground sheets, and commun supplies can be apportioned among ol children and parents.

Clothing. Take only essentials, but member that weather can change fr hot sun to rain to snow in the high co try. Long-sleeved shirts, pants, jacket add or take off, plus one change of clot seem sufficient to most families. D forget swimming suits, sunglasses, and sect repellent. Hiking boots are the ch of most parents and older children, small ones may do better in tennis sh

Food. For children, supplement stand backpacker's dehydrated dinners w things like flavored instant breakf and puddings (that can be combined w powdered milk), dry cereals, and fru One-pot meals, prepackaged in pla bags, are easy and popular. Child may like making snow cones with p dered lemonade. And, for them, noth beats fresh-caught fish.

The effects of planning are cumulati according to Mrs. Carol Ransford, wh family hiked 65 miles in the Sierra d ing 16 days with four children, the you est of whom was six. Says she, "E year the trips seem to get better, since are better equipped and organized."

Cricket.
(Chirp, Chirp)

All-new from Plymouth. The little car that can. $1915.*

Happy day. Plymouth comes through with the little car that can. Which means you can, too . . . Have more fun. Get good economy. And have some nice things you can't have in some of the other import-sized cars. Because we've taken some extra steps. We made our new Cricket a four-door, and gave it the kind of tender lovin' engineering care we put into all our cars. At a sacrifice of economy? No way. Cricket's priced down at $1915*. To sacrifice fun? Just the opposite. We've expanded it. Gone to four doors, with safety locks to keep kids in. No climbing over other passengers. No lifting packages over the front seat. Everybody's happy. You can park Cricket like the little car it is; ride in it like the bigger car it isn't. You can get good gas mileage from its thrifty Four. Choose from an optional automatic or manual transmission. There's standard power disc brakes up front. And 14 cubic feet of trunk space in back. If nothing else, depend on this: Cricket is Chrysler-engineered, Chrysler-built—and that can make all the difference. Cricket. Available at selected Plymouth Dealers'.

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Plymouth
Coming Through.

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CHRYSLER MOTORS CORPORATION

In free flight, *instructor (rear seat) and pupil glide over a lake and search for rising air*

You can watch from below, you can go for a ride, or you can take lessons

As you take off on your first ride in a sailplane, notice the large knob sandwiched between the airspeed indicator and altimeter on the control panel. In a few moments a pull on that knob will release the sailplane from the tow cable that lifted it from the ground.

It is only after the harsh whanging sound of the release has faded into the soft rush of the wind that you can begin to appreciate the detachment of soaring—you, the sky, and a buoyant breeze.

Even watching sailplanes at any of the 32 commercial soaring operations in the West can be thrilling, especially this time of year when prevailing winds in the Northwest and California and temperature variations in the Southwest all contribute to good soaring conditions.

Soaring or gliding?

Technically, these two terms are not synonymous.

Soaring is the technique of keeping a

GERALD FREDRICK

Lightweight *sailplane at right is already higher than its tow plane. Sailplanes take off and land on a single wheel*

The Friend Ship. United's 747.

We didn't want our 747 to be just another jumbo jet so we did a few things to take it out of the ordinary. We put our kitchens downstairs, out of the living room. And there's this special unit that makes sure your food comes to you piping hot. We put in more leg-room for you to stretch out in. Finally we put specially-trained personnel on all of our Friend Ships. Wouldn't you like to make yourself a part of this big beautiful Friend Ship?

The friendly skies.

When you're friendly you do things for people.

United.

California and New York have a beautiful Friend Ship.

DARROW M. WATT

Ridge-soaring *sailplane passes silently over a group of glider watchers on top of a cliff*

Glider watcher *who decided to try it takes control after a power plane roars by*

It isn't the wind . . . it's the updraft

sailplane (the English still call it a glider) airborne by using rising air masses to gain altitude and allow cross-country travel.

Gliding, on the other hand, is simply the gradual descent of the craft, as in the early glider flights of inventor John J. Montgomery.

Montgomery, a native Californian, preceded the Wright brothers with his gli experiments and is now considered most historians to have been the f man to fly. His first flight was on Aug 28, 1883, near San Ysidro, Califor He launched himself by jumping off Otay Mesa Rim, then glided 603 feet fore gently landing. His most fam flights were made in the San Franci

(continued on page

Diagramed above *are the three major types of rising air currents used in soaring: ridge, left; thermal; and wave*

We have some great indoor shows, too.

OMING TO TAHOE

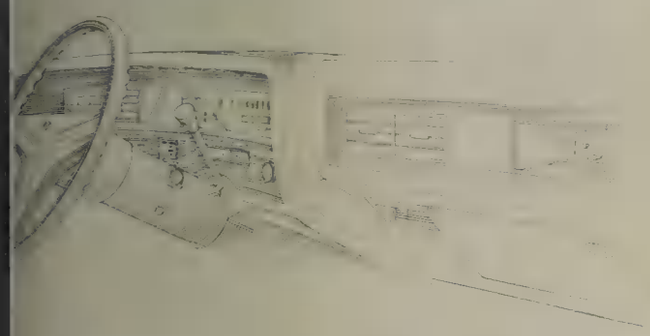
COMING TO RENO

We even have a special 2 night/3 day package deal at our Reno hotel. Includes room, dinner, drinks, shows—the works. $38.50 per person, double occupancy. Ask your Travel Agent.

Harrah's
RENO AND LAKE TAHOE

Your second impression will be even greater than your first.

n though you might already be impressed by dillac's remarkable new beauty, you can't fully reciate its extraordinary newness until you have n in the driver's seat.



'ou immediately begin to sense the uniqueness his Cadillac when you place yourself behind the eel. You'll find entry has been made remarkably y, thanks to its new door-sill design. The richly olstered lower profile seats offer new, contoured nfort that will delight and surprise even the most al of Cadillac owners.

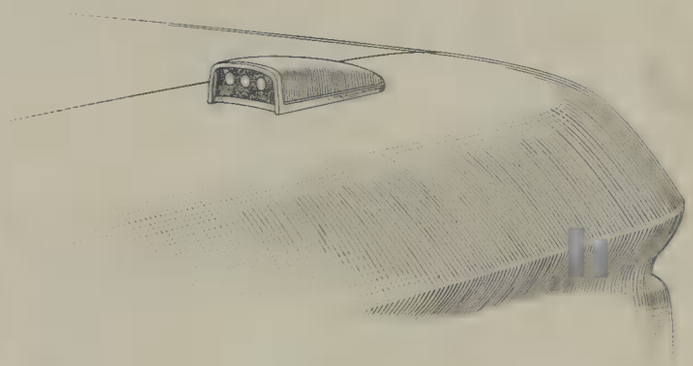
A completely redesigned instrument panel shows per concern for you and your front-seat compan- The panel's many controls are readily at hand, l gauges have been carefully positioned and ted for easy reading.

'urn the key, and Cadillac's renowned V-8 per- nance stands ready to serve . . . with a smooth- s and quiet never before known to the American ury automobile. That power, incidentally, is vered just as reliably with the new no-lead, low- d fuels. And, as you take to the highway, you are tly reminded that a number of power assists are your disposal: variable-ratio power steering, neered by Cadillac; power disc brakes at the nt wheels; the incomparable smoothness of bo Hydra-matic transmission and the pleasant venience of power windows. All are standard ipment, as you might expect of Cadillac.

'o make your driving even more enjoyable, dillac offers a Dual Comfort front seat (standard the Sixty Special Brougham and available on

DeVille models) which provides individual adjustment for both you and your passenger. There is Automatic Climate Control, a highly sophisticated and reliable heating and air conditioning system that controls interior comfort with the simple setting of a dial—and keeps it that way until ordered otherwise. There is Automatic Cruise Control which enables you to preselect your road speed with the touch of a fingertip.

Available, also, is Cadillac's marvelous selection of radios, including this year, a combined AM/FM pushbutton stereo system with eight-track cartridge—an instrument capable of providing sound of amazing tone and fidelity. And, there is a new lamp-



monitoring system to remind you that driving lights are in working condition, as well as to warn you of the fluid level in your windshield washer reservoir.

The 1971 Cadillac . . . by any standard the finest possible example of the automaker's art

Why not discover for yourself why Cadillac is the world's finest automobile. Do it today . . . at your authorized Cadillac dealer's.

GM
MARK OF EXCELLENCE
Cadillac Motor Car Division

Cadillac

n opposite is the 1971 Coupe deVille.

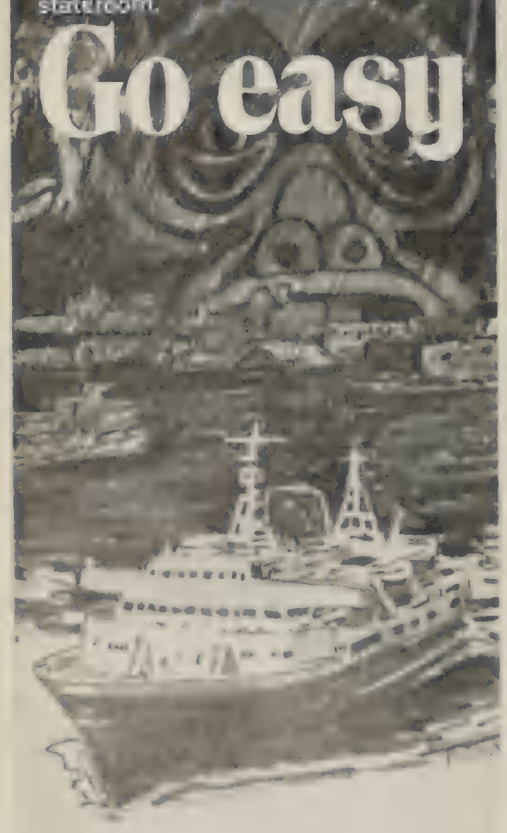
By taking a ferryliner cruise through Alaska's Inside Passage—the same shattered waterway that led miners to the brawling Yukon and Klondike searching for gold.

Go easy.
On a journey that winds through coves and inlets, past fjords and glacier studded mountains. A journey that pauses while you take the Gold Creek Mine tour in Juneau. Visit Sitka—the old Russian capital. Petersburg. Ketchikan.

Go easy.
By loading up your car, your camper or trailer and just driving aboard any one of our ferryliners. If you're planning a late summer vacation, take the ferryliner to start your journey north. Then drive your car back another scenic route. For an early summer vacation, just head north by car and cruise south on your way home. Or leave your car behind and take a round trip cruise.

Go easy.
Take a stroll along the wide promenade decks. Dine on freshly caught salmon. Settle back awhile in the lounges. Then relax in your deluxe stateroom.

Go easy



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GERALD FREDRICK

Instructor *explains glider controls while father and daughter (who will go up next) look on*

Bay Area between 1905 and 1911.

Modern sailplanes bear little resemblance to Montgomery's monoplane glider. Most have wingspans of 40 to 60 feet and weigh 400 to 800 pounds. Performance characteristics have improved with the design. Some craft have stayed aloft for more than 70 hours, and other sailplanes have set an altitude record of 46,267 feet and a cross-country record of 720 miles.

What happens when the wind stops?

Many people assume it is only the wind that counteracts gravity and keeps a sailplane from crashing after it's launched, and pilots are often asked what happens if the wind stops blowing. Actually, sailplanes are not dependent on convenient gusts of wind to remain airborne.

Three types of rising air currents—ridge, thermal, and wave, as diagramed on page 46—provide the lift that enables a sailplane to soar. When these currents rise faster than the speed of the ship's descent, it will gain altitude. Without this lift, the craft will gradually lose altitude (most training gliders descend about 1 foot for every 20 feet of forward motion) and glide slowly to earth.

In ridge soaring, a breeze blowing toward ocean cliffs, hillsides, or other natural barriers is deflected upward as it meets the slopes, creating a rising wall of air. The best lift is found in front of the crest of the ridge and is often sufficient to push an aircraft up half again the height of the barrier.

Thermal currents are the most common source of lift for sailplanes. Thermals are rising warm air columns caused by uneven heating of the ground by the sun, and are found most often near deserts, rolling hills, and sun-baked flatlands. Solar energy warms the earth an the ground warms the air above it. Th leads to convection currents—masses warm air rising through the cooler su rounding air. Thermals are hard to spo but are generally found above dar patches of earth, below cumulus cloud or where birds are circling.

Wave currents provide the strongest an highest lifts. Sailplanes have been lifte at a rate of 1,000 feet per minute some currents, and the world altitu record was set wave soaring over the T hachapi Mountains near Lancaster, Ca fornia. Strong winds sweeping up an over mountains form a series of wa currents on the lee side of the ridge— much like the waves that form behind log submerged in fast moving water.

Watch . . . or take a ride

You can take a demonstration ride wi a qualified pilot or learn to fly a sa plane at public gliderports on weeken and—at some places—on weekdays to For glider watchers, weekends are us ally best as owners bring out a variety factory and homemade gliders.

A ride costs $6 to $10, depending method of launching, altitude of releas and length of time aloft. At most publ gliderports, sailplanes are towed to altitude between 2,000 and 3,000 feet motor-powered airplanes, although son fields use motor-driven winches or c tows to launch private craft.

Beginners will need about 8 to 10 hou of instruction to solo; power airpla pilots will need much less. The avera lesson at most schools runs about minutes and costs $10 to $16, includi a qualified instructor, sailplane, and to

You have to be at least 14 years old fly solo, 16 to get a private license th

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noche Airport, 45 miles southeast of llister on Panoche Road (County J1). en weekends.

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Anywhere *you can park safely off the highway is a potential starting place for ski trek*

Pack carrier *with climbers walks straight up slope for repeat slide. (His pack is too topheavy for best snow use)*

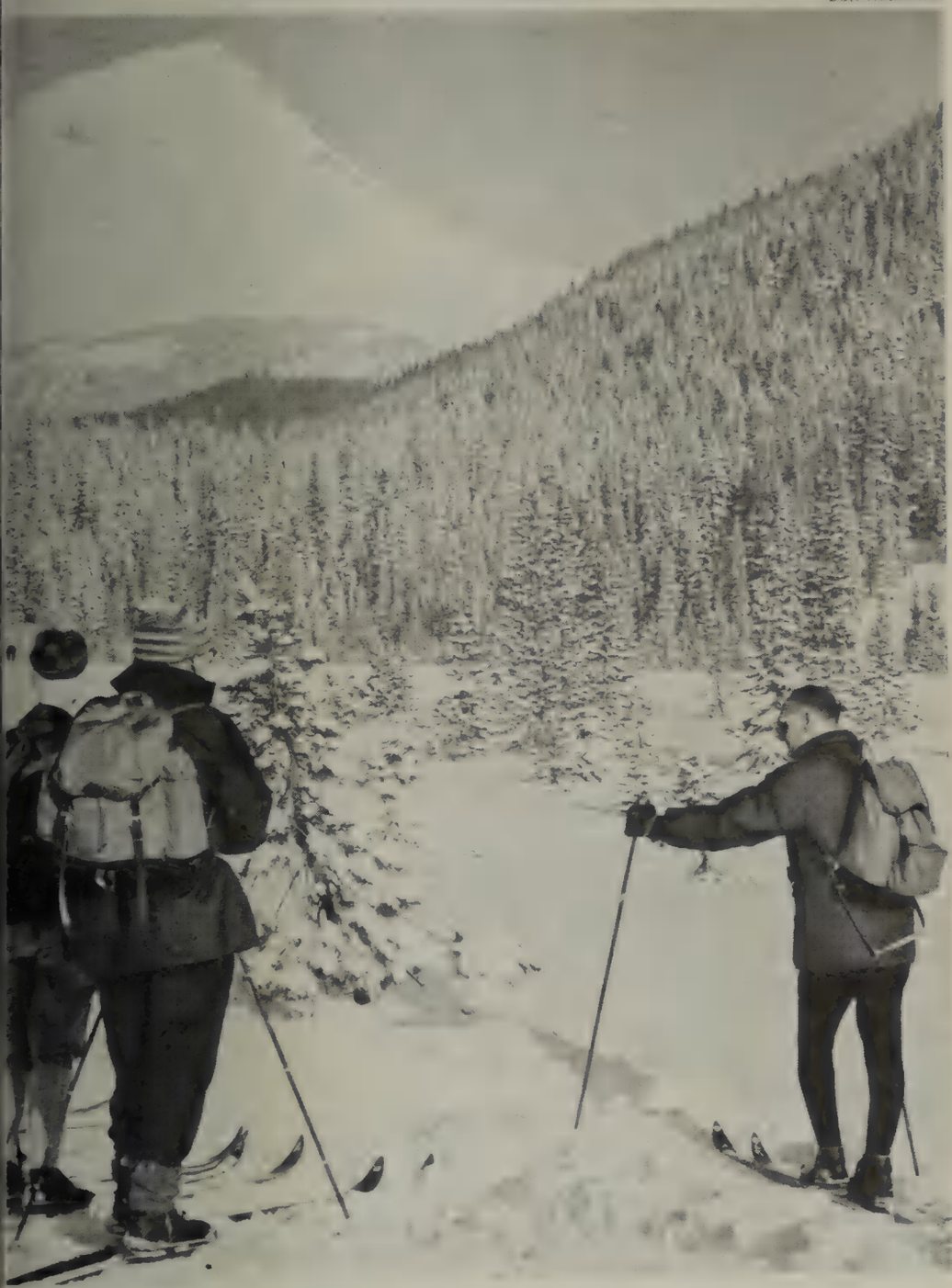
RICHARD C. DAW

The hush *of a clearing after snowf is broken by Sierra Club outi near Yosemite's Dewey Po*

The pleasures of ski touring

You and your friends journey into a world of stillness and unbroken whiteness

Sunny day *at base of Mount Hood draws Mazama ski group. Man at right may find tight-fitting stretch pants fatiguing on walk*
DON NORMARK



Boots, *cable bindings, skis are converted alpine gear. Knickers are traditional cross-country garb*

: **skiers** on these pages aren't sporting this year's miracle r stretch costumes. None of them paid $8 for the privilege waiting in a lift line. Their ski equipment is equivalent in want-ad jargon to a "Good transportation" '64 Chevy. st of them are alpine (downhill) skiers who have con- ed to ski touring.

ditional Nordic cross-country skiing is across fairly level ain on lightweight equipment. Where the sport takes place he mountainous West it is called ski touring and alpine , bindings, boots, and poles are often used.

touring is a chance to savor the snowy mountains away n the crowds. It is poking along through a white stillness t was lost elsewhere with the introduction of chair lifts. It es you away from the resort routine of tottering snow-bunnies and careening junior racers and piped-in polka "Gemütlichkeit" blaring across bulldozed slopes.

The sport combines the exhilaration of the fast downhill run with the bonus of walking on skis across the level or even uphill. The techniques are easy to learn. Advanced skiers can go out first to pack the trail for the rest of the party.

Remembering basic winter precautions (see page 58), you can start from plowed roadside parking anywhere there is snow. Put a ridge between you and the highway and you can enjoy a secluded snow picnic. Look for unplowed roads or park trails, start from a ski resort, follow an abandoned railroad bed, or hike on the smooth shore of a lake.

Ski touring is safer than alpine skiing. Boots are more flexible; bindings are looser; there's less chance for a crunching

DON NORMARK

Proper waxing *is an art. It allows you to slide on level and to walk up hills*

Toe plate *keeps foot on ski. Cable lets heel lift, tucks under rear hook for downhill runs*

Climbers *(synthetic fur) att to skis, give grip on hi are used in place of w*

high speed collision—so you stand a better chance of walking away from your skis at the end of the day.

Ski bindings and skis

For comfortable walking, the boot heel must be free to lift several inches off the ski. The ball of the foot carries the weight of the stride and guides the ski.

In alpine skiing both heel and toe are fixed securely to the ski so the skier can turn or check the speed of the downhill descent. The middle picture above shows a common downhill binding that can easily be converted for ski touring use. The cable was unscrewed for greater length and unhooked from the rear guides so that the boot heel could lift. A toe iron was added to keep the front of the boot on the ski; it can be removed or folded safely down and the cable rehooked for downhill turns. Toe irons cost $3 to $9.

Scandinavian bindings designed especially for cross-country skiing are increasingly easy to locate. (They are not equipped to keep the heel safely attached to the ski for easy checking on the downhill, so they're not good for downhill skiing.) These imported bindings cost $5 to $10.

Compared to Scandinavian touring models, alpine skis are less likely to break; they are wider for better balance; and they have metal edges which are sometimes essential for traversing steep mountain hillsides. Used wooden alpine skis with cable release bindings sell for as little as $15. Imported touring models without bindings retail at $15 to $40. For sufficient support as a general rule the ski should be 12 to 18 inches longer than the skier.

Climbers and waxes

Gravity-defying walks uphill are commonplace in cross-country tours. The secret is a canvas-backed strip of plush called a climber that attaches beneath the ski. When skis slip backwards, it's like rubbing fur the wrong way—the climbers give traction. Especially in the Northwest, sealskins are also sold for this purpose. Mohair climbers are often found in army surplus stores for about $7. Most popu imported climbers are "Trima" and "Vinersa." Trimas snugly into guides set in the grooves along the bottom of skis. Vinersa climbers attach to the skis with clip straps. pect to pay $14 to $20 for climbers. They may be your m expensive purchase.

Purists and Scandinavian skiers prefer to wax for purch on the uphill. It's fun to learn and instructions come with wax. The old-timer can take a sniff, toss a handful of snow the air, reach into his bag of rainbow-hued waxes, rub on choice, and stride uphill with confidence.

Boots

Boots should keep your feet dry, provide some ankle supp flex for comfortable walking, and have a place for the h cable to fit. The fewer the seams, the better the moist protection. A bellows or double tongue also helps.

In rental shops look for used flexible alpine boots. Mount corps boots sometimes can be found at army surplus outl Winter mountaineering boots with heels extended for cable, or thick enough that you can groove them with a inch round file, can also double as summer hiking boots. W ter mountaineering boots sell for $22 to $40. Lightweig touring and cross-country racing boots, mostly from Norw cost $20 to $25.

Poles

Whereas the alpine skier flicks his tips into the packed sn for balance and to punctuate turns, the ski trekker uses po for propulsion. They should come up to his shoulde Among the most highly prized are those of bamboo cane w leather hand straps; they cost about $7 and come with curv tips that plant in the snow and do not stick. Also look oversized baskets that keep poles from sinking indefinite

Clothing

Ideally you should be warm and dry but not perspiri Rather than wear a few very bulky items, it is best to we

Kick turn. *At midpoint in turn, raised ski will face opposite direction. Note climber attached to it*

Costs are low for skis, boots, bindings, clothes. You can backpack your lunch or backpack your daughter. Climbing is easier with climbers or wax

It took *a helping hand to rescue novice faced with classic failure of nerve*

RICHARD C. DAWSON

Hikers *and passenger enjoy snow near California-Nevada border after early opening of Monitor Pass highway*

layers of clothes that can be put on and taken off during the day. Generally you stay warmer ski touring with the steady work of moving than you do in alpine skiing with the chair ride to the summit and the wind-whistling descent.

A usual precaution is that you take enough clothing for a night on the snow.

Ski touring techniques

Dry feet, comfortable equipment, and leg muscles toned by walking are more important than form or technique. Try to establish a rhythm. Push from the ski flat against the snow and glide across the level onto the other ski. It's usual form to pole with the arm opposite to the leg that's pushing (push with the arm and leg on the same side and you'd probably topple over).

When the slope is too steep to walk straight up or to traverse at an angle you can use a herringbone step. The skis form a V, with the tips at the wide end; you step up and out, holding to the hill by the inside edges of the skis. This gets pretty tiresome over any distance. A slower but less grueling method is the sidestep. Skis are parallel to the slope so you don't slide. You hold to the hill by the edges of the skis and step sideways to the summit. When it's time to change directions, use a "kick turn" (as pictured on page 57).

To stay in control on the downhill, the traditional maneuver is the snowplow turn. The ski tips are together. Weight is forward, knees are bent, and inside edges of the skis should bite into the snow. A weight shift onto one leg turns you in the opposite direction—lean left and you turn to the right. Try some conventional alpine turns if you are experienced, but remember that your boots are more flexible so the skis won't react as quickly as usual. As your stopping alternatives diminish, consider dragging your poles. And should all else fail simply roll onto your side in the snow.

On a downhill run in a wooded area, take the ski pole straps off your wrists. If the poles were to snag, it could wrench your arm and shoulder.

Safety

This is an equipment list compiled by a number of experienced ski trekkers. All the items were recommended for ever the shortest walks.

compass and map	ski repair kit
extra clothing	waterproofed matches
rope	candle stub
flashlight	knife with attachments
emergency food rations	tip for wooden ski
first-aid kit	whistle
plastic garbage liner for water protection	dark glasses
	sun protection lotion

In good weather you can simply follow your ski tracks back to where you started. But when it snows, or the wind causes drifting, or the light is dim and the shadows of the track disappear, you'd better have other ways of recognizing the route. There's no ski patrol close by to lend a hand.

One of the pleasures of winter hiking is visiting areas you hike in summer. Keep in mind, however, that your progress will be considerably less rapid, that the days are shorter, and familiar creeks, boulders, even route-marking tree trunk slashes may be buried. Another hazard in the heavy-snow coastal mountains is avalanches. One of the best books on the danger is *The ABC of Avalanche Safety* by E. R. Chapelle (Colorado Outdoor Sports Co., Denver, 1970; 95 cents).

It's best to travel in a group of at least three. That way one person can stay with an injured member while the third person goes for help. If you start from a ski resort, inform the ski patrol of your destination and expected time of return. Do the same with rangers in national or state parks. One experienced skier drilled a hole in the tip of each ski. He carried rope and when a companion was injured he was able to haul him to safety on the improvised ski-platform.

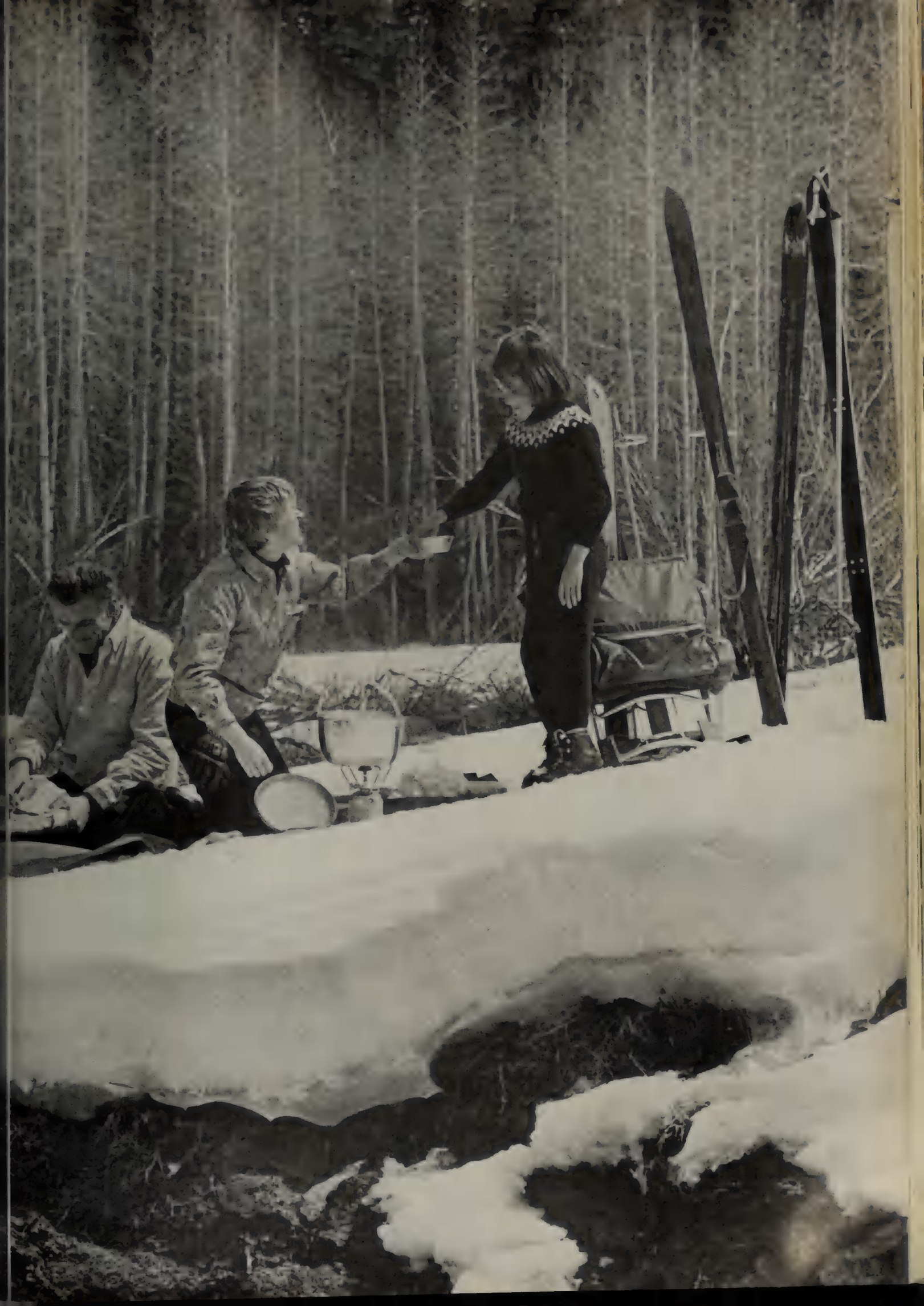
Many organized groups take ski jaunts. You can contact the Sierra Club in most large Western cities; in Oregon try the Mazamas and the Oregon Nordic Club. In Washington an active ski touring group is the Seattle Mountaineers.

Sunny weather *during spring thaw along riverbank is setting for a snow picnic*

RICHARD C. DAWSON

Trekkers *in Sierra Nevada use broad thoroughfare of snow-clogged Carson Pass highway for easy-to-follow hike*

Over the ridge or down the snowed-in mountain road is your snow picnic place



Horse range. *Pastureland is one of open-space assets of mountains. Here Appaloosas and quarter horses run in an Old West setting, once the Paramount movie ranch. Mobile-home and other dense development is slated for this area*

Fishing. *Lake Sherwood is the only one of six impoundments of Malibu Creek and tributaries that is open to the public (admission fee). Season is this month through fall*

Giant mountain park for Los Angeles?

Commission begins two-year study of the Santa Monicas

Picnic *under the oaks. Public facilities exist only in the parks (city and state) at either end of the range and here at Tapia County Park, exactly in the middle*

GLENN CHRISTIANSEN

Rock scrambling. *Softer rock has oded away, leaving sandstone outcrops and ridges in mid-range. These rocks are on fire road near Castro Peak*

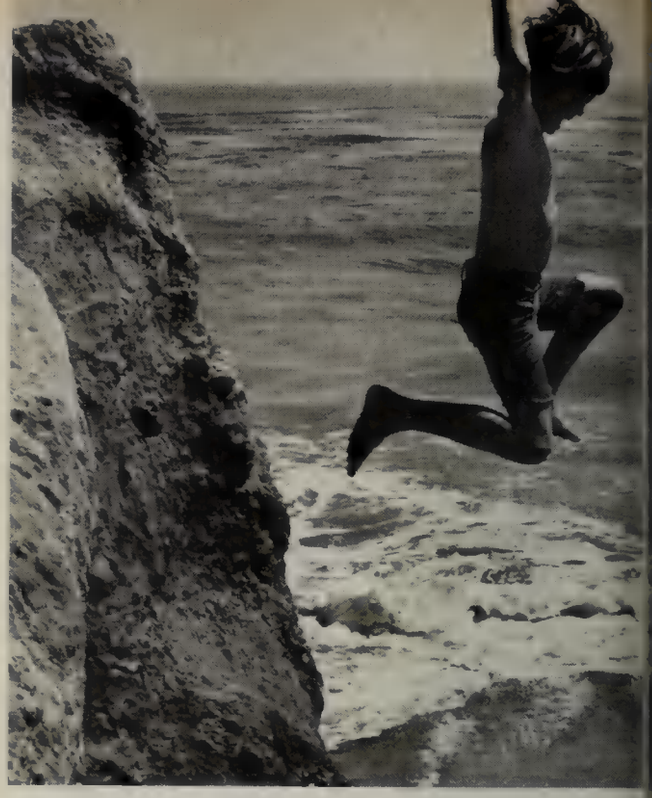
From the center of the West's most populous city rise the Santa Monica Mountains. Even those who have never heard of them by name probably know Griffith Park, Mulholland Drive, and Sunset Boulevard, all within or bordering this island of emptiness that reaches into the heart of Los Angeles.

Further, most people who have been to the movies or watched television have seen these mountains again and again—sometimes filled with cowboys, sometimes posing as Hong Kong or Wales. And in recent years each fall and winter seems to bring more news stories of fire and earthslides on the dry, brush-covered slopes.

This month the first governmental body ever to look at the mountains as a whole begins its two-year life. It is the Ventura - Los Angeles Mountain and Coastal Study Commission.

At present the mountains can be altered, often irreversibly, by decisions of a welter of special-district, city, county, state, and federal agencies that act for single purposes, that often fail to consider environmental quality, and that are not

Landscapes *of Las Virgenes area have represented such varied places as Wales, Hong Kong, and Arizona in films. Artist is Paul Hutchings, painter of "Vanishing West" series*



Rock *at Leo Carrillo State Beach is high launch platform for sand jumping. Rocky points, rare along range's south-face sandy beaches, provide fishing, create surfing waves—and inspire boaters to covet their shelter for marinas*

Sand jumping at the beach, easel painting, mountain exploring

always responsible to the electorate.

In addition, the builders of roads, water and sewage systems, and the public utilities draw and direct growth because of the facilities they create.

The study commission is charged with looking into the effects of all these separate bodies. A major part of its job will be to determine what areas are particularly worthy of preservation in their present state. Some of the commission's work will undoubtedly be of help to the Department of the Interior as it goes ahead with its own plans to create recreation areas in the Santa Monicas.

The Ventura - Los Angeles Mountain and Coastal Study Commission is the second body with regional aspects to be established in California. The first was the Bay Conservation and Development Commission in the San Francisco area. Hopefully more such bodies will appear, as our towns and cities throw their subdividing tentacles over our remaining open land. A part of the Willamette Valley in Oregon may soon become another of these specially protected regions, and there is just a possibility that the coast of California may eventually be put in the hands of one or several regional agencies.

For the Santa Monicas the commission will submit a preliminary report in nine months and a final report recommending legislation in two years.

The geography of the Santa Monicas

These are unusual among American mountains in that they run east and west: 47 miles from the Los Angeles River to the Oxnard plain. You can see the whole range as a unit from the air or sea and from the Palos Verdes Peninsula, and you can circle it in a car—along the north side on the Ventura Freeway, and on the south along the coast highway, Sunset Boulevard, and other city streets.

There's just one road along the middle, and that is Mulholland Drive (Mulholland Highway outside the Los Angeles city limits). Mulholland is 55 miles long, with 25 miles on or near the crest.

Several roads cross the mountains from north to south, including two freeways: the Hollywood and the San Diego. Another is planned for Laurel Canyon and still another for the coast. A planned freeway through Malibu Canyon, the canyon shown in the middle photograph at right, was deleted last year by the state legislature.

In general shape these mountains similar to the Sierra Nevada with short steep inland slope on the north the longer, gentler seaward slope to south. High on the southern slope open, rolling valleys drained by cre that suddenly plunge into deeply canyons on their way to the sea or Los Angeles plain.

Somewhat as the Columbia cuts Cascades, the major drainage flow this area, Malibu Creek, cuts the Sa Monicas. The creek drains an area so from the Simi Hills of about 100 squ miles, or nearly half the size of the Fernando Valley. If there is intens development of the area, with roofs roads increasing runoff, there may serious flooding, or else the creek its lagoon will have to be turned int concrete ditch to accommodate the w ter flow.

Island in the air stream

On a typical summer afternoon, sn season in Los Angeles, air flows fr the west past the mountains tow urban Los Angeles. The mountain ve tation adds oxygen and helps rem pollutants. More building here, m freeways and traffic, would send furt

ants into the airstream and remove egetation that now helps remove ıg filth.

g the Santa Monicas: , ride, or drive

ɔt in the few parks, there are no : trails for hikers or horsemen in ınta Monicas. It is all private prop- And the visitor from a wetter te, speeding along one of the free- is likely to miss what these moun- have to offer. From a car window see them as "just" brushy slopes. here is beauty here for those who ınd look close.

th Park has the most extensive n of hiking and bridle trails. If you nanage a visit, inquire about them e park ranger office on Griffith Drive near the merry-go-round, or, n excellent trail map, send $1 to ıds of Griffith Park, 1630 N. Edge- St., Los Angeles 90027.

Rogers State Historic Park, off Sun- oulevard on the west slope of Rustic on, also has trails for horses and s, and the trails ascend to good points. For a taste of the coastal Point Mugu State Recreation Area has a 10-mile canyon and hillside loop trail with a short-cut connection near the center of the loop. In addition, riding academies and stables scattered through the mountains have access to trails.

Cyclists can have a fine time on the lightly traveled roads and enjoy a surprising loneliness on a ride that may well be within the Los Angeles city limits. The nearly level section of Mulholland Drive east of the San Diego Freeway is one good choice. Mulholland Highway west of Old Topanga Canyon Road offers a variety of level, climbing, and downhill cycling. And two roads south from Mulholland that are too twisting for comfortable driving make excellent downhill bicycle runs if brakes are in good shape: Latigo Canyon and Decker roads.

If you don't have time to look over the mountains on foot, ahorse, or by bike, a drive along their spine with a few side excursions gives a hint of what they are.

You have to look sharp, though, since road names change unexpectedly. Going west, for example, you could easily lose Mulholland Highway. It switches to the right and the main road becomes Encinal Canyon Road. Encinal Canyon Road in its turn, coming up from the coast, veers to the right with the straight-ahead road becoming Lechuza.

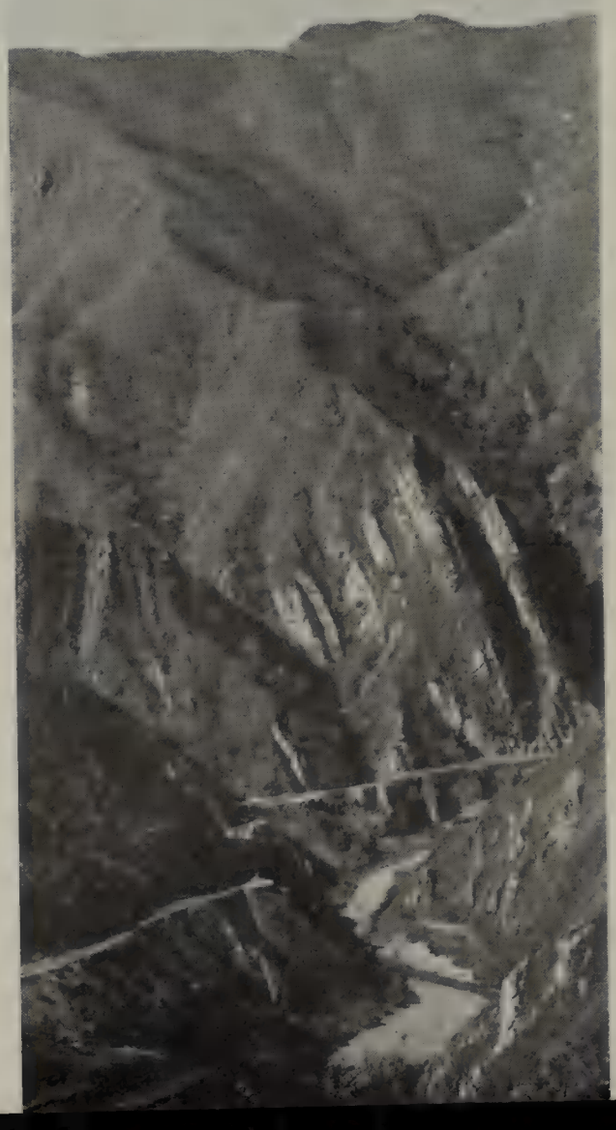
Many roads change name at intersections. Malibu Canyon Road becomes Las Virgenes Road north of Piuma Road, Rambla Pacifico becomes Piuma Road at Scheuren Road, and so forth. And there are other curiosities. In the Calabasas Hills Mulholland Highway is a newer, straighter version of the old Dry Canyon Cold Creek Road. The deep bends in the old road, cut off by the new, keep showing up as intersections with the roadsigns "Dry Cyn Cold Ck Rd" and "Cold Cyn Rd." The westernmost of these leads down to Monte Nido.

The season of clear air

From February into spring the northwest winds that follow rains and Santa Ana winds clear the air around the mountains and open spectacular views that disappear in the misty air of summer. The rains can also crumble hillsides and block roads, particularly in places where fires have stripped off plant cover. If you visit right after heavy rainfall, ask about the roads to be sure there are no difficulties.

in September, less than a away, fails to ruffle dland Hills golfers

Flood. *Steep slopes in gorge of Malibu Canyon, burnt and ready for floods and massive landslides with winter rain*



Regrowth. *Healthy stand of chaparral shows no evidence of having burned*

Detached *painting studio for Edith Wyle, West Los Angeles, gets natural light through glass doors to garden, clerestories. Artificial light comes from several pairs of ceiling-mounted swivel floods*

DARROW M. WATT

Metal sculpture *studio created from space under hillside house for Priscilla Kapel, Woodside, California. Removable wood frames, translucent panels fit between vertical supports to enclose it. Floor is brick*

Working places

We visit work-at-home potters, painters, sculptors, weavers, and a glass-blower and an enamelist

RICHARD FISH

Old garage *was converted to ceramic studio for Helen Green of Palo Alto, California. Roof was crowned with clear plastic skylight, shelves and work tables were suspended from rafters. Architect: Lawrence Steiner*

ıome studio is the dream of almost ry artist and craftsman who has to h away his art and craft gear in ets and cupboards at the end of a ject—and frequently in the middle it as well.

the people pictured on these pages, dream has become reality. Some have ply set aside a room or portion of a room for their "work." Others have enclosed a porch area or taken over a garage. The luckiest got a room tailored to their exact needs.

Studios are personal. Every other room in the house is for a specific use and is equipped in traditional ways: bed and dresser, shower and tub, range and refrigerator. But a studio becomes an extension of the person using it, reflecting not only his interests but also his personality and work style.

Allowing for this, it's unlikely you'll want to duplicate exactly any studio shown here and on the next four pages. But you may well find certain features you'd like to duplicate or adapt.

Although home artists may not agree

Not isolated *from rest of house. Hattie Whitaker's studio overlooks the sky-lit stairwell in her Honolulu house. Here daughter Julie looks in on her way upstairs. Clutter can be hidden by louvered shutters. Design: L. Harold Whitaker*

WENKAM-SAUBOSA

Weaving and painting room *was once screened porch. It's glass-enclosed now and has two overhead skylights. Phil Rothblatt of Pacific Palisades bought loom for his wife, then got interested himself*

The home studio can be space-by-itself or space converted from other use. It can be generous or cubbyhole. But usually tools are in view, clutter is tolerated

HARD FISH

Painting and weaving *studio for Gayle McInnis of Grossmont, California, is off hall to master bedroom. Ridge skylight above runs through studio, kitchen. Architect was Kendrick Kellogg, San Diego*

on the kinds and amount of storage and work space they need, good lighting seems a universal requirement. Natural light sources are window walls, skylights, and clerestories that can be added to new or existing structures. And there are all kinds of lighting fixtures available to suit most needs. But don't simply add more lights before checking to see if the existing electrical system can take the added load. The same precaution applies if you plan to use any power equipment in the studio and plug in such things as electric heaters.

If your studio activities include working with flame or acids, use floor, wall, and counter coverings that are fire or corrosion-resistant. Keep flammable materials in unbreakable containers with snug lids. Provide adequate venting for fumes and excessive heat and have an approved fire extinguisher handy. Don't festoon the studio with extension cords and overloaded sockets. Provide a metal trash

Glass blowing *is the hobby of Marvin Blum of West Los Angeles. His wife is an enamelist. His work area has an asbestos-covered table and wall. Her enameling center is on opposite side (right). Through door you see Mrs. Blum at her kiln*

RICHARD F

Armatures, sculpture tools *(for clay, stone, wood) go neatly on wall in Santa Monica, California, studio of Jane Ullman. Large sink for cleanups. Ceramic drying room, storage is behind sliding door (center). Architect: Thornton M. Abell*

Storage is the craftsman's need and challenge. Here are answers... storage on the wall, storage in cabinets, and in slats and in rolling taborets

Rolling cabinets, *or taborets, on casters hold almost all art supplies in Joe Seney's studio in Santa Clara, California. He can pull them alongside his drawing board, use them as work islands*

NORMAN PLATE

container for paint or solvent-soaked rags or paper—and empty it daily.

One of the handiest items around a studio is a sturdy stepladder that's high enough to give you easy access to the highest storage shelves.

Most children find art studios irresistible, so it's wise to keep all flammable, poisonous, and other potentially hazardous materials and tools locked up or well out of reach. Probably the best solution where circumstances permit is to keep the studio locked when you 're not ther

Before you build a studio or make stru tural changes within the house to a commodate one, be sure to check wi your city or county building departmer In all probability you'll need a perm If you're designing the studio yoursel the department officials can tell yc where to put such things as sinks, hea ers, and vents so that they meet coc requirements and provide you with structurally sound and safe studio.

Paintings, like trays, *need slots that hold them in a fairly upright position, easy to slide in and out. In Edith Wyle's studio they're kept in tall, deep slots behind cabinet with shelf storage. Outside of door is softboard, serves as pin-up surface*

Rolled drawings, *paper are stored neatly on door-mounted rack inside closet. Judy Friedman of Los Angeles designed it and architect Raymond L. Lloyd incorporated it into plans*

A. SALBOSA

Slatted, *partitioned shelves over heat rods in closet with louvered doors provide mildew-free storage for paintings of Peter Hayward, Hauula, Oahu, Hawaii. The architect was Jerry Auld*

GLENN CHRISTIANSE

Raclette: *a country dish of cheese toasted in front of the fire. Scrape off the melting cheese and spoon immediately over tiny potatoe*

The fireside supper tonight is flowing gold . . . *raclette*

ust might have been a great inspira-
ı or fortunate accident that led some
iss peasant to the discovery of this de-
ous supper dish.

ppose that while putting together a
ager meal he set a chunk of cheese in
nt of the hearth fire. And, as the face
the cheese close to the heat began to
lt and flow, he quickly scraped off this
ck natural gold cream and spooned it
o a bite of his plain boiled potato,
ating to his delight and ours, *raclette*
k-*let*). (The name comes from the
ench *racler*, to scrape.)

ce then people have developed con-
erable pseudo-sophistication about this
nble dish—how to make it, tools re-
red, the cheese you must have. But
fictitious peasant with his first try
covered the easiest and certainly the
st charming technique, and it works
well for us today as it did for him.

fireplace is a perfect setting for a lei-
ely informal meal or a stunning appe-
er course, both self-service, based on
lette together with tiny boiled pota-
s in their skins (or slices of crusty
ad), a few modest garnishes of onions
d pickles, and wine such as white
ot Chardonnay or red Barbera or
nfandel. Salad or soup and a light des-
t will make a complete fireside menu.

Raclette

For dramatic effect a chunk of cheese at least 2 to 3 pounds is best, although a piece of any size will work. You can use the Swiss-made cheese called raclette, intended for this dish, but other more common cheeses with a mellow flavor that melt smoothly are also ideal. These include jack, fontina, Gruyère, Samsoe, and Swiss. Avoid cheese that strings excessively, like mozzarella.

Place the cheese, trimmed of any wax, in a shallow, somewhat larger pan. Make just one portion of raclette (or what you plan to eat at once) at a time. Set the pan on the hearth and push the wide surface of the cheese in close to the fire. When the cheese face begins to melt, scrape it off and spoon onto a bite of hot potato with marinated onions (directions for both follow) and sweet pickles.

Pull the cheese away from the heat until you are ready for the next serving; each person can tend to his own needs.

If you are without a fireplace, you can broil the cheese. Arrange ½-inch-thick slices, side by side, to cover the bottom of a shallow pan (such as a pie pan). Broil about 4 inches from the heat until melted and bubbling; serve at once. Have ready as many pans of cheese as you will need, and broil when ready to serve.

Allow at least 2 pounds of cheese for 6 main dish or 12 appetizer servings.

Boiled Potatoes. Scrub 3 pounds very small new potatoes and boil in water to cover until tender when pierced; takes about 20 minutes. Drain off most of the water and set the potatoes, covered, next to the fire to keep warm during the meal. Makes 6 main dish servings.

Marinated Onions and Pickles. Thinly slice 2 medium-sized mild white onions. Mix with ⅓ cup white wine vinegar, ½ teaspoon salt, and 1½ teaspoons sugar. Cover and let chill at least 1 hour; mix occasionally. Also have about 2 cups small sweet pickles. Makes 6 servings.

For an *informal meal, gather round the fire for raclette*

Scrape off *cheese as it melts and serve just a bite or two at a time*

Clivia is happy indoors or outdoors, almost anywhere except in the sun

DON NORMARK

Indoors *This clivia is about 18 years old, gets west light through window, no direct sun. Mr. and Mrs. Yoshio Aoki, Seattle*

Outdoors *This one is 7 years old, grows in a heavily shaded spot. Mr. and Mrs. Harry W. Hind, Los Altos, California*

Original *Clivia miniata was found near Pietermaritzburg, where climate is roughly like coastal California's*

ELLS MARUGG

The orange and yellow flowers on *Sunset's* cover grow on a remarkable plant called clivia. One reason it's remarkable is that it blooms in February and March, a season not known for warm flower colors.

Another is that it will grow and bloom in fairly dark places. It would bloom and be happy in a cave, if someone would water it there. Indoors, it will grow and bloom in almost any room. Outdoors in California it performs in the shadiest garden beds.

The only place where a clivia won't do well is where thousands of other kinds of plants do best—in sunny places. More than an hour or two of midday sun burns brown spots into the leaves.

So—out of the sunlight—clivias bloom almost anywhere. The other limit is cold. We don't recommend it in outdoor beds where temperatures go below mid-20's.

The plants thrive when their roots are crowded. If you plant a bare-root clivia in a pot, select a small pot, because the sooner the roots get cramped the sooner the plants will begin to bloom. Leave old plants in containers until they crack their pots or begin to erupt out of the top. And, then, when you divide the clump, just cut it into two halves.

Plants in open ground can increase in clump size for years. When and if they do get too big, divide into large sections.

Clivias do not need great amounts of water. In open ground established clumps can live through a drought. But drought makes them vulnerable to mealybugs—white, flaky masses at the base of leaves. The mealybugs can slow or stop further leaf growth. To get rid of them, use oil spray or a systemic insecticide.

After flower petals fall, some of the flower bases develop into rose-red fruits about the size of cherry tomatoes. These fruits are as attractive as the flowers. It's easy to grow new plants from the big seeds inside the ripe fruits.

The original *Clivia miniata* had long, separated petals (as in the photograph at lower right) and rather light-colored flowers. Modern forms (like the one on the cover) have denser flower clusters, broader, overlapping petals, brighter colors, and wider leaves. Belgian and French strains are modern types.

Indoor clivias bloom at many times, sometimes twice a year.

DARROW M. WATT

Clivia *looks nice with other shade lovers: leopard plant and mondo grass*

These have *narrower petals than some more modern forms of clivia*

GLENN CHRISTIANSEN

If after ordering dinner in a Chir restaurant you could follow the wa back to the kitchen, you would see so thing like the scene at left.

There a chef would be working w both hands, setting off bursts of st and loud sizzling sounds as meat vegetables go into his pan. After a minutes of cooking, the dish would finished, and you would have seen h a Chinese cook uses a wok.

If you looked around that Chir kitchen, you might not see any o cooking pans—just a row of woks, e presided over by a cook. The centur old design of this pan works so rem ably well for many kinds of cooking nearly every dish on the Chinese m can be cooked in it.

The wok's size and its half-dome sh account for its versatility. A little sa can cook efficiently in the bottom; wok also accommodates a big bo soup or stew. You can deep-fry food less than the usual amount of oil, an you set a rack inside over an inch o of boiling water, you can steam-he plate of dinner quickly or cook a fish

If you have used a wok only for frying Chinese food, you may be prised to discover how well it works scrambling eggs, sauteéing mushroo or browning meat for a stew.

The wok, in use, is hottest at the bot and the heat lessens up the pan si When browning meat for a stew, for ample, you move the pieces that br first up the wok sides, allowing ot to roll to the bottom. To scramble

Chinese cook *works with both hands, his stove equipped with extra-high heat for fast cooking. Shallow layer of running water around wok in counter cools work area*

Cooking with a 鍋 (wok)

The great Chinese cooking pan with its curved sides and curved bottom can perform wonders in your kitchen

wok, you draw the cooked egg up sides and let uncooked portions flow the bottom. This wok-cooking prin- e is especially advantageous when éeing a whole fish such as trout or ; start it cooking with the thickest in the bottom in melted butter ut ⅓ inch deep); then slide fish ıg, cooking thinner tail portions less.

re specific directions for using a wok ow on this and the next three pages. ou don't already own a wok, turn to e 153 for suggestions to help you ose from the wide selection available.

meone may tell you about, or a shop k may try to sell you, something ed a flat-bottomed wok. Although it embles a wok except for the bottom, ; either a tempura pan or a Spanish paella pan. These function like frying pans and not at all like a wok, so are not considered here.)

How to use a wok on your range

No ordinary range can exactly duplicate the fast, intense heat that the cook in a Chinese restaurant uses. Neither could you handle with ease a pan quite as large and heavy as his. Nevertheless, we believe it's possible to achieve fine results when you cook with a wok at home.

Assuming that your range was almost certainly not designed for a wok, the problem is to find the most effective arrangement for transferring heat from the element or burner to the pan's round bottom. The solution varies a little with each range but we have cooked successfully in woks on dozens of different modern electric and gas ranges.

High heat is essential for some, but not all, wok cookery. However, to achieve high enough heat to stir-fry Chinese dishes is the greatest challenge for home cooks. Here are some suggestions.

Before you start to cook, experiment with an empty wok. If you have a gas range, place it over the burner and rest it directly on the utensil supports; if it rests fairly steadily there and the pan is 1 inch or less from the top of the burner, this arrangement should work well for much of your cooking. However, for frying in deep fat or simmering a wokful of soup, you may need a more stable arrangement for complete safety. An adapter ring base or stand is made especially for this purpose. The rings have

loves *crunchy fried chicken! The wok does it well and uses little oil; wire skimmer gets out tiny bits before y burn. This is a stainless steel wok with copper bottom; other wok styles are shown on page 153*

DARROW M. WATT

slanted sides, so the circle is larger when turned one way up than the other way up. Try removing the utensil support of your gas range, placing the ring directly on the cook top, and turning it first one way and then the other to position the pan no more than 1 inch above the burner. If the burner is too high (as was the case with the range shown on page 75), you might be able to buy a higher ring or you will need to elevate it some way, such as putting the utensil support back in place and setting the ring and wok on top.

If you cook on an electric range, the ring stand will steady the wok over the element. We use it for most electric cooking except stir-frying. To cook at high temperatures, the bottom of the wok should make contact with the range element. When there is space between pan and element, much heat is lost, and prolonged use may even shorten the life of the element.

The solution for electric range users is to buy a ring stand (or make one) that cradles the wok so that the pan bottom rests on the element. To make a ring stand for your wok, ask in any metal-working shop for a 2 by 36-inch piece of sheet metal, about 20 gauge. At home form this into a ring; connect the two ends together with a small bolt and wing nut, making one of the holes for the bolt a long slot, so you can adjust the ring to fit the wok on your range.

When lower heat is required, it may often be achieved best by suspending the wok in the ring so that it is slightly above the electric element.

The stir-fry technique

The one cooking method that is uniquely Oriental and basic to many of our favorite Chinese meat and vegetable dishes called stir-frying. Some prefer the ter "toss-cooking," but no English wor accurately describe it.

A Chinese cook may speak of "wok-ai which is a clumsy translation of wh happens when fresh vegetables ar meats are cooked in a very hot wok- crisp, yet tender, and with flavor ar juices sealed in. To achieve it, we mu learn to work with higher heat than usually used for other cooking.

Our directions for stir-frying in the wc assume the limitations of a home ran —and they are realistic about how or needs to proceed when trying a ne recipe or using an unfamiliar cookir utensil. Basically, we take a one-hand-t cook and one-hand-to-hold-the-wok a proach. This allows you to move the wc on and off the heat, if needed, to contr the temperature.

You'll need a wide spatula—the best a special metal turners curved to fit tl wok. If yours is a two-handle wok, use good barbecue mitt on the hand th grips the wok; you won't need the mi with a wok that has one wood handle.

You always begin by cutting each veg table and meat in the recipe to a unifor shape, usually thin slices or shreds, of size that will cook tender-crisp in 1 to minutes. Vegetables that require mo cooking may be parboiled ahead of tim Usually the meat is mixed with cor starch and seasonings and there is a litt sauce of more starch and seasoning. A semble all the ingredients and the ser ing plate within easy reach. You migl also set the ring stand nearby in ca you need a place to set the hot wok.

The wok should be clean and dry. Plac it directly on the element or burner wit heat turned to high. Heat the wok befor adding oil; then always use a bland sala oil because it can withstand high tempe atures without burning. Start cookin holding the wok with one hand and sti ring and tossing with the other. Whe each meat and vegetable is cooked ju right, turn it back into its dish.

We illustrate stir-frying with a Chines recipe for sliced beef with peppers, th dish you see in preparation at left. Yo can adapt the method to most Chines stir-fried recipes. After you have mad any dish enough times to have a "feel for when each part is done, you'll tak short-cuts as the chef does, often cook ing more than one ingredient at a time.

Sliced beef with peppers. You'll nee about ½ pound tender, lean beef (suc as flank or sirloin); slice it across th grain in uniform thin slices, about

DARROW M. WATT

Quickly stir *and fry sliced beef, holding wok on high heat; fry peppers and onions the same way. Oriental curved turner helps you work fast*

ch uare. Combine meat with 1 tea-
oo cornstarch and 1 tablespoon soy
uc Remove seeds and stem from 1
ree pepper; cut pepper in 1-inch
qua . Slice 1 medium-sized onion;
en parate into rings. In a cup com-
ne easpoon cornstarch with 1 table-
oo ach soy sauce, water, and Sherry
rin (or omit Sherry and use 2
ble ons water). Place each vegetable
d at within reach of range. Get out
d oil and serving plate.

ac wok on range, and turn heat on
gh When wok is hot, put in 2 table-
oo salad oil. When oil is hot enough
ri le when pan is tipped, add meat
xte; quickly stir and toss with spat-
il browned all over, about 2 min-
es: rn back into its dish. Reheat wok;
d ablespoon oil and peppers; cook,
ssi about 2 minutes; turn back on
sh dd 1 tablespoon oil and onions
w ; toss and cook about 2 minutes.
ush nions to sides of wok, making a
ell center, and stir in sauce mixture.
ook bout 1 minute, then return pep-
ers d meat to pan. Cook, stirring un-
il it all reheated, then turn out of pan.
fak 2 servings as main dish.

*o c n the wok when you finish cook-
ng, t on highest heat; when it starts
o s ke, pour in a little water and swish
th brush (one designed for this pur-
ose own on page 153). Rinse and dry.*

ow mperature wok cooking

A le experimenting with the wok
hou be all that's needed to find the
ane st arrangement for low, even heat.
On electric range, support the wok in
ri either resting directly on the ele-
men or slightly above it, with the tem-
pera re adjusted accordingly. On gas
ang you may want to use the ring
tan especially if the wok is rather full,
o k p the pan from tipping.

At w temperatures you can cook with
utte margarine, or any cooking oil.
Onc you have mastered the technique
f bwning in a round-bottomed pan,

You can use the wok to stir-fry, to deep-fry, to simmer, to steam

you may prefer it to a frying pan for sautéeing meat or vegetables, and for braising meat or chicken dishes.

Try the wok for frying bacon arranged as shown in the picture below so the fat drains to the bottom. The bacon will brown first nearest the bottom; turn pieces end to end for even cooking.

To deep-fry in a wok

Many recipes in a Chinese cook book call for deep-fat frying as one of the cooking steps. The Chinese deep-fry shrimp, for example, then make sweet and sour sauce all in the wok. Or they may fry some nuts, such as cashews, set them aside while stir-frying chicken and vegetables, and then add the toasty nuts to make cashew chicken.

The wok makes these procedures practical, and the smaller the amount of food to be fried, the greater its efficiency. A cup of nuts can be deep-fried in only ¾ cup of oil. One quart of oil is about 1½ inches deep in a 14-inch wok; with two chicken halves the oil level is raised to about 2¼ inches.

If your family enjoys crusty fried chicken or fish, consider cooking it in your wok. First you'll need an inexpensive wire skimmer (one kind is pictured on page 153), usually found where woks are sold. Use it to remove all particles of food from the oil before they burn; then you can reuse the strained oil several times. When reusing oil, Oriental cooks often freshen it with a few slices of fresh ginger added to the oil while heating (be sure to remove ginger before it burns). Professionals may be able to judge correct oil temperature without a deep-fat frying thermometer, but you will probably have better results using one.

Always make sure your wok is firmly supported in its ring base so it can't possibly tip when filled with hot oil, and adjust it on your range for the highest heat possible (see page 75). High heat keeps the oil temperature from dropping too low when cold foods are added. Handle a wok full of hot oil very carefully with both hands. Allow oil to cool before trying to pour it out of the pan.

When you coat foods, the trick is to choose a coating that will get nicely brown and crisp—but not burned—in the same time it takes the food to cook. Here's how to manage that when you fry chicken, fish, or vegetables:

Wok-fried chicken. Have ready 4 chicken

Carrots *go into this braised beef dish; here's one way to arrange wok for cooking slowly on a gas range*

Bacon half-slices *arranged this way cook slowly on wok sides and drain into bottom, turn end to end*

legs and thighs (joined or separated), 2 broiler-fryer chicken quarters, or 2 halves; wash and pat dry. Position wok on range for highest heat. Pour in 4 cups salad oil; heat to 375° (a cube of bread browns in 40 to 60 seconds).

Meanwhile combine in a bag ¼ cup flour, 1 tablespoon cornmeal, ½ teaspoon *each* salt and ground ginger, and dash of pepper. Shake chicken pieces in bag until coated all over; shake off excess flour. Carefully add one piece of chicken at a time to hot oil; cook, turning with tongs as needed to brown evenly all over, for 15 to 20 minutes. Drain briefly before serving. Makes 2 to 4 servings.

Fried fish, shrimp, or vegetables, Oriental-style. First prepare this light tempura batter: In a bowl, lightly beat 1 egg. Beat in until smooth 1 cup *each* unsifted flour and cold water and ¼ teaspoon salt. Refrigerate or set inside a larger bowl of ice while you prepare any of these fish or vegetables for frying:

For the fish, use fillets of halibut, haddock, or rockfish (if frozen, thaw completely); cut into sticks about ½ by 2 inches. Or shell and devein medium-sized raw shrimp.

For the vegetables, choose from onions, sliced ¼ inch thick and separated into rings; sprigs of fresh parsley; ¼-inch slices raw mushrooms; edible-pod peas; green onions, cut in 2-inch lengths; eggplant, cut ¼ inch thick and quartered; asparagus, cut in 1-inch diagonal slices; small, tender spinach leaves; or carrot in thin diagonal slices.

Position wok on range for highest hea Pour in 4 cups salad oil and heat to 375 (a cube of bread browns in 40 to 60 sec onds). Dip one piece of fish or vegetabl at a time in batter to coat, drain briefl then slip into the hot oil.

You can fry several pieces at a time, bu avoid overcrowding and lowering th temperature; turn as needed to brow evenly, about 1½ to 2 minutes for eac piece. Remove and drain briefly. Serv with chile sauce or soy sauce, if yo wish. Batter is enough for 4 to 6 serving

The wok as a steamer

Even if you now rarely use a steamer, wok does steaming so easily that you ma want to use steaming more often fo some of your cooking tasks. For exan ple, you can cook a piece of fish or som chicken breasts for salad in live steam a fast as in simmering water and with le flavor loss. Flavor accents can be adde effectively by sprinkling the food wit salt, pepper, or herbs; surrounding with slices of onion, lemon, or ginger; o placing the food on a plate and drizzlin over soy or other liquid seasonings.

A round cake rack is all you need to con vert your wok to a steamer. Set the foo directly on the rack or on a heatproo plate placed on the rack so there is roor for the steam to circulate. Keep an inc or more of water simmering under th rack, and cover it with the wok lid. A low about the same cooking time as fo simmering in water.

Oriental bamboo stacking baskets fo steaming make it possible to steam sev eral foods at once. You buy each rin and the lid separately (see page 153 The lid for the baskets is designed t minimize condensation; if you use th metal wok lid, drops of water will forn on it, so lay a piece of waxed paper o foil over the food being steamed. Her are a few other handy ways the wo steamer can save time in the kitchen:

Place boiled rice in cheesecloth-line basket or wire strainer over steam t keep hot and fluffy for an hour or longer

Steam individual custards or a fla instead of baking them; lay a piece o waxed paper loosely over tops of cup after placing on steamer rack.

Reheat a covered bowl or plate of an prepared food such as stew, soup, cooke vegetables, slices of roast beef with gravy or baked potatoes. Or reheat a plate o food (covered with foil) when someon in the family arrives late for dinner.

Stack steaming is a cooking discovery

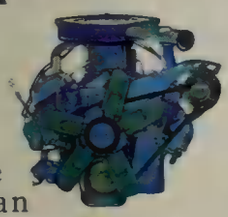
DARROW M. WATT

Chinese bamboo basket *holds fish for steaming; baskets come in different sizes to fit woks, stack to cook a variety of foods*

The totally tougher truck.

(built to lead a hard life so yours can be easier.)

e've got more power.



Nobody can p Chevy's vailable V8 ower. Up to 0 cu. in. strong. hey don't come ny bigger than hevy's standard 250 Six, either. hree other available engines, sides, for you to choose among. hey all get along just great regular, or new no-lead or w-lead gasolines.

uper Suspension, for e smoothest ride in trucks.

It's fully independent up front ith big coil springs to keep road ock from passing back and rth between the wheels. Or up the cab and box. In the rear, il or leaf springs are available— ilored to the loads. So you ride nooth, even when the road isn't. uper Suspension with the inde- endent system up front that hevy's built over a million and half more of than anybody else.

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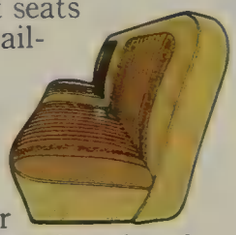
It's our new top-of-the-line pickup. Cheyenne offers a deep foam-cushioned bench seat in deluxe vinyl. Carpeting. Other niceties inside. Special touches outside. Bucket seats and console available, too. Cheyenne has comforts that cars thought belonged to them, and other trucks never even thought of.



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They're standard on Chevrolets. But not on most other pickups. You get resistance to fade, improved brake life. Even with big loads. In heavy use. Despite rain, snow, dust. Power assist is standard, too, on ¾- and 1-ton models. And new finned rear brakes on ½-ton models complete Chevy's advanced brake system.

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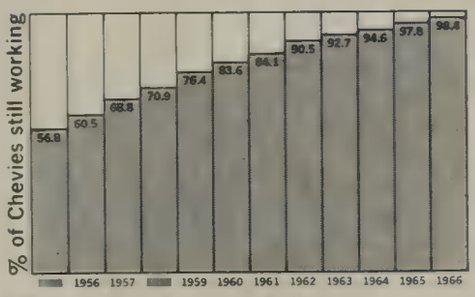
We double-wall our wide Fleetside cargo box sides top to bottom, not halfway like some pickups. So dings inside don't show outside. Our cab roof, cowl, body sills and rear wall panels are two walls of steel, too. Contributing to Chevy truck durability.



Chevy trucks work longer.

Official figures, based on latest R. L. Polk & Co. statistics, show how Chevrolets outlast other trucks. Going back as far as 1955, for example, over 56% of the Chevrolets of that model year are still on the job. No competitive make has as many as half of its '55 models still working.

Chevrolet

The Changing Western Home

Handsome counter—extra space

When Mr. and Mrs. Lorenzo Tedesco of West Los Angeles did some extensive remodeling, the addition to their house blocked the windows of one bath. They turned the situation to their advantage by adding a light well and mirrors that make the enclosed room brighter and more spacious. At the same time they asked woodworker Sam Maloof to build the handsome walnut counter you see at the bottom of the page.

The counter was built in two parts. A broad section holding the basin and plumbing is cantilevered from the wall. A narrow section runs over the top of the water closet for extra counter space.

Wind in the rafters

Roof vents with simple conical caps are frequently used for venting hot water heaters, kitchen exhaust fans, or just the air space between a tar and gravel roof and a ceiling. Normally they're adequate, but if strong wind and rains come at the same time, the cap is not enough to keep water out. It blows through the vent and may stain the ceiling below.

Even without the rain, regular strong wind causes an excessive movement of air between roof and ceiling that cuts the efficiency of insulation and makes it more expensive to heat your house.

An easy and inexpensive way to solve the problem is shown in the photograph at right. A 3-inch band of sheet metal is riveted under the lip of the cap. Since it extends well below the vent opening, wind and rain cannot enter. To set the rivets you need a special tool and the rivets that fit it. You first drill through the cap lip, then insert the rivet and squeeze the tool handles. The rivet shank is drawn up into a lump inside the lip and holds the collar in place.

It's not too late

The time to put up gutter guards, the mesh covers that keep leaves from blocking the flow of water, was last fall before the rains. If you put off doing it then, you may since have had the un-

NORMAN PL

pleasant experience of clambering on the roof in a storm to dig out a gutter.

Aluminum guards in either prec lengths or rolls have been sold for year but now a similar product in plastic available from large mail order supp houses for about $1.75 a 25-foot ro The advantage is that you can cut t plastic with ordinary scissors. Otherwi it is the same as with aluminum: C lengths to fit the gutter, flex them, p them in place, and they unflex to form mesh cover that is wedged between t shingles and gutter lip.

Decorated utility lights

Fluorescent utility lights are handy f a workshop, but they don't look ve handsome and the standard sizes m not quite fit the space. You can beauti them and create what looks like a built- fixture (see below) by encasing them in 1 by 4 frame. Cut the 1 by 4's to fit t space you wish to fill and stain them match the tool cabinets. Screw the met light hood to the frame from the insid

RICHARD FISH

harder to buy a chair than to buy a car.

r doesn't have to harmonize with other cars on the
go with the color scheme in your garage.
chair has to get along with everything else in the

o be the right size. The right shape. Have the right
nd have it in the right color. Or it looks wrong.
't let anyone tell you it's easy to buy a chair.
akes it less hard to buy a Drexel chair, or any Drexel
red furniture, is that you can take a lot for granted.
n't have to worry about the chair standing up. The
re all made from seasoned, kiln-dried hardwood.
n't have to worry about comfort. Every chair has
efully engineered to the body by putting stronger
ere the weight is concentrated, and softer ones
e weight is less.

You don't have to worry about the fabric, because every one is protected with a stain-repellent finish at no extra cost.

You don't have to worry about the price, because you won't find more chair for your money. (Shop around and you'll see.)

What you do have to concern yourself with is picking the style of chair and the fabric. And that should be as enjoyable as buying a dress to go with a handbag, shoes and belt.

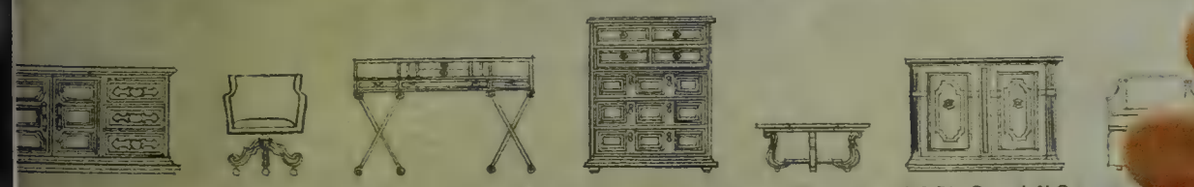
It's just that the chair will be around a lot longer than the dress. Or the family car. So you can use all the help you can get.

Every piece of Drexel furniture carries the Drexel name. You'll find it in the upper drawer of every cabinet. On the underside of every table. On the deck of every upholstered piece.

When you're proud of your work you sign it.

Signed Furniture

by Drexel



For a set of booklets on Drexel styles, send $1.00 to Drexel Furniture, Dept. S 2-71, Drexel, N.C. 28619.
For the name of the Drexel dealer near you, call free 800-243-6000. Conn. call collect 800-942-0655.

$1,990 Stripped

Datsun isn't the only car that sells for less than $2,000. But, some of those other "under $2,000" cars are bare-bones specials you wouldn't want unless you were desperate for transportation. By the time you add all the extras it takes to make them the kind of car you'd like to own, they can cost more... lots more!

Datsun is different. When we tell you our 510 2-Door Sedan sells for $1,990, we mean the only extras you have to pay for are tax, license, dealer preparation and local freight.

You don't have to pay extra for our all-vinyl, foam padded bucket seats with adjustable headrests. You don't have to pay extra for white-wall tires. You don't have to pay extra for nylon carpeting, safety front disc brakes, independent rear suspension, tinted glass or two-speed electric windshield wipers. They're standard equipment on a Datsun, along with a lot of other niceties. They're all part of the deal at $1,990.

So go ahead. Take a look at the other "under $2,000" cars. But do yourself a favor while you're at it.

Drive a Datsun... then decide.

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DARROW M. WATT

Hundreds of square knots *make this belt—an easy beginner's project in macramé*

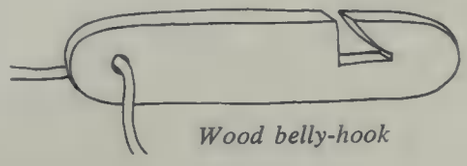
One square knot after another

ay be hard to believe, but the only t in this intricate-looking belt is one probably already know: the square t. Once you've brushed up on how to his simple knot, you're on your way naking the complete macramé belt. u can use unpolished jute twine as we or any other twine, yarn, or string appeals to you. The handsome brass s serve as a buckle.

plies

u'll need two brass rings about 2 nes in diameter and ¼ inch thick. rine supply stores and leather shops ally sell them for about 80 cents h. The natural unpolished jute twine /3 ply) that we used for this belt is ilable at weavers' supply shops and e hardware stores. To determine the ount of twine you'll need, first decide what the finished length of the belt should be—the waist measurement plus the amount of extra belt length you want to dangle from the brass rings. You'll need six lengths of twine, each about seven times the finished belt length. Stores will sell you cord by the ball, the foot, or the pound.

To help you hold the filler cords taut while knotting, we suggest you buy a metal belly-hook (about $1) from a marine supply or craft store. Or you could cut a simple belly-hook with a jigsaw,



Wood belly-hook

Jumping on a chair won't help. But d-CON® MOUSE-PRUFE will! MOUSE-PRUFE is the amazing mouse killer that's . . .

MOST EFFECTIVE . . . has twice as much mouse-killing ingredient as other leading brands. And this ingredient is recommended by the U.S. Government.

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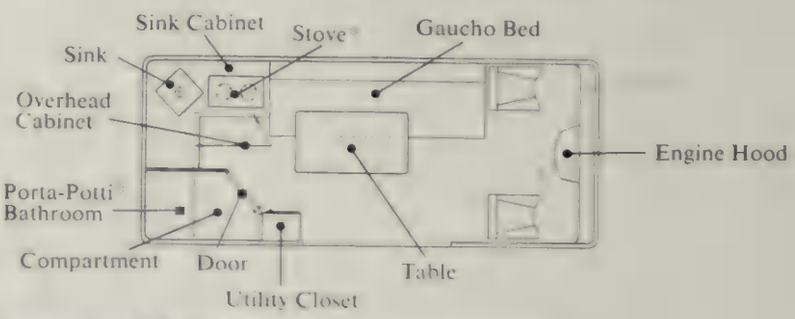
Family Wagon Royale. Have one take you on your next vacation—and *keep* you there. See your Dodge Dealer, or send the coupon to Travco Corporation, 7256 Murthum Ave., Warren, Michigan 48092. In California: 5257 N. Vincent Ave., Irwindale, California 91706.



*Optional

Tell me more about the Family Wagon Royale S-2-71

Name _____

Address _____

City/State/Zip _____

AUTHORIZED BODY BUILDER CHRYSLER MOTORS

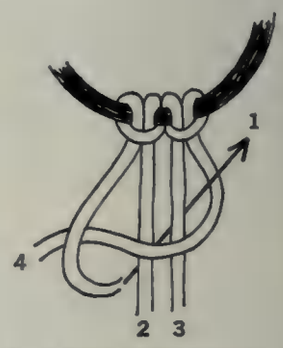
TRAVCO CORPORATION

as shown in the drawing, from a scr of ⅜-inch wood about 3 inches lon

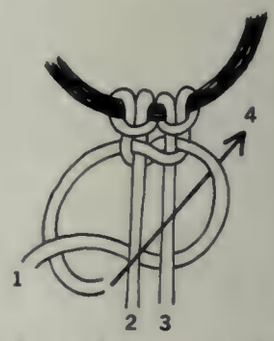
Practicing

You may want to practice the squa knot with two short lengths of stri before you start your belt. With a pie of twine, attach the brass rings to a s cure place (about waist height wh you're seated—the arms of a heavy cha or a door handle are possibilities). T the belly-hook around your waist with length of cord.

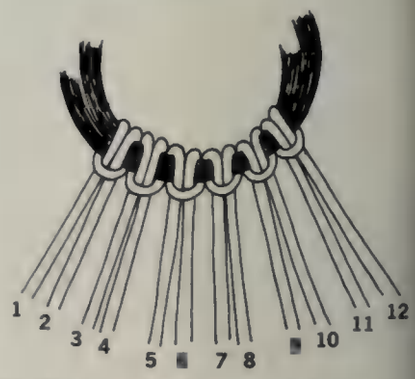
A. *Reversed double half-hitch*



B. *Square knot—first half*



C. *Square knot—second half*



D. *Six strands of twine on brass rings*

Attach the strands to the brass rings using a reversed double half-hitch a shown in drawing A. Number the cord mentally from 1 to 4, left to right. Win filler cords 2 and 3 firmly around th belly-hook. Place cord number 4 ove cords 2 and 3 and leave in that positio (see drawing B). Now pick up cord

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You'll never run out of things to see and do in San Diego, the best of California. Olé!

put it over cord 4, then bend it ınd 4 so it goes under cords 2 and 3 up through the space between cords ıd 4. Pull cord 1 and 4 up firmly. ; is the first half of the square knot.

the second half (drawing C) place l 1 under cords 2 and 3 and leave in position. Now pick up cord 4 and :e it under cord 1. Then wind it ınd cord 1 and lay it over cords 2 3 diagonally, so it goes down ɔugh the loop between 3 and 1. Pull ds 1 and 4 to tighten the knot. That's there is to the square knot.

king the belt

w you're ready to make the belt. Re-ve the practice strands, and attach six long cords to the brass rings. in using the reversed double half-:h. To make the long strands easier work with, wind up each cord (start-from its end) around four fingers, it off, and secure the oval coil with ubber band. This will make 12 bob-s. You can let out lengths of the cord you need them.

signing each strand a number as indi-ed in drawing D, wind strands 2 and ıround the belly-hook; tie a complete ıare knot with 1 and 4. Proceed in the ne pattern with cords 5 and 8 (filler rds are 6 and 7) and 9 and 12 (filler rds are 10 and 11). Next knot cords ınd 6 (4 and 5 are fillers) and 7 and 10 and 9 are fillers). This is the entire quence. Now go back to 1 and 4 and peat until you finish the belt (mentally umbering the strands from 1 to 12, t to right, as each sequence is com-eted).

hen the belt is as long as you want it, ıll the 12 cords together and whip th a short length of twine, securing it ıth a square knot and cutting the knot ıds. Leave a 1½-inch free end on each ɔrd; it will unravel to become fringe.

ELLS MARUGG

Rescue for toads

If toads or frogs hop into your swimming pool and then cannot climb the tiled sides, the Frank G. Finnegans of Sacramento suggest a simple solution.

It's just a board, larger than the skimmer opening so it cannot be sucked in, that you toss into the pool in the evening when swimming time is over. Any toad or frog can easily find it and climb aboard. When the board drifts to a side, the passenger hops ashore.

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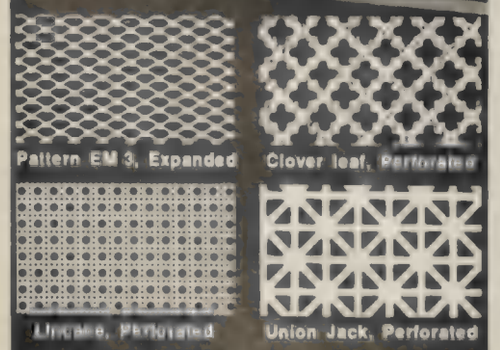

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m-d

Jupiter's run and doghouse are built into the hill

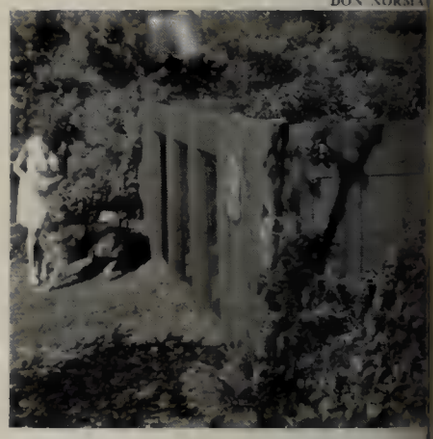
Kennel *has an open-to-the-sky run 4 by 12 feet long, and a sleeping house 3 by 4 fe*

A golden retriever named Jupiter lives in one of the nicest kennels we've seen, and the only one with a roof lush with salal and ferns. It's built into the side of a high earth mound that was pushed up between two adjacent lots to increase privacy. The roof blends so well with the plant growth on the mound that you're hardly aware the kennel exists.

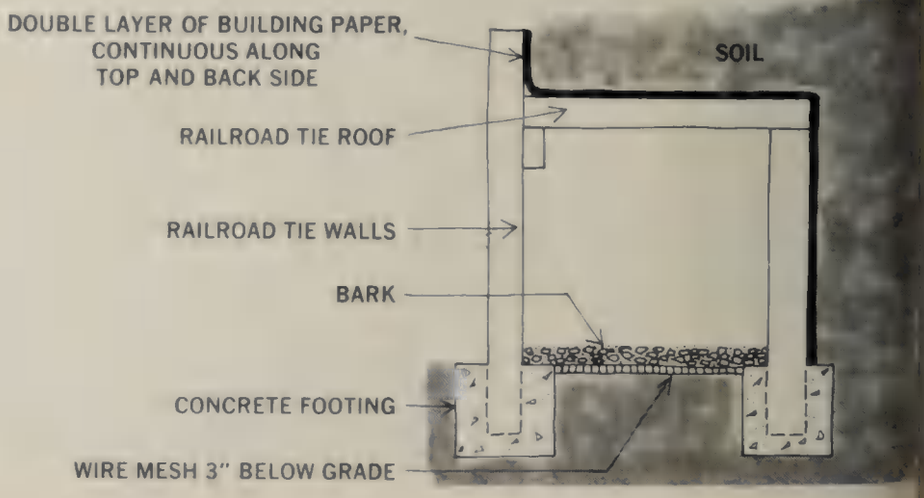
There's a snug sleeping house, protected from drafts and dampness by thick walls and the additional insulation of soil at back and top. Its earthen floor and the adjacent outdoor area have a thick carpet of shredded bark. The sleeping house roof extends out over the opening to keep out rain and protect a metal gravity-feed hopper for dry rations.

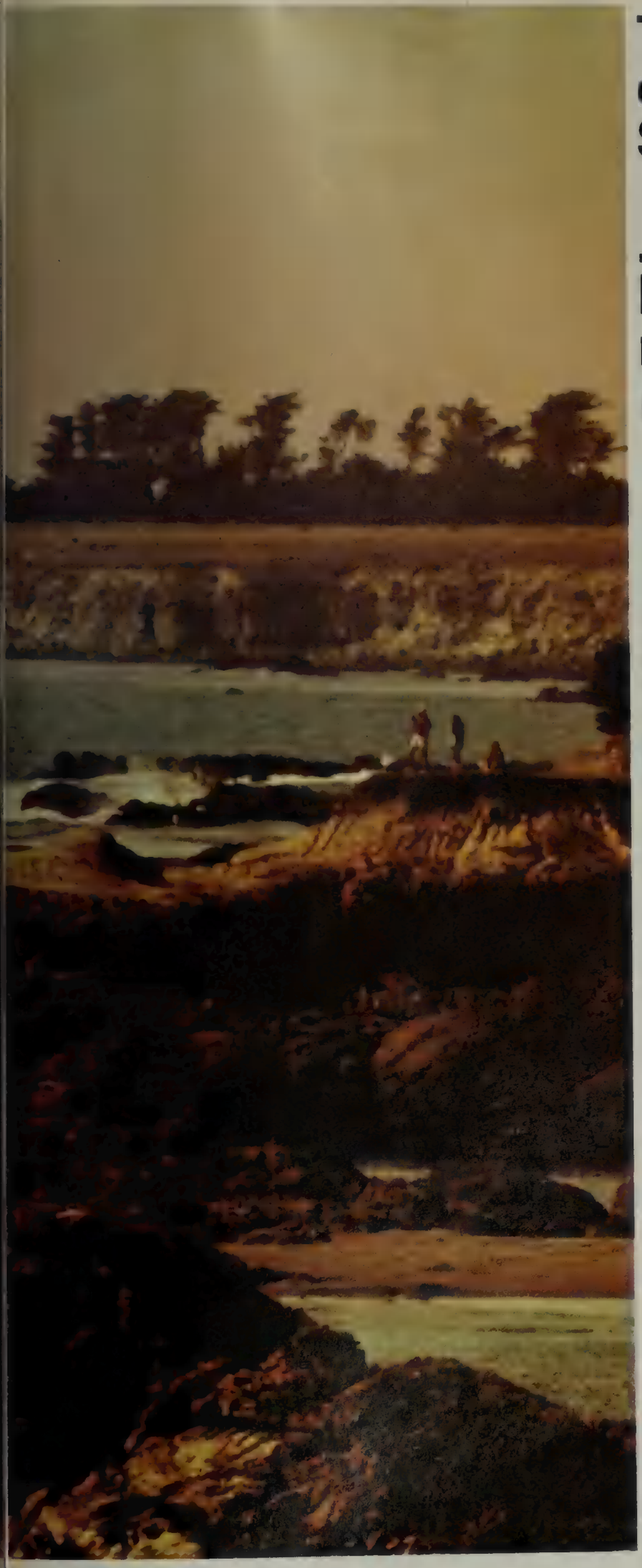
Design is by landscape architects Jongejan/Gerrard/Associates for Dr. and Mrs. Richard Porus of Edmonds, Wash.

DON NORMA



Plant material *camouflages kennel (neighbors can't see it at all). Height is 5 feet. Door, panels covered with ¼-inch mesh. Layer of mesh under fir bark floor discourages digging out*





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Why are there choice building sites in this country home colony which money can't buy?

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Please furnish me a free brochure and more information on The Sea Ranch, without obligation.

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THE MARK OF INTEGRITY

MASONITE CORPORATION

First they hide; then they roll

ing **out** the trash and moving the to the curb is made easy for Mr. Mrs. John A. Reed, Jr., of Anaheim, fornia.

overed enclosure built outside the hen under the roof overhang hides cans and protects them from ma- ting pets. And on pickup day they out to the street on a wood pallet pped with casters. The design was ked out by landscape architects hilton-Di Lallo-Cardoza Associates.

RICHARD FISH

osure is 2½ feet wide and 5 feet long. ed cover is ½-inch exterior plywood

-can *pallet equipped with casters; cans out door at end. Note the raised edges*

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A Lindal "Hideaway" in a secret cove photographed by telescopic lens. There are 10,000 Lindal retreats in America's natureland, built of rustic everlast cedar from Canada's (still) primeval forests and now so easy to acquire from your local Lindal office. We can now not only supply it for you to build yourself, but we can build it to your personal order. Visit one of our "Sunset Area" display villages.

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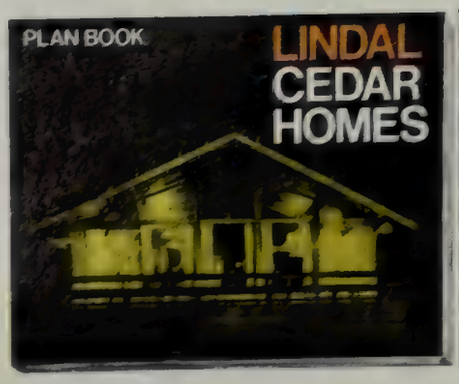

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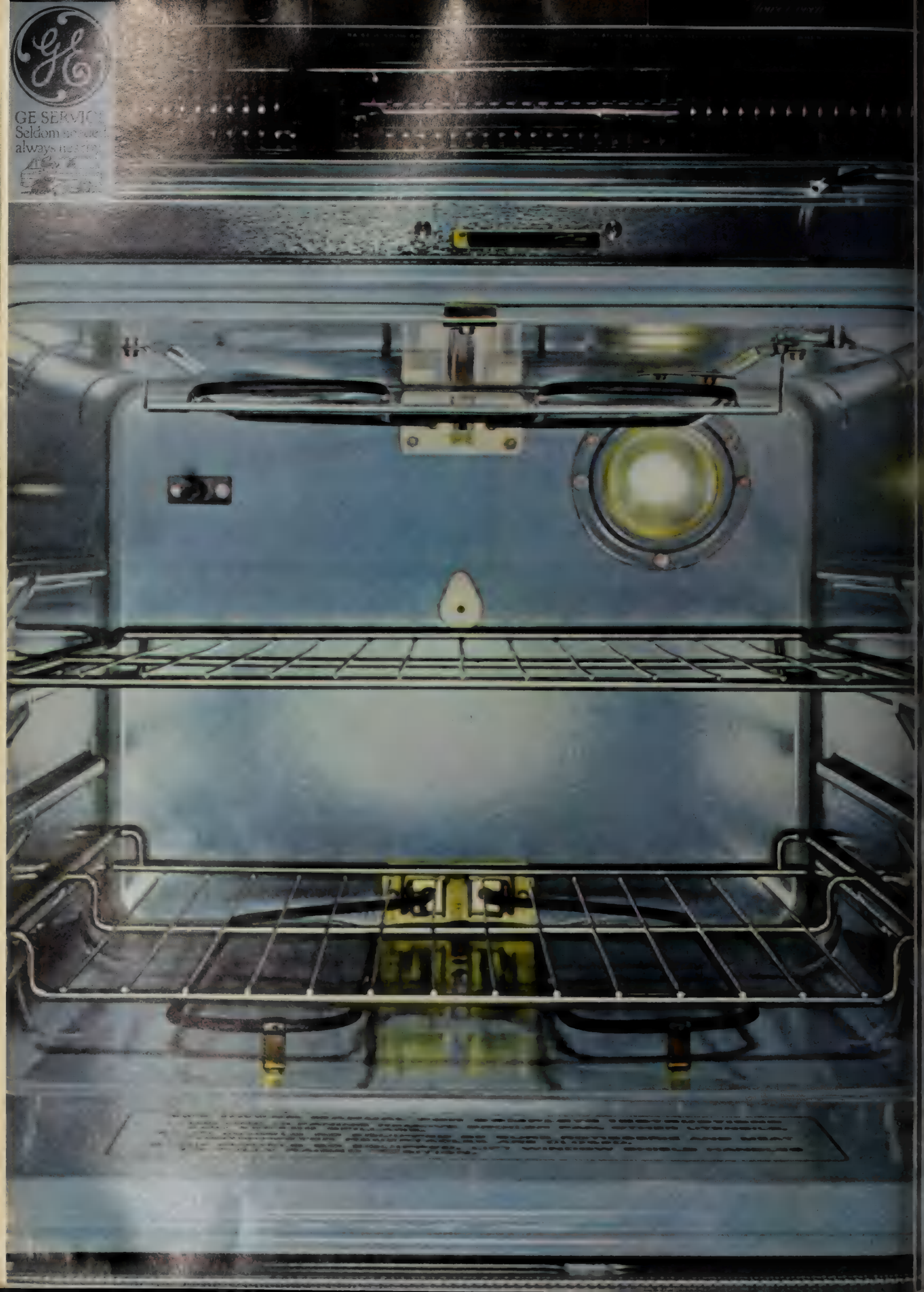
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Another advantage with a GE sys-
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It even cleans the reflector pans from the surface units.

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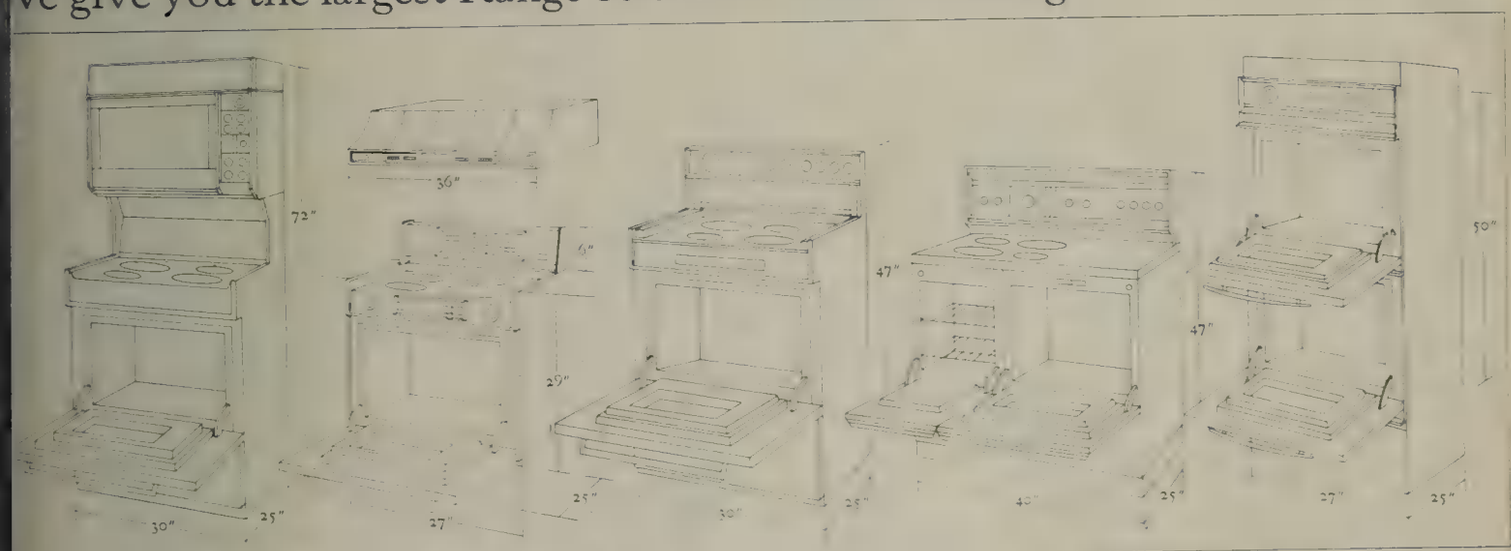

The J797L Americana®. Double ovens. P-7 self-cleaning oven (lower), removable panels (upper). Infinite controls. Automatic Rotisserie. Electric meat thermometer. Sensi-Temp™ Griddle. Window in both doors. Also available with ultra-fast cooking electronic oven. In Harvest, Coppertone, Avocado or White.

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The J15T free-standing 30" range P-7 self-cleaning oven. Automatic Rotisserie. Electric meat thermometer. Sensi-Temp™ Griddle. Infinite controls. Window in the door. In Harvest, Coppertone, Avocado or White.

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GENERAL ELECTRIC

A Home. Buy now or wait?

by **C. E. Bentley,** President, National League of Insured Savings Associations

Answer: Buy now.

Fact: Mortgage interest rates appear high, but there's no better deal in sight now or in the near future. The possibility that mortgage interest rates will plummet to the mid-1960 level of 6 percent isn't likely. They probably aren't really going to come down much in the near future. There will be some relief, there already is, but a dramatic reduction isn't in sight.

But: A home mortgage is still one of the best buys a family can make. The interest rate is much lower than the cost of borrowing money to buy a car or a color TV set. And in 1970, the interest rate on a home mortgage has been lower than that paid by major companies when they borrow money through their corporate bond issues.

Fact: Construction workers have recently won a large pay increase to be spread over a three-year period. Costs of housing, including labor and prices of materials, have been rising at least 8 percent a year. The longer you wait before your buy, the more, much more, the cost of what you buy.

But: Bargains in homes are available today, particularly in the existing home market. And builders are trying to satisfy the demand for basic values with new models that are long on square footage and short on frills.

Fact: The demand for investment money is intense. Government, both Federal and local, and private industry have an urgent need for capital. For expansion programs. For a myriad of international and domestic commitments. So interest rates are up and they apply to mortgages.

But: Mortgages are becoming more available. The surge of savings flowing into Savings and Loan Associations, the nation's leading lender of mortgage money, is one of the reasons why. And interest rates, particularly on conventional mortgages, are easing off across the country.

Fact: Savings and Loan Associations finance over half the homes in the country. More than all other financial institutions combined. Have helped make this country a nation of homeowners. Have, in so doing, helped the economy and added to the living standards of millions of families.

No Buts. Buy now. It makes sense.

Savings and Loan Associations

"What you save does make a difference"

Bolts were spaced *every 25 inches in ba of concrete, rest of slab poured around the*

Tire stop *is a 4 by 4, raised 1¼ inches, so so tire rests smoothly against sloping sid*

A tilted tire stop

To keep cars off your plants and awa from fences and the like, you might in stall a tire stop. The best are those tha are high enough that car wheels can' roll right over them, but low enoug that they don't hit or catch the bumper The one shown here works admirably It meets the tire at a good height, i angled to present a flat face, and is raise above the paving so it doesn't snag leaves and you can hose under it. Th owner, Mr. L. G. Van Lehn of Bellevue Washington, installed it following a de sign by landscape architects Glen Hun & Associates.

If you put in a tire stop, remember to allow for the part of the car that extends beyond the tire. We measured nine cars at random and found that the overhang from back edge of tire to bumper or bumper guards varied from 23 to 47 inches. Front overhangs were from 16 to 24 inches.

The great colors come from West Bend.

The West Bend Company, Dept. 762, West Bend, Wisconsin 53095. © 1971, The West Bend Company

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Lid lifts off for easy cleaning.

F. Saucepot/server
Fired-on non stick lining. Oven
safe handles. 2½-3½ qt.

WEST BEND
...where craftsmen still care

Jurors *for the previous seven award programs are shown at the right. A new jury nominated for the 1971-1972 program will be announced later in Sunset.*

Announcing the

1971-72 Western Home

A continuing program sponsored by the American Institute of Architects and Sunset Magazine

MORLEY BAER

Townhouse *cluster in California's Carmel Valley won an Honor Award for Hall and Goodhue, Monterey, California*

Remodeled *city house won a Merit Award for John Louis Field of Bull, Field, Volkmann, Stockwell, San Francisco*

JEREMIAH O. BRAGSTAD

DWAIN FAUBION

Vacation house *at Lake Tahoe, Nevada, won an Honor Award for Campbell and Hoover, San Francisco*

By this time the biennial Western Home Awards is no stranger to most architects, builders, and developers, and *Sunset* readers who have found the program a valuable showcase of Western residential architecture, a weather vane on trends, and a fresh source of innovative ideas in house design. Three winners in the 1969-1970 program are shown on the left.

Since its start in 1957, the program has grown in number of entries and has expanded to accommodate the most current developments in residential architecture. Over the years this has included an entry classification for vacation

t Alexander
ect

Harris Armstrong
Architect

Edward L. Barnes
Architect

Fred Bassetti
Architect

Peter Blake
Architect, Editor

Robin Boyd
Architect

Henrik Bull
Architect

Bumgardner
ect

John Burchard
Historian, Educator

Thomas Church
Landscape Architect

Neil A. Connor
Architect

Gardner Dailey
Architect

Henry Dreyfuss
Designer

Charles Eames
Designer

Awards

Donn Emmons
Architect

Alexander Girard
Architect

Lawrence Halprin
Landscape Architect

ll H. Harris
ect

A. Quincy Jones
Architect

Edward Killingsworth
Architect

Paul Hayden Kirk
Architect

Carl Koch
Architect

Dorothy W. Liebes
Designer

Fumihiko Maki
Architect

or Mellquist

Héctor Mestre
Architect

Charles W. Moore
Architect

John M. Morse
Architect

Vladimir Ossipoff
Architect

Kevin Roche
Architect

Robert Royston
Landscape Architect

r Steinbrueck
tect

Ezra Stoller
Photographer

Calvin C. Straub
Architect

Hugh Stubbins
Architect

Peter Walker
Landscape Architect

John Carl Warnecke
Architect

Minoru Yamasaki
Architect

ses and for remodels, and in 1969 nhouses became a separate category. anding and updating continues in 1971-1972 program. Awards will be sidered for three new categories: ned residential communities; innoons in residential land use and divi- ; and innovations in residential ctures, structural systems, and use of ding materials (this includes prefabted and modular residential units).

o may enter. Registered architects, ers, builders, or developers may en- new or remodeled houses, planned mmunities, or innovations in the above-listed categories that are located in Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, or Wyoming. Only houses or projects completed since January 1, 1967 are eligible. Each entry must be the work of a registered architect.

How to enter. In February the Western Home Awards Committee will send to registered architects and builders in the states listed above a detailed brochure that explains the entry classifications, rules for photography and entry binder preparation, and the kinds of awards. It also includes an official entry blank.

If you are an architect, builder, or developer and do not receive a brochure, or if you are an owner and would like to get one, write A.I.A.–*Sunset Magazine* Western Home Awards Committee, Box 2345, Menlo Park, Calif. 94025.

Publicity. The award winners will be announced in the October 1971 *Sunset*, with follow-up articles in succeeding months. They will also receive attention in newspapers and trade journals and on radio and television. Later a traveling exhibit of the winning entries will go on a year-long tour of the West.

DARROW M. WATT

Tanbark *covers space between paving and wall as surface for container display—here potted hyacinths. Jade plant at left works with texture of concrete and bark. 'Fielder's White' azalea is espaliered along fence*

Easily built retaining wall takes care of a change in grade

Before *wall was built, lot sloped up to the fence at rear*

This retaining wall solves a problem of change in grade between two adjoining lots. In effect it creates a 60-foot-long giant raised bed where plants are closer to eye level and easier to tend. The 2 by 10-inch cap makes a bench. Total cost, excluding plants, was just over $100.

The 4 by 4-inch posts were set in concrete (18 inches deep) and placed 4 feet apart so that they lined up with th header boards in the patio. Lengths of by 12's were nailed to the posts from th back. At one end, where the grade wa higher, a 2 by 4 was added to bring u the height of the wall. Then the 2 by 1 cap was nailed along the top.

A spaced facing of inch-wide redwoo laths was added for appearance.

Stakes *hold posts while concrete is shoveled in (posts treated first with preservative). String used as guide*

Tarpaper *nailed to back of wall extends to cover back of cap. Gravel added at base for drainage*

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*Measured diagonally

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Is your camper pickup built from scuttlebutt?

Most camper pickups are built around campfires and over backyard fences.

That's because almost everyone has a favorite opinion about the way a pickup should be set up for camping. Even if they've never owned one.

Like most information, it loses something in the passage from one person to another. Personal prejudices override the facts and the guy who once read something somewhere begins to sound like an expert.

That's the kind of free advice nobody needs. Because it often winds up costing plenty. But until now, that was the only kind you could get.

What you really need are the facts. A camper pickup is no small investment. And you're going to have to live with it a long time. You need the facts, not scuttlebutt.

They start with the INTERNATIONAL 1210 Camper Special pickup.

The least important thing about a camper pickup suspension is how smoothly it rides.

Camper pickup suspensions are bought and sold by the seat of someone's pants.

The "Gee, it doesn't ride like a truck" smile on a prospect's face is the car salesman's first foot in the door.

Not that a soft, cushy ride doesn't have its place. It does. In a car.

A truck should ride like a truck for good reasons. Stability, safety and heavy load capabilities are the prime ones. And trucks have leaf spring suspensions.

The International 1210 Camper Special pickup is a truck. So it has leaf springs all around. And what little it loses in the smoothness department, it more than gains back in others.

It's easiest to think of it this way:

A coil spring gives you one point of suspension per wheel. A leaf spring gives you two.

In a pickup with coil springs all around, you get a total of 4 points of suspension. In a pickup with coils in the front and leaf springs in the rear you get a total of 6 points of suspension. In th International 1210 Camper Special pickup, wit leaf springs all around, you get a total of 8 point of suspension.

At 60 mph, with a stiff crosswind, a GVW 7,000 pounds and a curve just ahead, how man points of suspension would you want unde you...4, 6 or 8?

A lot of pickups and cars have one thing in common: Their engines.

There's a common misconception that an engine, so long as it's bolted in a truck, is truck engine.

That isn't so.

It's a fact that most camper pickup engine are taken from other assembly lines. If thes other lines happen to be automobile assembl lines, the engines are automobile engines. I those other lines have trucks on them, you ge a truck engine in your camper pickup.

Our other assembly lines have truck on them.

Here's what you get:

Manufacturer	Engine	Rated HP.	Net HP.
International	V-304 V-345 V-392	193.1 @ 4400 rpm 196.7 @ 4000 rpm 253.0 @ 4200 rpm	173.0 @ 3900 rpm 182.3 @ 3800 rpm 235.9 @ 3600 rpm
Manufacturer "A"	302 V8 360 V8 390 V8	205.0 @ 4600 rpm 215.0 @ 4400 rpm 255.0 @ 4400 rpm	150.0 @ 4000 rpm 177.0 @ 4100 rpm 180.0 @ 4000 rpm
Manufacturer "B"	307 V8 350 V8 402 V8	200.0 @ 4600 rpm 250.0 @ 4600 rpm 300.0 @ 4800 rpm	135.0 @ 4000 rpm 170.0 @ 4000 rpm 240.0 @ 4400 rpm

International engines lose less horsepowe between the test stand and actual use becaus they're truck engines. They have to be mor efficient.

You'll also notice that they develop thei power peaks at a lower rpm. They don't have t work as hard, so their chances of lasting longe are better. And they're all set to run on regula

low-lead content gas.

International V-8's are, in fact, the same gines we use in many of our gas-engined high-ay rigs. And you know how long they last.

/hen you buy a pickup, make sure you get a truck.

There's more to a camper special pickup an an engine and a suspension system.

Transmissions, for instance. You can order ıy one of seven different transmissions—two speed, two 4-speed, and a 5-speed heavy duty, 5-speed with overdrive, and a rugged 3-speed ıtomatic. Like the engines they're attached to, ıey're truck transmissions. They're strong.

Special additional equipment items. A front ıti-sway bar and over-size electrical and cooling ystems are standard on International Camper pecial pickups.

Idiot lights. You can't get them with an International. Gauges are standard equipment. So you always know what's going on.

Fuel tank location. International pickups are the only pickups with the tank outside the cab. Everyone else's tank is right inside, behind the passenger seat.

There's a truckload of other things to consider—power steering and brakes, air conditioning, AM-FM, the works. Your International truck dealer has the facts on them all.

Stop by and see him. Ask him about the 1210 Camper Special pickup. And let him help you separate fact from the fiction.

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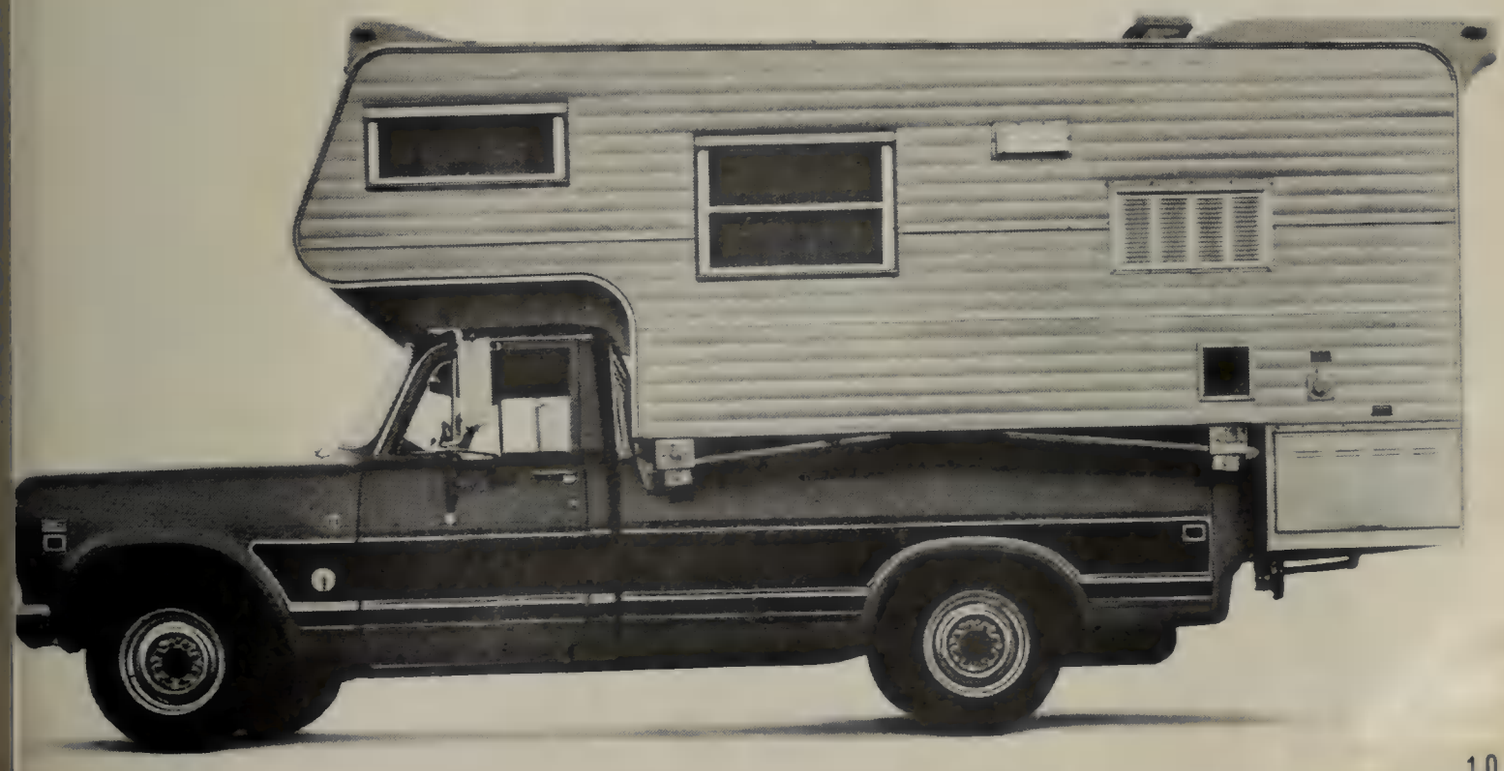


Sunset's Kitchen Cabinet®

Our markets in February offer a surprising variety of produce to add freshness to midwinter menus.

For a guest brunch or family weekend breakfast, we suggest pancakes with Dungeness crab, and avocado. Diced apple and sliced banana in vegetable soup add subtle sweetn and intriguing new flavor.

Swiss chard, a vegetable that's eas overlooked, is in season now, and a good month to enjoy bright r

Spoon hot crab filling onto pancakes and top with slices of fresh avocado

Crab-filled Brunch Pancakes

You might bake the pancakes at the table, using an electric griddle.

- 1 cup prepared pancake mix
- 2 eggs
- About 2¼ cups milk
- About 4 tablespoons butter or margarine
- 2 tablespoons flour
- ½ teaspoon dry mustard
- 2 teaspoons anchovy paste
- 2 cups (about ¾ lb.) crab meat
- 2 tablespoons finely minced parsley
- Salt and pepper to taste
- 1 avocado, peeled and sliced
- About 1 tablespoon lemon juice

In a bowl combine the pancake mix, eggs, and ¾ cup of the milk. Stir until well blended. Melt the butter in a frying pan, measure 2 tablespoons the butter, and stir into pancake b ter; set aside. Blend flour and musta into remaining butter in pan a cook, stirring, until bubbly. Gradua stir in remaining 1½ cups milk; co and stir until it boils and thickens

Remove from heat and mix in t anchovy paste, crab meat, parsl and salt and pepper to taste. Trans to a chafing dish or other dish a keep warm. Drizzle lemon juice o avocado in a bowl. Bake pancakes a hot greased griddle; serve with cr and avocado. Makes about 6 servin —*I. R., North Sacramento.*

There's apple and banana in this vegetable soup, seasoned lightly with curry

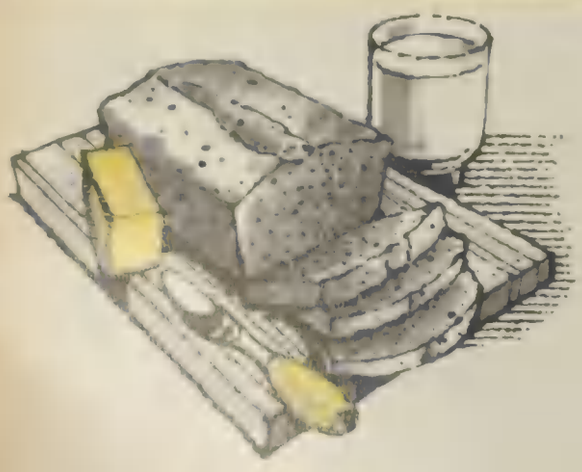
Creamy Vegetable Soup

It's good either hot or cold. For fewer calories, omit sour cream and use 1 cup yogurt plus 1 teaspoon sugar.

- 2 tablespoons butter or margarine
- 1 medium-sized onion, chopped
- 1 teaspoon curry powder
- 1 large can (47 oz.) chicken broth (about 6 cups)
- 1 medium-sized potato, peeled and diced (about 1½ cups)
- 2 cups sliced celery
- 1 tart apple, peeled and diced
- ½ medium-sized banana, peeled and sliced
- 1 cup sour cream
- 2 tablespoons minced chives or slices of green onion tops

In a Dutch oven or large saucepan, heat the butter and sauté the onion until lightly browned. Stir in cu and continue to sauté about 1 min longer. Add the chicken broth, p tato, celery, apple, and banana. H to boiling, cover, and simmer un the vegetables are soft, about 30 mi utes. Remove from heat and stir sour cream. Whirl half of the soup a time in a blender until smooth (press through a wire strainer). Reh just to simmering point to serve h or chill and serve cold.

Just before serving, garnish each bo with chives or green onion to Makes 10 to 12 servings as a fi course soup.—*R. P., Malibu, Calif.*



If you cut fairly thick slices, you can serve this bread warm from the oven

Quick Brown Bread

A moist, dark bread to spread with butter for breakfast or after-school snacks, or serve with bean dishes.

- 2 tablespoons butter or margarine
- ½ cup sugar
- 1 egg
- ½ cup dark or light molasses
- 1 cup buttermilk
- 1 cup whole wheat flour
- 1 cup all-purpose flour (unsifted)
- 1 teaspoon *each* salt and soda
- ½ teaspoon *each* ground ginger and cinnamon
- ½ cup raisins (optional)

In the large bowl of an electric mixer, beat the butter and sugar together until creamy. Beat in egg. Stir in molasses and buttermilk, then mix in the whole wheat flour. Sift all-p pose flour with the salt, soda, ging and cinnamon into the creamed mi ture. Beat with the electric mixer medium speed for about 2 minut or until smooth and well blende Stir in the raisins, if used.

Spoon into a well greased loaf p (one about 8½ by 4½ inches giv the best shape). Bake in a 350° ov until a pick inserted in the cent comes out clean, about 60 minute Cool about 10 minutes, then turn o of pan. Cool thoroughly to cut in th slices. Makes 1 medium-sized loaf.— *V. V., Saugus, Calif.*

ıse-grown rhubarb for dessert.
vite contributions of new reci-
iginated in the West. Mail them
nset Magazine, Menlo Park,
94025. We pay $10 for each
published.

Crab-filled pancakes or pot roast with a creamy soup and Swiss chard

Chard with Bacon

shallow dish that can go in the
r, then come to the table.

- pounds Swiss chard
- slices bacon
- medium-sized onion, chopped
- Water
- cup (about 3 oz.) shredded Swiss or jack cheese

the chard leaves thoroughly.
a sharp knife, cut the white
stalk of each leaf away from
afy green parts. Cut the white
in about ¼-inch slices, then
the green leafy parts with the
keep separate. In a large frying
r Dutch oven, cook bacon until
and brown. Remove and drain.

Reserve 2 tablespoons only of the bacon drippings and return to frying pan. Add to pan the onion, white part of chard, and 2 tablespoons water; sauté for about 3 minutes, then cover and cook until tender, about 10 minutes. Add green part of chard and 2 tablespoons water to pan; cover; cook until the greens have wilted, about 7 minutes. Remove from heat, crumble in bacon, and mix lightly. Turn into an ovenproof serving dish and sprinkle with the cheese. Broil about 4 inches from heat until cheese melts, about 3 minutes. Makes about 6 servings.—*A. A., Portland.*

Cheese topping melts over chard and bacon in the broiler just before serving

Roast with Pineapple Rice

tal flavors permeate the beef
as it simmers.

- -pound beef chuck roast
- tablespoon salad oil
- cup soy sauce
- cup water
- cloves garlic, minced or mashed
- cup brown sugar
- tablespoons minced preserved or candied ginger
- tablespoons butter or margarine
- tablespoons minced onion
- cups cooked rice
- can (14 oz.) pineapple tidbits
- tablespoons cornstarch blended with 2 tablespoons water

g a Dutch oven, brown the meat
on all sides in heated salad oil.
the soy sauce, water, garlic,

brown sugar, and 1 tablespoon of the ginger. Cover and simmer gently until meat is tender, about 2 hours.

Shortly before serving, heat butter in a frying pan and sauté onion about 5 minutes; stir in rice. Drain pineapple, reserving syrup. Add pineapple, 2 tablespoons pineapple syrup, and remaining 1 tablespoon ginger to rice. Heat, stirring, until hot through; keep warm. Remove meat to serving plate; skim off fat. Stir cornstarch mixture into pan juices; cook until it boils and thickens; pass gravy to spoon over meat and rice. Makes about 6 servings.—*H. N., San Francisco.*

The cooking juices make a delicious sauce to serve over the meat and rice

barb-Almond Pudding

layer the rhubarb with buttery
ed crumbs and nuts in an attrac-
glass serving bowl, or in parfait
es; then chill before serving.

- ¼ cups sugar
- 4 cups diced fresh rhubarb
- About 4 slices firm white bread
- ¼ cup butter or margarine
- ½ cup finely chopped almonds
- 1 teaspoon grated orange peel or lemon peel
- ⅛ teaspoon almond extract
- Whipped cream (optional)

saucepan, combine 1 cup of the
r and the rhubarb; set aside. Re-
e crusts from bread and cut bread
¼-inch cubes (you should have
ps). In a frying pan, melt butter

and stir in bread cubes, almonds, and remaining ¼ cup sugar; cook, stirring, until lightly toasted. Remove from heat and stir in citrus peel. Cook rhubarb, uncovered, over medium heat, stirring until the rhubarb cooks into a sauce. Remove from heat and stir in almond extract.

In a 1-quart bowl (preferably glass) or 4 to 6 individual glasses, make a layer of half the rhubarb and cover with layer of half the crumbs; then repeat with remaining rhubarb and crumbs. Cover and chill. Top with whipped cream if you wish. Makes 4 to 6 servings.—*R. M., Roseburg, Ore.*

Colorful dessert waits in the refrigerator ready to top with cream and serve

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THIS SPACE CONTRIBUTED BY THE PUBLISHER

Ground lamb into meatballs ... spiced, lively

DARROW M. WATT

Wooden *skewers work well for dipping meatballs in sour cream*

Ground lamb offers a pleasant change from the usual choices in economical meats, and its flavor readily accepts a range of lively spices.

The first step in each of these three recipes is to shape ground lamb into meatballs. From then on, different seasonings and cooking methods are used to make an appetizer and two entrées.

These meatball appetizers are oven-baked for quick and easy handling of a large quantity.

Appetizer Lamb Meatballs

- 2 pounds lean ground lamb
- 2 teaspoons ground cumin
- 2 teaspoons chopped fresh mint or ½ teaspoon dried mint
- 2 green onions, finely chopped
- [illegible] teaspoons salt
- ¼ teaspoon pepper
- ¼ cup fine dry bread crumbs
- 2 eggs
- 1 cup sour cream
- 1 teaspoon caraway seed

For meatballs, mix together the ground meat, cumin, mint, onions, salt, pepper, crumbs, and eggs. Shape into 1-inch balls. Place on a jelly roll pan.

Bake in a 425° oven for 15 minutes or until browned and no longer pink inside. Arrange meatballs on a platter or in a chafing dish with toothpicks alongside. Mix together the sour cream and caraway seed and serve in a bowl to dip the meatballs in. Makes about 60 appetizers. —*E. C., Watsonville, Calif.*

Fruit flavors complement the spicy s soning in this attractive curry entrée

Curried Lamb Meatballs with Fruit

- 1½ pounds lean ground lamb
- 1 egg
- 3 tablespoons fine dry bread crumbs
- 1 teaspoon salt
- 2 tablespoons salad oil
- 1 onion, finely chopped
- 2 cloves garlic, minced or mashed
- 1 tablespoon curry powder
- 1 can (14½ oz.) sliced tomatoes, drained
- 1 apple, peeled and diced
- 2 tablespoons red wine vinegar
- 1 tablespoon apricot jam
- 2 green-tipped bananas
- 1 tablespoon butter or margarine
- Hot steamed rice (about 3 cups)

For meatballs, mix together the grou meat, egg, crumbs, and salt; shape i 1¼-inch balls. Heat a large frying p with oil over medium high heat, a meatballs, and sauté until browned all sides, turning frequently. Push to sides of the pan. Add onions and ga and sauté for 3 or 4 minutes. Add cu powder and sauté 1 minute, stirring. A tomatoes, apple, vinegar, and jam. Co and simmer 30 minutes.

Peel and slice bananas on the diagon In another pan, quickly sauté in but on both sides, just until glazed. Mou rice in the center of a rimmed serv plate and surround with meatballs a sauce. Distribute sautéed bananas arou the base of the rice. Makes 6 servin —*S. F., El Cerrito, Calif.*

Many spices season this smoothly f vored tomato sauce in which the lit meatballs simmer until browned.

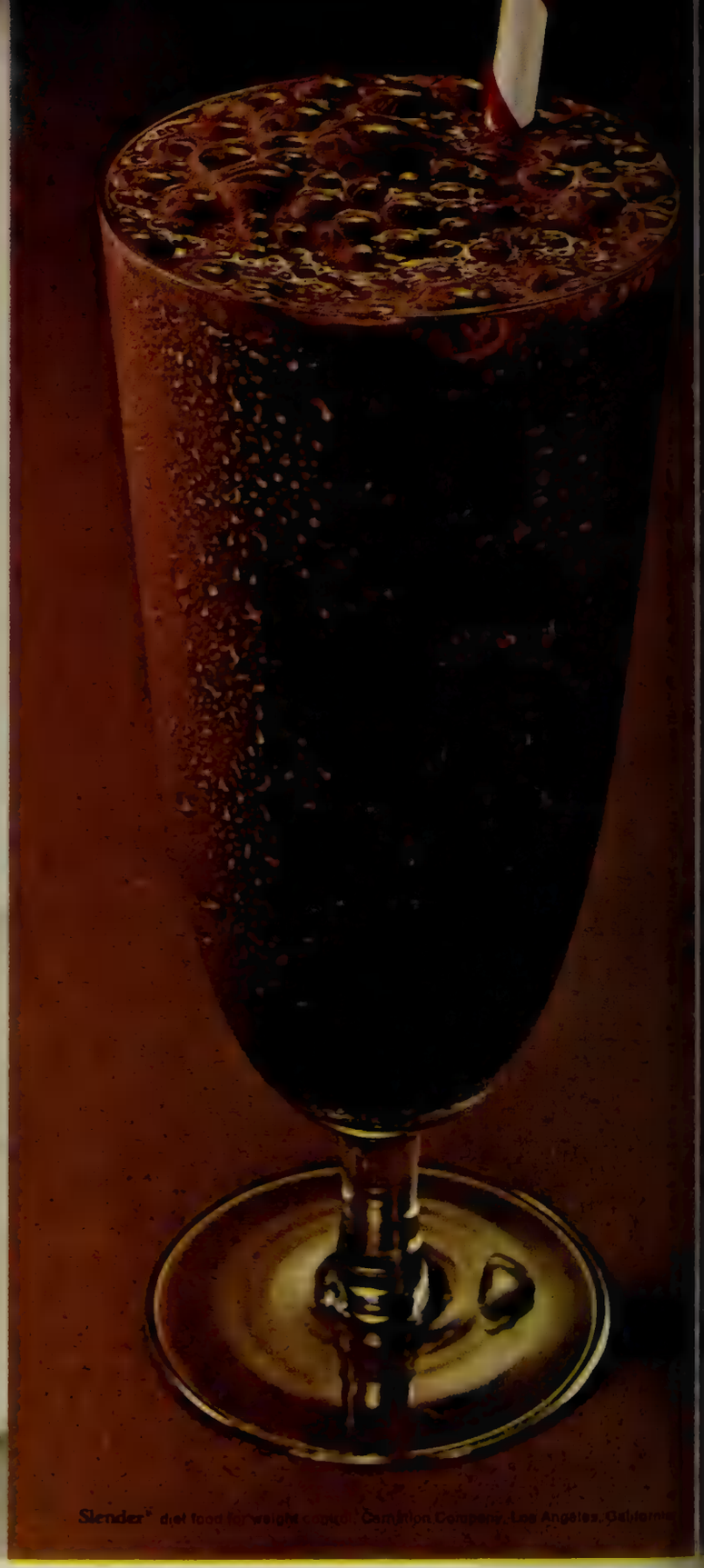
Spiced Lamb Meatballs

- 1 medium-sized onion, finely chopped
- 1 clove garlic, minced
- 1-inch piece fresh ginger root, chopped (or ¼ teaspoon ground ginger)
- 2 tablespoons olive oil or salad oil
- 2 teaspoons salt
- 1 teaspoon *each* ground cumin, ground coriander, and curry powder
- 1 can (8 oz.) tomato sauce
- 1 cup water
- 2 pounds lean ground lamb
- ¼ cup wheat germ
- 2 eggs
- 2 tablespoons finely chopped fresh coriander or parsley
- ½ teaspoon ground allspice
- Hot steamed rice (about 3 cups)

Using a Dutch oven, sauté the onic garlic, and fresh ginger, if used, in until golden. Add 1 teaspoon of the sa cumin, coriander, curry, and grou ginger, if used; sauté 1 minute. Pour the tomato sauce and water. Cover a simmer while shaping meatballs.

Mix together the ground lamb, whe germ, eggs, and the remaining 1 te spoon salt. Shape into 1¼-inch bal Drop into the simmering sauce, cove and simmer 20 minutes, or until me balls are no longer pink inside. Sprink with coriander and allspice. Serve plates with rice alongside. Makes servings.—*B. D., Pomona, Calif.*

Betty Crocker
pineapple
upside down
apple cinnamon
upside down
CAKE MIX AND TOPPING
Dole
peach
upside down
CAKE MIX AND TOPPING
Topping Mix
cherry
upside down
CAKE MIX AND TOPPING
Cake Mix
Topping Mix
Now, an orchard of upside-downs from Betty Crocker. Take your pick.
Topping, fruit, and a special cake mix to hold the juiciness.
Four delicious, easy-to-fix desserts.
The hardest part is making up your mind.



Break your diet ... with a diet that tastes good

225 calories on a plate can taste pretty skimpy. 225 calories in a tall glass of Slender can taste—smashing! New canned Slender is made with milk protein so it tastes as good as the Slender you mix in fresh milk. Slender from Carnation—tastes so good it's only a diet after you drink it. Smashing.

natural tasting, no cyclamates

uick introduction
) the Philippines

entrées typical of everyday cooking e Philippine Islands are quick to re and simple enough to serve for own family dinners. The first uses en parts, browned and served with w sautéed onions and chopped The second starts with browned which simmers in a flavorful sauce.

no Chicken with Egg

- 4 tablespoons butter or margarine
- 2 medium-sized onions, sliced
- 1 cup flour
- 1 teaspoon paprika
- 4 *each* chicken thighs and legs
- About 2 tablespoons salad oil
- 2 hard-cooked eggs, chopped
- 1 cup minced fresh coriander (also called Chinese parsley and cilantro) or regular parsley
- 1 teaspoon salt
- 1 teaspoon pepper

wide frying pan over medium heat, 2 tablespoons of the butter; sauté 1 slices, stirring occasionally, until and golden, about 20 minutes. sfer to serving dish and keep warm.

plastic bag combine the flour and ka. Shake chicken in flour, then off excess. Add remaining 2 table- ns butter and 2 tablespoons oil to pan and place over medium heat fat ripples across surface of pan 1 tilted. Put in chicken and fry, turn- frequently, until skin is crisp and n all over and meat is tender, about inutes; add more oil if pan appears As chicken pieces finish browning, ve and drain. Add chicken to dish onions; mix to distribute.

bine chopped egg, coriander or ey, salt and pepper; sprinkle over en. Serves 4.—*J. L., San Francisco.*

ant Pork with Soy

2 pounds boneless pork shoulder 1-inch cubes. In a frying pan with a r or Dutch oven, brown pork over heat, stirring to prevent sticking. n meat is browned, sprinkle 2 ta- oons *each* cider vinegar and soy e over pork. Continue cooking until d has evaporated, about 3 minutes. in 1 clove garlic (minced or mashed), y leaves, and 1½ cups water. Cover cook over low heat until pork is er, about 25 minutes.

1 a slotted spoon transfer pork to a ng dish and keep warm. Skim fat an juices, then increase heat to high boil, stirring, until reduced to about up. Pour over meat. Serve with fried eamed rice. Serves 4.

CRITERIA Decorator Stainless Steel with the New Low Profile for Today's Cooking

You'll love this pretty 1-quart saucepan by Criteria. Notice: it's not as high as old-fashioned pans. That modern low profile is there for practical reasons. Spreads heat over a larger cooking area. More room for today's frozen foods to lie down and melt instead of leaning against the side of the pan. Gleaming stainless steel outside and inside with a radiant metal heat core in between. Exclusive ceramic decorations are locked on forever. (A 15-year guarantee* comes with it.) It's even dishwasher safe. Get or give a Criteria Saucepan. Better yet, get a set and enjoy today's kind of cooking. Available at most stores where fine housewares are sold.

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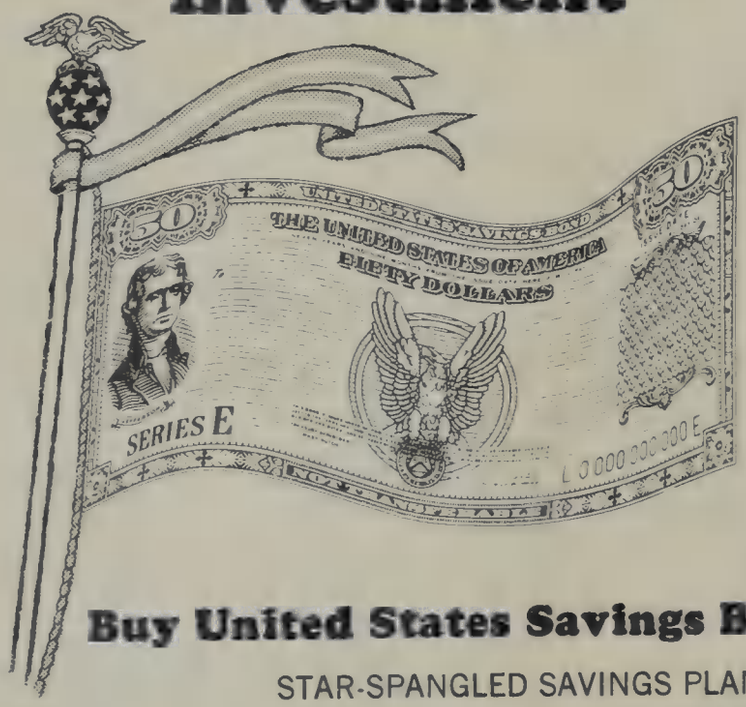

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ICE CREAM RECIPE OF THE MONTH

Strawberry Fluff

2 pkgs. jello
2 pkgs. frozen strawberries
1 qt. Dreyer's Vanilla Ice Cream

Make jello as directed (using berry juice with cold water to equal the one cup). When jello is nearly set, beat in ice cream and strawberries. Chill in mold or parfait glasses. Serves 8-12.

A good recipe cries for quality.

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DARROW M. WATT

Sponge cake log *drizzled with chocolate is one of four cherry desserts that can be made with the same basic whole egg sponge cake*

The starting point is a remarkable and easy recipe

A remarkable whole egg sponge cake that can be whipped together with a minimum of effort is the starting point for these four desserts, keyed to February holidays.

The traditional method for making sponge cake calls for beating the egg yolks and whites separately. In this simplified version, whole eggs are beaten in an electric mixer until fluffy and thick. We've tested the method with both hand-held portable electric mixers and more powerful stationary mixers; both make fine cakes. Expect a low-powered mixer to yield a cake with a little coarser texture than one made with a high-powered mixer. Beating time will vary between 10 and 15 minutes.

The cake, simply dusted with powdered sugar, can be served alone or with ice cream and sauce. Or the same cake baked differently makes a syrup-soaked savarin cake ring. Or a single cake recipe makes both a cherry cream cake roll and a cherry-crowned layer cake. Any of the unadorned cakes freezes beautifully if you wish to bake one or more in advance.

In making the basic cake, it is essential to have the eggs at room temperature so that they can be beaten to their maximum volume. If necessary, place the bowl (with eggs in it) in a pan of warm water to bring up the temperature.

One simple way to create a quick dessert is to serve the sugar-dusted cake with balls of vanilla ice cream and a sauce of canned prepared cherry pie filling.

Whole Egg Sponge Cake

- 6 large eggs (at room temperature)
- 1 tablespoon lemon juice
- ¼ teaspoon salt
- 1 cup sugar
- 1 cup regular all-purpose flour (unsifted)
- Powdered sugar (optional)

Using an electric mixer, beat eggs with lemon juice and salt at high speed until thick, pale yellow in color, fine-grained, and several times the original volume (allow about 10 to 15 minutes beating time, depending on mixer). Turn spe to medium and add sugar, 1 tablespo at a time, beating after each additi until blended. Then sprinkle in about cup flour at a time, using a spoon spatula, and carefully fold just until i corporated.

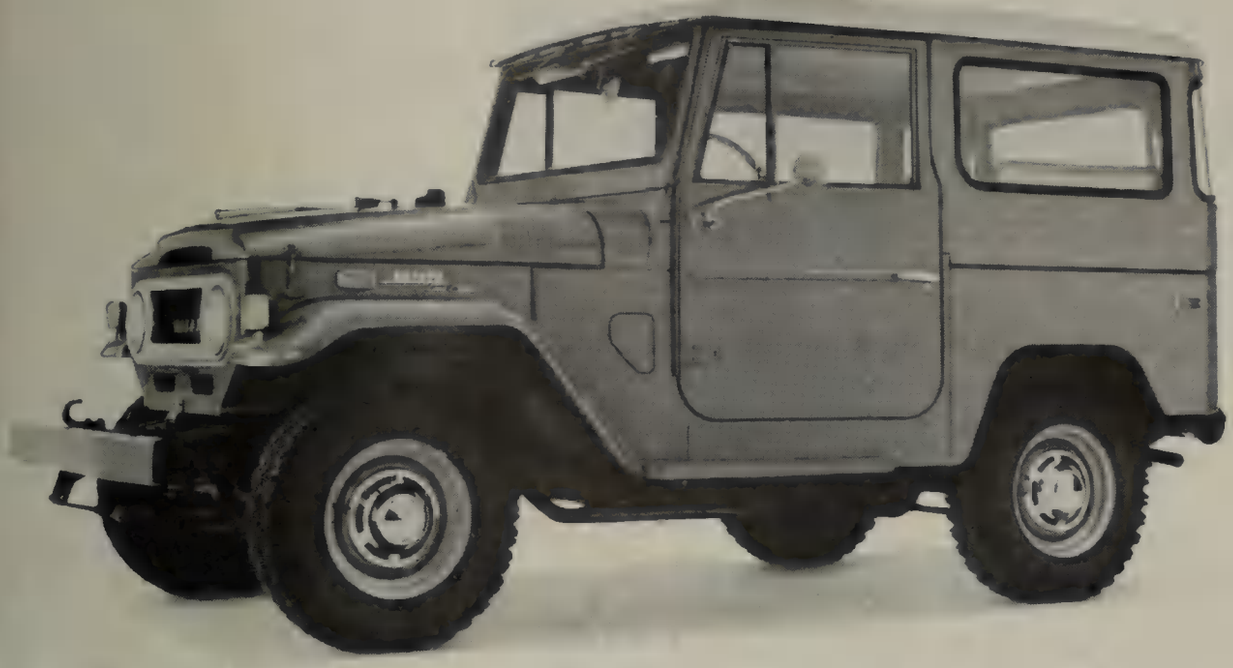
Turn batter into an ungreased 10-in tube pan. Bake in a 325° oven for minutes, or until a toothpick inserted a center part of the cake comes out clea

Invert pan on rack and let cake co about 1 hour. Remove from pan to serving plate. Dust top lightly wi powdered sugar shaken through a wi strainer. Makes 12 to 14 pieces.

Cherry Savarin Cake. First prepare lemon syrup. Heat together ⅓ cu lemon juice, 2 strips lemon peel (u vegetable peeler to make strips), ⅔ cu sugar, and ⅔ cup water; simmer un sugar is dissolved; let cool.

Prepare batter as directed above f Whole Egg Sponge Cake. Turn into

This is not a car.



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greased and flour-dusted 3-quart ri mold. Bake in a 325° oven for 35 m utes, or until a toothpick inserted ir center part of cake comes out cle Immediately poke clear through the ca with a wooden skewer at 1-inch int vals. Spoon half of the cool syrup o the hot cake. Let stand 15 minutes, th loosen cake from pan and turn ups down on a serving plate. Spoon rema ing syrup over cake, letting it soak Heat ¾ cup cherry preserves just u melted and spoon over top of cake ri Let cool. Makes about 12 servings.

Maraschino Cherry Sponge Cake L Prepare batter as directed for the Wh Egg Sponge Cake. Grease two 10 by inch jelly roll pans, line the bottoms w waxed paper, then grease paper and d with flour (or make only one jelly r and bake remaining batter in a 9-in layer cake pan to use for cherry cro cake, following). Spread half the bat in each pan. Bake in a 325° oven for minutes, or until the cake springs ba when touched lightly.

Have ready a tea towel dusted ligh with powdered sugar. Immediately tu hot cake over on the towel, lift off p and peel off paper. Roll cake up in t towel, starting at a short side. Let cool

For each log, you'll need 1 cup (½ pi whipping cream. Spoon 2 tablespoons the cream into a small pan; add 1 oun semisweet chocolate. Place over h water and stir until melted and smooth blended; set aside. Beat remaining cup cream until soft peaks form a beat in 2 tablespoons powdered sugar. teaspoon vanilla, and ⅓ cup liquid fro jar of maraschino cherries. Fold in cup finely chopped maraschino cherri

Unroll cake and spread with cher cream filling. Roll up and place on serving platter. Drizzle the chocol glaze over the top and garnish with wh maraschino cherries with stems. Ch Each log makes 6 to 8 servings.

Cherry-Crowned Cream Cake. Prep batter as directed for the Whole E Sponge Cake. Turn batter into tw greased and floured 9-inch layer ca pans (or make one jelly roll and one lay cake). Bake in a 325° oven for 25 mi utes, or until cake springs back wh touched lightly. Let cakes cool 10 mi utes; then turn out of pan onto rack a let cool completely.

Place cake on a serving plate. For ea layer, cream 1 small package (3 o cream cheese until light and beat in cup unsifted powdered sugar and 1 te spoon vanilla. Whip 1 cup heavy crea until stiff and fold in. Spread over top cake, leaving sides unfrosted and makir a raised edge around the outer rir Spoon 1 can (15 oz.) cherry pie fillir onto top of cake spreading to raise edges. Chill. Makes 8 servings.

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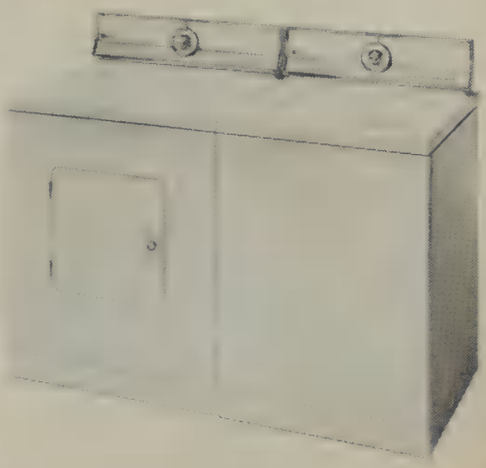

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2 pounds lean California beef stew
1 tablespoon oil
1 large onion, coarsely diced
2 teaspoons chili powder
¼ teaspoon powdered cumin
¼ teaspoon garlic powder
½ teaspoon salt
1 (10½-ounce) can beef broth
1 (15-ounce) can red kidney beans

Brown beef chunks in oil in heavy pot. Discard drippings. Add onion. Cook a couple of minutes, then add all remaining ingredients except beans. Cover and simmer about 1½ hours, until beef is tender. Add undrained beans and simmer 10 to 15 minutes longer. Makes 4 servings.

Notes from the Chef: Cook this in a decorative pot to take from stove to table. Serve with French bread so you can sop up the sauce.

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For gentle coffee...the cold water ide

Coffee brewed with cold water may sound like a paradox, but it is based on a centuries-old technique worth trying if you like delicate coffee flavor for sipping or cooking.

Some claim the Peruvians started the idea (it is common in some parts of Europe, too) and essentially the procedure is still the same. Ground coffee steeps in cold water, then the liquid is filtered to make a coffee concentrate.

The concentrate, added to hot or iced water, makes coffee with a consistently mellow, rich, fresh-brewed flavor; the concentrate does not contain those elements present in hot-water coffee that are potentially responsible for bitter or acrid overtones. It's also free of sediment and keeps fresh tasting for several weeks if refrigerated, longer if frozen.

You can make the cold water coffee concentrate using equipment you have on hand, plus a filter paper (directions follow); or you can use devices made expressly for the purpose, following the manufacturer's directions. These cold water coffee makers are available in cookware shops and sometimes fancy foods shops (particularly those that specialize in coffee and teas), and range in price from about $13 to $33. They all function similarly: A steeping bowl with filter pad and stopper nests on top of a decanting unit. When the grounds have steeped, the stopper is removed and the liquid filters down into the decanter.

Liquid coffee concentrate

Put 1 pound of your favorite brand of regular grind coffee in a large bowl or pitcher; add 7 cups (8-oz. size) cold water. Gently push grounds down into water to moisten. Cover container and let stand at least 8 hours or overnight.

Line a large funnel with a double thickness of paper towels or coffee maker filter paper (about 12 inches in diameter and available in housewares departments). Set funnel in a glass or plastic container such as a large jar. Hold a wire strainer over the funnel and pour the liquid and grounds into the strainer, allowing the coffee concentrate to pass through filter. Discard grounds. Cover filtered liquid and refrigerate. Makes about 3½ cups liquid coffee concentrate.

Beverages made from liquid coffee concentrate

Individual taste determines the amount of coffee concentrate you will use. Our

DARROW M. W.

Wire strainer *traps coffee grounds; cold water coffee concentrate flows through paper in funnel*

taste testers liked the following pro tions, but you can use more or less you like.

Hot coffee: To each 6 or 7-ounce add about 2½ tablespoons coffee c centrate and hot water to fill.

Iced coffee: To each 10-ounce glass 3 or 4 tablespoons coffee concent and cold water and ice to fill.

Café au lait: To each 6 or 7-ounce add about 2½ tablespoons coffee c centrate and hot milk to fill.

Mocha milkshake: For each serv whirl the following in a blender u smooth—1 cup chocolate ice cream, cup coffee concentrate, and 2 tablespo milk. (Peanut enthusiasts will enjoy addition of 2 tablespoons peanut butt

Cooking with the concentrate

This clear, potent-flavored liquid also be used to add aromatic complex rich flavor, and deep mahogany hue many cooked dishes; let these sugg tions guide further experimentation.

Lamb or beef stew: For stew made w 1½ to 2 pounds of meat, add ½ c coffee concentrate in place of ½ c liquid called for.

Broiled or roasted meats: Mix eq parts coffee concentrate and salad brush frequently over surfaces of beef lamb to baste while cooking.

Quick sundae sauce: Heat ½ cup hon with 2 or 3 tablespoons coffee conc trate, stirring to blend; serve warm cold spooned over vanilla, chocolate, toasted almond ice cream.

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For a winter brunch, *colorful dish of eggs, tomatoes, and Brussels sprouts is cooked and served in the same pan. Juice, bacon, and bread complete the meal*

DARROW M. W

FEBRUARY MENUS

Brunch out of a skillet . . . guest dinner out of a casserole . . . family dinner out of the oven

In case the holidays of February inspire you to entertain, here are menus for a festive brunch and a make-ahead company dinner. And for the family there's an oven dinner that features country-style spareribs. Fresh midwinter vegetables lend color and flavor to each meal.

Skillet brunch

Brussels sprouts and tomatoes combine with eggs in this hearty brunch. Cook the eggs and vegetables in a frying pan that you can carry to the table for serving; you will need about a 10-inch pan with a heatproof handle that can go under the broiler. Or, use an electric frying pan: the heat of the cooked eggs is sufficient to melt the lacy Parmesan cheese topping.

Pineapple-Grapefruit Juice
Eggs with Brussels Sprouts
French Bread **Sliced Canadian Bacon**

Open a can of frozen pineapple-grapefruit juice concentrate and prepare according to directions. Slice the bre wrap it in foil, and place in a 200° o to heat. Fry the Canadian bacon, trans to a serving dish, cover, and place in oven with the bread to keep warm wh you make the eggs with Brussels sprou

Eggs with Brussels Sprouts

- 1¼ pounds Brussels sprouts
  Boiling, salted water
- 2 tablespoons butter or margarine
- 1 can (14 oz.) sliced tomatoes, well drained
- ½ teaspoon sugar
- 6 eggs
- 2 tablespoons milk
- ½ teaspoon ground nutmeg
- ⅛ teaspoon salt
- ⅛ teaspoon pepper
- ¼ cup grated Parmesan cheese

Cook the Brussels sprouts, uncovered, boiling, salted water until tender wh pierced with a fork, about 10 minu from the time boiling resumes; dr well and set aside.

In the frying pan melt butter o medium heat. Add drained tomato and Brussels sprouts; sprinkle with sug

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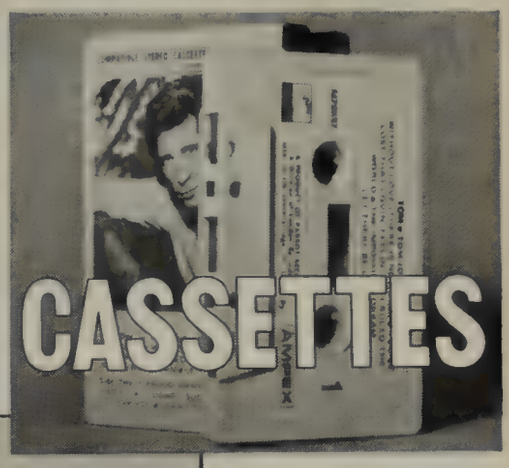

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and cook, stirring occasionally, until vegetables are heated through and moisture evaporates, about 2 minutes. While vegetables heat, combine eggs, milk, nutmeg, salt, and pepper and beat with a fork until blended. Pour mixture over vegetables in pan and, when egg begins to set, use a spatula to lift cooked egg away from pan side and let liquid egg run down under cooked portion until egg is softly set, about 5 minutes.

Remove from heat and sprinkle Parmesan cheese over surface. Place about 4 inches below the broiler and heat until cheese melts, about 2 minutes. If you use an electric frying pan, turn heat off and allow about 2 minutes before serving for the cheese to melt. Serve from the pan at the table. Makes 6 servings. —*H. N., San Francisco.*

Company casserole dinner

Most of the work for this meal, centered around an elegant casserole of chicken, artichoke hearts, and mushrooms, can be completed long before guests are due.

Butter Lettuce Salad with Avocado and Pine Nuts
Chicken and Artichoke Casserole with Mushrooms
Butter-glazed Carrots
Apples and Pears Nut Basket

Prepare the elements of the casserole early in the day and refrigerate until time to heat and serve. You can also start the carrots well before the meal, if you like. Drain hot, cooked carrots and immerse in ice water to cool quickly; then drain and refrigerate, covered. At serving time lightly brown carrots in melted butter and sprinkle with minced parsley.

For the salad, have butter lettuce washed, dry, and crisped. You could also toast the pine nuts in advance by stirring them in a greased frying pan over medium heat until golden. Before serving, slice avocado into the salad, lightly mix salad with bottled oil and vinegar dressing (or make your own dressing), and sprinkle pine nuts over the top.

For dessert, present fruit on a board, perhaps by the fireplace; accompany with a selection of nuts. You might serve a wine such as California Port with the dessert.

Chicken and Artichoke Casserole with Mushrooms

- 1 can (about 14 oz.) regular strength chicken broth
- 2½ to 3 pounds chicken breasts (about 4 large whole breasts)
- 1 can (14 oz.) artichoke hearts, drained
- 6 tablespoons butter or margarine
- ¼ cup flour
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- ¾ cup half-and-half (light cream)
- ½ cup grated Parmesan cheese
- 2 tablespoons Sherry (optional)
- ½ teaspoon dried rosemary, crushed
- ⅛ pound mushrooms, sliced

In a frying pan with a lid, or a Dutch oven, bring chicken broth to simmering over medium heat. Place chicken breast in a single layer, cover, and poach until meat is tender when pierced with a fork, about 15 minutes. Lift chicken from broth, cool, then remove skin and pull bones from chicken; reserve ¾ cup of the broth for sauce. (Save remaining sauce for another use such as soups or stews.) In a shallow casserole (about 8 by 12 inches), arrange chicken breast pieces, slightly overlapping; distribute drained artichoke hearts in casserole. Cover and refrigerate.

In a saucepan over medium heat, melt 4 tablespoons of the butter; stir in flour, salt, and pepper until smoothly blended. Gradually stir in the ¾ cup of the chicken broth and the half-and-half. Cook, stirring, until mixture boils and is thickened. Stir in Parmesan cheese, Sherry, and rosemary until cheese is melted and mixture is blended. Cover and refrigerate.

In a frying pan over medium heat, melt remaining 2 tablespoons butter. Add mushrooms and sauté until golden. Transfer mushrooms to a small dish, cover and refrigerate.

Shortly before serving, stir sauce over low heat until it liquefies, then pour over chicken and artichoke hearts so that artichoke hearts are well covered. Distribute mushrooms down the center of the casserole. Bake uncovered in a 325° oven for 30 minutes or until heated through. Makes 6 to 8 servings.—*M. A., Seattle.*

DARROW M. WAT

Before serving, *pour reheated sauce over chicken and artichoke hearts. Spoon sautéed mushrooms on casserole*

Family oven dinner

Both the spareribs and the potatoes bake at the same temperature. You serve the pan juices from the meat as a sauce for the potatoes along with sour cream and chopped green onions. Mixed with the sour cream, the juices become a flavorful gravy. As an added advantage, clean-up

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is minimal because you use so littl equipment.

Oven Roasted Country-style Spareribs
Baked Potatoes with Sour Cream and Chopped Green Onions
Buttered Broccoli
Lemon Raspberry Sundaes

Start the spareribs in the oven. Scrub an prick the potatoes, then bake them wit the meat. Shortly before serving, coo the broccoli in boiling, salted wate Chop green onions and spoon sour crea into a bowl to serve with the potatoes.

For dessert, whirl a package of froze raspberries in the blender (or press the through a wire strainer with a woode spoon); spoon the raspberry purée ove scoops of lemon sherbet.

Oven Roasted Country-style Spareribs and Potatoes

- 4 pounds country-style spareribs
- ½ cup hot water
- 3 tablespoons soy sauce
- ¼ cup orange marmalade
- 1 clove garlic, minced or mashed
- ¼ teaspoon ground ginger
- 3 medium-sized baking potatoes
- 1 tablespoon butter or margarine

Arrange spareribs, meaty side down, in single layer in a roasting pan. Stir to gether the water, soy sauce, marmalad garlic, and ginger. Pour mixture ov spareribs. Bake uncovered in a 350 oven, basting frequently, for 1 hour.

Meanwhile, scrub potatoes and pric skins with a fork to allow steam to e cape. When spareribs have baked for ½ hour, put potatoes in the oven and bak for 1½ hours.

At the end of 1 hour, turn spareribs bor side down, and continue baking, bas ing frequently, for about 1 hour 15 mi utes. Transfer spareribs to a servi platter and keep warm. Skim fat off p juices and pour in a small serving bow

Melt butter in the roasting pan over m dium heat on top of the range. Cut p tatoes in half lengthwise. Place potatoe cut side down, in the roasting pan ar cook until cut surfaces are golden brow about 5 minutes. Arrange potatoes on th serving platter around meat.—*R. C Menlo Park, Calif.*

Camp cooking ideas?

Sunset is collecting ideas, recipes, menus, cautions, and discoveries on camp cooking for publication later in 1971.

If you are a camp cook, and if you have ideas to share, we would like to hear from you. Write to the Camp Cooking Editor, *Sunset Magazine*, Menlo Park, California 94025.

Some unwritten rules on cheddar

In England, certain customs evolved on the proper serving of cheddar. Cheddar is best freshly cut, so slice it just before serving. Bring out the full flavor by serving it at room temperature. Cheddar is an informal cheese, so bring it to the table for dessert. Cracker Barrel Brand Cheddar from Kraft. To know fine cheddar is to serve it well.

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A

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Free: New brochure of low-cal recipes. Write Knox Gelatine, Inc., Box 215, Johnstown, N.Y. 12095.

Knox captures freshness

Meal-in-itself Bavarian soup

Celery root enlivens the flavor of this richly seasoned beef shank soup and lends a tender-crisp texture.

A Bavarian peasant soup, it is usually a first course in its homeland, but we have found it an ample family lunch or supper entrée.

DARROW M. WATT

At the table *sprinkle shredded Parmesan cheese over beef and celery root soup.*

Beef and Celery Root Soup

- 3 pounds sliced beef shanks
- 1 tablespoon salad oil or olive oil
- 1 onion, chopped
- 1 carrot, chopped
- 1 teaspoon salt
- 3 quarts water
- 3 tablespoons beef stock base, or 9 beef bouillon cubes
- 2 celery roots (about 2 lbs.)
- 1 bunch leeks
- Freshly shredded Parmesan cheese

Using a large Dutch oven or soup kettle, brown meat in oil on both sides. Push meat to the sides of the pan, add onion and carrots, and saute until vegetables are limp, stirring occasionally. Season with salt and pour in water. Cover and simmer 2 to 2½ hours, or until meat is tender. Remove meat from stock and let cool slightly; discard bones and fat and dice meat. Skim any fat from stock and bring to a boil; add beef stock base.

Peel and dice celery roots in bite-size pieces, add to stock, and simmer 15 minutes. Trim all the coarse green leaves from leeks and halve lengthwise; wash well and slice. Add to broth along with meat and simmer 5 minutes longer.

Pass cheese at the table. Makes 8 entrée-sized servings.

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This cake ends up under the broiler

A chewy nut-filled frosting broils on to of this spicy oatmeal cake.

Caramel-Pecan Oatmeal Cake

- 1½ cups water
- 1 cup quick-cooking or regular rolled oats
- ½ cup (¼ lb.) butter or margarine
- 1 cup granulated sugar
- 1 cup brown sugar, firmly packed
- 2 tablespoons molasses
- 2 eggs
- 1½ cups regular all-purpose flour (unsifted)
- 1 teaspoon *each* soda and cinnamon
- ½ teaspoon salt
- ¼ teaspoon nutmeg
- Caramel topping (recipe follows)

Bring water to a boil. Place oats in bowl and pour water over; let cool lukewarm. In another bowl beat butt until creamy and gradually add the gra ulated and brown sugars, beating wel Mix in molasses, eggs, and oats mixtur Stir together the flour, soda, cinnamo salt, and nutmeg. Add to creamed mi ture and beat until smooth. Turn into greased and floured 9-inch square bakir pan. Bake in a 350° oven for 50 mi utes, or until top springs back whe touched lightly. Remove from oven ar spread with caramel topping. Plac about 4 inches under a broiler and bro until topping browns. Let cool. Mak 12 servings.—*S. H., Walnut Creek, Cali*

Caramel topping. Place in a saucepan tablespoons butter or margarine, ¾ cu brown sugar (firmly packed), and 3 t blespoons half-and-half (light cream stirring, heat until butter melts. Add cup *each* flaked coconut and choppe pecans and boil 1 minute, stirring.

DARROW M. WA

Spread *caramel-pecan topping on still-h cake, then broil for a moment to brow*

Question, Green Giant:

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Answer:
"Shucks."

Keep those cards and letters coming in, folks. Send your questions or comments to: The Jolly Green Giant, Box 900, Le Sueur, Minnesota 56058.

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Adios, oatmeal.

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Cheerio, cherry pie.

Skedaddle, spaghetti.

So long, spots.

Calgonite. The automatic dishwasher detergent for toughest food stains. Leaves dishes spotless without hand rinsing. Goodbye, tough food stains. Hello, shine.

Spicy cornmeal pancakes

One interesting way to use these robu cornmeal pancakes, studded with cor and olives, is shown below. Ladle a goo chile con carne—your own or prepare —over several hot pancakes on a pla and garnish with thinly sliced onion rin for a family supper.

Or serve 1 or 2 on a plate, topped wit slices of ripe avocado or a spoonful guacamole and garnished with sou cream, to accompany a grilled han burger patty or other meat.

They are also good simply with butte syrup, and crisp bacon or browned sau sage for breakfast.

Spicy Tamale Pancake

- 1 cup yellow cornmeal
- 1 cup boiling water
- 1 cup milk
- ⅓ cup salad oil
- 1 egg, well beaten
- 1 cup biscuit mix
- 1 teaspoon ground cumin
- ½ teaspoon chile powder
- 2 teaspoons baking powder
- 1 can (about 8 oz.) whole kernel corn, drained
- 1 can (4½ oz.) chopped ripe olives

Put cornmeal in a bowl, then pour ov the water; stir well. Let cool about 1 minutes. Add the milk, oil, and egg ar mix until well blended. Then add biscu mix, cumin, chile powder, and bakir powder; beat with a wooden spoon un smooth. Stir in corn and ripe olives.

Preheat a griddle over medium high hea grease well. Drop batter (about 3 tabl spoons at a time) on the griddle; sprea batter out to make about a 4-inch circl Cook until top is bubbly and appears dr turn and cook other side until browne Makes about 2 dozen pancakes.—*N. C Los Angeles.*

DARROW M. WA

Serve *tamale pancakes hot from gridd then top with chile con carne and onio*

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What's with the *Chefs* this winter month? Oysters, pigs, eggs, cauliflower

s a chatty group of *Chefs* before us is month, ready with allusion and ick with the quips. But when was a od recipe ever harmed by well chosen ords of introduction?

ief Bradford Angier, for instance, kes the lofty literary approach: "As . H. Munro remarked, 'There's nothing Christianity or Buddhism that quite atches the sympathetic unselfishness of oyster.' Maybe he'd just devoured a ast of Angels on Horseback."

ur large Pacific oysters responded to is treatment especially well. "Mussels eated the same way also become tasty dbits," he adds.

ngels on Horseback

1 jar (10 oz.) Pacific oysters
⅓ cup lemon juice
⅛ teaspoon cayenne pepper
12 thin slices bacon
6 thin slices firm white bread
Butter
Salt
Watercress (optional)

Drain oysters (cut large ones so you have 2 pieces) and marinate for ½ hour in the lemon juice with cayenne pepper added.

Meanwhile cook bacon over low heat until about half cooked (not crisp); drain. Also cut bread slices in half and fry in a well buttered frying pan until browned on both sides; keep warm.

Just before serving, dry oysters, sprinkle lightly with salt, loop 1 slice of bacon around each oyster piece, and fasten with a toothpick.

Outfit each guest with a skewer and let him broil his own Angels for 5 to 8 minutes, or until bacon is crisp, over the glowing coals of a patio brazier. Or arrange Angels on a rack in a shallow pan and broil them 6 inches from the heat for about 5 minutes on each side or until bacon is crisp.

Serve the sizzling oysters on the toast, with watercress, if used, on top or on the side, depending on whether eaten as finger food or from a plate. Makes 12 hors d'oeuvres.

Bradford Angier

Cambria, Calif.

Commander Joseph Graham takes a different tack; as befitting a man of the sea, he likes to bellow his words loud and clear in order to make his meaning unmistakable:

"Here's one that will lay up along the sides of your gastronomic cement mixer and keep a man feeling like a man likes to feel. When? Any time. Morning, night, or noon. Coming off a two-hour wheel watch or back with a duckstrap of mallards."

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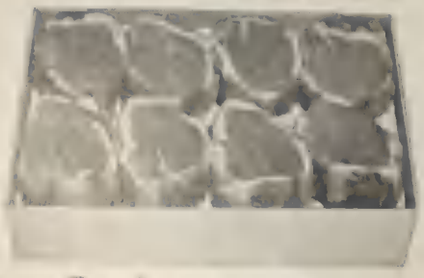


pfaelzer BROTHERS
(pron[illegible] FELZER)
Dept [illegible]
Chicago [illegible]

the talk about it:

Hogs in a Tarp

- 6 medium-sized baking potatoes
- Salad oil
- ½ cup evaporated milk (undiluted)
- 4 tablespoons butter or margarine
- ½ teaspoon salt
- Dash pepper
- 1 cup diced ham (about ¼-inch cubes)
- 2 bunches green onions, finely sliced
- 1 to 2 cups shredded Cheddar cheese

Scrub potatoes, lightly oil the skins, and bake in a 400° oven about 1 hour, or until done.

Remove potatoes from oven, cut in half lengthwise, scoop out the meat, and put it in a bowl. Add the evaporated milk, about half of the butter, and the salt and pepper; beat until smooth. Then add the ham and onions and mix all ingredients well again.

Spoon the mixture back in the potato skins, sprinkle the shredded cheese over top and add a little pat of butter on each potato boat. Put under the broiler about 8 inches from the heat for about 10 minutes or until cheese is melted and bubbly; serve immediately. Makes 6 or 12 servings.

Cdr., USN (Ret)
Menlo Park, Calif.

Or how's this for an opener, from Cai didate Gerry Glass? "The man whos hollandaise tends to be unstable, or wh is just plain tired of Eggs Benedict da after day, might try this."

In Spanish the recipe title says the eg are brave, manly, fearless, pungent, ho fierce, rough, or excellent—or son combination thereof.

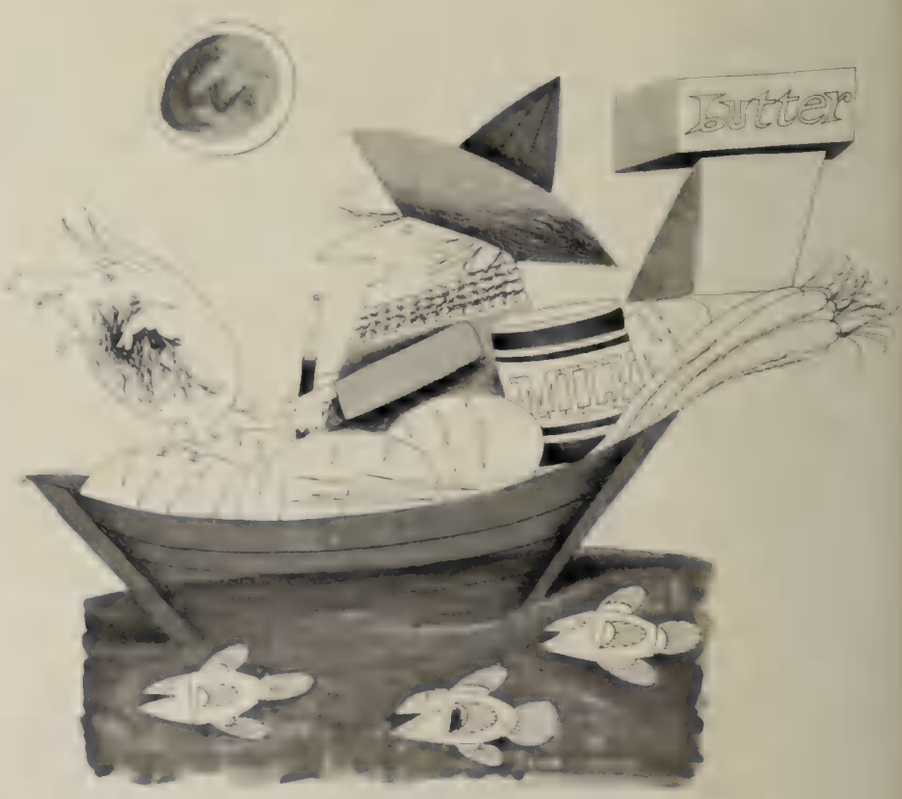
If your chile sauce needs more characte some oregano and basil might help.

Huevos Bravos

- ⅔ pound ground beef (chuck, round, or sirloin)
- Salt and pepper
- 1 tablespoon chile sauce
- 2 drops liquid hot pepper seasoning
- 2 slices Swiss cheese, about 2½ inches square
- Butter or margarine
- 2 eggs
- 2 teaspoons Sherry
- 1 English muffin, split, buttered, and toasted

Season the ground meat with salt an pepper to taste; shape into 2 flat patti about ½ inch thick. Place patties on broiler pan and broil, 6 to 8 inches fro heat, for about 5 minutes, or unt browned. Turn patties, top each wit chile sauce, liquid hot pepper seasonin and a slice of cheese. Continue broilir until cheese is melted and bubbly.

Meanwhile place a frying pan over lo heat and film it with butter. Carefull break in the eggs and cook slowly unt the bottoms of the eggs are set; sprink



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im International Multifoods

"Mashed cauliflower is optional"

eggs with Sherry, cover pan, and cook minute longer or until yolks are done your liking. To serve, slip the chee topped meat patties on individual plat top each with an egg and accompa with an English muffin half. Serves 2

Yosemite National Park, Calif.

"It's publish or perish in University li so I'm sharing this recipe with world," says Dr. David D. Cohen, ass ant professor at the University of C fornia School of Medicine. "Cauliflow prepared this way never goes beggin He specified mashed cauliflower; preferred flowerets; mashing can optional.

Cauliflower Cheese-Dilly

- 1 medium-sized head of cauliflower (about 1¼ lbs.)
- Boiling, salted water
- 4 tablespoons butter or margarine, melted
- 4 tablespoons grated Parmesan cheese
- 1 teaspoon dill weed
- 1 clove garlic, minced or mashed (or ⅛ teaspoon garlic powder)
- Salt and pepper

Wash cauliflower, remove all fibr stems, and break into small flower Drop into the boiling water and cook to 8 minutes, or until just tender. Rem from heat, drain, and turn into a 1-qu baking dish. To the butter add 2 tal spoons of the Parmesan cheese, weed, and garlic; mix with the hot ca flower. Season to taste with salt pepper. Sprinkle with the remaining tablespoons grated Parmesan. Place der broiler about 6 inches from heat about 10 minutes, or until the top golden brown. Makes 4 to 6 servings

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Stew surprises from the Caribbean

is not surprising that such a depend-
e favorite for family meals as stew
; its equivalents in most countries.
ch different cuisine has its own flavor
iations to contribute to the basic
mula of meat and vegetables.

ese two stews from the West Indies
lect, in their seasonings, the interest-
; mix of races and national origins of
; people who inhabit the Caribbean.
e ingredients include yams, squash,
d green bananas—all staples in the
st Indies.

e bananas must be completely green
over. Used this way, they somewhat
emble potatoes and take about the
ne length of time to cook.

ked Lamb Stew with Yams

- 2½ pounds boneless lamb stew meat, cut in 1½-inch cubes
- 2 medium-sized onions, chopped
- 1 or 2 cloves garlic, minced or mashed
- 1½ teaspoons ground coriander
- 1 teaspoon oregano
- ½ teaspoon ground cumin
- ¼ teaspoon *each* ground ginger and cloves
- 2 tablespoons soy sauce
- 1 cup hot water
- 6 to 8 medium-sized yams or sweet potatoes
- 6 medium-sized carrots
- 3 green bananas
- ¼ cup flour
- 1 can (14½ oz.) pear-shaped tomatoes
- Salt and pepper to taste

t the meat into a baking dish or cas-
ole (about 9 by 13 inches). Distribute
onion and garlic around the meat in
dish. Sprinkle with coriander, oreg-
o, cumin, ginger, and cloves. Drizzle
er the soy, then pour over the water.
ver tightly with foil or a lid and bake
a 425° oven for 1½ hours. After
out 1¼ hours, put the yams into the
en around the casserole.

eanwhile, peel carrots and cut into
ick diagonal slices. Score the bananas,
el, and cut into chunks about the same
e as carrots.

emove meat from oven after 1½ hours
oking and stir in flour, blended smooth
th some of the tomato liquid. Add the
matoes and remaining liquid, carrots,
d bananas; stir to distribute evenly.
ver dish again and continue baking
r about 30 minutes, or until meat and
getables in the stew are tender and
e yams are baked.

aste the stew and correct seasoning
ith salt and pepper, if needed. Transfer
a serving dish or bring to the table in
e casserole. Pass the baked yams sepa-
tely to eat with some of the flavorful
ices from the stew spooned over.
akes 6 to 8 servings.

Green Banana Stew

- 8 ounces (about 3) chorizos sausages
- 2 pounds beef stew meat or boneless pork shoulder, in 1½-inch cubes
- 2 medium-sized onions, chopped
- 1½ teaspoons ground coriander
- 1 teaspoon salt
- About 2½ cups water
- 2 sticks whole cinnamon
- 1 bay leaf
- 3 tablespoons lime juice
- 1½ pounds banana squash or other winter squash
- 3 green bananas
- Hot boiled rice (optional)

Remove casings from the chorizos and crumble into a large Dutch oven. Cook, stirring, over medium-high heat until the fat begins to come out. Add the beef or pork; cook and stir until lightly browned all over. Add onion, coriander, and salt; cook until onions are limp. Then stir in the water, cinnamon, bay, and lime juice. Cover and simmer gently until the meat is almost tender, about 1¼ to 1½ hours.

Cut the squash into about 1½-inch cubes and cut off peel. Also peel the bananas (score the peel if difficult to remove), and cut into chunks about the same size as the squash. Add squash and bananas to stew and continue cooking until they are tender but still hold their shape, about 20 minutes more, adding a little more water if needed.

Skim off any excess fat and serve over rice, if desired, in wide soup bowls or deep plates. Makes about 6 servings.

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Flaming desserts...an introduction

Putting food to flame, an artful touch, is also a simple scientific procedure. But to the uninitiated, there are questions as to how to begin and what to do.

First, here are the answers. Then, to exemplify these basic fiery techniques, we offer three flaming desserts based on tender, eggy crêpes.

Why flame foods?

The first reason is the obvious one of showmanship: The fire draws attention and creates undeniable dramatics.

The second reason is more subtle, yet more important: Delicate flavor essence remains once the alcohol burns away.

What liqueurs will burn?

The flammability of a liqueur is directly related to its alcoholic content, and somewhat to its sugar content. Any liqueur containing 20 per cent (40 proof) alcohol or more will catch fire (to determine per cent, divide the proof rating by 2). This includes most Sherries, Vermouths, and Madeiras. Flavored liqueurs such as Kahlua, crème de menthe, and crème de cacao are about 50 proof or more. And there are the beverages usually considered for flaming—brandy, kirsch, rum, and all others that are 80 to 150 proof.

The more alcohol a beverage contains the longer it will burn; and liqueurs with sugar content will burn slightly longer than nonsweet liqueurs of the same pe cent alcohol.

Volume loss is directly related to th amount of alcohol that burns. Flame Sherry will lose just a little volume whereas 150 proof rum may practicall disappear (not only does the alcoho burn away, but it heats the remainin liquid enough to evaporate it, too).

How do you get liqueur to burn?

The fumes burn, not the alcohol. To re lease enough fumes to start a fire, yo must heat the liquid quickly, most pec ple have trouble igniting a liqueur be cause they do not heat it enough or hea it too slowly. The most vigorous fire occur when the liqueur is actually boil ing; fumes tend to self-ignite over a flame

This is the procedure we recommend Measure the liqueur into a small, long handled pan (such as a butter melter o metal cup), place on direct heat (range top or tabletop burner), and heat quickl until bubbling or bubbles are beginnin to form at edge (if you are heating ove a flame, the liqueur may catch fire eve sooner); then hold a burning match clos to the surface.

Pour the burning liqueur at once into o over the foods to be flamed. To maintai the flame and burn as much alcohol a possible, constantly agitate the mixtur by stirring or shaking the pan. If the pa is wide and shallow, over heat, and th ingredients are bubbling, this create maximum activity and the flaming wi be quite vigorous. Keep container in a open area. The alcohol flame is blue an hard to see unless the room is darkenec You can burn yourself if you don't kee hands, face, and clothing out of it.

Why not pour the liqueur over the food and then flame it?

In some cases you can flame liqueur once they are mixed with food, but is tricky and we find the above metho far more reliable. However, if you ar cooking with a small amount of butte or other fat, and there is only a trace o liquid, you will probably be able to flam the liqueur-fat mixture once it is heatec Other cooking mediums dilute the alcc hol too much.

Crêpes

1 cup milk
3 eggs
⅔ cup regular all-purpose flour (unsifted)
About 4 teaspoons butter or margarine

In a blender combine milk and egg then add flour. Cover and whirl smoot

Now serve the coffee once grown exclusively for The Royal Family of Hawaii.

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Keep those cards and letters coming in, folks. Send your questions or comments to:
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We heated two dog foods to find out who's got the meat and who's got the mush

(Actual unretouched

We heated a can of ALPO for five minutes, stirred it, and ended up with chunks of beef and meat by-products.

Then we took a can of one of our leading competitors. They claim to be chunks of meat and meat by-products. We heated their can for five minutes, stirred it, and all the chunks turned into mush.

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blend eggs and milk with a wire whip, add flour and mix until smooth).

ce a 6 to 6½-inch crêpe pan (or other bottomed frying pan of this size) medium heat. When the pan is hot ¼ teaspoon butter and swirl to coat ace. At once pour in about 1½ espoons of the batter, tilting pan so er flows quickly over the entire flat ace. If the heat is correct and the hot enough the crêpe sets at once, ning tiny bubbles (don't worry if e are a few little holes); if the pan oo cool, the batter makes a smooth er. Cook crêpe until the edge is lightly wned and the surface looks dry.

ause this crêpe tears easily, use this nique for turning: Run a wide spat- around the edge to loosen. Lay spat- on top of crêpe and invert with pan, ning the crêpe out into the spatula. en guide the crêpe, uncooked surface vn, back into pan and brown lightly. n crêpe out of pan onto a plate.

peat this procedure to make each pe; stir batter occasionally and stack pes one atop another. If you do not them within a few hours, package ight when cool and refrigerate as long a week, or freeze for longer storage. ow crêpes to come to room tempera- e before separating, as they tear if d. Makes about 16 crêpes to use in following recipes.

tter Cream Crêpes with Jam. Com- e 4 tablespoons soft butter and 1 cup sifted powdered sugar and beat until oothly blended; stir in 2 tablespoons n or kirsch. Spread butter cream nly over one side of each of 16 crêpes.

en drizzle about 2 teaspoons jam vn the center of each crêpe; use boy- berry or other tart berry jam with n-flavored butter cream or use apricot cherry jam with kirsch-flavored but- cream. Roll each crêpe around jam form a slender cylinder. Place rolls, e by side and seam side down, in a llow baking pan. Cover and chill un- ready to serve; then bake, covered, a 400° oven for 15 to 20 minutes or til crêpes in center of pan are warmed.

hen ready to serve set 4 tablespoons ated rum or kirsch aflame and pour er crêpes; with a long-handled spoon, le juices in pan over crêpes continu- sly (to prevent edges from singeing) til flame dies. Serve crêpes, if desired, h sweetened whipped cream. Allow or 3 crêpes per serving. Makes 5 to 8 vings.

êpes Café au Lait. Fold 12 crêpes each half, then fold in half again to form angles.

oose a shallow pan suitable for use at table such as a 12-inch frying pan 8 by 12-inch oval pan. (Flaming is st effective in a wide pan as the alco- l volatilizes more quickly.) Combine in it ½ cup firmly packed brown sugar, ⅛ teaspoon cinnamon, and ½ cup whipping cream. Bring to a full rolling boil, stirring. Turn heat low (or place over an alcohol or canned heat flame) and add folded crêpes to pan, turning each to coat with sauce. Set 6 tablespoons heated Kahlua aflame and pour over crêpes. At once ladle sauce continuously over crêpes with a long-handled spoon until flame dies; then simmer several minutes, stirring occasionally. Turn off heat and serve with sauce. Allow 2 crêpes for each serving. Makes 6 servings.

Ice Cream Crêpes with Flaming Blueberry Sauce. Fold each of 12 to 16 crêpes in half, then arrange them slightly overlapping in a shallow baking pan; cover. To heat, place, covered, in a 400° oven for about 8 minutes.

Make 12 to 16 small balls of ice cream and place on a flat pan; freeze solid. Transfer to a bowl at serving time.

In a saucepan blend together ½ cup sugar and 1 tablespoon cornstarch; gradually stir in ½ cup water. Add 1 package (10 oz.) frozen sugared blueberries, breaking apart, ½ teaspoon grated lemon peel, and 2 teaspoons lemon juice. Bring to a boil, stirring, and cook until sauce is thickened and clear.

Place sauce on low heat (or over an alcohol or canned heat flame) and assemble alongside the pan of hot crêpes and bowl of ice cream.

Set aflame 4 tablespoons heated kirsch or rum and pour into blueberry sauce; stir continuously until flame dies. For each serving place a folded crêpe on a dish, top with 2 ice cream balls, another crêpe, then ladle on hot sauce. Makes 6 to 8 servings.

How to create a cake with a frosting mix.

When you start with Pillsbury Create-A-Cake Mix, creativity comes easy. As easy as adding a Pillsbury Frosting Mix to create an original cake that's all your own. What makes Pillsbury Create-A-Cake Mix so special? It's the first cake mix specially made to let you add just about anything you can think of to make every cake you bake your own creation. It's easy. It's fun. (And on days when you don't feel like stirring up a storm, just follow basic package directions.) Why settle for merely baking a cake—when you can create a sensation with Frosting Mix and Create-A-Cake Mix. From Pillsbury.

Choco-Crown Turnabout Cake

1 package Pillsbury Yellow Cake Mix
1⅓ cups water
½ cup butter or margarine, softened
3 eggs
1 package Pillsbury Coconut-Pecan or Coconut-Almond Frosting Mix
1 envelope (1 oz.) pre-melted chocolate

Grease and flour 10-inch Bundt or tube pan. In large bowl, combine dry cake mix, water, butter and eggs. Blend and beat as directed on package. Reserve 2 cups of batter. Pour remaining batter into prepared pan. To reserved batter, add dry frosting mix and chocolate. Stir until combined; spread mixture evenly over batter in pan. Bake at 350° for 50 to 60 minutes. Cool 15 minutes. Remove from pan. Cool completely. High altitude: 5200 feet. Add 3 tablespoons flour. Bake at 375° for 45 to 50 minutes.

Fudge-Full Peanut-Butter Bars

1 package Pillsbury Yellow Cake Mix
1 cup peanut butter
½ cup butter or margarine, melted
2 eggs
FILLING
1 cup semi-sweet chocolate pieces
1⅓ cups (14-oz. can) sweetened condensed milk (not evaporated)
2 tablespoons butter or margarine
1 package Pillsbury Coconut Pecan or Coconut Almond Frosting Mix

In large bowl, combine cake mix, peanut butter, butter, eggs. By hand, stir until dough holds together. Press ⅔ of dough into bottom of ungreased 13x9-inch baking pan. Reserve remaining dough for topping. Prepare filling. Spread filling over dough in pan. Crumble reserved dough over filling. Bake at 350° for 20 to 25 minutes. Cool; cut into 36 bars. FILLING: In saucepan, combine chocolate pieces, milk, butter. Melt over low heat, stirring until smooth. Remove from heat. Stir in Frosting Mix.

Chocolate Caramel Cake

1 package Pillsbury Caramel Frosting Mix
1 package Pillsbury German Chocolate Cake Mix
1 cup water
4 eggs
½ cup nuts
CARAMEL TOPPING
Reserved frosting mix
½ cup nuts
2 tablespoons butter or margarin softened
3 tablespoons water

Grease and flour 13x9-inch pan. Measure ½ cup dry frosting mix; reserve remaining frosting mix for topping. In large mixer bowl, combine dry cake mix, ½ cup dry frosting mix, water, eggs and ½ cup nuts. Blend and beat as directed on package. Pour into prepared pan. Bake at 350° for 30 to 40 minutes. Remove from oven and cool 15 minutes. Spread with topping. TOPPING: In medium saucepan, combine reserved frosting mix, ½ cup nuts, butter and water. Stir over medium heat, until butter melts. Spread over slightly cooled cake.

Pillsbury Create-A-Cake Mix.

Some experiments with soufflés

st cooks are sufficiently captivated by aked soufflé that they rarely think of an ingredient. But with frozen souf- now available in most supermarkets, fun to consider uses beyond just bak- and serving.

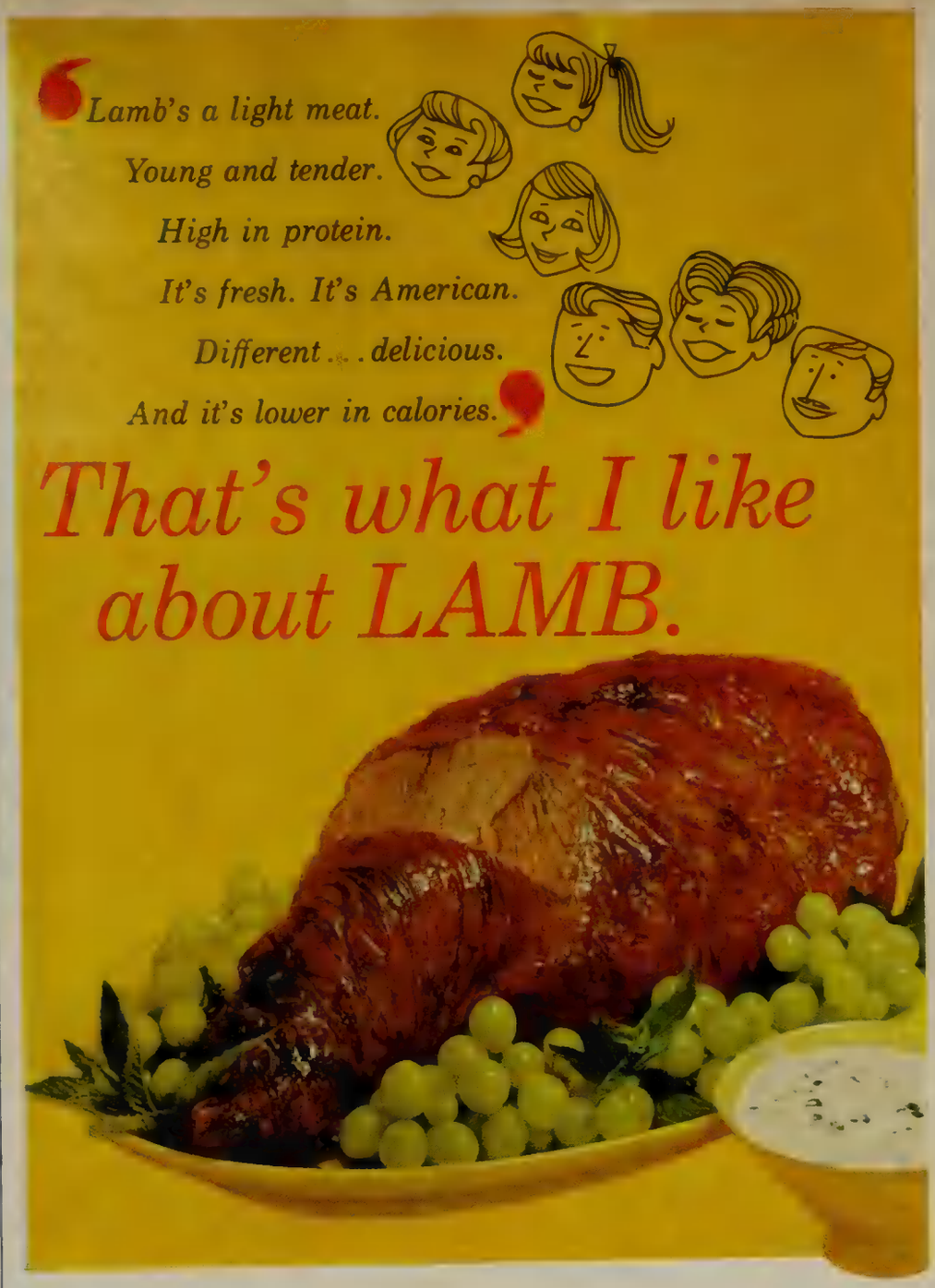
delicious possibility is to combine pinach or a cheese soufflé with a vege- e. There are few ways quicker to f a mushroom cap or a marinated choke bottom, or make a casserole.

eese Soufflé - Stuffed Mushrooms. sh and carefully remove stems from pounds (about 30) mushrooms, each to 2 inches in diameter. Dip cap sides nelted butter or margarine and place htly apart, cupped side up, in a shal- baking pan. Sprinkle with seasoned . Fill mushroom hollows evenly with ackage (12 oz.) thawed frozen cheese fflé. Sprinkle lightly with about 2 ta- spoons (total) grated Parmesan cheese. ce uncovered in a 400° oven for 20 nutes. Serve hot. Makes 6 servings.— *L., Atherton, Calif.*

ushrooms with Cheese Soufflé. Slice 1 und mushrooms through stems. Melt ablespoons butter over high heat, add shrooms, and cook, stirring, until limp l liquid evaporates. Flavor with sea- ned salt to taste and pour into a shal- 3 to 4-cup casserole. Spoon over the face 1 package (12 oz.) thawed frozen eese soufflé. Sprinkle with 2 table- oons shredded Parmesan cheese. Bake covered in a 400° oven for 25 min- s or until well browned. Serve at once. akes 4 to 6 servings.

inach Soufflé - Stuffed Artichokes. ain 1 large jar (24 oz.) or 2 medium- ed jars (13 oz. each) marinated arti- oke bottoms. Place, cupped side up, ghtly apart in a shallow baking pan. l artichokes evenly with 1 package 2 oz.) thawed frozen spinach soufflé. x 2 tablespoons fine dry bread crumbs th 2 teaspoons melted butter and sprin- very lightly onto the soufflé mixture. ke uncovered in a 400° oven for 20 nutes. Serve at once. Makes 6 servings.

tichoke Casserole with Spinach Souf- . Drain 2 jars (6 oz. each) marinated ichokes and arrange artichokes in a allow 3 to 4-cup casserole. Spoon over surface 1 package (12 oz.) thawed ozen spinach soufflé. Sprinkle with 1½ aspoons fine dry bread crumbs mixed th ½ teaspoon melted butter. Bake un- vered in a 400° oven for 30 minutes. rve at once. Makes 4 to 6 servings.



There's so much to like about it—shouldn't you have lamb every week? Try this recipe for a great-tasting leg of lamb.

LEG OF LAMB AMERICAN (*makes 8 servings*)

1 leg of lamb
⅔ cup grape jelly
¼ cup vinegar
½ teaspoon thyme
1 clove garlic, crushed
2 teaspoons salt
½ teaspoon pepper

Place lamb on rack in roasting pan. Roast uncovered in slow 325° oven 2 hours. Drain off drippings. Combine remaining ingredients and mix well. Pour over lamb. Roast 30 minutes or until meat thermometer registers 175° to 180° depending upon desired degree of doneness. Baste lamb with grape jelly mixture frequently as it roasts.

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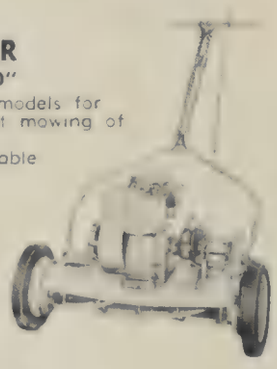

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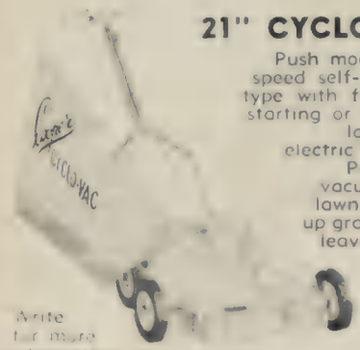

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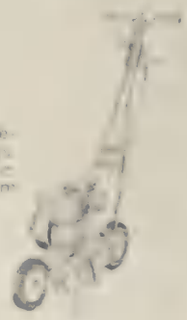

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DARROW M. WATT

Colorfnl, neat cubes *in this fruit compote are gelled kanten, here flavored with guava nectar and combined with Oriental canned fruits*

This seaweed gelatin is an Oriental cook's secret

The flavorless seaweed gelatin called agar-agar is a favorite dessert base among Oriental cooks. In this country it's more likely to turn up as a culture medium in the laboratory, but there's no reason to leave it entirely in the hands of science. Chinese and Japanese markets stock the brittle, translucent white or red sticks, called kanten or agar-agar.

Kanten resembles ordinary gelatin in many respects. You soften and dissolve it in water, sweeten and flavor it, then allow it to chill until set. But desserts made of kanten have a texture that is quite different from gelatin. Cubes of the gelled kanten that are firm enough to be cut with sharp edges, as above, are surprisingly tender when you bite into

Sticks *of kanten resemble cellophane; break and soak before heating*

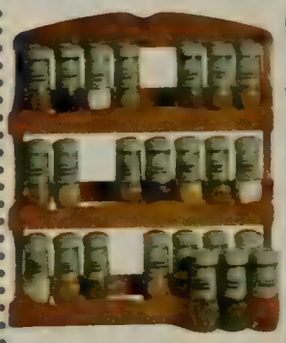
Gourmet cooks are sweet on Schilling Gourmet Spices

's crystal clear what makes a great ook. You can see right through her asoning secrets. Just look for a sparing array of Schilling Gourmet Spices the ones in the show-off decanter ottles. Turn over a new leaf. Or a seed an herb or a spice. Add something electable to your Schilling collection e next time you shop.

PEACHES ZANZIBAR FLAMBÉ

- 1 1-lb. 14-oz. can sliced peaches
- 1 3-inch piece Schilling Fancy Stick Cinnamon
- 6 Schilling Fancy Whole Cloves
- ¼ teaspoon Schilling Lemon Bits
- ¼ teaspoon Schilling Mace
- ⅛ teaspoon salt
- 2 tablespoons sugar
- 6 drops Schilling Red Food Color
- 1 tablespoon Schilling St. Vincent Arrowroot
- 1 teaspoon Schilling Pure Vanilla
- ¼ cup brandy (or orange extract may be substituted)

Drain syrup from peaches into skillet or blazer pan of chafing dish. Add cinnamon, cloves, lemon bits, mace, salt, sugar, and food color. Bring to a boil, then simmer 5 minutes. Mix arrowroot with 1 tablespoon water; stir into syrup and cook, stirring until thick and transparent. Stir in vanilla; add peaches and heat a few minutes longer. Pour brandy over peaches and ignite. Stir gently until flames subside. Serve over ice cream, waffles, crêpes, or angel food cake. Serves 6-8.



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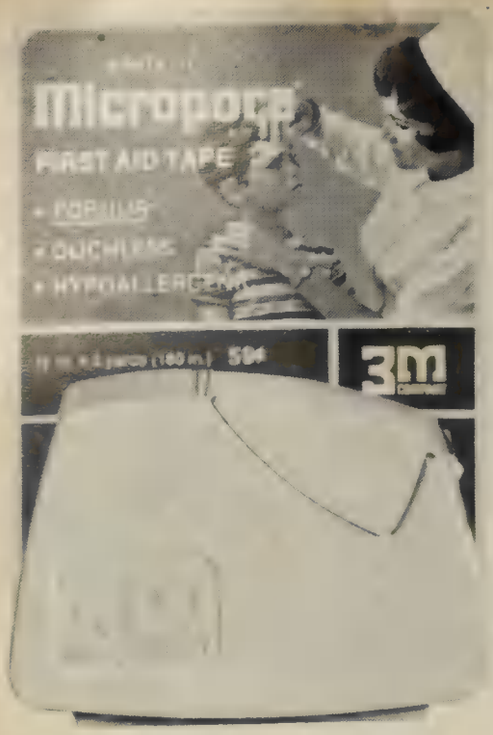

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GUARANTEED PARENTS' MAGAZINE

DARROW M. WATT

Unmold *the gelled kanten, then cut with a sharp knife into squares with straight, crisp sides*

them. Also, kanten can stand at room temperature without melting or becoming soft as gelatin does.

By varying the amount and type of liquid and flavoring used, you can make a variety of interesting desserts. They range widely from those with soft custardlike consistency to chewy confections.

These two fruit-flavored kanten desserts cut nicely into cubes to pile into dessert dishes and serve plain or topped with sweetened whipped cream.

You might serve the orange-grapefruit kanten with fresh segments of the same fruits. Or combine the guava kanten in a compote of Oriental canned fruits, such as loquats, crisp Japanese pears, and mandarin oranges.

Orange-Grapefruit Kanten

2 sticks (¼ oz. *each*) white kanten (agar-agar)
2 cups water
1½ cups sugar
1⅓ cups fresh orange juice
⅓ cup fresh grapefruit juice
1 tablespoon lemon juice

Break the kanten sticks in chunks and put into a saucepan with the water; stir to moisten. Let soak 30 minutes.

Set the pan over medium heat; cook, stirring, until kanten dissolves. Add sugar and boil gently, uncovered, for 15 minutes, stirring often. Remove from heat and add orange, grapefruit, and lemon juices; stir to blend. Quickly pour mixture through a wire strainer into a 9-inch square pan. Cool, cover, and refrigerate. When it is firmly set, run a sharp knife around the edge and turn out of pan; cut into 1-inch squares. Makes 6 to 8 servings.—*K. I., Richmond, Calif.*

Guava Kanten. Follow recipe above, substituting red kanten for the white; omit the orange and grapefruit juices and use instead 1 can (12 oz.) guava nectar.—*K. T., Menlo Park, Calif.*

The Chinese word for agar-agar is *dai choy goh*. A favorite Chinese way to use it is in a soft custardlike dessert made with milk and flavored with almond. For a colorful garnish, you could top each serving with a whole strawberry.

Creamy Almond Kanten

1 stick (¼ oz.) white kanten (agar-agar)
3 cups water
1 cup sugar
3 cups milk
1 teaspoon almond extract
Finely chopped crystallized ginger or toasted, slivered almonds

Break the kanten sticks in chunks an put into a saucepan with the water; st to moisten. Let soak 30 minutes.

Set the pan over medium heat; cook stirring, until kanten dissolves. Ad sugar and boil gently, uncovered, for 1 minutes, stirring often. Remove fro heat, add milk and almond extract, an stir well. Pour mixture through a wir strainer into 8 or 10 sherbet glasses. Coo cover, and chill. Sprinkle with ginger almonds before serving. Serves 8 to 1 —*G. Y., Sunnyvale, Calif.*

These bright, chewy candies keep a wee or more if refrigerated.

Peppermint Kanten Candy

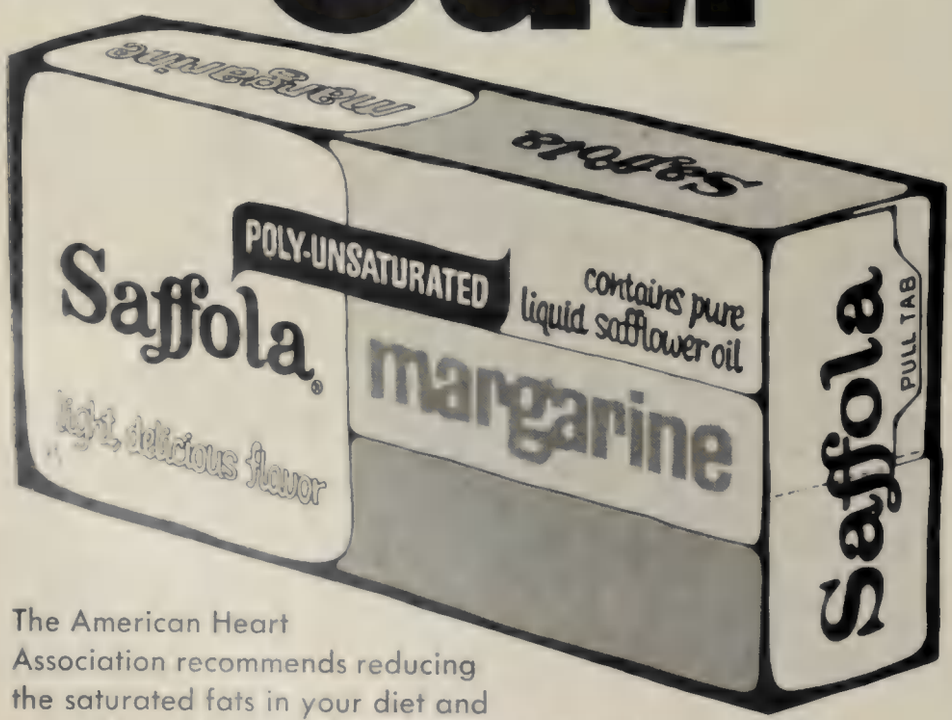
2 sticks (¼ oz. *each*) white kanten (agar-agar)
1¼ cups water
2 cups sugar
⅛ teaspoon salt
½ teaspoon peppermint extract
Green food coloring
Powdered sugar

Break the kanten sticks into chunks ar put into a saucepan with the water; st to moisten. Let soak 30 minutes.

Set the pan over medium heat; coo stirring until kanten dissolves. Add sug and salt; boil gently, uncovered, for 1 minutes, stirring often. Remove fro heat and stir in extract; tint a delica green with food coloring. Pour mixtu through a wire strainer into a greased by 5-inch baking pan. Cool, cover, ar refrigerate. When it's firm, loosen edg of candy with a sharp knife. Turn out pan onto a board generously dusted wi powdered sugar. Cut into about ¾-in cubes. Roll each cube in powdered sug Makes about 5 dozen candies.

On June 24, our home economist Marge Johnston baked 3 Betty Crocker cakes. Then she cut a thin slice out of every ne. She did this to prove to the world that all Betty Crocker kes are so moist and rich bodied, you can slice them this in without crumbling. Atta girl, Marge.

Don't eat your heart out.



The American Heart Association recommends reducing the saturated fats in your diet and increasing poly-unsaturates. So why not switch to Saffola margarine? This good-tasting spread is made with Safflower oil. And light, golden, Safflower is the *highest in beneficial poly-unsaturates—and lowest in saturated fats.* Try Saffola soon—we've got your best interest at heart.

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DARROW M. W

Serve *chilled coffee flan in wedges; spoon over golden caramel sauce*

Caramel on top, coffee flavor insid

We bypass tradition in this flan, as a de rich coffee flavor unites with the golc caramel-coated custard. You can prep this make-ahead dessert using either l uid coffee concentrate (see page 118) regular instant coffee.

Coffee Flan

First make a hot water bath for the fl Set a 9 by 1¼-inch pie pan in a sligh larger pan. Fill the outer pan with j enough hot tap water to come up to rim of the pie pan; hold down the pan so it won't float. Then remove pie pan and put only the pan of wa in a preheating 350° oven.

In a small frying pan over moderate he melt ⅓ cup sugar; shake and tilt pan stead of stirring to melt the sugar even Once melted, the sugar will caramel quickly; immediately pour into the inch pie pan. Tilt pan quickly to let sy flow over bottom and slightly up side

Beat together 6 eggs and 7 tablespoc sugar; add 1½ cups milk, ½ cup liq coffee concentrate (or 4 teaspoons re lar instant coffee dissolved in ½ c water), ½ teaspoon vanilla, and ¼ t spoon cinnamon. Set caramel-lined p in hot water bath in oven; pour in egg mixture. Bake in a 350° oven 20 minutes, or until a crevice about inch deep forms when you gently p custard with back of a spoon at a po halfway between pan rim and center pan. Remove pan from hot water ba chill. When cold, loosen custard e with a knife. Cover pan with a rimm plate and hold together; invert flan o plate. Serves 6.

When the pork chop casserole has to be just right, use the rice that can't go wrong.

You use pepper-mill pepper.

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FRUITED PORK CHOPS

8 lean loin pork chops, ½- to 3/4-inch thick
Salt and pepper
1 tablespoon shortening
½ cup chopped onion
2 tablespoons butter
1-1/3 cups Minute Rice
1-1/3 cups water
1 cup diced, peeled tart apples
1 cup diced orange sections
1½ teaspoons salt
1/8 teaspoon pepper
1/8 teaspoon poultry seasoning

Season chops with salt and pepper; brown in shortening. Drain. Sauté onion in butter. Combine with remaining ingredients in greased, shallow 2-quart casserole. Top with chops. Cover; bake at 350° about 45 minutes or until chops are tender. Garnish with sautéed apple slices and parsley, if desired. Serves 4 to 6.

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COOKING WITH A WOK: Which wok and what other tools?

hich wok to buy? This may be your estion if you have shopped for one ely, or if our story that begins on page tempts you to try wok cooking.

r greatest versatility, buy the larg- and heaviest wok you can handle sily, for you can cook a small amount food in a big wok, but not the reverse. e that's about 14 inches across the top good for most women; a man might efer a 16-inch wok.

u can choose between woks with one oden handle or the more common o-handled type. A two-handled wok s better balance and tips less easily, t a wooden-handled wok is easier to anipulate with one hand.

f the woks pictured here, those at top t and lower left are made of rolled el. This steel is an excellent conductor heat, but it will stain and rust like an n frying pan. After using a steel wok r steaming, you will always have to ean some rust out of it. Some foods, e tomatoes and eggs, cooked in it may scolor or have a metallic taste. Even , these woks are best for stir-frying d sautéing, and are used by most pro- ssional cooks.

oks made of stainless steel are easy to ean and always rust-free, but this metal es a rather poor job of spreading heat ross its surface—it gets hottest in the ots in direct contact with the heat. owever this is not a problem when eaming, or frying in deep fat, or sim- ering a soup. The wok at bottom right our picture is stainless steel with a copper bottom; copper improves the heat distribution, and we achieved fairly good results when stir-frying in this pan.

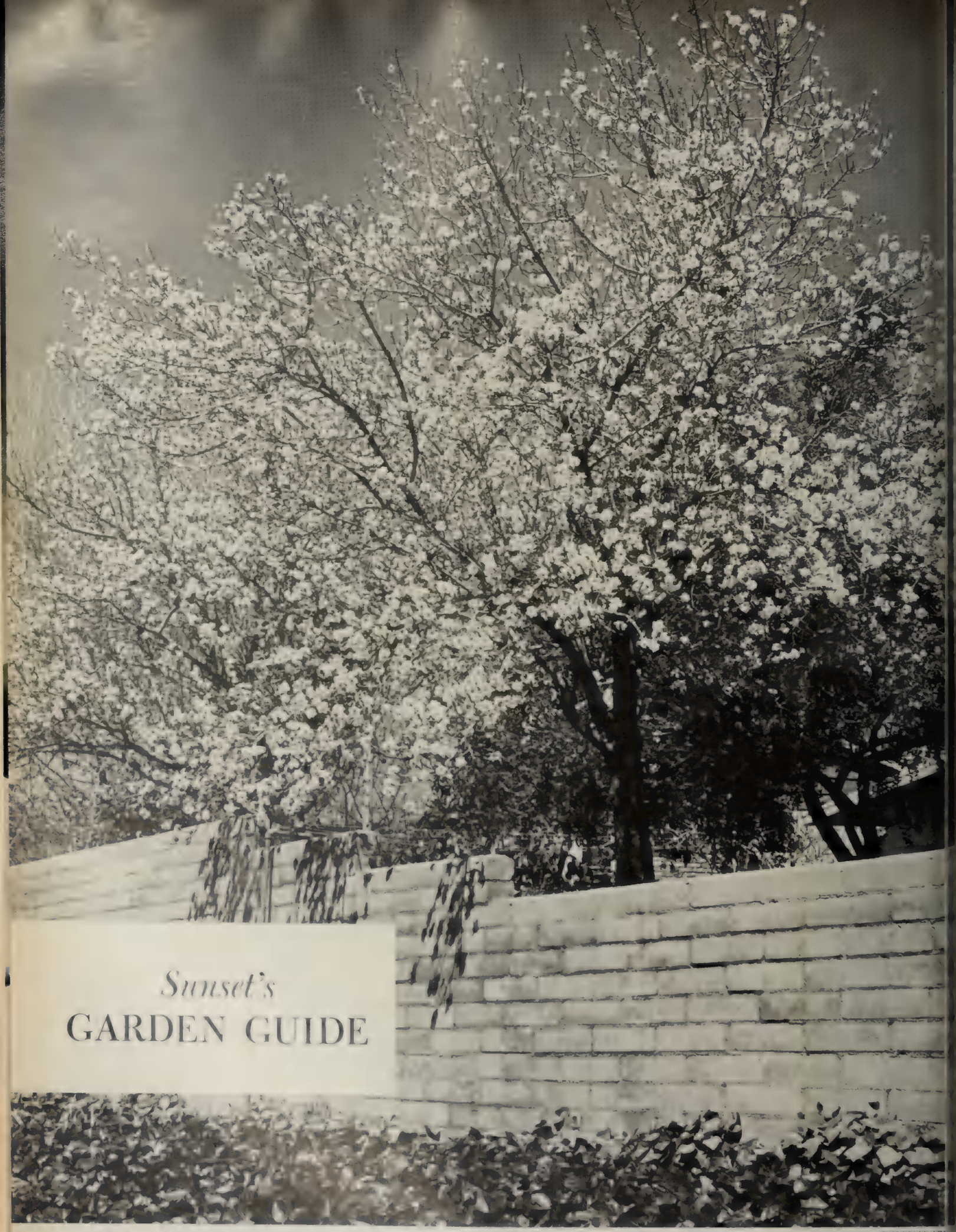
Because inexpensive, lightweight woks are available now in stainless steel or chrome-lined steel, you might consider buying one to use for steaming and moist-heat cooking. Then you can keep your rolled steel wok for frying and sautéing only, and it will become increasingly well seasoned as you use it—just as an omelet pan does.

Before using a rolled steel wok, rub it lightly with salad oil and put it into a 375° oven for about half an hour. Remove, cool, then scrub thoroughly.

The heavy bamboo brush shown below is an efficient tool for cleaning a wok after use. Other accessories are described in the caption.

DARROW M. WATT

Array *of woks and accessories with approximate price range (major items only) rounded to nearest dollar:*
1. *Rolled steel wok, 14-inch ($5-$7); lid ($3-$4); ring stand ($2-$3); cake rack for steaming*
2. *Bamboo steamer, 10-inch; trays and lid ($5-$6 each)*
3. *Steamed-dish retriever*
4. *Bamboo scouring brush*
5. *Wire ladle, screen-wire skimmer*
6. *Rolled steel wok with wood handle, 14-inch ($5-$7)—shown with chopsticks, ladle, turner*
7. *Stainless steel wok, copper bottom, 14-inch ($12-$15)*



Sunset's
GARDEN GUIDE

WILLIAM AP

The almonds blossom early

In late February, bare-branched almond trees burst into a flurry of white blossoms, like this 10-year-old, 20-foot-high 'Nonpareil' almond, the best all-round variety. Set out young bare-root almonds now; plant two varieties to get fruit set

FEBRUARY IN YOUR GARDEN:

Hurry up the winter chores... spring is very soon

ɔruary can be the end of winter or beginning of spring. If the weather ns fair and warm, hurry to complete ıter tasks before the dormant season ls. Finish dormant spraying, decidu- ; pruning, and bare-root planting. rseries will soon have all their bare- ɔt trees, shrubs, and roses in contain- , so do winter bare-root shopping now /ou haven't already.

ware of a false spring, however; don't h to set out or prune tender plants :ause February weather often includes ple rain and cold spells. If the soil 't too wet, begin preparing beds for ing planting of annuals, perennials, nmer-flowering bulbs, and vegetables. ed all well established plants except st-tender ones now. Watch for the t appearance of slugs, snails, and ıids.

ıke newly planted trees

ıen you set out bare-root or balled d burlapped trees this winter, be sure stake them or support them with guy ·es. Young trees need immediate sup- rt because their roots are quite short d bare, or (in the case of balled and ·lapped trees) confined to a fairly small ɔt ball. There are no anchor roots to ɔport the tree when the soil is rain- urated and strong winds are blowing.

is combination of wet soil and wind ı cause much damage. The tree may knocked over completely. Or its roots ıy be prevented from growing out o the surrounding soil because the :king action of the wind keeps ripping :m loose.

ait to prune ɔst-damaged plants

an exceptionally heavy frost kills and ıckens some of your plants' leaves and ms, don't rush for the pruning shears. ıe injured material, which is usually ar the top of the plant, insulates un- maged foliage underneath and pro- :ts it from subsequent frosts.

so, the true extent of frost damage is not always immediately apparent. If you're patient until March or April, you may discover new growth sprouting from stems you thought frozen. Or if the wood is dead but roots are undamaged, plants will still come back in the spring.

Disbudding rhododendrons

Check rhododendrons this month—some have exceptionally heavy bloom when young and may need disbudding now so that flower trusses in April and May won't be crowded or lopsided. Disbud by pulling off all smaller buds except two or three loosely surrounding the big center bud. (See the photograph below.) This allows remaining buds to open fully and, as a bonus, gives you exhibition type blooms.

Any large-trussed rhododendron, especially many of the hybrids, can benefit by disbudding. These varieties tend to have exceptionally large bud clusters: 'Blue Peter,' 'Cotton Candy,' 'Idealist,' 'Mrs. Furnival,' 'Pink Pearl,' 'Vulcan,' and the forms of Naomi.

One caution: Before you disbud rhododendrons, check how much vegetative growth the plant made last year. If it has set many buds but this past year's growth is short and stubby—much less than the usual 6 inches—the plant is in trouble. It probably needs replanting. Dig it up, shake out the root ball, and loosen soil surrounding the hole. Then replant and disbud severely.

Forsythias in February

If you have forsythias in your garden, watch them begin to bloom this month. The bare branches of this deciduous shrub produce bright yellow star-shaped flowers from now through April; then medium green leaves appear.

If you don't have forsythias, now is also the time to plant them bare root (although plants growing in containers can be planted almost any month). Forsythias are easy to grow. They tolerate most soils but prefer good drainage; give them a sunny location, water moderately, and feed when the plants seem to need it.

Forsythias grow fast, reaching up to 8 feet in a few years. Give them plenty of room as a screen, bank cover, or shrub border. Each year after bloom, cut out all the dead and weak wood, and cut back to the ground one-third of the branches that have just finished blooming. Or prune gradually now, while the plant is flowering, and use the branches for indoor arrangements. Well budded branches also can be forced to bloom indoors several weeks early.

1971 All-America Selections

Six flowers and one vegetable came out on top in this year's All-America Selections. You may want to try them when you plant your spring garden.

'Peter Pan Plum' and 'Peter Pan Pink' are similar dwarf zinnias, 12 to 14 inches high, with large double flowers 3 to 4 inches across. They're easy to start from seed and have a long, early-starting bloom season. 'Peter Pan Plum' is lavender-rose or plum-colored; 'Peter Pan Pink' is coral-pink with tones of salmon.

'Queen of Hearts' *Dianthus chinensis* has clusters of single scarlet flowers 1 to 1½ inches across on a 12 to 15-inch-high plant. It produces mass bloom through summer and fall, and may winter over in mild climates.

'Southern Belle' *Hibiscus moscheutos*

DON NORMARK

Disbud *heavily-budded rhododendron trusses by breaking off buds that crowd center one. Be careful not to break smaller vegetative shoot*

Sunset's GARDEN GUIDE

GLENN CHRISTIANSEN

Five-foot-high, *chunky-stemmed jade plant is 10 years old but needs only small container. Clustered flowers are pink, star-shaped*

grows 5 to 6 feet tall with huge 7 to 10-inch single flowers of crimson, red, rose, pink, white, or white with a red eye. It blooms well from seed the first year if started indoors.

'Little Darling' snapdragon grows about 12 inches high, with open-faced blooms in a color mixture that includes true yellows and scarlets. It withstands windy locations well and has a long, early season of bloom.

'Silver Puffs' is the first true dwarf hollyhock, growing only 2 feet tall. Fluffy double flowers are a delicate silvery-pink. It blooms the first year from seed, but for earliness, start plants indoors.

'Early Xtra Sweet' is a hybrid sweet corn that retains its high sugar content much longer than other varieties. It grows 5 to 6 feet high; ears are 7 to 9 inches long.

Winter bloom from jade plant

Some of the prettiest flowers in winter belong to the jade plant (*Crassula argentea*), which continues blooming until April. As shown in the photograph at the left, a jade plant provides a stunning flurry of soft pink flowers and makes a topnotch container plant.

The foliage of this succulent is handsome year round; leaves are thick, fleshy, oblong pads, 1 to 2 inches in length and bright glossy green. You can easily prune and shape the sturdy, gray branches into a bonsai-type form for a cleaner, less-crowded look. Some pruning is necessary to prevent the plant from becoming top-heavy and falling over.

Jade plants are extremely versatile. Grov them out-of-doors, where they begi blooming in three or four years and ma reach as high as 9 feet, or grow them in side as house plants, where they tak longer to bloom and stay much smalle They won't survive temperatures belo 25°, however, so in colder winter are keep them indoors in the winter, the move them outside for summer.

Other than temperature, jade plants mak practically no demands on the gardene They grow in almost any soil and in an location, sunny or shady. With goo drainage, they accept frequent or spar watering.

Attention garden clubs!

Sunset is happy to print announcemen of your special events—shows, pla sales, garden tours. But we must have th necessary information three months advance of the month in which you wa the notice to appear. Fact sheets yo send in must include: name of ever name of sponsoring agency, date, hou place where the event is held (includi a street address), and admission charge if any.

Garden events

February and March. Camellia sho sponsored by various clubs and associ tions. See page 174 for details.

February 6. San Francisco. Pruni workshop by the San Francisco branc American Fuchsia Society. Place: H of Flowers, Golden Gate Park. Time: to 4 P.M. Free.

FEBRUARY CHECK LIST: *Here's what needs doing*

☐ **Annuals.** Fall-planted annuals need feeding now; most will start to bloom heavily within a few weeks. You can plant such hardy, spring-blooming annuals as calendulas, English primroses, pansies, snapdragons, stock, and violas.

☐ **Azaleas.** Nurseries have azaleas in bloom this month. Trim and shape established azaleas in your garden while they're in bloom, and apply a complete acid-type fertilizer after flowers fade. Insure against burning plants by fertilizing twice as often as label recommends with half the dosage.

☐ **Bare-root planting.** February is a prime month—and usually the last one—for bare-root planting. Hurry, because nursery stock is dwindling.

☐ **Bulbs.** You can plant nearly all spring and summer bulbs now in mild-winter areas. Make successive plantings at three-week intervals to extend the flowering season through the summer.

☐ **Camellias.** More different kinds of camellias bloom in February than in any other month; take advantage of the large nursery stock. Do any transplanting of camellias while they're in bloom; they're dormant then, until new growth starts.

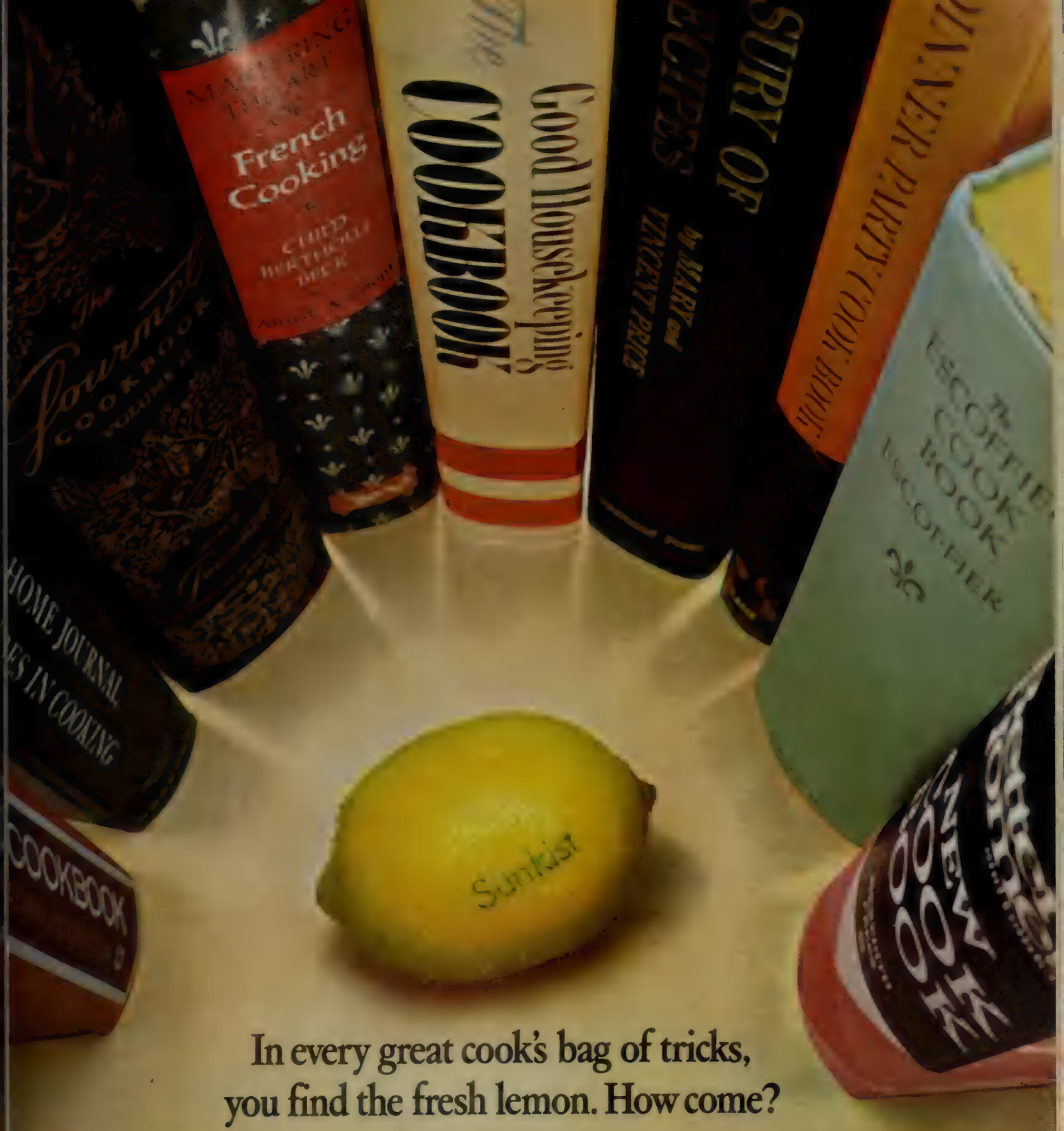
☐ **Lawns.** Apply a complete lawn fertilizer this month so grass will grow vigorously during warm spells and give weeds less opportunity for a foothold. If crabgrass was a problem last summer, now is your last chance to apply one of the pre-emergence crabgrass controls; wait for warmer weather before applying controls for broad-leafed weeds.

☐ **Pruning.** Finish dormant pruning of fruit trees, berries, and roses, but don't prune spring-flowering trees until they're in flower, or just after flowers fade.

☐ **Snails and slugs.** Apply bait or spray to control snails and slugs as soon as minimum night temperatures rise above 40°.

☐ **Soil preparation.** Add a soil conditioner or organic matter to soil in which you will plant this spring. Let it weather in the rains; then when soil is dry enough, work it into the ground. A 3-inch layer of soil amendments mixed into the top 9 inches makes an airy, moisture-retentive soil.

☐ **Spraying.** Complete dormant spraying of deciduous fruit trees and rose bushes. Be sure to wet all surfaces; spray again if heavy rains follow your application.



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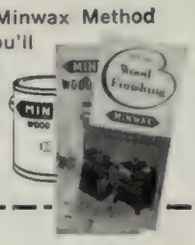

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Three vegetables that come back

DARROW M. WATT

Roots *of rhubarb, asparagus, artichoke*

While the radish may be the fastest vegetable you can grow, the artichoke, asparagus, and rhubarb are the slowest. You may have to wait a year for your first harvest. But, unlike the radish, these perennial vegetables will thereafter produce crops for years with little attention.

February is a good time to plant all of them and nurseries should have roots available.

The perennial vegetables are also decorative. The large elephant-ear leaves of the rhubarb, the gray foliage and graceful form of the artichoke, and the ferny mature stalks of the asparagus make them candidates for the flower garden instead of the vegetable patch.

An edible thistle

You can grow artichokes in many areas, but they do best where they are grown commercially, along California's foggy coast from San Francisco to Santa Barbara. In other areas the harvest will be smaller and you'll have to take some extra precautions. You won't see many artichokes in the Northwest because they must be babied through the winter.

If you live near the coast, plant them in full sun. In hot inland areas they can take part shade, but don't plant under a tree—artichokes don't like competition for food and water. Where temperatures often go below freezing, protect the plants in winter with a heavy mulch of straw and leaves.

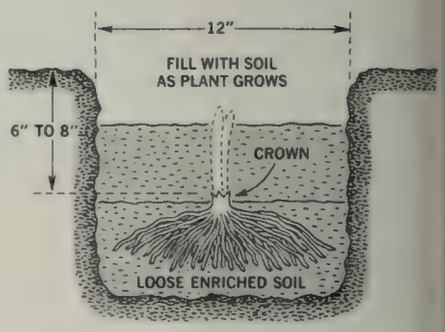
For a small family, plant three or four roots 4 to 6 feet apart (mature plants can yield 40 to 50 artichokes under ideal conditions). Soil should be rich and fast draining. The finished soil level should come to just below new growth buds on the root. Artichokes are high-water-intake plants: Water thoroughly once a week or more during periods of rapid growth. Where plants grow all year, feed with a complete fertilizer high in nitrogen in the fall; in cold-winter areas feed in spring. Hoe out all competing weeds.

Along California's cool-summer coastal areas, you can harvest between September and May, and possibly year around. For the rest of California, harvest comes quickly in late spring or early summer. Don't wait too long or the buds will approach the flowering stage and become quite inedible. In the Northwest, harvest between midsummer and fall. After each stalk has given up its last artichoke, cut the stalk back to its base.

Asparagus is worth it

Many people avoid growing asparagus because they've heard it's lots of work. It does take a little more effort to plant asparagus than most vegetables. But after planting, all the plants need is water and a little fertilizer. And they will produce crops for as long as 15 years.

Plant asparagus in rows 4 to 6 feet apart. Dig a trench 1 foot wide, 8 to 10 inches deep. Fill the trench with 2 to 4 inches of organic matter (this could be ground



bark, leaf mold, or well rotted manure). Cultivate the organic matter into the bottom of the trench (see diagram above). Fill the trench with water to soak soil thoroughly.

When the trench is no longer muddy, set the roots so that tops are 6 to 8 inches below ground level, 12 inches apart. Cover root tops with 2 inches of loose soil. Water to dampen new soil and roots. In the spring when growth starts and skinny shoots appear (they will resemble market asparagus), gradually fill in the trench until shoots and soil are at ground level. Never cover tips of these shoots.

In the rainy Northwest or wherever soils tend to drain slowly, there is danger that roots may rot. So instead of digging a trench, work organic material into soil about a foot deep and plant roots 1 or 2 inches deep. Next fall cover with 2 inches more soil, and do the same the following year. The roots by then will be covered with 5 or 6 inches of soil. Using this method, you will have to put boards around the rows or gently slope soil up to raised area as shown on next page.

Whichever method of planting you use, the care afterwards is the same. Feed

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t in the oven for thorough
ning during the self-clean
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ning around the frame
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Before you buy any electric range, read the fine print.

When is rye pumpernickel?

Both pumpernickel and rye are made from the rye berry. The ryes vary according to the grind of the rye berry and the blend of dark, medium, and light rye flours, and the addition of whole wheat or white flour. When the whole rye berry, roughly cracked, is the main ingredient of the loaf, then rye is pumpernickel.

Oroweat Bavarian Pumpernickel follows the traditional European recipe. A simple bread of great elegance. The inviting aroma comes from its leavening of sour dough and a little yeast — and the whole rye berry. Its moist, firm texture is the result of slow, gentle, long-time baking in cherrywood frames.

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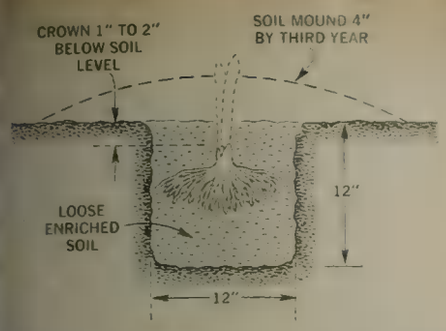

ith a complete fertilizer high in nitro-
en when plants put on a growth spurt—
sually around midsummer. Don't har-
est spears the first year. The second
ring you can harvest for two to three
eeks until spears become skinny. It is
nportant to leave some spears so they
n become ferny stalks; these encourage
e roots to build up a supply of food for
ext year. Keep watering after harvest
ntil fall when top growth browns, then
t back to the ground.

arvesting for the third year and there-
ter can last from 8 to 12 weeks. Al-
ays cut asparagus below ground level
ut at least 2 inches above the crown. A
ecial, manufactured asparagus knife
ill help you harvest.

he pie plant: rhubarb

hubarb will grow practically anywhere.
must have a dormant period, so it does
st in cooler winter areas. In milder cli-
ates you can force it to go dormant in
mmer by withholding water.

wo to four roots will supply a small
mily with lots of rhubarb pies and
uces. You could plant as many as 12
ubarb roots, but make sure you really
e rhubarb.

hubarb grows best in a deep, rich soil
at drains rapidly. If your soil doesn't
eet these requirements, add up to one-
lf organic matter to the planting area.
ant roots 3 to 4 feet apart, with the
pery leaf bases sticking out of the
ound.

hubarb needs lots of water when
owth starts in spring. During the first
ason, feed when the plant is growing
fastest, somewhere between spring
d midsummer. About a cupful of com-
ete fertilizer high in nitrogen will do.
the fall mulch with manure. After the
st season, feed when growth starts.

gin harvesting the second spring. Only
e long, succulent leaf stalks are edible;
e leaves are poisonous. Don't pull off
the stalks. Leave enough to keep the
ant growing vigorously. Cut off all
wer stalks at the ground before they
t seed. Setting seed devitalizes the
ants.

after the first season of growth, you
d that in your area the rhubarb foliage
esn't die back in winter, stop watering
July and let plants die down. In Sep-
nber, begin watering again and feed.

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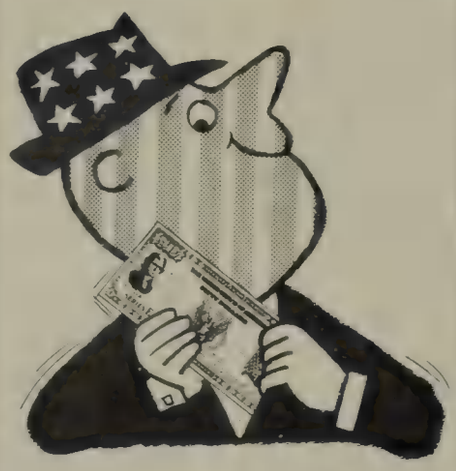

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Big container plants add interest to indoor spaces, soften outdoor house lines

Dwarf *mandarin orange comes into a well lighted room. In picture at right*

GLENN CHRISTIANSEN

Podocarpus nagi *is elegant indoor-outdoor entry plant, good in sun or shade*

Pleasant, interesting, useful things ha pen when you bring large contain plants indoors or near the house.

The plants become architectural; but l cause they're alive and constantly chan ing, they aren't hard and rigid like animate architectural forms executed

Bamboo *screens dining area from kitchen door. 5-gallon cans set in boxes of rough-cut 1 by 12 redwood, mitered for 10¼-inch inside*

he same tree is used on a balcony.
old areas, place it outdoors only in summer

Fruit-laden *'Minneola' tangelos on either side of glass wall of entry. Roof protects outside plant*

k, concrete, stone, wood, or other ctural materials.

hitecture itself is softened and en- ced by green, growing plants. Con- ers may be unusual, such as the s bowl on the wooden stand; or ex- ely simple, like the clay pot holding the mandarin orange—or the wooden boxes made to hold 5-gallon cans of bamboo which live indoors or out as the occasion requires. The important thing is to achieve a compatible relationship between plant, container, and situation. Our pictures hint at the variety of plants you can rotate between indoors and outdoors, or keep indoors all the time. In summer, when temperatures vary little inside and out, you can move house plants into bright shade on a wind-protected patio or terrace. In colder areas, bring them in around Labor Day.

nix roebelinii, *Boston fern, foreground; Billbergia ns, Ficus benjamina over stairwell. Clivia (see page 72) s nearby. Robert Chittock, landscape architect*

DON NORMARK

Chamaedorea elegans *(Neanthe bella) in 9-inch pot set in brass bowl. One of best indoor palms, it grows easily in poor light, with crowded roots*

DON NORMA

Two-inch tops *of beet, turnip, and carrot leaf out like magic when set in an inch of water and placed by window*

Indoor planting adventures for children

Avocado seed *rooted in water can be planted when sprout measures 5 inches*

There are ways to introduce children the wonder, surprise, and continuing a venture of planting at any time, even i doors on a dreary, do-nothing day. I up to the parents to get things starte but after that one can let the childr have the fun of carrying out their ov simple projects.

For instance, let them plant seeds ready in your kitchen, like lentils. the seed from a lemon, orange, or grap fruit. And the top inch and tuft of leav from a pineapple makes a pretty spik leafed plant when set in a shallow di of water.

Some projects are bound to be sho term; bird seed in a wet sponge or lent in a plastic egg carton can't be expect to last for months. However, they a fine for very small children who want see results in a hurry when they pla seeds. Such gardens of tender shoots th begin growing in a couple of days w last at least as long as most preschoole

ng a wet *natural sponge in a*
ny window, sprinkle on bird seed.
er it sprouts, water this way daily

tils *planted on moist soil in*
tic egg carton will send up tender
n forest in about two days

rest span. And the green shoots from ils can be cut off and tossed in a salad added color.

wise to supply young gardeners with ood soil mix: most variety and garden es carry sacks of potting soil. And, n it comes to finding containers, a d's imagination may surprise you. s without saucers, glass jars, muffin , plastic food containers, even broken s are candidates.

ending on the age and interests of children involved, you may think of y additional indoor planting proj- . Consider bulbs as well as seeds, and the tips nipped from your indoor ts and rooted in water—philoden- ns, coleus, and angel-wing begonias.

add to your child's sense of accom- hment as an indoor gardener, give a sunny, low window sill to set his t on, where it can be seen, admired im and his friends, and easily taken of.

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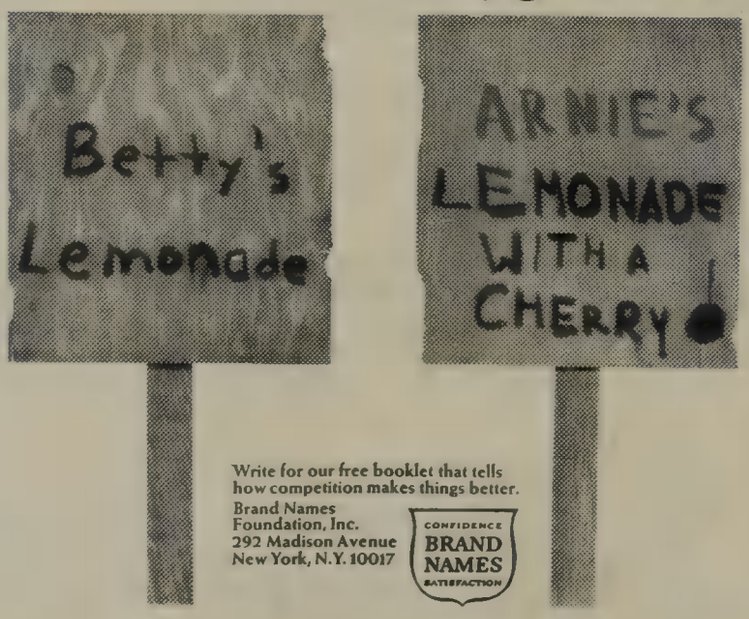

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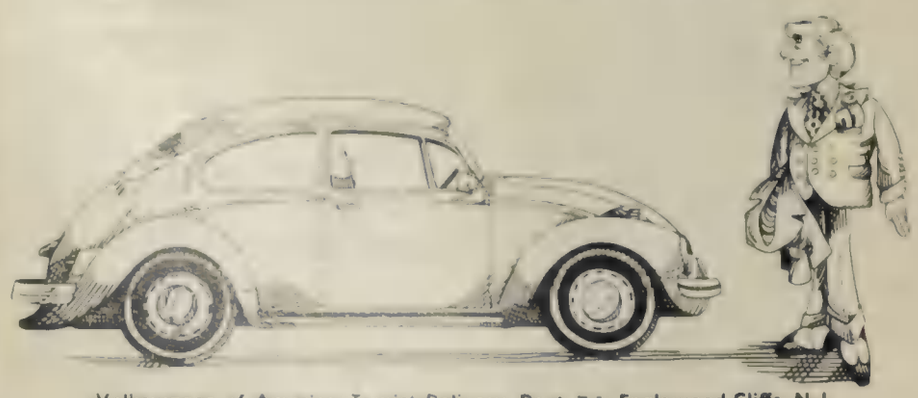

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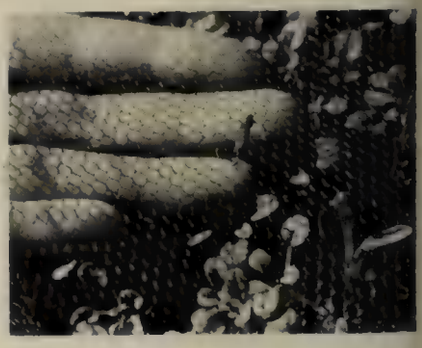
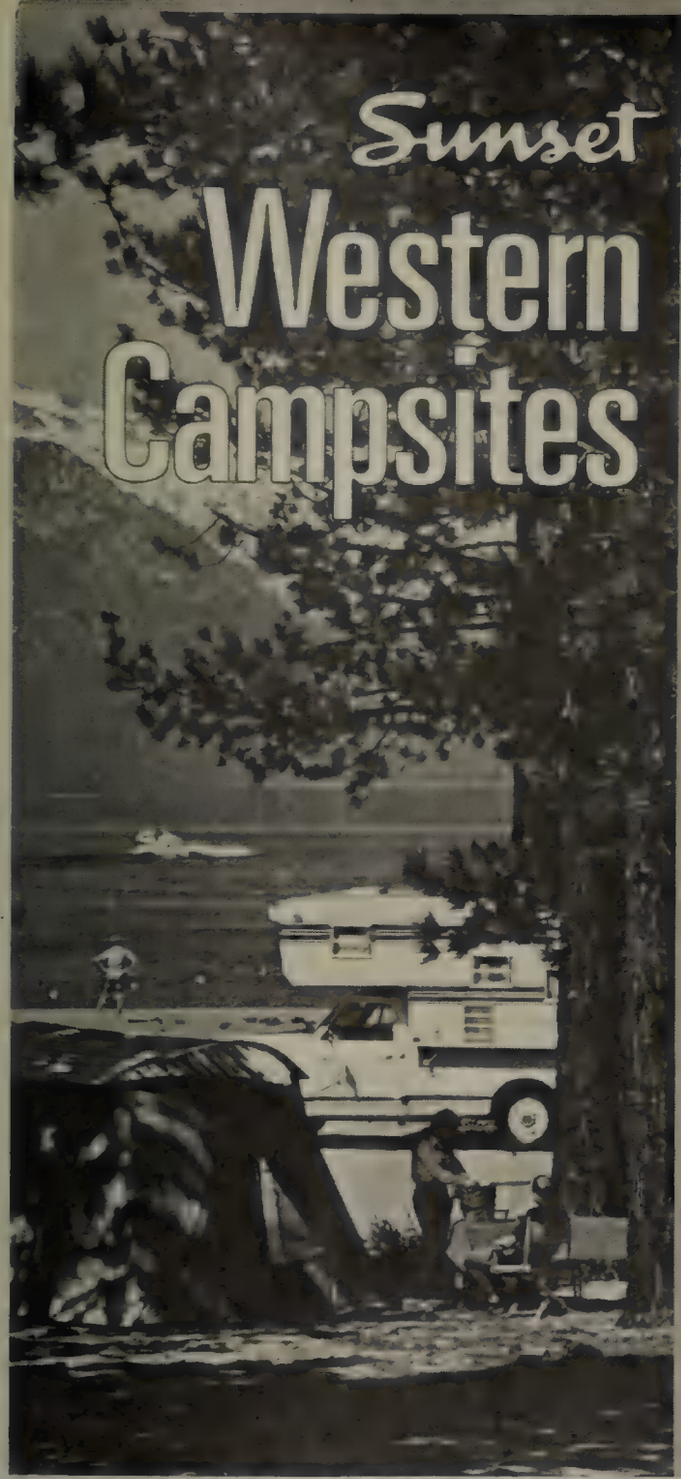
If birds are your main problem or the area you want to protect is irregularly shaped, a screen of nylon mesh is a good choice. Loosely cover seedbed with netting and peg down edges with long nails. You'll find the mesh at fabric stores.

DARROW M. WATT

Sturdy *protecting screen will prevent kitty from digging up young plants*



Close-up *view of nylon mesh spread over wildflower seedlings to protect them from raids by quail, sparrows*



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DARROW M. WATT

Pollen-filled *male catkin cluster appears at base of new shoot on Canary Island pine. At right, cloud of tiny pollen specks swirls up with gust of wind*

What are those yellow clusters on my pines?

In late winter or early spring you may notice bright yellow clusters on the branches of pines or other conifers. If you are not wise in the ways of trees, you may have wondered what they are.

The clusters are male flowers. They release large amounts of pollen when wind or other forces move the branch. The buoyant pollen drifts with air currents and some reaches the female flowers on the same tree.

Generally these clusters of male catkins develop at the bases of new, young shoots on the lower branches of the tree. Female flowers (the eventual cones) are usually on last year's shoots more towards the upper portion of the tree. Thus the pollination process depends on hit-or-miss air currents to swirl and lift the pollen to the open, fleshy scales of the female flowers.

After receiving the pollen, these sca close immediately, but actual pollinati doesn't take place until the followi spring. Then the cones begin to gr rapidly, their scales turn hard a woody, and they usually ripen at the e of the second year.

The male catkins shrivel, turn brow and fall off soon after they release th pollen.

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	7:30a	—	8:32p	—
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Above, planting day, 1965. *Deodars in boxes, junipers in 5-gallon cans. Rocks and soil left from grading make mound you see behind man at right*

WILLIAM APLIN

At right, street view, today. *Deodars reach 20 feet and more, hide much of house. Junipers in front. Wood paving in parking strip, along drive*

They live within and behind a six-year-old forest of deodars

In a six-year-old Thousand Oaks neighborhood of lawns and young shade trees, the front garden of the L. K. Smiths stands as something of a landmark—"the place with all the big deodars."

The deodar cedars have already reached the size and crowded state where they look like a natural forest. To complete the scene, the garden includes several things found in a forest: rocks, low plants at the edges (*Juniperus horizontalis*), a sunny patch of grass (on the mound). Mr. Smith, a landscape architect, also chose the wood paving for its rustic natural look.

The deodars take care of themselves much like forest trees. An inch or two of fallen needles works as a mulch to keep water in and weeds out. Close spacing of the trees (5 to 8 feet apart), competition among roots, and reduced light available to each tree all combine to force tall and slender growth. There just isn't room for any of the trees to spread 40 feet wide, like a single deodar.

Mr. Smith helps the trees stay slender by trimming back wide-ranging side branches. He has completely pruned off some of the larger low branches.

The small mound at the center of the deodar grove had a practical purpose at planting time. It was easier to pile rocks and extra fill soil there than haul it away. Now, Tifdwarf Bermuda grass creeps over the mound and spreads into sunny spots nearby, even into cracks in the wood paving (where it is left, not pulled out, for the natural effect). Because of the rocks, the Bermuda has never been mowed; Mr. Smith trims it with lawn clippers once or twice a year.

The front garden is on a regular watering schedule during the hot months. About every two weeks, one of the Smith children fills the watering basins around each tree and juniper. In such shallow rocky soil, the Bermuda on the mound needs water at least twice as often.

Looking into *deodar grove from house. Rocks look as though they'v always been there. Boys walk on m of unmowed Tifdwarf Bermuda gr*

Looking back *toward house from grove. Rocks, Bermuda, wood paving in foreground. In background, more deodars screen neighbor's house*

Wood paving *leads from sidewalk to house: 3 by 6's laid in sand, nailed together. Bermuda has crept into cracks*

Strong, musky fragrance, big bursts of white flowers, and February is its month

DARROW M. WATT

Planted eight years *ago when 3 feet high, fast-growing evergreen Michelia doltsopa is now 12 to 14 feet high, half as wide. At left are three of the magnolialike white blooms, each 5 to 7 inches across with green to yellow centers*

A scarce but impressive sight this month is the evergreen tree *Michelia doltsopa* bursting into magnolialike bloom. It's scarce because michelia is still little known and rarely planted, although it's slowly becoming more available. And it's impressive because michelia produces such huge, fragrant, profuse, white flowers that few trees can equal it.

A native of western China and the eastern Himalayas, michelia is related to the magnolias, as its flowers suggest. They resemble those of some of the Oriental magnolias but are borne profusely among the leaves near branch ends, instead of at the very tip of the branch. Flowers have a strong, sweet, musky fragrance; they are 5 to 7 inches wide, with 12 to 16 longish, 1-inch-wide petals. On the tree they last nearly two weeks after opening, but make poor cut flowers.

Like many of the magnolias, michelia is a low-branching, shrubby tree. It's usually cone-shaped but can be pruned to other forms. Height is a towering 80 to 90 feet in its native land, but here the tree may not grow beyond 20 to 40 feet (ultimate height in this country is not known). When young, michelia grows reasonably fast.

The leaves are thin, leathery, and d green; they measure 3 to 8 inches l and 1 to 3 inches wide. Michelia is ev green, but older leaves turn a pleasa contrasting yellow before shedding. (T decompose much faster than the st born leaves of evergreen magnolias.) chelia makes an extremely handso ornamental; use it anywhere you mi use a deciduous magnolia but want evergreen instead.

Plant michelia in deep, rich, well drai soil. Give it plenty of water during summer so that the soil never dries (It seems quite resistant to sunburn kept well watered.) Keep the shall roots cool with a 2 to 3-inch mulch. the winter, trees will take temperatu down to 21° without damage. Few any, pests bother it.

If you want to see michelia in blo this month, the Strybing Arboretum San Francisco's Golden Gate Park five, one nearly 25 feet tall. Or you buy michelia in 5-gallon cans now some nurseries. Trees will flower ab one to two years after planting.

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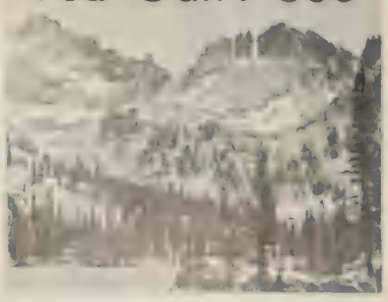

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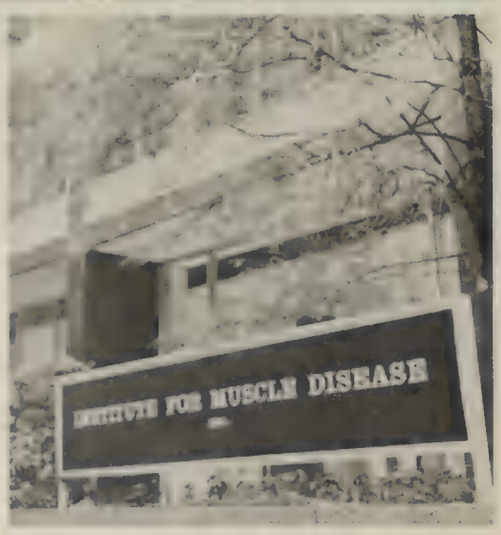

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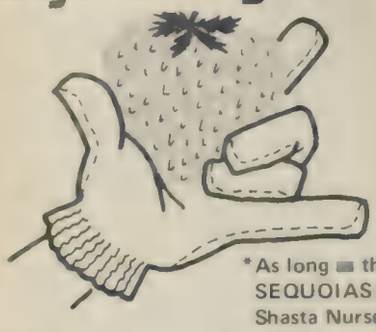

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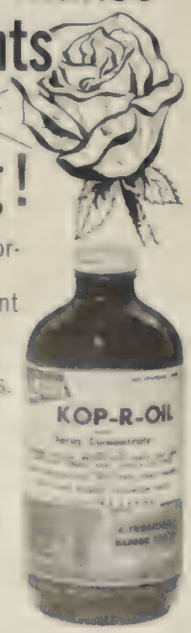

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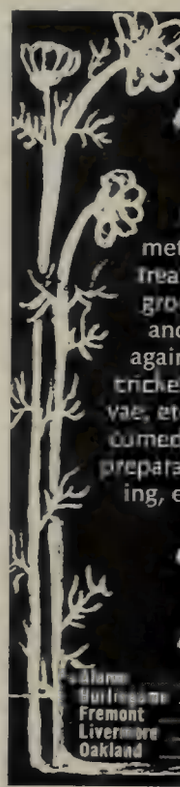

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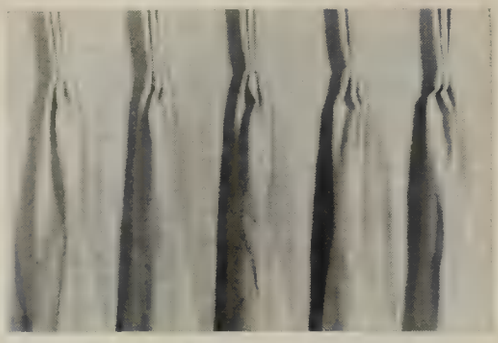

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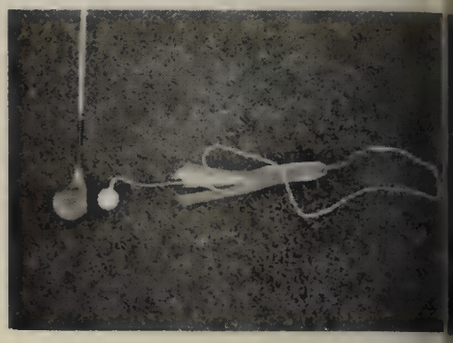

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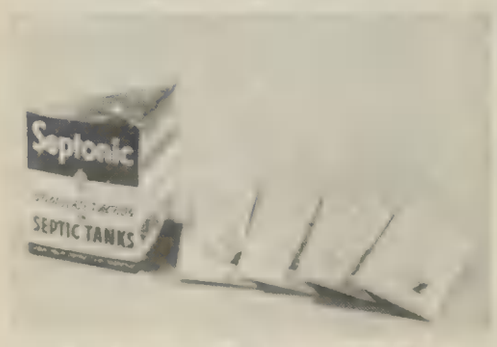

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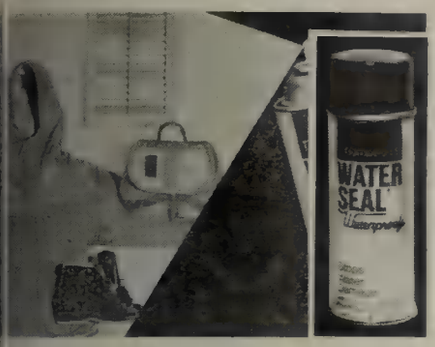

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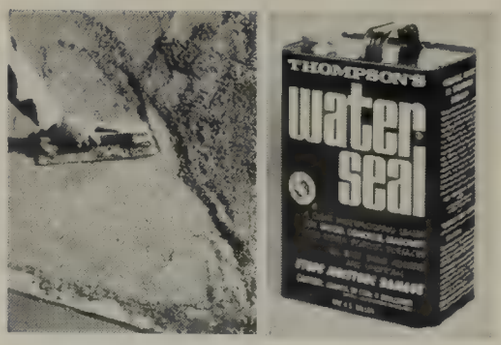

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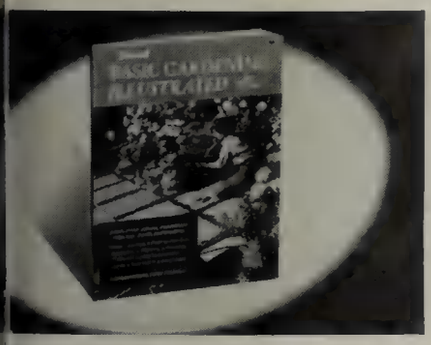

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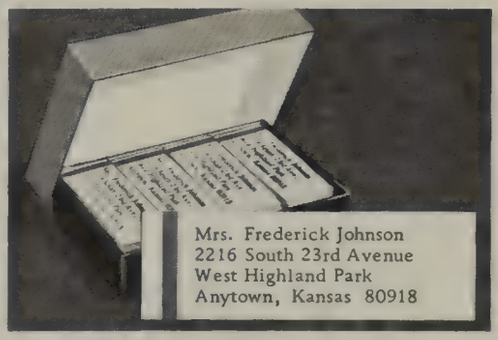

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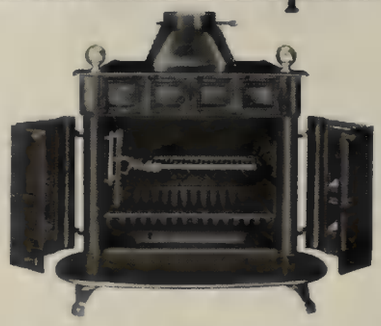

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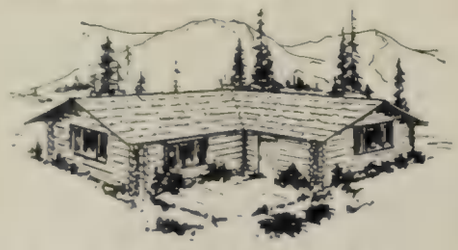

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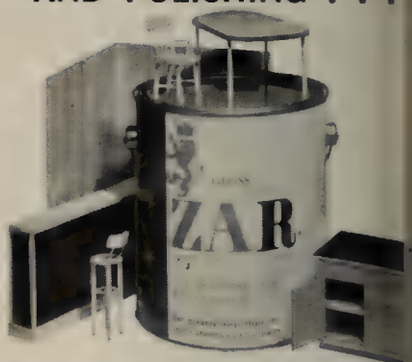

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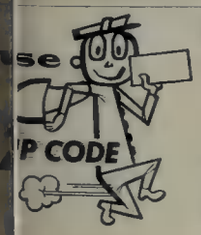

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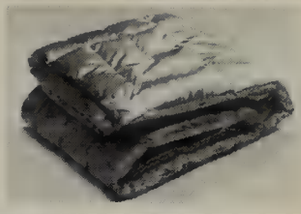

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Which Sunset do you read?

Near the top left corner of page 1, the edition of *Sunset* you are now reading is identified: Pacific Northwest, Central, Southern California and Hawaii, or Desert.

If you have been a *Sunset* reader very long, you know that The Magazine of Western Living is edited to serve only the residents of the nine Far Western states. But even within this limited region there are important differences in climate, in customs, in recreational opportunities, in availability of products and materials related to *Sunset's* fields of reporting—gardening, cooking, building, travel. Recognizing those differences, we "zone-change" portions of every issue in order to render as effective and localized service as we can.

Certain parts of the magazine are always tailored separately for each edition: the localized travel news that starts on page 3, for example, and the guide for gardeners that begins in this issue on page 154.

But zoning extends to major and special articles as well.

This month you will find on page 54—if you are reading the Southern California and Hawaii edition—the beginning of a 10-page report on the Santa Monica Mountains of Los Angeles and Ventura counties. If you are looking at one of the other editions, however, you will find on page 54 the opening of a six-page article on ski touring, followed by a four-page version of the Santa Monicas story.

Two other examples are the articles on kennel shows (page 30) and soaring (page 44). In both cases the opening pages are identical in all editions, but the listings that complete the reports change from one edition to another.

Elsewhere in this February *Sunset* there are other changes, as there are every month—sometimes in text, sometimes in charts or drawings or photographs, sometimes in complete articles.

It is now common practice among publishers, including *Sunset*, to offer zoning to advertisers. Some magazines have followed up this development with a small amount of zoned editorial material. With *Sunset* the sequence was reversed—and it happened a long time ago. We started producing three editions in 1932, to improve our *editorial* service; the fourth (Desert) edition was added in 1963 for the same reason.

In 1971 that objective is still the guide: to make *Sunset* more useful to the Western reader.

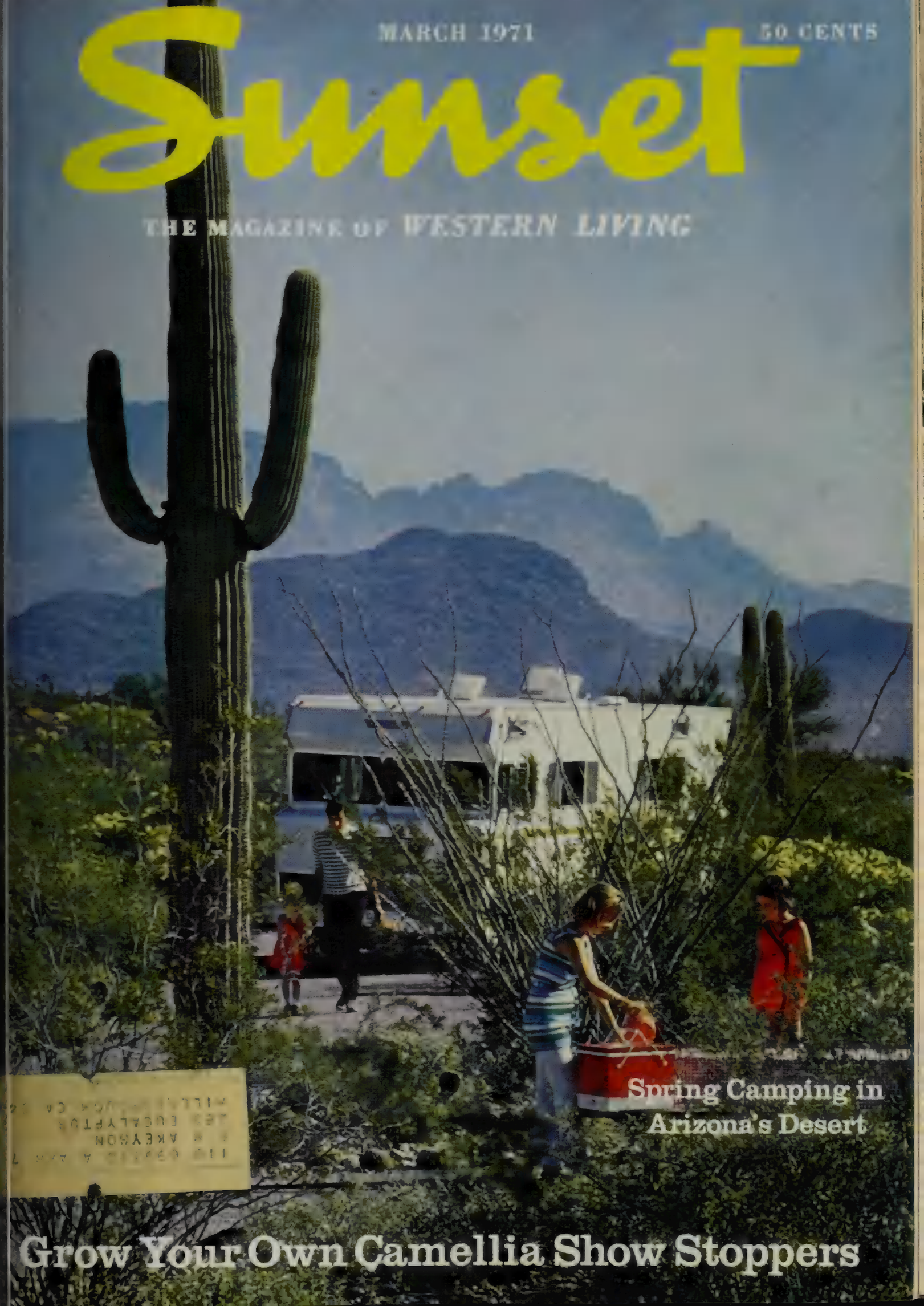
WINDOW ON THE WEST: Mammoth

Long, steep runs set against a backdrop of rugged peaks make Western skiing a distinctive experience from that of the East—and often, as at Mammoth Mountain on the eastern side of the Sierra Nevada, the slopes are only a few minutes from valleys thousands of feet lower and dozens of degrees warmer. The pair pictured at left is starting the descent off the back of Chair Lift No. 3 at Mammoth, where California's highest ski runs provide packed powder snow. In the distance are Banner Peak (left) and Ritter Peak.

MARCH 1971 50 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING



Spring Camping in Arizona's Desert

Grow Your Own Camellia Show Stoppers

A charming room with bath costs about $8 a night in this hotel on the Emperor's Canal.

You'll start where Americans are welcome whe you visit Amsterdam first.

Stroll past a small hotel where the American flag flies in honor of its gue Past a "telefoon" booth with instructions thoughtfully printed in English. And meet scores of Amsterdammers who treat you like a long lost friend.

No one can quite explain why the Dutch feel such a deep kinship with America, but you'll sense it immediately.

Instant friendships. We'll bet that if you order a drink in one of Surprising Amsterdam's little pubs, you'll be making friends with Amsterdammers within ten minutes. Your English is no handicap. Ninety percent of the Dutch have studied English in school. Most are so fluent that local theaters show American films with the original soundtracks.

The natives are helpful. If you should happen to lose your way among our canals and cobbled streets, ask any Dutch passerby for directions. You'll probably be surprised – not only by his command of English but also by how far he'll go to help you. He might even climb off his bicycle and walk ten blocks out of his way to guide a lost visitor.

The Americanized "telefoon." Even Amsterdam's corner "telefoon" booths were designed with concern for the bewildered American. Inside each you'll find English-language directions explaining how to dial, when to deposit your Dutch dime (about 2½ cents in U.S. money) and how to send a telegram.

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Sunset*
THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

Feature articles for March 1971

CENTRAL EDITION

A weekend cruise in between two work weeks 42
In the low desert, spring signals the time to camp 70
How to make bagels in interesting shapes and sizes 76
Window boxes do help an old building 78
Retics—the camellia show stoppers 82
Young sculptors at the beach 86
90 people plant almost 500 trees per hour 138
Four delicious ways to make "potatoes from scratch" 146
Is organic gardening easy? No. But it's possible 216

el

h travel in and
ond the West 3
on's far southwest river 28
r at San Miguel de Allende . . 32
s usually uncrowded 34
ado's historic train collection 38
exico—the new Metro 41
ou squeeze a weekend cruise
ween two work weeks?
u can 42
u plan to drive Baja 46
California state park open now 55
er island in the lava 57
aho's Bayhorse—old beehives 58
in's good-bye to shillings 62
ia bridge opens up winter
ch adventure for Portlanders 65
nd in 1971—more and earlier 67
erness outings—1971 choices . 69
desert camping 70
age in Pasadena March 14,
lesigners' look at tomorrow . . 80

ening

ow boxes do a lot for a building 78
s—the show stoppers 82
nd downs in the garden 92
nunity action: Tree planting . 138
h in your garden 198
le-digging improves soil
ce as deep 206
nboo comes invading 208
collector's corner 213
ganic gardening success easy?
. But it's possible 216
nt bonsai—pyracantha 218
nut—a house plant surprise . . 220
ng your own compost 224
nd cover for woodland setting 228
are March garden events 232

Letter from *Sunset:*
In search of campgrounds . 240

Food and Entertaining

This article tells you how to make bagels in interesting shapes and sizes 76
Soup and fish 90
*Sunset's Kitchen Cabinet** 144
Four delicious ways to make "potatoes from scratch" 146
A help-yourself salad plate 148
*Chefs of the West** 150
The Dutch oven for a hot picnic . . 154
Irish stew—and two other ways . . . 156
Flank steak—for the cook in a hurry 158
Extra nutrients in oatmeal cookies . 162
Seafood pies with crab or shrimp . . 164
A coffee-flavored "pound" cake . . . 166
The Western Kitchen 168
A big chuck roast comes home and then comes apart 170
March menus 173
Cold roast and shredded lettuce . . . 181
Coconut—in a flan, in a sherbet . . . 183
Spicy cookies in slices or squares . . 184
Fresh bean sprouts with seafood . . 186
Chocolate on top, chocolate inside . 188
Shortbread for your coffee break . . 190
Baking your own "health" breads . 193
Tongue—not all that mysterious . . 197

Building and Remodeling

Old tract house begins new life . . . 88
The Changing Western Home† . . . 98
Just look and reach into this open pantry 114
Cooler still a good idea 118
A low cooking island 121
Up the pole to their play loft 126

Workshop and Craft Projects

Young sculptors at the beach 86
Making baskets into tables 105
Vertical stripes hide and divide . . . 112
Sides are cedar, tops marble 122
How to transfer a *Sunset* pattern . . 131
Easy-to-make paper mobiles 137

Landscaping and Outdoor Building

Ups and downs in the garden 92
Swings, slide, playhouse 101
Grapestakes make a comeback . . . 111
Barrels and planter garden 132

Home Management

To use your fireplace safely 109
Waste containers out of sight 125
Plastic bins to put things in 128
Storage lots for trailers, campers . . 140

The Cover Story

The photograph on Sunset's cover was taken in southern Arizona's Organ Pipe Cactus National Monument, a fine choice for a spring camping trip. For a Sunset report on camping in the low desert of the Southwest, turn to page 70. Color photograph by Don Normark

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Nobody liked us.

And to hear the old-timers tell it, this was John Hertz's finest hour.

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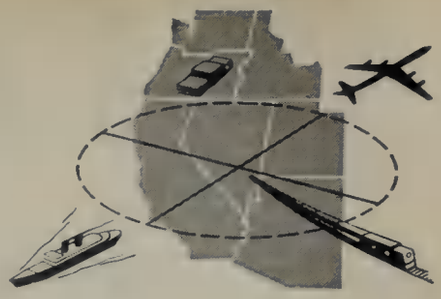

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ing through the Gold Country, pic-
asket laden with food, two *Sunset*
ies found the perfect spot for their
—a beautiful, grassy clearing in
oods by a bright stream. But it
on private property. Rather than forsake their ideal place, they drove to the farmhouse to ask permission to picnic, and in exchange for that privilege they offered to do some chores.

Offer accepted, permission granted, and two washed cars later, they had a grand picnic by the stream.

It doesn't always work out, but there's no harm in trying, and the effort can often turn a country drive and a picnic into an especially happy experience.

Sometimes you'll find people glad to let

delightful setting *is on private land. Picnickers offered work in exchange for permission to use it*

GERALD R. FREDRICK

Sunset

THE MAGAZINE OF WESTERN LIVING

March 1971

A difficult *choice: sorting out 250 photographs of bagel testers*

Art direction . . . the "right" photos

Forever experimenting, our home economists decided not long ago to try making bagels in some new shapes and flavors. As usual, they called on fellow staff members for their candid reactions.

During the testing, chief photographer Glenn Christiansen captured assorted expressions for posterity. Over a period of several days five volunteer tasters ate approximately 90 bagels and were recorded in the process on seven rolls of film. It then became art assistant Dennis Leong's job to select illustrations for this month's bagel story.

From more than 250 photographs, he chose 20 to be blown up into 8 by 10-inch prints for more critical evaluation. As the layout progressed, he narrowed down the choice to the three you see on page 76.

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you in; others may refuse you w cold or incredulous look. It never to offer something in exchange, a our friends. If you're so inclined your supplies are ample, you might invite your potential hosts to join

Acquaintances of ours were drivin the north coast of California when saw a knoll atop cliffs overlookin Pacific; the view was spectacular. A the land was private. But they wer termined not to give up without a t they drove in to the owner's h Within a few minutes they had o a bottle of wine and with their toasted the day and the view. And picnic on the cliffs was one they ways remember.

Religious arts festival

From March 11 to 28 the annual peninsula Religious Arts Festival present four events: a play, opera, concert, and art exhibit.

The Peninsula Religious Drama will perform Jean Anouilh's *The* a dramatization of St. Joan's h trial, at St. Bede's Episcopal Ch 2650 Sand Hill Rd., Menlo Park. tain time is 8:30 P.M. Thursday, F and Saturday on three consecutive ends beginning March 11. Admiss $2.50 for adults, $1.50 for student

The Musical Arts Foundation wil sent Handel's opera *Athalia* at Cov Presbyterian Church, 670 E. Me Dr., Palo Alto. It will play Friday Saturdays for three weekends begi March 12 at 8:30 P.M. Admissi $2.50 for adults, $1.50 for student

A massed choir will perform *The dren's Crusade*, by Gabriel Pierr Church of St. Albert the Great, Channing Ave., Palo Alto, at 3 P. March 14. Admission is $1 for a 50 cents for students.

Marc Chagall's lithograph series *Story of the Exodus* will be on disp Convent of the Sacred Heart, Valp Avenue, Menlo Park, March 15 th 28. Hours are 2 to 5 P.M.

Guide to Chinatown's restaurants

Even for San Franciscans who Chinatown often, at least one u tainty may persist—what, where, how to eat. Many play it safe and chop suey time after time in place place. Others may be too advent for their own palates and have a perience with exotic specialties that them off Chinese food for life.

But now there is a primer for eati Chinatown. It's a remarkably compr sive, entertaining, informative little called *Insider's Guide to Gourmet natown*, by William K. Gong, George Green and Alan Wong. It justifiably be subtitled "Everything

Sunset School & Camp Directory

SCHOOLS

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Also learn from World Champions
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W. Coast Rep: Max Dougherty (213) 332-2174

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isters ■ racially nondiscriminatory admissions policy

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DIRECTORY INDEX

SCHOOL AND CAMP DIRECTORY
beginning page 5
TRAVEL DIRECTORY
beginning page 9
FINE FOODS CUPBOARD
beginning page 160
GARDEN CENTER
beginning page 230
SHOPPING CENTER
beginning page 233

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Jeanie and Manny Vezie, Owners-Directors, Box 682, Marina del Rey, Ca. 90291. Telephone (213)-939-4646 — Member of ACA.

always wanted to know about Chinese food but didn't know how to ask."

The *Insider's Guide* lists each restaurant in Chinatown, its specialties, its prices, its idiosyncrasies. It has jolly little tidbits called "Insider's Tips" that vary from telling you how to ask for more tea (by placing the lid of the teapot in a certain position) to prescribing a cure for every possible disease (Tiger Balm).

The authors announce their top 10 choices among the restaurants, unravel the enigma of double menus, explain exactly what some of the food really is, provide a short glossary of Chinese terms, and offer a short explanation of the philosophy of selecting a Chinese meal. Dyum Sum, family dinners, etiquette, and famous waiter Edsel Fong are all discussed.

It's available in many bookstores. If you can't find it, write *Insider's Guide*, VCIM Publications, Russ Building, 235 Montgomery St., San Francisco 94104, enclosing $1.58.

New state park systems

The California Department of Parks and Recreation has simplified the choosing of campsites and making camping reservations in state parks.

The old campsite categories (A, B, and C) have been replaced by two new ones: Developed and Undeveloped. The change abolishes the distinction between Class A and most Class B campsites. Except for a few former Class B sites, Class A and B are combined in the Developed category—ordinarily including flush toilets, piped drinking water, showers, table, and stove. Class C will now be known as Undeveloped—campsites in an informal area with table and central water supply, normally with chemical or pit toilets, or a designated area without facilities. New fees are $3 per night for Developed sites, $1.50 per night for Undeveloped.

For fast reservation service, the state has contracted for a computerized reservation system (a previous computerized system ended last year when the company ceased its operations). You can now reserve through Ticketron. The computer can provide immediate confirmation of campsite reservations in most state park campgrounds and tour reservations for the Hearst San Simeon State Historic Park. You can reserve a campsite as much as 90 days in advance, or as late as the Tuesday before a weekend stay. You can get a ticket for a Hearst Castle tour from 60 days in advance to the day before you plan to go.

In northern California, Ticketron outlets are at Sears and Emporium stores as well as independent firms. To find an outlet near you, call (916) 445-8828.

For travel planners, a March check list

Caribbean Cruise. A new series of 7-day cruises aboard the M.S. *Song of Norway* leaves Miami every Saturday and sails for San Juan, St. Thomas, and Nassau. Fares start at $368 and include round-trip air fare from Los Angeles to Miami, meals, and entertainment aboard ship. A special feature on the June 12 sailing will be a 2-day shipboard workshop by the California Garden Club, Inc., on presenting standard flower shows. For details on the new cruises, see your travel agent. Details on the garden club program are available from Unravel Travel, Inc., 3450 Geary Blvd., San Francisco 94118.

Pacific horticulture. Two new paperback books, *Tropical Trees of the Pacific* and *Tropical Blossoms of the Pacific*, both by Dorothy and Bob Hargreaves (Hargreaves Company, Box 895, Kailua, Hawaii 96734; 1970; $2 each) are now available direct from the publisher. Each book contains more than 100 full color pictures, descriptions, and local names of tropical blossoms, or trees, commonly found on Pacific islands, including Hawaii, and in parts of Southeast Asia.

Desert wildflowers. Southern Arizona will be explored during a special 13-day desert wildflower tour April 4 through 16. Most of the areas visited will display typical Sonoran Desert vegetation. Included in the itinerary are Saguaro and Organ Pipe national monuments, a Papago Indian reservation, and Tumacacori Mission. The tour begins in Tucson and ends in Phoenix; the group will camp out during the trip. Tour cost of $250 (or $180 if you use your own car) covers transportation, meals, and the services of a guide. For details, write to Wampler Tours, Box 45, Berkeley 94701.

Skiing in Alaska. One of Alaska's newest and largest ski resorts is Mount Alyeska, about 40 miles southeast of Anchorage. Three new ski packages include double hotel rooms, unlimited use of lift facilities, and airport transfers. Cost for two nights, $42; five nights, $75; and seven nights, $110. A special round-trip air fare of $157 between Seattle and Anchorage is also available. For a brochure write to Kneisel Travel Inc., 1014 S.W. Sixth Ave., Portland 97204, or see a travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Sunset *School & Camp Directory*

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Fun of farm, forest, mountain, stream — whe Pomo Indians camped. Sleep in tee-pee tents stream — home of beaver, trout, turtles, frog **Western, English riding, tennis,** NRA riflery, arc ery, farm chores, building, drama, crafts, ecolog nature; swimming, fishing, sailing and canoeing camp pond, stream or lake; **Water skiing, canc pack & nature trips available.** Trans. TO camp in **Special programs, ages 7–9, 10–11, 12–14. Leadership training program (CILT) ages 15-17**
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In Feather River Country—Forest, Lakes and Streams
Archery, animals, arts-crafts, nature lore, fishing, hiki Sierra pack trips, riflery, horseback riding, sports, ca fires. Academics Available—Select Staff. Clean mod facilities. ACA and CAPC Member. Owned-Directed by Gene and Dolores Renaghan, 1325S Cowper St., Palo Alto, CA 94301. 326-6294.
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California Association of Private Camps

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Sunset School & Camp Directory

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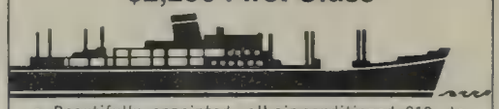

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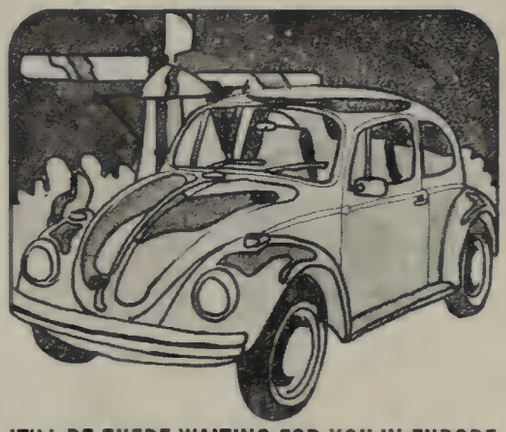

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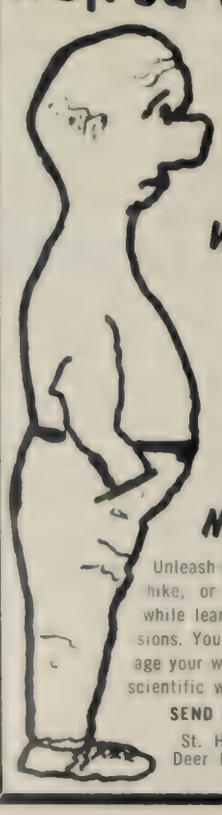

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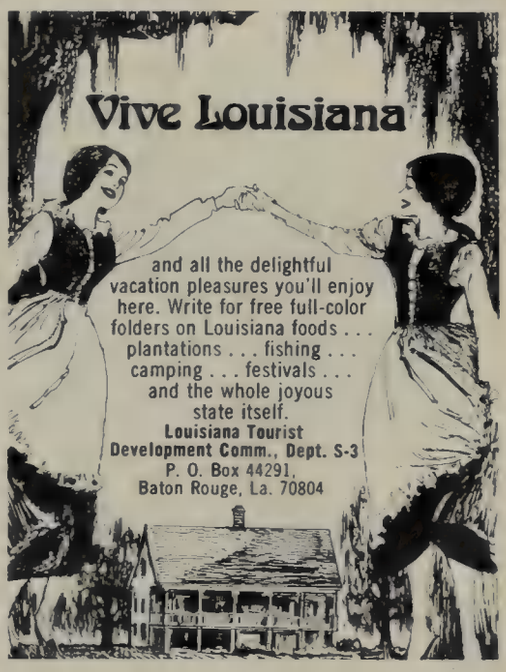

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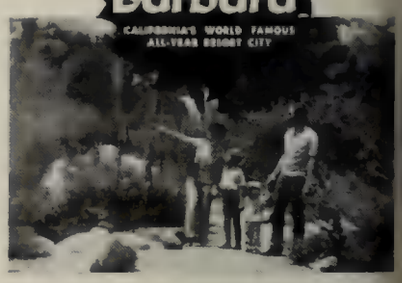

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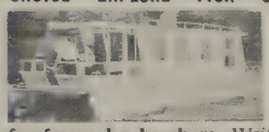

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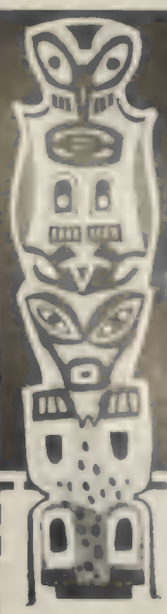

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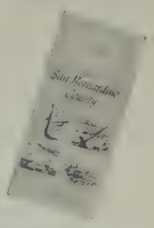

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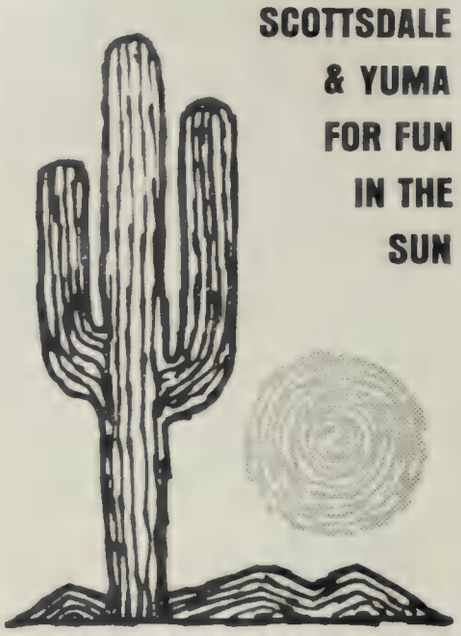

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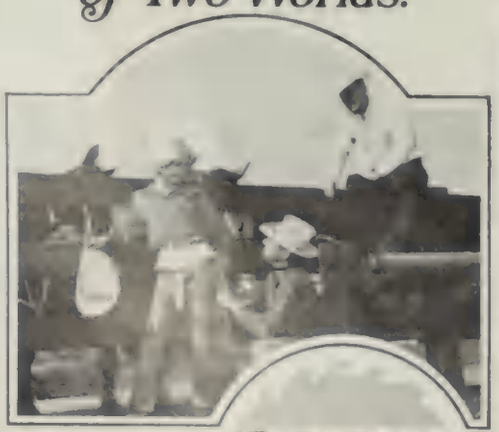

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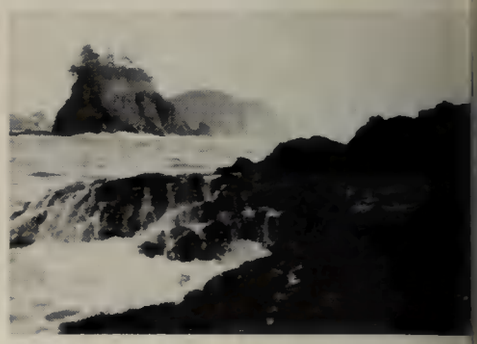

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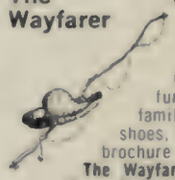

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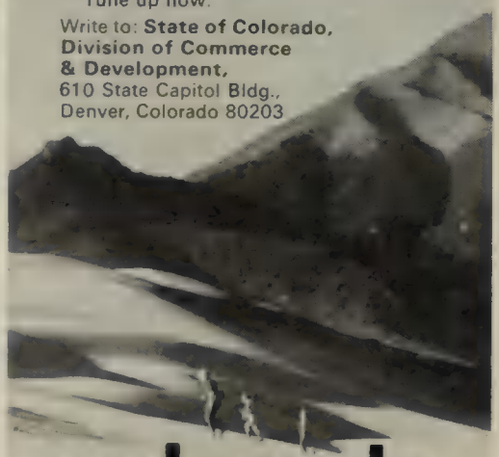

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Sites along the river for camping a swimming are numerous and good. L Park has an improved campground w picnic tables, fireplaces, running wat and rest rooms. For more secluded can ing, take any of several short acc roads to gravel bars along the river. Fi ing and swimming holes on the river ternate with broad, flat stretches t provide peaceful float trips for those w bring inner tubes or rafts.

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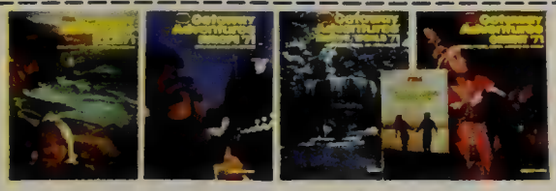

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Easter Week processions at San Miguel de Allende

San Miguel de Allende, a picturesque town 175 miles northwest of Mexico City, celebrates Easter with much pageantry and fervor. Colorful religious observances take place during the week preceding Easter (April 11 this year), but two of the most spectacular processions occur on Good Friday.

Early that morning the faithful from nearby mountainside villages fill the streets of the old city for church services. They await preparations for the "people's procession" with silent expectation.

About 10 A.M., men dressed as Roman soldiers, marching in front of a wooden cross, are led by a piper playing a haunting Indian melody. Following them are boys painted to resemble lepers, girls carrying their dolls, and other children costumed as shepherds, leading their pets. Life-sized images of various saints are collected from churches, decorated in satin and velvet robes for the occasion, and carried through the streets. You may see a replica of an apple tree with a serpent coiled around its trunk.

Because the procession departs from San Juan de Dios Church and stays mainly on the side streets, it attracts little attention from the downtown population, and business proceeds as usual.

It's a different story for the well organized late afternoon burial procession. All stores are closed, houses along the parade route are draped with purple ribbons, and people line the main streets hours ahead of time for a good view.

Three young priests bearing candles and a cross head the pilgrimage. Little girls dressed in white gowns to resemble angels pass by with eyes downcast and hands folded in prayer. Flickering lanternlight over the long lines of solemn, black-clad señoras presents a striking contrast. The procession reaches its climax as the special honor guard, bearing a large glass coffin with flowers at its base, passes along the street. By now it is almost dark and the onlookers head for home.

Sunday after Mass is spent in festive celebration with bands playing in the plaza and citizens wearing their finest and most colorful costumes.

Tourists usually outnumber San Miguel's hotel accommodations during this period. If you expect to visit, be sure to make advance reservations.

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Group picnics *beneath slatted wood shelter. "Water cooler" was brought from home*

GERALD R. FREDRI

Family walks *along vehicle trail on way to Mosquito Creek in Henry W. Coe State Park. Dog must be kept on leash*

Water is pumped *year around in campsite area; elsewhere it's scarce in the summer and fall*

The road to Henry W. Coe State Park, a steep and narrow 12-mile invitation to car sickness, discourages casual visiting. The park is less than an hour from the populous towns around the southern end of San Francisco Bay, yet the supervising ranger reported a full house at the campsite area only once last year (on Memorial Day weekend).

The route to the park, initially Dun Avenue East, leaves U.S. Highway 1 in Morgan Hill and proceeds eastwa across the Santa Clara Valley. The e trance to the 13,000-acre reserve is son 2,000 feet above on the west slope the Diablo Range.

The park is at its best in the spring. straddles the green hilltops and plung

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into steep valleys choked with pine and manzanita and oak. By summer, soaring temperatures have shriveled the streams and turned the hillsides to yellow tinder.

In the mid-1960's it appeared the park would be developed with bulldozed parking lots, motorcycle courses, and hot showers. Dwindling state funds have given the land a reprieve.

There are 20 campsites, 8 with wooden ramada sun shades, on hillsides around the red Victorian-style Coe family house where the ranger lives and has an office.

GERALD R. FREDRICK

Four climbers *conquer oak, still without leaves in early spring*

Except for this small developed area at the entrance, the park is for hikers. Trails reach into every section of the preserve. Some are vehicle trails, which receive only occasional use by rangers and a few residents of the surrounding area and offer easy walking safely away from the poison oak that grows onto many of the narrower hiking trails.

Four camps for hikers (three have water only in spring) are established several miles from headquarters. There are two horsemen's areas, but the steep road makes it difficult to haul horse trailers.

Starting in April, you can fish for trout in the clear pools of the Middle Fork of Coyote Creek.

Admission to Coe Park is $1 per car for daytime use, $1.50 per campsite (up to eight people) overnight. This year it costs 50 cents to bring along your dog.

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OREGON has it

Have a whale of a time at Hawaii's complete Polynesian resort

Kaanapali is everything you want a Polynesian resort to be. Year-round perfect weather and every sport. An uncrowded three-mile stretch of golden sand. A pair of stunningly beautiful islands looming across the channel. Five luxurious resort hotels. A pair of seaside 18-hole golf courses. A special new attraction: Whalers Village — a complex of fascinating shoppes and a museum that brings the days of the great Pacific whaling fleets to real life. Just five minutes away is historic Lahaina, Hawaii's first capital and one-time whaling center of the world. Connecting town and resort area is the charmingly nostalgic sugar cane train, the Lahaina-Kaanapali & Pacific Railroad.

Ask your travel agent about Kaanapali. And plan on staying a long time.

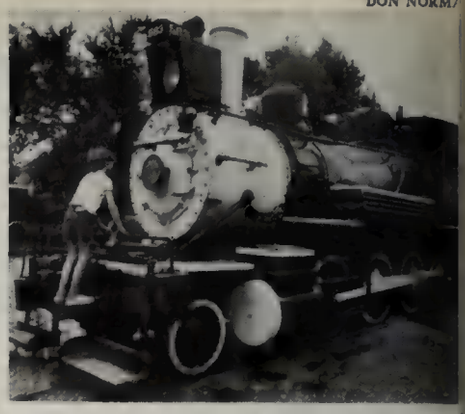
maui surf (Opening August, 1971) | Ka | Maui Eldorado

Royal Lahaina | Sheraton-Maui Hotel

Kaanapali Beach Resort

An Amfac Development
Box 696 / Lahaina, Maui

DON NORM



Children *are welcome to climb aboa this veteran D&RG 2-8-0 Consolidati*

Peeking *into a caboose can be exciting wh you have never been on a train befo*

Colorado's historic train collection

Railroad buffs will enjoy visiting tl Colorado Railroad Museum at Golde on the western outskirts of Denver. T array in its unique 12-acre "yard" r flects the state's history from the silv and gold boom to the present.

More than 2,000 miles of narrow-gau lines were pushed up canyons, acro creekbeds, and over high mounta passes in the 1870s. The highways ma these lines obsolete; only faint traces abandoned grades are now visible.

At the museum rare papers, phot graphs, and railroad artifacts are hous in a replica of an 1880 railroad dep Outside, displayed on authentic tra layouts, is a large collection of both na row and standard-gauge locomotive passenger cars, and old cabooses.

Open year-round from 10 A.M. to sunse the museum is at 17155 W. 44th Ave Golden. Take Interstate 70 west to Ex 64; turn on 44th. Admission is 75 cen for adults, 25 cents for children und 16, or $1.75 for a family ticket.

Home from the Pacific– but the people will be with you for a long, long time.

at a ball you had! And after the ball is over that's when the mories begin. You'll remember the extravagance of the Chinese era in Taiwan and the fun of Korean festivals and the grace of the panese customs and the sensational bargains of Hong Kong and gapore. But mostly you'll remember the people: the exotic Thai, rugged Aussies, the Maoris of New Zealand; you'll remember Indian princess in her sari, the Malaysian maiden in her sarong baya, the Tahitian in his grass skirt, and the surfer from Hawaii aring little more than a smile. People, that's what the Pacific is. d after you've dined in the unusual restaurants and lodged in the mfortable Pacific hotels and seen the onishing and breathtaking sights—what u'll remember most is the people. They'll home in your thoughts to live in your mories and delight you and regale u for a long, long time to come. The rvelous land of the Pacific. You'll do re than remember it. You'll return to it.

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THE TOYOTA CORONA got along fine last year with 90 horsepower.

This year, it gets along even better with 108 horsepower. It accelerates faster. Has a higher top speed. But despite all this extra zip, the new Toyota Corona manages to use up gas at a snail's pace. About a gallon every 25 miles.

In addition, the Toyota Corona is a bit larger than before. A bit heavier than before. Yet, the Corona hangs in there, right around the 25 mpg mark.

Still, all the Corona's new-found power isn't under the hood. The Toyota Corona has a new power braking system. A power braking system with front discs. For quick, safe, straight-line stops. Without fading or swerving.

Disc brakes are just one example of the new no-skimp Corona. The body of the Corona is welded into one solid, durable piece. And the chassis is protected by undersealing.

In the engine compartment, you'll find a lot of aluminum. Where aluminum makes sense. Because aluminum dissipates heat faster than cast iron.

The engine fan has six blades instead of the common four. Because six blades cut down heat better than the common four.

And when you cut down heat, you cut down wear.

The look of the new Corona is somewhat different, too. Outside, it's a little more sporty than before. Inside, you get a choice of where you sit and how you drive. Bucket seats and a 4-on-the-floor stick shift. Or a bench seat with an optional column-mounted, 3-speed automatic.

Standard items include white sidewall tires, electric clock, tinted glass, snap-down nylon carpets, steering column lock, fully lined trunk, a trouble light, cigarette lighter and a locking glove box. With options like factory air conditioning, AM/FM radio and stereo tape deck.

The new Toyota Corona is a lot of car. But not a lot of money.

$2150.*

Strange.

TOYOTA

We're quality oriented

Strange, but when we made the car go faster, we made the gas go slower.

*Manufacturer's suggested retail price. 4-Dr. Sedan $2150. Accessories, options, dealer preparation, freight and taxes extra.

MADISON DEVLIN

ting time *for the*
t, French-designed
is about 3 minutes

In Mexico don't iss the new Metro

xico City is rapidly solving its mass nsportation problem. Three criss-ssing subway lines totaling 26 miles serve two million commuters, and e feeder lines are under construc-. Unlike the usual dark, dreary lerground tubes, the Metro is efficient, n, lighted, and gaily decorated.

ny artifacts uncovered during the ex-ation are on display at the stations. eath the Zocalo Plaza, an entire ec pyramid has been carefully pre-ed. Insurgentes Plaza station, in the rt of the city, has a below-street plex of shops and cafes. You can ce a last-minute purchase or enjoy a ck until your train arrives.

e whisper-quiet trains operate at three-ute intervals. Bilingual guides at the ming marble stations provide maps l information to help you get from part of the city to another. Total e from Chapultepec Park to the air-t is about 25 minutes. Trains run ly from 6 A.M. to midnight (and until .M. Sunday).

ge photographic
ral decorates Balderas
ion wall

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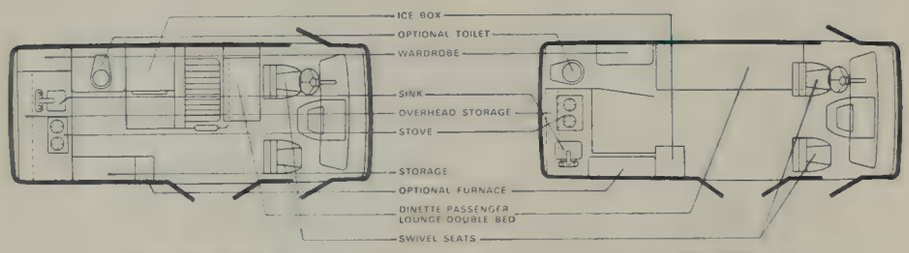
second car... second home

the only way to travel... across the country, or around the block.

No matter where you go, a Ford Minihome™ is nice to have along. Around town, it's a second car—handy for hauling cargo and people alike. For traveling, it's not only a terrific way to go, but also a great place to stay when you get there. Because the Minihome has all the comforts of a regular home—including a dinette, a complete kitchen, full-size bed, loads of storage space and much more. You can also order such options as air conditioning, nylon carpeting and a gas range. Or even a television and FM Multiplex Stereo System. So the next time you go—anywhere—make a Minihome your traveling companion!



Ford Minihome I — Ford Minihome II

See your Ford Dealer or write for a beautifully illustrated 4-color Minihome brochure with all details and specifications to: Motor Homes Inc., 3709 West Erie Ave., Lorain, Ohio 44053. In California: 5253 N. Vincent, Irwindale, California 91706.

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motor homes inc.

SUBSIDIARY OF PRF INDUSTRIES INC.

Also Manufacturer of the popular Ford Busyvan™

Can you squeeze in a weekend cruise between two work weeks? You can

Ship cruises *along uninhabited Guadalupe Island, off Baja's coast*

Sunny weather *fills deck chairs with passengers trying for weekend tan*

GLENN CHRISTIA

Captain welcomes *visitors to inspect bridge during specified hours of the day*

Rolling motion *creates small waves in deck pool*

Good music *keeps dancers active until the wee hours*

Joggers *needn't miss a single workout if they follow the lines*

ni-cruises, three or four-night sailings typically over a ekend, are designed for people who previously have lacked ıe or money to take a longer cruise.

ıat are they like? Two *Sunset* editors took one recently d found it an excellent introduction to shipboard life, with : feeling of a longer voyage. The ship was full, the crowd unger than expected, including a surprising number of nilies.

e ship left Los Angeles around 9 P.M. amid swirling con- ti and band music. Passengers quickly lined up at the rser's office to arrange for dining room seating. They had eady dressed for the evening's activities which included a ffet dinner, dancing, and floor show.

newspaper slipped under your cabin door nightly lists the lowing day's events. Along with six daily meals you're of- ed a head-spinning choice of activities, many especially · children. Cruises usually include a port of call. We pped in duty-free Ensenada for a few hours of shopping d sightseeing. If weather permits, the *Princess Italia* offers · passengers motor launch excursions to Guadalupe Island, the Baja California coast, for a closer look at the sea phants dozing on the beach.

e cabin steward and dining room waiter expect a gratuity ›out $5 per person) at the end of the cruise. Other person- are tipped if they render special services. Dress is casual ring the day. In the evening, sport coats or suits are ac- ›table. More formal attire is reserved for the Captain's

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Deck game *occupies youngste*
Organized activities.
also planned for children abo

Dinner your last night out. Women we evening pantsuits as well as long or sh cocktail dresses.

Princess Cruises offer seven short s ings this spring and summer (includi four-night cruises on Memorial Day a Labor Day weekends) with rates starti at $159. P&O Lines has short one-w cruises between Los Angeles or S Francisco and Vancouver and Victor B.C.; rates start at $77.

American President Lines has receiv approval for new overnight coas cruises from San Francisco to Los An les. Service will probably start with March 26 sailing. One-way fares are $ for cabins without private baths; $ with bath.

For further information about mi cruising, call your travel agent.

GLENN CHRISTIAN

Anyone *for party brid*
Even card games
more fun on the deck of a s

New approach to Italy

ɔur car glides by green lls and picturesque vil-ɜes where castle towers d church tops reach for e blue skies.

ɔu are driving to a fa-ɔus «trattoria» where u'll enjoy the most de-ious local specialities: ɔng the way, you ride rough a large «piazza» ith black and white vement where a *live* ess game is played by alians in classical cos-mes. Another square is host to the pageantry of medieval horse-racing exactly as it was centuries ago. The Italy made rich by history, monuments, mountains, seas and lakes is also the Italy made exciting by vivacious young people, smart fashions, lively «ristoranti», late-late night spots, international swingers and of course the beautiful people of Italy. Here, in Italy, are the racing cars that win, the small lake boats and the luxury yachts, the panoramic ski slopes, comfortable new hotels, «autostrade», highways designed for enthusiastic driving. Here are the fascinating streets where you may see the Pope pass by in his car and bless his people.

Only sunny Italy offers you so much of the glorious past and the exciting exciting present.

Enjoy the new approach to Italy this year.

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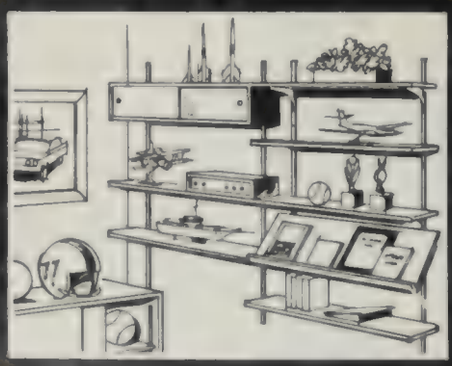

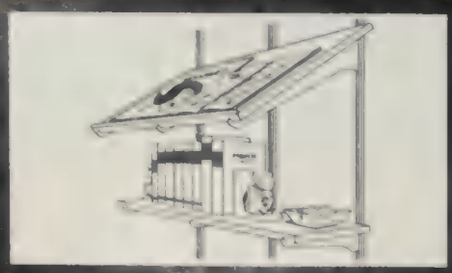

Beautiful new Slimline design features recessed, concealed slots. Available in wide selection of sizes and beautiful decorator colors. Luxurious, pre-finished shelves available, too. See [illegible] at your nearby Hardware or [illegible] Supply dealer.

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our 50th year m-d

Though right next door to the West's largest population center, Baja California remains a mystery to many Westerners. When they plan a trip there, they often have to dig to find the answers to all their questions because most guidebooks on Baja tend to cover it from a somewhat specialized point of view—mile-by-mile road conditions, the deep-sea fishing, mountain climbing in the Sierra Martir, the unusual flora and fauna, and so forth.

If you have unanswered questions from now on, you have a new answer book to turn to. It is the new *Sunset* Travel Guide, *Baja California* (Lane Books, Menlo Park, Calif., 1971; $1.95). O of the aims of its editors was to put ir the 80 pages of this book as much pra tical information as possible.

Baja California includes material tak from a dozen or more articles publish in *Sunset Magazine* in the past few yea This was double-checked, brought up date, and expanded at great length free-lance writer Ken Bates. He and wife Caroline drove a four-wheel-dri pickup the length of the Baja peninsu and he took a large number of the photographs that illustrate the book.

After a general introduction the bo devotes one chapter each to the nor central, and south sections of the pen sula. Eight special features of a page less covering some offbeat aspect of Ba

If you plan to drive Baja

Rocks, ruts *are common. This road section is near Rancho Rosarito*

KEN BATES

VEGA. IT DOESN'T STAND ALONE.

One big difference between Chevy's ew little car and other new little cars is that hevy's new little car is actually two new tle cars.

Also a new little wagon.

Also a new little truck.

What that means is, if you don't happen be the 2-door sedan type, you can still id happiness in a Vega.

For example, you could go with our itchback coupe, the sporty little blue job the picture below. Sporty, but also very indy. The whole back end opens up and the ick seat folds down so you can use about alf the car for cargo if the occasion ever ises. And it probably will.

Then there's the Vega Kammback wagon. It has a personality all its own. It also has: bucket seats, a fully carpeted interior, our peppy overhead cam engine, front disc brakes, 3-on-the-floor, power ventilation, all standard.

The Vega panel truck has one seat and 68.7 cubic feet of loadspace inside of it. Which is quite a lot of loadspace for a truck that's only about 14 feet long.

Once you've looked around at other little cars, we think you'll find it's no problem choosing between a Vega and something else.

What's tough is choosing between a Vega and a Vega.

And a Vega.

And a Vega.

Your Chevrolet dealer can help.

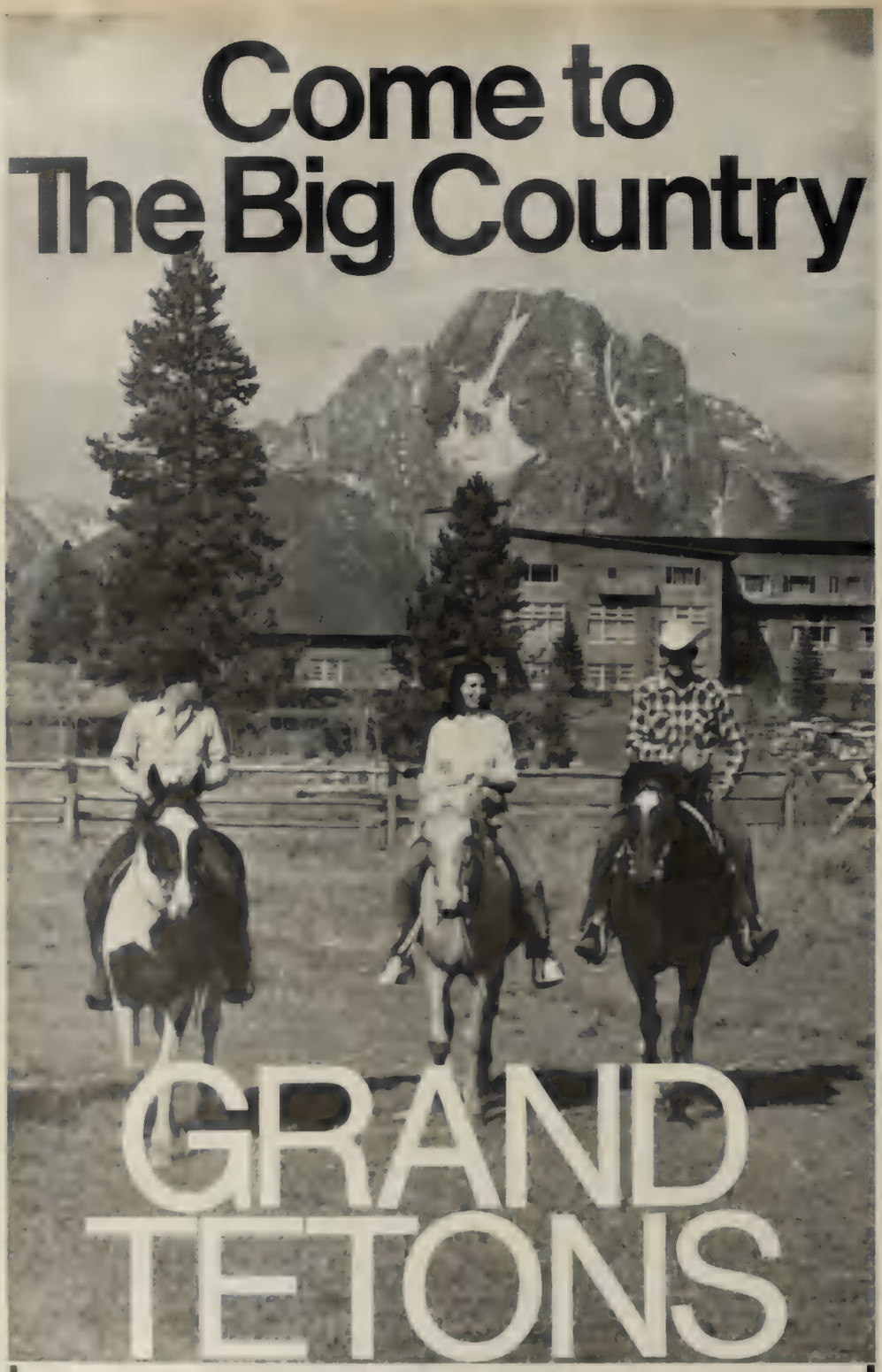
GM

K OF EXCELLENCE

VEGA

CHEVROLET

Come to The Big Country



Take the rugged high trails. Or roam the gentle valleys. There's a horse and a trail for everyone at Grand Tetons. Explore them hiking. Or with a thrilling trip down the Snake River in a rubber raft. Plus all water sports. Great fishing in swift clear streams. Golf on one of the West's most scenic courses. Tennis. Authentic Indian dances and real square dances! Accommodations at the beautiful Lodge, modern cabins or complete camping facilities. And our wide open spaces are even wider and opener in June and September. Send coupon for full details.

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Gentlemen: Please send me your brochure on vacations in the Grand Tetons ☐ Send special Golf Brochure, too ☐

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S-3

are dropped in here and there.

Some people go to Baja just for the e perience of driving the really bad ro in the central section. For those about try it for the first time, *Baja Califor* has this general advice:

Driving in Baja

The vehicles most suitable for drivi Baja California's dirt roads are pick trucks with four-speed transmissio four-wheel-drive vehicles, dune buggi and motorcycles. A few passenger c negotiate the roads, but they are n recommended. Deep chuckholes, di and ruts require high-clearance vehicl

The most important advice for anyo driving the peninsula for the first time *drive slowly*. Don't overload. This is o of the most common causes of brea down. If possible, make the trip in t company of at least one other vehic particularly if exploring side roads.

Gas in border towns costs about 30 ce

Dune buggy *was near San Felipe*

KEN BA

a gallon and up, depending upon the tane rating. Farther down the peninsu gas sold from drums costs 40 to 55 ce a gallon. Carry a large chamois to fil any dirt or water that may be in bought from drums.

Equipping your vehicle. A skid pl should be installed under the oil pan the vehicle is not so equipped. (A consider installing one under the tank if it is vulnerable.) Heavy-du shocks, helper springs, or extra leaves springs may be necessary, dependi upon the clearance and your load.

Tires should be in good condition a have strong sidewalls and a thick tre Special tires are not necessary for dr ing the main peninsular highway or pr cipal side roads, but carry two or th spares. On dirt roads let air out u tires flex over rocks (20 to 22 pound

Flotation tires offer some advantag They don't sink as deeply in sand a mud, and they absorb some of the sho of rough surfaces. However, flotati

Evinrude announces the "power-tuned" 100-

More guts from the word go.

An outboard motor can go fast — yet go nowhere when it comes to big jobs.

Big jobs like getting an 800 lb. pyramid team up and out from a deep-water start. It's times like these that try men's motors.

Evinrude's new power-tuned 100 hp Starflite is the motor that does trying work without working hard.

On the outside, it's identical to Evinrude's 125 hp outboard. They both have Evinrude's V-4 powerhead, but the "100" is tuned to deliver high-torque power — especially in the critical planing stages. Consequently, it gives up a little top-end speed to the "125", but then you get it back in low-end muscle. And, you give up a little less cash.

The "100" has internally tuned exhaust, which uses sound energy to deliver "free horsepower" — without making a lot of noise about it.

The "100" is deluxe all the way. Push-button, electric-hydraulic shifting. Electronic CD ignition. Long-life plugs with tungsten alloy electrodes. Alternator. Salt-water engineering.

See the new Starflite 100 at your dealer. It could be the start of something big. Write for catalog. Evinrude Motors, 4107 North 27th Street, Milwaukee, Wisconsin 53216.

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Songs and Sounds of the Orient is more than a record. It is your audio introduction to a whole other world. Experience the sounds of a Tokyo Shrine Parade, a Hong Kong bamboo fiddler, and Buddhist monks in Bangkok. Listen to songs from all over the Orient recorded on location. And learn about the culture and the pleasures of the Far East in the descriptive material bound into the record album. **Songs and Sounds of the Orient** is yours for just $1, from Japan Air Lines.

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My travel agent is _____ SU-0371

tires add little or nothing to road clea ance and have several drawbacks. Sp cial wheels are required; sometimes al fenders must be cut out. The tires a expensive, and few dealers stock them.

Both standard and flotation tires may either tube-type or tubeless. The ea with which a flat can be fixed is an i portant consideration. Since compress air is not available throughout most the peninsula, take along some inn tubes if you use tubeless tires.

Flats caused in tubeless tires by cact can be stopped by jacking up the whe removing the tire valve (with tire st mounted), and pouring in a punctu sealer. This is a simple way to rep "cactus flats," but it coats the inside the tire and makes it difficult to pat or to use later with an inner tube.

Take two jacks, one a 3-ton hydraul the other a high-lift bumper jack. Y should have several spare inner tub and everything necessary to repair a ti including a tube liner, plugs, patches, a hesive, tire pump, and a bead break Also take a tow rope (at least 6,0 pounds test) and a short-handled spa or military trencher. For extra gas car at least two 5-gallon jerry cans. Spec mounting devices let you mount the ca inside or outside the vehicle.

Automobile permit. A permit is not quired for travel on the Baja peninsu It is required on the Mexican mainlan so you must obtain one to take your c across the gulf on a ferry. Permits a free and are good for six months. Th may be obtained at Mexican customs any point of entry into Baja or at t Mexican customs office in La Paz. Pro of ownership is required. If you do n own the vehicle, you will need a no rized statement from the owner as w as the ownership papers.

Insurance. Your U.S. automobile boat or aircraft) insurance will not co you in Baja. Although insurance is n required, some coverage is desirab Mexican insurance companies are g ernment regulated and offer the sa terms and rates. Insurance can be start the day you cross the border and stopp the day you return. Many brokers cluding auto clubs) say that short-te policies for travel in Mexico are n profitable and set minimums on the c erage they sell. Agents at border tow usually have no minimums.

Contrary to popular belief, Mexican surance will not keep you out of jail. traffic accident is a criminal offense Mexico. In a traffic accident where the is any show of blood, all drivers a vehicles must be held until an inves gation can be made by the district torney. Even in a minor accident, y may be held until liability has been d termined, fines and damages paid.

vaii's State Capitol, Honolulu, symbolizes the volcanic origin of the Islands.

American spoken here. Also Japanese, Portuguese, Chinese, Hawaiian, Tagalog, Korean, Samoan and Pidgin.

While you're in Hawaii, see the Orient. nd Micronesia. And Europe. They're all re. And all-American.

It's almost like taking an international ur on six islands. Except that most of the ople you'll meet speak your language. Or mething close to it.

That can come in handy. You can order Portuguese breakfast or an Indonesian nquet without consulting a dictionary. nd pay your check without a computer.

Our mixed-up Hawaiian heritage pre-nts some odd little surprises. Go to a ball game and you can order a hot dog—or a steaming bowl of fish soup. There are big surprises too. Things you might not expect to find in an island paradise.

You can first-night a performance of La Tosca in one of the world's most acoustically perfect theaters. Or groove to a rock concert in the sweet air. There's a great cultural center where you can explore Polynesia's multi-colored past. And a magnificent aquatic museum where her future is on display.

There's a city of refuge where ancient warriors once sought sanctuary from the wrath of their gods and their fellow men. (And where you can do the same today, if that's the kind of year it's been.)

In Hawaii you'll find out what it's like to speak in a different language, worship in a different church, even live in a different colored skin.

The airlines and steamship companies have done everything but bring Hawaii to your doorstep. There are hotels in all price ranges and tours for every taste.

So before you go anywhere in this world, talk to your travel agent. He'll tell you it's all happening in Hawaii.

Hawaii

IT'S MORE THAN A PRETTY PLACE.

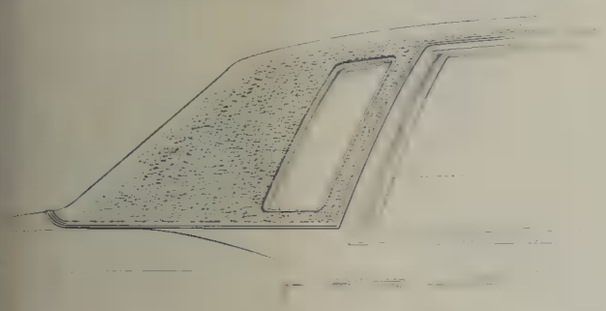
On behalf of the Islands of Hawaii, Kauai, Lanai, Maui, Molokai and Oahu.

1974

Eldorado by Cadillac.
Admire it for its beauty.
Respect it for its ability.

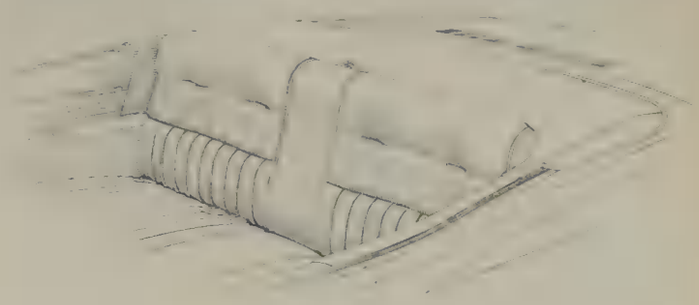
e dramatically beautiful 1971 Fleetwood Eldo-
dos—equipped with Cadillac's front-wheel drive
d an exclusive 8.2 litre V-8 engine—usher in a
ole new era of personal luxury motoring. Every-
ng about the new Eldorados—the long, low, dis-
ctive design, the luxuriously appointed interior,
incredibly quiet riding qualities (quiet even by
ditional Cadillac standards)—marks them as the
rld's most elegant personal cars.

The completely restyled Eldorado Coupe has a
stinction and poise that are elegantly expressed
its beveled hood and rear deck, and in its graceful
pportions. New coach windows—an Eldorado
clusive—accentuate its classic, personal car ap-



arance. Side-guard beams in the doors show
ical Cadillac concern for your security. And you
l discover new low-profile seats, finished in rich
rics or soft leathers, along with the many com-
ts and conveniences that you expect in a per-
nal car built by Cadillac.

Personal motoring achieves an even greater dimension of luxury with an all-new companion model to the Eldorado Coupe—the youthful and glamorous Eldorado Convertible. Now the only luxury convertible built in America, it comes equipped with an ingenious new inward-folding Hideaway Top, which



folds behind the seat when lowered, providing full-width room for rear-seat passengers. Rarely is such an exciting personal car introduced to the motoring world.

But only when you're actively behind the wheel of either of these great personal cars will you fully appreciate Eldorado individuality. The big, quiet, exclusive 8.2 litre V-8 engine (which can perform brilliantly, and with lower exhaust emissions, on the new no-lead, low-lead gasolines) responds smoothly to your driving demands. Combined with the precise handling of Cadillac's front-wheel drive, variable-ratio power steering, power front disc brakes and Automatic Level Control, it provides luxury performance that's uniquely exciting. Add to that the smoother, softer, quieter ride attributable to Eldorado's new, longer wheelbase and new suspension, and you will experience driving pleasure unequaled anywhere in the world.

No other automobiles can match the distinction and the quiet performance of the 1971 Eldorados. Your Cadillac dealer invites you to experience the pleasure of driving the world's most elegant personal cars.

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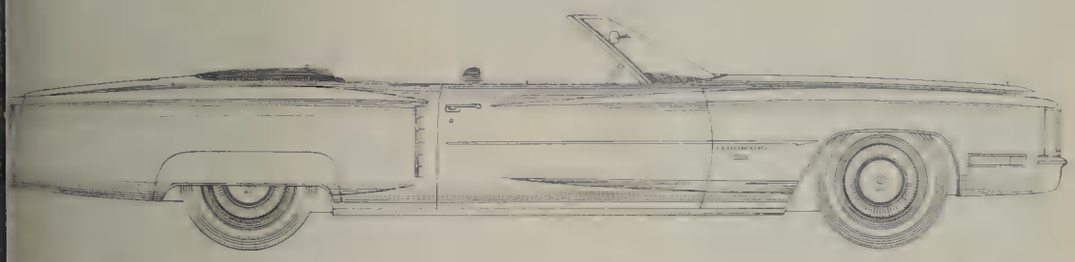
MARK OF EXCELLENCE

Cadillac Motor Car Division



wn opposite is the 1971 Eldorado Coupe.

Cadillac

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Escape! To the place where there are more exciting things to se and do than any other place in the world, San Diego.

Sunshine, 355 days a year. Beaches, 70 miles long, all uncrowded. Golf, 66 courses, also uncrowded. Fishing, the best.

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Back in San Diego, see killer whales and 200 other denizens of t deep do their thing at Sea World or Mission Bay. We have great restaurants and more than 23,000 hotel/motel rooms. San Diego is variety! We're near Disneyland, th desert and forested mountains.

San Diego is the best of California and that's the best of everywhere. If you'd like to escape, write for our free Escape Kit: San Diego Convention and Visitors Bureau, Dept.S-3-71, 225 Broadwa San Diego, California 92101.

More exciting things to see and do than any other place in the world San Diego, the best of California. Olé!

ıding stern and imposing in the Santa z Mountains is Castle Rock, rising feet above the ground, lending its ıe to and keeping its gray vigil over fornia's newest state park.

le from some rough trails and some imentary, walk-in group camp facili- Castle Rock Park is undeveloped, that makes it especially attractive ntryside for the hiker. There are ghly 12 miles of trails in the park, uding one that connects Castle Rock ı adjacent Big Basin State Park (co- dentally, California's oldest). The s are often steep and not generally worn yet, so expect some strenuous ng, and wear sturdy boots. A hike nis park will treat you not only to the uty and solitude of relatively un- hed forest, but also to some spec- ılar sights.

s than half a mile from the trailhead Skyline Boulevard is Castle Rock f, a massive sandstone outcropping ı great caves, ridges, and hollows thered into its surface. At 1.2 miles astle Rock Falls, where Kings Creek es a breathtaking 100-foot drop tch for trail markers, either green white can lids nailed to trees, or red tic strips tied to trees or bushes).

l less than half a mile past the falls Goat Rock, another sandstone out- pping, but at 200 feet high even more sive than Castle Rock, and a fre- nt target for rock climbers.

park is on Skyline Boulevard about iles south of its junction with State hway 9, near Saratoga. It's for day only, except group camping. For rmation call (408) 338-6132.

Even Huck Finn *couldn't help but be delighted by caves in mammoth Castle Rock*
NORMAN A. PLATE

Erect and ghostly *trees are permanent masters of the forest in the park. Hikers only pass through*

Newest California state park... open now... is next door to the oldest

Announcing: New Pinto 3-door Runabout.

(Packs more fun than any import.)

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Now you can pack more fun and games into a little car than you ever thought possible.

Because now there's Ford's new Pinto 3-door Runabout—in addition to the fast-selling Pinto 2-door.

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But that's not all. You get the regular Pinto goodies like a gas-saving 75-horsepower engine for mo "go" on hills and freeways. And a wider stance th any little import so Pinto hugs the road better.

The servicing? It couldn't be easier. And Pinto still priced down with the little import cars.

Take a good look at the new Pinto 3-door Runabo and the Pinto 2-door. S your Ford Dealer. Put little kick in your life.

Pinto

Better idea for safety: Buckle

ake 25 identifies this venerable cacia koa, 10 feet in diameter at its base

Flower island in the lava

he landscape around you in Hawaii olcanoes National Park on the big is- nd of Hawaii attests to the deadly rce of flowing lava.

et even lava has its capricious mo- ents and in one of these it spared a 00-acre hillside, allowing the grasses, ound covers, shrubs, trees, and vines go on growing—a botanical gem ly a short distance from Kilauea's stless Halemaumau.

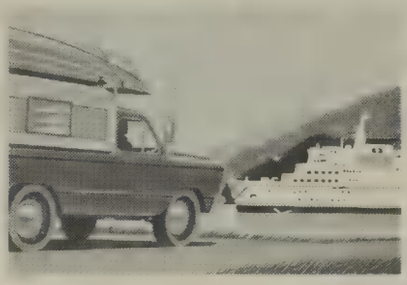
's called the Bird Park, but the Ha- aiian name *Kipuka Puaulu* is far more escriptive of the place and what you'll e there. Roughly translated it means open space or loop in a forest where owers are bound together. The forest this sense is the lava that all but en- rcles the area. The flowers are the lux- iant mass of plant life that flourishes ere untouched by a gardener's groom- g hand.

n easy 1.1-mile loop trail has been refully cut through the *kipuka* and the awaii Natural History Association pro- des a free guide-yourself nature trail amphlet at the entrance. Numbered de- riptive paragraphs in the pamphlet tell out the most interesting plants and ow they have figured in Hawaiian cul- re. These are keyed to numbered stakes laced along the trail. Four species of ative birds favor the area, and an illus- ated display at the start of the trail lls how to identify them.

then wheel into the exciting heart of British Columbia!

The MV "Queen of Prince Rupert" is an extension of British Columbia's fine highway system, bridging 330 miles of the fjord-like, coastal Inside Passage. Board with your vehicle at either Prince Rupert or Kelsey Bay on Vancouver Island to complete the Totem Circle tour. Enjoy stateroom luxury, fine food, traditional service, then 20 hours later arrive refreshed at your destination to continue your motoring adventure. Drive by the finest native totem poles along the Skeena River. Visit the Cariboo country wiih its lakes, ranches and goldrush Barkerville, then be awe-struck with the grandeur of the Fraser Canyon. Vancouver and Victoria await you. See your travel agent, auto club, or send for our Totem Circle kit — in any season.

"Camp" along the Inside Passage...anytime!



Wheel aboard the "Queen of Prince Rupert" for the fabulous North. Now's the time to enjoy mild days great ocean and fresh water fishing, wild fowl and big game hunting all along your "Totem Circle" route.

Two 'round trips weekly until May 8 and recommencing Sept. 28. Summer sailing (May 11 to Sept. 25) northbound and southbound on alternate days. See your travel agent, automobile club, or send this coupon.

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S1C

In Idaho's Bayhorse . . . old beehives

You may not find the ghost town of Bayhorse on Idaho highway maps or in tour guides. Nevertheless, it marks the site of some of the few remaining frontier charcoal kilns in the West.

Just how many of these big, hand-built kilns remain is not known. But most references report only five sets of them that are still more or less intact: two in Idaho and one each in Arizona, Nevada, and California's Death Valley National Monument. The ovens were built of stone, mostly in the 1870's and 1880's, to make charcoal for smelting ore. Location was determined by the availability of wood and building stone and access to mines.

Today charcoal is widely used in industry (as well as home barbecues), but instead of the old stone kilns, steel retorts are used. A century ago there were no such enormous kettles available, nor the natural gas with which to heat them.

The old kilns are shaped like beehives, up to 30 feet in diameter and in some cases nearly as high. In some, the top is open for ventilation. Although a few are cemented, usually gravity is the only force holding a kiln together.

The great kilns at Bayhorse stand in a deep, narrow canyon just above the ghost town's ruins. Three of the six kilns are intact, but the rest are in stages of dilapidation.

Bayhorse was one of several boom camps that sprang up in the Salmon River mountains after gold was discovered there in 1870. But like many others, it faded away as the gold mines petered out. Today, what is left of Bayhorse straddles an unpaved road 4 miles west of its junction with U.S. Highway 93, about 8 miles southwest of Challis. A sign marks the turnoff.

JOHN V. YOUNG

Picnickers *gather at pioneer charcoal kilns near Bayhorse, Idaho*

Relics *of boom times at Bayhorse, like tumbledown store at left, are fun to explore*

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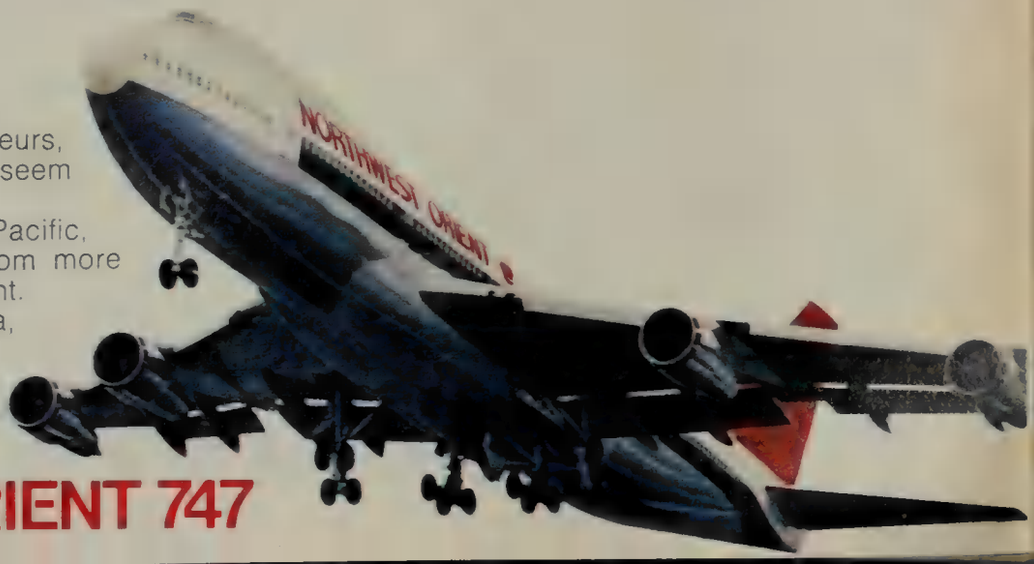
*$2.50 charge on International 747 Flights.



NORTHWEST ORIENT 747

For 1971, the widest variety

Totally new for '71: Custom Cruiser, luxury wagon with a disappearing tailgate.

With its 127-inch wheelbase, Custom Cruiser is the largest, most luxurious wagon Olds has ever built. Interior fabrics and appointments are of salon quality. Available with 2 or 3 seats, all facing forward (as do the seats in all Olds wagons)—plus an underfloor storage locker. Powered by a Rocket 455 V-8 that helps fight pollution. There's even a new Slide-Away Tailgate that slides completely out of sight!

agons comes from Oldsmobile.

(3 different styles! 3 different sizes! 3 different price ranges!)

Vista-Cruiser: The eleven-window wagon.
Sun and sky. That's the impression inside a Vista-Cruiser. The distinctive Vista-Roof provides more headroom. And tinted, heat-resistant Vista windows let in more light. Cargo space in this 121-inch wheelbase wagon is enormous. Comes with a Rocket 350 V-8 that runs beautifully on no-lead, low-lead or regular gasoline.

Cutlass Cruiser: How to get an Olds wagon for less than you'd think.
Cutlass Cruiser is priced low, and more savings follow. Bias-ply, belted tires, rust-resisting front-fender inner panels and an aluminized exhaust system are standard. A generous 116-inch wheelbase delivers lots of room at little cost.

Oldsmobile
ALWAYS A STEP AHEAD

GM
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People who like people tell people about Mauna Kea.

About 70% of our guests came because someone told them.

It seems one of the most beautiful hotels in the world is one of its worst-kept secrets. We now find that almost three-quarters of the people who stay with us come because "a friend told them."

It's nice to have nice friends. Mauna Kea is an experience. With its extraordinary setting, world-famous golf, fishing, hunting, riding, and swimming in surf or pool. And, in its flowered courtyards and beautiful promenades, an art collection from all over the Pacific.

Come this year—and bring your family. Our Family Plan now lets you bring your children at a "Junior" hotel rate of just $10 a day including two meals, when they share your huge, private-lanai room. (We have Golf and Honeymoon Plans, too.)

Who knows, maybe when you go home you'll want to tell someone else. It's a good way to improve a friendship.

See your travel agent, or call Glen W. Fawcett, Inc. Los Angeles (213) 388-1151, San Francisco (415) 434-0660, Seattle (206) 682-1981.

MAUNA KEA BEACH HOTEL

ON THE ISLAND OF HAWAII

Operated by Rockresorts, Inc.

Britain's good-bye to shillings

Just before this issue of *Sunset* appear on the newsstand, Britain was underg ing another "D Day." The significan of the event on daily life of the nati will be nearly as far-reaching as the h toric landing on Normandy Coast. T D Day on February 15 marked t changeover of British currency to t decimal system. It's the end of the l for florins, bobs, guineas, and shillin

This won't be altogether bad news travelers who recall vividly how Brit currency was so much more difficult figure out than any other in Europe.

The value of the pound sterling rema unchanged. But whereas it used to divided into 240 pence, it now will divided into 100 new pence. The n bronze half pence, one penny, and t pence are smaller but worth more th their predecessors (a new penny equ 2.4 old pence). Twelve thousand tons these bronze coins were put into circu tion at the end of the February 11-to bank holiday.

Silvery-looking new 5, 10, and 50 pe made of a cupro-nickel material h been circulating more than a year. one side all show a youthful queen we ing a diamond tiara. On the other si the 5 pence replacing the shilling sh a thistle, the 10 pence replacing the t shilling or florin shows a prancing ro lion, and the seven-sided 50 pence placing the 10-shilling note and c shows Britannia sitting alongside a li The displaced shillings will continue circulation for the time being but wil retired some time before mid-1972.

Banks, the post office, and governm departments will change immedia over to decimals. It will take a l longer to convert coin vending machi and cash registers.

Visitors may especially appreciate l the new system eliminates the mult listing of prices. Under the old systen pound, shilling, and pence, the sa price might be quoted as £7.7.0, o 7 guineas, or as 147 s. With decin the amount will be simply £7.35; even in the rare chance that some might want to spell it out as 735 p., same figures are involved.

A guide to converting old pence shillings to new pence can be obtai by writing to the international dep ment of Barclays Bank, 111 Pine Str San Francisco 94111.

Discover the many flavors of the Orient on Cathay Pacific Airways.

Fly from Shrimp Tempura/Chicken Mizutaki/Kobe Sirloin to Chicken Walnut with Chow Fan 8 times a day. That's how often Cathay Pacific jets between Tokyo and Hong Kong. Or, run our gourmet course between Hong Kong and Taipei, Manila, Singapore, Bangkok, Kuala Lumpur, Seoul, Djkarta, etc. 228 jets weekly —more than any other airline on this route. Other tempting touches: our crisp, British competency, exemplified by our million-mile pilots and modern jet fleet. Complimentary cocktails. Exotic hostesses from nine lands who serve you in 23 languages. English is their specialty. Check the menu first. Discover our big appetizing 24-page book on Orient Tours.

Seoul
Korean beef with Oyster Sauce and Kimchi (spiced cabbage).

Tokyo
Kobe beef with green beans and onions grilled over Hibachi.

Saigon
Tournedos Bordelaise. Tomato bisque. Red wine.

Fukuoka
Kushikatsu (Oriental veal with broccoli).

Osaka
Chicken Mizutaki with vegetables. Sake.

Taipei
Sweet and Sour Prawns with rice. Spicy soy dip.

Singapore
Chicken Stroganoff Singapura with rice and sour cream.

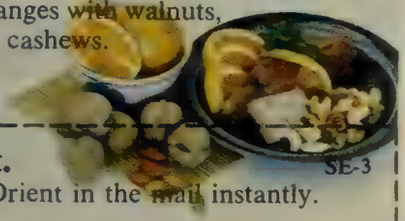
Bangkok
Sweet and Sour Pla Ka Pong (famous Thai spiced fish).

Hong Kong
Sweet and Sour Pork with rice. Jasmine tea.

Manila
Crab Mornay. Fresh King prawns. Crème caramel dessert. Fresh tropic mango and bananas.

Kuala Lumpur
Curried chicken. Mango chutney, cucumber, coconut.

Kota Kinabalu
Braised duck with chestnut and sausage. Fresh oranges with walnuts, almonds, cashews.



Perth
rilled double lamb chops with carrots
d croquette potatoes. Mint sauce.
herry trifle. Red Wine.

Djakarta
Fish and Beef Satay. Succulent bits grilled on skewers and served with peanut sauce, cucumber, onion. Watermelon.

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We even have a special 2 night/3 day package deal at our Reno hotel. Includes room, dinner, drinks, shows—the works. $38.50 per person, double occupancy. Ask your Travel Agent.

Harrah

RENO AND LAKE TA

Lively game *of tag keeps family warm on sandy Columbia Beach*

lge soars *over water traffic Astoria side, continues at water l for most of its 4-mile length*

DON NORMARK

The new Astoria Bridge opens up winter beach adventure

hardy souls willing to gamble on weather, the Astoria Bridge across mouth of the Columbia is a fine is for a March weekend.

bridge was opened in 1966, relegat- to memory the Astoria-Megler ferry. it rises high from the approaches in downtown Astoria, the view is magnificent both east and west. Unfortunately cars are not permitted to stop on the bridge, nor can pedestrians use it. The toll is $1.50.

Exploring the shores on either side of the river's mouth is rewarding. On the Washington side, the ocean hammers at the forested rise of Cape Disappointment and the long, storm-racked North Jetty. By contrast, Oregon's Clatsop Spit, a continuation of the low, marshy Clatsop Plain, is a quiet world of sand dunes and beach grass, where the only sounds are the clang of ocean buoys and the electric trill of meadowlarks.

From either vantage point, you'll notice ocean-to-river traffic moving cautiously, for this section of river with its treacherous sandbars has claimed hundreds of vessels during the last 150 years.

Drives along the river and the ocean are beautiful in winter—especially the short Robert Gray Drive from Ilwaco to Fort Canby State Park in Washington.

Weekend campers *fold their sleeping bags. They camped behind protective sand dunes on Clatsop Spit*

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Sheraton Hotels in Hawaii

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Ashland in 1971 . . . more and earlier

the famous Oregon Shakespearean tival in Ashland continues to grow expand its facilities and programs, ıame seems to have become obsolete. : festival's productions are no longer lusively Shakespearean.

t year saw the completion of the new ɔor Angus Bowmer Theatre, and ı it the beginning of a spring reper- season known as Stage II. The ɜe II series includes non-Shakespear- works among its productions.

ting March 19

: 1971 Stage II season begins March with Shakespeare's *A Midsummer ht's Dream,* followed in rotation by ductions of *Under Milkwood* by an Thomas, *Arsenic and Old Lace* Joseph Kesselring, and *A Man for Seasons* by Robert Bolt.

evening productions begin at 8 he Bowmer Theatre, adjacent to the door Elizabethan playhouse. There also 2 o'clock matinees. The theater lark on Mondays. The series ends y 1 with a matinee of *A Man for All sons* and an evening performance of *Midsummer Night's Dream.*

rt weekend season, May and June

ween Stage II's closing and the sum- events there will be a series of week- performances of *A Midsummer ht's Dream,* and *Arsenic and Old e.* All performances begin at 8 P.M. he Bowmer Theatre: May 14, *Mid- ımer*; 15, *Arsenic*; 21, *Arsenic*; 22, *lsummer*; 28, *Midsummer*; 29, *Ar- c*; June 4, *Arsenic*; 5, *Midsummer.*

: summer festival

summer the festival will have com- ed its expansion program with a 93- parking lot across from the theaters, ng the parking problem for patrons.

ır of Shakespeare's plays will be pro- ed during the summer. There are two ıedies, a tragedy, and a history—*A lsummer Night's Dream* (continued n spring, playing afternoons only in Bowmer Theatre), *Much Ado About hing, Macbeth,* and *Henry IV, Part ,* rotating on evenings at the outdoor ıter at 8:45. There will be matinees evening performances daily through tember 12. (At some date to be an- nced later, the festival will add mati- s of *A Man for All Seasons* and Ten- see Williams' *The Glass Menagerie.*)

: prices for tickets to any perform- ance are $5, $4, and $3, half-price for children under 12. For a season subscription to Stage II, there's a discount rate of $16, $12.80, and $9.60. All advance reservation requests for Stage II must be received by March 19. Presale of summer tickets is for festival members only, and runs from March 15 through April 30.

For tickets or membership, write to the Oregon Shakespearean Festival, Box 605, Ashland 97520. The festival has also set up 26 regional box offices on the West Coast. To find the one nearest you, write to the Ashland address.

Backstage tours

Of added interest to the stage productions themselves are backstage tours of the festival's facilities. The tours include both theaters, with a look at technical equipment, dressing rooms, and workshops for manufacturing scenery, props, and special effects. They're held only during the summer season and will be doubly interesting in that they'll be led by festival actors who can lend some personal insight as well as technical information. Tours are Tuesday, Thursday, and Saturday, beginning at 10 A.M. at the main box office. There will be a small charge and it's a good idea to make reservations in advance.

Planning your Great Escape for next summer? Choose America's last unspoiled vacation frontier...Montana...between Yellowstone and Glacier National Parks: more than 500 campgrounds nestled in 18 national and state forests; mountain lakes and crystal clear streams begging to be fished; famous historical sites and ghost towns; the wonders of geyser and glacier; exciting rodeos; and more beauty than the eye can absorb.

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Our new Merc 1350 gives you the most hp per cubic inch of any production outboard. And the most dependability. Plus . . . Merc's unique system of silencing that will have people asking, as you move away from the dock, "Is that motor running?"

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Vilderness outings
. . some 1971 choices

ch year The Wilderness Society, a nprofit organization dedicated to preving the nation's wild areas, expands outing schedule. The 1971 listing ers more than 70 excursions into nic areas of the United States and nada.

ting groups are limited in size, so ke reservations well in advance. Memship in the society is not required.

uipment and meals are included in cost from point of departure. You pply only personal gear. Families with ldren are welcome on all outings. The e is deliberately leisurely to allow ple time to fish, take photographs, or t enjoy the scenery.

and snowshoe trips: Rocky Mountain National Park is the setting for two w trips—a ski tour, March 5 to 9, and nowshoe expedition, March 14 to 18. st is $205.

rseback trips: Fifteen horseback outs are scheduled from March through tember. Prices for 7 to 12-day trips ge from $230 to $405. Horses are ected to match an individual's riding lity. Areas include Superstition, Pecos, coln-Scapegoat, Bob Marshall, Sely-Bitterroot, Weminuche, Flathead, llowstone, San Juan-Rio Grande, and saroka wilderness areas.

ter trips: A total of 17 river runs nned for various parts of the country lude boat trips in Boundary Waters, ll's Canyon, Yellowstone Lake, Deson-Cataract Canyon, Montana's Misri River, and the Yukon in Canada. sts for a week's trip are $225 to $485.

ckpacking trips: Canyon country to skan mountains are covered in the backpack excursions offered from ril to October. Average costs for a ek's trip are about $215, with packs d sleeping bags supplied. Destinations lude Canyonlands, Zion, and Mount Kinley national parks; and Escalante, rk Canyon, Flat Tops, Gore Rangegles Nest, Jewel Basin, High Uintas, wtooth, West Elk, Holy Cross, and lian River wilderness areas.

lking trips: The 17 hiking trips aver- about a week and cost $230 to $345. ck animals transport all gear. Hikes lude wilderness areas in Colorado, ntana, Wyoming, and Alaska.

tailed information can be obtained m The Wilderness Society, 5850 E. vell Ave., Denver 80222.

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a Spring vacation on the Monterey Peninsula

Swing over this way this Spring for a perfectly wonderful adventure-vacation. Live awhile in the lazy, relaxed atmosphere of this enchanted land. Thrill to the beauty of sand and sea. Explore the exciting scenes of California's early history. Dine to your heart's delight. Visit the splendid galleries. Tour fabled Cannery Row, Fisherman's Wharf, Point Lobos, Pebble Beach, Pacific Grove's Magic Carpet . . . and almost endless other wonders. Then take it all home with you in glorious memory . . . until you return.

monterey
peninsula of adventure

For FREE maps and information folders, write to Monterey Peninsula Visitors and Convention Bureau, Department S-31, Monterey, California 93940

In the California, Arizona, Sonora low desert, spring signals the time to camp

Spring arrives with little fanfare in the low, subtropical deserts of California, Arizona, and northern Mexico. There's no dramatic thawing of winter snows, no abrupt and riotous budding of new-green leaf. Even the wildflower display seems restrained in comparison with the sheets of color that sometimes announce this season in the higher desert.

But the signs of spring are here if you read them. Milk-white blossoms of desert primrose unfurl with warming temperatures, and splashes of magenta owl's clover, blue lupine, and yellow encelia brighten the dry wash and rocky slope. The hedgehog and beavertail cactus start to bloom; the giant saguaro is swollen with winter moisture. And the desert tortoise emerges from a brief winter hibernation.

March is a prime month for low desert camping. Along with the weather there's an additional advantage if you can manage a March trip in 1971: You'll beat the crowds produced by the schools' spring vacation, in April this year.

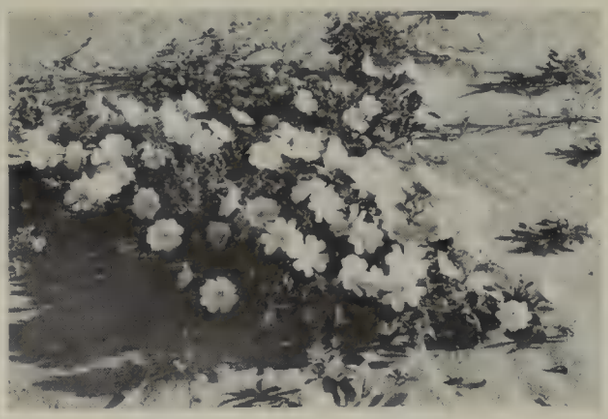
This low desert inviting March campers takes in the great structural trough that contains Southern California's Coach and Imperial valleys. It stretches up California-Arizona border along Colorado River as far north as the of Nevada. It sweeps across the plair southwestern Arizona into the Mexi state of Sonora, down the Gulf of C fornia as far south as Guaymas.

The frost-free winter and benevol early spring are primarily due to ele tion: Much of this low desert regio at or near sea level, and some is as m as 275 feet *below* sea level.

The yearly weather cycle favors visi

WILLIAM APLIN

tle Chuckwalla Mountains *loom*
ind Coon Hollow Campground
California's Riverside County),
opular rendezvous for rockhounds



Desert primrose, *one of low desert's earliest performers, blossoms in March*

Desert tortoise
is spring harbinger

o arrive now. In summer, the low
sert shimmers in searing heat. Autumn
pleasant. Winter is mild but the nights
cold. Then comes spring; and March,
all the spring months, is the gentlest.
the high desert this month the weather
still chancy, but the low desert's mid-
y temperatures are rising into the 70's.
l nighttime chill rarely dips below the
d-40's. The winds that often lash this
ion in late spring (sometimes burying
hways under wind-blown sand) are
l soft this month.
e low desert also offers fishing (no

Campsites *in this area are often primitive*

DON NORMARK

WILLIAM APLIN

Fan palms *shade BLM campsite at Corn Springs, California. Built-in conveniences of vans are ideal for this type of camping*

Low desert spreads across two states, into Mexico. March and April are great months to go

closed season) in the relatively warr waters of the lower Colorado River, th Salton Sea, and the Gulf of Californi

The campers are coming

Caravans of weekend nomads appe along the desert highways as early February driving truck-mounted cam ers, camper buses, and motor home towing travel trailers, tent trailers, sa boats, and cruisers; and bringing wa

Low desert *spreads across tw states, extends far into Mexi*

DARROW M. WA

Colorado River *sandbar bel Blythe provides a pleas campsite for young water-ski*

A desert garden *invites springtime hikers in Anza-Borrego Park*

ts, lean-tos, pavilions, and every size
l shape of collapsible shelter.

ere's a very practical reason for bring-
camp-on-wheels. Many of the desert's
st attractive camping spots are remote
l undeveloped, lacking even the most
limentary facilities. The self-sufficient
reation vehicle, with its own water
ply, heat, light, and cooking fuel, is
ally suited to these campsites.

ailers may offer the same built-in conveniences, but on primitive desert back roads they don't have as much mobility as the other types. Most self-propelled camping vehicles have truck-type engines and transmissions to get you up steep grades and through soft sand or loose gravel. It is difficult to tow a trailer along these desert roadways, especially those with characteristically sharp-peaked, sharp-bottomed ups and downs.

At some public recreation areas (Organ Pipe Cactus National Monument, for example), trailers are welcome in the developed campgrounds but prohibited from back roads and some scenic drives.

How about tent camping?

The traditional camper who prefers a tent continues to hold his own in the desert campgrounds. More elaborate models are available every year. Those with self-supporting frames eliminate the

A novel way *to fish in the Salton Sea*

Bilingual sign *halts U.S.-bound traffic from Puerto Peñasco at the Arizona border*

DON NORMARK

A beach picnic *on Mexico's Gulf of California climaxes a day of fishing at Puerto Peñasco*

problem of tent stakes in loose sand or hard caliche and greatly increase stability against gusty desert winds. Some use a tent as a supplementary shelter with one of the camping vehicles.

The adventurer with a tent and a four-wheel-drive vehicle is still the freest spirit in the desert. With reserve supplies of food, water, and fuel, he's ready to explore the most remote oasis, abandoned mine, or rockhounding site.

North and south of the border

By the approach of spring vacation, competition for campsites is often fierce at the big public campgrounds, but the low desert offers almost unlimited alternatives. Much of its total land area (north of the border) is in public ownership, and—with the important exception of several large military reservations and bombing ranges—most of this land is open to campers (but drive on existing tracks; don't scar the desert anew).

The Bureau of Land Management is developing many new campground complexes, and state, county, and municipal governments also provide facilities. Privately owned resorts and campgrounds, and recreation sites on Indian reservations, supplement public campgrounds.

Although there are no public campgrounds in Mexico, the privately owned resorts at San Felipe, Puerto Peñasco, Kino Bay, and Guaymas all offer some type of accommodation for tents and recreation vehicles. At most of these resorts you can also camp at undeveloped sites along the beach.

For help in selecting a campsite to suit your particular needs, see the announcement at the bottom of this page.

The giant saguaro *is the trademark of the low desert country*

The cholla cactus *poses a thorny problem for hikers*

Further reading

Many books can help you understand the desert country and its flora and fauna. You might try some of these.

The Houghton Mifflin *Field Guides* to: *Western Reptiles and Amphibians, Western Birds, Mammals, Rocks and Minerals* ($5.95 each).

The Golden Nature Guide Series of small books on these and related subjects ($1.25 each).

Various booklets published and sold by Southwest Parks and Monuments Association, Box 1562, Globe, Ariz. 85501 (most are $1 each).

These more general books by people associated with the Arizona-Sonora Desert Museum near Tucson:

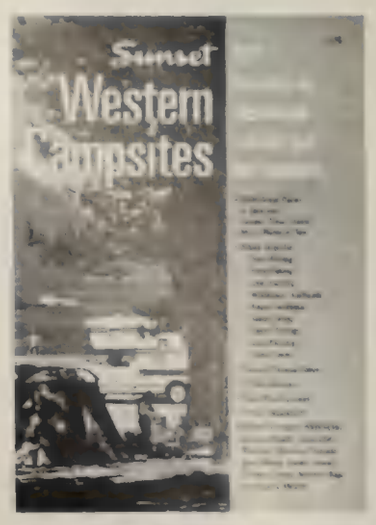
Home is the Desert, by Ann Woodi (MacMillan, N.Y., 1964; $2.95 pape back; $6.95 hard cover).

Survival Under the Sun, by Lewis Wayr Walker (Doubleday, N.Y., 1969; $5.95

Deserts of America, by Peggy Pickerir Larson (Prentice Hall, N.Y., 197 $9.95).

The Natural History of the Southwes edited by W. A. Burns (Franklin Watt N.Y., 1960; $4.95—out of print, but libraries).

A new annual planning guide for campers. When to go, where, what's there, what's doing



New directory *describes a choice of 6,000 places to camp*

Western Campsites is a new, annual magazine from the editors of *Sunset*, designed to help campers find sites that satisfy their particular needs. The 1971 edition includes detailed descriptions of more than 6,000 public and privately owned campgrounds in 13 Western states (including Alaska and Hawaii), western Canada, and the Mexican states of Baja California and Sonora.

The 296-page directory contains illustrated essays on camping, fishing, outdoor cooking, and related activities; listings of sanitary disposal stations and retail sources of liquid-petroleum gas; and special state-by-state introductory sections with specific suggestions on best camping areas.

The *Sunset Western Campsite Directory 1971* is now on newsstands, in book stores, and at many sporting goods and trailer supply dealers. To order by mail, send $1.95 plus 55 cents for postage and handling (California residents add 10 cents sales tax) to *Western Campsite Directory*, Lane Magazine & Book Company, Menlo Park, Calif. 94025.

WILLIAM APTIN

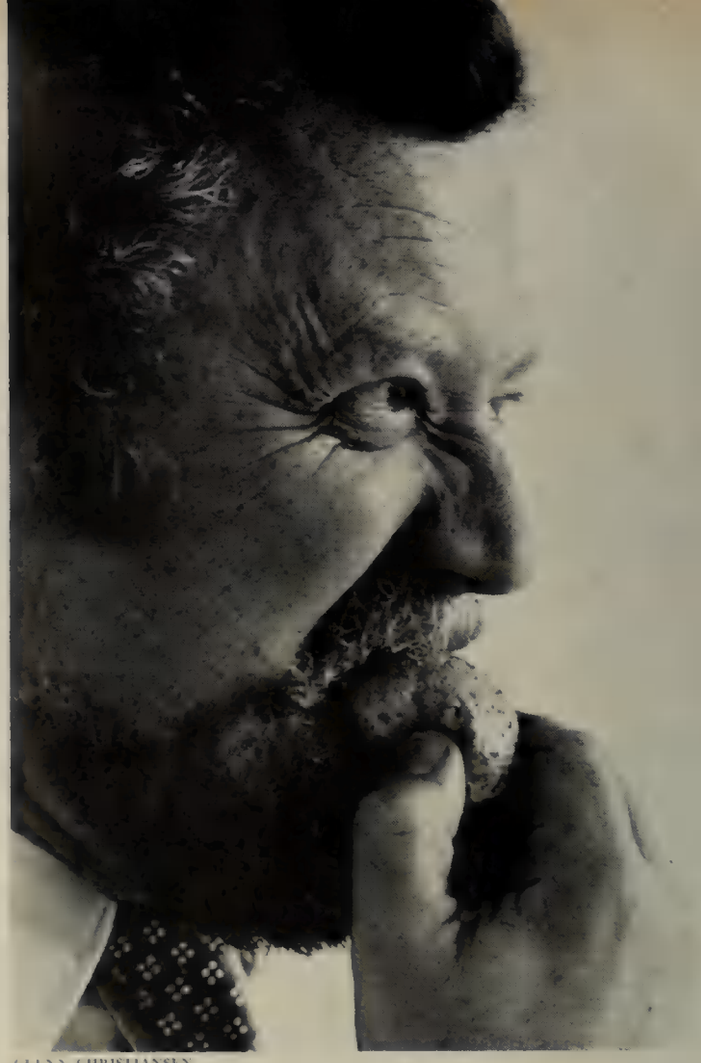
The Sand Hills *of Imperial County near Glamis are typical of only one kind of desert terrain, but to many people they represent classic desert landscape*

DON NORMARK

Cactus-studded *hills of Organ Pipe Cactus National Monument are more typical of the Southwest desert than barren sand dunes*

DARROW M. WATT

What makes a bagel a bagel
is not necessarily the hole



GLENN CHRISTIANSEN

What makes a bagel a bagel
is the interesting way it chews

This article tells you how to make bagels in interesting shapes and sizes

A bagel is a ring is a ring. At least th
what the word means, since it's rela
both to the French *bague* (ring) and
English *bow*. Perhaps they were or
nally ring-shaped because street vend
carried them threaded on a stick.

But why be a slave to tradition? A ba
doesn't have to look like a doughn
You can roll the same dough into
disks to make bagels with more cr
shape it into long sandwich buns to s
with sausages, or make small balls
serve with sweet butter for dinner ro
Bagels also take well to flavor variatic
especially toasted onion, poppy se
caraway seed, or a combination of s
and onion.

Whatever the shape or flavor variatic
these bagels all have the characteri
chewy texture and glossy crust of cla
bagels; it's because you boil the rolls
fore baking them.

What makes a bagel a bagel is the boiling of the dough

What makes a bagel extra good is eating it while it's hot

els

- 1 package active dry or compressed yeast
- 2 cups warm water (lukewarm for compressed yeast)
- 3 tablespoons sugar
- 4 teaspoons salt
- About 6½ cups regular all-purpose flour (unsifted)
- ½ cup instant toasted onions (optional)
- ¼ cup poppy seed or caraway seed (optional)
- 1 tablespoon salt
- ½ quarts boiling water

ı large bowl dissolve yeast in the 2 s water. Use a wooden spoon to stir ugar and the 4 teaspoons salt. Gradu- stir in 5 cups of the flour; add onion seeds, if used. Stir in 1 more cup r to make a soft dough. Turn out gh on a board spread with part of aining ½ cup flour and knead for ut 10 minutes or until dough is firm nonsticky; add more flour if neces- . Let dough rise in a greased bowl until doubled, about 1½ hours.

Punch down dough and knead on a lightly floured board until smooth. To make ring-shaped bagels, cut off 1½-inch lumps of dough. Roll dough between palms to make ropes about 6 inches long. Wrap each rope around three fingers to form a ring; moisten ends and squeeze to seal. (Other shapes are described below.) Let rise 15 minutes.

Smooth *ball pops up when you squeeze the dough through your fist*

Dissolve the 1 tablespoon salt in the boiling water. Drop in about 4 rolls at a time and boil for 3 minutes turning rolls often. With a slotted spoon, remove rolls and arrange on a greased baking sheet. Bake in a 425° oven for about 25 minutes or until crust is browned. Serve warm or reheat. Makes 24 bagels.

To shape dinner balls: With hands lightly floured, grasp handful of dough and squeeze through your fist so that a 2-inch ball of dough emerges (see photograph at left). Twist ball to separate.

To shape flat disks: Break off 2-inch lumps of dough and roll each on a floured board into a 4½-inch disk.

To shape sausage buns: Break off 3-inch lumps of dough; roll between the palms into 5-inch-long logs. Smooth ends for even shape.

Window boxes do a lot for an old building as this Berkeley student action shows

BARB SCHULTZ

Class *members built 27 planters from 1 by 12-inch rough-sawn redwood*

BILL GELLING

Annuals *were grown in an Agricultural Sciences lathhou*

BILL FULLER

Hilgard Hall's *west face on planting day, June 7*

Late-blooming *chrysanthemum varieties replaced the fading summer annuals on October 22, bloomed all winter*

This all happened last year at Hilga Hall on the University of Californ campus at Berkeley. In the spring group of students petitioned for a CP (Center for Participant Education) cour to be called *Growing Healthy Plants Containers*. The course was granted ar Dr. Robert Raabe, professor of pla pathology, agreed to teach it.

CPE 198's big, tangible accomplishme was that it put a colorful, leafy frin at the base of a stodgy old building. Ar

Secretary waters *zinnias, dwarf dahlias, and sweet alyssum outside her office window*

DARROW M. WATT

Carved *giant replicas of Fusarium fungus spores on one lab's box*

students, mostly nonscience majors, ırned a lot of gardening.

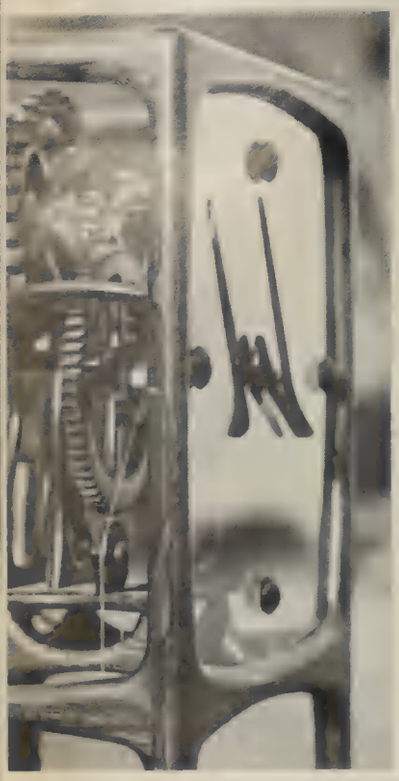
ırly in the spring quarter they pre- red sterile seeding mix, filled flats with sowed and germinated the seeds, and ought them up to transplant size. eanwhile, they built the 27 boxes (the l-heart redwood was donated), and ixed the soil for them—2 parts peat oss, 2 parts loam, 1 part no. 2 sand.

ıey painted the boxes inside with cop- r naphthanate and outside with penta- chlorophenol—to prevent decay and keep the redwood looking pink.

In June, they hoisted boxes to the ledges, filled them, and planted the seedlings.

The plants and the exposures (N=north, W=west, S=south) in which each did best were: ageratum (W), begonias (N), celosia (S), coleus (N), dahlias (WS), impatiens (N), marigolds (WS), salpiglossus (S), schizanthus (S), snapdragons (W), sweet alyssum (WS), violas (W), and zinnias (WS).

Elegance: *grandfather clock is sculpture in wood—including mechanism*



Child's bedroom unit *has climbing ladders and lower bunk that folds out of the way to clear space for swinging and playing*

Sand sailer *with re hull has demounta mast for easy transp*

On these two pages we present a kind of warehouse preview of the eleventh California Design show that suggests the variety of the 670 objects that will go on display March 14 through April 25 at the Pasadena Art Museum. This triennial review of the current work of craftsmen from throughout California is a program that is unique in America.

As before, both individual crafts and objects for manufacture are included. This year the show has fewer objects selected from more entries, and now with a new museum the display can be more generous and larger things can be shown—such as fiberglass doors that seem to blossom as they open, a great knotted construction big enough to contain people, a hanging woven asbes fireplace, a gyroplane, a catamaran, prefab outdoor play structure.

Some of the furniture and ceramics m look almost traditional, but the over impression is one of continuing inno tion. As before, all this will be captu in a handsome catalog and direct of California designers.

The museum is at Orange Grove a Colorado boulevards; entrance is Colorado. It is open 10 A.M to 9 P. Tuesday and Friday, 10 to 5 Wednesd Thursday, and Saturday, noon to 5 Sunday (closed Monday). Admission $1.50 for adults, 50 cents for studen free for children under 12. The muse is closed the two weeks before the sh

Fiberboard *cabinets and shelves have matching storage cubicles*

On stage in Pasadena March 14, a designers' look at tomorrow

Show sampler *(from re Weaving by Geraldine Scalo Stoneware pieces and wall Elaine Katzer. Roll-top d by Espenet. A-Z bookends Clifford Nelson for Ideas fr Somel on red pedestal-lamp Bill Curry, for Design Li Resin and fabric chair Douglas Deeds for Architectu Fiberglass. Ceramic by Rob V. Nichols on prototype ta by Frank Rohloff. Hanging y lamp by Jacquetta Nis Copper fireplace by Ge Jonas, for Firedrum. Cera heart by Joe Sold Prototype interlocking modu seating by Donal Chadwick. Radio and spea by Dennis K. Meyer and He John Cederquist. Tapestry Evelyn Ackern*

NORMAN A. PI

DARROW M. W

Seven-inch flower *of 'Francie L.' is shown here life-si.*
Not all retic flowers are this big, but some are even bigger—up
9 inches across. 'Francie L.' is a vigorous, open grow
with a large crop of blooms all along the branch

Retics...the show stoppers

Camellia reticulatas, on the scene in China for 1,000 years, in California only since 1948, available almost anywhere in the West in 1971

Peony-form *blossoms of 'El Dorado' are 5 inches across, cold-tolerant*

you go to camellia shows, nurseries, public parks this month, you may see mellias that make your jaw drop. Let drop; *Camellia reticulata* is an astonhing flower, and its history is a history near-miracles.

or example, some varieties must be nong the oldest named varieties of namental plants. Reliable Chinese stories indicate that they have been in ltivation for a thousand years. And t these varieties came to California ly in 1948 and 1949—just ahead of litical developments that made further otanical exploration in China and adcent North Vietnam impossible.

ore amazing still is the discovery of . *granthamiana,* a parent (with *C. ticulata*) of the fine new hybrid 'China ady.' Only one wild plant has ever been und—in the New Territories, a mainnd district of Hong Kong. And it was und in 1955. It's almost like finding unicorn in Oakland.

hese are only the major miracles. In nsidering some of the lesser ones, let's back to the first meeting of *C. reticuta* and the western world. (And, to ve time, let's call these camellias etics," as growers and fanciers do.)

aptain Rawes' camellia—and later

hip captains bringing porcelain, silk, d tea from China to England often ought back with them living plants of ssible garden merit. In 1820 Captain ichard Rawes brought back a camellia hich, when it flowered in 1826, proved be a new species with very large roseink semidouble flowers. It was named . *reticulata* (netted camellia) because f the strong netlike vein pattern on its dull, dark green leaves.

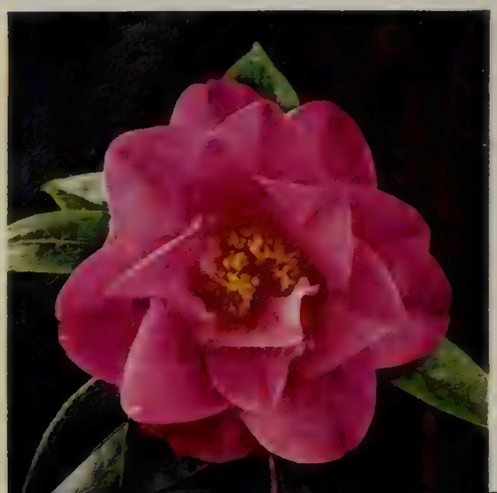
A hundred years later the British plant explorer George Forrest collected seeds of wild camellias in Yunnan, a province in China's far southwest. He sent these to England in 1924. When plants bloomed in 1932, botanists recognized some of them as being the wild, single-flowering form of *C. reticulata.* To distinguish between plants, the older, larger, semidouble form was called 'Captain Rawes' and the newer, "wild form."

In 1938, Dr. Hu Hsen Hu, in an article published in the *British Journal of the Royal Horticultural Society,* mentioned that 70 varieties of retics were growing in Yunnan gardens. But the war came, and all exploration stopped.

In 1946, Dr. Walter Lammerts, searching for new camellias for a hybridization

Crinkled, *fluted petals make substantial flower 'William Hertrich'*

Semidouble flowers *of 'Vallee Knudsen' are orchid pink, large to very large, long blooming*



project at Descanso Gardens in L
Canada, California, established conta
with Dr. Hu. Eventually—on March 1
1948—20 plants arrived at the San Fra
cisco Airport. These, together with
subsequent shipment in 1950 and a
independent importation in 1949 b
Ralph Peer of Los Angeles, resulted i
a total (after some losses) of 18 varietie

These are the Yunnan or Kunmin
(Kunming is the capital of Yunnan
retics. What, really, are they? You c
get arguments, but current opinion r
gards them as hybrids of *C. reticula*
and other camellia species.

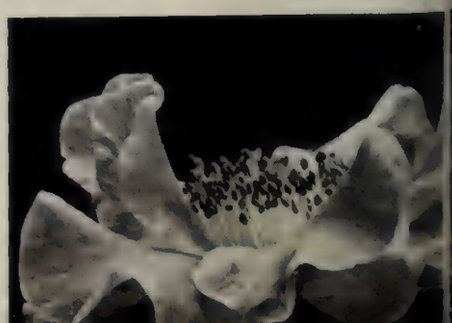
As a group they are distinguished b
large to very large flowers, usually sem
double or informal double in style, wit
great depth and often showing archin
fluted petals known as "rabbit ears
They have a tendency to pass on larg
flower size to their hybrid descendants–
and with this fortunate circumstance
new chapter of retic history begins.

Retic hybrids

The earliest retic, 'Captain Rawes
seemed for many years to be sterile, an

DARROW M. WATT

'Mandalay Queen,' *a vigorous new variety, has r flowers up to inches wide, 4 inches deep*



Big, beautiful plant *of 'Buddha' in Sunset's Menlo Park, California, garden is 15 years old. It grew from unimpressive stick like plant of 'Mandalay Queen' at right above. Individual bloom of 'Buddha' (right) shows "rabbit ears"—arched, fluted inner petals*

ome breeders felt that perhaps the hole group might be. But the so-called wild form" proved to be interfertile ith other camellias, and the first hyrids soon appeared in England.

he Yunnan retics have proven excellent arents; there are currently at least 100 etics and retic hybrids registered, and any new ones appear every season. ood nurseries may have only a few nds; camellia specialists may have 40. ustralia, England, and New Zealand eeders have produced hybrids, but alifornia fanciers lead the pack.

ybrid camellias were already a well cognized class when the first retic hyrids bloomed. It soon became obvious at a new classification of hybrids ould have to be set up; the retics were much bigger than the older kinds that ey were elbowing the latter off the ow tables.

ne conventional thing to say is that the tics and their hybrids are flower facries—thin, lanky, graceless shrubs ith huge, gorgeous blooms. Such a atement is not really fair. Young retics e gawky, but they take on bulk with e and patient gardeners can, in time, ow truly magnificent show plants, her in tubs or in the ground.

ants will grow more treelike than rublike. Fifteen-year-old plants at *nset's* Menlo Park garden growing in ll morning sunlight are 12 feet tall, nsely foliaged, and loaded with flows. Others, growing in denser shade, are orter, thinner in habit, and poor flower oducers. In California climates, retics ed good light. In all other ways, treat em like other camellias.

In the Northwest, they are less hardy than Japonica camellias. Grow them in tubs and protect in hard freezes—unless you live in the mildest coastal climate.

In desert climates, give them shade under lath or high trees and protect from temperatures below 20°, which will injure flower buds.

See for yourself

The best way to get to know the retics is to look for flowers at the camellia shows (see the show listings in the February and March issues of *Sunset*) and to study blooming plants in gardens. The best collections are at Descanso Gardens, La Canada, California; and in the K. O. Hester Camellia Garden in Micke Grove Park on Micke Grove Road reached via Armstrong Road off U.S. Highway 99 between Stockton and Lodi. Look at blooming plants in nurseries, too, but keep in mind that the gawky young plants will improve, like colts or young ladies, with age.

Even young plants are expensive; a gallon-size plant will cost $7 or more, depending on variety.

A selection of varieties

Three hybrids between *C. reticulata* and *C. sasanqua*—'Dream Girl,' 'Flower Girl,' and 'Show Girl'—have a profusion of big pink flowers carried all along the stems. They are good landscaping shrubs of fast growth, but the flowers are not up to the standards of other retic hybrids in substance.

In organizing the others, it might be helpful to think in terms of generations. The first generation would include 'Captain Rawes,' the Yunnan retics, and the wild form. Of these, the Yunnan retics are best known, and of these perhaps most widely available is 'Cornelian,' also known as 'Chang's Temple,' and 'Lionhead,' a huge irregular semidouble with red or red and white flowers.

A second group came over with the Yunnan retics, but are actually contemporary Chinese crosses between *C. reticulata* and *C. pitardii*. 'Buddha' is the most widely grown; it has a very large, rich rose pink flower with strongly arched and fluted "rabbit ear" petals.

Next are the seedlings of the Yunnan retics; some of these are deliberate crosses, some the results of random pollination. Two excellent varieties are 'William Hertrich' and 'Mandalay Queen.' The last named (and a few other retics) have blossoms which can reach 9 inches across. Flowers are usually biggest on young container-grown plants.

Controlled crosses between retics and Japonica camellias have produced many outstanding hybrids, among them 'Howard Asper' and 'Fire Chief.' The former, named after the foremost breeder of hybrid retics, is a very large flower and an extremely vigorous, open bush.

Finally, there are the crosses involving species related to *C. reticulata*. A breakthrough is 'China Lady,' an early-flowering, flat, light pink hybrid of 'Buddha' and the rare white *C. granthamiana*. 'El Dorado,' a cross between *C. pitardii* and a Japonica camellia, is unusually cold-tolerant, withstanding temperatures to 8°. 'Francie L.,' a hybrid of 'Buddha' and *C. saluenensis* 'Apple Blossom,' has an unusually heavy crop of very large flowers. 'Vallee Knudsen,' from a similar cross, holds similar promise.

Expensive but otherwise unimpressive sticks when you buy them, the gawky plants improve with age just "like colts or young ladies"

WILLIAM APLIN

Six-inch pink flower *of 'China Lady' shows new hybrid type with flat, crinkled, silky, poppylike flower*

Young sculptors at the beach

A sand-casting calls for water, plaster, imagination, and only a little time. The young sculptors dig out a design, fill it with plaster, and wait. Results are often surprising

Eight youngsters *(one fellow's hiding) show their finishe*

Uncovering *the casting is a surprise. A close inspection shows shells firmly imbedded*

Unload the group at the beach, and arm each child with a can of fresh water and a bag of plaster. They bring the energy and imagination. That's all they need to make sand-casting: a simple project that costs just a few cents and is finished in a couple of hours.

These children from Valley View Elementary School in Richmond, California, combed the beach for treasures. Feathers, rocks, shells, driftwood, and pieces of glass decorated the castings.

For each sand-casting you'll need 4 cups of plaster of Paris and a large can containing 2 cups of water.

Shape a design in the sand and arrange the decorations upside-down. Dump the plaster into the water, let it stand about 2 minutes, then stir carefully a couple of minutes with your hand or a stick, blending in as little air as possible. Wait 3 minutes, then pour the mixture into the sand mold. Let the plaster harden, dig sand away from the plaster shape, and

DARROW M. WATT

castings. The results: starfish, octopus, an eel, amoebas, and lots of whatsits, all take-home reminders of a great day at the beach

et it dry for a while longer. Before you brush off the remaining sand, the plaster should have passed the "warm stage" which is part of the hardening process. Caution: Plaster can set too quickly if overmixed, blended with very warm water, or blended with salt-water instead of fresh. If it doesn't set, you probably didn't have the proper plaster-water balance, or you used very cold water.

Beach treasures *used in castings include feathers, seaweed, driftwood*

Spread plaster *quickly, carefully, and equally into all parts*

Casting *is complete, ready to hang by hook pushed into back just before plaster is set*

What the Abbotts started with . . . small, tight house, unsheltered entry

Step by step an old tract house begins a more spacious new life

1 · *To create studio they paneled walls with lauan, stained ceiling, hung lights from crossties*

2 · *New lanai used for most family meals, informal entertaining looks out on garden (see plan)*

Five years ago architect William Abbo and his wife, Bonnie, an interior d signer, bought this 18-year-old tra house in Claremont, California. Th had been looking for a house they cou remodel and this one met their major r quirements: It had mature trees arou it, was in a neighborhood of mixed a chitectural styles, and had a better th average feeling of openness inside.

The Abbotts have been remodeling ever since.

First they repainted the exterior. T old color, Abbott said, "was a terrib hospital green." The new color is a dee earthy grayish brown with darker tri

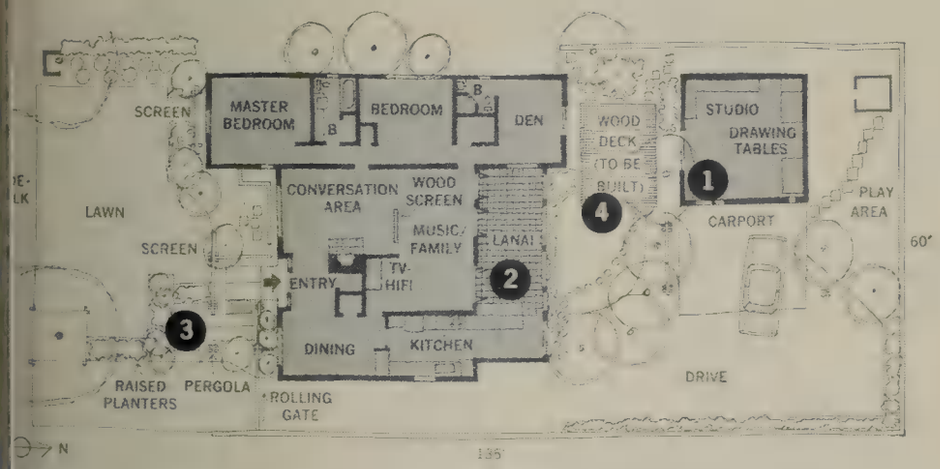
They have since made three structu changes, progressing from back to fro

The first was the conversion of the c tached rear garage to what is called studio but actually functions as an offic craft room, play room, and ballet pra tice space (see view 1 in plan and pho graph at left).

The second change created a lanai the rear of the main house. This volved leveling the sloping floor of existing roofed-over porch, covering t floor with tile, and opening the livi room to the porch through three sets bifolding doors (see view 2 and pho graph at left).

At the same time, the wall between t kitchen-breakfast area and the form porch was removed and the kitch cabinets and counter were extended ir the lanai to create more working surfa and an eating counter. Cabinets, n and old, were painted two shades ocher and countertops were cover with bright orange plastic laminate.

3. The front of the house was greatly changed in appearance by raised beds as well as by new paving, fence screens, and a pergola. The rolling gate (below) is opened to let cars drive through to the rear carport. It opens more easily than a swing-out gate, fits tighter space, has fewer sag problems



mbers *show sequence of remodeling projects (number 4 is not yet done)*

e third change was the addition of ry screens, pergola, and paved walk the front; to see how these changed character of the house, compare the all and large photographs at the top these pages. The screens give privacy the master bedroom and living room which face the street. The pergola is both decorative and a unifying element for the screens and walk.

The fourth (and final) phase the Abbotts plan is a low deck between the studio and house to serve as an outdoor sitting area for studio, den, and lanai.

Poached trout, *salmon, shrimp, and other local fish, plus a soup made of their savory cooking liquid, become the basis of a Pacific regional supper inspired by a Provençal bouillabaisse. Complementary accompaniments include a nippy mayonnaise, bread, and butter*

Soup and fish

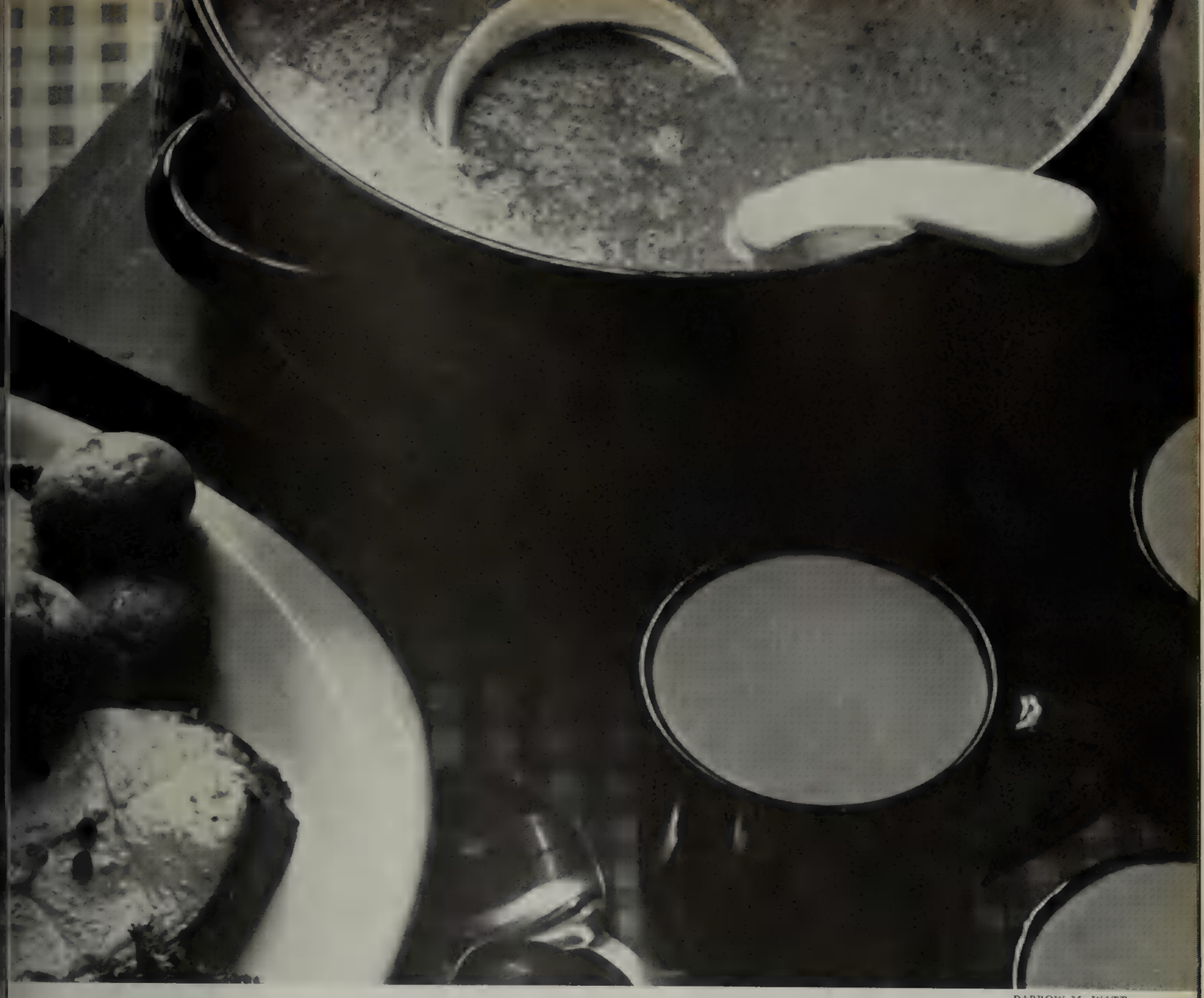
All of this hearty supper comes out of one pot

The heritage of this robust fish supp goes back to Mediterranean France. B when a fine cook from Provence tran lates bouillabaisse into what can bought in our markets, the results b come unique and totally Western.

However, the Continental style of ser ing is still best for easy entertaining. a light, herb-fragrant stock you poa a collection of fish steaks, whole fis and if you like, a few shrimp. Th enrich the stock to make a flavorful si ping soup; meanwhile the fish are pr sented to eat with knife and fork alo with boiled potatoes and a potent garli chile-spiked mayonnaise. Add crus bread, butter, green salad, and a d white wine for a fine repast.

Fish Soup and Supper

The Hot Sauce: Break 1 egg into a blen er jar and add 3 tablespoons wine vin gar, 2 small dried hot chiles, 2 clov



DARROW M. WATT

lic, ½ teaspoon salt, and 1 table-
on fine dry bread crumbs. Whirl until
l mixed, pushing spatter occasionally
vn from jar sides. With motor run-
g, gradually add 1 cup olive oil; when
hick sauce is formed, turn motor on
l off to blend in any remaining oil.
ver and chill until ready to use; for
t flavor let stand several hours.

Soup Stock: In a 5 or 6-quart kettle.
té in ½ cup olive oil, 1 large onion
opped), the white part of 1 bunch
s (chopped), ½ cup lightly packed
pped parsley, and 4 cloves garlic
nced or mashed), stirring until vege-
es are soft.

d ½ teaspoon thyme, ¼ teaspoon
e, 1/16 teaspoon saffron, a 4-inch
p orange peel (pared with a vegetable
ler), 1 can (about 1 lb.) pear-shaped
atoes, about 1 pound fish trimmings
h as heads, tails, shrimp shells), 1 teaspoon salt, and 8 cups water; cover, bring to a boil, and simmer for 20 to 30 minutes.

Pour stock through a wire strainer, pressing out as much liquid as possible: then discard residue. This can be done ahead and stock chilled.

The Fish: You will need 4 to 5 pounds fish of several kinds. We used 2 salmon steaks, 2 swordfish steaks, 2 halibut steaks, 2 whole, trimmed rex sole, 2 whole trout, and about ¾ pound shrimp, shelled and deveined. Other suitable choices include lingcod steaks, Greenland turbot fillets, sturgeon steaks, sand dabs, or petrale sole.

Bring the fish soup stock to boil in the cooking kettle, adding 8 to 10 whole black peppers. Set the fish steaks (¾ to 1 inch thick) into stock and quickly return to boil, then cover and simmer gently for 3 minutes. On top of the steaks lay the sole, trout, and shrimp (or steaks or fillets ½ inch thick or less), cover and quickly return stock to boil, then simmer gently for about 5 minutes or until the thickest portion of the trout or a steak breaks readily when prodded with a fork. Remove at once from heat.

To serve, lift cooked fish carefully from stock with slotted spoons or spatulas and arrange on a large serving platter and keep warm. Heat stock to boiling; then remove from heat. Quickly sprinkle 2 cups shredded Swiss cheese over surface of soup and stir constantly until all is blended in (if you add the cheese all at once or to cooled stock, the cheese lumps). Salt to taste.

Serve the soup in a tureen, ladling into mugs or bowls. Serve the fish with the hot sauce and hot boiled new potatoes (you'll need about 3 lbs.). Makes 8 to 10 servings.—*F. K., Palo Alto, Calif.*

Ups and downs in the garden

First...informal steps you can do yourself using bricks, old timber, paving blocks, natural stones. These are best where climb is easy, hazards are few

A garden slope may call for a flight of steps, but the range of possibilities is so wide that it's often difficult to decide just what to put in.

On these pages you see the simplest, most natural approach: just a few large rocks set into a bank, timbers with an earth or gravel backfill, or cobbles or bricks in a wooden frame. On the pages following are more complicated garden stairways in wood and concrete.

Any of these approaches might solve your problem. The choice depends on what the steps are for. Will you climb them once a week for a little watering on an upper bank? Then a simple, narrow, steep flight is adequate and unobtrusive. Do you want them to serve as a generous approach from the street to your front door? Then make them wide and inviting, with perhaps a landing or change of direction if the climb is long.

Once you know how you will use the steps, consider the riser height and tread width. The riser is the vertical front of the step, the distance you must lift your foot. The tread is the top where you place your foot. If it's too narrow, you have the feeling that you're climbing on tiptoe with no place for your heel.

Railroad tie steps *make transition between woodsy part of garden and patio of 1-inch-thick tile. Landscape architects were Jongejan-Gerrard-Associates for Dr. and Mrs. Richard Porus, Edmonds, Wash.*

DON NORMARK

Cobbles *interplanted with grass form apron at edge of parking area, continue as step treads held in place by 2 by 6 risers. Landscape architects were Glen Hunt & Associates for Ronald L. Pyeatts, Bellevue, Wash.*

Rock steps *lead up to an airy gazebo in the San Diego garden of Dr. and Mrs. Jay Kovtun. Ground cover of Potentilla verna carpets bank, fills crevices between rocks. Landscape architects were Kenneth Hayashi & Associates*

Steps *of reclaimed material: used cobbles in mortar with frame of railroad ties. The an Butler garden, Portland*

RICHARD FISH

Dug into slope, *railroad ties form steps between path and small patio paved by owner with smooth rocks. Landscape architects were Glen Hunt & Associates for the John Headlunds, Bellevue*

Entry steps *change directions five times before you reach front door, have rest landings, handrail. Landscape architect was Robert P. Perron for Mr. and Mrs. Lawrence H. Weiss, Portland*

good ratio in most situations is a 6-inch riser with a 15-inch tread. The 6-inch lift is not too hard on the legs, and the 15-inch-deep tread gives even big feet a firm foundation.

If you have space to diminish the risers and widen the treads, the climb becomes more agreeable, easier for children and elderly people. A 4-inch riser with a tread as deep as 28 inches lets shorter

CARPENTER'S ANSWERS: Steps become stairs. Runs are longer. Corners are turned. Railings sometimes are needed for security

Wood steps *take you to the Porus entry in two easy stages with bench built into landing. Note how treads are carried by single center beam (right). Architect was Robert W. Champion*

DAVID CORNWELL

As finely detailed *as the house itself, see-through steps with open railings invite you to enjoy plantings. Architects were Rummell, Boone & Brooks, Inc. for the Munetatsu Saitos, Honolulu*

iered structure *of railroad ties forms steps, retaining walls, plant beds. Landscape architect-owner: James Dockum, La Crescenta, Calif.*

RICHARD FISH

DON NORMARK

Staggered concrete *steps, bays for plants. Landscape architects: Huntington & Roth, for Dr. and Mrs. James Woodworth, Portland*

CONTRACTOR'S STEPS: Poured concrete for long runs, broad stairs. Precast units to follow contours

Circles *of precast concrete are set on recessed pedestals in Honolulu garden of Dr. and Mrs. George M. Ewing*

WENKAM-SALB

people take a forward step after each climbing one. Steps become even more inviting if you break them with a landing or change directions. Short flights seem easier to manage than long straight ones. About the steepest flight that you should consider is one with 7-inch risers and 11-inch treads.

Another consideration is the width of the steps. For years builders stuck to a utilitarian 3 feet, but pure utility is not the only thing to think about. For two people to walk side by side easily you need about 5 feet, and steps 6 to 8 feet wide may be in excellent scale with your garden. The extra width is more agreeable to the eye and more inviting to the foot, and you have space to use the surfaces as plant stages or display areas for sculpture.

On steep or long flights, climbers may be grateful for the help of a handrail. And of course you need a rail if there is a dangerous dropoff. A railing on one side may be enough, like the one along the stairway at the top of page 94. The stairs at the bottom of that page have a dropoff on each side and require two rails. Where you have room, a planter can replace one rail and still keep people away from the edge.

Good lighting is another safety factor and one that's often neglected. Post lights, entry lights, and other bright light sources at eye level and above are generally not effective for step lighting. Ideally, the light should spread evenly over the steps to minimize deceptive shadows cast by risers or tread overhangs—so you see the steps, not the light source.

WHEN IT'S APRIL EVERYWHERE ELSE, IT'S SUMMERTIME IN GREECE.

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S-3

The Changing Western Home

Coverup

The electric meter is never very pretty, but if you're lucky it's inconspicuous. The Al De Youngs of Seattle were not lucky. Their meter was exposed beside the front door, handy for the meter reader but hardly attractive.

Their landscape architects, Glen Hunt & Associates, solved the problem with the wood and plastic cover shown below which serves a double function as an entry light. Its mate was built on the other side of the doorway.

The same straightforward approach could be used to cover existing lighting fixtures if you'd like to give them a bolder look. A wide choice of plastics, both patterned and solid, is available through builders' supply houses for the light shield.

DON NORMARK

EDMUND Y. LEE

A second sink . . . always handy

A second sink in the kitchen helps out for the children, for entertaining, for salad making, for preparing vegetables. In short, it's useful. If you have the space to work one in, there is a choice of shapes and sizes. The raised, gooseneck faucet, just right for filling tall containers, was photographed at the Robert Morrisons' in Beaverton, Oregon.

Safety tip

Bright-colored electrical cords are much easier to see than black ones, especially when you're running a lawn mower or hedge trimmer. They're readily available in hardware stores, in home supply centers, and through mail-order catalogs.

Installing gypsum board

Working with gypsum board can be very difficult for an amateur. If you manage the cutting and fitting, there's the nailing, and after that the cover-up of nailheads and cracks.

Brochures are available which deal concisely with all the major problems, and help a do-it-yourselfer from the planning stage right through the final coat of paint. The steps are both illustrated and explained. If you would like to request copies of the free brochures, send your name and address to Gypsum Board Brochures, Building Department, *Sunset Magazine*, Menlo Park, Calif. 94025.

Where does the dog food go?

Dr. and Mrs. Theodore Shohl of A chorage, who have a pair of big retrie ers, faced a problem shared by peop who own more than one dog. It's prac cal to buy food in quantity but hard find a place for the bag.

Their solution is to devote one kitch cupboard exclusively to the dogs. A pla tic bucket holds dry food and slides o easily when needed. Such buckets a sold with or without covers in most har ware and homeware stores.

Repairing damaged vinyl

Among the kits for home repairs vinyl products is a new one that match any color with no mixing. It costs $1.9 at hardware and drug stores. If you car find it, send a stamped, addressed retu envelope to Building Department, *Suns Magazine*, Menlo Park, Calif. 94025, f the manufacturer's name and address.

Electrical timer

A clock-radio is just one sort of electr cal timer. Timers will perform such us ful functions as switching the lights o before you come home at night, or tur ing on the coffee before you get up.

One of the major catalog stores no sells timers meant to replace a wa switch or plug outlet. For about $1 you can install one anywhere you thin it might be useful.

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Family dog *joins children for a slide down A-frame playhouse roof made of tempered hardboard*

The elaborate play yard shown here started out to be an entry in *Sunset*'s 1968 "baseball garden contest." But as designer T. Michael Ward of Los Altos, California, explained, baseball season wasn't enough time: "It took me more than a year to complete because of the large amount of concrete work versus my small wheelbarrow."

Such a project is perhaps too large and time-consuming for most families. However, several of the ideas can be incorporated individually into smaller yards.

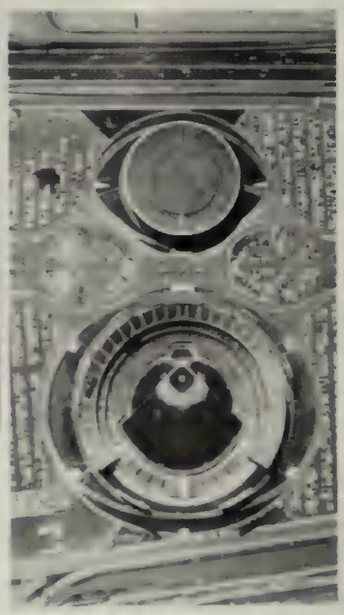
The Wards decided to build their playground in a neglected side yard after first plotting their plans on paper (see

Swings, slide, playhouse, racetrack, sandbox, fountain

There's plenty *of room here to go your own way. Canvas swings purchased; rest was owner-built*

OAKLAND comes in all sizes

MINI DAY



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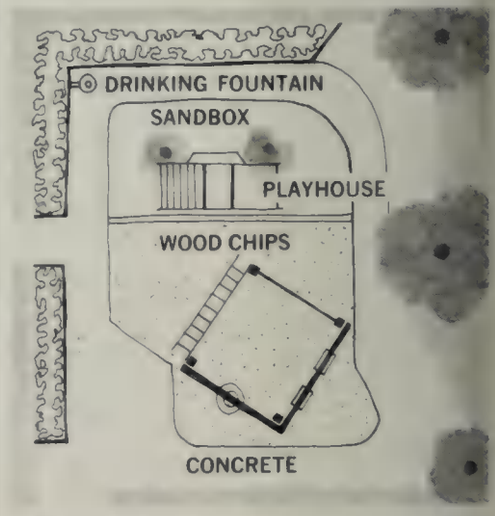
sketch below). A "racetrack" of concrete outlines the perimeter. The center is divided into two sections, one for sand and one for wood chips (3 yards of each material).

An A-frame playhouse (inspired by an article in *Sunset*) set in the sand section has steps up one side and a tempered hardboard slide down the other. The whole unit forms an 8-foot equilateral triangle.

The large climbing frame is supported on four 6 by 6-inch posts (each 14 feet long) set in concrete. Swing-supporting cross bars are bolted near upper ends of the posts. Two canvas swings were purchased as a set; the third is a whirligig tire-and-chain swing that swivels on a thrust ball-bearing joint.

The children's grandfather made the horizontal climbing ladder of black welded pipe. To reach it, children must climb up 1¼-inch hardwood dowels driven into posts and spaced in such a way that little ones are discouraged after climbing two steps.

Climbing *and swinging area, cushioned with wood chips, is surrounded by concrete sidewalk—the racetrack*



Play yard plan *shows border of planter boxes, left and top. Note youngsters' drinking fountain*

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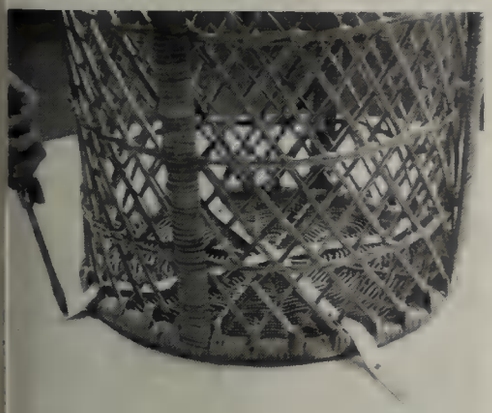
These *mushroomlike tables have lift-off tops. The baskets nest when not in use and for winter storage. Inner plywood circle keeps the top from slipping*

Making baskets into play tables, patio tables, end tables

Any true basket lover will relish the idea of putting baskets to use this simple way. By adding a plywood top you can transform them into tables—with or without a storage compartment. Baskets come in such a great variety of shapes and sizes that you can easily find ones to suit the project you have in mind.

The three children above have taken their puzzles and stuffed animals out of



DARROW M. WATT

Overturned basket *(above) became a base for this patio table. Thin strips of lightweight aluminum lace through the basket and screw to a painted plywood circle tabletop*

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RONALD G. WATT

Wicker campaign chest *turns into a table when you add level surface for drinks and snacks*

Small common nails *tacked into the four corners support the plywood on the basket rim*

the baskets before starting to play on the disk-shaped tops. You can cut the circles with a saber saw or jigsaw from ¾-inch plywood. Glue the smaller circle in the exact center of the larger one with white glue. Paint the tops in a bright enamel to complement your patio or playroom furniture.

The patio table sits fairly low, about 19 inches off the floor. It is right in scale with most patio furniture but high enough to use with chairs for a summer meal. Since the tabletop should not be more than 2½ times the diameter of the basket, choose a basket big enough. We attached the top with inexpensive, flexible, do-it-yourself aluminum. The aluminum strips bend over the basket rim when screwed to the plywood.

Most versatile of all is the wicker chest pictured above. The wooden insert lifts off easily and stores diagonally inside the base. The chest shown has a painted insert; you could use instead a piece of oiled hardwood. If you take the hamper on a picnic, a hardwood insert could double as a cutting board for cheeses and French bread.

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*Manufacturer's suggested retail price for a Cricket. Price excludes state and local taxes, destination charges, and suggested dealer new-car preparation charges. Whitewalls shown are $28.65 extra.

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To use your fireplace safely

Most modern residential fireplaces are quite safe and relatively simple to maintain and use. They are usually built of brick, with fired-clay brick liners in the fireplace itself, fired-clay flue liners in the chimney, and steel reinforcing rods in the masonry to prevent toppling during an earthquake or collapse caused by settling or shifting of the house structure. Or they are made of metal with code-approved insulation, and the metal structure is equally safe against an earthquake or settlement. And of course they have fireproof hearths.

However, it's wise to keep some precautions in mind when using your fireplace. If you light a fire almost every night in cool weather, you should have the chimney cleaned every year or so to reduce the chance of a flue fire. If you use the fireplace infrequently, have it cleaned every five years. Look in the yellow pages of your telephone book for a chimney cleaner; he will use a powerful vacuum cleaner to suck out the soot that has collected. (If there is no such service in your area, you can scour out the soot by lowering through the chimney a large, weighted bundle of rags or tree boughs attached to a rope.)

Soot burns

Soot collects in the fireplace chimney from incomplete combustion of fuel. If a large amount collects, it can reignite from a hot fire in the fireplace. There's a sudden roar, and flames may erupt from the chimney top. This may be terrifying, but it is usually not dangerous: Fire department officials say most residential flue fires simply burn themselves out in 10 to 15 minutes without causing damage to anything. Nevertheless, sparks from a flaming chimney can start a roof fire.

Paper rises

Fire department officials tell us that a much greater hazard comes from burning large quantities of paper in the fireplace—as at Christmastime or on a birthday, when there is a large amount of gift wrappings to dispose of. Such a fire creates a strong draft, and pieces of burning paper are often sucked up through the chimney and land on roofs and other places where they could cause fire.

If you dispose of paper in your fireplace, first place a ½-inch-mesh metal screen over the top of the chimney to prevent burning pieces from escaping. Put in only a little paper at a time, and twist any flimsy paper into ropes or tight balls, so it will not burn too rapidly.

Cracks open up

A hazard in some cases is the crack that may develop between fireplace and hearth. Most modern fireplaces are built on solid concrete foundations, but the hearth foundation may be separate, or it may just be a 1 to 2-inch layer of masonry over a wood floor. Settling of the house can result in a crack where fireplace and hearth meet. Hot ashes or sparks then may fall into the crack, smolder, and start a fire in the wood subflooring of the house, sometimes hours later. If you find such a crack, fill it with tile grout or other noncombustible material.

Fireplace screens and dampers

You should have a tight-fitting fireplace screen. Be sure to close it tightly whenever you leave the room with the fire burning. It is surprising how far a spark can fly across a room, particularly from a pitchy softwood log, if there is no screen to stop it.

Be sure that the flue damper is open before you start a fire; otherwise smoke will promptly fill the room, and more important, the down draft caused by the closed flue may carry burning paper out onto the floor and carpet.

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Varathane, gloss or satin. It may be plastic, but it's not phony.

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DARROW M. WATT

After. *Remodeled fence has new posts and frame, original grapestakes*

Old grapestakes make a handsome comeback

Before. *Dilapidated grapestake fence was propped up with wire and iron pipe*

When an old fence goes down for the last time there's often a good bit of usable material in it. The grapestake fence shown here is a good example.

It was 35 years old, propped up with wire and metal posts but still sagging, and draped in honeysuckle. The neighbors on both sides rebuilt all 90 feet of it for only $150 by reusing the stakes. They estimate saving $300 in labor and material costs.

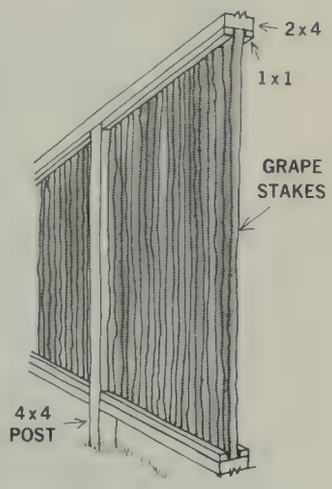
The sketch at right shows how they redesigned the framing to take the original stakes.

The first job was to tear down the vine, remove the stakes, and cut them to a uniform length of 5 feet 8 inches—with points cut off. Old crossbraces and posts were consigned to the woodpile.

The neighbors then rented a gasoline-powered auger and drilled new post-holes 30 inches deep and 8 feet apart. A taut string stretched along the fence line helped them make sure the holes were in line.

They soaked the base of each post with wood preservative and put a few inches of gravel into each hole to insure good drainage. The two end posts went in first, and around them the builders poured concrete, checking with a level as they filled to make sure the posts remained vertical. With the help of an alignment string they set the rest of the posts in the same way. All were a few inches longer than the final fence height.

When the concrete hardened, the builders began the final phase by cutting off the end posts 5 feet 10 inches above the ground and sighting between them to cut the other posts. The top and bottom 2 by 4's and the top 1 by 1's went on next, and one of the bottom 1 by 1's. The stakes were put in position and every fifth one toenailed to the 2 by 4's. The final 1 by 1 completed the job.



A pair *of 1 by 1's, top and bottom, hold grapestakes in place*

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S-301

Vertical stripes to hide and to divide

The divider strips in these two rooms work in different ways. The duck panels cut the space; the plastic sheets let it flow through.

In the living room below, acrylic panels make a soft transition from the seating group to an open hallway. The space is separated without being divided. You see through the smoky panels to the bright purples and pinks of the super-graphic design on the walls.

The ⅛-inch-thick acrylic panels were purchased from a plastic shop where they were cut to size and polished on the edges. If you have a power saw and hand drill with a polishing wheel, you can save considerably on the cost by cutting and polishing them yourself. The panels were hung with light chain to expansion bolts in the ceiling. They hang free at the bottom.

In the laundry room, striped duck panels liven up a corner and hide from view a clothes hamper and hanging racks for freshly ironed shirts. The V-ends were formed by stitching the duck around metal coat hangers with hanging hooks cut off. Brass curtain rings and chain links fit over cup hooks screwed into the ceiling. It's easy to turn the panels and walk through to the hampers.

Tangerine-and-white *panels of duck hide a clothes hamper and ironing board*

Slim sheets *of smoke-tinted acrylic give a feeling of enclosure to this living area without confining the space*

DARROW M. WATT

Is Nevada great for Western lore?

Bet on it.

The old West holds a warm place in every American's heart. In fact the whole world is enchanted with the legends of gunfighters, mining booms and wagon trains.

Nevada is the last refuge of Western lore. It's as close to "the way it was" as you can get. Not a movie facade, but tradition.

The tracks of those big Conestoga wagons are still imbedded in rock along some old trails. Cowboys aren't for decoration. They're part of the state's ranching economy. The Indian holds on hard to his heritage. A rodeo still draws more people in Nevada than a world figure. The Cartwrights may be fiction, but the land of their adventures is still wild and beautiful.

A map of Nevada's 80 ghost towns will keep you busy for weeks. But you don't have to go looking in remote places for Western lore. It's everywhere. On the busiest city streets you rub shoulders with it. On the open road there's no speed limit, but you'll find yourself slowing down to that time over 100 years ago.

If you want to know what the West was like, come to Nevada and see the way it is. You won't forget it. Bet on it!

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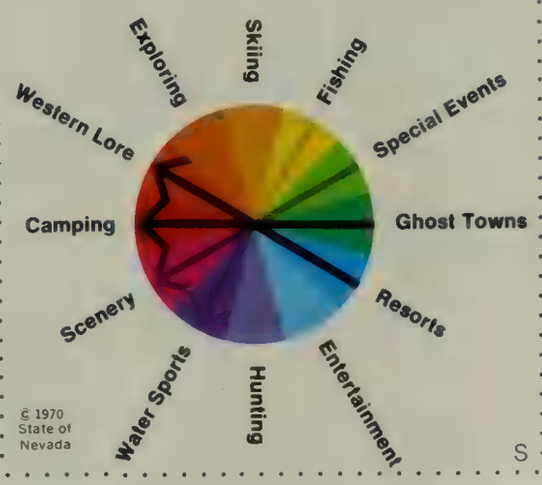
Pick your winning combination of Nevada recreations on the wheel (Circle your choice). We'll send you complete information and a FREE copy of Nevada Highways & Parks Magazine. Bet on it.



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Walk-in pantry *storage for a family of seven is lighted, reveals supplies at a glance*

ELLS MARUGG

Just look and reach into this open pantry

Close the doors *and supplies are out of sight. Closet formerly held washer and dryer, now moved to new laundry room*

Tablecloths *hang on dowels that pull out like a drawer*

To meet the needs of a growing family, a 2½ by 5½-foot washer-dryer closet in this kitchen was remade into an ample pantry.

Architect Loren D. Durr of Los Gatos, California, added an extra hinge to each of the closet doors and built a box frame on each to hold adjustable shelves (1 by 6's with facing strips to prevent cans from falling out). Back cupboards hold miscellaneous goods above, tablecloths below. The tablecloth rack has five wood dowels set into 2 by 3 in back, and pulls out on stock metal guides.

Owners are Dr. and Mrs. Wayne M. Hopp of Monte Sereno, California.

Kashmir-Oct. 20

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Glaciers.

Ajanta-Oct. 25

Caves.

Fantastic treasure.

A forgotten world.

Who are these people who live forever captive in shadows?

Long lidded eyes.

A sensuous mouth.

Startlingly modern coiffures.

2000 years old.

There is color and movement here in this other world.

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Discovered only in the last century.

Bombay-Oct. 29

The Taj Mahal Hotel.

Comfort.

And so uniquely Indian.

Bombay is a modern cosmopolitan city.

But the contrasts amazed me.

The beach is beautiful.

I lie on silver sand.

So peaceful, I fall asleep to the rustling of palm trees.

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The flags are waving in British Columbia, and the bands are on parade. It's our Centennial year and festive events are happening everywhere. From Vancouver Island to the Peace River country, from the Cariboo to the Kootenays. But even more exciting than the celebrations is the land itself. Vast and green and immensely varied. From rugged Pacific seacoast to towering mountain ranges, from lush orchard valleys to rolling rangelands.

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Yesterday's cooler still a good idea

The cooler, rare in Western homes built today, is ageless in its usefulness. Vented to the outside of the house, it lets in cool air which circulates through racks and shelves. The result: Perishable fruits and vegetables stay fresh, and wines and liqueurs are kept cool.

When designer Janean remodeled the kitchen of Mr. and Mrs. Paul Atkins in Ross, California, she found a natural location for a cooler: a cavity near the back door where once a vintage icebox had been housed. With the addition of two vents and glass doors, she created a cool storage spot.

The owners find the closet solves many storage problems. They keep wine (ideally at 50° to 60°) on the upper racks, large quantities of potatoes, onions, fruits and eggs on the lower shelves.

Cooler, *vented to outside at both ends of wine rack, keeps produce, eggs fresh, cool*

DARROW M. WA

The Aries woman is active... animated... and a do-er. The carpet that matches her lively personality is Bigelow's Act III.

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tral island *has marble insert for pastry making, 'op for heat resistance and easy cleaning*

For a petite cook, a low cooking island

RICHARD FISH

A petite cook who needed low counter working space presented a design problem for architects Paul McKim and Associates of San Diego. The solution: a low central island where she can work with ease, and standard-height counters for the rest of the family.

The island is a large (4 by 9½-foot) preparation center with appliance shelves, knife storage, garbage niche, and a small desk for meal planning. Behind the island, a pass-through to the dining area can be closed by folding doors.

Dishes pass *from kitchen to dining area for service on low buffet*

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DON NORMAN

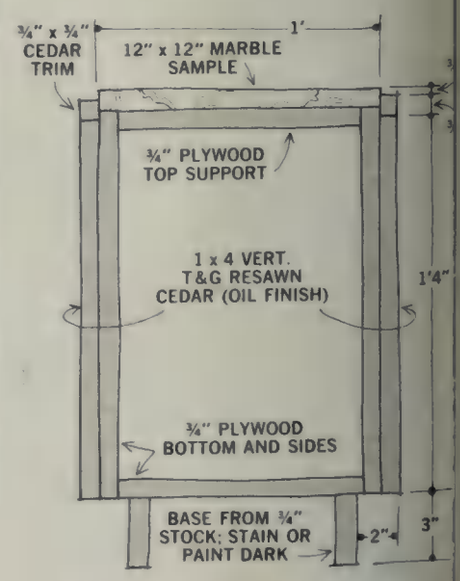
Open one side *of table for books, or ma a door with hidden hinges, flush ca*

The sides are cedar the tops marble

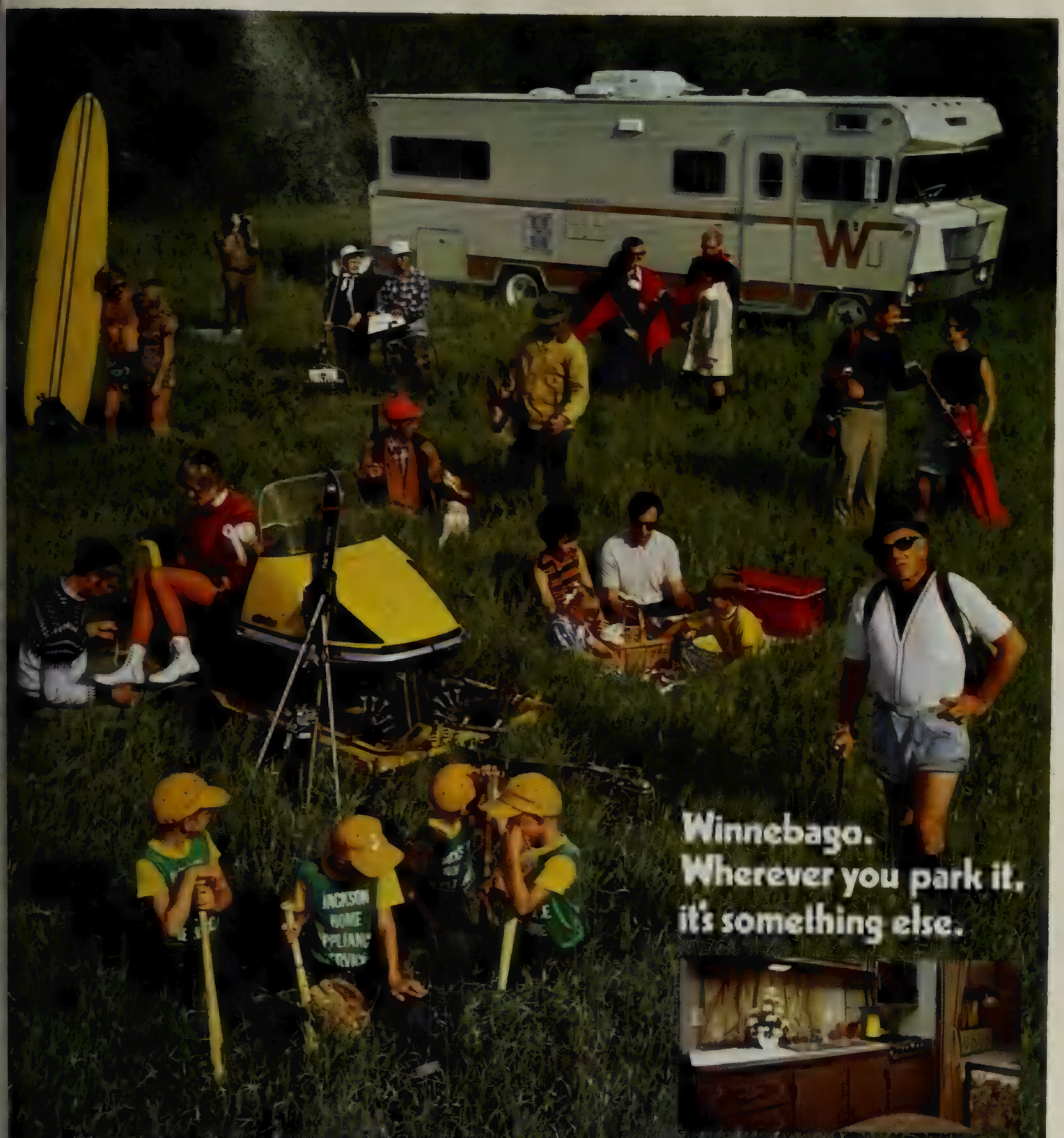
These square-top tables came into bei because architect Dan Butler of Zai Miller offices in Portland happened have two 12-inch-square marble sampl he didn't know what to do with. He ju designed some tables to support them.

The core of each is a ¾-inch plywo box covered on four sides with resaw tongue-and-groove cedar, and set on a inch-high recessed base. The marble held in place by ¾-inch mitered tri The sides are lapped and planed flu but you could also miter them if you p ferred. Sides and trim have a Danish finish; bases are stained dark so that y don't notice them.

A substitute for the marble tops mig be handsome floor or counter tiles decorative tiles you picked up on a f eign trip or bought in a local gallery.



Tabletop *is a marble sample; the rest of the materials cost about $5*



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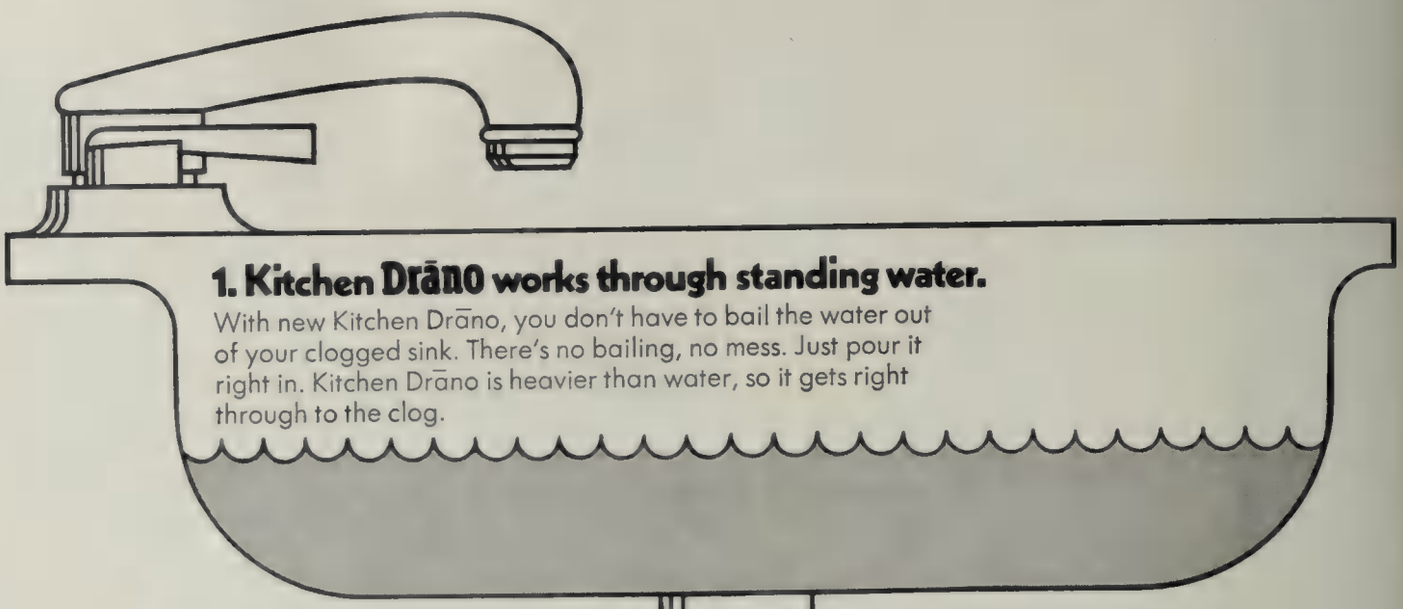

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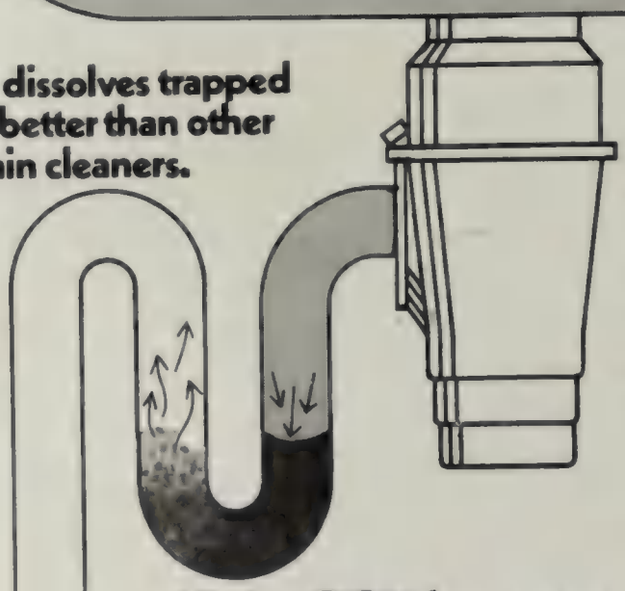

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DON NORMARK

Waste *from chopping board is swept directly into offset drawer below*

Waste containers out of sight

you can't find floor space for a waste ntainer, one of these arrangements ıy be of help. The lightweight plastic stebaskets are easy to reach and re-ove from the drawers. Architect Mar-ı Witt, Jr., designed the one shown ove for Dr. and Mrs. James Wood-rth of Portland. The bin below is in : George R. Chambers kitchen in Palo to, California.

DARROW M. WATT

Tilt-out bin *directly below sink catches food, paper waste; basket lifts out to empty*

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RICHARD FISH

Up here, *games or projects can stay spread out and parents don't see the clutter*

Up the pole to their play loft

To give his children their own private playroom, Los Angeles architect Lorenzo Tedesco remodeled his attic. Children and agile adults reach it by climbing a permanent ladder built into a skylit bedroom hall. There wasn't space for more conventional stairs, and besides it makes the room more of a retreat.

Half the wall and ceiling area was covered with plasterboard and painted; the rest was paneled with pine boards. Vinyl asbestos tile covers the floor. New windows at one end provide natural light and air circulation. The two couches in the loft are used by the children and their friends for lounging, not sleeping.

Skylight *overhead makes him feel as if he were climbing toward the clouds*

Ladder is *a 4 by 6-inch, 16-foot-high post with 12-inch-long, 1¼-inch-diameter oak dowel rungs*

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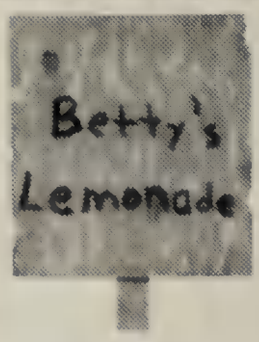
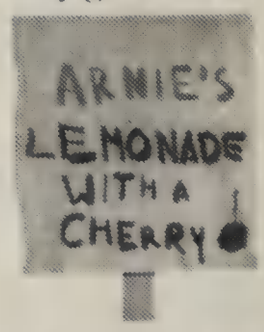


they get better.



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'ow to transfer a Sunset pattern

:rs often ask us how to enlarge nall patterns that usually accom- our sewing articles. In most cases *t's* patterns are printed on a back- d of squares, called a grid, with a n reading "Each square equals 2 ;" (or 3 or 4 inches, depending on :e of the finished project).

large the pattern you must draw a ;rid with squares of the size indi- in the caption.

:own wrapping paper or n paper

ı wrapping paper, widely available to 36-inch-wide rolls, makes good n paper and can be increased in by taping two lengths together. chain of franchised sewing stores y carries a special paper with dots d at 1-inch intervals; if you use ll you need do is draw connecting

the grid

ıe brown paper on a large table or or and place a yardstick along one If the caption asks for 2-inch s, mark off every 2 inches along per. Then, if you have a T-square, across the paper and draw lines each mark to the opposite edge. have only a yardstick, be sure it :tly at right angles to the edge of per as you draw each line.

you have drawn the horizontal nark off the top line every 2 inches :aw vertical lines from each mark. ives you a grid of 2-inch squares.

drawing both horizontal and verti- es, use a contrasting pencil or pen three or four lines. This will make :r to count squares and find inter- ıs.

er the pattern

ansfer the small-scale magazine ı to the full-size grid you've drawn, ount off the number of squares d by the pattern in the magazine. :ount off the same number on the ed grid and mark the corners. marks on the lines of the large t each point where the pattern will intersect them. Connect the square by square, copying bends :rves as accurately as you can.

to see that your pattern is ex- he same shape as the magazine ı. Cut it out with scissors, and ready to begin the sewing project.

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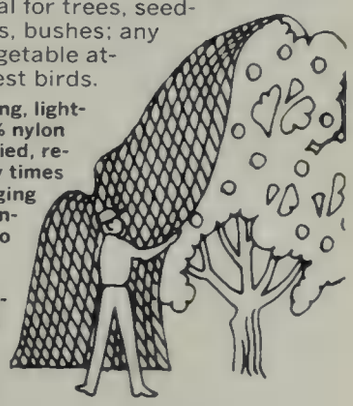

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Half barrels and a big planter are their entry garden

DON NORM

Barrels, *stained to match house trim, create a portable entry garden. Wood pallet in foreground holds planters above graveled strip*

From street *and driveway you look through carport to plant screen. Planter is 2 feet high, filled with loose soil mix*

Three wine barrels, cut in half and stained for use as plant tubs, and the raised wood planter pictured at left solved two problems near the entrance to this house in Bellevue, Washington.

The former wine barrels, purchased from a local cooperage, draw attention to the front door. Previously, first-time visitors weren't quite sure where it was.

The wood planter built across the back of the carport makes a leafy privacy screen between the entry drive and a play yard beyond. Its plants, like those in the barrel planters, provide varied textures and patterns in an area almost entirely paved.

Landscape architects were Talley & Associates for Mr. and Mrs. John L. Robins.

Ferns, fatsias, *and vine maple grow in planter, have their own sprinkler system*

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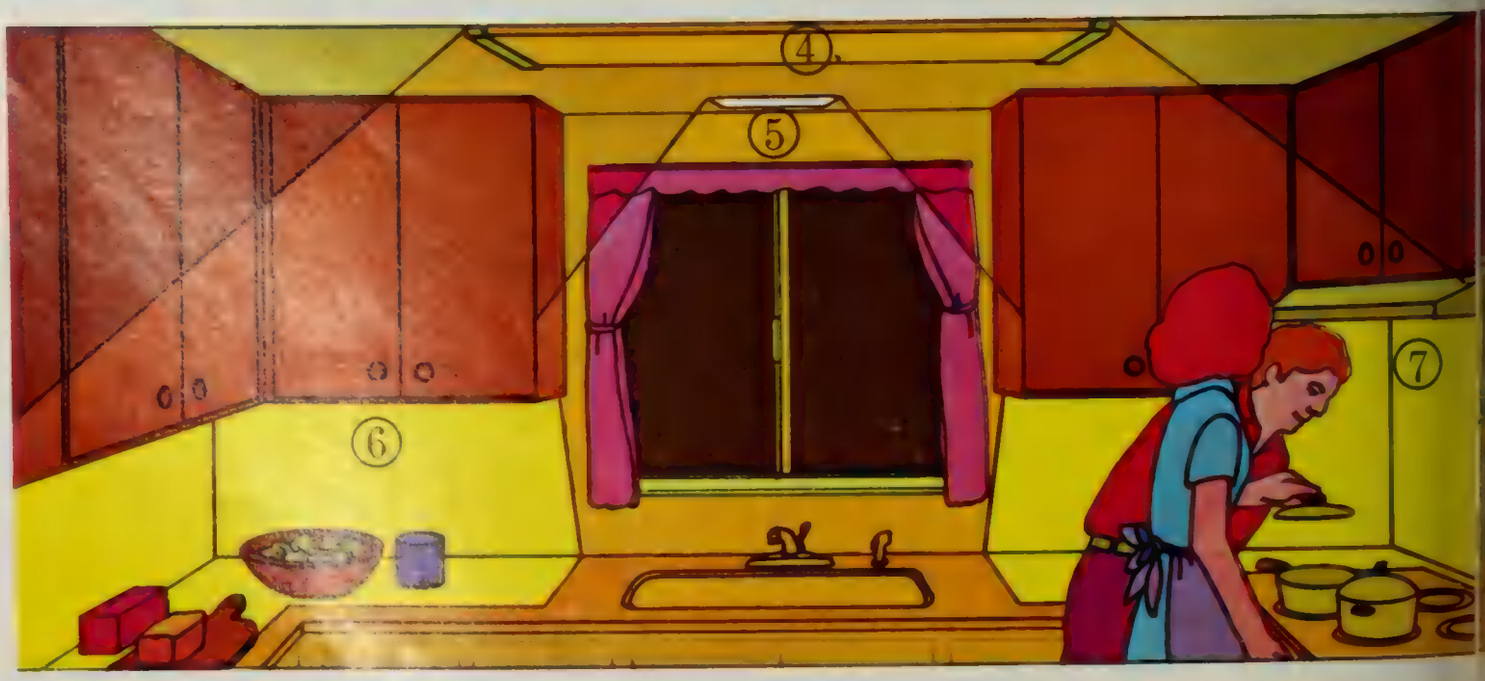
Ten bright ideas to encourage homemal bakers & barbecuers



"If you come home with a grouse or pheasant . . ."

rm. Remove pies from oven; spread eringue evenly over each. Return to 'en and bake 10 minutes longer or until eringue is lightly browned. Cool tarts ' minutes in pan; gently lift out and ol thoroughly. Makes 14 tarts.

Richmond, Calif.

arence Socwell of North Ogden, Utah, s a convertible recipe to propose, using ıtercress.

bird season, if you come home with grouse or a pheasant try it with that. tamer times use a chicken. We tried with chicken, and at the very, very st it's an interesting dish.

ess-cendo Chicken

- 1 broiler-fryer chicken, cut up (about 3 lbs.)
- 2 tablespoons salad oil
- ¾ cup water
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 2 bunches (about 2 cups) watercress

own the chicken pieces in the oil using Dutch oven with cover. When brown, ır in the water, add salt and pepper, ver, and simmer about 45 minutes or il chicken is tender.

ıe a rimmed serving platter with about of the cress; arrange chicken on top. ır over any pan juices, and sprinkle naining cress over all. Makes about ervings.

North Ogden, Utah

Jack West of Balboa makes a point that probably applies to a good many *Chefs*. He says: "My wife is the important cook in this house, and a good one too, but sometimes she throws up her hands in despair and claims she has totally run out of ideas. I have never been able to resist this appeal to my ingenuity."

Mr. West soothes the connubial despair by adding a couple of surprises to what is basically a homely dish.

This would be Swiss steak except for the interesting addition of red wine and pineapple juice. The wine is French and the juice Polynesian, leading to the obvious title . . .

Steak Tahitian

- 3 pounds bottom round steak, cut into serving size pieces
- 3 tablespoons flour
- 2 tablespoons bacon drippings or salad oil
- 1 medium-sized onion, sliced
- 1 package (¾ oz.) gravy mix
- 1 can (10½ oz.) condensed beef bouillon
- ½ cup Burgundy
- 1 can (6 oz.) pineapple juice
- 1 bay leaf

Trim fat from meat; sprinkle the meat with flour and pound in with a tenderizing mallet. Heat drippings in a Dutch oven and brown meat. Add onion and cook until translucent. Combine gravy mix with bouillon and add to meat together with wine, pineapple juice, and bay. Bake uncovered in a 325° oven for 2½ hours or until meat is tender. Makes 6 servings.

Balboa Island, Calif.

Oceanburger

A new way to serve fish sticks. On a bun with a tangy new cheese topping. Tabasco brand pepper sauce gives it that exciting mmm-what's-in-it taste.

- 1 can Cheddar cheese soup (10¾ ozs.)
- ½ teaspoon dried onion flakes
- ¼ teaspoon Tabasco pepper sauce
- 1 teaspoon Worcestershire sauce
- ½ teaspoon crushed oregano
- 2 teaspoons lemon juice
- 1 pound cooked fish sticks
- 6 hamburger buns, slightly toasted
- Dill pickle slices

In saucepan, simmer first 6 ingredients for 15 minutes, stirring occasionally. Spoon over fried fish sandwiches. Garnish with pickle slices.

TABASCO made from the juices of ripe peppers.

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Tabasco is the registered trademark of McIlhenny Co. pepper

For a hot picnic the Dutch oven is a happy traveler

Above. *Wrapped in eight thicknesses o newspaper, Dutch oven retains hea during trip to picnic site.* **Right.** *A destination, the pot is opened to revea peasant-style chicken, sausag and sparerib ste*

A Dutch oven is one of the oldest cooking pots, yet it is still very much in vogue today. It does a smooth job of braising meat stews. It also makes a choice container for going on the road with a hot lunch. Wrapped in newspaper or placed in an insulated bag, a Dutch oven entrée will stay warm a couple of hours en route to an early spring outing.

These three hearty Mediterranean casseroles are well suited to Dutch oven cookery. Whether you use a traditional cast-iron or a sleek enamel-lined Scandinavian pot, the generous size and heavy base make it ideal for these cook and carry-off meals.

Each entrée is a meal in itself, so you might limit the menu accompaniments to French bread, a pot of butter, a basket of oranges or Golden Delicious apples, and a wedge of cheese.

A cousin of cassoulet, this Portuguese bean casserole mellows along the way. Cook it in advance and reheat, if you wish. Traditionally it is served with chopped fresh coriander (also called cilantro or Chinese parsley). You might carry some with you to sprinkle over.

Portuguese Cozido

- 2 cups small white or great northern beans
- 6 cups water
- ⅛ pound salt pork, diced
- 2 pounds lean country style spareribs, cracked and cut into riblets
- 2 tablespoons olive oil
- 4 *each* chicken thighs and drumsticks
- 4 cloves garlic, minced
- 1 teaspoon oregano
- 1 can (6 oz.) tomato paste
- ¾ pound Italian-style garlic sausage

Using a 6-quart Dutch oven, simmer beans in water (without salt) for 1 hour. Meanwhile, using a frying pan, brown salt pork over medium high heat, remove it from pan, and reserve. Add spareribs to drippings in pan and cook until browned; remove from pan. Add oil to pan and brown chicken; set aside.

Then add to the cooked beans the garlic, oregano, tomato paste, garlic sausage, salt pork, spareribs, and chicken pieces. Cover and bake in a 325° oven for 2 hours or until meats are tender.

Remove sausage, peel off casing, and slice on the diagonal ¼ inch thick. Return to the pan. Check the amount of liquid; if necessary cook down juices or add water to make a medium-thick sauce. Serves 8 to 10.

Lamb shanks in a red wine sauce are just as succulent and tender after reheating. The vegetables cook right with the meat the last few minutes.

Lamb Shanks, Italian Style

- 4 large lamb shanks, with bones cracked (about 4 pounds)
- 2 cloves garlic, minced
- 1 package (amount for 4 servings) dry onion soup mix
- 1⅔ cups dry red wine
- 3 tablespoons (part of a can) tomato paste
- 3 medium-sized zucchini
- 1 package (8 oz.) frozen artichoke hearts, thawed

Heat a 5 or 6-quart Dutch oven over medium high heat, add lamb shanks, and let them brown (using their ow fat), turning several times. Add garli onion soup mix, wine, and tomato past Cover and bake in a 325° oven for hours, or until meat is tender. Trim end from zucchini and slice on the diagona add to the shanks along with artichok hearts. Cover and simmer on top of th range for 10 minutes, or until tender.

You can cook only the meat a day i advance and add the vegetables whe you reheat. Makes 4 to 6 servings.

This vegetable-strewn stew is anoth fine choice for a make-ahead casserol It is particularly easy to assemble as th beef is not browned before simmerin Bits of bacon lend a pleasant smok overtone.

French Beef Stew

- 3 slices bacon, diced
- 2 tablespoons olive oil or salad oil
- 2 medium-sized onions, finely chopped
- 3 pounds boneless beef chuck, cut in 1¼-inch cubes
- 1 cup canned beef broth or 1 cup water and 2 bouillon cubes
- 2 tablespoons white wine vinegar
- 3 carrots, peeled and sliced
- ½ teaspoon *each* salt, marjoram, and thyme
- 2 cloves garlic, minced
- ¼ pound mushrooms, sliced
- 1 can (16 oz.) small onions, drained

Heat a 5 or 6-quart Dutch oven ov medium heat and cook bacon until cri and brown. Remove bacon from p and let drain; discard drippings. Add to pan and sauté the chopped onion or 4 minutes, or until golden. Remo pan from heat and place in the pan t beef cubes, broth, vinegar, carrots, sa marjoram, thyme, garlic, and baco Cover and bake in a 325° oven for hours or until tender. Cook down juic on top of range to thicken slightly.

Add mushrooms and onions and simm on top of the range for 5 minutes.

You can cook only the meat and carr a day in advance, and add mushroo and onions when you reheat. Serves

Insulated bag *keeps a pot of lamb shanks, zucchini, and artichokes steaming hot*

NN CHRISTIANSEN

"His semester at sea was my son's first real awakening"

That's from a father who expected the World Campus Afloat experience might possibly be beneficial to his son, but who was totally surprised by how much he had changed and how much he had grown.

It isn't surprising, though, that a student should return home with a better appreciation of his own country, after the experience of talking with a native student in a police state and later learning that the student was arrested simply for expressing his personal opinions to a foreigner.

Nor is it surprising that your son or daughter acquires an improved set of values after trying to sleep on a narrow shelf on a third-class railway coach on the way from Bombay to Delhi . . . or that their Spanish improves dramatically after they've used it to bargain with a guitar-maker in Granada.

Or that they're much more deeply impressed by touching rather than reading about Michelangelo's Pieta; more ready to accept their obligation to help the rest of the world when they've seen most of it starving; more able to understand that people are the same the world over, no matter what their language or the color of their skin.

And it isn't surprising that a student who once had trouble maintaining a C average suddenly acquires improved

study habits; the prospect of a safari in Kenya can give him a real incentive for completing his studies in time to go.

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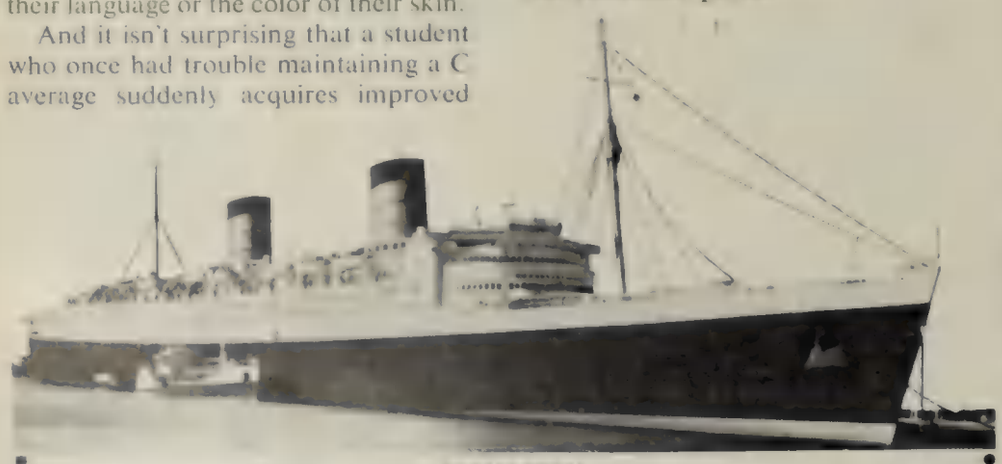

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The Irish way...an two other ways

For all three of these savory stews, y simmer chunks of lean, boneless lamb a well seasoned broth. But adding a juc cious selection of fresh vegetables tran forms each into a distinct spring entré To take full advantage of the rich colored, flavorful gravy, we suggest p tatoes or rice to accompany each ste Then to round out the menu, offer simple green salad with oil and vineg dressing and a fresh fruit compote fruit sherbet for dessert.

The Irish like to season hot mashed p tatoes with cooked cabbage and gre onions for a dish they call colcannon. similar mixture gives a decorative ga nish to this oven-baked stew.

Potato-Topped Lamb Casserole

- 2 pounds lean boneless lamb, in about 1-inch cubes
- 1 can (about 14 oz.) regular strength chicken broth
- 1 large onion, sliced
- ⅛ teaspoon pepper
- 1 cup sliced carrots
- 1 rutabaga, in ¾-inch cubes
- ¼ cup finely chopped parsley
- Salt to taste
- 2 tablespoons *each* cornstarch and water
- 2½ cups finely shredded cabbage
- 5 tablespoons water
- Instant mashed potato (enough for 6 servings)
- 2 tablespoons finely chopped green onion
- 2 tablespoons melted butter

In a 3-quart casserole with a tight fitti lid or in a Dutch oven, combine me broth, onion, and pepper. Cover a bake in a 425° oven for 1¼ hours, st ring occasionally. Add carrots, rutabag and parsley and cook, covered, 30 mi utes longer, or until meat and vegetabl are tender. Taste and add salt if neede Blend cornstarch with water, stir in stew, and continue baking, stirring se eral times, until thickened, about minutes.

Meanwhile simmer cabbage in the tablespoons water until tender, abo 4 minutes. Drain thoroughly. Prepa mashed potatoes according to packa directions; stir in the cabbage and gre onion. Remove casserole from oven (transfer stew from Dutch oven to a 2 to 3-quart, ovenproof serving dish); sw potatoes over top, drizzle with melt butter, and return to oven, uncovere for 15 minutes, or until potatoes a lightly browned. Makes 6 servings.— *H. N., San Francisco.*

Boil small, whole, red potatoes in their ackets (allowing 1 or 2 per person) to erve with this succulent meat and vegeable combination.

ipring Lamb and Vegetable Stew

- 3 slices bacon, finely chopped
- 2 pounds lean boneless lamb, in about 1-inch cubes
- 1 carrot, thinly sliced
- 1 or 2 cloves garlic, minced or mashed
- 2 tablespoons chopped parsley
- ⅛ teaspoon ground cloves
- ¼ teaspoon *each* pepper and whole thyme, crushed
- ½ teaspoon rosemary, crushed
- 1½ cups dry red wine or 1 can (about 14 oz.) regular strength chicken broth
- ½ cup water
- 12 whole mushrooms
- 12 small white boiling onions, peeled
- 1 cup fresh or frozen peas
- Salt to taste
- 1½ tablespoons *each* cornstarch and water

n a Dutch oven, fry the bacon until risp; lift out with a slotted spoon and et aside. Add the lamb to the drippings nd brown well on all sides. Return baon to pan; add carrot, garlic, parsley, oves, pepper, thyme, rosemary, wine r broth, and water. Cover and simmer or 1¼ hours, or until meat is almost nder. Add mushrooms and onions and ook 15 minutes longer; stir in peas and ook 3 to 5 more minutes. Season to ste with salt. Blend cornstarch with ater, stir into stew, and cook over edium-high heat until thickened. Makes servings.—*A. C., San Francisco.*

he Near Eastern aura of this dish is nhanced when you spoon it over hot ooked brown rice.

lediterranean-Style Lamb Stew

- 2 tablespoons olive oil
- 2 pounds lean boneless lamb, in about 1-inch cubes
- 1 small onion, finely chopped
- Zest of lemon
- ½ teaspoon salt
- ⅛ teaspoon pepper
- ¼ teaspoon marjoram
- 1 tablespoon sugar
- 1 cup dry white wine or regular strength chicken broth
- 1 can (about 15 oz.) pear-shaped tomatoes
- ¾ pound zucchini, in ½-inch slices
- 1½ tablespoons *each* cornstarch and water
- About 3 cups cooked brown rice

a Dutch oven heat olive oil over edium-high heat; add lamb and brown ell on all sides. Stir in onion and cook, rring, for 2 minutes. Using a vegetable eler, cut two 2-inch-long strips of non peel; stir into meat with salt, pepr, marjoram, sugar, wine or broth, and matoes (break up with a fork). Cover d simmer for about 1½ hours, or til meat is tender. Add zucchini, cover, d cook about 7 minutes longer, or until cchini is just tender. Blend cornstarch th water, stir into stew, and cook unthickened. Serve with hot cooked rice. rves 6.—*E. G., Carmel, Calif.*

FROM THE LAND OF THE NORSEMEN.

A mellow, supple, golden cheese from Norway. Delicious for sandwiches, canapes, or fondue. Wonderful with fruit for dessert. Jarlsberg, one of Norway's many fascinating cheeses.

JARLSBERG cheese

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Flank steak . . . for the cook in a hurry

A boon for the cook in a hurry, these flank steak entrées are made from very thin, cross-grain slices of steak which, if cooked quickly, are remarkably tender. In each you brown the meat first; then combine it with a spicy tomato sauce in the first recipe or a piquant mustard sauce in the second.

Slicing and browning the meat. Cutting the thin slices is easiest when the flank steak is partially frozen. First cut the steak in half lengthwise. Then cut each half diagonally from top to bottom (see picture below) across the grain of muscle fibers into ⅛-inch-thick slices, they should be about 1½ inches wide.

In a large frying pan, heat about 1 tablespoon *each* salad oil and butter or margarine over highest heat until, if you tilt the pan, the fat flows in ripples. Put in about ⅓ of the steak slices at a time and stir vigorously and constantly until browned, about 2 minutes; remove meat with a slotted spoon to a heatproof serving dish as browned. Continue cooking remaining meat, adding oil and butter as pan appears dry. Keep meat warm while preparing sauce.

Tomato Flank Steak

- 1½ pounds flank steak
- About 2 tablespoons *each* salad oil and butter or margarine
- 1 clove garlic, minced or mashed
- ⅛ teaspoon ground ginger
- 1 can (1 lb.) stewed tomatoes
- 1 can (6 oz.) tomato paste
- ¼ cup soy sauce
- 2 teaspoons sugar
- 1 medium-sized green pepper, seeded and chopped
- 1 package (about 7 oz.) fresh bean sprouts, rinsed
- ¾ cup water
- 1 tablespoon cornstarch
- Hot cooked rice (optional)

Slice flank steak and brown in salad oil and butter as directed above. In the same frying pan combine the garlic, ginger, stewed tomatoes, tomato paste, soy sauce, sugar, green pepper, and bean sprouts; bring to simmering over medium heat. Gradually mix the water into the cornstarch until blended; stir into simmering tomato mixture and cook, stirring, until sauce boils and is thickened. Return meat to pan and stir to mix. Reheat quickly, then serve with rice. Makes 4 servings.—*S. T., Seattle.*

Mustard Flank Steak

- 1½ pounds flank steak
- About 2 tablespoons *each* oil and butter or margarine
- 1 onion, sliced
- 1 cup regular strength beef broth
- 2 teaspoons *each* cornstarch and Dijon-style mustard
- 2 tablespoons white vinegar
- ½ teaspoon salt
- ¼ teaspoon *each* pepper and paprika

Slice flank steak and brown in salad oil and butter as directed above.

Using the same pan, sauté the onion over medium heat, adding more butter, if needed. Cook onion until limp and translucent, then turn into dish with meat and keep warm.

Gradually stir beef broth into cornstarch until smooth; add mustard, vinegar, salt, pepper, and paprika. Pour broth mixture into frying pan and cook, stirring to release browned particles, until sauce boils and is thickened.

Return meat and onions to pan of sauce and stir to mix. Reheat quickly, then serve. Makes 4 servings.—*R. B., Los Angeles.*

Cut *partly frozen flank steak in half lengthwise, and then cut thin slices on the diagonal*
DARROW M. WATT

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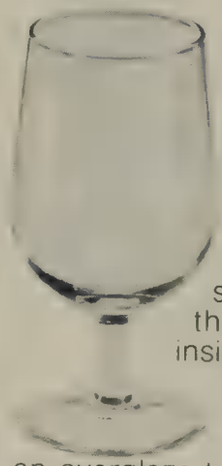

that only have a heating element and bake dishes dry.

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Latin Fandango

1 qt. Dreyer's Coffee Ice Cream
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½ cup fine ground coffee

Over each serving, sprinkle combined finely chopped semi-sweet chocolate and coffee. Drizzle 2 tablespoons creme de cacao on top. Serves 6.

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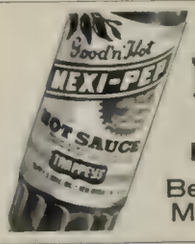

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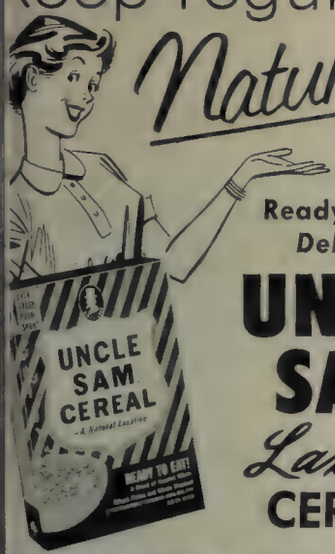

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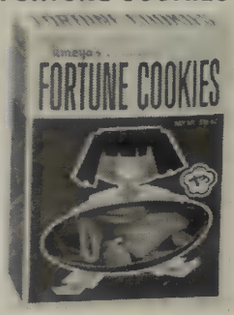

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Extra nutrients . . . but they still taste as oatmeal cookies should

Perennial favorites, oatmeal cookies have long been considered a nutritious snack or lunch box treat. Each of these two versions includes whole wheat flour and wheat germ for additional nutrients as well as a fine toasty flavor and pleasing crunchiness.

The first are made by flattening balls of the buttery dough with a sugar-coated glass. As they bake, they continue to spread into big, crisp lacy rounds.

Cookies made from the second recipe are studded with bits of tart dried apricot and plump sweet raisins that give them a chewy texture.

Each of the recipes yields about 5 to 6 dozen cookies. They stay fresh and crisp for about a week if stored airtight. For longer storage, freeze.

DARROW M. WAT

Flatten *balls of dough by pressing with a sugar-coated glass; they bake into big, crisp rounds*

Lacy Oatmeal Crisps

- 1 cup (½ lb.) soft butter or margarine
- 1 cup brown sugar, firmly packed
- ¼ cup granulated sugar
- 2 eggs, beaten
- 1 cup whole wheat flour (unsifted)
- ½ cup toasted wheat germ
- 1 teaspoon *each* soda and cinnamon
- ½ teaspoon salt
- 1½ cups rolled oats (regular or quick-cooking)
- 1 cup chopped walnuts
- 1 teaspoon vanilla
- Granulated sugar

Beat together the butter, brown sugar, and granulated sugar until smoothly blended. Add eggs and beat in thoroughly. Mix together the flour, wheat germ, soda, cinnamon, and salt; then add to the creamed mixture, blending well. Stir in the rolled oats, walnuts, and vanilla. Cover and chill the dough for about 2 hours.

For each cooky, shape about 1 tablespoon dough into a round ball. Place balls about 4 inches apart on a well greased baking sheet.

Rub the bottom of a glass or jar (one that has a wide, flat base) generously with butter. For each cooky dip the glass in granulated sugar, then press to flatten the ball to about ¼-inch thickness. If the dough sticks to the glass, coat it with more butter.

Bake in a 375° oven for 5 to 6 minutes, or until lightly browned. Cool slightly on pans, then transfer to wire racks. Cool thoroughly, then store in airtight containers or freeze. Makes about 6 dozen 3-inch cookies.—*B. L., San Francisco.*

Oatmeal Fruit Cookies

- ½ cup (¼ lb.) soft butter or margarine
- 1 cup brown sugar, firmly packed
- 1 egg
- 1 teaspoon vanilla
- 1 cup whole wheat flour (unsifted)
- ½ teaspoon *each* soda, baking powder, and salt
- 2 tablespoons toasted wheat germ
- 1 cup rolled oats (regular or quick-cooking)
- ½ cup chopped walnuts or pecans
- ½ cup *each* raisins and chopped apricots

Beat together the butter and sugar un smoothly blended. Add egg and vanil and beat until blended. Stir together t flour, soda, baking powder, and sa then add to the creamed mixture, mixi well. Stir in the wheat germ, oats, nu and fruit, mixing until thorough blended. Drop by teaspoonfuls about inches apart on greased baking shee

Bake in a 350° oven for 8 to 12 minut or until browned. Cool thoroughly wire racks and store in airtight contai ers or freeze. Makes about 5 doz cookies.—*G. P., Woodside, Calif.*

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Sunset 3rd ANNUAL TRAVEL FILM FESTIVAL

Forty-seven travel films were awarded major honors by a distinguished panel of judges at the 3rd Annual *Sunset* Travel Film Festival at the Southern California Sports, Vacation and Recreational Vehicle Show in Anaheim, California, in January.

Grand Prize *"Nzuri (East) Africa," submitted by Trans World Airlines, Inc.*

Best Film by Government Agency in U.S. *"Color Country," submitted by Utah Travel Council*

Best Film by Government Agency on Foreign Destination *"The Peace Game," submitted by South African Tourist Corporation*

Best Film on U.S. Travel by a Commercial Company *"The Wonderful World of Ohio," submitted by Ohio Bell Telephone Co.*

Best Sports Film *"World Cup Ski-ing," submitted by Imperial Tobacco Products, Limited*

Best Recreational Vehicle Film *"A Way Out," submitted by Revcon Incorporated*

HONOR AWARDS

"Austria – Montage of Pleasure," Austrian Trade Delegation & Austrian National Tourist Office ☐ "Turbo," Canadian National Railways ☐ "Molokai – USA," Carm-Lar Productions ☐ "Ski Time in the Rockies," Continental Airlines ☐ "Exploring Turkey," Explorer Motor Home Corporation ☐ "Go Go France," French Government Tourist Office ☐ "German Festival Times," Lufthansa Airlines ☐ "Artists," Nova Scotia, Government of ☐ "Destination Thailand," Thailand, Tourist Organization of ☐ "The Great Ski Chase," Trans World Airlines, Inc. ☐ "The American Trail," U.S. Bureau of Outdoor Recreation.

Another 30 films were awarded Certificates of Excellence. Many of the top films will be shown at *Sunset* Film Festival Theatres at sports and recreation shows around the West during 1971. This month: Salt Lake City Boat, Sports and Travel Show at The Salt Palace, March 17–21; The Los Angeles Sportsmen's Vacation and Travel Show, Pan Pacific Auditorium, March 26–April 4.

Requests for information on availability of the films for club and community showings should be addressed to: Sunset Magazine Film Festival, Menlo Park, CA 94025.

Seafood pies with crab or shrimp

A seafood custard pie, festive and easy to serve, is a wise choice for a luncheon party. The two savory pies here extend the succulence of crab and shrimp with a fresh vegetable.

For last-minute simplicity, bake the shell in advance and have the filling ready. Then plan for the pie to be ready about 15 minutes before serving. It needs a chance to cool and set up.

Crab and Leek Pie

Baked pastry shell (directions follow)
1½ cups shredded Swiss, Samsoe, Tybo, or Gruyère cheese
2 leeks
2 tablespoons butter or margarine
½ pound Dungeness crab meat or 1 can (7½ oz.) crab meat
4 eggs
1 cup half-and-half (light cream)
¼ teaspoon *each* salt and dry mustard
2 tablespoons lemon juice
½ teaspoon grated lemon peel
Dash of mace

Sprinkle the bottom of the pastry shell with half of the cheese (be careful to avoid breaking the shell). Split leeks lengthwise, wash thoroughly, discard coarse green leaves, and chop remaining tender stalks. Sauté leeks in butter until limp; gently mix with crab and spoon over the cheese-lined shell.

In a bowl beat eggs with light cream, salt, mustard, lemon juice, lemon peel and mace, and pour over the crab mixture. Sprinkle with remaining cheese. Bake in a 325° oven for 55 to 60 minutes, or until custard appears firm when pan is gently shaken. Serve hot or warm. Makes 6 servings.—*R. K., Oakland.*

Baked pastry shell. Prepare 1½ times as much pastry as you would normally use for a 9-inch pie shell (either a mix or your own recipe). Line 9-inch pie pan, making a high sturdy fluted edge. Chill. To bake, lay a piece of foil in bottom and up the sides. Fill with dry beans to keep pastry from shrinking. Bake in a 425° oven for 10 minutes; remove foil and beans, and bake about 5 minutes longer, or until lightly browned.

Shrimp and Asparagus Pie. Follow directions above for crab and leek pie, omitting the crab meat, leeks, and butter. Trim ends from asparagus and chop in ¼-inch pieces. Cook in boiling salted water for 5 minutes, or until tender; drain thoroughly. Combine asparagus with ½ pound small cooked shrimp or cans (4½ oz. *each*) small cooked shrimp; spoon over the cheese-lined pastry shell

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Try tender, young lamb this new way — Olé! See how the tantalizing taste of Spanish olives complements the delicate flavor of Spring lamb in this recipe.

LAMB CHOPS with Spanish Olive Relish (makes 6 servings)

- 3 tablespoons olive or salad oil
- 1 small clove garlic, crushed
- 1 medium onion, finely chopped
- 1 medium green pepper, chopped
- 1 medium red pepper, chopped
- 2 medium ripe tomatoes, peeled, seeded and cubed
- ¾ teaspoon paprika Salt and pepper
- ¾ cup small pimiento-stuffed Spanish green olives
- 6 lamb loin chops, 1 to 1¼ inches thick

Heat 2 tablespoons of the oil in large skillet over medium heat; add garlic, vegetables, paprika, 1 teaspoon salt, dash pepper and olives. Cook uncovered, stirring frequently until vegetables are tender. Spoon olive relish in center of heated platter and keep warm. Pour drippings from skillet. Season chops with salt and pepper. Heat remaining oil in skillet; add chops and sauté 5 to 6 minutes per side, or until lamb is as done as you like it. Arrange chops around olive relish.

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DARROW M. WA

Dusted *with powdered sugar and topp with chocolate curls, mocha pound c goes well with whipped cream, orange sli*

A coffee-flavored "pound" cake

This mocha-flavored cake is called pound cake because it resembles one texture and richness, but unlike a t pound cake it contains both liquid a leavening. Serve in thin unadorned sli or present as shown above.

Mocha Pound Cake

- 1 cup butter or margarine
- 2 cups sugar
- 4 eggs
- 2¾ cups regular all-purpose flour (unsifted)
- ½ teaspoon *each* baking powder and soda
- ½ cup cocoa
- 3 tablespoons instant coffee powder
- 2 teaspoons vanilla
- 1 cup sour cream

Cream butter and sugar until smoot blended, then beat in eggs, one at a ti until well blended. Measure toget flour, baking powder, soda, cocoa, instant coffee powder, then sift to move any lumps. Add to creamed m ture and beat until well blended. A vanilla and sour cream and blend w Spoon batter into a greased and flo dusted 9 or 10-inch tube pan and spr evenly. Bake in a 325° oven for ab 1 hour and 30 minutes or until cake begins to pull from pan sides, an skewer, inserted in the center, comes clean. Let stand in pan about 10 m utes, then invert onto a rack; rem pan and cool. Transfer to a serving p and cut in thin slices; makes 10 to servings.—*E. S., El Cerrito, Calif.*

SUNS

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1 head iceberg lettuce
1 bunch Romaine
2 green onions
2 medium tomatoes
1 hard-boiled egg
1 tbsp. garlic flavored wine vinegar

Break salad greens into salad bowl. Add finely sliced green onions, and marinated artichoke hearts with their marinade. Sprinkle with vinegar and season to taste. Garnish with tomato wedges and slices of egg. Add shrimp or crab for an extra treat.

A relative of the thistle, artichokes are easy to prepare and make any meal a special meal. A cookbook of the artichoke, "The Thistle Eater's Guide," is a treasury of proven recipes to delight both family and guests.

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Marble set in wood

This marble insert in a wooden countertop eliminates the need for cooling racks. Any cooking vessel can be taken directly from a heating element and set here without damaging the surface. Architects were Trogdon-Smith, for Dr. and Mrs. Jonathan A. Holloway, Spokane.

THE

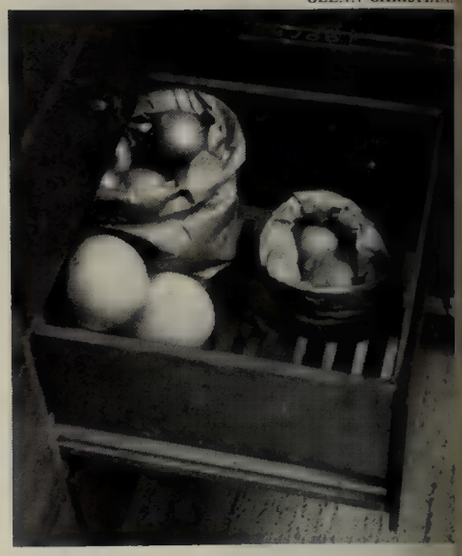
Western Kitchen

NEWS AND IDEAS

Music in the kitchen

For cooks who like music while they work, there's a new cordless AM-FM radio that can be mounted under a kitchen cabinet on a special bracket so it is easily removed. It operates on "C" size batteries, or optional adapter for regular household current, and costs about $40.

GLENN CHRISTIANS



Vented cooler drawer

This cooler drawer is convenient f storing fruits and vegetables. It's slatt on the bottom and ventilated to o doors. Janean designed it for the Gord Richards of Berkeley.

DARROW M. W

Two spouts for pouring

When left-handed cooks pour from a saucepan, the results are usually me Both left and right-handed cooks c handle this double spouted pan w equal ease. Available in three bright c ors with a nonstick fluorocarbon fin it holds about 1½ quarts and costs $

DON NORMARK

Fold up pass-through

This pass-through from kitchen to dining area is available when needed; otherwise it folds up to make a solid wall. When dropped down as shown, the counter rests on an opened door below. Architects: Cook and Swaim, Tucson.

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DARROW M. WATT

A big chuck roast comes home and then comes apart

Three meals *from a large chuck roast: thin slices for a quick supper; a pot roast to serve eight; tenderized steaks make easy dinner for two*

Buying a large section of meat to divide for various meals is practical and economical. A large chuck roast is a good example: It's an inexpensive cut, and you can use each muscle according to its relative tenderness.

This idea for three meals from one large chuck roast is especially suitable for a small family. The pot roast with Hungarian-style sour cream sauce makes a company dinner. The top piece is sliced for a stir-fry supper for two or three. The lower section provides steak for two.

Ask your meatman to cut an extra thick "7 bone" chuck roast, weighing about 7½ pounds. It should be cut from the center of the chuck and will be about 3½ inches thick. Cut at home as follows: Cut along the 7 bone (following dotted line) dividing sections upper A and B; cut bone and fat from upper A section. Next cut along second dotted line dividing sections B and C (cut out oval lower A and add to upper A for stir-fry). Remove backbone from section C; slice C crosswise in half.

Paprika Pot Roast

Middle portion of chuck roast (about 2½ pounds)
3 tablespoons butter or margarine
2 medium-sized onions, sliced
1½ teaspoons whole caraway seed
2 teaspoons paprika
1 teaspoon salt
⅛ teaspoon pepper
¾ cup water
1 package (12 oz.) egg noodles
3 tablespoons flour
1 cup sour cream

To tie the roast, simply curve in edges to fit together snugly as above; wrap cord tightly around its circumference and tie securely in two or three places.

Melt butter in a Dutch oven over medium heat; add roast and brown on both sides; remove meat to platter. Add onions to pan and stir until limp and golden; then stir in caraway seed, paprika, salt, pepper, and water. Replace roast in pan; cover and reduce heat to low; cook until meat is tender and yields easily when pierced with a fork, about 2 hours 15 minutes.

Prepare noodles according to package directions. Remove roast to platter and arrange noodles around base. Cover with foil to keep warm.

Skim off excess fat from pan juices and discard. Then gradually stir ¼ cup of the pan juices into flour until smooth; blend in sour cream. Stir this mixture back into pan and heat until thick; remove to serving bowl. Makes 8 servings.

Beef-Mushroom Stir Fry

Top section of chuck roast (about 1 lb.)
¾ cup water
1 tablespoon cornstarch
4 teaspoons soy sauce
⅛ teaspoon pepper
2 tablespoons salad oil
½ pound mushrooms, thinly sliced
1 bunch green onions, diagonally sliced
1 can (5 oz.) water chestnuts, drained and thinly sliced
Salt

Cut out and discard any gristle, then slice meat thinly across grain (meat slices more easily if slightly frozen). In a bowl, gradually stir water into cornstarch until smooth; then stir in soy sauce and pepper; set aside. Heat 1 tablespoon of the salad oil in large frying pan over high heat; add beef and cook briefly, stirring until just brown (it will juice); remove to bowl. Heat an additional 1 tablespoon oil in pan; add mushrooms and green onion, and stir until the mushrooms turn golden.

Pour cornstarch mixture into vegetables in pan and heat, stirring, until mixture simmers; add meat and water chestnuts and stir to combine with sauce. Add salt to taste, then remove mixture to serving bowl. Makes 2 to 3 servings.

Marsala and Mushroom Steak

2 thick steaks from lower section of chuck roast
Unseasoned meat tenderizer
2 tablespoons butter or margarine
½ pound mushrooms, sliced
3 tablespoons Marsala wine or Sherry

Sprinkle steaks with tenderizer according to package directions.

Melt butter in frying pan over medium high heat; add mushrooms and stir until lightly browned; remove to serving dish. Add steaks to pan and cook until browned outside and pink inside, turning frequently (about 4 minutes per side). Remove to platter with mushrooms. Pour wine into pan and boil, stirring, to incorporate drippings; pour over steaks and serve. Makes 2 servings.

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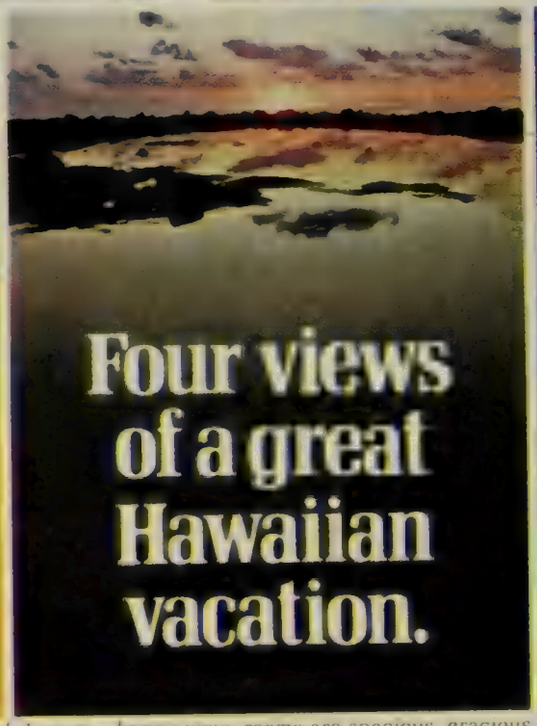

Sunworshipper's view: landscaped swimming pool. Luxury—lover's view: rooms are spacious, gracious. Gourmet's view: choice of two great dining spots. Golfer's view: nearby Keauhou-Kona Championship course.

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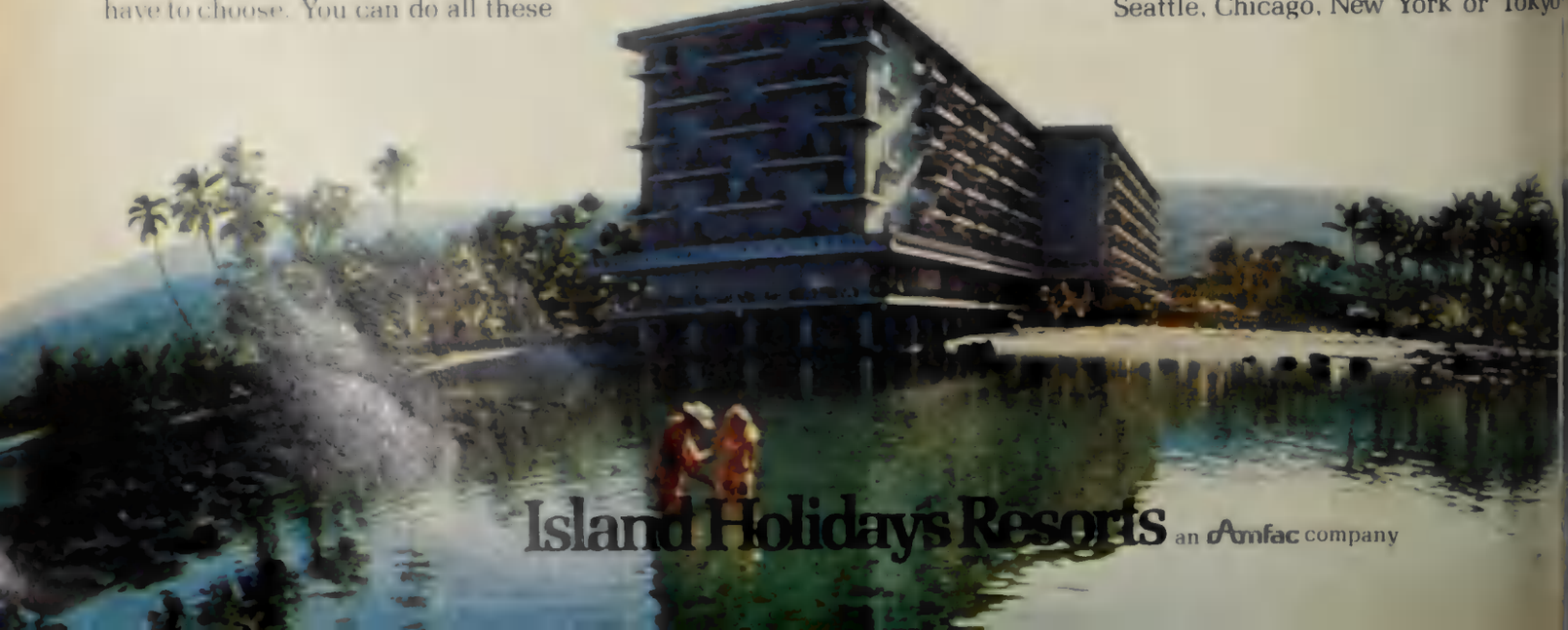

Island Holidays Resorts an Amfac company

MARCH MENUS

A lamb shank picnic, an Italian chicken dinner, a make-ahead brunch for guests, a spicy soufflé lunch

welcome the coming of spring with a ic and other meals that include the ı fruits and vegetables of March. picnic features barbecued lamb ks to eat like drumsticks along with ı cauliflower and romaine. A roast- chicken and spinach-rice casserole in the same oven for the Italian- dinner. Mexican chiles flavor a se soufflé to serve with asparagus unch. The brunch features sausage- ped eggs and fresh pineapple.

Finger food picnic

lamb shanks for this picnic are ed at home ready to reheat and on a small barbecue. The crunchy can be sandwiched between bread or scooped onto romaine to eat.

Picnic Lamb Shanks
Crisp Cauliflower Salad
Romaine Leaves
Buttered Pumpernickel Sandwiches
n Strawberries **Powdered Sugar**

your meatman to saw off the bony nd of shanks; they should not be ted. First bake the shanks, and while cook make the cauliflower salad and ressing; chill the salad and dressing rately. Butter thin-sliced pumper- l or rye bread and pack with but- sides together. Wash, dry, and chill d of romaine; pack the leaves in an ated container or a plastic bag. a small container of powdered in which to dip the berries.

DARROW M. WATT

You can eat *the barbecued lamb shanks like drumsticks, with salad, romaine, bread*

Picnic Lamb Shanks

Trim off excess fat from 4 to 6 whole lamb shanks (3 to 4 lbs.). Place in a Dutch oven or other covered baking dish. Sprinkle with ½ teaspoon *each* salt, rosemary, and thyme (crumbled), ¼ teaspoon pepper, and ⅛ teaspoon ground cloves. Add 1 clove garlic (minced or mashed), 1 bay leaf, 3 tablespoons lemon juice, and ⅓ cup red wine or water. Cover and bake in a 425° oven for about 1½ hours, or until tender; turn shanks 2 or 3 times. Remove and cool shanks in their cooking juices.

To glaze shanks, place on a grill about 3 inches over a bed of medium-hot coals

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(or place shanks about 6 inches below heat in broiler); turn and baste with reserved pan juices occasionally until richly browned and heated through, about 15 to 20 minutes. To make shanks easier to eat out of hand, wrap the bony ends in foil. Serves 4 to 6.—*A. C., Bethel Island, Calif.*

Crisp Cauliflower Salad

- 1 small head cauliflower
- ½ cup shredded carrot
- 1 cup finely chopped celery
- 1 cup finely chopped radishes
- ½ cup finely sliced green onion, with some of the tops
- Mustard dressing (directions follow)

Coarsely shred or finely chop the cauliflower (you should have about 3 cups). Combine cauliflower with carrot, celery, radishes, and onion. Cover and chill. Prepare dressing, cover, and chill. Just before serving, mix salad with dressing. Serves 6.—*H. N., San Francisco.*

Mustard Dressing. Finely chop 1 hard-cooked egg. Combine egg with ½ cup mayonnaise, ½ teaspoon salt, 1 teaspoon sugar, 1 teaspoon Worcestershire, 2 tablespoons lemon juice, 2 tablespoons Dijon-style mustard, and dash pepper; blend until smooth.

Italian oven dinner

The vegetable and rice combine in one dish to bake while the chicken roasts for this dinner for family or guests. Fresh mint leaves flavor the green salad.

Italian Roast Chicken
Spinach-Rice Casserole
Mint Green Salad
Nesselrode Sundae

You may need to order the roasting chicken from your meatman in advance. Bake the casserole with the chicken the last 35 minutes before serving time. For the salad, mix a few fresh mint leaves into your favorite green salad; season with prepared Italian-style dressing. If you don't have fresh mint, add about 1 teaspoon dry mint leaves to each ½ cup of the dressing.

For dessert, spoon bottled Nesselrode sauce or marrons (chestnuts) in syrup over vanilla ice cream.

Italian Roast Chicken

Wash a 5 to 6-pound roasting chicken and pat dry. Lightly salt cavities. Tuck wings under back; don't truss legs. Blend 1 clove garlic, minced or mashed; ⅛ teaspoon pepper; 1 teaspoon marjoram, and 2 tablespoons lemon juice and brush on the outside of the chicken.

Place chicken, with breast up, on a rack in a roasting pan; roast in a 350° oven 1 hour and 40 minutes, or until breast meat near wing is fork-tender.

Remove chicken, draining juices from chicken back into baking pan. Place chicken on serving plate and keep warm.

DARROW M. WATT

Sausage-cloaked *eggs served with English muffins and pineapple for guest brunch*

Skim fat from pan juices (if you wish, add 3 tablespoons Madeira to pan); scrape up brown bits, season with salt and pepper, and heat to a boil. Serve in a small bowl. Makes 6 servings.

Spinach-Rice Casserole

- 1½ pounds fresh spinach (or 2 packages, 10 oz. *each*, frozen spinach, thawed)
- 2 tablespoons butter or margarine
- ½ cup chopped onion
- 2 cups cooked rice
- 5 ounces sharp Cheddar cheese, shredded (about 1¼ cups)
- ⅔ cup milk
- 4 eggs, slightly beaten
- ½ teaspoon salt
- ½ teaspoon *each* rosemary and thyme, crumbled
- 1 teaspoon Worcestershire

Wash spinach well and remove stems; cook in the water that clings to the leaves just until tender, about 3 minutes; drain thoroughly, and coarsely chop. (Or thaw and drain frozen chopped spinach.) In a large saucepan melt butter and sauté onion until it becomes translucent. Remove from heat and stir in spinach, rice, cheese, milk, eggs, salt, rosemary, thyme, and Worcestershire. Pour into a greased shallow baking dish (about 7 by 12 inches). Bake, uncovered, in a 350° oven for 35 minutes, or until set. Serve hot. Makes 6 to 8 servings.

Make-ahead guest brunch

This meal for guests is simple enough for a family breakfast.

Chilled Fresh Pineapple
Scotch Baked Eggs
Oven-Toasted English Muffins

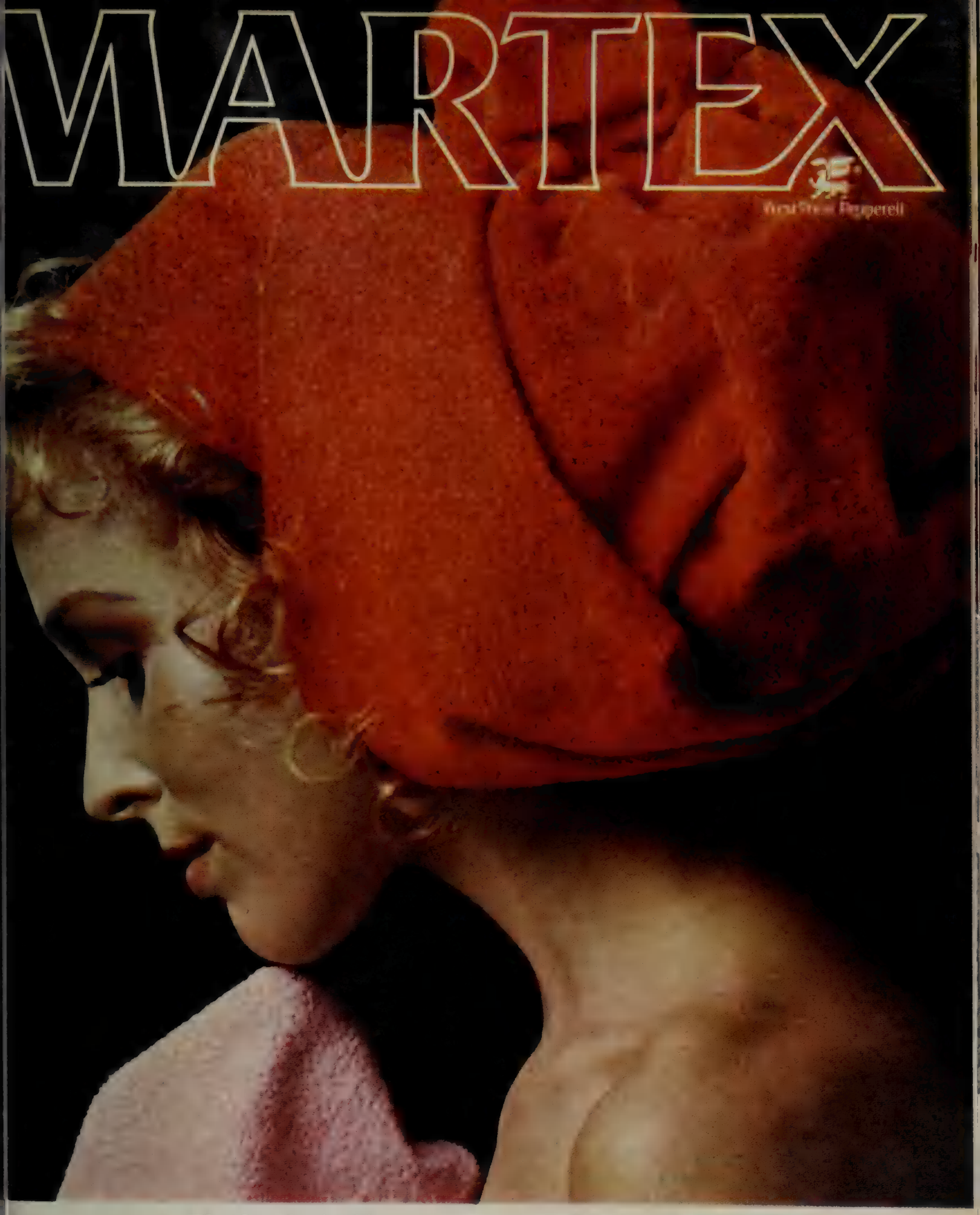
You can wrap hard-cooked eggs in sausage the day before, for the Scotch eggs. Chill 1 small pineapple. To serve, cut pineapple lengthwise through top leaves into quarters. Cut fruit away from shell and cut away center core. Cut fruit in bite-sized pieces and serve in shell.

Arrange split and buttered English muffins on a baking sheet; bake in the same oven with the Scotch eggs for about 10 minutes, until crisp and golden brown.

Scotch Baked Eggs

Hard cook, chill, and shell 4 eggs.

Divide 1¼ pounds bulk pork sausage



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into 4 equal portions and flatten ea into a round flat cake about ⅜-in thick. Free patties with a spatula. Mois en your hands and wrap each egg co pletely in sausage; smooth surfaces un there are no cracks (cover and chill made ahead).

Place sausage-coated eggs slightly ap in a shallow pan. Bake in the upper thi of a 450° oven for 30 minutes, or un meat is richly browned and shows sign of pink color when a small slit cut. Drain briefly on paper towels a serve hot. Makes 4 servings.

Soufflé lunch or supper

The spicy soufflé baked inside a pan water has a soft custardlike consisten If lunch should be delayed, it will reta most of its volume for about ½ hour.

Chile and Cheese Soufflé
Buttered Fresh Asparagus
Hot Tortilla Chips
Rhubarb Sauce or Fresh Orange Slices

Cook the rhubarb ahead and serve it the oranges well chilled. Warm the t tilla chips, wrapped in foil, in the o with the soufflé the last 15 minutes its cooking time. While the soufflé bak cook and season the asparagus.

Chile and Cheese Soufflé

- 2 tablespoons butter or margarine
- 2 tablespoons cornstarch
- 1 cup milk
- Dash cayenne
- ½ teaspoon salt
- ¼ teaspoon dry mustard
- 3 to 5 tablespoons finely chopped California green chiles (seeds and pith removed)
- ¼ pound sharp Cheddar cheese, shredded (about 1 cup)
- 6 eggs, separated

In a large saucepan melt butter o medium heat and stir in cornstar Cook until bubbly. Remove from h and gradually blend in milk, cayen salt, and mustard; cook, stirring, u thickened. Stir in chiles to suit y taste; add cheese and stir until mel

Remove from heat and beat in egg y with a spoon. Whip egg whites until t hold short distinct peaks. Fold ab half the whites thoroughly into the sa then fold in remaining whites until mixture is almost smooth. Pour int well buttered 2-quart soufflé dish or serole with straight sides. With tip knife or spoon, draw a circle on surf an inch or so in from rim. Place inside a larger pan; then pour boi water into pan about halfway up of the soufflé dish.

Bake in a 350° oven for 30 minutes until a skewer inserted through a face crack into the center comes almost dry. Serve immediately or off oven and leave in with door cl for up to ½ hour. Serves 4 to 6.

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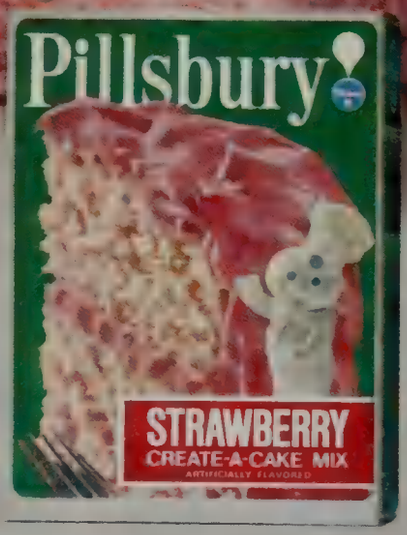
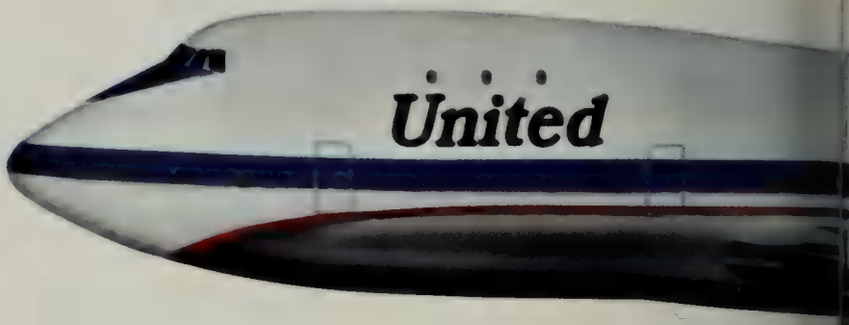


Berry Scrumptious Cake

- 1 package Pillsbury Strawberry Frosting Mix
- ¼ cup lukewarm water
- ¼ cup butter or margarine, softened
- 1 package Pillsbury Strawberry Cake Mix
- 2 egg whites
- 1⅓ cups water

Grease and flour 13x9-inch pan. In small bowl, blend frosting mix, ¼ cup water and butter. Beat as directed on package. Measure ½ cup prepared frosting for use in the cake; set remainder aside. In large mixer bowl, blend cake mix, ½ cup frosting, 2 egg whites and 1⅓ cups water. Beat as directed on package. Pour into prepared pan. Bake at 350° for 35 to 40 minutes or until done. Cool completely. Frost with remaining frosting. High Altitude: 5200 feet. Add 2 tablespoons flour to the dry cake mix. Blend and beat as directed. Bake at 375° for 30 to 35 minutes.

Pillsbury introduces the Create-A-Cake Mix for people who are vild about strawberries.



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See next page for entry blank and a host of other valuable prizes.

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10 Grand Prize Winners can also win a $500 cash bonus. Each of the ten winning entries will be awarded a $500 cash bonus—which if in addition to a major portion of a Kraft Mayonnaise label or alternate substitute—it also includes a blank sales slip or sales tag from any store which sells any of the prizes; or, as a substitute, you may hand print the name of any of the prizes in plain block letters on a plain piece of paper.

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RULES: 1. Send your [illegible] address, together with a Kraft Mayonnaise label or a piece of paper 3 x 5 on which you have printed in plain block letters, written or typed the words, "Kraft Mayonnaise". NO PURCHASE REQUIRED. Wisconsin and Missouri residents send only [illegible] and address on plain piece of paper.

2. Mail entries to Kraft Mayonnaise Sweeps, P. O. Box No. 2645, South, San Francisco, California, 94080. Enter as often as you like. Entry must be in a separate, stamped, addressed envelope. Entries must be postmarked by April 30, 1971 and received by May 10, 1971.

3. Winners will be chosen by drawing 12 days after the close of the Sweeps. First 10 [illegible] win a grand prize of a seven day, [illegible] night vacation for two to Hawaii. Prize includes round trip transportation from hometown to Hawaii via United Air Lines, plus double room accommodations and meals starting the day you land in Hawaii at the Hilton Hawaiian Village. Grand prize winners also win a Nikkormat FTN camera with 50mm F/2 lens and case. Each couple also receives $100.00 spending money.

4. Next four names win as second prizes—Yamaha B-4 Organs. Next four names win Yamaha HS1-B Motor Bikes. Thirty-five additional names will be drawn for prizes in order of value.

5. Grand prize winners must take trip prior to December 31, 1971. If for any reason a winner is unable to take the trip, or to accept any part of any prize, no alternate, substitute or exchange will be made.

6. A $500.00 cash bonus prize will be awarded to each of the first 10 winning entries—which in addition to a major portion of a Kraft Mayonnaise label or alternate substitute—also includes a blank sales slip or sales tag from any store which sells any of the prizes; or as a substitute, you may hand print the name of any of the prizes in plain block letters on a plain piece of paper. No purchase required to qualify.

7. This Kraft Mayonnaise Sweepstakes is void outside the U. S. A., the State of Washington, and wherever prohibited, taxed, or restricted by federal, state or local regulations. Employees of Kraft Foods, its advertising agencies, and the judging organization and their immediate families are not eligible. State, federal and other taxes imposed on a prize winner in the Sweepstakes will be the sole responsibility of the prize winner.

Kraft Mayonnaise Sweepstakes
P.O. Box [illegible], South San Francisco, Calif. [illegible]

☐ Enclosed is a Kraft Mayonnaise label or appropriate substitute according to Rule 6.

☐ Enclosed is a Kraft Mayonnaise label or appropriate substitute according to Rule 6 and—to qualify for the [illegible] cash bonus—a free sales slip or appropriate substitute as set out in Rule 6.

Name _____

Address _____

City _____ State _____ Zip _____

Kraft Mayonnaise Sweepstakes closes midnight, April 30, 1971

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Division of **Kraftco Corporation**

NORMAN PLATE

rightly *luncheon salad—chile-seasoned* *ıs and meat, sliced oranges, avocado*

Cold roast and shredded lettuce

Mexican way of mixing strips of roast into spicy shredded iceberg ce offers a fast and fresh salad pre- tion. Try it with yesterday's roast ced meats from the delicatessen.

salad is particularly attractive en- ed with sliced navel oranges and ado.

can Mixed Salad

- large oranges
- head iceberg lettuce
- bunch green onions, chopped
- to 8 ounces cooked ham, chicken breasts, or tongue, or rare roast beef, sliced
- tablespoons olive oil or salad oil
- tablespoon white wine vinegar
- tablespoons lime or lemon juice
- clove garlic, minced or mashed
- teaspoon *each* sugar, chile powder, and ground coriander
- avocado
- Pitted ripe olives for garnish

he peel and white membrane off es and cut in thin slices. Arrange d edge of rimmed platter, about 10 s in diameter. Shred enough lettuce ake 1 quart. Mix onions with let- Cut meat into julienne strips and alf into the greens. Stir together l, vinegar, lime juice, garlic, sugar, powder, and coriander; pour dress- ver the greens mixture and mix . Mound in the center of the plat- aking a rounded cone shape.

ge remaining meat strips on top of eens. Peel and slice avocado and ge around the base. Garnish with . Makes 4 servings.

John's squares things for pepperoni lovers.

3 kinds: Cheese, Sausage, Pepperoni.

Once again John's Original Pizza brings you the good round meal. Only this time with square pepperoni. Generous chunks of square-cut pepperoni, spread evenly over the entire pizza. So the good pepperoni flavor cooks down deep and mingles with the taste of cheese and tomato in every bite. John's Original Frozen Pepperoni Pizza—the perfect marriage for pizza lovers and pepperoni lovers.

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Dig into a Sunkist
navel orange.
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Come back to your senses. Sunkist.

GLENN CHRISTIANSEN

A wedge *of coconut-topped custard, with caramel sauce spooned alongside, makes a refreshing dessert*

Coconut . . . in a flan, in a sherbet

will appreciate the availability of ıed coconut juice and packaged ɜd coconut when you make these Mexican-inspired desserts. Look for juice in the fancy food section of · market.

desserts go, both recipes are fairly in calories.

ɔnut sautéed in butter and sugar melizes to make a crunchy topping his smooth custard.

ɔnut Flan

1 cup sugar
6 eggs
2 cans (8 oz. *each*) coconut juice
1 cup milk
1 teaspoon vanilla
Coconut topping (recipe follows)

make a hot water bath for the flan: ı 9-inch-round cake pan in a slightly r pan. Fill the outer pan with hot water to come halfway up around ɔther pan; hold down cake pan so it t float. Then remove cake pan and ɔnly the pan of water in a 350° oven ɜ you mix the flan.

ɜ ⅓ cup of the sugar in a small fry-pan and heat over moderate heat sugar melts and turns a pale amber · (shake and tilt pan instead of stir- to melt sugar evenly). Immediately into the 9-inch cake pan. Using hot to protect your hands, tilt pan ɛly to let syrup flow over bottom slightly up sides.

together to blend the eggs and re-ing ⅔ cup sugar. Add coconut , milk, and vanilla. Set pan with nel in the hot water bath in the oven pour in the egg mixture. Bake in a oven for 30 minutes, or until a crevice about ⅜ inch deep forms when you gently push custard with back of a spoon at a point halfway between pan rim and center of the pan.

Remove pan from hot water bath and chill at once. When cold, slip a knife blade around side of custard, then cover pan with a rimmed serving plate. Holding plate in place, quickly invert; the flan will slip free and the caramel sauce flow out. Sprinkle coconut topping (recipe follows) on top. Cut in wedges; spoon on sauce. Serves 8.

Coconut topping: Melt 1½ tablespoons each *butter and brown sugar in a large frying pan over low heat. Add 1 cup flaked coconut and cook, stirring, until coconut turns golden brown.*

This milk sherbet is light, fluffy, and noncrystalline.

Coconut Sherbet

1 cup sugar
1 envelope unflavored gelatin
1 cup milk
2 cans (8 oz. *each*) coconut juice
2 teaspoons vanilla
1 cup flaked coconut
2 egg whites

Mix ¾ cup of the sugar and the gelatin in a saucepan. Pour in milk, place over low heat, and stir until sugar dissolves. Stir in coconut juice, vanilla, and coconut. Turn into shallow pan and freeze until solid. Beat egg whites until stiff, but not dry, and gradually beat in remaining ¼ cup sugar. Turn sherbet into a bowl and beat until light and fluffy. Fold in the egg whites. Turn into a 2-quart container, cover securely, and freeze. Scoop into balls and serve in dessert bowls. Serves 6 to 8.

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CORNED BEEF A L'ORANGE
special for St. Patrick's Day

4 to 6 pounds lean corned beef, round or brisket
1 (6-ounce) can frozen orange juice
Prepared mustard or horseradish

Trim off fat from corned beef. Cover beef with cold water and let stand half an hour. Drain thoroughly, then place in casserole and top with undiluted orange juice. Cover closely. Bake in slow oven (300° F) about 4 hours until tender. Cut into thin slices across the grain. Serve with prepared mustard or horseradish. Makes 8 or more servings.

Notes from the Chef: Corned beef cooked by this easy oven method is truly delectable.

Use a half can of orange juice when cooking less than 4 pounds of beef.

Cooked corn beef may be returned to its orange juice bath before storing in refrigerator.

Second day thoughts for corned beef include hash, Reuben sandwiches, Rachel sandwiches (like Reuben but made with cole slaw) and a quick casserole of chopped corned beef with canned baked beans and ad lib seasonings.

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For handsome booklet of famous Beef Recipes from California Restaurants plus Dining Out Menu Guide send 25 cents to Chefs Recipes, 463 Brewster Avenue, Redwood City, CA 94063.

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Spicy cookies in slices or squares

Streamlined technique characterizes the preparation of these spicy nut cookies. Both store well at room temperature for up to a week; freeze the unbaked refrigerator dough for longer storage.

The filbert cookies are cut from a roll of refrigerator dough; poppy seeds make them crunchy. The chewy-crisp pecan cookies are baked in a large pan, then cut into squares.

Filbert Slices

- 1 cup (½ lb.) butter or margarine, at room temperature
- 1 cup sugar
- 1 egg
- 1 teaspoon vanilla
- ⅓ cup poppy seed
- ½ teaspoon cinnamon
- ¼ teaspoon *each* salt and ground ginger
- 2½ cups regular all-purpose flour (unsifted)
- 1½ cups coarsely chopped filberts

With an electric mixer or heavy wooden spoon, beat together butter and sugar until creamy. Add egg, vanilla, poppy seed, cinnamon, salt, and ginger; beat until blended. Gradually mix flour into creamed mixture. With a spoon stir in filberts. Form into a roll about 1½ inches in diameter. Wrap in clear plastic film or foil and chill to firm.

Cut roll into ¼-inch-thick slices (partially thaw if frozen); place on an ungreased cooky sheet. Bake in a 350° oven for 15 minutes or until browned. Makes 7 dozen.—*M. C., Portland.*

Pecan Squares

- 1 cup (½ lb.) butter or margarine, at room temperature
- 1 cup sugar
- 1 egg, separated
- ½ teaspoon vanilla
- ¼ teaspoon salt
- ¾ teaspoon baking powder
- ½ teaspoon cinnamon
- ¼ teaspoon allspice
- 2 cups regular all-purpose flour (unsifted)
- 1 cup coarsely chopped pecans

With an electric mixer or heavy wooden spoon, beat together butter and sugar until creamy. Beat in the egg yolk, vanilla, salt, baking powder, cinnamon and allspice. Gradually mix in flour until well blended. Pat dough evenly in a 1[illegible] by 15-inch jelly roll pan or two 9-inch square baking pans. Beat egg white until frothy and brush on dough. Sprinkle nuts over dough and press lightly to secure. Bake in a 350° oven for 25 minutes, or until golden. Cool 10 minutes, cut into 1½-inch squares. Makes 6 dozen. —*L. M., Panorama City, Calif.*

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FOR ALL AMERICANS

Fresh bean sprouts with seafood

Fresh bean sprouts give these two seafood mixtures their lively, crunchy textures. Serve either recipe as a salad or sandwich filling.

A tart curried mayonnaise dresses tiny shrimp in the first recipe; serve in a lettuce cup or as an open-faced, knife and fork sandwich, garnished with parsley and hard-cooked egg.

Capers and soy sauce lend an Oriental flavor to the tuna with bean sprouts. Accompany with whole cherry peppers and sweet midget pickles.

Curried Shrimp Salad with Bean Sprouts

For shrimp salad, stir together ¼ cup mayonnaise, 1 teaspoon curry powder and 1 tablespoon white wine vinegar. Gently stir in ½ pound tiny cooked shrimp, 4 green onions, chopped (including about 1 inch of the tops), and 1¼ cups fresh bean sprouts, rinsed.

To serve, place lettuce leaves on two salad plates. Mound shrimp mixture on lettuce; garnish salads with 1 hard-cooked egg, sliced, and 2 teaspoons finely minced parsley. Makes 2 luncheon salads.—*C. G., Salinas, Calif.*

To serve as a sandwich: Prepare shrimp salad mixture as above. Split and toast 2 whole wheat English muffins. Place lettuce leaves on each muffin half. Mound shrimp mixture on lettuce; garnish sandwiches with 2 hard-cooked eggs, sliced, and 3 teaspoons finely minced parsley. Makes 4 open-faced sandwiches.

Tuna Salad with Bean Sprouts

For the tuna salad, gently stir together 1 can (6½ or 7 oz.) tuna, flaked; ¾ cup fresh bean sprouts, rinsed; 3 teaspoons capers; ¼ cup mayonnaise; and 1 teaspoon soy sauce.

To serve, line two salad plates with lettuce. Mound tuna mixture on lettuce. With a sharp knife, slice 2 whole sweet midget pickles lengthwise almost to one end, each in about 4 slices; fan slices out. Use these with mild, pickled whole sweet cherry peppers as garnish for the salads. Makes 2 luncheon salads.—*K. H., Palo Alto, Calif.*

To serve as a sandwich: Prepare tuna salad mixture as directed above. Place lettuce leaves on 4 buttered slices pumpernickel or other dark bread. Mound tuna mixture on lettuce and garnish with 4 sweet midget pickles cut as directed above and 4 pickled whole sweet cherry peppers. Makes 4 open-faced sandwiches.

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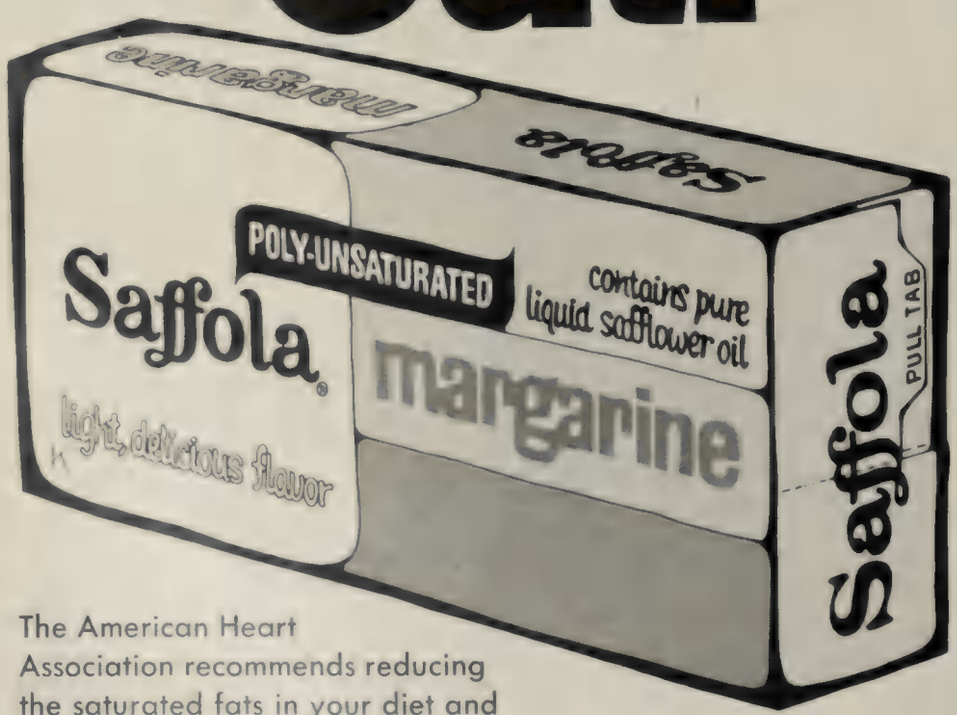

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Chocolate on top and chocolate inside

This creamy cheesecake has bits of choc-olate strewn throughout. We liked it best when served at room temperature so the chocolate pieces are smooth and creamy; after chilling, the cheesecake is still good, but the chocolate is quite firm.

Chocolate Chip Cheesecake

- 1 cup vanilla wafer crumbs
- ¼ cup melted butter or margarine
- 2 large packages (8 oz. *each*) cream cheese
- ¾ cup sugar
- ½ cup sour cream
- 1 teaspoon vanilla
- 4 eggs
- 1 package (6 oz.) semisweet chocolate pieces

Mix together the cooky crumbs and but-ter. Pat into a greased 9-inch cheesecake pan (with spring release sides or remov-able bottom), covering the bottom and ½ inch up the sides.

Beat the cheese until light and creamy, then gradually add the sugar, beating until smooth. Mix in the sour cream and vanilla. Add eggs, one at a time, and beat well after each addition.

Reserve ⅓ cup of the chocolate pieces for topping and stir the remainder into the cheesecake mixture. Turn into the crumb-lined pan. Sprinkle reserved choc-olate on top. Bake in a 325° oven 30 to 35 minutes, or until only a 3-inch circle in center shakes if pan is jiggled. Let cool. Serve at room temperature. If made a day in advance, refrigerate. Makes about 8 servings.

Chocolate bits *fleck this cheesecake and poke up decoratively on top*

DARROW M. WA

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Shortbread for your coffee break

The charm of these two versions of old-fashioned Scotch shortbread lies in their sturdy, substantial shapes, toastiness, and not-too-sweet, butter-rich flavor. With a cup of tea and a few bright red spring strawberries you have delightful afternoon refreshment.

Both the shortbread and the ginger-flavored variation are made in the same manner: flour, butter, sugar crumbled finely together then patted firmly out in a cake pan, decorated with fork tine markings, baked, and cut in fat wedges.

Scotch Shortbread

Combine 1¼ cups regular all-purpose flour (unsifted), 3 tablespoons cornstarch, ¼ cup sugar, and ½ cup butter or margarine, cut in chunks. With your hands work mixture until it is very crumbly and no large particles remain; then press mixture into a firm lump with your hands. Place dough (it is crumbly) in an 8 or 9-inch layer cake pan with removable bottom and press out firmly, evenly. Impress edge of the dough with the tines of a fork (see above right), then prick surface evenly.

Bake in a 325° oven for about 40 minutes or until a pale golden brown. Remove from oven and, while warm, cut with a sharp knife into 8 to 12 wedges and sprinkle with about 1 tablespoon sugar. Let cool, then remove pan rim and transfer cookies to a serving tray or airtight container. Keep at room temperature as long as a week; freeze for longer storage. Makes 8 to 12 cookies.—*M.C., East Palo Alto, Calif.*

Ginger Shortbread. Make Scotch shortbread as directed, omitting the cornstarch and adding ½ teaspoon ground ginger and 2 tablespoons minced crystallized ginger.

Impress edge *of dough with fork tines to make a decorative border*

Cut baked shortbread *in wedges while still hot, but cool in pan*

Serve *solid, sugar dusted Scotch shortbread wedge with tea or coffee and strawberr*

DARROW M. W

Are you a blue, purple or pink?

not important really. In any pack-
color you have good taste. In the
package, you find the original
dough English muffin. It's partially
at the bakery for those who prefer
classic rough-textured halves. The
le package brings you the same
authentic muffin with an extra lift in the tang of sourdough. In the pink (or is it magenta?) package, we again slice our muffins for toaster convenience. When is an English Muffin just right to your taste? We think that you'll convince yourself that we have arrived at the just-right muffin texture and flavor; a sourdough tanginess and a satisfying blend of crispness and chewiness.

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Baking your own "health" breads

ere's a feeling of pride and accomshment that comes from making ead. And these days you can find, even the grocery shelf, a collection of urs and cereals such as stone ground ole wheat, graham, rye, rolled oats, d cracked wheat that makes bread king still more interesting.

alth foods stores have an even wider ection.

ese ingredients give the breads we scribe below an open-grained texture d nutty flavor. To two of them we also ded sunflower or sesame seed to vary l further the texture and flavor.

cause these flours and cereals are urse ground and heavier than all-purse flour, rising times are longer and u can expect smaller loaves. Bake the t three breads in medium-sized bread ns (4½ by 8 inches) for most attrac-, rounded shape. If you bake them 5 by 9-inch pans, the loaves will be her flat.

u bake the fourth bread, a round loaf, a layer cake pan.

eading. For even texture and smooth sts, knead these breads well. In each ipe we add part of the flour to the igh in the bowl, then work in the last tion of flour on a board.

u turn the dough out onto a measured antity of flour on the board and sprinsome of the flour over the surface dough and your hands. Lift the edge the dough farthest away from you, d in half toward you, then, with your ms, press dough down and away. n dough a quarter turn and repeat lifting, folding, and pressing.

ntinue kneading in this manner withturning dough over until it is elastic l non-sticky; sprinkle additional flour the board and your hands as needed prevent sticking. The breads require ut 10 minutes of vigorous kneading. e dough is sufficiently kneaded when ooks smooth with a slight sheen and s velvety and resilient. Let dough according to directions.

ping. To shape the breads, punch n the dough and squeeze it to release bubbles, then divide it in two equal tions. Knead lightly and gently on a y lightly floured board just until the tion of dough has a smooth surface. h a smooth surface of dough resting the board, pull edges toward the cen- and pinch a seam to seal; pick up dough and pat into an oval loaf. ooth both ends, then tuck under and e loaf, seam side down, in a loaf pan. rise again as directed.

Honey gives this bread a rich, sweet flavor and a crisp crust.

Sunflower Whole Wheat Bread

- 1 package active dry or compressed yeast
- ⅓ cup warm water (lukewarm for compressed yeast)
- 2 cups milk, at room temperature
- 3 tablespoons melted butter or margarine
- 1 tablespoon salt
- ½ cup honey
- About 8 cups stone ground whole wheat flour
- 1 cup shelled sunflower seed

Dissolve yeast in water in a large bowl. Add the milk, 2 tablespoons of the butter, salt, and honey. Gradually stir in 5 cups of the flour to make a soft dough; stir in sunflower seed. Spread about half of remaining 1 cup flour on a board, turn out dough, and knead as directed above; add more flour if necessary. Place dough in a greased bowl, grease top of the dough, cover with a towel, and let rise in a warm place until almost doubled, about 2 hours.

Punch down dough and shape into two loaves as directed above. Place each loaf in a 4½ by 8-inch loaf pan that has been greased on the bottom only. Let rise, covered, until almost doubled, about 45 minutes. Brush crusts with remaining 1 tablespoon butter. Bake in a 375° oven for about 45 minutes or until golden brown and the loaves sound hollow when tapped. Remove loaves from pans and

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let cool on a rack. Makes 2 loaves.—*R.D., Honolulu.*

Toasted sesame seed accents the flavor of this bread made with rolled oats.

Oat Sesame Bread

- 1 cup regular rolled oats
- 2 cups boiling water
- ½ cup sesame seed
- 1 package active dry or compressed yeast
- ½ cup warm water (lukewarm for compressed yeast)
- ¼ cup *each* dark molasses and dark corn syrup
- 1½ teaspoons salt
- 3 tablespoons melted butter or margarine
- About 4½ cups regular all-purpose flour (unsifted)

Stir together oats and boiling water in the top of a double boiler; cover and cook over simmering water until water in the top pan is absorbed, about 1 hour. Transfer oats to a large bowl; let cool. In a frying pan over medium heat, stir sesame seed until browned.

Dissolve yeast in the ½ cup water, then add to cooled oats. Stir in molasses, corn syrup, salt, 2 tablespoons of the butter, and sesame seed. Gradually stir in 4 cups of the flour. Spread remaining ½ cup flour on a board. Turn dough out and knead as directed on preceding page till elastic; add a little more flour if necessary. Let dough rise, covered, in a greased bowl until almost doubled, about 2 hours.

Punch down dough and shape into 2 loaves as directed above. Place each loaf in a 4½ by 8-inch loaf pan, greased on the bottom only. Let rise, covered, until almost doubled, about 45 minutes. Brush crusts with remaining 1 tablespoon butter. Bake in a 400° oven for 40 minutes or until loaves sound hollow when tapped. Remove loaves from pan and cool. Makes 2 loaves.—*H.B., Seattle.*

The nutty flavor and texture of this bread come from cracked wheat.

Graham Cracked Wheat Bread

- 1 package active dry or compressed yeast
- ¼ cup warm water (lukewarm for compressed yeast)
- 1¾ cups milk, at room temperature
- ¼ cup molasses
- 3 tablespoons melted butter or margarine
- 2 teaspoons salt
- ¼ cup cracked wheat
- 1½ cups graham flour
- About 5 cups regular all-purpose flour (unsifted)

In a large bowl dissolve the yeast in the water. Add the milk, molasses, 2 tablespoons of the butter, salt, cracked wheat, and graham flour. Mix in 4 cups of the all-purpose flour. Spread about half of remaining 1 cup flour on a board, turn out dough, knead as directed on preceding page. Let rise, covered, in a greased bowl until doubled, about 2 hours.

Punch down dough and shape into 2 loaves as directed above. Place each loaf in a 4½ by 8-inch loaf pan, greased on the bottom only. Let rise, covered, until almost doubled, about 45 minutes. Brush with remaining 1 tablespoon butter. Bake in a 375° oven for about 45 minutes or until loaves sound hollow when tapped. Remove from pans to cool. Makes 2 loaves.—*A.L., Palo Alto, Calif.*

Pat the shaped loaf of this bread into a smooth ball and bake it in a cake pan.

Finnish Rye Bread

- 1 package active dry or compressed yeast
- ¼ cup warm water (lukewarm for compressed yeast)
- 1 cup milk, at room temperature
- 1 tablespoon sugar
- 2 cups rye flour
- 2 tablespoons melted butter or margarine
- 1 teaspoon salt
- About 2 cups regular all-purpose flour (unsifted)

In a large bowl dissolve the yeast in the water. Add the milk, sugar, rye flour, tablespoon of the butter, and the salt. Stir in 1 cup of the all-purpose flour to make a soft dough. Spread about half of the remaining 1 cup flour on a board, turn out dough, and knead as directed on preceding page. Let rise, covered, in a greased bowl until almost doubled, about 1½ hours.

Punch down dough. Shape into 1 smooth ball. Place in a lightly greased 9-inch cake pan and let rise, covered, until almost doubled. Brush with remaining tablespoon butter. Bake in a 400° oven for about 40 minutes or until loaf sounds hollow when tapped. Remove from pan to cool. Makes 1 loaf.

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Tongue . . . not all that mysterious

w to cook a beef tongue is a puzzle many cooks who try it for the first e. It's really surprisingly easy.

re are directions for fresh or smoked gue, with a sauce for each.

:ed Tongue with Sauce

1 fresh or smoked beef tongue (about 2½ to 3 pounds)
½ medium-sized onion, peeled
1 stalk celery, cut-up
4 whole black peppers
1 bay leaf
Water
Salt
Fresh mushroom sauce or Brazilian tomato sauce (recipes follow)

sh tongue and put in a Dutch oven soup kettle; add onion, celery, pep- s, and bay leaf, and water to cover. If ıg fresh tongue, add 2 teaspoons salt; h smoked tongue, omit salt. Cover, ıg to a boil, and simmer for 2½ ırs, or until meat is tender when rced with a sharp knife. Remove n broth and let cool slightly.

ng a sharp pointed knife, peel off the ı and remove small bones and gristle thick end of tongue. Slice meat ¼ ı thick, slightly on the diagonal. Ar- ge half the slices in a shallow serving ı. (Chill the rest for cold sandwiches.) on fresh mushroom sauce over fresh f tongue, or Brazilian tomato sauce r smoked tongue. Each sauce recipe ces enough for half a tongue: 4 to ervings.

sh Mushroom Sauce. Using a large ng pan, sauté 1 finely chopped onion ½ cup chopped celery in 1 table- on *each* butter and olive oil until der and golden in color. Push to the s of the pan, add 1 tablespoon butter ¼ pound sliced mushrooms; cook ıinute, stirring. Add 1 clove minced ıic, ¼ teaspoon dried thyme, and 3 espoons dry vermouth or dry white e; bring to a boil; let juices cook n by half. Spoon hot over hot sliced h beef tongue.

zilian Tomato Sauce. Using a large ng pan, sauté 1 finely chopped onion . tablespoon *each* butter and olive oil il golden in color. Add 1 can (14½ Italian-style small tomatoes, 2 table- ons canned tomato paste, 1½ tea- ons sugar, 1 cup water, and ⅓ cup red wine or 2 teaspoons red wine egar. Mash tomatoes and simmer un- ered for 15 to 20 minutes, or until kened to desired consistency. Serve over sliced smoked beef tongue. *B., Stanford, Calif.*

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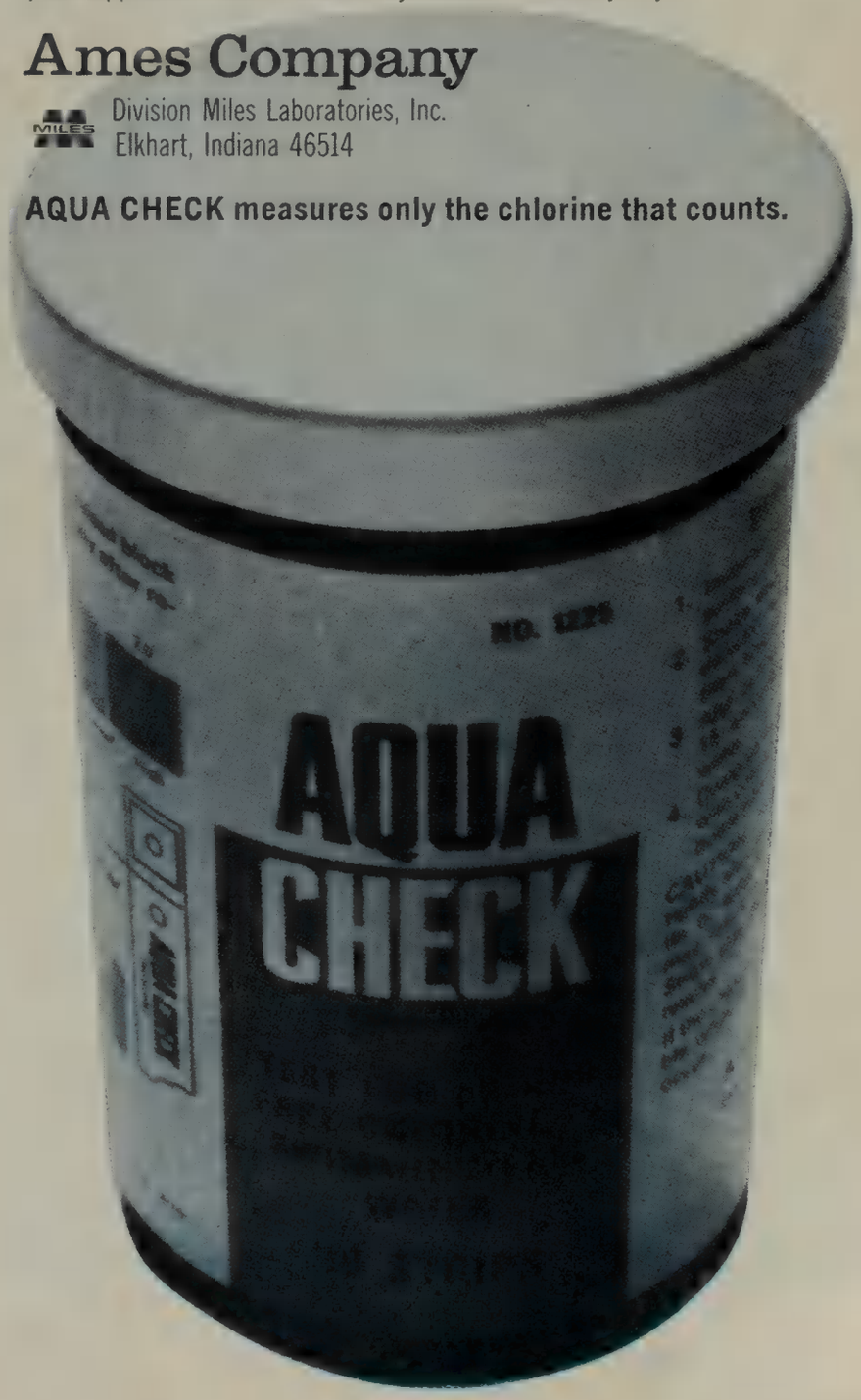

Sunset's GARDEN GUIDE

DARROW M. W

It's begonia starting time

This gardener is starting tuberous begonias indoors now so they'll be ready to set outside by May. She places the pink-budded tubers upright, about 2 inches apart, in a flat that's three-fourths full of moist ground bark

MARCH IN YOUR GARDEN:

Some time or times this month . . . the action begins

larch usually brings the first real spring eather that sets flowering trees and ılbs in full bloom and lets you begin ›ring planting. Unfortunately, you ın't count on this; the weather is just ıpredictable enough to revert to winter ›metimes and make soil too soggy for anting.

: prepared to take advantage of either :velopment: If temperatures remain w, finish dormant pruning and spray-g in all except the warmest regions. et gardening tools and planting con-iners ready. Using a packaged soil mix, ırt some seeds indoors to get early ›wers.

the weather does become warm and y, however, promptly begin prepar-g the soil, sowing seeds, setting out ants, and getting a jump on the weeds. ırseries start filling up with spring ınt material now, but don't expect eir full array of plants until April.

›ison oak caution

›ntrary to popular belief, poison oak 't more potent in the early spring— ; just easier to get into because the ɛntifying leaves may not have ap-ared yet. (Any part of the plant can 'e you a rash.) So if you're planning clear an overgrown garden or wooded ɛa, or simply go for an early spring ɛe, watch for bare branches that could poison oak.

ght now, poison oak probably still ›ks like so many slender bare sticks, : stems growing out of the ground, not ›m a central trunk. Older plants may ve fairly thick stems—sometimes ırly an inch in diameter. Look for ɛse bare stems in large, dense clumps, ›mbing up a tree like a vine, or grow-: as an individual spindly plant.

metime this month or next, poison ɛ will sprout shiny, bright green ves that are divided into three dis-ctive leaflets with scalloped, toothed, lobed edges. Then you'll have a better ınce of identifying it and staying ar. Watch also for loose clusters of all, white or greenish white flowers t bloom shortly after the leaves ap-ır; they're followed by white or tan berries. By mid- to late summer, the leaves turn their familiar, giveaway colors of orange, brown, and scarlet.

Efficient way to feed trees

Spring is a good time to feed trees (as well as many other plants). One of the most effective ways to feed older trees is through holes drilled into the soil around the dripline (the imaginary line around a tree directly under its outermost branch tips).

With an auger drill holes 18 to 24 inches apart; use the closer spacing in sandy soil to compensate for faster downward leaching action. Don't drill down too far—just to the surface root zone, about 6 to 12 inches.

Use a complete fertilizer according to label directions and divide the recommended amount by the number of holes around the tree. Mix the fertilizer with an equal amount of sand, place in the holes, and water it in thoroughly and immediately.

Feed smaller trees and large shrubs by applying fertilizer on the soil surface in a circular swath following the dripline. Again, water deeply and immediately. If there's a basin around the tree, fill it to the brim at least twice.

Start begonia tubers

In mild areas of northern California, March is the best month to start the tubers of tuberous begonias, about six to eight weeks before the plants will be ready to set outdoors.

Fill a flat about three-quarters full with coarse leaf mold or ground bark. Don't use peat moss as a starting material because it holds too much moisture and encourages rot. Place tubers showing healthy pink buds in the flat (bud side up), leaving 2 or 3 inches between them to allow for root development. Cover the tubers with ½ inch of leaf mold or bark; this will encourage roots to develop all over the tuber.

Water thoroughly, keeping the soil evenly moist but not soggy. Put the flat in strong light, out of the direct rays of the sun, in a spot where the temperature stays about 65° to 75°.

Plants will be ready to transplant into containers or open ground in early May, whenever the first two leaves reach equal size, and the weather is warm.

Yellow yarrow

One of the first plants you can set out this spring is *Achillea taygetea*, a hardy, long-blooming yarrow. Plant it now, and it will begin blooming by May and last until next November.

GERALD R. FREDRICK

Small, *tightly clustered flowers of yellow yarrow appear by May if you plant now. Bee-like insect is flower fly*

The tiny flowers of this perennial appear in tight, dense clusters (see photograph above). They're bright yellow when they first open but gradually fade through several shades of yellow, making an excellent contrast in color tones. Older flowers arrive at a soft primrose yellow. The flowers are long-lasting in indoor

Sunset's GARDEN GUIDE

DARROW M. WATT

Spray attachment *is easy way to wash dust off house plants. Moisture sinks made of absorbent materials too*

arrangements as well as on the plant.

Leaves are gray-green, narrow, and 3 to 4 inches long; they're finely divided and appear feathery and fernlike. Crush them for a bitter, herby aroma.

A. taygetea is one of the medium height yarrows, growing to about 18 inches high; it's a good plant for narrow perennial borders. Like all yarrows, it thrives in sunny locations, most soils, and needs only routine care—moderate watering and cutting back after bloom. You may want to divide it about every other year when clumps get too crowded.

Bait for snails and slugs

Snails and slugs come out to feed on nights when temperatures are above the mid-forties. By March, most nights are warm enough and they rapidly become active. They can riddle lush new plant growth in just a few nights. Spray or put out bait to catch most of them now before they multiply out of control. Protecting your plants will be much easier for the rest of the season.

Place slug bait liberally (but follow label precautions) around the base of valuable or tender plants, by rockeries, and along flower bed edges. Favorite slug victims may require a complete ring of pellets around them to ensure protection.

Snails, and especially slugs, like to eat lawn grasses and dichondra, then hide during the day in nearby ground covers and crevices between lawn and paving. A single application of bait along such borders can kill hordes of them.

Dry and dusty house plants

House plants may begin to look tired and dusty by March, after the winter months of living in constantly furnace-heated air. Freshen them up and remove the dust by washing their leaves off in the kitchen sink, either by hand or with a convenient spray attachment.

A plant's soil may also need a thorough and uniform soaking if it has become too dry. (Soil in this condition shrinks away from pot edges, so subsequent waterings tend to run down the sides of the pot, leaving much soil in the center unmoistened.) Fill a pan, tub, or the sink with water deeper than the pot and submerge the pot until bubbles stop rising—about 30 to 60 minutes, depending on the size of the pot.

If the entire mass of soil and roots float up out of the pot, it has definitely gone dry too long and needs a very thorough soaking to re-moisten it. Try a gentle trickle of water from the faucet until you're sure soil is completely soaked and expanded to its original volume.

After soaking, drain plant thoroughly; then next time you water, give it a dose of house plant fertilizer, according to label directions.

F_1 hybrid seed

When you buy flower and vegetabl seeds for spring planting, you'll notic some of the seed packets labeled F_1 hy brid. Hybrid plants are the result c crosses between selected parents of di ferent varieties, species, or strains. Th F_1 stands for Filial 1, or the first ge eration of each cross.

Hybrids are developed through hu dreds of controlled, experimental polle crosses, done by hand as opposed t haphazard pollination by bees. Usuall desirable results are few and far b tween, the great majority of cross proving worthless. This explains th higher cost of F_1 hybrid seed.

F_1 hybrids are excellent choices for yo garden, however, because they produc much better results than their parent They possess hybrid vigor, a well reco nized phenomenon that may take th form of increased size, larger yields, di ease resistance, or remarkably unifor plants. Some of the flowers that ha been greatly improved by hybridizi are zinnias, petunias, and snapdragon vegetables include tomatoes, cucumber eggplant, cantaloupe, watermelon, a zucchini.

The only catch with hybrids is that th seed they produce (second generati seed) is usually worthless, and some h brids fail to produce any seed at a Thus you have to buy new F_1 hybr seed each spring, but results are worth

Clean up after bulb bloom

When bulbs finish blooming, they lea behind clumps of sprawling leaves th yellow and die slowly. These are u sightly and clutter the garden, but y shouldn't pull them out until they're co pletely withered and dry; till then th are returning nourishment to the bul

To make them less conspicuous in t meanwhile, fold clumps of leaves o and tie with string. Then set out so annuals to help camouflage the bou leaf clumps; this also marks the bul location, so when leaves are gone, y won't damage bulbs by careless diggin The bulbs will benefit from water a fertilizer given to the annuals.

Pot care

Before you use unglazed pots, especia new ones, soak them in water for hour or two. This will allow the cou less tiny pores to become saturated w water, so the pot won't rob moistu from the soil when you plant in it.

Pots that are bone-dry at planting abso moisture like a sponge, causing dryn and shrinking in soil you just watere This is hard on a newly potted plant, a subsequent waterings tend to run do between the pot's side and the shrunk

(continued on page 20

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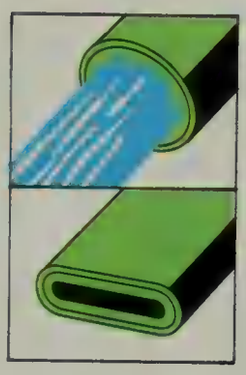

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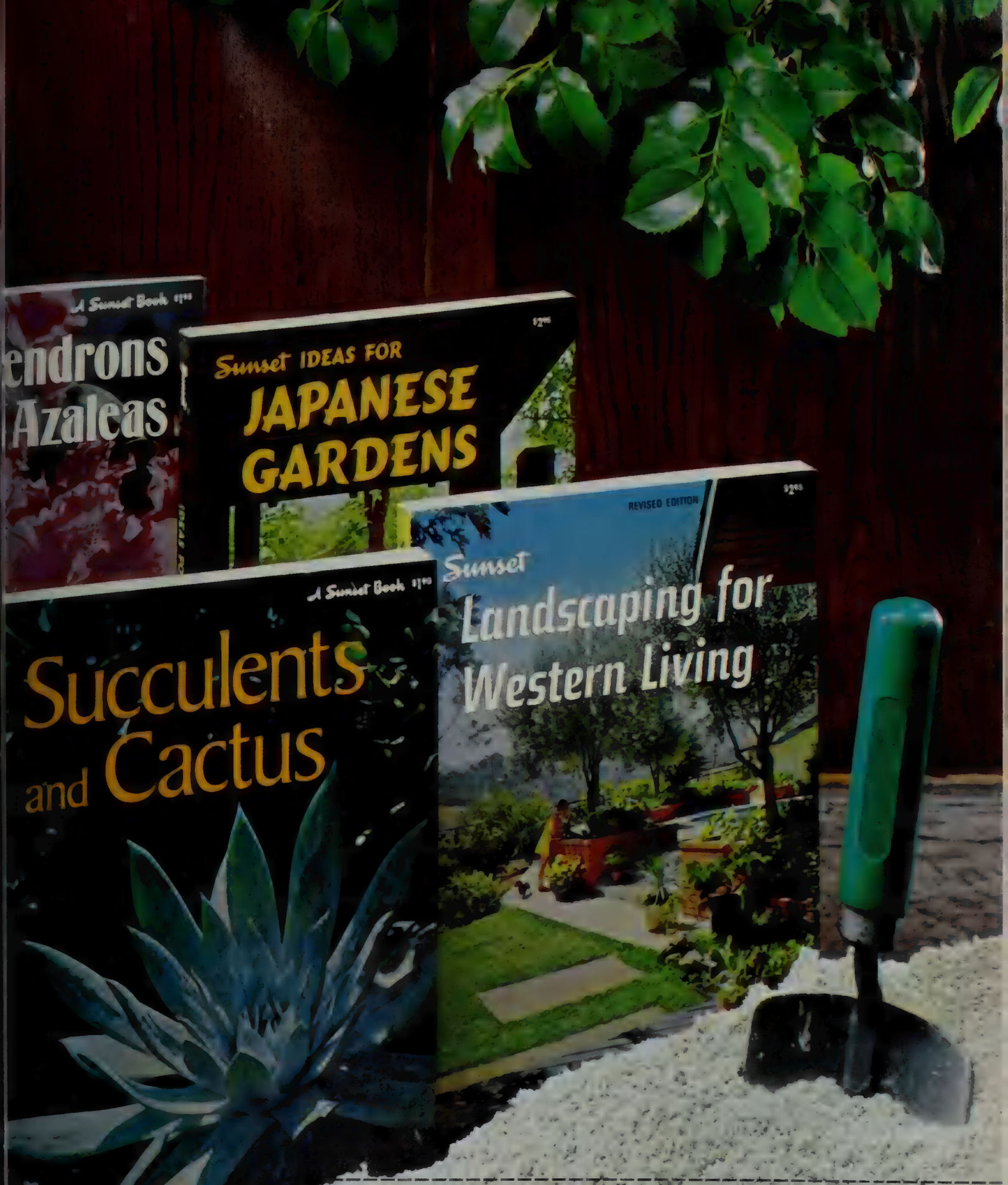

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GRAVELY

DARROW M. WATT

ily laden with ½ to 1-inch fruit, ornamental f tomato variety 'Atom' must be staked to keep it from ing over. Plant is 6 inches high, in a 4-inch pot

soil instead of moistening all the soil uniformly.

Tiny tomatoes

For a novelty that produces attractive, edible fruit, try growing dwarf tomatoes. Charles Darland of Carmel Valley, California, experimented with three varieties: 'Atom,' 'Small Fry,' and 'Tiny Tim.'

He started them from seed last March in a soil mix of ⅓ peat moss, ⅓ fine sand, and ⅓ compost. He put three seeds in each 2-inch-square peat pot and then sank the pots into moist peat moss in a propagating frame with bottom heat. (Plants could also be started in any warm indoor area.)

After the seeds sprouted, Mr. Darland thinned to one strong plant per pot. When plants were 2½ to 3 inches tall, he transferred them into 4-inch pots or into the garden. They bore abundant fruit in 50 to 60 days in a sunny location.

Of the three varieties, 'Small Fry' produced the biggest and tastiest fruit; it's the largest plant, growing about 2½ feet high, and a heavy bearer. 'Atom,' pictured at left, is much more a true ornamental dwarf (only 6 inches high), but also a heavy bearer. Fruit was not as tasty, however, and tended to have tougher skin. 'Tiny Tim' is similar to 'Atom' but grows to 1 foot high and bears less heavily.

MARCH CHECK LIST: *Here's what needs doing*

☐ **Azaleas and rhododendrons.** Late-blooming plants are still ıvailable in nurseries. Feed plants hat have finished blooming with an ıcid-type fertilizer. It's also a good ime to prune lightly for heavier ɔloom next year. Maintain a 2-inch-leep mulch around plants.

☐ **Camellias.** Select late-flowering kinds this month. Apply ın acid-type fertilizer to plants hrough blooming. Remove faded lowers from plants and replace nulch around them to prevent camellia petal blight.

☐ **Feeding.** Established trees and shrubs need fertilizer now to support their new spring growth; wait till after bloom to feed spring-flowering ones, however. Also wait to feed winter-tender plants like hibiscus and bougainvillea.

☐ **Gladiolus.** Continue setting out gladiolus corms this month; plant them at three to four-week intervals to have gladiolus blooming for an extended period in late spring and summer.

☐ **Lawns.** Begin feeding established lawns on a regular schedule; cool season grasses make their best growth in March, April, and May—if well fed with a high-nitrogen fertilizer. Seed any bare spots and apply pre-emergence crabgrass and broadleaf weed controls now, but wait for the end of heavy rains before seeding new lawns.

☐ **Planting for landscape effect.** It's one of the best months for planting ground cover plants and native shrubs—in fact, one of the best months for all except tender plants that might suffer in frost.

☐ **Pruning.** Quickly finish pruning any deciduous trees, shrubs, and roses not yet attended to. Prune fuchsias as soon as danger of frost is past. Don't rush to prune frost-damaged plants or discard apparently frozen plants; they may yet produce new growth.

☐ **Roses.** Feed established roses with a complete fertilizer now; wait until next year to feed new plants. Renew mulch by placing a 1½ to 2-inch layer around the base of plants, keeping it 4 to 6 inches from the main stem.

☐ **Spraying.** Apply a dormant spray to deciduous plants if you failed to do so earlier, or if heavy rains have washed away your earlier efforts—but only if buds have not yet begun to open.

☐ **Vegetables.** You can still sow seeds of such cool-weather vegetables as lettuce, peas, and carrots. After the seeds sprout, bait regularly for snails and slugs.

☐ **Watering.** Although it may rain, remember to water containers and beds under overhangs. Keep soil around newly planted bare-root trees and shrubs moist but not soggy. As rains begin to taper off, don't let soil dry out deeper than the top inch or two.

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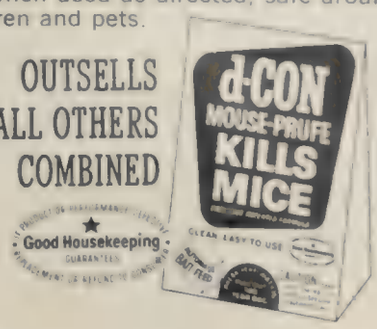

Double-digging improves soil twice as deep

When spring comes, man spades the —almost by instinct. The purpose of digging is to put air into the soil often to enrich it, too. If, while digg you mix some form of organic mate into the soil you help it hold the air, rich it some, and make it more work in the future.

Below are two ways to double-di introduce air and organic material tw as deep into soil as usual. It's hard w but worth it if you're setting out ro perennials, shrubs, and other perma plants.

Initials o.m. in captions stand for ganic material (or perhaps old manu Use enough to equal a third to half volume of the spaded soil.

A modern, simplified version of double-digging

Remove *spade's depth of soil; put it around sides. Spade o.m. into next laye Mix same kind of o.m. into excavated soil as you replace it. Soil will be high at fir*

The classic method is more complicated

1· *Dig a trench 12 to 18 inches wide and 1 spade deep*

2· *Mix o.m. into lower level to spade's depth*

3· *Move over. Mix o.m. with soil while moving it*

4· *Spade o.m. into bottom here as you did in 2*

5· *Repeat process in strips until area is finished*

6· *Soil from step 1 mixed with o.m., tops last trench*

SASS

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DON NORM

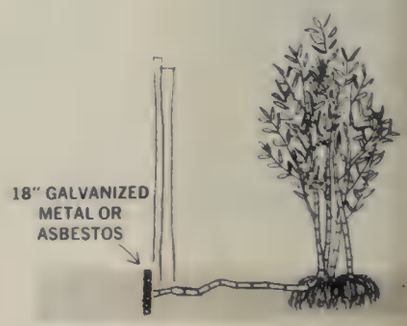
Bamboo *from neighbor's garden has spr under fence, could overrun this gar*

If bamboo comes invading

Running bamboo is aptly named. If to its own devices it soon spreads every direction—sometimes into neighbor's yard, as pictured above.

If you are that neighbor and you cover bamboo invading your garc don't despair. The following metl does take some effort, but it successf keeps bamboo away indefinitely:

First chop the underground stems (zomes) of the bamboo back to the fe Then dig a trench 18 inches deep tween fence posts. Bury an 18-inch-d piece of galvanized metal or asbe board in the trench; fit it snugly aga the fence post or concrete collar, si bamboo can sneak through an amazir small space.



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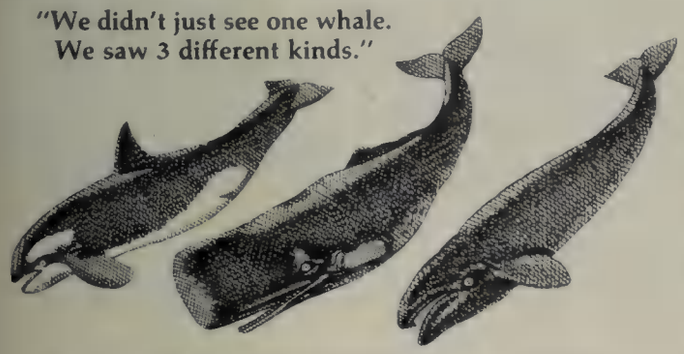
"We didn't just see one whale. We saw 3 different kinds."



1. Killer whale 2. Sperm whale 3. Grey whale

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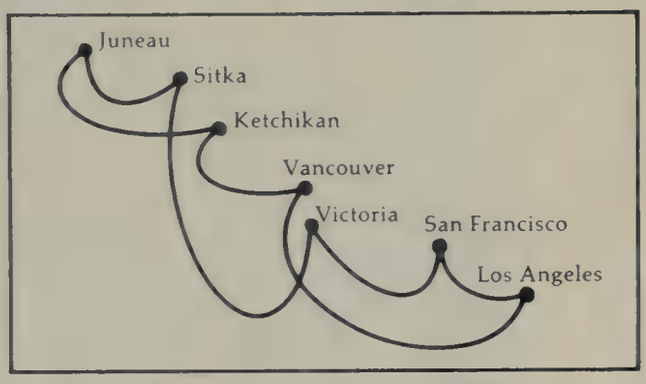

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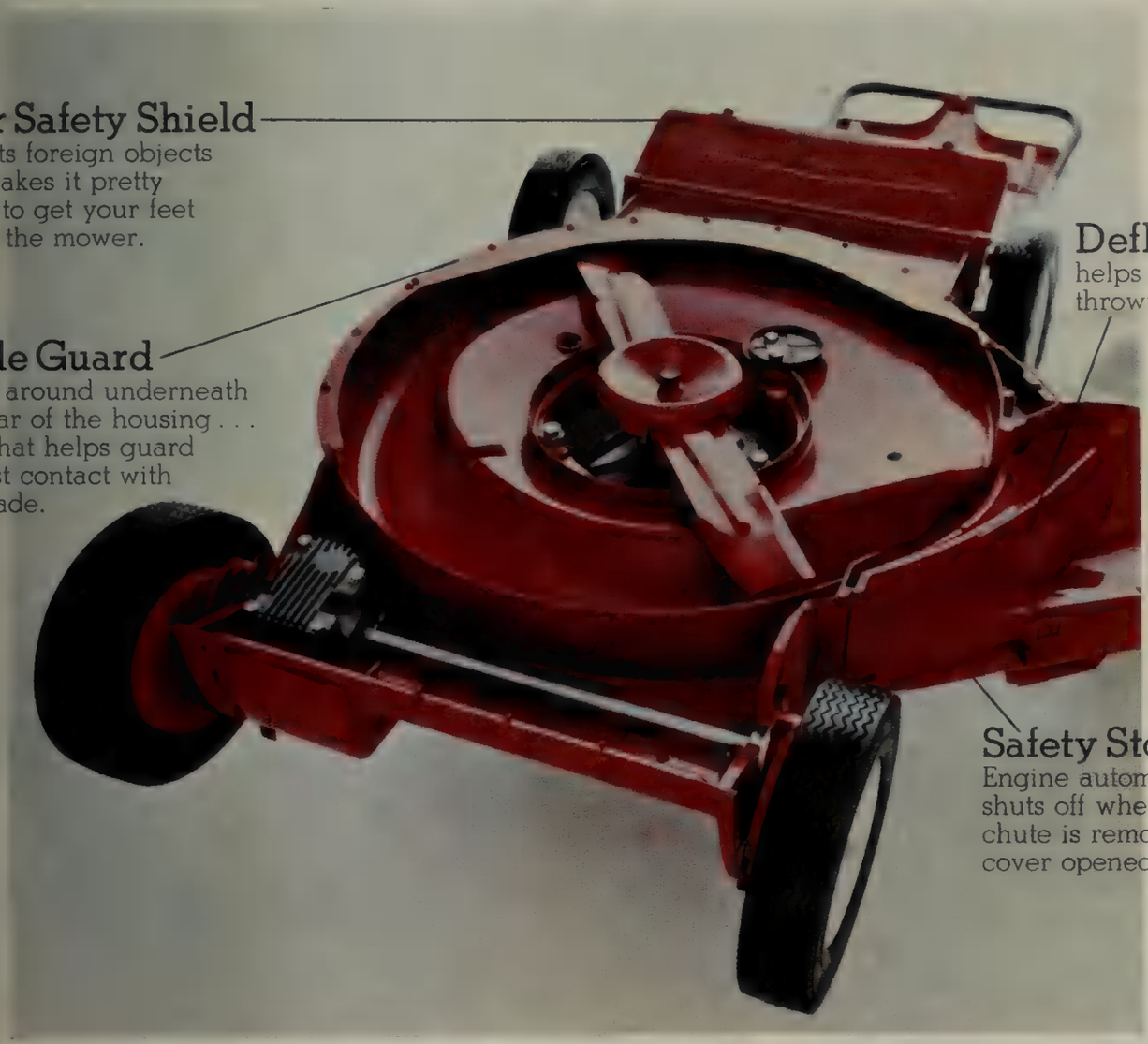

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WILLIAM APLIN

ers of achimenes are broad, flaring trumpets up to 2 inches across the bell. rs are mostly in the white-to-purple range

ANT COLLECTOR'S CORNER

From tubers, sticks, and twigs come the wonders of the neighborhood

t collectors get a double set of thrills March. Like other gardeners, they the excitement of the first spring ers—but they alone know the excite- t of bringing home superficially un- ing tubers, sticks, and twigs that turn out to be the wonders of the hborhood. Here are some wonders ok for.

inia's baby cousin

imenes (a-*kim*-uh-nees) is related to gloxinia and African violet, but semblance to the gloxinia is greater. vers are bigger (to 2 inches wide) those of African violet, and plants a definite dormant season like glox- Flowers can be white, lavender, , purple, pink, or red, often with rasting throat and stripings. Smaller flowers characterize the less common yellow and orange kinds.

Dormant rhizomes look like tiny pine cones. Plant them ½ to 1 inch deep in straight coarse leaf mold or in a leaf mold - perlite - peat moss mixture. Set 6 to a dozen in a 6-inch or 7-inch pot or basket this month for bloom through the summer and early fall. They need warmth—a night temperature of 55° to 60°, with warmer readings during the day. In coolest climates near the coast, grow them indoors. In warmer climates they flourish out of doors in partial shade.

Keep them moist (not wet) and feed them frequently for long bloom. Gradually withhold water in October and let plants wither. Then dig rhizomes and store in a cool place for next year. They

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LAVENDER LADY LILAC

Syringa vulgaris 'Lavender Lady'
(Pl. Pat. No. 1238)

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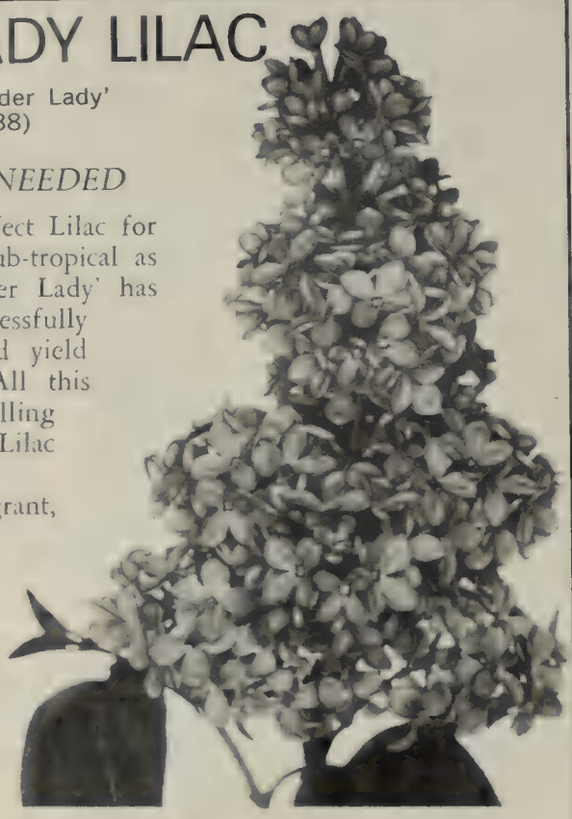
Lavender Lady Lilac is the perfect Lilac for the warm West. It grows in sub-tropical as well as cold climates! 'Lavender Lady' has been specially bred to be successfully grown in warmer climates and yield gigantic sized flower heads. All this without a period of winter chilling so necessary with the typical Lilac varieties.

A delightful profusion of fragrant, lovely lavender blooms in early spring is soon backed by bright green foliage.



NOT GENUINE WITHOUT THESE TAGS

RED ELF

(Trade Marked)
Pyracantha hybrid 'Red Elf'

A stunning truly dwarf growing bush of pleasant, extremely low mounding habit will have many uses in your landscape. Used effectively in colorful planter boxes, sparkling containers for accent, handsome borders, and an interesting low hedge. Following spring's showy blooms delightful red berries in profusion add marvelous fall color and interest. The background of rich green small leaves creates a contrasting appearance for the colorful splash of berries.

Available at Leading Nurseries

MONROVIA NURSERY CO.
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increase fast, and you'll have some share with friends.

Not all nurseries stock them, but r serymen will have no trouble or ing them from bulb specialists. A flower-conscious nurserymen sell sta plants in bloom from late spring summer.

ELLS MA

Pure white, *fragrant flowers of Eucry 'Nymansay' are up to 3 inches wide*

A summer-flowering evergreen tree?

Yes, and it is also dense and narro growth habit, something like a s Lombardy poplar or an Irish yew. W is this paragon? *Eucryphia* 'Nymar (also known as *E. nymansensis* 'Nyr say') is its name, and it is a hybrid that first bloomed at Nymans, a di guished English garden that gave plant its name. The parents were Chilean plants: *E. glutinosa*, hardy ciduous, and shrubby; and *E. cordi* tender, evergreen, and treelike.

The offspring is tall (to 25 or 30 in 25 years), and hardy enough to withstood the hard frosts that devas many Northwestern gardens in No ber, 1955. Foliage is dense and green; four-petaled flowers are white, bowl-shaped, and honey-sce They appear during July and Au Cutting-grown plants usually bloor the time they are 3 or 4 feet tall, earlier.

They are at their best in cool, co climates. Fog belt gardens suit then mirably, but they will grow in co valley gardens. Give them soil added loose organic material, and

cool with mulch. They need sum-
water.

:s are sold at the Berkeley Horti-
ral Nursery, 1310 McGee Ave.,
eley.

ocratic ice plant

ybody is grateful for ice plants; they
ome jobs that other plants simply
do. And some of them, at some
n in the year, can be excitingly
ful. Generally speaking, though,
are useful rather than ornamental
uch of the year, and few could be
l aristocratic. There is one excep-
Oscularia deltoides. Why aristo-
:? It is good-looking without being
y, and it can stand close inspection
lay in the year.

laria is more common than one
t suspect—not necessarily under its
er name. We've seen it being sold
cially in hanging baskets or pots)
r as "saw-tooth sedum" or under
ame at all. Once you learn it, the
sely paired gray-blue leaves on the
ng, trailing, wine red stems will
ify it in any season.

½-inch-long leaves are triangular in
section, giving each leaf three sides
three edges. Each edge is bordered
sharp-looking but soft and fleshy
. Upper leaf joints carry branches.

te May oscularia covers itself with
et of ½-inch-wide satiny pink flow-
at are pleasantly fragrant.

use of its trailing habit and year-
l good looks, oscularia is a favorite
anging baskets and window boxes.
hardy enough to survive winters in
an Francisco Bay area without seri-
damage, and makes a choice rock
n or wall plant there.

laria cascades *over cracked concrete*
fragrant flowers are satiny pink

Other lawn fertilizers rely on the weather to feed properly. Vigoro announces a fertilizer that's more reliable than the weather.

Until now long-lasting fertilizers have had one long-lasting drawback.

They're released by heat. When the soil is too cold, they just lie there. During a hot spell, you get a big release, and a lot of wasted fertilizer.

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Research at two leading universities proves that IBDU greens grass more evenly in warm or cool weather than any other form of nitrogen.

New Formula Golden Vigoro also contains a quick acting ingredient to give you greener grass in just 10 days. Without burning.

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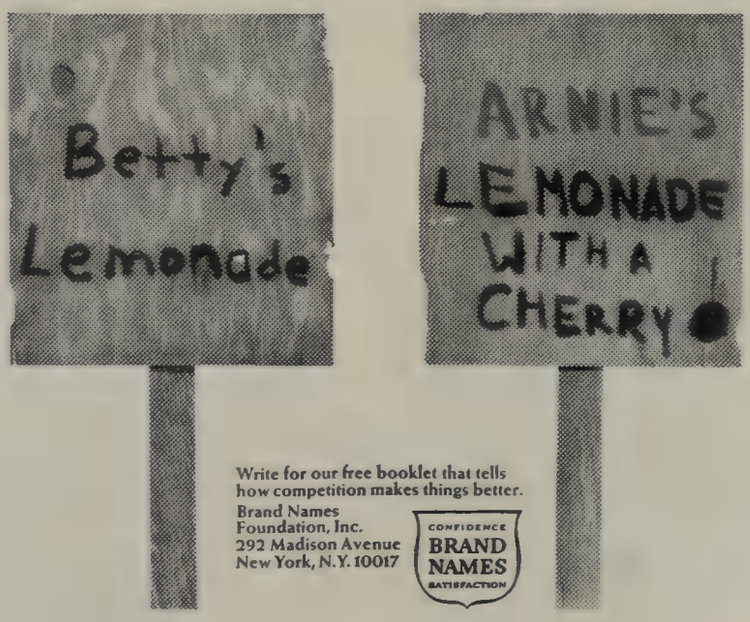
So put your money in Vigoro.

Instead of betting on the weather.

Ever notice how when products compete with each other,

they get better.



Write for our free booklet that tells how competition makes things better.

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CONFIDENCE BRAND NAMES SATISFACTION

Is organic gardening success easy? No. But it's possible. Here is picture evidence

DON NORMARK

Flapping strips *of white cloth help keep hungry birds away from beans and ensure a good harvest. Bushes are held inside wooden frames*

Nylon mesh *sack tied to fencing holds pumpkin inside*

Success doesn't come easily in no-chemicals gardening. You have to work at it. Robert Hodges in Anaheim and John McMann in Sonoma, California, have very successful natural gardens. On these two pages you can see and read about some of the techniques that these careful gardeners use.

Robert Hodges and his daughter, Lisa, plant everything in trenches filled with his special home brew of compost. First they dig the trench, fill it partially with compost, seed it, and then cover the seeds with more compost. Included in the compost are spoiled vegetables f a supermarket and horse manure f a stable. They raise worms for the den in redwood boxes filled with c post and lined with burlap to k worms in and help retain moisture.

They spray (when necessary) wit juice made from ground-up hot pepp They spread ashes around plants keep snails away, and do some h picking of bigger creatures.

The open country around the McM family's garden harbors lots of pl eaters—rabbits, gophers, birds, and

lanting bed *makes*
rn level on slight slope,
elps irrigation

Compost *sifts through screen before going on the garden*

Worms *are raised in compost-filled boxes lined with burlap to retain moisture*

Moleproof *raised bed has aviary wire on bottom, compost inside*

Corn as high as its grower's eye (and then some), earthworms working, pests frustrated

rted insects. The photographs on these ages show some of their devices for eeping pests away. They also plant nas-rtiums, marigolds, and herbs among eir vegetables to help repel insects.

he McManns grow everything in their arden in raised beds. The native soil is a almost impenetrable adobe. They first osen the soil under the raised bed, so ots can penetrate, and mix in some rganic matter. Then they fill the raised ed with well rotted manure and com-ost made in a simple compost bin (see age 224).

Burpless cucumbers *(left) and snake gourd, large and tasty, are among prize crops in the Hodges garden*

DAVE CAVENDER

Horticultural Horoscope

(One in a Series)

Your guide to a more beautiful environment

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Compression sprayer

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Remove *plant from can; put on bench. Thin out twigs to expose main branches. Study plant from all sides before making major cuts*

DARROW M. W

Finished *bonsai planted off-center in container 6 by 8½ inches by 2¾ inches deep. Rocks to right of stem balance the lean toward left*

Instant bonsai . . . pyracantha

In an hour or so you can shape a gall can dwarf pyracantha into an adapt or instant bonsai. The photographs abo show the transformation. In their natu form, dwarf pyracanthas 'Red Elf' a 'Tiny Tim' are usually bushy, compa and twiggy. To discover hidden possib ties as adapted bonsai, lift plants up eye level and look at main branches, d regarding twiggy stems. The pruning mainly a matter of eliminating exc twigs to reveal the basic structure of t plant.

Remove enough soil and cleanly tr roots as needed to fit the root ball i the container. Cover drainage holes w fine plastic or wire screen, place a sm amount of potting mix in the bottom, in around roots with mix, and firm in eliminate air pockets. Water thorougl by sprinkling or by soaking from belo

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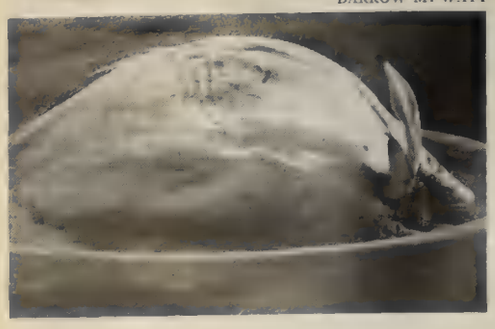
DARROW M. WATT



Spearlike sprout *emerging from coconut planted on its side is 2½ inches high, three months old*

Coconut...it's a house plant surprise

ELLS MARU

Sprout of this one *planted bud end up is 3½ feet high. Plant has simple, undivided leaves, no roots yet. Water directly on bud*

How do you grow a coconut?

Coconuts can be hard to sprout, and they grow at any rate they please. But if you have a fresh, unhusked coconut (brought back from a tropical vacation, or ordered by mail), it's a fascinating challenge to try to grow a new plant and a real accomplishment if you succeed. Don't expect a harvest, though. The plant won't live more than a few years.

On the West Coast, coconuts will grow only as indoor plants, because they require constant high temperatures, year round, day and night. They cannot stand any prolonged cold and need steady heat, first to germinate, then to survive. During the hot summer months, you can move them outside; the heat especially helps germination.

Besides heat, coconuts need sunlight, as much as they can get and the stronger the better. Humidity is also a help, but if you keep the soil moist, there is enough dampness (combined with heat) for the coconut to survive in a house.

The first step in coconut growing is to obtain a viable, unhusked nut—one with plenty of milk that sloshes when shaken. Cracks in the husk are usually a good sign that the nut is about to sprout. Vacationers in Hawaii can bring coconuts back to the mainland without problem, including already sprouted nuts if roots have not yet appeared. Coconuts can be obtained by mail for $2.95, postpaid, from Hala Kahiki of Hawaii, Box 38, Lawai, Kauai 96765.

Before planting, soak the nut in water one to two days. Prepare light, sandy, very well draining soil in a container just wide enough to hold the nut and 8 to 10 inches deep. (You don't have to provide root room yet.)

The most common planting method is to lay the coconut on one side and bury half of it in the soil (see photograph at left above). However, Lee Anderson of Orinda, California, has grown many coconuts by another method: He plants them bud end up (the bud end is where the nut was attached to the tree) (see larger photograph). This takes less container space and guarantees that the sprout will come out of that end, making a better-shaped plant. Nuts planted on their sides may send up sprouts through cracks that open anywhere.

After planting, keep the coconut, and especially the bud end, consistently moist by watering the nut itself. You can't give it too much water, if the soil drains rapidly. Place the container on a hot water heater (or other source of bottom heat) to hasten sprouting.

Coconuts usually sprout in four to five months, but they are entirely unpredictable. Mr. Anderson got his coconut in China and started it on the boat trip home; it sprouted in six weeks and grew to 3½ feet in six months with this cal headstart. Mrs. Howard Seif Palo Alto, California, brought the the lefthand picture back from H it took nine months to sprout an grew only 2½ inches in three mon

When the sprout appears, it resem sharp, narrow, green spear. Furle shoots follow and open up into leaves (without leaflet divisions). F whitish roots appear in about a meanwhile, the coconut lives off it and interior meat. When roots a transplant the nut to a container 1½ feet square and high; this sufficient for the rest of the coc life, as it doesn't mind being pot

Feed the coconut about once a with Vitamin B_1 solution, liqui emulsion, or other organic fer Occasionally hose off the leave doors to prevent house plant pest

With favorable conditions and luck coconut may live two to three yea reach 4 to 5 feet high; at the m may survive four to five years. unfortunately, it will begin to die from lack of its native environme

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Everything you've heard about camper-pickup engines is probably wrong.

The Number One Source for pickup engine information is usually the guy in the next pickup.

Unfortunately, he's also one of the least informed sources.

He's had to get his information just as you've had to. By asking someone else. And because most pickup owners operate under a variety of popular misconceptions, what he knows for sure isn't always so.

Putting a car V-8 in a pickup doesn't make it a truck V-8.

Most pickups are powered by car engines. Not truck engines. And there's a very good reason why.

Pickup manufacturers, in order to keep costs down, use the parts they have on hand. In effect, they "rob" their other assembly lines. If their other assembly lines have cars on them, they use as many car parts as possible. That includes engines.

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They have to be honest, and deliver t horsepower we promise. That's on the cha too.

All engines have "two" horsepow ratings.

The one listed as "gross rated hor power" is what the engine develops on t test stand. It's usually the horsepower us in advertising.

The "net horsepower" is what you wi up with, once the engine's in the pickup. I a lower rating because of a horsepower lo in the accessories. You can't avoid losi some of it. All you can do is make sure y don't lose much.

We've taken precautions in that dir tion. International engines are designed lose as little horsepower as possible.

What starts out to be a more power engine (205HP. vs. our 193) ends up being le powerful (150 net HP. vs. our 173). That's i portant to know when you're selecting engine to fit your requirements exactly.

Just putting a truck engine in a pickup doesn't make it a truck.

There's more to building a rugged, r able pickup than just engines. There a transmissions. Brakes. Suspensions. Ex riors. And interiors.

Manufacturer	Engine	Rated HP.	Net HP.
International	V-304 V-345 V-392	193.1 @ 4400 rpm 196.7 @ 4000 rpm 253.0 @ 4200 rpm	173.0 @ 3900 rpm 182.3 @ 3800 rpm 235.9 @ 3600 rpm
Manufacturer "A"	302 V8 360 V8 390 V8	205.0 @ 4600 rpm 215.0 @ 4400 rpm 255.0 @ 4400 rpm	150.0 @ 4000 rpm 177.0 @ 4100 rpm 180.0 @ 4000 rpm
Manufacturer "B"	307 V8 350 V8 402 V8	200.0 @ 4600 rpm 250.0 @ 4600 rpm 300.0 @ 4800 rpm	135.0 @ 4000 rpm 170.0 @ 4000 rpm 240.0 @ 4400 rpm

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International transmissions are built for rucks. So they're up to handling the big jobs. ou can choose from two 3-speeds, two 4-peeds, a 5-speed heavy-duty, a 5-speed with verdrive, and a rugged 3-speed automatic.

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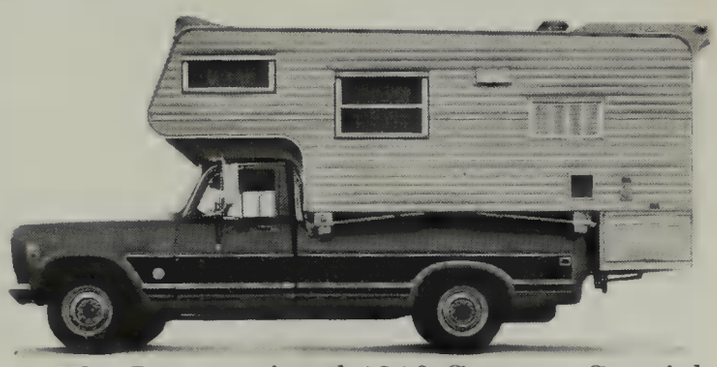

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DON NORMARK

Raw materials *for making compost go into this poultry-wire-sided compost bin*

Making your own compost

The gardener above is making compost in a compost bin. The bin itself is described later in the text—but what do we mean by compost?

Look around on your next hike in the woods and you will see compost. The dark spongy stuff beneath trees and shrubs and the thatch below grasses in a meadow are all forms of compost—decayed vegetable and animal matter.

A gardener can make this rich, fertile stuff himself. You use lawn trimmings, fallen leaves, spent annuals, weeds, and other garden debris to build a compost pile. Also, coffee grounds, table scraps, and other vegetable refuse from the kitchen go on the pile. If you have sweepings from animal cages, whether the occupants are guinea pigs or Brahma bulls, put them on the pile.

Unhook *and pull away the two L-shaped sides of bin to remove finished compost*

ll this together and natural decay ms will slowly break it down to fertilizer and conditioner for your ft alone as a giant stack of refuse, eventually turn into the compost :d in the garden. But, in the mean- t may stink horribly, draw and breed flies. It will also take a long decay. There are three things n do to the compost pile to cor- :se problems.

its of compost small

material insures many surfaces ay organisms to work on. Many use a compost grinder to reduce debris to pieces about an inch or in size; or, you can chop it up d.

wet

he compost pile damp. It should bout as much moisture as a :d sponge. In summer water it; in protect it from soaking rains.

inside

culation is the most important composting. If the pile is prop- ated, it won't smell and won't at- es. Adequate aeration also speeds Disturb the stack often by turn- with a manure fork. Don't let it own tight and don't make it soggy ice this keeps air out.

to put the compost pile

n just put the compost material stack or you can construct a bin it. When the compost in the pile oughly rotted, dark with a musty an smell, sieve it through a ½ to screen. Use the sievings in the Whatever didn't go through the goes back to the compost pile.

compost bin

n pictured on the left is a very tory home-garden compost fac- t is constructed of 1 by 2-inch d and strips of lath with poultry ndwiched between the pieces of The wire mesh sides allow good ion so air can circulate freely. are two L-shaped sides held to- with screw hooks and eyes. It xactly a cubic yard.

ompost bin belongs to John Mc- in Sonoma, California. He fills it lternate layers of garden refuse chen refuse. He sprinkles blood- n every second or third 4-inch The nitrogen in the bloodmeal peed the process of decay by feed- bacteria involved in decomposi- le then seals the pile with a thin f soil and wets the pile down.

le can be turned over by removing es of the bin, setting them up next pile that is left standing, and then the pile back into the bin, up- wn.

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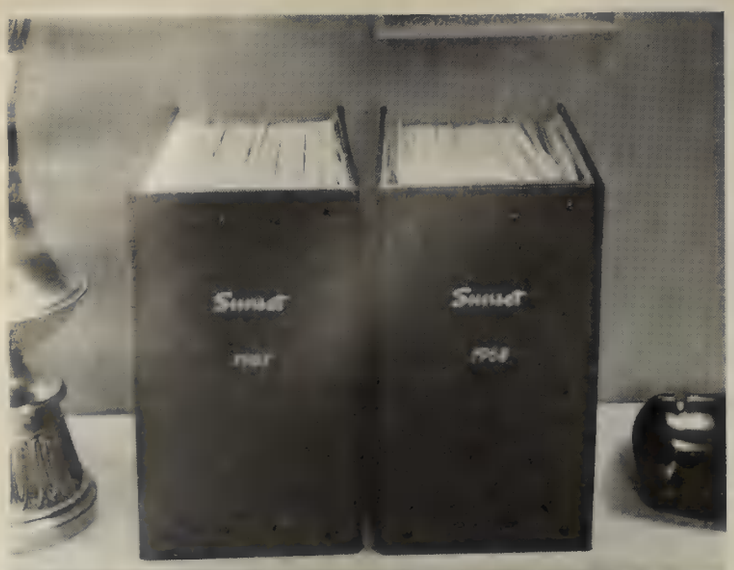

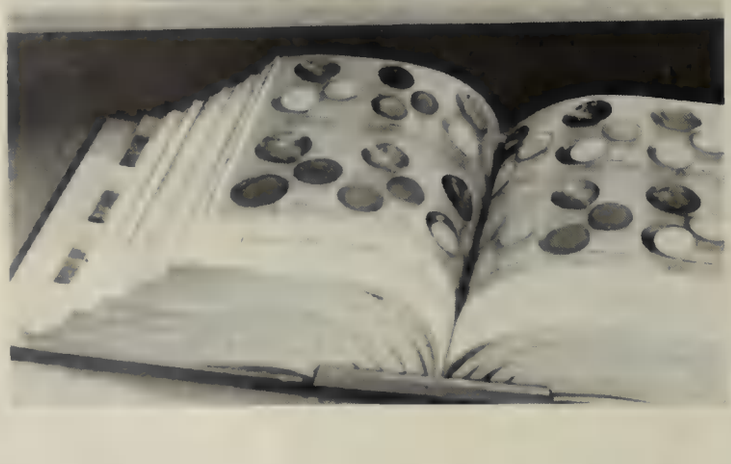

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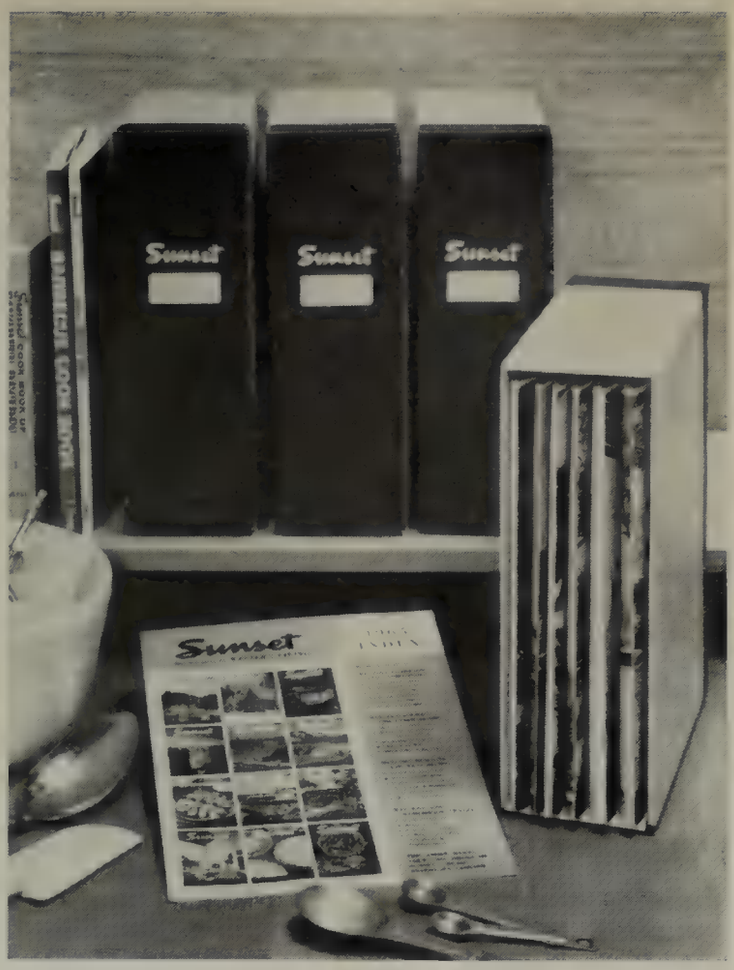

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In the redwood-Douglas fir f oxalis grows with two other g covers: wild violets and ginger (*A caudatum*). Wild ginger is some available in nurseries and is a good panion plant for oxalis.

Redwood sorrel is hard to find i series; some specializing in native have it. Otherwise, find someone w sorrel growing on his property an permission to transplant a few cl Sorrel transplants easily.

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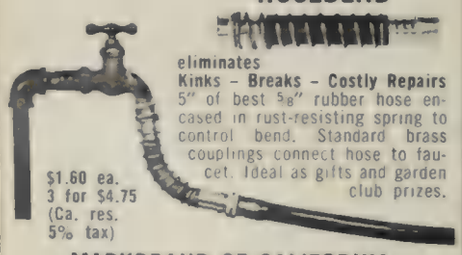

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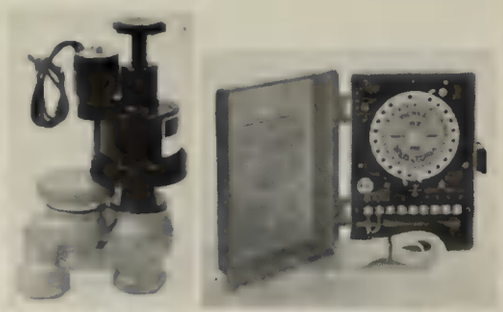

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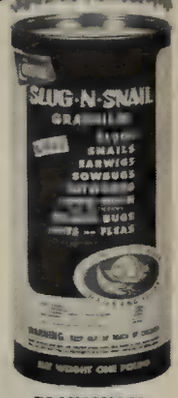

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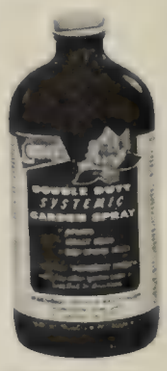

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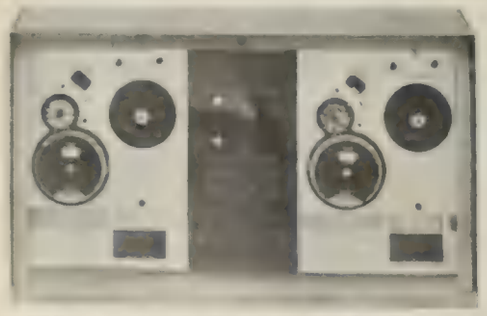

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Fresno. March 7. Central Califo Camellia Society show. Place: City lege. Hours: 7 A.M. to 6 P.M. Free.

Petaluma. March 8 and 9. Annual sp flower show sponsored by the Petal Garden Club. Place: Kenilworth Recreation Building. Hours: 1 to 9 Monday; 10 to 4 Tuesday. Free.

San Mateo. March 20 and 21. Ex sponsored by the Northern Califo chapter of the Ikenobo Ikebana Soc Place: San Mateo County Fairgrou "A" Wing. Hours: 1 to 6 P.M. Satur 10 A.M. to 5 P.M. Sunday. Donatio

Vallejo. March 20 and 21. North Bonsai Society show. Place: Cul Center, Dan Foley Park. Hours: 6 P.M. Saturday; 11 A.M. to 5 P.M. day. Free.

San Jose. March 25 and 26. Exhib Santa Clara Valley Orchid Soc Place: Wells Fargo Bank, 121 S. Ma St. Hours: 10 A.M. to 10 P.M. Thurs 10 A.M. to 6 P.M. Friday. Free.

San Francisco. March 26, 27, and Tenth Ikebana Spring Flower S Place: Hall of Flowers, Golden Park, Ninth Ave. and Lincoln Hours: 10 A.M. to 5 P.M. Admis $1.50 (advance tickets purchased members, $1); students, 75 cents; dren under 12, 50 cents.

Healdsburg. March 27 and 28. P Blossom Tour sponsored by Chamb Commerce; map available at office.

Oakland. March 27 and 28. Nort California Daffodil Society show. P Lakeside Park Garden Center, 666 E vue Ave. Hours: 2 to 6 P.M. Satur 10 A.M. to 5 P.M. Sunday. Free.

Graton. March 30 and 31. Flower s by the Graton Community Club. P Community Clubhouse. Hours: 10 to 9 P.M. Tuesday; 10 A.M. to 4 Wednesday. Free.

Point Reyes Station. March 31. I ness Garden Club Primrose Tea. P home of Mr. and Mrs. Hugh Riley, Valley Rd. (follow signs). Hours: 4:30 P.M. Donation 75 cents.

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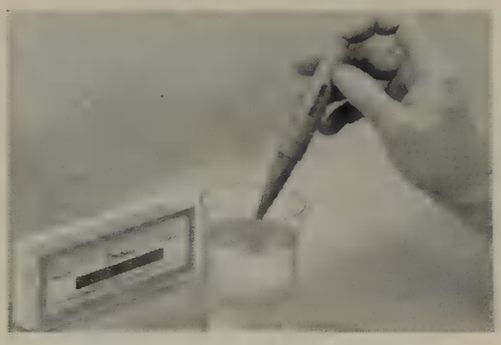

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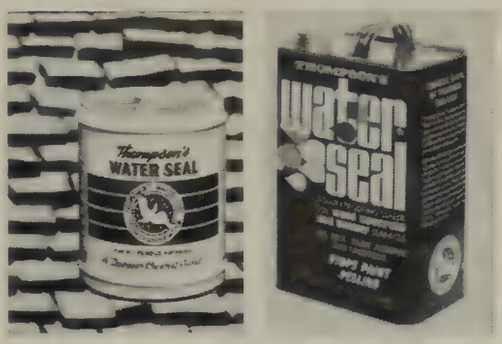

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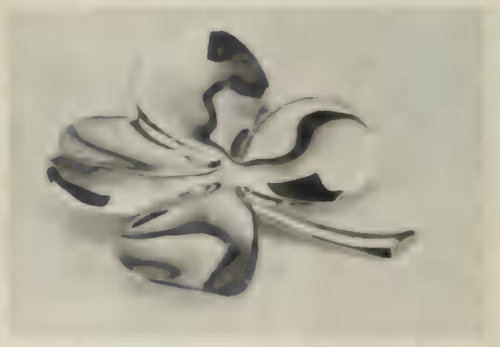

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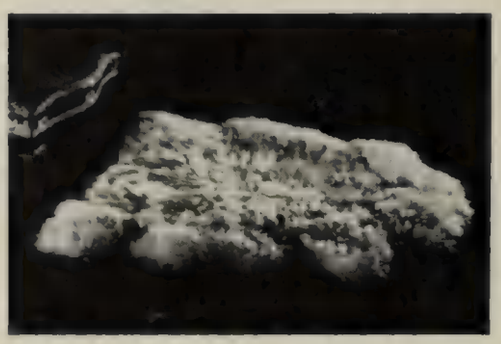

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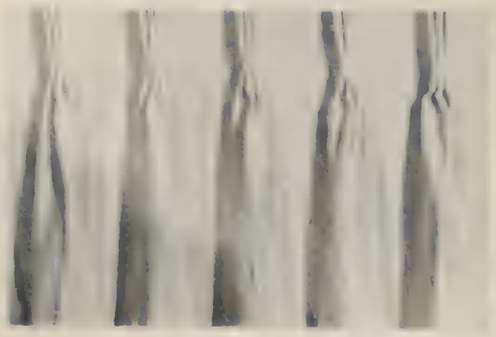

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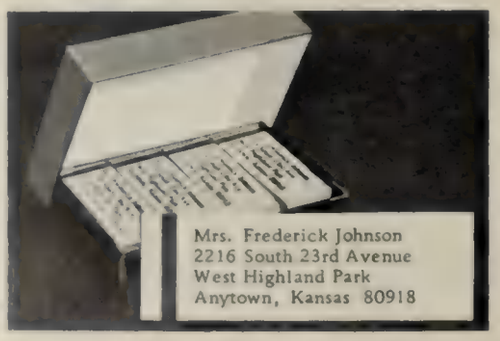

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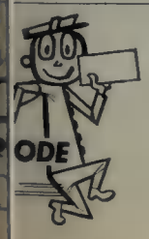

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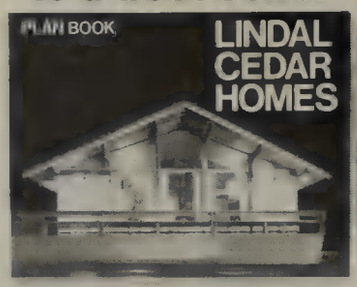

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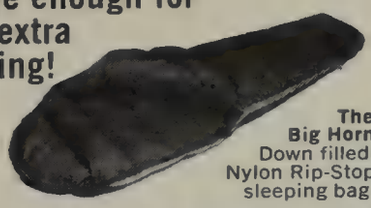

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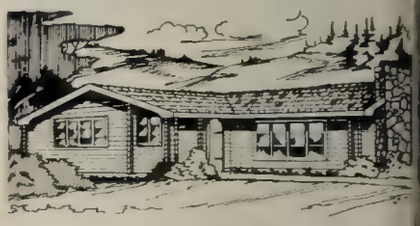

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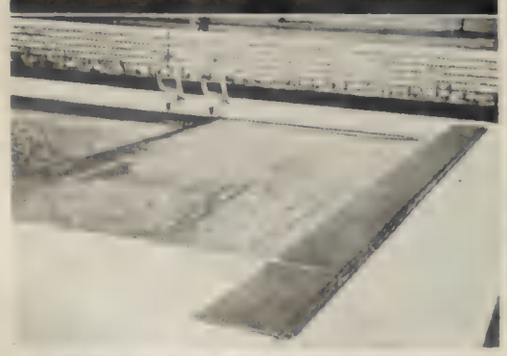

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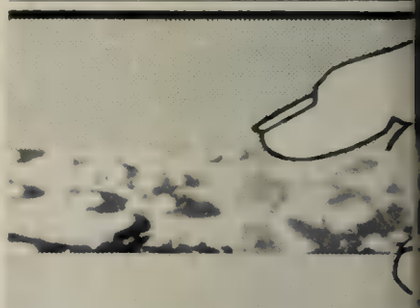

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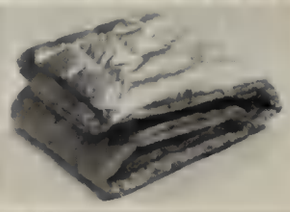

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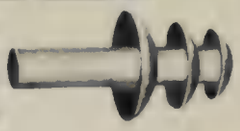

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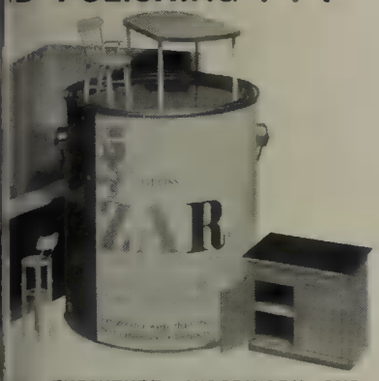

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In search of campgrounds

How do you write a campsite directory containing detailed informati on more than 6,000 campgrounds?

If you think the task sounds formidable, you're right.

Last spring, after *Sunset* decided to publish a new, annual magazine camping opportunities in the West (replacing a popular *Sunset Bo* on the subject), the editors began an ambitious project: to update a expand on the earlier directory by locating (or confirming) and descr ing all the campsites in the great natural "park" that is western No America—some 4 billion square miles, extending from the Yukon Ri to the Sea of Cortez, and encompassing 160 million acres of natio forest, more than 450 million acres of other public domain, almost million acres of Indian lands, and thousands of national, state, coun and municipal parks and privately owned campgrounds.

We started by sending off 12,000 questionnaires to the individuals a government agencies in charge of all the campgrounds we knew abo Then came a summer of follow-up mailings, many telephone conver tions, and some first-hand interviews.

As the resulting inventory grew to mammoth proportions, we realiz we would have to be selective to assure certain standards and ren maximum service to readers.

Since our *Western Campsite Directory* was to be aimed at camp families traveling by motor vehicle—carrying a tent or perhaps haul a trailer, or using a truck-mounted camper or camper bus or mo home—we restricted the listings to developed campsites accessible road. We eliminated day-use-only facilities, and campgrounds that quire membership in an organization. We limited the privately owr campgrounds to those with an inspected water supply, adequate sanit facilities, and a stipulated schedule of fees. This reevaluation conden the list to a still-extensive directory of somewhat more than 6,000 can grounds specifically suited to family camping.

The listings are supplemented by 16 feature articles on camp-rela subjects, and by advertising of products and services of special inter to campers. (For more about the new publication, turn to page 74.)

We are grateful to our thousands of co-authors, the men and won who answered our questions about their campgrounds. Before l we'll be back in touch with them—for we've already started work *Western Campsite Directory 1972*.

WINDOW ON THE WEST: *Oasis near Chinle*

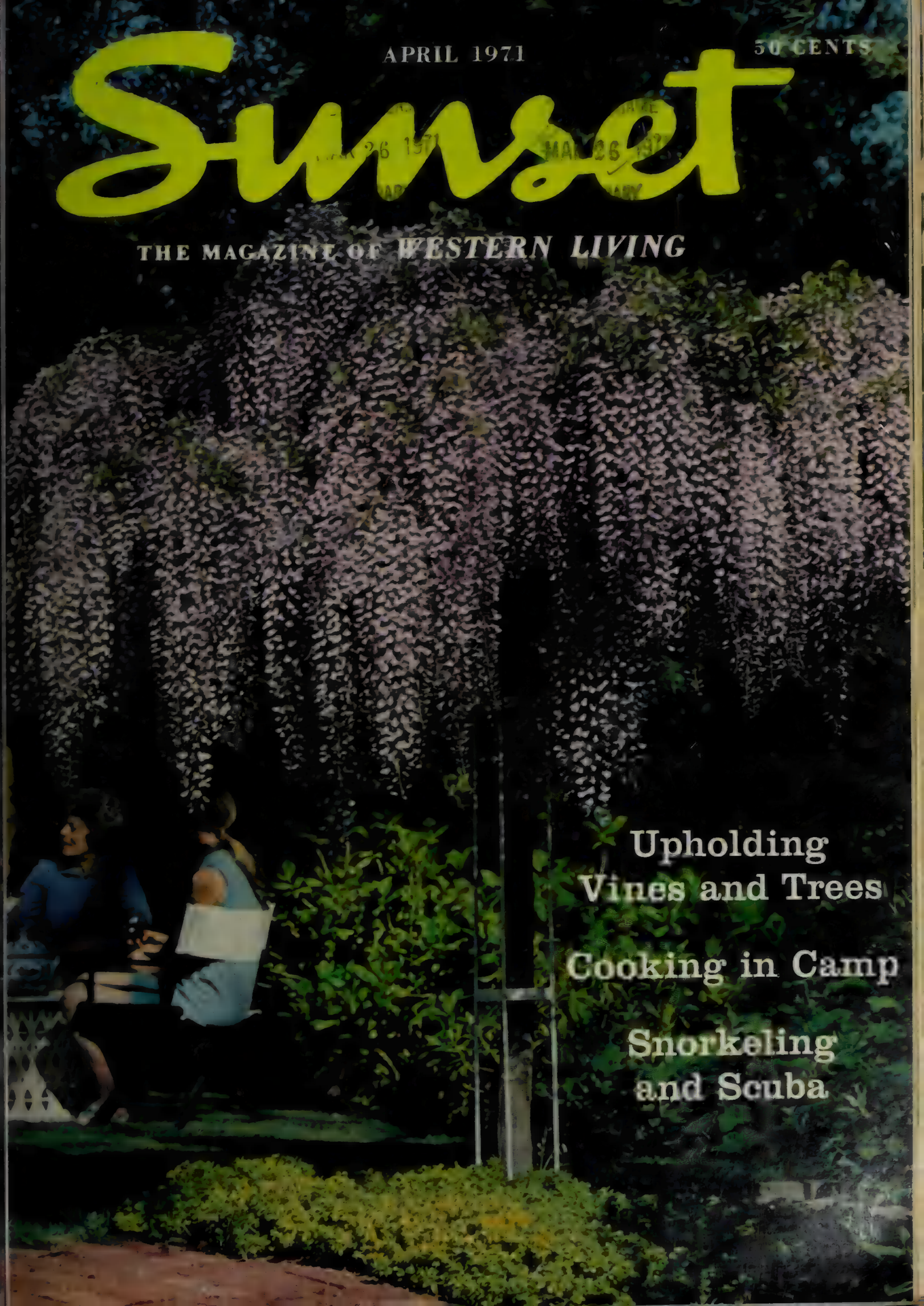
Tall cottonwood trees form an arching canopy over aptly named Cottonwood Campground near the headquarters of Canyon de Chelly National Monument in northeastern Arizona. The camp is open all year but is especially popular in spring and summer as a shady, high (5,540 feet), cool oasis in the arid rangeland of the Navajo Indian Reservation. It is one of the thousands of campgrounds listed in the *Sunset Western Campsite Directory 1971*.

APRIL 1971

50 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING



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Feature articles for April 1971

CENTRAL EDITION

Dipping into the rugged Pinnacles 46
Camp cooks share their ideas 78
Water beds take to the out-of-doors 86
Bread surprises for Easter 88
Another world—the underwater world 90
Upholding vines and trees 96
Garden contest winners 102
Children bake Easter breads 182
The young gardener prizewinners 262

el

travel in the West 3
ornia's upper coast—a guide . 9
e to Alaska—so many choices 16
ing a cast iron pot in camp . . 34
lay below the Baja border 36
g museums in Oslo 42
ugged Pinnacles in spring . . . 46
's wild poppies 52
dad crab feed 55
d's tallest sand dunes 57
olulu's Spaulding Museum 58
ital jade display 62
mite's pioneer museum 64
Alaska to Russia 68
ge carnival and rodeo 75
een Gilroy and Los Banos . . . 76
underwater world 90

lscaping and loor Building

pavers, new patio and deck . . 84
r beds for out-of-doors 86
te entry garden 113
table from wood slabs 116
instead of steps 130
red barbecue—a table 134
ers for steps 150
nd-proof patio 154
made watercourse 158
oor generation gap 162

kshop and Craft Projects

-ups 100
able slippers 133
swing for three 137
r drum table 140
kits for ladies 145
g tools for knits 156
proof baskets for plants 166
on a shelf 178

Letter from *Sunset:* Your *Sunset* and your zip code . 294

Food and Entertaining

Camp cooking 78
Bread surprises for Easter 88
*Sunset's Kitchen Cabinet** 180
Kids bake Easter breads 182
Camp cooks say "keep it simple" . . 184
Strawberry cup desserts 188
Roast duckling for dinner 190
Apricot sauce cake 192
April menus 195
Bone hard cookies 202
Pork loin becomes a meat roll 207
Quickly sautéed veal 208
Five ways for game hens 210
Small shrimp—in aspic, in salad . . . 215
Fruit sandwiches for dessert 216
*Chefs of the West** 218
Make-ahead ice cream cake 224
Introduction to soybeans 226
The Western Kitchen 231
Asparagus Victor 232
Your choices in corkscrews 234
A light touch with oysters 238
Cheerful tropical breakfasts 241

Building and Remodeling

Western Home Awards entry 128
Bath idea from Hawaii 148
Bedroom for two boys 161
Maple-topped kitchen island 164
Built-in children's rooms 169

Home Management

A home for spices and herbs 121
Cleaning storage 126
Hidden sewing center 153
Divided storage space 170

Gardening

Upholding vines and trees 96
Garden contest winners 102
Private entry garden 113
April in your garden 242
Garden controls erosion 246
Alternative to regular spinach 248
Bonsai house 250
Beer *vs.* slugs and snails 253
Plants grown on walls 254
Good plants for heavy shade 261
The young gardener prizewinners . 262
Garden plan for adults and kids . . . 264
Radical pruning for a boxwood . . . 267
Here are April garden events 268
Fire dangers in California 272
Sunny color spring to fall 276
Again in 1971, a garden contest . . 279
Codling moths beget apple worms . 283
Growing cactus seed 293

The Cover Story

Our cover picture shows a purple Chinese wisteria; below the blossoms you see a metal frame that helped it to rise in the world. For more about supports for vines and trees, see page 96. The color photograph was taken by Darrow M. Watt

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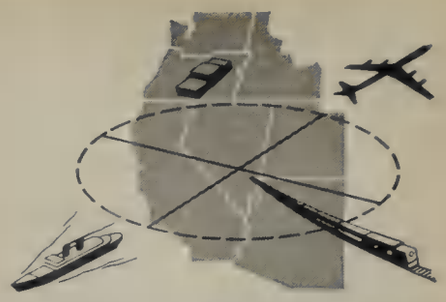

NORMAN A. PLATE

Hikers leave *National Recreation Trail at Skyline Gate in Redwood Regional Park. In foreground is official insignia*

National Recreation Trail in the East Bay

first non-Federal National Recrea- Trail was dedicated recently in the Bay. The designation is official nition by the U.S. Department of nterior for the uses and scenic qual- of certain non-Federal public land.

new trail (comprising some already- ng East Bay Regional Park trails) s at Skyline Gate on Skyline Boule- in Redwood Regional Park, and after 14 miles, at Proctor Gate on vood Road in Anthony Chabot Re- l Park near the Willow Park Golf se. You can also enter the trail at Donald Gate in Redwood Park on vood Road, 1 mile east of its junc- with Skyline Boulevard.

re plans call for a northwestward sion of the trail to 30 miles, finish- ing at Alvarado Park in Richmond.

To qualify as a National Recreation Trail, the route had to meet certain requirements. Among other things, it must be within reasonably easy access from urban areas; it must be available for multiple uses; and it must be on public land or land under public control. This trail is only minutes by car from most of The East Bay and within two hours of the entire Bay Area; both horseback riding and hiking are permitted; and it is on land owned and managed by the East Bay Regional Park District.

Beyond these specifications, of course, are scenic qualities which weighed heavily in the trail's selection as first of its kind in the nation. Many views along its length are nothing short of spectacular. From various points you can see San Francisco Bay and much of the Bay Area, the northern end of the Mount Hamilton Range, and Mount Diablo. You can walk comfortably along the wide, flat trail, by streams and through heavily forested areas of redwood, oak, manzanita, madrone, and bay.

Various loops along the trail offer shorter walks, so you might want a map. On weekdays between 8:30 A.M. and 5 P.M., you can get one at East Bay Regional Park Headquarters at 11500 Skyline Blvd. near Redwood Park.

Native Plant Society field trips

The California Native Plant Society has announced nine field trips open to all who are interested in April and May this

Sunset

THE MAGAZINE OF WESTERN LIVING

April 1971

Photographer *as shot by the writer while working on underwater story*

We go underwater in Hawaii

While working on this month's snorkel and scuba story off the Kona Coast of Hawaii (page 90), chief photographer Glenn Christiansen posed with his underwater photography outfit while staff writer Jeff Phillips snapped this picture.

This was the first underwater assignment for both our writer and our photographer. In preparation they both underwent 32 hours of training to qualify as scuba divers.

Underwater photography presented a challenge in itself. First, it was necessary to buy a waterproof underwater camera housing for a 35 mm Nikon. The equipment was extensively tested in swimming pools before going on location. We found we needed special filters for color compensation; and our photographer had to get used to working with bulky scuba gear plus camera equipment in a weightless environment.

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year, beginning with an Easter Week to Southern California.

The Easter Week trip, beginning M day, April 5, goes from woodland chaparral, in the south Coast Rang the desert. It includes the Tem Range, western San Joaquin Valley. Greenhorn Range, Panamint and D valleys. Highlight of the trip will be opportunity for botanizing on the T selman Ranch, led by owner Ernes Twisselman, rancher and botanist wrote the definitive work on K County flora. For information Walter Knight at (415) 848-0430.

Starting Saturday, April 10, there wi seven day-long Saturday field trip April and May. Destinations inc Butano Forest in San Mateo Cou Tiburon, the Mount Hamilton Ra Salt Point in Sonoma County, M San Benito in San Benito County, Chew's Ridge in Monterey County. will be a "fire ecology" trip to find observe some plant species that sp and flower only after fire has bu through an area.

Also scheduled: on May 14–16, a trip high school students to the Pinna National Monument, to be led by a U versity of California botanist and a s park naturalist; on Memorial Day we end, May 28–31, a "hike-in" to M gomery Meadows and Sword Lake Sonora Pass in the Sierra.

For more specific information on t trips or other activities of the soci write to Mr. Rolf Bensler, either Lost Valley Dr., Orinda 94563; or Department of Biological Sciences, C fornia State College, Hayward 945

A festival of kites in Carmel

Those who build and fly their own k will have a chance to compete aga other kiters in Carmel on April 17. the 41st Annual Carmel Kite Festi for homemade kites only. It will be on the Carmel Middle School athl field beginning at 1:30 P.M.

Competition (prizes for high flying, workmanship, and prettiest kite) wil arranged according to the following groupings: 8 years old and under through 12, 13 through 15, and 16 over (adults included). There is a spe category for youngsters 12 years old under who have made their kites with adult assistance.

A Grand Champion trophy will awarded to the youngster judged to h the best all-around kite. A Best Des trophy will be awarded as well.

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DIRECTORY INDEX

SCHOOL AND CAMP DIRECTORY
beginning page 5

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beginning page 9

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beginning page 204

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its annual Picnic Day this year on April 17. One year when Davis was still the farm campus, a Picnic Day actually had to be cancelled because of a serious outbreak of hoof and mouth disease among livestock.

Back in 1909, the first picnic was for University faculty, staff, students, and friends. The ensuing years have seen it expand ambitiously; now it's a combination picnic/country fair/open house/entertainment extravaganza, this year expecting 70,000 visitors.

Festivities begin with a parade, starting from campus at 9:45 A.M. Some of the day's events will suggest the UC Davis role as an agriculture campus; others will acknowledge its growth into a large liberal arts facility. They will include a horse show, sheep dog trials, a musical comedy (to be presented twice in the afternoon), a fashion show, an evening dance, and band concerts throughout the day. Various booths will dispense food and drink.

The event is an open house as well; most of the departments on the campus will open their quarters to the public and have special displays and presentations explaining their functions.

For information and schedules, write to Robyn Gold, Picnic Day chairman, Memorial Union, University of California, Davis 95616.

Japanese festival in San Francisco

The Nihonmachi (Japantown) Cherry Blossom Festival, which began March 26 at the Japanese Cultural Center in San Francisco, continues April 1 through 4 with demonstrations, exhibits, and a colorful parade.

Films on Japan will run at the Center's Kintetsu Building from 2 to 4 P.M. on April 1 and 2, and from 4 to 6 P.M. on April 3.

There will be Koto and Buyo (classical music and dance) performances starting at 7 P.M. April 1 and 2 at the Miyako Hotel Imperial Room; an arts and calligraphy exhibit from 1 to 5 P.M. on April 1, 2, and 3 at the Bank of Tokyo; ikebana (flower arranging) exhibits from noon to 5 P.M. April 2, 3, and 4 in the Kikkoman exhibition center. Tea ceremony demonstrations will continue from noon to 9 P.M. on April 2 and 3 in room 301 at the Miyako Hotel.

The culmination of the festival is a parade from the San Francisco Civic Center to the Japanese Cultural Center starting at 2 P.M., with floats and more than a thousand participants in traditional Japanese garb.

For a complete schedule of events, write to the San Francisco Convention and Visitors Bureau, Fox Plaza, San Francisco 94102. Or you can telephone (415) 626-5500.

For travel planners, an April check list

Garden tours of Europe. Three garden tours to different parts of Europe are scheduled for this spring. The first visits gardens and castles of Portugal and Spain April 26 through May 17 and costs $1,087. The Flower Festival Tour visits gardens and fields in Holland, Belgium, France, and England May 4 through 27 and costs $1,395. The third concentrates on homes and gardens in England May 20 through June 16 and costs $1,397. All prices include transportation from New York, hotels, most meals, and a tour escort. For a brochure write to Jean Berke Travel Service, Inc., 40 E. 49th St., New York 10017, or see a travel agent.

Orient fly-and-cruise. Starting April 8 and running through May 19, 1972, 14 air-sea tours are scheduled to leave San Francisco and Los Angeles for 18 days in Tokyo, Taipei Hong Kong, Manila, and Kobe. You fly to Tokyo, then cruise between cities on either the *President Cleveland* or *President Wilson*. Tour fares begin at $899 and include transportation, lodging, and meals on shipboard. For details write to Ambassador Tours, 609 Sutter St., San Francisco 94102, or see a travel agent.

Wilderness school. Boys of ages 14 through 19 who would like to learn basic mountaineering skills can participate in one of four wilderness outing programs offered by the Mount Adams Wilderness Institute. Backpacking, camping, and snow and glacier climbing techniques are combined with discussions dealing with regional geography and natural history. Cost of a 14-day session (starting June 28, July 15, August 2, or August 19) is $250, and includes everything except transportation and personal gear. Write to Mount Adams Wilderness Institute, Glenwood, Wash. 98619, for details.

English Victorian architecture. Between June 25 and July 5, the Sixth Anglo-American Architectural Study Tour will examine the architecture of Dorset, Devon, and Cornwall in southwest England. Buildings to be toured include churches, houses, and monuments from various historical periods. Tour price of $444 includes hotels, meals, and transportation from Sherborne in Dorset. For details, write to The Victorian Society, 29 Exhibition Rd., London S.W. 7.

What a travel agent can do for you: Provide information on tours: reserve space on air, rail, bus, and steamship lines: make hotel, ranch, and resort reservations: take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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Volume I takes a detailed look at the narrow shelf of the Mendocino coastline along State Highway 1 from Muir Beach (on the other side of the Golden Gate Bridge from San Francisco) to the almost abandoned hamlet of Rockport, about 20 miles from the junction of State 1 and U.S. 101.

Volume II explores the oceanside and outer coastal ranges of Humboldt and Del Norte counties. It picks up where Volume I stops, and continues up to Pelican State Beach near the Oregon border.

Both volumes examine practically every side road and trail for turnoff directions, mileages, road (and trail) conditions, and in some cases, the travel time involved.

However, road information is not the only function of these guidebooks. Although roads can be interesting in themselves, along the northern California coast they are more often an access to a particular destination.

The beaches are, of course, the primary attraction of the northern California coast. Mr. Hayden has surveyed almost every beach from the Golden Gate Bridge to Oregon and has noted the specialty of each area. For example, summer is the best time to dip-net for surf smelt at Salmon Creek Beach just north of Bodega. On the other hand, if you want to build sand castles or go swimming, the book suggests Stinson Beach.

Between beach destinations, the book is punctuated with colorful vignettes of small towns along the way, comments on current environmental issues such as the Point Reyes National Seashore, and discussions of hiking, fishing, and camping spots along the coast.

Also of interest are the numerous historical sketches on various coastal areas. Did you know that Point Reyes was named by Sebastian Vizcaino in 1603 when he explored the adjoining Drake's Bay on the Day of the Three Holy Kings? Such facts, along with notes on Indian tribes, Russian settlements, and a touch of village rumors-turned-legend, add liveliness to the well balanced text.

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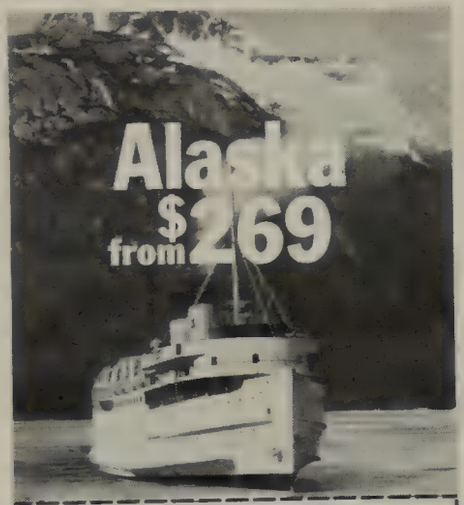

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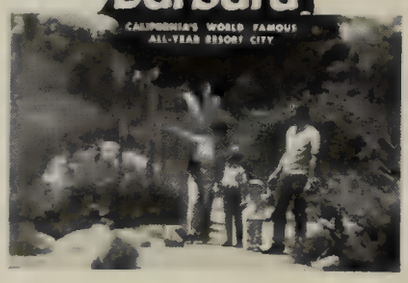

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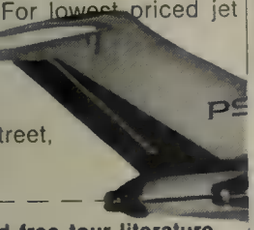

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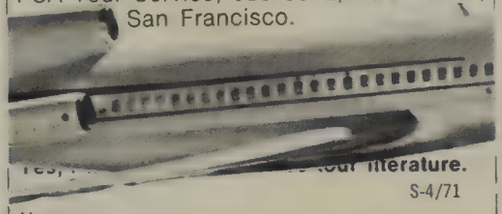

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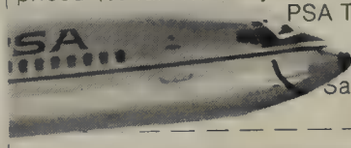

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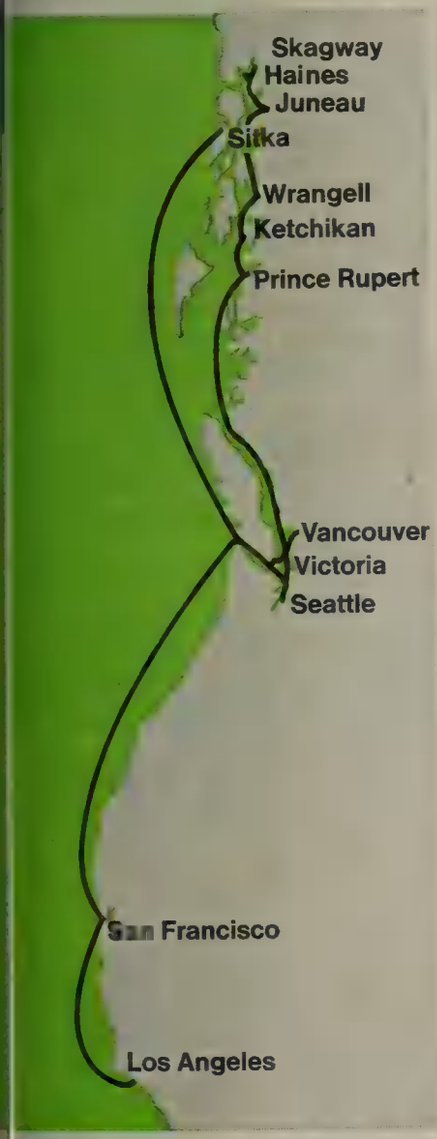

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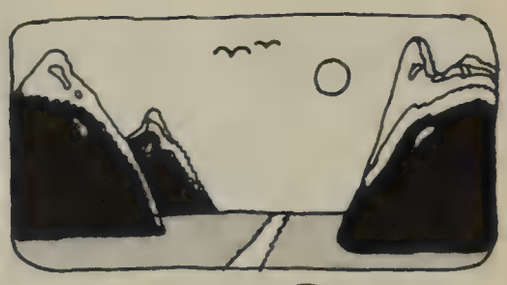

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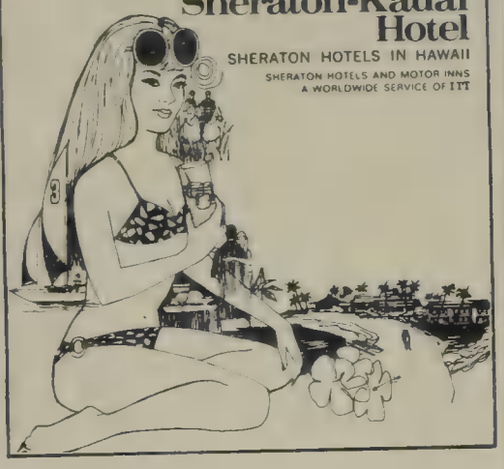

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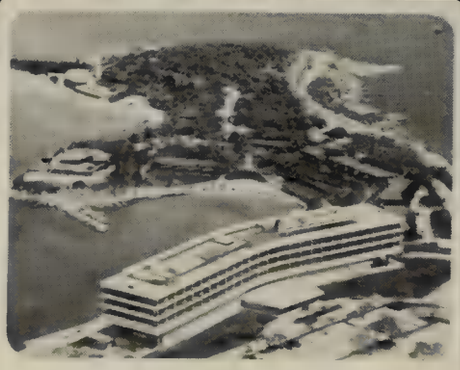

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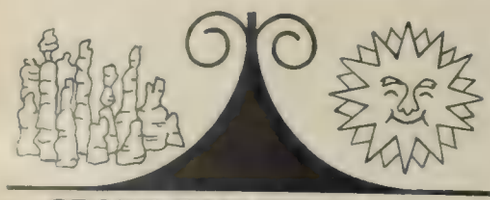

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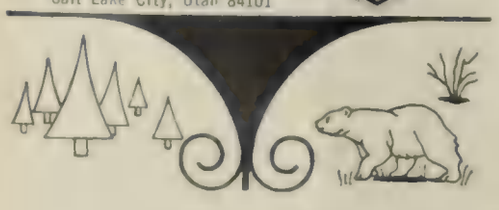

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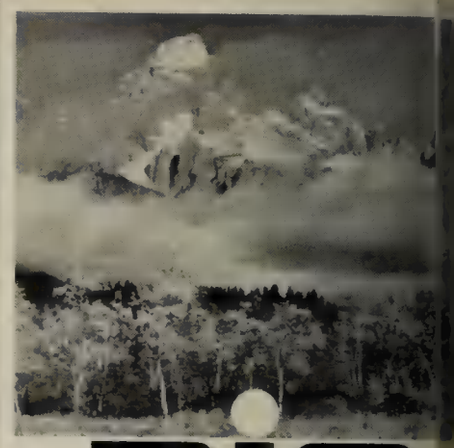

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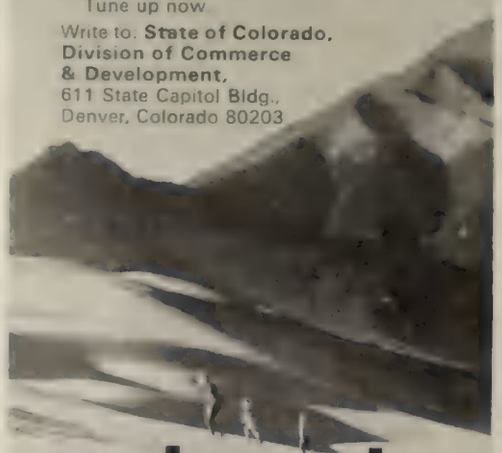

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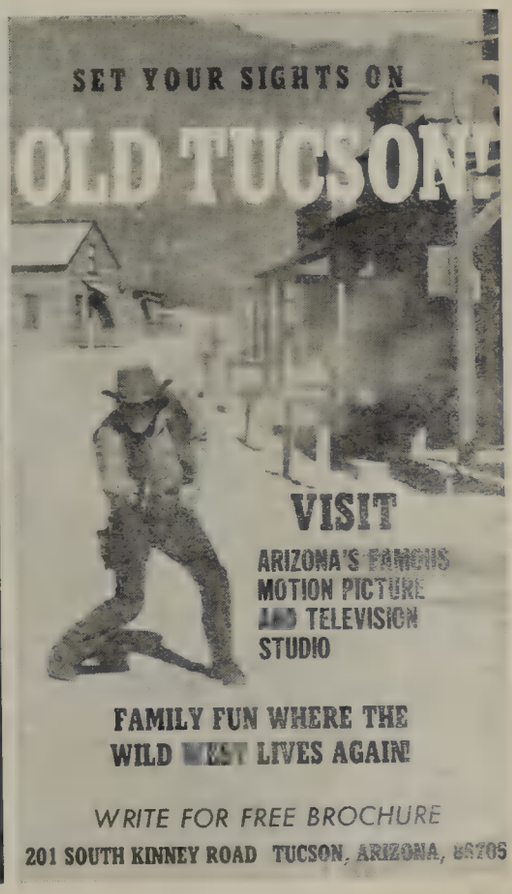

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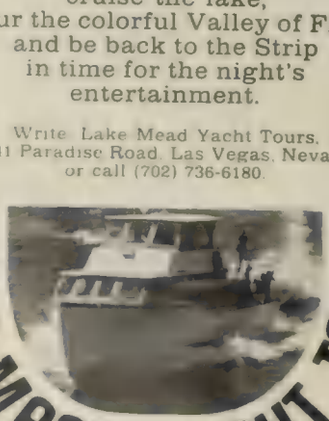

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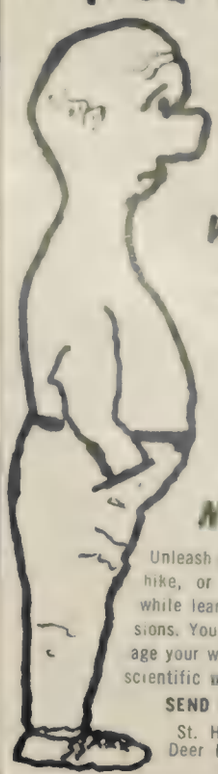

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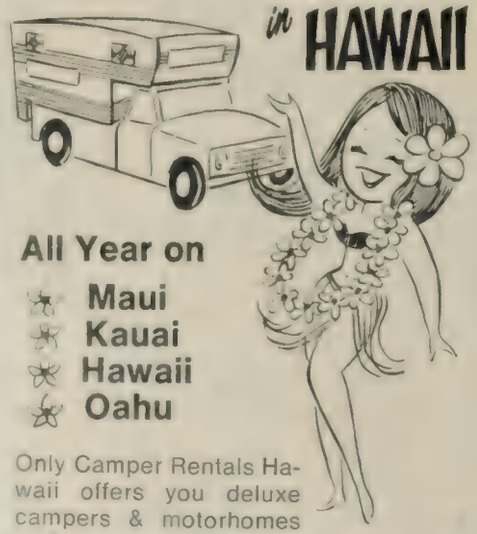

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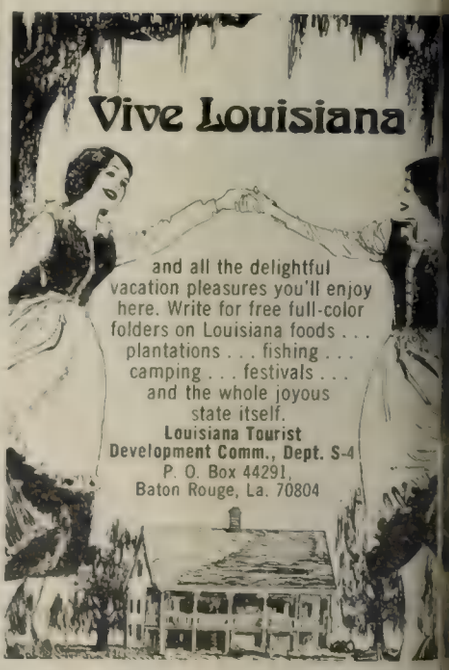

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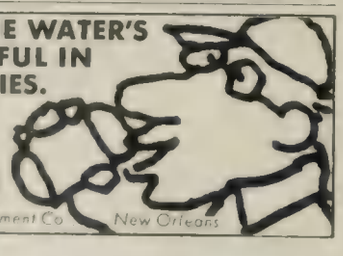

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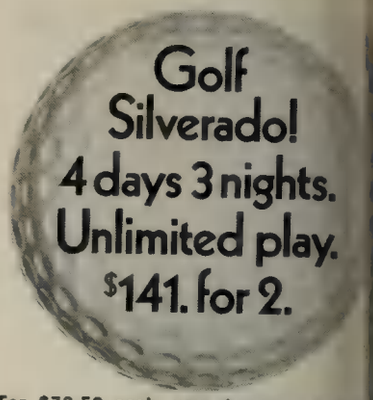

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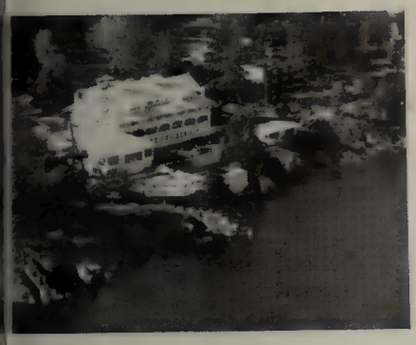

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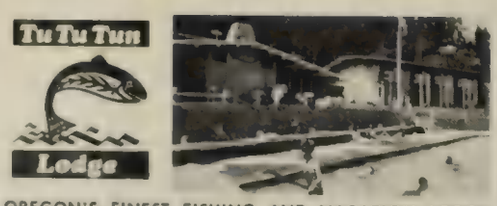

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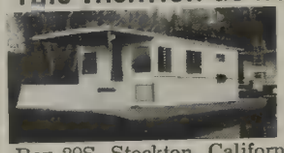

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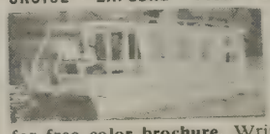

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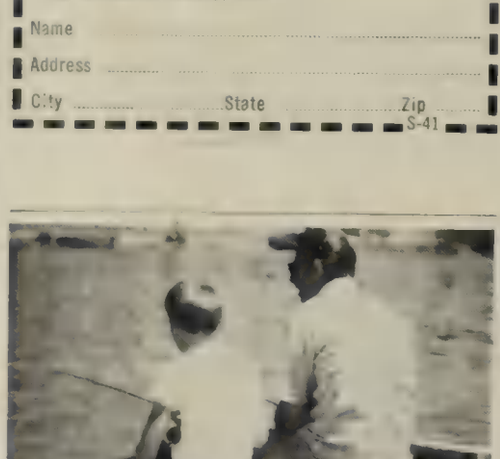

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Cleaning a cas iron pot in cam

A cowboy cook we used to know boasted about "stringing up the o swamper" when the young swamp cook's helper, unwittingly scoure years' worth of seasoning" out c cook's best skillet. We've heard the yarn many times since. The moral ways the same: Skillets and othe iron cookware seem to improve wit and require only minimum care.

Camp cooks especially appreciat easy cleanup of cast iron skillets, I ovens, and griddles. In many cases wiping out the inside with soft tow is all that's required. Or, if the ute badly soiled, just add a little wate let it simmer on the back of the can until the heat-hardened materials softened. Scrape with a spoon or sp and wipe dry. To prevent rusting, g with a light coating of salad oil b putting away, and always store wi off to prevent accumulation of mois

The soot-stained outside of cast iron and skillets can be ignored. Coatin outside of a utensil with soap b cooking makes the soot stain easi remove, but that degree of co seems unnecessarily fussy. Store stained utensils in burlap bags to staining the rest of the duffel. The weave burlap lets air circulate ar the utensil and provides cushioning

Badly burned cast iron utensils ca resurrected by scouring with steel and soap. To reseason, rub the insi the pan with salad oil and bake in a oven for about 30 minutes or unt begins to smoke.

DARROW M. W

Scrape *residue from pan with spatu*

The Royal Family will be at the party. How about you?

Majesty, Queen Elizabeth II, HRH Prince Phillip HRH Princess Anne will honor British Columbia's long, Province-wide Centennial '71 with a royal visit. ou're most cordially in- l, too!

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ARNOLD SENTERFITT

Guests *at Meling Ranch return from an early morning's ride ready for a hearty breakfast*

Mexico's new observatory *site commands view of both the Pacific Ocean and Gulf of California*

The lofty peaks, dense forests, parklike meadows, and trout-filled streams of Baja California's mountainous interior are not part of the standard image of California's neighbor to the south. Long visualized by most Westerners as a vast, cactus-studded wasteland between border towns and distant fishing resorts, Baja has some startling surprises for travelers lured southward by recently improved road conditions.

It's only a few hours' drive from the border to some virtually unexplored vacation retreats. And comfortable accommodations are available.

Baja's Peninsular Range was first charted in 1701. Ranch cattle grazed the high western plateaus in isolation until prospectors discovered gold in 1872. Mining lasted until the early 1900's.

The Sierra San Pedro Martir, where the peninsula peaks rise to their highest, is now Baja's first national park. Bounded on the east by sheer escarpments that drop to the desert floor 8,000 feet below, the mountains descend more gradu on the west. Deep canyons are in spersed with broad, pine-encircled leys, all connected by a network of tr San Pedro Martir is divided from Sie Juarez, the lower mountain range to

CECIL H

Visitors *to vaquero camp are invited to stop and try some jerky and beans*

CAR OF THE YEAR.

Motor Trend magazine has named the evy Vega its 1971 Car of the Year.

Actually, Motor Trend magazine has ned all four Chevy Vegas its 1971 Car of Year. They say it's because of Vega's rineering excellence, timeliness, styling l overall value. Naturally, we're pretty ›py about it. For lots of reasons.

One is the fact that the award came from tor Trend. Because the people at Motor nd know cars inside and out. And after ing 10 nominees, they chose our little ga. Shucks.

Reason number two. This is obviously the r of the little car in the big automotive ld. And while there are lots of little cars t could have been Car of the Year, only is. Ours.

A third reason. We've been saying for nths now that Vega is the little car that does rything well. Lucky for us, lots of you took word for it and bought a Vega. Our thanks.

As for the rest of you, you not only have our word for it, you have Motor Trend's: "For the money, no other American car can deliver more."

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The "Chalet." Size it up at a S Sports Center. Or see it in the S Roebuck and Co. Catalog.

Sears

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home of the Ted Williams brand

:h, by San Matias Pass, through which rt road links Ensenada on the coast ı the fishing village of San Felipe on Gulf of California.

est access to San Pedro Martir is ı the west side via Baja's Highway ı new freeway between Tijuana and ɜnada shortens driving time consid- ıly, and the highway is now paved ıe turn-off for San Telmo de Arriba, niles south of Ensenada. From here aded road, passable to standard cars, s some 40 miles into the foothills to two ranches that offer guest facili- Beyond, four-wheel-drive vehicles recommended for the steep, ever- ıbing road terminating deep in the ıntains at Mexico's new observatory.

m the observatory you are rewarded pectacular views of the Pacific Ocean ıe west and the gulf to the east. Directly below are the barren plains of the San Felipe Desert; looking southeast, you see the precipitous, double-peaked El Picacho del Diablo (10,156 feet), highest mountain on the peninsula.

Although the surroundings are ideal for camping, and campers are welcome, the park has no developed areas and you must take your own food, water, and supplies. So you may prefer to make one of the foothill ranches your base for exploration.

Meling Ranch, one of the oldest cattle ranches in Baja, is also known as Rancho San Jose. It is still owned and operated by the family that established it. Except for modern guest accommodations and a stream-fed swimming pool, the adobe ranch buildings and weathered corral fences look much as they must have at the turn of the century. Meals are served family-style in a dining room warmed by a pot-bellied stove and lighted by kerosene lamps. The price of $15 per person per day (special rates for families) includes room with bath, rental of a horse, and all meals. Horses and guides are available for pack trips.

Mike's Sky Ranch (also accessible from the San Matias Pass road) is not a working ranch. This modern resort uses four-wheel-drive vehicles instead of horses

Ranch guests are welcome to help with chores

ch chores *can be fun for city folks. "Miss Bertie" Meling (center) demonstrates ect procedure for shucking corn to her willing volunteers*

CECIL HELMS

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Granite boulders *in Vallecitos Meadow are used as chairs for impromptu picnic*

for trips into the high country. Rates $15 a day ($95 per week) include mea

Developed sites for campers are ava able along the San Rafael River belo the ranch ($5 first day; $3 thereafter)

Both ranches have air strips, and t authors of *Airports of Baja Californ* operate a resort reservation service f both pilots and motorists. Write to Pa Senterfitt, Lakeside, Calif. 92040, telephone (714) 442-0927 for details.

Three important things to remembe Tourist cards are required for travel th far south of the border; it's wise to f your gas tank before leaving main hig ways (Colnett is the last reliable place Highway 1); a guidebook is essential.

Good guidebooks with maps inclu *Lower California Guidebook*, by Ge hard and Gulick (Arthur H. Clark C Glendale, Calif., 1968; $6.50); *Baja C ifornia, Mexico Guide*, by Cliff Cro (Box 301, North Palm Springs, Cali 1970; $3.95); and *Camping and Clim ing in Baja*, by John W. Robinson (I Siesta Press, Box 406, Glendale, Cali 1967; $2.95).

A new *Sunset* book on Baja Californ was published in February (see page - of the March issue).

Discover the many flavors of the Orient on Cathay Pacific Airways.

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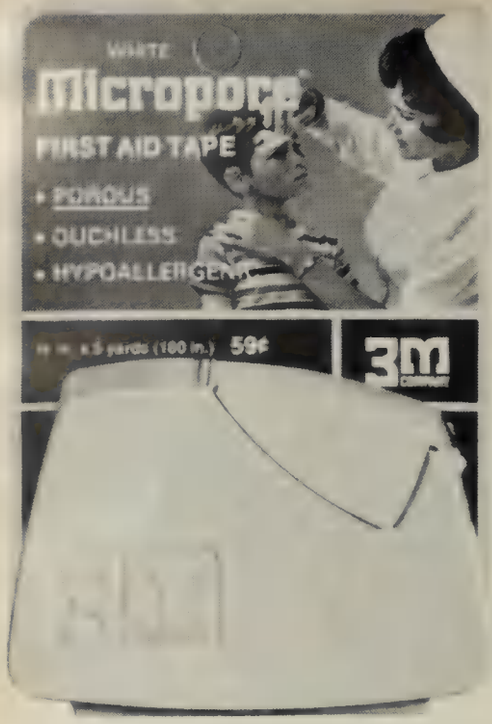

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GUARANTEED PARENTS' MAGAZINE

GLENN CHRISTIAN

Bygdøy Ferry *shuttles passengers from bustling Oslo harbor to suburbs and muse*

The Kon Tiki, the Fram, and ancient Viking ships in Oslo

Visitors *view the Fram's sturdily built hull. Memorabilia from polar expeditions is below deck*

Visitors to Norway are often struck by its dependence on the sea. In Oslo's pleasant suburbs you can have a look at some of the nation's historic sailing vessels housed in four museums.

Many city bus tours include visits to the *Kon Tiki*, the Viking ships, and other craft. City tours priced from $2 leave from the harbor side of city hall.

If you have at least half a day for a visit to these famous ships, begin by strolling along the waterfront, watching the activity in the harbor, and perhaps tasting shrimp bought from some fisherman who has cooked it on his way back into port. Then take the 15-minute ferry ride to Bygdøy and the ship museums fr Pier C; the cost is about 35 cents.

From the dock at Bygdøy, a half-n walk along well marked, lightly trave streets takes you to the famous Vik ships. Another half-hour walk past be tiful homes and gardens brings you the remaining three museums and ferry back to city hall. Admission each museum is about 15 cents.

The Viking Ship Museum houses th vessels. Wealthy nobility were bur aboard these graceful ships with su plies necessary for life after death. Be tifully carved carts and sleighs, textil and armaments found aboard the sh

WHEN IT'S JULY EVERYWHERE ELSE, IT'S A DIFFERENT SUMMERTIME IN GREECE.

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uliagmeni by the sea,
e hotels in Greece are
odern and luxurious.

The good food never
s. Seafood fresh from
sland fisherman's net,
uit ripe from the tree.
r both with wine that
astes like nectar from
the gods.

The spectacle never stops. Sound and Light shows on the Acropolis and classical Greek drama, concerts and ballet performed under the stars.

The islands never stop. So rent a yacht for less money than you thought possible and spend idyllic days discovering them.

S-4

Greek National Tourist Organization
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Gentlemen:
I want to spend a summer vacation in Greece. Please send me more infor-

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The personal Rolls-Royces: $23,800, $32,200 and $34,60(

Silver Shadow Sedan $23,800

The Silver Shadow is a new kind of Rolls-Royce. A personal Rolls-Royce. It has been designed not for a chauffeur, but for the personal pleasure of the owner-driver.

Interiors are sybaritic. You ensconce yourself in deep bucketed seats covered with glove-soft English leather. The panelling is of rare Circassian walnut. The carpets are wool, trimmed with hide.

Air conditioning is standard equipment, and there is an unusual split-level ventilation system. You can warm your feet and cool your face at the same time.

A deferential driving seat provides eight different adjustments of height, reach and angle at the touch of an electric switch. The backs of the front seats, even the armrests on the doors, adjust individually.

Electric shift and friendly lights

The drive selector is electric, and effortless. The power steering is light but not numb. It has a reassuring feel. The whole car is only seventeen feet long. It turns full circle in little more than twice its length, and seems almost to park itself.

Press a button on the dashboard, and you can open the gas tank. Other knobs and switches let you balance radio speakers throughout the car, or raise the antenna, or control all the windows. On Sedans and Coupés, still another button controls 1,300 invisible wires that demist the rear window.

Scan the instrument panel and friendly lights tell you whether or not all is well with such essentials as fuel and coolant levels, oil pressure, or pressure in the power brake system.

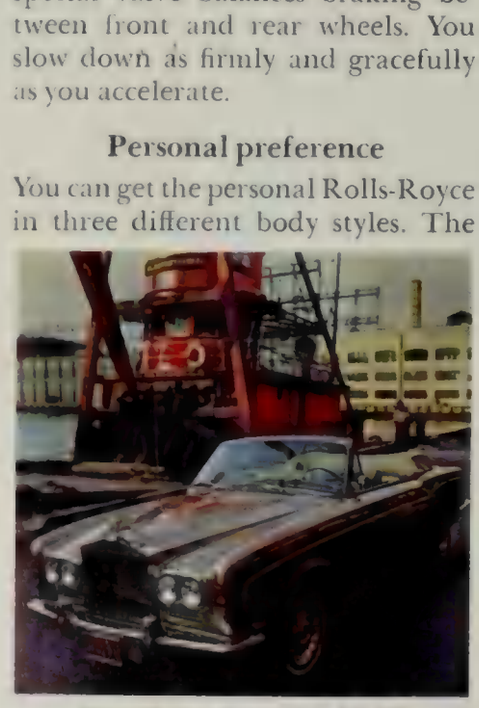
You feel very safe

Monocoque construction provides a low center of gravity. A unique hydraulic levelling system keeps the Silver Shadow level, and its headlights correctly aimed, even with a full complement of passengers and luggage. This levelling system also allows very soft coil springs on all four wheels without giving you the nightmare feeling that you are driving a double bed.

The Silver Shadow's silence, even at 100 miles an hour, adds to your peace of mind. Even more reassuring is the triple hydraulic braking system. It operates the disc brakes like steel hands in velvet gloves. A special valve balances braking between front and rear wheels. You slow down as firmly and gracefully as you accelerate.

Personal preference

You can get the personal Rolls-Royce in three different body styles. The



Silver Shadow Convertible $34,600

Silver Shadow Coupé $32,200

Silver Shadow four-door Sedan is standard. It costs $23,800. There also two limited edition coachbu models. The Coupé, at $32,200. A the Convertible, at $34,600.

The bodies for these coachbu cars are almost entirely handma by H. J. Mulliner, Park Ward, London. Founded in 1770, this fi has been building custom bodies Rolls-Royce cars for half a centur

Some of their techniques are world indeed. They still devot whole week's work to the panelli of a single Coupé, or to the tailori of a single Convertible top. Th apply as many as seventeen coats paint to each car, and buff each c by hand. They choose hides for t upholstery with extravagant ca selecting only one out of every f hundred. The rejects make exp sive handbags.

Expose yourself to temptatio

For more information, send 2 d lars for the Rolls-Royce catalogue, $12.50 for the Rolls-Royce Owne Manual. Either is a useful prelir nary to visiting your Rolls-Roy dealer. Write to Mr. Lynn Perki Public Relations and Advertisi Manager, Rolls-Royce Inc., Dept. 1914, Box 2707, Grand Central Station, New York, N.Y. 10017.

Suggested price P.O.E. exclusive of local taxes, if any. Slightly higher in Alaska and Hawaii. © Rolls-Royce Inc.

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GLENN CHRISTIANSEN

ɔerg Ship *was buried with treasures m Viking era for about a thousand years*

ster Island *artifacts add a Polynesian ch to the Kon Tiki balsa raft display*

ɪen disinterred are displayed.

ɪe Kon Tiki Museum is the home of : raft used by Thor Heyerdahl and e companions on their 5,000-mile jour- y from Peru to Polynesia. You'll also : a pictorial exhibit of the voyage.

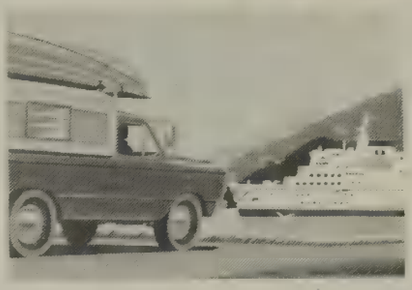
ɪe Fram Museum was built around a nous polar ship. Locked in the ice, : *Fram* and its crew drifted across the ctic Ocean from 1893 to 1896 in an ɪsuccessful effort to reach the North ɔle. In 1911 the *Fram* was used in ɔald Amundsen's expedition to the ɪuth Pole.

ɪe Maritime Museum contains models owing the development of the sailing dustry. The Najaden restaurant is at e museum.

then wheel into the exciting heart of British Columbia!

The MV "Queen of Prince Rupert" is an extension of British Columbia's fine highway system, bridging 330 miles of the fjord-like, coastal Inside Passage. Board with your vehicle at either Prince Rupert or Kelsey Bay on Vancouver Island to complete the Totem Circle tour. Enjoy stateroom luxury, fine food, traditional service, then 20 hours later arrive refreshed at your destination to continue your motoring adventure. Drive by the finest native totem poles along the Skeena River. Visit the Cariboo country with its lakes, ranches and goldrush Barkerville, then be awe-struck with the grandeur of the Fraser Canyon. Vancouver and Victoria await you. See your travel agent, auto club, or send for our Totem Circle kit — in any season.

"Camp" along the Inside Passage...anytime!



Wheel aboard the "Queen of Prince Rupert" for the fabulous North. Now's the time to enjoy mild days great ocean and fresh water fishing, wild fowl and big game hunting all along your "Totem Circle" route.

Two 'round trips weekly until May 8 and recommencing Sept. 28. Summer sailing (May 11 to Sept. 25) northbound and southbound on alternate days. See your travel agent, automobile club, or send this coupon.

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S1D

Turkey vulture *soars over leafy treetops*

Spring's the best time to dip into the rugged Pinnacles

The rugged badlands in the heart Pinnacles National Monument ha never been known as hospitable count But there is a short time during spr when the harsher aspects are softer by the earthy scent of new grass and brash display of wildflowers. This is t best time for family hiking in Pinnacl

It is also a good time for observing bir from scuttling California quail to so ing skin-headed turkey vultures.

Because this is the best time of year visit Pinnacles, it is also the busiest.

Barren *convolutions of Pinnacle Rocks are part of hikers' view from the High Peaks Trail*

Sunlight filters *into boulder-strewn chamber of Bear Gulch Caves where explorers pause*

Standing *in nylon slings, a rock climber inches up a sheer face of breccia*

GERALD R. FREDRICK

Jumbled *one on top of another, the towering fins and spires of Pinnacles seem to hang over hikers on chaparral-lined trail*

can, visit the park on a weekday; ckers and campers arriving late on ends may be turned away.

ut 20 million years ago, the Pin- es were active volcanoes gradually ng together in a ridge approximately 0 feet high. As the volcanic activity eased, a series of violent explosions ered enormous amounts of frag- ted material over the surrounding ntry, with deposits in some areas hing depths of 4,500 feet.

nwhile, faults were developing on east and west sides of the volcanic e. As the explosions gradually dimin- l, the area between the faults began nk and tilt to the east. As faulting inued, the forces of erosion quick- l, corroding the weaker layers of anic breccia and slowly sculpturing spires and shapes of Pinnacles.

ng trails

best way to examine these forma- s is to follow one of several well ked trails into the rocky regions of the . You'll need sturdy footwear and a t of water for each hiker. Most of pathways start at the parking lot in picnic area just up the road from the or center, and any trail can be easily ed in a day. Here are brief reports on trails, from easiest to most difficult:

es Spring Nature Trail and Bear ch Caves. These are the shortest and t popular trails in the monument, bining spelunking, tadpole watching Bear Gulch Reservoir, a view of the le Pinnacles, and a shady walk along ide-yourself nature trail.

up a copy of the Moses Spring ure Trail leaflet at the trailhead near picnic area parking lot. Then you either start up the nature trail or e back down it after climbing ugh the caves. If you do decide to lore the caves, be sure each hiker has ashlight. Several passages involve a of stooping and squeezing, and since stream coursing through the caves is now, you may get your feet wet.

Trail. From the reservoir at the er end of the Bear Gulch Caves, the

My biggest fight wasn't in pictures.

It happened in real life. I was just finishing my 99th ridin', jumpin', fightin', picture. Never felt better in my life.

But my family nagged me into getting a medical checkup. And it turned out I had lung cancer. If I'd waited a few more weeks, I'd be kicking up daisies now.

So, friend, I know what I'm talking about when I tell you, get a checkup. Talk someone you like into getting a checkup. Nag someone you love into getting a checkup.

And when the lady from the American Cancer Society rings your doorbell, dig deep in your pocket. They're working to rid this world of cancer once and for all.

American Cancer Society

We want to wipe out cancer in your lifetime.

THIS SPACE CONTRIBUTED BY THE PUBLISHER

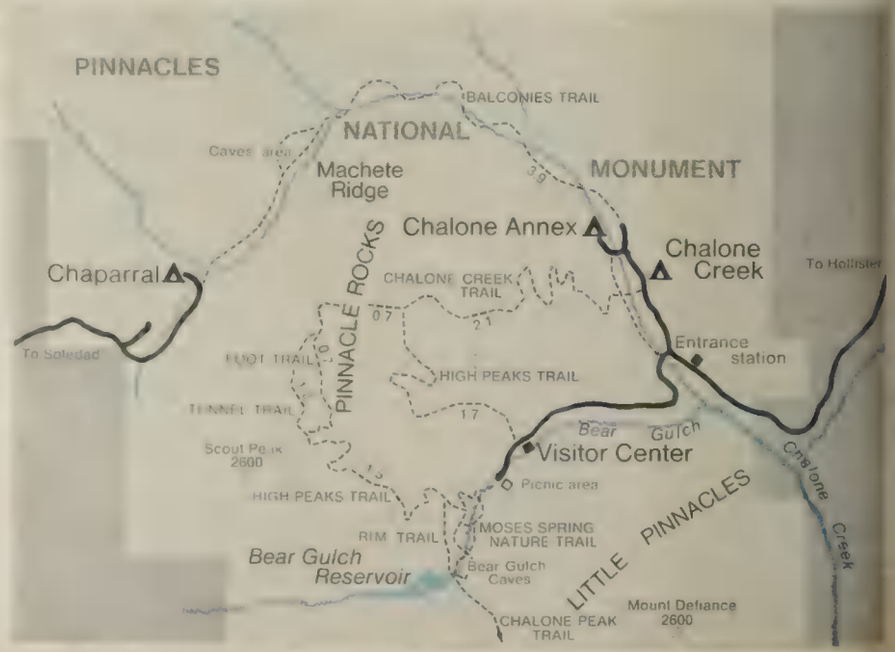
Children *play in a stream near the Bear Gulch picnic area*

GERALD R. FRI

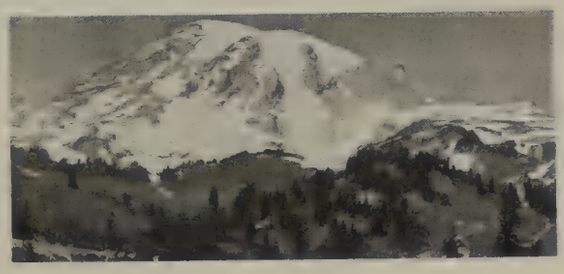
Bush poppy *(Dendromecon regida) is found near trails*

Rim Trail branches north and follows the upper edge of the gorge for almost half a mile before joining the High Peaks Trail. From this junction you can either head back down to the picnic area or start up the High Peaks Trail.

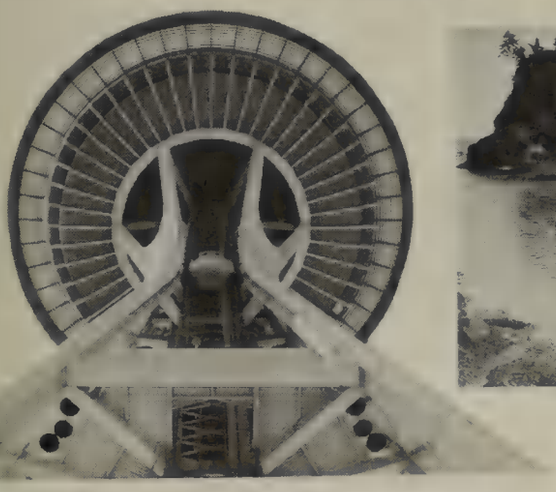
High Peaks Trail loop. The most rewarding hike in the park is the 5-mile-l loop of the High Peaks Trail thro the Pinnacle Rocks. Take the traill above the picnic area; the first 2 m are steep with numerous switchba but the views are well worth the effor Just after leveling off at an elevatio



See Washington State's Ferryland on your vacation.



. **Mt. Rainier.** Looking for all the world like giant ice cream sundae. For the best point of iew, see it from Puget Sound—on any Wash-ıgton State Ferry from Seattle.



2. The Space Needle. 00 magnificent feet ıigh. Topped off by a evolving restaurant. ook up to it from any Vashington State Ferry rom Seattle.

5. The Olympic Peninsula. Don't miss this legendary land of contrasts. Rain forests and sunlands. Snow-fed rivers and boiling hot springs. High mountain lakes and deep sea fishing. Join us at Edmonds or The Seattle Ferry Terminal.

4. USS Missouri. Weigh anchor with us from Seattle to Bremerton, and go see this historic World War II battleship. Guided tours are available.

3. The San Juan Islands. America's most enchanting cruise. A whole new world of ɔejeweled islands, winding channels, hidden beaches ınd coves. Join our crew at Anacortes, and sail away with us.

All of Puget Sound's most scenic attractions have one thing in common. Washington State Ferries. Take your car or leave it dockside. **For scenic recommendations on where to go, and what to see and do, write us for a free Guide to Ferryland.**

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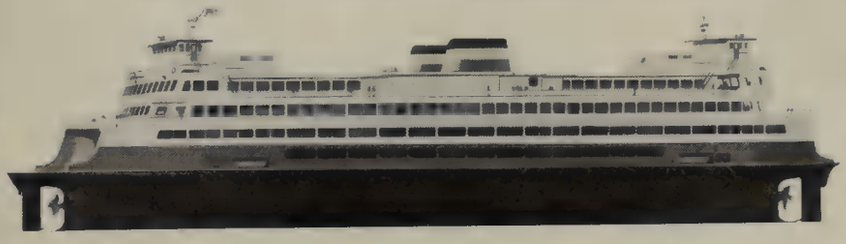
Seattle Ferry Terminal, Seattle, Washington 98104

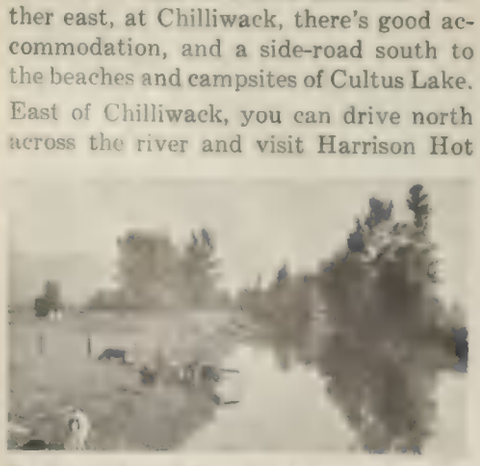


Fascinating side-trips from Vancouver, Canada

One of the pleasures of a holiday in Vancouver is the nearness of two richly varied scenic and recreational areas –

The Fraser Valley extends nearly 100 miles east of Vancouver on either side of the Fraser River. A region of lush pasture lands rimmed by the Coast Mountains, it offers several unique attractions. Entering along Highway 401, south of the river, watch for signs indicating Fort Langley, a restored Hudson's Bay trading centre. At nearby Abbotsford, the Centennial International Air Show, August 14-15, promises to be the largest such event ever held in North America. Further east, at Chilliwack, there's good accommodation, and a side-road south to the beaches and campsites of Cultus Lake.

East of Chilliwack, you can drive north across the river and visit Harrison Hot



Springs; then follow Highway 7 back to Vancouver. Along the way, you can swim and picnic at Hatzic Lake. From here you'll see the tower of Westminster Abbey on a hill above Mission City. Visitors are welcome to this home of the Benedictine Monks.

The western extremity of the valley, immediately above the international boundary, includes the vast sandy beaches of White Rock, Ocean Park and Crescent Beach . . . and the town of Ladner, noted for harness racing. From here you can drive to Vancouver within half an hour along the Deas Island Thruway.

The Sunshine Coast is a resort-studded peninsula northwest of Vancouver. To get there, drive the Upper Levels Highway to Horseshoe Bay and take a 50-minute car-ferry cruise across Howe Sound. Then drive off at Langdale and follow the coastline through a land of forested hills. Frequent side-roads lead to charming vacation spots like Halfmoon Bay and Secret Cove. At Sechelt, 17 miles beyond Langdale, pause for the excellent beach and a view of the old Indian church.

Salmon fishing is outstanding all along the Sunshine Coast, particularly around Pender Harbour (Madeira Park is the main centre for marinas and motels). There's fresh-water angling, too, at places like Ruby Lake, adjoining the highway near Earl's Cove. From here, another car-ferry takes you across Jervis Inlet to Saltery Bay.

Powell River, business centre of the upper Sunshine Coast, is site of a major pulp and paper mill, and terminus for B.C. Ferries' service to Comox on Vancouver Island. In the city and surrounding area you'll find beaches, campsites, boat-launching ramps . . . with good fishing in the ocean and nearby lakes.

Detailed information on the Fraser Valley and Sunshine Coast is contained in the Vancouver Visitor's Kit – available free by writing:

GREATER VANCOUVER VISITORS & CONVENTION BUREAU,
650 Burrard Street, Vancouver 1, B.C.
Canada.

about 2,400 feet, the trail forks. the Foot Trail. It's shorter than the nel Trail and takes you right int heart of the most dramatic form of the Pinnacle Rocks.

This section of trail mostly through and over barren rock, alth there are occasional scattered patch chaparral and stunted digger pines tall fingers of rock make this an area for experienced rock climber it will be an unusual weekend if don't see any climbers scaling sheer towers.

Hikers will have to do a little scram on their own, since parts of the were blasted through the rock and rails and foot holes are the only

About 3 miles from the start, the branches again: The Chalone Creek forks to the left, and the High Trail continues downhill almost 2 miles to the visitor center.

Chalone Creek Trail. This trail con the Chalone Creek campground the High Peaks Trail and is an exc path for wildflowers and bird watc

Balconies Trail. Although it's long most 4 miles, the Balconies Trail is tively easy. Winding along the west of Chalone Creek from the campgr it passes between the bases of the conies and Machete Ridge, then passes the Chalone Creek Caves. caves are flooded until summer and hikers will need a flashlight and a wi ness to clamber to explore these c bers. The trail ends at the Chap campground near the west bounda

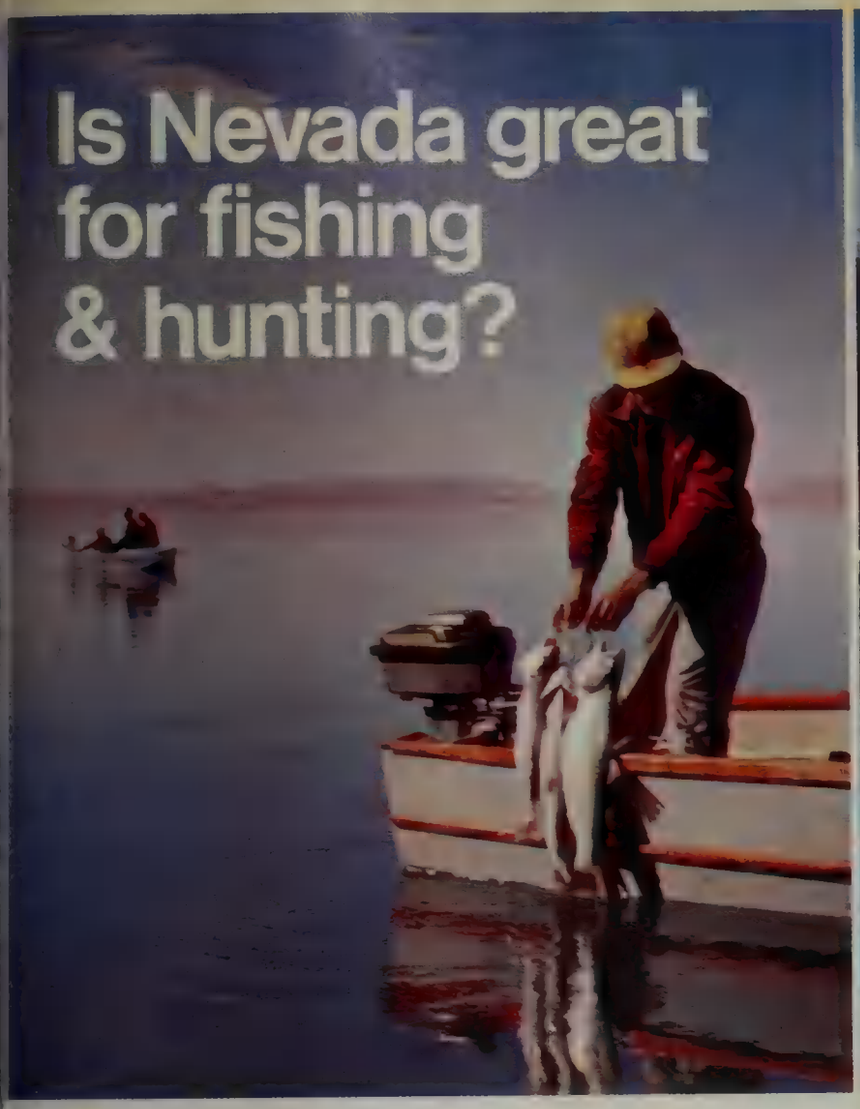
Chalone Peak Trail. This trail is strenuous (8 miles round trip) le from Bear Gulch Reservoir to the lookout tower on 3,305-foot North lone Peak.

Planning your visit

Pinnacles National Monument is easy day's outing from the San cisco Bay Area. To get there, take Highway 101 south through Gilroy, turn east on State Highway 25 to lister, the last dependable stop for and gasoline. From there it's abou miles of slightly winding, paved ro the monument headquarters. Here pay a day use fee of $1 (or show Golden Eagle annual permit) or an night camping fee of $2.

The Chalone Creek campground 44 improved campsites, some of w are suitable for trailers. Orga groups can make advance arrangen to camp at the Chalone Creek Anne

To reach the Chaparral campgr you come a different way: U.S. 1 Soledad, then 13 miles on State 146 recommended for trailers). The 25- walk-in campground is at the road's Camping fee here is the same as the use fee: $1.



Bet on it.

You would expect great hunting in a huge, sparsely settled state like Nevada, but desert fishing is a real surprise. Lakes and streams in both mountains and desert will give you real action.

Desert Lakes Mead and Mohave produce trout and bass year round; Pyramid and Walker Lakes have giant cutthroat. Mountain lakes produce fighting trout, and Lake Tahoe adds giant mackinaw, rainbow and Kokanee. Countless streams offer rainbow, brookies and brownies. Non-resident licenses are $15; a five-day permit is $5.

Upland game includes grouse, quail, pheasant and partridge. Wildfowl areas are large and are located on Pacific flyways. Mule deer are widespread, and Desert Bighorn sheep offer sensational trophies. Mountain lion is limited, but available. Cottontail and other small game are increasingly popular.

Non-resident hunting licenses are $50, plus a $30 deer stamp; upland game bird license, $25; three-day waterfowl, $10. Drawings are held for Bighorn, but antelope and elk drawings are limited to residents. Bears are protected.

Nevada is truly great for hunting and fishing.

Bet on it.

Write: Nevada for Recreation
State Capitol
Carson City, Nevada 89701

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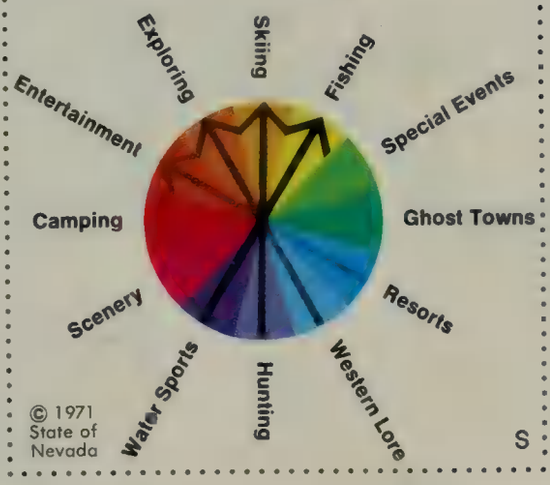
Pick your winning combination of Nevada recreations on the wheel (Circle your choice). We'll send you complete information and a FREE copy of Nevada Highways & Parks Magazine. Bet on it.



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Take a Stuckey's stop to relax, refresh and refuel when you're traveling. Grab a quick, delicious snack and browse through our gift shop. Try our famous pecan candies! Stuckey's is America's favorite travel stop.

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Recreational vehicle traveler's perfect stop. New Stuckey's Camparks now open on Interstate exits near Benson, Ariz./North Little Rock, Ark./Panhandle, Tex./Tipton, Iowa.

DAVID MU

Brilliant *orange poppies color Antelope Valley grassland in spring*

In search of April wild poppies

Shimmering fields of bright orange C fornia poppies may not be as vast as t once were, but some still remain in Antelope Valley and the adjoining Andreas rift zone. On the classic w flower route across the valley—S Highway 138 west to Gorman—yo likely to see fields like the one pictu above. To rescue these last stands of official state flower from real estate velopment, the state is considering idea of poppy preserves.

Because of the vagaries of nature difficult to predict exactly where when the flowers will be at their m spectacular, but the wildflower inforr tion center in Lancaster can give s cific directions to the best displays. also has wildflower paintings and so live specimens to help you identify w you see in the field. The center, on fairgrounds at 155 East Avenue I, be open until April 25 from 10 A.M. 4 P.M. Thursday through Sunday.

You can also travel by rail through wi flower country on a special excurs train from Los Angeles to Bakersfie The train will take you through Antelo Valley and the Tehachapi Mountai Among photography stops will be famous Tehachapi loop near Calient

Day-long excursions are scheduled April 17 and 18. Passengers can bo the train at Union Station in Los An les or in Glendale or San Fernando. F more information, write to the Paci Railroad Society, Inc., Box 4310, Irvi Calif. 92664; or call (213) 283-8900.

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n every way! And you'll feel bigger in it. In this setting of some of the spectacular natural beauty in North America, explore the exciting trails and gentle valley floors on horseback or hiking. Fight it out a mountain trout in the swift clear waters. on one of the West's most scenic champion- courses. Play terrific tennis. Swimming in mile-high lake, or skim across it in one of swift boats. Thrill to authentic Indian es, and do some old-fashioned square danc- ourself! Enjoy comfortable modern accom- ations at our cabins or luxurious Lodge. Grand Tetons are especially beautiful . . . uncrowded . . . in glorious June and Septem- For full details, please send coupon.

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We have rooms that start at $22 a day, or only $11 per person, double occupancy.

And we have other islands for you. At the Maui Hilton, you'll wander along 3 miles of white beaches. If the view from the Kona Hilton doesn't take your breath away, the deep-sea fishing will.

Call the Hilton Reservation Service in your city or call your travel agent.

And if you want Hawaii to be everything you dreamed it would be, stay with the Hiltons.

Mosaic Rainbow by Millard Sheets

Come visit the Hiltons in Hawaii.

· R. FREDRICK

Crab connoisseurs *line the big tables in the Town Hall—each eats crab his own way*

Once a year two dollars buys all the crab you can eat

The girl *at right prefers the body meat; the young fellow is a leg man; the lass below takes care of a piece of claw*

of the time Trinidad is a quiet vil- whose hard-working fishermen sail boats along the extreme northern ornia coast, plumbing the depths for ɔn and crab.

once a year, usually on the last ay in April, the townspeople get ıer to feast on the delectable Dunge- crab caught in these waters—and u happen to be in town, you are :d.

1971 Trinidad Crab Feed is sched- for Sunday, April 25, between .M. and 5 P.M. (or until the crab out) at the Town Hall on Trinity t. A $2 ticket entitles you to all the you can eat plus potato salad, bread, ı napkin big enough to tuck under chin. (Box lunches are also avail- for picnickers.)

sored by the Trinidad Chamber of merce, the crab feed was started 14 years ago as a fund-raising event for various civic projects, and was originally attended mostly by townspeople. But word spread, and last year approximately 6 tons of the crustaceans were barely enough to feed all the crab fanciers who showed up.

The town of Trinidad borrowed its name from the small harbor where the fishing boats anchor and unload their catches. The harbor was named *Puerto de la Trinidad* when the Bruno de Hezeta expedition entered the bay on Trinity Sunday in 1775; the village was founded about 75 years later.

Trinidad is about 21 miles north of Eureka just off U.S. Highway 101. After taking the Trinidad exit from the freeway, follow Main Street past the entrance to Trinidad State Beach (where Main Street becomes Trinity Street) to the Town Hall.

It's always possible that poor fishing conditions may cause the crab feed to be postponed, so it's wise to confirm the date before leaving home; write to the Trinidad Chamber of Commerce, Box 457, Trinidad, Calif. 95570.

Coleman cold... it stays with you longe

A Coleman cooler is the closest thing to a refrigerator that's ever been opened in the great outdoors. In fact, it's insulated with polyurethane just like a $600 refrigerator.

Inside, a one-piece liner that won't rust, corrode or stain. Outside . . . zinc-coated heavy-gauge steel with permanent baked enamel finish. Add a reinforced lid that'll hold practically anything you put on it and a base that'll sit all summer in water . . . and you've got a cooler that'll hold up as long as a lifetime. And hold the ice twice as long as the ordinary lugalongs.

There's a Coleman cooler for every excursion from picnic to four-day campout. (Our new 8 quart cooler has a tub that holds up to 25 lbs. of i or food, a one gallon water jug, and enough room keep at least 10 meals on ice... all at the same tim

Coleman jugs care for the liquids in the same co hugging way. From one to three gallons, they built to take it.

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Get closer to your country with

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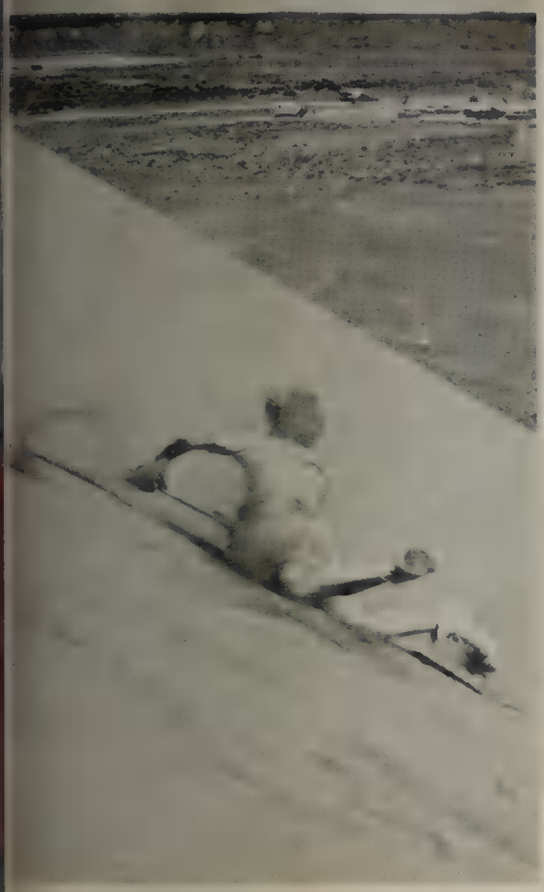
Greatest name in the great outdoors

Lanterns • Stoves • Cat Heaters • Coolers • Jugs • Tents •Sleeping Bags • Camping Trailers • Back Packs • Snowmobiles • Sport Bi

STEVE AHRENS



It's a long roll *down from the top of Idaho's tallest dune*

le's rolling down ne of the world's llest sand dunes

world's tallest sand dunes are not all e Sahara Desert, as you might have ed. Some are in the American West luding those at Bruneau Dunes Park in Idaho.

idual dunes reach up nearly 470 and two of the largest occupy more 500 acres forming a ridge almost 2 long. Wind has dug wide craters e desert and piled up the loosened into nearly perfect pyramids.

park also contains several lakes, ed accidentally by backwaters of . J. Strike Dam on the Snake River. ntrast to the towering dunes, the are small—the largest covers 140 and averages 14 feet deep. These t lakes are too warm and mineral- to support trout but do offer a fair lation of bass and bluegill. The unding alkali marshes are natural ng grounds for ducks and other owl, which visitors can observe.

At the recently enlarged park beach you can swim, skin-dive, or launch your own boat at the public ramp. A nearby campground (48 overnight sites with a $1.50 fee) is bordered by a visitor center which interprets the area's geology. There are nature and hiking trails, and a large picnic area.

Midsummer temperatures on the dunes can top 120°, so an early morning or late evening visit, preferably in the spring, is advisable. Swimmers should take precautions against a skin irritation known as "swimmers' itch" (schistosome dermatitis), similar to poison ivy, by showering at the bathhouse after swimming. A water parasite causes the condition, and although the lakes are treated to kill the parasite, 100 per cent success isn't always achieved.

Bruneau Dunes State Park is 18 miles south of Mountain Home, on State Highway 51.

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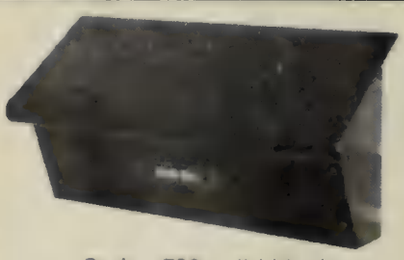

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A. SALBOSA

Formal Japanese garden *(between museum's wings) entices youngsters. Michener Collection of woodblock prints displayed in rooms behind shoji*

Honolulu museum that's part garde
...indoors you take your shoes off

One of Honolulu's finest estates is now open as an extension of the Honolulu Academy of Arts. The Alice Cooke Spalding house at 2411 Makiki Heights Drive (a scenic street just below Tantalus, the city's high, forested area) contains an unusual collection of Asian art.

Part of the interest lies in seeing house itself and wandering through four acres of luxuriant gardens. house was designed by the distinguis pioneer architect Hart Wood.

At the entrance, you must remove y shoes or put on shoe coverings provi

A landmark *Honolulu residence, the Alice Cooke Spalding house was built in 1926. It blends Oriental and Western styles*

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Road Test Magazine calls it: "The Import Car of the Year."

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Road Test could have picked any import from e tiniest two-seater to the Rolls. Why Capri?

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They loved Capri's "international styling." utstanding handling." "Fine and sensitive rack-d-pinion steering."

They raved about Capri's 4-speed "silky-smooth or shift." Not to mention power disc brakes up nt.

And Road Test appreciates a little luxury. Like nt buckets of soft vinyl "that looks and feels like ther." And an "attractively turned-out dash" in od-grain effect.

Full carpeting. Styled steel wheels. Radial tires. w-thru ventilation. Room for four adults. Easy intenance. And small-car gas economy.

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Road Test calls Capri "import of the year."

We call it sexy. And that's pretty great for der $2400.

Imported for Lincoln-Mercury.

A. SALBOSA

Girl kneels *to study lacquered Okinawan bowl. The large chest is Korean*

to protect recently refinished floors of native ohi'a. A brochure available at the desk describes the changing exhibits of costumes, pottery, porcelain, screens, and woodcarvings. A unique attraction is the Ukiyo-e Center—three galleries, study room, and vault—where 5,000 Japanese woodblock prints dating from the seventeenth century are exhibited.

Outside, it's worthwhile to sit for a moment on the granite balustrade to take in sweeping views of the city and Diamond Head, framed by monkeypod trees. Guides sponsored by the Garden Club of Honolulu will take you down meandering paths by streams and waterfalls in the Japanese garden. The Chinese garden, surrounded by an ancient ceramic wall, has masses of rare aerial orchids.

Hours on Tuesday through Friday are 1 to 4:30 P.M.; on Saturday, 10 A.M. to 4:30 P.M.; on Sunday, 2 to 5 P.M. Admission (waived on Tuesdays) is $1.50 for adults, 75 cents for students, free for children under 12. For more information, telephone 537-9088.

Couple strolls *past gnarled roots of banyan in museum's garden*

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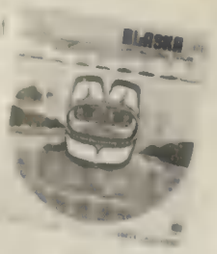

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Thick walls *of suspended drum, covered in tangerine-colored velvet, contain glass display cases for viewing from inside or out*

Oriental jade goes on display at San Francisco's de Young

Carving *of Buddhist monk Pindola, above, the drum display case pictured at left*

So much of Avery Brundage's collection of Oriental art has been submerged in storage that the extent of his generous gifts to San Francisco is only now becoming evident.

A new room opening March 31 will display from 250 to 300 pieces of jade, drawn from a collection of more than 1,200 pieces. With the completion of this jade room, about 15 per cent of the still growing collection of the Center of Asian Art and Culture will be on dis at one time.

The 3,090-square-foot jade room, gif the Cyril Magnin family, is in Brundage Wing of the M. H. de Yo Museum in Golden Gate Park. The lection is remarkable for the range time the pieces represent, from pre toric to present. In addition to jad includes lapis lazuli, crystal, soapst and agate.

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Ranger patrol cabin *(left) and Wells Fargo building were moved to center*

Yosemite's pioneer museum

Cabins and commercial buildings da back to various eras in Yosemite Nat al Park's past are the major exhibit the Pioneer Yosemite History Cente

The only structure originally built at Pioneer Center site is the hundred-y old covered bridge. It carried all tra into the park from the west before Oak Flat and Coulterville roads and all-year highway from Mariposa w constructed. The bridge had a close in December, 1955, when flood wa damaged its timbers. It was hau ashore and reinforced with new bea secured by authentic square nails.

Among other historic structures is unusual two-story homestead ca moved from alongside the old Ti Road. U.S. Cavalry troopers used cabin when they came summers to trol the park and keep off squatters herdsmen. (Their journey from the sidio of San Francisco took nearly weeks.) Another building they used, Cavalry Cabin, is also on exhibit.

An old stone jail, which also served a powderhouse and a morgue, has b moved to the center.

Pioneer Center is on State Highway at the southernmost corner of the p near the venerable Wawona Hotel. Y can walk through the center at any ti Some of the buildings are open dur daylight hours from Memorial D through Labor Day.

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See it in El Salvador. Enjoy!
Fashion may be fickle, but Maya Modern is here to stay. It's the style of a country of contrasts that started long, long ago in places like this, Tazumal. One of the greatest of Maya sites. The contrasts are everywhere. Like San Salvador, the modern capital, multicolored with parks and gardens, housing the headquarters of Central America's Common Market. A unique blend of cultures and commerce.
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ongkong through another
n China Airlines.

Samarkand's *blue-tiled mosques and monuments attract streams of visitors*

Older wood houses *in Irkutsk display some very intricate gingerbread trimmings*

From Alaska to Russia by the back door

These days a visitor to the Soviet Unio can move around more freely than eve before. But it takes enough plannin ahead that most Americans on sho visits still stick close to Moscow an Leningrad.

That is why the tours inaugurated b Alaska Airlines last summer were s newsworthy. They gave U.S. travelers brand new and relatively easy way t traverse the whole width of the Sovie Union. They also opened up the firs commercial air service to the U.S.S.R from our West—via Anchorage.

Alaska Airlines will repeat the ventur this summer with a dozen 15-day tour departing from Anchorage June 12 an then every Saturday from June 26 t September 4. The price of $1,398 in cludes all transportation, guided sigh seeing, theater tickets, meals (includin five "gala banquets"), and lodging.

There are no one-week or three-wee variations or the side trips to Bratsk an Kiev as offered last year. There's a ne stopover at Sochi on the Black Sea. Als all tours include Leningrad and will eithe start or end with a flight across the Nort Pole. This will eliminate the tediou backtracking between Khabarovsk an Moscow—an 8-hour nonstop flight.

Most unusual part of the tour is th time spent in Siberia and Middle Asia Here are some of the impressions of *Sunset* editor who took the tour last June

Siberian size. Nothing, except perhap a long trip over northern Canada an Alaska, quite prepares you for it. Ther are nine time zones in Siberia alone Siberia includes all the U.S.S.R. east o

On this year's *tours: new stop at Sochi, no Bratsk or Kiev options*

Question:

If our Coronet wagons have the style, the space, and the features you want, why pay more?

r those with whom price is no ject, boy, can you buy a dandy tion wagon today. Big as a house, h a V8 whose power is exceeded ly by its appetite. But how about the st of us? Will we be forced to jam r plywood edgeways between the eelhousings? To sit in a slightly ooped position with our knees der our chin, a constant irritating minder that we just can't afford the een to go first class? And why esn't somebody build a family- ed, plywood-panel-sized, great- oking wagon right in between the o smalls and the too expensives? Boy, would a wagon like that be a y. And here it is. Dodge Coronet. hat is it? Great-looking. Sized and ced right in the gap. Plywood, olds flat; headroom and legroom u get, with features that rival those the biggies. And a price that gives ur budget a little breathing room.

few words about value.

great wagon has to be both a great mily car and a versatile utility hicle. Here are some thoughtful ronet features.

A cargo area that holds four-by-eight plywood panels flat.

A two-way tailgate that opens like

a door without your rolling the window down.

- Convenient side storage areas in the rear.
- An optional rear window cleaning vane that really works.
- Choice of two- or three-seat models.

A few words about features.

Coronet gives you a wide choice in the amount of richness you get—from the fully carpeted, simulated wood-sided Crestwood shown above to the more utilitarian standard models.

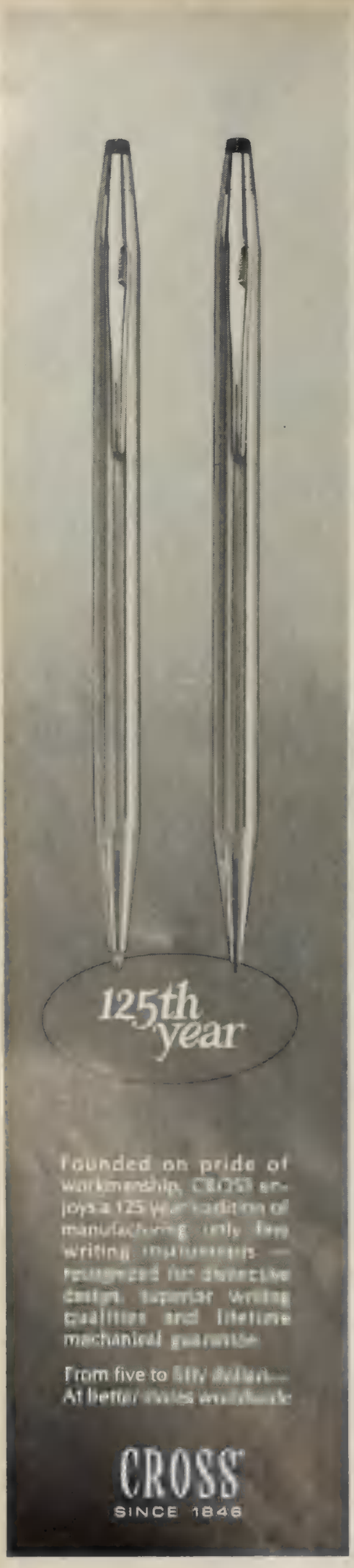
Only the trim is changed. All models include:

- Fully unitized body construction for greater strength and a quiet ride.
- Adjustable torsion-bar suspension that offers greater handling ease and stability on curves and over rough roads.
- A low emission 318 V8 that runs on regular gas, either low or no lead gas.
- A list of standard safety features more than twenty items long including a dual braking system, padded instrument panel and sun visor, and Safety-Action inside door handles.

A few words about how much you should pay for what you want!

You can find wagons priced a lot higher than a Coronet that really don't give you that much more. Rest assured that Coronet offers all the room, ride and comfort that a going, growing group like yours is ever likely to need. And then some. Visit your nearby Dodge Boys and try one on for size. Try one on your budget for savings. Dodge Coronet. The great looking wagon priced right in between the too smalls and the too expensives. Right on, Dodge.

odge Coronet. How's that for a thoughtful answer, wagon lovers?



Above. *A bearded Uzbek calmly rides down the avenue in Samarkand.* **Right.** *Blonde volleyball player stretches for a high one on Khabarovsk's Amur River beach*

the Ural Mountains except for Uzbekistan and adjoining republics, often lumped together as "Middle Asia."

Climate. We saw snow on distant mountains, and at Bratsk there was still ice in shadowy crevices just under the world's largest hydroelectric dam. But otherwise the ice age had receded for the summer; it was almost always shirtsleeve weather. There's no point in bringing long johns or overcoats at this time of year. Hundreds of people were swimming and sunbathing at Khabarovsk. Down south in Uzbekistan you could feel the weather beginning to get downright hot.

Khabarovsk. You couldn't help noticing that every plane on the airfield bore the insignia of Aeroflot, Russian national air line. (This wasn't true elsewhere.) The Amur River is so wide here that it seems more like a bay. You look across it into Red China. Although its population is almost half a million, Khabarovsk seems like an outpost—but a lively one. Entertainment by workers from the diesel tory included a rock band. Cottonw trees were dropping "snow" on the str in June.

Irkutsk, Lake Baikal. Conifer forests around look like home to visitors f the Pacific Northwest. About 300 y old, Irkutsk has a more settled look t Khabarovsk, with street trees and an tractive central park. Picturesque wooden houses are being replaced nondescript new apartment buildings this winter-cold country (average su mer only 90 days between frosts) ditional products are lumber, fish, f

Lake Baikal is one of the world's fre Some of our lakes are larger in a but Baikal is so deep (nearly 6,000 f that it could hold the water from all Great Lakes together. Almost 400 m long, it is home for many unique spe of fish and has its own landlocked se But when we took an hour's hydro boat ride up from Irkutsk, the

In Bratsk *this family is pushing home a chest; dolly rides easily on paved road*

st Church of Kealakekua, on the Big Island of Hawaii, was built in 1866.

Come see the great cathedrals of Hawaii.

Perhaps you've seen the cathedrals of artres or Cordoba or Milan. They're numental, but then that's what Europe here for.

Perhaps you didn't know you can see e remarkable churches in Hawaii as l. To be very frank with you, in terms rchitectural splendor, ours offer no con-. But if it's soul you're after, come to waii.

On the Big Island of Hawaii and on ui and Kauai, you'll find interesting churches by the dozen. The best istian examples date from the early teenth century, when the missionaries out to recreate their native New England uctures here in "Owhyhee." Despite grave shortages of skilled labor and appropriate materials, moral fiber won the day.

The men of the cloth left Hawaii a mixed bag of blessings. For example, the muumuu, which you will certainly see and may even wear on your visit here. It was originally designed to conceal the charms of our Island girls for the spiritual betterment of our Island boys. In point of fact, it does no such thing: humanity has yet to create a more provocative garment. Again, you'll see.

While you're here, you ought to get Hawaii's complete religious picture. So visit some of our beautiful Buddhist temples. Our Shinto shrines. Our tabernacles. You'll be warmly welcomed in any of them.

You should also see the place where King Kamehameha the Great was born. And where Captain Cook was killed. And Iolani Palace, the only royal palace in the entire United States.

To say nothing of our State Capitol. You may have seen pictures of this imaginative structure in magazine articles. It's even more dramatic in real life.

Ask your travel agent about air fares, steamship passage and hotel rates. They're all a lot less expensive than you may have thought. Same goes for tours. There's one for just the amount of time and money you want to spend.

So come soon. And see the great everything of Hawaii.

Hawaii

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seemed relatively narrow and there r didn't overwhelm us; you can look ac s it to distant snowy mountains.

Uzbekistan. Agriculture is more in sively developed here than in any o e Soviet socialist republic. Cotton is n big crop, but there's fresh produce to apricots, cherries, tomatoes, onions in markets in June.

Country around Tashkent is reminis n of our big broad valleys in eastern W ington, central California, and cen Arizona. Where irrigation ends, de begins. Flying between Tashkent Samarkand, we saw mountains top 19,000 feet.

More than a million people live in T kent, still building frantically to re the damage of its 1966 earthqu Samarkand is only a fraction of size but more intriguing. People in l cities tend to look more Asian than predominantly European types see Siberia. It's easy to imagine Tashke the crossroads for desert caravans to three thousand years ago. Howe those blue-tiled structures that c your eye date back only to about reign of Tamerlane, who died in 14

Care and feeding. When Alaska Air deposits you on Soviet soil, Aeroflot Intourist (government tourist age take over. Baggage is moved effici from plane to hotel and back. Gu who are generally good in English differ in solemnity and conscientious about covering all the facts and fig lead the bus tours about each city.

Meals appear promptly; we didn't the long waits for restaurant service small groups often report. Food is n ishing but not very interesting—lot potatoes. Among the best things black bread, caviar, salmon, ice cr At the occasional "gala" meals—off guests and toasts—it's wise to treat traditional combination of vodka champagne with suitable respect.

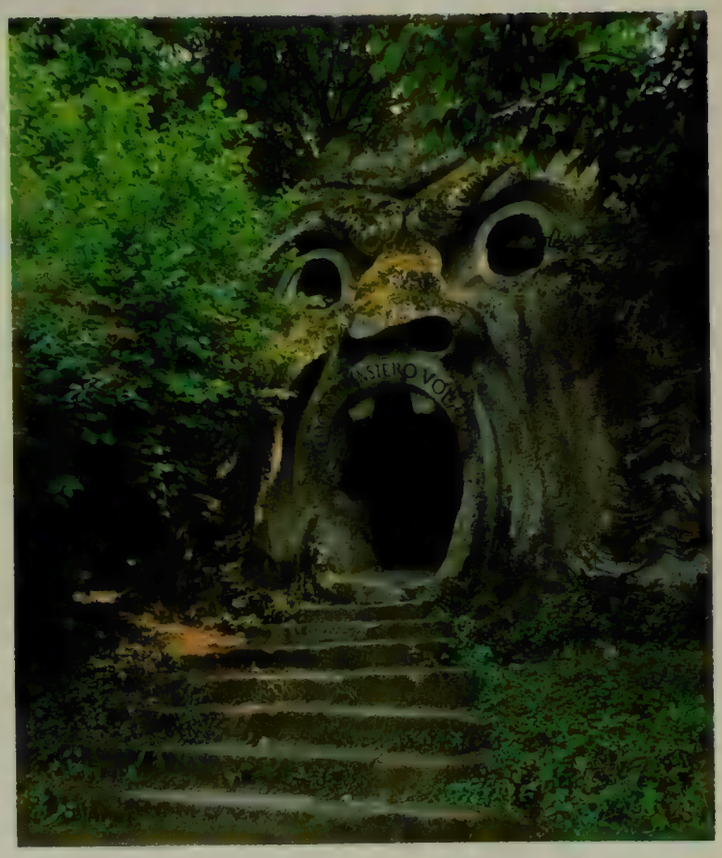
General. TV is everywhere. So are t which charge uniform rates throug the Soviet Union. The abacus is use stores far more than the cash regist

Hotel accommodations aren't luxuri but this is no trip for people to w such things are all-important. Inci tally, take a simple flat sink stop wash basins sometimes lack stopp

The Russian language is hopeless if study time is limited. It would be b to concentrate on the alphabet so could at least read some signs and na

Alaska Airlines will arrange to get Russian visa for you. Customs ins tions at Khabarovsk and at Ancho were relatively smooth and easy. Tr agents have brochures describing t tours, or you can communicate dire with Alaska Airlines at Seattle-Tac International Airport, Seattle 98158.

New approach to Italy



ır car glides by green ; and picturesque vil- :s where castle towers church tops reach for blue skies.

ı are driving to a fa- ıs «trattoria» where 'll enjoy the most de- ɔus local specialities: ıg the way, you ride ɔugh a large «piazza» h black and white ement where a *live* ss game is played by ians in classical cos- ıes. Another square is host to the pageantry of medieval horse-racing exactly as it was centuries ago. The Italy made rich by history, monuments, mountains, seas and lakes is also the Italy made exciting by vivacious young people, smart fashions, lively «ristoranti», late-late night spots, international swingers and of course the beautiful people of Italy. Here, in Italy, are the racing cars that win, the small lake boats and the luxury yachts, the panoramic ski slopes, comfortable new hotels, «autostrade», highways designed for enthusiastic driving. Here are the fascinating streets where you may see the Pope pass by in his car and bless his people. Only sunny Italy offers you so much. So much of the glorious past and so much of the exciting present. Enjoy the new approach to Italy this year.

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8A

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ELLS MARUGG

ull rider *holds on with one hand, tries to stay aboard for 8 seconds. Clowns distract bull if rider is thrown*

pril 23 and 24 in San Luis Obispo, a college carnival and rodeo

ntry fairs are almost a thing of the but each year California State Polyic College re-creates their particuharm. April 23 and 24 are the dates this year's Poly Royal, a two-day t that attracts more than 65,000 visto the San Luis Obispo area.

vities for the "country fair on a col- campus" have expanded since its ption 39 years ago. In addition to ng the agricultural displays, you can an open-air exhibit, watch an aqua-, take in a fashion show, ride a orail, listen to musical groups, and an ecology tour of Poly Canyon.

reet carnival operates both days.

you can get a hot dog, or try chicken a, gulab jamin (Pakistani dough-), or other exotic delicacies.

y foreign student clubs will display countries' handicrafts.

of the best intercollegiate rodeos in nation takes place at 2 P.M. and 8 Friday, and 2 P.M. Saturday. Admission is $2 for adults, $1 for children under 12; reserved seats are $3.50.

All events are open to the public. San Luis Obispo is just off U.S. Highway 101 about halfway between San Francisco and Los Angeles; the turnoff to the college is well marked. A map and schedule of activities can be picked up at the College Union Building.

Red-hot metal *from forge is shaped into horseshoe with tongs and hammer*

Youngsters *queue up for chance to drive tractor around marked course*

Visitors *can peer at the innards of the San Luis Pumping-Generating Plant*

DARROW M. T

Between Gilroy and Los Banos there's a new recreation area

O'Neill Forebay *has shaded picnic tables along a sandy beac invites swimming, cavorting, boating*

Through the springtime green hills of Pacheco Pass the motorist catches mirage-like glimpses of huge San Luis Reservoir.

A visit to this recent addition to the California Water Project can be as short as the time it takes to look through a telescope at Romero Overlook on Vista Point or as long as a day of boating, fishing, swimming, and picnicking on the gently sloping shore. Neither will require much detouring from Pacheco Pass Highway (State 152) which connects U.S. 101 south of San Jose with Interstate 5, U.S. 99, and State 140, the all-year highway to Yosemite National Park.

To reach the boat ramps of the reservoir, turn south off State 152 on the road to the pumping-generating plant, and follow the signs. When you pay the $1 launch fee, ask the ranger about the weather forecast—high winds can spring up suddenly and make boating hazardous. There is a 10-mile-an-hour speed limit on the 13,800-acre reservoir. Fishermen are reporting improved catches of striped bass, black bass, catfish, perch, and other species.

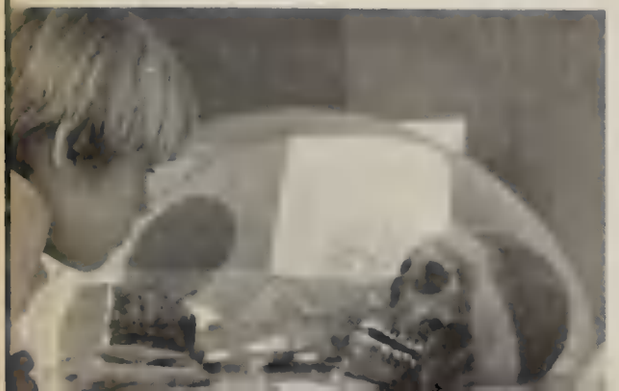
As yet, no facilities for swimmers or campers have been established. Future plans call for some campsites that will be accessible only by water. Until then, the 65-mile shoreline offers secluded on-your-own swimming, and hiking on the hills (watch for rattlesnakes).

Two roads lead north from State 152 to O'Neill Forebay. If you're driving east, take the first marked turnoff for the beach and the second for the campground. Either road will get you boat ramp. The forebay (2,000 ac has no speed, power, or water-skiin strictions. For swimmers there is a b of hauled-in white sand, 20 covered nic tables, and a string of buoys to s rate swimmers from boaters. The b is open daily from sunrise until su entrance fee is 75 cents a car. The c ground on the other (south) side of forebay offers 20 covered picnic t with grills for charcoal, chemical to and a parking area.

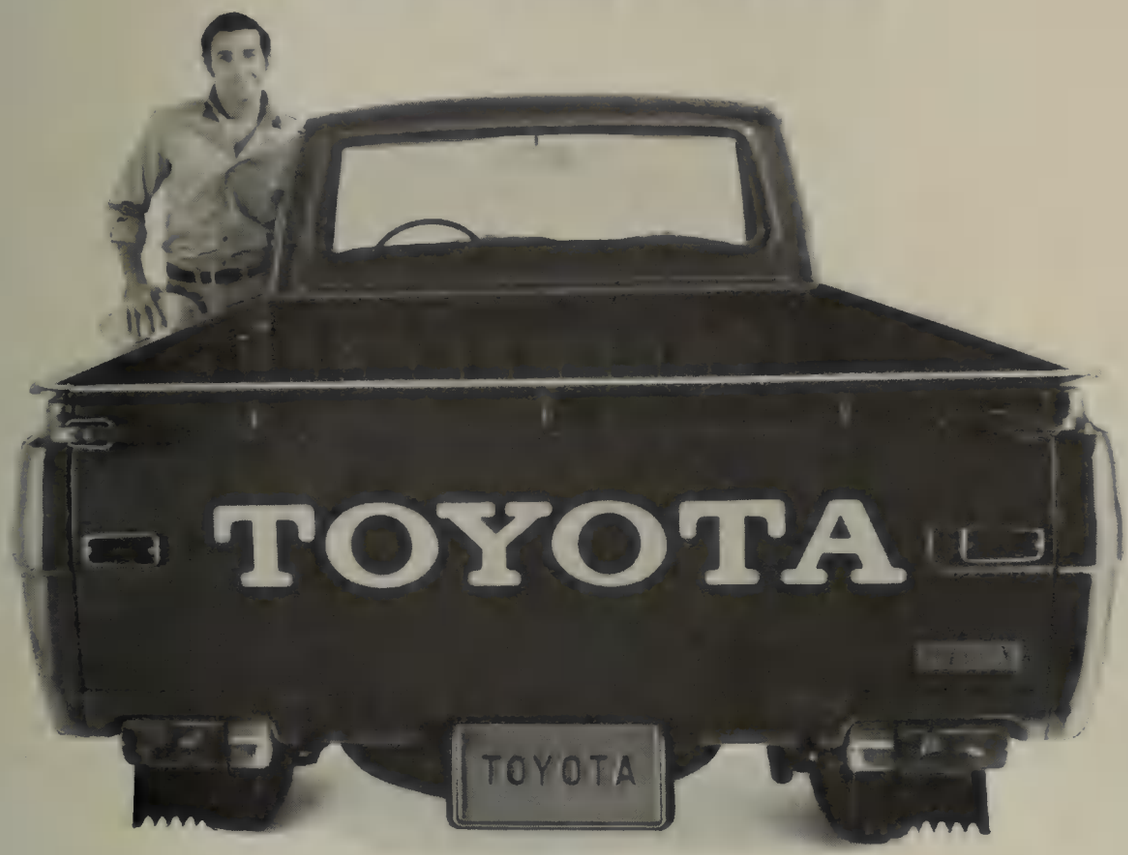
Los Banos Creek Reservoir, abou miles southeast of San Luis Dan smaller (470 acres), and restricte boats of 10 hp or less. Swimming camping facilities are available.

While you're in the area, don't mis visitor center in the pumping-genera plant at the base of San Luis Dam. Y learn about the history of the $ million project and see the eight ton generators in action. There's an archeological display of Indian facts uncovered during constructio the dam. The hours are 8 A.M. to P.M. daily.

Grinning skull, *dug up during dam construction, is 1,500 year old Kahwakhwah Indian, displayed at visitor center*



It's all truck. Just a smaller version at a smaller price.



The new Toyota Half-Ton, $1978.*

We figure a small truck makes a lot of sense. It's more maneuverable. Less expensive. Less costly to operate.

As long as it's 100% truck. Rigid. Sturdy. Practical.

So our Half-Ton comes with a 108 hp OHC engine that can haul a full load at highway speeds. A 4-speed synchromesh transmission. A heavy duty suspension system especially designed for an easy ride with or without a load.

The new Toyota Half-Ton also offers rattle-free cab construction. Six ply tires. Flo-thru ventilation. Padded dash. Plus features you don't usually find on trucks, regardless of size. Like a front towhook bolted to the frame. Tie down hooks all around the bed. A spare tire mounted under the vehicle that you lower with a hand crank.

The Toyota Half-Ton is a smaller truck than you're used to. Inside the bed measures approximately 72.8" x 56.3".

But it is all truck. And if it's all the truck you really need, it's worth looking into.

TOYOTA

*Manufacturer's suggested retail price: $1978. Dealer preparations, freight, taxes and any additional equipment extra. Toyota Motor Sales, U.S.A., Inc., 2055 West 190th Street, Torrance, California 90501.

Camp cooking

Sunset readers who are experienced camp cooks share their ideas. What they offer is less work and better eating, with everybody lending a hand

In the West, one of the favorite family outings is camping, and one of the greatest challenges is camp cooking.

In the February 1971 *Sunset*, a 10-line query invited readers to share their experiences on family camp cooking. The responses were thoughtful, lighthearted, and loaded with practical, hard-learned realities. Laced through the letters was this philosophy: You camp because it's fun—the cook shouldn't miss out on the fun by being overworked, and neither should the quality of meals be sacrificed to haste.

The campsite

Most typically, family camping is in public parks in areas accessible by cars. These usually have established fire rules and you must cook on the permanent fire units provided, on portable stoves, or on small portable barbecues. Even campers who travel in land yachts like to do some cooking out-of-doors. Therefore the testing site for the foods and ideas on these pages and page 184 was moved out of *Sunset's* kitchens; instead we did all our testing in public parks on a variety of fireplaces.

The equipment

Unlike the backpacker, who must carefully calculate weight and bulk, the car camper can take a more relaxed approach and bring more bulky equipment. Pictured on these pages in use (from left to right, clockwise) are five pieces of equipment that rate high with practiced campers: a 10 to 12-inch cast iron frying pan; a 5-quart enameled coffee pot; a folding reflector oven; a 10 to 12-inch (4 to 6-quart) cast iron Dutch oven; and wooden or metal skewers (or a pointed stick). Add a griddle, a roll of heavy-duty foil, and a cutting board to the basic utility list of spoons, knives, and the like, and you can cook almost anything. A few cooks have abandoned bowls use in their place heavy plastic bags mixing, some serving, and much stor (Use double bags and rubber band seal; metal twists poke holes if bags packed tightly together.)

Whenever there's a fire, the coffee is full of heating water ready to m a cup of instant coffee, tea, chocol or bouillon, or ready for use in cook

DARROW M.

Camper Joe's Special, *a flexible breakfast: In a large cast iron frying pan over a brisk fire, brown ½ to 1 pound ground beef with 1 or 2 chopped onions. Stir in 1 package (10 oz.) thawed frozen chopped spinach, 1 can (4 to 6 oz.) chopped mushrooms (drained), a sprinkle of nutmeg and salt. Break in 8 to 12 eggs and stir until set. Sprinkle with shredded Parmesan cheese and serve to 4 to 8*

Mulled wine *from the coffee pot: Bring to a rolling boil 1 cup water with ½ cup sugar, a 3 or 4-inch cinnamon stick, 9 or 10 whole cloves, and the thin yellow skin pared from ¼ of a lemon. Add 1 bottle (⅘ qt.) dry red wine; warm (don't boil) and serve to 4 to 6*

Oatmeal muffins *from a mix bake in reflector oven. Caramel tucked in center is enveloped by muffin as it bakes. See page 184, on how to use reflector oven*

Snack on a stick. *Skewer tiny cubes of tender steak, grill over fire, rub with butter, sprinkle with salt, and eat*

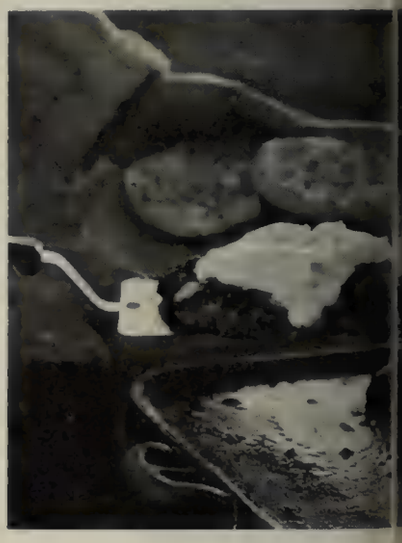
Pork pot roast *for dinner browns in Dutch oven over hot fire; recipe on page 184*

DARROW M. W

Fish soup *based on canned ingredients achieves a remarkable freshness, goes together quickly for a whole meal. Recipe on page*

Ground Beef Cordon Bleu: *Seal Swiss cheese (sprinkled with dried basil, garlic salt) between ground beef layers. Brown quickly on griddle or frying pan; top with sour cream*

Cooking and meal-fixing containers are important. Plastic bags and foil are work-savers



Ways *to save dishes: Marinate meat in plastic bag; cook vegetables in foil (see page 184)*

and for the inevitable cleaning cho
A vacuum jug can bring a touch of co
fort to camp: Fill it at night with
coffee, water for tea, or some steam
broth and you can start the next mo
ing in a civilized way. During the d
the jug can hold hot soup made at bre
fast and intended for lunch or sup
Or on a warm afternoon, fill it with c
water to blend by the cup with fr
flavored powders or instant ice tea.

Refrigeration

Two ice chests make good sense. I
one chest go meats, prepared dis
cheeses, butter, anything that can

Assembled at left is a collection of "firewood" purchased from supermarkets, roadside stands, and campground concessionaires (the gathering of firewood is prohibited in most parks). Included in our collection are mill-end blocks, charcoal briquettes, split-oak pieces, processed fire logs, quartered logs, chemically-treated fireplace logs, and a box of assorted orchard prunings. All told, it represents an investment of about $7, or $1 per unit.

With careful management, this wood supply sustained us through the equivalent of eight camp meals—or a long weekend of campfire cooking. Sacrificing tradition for convenience, we started our cooking fire with newspaper and liquid fire starter. We split mill-end blocks for kindling, added short lengths of oak for coals, and sustained the fire with larger pieces of oak and charcoal briquettes. The hand axe was useful for splitting kindling, but we used the bow saw for shortening pieces of oak. Other useful tools are a small shovel for shifting the fire bed, and a wire brush for cleaning dirty grills (see below).

You will be cooking over flame. Usually you must bring your fuel. Expect the park's grill to need cleaning

dly frozen (including frozen peas and ıach—both poor travelers fresh). Into other chest with ice go the more ıile greens, eggs, vegetables, and milk. prisingly, the chest without ice is the lest and, if closely packed, will be e cold at the end of a week if you e care to keep it tightly closed except n removing foods; ice can be added eeded.

ıe suggest using dry ice in the chest rozen foods to keep them frozen as g as a week, using the contents of the er chest first (in that case it should tain some of the meat). Wrap dry ice in a heavy cloth for protection.

Each food should be sealed in a plastic bag to preserve flavors and reduce the likelihood of spoilage.

Finding ice chunks of suitable size for chests can be a problem. Many campers freeze a supply at home in clean milk cartons, plastic bottles or heat-sealed heavy plastic bags. Some freeze and use sealed units of reusable gel refrigerant.

If refrigeration space is really tight, check supermarkets first for foods commonly available in forms that are acceptable alternates for fresh: canned bacon, dry milk powder, canned imitation sour cream, powdered nondairy creamer. Then try camping stores for refinements such as freeze dried meats.

The menus

All the camp cooks have some sort of menu plan for the duration of the expedition and do as much shopping as possible before leaving home. Most expect to leave camp once or twice to market if they are out longer than a week. Choices are often limited during the last phase of camping, so ground beef or canned meats usually play a more prominent role. However, many families, knowing about specialties of the locale they will

DARROW M. WATT

Refreshing *morning indulgence: a hot, wet towel to rinse a sleepy face; a cup of hot coffee*

visit, anticipate treats like fresh trout and local berries, fruits, vegetables, cheeses, breads, and wines.

Much of the cooking can be done before the family goes (many mentioned adopting the boil-in-a-bag technique described on page 104 of the July 1970 *Sunset*). A few cooks make a point of cooking everything right in camp. But usually the approach is a combination of these two.

A popular festivity is a prearranged dinner or two with other campers. Typically, families bring their own food and barbecue their own meat but share appetizers, salad ingredients, breads, beverages, and desserts.

The meals

Most campers avoid cooking much the first or last day in camp.

Dinner the first night out nearly always comes from home and is heated to serve while camp is being set up. Favorites include chile, stew, lasagne, cassoulet, and other one-dish meals to go with salad and bread.

Since the sun regulates meal patterns, dinner has to be completed before dark. But to fill in before bedtime, there are plenty of good late evening snacks such as popcorn, shelled nuts toasted in mesh popcorn popper, toasted marshmallows (often made into "somores"—a hot marshmallow and a chunk of chocolate between two graham crackers), "angel halos" (see below), mulled wine (see page 79), the melted cheese dish called raclette (see page 70 of the February 1971 *Sunset*). None of these requires many utensils and they center around the warmth and light of a fire.

The overriding requirement for camp cooking is simplicity and the measure is how many pans get dirty. Favorite quick and easy meals are those cooked in a single pan, or grilled meats with salad or vegetables cooked in foil (see page 184). Pot roasts with vegetables are but an elaboration of one-dish meals; cheese fondue and make-your-own shish kebabs are enjoyed because they can involve everyone in their preparatio

People often relish foods in camp they might scorn at home. Cooks eschew cooking with mixes or coo out of cans at home will stock up these ingredients liberally before the camping; then they will show what can do in camp with prepared foods seasoned rice mixes, sauces and sea ing mixes (though many rely on h and spices to add variety), dry s mixes or canned soups (soup is on the most popular pick-ups in ca canned meats, fishes, vegetables, f and juices. Biscuit mix becomes the of pancakes, biscuits, and other bre Muffin mixes, quick bread mixes, mixes all work well in the reflector (see page 184 for guidance).

Breakfasts tend to be hearty—ba ham, eggs, pancakes, wholesome ce (often cooked ones), fruit, juices, some one-pan concoctions like Ca Joe's Special (page 78), breads toa on the grill, smoked fish wrapped in and warmed over the fire (try sm sablefish, also known as black or A cod) with scrambled eggs.

Lunch is correspondingly light, very ual, often taken as desired, and r requires cooking: sandwiches (from or fish spreads mixed at breakfast kept cold), cheese, fresh and dried f salami or other cold meats, soup (if n ahead), leftover meats from dinner as meatloaf, instant breakfast mixes milk, salads that can be made in morning like potato or cabbage, h cooked eggs fixed at breakfast. Hi are sent off with plastic bags filled foods to eat out of hand.

For a collection of dinner recipes page 184 and the suggestions picture the preceding pages. To hold appetit check as the meal is cooking, these popular with all ages: fresh raw tables (cherry tomatoes, radishes, rots, celery, chunks of cabbage, nips, zucchini—crisped in cold wat needed) to eat with prepared dip cheese or, if appropriate to the me sipping soup.

Angel halo *dessert: marshmallow tucked in center of a raised doughnut, then impaled on a skewer and toasted over the fire*

Multifamily *gath features cooperat cooked meal: All fa bring their own mea cook on barbecue, but appetizers like vegeta cheeses, dips, crac and share salad mak breads, and des One cook brought serving vessel salad, tray for appeti fewer dishes at cle time. Paper plates, cups, na go into the fire or are s for starting fires lat*

Campgrounds make grand gathering places. And multifamily meals can be adventures for all ages

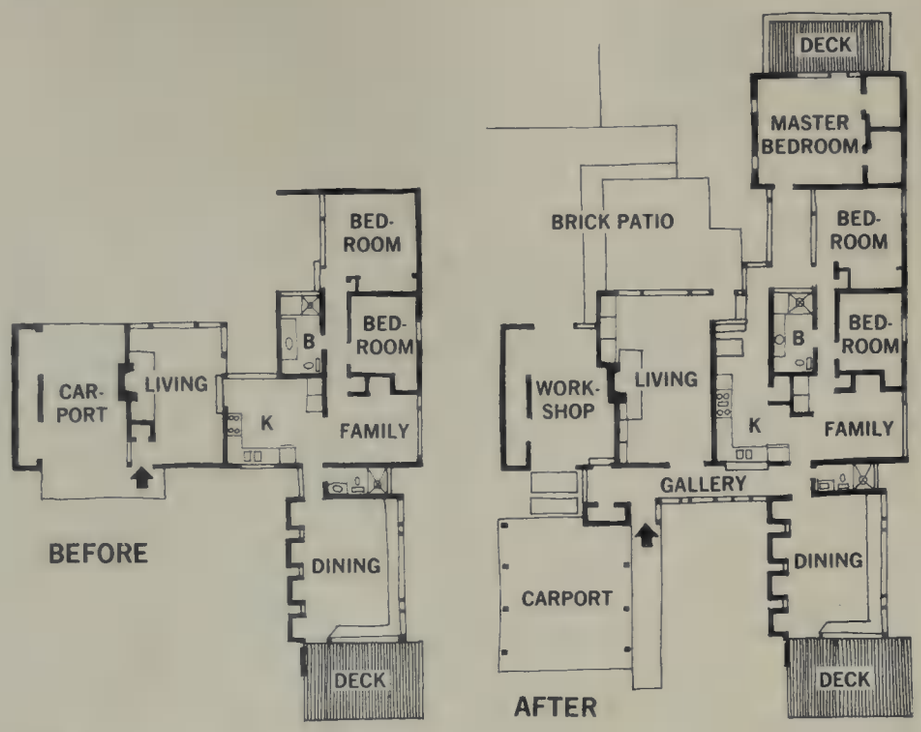
Previously planted *trio of birches were saved though they blocked one side of new carport. Owners simply maneuver cars around them. Brick pavers under trees*

KARL H. RIEK

Gallery *is 32 feet long, 4½ feet wide. Kitchen opens to gallery, garden view over tiled counter (right)*

New pavers, new patio and dec
. . . it's their fourth remodel

GLENN CHRISTIANSEN



Until the gallery *was added, you had to walk through the kitchen to reach the dining room, bedrooms*

This house started life about 20 years ago as a modest, 20 by 24-foot cabin containing a diminutive living-eating area, kitchen, bath, and bedroom. The second owner dressed it up somewhat but didn't enlarge it. When landscape architect Asa Hanamoto and his wife bought it, they immediately added a second bedroom. Since then (17 years) they've added, remodeled, and even remodeled some of the remodeling, each time making the interior spaces more livable.

Comparing the plans above, you can see how the rooms were enlarged, reorganized, converted (carport into a workshop), and opened out to garden decks and patios.

Note particularly the new glass-walled gallery which takes you from the living room to the dining room. Before the changes you had to go through the kitchen to reach the dining room or the bedrooms.

(The *Before* plan above is not the original house; rather it shows the situation before the last remodeling.)

The architect was Louis G. Alley.

Outdoor sitting-entertaining *areas include (center) two-level brick patio off the living room and (left) a floor-level deck off the new master bedroom*

Sleeping on a deck *under the stars. Sleeping bags and water bed create bedroom for these two boys*

DARROW M. W

One place the water bed takes to is the out-of-doors . . . on a deck, on a terrace, even afloat in the pool

ELLS MARUGG

Fill it with air: *Full, it's a huge, tippy pillow; half-full, you can hide in folds, stay afloat all day, or relax on dry land*

were intrigued by the water bed, so ook it out of the house and found it e much more than just a bed.

your deck or patio the water-filled ress can be a lounge, accommodat- several gently bobbing people at . It makes an excellent place for a languid sun bath. With sleeping bags or blankets and pillows, it serves as an overflow bedroom for guests. The heavy plastic bag is sturdy enough to withstand lots of romping and roughhousing.

If you put your vacuum cleaner in reverse and fill the bag with air, you can have a huge variation of the air mattress. Throw it in the pool and see who can stay aboard longest. Half-filled with air, it's more stable in water and also makes a comfortable dry-land deck chair.

Water bag's durability *makes it safe for some improvised tumbling*

For conventional use indoors, you can get a bed with a frame and a plastic liner to catch water in case of a puncture. You can buy a bed and liner with frame already assembled, or a kit to assemble yourself. For all elements, costs begin at about $125. For the plastic bag alone, sufficient for our outdoor uses, the price range is $20 to $40, about half the cost six months ago.

We question the use of water beds indoors without a frame and plastic liner. Indoor rooms have electricity in their baseboards. Any leakage of water is potentially very dangerous.

The water bed is a big plastic bag with a fitting on the top that accepts a garden hose; you just fill up the bag with water from the hose. To empty it, use the hose as a siphon by inserting one end into the bag, filling it with water, then placing the other end at a lower level at a drain or out a window.

Caution: Some beds come with electrical heating elements that will heat the water to any temperature you desire. We don't recommend these, either for indoors or outdoors, because—as emphasized before—any leakage at all causing water to come in contact with electricity can be extremely dangerous. The water comes to room temperature indoors or catches the heat of the sun outdoors. If the bed feels too cool, the best answer is a 1-inch-thick foam pad (about $8 to $10) to spread across the top. It's available from the same source as the water bed.

. tower from Russia, an egg-crown from Greece, here are bread surprises for Easter

al sweet breads for Easter morning the tall and stately Russian kulich *-leech)* and the egg-studded crown Greeks call tsoureki (tsour-*ay*-kee). h is traditionally on the holiday kfast table in its native land and in y first and second generation homes ur country too. Both are best served n with butter.

towering Russian bread is baked in pound coffee can extended with foil.

ich

- 1 package active dry or compressed yeast
- ¼ cup warm water (lukewarm for compressed yeast)
- ⅓ cup milk, at room temperature
- About 2½ cups regular all-purpose flour (unsifted)
- 6 tablespoons sugar
- 2 tablespoons brandy or orange juice
- ⅓ cup golden raisins
- 3 tablespoons currants
- 6 tablespoons (⅜ lb.) butter or margarine
- 3 egg yolks
- 1 whole egg
- ¼ teaspoon ground cardamom
- ½ teaspoon grated lemon peel
- ¼ cup slivered blanched almonds
- Powdered sugar frosting (recipe follows)

olve yeast in water in a large mixing l. Add the milk, ½ cup of the flour, 1 tablespoon of the sugar, and beat l smooth. Cover with a towel and ise in a warm place for 10 mintues.

r brandy over the raisins and curts. Meanwhile, beat butter until my with an electric mixer and beat emaining 5 tablespoons sugar. Add yolks and whole egg, one at a time, beat until smooth. Beat in cardamom and lemon peel. Then stir in the yeast mixture. Using a heavy duty electric mixer or a wooden spoon, gradually beat in 1¾ cups more flour to make a soft, satiny dough.

Add the plumped fruit (and any remaining brandy) and the nuts; mix well. Spread out the remaining ¼ cup flour on a board, turn out dough, and knead until smooth and elastic; add more flour if necessary. Place dough in a greased bowl, grease top of dough, cover with a towel, and let rise in a warm place until almost doubled, about 1½ hours.

Turn out dough on a lightly floured board. Knead lightly, until no longer sticky. Shape into a log and place in a well greased 2-pound coffee can. Fold a double sheet of foil around top of can, extending can 2 inches. Loosely cover can and let rise in a warm place until dough comes to top of can. Bake in a 350° oven for 1 hour, or until a skewer inserted into center comes out clean.

Immediately remove bread from pan. Let cool 10 minutes, then spread frosting on top, letting it run down sides. Or let bread cool completely, wrap, and freeze. Reheat thawed loaf, wrapped in foil, in a 375° oven for 35 minutes. Then frost and serve warm.

To serve, first slice off frosted top, cut remainder in half lengthwise, then cut each half into crosswise half-moon slices. Arrange frosted round in the center of a platter encircled by slices. Makes 1 large loaf.—*A. K., Los Altos, Calif.*

Powdered Sugar Frosting. Beat together ¾ cup unsifted powdered sugar and 1½ teaspoons *each* lemon juice and milk.

The Greeks like red Easter eggs in tsoureki, but we found that pale yellow, peach, or pink are more attractive—the pale dyes tinge the dough less than the red. Bring eggs to room temperature before setting them in the dough. After baking, eat them with the bread.

Serve warm from the oven. If made ahead, keep refrigerated and reheat, uncovered, in a 375° oven about 20 minutes. (If you need to reheat bread a second time, remove eggs first.)

Tsoureki

- ½ teaspoon salt
- ¼ cup sugar
- ¼ cup (⅛ lb.) butter or margarine
- ½ cup milk
- About 2⅔ cups regular all-purpose flour (unsifted)
- 1 package active dry yeast
- 2 eggs
- 1 teaspoon vanilla
- 1½ teaspoons grated lemon peel
- 5 hard-cooked eggs, colored
- 1 egg yolk beaten with 1 tablespoon water
- 2 tablespoons slivered, blanched almonds

In a pan combine salt, sugar, butter, and milk. Warm over low heat to about 125°. In the large bowl of your electric mixer, combine 1 cup of the flour with yeast. Add warm milk mixture, eggs, vanilla, and lemon peel. Beat at low speed, scraping the bowl, for ½ minute. Then beat at high speed for 3 minutes (or beat by hand 5 minutes). Work in 1⅓ cups more flour with a heavy spoon.

Coat a board with about ¼ cup of remaining flour, turn dough onto it, and knead until smooth and elastic (about 10 minutes); add more flour if needed. Turn dough over in a well greased bowl, cover, and let rise in a warm place until doubled, about 45 minutes.

Punch down dough and divide into 3 equal portions. Form each into a strand about 28 inches long. Place the strands parallel to one another and pinch the tops together. Braid the strands; transfer braid to a greased cooky sheet, forming it into a ring; pinch ends together.

Press colored eggs upright into the dough as shown at left. Cover lightly and let dough rise until almost doubled, about 30 minutes.

Brush egg yolk mixture evenly over the braid without touching the eggs; sprinkle with almonds. Bake in a 350° oven 25 to 35 minutes until a skewer inserted into the center comes out clean and bread is richly browned. Serve warm from the oven (or, if made ahead, cool about ½ hour, cover, and refrigerate; reheat as directed above).

The bread can be pulled apart easily for eating. Makes 5 or 6 servings.—*M. M., Mill Valley, Calif.*

› fragrant loaves *for Easter*
ning: decorative Greek bread
vn with colored eggs and
cylindrical Russian
t-filled bread,
w-capped with frosting.
ner one of these traditional breads
s beautifully with a Western-style
day breakfast

OW M. WATT

Skin-divers *equipped with basic masks, snorkels, and fins glide through the misty blue ocean along Hawaii's Kona Coast. The youngest, who is almost 8 years old, examines a coral head about 12 feet under the surface. Diver at top is wearing an inflatable vest for additional safety*

It's another world... the underwater world

Have you ever sat by the edge of the sea watching the swirling, opaque water and wondered what it's like to be a fish?

Put on a mask, snorkel, and fins, slip under the water's surface—and you'll find out.

Finning slowly, almost effortlessly into the blue depths, you are immediately aware of a sense of weightlessness. Direction can be a matter of whim; moving up or down is as easy as forward and backward.

Once underwater there is little sound except the rush of your breath or, if porpoises are near, the high-pitched beep of their sonar. Although you are only a visitor here, the submarine creatures—if you are quiet and patient—will accept you as a member of their community. Anemones open their flowery folds, crabs scuttle out from under barnacle-covered rocks, and fish may swim right up to your mask for a closer look.

You don't have to be a hairy-chested aquanaut to dive in shallow coastal waters or inland lakes and reservoirs.

All you need to skin-dive is the ability to swim, some basic equipment, and a little practice.

Scuba-diving isn't as simple (*scuba* means self-contained underwater breathing apparatus); you use air tanks and a regulator. There are no special physical requirements, but you must have instruction from a qualified professional.

The equipment

All the beginning skin-diver (or snorkeler) really needs are a mask, snorkel, and fins. There are several accessories

GLENN CHRISTIANSEN

Scuba-divers *with air tanks on their backs and regulators in their mouths are suspended in about 30 feet of water. First they received training from a professional instructor*

GLENN CHRISTIANS

From full diving regalia down to the bare necessities, th threesome is equipped for underwater exploring. Pric shown for the equipment are averages or represent norm price ranges. Stuart, on the right, is ready to go snorkelir with his basic skin-diving gear. Pam has a colorful tunic w suit to keep her warm while snorkeling. Dick is suited t for cold water skin-diving; if he puts on the air tank ar regulator near his foot, he can scuba-dive. With everythir pictured, his outfit is worth about $1,250, but he could equ himself with scuba gear, complete wet suit, and basic nece sities for about $400.

Young Stuart's outfit runs about $17. Pam's is $68. Dick's goes all the way to $1,250

may soon want, however, depending he type of diving you plan to do.

k. Ordinarily the human eye is prac- lly blind in water, but if there is an space between your eye and the ounding water, you can see clearly. best device to provide this is a face k that completely covers the eyes nose but not the mouth.

en selecting a mask, one of the most ortant considerations is a comfort- , water-tight fit. To test the seal, e the mask on your face (without ing the strap over your head) and le through your nose. If the mask tens on your face, the seal is good.

er points to check when buying a k are these: The lens should be a le, flat piece of shatterproof glass; lens should be held by a stainless l band; the mask strap should be e and adjustable.

rkel. Basically a snorkel is just a J- ped tube that allows you to breathe n your face in the water—but you'll surprised how many different models e are. Again, comfort is a key con- ration; try different mouthpieces and pes to see which suits you best.

id fancy snorkels with attachments, ecially the S-shaped kind with a ping- g ball in one end; they become easily angled in water plants and are often der to breathe through. Stick with J-shaped snorkel, and be sure it is le of flexible plastic or rubber and o more than 18 inches tip to tip.

s. There was a time when skin-divers d boards attached to shoes to propel mselves through the water, but now re are almost as many different types ins as masks.

en you're choosing, it's helpful to w where you will be diving. In rmer waters the full-footed fin is best ause it fits snugly and protects feet m sea urchins, rocks, and coral. In d water when using a wet suit, adjustable sling-backed fins are better. Strong swimmers will want a stiff, large-bladed fin for extra power; weaker swimmers prefer a smaller, more flexible blade that won't tire them as quickly.

Again, fit is important. If the fins are too tight, your feet may cramp; if they're too loose, you may lose them.

Weight belt. After a few practice dives you may find you need additional weight to help control buoyancy. About 5 pounds of lead is usually enough. String the pound weights on a weight belt (check for a "quick-release" safety buckle, and practice releasing it); the correct number will make you neutrally buoyant under water, keeping you from rising but not dragging you down.

Gloves. Plain work gloves will protect your hands from coral and rocks.

Flotation aid. If you swim away from shore, take along an inner tube or surf mat for safety and as a resting buoy between dives. Attach a nylon rope to the float and hold this line to prevent drifting. If you're diving in a boating area, attach a "diver-down" flag (red with white diagonal slash) to your float so it projects at least 3 feet above the surface of the water.

Taking the plunge

Now that you're properly equipped, you are ready to take the plunge—into a swimming pool. Novice snorkelers should practice using their equipment in a pool before diving in open water.

Bring your gear to the water's edge and check it over to be sure it is working properly. Wet your feet and the fins should go on easily. Rinse out your mask, spit into it, and wipe the saliva over the interior glass (not for luck, but to keep the lens from fogging up). Then rerinse it, put it on, and enter the water.

If you must walk in the water with fins before you can start swimming, walk backwards. (Try walking forward to find out why we suggest this hindsighted approach.)

After a little experimental swimming you'll find you can propel yourself almost effortlessly through the water.

When diving to examine a fish or formation, your snorkel may fill with water. Upon resurfacing, blow sharply through it to clear out the water, then continue normal breathing.

Before surfacing, always look up for objects floating above you (in deeper water you'll be watching for boats).

"Squeeze"

When diving you may experience a slight pain in your ears that gets sharper as you go deeper. This is one of the two types of "squeeze" you will normally experience when skin-diving. The other is mask squeeze.

Squeeze is caused by the increasing pressure of the water on air spaces in the diver's body (such as the middle ear area, lungs and air passages, and sinuses) and on any external but attached air space such as that within the mask.

At sea level, the atmospheric pressure is 14.7 pounds per square inch (psi). As you dive, the water pressure increases about 1 psi for every 2 feet of descent.

Since the typical snorkeler is usually diving in less than 20 feet of water, he need worry only about equalizing pressure in his mask and ears. When you feel the mask tightening on your face, simply exhale through your nose into the mask until the pressure is relieved. But equalizing the pressure on your eardrums may be more difficult.

The Eustachian tube is a narrow connection between the middle ear and the breathing passage that permits air to enter or leave the middle ear and equalize pressure on the eardrums. Sometimes this passage opens easily with yawning, swallowing, or other movement of the jaw, but many divers find they

Below, left. *His mask fits—the rubber skirt seals airtight to face.* **Center.** *Snorkeler tests new equipment in a pool, practices blowing excess water from snorkel.* **Right.** *Young lady wets her feet before donning fins and dipping into the ocean*

GLENN CHRISTIANSEN

Two entries *to use when you can't walk into the water: front step for shallow water; back roll for leaving boats. On entering, hold on to mask and weight belt*

Never dive alone. Enter the water with caution, maybe backwards. Learn scuba in school. Then the discoveries: fish face to face, underwater photography, shell collecting

must block the nose and blow gently to equalize pressure. Some masks have indentations near the nose so you can pinch it closed with your fingers, but it's just as simple to push the bottom of the mask against the nose openings to block air flow. Remember to blow *gently;* a hefty snort may close the Eustachian tube tighter, or injure your eardrums.

Actually, this sounds more difficult than it is. With a little practice pressure equalization becomes almost second nature.

Since it is important that you be able to equalize pressure on your eardrums, you should not dive when you have a head cold or sinus congestion.

Never dive with earplugs or other objects in or over your ears. Plugs usually won't keep water out anyway, and the increased pressure of even shallow dives may force them into your ears.

Breath control

At the outset you will find a dive on one breath of air lasts about 15 seconds. This seems like a short time, but it is enough for a shallow exploration to examine a coral head, fish, or plant, and surface without straining to hold your breath.

Between dives, relax and let your breathing rate return to normal. With this pacing you will be able to stay down longer and won't tire too fast.

Until about a year ago, hyperventilation (breathing more air than necessary) before diving was a popular method of extending breath-holding capacity; but recent studies have shown that *excessive* hyperventilation can be dangerous. In fact, excessive hyperventilation is probably one of the most common causes of drowning for skin-divers. A good rule is to take only one or two deeper-than-usual breaths before diving, then surface as soon as you feel the need to breathe.

Cold water diving

Diving in colder waters, especially coastal waters of less than 70°, will be more pleasant if you have a protective suit to help keep you warm. The most efficient is the wet suit, made of foam neoprene and consisting of hood, jacket, pants, gloves, and boots (see page 92).

When properly fitted the wet suit allows some water to leak in, but body heat quickly warms it, and the heated water plus the insulation of the suit keeps you warm. Depending on how cold it is, you may not need a full suit; a jacket or a tunic-style suit may be sufficient.

Since the foam neoprene is filled with tiny air pockets, the suit is very buoyant. To achieve neutral buoyancy, you need enough additional weight on your weight belt barely to start you sinking when lying face-down on the surface. You should always have your diving partner help adjust the extra weight in shallow water before you start to dive.

Cold water skin-diving with full wet suit and weights is more demanding than regular snorkeling. Don't attempt it unless you're thoroughly familiar with the basic equipment. It is advisable to take lessons at a dive shop.

For safety

Although skin-diving can be as safe as ordinary swimming, here are some sug gestions to help increase the margin o safety and enjoyment:

Never dive alone. This is a cardinal rul observed by all competent skin-diver and scuba-divers. Along with the obvi ous reason—having a buddy to help ou in an emergency—the rewards of divin are enhanced when you share them.

Common sense rules, such as leaving th water when you're chilled or tired, appl to divers just as to other swimmers.

An inflatable vest worn while diving pr vides extra safety, and is considere essential for both scuba-divers and ski divers operating away from shore. Th vest can be inflated orally or, underwate with a small gas cartridge.

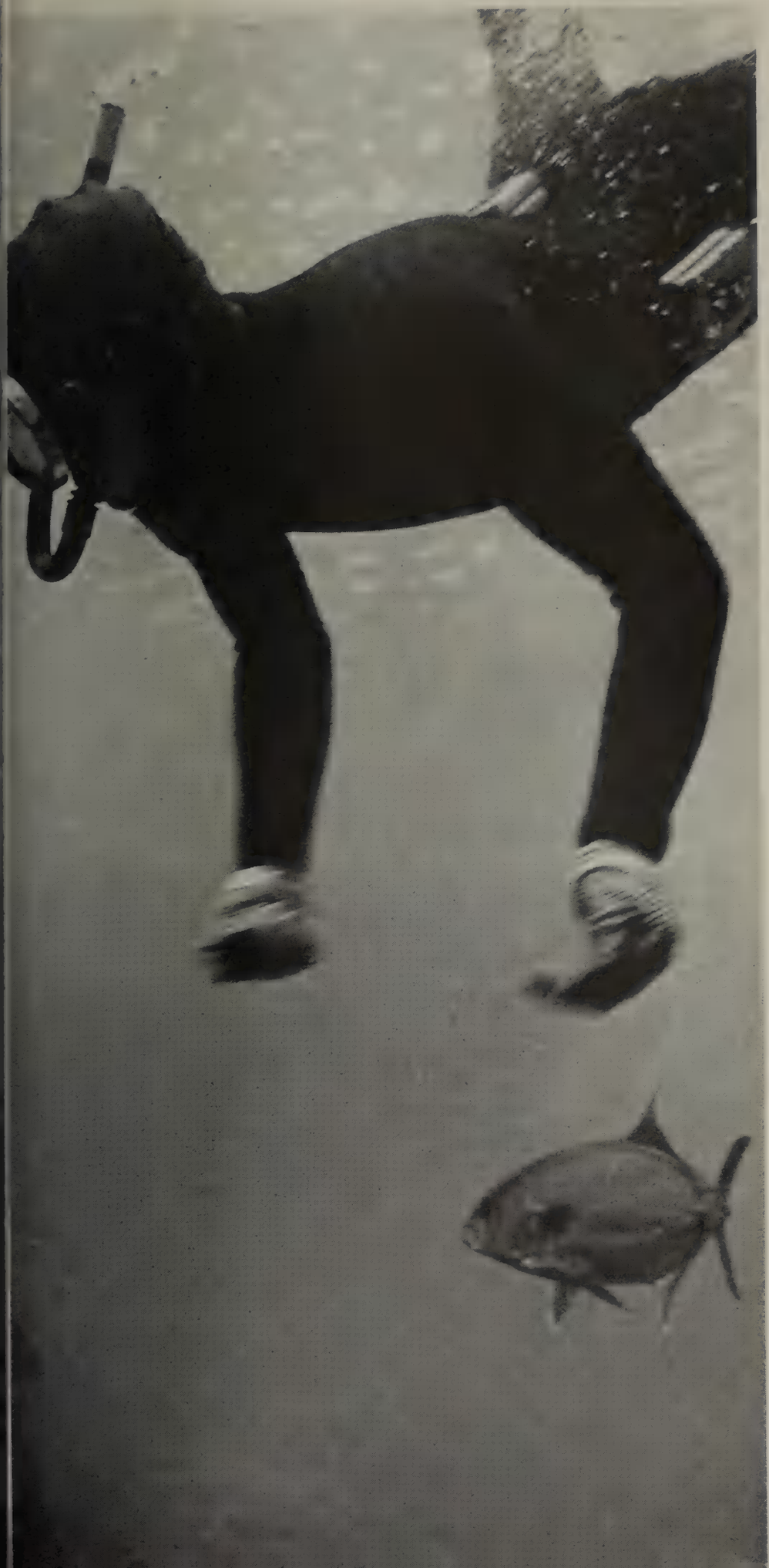
In an emergency situation, always dum your weight belt by pulling on the quick release safety buckle.

Scuba-diving

Once you have mastered the skills i volved in skin-diving and are acquainte with the shallow zones of the underwat world, you will probably want to expan your exploration beyond the range of single held breath. Scuba lets you do thi

Sport scuba gear consists of a tank air under pressure, a regulator contro ling the amount and pressure of the a released for you to breathe, and a back pack to hold the assembly on your bac Combined with the skin-diver's mas snorkel, and fins, an inflatable vest, an weights as needed, scuba gear fulfil a diver's basic needs for underwater i dependence.

Breaking through *the surface of the sea, a wet-suited skin-diver meets a funny stranger. Weights on waist neutralize the wet suit's buoyancy*



The most popular air tank holds 72 cubic feet of air at a pressure of 2,250 psi—enough to allow a diver to stay at a depth of 30 feet for about 40 minutes. Water pressure determines how fast you use the air—as you go deeper, the increasing water pressure compresses the volume of air you breathe.

Obviously this gets complicated; and because you need to understand basic laws of gases and pressure (and how these affect your body) before you can dive safely, you should first take a certification course from an accredited scuba-diving instructor. After you complete the course successfully, you will receive a certification card. Reputable dive shops will not fill air tanks or rent scuba gear to anyone without a certification card; and rangers at many state and Federal parks and reserves ask scuba-divers to show this card before allowing them to dive.

A course of instruction should include 15 hours of classroom work covering equipment, diving physics and physiology, diving techniques, first aid, and marine life; and 15 hours of in-the-water instruction. You should also have at least one ocean check-out dive supervised by the instructor. Course cost usually is $40 to $60.

Tom Ebro, director of the Underwater Unit of the Los Angeles County Department of Parks and Recreation, reports that 85 per cent of diving accidents result from insufficient instruction and experience.

Underwater activities

Underwater photography, shell collecting, wreck exploring, and spear fishing can be part of skin-diving, but with scuba you can extend these activities into deeper water for longer periods of time.

Of course, the aquatic life found just under the surface of the ocean or inland lakes and reservoirs is the most fascinating and rewarding aspect of diving. You will discover many strange and beautiful creatures which, if left alone, are highly entertaining to watch. Remember that there are some organisms that can be harmful; don't touch any unfamiliar ones.

A good reference book for divers is the third revised edition of the manual of the Council for National Co-operation in Aquatics, *The New Science of Skin and Scuba Diving* (Association Press, New York, 1968; $2.95). It is available at most dive shops.

It's advisable to rent or purchase your diving equipment from a professional diving shop. Not only are you assured of expertly fitted equipment but you can ask questions on diving techniques and learn of good diving spots near you.

Redwood trellis *6 feet 9 inches tall supports violet trumpet vine. Owner built and planted it in less than a day at a cost of $40. Design: Douglas Baylis*

Upholding vines and trees

Using bamboo, steel rods, wire, pipe, light lumber, ingenuity

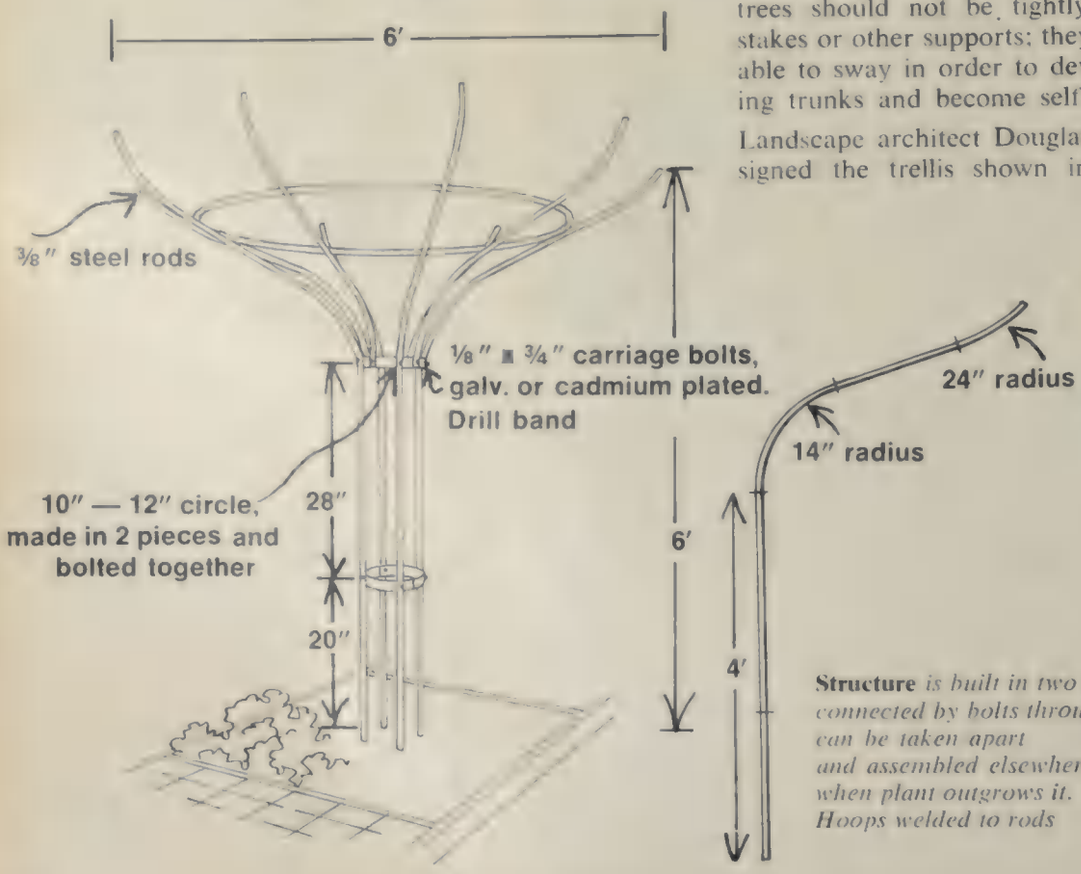
The wisteria *on Sunset's cover—in winter. After pruning it, gardener checks out the metal frame*

With their brilliant flowers and handsome leaves, vines can be the stars of the garden. But just like stars in the entertainment world, they need support. Instead of laboriously building up wood to keep their heads high, they race ahead to produce long stems, leaves, and flowers, hoping for help from friends to keep them up in the sunshine.

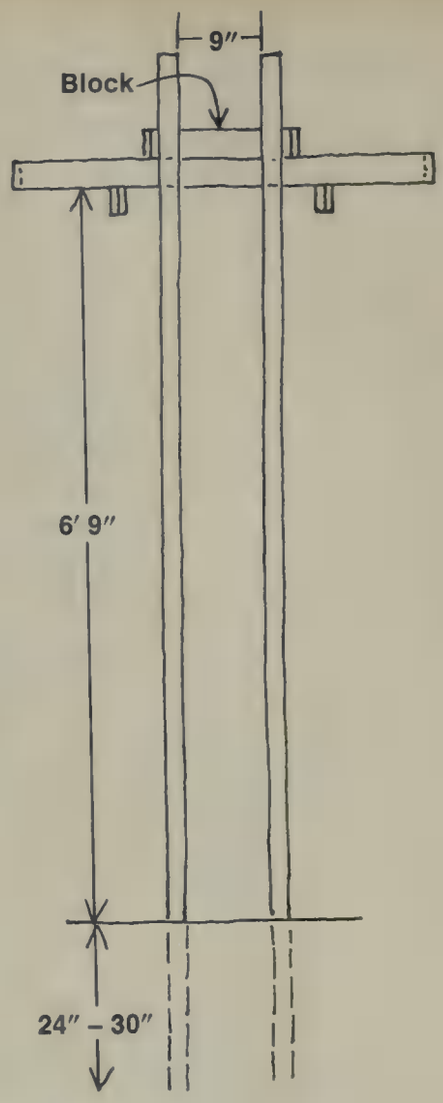
Every successful vine story is the result of a successful collaboration in which vine and support each contributes to the total effect. Because they fill out slowly (even though their vertical growth may be prodigious), vines need supports that will be able to carry the visual show alone for weeks, months, or seasons.

The same principle applies to trees that are being trained to a specific shape or use—as espaliers, for instance, or as canopies (see the weeping cherry on page 98). But note that young trees being trained as conventional street or shade trees should not be tightly bound to stakes or other supports; they need to be able to sway in order to develop tapering trunks and become self-supporting.

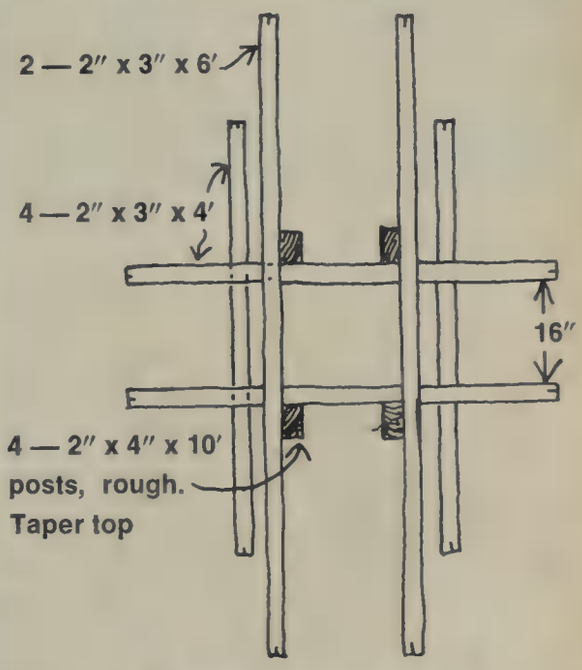
Landscape architect Douglas Baylis designed the trellis shown in the large



Structure *is built in two halves connected by bolts through straps, can be taken apart and assembled elsewhere when plant outgrows it. Hoops welded to rods*

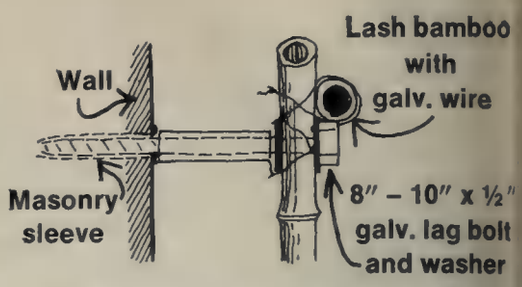


Side view *of trellis at left; heart redwood or Western red cedar will not decay in soil*

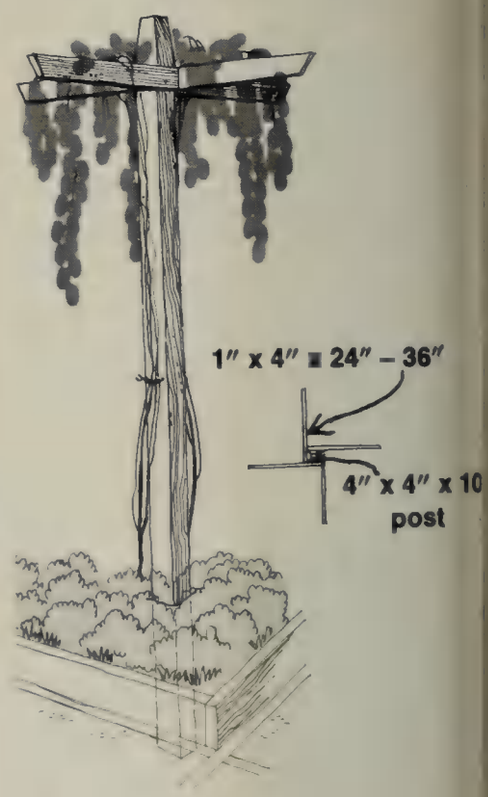


Top view: *Simple construction takes only saw, hammer, galvanized nails, carpenter's square*

In this Fresno garden, *bamboo frame holds branches out rather than up to spread a weeping flowering cherry tree wider*



Lag screws, *pipe sleeves make strong foundation for the bamboo pole trellis at righ*



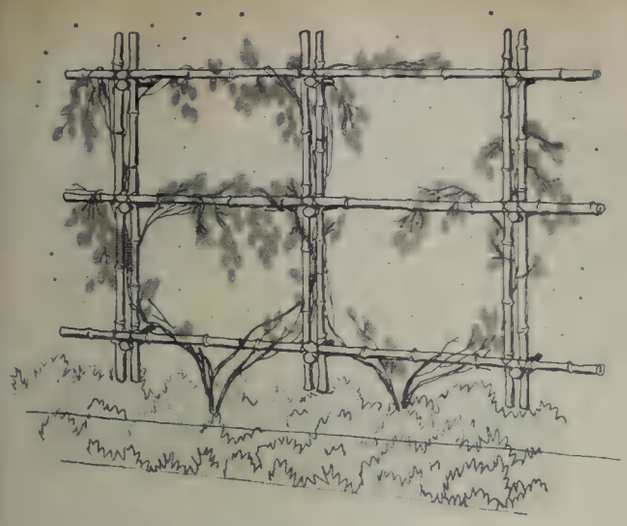
Post *and four cross members support vin to create effect of 7-foot-tall standard tre For bloom try clematis, wisteria, Camps*

Instant "trees,"
a living green wall,
a fence topping,
a vine pergola

photograph and sketches on pages 96 and 97. He also designed all the supports in the drawings on these two pages. Any one of these is easily within the capability of the average home craftsman, and any will create an immediate impression in the garden.

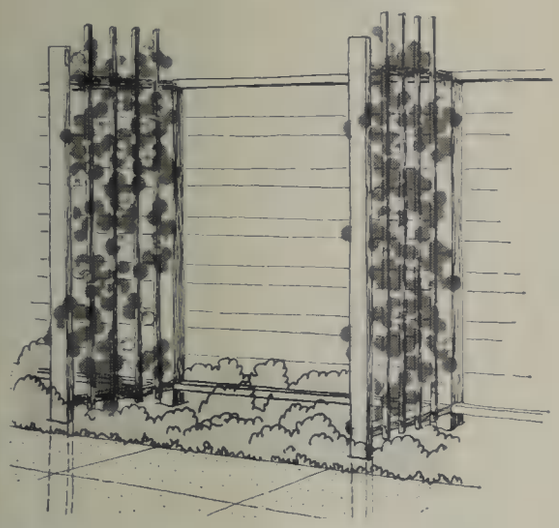
In fact, speedy effect is one of the best reasons for using vines and supporting structures. A good-looking trellis with even a token cover of vines carries the promise of stronger pattern to come. The impatient can plant morning glories for really fast cover while woody vines are taking over. A new, bare garden can g a quick lift from a trellis like the one c page 97 or from a flowering "standa tree" hastily created from the trell shown directly above.

Before finishing any of the suggeste structures or one of your own plannin tack it together and set it up in place see how it looks. If it pleases you a does the job, do the installation. Th choose carefully the vine or tree y wish to use—bold or delicate, evergre or deciduous. The *Sunset Western Ga den book* and your nurseryman can hel

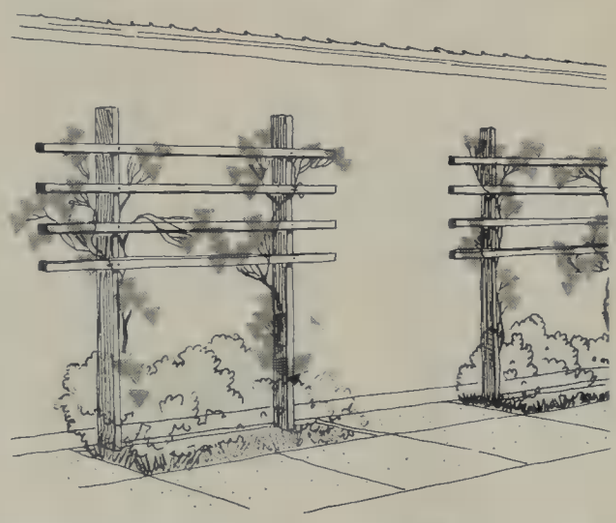


mboo trellis *makes bold pattern on wall, displays and rmonizes with flowers and leaves, can (after vines grow) reduce are from wall, shade it from sun. Details are in sketch at the left*

To get greater *screening height, build inward and upward from existing fence, plant vigorous vines. Be sure to check building codes and consult with neighbor across fence before you build*



ellis panels *set at right angles to fence lend interest to long broken lines, create a series of "picture frame" gardens, engthen fence by outrigger effect, make garden more intimate*



Straightforward, *substantial, easy-to-build supports for sturdy vines. A single one is effective. The pattern is even more effective when it is repeated. These could be used as free-standing screens*

RICHARD FISH

Pergola *supports the wisteria (right) and large-flowered clematis. Robert Chittock designed this Seattle garden*

Blow-ups

Very large photographic prints on walls, on doors, on cabinets

NORMAN A. PLATE

Although only poster-size, *these prints are still larger than life. They show off the family and treasured pets*

Grandfather's car *almost ready for a Sunday sprint—children posed on running board. A photographer made the high contrast copy negative used for this blow-up from an old family snapshot*

A new decorating idea that starts wit snapshots from the family album ca produce startling effects in a room.

The blow-up needn't cover a whole wa to give a bold, dramatic effect. W found that the poster-size enlargemen of children and their pets at left we almost as dramatic as the larger phot graphs shown here. And the old c blow-up below (4 by 7 feet), looks ev larger because its light backgrou blends into the white plaster wall.

But where do you go for blow-ups a how much do they cost? Look in the y low pages under *Photo Copying* a *Photographers—Commercial* to find o which firms offer this service; there at least one or two in each of the Wes larger cities. Or ask at a camera shop.

Blow-ups of poster size (about 24 by inches) made by an inexpensive proce cost only about $5. These can be gre fun but have a relatively short life a will deteriorate. Mount them only wi nonpermanent rubber cement.

Count on spending more if you want quality print that will last indefinitel Our survey showed that prices vary lot; the larger the city, the more co petitive they're likely to be. The range about $1.50 to $3.50 per square fo for unmounted, black and white prin

Most firms that make blow-ups are us to mounting them on ⅛-inch hardboa with wallpaper paste. Since the materi are inexpensive, the cost depends mos on what they want to charge for lab Mounting a 2 by 3-foot print, for e ample, may cost anywhere between and $12. If you feel all thumbs w paper and glue, this is the way to go.

Or you can do it yourself. Soak the blo up in water about 5 minutes, drain, a then mount it on hardboard (wrappi the print around the edges) with a wa paper paste mixed with enough wh glue or vegetable glue to increase volu by about 20 per cent. Roll the print o on the hardboard; smooth with yo hands or with a wallpaper brush or roll Paste a sheet of brown wrapping pa on the back to prevent warping.

You can also mount a photo print dire ly on a wall; however it's a good idea cover the wall with an oil-based prin or lining paper to give the wall a smoo easy-to-adhere surface.

Hang the smaller blow-ups with w (glue on small blocks of wood to scr into) as you would an ordinary pictu To keep a larger one from wobbling, inforce the back with wood strips.

It may look *as though this seven-year-old is running in from the field, but it's actually a photo blow-up of her glued to hardboard and attached to the door of her room. The hole for the doorknob is cut out with a sabre saw*

Closed, half-open, *or reversed, sliding doors are traffic stoppers. For easy cleaning, spray doors with clear acrylic photo coating*

Garden contest winners

A small Arizona garden walks off with first place. It offers attractive situations for plants, comfort for people, good-looking surprises

Platforms *of 2 by 4's form entry bridge and stage for pot plants*

The way people in the West make g dens today differs from the way they d it 10 years ago. In the last decade peo have been loosening up in the way t dress, in the way they wear their hair the movies they like to see, and in lot other ways.

Home landscapers also have been lo ening up, applying imagination, hur and often a new worship of nature the livable but rather geometric and r landscaping that evolved a bit earlie

The new gardens that are turning today are fun to be in because they c bine small off-hand stage areas with show plants in ways that make both l better than either would alone.

On these pages you see gardens that in *Sunset's* 1970 Garden Contest. first 10 photographs are from one den—the first-prize winner, created Mr. and Mrs. Ernest L. Nickels

ERNEST N

January, 1968. *Nickels house looked like this*

View *from the carport, looking over entry bridge into secluded patio. In pots, front right: oxalis, shamrock, jade plant*

GLENN CHRISTIANSEN

By front *door, two former Christmas trees: Pinus roxburghii at left is in pot; Japanese black pine, right, in ground*

:ptember, 1970. *Now the entry is secluded and pleasant*

Secluded, *11-foot-deep front patio, seen from house. Beyond wall is street. Photograph at lower left, page 103, shows street side of wall*

GLENN CHRISTIANSE

Boxes *made of 2 by 2's hold Aloe nobilis. The boxes stand on a pad of bricks anchored in concrete*

Railroad ties *and 4 by 4's make raised bed. Jade plant cuttings are rooting in bonsai-bowl. Santolina, left*

Container plants, railroad ties, river stones, old bricks, crevice plants

Tempe, Arizona. From page 106 through page 110, you will see photographs from 12 other winners. On page 262 are winning gardens by children.

Notice the new-approach common denominators that run through all or almost all of these gardens. A few of them are: preplanned weedlessness; intimate association of stones or wood with plants; pools that look like mountain brooks; and the delightful display of textures and small shapes—water-washed stones, Japanese black pines, festuca, mellow wood, to name just a few.

Mr. Nickels is an architect. He and Mrs. Nickels did a front yard landscaping job. They built, enclosed, and partially roofed a small patio and shade garden at the front of their house. The first purpose was to block out the sight and sounds of a busy boulevard and make part of the front yard useful. They also created an unusual welcoming entry at the driveway and front-door end of the area.

The garden is not big (11 by 44 feet), but it's greatly diverse. The ground cover materials are interesting in their own right and they're understated enough to

River-smoothed *stones and creeping rosemary make harmonious companions*

Nearby, *same kind of stones become companions to railroad ties, festuca, santolina*

ERNEST NICKELS

Outside end *of secluded patio's overhead structure (inside shown at top, opposite page). Vine is Passiflora alato-caerulea*

let their plant companions be seen.

As is so often the case, it was necessary for the Nickels to obtain a variance from their city planning department in order to build walls between the front of the house and the sidewalk.

On these two pages you see that seven of the other prizewinners did the same kind of thing—made natural-looking gardens.

Want to know how the natural looking pool directly below was made? The Morgans got rid of weeds and brambles, left the trees and ferns, dug the excavation, laid down the reinforcing screen, put the big rocks on it, poured the concrete over the screen, then pushed the little rocks into the wet concrete. Spillover water from this pool irrigates some bog plants.

At upper left on the opposite page you see a small part of a terraced, flower-filled garden on a bluff overlooking the Pacific. The light colored rocks in the retaining wall at center of the photograph, called Palos Verdes stones, were dug up on the site. People elsewhere in Southern California pay money for Palos Verdes stone.

The dry streambed between mounds of ivy, upper right page 107, was built last summer. It worked fine this past December to carry away water from heavy rains. The Maroises expect the ivy to grow twice as high, so they put the sprinklers on high pipes (not visible in photograph). To get ivy to grow the first summer and not wash the soil away, they turned the sprinklers on and off frequently.

The Leavengood's railroad-ties-and-gravel-steps use two of the most popular building materials for landscaping. Ties are laid firmly in place and then the spaces are filled with gravel. Ties are held in place not with nails but with pegs driven into the ground beside the ties.

The big broad wooden steps in the Hinch

Garden steps, pathways, bank plantings, tree rounds, an almost natural pool, a dry streambed

In a dry *but woodsy place, a pool so well made that it looks natural. Mr. and Mrs. Robert L. Morgan, Mount Vernon, Wash.*

DOUG WILSON

DARROW M. WATT

Bank *of annuals, perennials. Mexican sedum clumps at base. Mr. and Mrs. James Warnock, Palos Verdes Peninsula, Calif.*

Dry streambed *takes rain away. Hahn's ivy on mounds. Mr. and Mrs. Ted Marois, Jr., Sacramento*

Steps *made of railroad ties holding river stone. Mr. and Mrs. James Leavengood, La Canada, Calif.*

DON NORMARK

Steps *of 2 by 12's. Fine-leafed sedum grows in cracks. Mr. and Mrs. J. M. Hinch, San Pablo, Calif.*

RICHARD FISH

Steps *of cobblestones and bricks, edged with rock plants. Mr. and Mrs. Richard Rosmini, Los Angeles*

Concrete squares *in gravel. Greenery: rhododendron, sword fern, redwood. Mrs. William Bernard, Seattle, Wash.*

garden are supported by 2 by 4 braces beneath the planks. Read more about the Hinch garden on page 246.

That natural and mellow-looking bank to the left of the cobblestone steps, in the garden at lower left on page 107, is planted mostly with rock plants—erodium, candytuft, armeria—plus herbs and succulents.

Steppingstones in gravel are found in many of these gardens. The ones in the Bernard garden, lower right, page 107, are in the main front walk leading to the front door. The home-cast steppingstones, in the lower left photograph on this page, are autographed, handprinted, and age-dated.

Hilltop gardeners who would like to fence out critters but don't want a fence to get in the way of their view will like the McLaren deer-keeper-outer, top left on this page. The horizontal boards that stick out over the steep slope at right run back into the soil at left. There they are anchored by stakes and nailed to crosspieces which help to make edging boards for the plantings of marigolds and ageratums. The dog who lives at left won't walk out on the screen and away. The deer who live down in canyon to the right can't get up and o the horizontal projection.

The photograph at center in the top r here gets the container originality awa The unusual feature is the round c tainer's texture—the little, white rou things are snail shells. This pot is in Jimmy O'Quinn garden, in Carson (n Long Beach), California.

The gazebo at pool's edge in the pict at upper right houses a hammock. the left there's a young, golden will

Deer and dog barrier, snail-shell pot, handprints, carp pool, marigolds

Horizontal fence *at brow of hill keeps dog in, deer out, saves view. L. G. McLarens, San Mateo, Calif.*

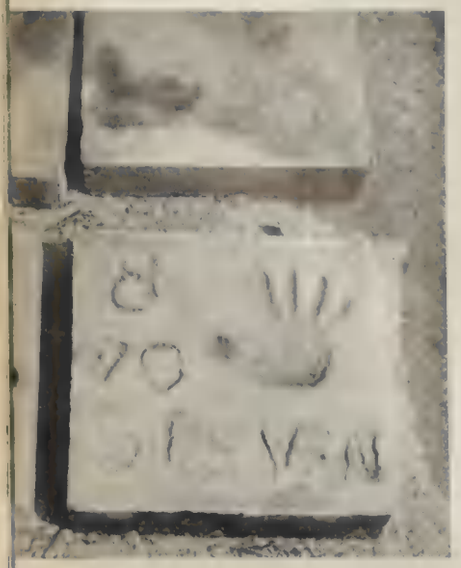
ELLS MARUGG

DAVID W. CAVENDER

Pot from Mexico *has sea snail shells (tougher than garden snail shells) attached, varnished. Lemon tree in pot*

Gazebo *plus pool with carp. Mr. and M Charles R. Hobby, Bellevue, Wash.*

Family's *hands were recorded in steppingstones at Jimmy O'Quinn's, Carson, Calif.*



The Warnocks *(upper left, page 107) grew these marigolds in their garden within shouting distance of the Pacific*

Jungle *of bromeliads, gingers, philo drons, elephant ears by deck. Robin Klein family, Long Beach, C*

DARROW M.

is is Madurodam, near The Hague, and 45 minutes from Surprising Amsterdam.

ou'll lose all your fear of Europe when you isit Amsterdam first.

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he writer of this ad, confess that I jay-lked in Amsterdam one day last year. nost instantly, I was confronted by a narkable policeman, with a full beard, o lectured me in *three* languages be-e discovering I spoke English. He med *amazed* that an American would walk. (The Dutch have an abiding faith Americans.)

"*Please* don't do it again," he pleaded, erfect English. Surprising Amsterdam hat kind of city.

Elf business. Despite its swinging, ighty night life, Surprising Amsterdam child at heart. Imposing 17th-Century illon towers peal out pop music. Adults ight in handing a few coins to the corner rel organ grinder. There's a big wel-ning ceremony at Christmastime for nterklaas," who arrives by canalboat m Spain. Dutch politics even has an Party (Yes, *Elf* Party!) whose members ar elf hats, promise reforms, and won five Amsterdam City Council seats in the last election.

Adult "kid stuff." Our photograph shows a corner of Madurodam, a 5-acre miniaturization of Holland near The Hague. Somehow, adults enjoy it even more than the kids. A fortune has been spent here in houses that light up, tiny churches that play bells, working scale model boats, oil refineries and electric trains. Oddly, Madurodam is a memorial to a martyred war hero. The Dutch prefer investing in happy kids than somber monuments. Start in Amsterdam and you'll catch enough youthful optimism to last your entire trip.

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DON NORMARK

An entry that is a cheerful sequence of experiences

Entrance patio. *Surface in giant brick pavers. Raphiolepis, right, and in Mexican clay pots. Mr. and Mrs. Michael St. Marie, San Diego*

The same *entrance patio, fro outside. Strawberry ground cover, lef fence that encloses patio, rea Japanese pines at front of fenc*

which the owners expect will soon drape handsomely over the gazebo roof and the pool.

The redwood plank patio at lower right on page 108 is off the living room of the Klein home. The Kleins put in a hidden sprinkler system that makes artificial rain to water the bromeliads and make the whole scene more jungly.

On this page, you see another front yard transformation. Once this was a typical lawn (with small trees) in front of an L-shaped house. The St. Maries screened off the back half of their front yard with a fence of 1 by 1's spaced an inch apart on both sides of 2 by 4 stringers, supported by 2 by 6 posts. Behind it they built that patio. Now they have more privacy, a nicer entry, a view from—and the chance to leave the draperies open in—the master bedroom.

READ ABOUT HOW TO ENTER SUNSET'S 1971 GARDEN CONTEST ON PAGE 279

Alberta

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GLENN CHRISTIANSEN

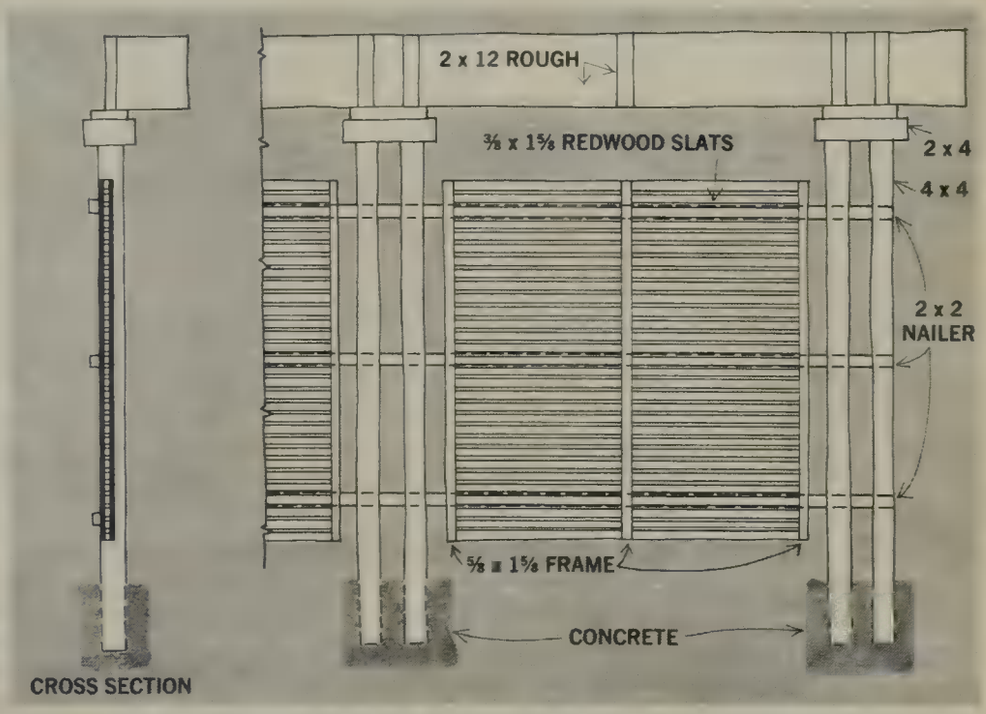
Screen masks *architecture of house, makes entryway more generous, important*

Behind this street screen . . . a private entry garden

A. SALBOSA

Ellis *projections along top ur only on street side, but could both sides. Screen not designed total seclusion*

Some garden screens do more than define an area or provide privacy. This one, a 7-foot-high, 80-foot-long structure that runs from lot line to lot line, alters the appearance of the house from the street without a single architectural change to the house façade. Where code allows, the idea can be an effective remodeling solution. On a smaller scale, screen detailing could be incorporated into single or multiple panels around a patio, deck, or entry garden. Architect-owner is Warner G. Boone of Rummell, Boone & Brooks, Inc., Honolulu.



Slats *are sandwiched between ⅝ by 1⅝-inch strips at middle and ends for rigidity. To vary design, use single posts at some points between panels*

1971

A Cadillac is where all other fine cars learn about luxury.

'he total luxury that has long been the hallmark of Cadillac is even more impressive in the 1971 models of the Standard of the World. It is clearly evident n the beauty of form, the elegance of interior appointments, the comfort of the ride and the almost nbelievable smoothness and quietness of their erformance.

The dramatic, sculptured beauty of the new Cadillacs gives them a magnificence that distinguishes them from all other cars. The Fleetwood Sixty Special Brougham offers a new padded vinyl op, which is molded and carried smoothly to the body contour line. Handsome new exterior opera ghts are available to provide added distinction.

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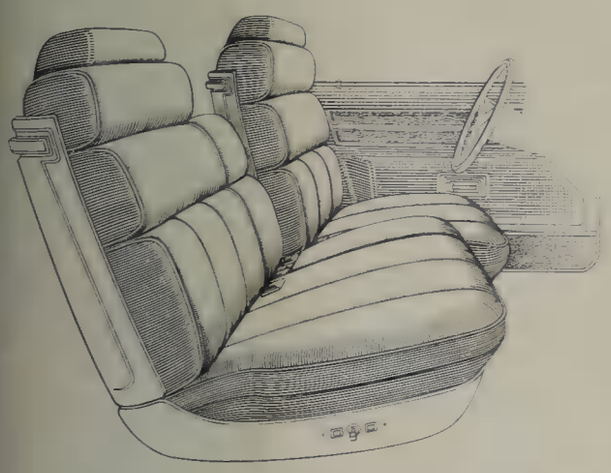

tructed that you can drive relaxed for hours. A Dual omfort front seat (standard on the Sixty Special rougham and available on DeVille models) prodes separate adjustment for the driver's section nd wider passenger section.

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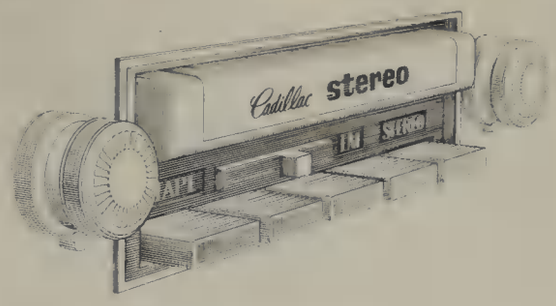

pushbutton AM/FM stereo radio with integral eight-track tape player.

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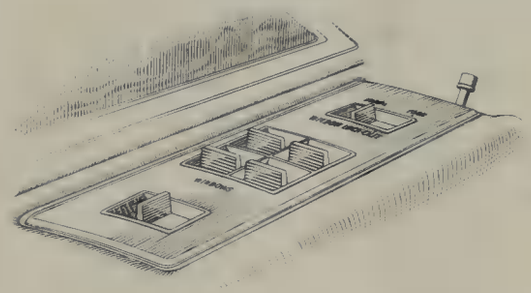

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DARROW M. WA

Artistry *in wood creates handsome dining table useful in an outdoor entertainment a*

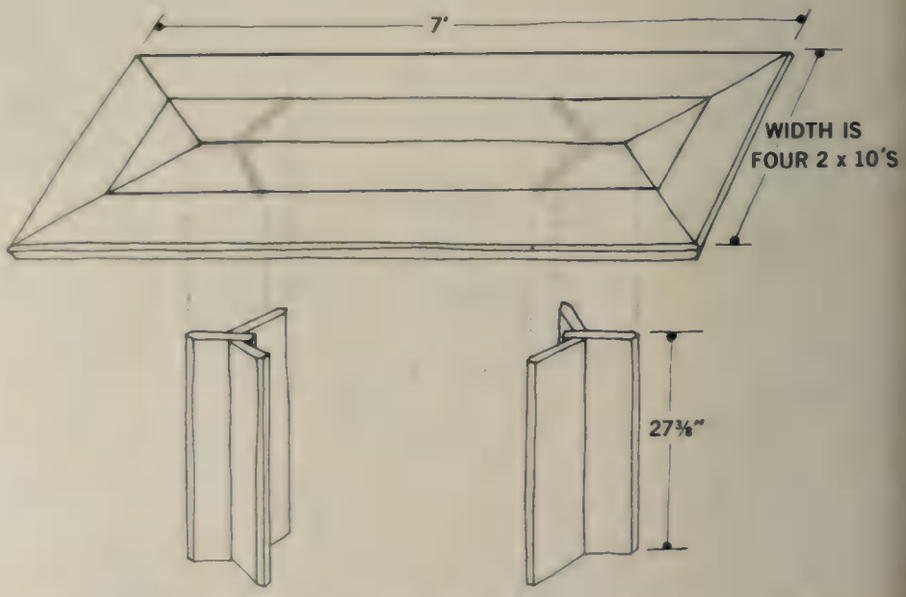
Wood slabs make a patio table

It is always a pleasure to report an intriguing new solution to an old design problem—the patio dining table. Architect Mark Mills of Carmel, California, has skillfully joined and fitted 2-inch-thick wood slabs into a diagonal pattern for this tabletop. The sturdy, tripartite pedestal bases are an integral element of the design.

Meant to seat eight, the table could also be used as a buffet. It's light enough to pick up and move, so you can place where you like, in sun or shade.

The table is made entirely of surfac 2 by 10 and 2 by 12-inch stock; redwo or cedar is recommended for outdo use. You'll need one 6-foot and four 8 foot lengths of 2 by 10. You will a need 12 feet of 2 by 12. The over length of the table is 7 feet; the width that of four 2 by 10s (about 38 inche

To form the top, cut the eight pieces



Exploded view *shows the overall construction of the table. The pedestal bases are attached with blind dowels to the assembled tabletop*

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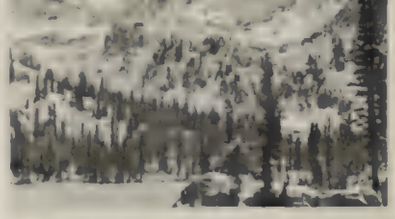

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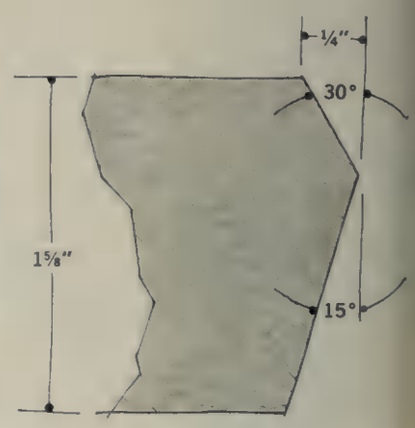
shown in the sketch on page 116. Bev the four outside boards. Assemble t tabletop using blind dowel joints. U waterproof glue only on the diagon joints.

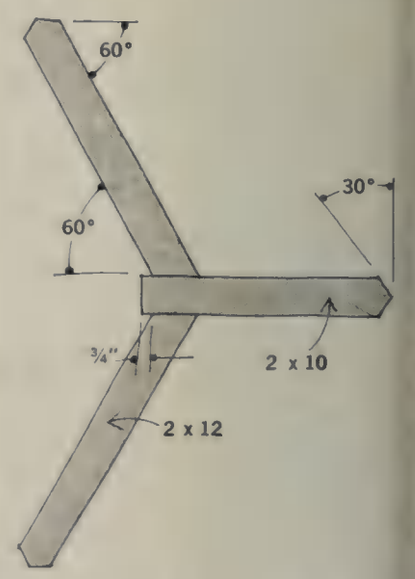
To make the pedestal bases, cut tv pieces from the 6-foot length of 2 by 1 Then cut four pieces from the 12 fe of 2 by 12. Make a 60° cut on these fo pieces. Bevel the other end of each pie as shown below. Assemble each pedest using galvanized finishing nails and w terproof glue.

Turn the table upside down. Use bli dowels with glue to attach pedestals. L glue dry before turning the table uprigl

The wood grain is enhanced by the agonal pattern cuts of the tabletop. you'd like to keep the natural beauty the wood, leave the table unpainted a unvarnished. To turn the wood to warm buckskin color, apply two coats water repellent. The wood will then gra ually weather, becoming more grey. T retain the buckskin shade, use wat repellent again when necessary.



Bevel *the side and end pieces with t passes through your saw. Lightly sand the surfaces before you assemble tablet*



Cut *base of two legs at a 60° angle. Th finish each member with 30° bevels at t end. Nail and glue all three pieces togeth*

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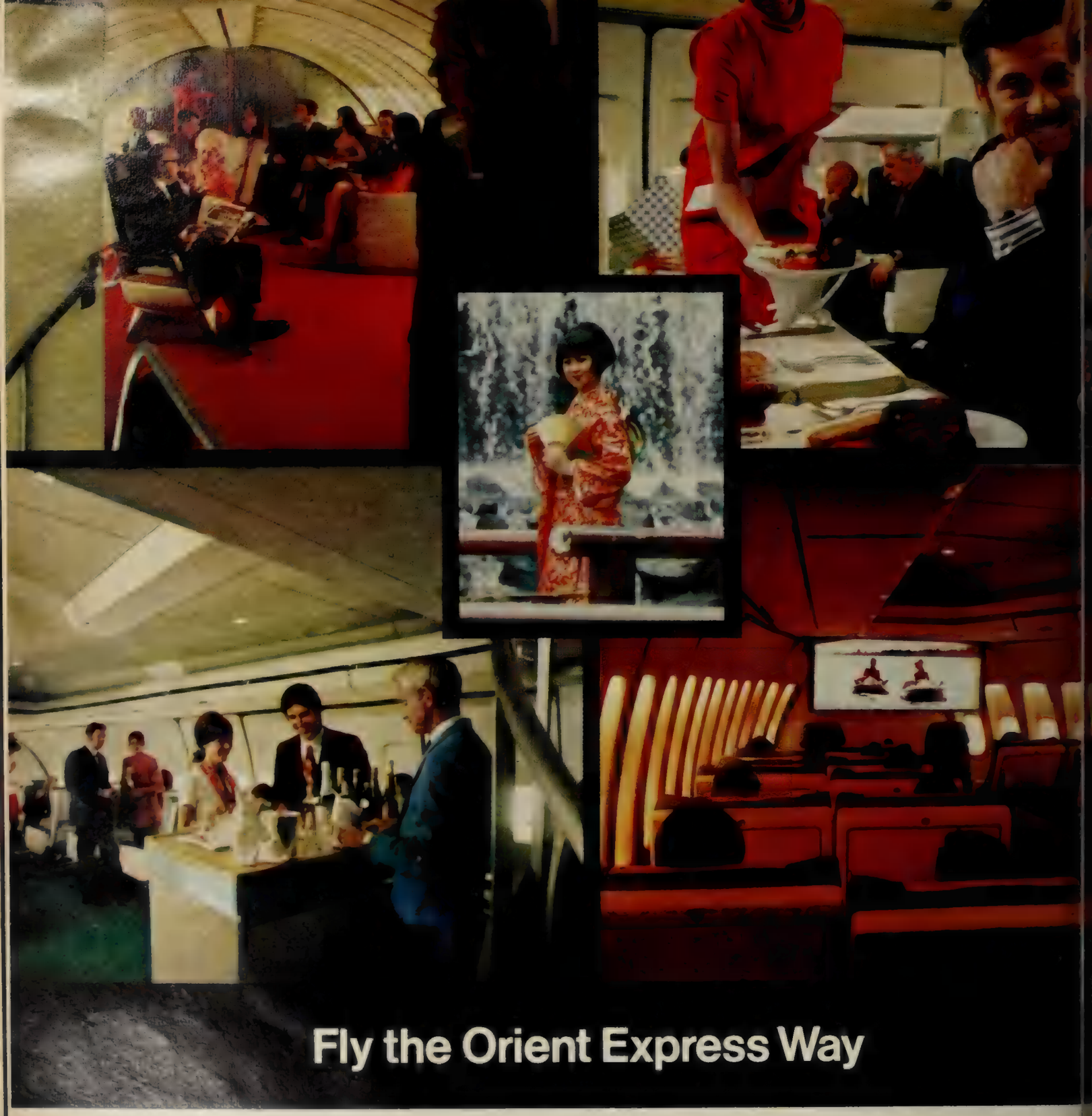

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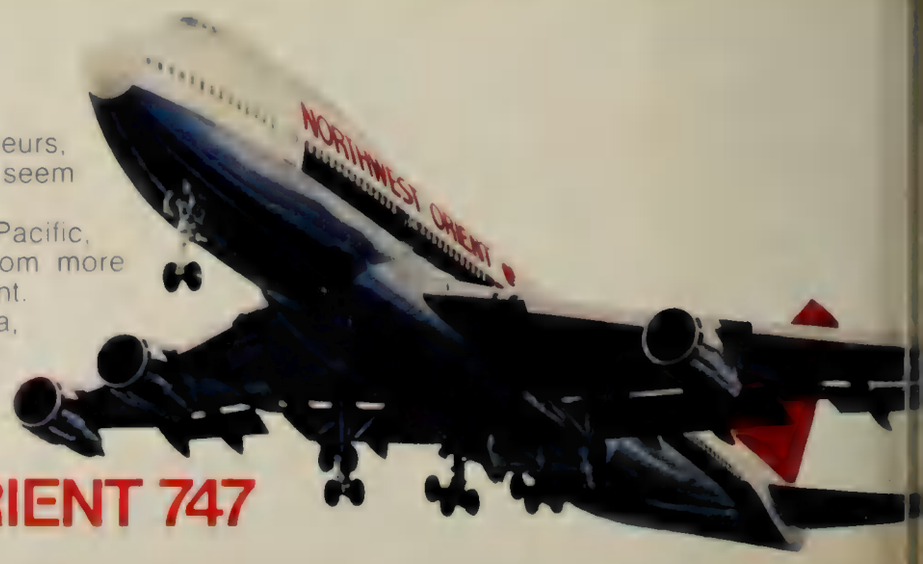

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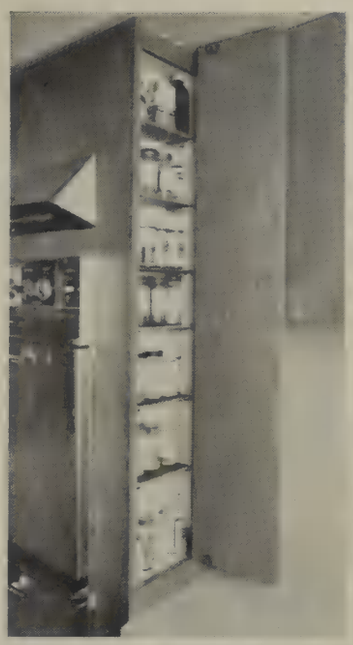
DON NORMARK

Pull-out *has four shelves on either side. E. J. Frech design; Thomas M. Telfer, owner*

Spices and herbs . . . a home of their own

RICHARD FISH

Step-up *shelves keep each container visible. Owner: Mike O'Haver, Arcadia, California*



Tall *cabinet has shallow adjustable shelves. Architect: Leonard Veitzer*

Spices and herbs need protection from heat and light.

The spice cabinet shown at top slides out of its own housing, which is in the meal preparation area away from warm appliances, so there's little exposure to heat and light. The cabinet at left is backed by a layer of insulation. The cupboard directly above has an outside covering of ceramic tile to lessen heat transference from a nearby cooktop.

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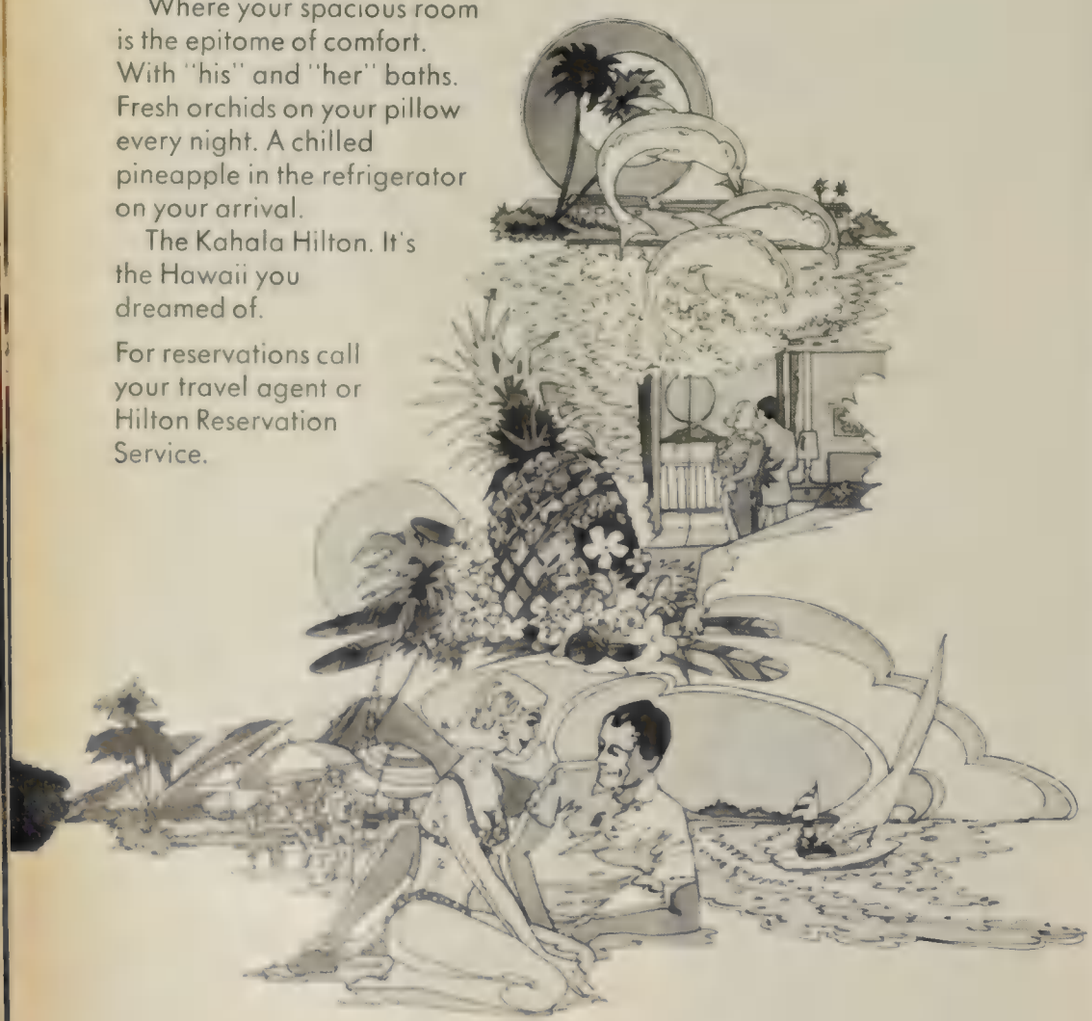
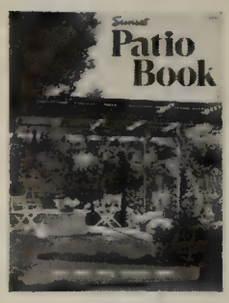


Once you stay at the Kahala Hilton you'll find your own reasons for coming back.

A book-look at outdoor living



A decade ago when *Sunset* published the second edition of its book on patios, a strong sale was anticipated in light of the interest of Westerners in outdoor living. But the response was beyond expectations. The book turned out to be one of the most consistent sellers in the entire *Sunset* line of building books, and in the years it sold more than 240,000 copies.

In response to the continuing demand, a completely new edition makes its appearance this month: *Sunset Patio Book* (Lane Books, Menlo Park, Calif., third edition, 1971; $1.95).

The book uses the term "patio" in its broadest sense to include the whole range of outdoor living areas: terraces, decks, lanais, garden rooms, atriums. More concerned with "how to plan it" than "how to build it," the 128-page volume is a rich and varied collection of patio ideas.

The first chapter deals with general planning—orientation and location, size, relationship to house and garden, lighting, provisions for drainage.

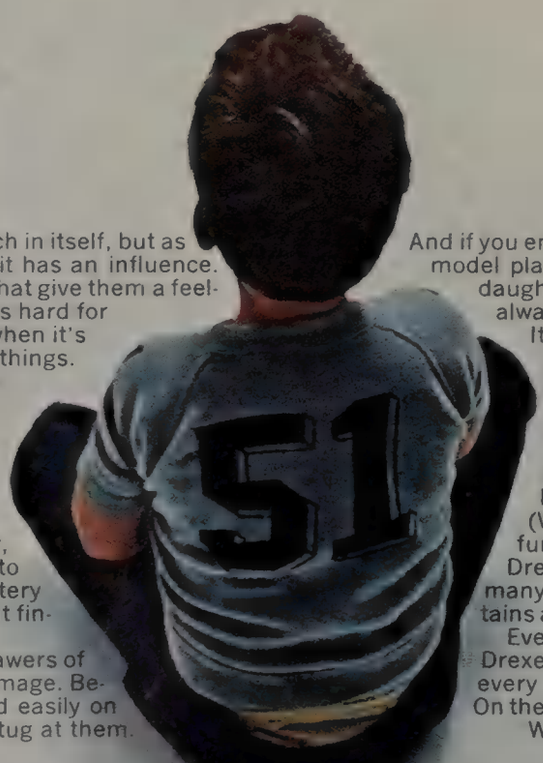
Subsequent sections take up specific types of patios, including entries, room extensions, and pool patios. Decks are discussed and numerous examples (both low-level and hillside) are illustrated. The chapter devoted to separate garden rooms includes ideas for gazebos, pavilions, and arbors.

Atriums and lanais raise special problems, since they are part of the house structure. An atrium is not easy to plant or furnish, and is a potential sun trap in summer. Many solutions are pictured.

The design of a patio should give close attention to the factors of sun and wind. A beautiful patio that is relentlessly baked by the sun or constantly buffeted by the wind will simply go unused. If sun and wind are persistent, year-around challenges, you must consider permanent protective devices; if they are only occasional or seasonal problems, you can try temporary solutions. Both kinds are found in a chapter on climate control.

Choices of paving and flooring are dealt with in detail. The closing chapter of the *Patio Book* suggests 34 finishing touches—functional or decorative ideas to make the patio more livable.

What can a kid learn from a credenza?



A credenza doesn't teach a child much in itself, but as part of a warm, well-furnished home, it has an influence.

Children benefit from surroundings that give them a feeling of warmth and permanence. But it's hard for a home to convey that kind of feeling when it's furnished defensively, with temporary things.

Instead of waiting for the kids to grow up, why not have the kind of home you really want right now. So the kids can get something out of it, too.

With Drexel furniture you can do just that.

You can have the kind of sofa and chairs your friends will ooh and ahh over, yet not be afraid to let your children onto them. Because all of Drexel's upholstery fabrics are treated with a stain-repellent finish. At no extra cost.

You can let your children open the drawers of your Drexel furniture without fear of damage. Because the drawers travel smoothly and easily on ball bearing glides. You never have to tug at them.

And if you entertain a lot, or your husband likes to build model planes on the coffee table, or your teenage daughter has just discovered nail polish, there's always the Drexelguard finish.

It's a remarkable finish because you can't even see it (you'll have to ask the salesman to point out which of the Drexel furniture pieces have it).

All you'll see is the richly grained wood surface. But spill something destructive on it, like nail polish remover, and nothing will happen to either the finish or the wood. (We don't suggest trying this with any other furniture.)

Drexel makes furniture collections in a great many different styles. And each collection contains a large number of individual pieces.

Every piece of Drexel furniture carries the Drexel name. You'll find it in the upper drawer of every cabinet. On the underside of every table. On the deck of every upholstered piece.

When you're proud of your work you sign it.

Signed Furniture

by Drexel

For a set of booklets on Drexel styles, send $1.00 to Drexel furniture, Dept. S 4-71, Drexel, N.C. 28619.
For the name of the Drexel dealer near you, call free [redacted] 243-6000. Conn. call 800-943-0655.

MARTEX

West Point Pepperell

Something new in permanent press sheets—permanent press.

Permanent press is wonderful.

But, until now, there were some things about permanent press that weren't so wonderful. Like the fact that it wasn't really permanent. Or that the permanent press resins used to finish the fabric gave it a stiff, starchy feeling. Or that a white sheet could turn yellow after washings.

Now Martex has changed all that with Presslin 303—an exclusive way to make permanent press a part of the fiber itself instead of a resin coating that's "painted" on.

So now permanent press is really permanent. (We washed a Martex sheet 355 times just to prove it.)

But that's not all. Unlike resin-coated permanent press sheets, Presslin 303 is soft. In fact, after the first washing it's as soft as an all cotton percale, yet it can last almost twice as long. Because it has no resins, it can "breathe." So it never feels hot and clammy. And it won't attract dirt the way resin-coated sheets do, so colors stay fresher and brighter.

Presslin 303. The really permanent permanent [illegible]

MARTEX®

First we make it good. Then we make it beautiful.

Shown, left to right: *Fantasy Garden*, a gentle pattern in soft dreamlike pastels; *Grillade*, a bright bold fashion in a modern mood; *Dentelle*, a subtle lacy design in gold on gold or white on white. 50% Du Pont Dacron, 50% combed cotton. All with Presslin 303 finish. Also available in matching Vellux blankets.

Discover Canada's incredible Island in the Pacific

Imagine digging for clams on vast uncrowded beaches. Boating a king-size Tyee salmon. Savoring a scenic feast of towering mountains, evergreen forests and shimmering seas. Then, exploring Victoria, one of the most fascinating cities anywhere. These are just some of the pleasures of Vancouver Island — a vast green place that's just a short cruise from the British Columbia mainland. But a world apart in relaxing good times.

Why not mail the coupon today for a colorful preview?

Vancouver Island Publicity Bureau
and Victoria Visitors Bureau,
786 Government Street,
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Please rush me colorful brochures on Vancouver Island, Victoria and the Gulf Islands.

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(please print)

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City _____ State _____ Zip _____

Cleaning things organized, stored

Two ways to organize a cleaning closet are illustrated here.

In architect John McGough's Spokane home, the closet has long, shallow, high shelves for bottles and cans of cleaning supplies. Brooms and mops hang below.

Mrs. Don Daly of Boise lined a closet with perforated hardboard and hang tools and cleaning implements on hooks (bottom photograph), using the back and right walls of the recess. Shelves line the left wall for cleaning supplies.

Large doors shut off both closets.

DON NORMAN

Two high shelves *accommodate bottles; mops, brooms hang directly underneath.*

Perforated hardboard *lines side, back of closet; tools hang on individual hooks.*

Bring spring color indoors
with a pure wool carpet
from Masland
The Magic of
Masland
Carpets.
C. H. MASLAND & SONS Carlisle, Pa. 17013
The Woolmark is
your assurance of
quality tested carpets
made of pure wool pile.

GORDON INGERSOLL

Mayfield Mall *in Mountain View, California, was one of the stops for the last traveling exhibit of award winners. This 1969-1970 exhibit is still on the road*

Again in 1971

Western Home Awards

A continuing program of the American Institute of Architects and Sunset Magazine

Almost immediately after the announcement of the 1971-72 Western Home Awards program appeared in the February 1971 *Sunset* (page 98), requests for entry brochures started coming in from architects, builders, and home owners. The brochures came off the press February 4 and were soon on their way to about 9,000 registered architects in 13 Western states.

There is still time to enter: The entry form must reach *Sunset* by May 14. If you are a registered architect in the West and didn't receive an entry brochure, use the form at the bottom of this page. (The architect, owner, or builder of an eligible house or development may enter with the consent of the other two.)

The classifications are family homes (custom-built, merchant-built); remodels; townhouses; vacation houses (custom-built, merchant-built); and three categories included for the first time this year: planned residential communities; innovations in residential structures, structural systems, or use of building materials; and innovations in residential land use and development.

Deadlines: May 14, 1971—this form received in Menlo Park. June 14, 1971—all completed entries in Menlo Park.

Category and class of entry _____ Location of entry _____

Architect's name _____ Architect's address _____

Owner's name _____ Owner's address _____

Builder's name _____ Builder's address _____

Submitted by (name) _____ Submitted by (address) _____

Fill in this entry form and mail with an enclosed ☐ check ☐ money order in the amount of $_____ (covering $20 fee for each entry) to the A.I.A.-*Sunset* Western Home Awards Committee, Box 2345, Menlo Park, California 94025

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Now bring your kids to Mauna Kea at our teeny-weeny rates.

[$10 A DAY INCLUDING TWO MAN-SIZED MEALS.]

That's the low, low children's hotel accommodation rate on which we're basing our Family Plan this year.

It's an open invitation to bring your kids to one of the most beautiful resorts in the world: recreational, inspirational, and in the nicest way educational.

(They'll learn more from a day's sightseeing around Hawaii's ancient kingdoms and another in Volcanoes National Park—both easily arranged—than from all the geography books in the world. Not to mention our all-Pacific art collection.)

Our free supervised day camp makes sure they (and you) get the most from Mauna Kea. And for parents we have—well, Mauna Kea. Our world-famous golf course, swimming, tennis, riding, hunting, stunning scenery. And delectable Mandarin, continental and American cuisine.

For 5 days, 4 nights, our Family Plan works out to $99 per person with two kids sharing parents' room with lanai, including two meals, $114 per person triple; $144 double (effective April 15-Dec. 15, 1971). Many extras, too. See your travel agent, or call Glen W. Fawcett, Inc., Los Angeles (213) 388-1151, San Francisco (415) 434-0660, Seattle (206) 682-1981. In New York call (212) 247-4688; Chicago (312) 372-4489.

MAUNA KEA BEACH HOTEL

ON THE ISLAND OF HAWAII

Operated by Rockresorts, Inc.

ELLS MARUGG

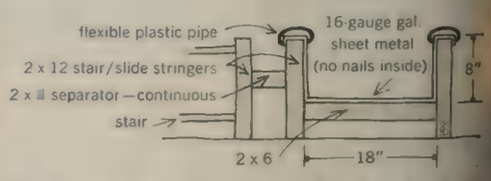
Ride down *is worth climb up. Slider's landing is cushioned by layer of crushed bark*

Instead of steps, why not slide?

The fastest way down from the upper level of this garden is to take the 35-foot-long slide. The children like it because it gives them a good, long ride. Most adults also find the slide irresistible, and their descent is invariably more hilarious.

The slide is a trough formed by 2 by 12-inch sides and lined with 16-gauge sheet metal. The metal sheets were lapped 2 inches like shingles, formed up the sides, and nailed along the top. The smooth handrails are sections of flexible plastic pipe, slit, slipped over the sides, and nailed along the outside edge. The metal is supported underneath by 2 by 6 cross members spaced every 2 feet.

The landscape architect was William Louis Kapranos for Mr. and Mrs. Richard Ocheltree of San Rafael, California.



To prevent splinters, *slide handrail is 4 inches away from the step stringer*

The 'Super-Graphics' Collection: it's a revolution in rugs as Fieldcrest goes the bath one better. With striking geometrics that go everywhere in style. Down the hall. Up on the wall. Beside the bed. Wherever you want a spark of ingenious color-works. And they're terrific in tandem, creative as building blocks. Discover 'Super-Graphics' in super colors at the stores you love most. $15. They're here for everywhere. Fieldcrest®
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60 West 40th Street, New York, N.Y. 10018.
'Super-Graphics' are now/Only Fieldcrest does it like this.

What's a nice lady in a fire hat doing in a furniture ad?

Simple. She is one of the famous personalities in Breuners exciting new "Colorful Californians Contest." *Over $7500 in prizes* . . . plus one of the most colorful shows we've ever presented! To have some fun (and to let you have a look at our huge collection of furnishings) we are decorating rooms in our stores in the color motifs of half a dozen colorful Californians of the past. To enter the contest, just pick up the official entry blank at any Breuners store, and mark down the "official" colors that match the personalities. There will be plenty of clues, and there's nothing to buy. The grand prize will be a free $2,500 Shopping Spree. In addition there will be color TV sets and hundreds of other valuable prizes. "Colorful Californians Contest" ends April 24, 1971. In the spirit of things, we are going to give you a big clue. The lady in the fire hat was a firebrand of her day. From the time she was a small girl, she loved to chase fire engines, much to the dismay her aristocratic mother. Even after she got married, she cou frequently be seen chasing a fire engine in the middle night, garbed in red shirt and firemai helmet. For her identity, turn pa upside down.

ne was, of course, Lillie Coit (1843-
929), the gracious, fun-loving lady
ho gave her name to the famed Coit
ower, a San Francisco landmark. You
ould have no trouble picking *her* offi-
al color—just look at the "Lillie Coit
oom" pictured above.

Breuners
COMPLETE HOME FURNISHERS SINCE

Oakland, Daly City, San Carlos, Pleasant Hill, Richmond, Vallejo, Campbell, Sacramento, Stockton

ELLS MARUGG

ıese slippers *fit comfortably because ? instep is made of soft stretch fabric*

Washable slippers ... easy to make

ɔu can buy washable slippers, but if u want to match a robe or pool wrap d you like to sew, you can make a ir for less than $2.

rst, in a notions department, buy a ir of foam latex insoles one size larger ın the foot size you wish. Use these guides when cutting your material. ɔu'll need heavy duck or lightweight ıvas and stretch fabric.

r each slipper, set an insole on a dou- layer of duck and cut two pieces 1 :h larger all around to allow for seams d optional top stitching.

:xt, cut out the instep, a piece of etch fabric folded double ("stretch" d fold should be across the foot). ake it half the length of the sole plus ım allowance, plus a 2-inch excess at ? fold line (to allow for the arch of the :tep) tapering down to the toe. Pinch s excess temporarily toward the center d place between the two pieces of ck; line up edges of sole and instep. ırting at the heel, sew a ½-inch seam ɔund, leaving a 3-inch opening on the el end.

ırn inside out through the opening, in- t insole, then try on foot. Hand stitch ? opening, and top stitch with machine around if slipper is too roomy.

put color in your life with white

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To see the complete collection, send fifty cents for a brochure to White Furniture, Dept. SM-04, 1355 Market Street, San Francisco, Calif. 94103

White of Mebane

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See it at your Zenith dealer's.

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And that goes double for the money you put in U. S. Savings Bonds. Because this money helps two important ways.

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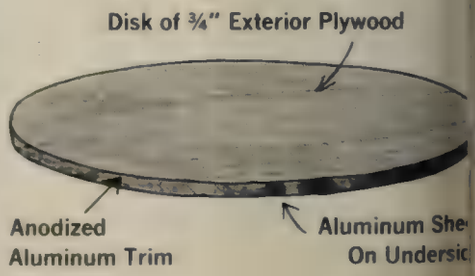
ELLS MARUGG

Plywood cover *protects barbecue pit and also serves as a table*

Cover also serves *as a heat guard under pit when a fire is lit*

Plywood disk converts a barbecue into a table

This large plywood disk is a cover for a portable metal barbecue-firepit. It keeps rainwater from rusting the metal, and also lets you use the unit as a coffee table. These metal firepits can radiate considerable heat downward—an especially important point when it's used on a wooden deck, as this is. The underside of this plywood disk is faced with aluminum sheeting. When a fire is to be made, the cover is taken off, turned over, and set on the deck directly beneath the metal bowl of the firepit.



Consider the alternatives

Getting away from it all doesn't have to mean getting away from all of it. In Oregon, you can still be near all kinds of civilized diversions. The Shakespearean Festival in Ashland. The wild and wooly western rodeo in Pendleton. Golfing at any one of a hundred courses. Horse racing. Beautiful parks. Portland's Japanese Gardens and other cultural attractions. In short, you won't be short of things to do. So this year, vacation in Oregon and relax in a state of excitement.

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Travel Information, Room 31
State Highway Division
Salem, Oregon 97310

Please send me some alternatives to consider (check which).

- ☐ Full-color vacation booklet
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April is "Aquativity" Special Promotion Month at your Mercury Dealer. See him soon.

DON NORMARK

Canvas slings *have 3-inch side hems for strength, looped ends (pipes pass through)*

Sling swing with room for three

This three-person swinging deck chair hangs from a sturdy overhead beam, pipe, or tree limb, and you adjust its height and backrest angle by taking up or letting out the lengths of chain that support it. You can even hang it horizontally and use it as a hammock.

Graham A. Davey of Tucson built it using 1½-inch-link chain, 53½-inch lengths of pine 2 by 4's for the ends, 78-inch lengths of 1¼-inch galvanized pipe for the sides, and 3 pieces of marine canvas 31 by 66 inches as seat slings.

Split link *connectors make it easy to adjust chains*

Eye bolts *go through pipe, hold wooden ends in place*

There's an easier way.

Sure your garden is crawling with a great variety of insects. But you don't need a great variety of insecticides to control 'em. In fact, all you need is one... Spectracide®.

Spectracide (with Diazinon®) controls virtually every insect known to gardens. Mites, ants, chinch bugs, aphids, leaf miners are just a few examples.

Protect your lawn, shrubs, flowers, fruits and vegetables with Spectracide. Available in liquid concentrate, granular or pressurized spray, at your nursery or garden supply center.

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Getaway.

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You want to go.

But there are so many reasons why you don't.

All those places, prices and promises.

The airline that clears all this up is going to make a lot of people happy.

While it won't be hurting itself either.

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We give you three Getaway Brochures. One on America, one on Europe, and a third on Africa, Asia, the Orient and the Pacific. They help you decide where to go, and then guide you through the maze of prices for getting there

We offer you the Getaway Card.® No yearly membership fee. No minimum income requirement. You can use it to charge airfare, hotels, meals, cars, you can even cash checks in most TWA ticket offices. And then take up to two years to pay.

TWA's Getaway Program also gives you TWA. America's number one vacation airline. The only one flying all over America, Europe, Asia, Africa, the Orient, Pacific, all over the world.

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Miss

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My travel agent is

GLENN CHRISTIANSEN

Oversize table *is good looking and sturdy, and stands solid on its pedestal base*

When a family asked him to design a circular table seating eight for dinner, Rick Morrall of Palo Alto, California, came up with this solution. No clamps were needed in the table's construction —it's glued together in a very simple way. The materials cost $45.

To duplicate it, you'll need about 200 linear feet of clear, square-cornered 2 by 2's; a quart of resin glue; 8-penny finishing nails; a 28-gallon paper drum; 40 28-inch lengths of 1 by 2; ¾-inch tacks; and a 20-inch square of ¾-inch plywood.

Assemble the 66-inch-diameter top by working from middle out, gluing each board continuously and nailing every 8 inches. Use a yardstick as shown in the photograph below to direct nail placement. Nail one end at center and drill a pencil-size hole at circumference. Build up 10 boards each way from the center at a time, then let dry overnight on a flat surface.

When all pieces are glued, cut along the marked circle with a saber saw.

The base is made from a standard 28-gallon paper drum. Measure up from floor 28 inches and cut off remainder (about 2 inches). Cover drum with 1 by 2's notching each about ¼ by 2 inches to fit over metal ring at bottom. Glue each generously and hold in place with ¾-inch carpet tacks (four per slat) from the inside. After about half the drum is covered, place slats loosely around unfinished part to determine whether remaining 1 by 2's will have to be planed or sawn to fit.

Cut the ¾-inch piece of plywood to the inside diameter of barrel and attach to tabletop with several screws. For a large table like this, you may want to brace the top with a 2 x 2 crosspiece. Sand well and apply three coats of oil sealer.

The top is 2 by 2's glued, the base is 1 by 2's around a paper drum

Yardstick, *nailed at center, has pencil hole on circumference*

DARROW M. WATT

Base slats *are glued and tacked to a cut-down paper barrel*

Handy tool kits for a lady when husband's not in reach

Vomen often find that fixing things hemselves is easier than waiting for a andyman or a husband to do so. And dequate tools make household repairs lot easier. The trouble is, tools often isappear when they're needed. A well rranged kit helps keep them together. hown here are three kits for the fix-it ıdy—no one can properly tighten loose crews with a paring knife, or hammer nail straight with a shoe. The tool ssortments pictured here and on the ext page will take care of the common pair chores about the home, and cost ıly about $10 for the A and C groups, $3 to $6 for the B group.

Two young women on our staff familiar with leaking faucets and stuck drawers helped to assemble the A and C assortments, choosing the things they'd most like to have when no help is available from a man who has the tools and the know-how. Kit B was bought already assembled in a store.

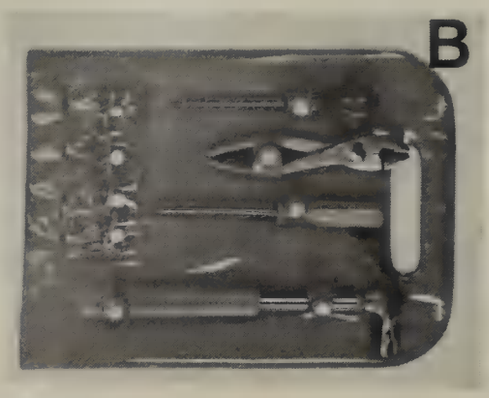
Kit A and Kit C (shown on the next page) contain some interesting individual choices by members of our panel of ladies. For Kit A one of them specified a magnetic tack hammer so she would not

ELLS MARUGG

Kit A

A simple miniature carpenter's tool box, made of plywood, this one's just long enough to hold a hammer.

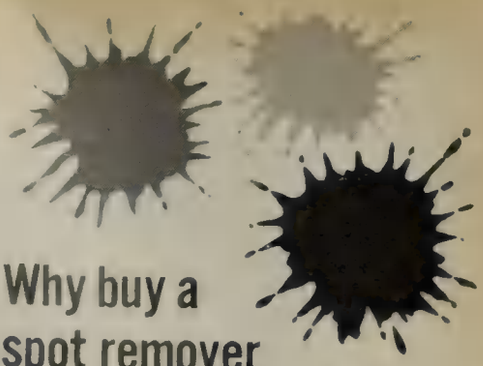
Pair of gardening gloves
Assortment of small nails in plastic box
Assortment of twist drills (up to ¼-inch)
Inexpensive hand drill
Large inexpensive adjustable pliers (will also serve as a wrench)
Magnetic tack hammer that will hold a small nail to start it (rather than using your fingers)
Set of small box, open-end wrenches
Three screwdrivers—one medium and one small regular, one Phillips
Heavy-duty clear plastic tape
Roll of 20-gauge galvanized wire
2-inch paintbrush (for cleaning such things as the refrigerator's radiator, and furnace outlets)
Needle-nosed pliers with wire cutter
Spray-on lubricant
Multipurpose wood and metal saw
Small tape ruler
Putty knife



Kit B

This purchased kit has a stiff plastic-covered back so you can hang it up.

Large screw-type awl
Ordinary pliers
Medium-sized screwdriver
Small carpenter's hammer
Pouches of assorted nails and screws



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Energine® removes just about any grease spot from practically every kind of fabric...quickly, easily, surely. But that's just the beginning.

Energine also cleans car upholstery and whitewall tires, typewriter rollers. Cleans greasy lawn mowers, bicycles. Removes fresh paint, chewing gum, tar. Does dozens of other clean-up jobs.

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7S

ELLS MARUGG

Kit C

A good-sized old purse, as shown at top of the above photograph, makes an excellent case for this set of tools. It is easy to carry and easy to store.

Assortment of nails, tacks, staples, and screws in a plastic box
Sandpaper and sandpaper block
Small carpenter's hammer
Set of eight small screwdrivers in plastic case, with a handle to fit
Can of lightweight household oil
Small tape ruler
Utility knife with retractable razor-type blade, and extras stored in handle
Small needle-nosed pliers
Ordinary pliers
Adjustable wrench, 8-inch size
Small level (to use mainly for squaring pictures on walls)
Small screw-type awl (for starting holes for nails and screws)
Small bottle of white glue

bang her fingers when driving a nail. She chose a large pair of pliers, so she would have more leverage on hard-to-turn fittings. And she included a paintbrush, not for painting, but as a versatile cleaning brush.

For kits like these you do not need the expensive tools a carpenter, plumber, or mechanic needs for his day-long work. Inexpensive foreign-made tools—the kind that are sold for about $1 each at hardware stores—are ample for the occasional time they are needed. To keep the tools in good condition, it's advisable to put a drop of oil on the working parts; wipe off the excess oil.

A dog is something like a child.

He trusts you to keep him clean and healthy.

Clean, comfortable and healthy...with the services of your veterinarian, along with a nourishing diet and plenty of love. That's really all your dog needs. Caring for your dog is so much easier with quality pet-care products from Pulvex.

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WENKAM-SALBOSA

Raised planter *(26 inches) brings plants closer to eye level, is open at bottom for good drainage*

Each side *of the twi washbasin island is ope to the raised plante*

Idea from Hawaii . . . the bath that seems half out-of-doors

For the sybarite there's nothing quite like taking a shower or bath outside surrounded by greenery. It's highly unlikely you have the perfect conditions outdoors, but there are ways to bring the garden feeling inside without undue compromise.

For example, it's often possible—with some remodeling—to open the bathroom wall to the outside by means of sliding glass doors, and then use wood screens and carefully chosen plants to create a small, private garden.

Or build a bay window of patterned glass for privacy, leaving a generous ledge for plants. One section should have louvers for ventilation. Such a window could function like a small greenhouse.

In the two photographs above, plants grow in a giant (6 by 8-foot) concrete-sided planter within the bathroom itself and can be seen from the shower, the lavatory-dressing area, and the deep, Japanese type bathtub. Three windows of patterned glass let in light from the garden outside with no loss of privacy. Fixed wood louvers above the planter filter the overhead sun. In the lavatory-dressing area, a luminous ceiling (fluorescent tubes behind an "eggcrate" screen) boosts the light and offsets glare from the glazed planter walls. Architects Johnson and Perkins designed the house and planter for Dr. and Mrs. William H. Wilkinson, Mililani Town, Oahu.

The garden pictured at right remains outside; but when the bifolding louvered doors are open, inside and outside spaces function as one. The 6 by 15-foot-long garden, which also extends along the house outside a bedroom, is enclosed by a 5-foot solid wood fence. Insect screening covers the high section above the fence and reaches across the top. Architects were Belt Collins & Assoc. Ltd., for Walter K. Collins, Honolulu.

Step out *of the tub or shower here and you have the pleasant sensation of being outside*

They say you're part of the West.

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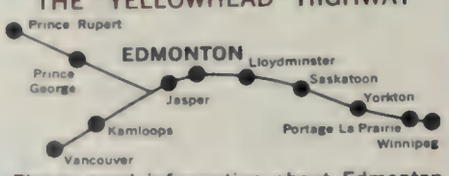

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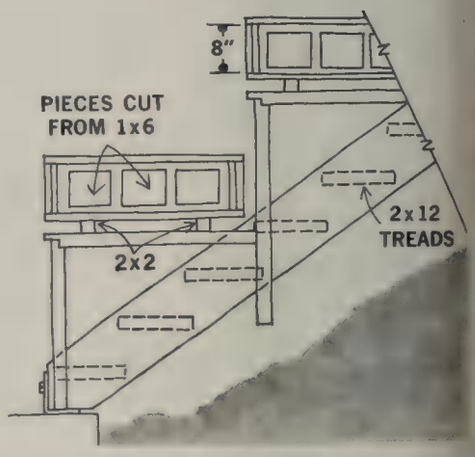
ELLS MARUGG

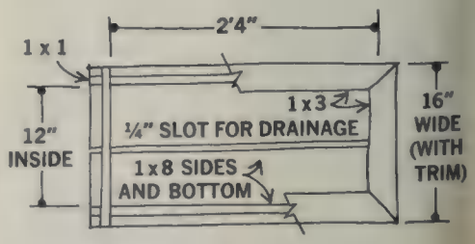
Trailing fuchsias *overflow the planters in summer. Bulbs provide spring color*



Strong shadow patterns *were made by nailing lengths of 1 by 6's to the sides and ends*

Planters rise beside the steps

Six wooden planters take the place of a second railing on these garden steps. Bright with flowers in spring and summer, they make the stairway a showplace: Seen from the side or below, the steps resemble a series of plant display stages. Design was by architect Ernst O. Meissner of Menlo Park, California.



TOP VIEW

Are you a blue, purple or pink?

It's not important really. In any package color you have good taste. In the blue package, you find the original *sourdough* English muffin. It's partially split at the bakery for those who prefer the classic rough-textured halves. The purple package brings you the same authentic muffin with an extra lift in the tang of sourdough. In the pink (or is it magenta?) package, we again slice our muffins for toaster convenience. When is an English Muffin just right to your taste? We think that you'll convince yourself that we have arrived at the just-right muffin texture and flavor; a sourdough tanginess and a satisfying blend of crispness and chewiness.

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THE $150 DIFFERENCE

When we made our table of the future, we gave it one thing from our past. You can see this in the swooping arcs of mozambique, that support the glass like a piece of sculpture. For this rare wood from the African tropics was worked up and burnished by hand. Only practiced hands, working the old fashioned ways, can persuade the reluctant wood to yield its colors. Can coax out the sepia, the beige, the rare rose, the ebony black.

And only more money can buy it.

It's this old habit of patience and detail that makes our glass-top table cost $150 more than another. And that makes our whole new Millennia collection so unexpectedly different from other modern furniture. Feel under the top of a dresser for the hidden crossbar that will support any weight. Look at the door hinges, full-length for sturdiness. Notice the curving sides which soften the style...unusual in modern designs, for it takes an old skill to arch a stress piece.
This is why Heritage modern will cost you more. And why you'll get a piece of work that's timeless.

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HERITAGE
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Table designed by David Butterworth with chief stylist Marion Pratt. For our catalog and room planning kit, send $2 to Dept. S 4-71, Heritage Furniture Co., High Point, N.C. 27261.

At first look *(above): shelves and cabinets. At second look (right): wooden decoration has become a table leg for pull-down sewing table*

Sewing center that goes into hiding

isguised behind the handsome cabinet-ork above is a sewing center. It's at one d of a living room where things some-nes must be straightened up in a hurry.

ne cupboard face on the right pulls wn to form a table. Its 10 by 30-inch coration is the leg, composed of five eces of redwood (1 by 2's on edge and by 4's flat) nailed and glued together ter they were decorated with the dado t of a radial arm saw. The leg is nged at the top to a 23 by 51-inch ahogany plywood panel that serves as sewing and cutting table. The panel is nged at the bottom to the lower shelf.

hen not in use, the portable sewing achine sits in the cupboard against a ck wall of pegboard that holds various wing tools. The pegboard is nailed to by 2 spacers on the wall.

ree cupboard doors across the bottom (hinged on right sides) open by means of vertical mahogany door pulls in the middle of each.

Owner-architect is Lawrence Steiner of Palo Alto, California.

Table leg *is five lengths of redwood, routed decoratively, nailed and glued*

My friend on Wall Street lives in La Jolla

Every woman who has $10,000 or more to invest should have a friend like Mansfield Mills. He lives in La Jolla because he wants to. But he's an investment counsellor.

He invests millions of dollars of other people's money because they don't have the time—or the training—to seriously study the stock market. True, he charges for the service, but not much. And he understands investment management.

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On windy days *owners close rolling doors (inset window panels are plastic-coated mesh), and pull canvas curtains across opening, fasten to vertical post at left*

On calmer days *they open up the patio. Both doors in background roll to sides. Without protective structure, banana, avocado (in left corner) would be tattered and torn by the wind*

ELLS MARUC

Before *shelter was put up, patio was fully exposed to winds down hill*

For their windy patio . . . an open or shut wind shelter

Prevailing winds, strong enough to blo furniture around, discouraged outdoo living on this patio. It was hard on th plants, too, whipping them about an tearing some of their large leaves.

The solution is this garden structure th can be opened, closed, or curtained t control the wind—shut it out complete or reduce it to a more tolerable coolin breeze. Landscape architect Willia Louis Kapranos designed it for Mr. an Mrs. Jack Castor of San Rafael, Ca fornia.

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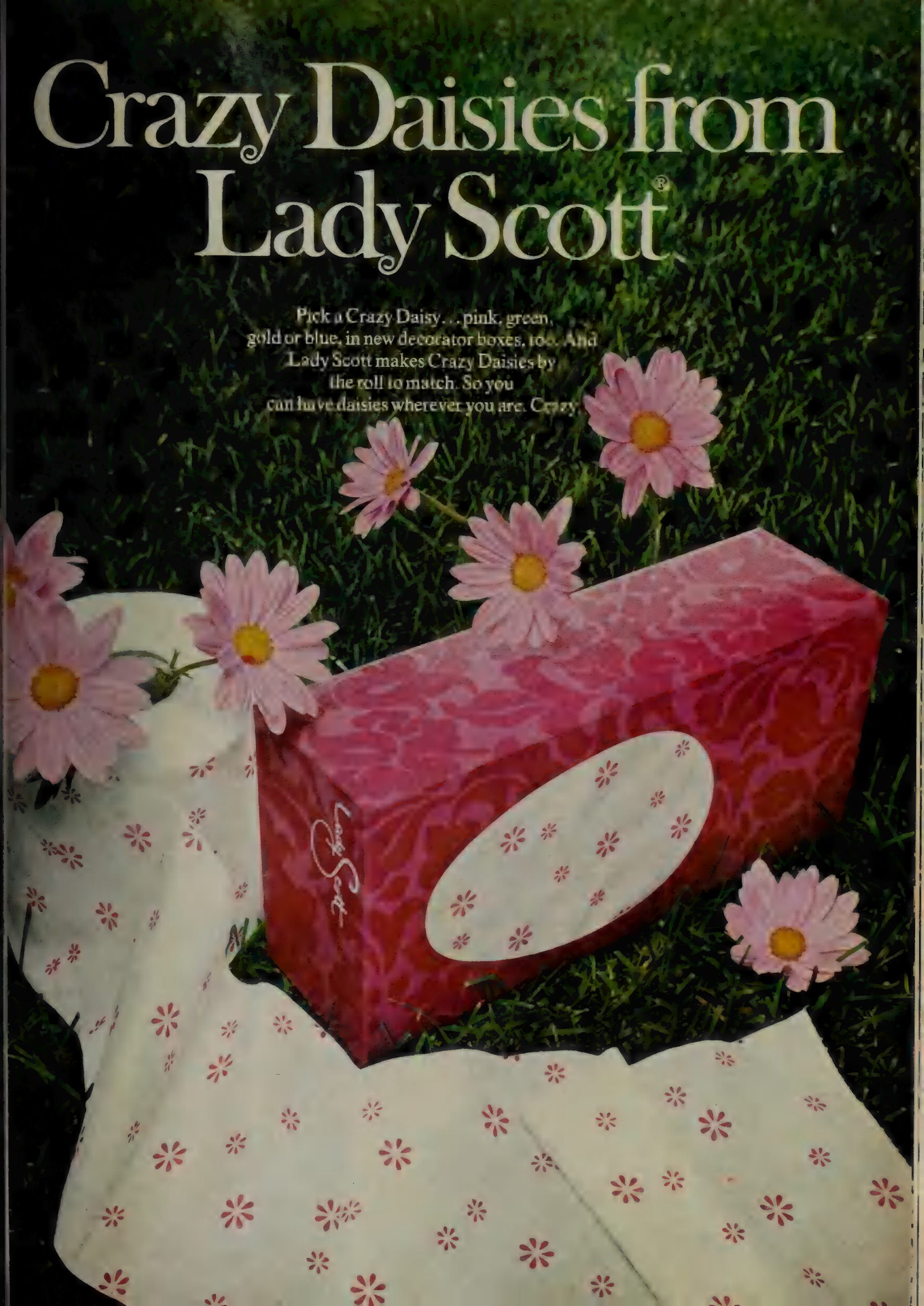
Pick a Crazy Daisy...pink, green, gold or blue, in new decorator boxes, too. And Lady Scott makes Crazy Daisies by the roll to match. So you can have daisies wherever you are. Crazy.



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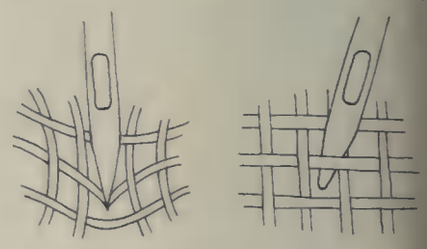
The warmth of traditional English design prevails in this commode table from the Windsor Group. One of ten handsome tables and cabinets designed to complement any furniture style, any decor. Solid pecan and pecan veneers. Finished in either light pecan or Mahogany. Claffslate tops available on certain pieces. To see the complete group, as well as other distinctive designs from Gordon's, send one dollar for a brochure.

GORDON'S

Sewing new knit and stretch fabrics

Some of the newer knit and stretch fab rics require different sewing technique than conventionally woven fabrics. Sinc these new materials stretch, slip, and cu easily, some manufacturers have deve oped pins, needles, and sewing machin presser feet especially for use on them.

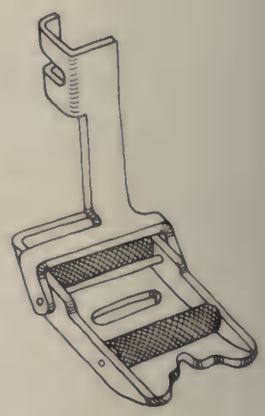
"Ball point" needles and pins have rounded point. They push fabric yarn aside, rather than piercing and cuttin the fabric (see sketch below). Sever sizes of needles for the machine ar available for use on fine lightweight kn



Regular *point (at left) cuts, pierces fabric; "ball point" (at right) pushes yarns aside, avoids cutting*

fabrics, like nylon tricot, medium cotto and polyester knits; and on heavi stretch fabrics, like ski pants fabrics an heavy elastic. Pins, by the box of 30 cost about 70 cents; needles are abo 75 cents per package of five.

The roller foot, sketched below, for u on stretch fabrics is attached in the san manner as a conventional presser fo On its base are two rollers; these faci tate the cloth feed for work on sever layers of fabric, or on sticky, stretch or slippery fabrics. They prevent o layer of fabric from slipping away fro the next. The foot costs about $1.50 ar adapts to most machines.



Roller *foot aids feeding layers of slippery, stretchy fabric through sewing machine*

dy Pepperell can do wonderful things for your home.

Fireworks . . . Lady Pepperell's way for you to celebrate each new morning.
parkling print on towels, Vellux blankets and Dacron* and cotton sheets and pillowcases,
v with Presslin 303 — the permanent permanent press.
festive this spring. Fireworks for your bedroom and bath.

Point Pepperell

*Du Pont

Helper passes *buckets of concrete (via rented mixer, wheelbarrow) to owner who is lining uppermost pool. Rock retaining wall, also part of project, has depression for spillway*

Built-it-himself... 65 feet of rapids, waterfalls, pools

RICHARD FISI

Completed project *seen from same angle as photograph at upper left. It's as if the watercourse had always been there*

Reflecting surface *near upper left corner is lowest pool; rapids are hidden by shrubs*

Inspired by a fountain he saw at a friend's home, then dismayed by $1,000 and $1,200 bids from contractors, Don Robertson of La Crescenta, California, built this natural-looking watercourse himself for a little more than $300.

He dug the excavations in the evenings after work. Then with the occasional help of two friends, a teen-age boy, his wife, and two youngsters, he put in plumbing, concrete, and stonework in four weekends. The result: a connected series of rapids, waterfalls, and pools that extends more than 65 feet down a steep bank at the rear of his lot.

The system contains about 300 gallons of water, and is recirculated by a ⅓-hp submersible pump. There's a 15-foot vertical lift from the lowest pool to the top of the first waterfall. For convenience, the pump can be switched on either from the garden or from the house. Replenishing water that's evaporated can also be controlled at the house. For cleaning purposes there's a drain in the bottom of each of the two lower pools.

"We all enjoy the watercourse, especially on hot summer days when the sound of babbling water makes you feel cooler. Several thousand tadpoles have been hatched in the pools, birds and animals come to drink, goldfish have thrived in them, and kids and dogs fall in from time to time—all of which adds immeasurably to our family pleasure."

Robertson also feels that his children and their friends have learned a lot about nature observing the creatures and plant life in and around the watercourse.

Since these photographs were taken plant material has grown to soften the look of the rocks that edge the rapids and pools, and garden lights have been installed.

Fondue Bourguignonne shouldn't be treated like an everyday french fry.

Fondue Bourguignonne—an easy and tasty European delicacy.

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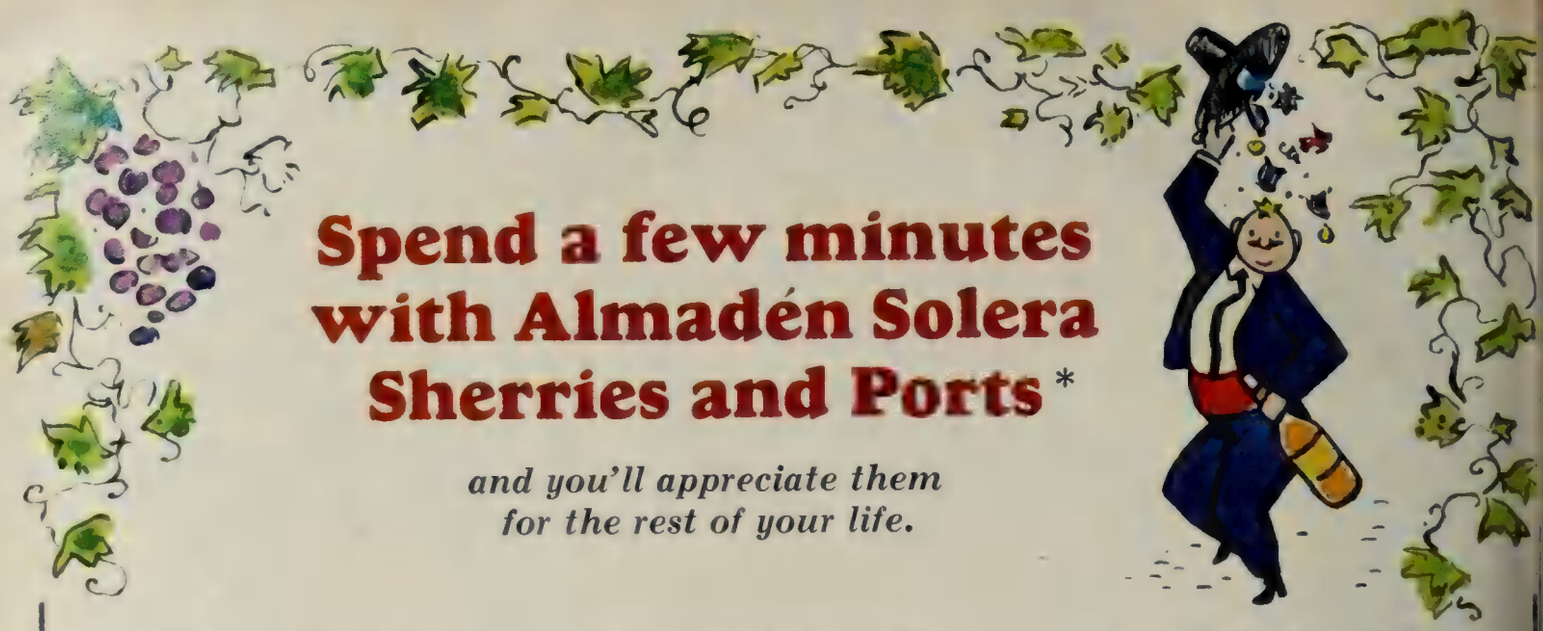


Spend a few minutes with Almadén Solera Sherries and Ports*

and you'll appreciate them for the rest of your life.

Flor–the remarkable cause of Sherry

Around the 1st Century B.C., a unique yeast started to materialize from the Spanish air quite suddenly, at vintage time. A snowy, whipped-cream-like surface bloomed over some, but not all wines. It looked like an enormous, white lily. So the Spanish called it *Flor* for flower. Gradually, all the lighter, finer wines thus began to flower...their bouquet changed, and their character deepened...they became dryer, crisper, and acquired more nose...the first Sherry was happening.

And now, 2000 years later at Almadén, this miracle is happening beautifully in California. Here's how it developed.

The Sherry grape

The golden Palomino grape–the essential start of the best Sherry, was brought over from Jerez, Spain and planted in the rich soil of California. It was a perfect fit. At this point, two essential ingredients for fine Sherry had been brought to Almadén: *Flor* yeast and the Palomino grape. Next we swung our attention to method, and realized that the Solera system–that process used originally in Spain–was the only way to produce highest quality Sherry. And that required special barrels.

White oak from Tennessee

The best wood for aging Sherry is white oak from Tennessee; even the Spaniards haven't found another oak as good. So we arranged to have white oak cut down and shipped regularly to Spain; there, with skilled hands, Spanish coopers shape it into butts or casks. These are returned to Almadén where they hold the wine in two important stages. The first is in what the Spaniards call a *Criadera* (literally, a nursery) where the dry, young Palomino wine takes on the *Flor* flavor. Next is the *Solera*.

The Solera System –2000 years old.

A vast, dim room holds tier over tier of small oak barrels–some 20,000 in all. The young wine is poured into the topmost tier. What is drawn off for Sherry comes from the bottom tier–and never more than a third of a barrel at a time; this is replenished from the barrel above, and that barrel from a still higher barrel. This is the Solera System: through the years, the young Palomino wine blends with the older wines, moving slowly, from barrel to barrel, until it takes on the richness and quality of its ancestors. It's easily the most expensive but definitely the best way to make Sherry. There are three Almadén Sherries, all made in this painstaking way, for you to try: *Cocktail Sherry*–as a dry aperitif to be served before dinner chilled or over the rocks; *Golden Sherry*–not quite so dry, to be served chilled on the rocks with walnuts; and *Cream Sherry*–for those who prefer a sweeter Sherry as a before or after dinner drink (or anytime for that matter).

The Port grape

The best Port grape of Portugal, the Tinta Madeira, is used for Almadén Port. Notice it on the label...you will find it on few, very few, American Port labels...it is always an indication of superior quality, of a true, varietal Port wine. Matured in oak, in the same Solera process as the Sherries, Almadén Ports achieve their maximum softness and flavor. They are made just as Port is made in Portugal. Try them: *Tinta Ruby Port* and *Tinta Tawny Port*.

*Origin California

Almadén Vineyards, Los Gatos and Paicines, California

The bunk beds *hold twin bed-size, 6-inch-high foam mattresses on plywood bases. Navy-type sideboards, above, keep youngsters inboard, hinge down for easy bed-making*

Desk *and chest of drawers at right store toys and clothes. Hand-pull drawer openings, above, have plastic billfold flaps inside to keep out dust*

Bunk beds, drawer stack, desk ... for two boys

t three pieces of furniture built by his ıer perform all necessary functions in ıtt Lewis's bedroom, leaving much of floor space open for play.

has an extra bunk bed for an over-ht guest. Below the lower one is stor-for toys.

ıng the opposite wall, 14 large drawers d clothing and toys, and there is a k large enough for two children; it be raised on bolts as they grow.

furniture is built of shop grade lauan fir plywood. Hand holes and navy hor designs were cut out with a jig-. The wood was gouged slightly and erwise "distressed" to give an antique earance. Hinges are plain steel, an-ıed with a welding torch and brazing . Total cost for materials, with care-shopping, was about $100. Designer builder was Richard Lewis of Menlo k, California.

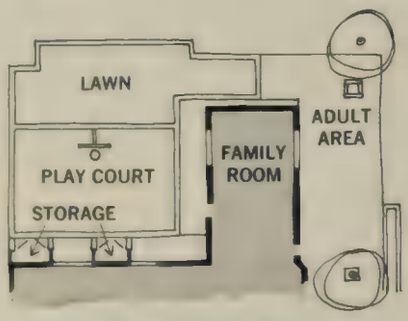
A lesson in dividing outdoor space ...between generations

Play court *designed for basketball, badminton, roller-skating. Below, sports equipment goes into storage units built out from house wall*

On a suburban lot, 82 feet wide, can you have a play court for three active children and their friends and also a secluded, quiet outdoor area for adults? It's a tall order, to be sure, but the home of Mr. and Mrs. John A. Reed, Jr., in Anaheim is proof it can be done.

The available rear lot space was split by a projecting family room wing. On one side it opens to the children's area; on the other, to an entertaining deck. The house wing functions as a sound buffer between these areas.

The landscape architects were Hamilton-DiLallo Associates, Inc. (a division of Tariq M. Shamma Associates, Inc.).



Adult and family *entertaining area has built-in seating, fire pit, gas-fired barbecue*

RICHARD FISH

Holland, 800 years ago.

A flat, quiet land. Vast pastures, grass grown rich in the black-brown earth reclaimed from the sea.

People here and there. But mostly cows, fat black-and-white Friesians, milk cattle. Grazing, sleeping, little more.

Their milk, in deep tubs, quickly forms curds. Curds pressed round in wooden molds, then taken out and set on shelves. To age. To become cheese.

Months later, the cheese, rubbed with oil and colored cloths. Glistening, bright with trademark coat of red or yellow, off they go to market.

Holland, today.

Edam and Gouda cheese. Made with that same rich milk, from the same dark-earth fodder, with the same Dutch care. Because there is no other way.

"Holland Edam, Gouda, and Baby Gouda" by Burton Silverman

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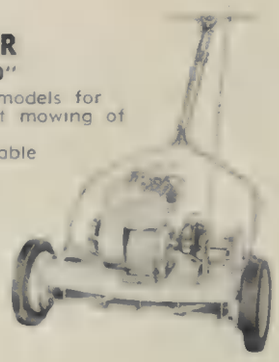
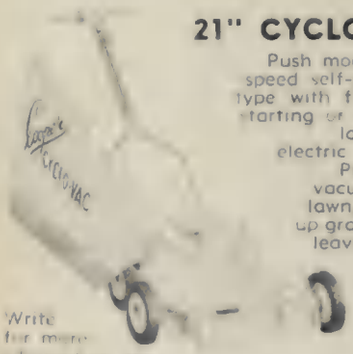
KLIPPER
18" and 20"
5 and 6 blade models for smoothest, safest mowing of all type lawns. Rugged, dependable construction with plenty of power, easy cutting height adjustment, and all controls on the handle.



21" CYCLO-VAC
Push models or 2 speed self-propelled type with finger tip starting or the very latest key electric starting. Practically vacuums the lawn, picking up grass, twigs, leaves, while mowing.



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DARROW M. WATT

Maple-topped *island, 27 by 36 inches, is baking center, chopping top*

This kitchen's crossroads is a maple-topped island

A chopping block island is the center of all meal preparation in the Paul Atkins kitchen in Ross, California. It gets constant use as a baking, chopping, and carving surface. The island was designed by Janean.

When the surface is used for chopping vegetables, they're collected in a stainless steel bowl that is set flush in the surface; afterwards, the bowl lifts out so waste can be dropped into a plastic-lined drawer below.

Plastic-lined *drawer on one side of island holds waste; bowl fits into cutout in top*

Starshine *waits in front of the shallow pet food cabinet*

One side of the island serves baking needs: Flour and sugar are kept in metal-lined drawers, utensils in divided drawers, and pans and cooky sheets in a vertically slotted cabinet.

The opposite side has a shallow cabinet lined with adjustable shelves to hold canned food for the family's pets.

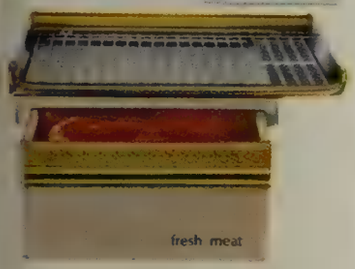
Another Amana® exclusive: '5-Zone' refrigeration. Five independent temperature zones you control for better food keeping.

No foods are created equal, so they shouldn't be treated as equals. That's why an Amana Side-by-Side refrigerator-freezer has five independent temperature controls—one for each temperature zone.

1 **0°** The Amana Side-by-Side family size freezer. You can set the freezer for safe zero degree "temperature" freezing without changing temperature in the refrigerator. Amana's exclusive Frost Magnet keeps it Free-O'Frost, naturally.

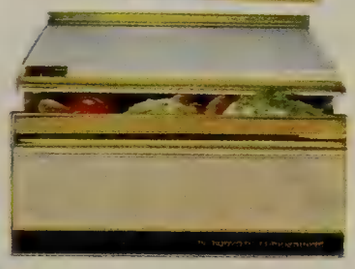
2 **38°** The Amana Side-by-Side family size refrigerator. Dial the temperature you want without affecting the freezer. Exclusive SENSI-matic Control even allows for door openings. If the temperature rises as little as 1½° SENSI-matic allows more cold air into the refrigerator. When the temperature drops, it shuts off automatically.

3 **32°** The Amana Side-by-Side exclusive meat keeper. A "refrigerator-within-a-refrigerator" with its own temperature control that keeps meat fresh twice as long as ordinary keepers. Instead of having a blast of drying air blowing directly on the meat, a blanket of super-cold air surrounds the meat pan. Meat stays fresher longer.

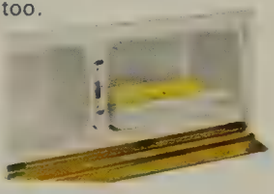


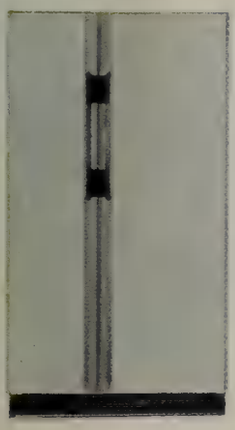
SD-25-G-1

4 **34°** The Amana Side-by-Side Hi-Humidity Compartment. It has a blanket of cold air surrounding it. That way, no air blows directly on the vegetables. Vegetables keep fresh and delicate for up to 3 weeks. All you do is set the compartment's temperature control . . . temperature and humidity are regulated automatically!



5 The Amana Side-by-Side three position butter conditioner. You keep butter at the spreading consistency you like. Comes with its own unbreakable butter dish, too.





Those are the 5 zones, but there's a lot more to an Amana Side-by-Side than that. Our Side-by-Sides are packed with features that would fill this page and more. Which is why we suggest you see your Amana dealer.

Amana Side-by-Sides are available in 17, 19, 22 and 25 cu. ft. models. The 25 and 22 are only 35¾" wide, the 19 and 17 just 32" wide. Available in two-tone avocado, coppertone, Autumn Gold or white. Decorator fronts are available at extra cost. There are 329 of them to choose from.

Features may vary depending on model and size.

For full information write Department 137

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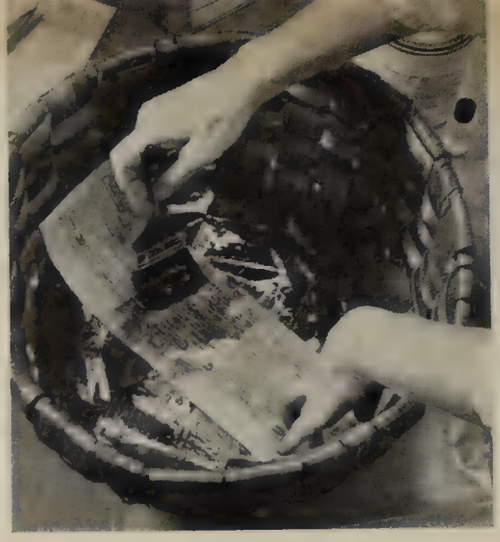

Line basket *with alternating layers of newspaper strips and resin. Photograph on right shows basket holding four piggyback plants (Tolmiea). Clay pots rest on gravel*

DARROW M. WATT

Plants grow in baskets that are mysteriously waterproof

Natural woven baskets add warmth and texture to house plants. But watering is a problem. You can line the basket with a plastic bag or aluminum foil but the bag usually breaks and the foil tears.

We've found a very simple solution to this problem. Coating the basket interior with polyester resin and newspapers makes it waterproof and rot-resistant.

You'll need clear polyester resin and hardener (about $2.50 for a quart of resin with hardener in a separate container), a brush, acetone for cleaning the brush, and some newspaper strips. A quart of resin is enough for about three baskets of wastepaper size.

Cut the newspaper in 4-inch-wide strips the length of the basket diameter plus about 10 inches (allow the strips to go up about 5 inches on each side). Make sure you work outdoors: The resin fumes are both dangerous and strong-smelling. Protect your hands with gloves.

To do one basket, thoroughly mix about a third of the resin with a proportionate amount of hardener according to the directions on the can. Brush the mixture on the basket bottom and up the sides. Place a strip of newspaper to cover this. Continue with the alternate pattern of resin and paper strips (crisscrossing the strips to cover the bottom) until you have about eight coats of paper. Pour any remaining resin on the bottom of the basket and let it harden. Check to be sure you have a complete seal. If there's any leakage when you pour in water, let it dry, then mix up some more resin and recoat.

Place the plant (potted in its red clay pot) directly in the basket on a layer of crushed rock or pebbles about 1 to 2 inches deep.

Heart-leafed philodendron *is growing in a red clay pot. It drains into this resin-and-newspaper-coated basket*

Salads that speak for themselves.

crunch

Tossed salad is easily brightened up by adding *Bac*Os.*®

scrunch

Tomato Flower takes on a special flavor all its own when garnished with *Bac*Os.*

munch

Spinach salad perks up with new taste when sprinkled with *Bac*Os.*

When *Bac*Os* Vegetable Protein Product is sprinkled on salads, something wonderful happens. Once quiet salads come alive with new crunch and a flavor like bacon. Crispy *Bac*Os* from The *Betty Crocker* Kitchens help you crackle up every kind of salad, at any meal. So next time, use *Bac*Os*, and let your salads speak for themselves.

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Mirror *is for final grooming before leaving for main house or outside through door at far end. At right you see bedroom's continuous counter, built-ins*

WENKAM-SALBOSA

Children's rooms have a built-in future

Couch *can sleep an overnight guest. Beyond is closet, bath, door to main part of house*

A special wing for the children is fine as long as they're living at home. But what happens when they're no longer around? The wing designed by architects Vladimir Ossipoff & Associates for the Edwin K. Q. Yees of Honolulu takes both present and future use into account.

Now it consists of two children's bedrooms separated only by shojis (translucent screens) from a central area much like a wide hallway where the children can play or relax or entertain their friends. The central area—seen in the two smaller photographs—also contains two bureaus for clothes, and doors lead from it to a bath and closet and to an outside entrance so the children and their friends don't have to tramp through the rest of the house as they come and go.

The two bedrooms are identical. A built-in counter runs around two sides of each room. There are storage cabinets and bookcases below except where the counter becomes a desk requiring knee space and maneuvering room for a roll-around chair. That chair and the bed are the only pieces of furniture not built in.

Both rooms can be closed off from the central area for privacy. Since the shojis don't cut out all the natural light, the central area stays light and cheerful.

When the children are no longer living at home, their wing can easily be converted to a suite for a mother-in-law or other relative, for occasional guests, or for live-in help. One bedroom could become a sitting room leaving the other for sleeping. And since the wing is removed from the other main living area, it has further possibilities as a study or studio.

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DEARBORN-MASSAR

Bank *of drawers for clothes, accessory storage; vertical dividers for handbags. Architect: Herman Brookman, Portland*

DON NORMARK

Divided *sections hold sweaters, shirts; drawers below. Architect: Bradford P. Shaw, Boise*

You get more storage if you divide up the space

Surplus storage areas in bedrooms are a rarity, so skillful planning to increase usable space becomes a worthy challenge. Drawers and open shelves built into a closet, or stacked as room furniture, are possible solutions.

Folded garments are easily stored in shallow drawers or open divided units. Ideally, they should be shallow enough (10 to 12 inches) to avoid heavy piling of sweaters and shirts, preventing excess wrinkling. Accessories of odd size can be kept in open shelves divided to accommodate them.

Built-in bureaus add storage space efficiently. They can be located below or beside clothing rods or housed in a closet

Shoes *on tilted shelves; drawers below. Architect: Jedd Jones, Boise*

Each *clear plastic drawer holds a pair of shoes; clothes rod below. Owner: John Sobrato, Atherton, Calif.*

Fresh Green. New color from Kohler.

(Now the outdoors look is in.)

Go on a bathroom decorating safari. As far as your ideas take you—with Fresh Green leading the way.

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One step up, Kohler's Valencia bidet and boldly sculptured Rochelle toilet. Lady Vanity lavatory, with swing-away spout and spray arm for shampooing.

Kohler Rite-Temp (inset top). Single-control unit maintains water temperature despite changes in water pressure.

Elegant Alterna (inset lower). Style and quick-change versatility. Four accent-inserts with each handle: Teak, Walnut, White, Ebony. Alterna available in chromium or gold electroplate.

For a brochure, send 25¢ to Kohler Co., Kohler, Wisconsin 53044.

Gown By Stan Herman For "Mr. Mort"

Get ready for outdoor living enjoyment this summer

–choose from the hundreds of inviting ideas in these newly revised **Sunset** *books...*

How to Build Fences and Gates Did you know that common baking soda can give redwood a softly beautiful aged look . . . or that there is such a thing as a *horizontal* fence? This book contains not only fascinating and useful facts like these — it also presents ideas galore for exciting new fence designs and sound how-to-do-it building instructions that leave out nothing. In addition, this complete handbook tells how to build and locate screens, gates, and special situation fencing. Includes a big chapter on plantings, lighting, and decoration, plus special interest features.

Ideas for Building Barbecues This up-to-date revised edition presents the latest in all types of barbecues for Western homeowners — and all of the information you need to go ahead and build your favorite. Here are simple outdoor grills, the more elaborate outdoor kitchens, indoor grills, smoke ovens, pit barbecues, as well as metal fixtures and accessories. Complete chapters cover basic construction specifications, working with concrete, building with brick and mortar, setting stonework, and using your barbecue. The final chapter contains construction plans for 15 different barbecues.

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DON NORMARK

Louvered *storage drawers match closet above. Architects: Zaik-Miller, Portland*

of their own. For inexpensive, adjustable storage, various commercial units are available, like the plastic drawers shown on the previous page that stack to desired height and let you see what's inside.

DARROW M. WATT

Her mirror is just her size

This young lady has a mirror that's just the right size for her three years. It encourages her to comb her hair and lets her see that she's brushing her teeth properly.

The 12 by 12-inch mirror is readily available at most glass shops, which sell such squares mostly to do-it-yourself home owners who intend to put up an entire mirror wall. However, the squares also sell individually for about 80 cents each. Small adhesive pads, sticky on both sides, come with each square. You can mount the mirror at the right height for your child and then change it later (using new pads) as the child grows. You might use several for children of different ages.

So easy, even a husband could do it. In less than a day.

The Antique Kit is the fast, simple-to-apply two-step antiquing. Whether it's old furniture you wish to restore or new charm you decide to add to new pieces, The Antique Kit is a bright new concept in creative decorating. For one thing, Flecto research brings you a better finish. Its abrasion resistance is tougher, it adheres more smoothly and it hides the old surface beautifully.

That's because The Antique Kit has an alkyd base—not latex. But it does dry just as fast. Something else exclusive to The Antique Kit are the **16 new boldly classic colors.** (And the $3.79 price is attractive, too.) Pick up this handy two-step antique kit . . . in less than a day you can show your husband who's got the real talent around your place.

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ROBERT COX

Door *was cut into fence so garbage cans could be slid onto drive on pickup days*

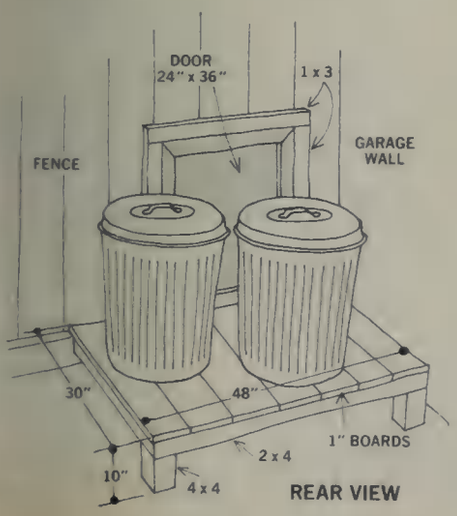
Pass-through for garbage cans

These garbage cans come out from hiding only on collection day.

The Harry K. Logans wanted their garbage cans near the kitchen for convenience, but Los Altos, California, like many other communities, requires that they be set in front of the house for collection.

So the Logans found a place for two cans near the kitchen, in a secluded corner where fence meets garage next to the front driveway. Then they cut a 2 by 3-foot hole through the fence and built a door faced with 1 by 8-inch redwood boards to match the fence.

The cans sit 10 inches off the ground on a 2½ by 4-foot platform made of 1-inch boards, as shown below. The platform keeps the bottoms of the cans dry and also has room for extra boxes of trash.



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Get rid of ugly dirt, rust—other solid matter—with an Aqua-Pure *Dirt/Rust* filter. Installs anywhere on your home water line.

Cost? Each Aqua-Pure filter costs about $37. Replacement cartridges—usually needed several times a year—are inexpensive, easy to change.

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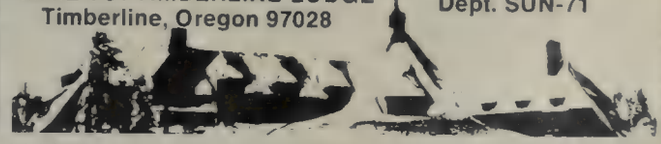

Ordinary wagons aren't designed to perform extraordinary feats of strength.

Even with optional towing packages fitted, a two-ton load can twist their frames (if they have one at all), burn out their engines and differentials.

Ordinary wagons just aren't designed to handle the big towing jobs.

But a TRAVELALL is no ordinary wagon.

You can get one to tow up to 10,000 pounds. That's up to 4,000 pounds more than the nearest competitor, and twice as much as most other wagons.

If that's more towing capacity than you need, there are other Travelall models available with maximum towing capacities ranging from 7,000 to 9,000 pounds.

All of the Travelall models get their tremendous towing strength from a variety of things—and one of them is the frame. It's tough. Because it's a truck-type frame. So it won't bend, bind or weave while towing the heaviest load.

Travelall V-8's match the frames in their toughness. They're all truck V-8's—the same ones that we bolt into our big, gas-powered highway rigs. They're built to turn out the torque at lower rpm's than automotive engines (less wear), and do it on regular gasoline (less cost). You can choose from three different V-8's—all the way from a 304 cubic-inch, 193 HP. engine to a 253 HP., 392 cubic-inch V-8.

Travelall transmissions include two 3-speeds, two 4-speeds, a heavy-duty 5-speed, a 5-speed with overdrive, and a 3-speed automatic. Like everything else in a Travelall, they're built to tough truck standards.

If you're towing anything with an ordinary wagon, you're probably tearing the heart out of it.

There comes a time in the lives of most ordinary wagons when the wagon stops steering the load and the load starts steering the wagon.

Travelall takes care of that with its rugged truck-type suspensions. On the 1010 Travelall, you get a choice of standard or heavy-duty independent torsion bars with a sway bar up front, leaf springs in the back; on the 1110 and 1210 models, leaf springs are used all around. Both suspensions have been designed with two things in mind: making the road smoother, and keeping you in control at all times.

Other Travelall features include options like 4-wheel drive; a limited-slip differential; a wide range of differential ratios; heavy-duty cooling and electrical systems; and a choice of seating capacities.

Inside all this brawn is a 124 cubic foot cargo area. That's over 20% more interior room than the largest conventional wagon you can buy.

And you can outfit the inside in a very untruck-like way, with options like deep-pile carpeting, luxurious upholstery, AM-FM, air conditioning, power steering and power brakes.

It's everything you'd expect to find in only an ordinary wagon. And more towing ability besides. Up to 4,000 pounds more.

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International Travelall. The only wagon built to tow up to 10,000 pounds.

Situation depicted for demonstration purposes only.

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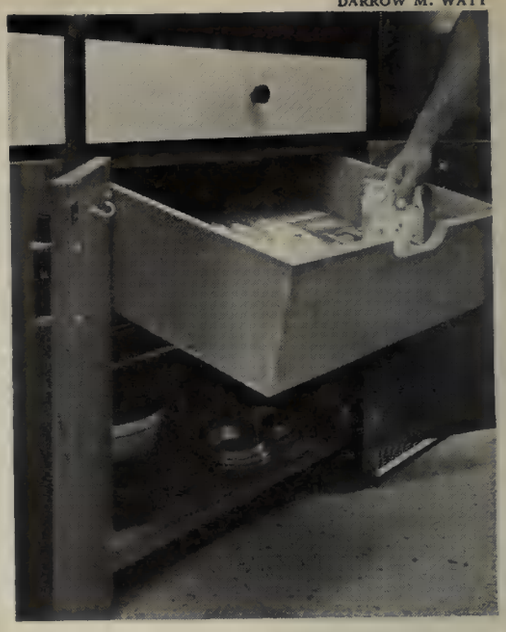
DARROW M. WATT

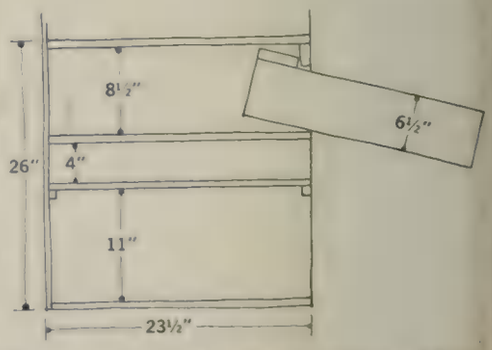


Drawer *on a cabinet shelf slides out and tilts down to make its contents accessible*

This drawer slides on a shelf

Pastas, dried beans, and other dried foods should be stored in a warm, dry place. A shelf below the oven seems ideal, but the package you want is usually buried at the back of the shelf. The solution above illustrates how a simple drawer, sliding out on an existing shelf without any tracks, can bring all the contents into view.

You can build such a shelf drawer from plywood or lumber using any type of simple drawer construction desired. Make the drawer a loose fit and check that it will clear the edges of the opened doors. Cut a notch for a hand pull in the front, and attach two small stop blocks at the rear top corners (see drawing) to keep the drawer from sliding all the way out. Assemble with white glue and nails. The owner of this kitchen also added an extra shelf 4 inches below the existing one to hold large baking pans.



Dimensions *of the cabinet pictured above. Design drawer to fit loosely inside your cabinet, adjusting measurements to suit*

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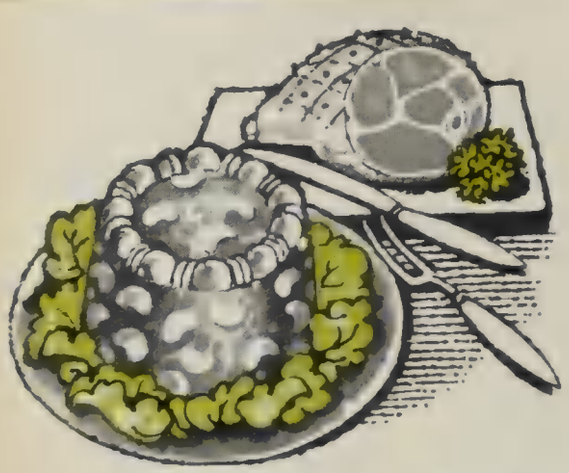
Sunset's Kitchen Cabinet®

Will your Easter dinner feature ham? Or perhaps you'll decide on a roast leg of lamb or turkey. Our spiced citrus salad makes a lively accompaniment for either ham or turkey. Marinated Brussels sprouts, scented with herbs and fresh lemon, are delicious served with lamb roasts.

Toasted sesame seeds and raisins are laced through the coffee cake, for a special brunch or breakfast. And the crunchy peanut butter cookies can



Orange sections accent this ruby red cranberry gelatin to serve with ham

Spicy Citrus Salad Mold

Sour cream dressing adds tangy seasoning to this colorful salad.

- 2 cans (11 oz. *each*) mandarin oranges
- About 1¾ cups water
- ¼ teaspoon salt
- 1 long stick whole cinnamon
- 8 whole cloves
- 1 package (3 oz.) *each* lemon and orange flavored gelatin
- ¼ cup lemon juice
- 1 cup canned cranberry juice cocktail
- Lettuce (optional)

Drain syrup from mandarin oranges into a measuring cup. Add enough water to make 2¾ cups liquid. Pour liquid into a saucepan, add salt, cinnamon, and cloves. Cover and simmer for 10 minutes. Remove from heat and let stand for 10 minutes more. Remove spices, add lemon and orange gelatin, and reheat, stirring until gelatin is dissolved. Stir in lemon and cranberry juices; chill until syrupy. Fold in orange sections and turn into a 1½-quart mold; chill until set. To serve, unmold and garnish with lettuce, if you wish. Makes 8 to 10 servings.—*G.C., Los Gatos, Calif.*

For the dressing, combine 1 cup sour cream with 2 teaspoons grated orange peel, 1 tablespoon each orange juice and honey, and ⅛ teaspoon salt.

Herbs flavor the sprouts as they chill; add fresh lemon juice before serving

Marinated Brussels Sprouts

Serve this cold vegetable dish buffet-style at home or take it on a picnic.

- 1¼ pounds Brussels sprouts or 2 packages (10 oz. *each*) frozen Brussels sprouts
- Boiling, salted water
- ¼ cup olive oil or salad oil
- 2 teaspoons chervil or parsley flakes, crushed
- ¼ teaspoon garlic powder
- ½ teaspoon sugar
- ¼ teaspoon *each* salt and tarragon
- ⅛ teaspoon pepper
- 1 teaspoon grated lemon peel
- 3 tablespoons lemon juice
- 2 tablespoons white wine vinegar

Trim fresh Brussels sprouts, cut each in half lengthwise, and wash well. Cook in the boiling water until just tender, but still bright green (about 5 minutes); drain well. (Or cook the frozen sprouts as directed on the package, drain well, cool, then cut each in half.) Put sprouts into a deep bowl. Combine in a small bowl the oil, chervil, garlic, sugar, salt, tarragon, pepper, and lemon peel. Mix well and pour over sprouts. Cover and refrigerate for at least 2 hours, or overnight; stir several times. At serving time drizzle over the lemon juice and vinegar; mix well Serve in a shallow bowl. Makes about 6 servings.—*S.B., Mountain View, Calif.*

Plump raisins and toasted sesame seeds are inside this sour cream coffee cake

Sesame-Raisin Coffee Cake

This rich coffee cake is best served warm from the oven or reheated.

- ½ cup (¼ lb.) butter or margarine
- 1 cup sugar
- 2 eggs
- 1 cup sour cream
- 2 cups regular all-purpose flour (unsifted)
- 1½ teaspoons baking powder
- ½ teaspoon *each* soda and salt
- 1 teaspoon lemon extract
- 1 cup raisins
- ⅓ cup toasted sesame seed
- Sugar topping (recipe follows)

With an electric mixer or wooden spoon, beat together the butter and sugar until creamy. Add eggs and continue beating until light. Stir in sour cream. Sift flour with the baking powder, soda, and salt; mix into batter. Stir in the lemon extract, raisins, and sesame seed.

Turn mixture into a well greased and flour dusted 9-inch tube pan (or a 13 by 9-inch baking pan). Sprinkle with sugar topping. Bake in a 350° oven until a pick inserted in center comes out clean, about 45 minutes (about 30 minutes for 13 by 9-inch pan). Cool about 30 minutes, then remove or serve from the pan. Makes 12 servings.—*V.C., Mountain View, Calif.*

Sugar topping: Mix 1 tablespoon sugar with ¼ teaspoon cinnamon.

be a lunch or picnic treat.

We invite you to send us your own best recipe creations. Mail recipes to Home Economics Department, *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Fish fillets or a steak and vegetable stew, citrus salad, raisin coffee cake

Spring Vegetable Stew

Mellow onion-soup base gives slow-cooked flavor without long cooking.

- 1 flank steak (about 2 pounds)
- 4 tablespoons salad oil or butter
- 4 medium-sized onions, sliced
- 1 teaspoon sugar
- 2 cloves garlic, minced or mashed
- 1 can (10½ oz.) condensed consommé
- ½ cup Sherry or water
- 1 rutabaga, in ¾-inch cubes
- 3 carrots, in ½-inch-thick slices
- 3 stalks celery, sliced
- 1 can (15 oz.) white or red kidney beans
- 1 package (10 oz.) frozen peas, thawed

Cut the flank in ¼-inch-thick diagonal slices; then cut in squares. Heat 2 tablespoons of the oil in a Dutch oven. On high heat stir and fry part of meat at a time until brown, 3 to 4 minutes. Remove meat from pan and refrigerate. In the pan heat remaining 2 tablespoons oil; brown onions over medium heat, stirring. Stir in sugar, garlic, consommé, and Sherry; cover and simmer for 45 minutes.

Turn up heat, add rutabagas, carrots, celery, and beans, including liquid. Cook until vegetables are tender, about 10 minutes. Add peas and return meat to pan. Cook about 2 more minutes, then serve. Makes 6 to 8 servings.—*M. C., Gig Harbor, Wash.*

Browned flank steak and tender-crisp vegetables add fresh flavors to stew

Baked Fish Fillets

Use thick fillets of rockfish or turbot, or boneless chunks of sea bass or sturgeon for this dish.

- ¼ cup chopped onion
- 2 tablespoons olive oil
- 1 can (1 lb.) stewed tomatoes
- 2 teaspoons sugar
- ⅛ teaspoon ground cloves
- 2 pounds fillets or boneless chunks of rockfish, sea bass, sturgeon or turbot (thaw if frozen)
- About 3 tablespoons melted butter or margarine
- ½ cup pimiento-stuffed Spanish olives, sliced
- 1 tablespoon capers, drained
- 1 tablespoon minced parsley

In a heavy saucepan or frying pan, sauté onions in the olive oil until soft. Add the stewed tomatoes, sugar, and cloves. Simmer, uncovered, stirring often until thickened, about 15 minutes. Pat fish dry. Brush all sides of fish pieces with melted butter. Arrange in a shallow baking pan. Bake, uncovered, in a 400° oven until fish flakes when tested with a fork, about 10 to 12 minutes, depending on the fish used.

Lift fish to a warm serving platter and keep warm. Pour any fish juices into sauce. Remove from heat, stir in olives and capers, and spoon sauce over fish. Garnish with parsley. Makes 6 servings.—*L. W., Albany, Calif.*

Serve fish pieces topped with a zesty tomato sauce, laced with Spanish olives

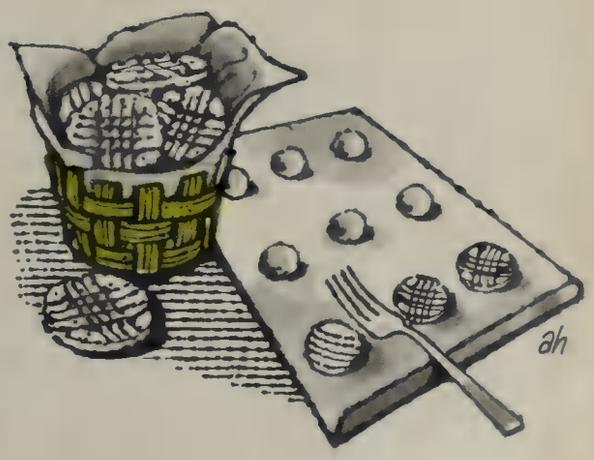
Crunchy Peanut Butter Cookies

Crisp shreds of whole wheat cereal add to the crunchiness of these wholesome cookies.

- 1 cup butter, margarine, or shortening
- 1 cup chunk-style peanut butter
- 1 cup granulated sugar
- 1 cup brown sugar, firmly packed
- 2 eggs
- 1 teaspoon vanilla
- 2 cups regular all-purpose flour (unsifted)
- 2 teaspoons soda
- ¼ teaspoon salt
- 2 cups whole wheat shreds or shredded wheat, crushed

With an electric mixer or wooden spoon, beat together the butter, peanut butter, granulated sugar, and brown sugar until creamy. Add eggs and vanilla and beat until light. Sift the flour with the soda and salt; stir into creamed mixture until well blended. Lightly mix in the cereal. Drop rounded teaspoons of batter, about 2 inches apart, on ungreased cooky sheets. Using the tines of a fork, press dough flat in each direction to make a crisscross pattern on top of each cooky.

Bake in a 350° oven for about 10 to 12 minutes or until lightly browned. Makes about 8 dozen cookies.—*L. M., Arcadia, Calif.*



Use a fork to mark crisscross pattern on top while flattening the cookies

1. *"Wow! This is soft and stretchy." Grasp dough with well floured hands and place on lightly floured board*

2. *Knead to make a smooth ball. First, pull edge across from you over to the center, then lightly push down*

3. *Press with palm; roll forward to make fold stick; rotate dough ¼ turn clockwise. Keep repeating steps 2 and 3*

4. *Turn dough over to check kneading progress. When the surface is pretty smooth, dough is ready to shape*

5. *Roll springy dough with a floured pin into a flat cake while you decide what to make: fish? butterfly?*

6. *How about a hand? Cut between fingers with floured knife; push straight down to make a clean cut*

As the sculptor moves from hand to face the challenge increases

8. *Alaric's fish needs an eye. Poke a hole and stick in a small cut-off lump of dough. Slash with a knife for fins*

DARROW M. WATT

9. *On goes the snake's rattle. Puffing of rising dough smoothes designs. Brush with egg glaze, then bake*

Frozen dough to stretch, knead, cut, twist, bake, show off, and serve for Easter breakfast

7 • *Pull, push, or pinch dough to get just the right shape. Cheryl spreads fingers far apart, stretches one*

"I'm going to make a rattlesnake!" And she did.

She and her 7 and 8-year-old companions, novices at baking, were equally enthusiastic. With complete confidence, no previous experience, and some adult guidance through the steps at left, they created bread for a special meal such as Easter breakfast.

Each bread begins as a 1-pound loaf of frozen bread dough from the supermarket freezer case, thawed (step 1). For beginners of any age, this ready-to-use dough is an easy start in learning how to handle yeast dough—how to touch and knead (steps 2, 3, 4) and how to shape (steps 5, 6, 7, 8, 9). The dough is not sticky, and it endures much handling and still rises to a light, golden loaf.

Let the shaped dough rise on a greased baking sheet in a warm place until the dough is puffy looking. Then brush with a mixture of 1 egg beaten with 1 tablespoon water. Bake according to the package directions for a plain loaf. Serve at once or cool on a wire rack. Freeze to store. To reheat thawed loaf, place uncovered in a 350° oven for 20 minutes.

Snake, flower, fish, glove and ball: *Each began as a 1-pound lump of frozen dough*

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IMO HAM OMELET

5 eggs, separated
½ tsp. salt
1 cup IMO
2 tbs. butter
1 cup finely diced ham

Beat egg whites until stiff. Beat yolk, adding salt. Fold ham and ½ cup IMO into the yolks. Fold in whites. Melt butter in 10 inch skillet. Cook omelet gently over medium heat until bottom is lightly browned. Place in 300° oven and bake until set and the top is golden. Slide onto warm serving plate. Top with remaining ½ cup IMO. Serves 2.

Camp cooks say "keep it simple"

The camp cooks whose ideas we have reported on pages 78 through 83 have a general rule: Keep meals simple. They measure each recipe by how much work goes into preparation and how much more must be added for cleanup that follows. The ideal is to keep both at a minimum.

At the end of this article is some information on how to use a reflector oven.

The recipes below, from *Sunset* readers, all qualify as easy to make.

Cooking times are based on having the grill height and degree of fire specified; but these factors vary and should be regarded only as guides. Test foods frequently for doneness, and adjust the fire level as needed.

If you use canned foods that only need heating, you might simply open the can and set it on a corner of the grill to warm slowly.

This is a no-pan dinner: The steak marinates in a plastic bag and cooks on the grill; following are three vegetable choices that cook in foil over the same kind of heat to accompany the meat.

Bag-Marinated Flank Steak

Put a flank steak (about 1½ lbs.) in a plastic bag and set bag in a bowl for support. Pour into bag ¼ cup *each* salad oil and wine vinegar, and ½ teaspoon *each* basil, dried parsley flakes, and garlic salt or onion salt. Seal bag, then manipulate to distribute marinade over meat. Let stand out for as long as an hour, or keep in ice chest for 3 or 4 hours. Cook meat on a grill 4 to 6 inches above medium hot coals for 7 to 10 minutes on each side for rare meat. Cut in thin slices across the grain. Serve the steak hot or cold. Makes 4 to 6 servings.—*J. H., Menlo Park, Calif.*

Vegetables Cooked in Foil

Zucchini. Cut 4 to 6 medium-sized zucchini in ¼-inch-thick slices. Mound in the center of a double thick sheet of heavy foil that is large enough to fold loosely around the vegetables. Dot with 1 to 2 tablespoons butter or margarine; sprinkle with salt and dill weed. Fold foil loosely around squash, sealing with leakproof, double turned folds. Place packet on a grill 4 to 6 inches above medium hot coals and cook for about 20 minutes; turn packet over frequently.

To test doneness, pinch vegetables (using hot pad) in corner of packet; when they just give to pressure they are ready to serve. Carefully open one end (hot steam puffs out) and serve from foil or pour onto plates. Makes 4 to 6 servings.

Mushrooms. Arrange ½ to 1 pound whole mushrooms on foil as directed for zucchini; dot with 1 to 2 tablespoons butter and sprinkle with salt. Fold foil to seal all but one opening, then pour in, if desired, 1 to 2 tablespoons dry Vermouth or dry Sherry; seal opening. Cook as directed for zucchini; takes about 20 minutes. Makes 2 to 4 servings.

Carrots. Peel 4 to 6 medium-sized carrots, then cut them into ¼-inch-thick pieces. Arrange on foil as directed for zucchini and dot with 1 to 2 tablespoons butter; sprinkle with dried parsley flakes and salt. Fold foil to seal all but one opening, then pour in 1 to 2 tablespoons dry Vermouth, dry Sherry, or water and seal opening. Cook as directed for zucchini for about 20 minutes. Makes 3 to 4 servings.—*P. A., Tucson.*

The freshness you can achieve with packaged products is well demonstrated by this substantial meal-in-a-pot soup.

Far from the Sea Soup

In a 4 or 5-quart Dutch oven cook 1 chopped onion in 2 tablespoons butter or margarine, stirring until soft. Pour in 1 bottle (8 oz.) clam juice, 1 can (about 7 oz.) minced clams and juice, 1 can (about 8 oz.) oysters and juice, 1 can (about 8 oz.) salmon and juice, and 1 package (10 oz.) frozen or thawed small peas (or a 1 lb. can of peas and liquid). Add 2 or 3 tablespoons dried parsley flakes and 3 cups water blended with 1 envelope (1-qt. size) dry milk powder with cream (if you used canned peas, decrease water to 2½ cups).

Bring to simmer and serve; stir gently every so often, but take care to keep salmon in fairly large pieces. Makes 4 to 6 main dish servings.—*E. R., Half Moon Bay, Calif.*

A quickly-made chile is a camping favorite: the surprise comes in the variety of ways it can be served. One that's fun is to make chile tacos to eat out of hand.

To warm corn tortillas on the grill rub each tortilla with wet hands to moisten lightly. Lay tortilla on grill and turn frequently (using your fingers) until soft and pliable; this takes a few seconds and several can be heating at one time. Fill at once and eat.

Frying Pan Chile

In a 10 or 12-inch heavy frying pan over a brisk fire, crumble 1 pound lean ground beef, add 1 chopped onion, and brown meat, stirring (add a little salad oil or butter to pan if meat is too lean to brown readily). Stir in 1 envelope (about 2 oz.)

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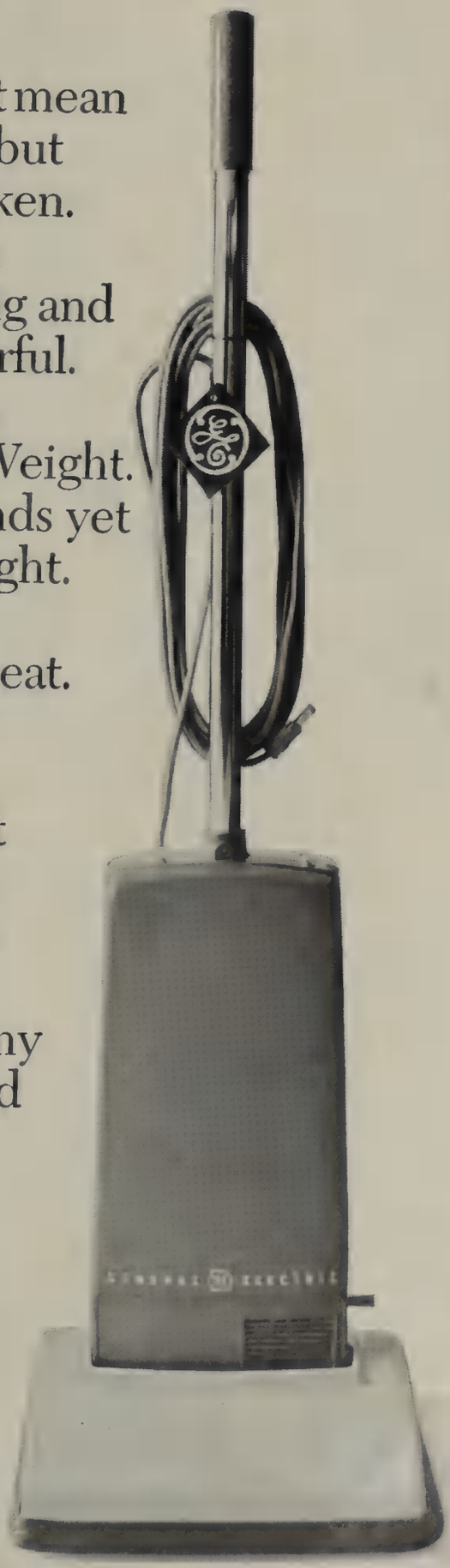

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chile seasoning mix, 1 can (3 or 4 oz.) mushroom pieces and liquid, 1 can (about 1 lb.) chile flavored beans, 1 can (1 lb.) stewed tomatoes, ½ to 1 teaspoon oregano, and garlic salt to taste. Heat until chile simmers, stirring, and let cook at least 10 minutes to blend flavors.

For a thick chile, boil fast to reduce liquid, stirring. Serve from plates or in warm corn tortillas (see page 184), embellishing as desired with very thinly sliced (or shredded) longhorn Cheddar or jack cheese, bottled taco sauce, chopped lettuce, and thawed frozen avocado dip. —*B. B., Menlo Park, Calif.*

You can start the pot roast on the breakfast fire and let simmer until tender, then warm up later for dinner; the savory juices are delicious on rice. This meat also makes a great taco filling (use as an alternate for chile, above); add sliced cucumbers and cherry tomatoes to make a simple meal. Cold leftovers are good for lunch sandwiches.

Chile Beef Pot Roast

In a 4 or 5-quart Dutch oven over a brisk fire, brown well a beef chuck roast (about 4 lbs.) on all sides in its own fat. Sprinkle with salt and add 2 cups water and 1 can (7 oz.) green chile salsa. Cover pan and keep liquid at an active simmer over a medium low fire for about 3 hours or until meat is tender when pierced with a fork; you may need to add water occasionally to keep pan from going dry.

Skim off as much fat as possible and discard. Cut meat in chunks to serve. Makes 6 generous servings.

Braised pork roast provides delicious juices in which to cook the vegetables for this hearty but easily tended meal. Leftover pork can be sliced for sandwiches or chopped and added to scrambled eggs at breakfast.

Pork Pot Roast Dinner

In a 4 or 5-quart Dutch oven over a brisk fire, brown well a 2½ to 3-pound rolled and tied boned pork roast (shoulder or loin end) in its own fat. Sprinkle with salt and pepper and add 2 cups water. Cover and cook at an active simmer over a medium low fire for about 3 hours or until meat pierces easily. Add water as needed to keep at least ¼ inch of liquid in pan at all times.

When meat is tender, add to pan 4 to 6 small peeled turnips, 4 to 6 small scrubbed new potatoes, 4 to 6 small peeled onions (about 1½-inch diameter), and 4 to 6 small peeled carrots. Cover and simmer about 30 minutes or until vegetables pierce easily. Serve slices of meat with the vegetables and spoon over the pan juices. Makes 6 servings.

Serve slices of hot meat loaf on slabs of French bread for a hand-held entrée, or accompany with vegetables or salad. If the meat is ready sooner than you are, keep it warm at edge of the grill.

Meat Loaf in a Pot

In a 4 or 5-quart Dutch oven blend 2 pounds lean ground beef with 1 envelope (about 4 oz.) dry meat loaf mix, adding liquid and eggs (usually about 2) as directed on package. Pat meat in an even layer over pan bottom; pour in 1 can (8 oz.) tomato sauce. Cover pan and place on a grill 4 to 6 inches above a medium to medium low fire and cook about 45 minutes or until meat feels firm in the center when pressed; it will also pull from sides of pan. During cooking, the liquid around edge of pan should bubble gently; turn pan frequently if necessary to equalize heat. Serve hot or cold. Makes 6 to 8 servings.—*K. S., Los Altos, Calif.*

Baking in a Reflector Oven

Reflector ovens come in a variety of sizes (but the design is similar); they work because heat is directed by the V-angled back of the oven onto a baking shelf projecting from the apex of the V. The amount of fire and distance from heat are the two temperature controls; you need to watch the baking product and adjust heat level as required. Once you become attuned to your own oven, you may find that baking times correspond surprisingly to those in a range oven.

Biscuits and quick breads from mixes are good to learn with as they can usually tolerate a range of baking temperatures.

Keep in mind that if a bread, such as biscuits, ordinarily bakes at a high temperature, the oven should face right onto the edge of a lively fire (or a mound of hot coals if using charcoal); if a bread such as gingerbread, ordinarily bakes at a lower temperature, the fire should be lower or the oven further from the heat than it would be for the biscuits.

In some park fireplaces the reflector oven may be propped into position right at the draft opening (see page 79); if the oven has to rest on the grill, keep fire in front of the open V and do not allow it to go under the oven.

As the fire is starting, you can mix up the dough or batter and place in a well greased pan that fits (or is no larger than) the reflector oven shelf. Set oven in front of the fire and place pan on the shelf; if bread seems to brown too quickly, pull oven away from heat a few inches or push fire bed away; if it browns too slowly, move closer to heat or build up fire quickly with small pieces of wood. When the edge of the bread facing the fire begins to brown, reverse pan position to equalize heat. Insert a wooden skewer into thick part of breads to test doneness; it should come out clean.

For even browning keep clean the shiny oven surface above the baking bread.

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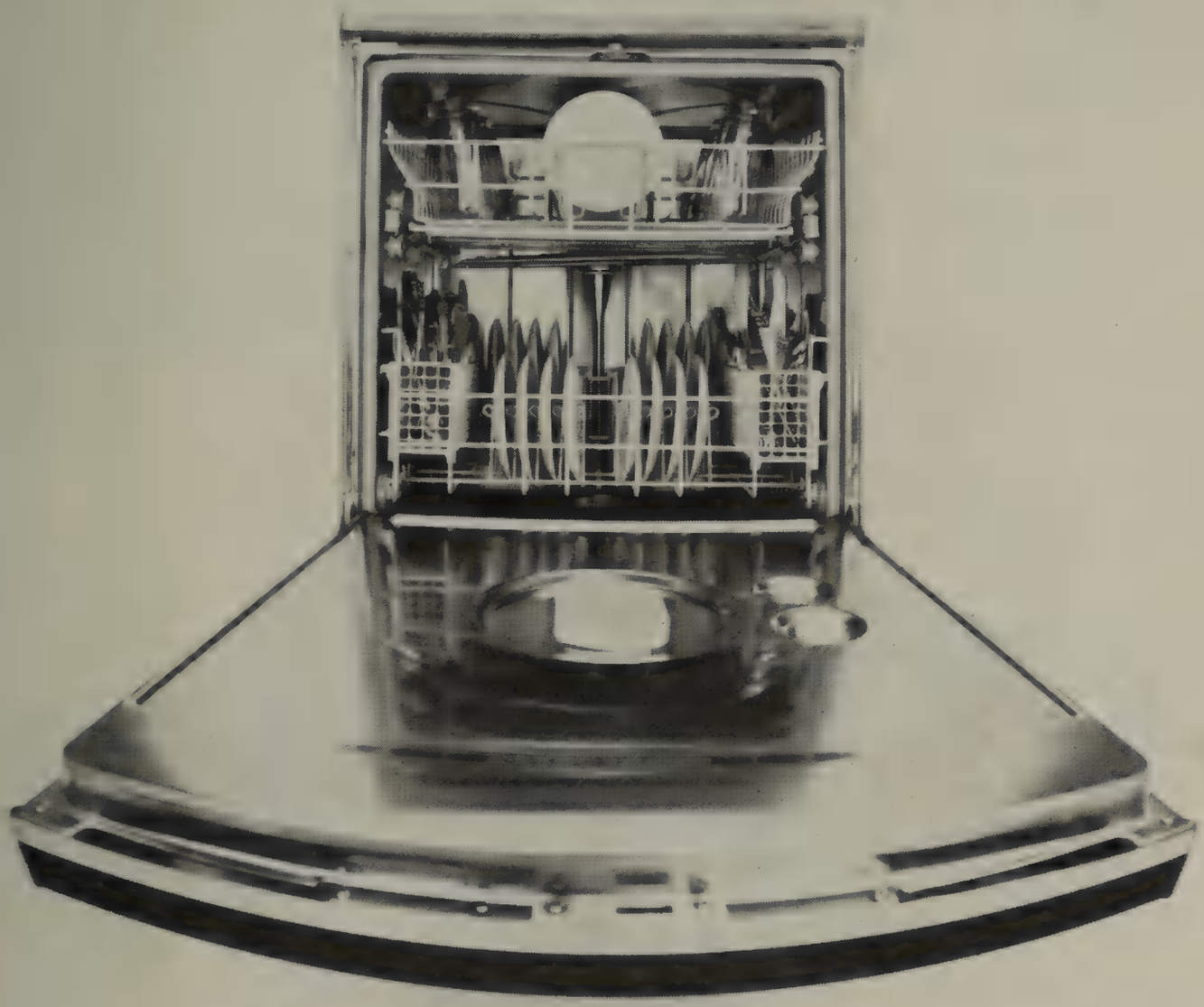

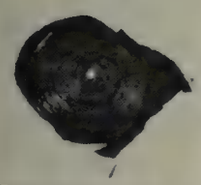

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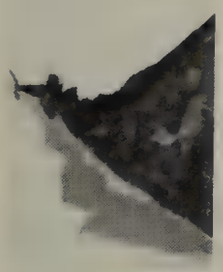

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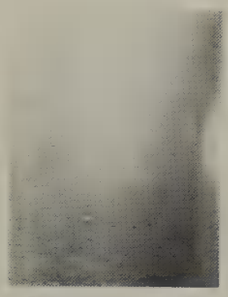

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Wine Brandy Sauce
1 pound California beef top round, cut ¼ inch thick
Salt
Cracked pepper
Butter

Prepare Crepes and Wine Brandy Sauce before cooking beef. Sprinkle beef with salt and cracked pepper. Pound very thin. Cut into [illegible] portions. Brown quickly on both sides in butter. Roll each piece of beef in [illegible] crepe. Place in buttered individual bakers, allowing 2 crepes per serving. Heat in slow oven (300° F) 5 minutes. Top with hot Wine Brandy Sauce. Serves four.

French Crepes: Combine 1 egg, ⅔ cup milk, 2 tablespoons melted butter, ½ cup sifted flour and ¼ teaspoon salt. Beat until smooth with rotary beater. Heat an 8-inch skillet and brush with butter. For each crepe, turn 2 tablespoons batter into pan and tilt to spread. Brown lightly on both sides, turning once.

Wine Brandy Sauce: Saute 2 tablespoons chopped green onion in 1 tablespoon butter. Stir in 1½ tablespoons cornstarch. Add ¾ cup water, ⅓ cup white wine and 2 beef bouillon cubes. Cook, stirring until thickened. Stir in 1 teaspoon brandy.

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NORMAN A. PLATE

Strawberry macaroon cups: *a mingling of berries, whipped cream sauce, macaroons*

April's strawberries in refreshing cup desserts

The early strawberries are a glorious springtime treat. They are still relatively expensive, but you can use them with restraint to make these refreshing strawberry cup desserts.

Both fruit combinations are good-looking in individual dessert bowls, sherbet glasses, or open wine glasses. Thanks to packaged specialty cookies and no-cook sauces they are speedy and simple.

Strawberry-Raspberry Cups

- 1 teaspoon *each* butter and granulated sugar
- ⅓ cup chopped filberts or chopped blanched almonds
- 1 package (10 oz.) frozen raspberries, thawed
- About ½ cup unsifted powdered sugar
- 2 cups sliced strawberries (about 1 basket)
- 6 whole ladyfingers
- ½ cup heavy cream
- ½ teaspoon vanilla

Using a medium-sized frying pan, melt butter and granulated sugar over low heat, and when it bubbles, add nuts; stirring constantly, cook until glazed and toasted light golden brown. Turn out of pan into a bowl and let cool.

Whirl raspberries in a blender, then press the purée through a wire strainer and discard seeds. Stir ¼ cup of the powdered sugar into the raspberry purée. Sweeten strawberries with about ¼ cup powdered sugar, or to taste.

To assemble, split ladyfingers and ar range 2 or 3 halves in each dessert bowl Spoon over half of the raspberry purée sprinkle with half of the toasted nuts and cover with half the berries. Spoo over remaining purée and sprinkle wit remaining nuts and berries. Cover an chill up to 6 hours. Just before serving whip cream and flavor with vanilla. Pas to spoon over. Makes 4 to 6 servings.—*H. N., San Francisco.*

Strawberry Macaroon Cream Cups

- 2 egg yolks
- ⅓ cup unsifted powdered sugar
- 2 tablespoons melted butter
- 1 teaspoon vanilla
- ½ cup heavy cream
- 4 tablespoons kirsch (cherry brandy) or Sherry
- 2 dozen almond macaroons
- 2 cups sliced strawberries (about 1 basket), sweetened to taste

Several hours before dinner, beat eg yolks with an electric mixer until ligl in color and beat in the sugar. Stir melted butter and vanilla. In anoth bowl, beat the cream until stiff and fo in 1 tablespoon of the kirsch and tl yolk mixture. Cover and chill.

Dip each macaroon in remaining 3 tabl spoons kirsch and arrange 4 of them each dessert bowl or wine glass. Spoo the cream mixture evenly over the sat rated macaroons. Cover and chill up 6 hours. Just before serving, spoon be ries on top. Makes 6 servings.

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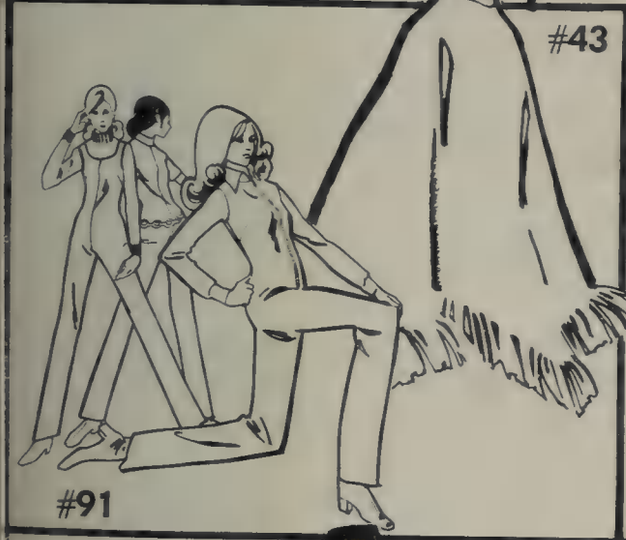

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DARROW M. WATT

Richly browned *roast duck, with breast meat cut away from the bone, holds savory sautéed mushrooms; accompany with whole new potatoes*

It's roast duckling for dinner . . . with mushrooms or with red cabbage

To complement the richness of duck, Europeans often serve the crisply roasted, plump birds with simply-seasoned fresh vegetables. Here we suggest two exceptionally compatible duck and vegetable combinations. The first pairs the succulent dark meat with pan-roasted new potatoes and creamy mushrooms in the Scandinavian manner, and the other has a companion dish of sweet-sour red cabbage reminiscent of central Europe.

This duck is served in an unusual way—you cut each side of the breast away from the bone; then heap seasoned mushrooms and juices inside the breast cavity.

Danish-Style Roast Duck

- 4½ to 5-pound ready-to-cook duckling, thawed
- Salt and pepper
- 8 to 9 small whole new potatoes
- 2 tablespoons butter or margarine
- 1 pound mushrooms, sliced
- ⅓ cup whipping cream
- ¼ teaspoon rosemary
- ¼ cup finely chopped parsley
- 3 tablespoons dry Sherry
- 1 teaspoon *each* cornstarch and water

Remove giblets and neck from duck cavity; reserve for other uses, if you wish. Rinse duck well, then pat it dry. Prick the skin with a fork and sprinkle cavity and skin lightly with salt and pepper. Place duck, breast up, on a rack in a roasting pan and roast in a 350° oven for 1 hour. Remove duck from oven; discard all but about 2 tablespoons of the drippings. Set duck back in pan without the rack, add potatoes (2 or 3, depending on size, per person) turning them over in the drippings to coat. Continue roasting, basting occasionally with pan juices, for 1 more hour, or until duck is well browned, leg joint moves easily, and potatoes are easy to pierce.

Using two forks to support duck, tip and drain cavity juices into roasting pan; arrange duck and potatoes on serving platter and keep warm. Scrape roasting pan, freeing browned particles. Skim fat and discard.

Meanwhile, in a large frying pan, melt butter. Add mushrooms and sauté over medium heat, stirring often, for 5 to 7 minutes. Stir in cream, rosemary, parsley, and salt and pepper to taste. Add roasting pan juices and cook, uncovered, over high heat until liquid is reduced by half. Add Sherry. Blend cornstarch with water, stir into mushrooms, and cook, stirring, until thickened.

To serve, run a small, sharp knife along either side of the breast bone and then under breast meat along rib cage; lay meat back. Spoon mushroom mixture into breast bone opening. Makes 2 to 3 servings.

You might accompany this duck and cabbage entrée with a crisp green salad and crusty, dark bread.

Roast Duckling, Czech-Style

- 4½ to 5-pound ready-to-cook duckling, thawed
- 1 small onion, sliced
- 2 cups water
- Salt and pepper
- ½ teaspoon caraway seed
- Water
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- Red cabbage in Port (recipe follows)

Remove giblets and neck from duck cavity. In a saucepan, combine giblets, neck, onion, the 2 cups water, and salt and pepper to taste. Cover and simmer for about 1 hour, or until giblets are tender. Strain stock and reserve; save giblets for gravy.

Meanwhile rinse the duck well, then pat it dry. Prick the skin with a fork, and sprinkle the cavity and skin with salt, pepper, and caraway seed. Place duck, breast up, on a rack in a roasting pan and roast in a 350° oven for 1 hour. Remove duck from oven; discard drippings in pan. Pour giblet stock in roasting pan below duck, return to oven and roast 1 hour more, or until duck is wel browned and leg joint jiggles easily basting several times with pan juices Using two forks to support duck, tip anc drain cavity juices into roasting pan place duck on serving platter and kee warm. Scrape roasting pan, freein browned particles. Skim fat and discard Measure pan juices; add water, if needed to make 1 cup liquid.

In a saucepan, melt butter over mediun heat; stir in flour and cook until bubbly Remove from heat, gradually add pa juices, and cook, stirring until thickened Cut up giblets and add.

Serve duck with red cabbage; pass grav in a separate bowl to spoon over al Makes 2 to 3 servings.

Red Cabbage in Port. Finely shred small head (about 1 lb.) red cabbage. I a large pan, combine cabbage, 1 cu Port wine, and 1½ teaspoons vinega Add 1 apple, peeled and thinly slice Bring to a boil, cover, and simmer gentl for 1½ hours, stirring occasionally; ad a little more Port if cabbage becom dry. Salt to taste and turn into a servin dish. Makes 2 to 3 servings.—*M.R Half Moon Bay, Calif.*

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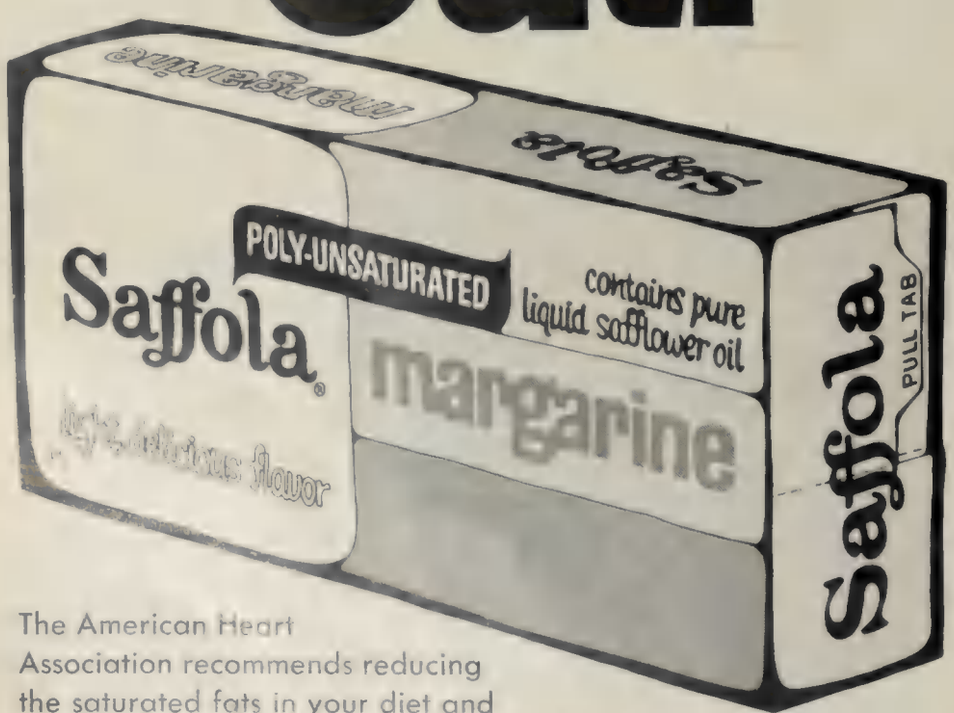

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DARROW M. WATT

If you wish, *top with whipped cream*

The sauce seeps into the cake

A tangy apricot sauce seeps down through the batter of this fine-textured cake during baking. The rising of the cake above the moist sauce is achieved only when the sauce is the proper consistency, so be sure to measure precisely.

Apricot Sauce Cake

- ¾ cup chopped dried apricots
- 1 cup water
- 2 cups sugar
- 10 tablespoons butter or margarine
- 1 teaspoon *each* vanilla and grated lemon peel
- 2 eggs
- ½ teaspoon salt
- 2 teaspoons baking powder
- 2 cups regular all-purpose flour (unsifted)
- 1 cup milk

In a small pan combine apricots, water, and ½ cup of the sugar. Bring to a boil, cover, and simmer gently for 20 minutes. Whirl mixture in a blender until smooth. (Or press through a food mill.) Measure fruit purée: You should have 1½ cups (either boil, stirring, to reduce, or add water to bring to exact measure). Blend in 2 tablespoons of the butter; set aside up to several hours.

Beat together the remaining 8 tablespoons butter and 1½ cups sugar until blended. Add vanilla and lemon peel; beat in the eggs, one at a time.

Sift together the salt, baking powder, and flour. Add flour mixture to creamed mixture alternately with the milk, beating well after each addition. Pour batter into a greased and flour-dusted 9-inch square pan. Spoon apricot sauce evenly over batter. Bake in a 350° oven for about 70 minutes or until cake begins to pull away from pan sides. Serve warm. Makes 9 servings.

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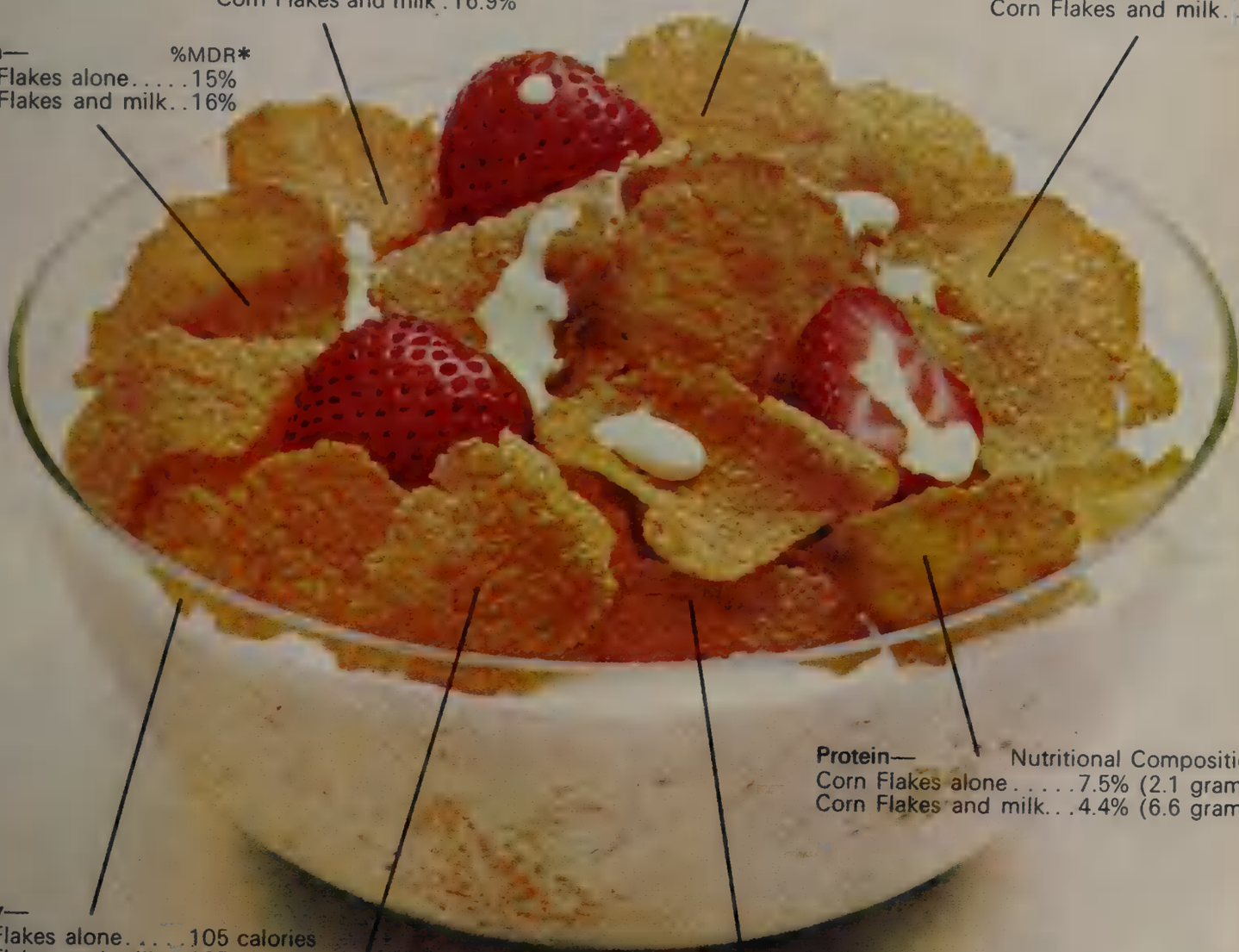

Protein— Nutritional Composition**
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Corn Flakes and milk . . . 4.4% (6.6 grams)

Energy—
Corn Flakes alone . . . . . 105 calories
Corn Flakes and milk . . 185 calories

Fat— Nutritional Composition**
Corn Flakes alone . . . . 0.2% (0.04 grams)
Corn Flakes and milk . . 2.9% (4.3 grams)

Carbohydrates— Nutritional Composition**
Corn Flakes alone . . . 86.2% (24.4 grams)
Corn Flakes and milk . 20.4% (30.6 grams)

* Percentages of the officially established minimum daily adult requirements of the above nutrients supplied by a serving of 1 oz. Kellogg's Corn Flakes and 4 fluid ozs. of whole milk.

** Nutritional composition of Kellogg's Corn Flakes, based on a serving of 1 oz. Corn Flakes and 4 fluid ozs. of whole milk. Percentages stated indicate percentage by weight of Corn Flakes alone, and Corn Flakes and milk in combination.

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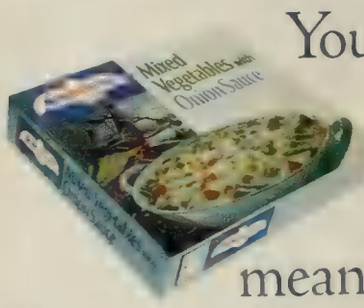
Morning. Let's face it together.™

How to cook for a man



You've got recipes he'd like all right. Cut from old magazines and stacked in the closet. And some day you mean to sort them out. If you could just find time. Well, Birds Eye has time. And the time's right now. To give you a man's recipe that you don't have to burrow through a closet to find. We call it **Pork Perfect.** Cook 1 package of Birds Eye Mixed Vegetables with Onion Sauce. All your favorite vegetables in a smooth, rich sauce. (It's one of 18 Birds Eye Prepared Vegetables.) Pour them over 4 baked pork chops sitting in a shallow baking pan. Sprinkle with ½ cup buttered bread crumbs and brown 5 min. under the broiler. A man's recipe. From Birds Eye.

Serves 2-4

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DARROW M. WATT

Late-morning garden brunch: *Mexican omelets, fresh fruit platter, French rolls, coffee*

APRIL MENUS

Mexican brunch in the garden, skirt steak dinner, salad lunch

Spring fruits and vegetables play a prominent role in our April menus. They're intended for guests or for the family on special occasions.

We start with a Mexican-style brunch that can be put together swiftly for serving on a lazy Sunday morning. A dinner for two (with calories pared down) follows. The last is a make-ahead salad plate luncheon for company.

Mexican brunch

This colorful midmorning meal for six can be served buffet style, indoors or out on a sunny day. It goes together readily. To shorten the cooking even more, you could make scrambled eggs instead of omelets.

Fresh Fruits with Lime Wedges
Cinnamon-crusted French Rolls
Omelets Mexican Style
Spiced Coffee

First plan to arrange a fruit platter composed of 2 sliced oranges, 1 papaya, 1 banana, and 1 cup whole strawberries. Garnish with lime wedges, cover, and chill. Make the coffee. Split and butter 6 small French dinner rolls and dust with cinnamon and sugar. Heat at 425° for 10 minutes. Then finish off with omelets.

Omelets Mexican Style. To make 6 omelets, you need 6 ounces linguisa (Portuguese sausage), 1 avocado, 1 tablespoon lemon juice, 1 dozen eggs, salt, liquid hot pepper seasoning, 6 tablespoons butter, and 2 tablespoons of finely chopped

Platter dinner *for two: steaks with blue cheese sauce (it also goes on relishes)*

DARROW M. WATT

parsley or 6 tablespoons coarsely chopped fresh coriander (also called cilantro or Chinese parsley).

Cut the linguisa on the diagonal into 6 thick slices. Brown slices in a large frying pan over medium heat, turning once; then keep warm on low heat. Peel and slice avocado and sprinkle the slices with lemon juice.

For each omelet, combine in a bowl 2 eggs, 2 teaspoons water, ⅛ teaspoon salt, and 2 drops liquid hot pepper seasoning; beat with a fork until blended. Heat an omelet pan or a heavy 7 to 7½-inch frying pan over medium high heat. Add 1 tablespoon butter or margarine; when it stops foaming, pour in egg mixture all at once. As edges start to set, lift and push in edge of cooked egg with a small spatula and gently shake pan to keep omelet free underneath.

Spoon 1 teaspoon parsley or about 1 tablespoon cilantro down the center. Fold over ⅓ of the omelet. Shake pan to slide unfolded edge of omelet onto warm serving platter. Then tilt so the folded edge of omelet falls neatly over edge of omelet on platter. Repeat to make remaining omelets. Garnish with sliced avocado and sausage and a few sprigs of parsley or cilantro. Makes 6 servings.

Spiced Coffee. Brew 1½ quarts coffee according to your preferred method using 1½ times the coffee you normally would use. Add to the coffee 1 stick cinnamon (3 to 4 inches) and 6 whole cloves. Keep warm for 10 minutes for spices to permeate coffee. Serve in mugs, adding a whole cinnamon stick as a garnish to each. Pass brown sugar and light cream for those who desire it. Makes 6 servings.

Dinner for two

Fresh spring vegetables are used abundantly in this healthful meal for two. The zestful cheese sauce enhances both the salad dipping vegetables and the skirt steaks; it makes enough sauce for two occasions.

Blue Cheese Dip **Vegetable Relishes**
Broiled Skirt Steaks
Hot Asparagus Spears
Cherry Tomatoes in Butter
Golden Delicious Apples and Gruyère Cheese

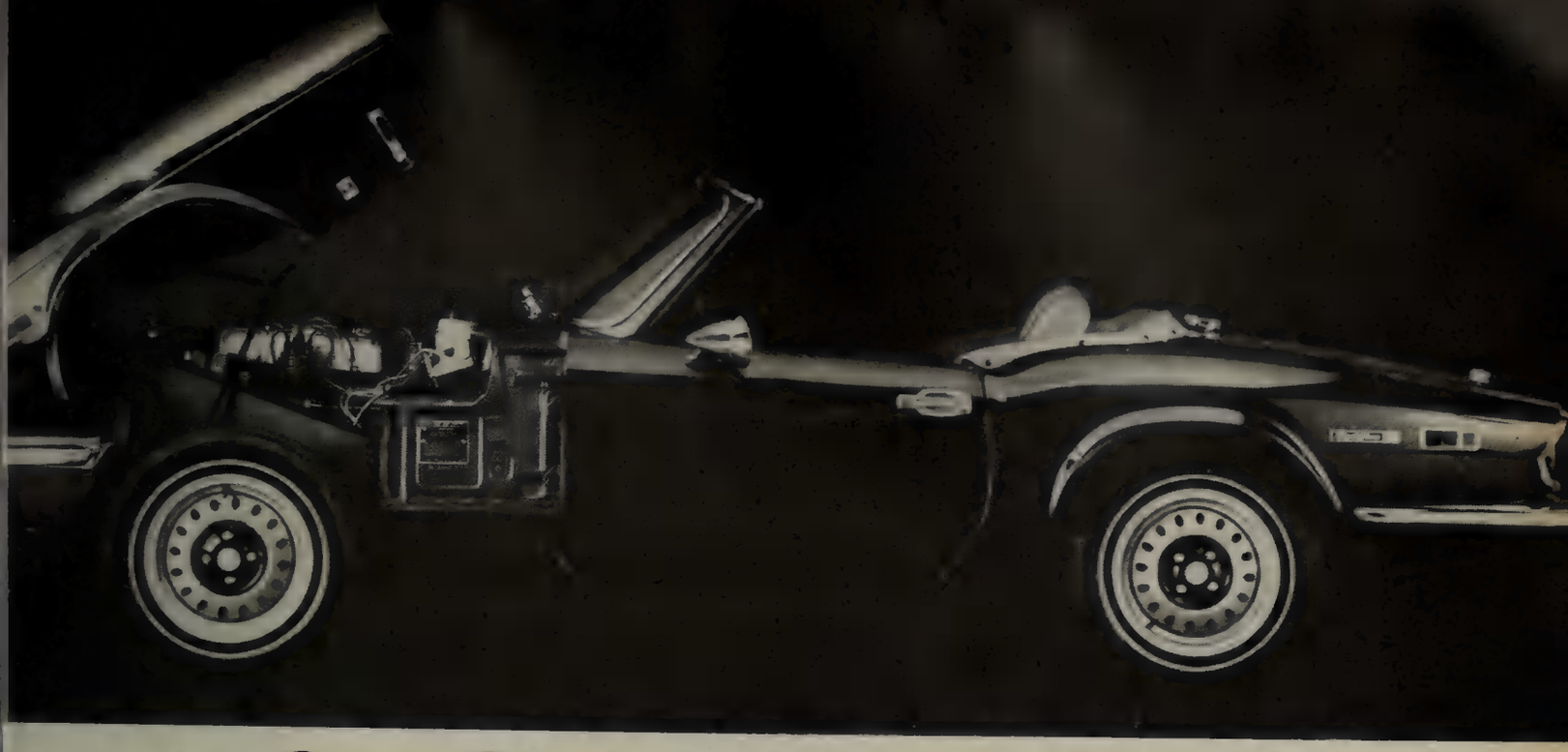
Plan to mix and chill the cheese dip first. Cut the vegetable relishes and refrigerate them. While the skirt steaks broil, cook asparagus spears and the cherry tomatoes.

Blue Cheese Dip. Beat together 1 small package (3 oz.) cream cheese, 2 ounces (¼ cup) blue cheese, 1 tablespoon *each* finely chopped green onion and parsley, ½ teaspoon *each* Worcestershire and prepared horseradish, ½ teaspoon garlic salt, and ⅓ cup unflavored yogurt. Spoon into a bowl, cover, chill.

Serve half the sauce with 4 or 5 sliced mushrooms, 1 sliced zucchini, and sliced carrot. Makes about 1 cup sauce. —*B. L., San Francisco.*

Broiled Skirt Steaks. Buy 2 skirt steaks untenderized, wrapped in a pinwheel and skewered (about 6 ounces *each*). Place on a rack in a broiler pan and broil about 4 inches from the heat in a preheated broiler, turning once and allowing about 5 to 7 minutes to a side for rare meat. Season with salt and pepper. Serves 2.

Cherry Tomatoes in Butter. Halve 1½ cups cherry tomatoes and heat quickly



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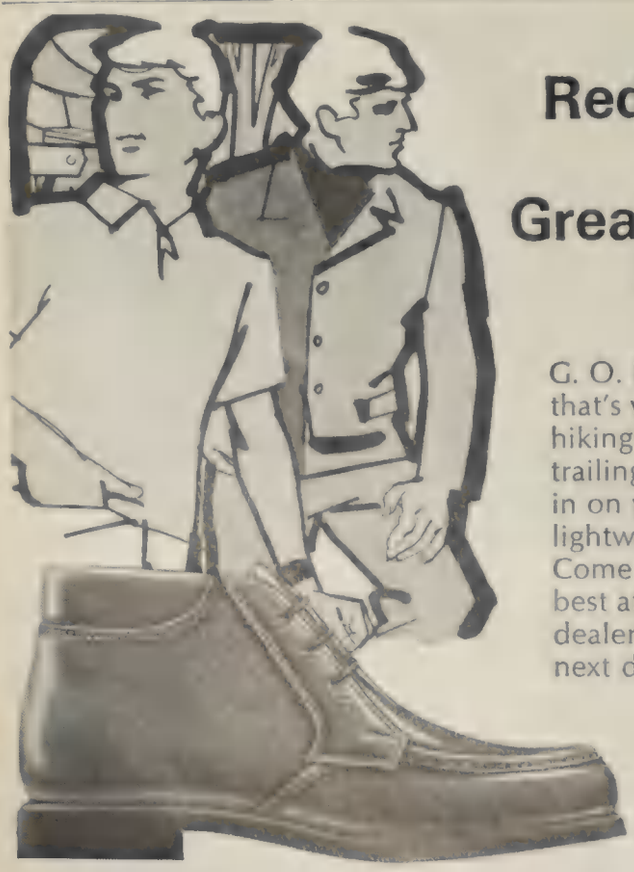

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uncovered, in 2 teaspoons butter, shaking pan, until hot through. Season with salt and pepper. Makes 2 servings.

Salad luncheon for guests

This easily assembled luncheon would be apropos after a committee meeting or sports match, as the hostess can organize everything in advance.

Crab Mold with Pineapple and Avocado
Croissants Butter
Lemon Sherbet with Blueberries
Crisp Rolled Cookies
Coffee or Tea

The seafood molds set up readily; you can make them a few hours before serving or the day before, if you like. Cut the pineapple in advance and chill the slices so you can arrange the plates quickly just before serving. Buy frozen croissants and heat them. To save time later, scoop lemon sherbet into balls and return to freezer.

Crab Mold with Pineapple and Avocado

- 1 envelope unflavored gelatin
- ¼ cup cold water
- ½ cup (part of a can) condensed cream of mushroom soup (undiluted)
- 1 small package (3 ounces) cream cheese, at room temperature
- ¼ cup *each* mayonnaise and sour cream
- 1 tablespoon *each* grated onion, lemon juice, and tomato-based chile sauce
- 6 drops liquid hot pepper seasoning
- ¼ cup finely chopped celery
- ¼ pound fresh or canned crab meat
- Butter lettuce
- 1 large avocado
- Lemon juice
- 1 small pineapple, peeled and cut in lengthwise slices
- Pitted ripe olives

Sprinkle gelatin over cold water and let stand until softened. In a small saucepan heat together the soup, cheese, and softened gelatin, stirring until gelatin is dissolved. Remove from heat and let cool; then stir in mayonnaise, sour cream, onion, the 1 tablespoon lemon juice, chile sauce, and liquid hot pepper seasoning. Mix in celery and crab meat and turn into 4 individual molds or custard cups. Cover and chill until firm.

Dip molds in hot water a few seconds to loosen, and unmold on butter lettuce leaves placed on individual plates. Peel and slice avocado, sprinkle slices with lemon juice, and arrange an equal number of slices around each crab mold. Divide pineapple slices equally among salads, placing alongside. Garnish with olives. Makes 4 servings.—*M.G., Newark, Calif.*

Lemon Sherbet with Blueberries. Thaw 1 package (10 oz.) frozen blueberries. Sprinkle ½ teaspoon cinnamon over the berries and their syrup. Spoon over scoops of lemon sherbet (you need 1 pint) in dessert bowls. Serve with cookies. Serves 4.—*M.H., Berkeley.*

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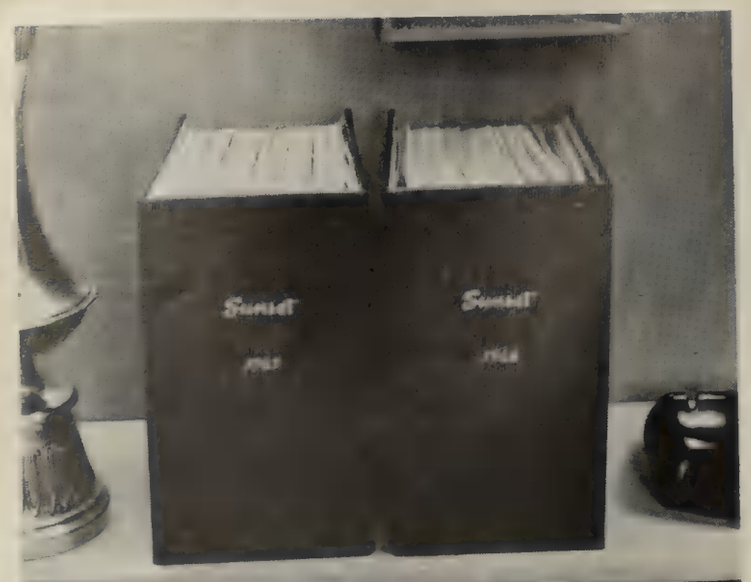

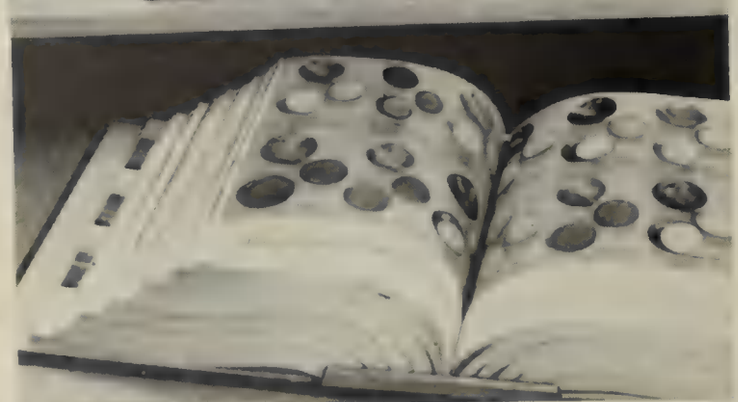

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NORMAN A. PLATE

For dunking, *munching: speckled "beans of the dead" and knobby "bones to chew"*

These cookies are bone hard on purpose

To describe these unusual Italian cookies as almost as hard as bones or dried beans points out a virtue, not a failing. For these cookies, macabrely called "bones to chew" and "beans of the dead," are made this hard on purpose: so they will hold together when dunked in tea, wine, or strong coffee. Like macaroons, they contain no butter. You make them of nuts, sugar, and flavoring bound by egg white; flour gives them stability and crunch.

The sturdy bones and somewhat chewy beans have a quality that wears well once you adjust to their distinctive names and textures. Both can be stored airtight at room temperature.

Bones to Chew (*Ossa da Mordere*)

With an electric mixer beat 3 egg whites with 1¾ cups sugar, ½ teaspoon grated lemon peel, and ½ teaspoon baking powder until smoothly blended. With a heavy spoon work in thoroughly 1½ cups very coarsely chopped blanched almonds and 1¾ cups regular all-purpose flour (unsifted). With lightly floured hands pinch off lumps of 1-tablespoon size and shape like bones (see photograph, right); place on a greased baking sheet, slightly apart. Bake in a 375° oven for 10 to 12 minutes or until pale brown. Cool on wire racks; store airtight. Makes about 3½ dozen cookies.

Beans of the Dead (*Fave dei Morti*)

Measure 1¼ cups whole unblanched almonds and ⅔ cup whole pine nuts, then whirl them, a few at a time, to a flour-like consistency in a blender. In a bowl mix the ground nuts with 1¼ cups sugar, ½ teaspoon baking powder, and ¼ cup regular all-purpose flour (unsifted). Stir in 2 egg whites and mix with a heavy spoon until dough sticks together. Shape in balls of 1-teaspoon size and flatten slightly on a greased baking sheet; do not allow cookies to touch. Make an indentation on one side with a teaspoon handle (see below) to create the bean shape. Bake in a 375° oven for 10 to 12 minutes or until pale brown. Cool on wire racks; store airtight. Makes about 5½ dozen.

Make *the bean shape by pressing side of dough with tip of spoon handle*

Form *the bone by pinching a lump of dough into an appropriate shape*

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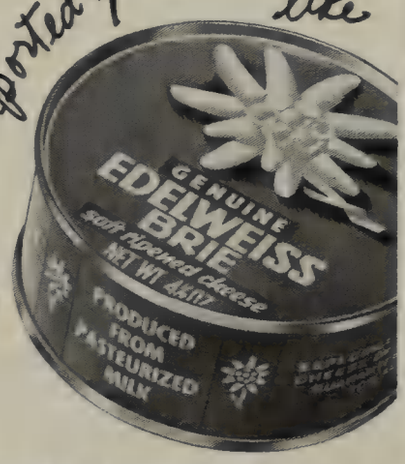

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DARROW M. WATT

Mild, *lean pork roll, brightened by parsley garnish, served with eggs for breakfast*

Pork loin becomes a meat roll

A Danish-style treatment of pork loin end roast turns this modestly priced cut, when well trimmed, into a remarkably lean, delicately seasoned meat roll. The simmered pork is weighted (to give it a compact shape) and chilled.

In Denmark the meat is served at breakfast, and here too it is a welcome change from ham or bacon. Pork in this form also suits lunchtime menus, either at home or on a picnic, and it's good for snacks any time. The roll keeps well in the refrigerator for about a week, conveniently ready to serve.

The green mayonnaise can be served as a sauce for the meat or spread on bread for sandwiches.

Spiced Pork Roll

- 5 pound pork loin end roast, boned
- ½ teaspoon *each* ground allspice, ground pepper, and sugar
- 1 teaspoon salt
- 6 to 8 whole cloves
- 4 cups water
- 2 carrots, sliced
- 1 onion, sliced
- 8 to 10 *each* whole black peppers and whole allspice

Trim and discard as much fat as possible from meat. Mix ground allspice, pepper, sugar, salt; rub into all sides of meat.

Form meat into a compact loaf shape and tie securely at 1-inch intervals crosswise and lengthwise. Stud the meat with cloves. Set roll in the bottom of a 4 or 5-quart pan; add water, carrots, onion, whole peppers, and allspice. Bring to a boil, cover, and simmer 1½ hours; turn meat over once or twice while cooking.

Remove pan from heat, place a flat plate (or pie pan) directly on meat, and set a heavy weight such as a brick on the plate. Chill thoroughly. Remove meat from broth (save broth for soup or other uses) and cut away all the string. Wrap in clear plastic wrap and keep in the refrigerator up to 7 days. Slice meat thinly. Makes 10 to 12 servings.

Green Mayonnaise. In a blender jar combine ¼ cup chopped, lightly packed parsley, ¼ cup chopped fresh, frozen, or freeze-dried chives, ¼ teaspoon dill weed, 4 teaspoons lemon juice, and ½ cup mayonnaise. Cover jar and whirl mixture until smoothly blended and pale green in color. Cover and chill until serving time. Makes about ½ cup.

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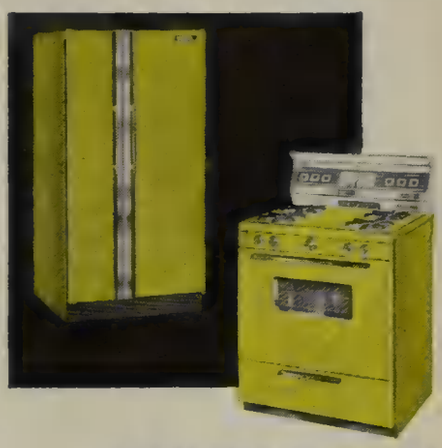

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DARROW M. WATT

Golden-glazed veal *is moist and fork tender: You pound it thin and sauté it quickly*

First you pound your veal, then you sauté it quickly

This method of preparing veal is a classic: You use a meat mallet to pound slices of this delicate meat to translucent thinness, then sauté them in butter. Traditional recipes often call for veal cutlets, the steaks cut from the leg, but the techniques of pounding and quick sautéing work equally well for less expensive veal cuts.

You can use any piece of veal from the leg, loin, rib, or shoulder that is cut like a steak or chop (1/4 to 1/2-inch thick) or the thin boneless segments called scallops or scallopini. If the price per pound of bone-in chops is half that of a boneless cut (or a small round bone leg steak), then it is usually more economical to choose the chops.

You need to equip yourself with a heavy, flat-surfaced mallet for pounding the meat thin without tearing. A heavy wine bottle (grasp it by the neck) or a rolling pin can substitute for a mallet, but both are cumbersome to use and require more care and time to flatten the meat evenly.

This method of cooking veal requires last-minute preparation but you can do the big jobs—trimming and pounding—as much as a day ahead. It then takes only minutes to sauté the veal. Excellent seasoned only with salt and pepper, the veal can be distinctively varied with quick finishing touches such as lemon and wine or herbs and cheese.

How to trim and pound the veal

Cut away any bone; reserve for another use such as soup stock. Separate large steaks into smaller pieces following natural divisions. Closely trim away fat and all silvery colored connective tissue and membrane that shrinks upon contact with heat and causes the meat to curl.

Place several pieces of veal at a time between two sheets of waxed paper, leaving room for the meat to expand about three times its original surface area. Pound each piece gently but firmly by lifting the mallet about 8 to 12 inches above the meat, then letting it fall squarely to flatten meat evenly about 3/16-inch thick. Replace waxed paper as it tears. Repeat until all meat is pounded.

Cook now or place slices side by side on waxed paper; stack in layers or roll, then wrap well. Refrigerate for up to one day.

Sautéed Veal Slices

Trim and pound veal as directed. Coat each piece with flour and vigorously shake off excess; lay pieces side by side (do not stack). Have ready about 2 tablespoons butter, margarine, olive oil, or salad oil for each pound of veal to be sautéed. Butter and margarine add flavor and enhance browning but burn more easily; a combination of butter and oi is flavorful and doesn't burn as readily.

Place a 10 to 12-inch frying pan ove highest heat. When the pan is hot, coa surface with about 2 teaspoons butter; a it begins to brown, add veal but do no crowd slices. As meat shrinks, mov pieces aside and add more, keeping pa full at all times.

Add butter, about 1 teaspoon at a time as pan appears dry. When edges of vea turn white, about 1 minute, turn slice over and cook until lightly browned o other side, about 1 more minute. As it i cooked, transfer meat to a platter an keep warm. Season with salt and peppe to taste and serve. Allow about 1/3 poun of veal for each serving.

Veal with Lemon. Trim, pound, an sauté 2 pounds boned veal as directe above. When meat is cooked, add to th hot pan an additional 1 tablespoon bu ter or margarine, 1/4 cup dry Vermouth and 1 teaspoon grated lemon peel. Bo rapidly, stirring to release browned pa ticles, until liquid is reduced about on third. Spoon over meat and garnish wit minced parsley and lemon slices, if de sired. Makes 6 servings.

Veal Sauté with Teleme. Trim and poun 2 pounds boned veal as directed abov After dusting with flour, sprinkle wit 1 teaspoon crushed dried oregano. The sauté as directed. As veal is cooke arrange in overlapping slices on a hea proof platter. Arrange thin slices c teleme cheese (about 5 ounces total) ove meat; sprinkle 1/4 cup fresh grated Pa mesan cheese over teleme. Broil 2 to inches from the heat until the cheese melted and bubbly, about 2 minute Makes 6 servings.

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Game hens . . . five good ways to go

Rock Cornish game hens are a popular choice to keep in the freezer, ready for any occasion. Their size is just right when you cook for one or two. They are also festive for guest meals.

An average-sized bird, weighing 20 to 24 ounces, makes a generous single serving or two modest servings. If you roast whole birds, you can cut them in half at serving time with poultry shears. Or you can split the birds in half before you cook them. Our recipes include both split and whole hens.

The giblets are good for a variety of uses. You can save them up in the freezer until you have enough for soup stock. Livers, alone, are good sautéed for a pâté, or you can treat the cat.

Sliced avocado and lemon wedges accent these butter-basted game hens; they can be oven-broiled or cooked on the barbecue grill.

Grilled Game Hens with Herb Butter

- 2 Rock Cornish game hens (about 20 to 24 oz. *each*)
- ½ teaspoon salt
- ¼ teaspoon pepper
- 4 tablespoons butter or margarine
- ½ teaspoon *each* dried tarragon and marjoram
- 1 avocado
- 1 lemon, cut in wedges

Thaw game hens according to package directions. Remove giblets. Wash hens well and pat dry. Using poultry shears or kitchen scissors, cut game hens in half lengthwise. Sprinkle all over with the salt and pepper and arrange on a rack in a broiler pan with skin side down. In a small pan, melt the butter with the tarragon and marjoram; brush over the hens. Broil about 6 inches from the heat turning once and basting several times for about 25 minutes or until the leg joint moves easily. (To barbecue, have the grill about 6 inches above moderately hot coals. Place hens on grill skin side up and brush with butter-herb mixture. Allow 25 to 35 minutes cooking time turning once and basting several times.)

Arrange the grilled hens on a platter. Peel and slice avocado, then squeeze the juice from a lemon wedge over it. Place avocado slices alongside each game hen half and garnish with remaining lemon wedges. Makes about 4 servings.—*F. G., Scottsdale, Ariz.*

These wine-glazed hens are split in half; then they oven-roast with an orange-scented bread stuffing that gets crisp and golden brown.

Roasted Game Hens with Orange Stuffing

- 2 Rock Cornish game hens (about 20 to 24 oz. *each*)
- ½ teaspoon *each* salt and ground ginger
- ¼ teaspoon pepper
- ⅓ cup orange juice
- ¼ cup dry Sherry
- ½ teaspoon Worcestershire
- 1 teaspoon soy sauce
- Orange stuffing (recipe follows)
- 1 whole orange, sliced

Thaw game hens according to package directions. Remove giblets. Wash hens well and pat dry. Using poultry shears or heavy kitchen scissors, cut game hens in half. Season with salt, ginger, and pepper. Place in lightly greased 11 by 14-inch broiler pan skin side down and roast in a 375° oven for 30 minutes. Mix together orange juice, Sherry, Worcestershire, and soy. Turn over the game hen halves and brush them with the orange juice mixture.

Then place orange stuffing in the pan alongside the hens. Continue roasting 30 minutes longer, basting several times until leg joint moves easily. Arrange halves on a platter with stuffing and garnish with orange slices. Makes about 4 servings.—*H. N., San Francisco.*

Orange Stuffing. Cut 2 slices sourdough French bread into small cubes (you should have 2¼ cups) and toss with ¼ cup orange juice, 1 teaspoon grated orange peel, 1 egg yolk, 2 tablespoons

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melted butter, and 2 tablespoons finely chopped parsley.

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Roasted Game Hens with Rice Stuffing

- 1 package (6 oz.) white and wild rice mix
- ⅓ cup slivered blanched almonds
- 4 Rock Cornish game hens (about 20 to 24 oz. *each*)
- 1 teaspoon salt
- ¼ teaspoon *each* pepper and crumbled dried tarragon
- 3 tablespoons Madeira or Sherry or apple juice
- 3 tablespoons currant jelly

Cook rice mix according to package directions. Remove from heat and mix in almonds. Thaw game hens according to package directions. Remove giblets. Wash hens and pat dry. Sprinkle the insides with salt, pepper, and tarragon. Spoon rice into the cavities of the game hens and place breast up on a rack in a shallow roasting pan. Roast uncovered in a 375° oven for 40 minutes.

In a small saucepan, heat Madeira and jelly together just until melted. Remove hens from the oven. Brush sauce over hens and continue roasting 20 minutes longer, or until leg joint moves easily; baste often. Makes 4 generous servings, or 8 average servings.—*M. W., San Francisco.*

Wine glazing, honey, smoky overtones

Apple and lemon slices inside these whole birds give them a fruity flavor while they bake. The skin turns crusty brown from the honey-mustard glaze.

Roasted Whole Game Hens with Honey Glaze

- 2 Rock Cornish game hens (about 20 to 24 oz. *each*)
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 small tart apple, quartered (Winesap or Pippin)
- 2 lemon slices
- 1 tablespoon butter or margarine
- 2 tablespoons honey
- 1 tablespoon Dijon-style mustard
- ¼ teaspoon curry powder

Thaw game hens according to package direction. Remove giblets. Wash hens well and pat dry. Sprinkle lightly with salt and pepper, inside and out. Place 2 pieces of apple and a lemon slice in the cavity of each. Place on a rack in a roasting pan breast side up and bake uncovered in a 375° oven for 40 minutes. Meanwhile in a small pan heat together the butter, honey, mustard, and curry powder. Remove hens from oven and brush hens with honey glaze. Continue roasting 20 minutes longer, basting occasionally, until the leg joint moves easily. Makes 2 very generous servings or 4 average servings.—*C. B., Walnut Creek, Calif.*

The bacon drippings baste and permeate whole game hens with a pleasant smoky overtone as they bake; the bacon strips crisp in the process.

Roasted Game Hens with Bacon

- 2 Rock Cornish game hens (about 20 to 24 oz. *each*)
- ½ teaspoon salt
- ¼ teaspoon pepper
- ½ teaspoon crumbled dried rosemary
- 1 clove garlic, minced
- 2 teaspoons soft butter
- 4 slices thick sliced bacon
- Parsley for garnish

Thaw game hens according to package directions. Remove giblets. Wash hens well and pat dry. Sprinkle the outside and the inside cavities lightly with salt, pepper, and rosemary, and distribute the garlic inside. Place hens breast side up on a rack in a shallow roasting pan. Rub the outer skin with butter. Roast uncovered in a 400° oven for 20 minutes. Remove from oven and lay half slices of bacon over the top of each hen. Return to the oven for 40 minutes longer, or until the leg joint moves easily. Garnish with parsley sprigs. Makes 2 generous servings or 4 average servings.—*M. H., Phoenix.*

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Small shrimp...in aspic, in salad

iny whole cooked shrimp are used sparıgly but effectively as the basis of these vo attractive dishes. One is a handsome ;pic-glazed first course that looks far ıore complex than it actually is; the :cond is a colorful salad entrée.

hrimp in Aspic

eat until smoothly blended ½ teaspoon ırry powder and 1 large package (8 oz.) 'eam cheese. Pour out ⅔ cup conensed consommé from a 10½ ounce ın and set this portion aside at room mpera:ure. Gradually, smoothly mix ıe rest of the can of consommé with e cream cheese. Add ½ pound tiny hole cooked and shelled shrimp (rerve a few for garnish if you like).

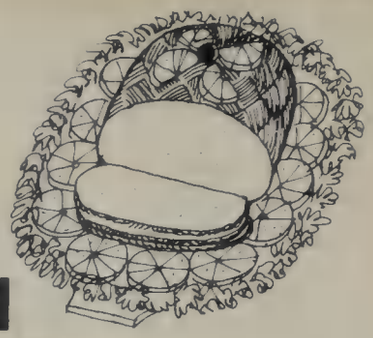
ivide mixture evenly among 6 small shes or scallop shells (at least ½ cup ze), spread smooth, and chill until ;ghtly firmed, about 2 hours. Then :ntly and evenly spoon the reserved ⅔ ıp consommé (warm slightly, stirring, gelled) over shrimp mixture and conıue to chill until consommé is set, ›out 1 hour. Cover with clear plastic film until ready to serve (as long as overnight). Garnish with reserved shrimp and thin cucumber slices. Makes 6 first course servings.—*J. H., San Francisco.*

Shrimp Luncheon Salad

Thinly slice 1 small mild onion and mix with ½ teaspoon sugar, 1 tablespoon vinegar, 1 tablespoon salad oil, and salt to taste. Also cut in half 9 to 12 cherry tomatoes and thinly slice ½ cucumber. Blend ½ cup mayonnaise with ⅛ to ¼ teaspoon curry powder, 1 teaspoon fresh lime or lemon juice, and ¼ cup chile (tomato based) sauce.

On each of 3 serving plates arrange ⅓ of the onion, cherry tomatoes, and cucumber; divide ½ pound tiny whole cooked and shelled shrimp in 3 equal portions and arrange a portion on each plate. Garnish with lettuce leaves, if you like, and a few lime slices.

Divide mayonnaise mixture among 3 small dishes and serve with salad (either for dipping ingredients into dressing or spooning over the salad). Makes 3 main dish servings.



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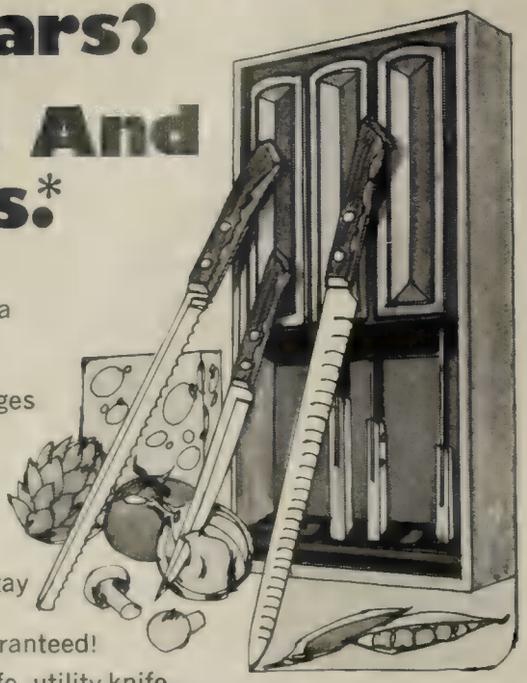

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DARROW M. WA

Crisp pastry squares *enclose fruit-cream filling; whole strawberry crowns top*

Fruit sandwiches for dessert

Those who like pies will find these fres fruit dessert sandwiches an interestin variation of favorite flavors and texture The pastry is flaky and fragile; the fillin is simply berries and cream.

Cut the pastry in squares (as show above) or in fancy shapes with cook cutters. The baked squares freeze well.

Flaky Pastry Shortcakes

- 2 cups regular all-purpose flour (unsifted)
- 2 teaspoons brown sugar
- ½ teaspoon salt
- ⅛ teaspoon baking powder
- 1 cup shortening
- 1 egg
- 1½ teaspoons vinegar
- 2½ tablespoons water
- About 3 cups sugared sliced strawberries
- About 1½ cups heavy cream, whipped
- Whole berries for garnish

In a bowl combine flour, sugar, salt, an baking powder. Cut shortening into di ingredients until as fine as peas. Be egg with vinegar and water; stir into di ingredients (dough will be moist an sticky). Wrap dough in clear plastic filn chill overnight or as long as 2 weeks.

Roll out half of the dough at a time o a well floured board into a 12 by 9-inc rectangle; cut into 12 squares. Lift pastr squares with a spatula onto ungrease cooky sheets, keeping slightly apar Bake in a 375° oven for 10 minutes until golden brown. Cool on pans.

For each dessert, spoon sliced berri and cream on a pastry square; top wit another square, more cream, and a berr Makes 12.—*H. P., Palo Alto, Calif.*

Gourmet Spices from Schilling kindle gourmet ideas

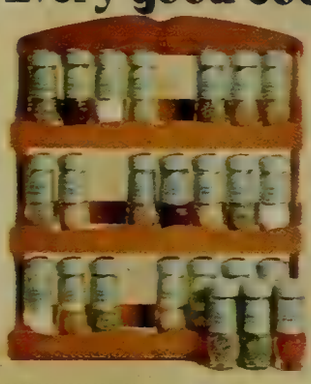
HERBED SHRIMP DIABLE

- 2 pounds raw shrimp
- ½ cup butter
- ½ pound fresh mushrooms, sliced
- 12 cherry tomatoes
- 1 cup sliced celery
- 1 teaspoon Schilling Parsley Flakes
- 2 teaspoons Schilling Freeze-Dried Chives
- ½ teaspoon Schilling Tarragon Leaves
- ½ teaspoon Schilling Ginger
- 1 teaspoon Schilling Dry Mustard
- 2 teaspoons Schilling Season-All
- ⅛ teaspoon Schilling Garlic Powder
- ¼ teaspoon Schilling MSG
- ¼ teaspoon Schilling Coarse Grind Black Pepper
- 3 tablespoons lemon juice
- ¼ cup brandy, heated

Shell and devein shrimp. Melt butter in large skillet; sauté mushrooms, tomatoes and celery 3 min. Push to one side of skillet. Add raw shrimp and sprinkle with seasonings which have been mixed together. Sauté the shrimp, stirring 2 min. Add lemon juice. Combine shrimp and vegetables. Cover and simmer 5 min. Transfer to chafing dish. Just before serving, flame with heated brandy. Nice over rice. Serves 4-6.

A good cook hangs up her medals for all to see. Row upon row of Gourmet Herbs and Spices in show-off decanter bottles. Why don't you add something exotic to your Schilling collection next time you shop?

Every good cook has a hang up.



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Schilling flavor makes all the difference in the world.

"The idea is to tumble chicken with spareribs"

It's always a surprise to rediscover ho simple a good recipe can be. On th other hand, a complex one, masterfull devised, can give equal pleasure. In oth words, gentlemen, where it ends is mo important than where it has meandere

For the best in the simplicity class th month, we introduce candidate Myro Huebler.

"The idea is to tumble chicken wi spareribs, with rib flavor permeatir chicken and smoke flavor permeatir everything."

What is required is a covered barbecu with a spit and cylindrical spit baske the longer the better. Candidate Hueble uses a basket 17 inches long and 7 inch in diameter; we used one of the san diameter but 14 inches long and adjust the quantity of meat specified in the r cipe accordingly. "Any lesser amount meat, down to one-third basketful, m be tumbled, but the weight ratio of ri to chicken should be kept at about o to one. Too little meat in the basket w not tumble properly."

Tumbled Chicken and Ribs

3 pounds country-style pork spareribs, thick-cut and meaty
3 pounds chicken thighs
Salt and pepper to taste

With a sharp knife, remove as much f from the ribs as possible. Separate in individual rib blades. Wash the chicke pat dry; then salt and pepper it.

Center the basket on the spit rod ar layer-fill the basket with chicken ar ribs. Do not overfill—⅔ to ¾ is best— as the meat must have room to tumbl Arrange low glowing coals on either si of the fire box (space directly benea spit should contain no coals, to preve flare-up). Place spit on barbecue, tu on spit, and tumble-cook until don about 1½ hours. Add more charcoal needed to maintain a low bed of coals.

Serve with tossed green salad and a si dish such as baked beans or corn on t cob. Makes 8 to 10 servings.

Myron A. Huebler

Newark, Calif.

Chef Herbert Landesman does indul in a few meanderings in this recipe. H

Chefs of the West

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"He can find a dozen hungry boys"

says that Mrs. Landesman calls it "Kitchen Sink Lasagna," for obvious reasons. However, like some men we know, he likes to cook for a crowd. So he calls his recipe Lasagna for a Dozen. We feel sure that somewhere out there in his audience he can find a dozen hungry boys to do it justice.

Lasagna for a Dozen

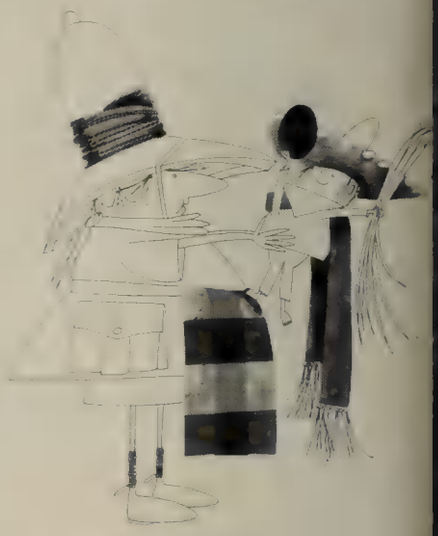
- 1 bunch green onions and tops, sliced
- 2 cloves garlic, finely chopped
- 3 pounds ground beef chuck
- 4 tablespoons olive oil
- 2 large cans (16 oz. *each*) peeled tomatoes
- 1 can (8 oz.) tomato sauce
- 1 can (6 oz.) tomato paste
- 1 teaspoon *each* basil and oregano
- ½ teaspoon thyme
- 1 teaspoon dry parsley flakes
- 1½ teaspoons salt
- ¼ teaspoon pepper
- 1 teaspoon rosemary
- ¾ pound mushrooms
- 1 package (10 oz.) lasagna
- Boiling, salted water
- 1½ pounds mozzarella cheese, shredded
- 6 hard-cooked eggs, sliced thin
- 1 jar (3 oz.) pimiento stuffed green olives, sliced
- 1 pound ricotta cheese
- 1½ cups (5 oz.) grated Parmesan cheese

In a Dutch oven sauté onion, onion tops, garlic, and meat over medium high heat in 2 tablespoons of the olive oil. Add tomatoes, tomato sauce, tomato paste, basil, oregano, thyme, parsley, salt, pepper, and rosemary. In a frying pan sauté the mushrooms in the remaining 2 tablespoons olive oil. Add to the meat sauce and gently simmer, uncovered, until thick, about 1 hour, stirring frequently.

Cook lasagna in boiling water according to package directions; drain well. In a greased 3 by 16 by 12-inch roasting pan (or two 9 by 13-inch pans), put a layer of about half the noodles, then sprinkle with half of the shredded mozzarella cheese, egg slices, olives, dots of ricotta cheese then meat sauce. Repeat layers, ending with a layer of meat sauce. Top with the grated Parmesan. Place uncovered in a 325° oven and bake 40 to 45 minutes, or until hot. Makes 12 to 16 servings.

Herbert Landesman
West Covina, Calif.

As Bruce Cowan explains, "This rec is my own highly modified version c dish I learned from a Mexican boy ye ago. It never fails to make a hit at p lucks."



"A dish I learned from a Mexican boy

Calabasitas

- 2 green peppers
- 4 small zucchini
- ¼ pound fresh mushrooms, sliced
- 1 tablespoon butter or margarine
- ¾ teaspoon salt
- 4 green onions, with their tops, finely chopped
- ½ pound Swiss cheese, shredded (3 cups)
- 1 teaspoon chile powder
- 2 ripe avocados, peeled, pitted, and diced
- Hot cooked rice or taco shells (optional)

Slice peppers lengthwise into thin stri Cut zucchini into thin, round slices. Sa peppers, zucchini, and mushrooms ligh in butter or margarine. Add salt. Do overcook—vegetables should retain so of their firmness.

In a separate container, lightly s chopped green onions and tops w about 2 cups of the Swiss cheese a chile powder. Add chunks of avocad When the pepper-zucchini-mushroo combination is cooked, remove fr heat and stir in the onion-cheese-avoca mixture. Then sprinkle the remaining cup cheese over the top and serve as or over rice, or in taco shells. Makes to 6 servings.

Bruce D. Cowan
Pacific Grove, Calif.

Kenneth Morgan's reminiscences remi us: how well a man can remember so of the foods he ate as a small boy, a

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what a mixture of national cuisines have in the West.

"As a small boy, shortly after the turn the century, I would accompany mother on afternoon calls to my fathe Welsh relatives near Snohomish, Was ington. After profuse welcome greetin the first thought of the hostess was ways tea and 'Tishen Flat.'

"My mother would always remonstr that we could stay only a few minut and besides, we already had Tishen Fl at Auntie Williams. It made no diff ence. The Tishen Flat mixture was ways made from scratch in no time a cooked on an old-fashioned wood sto in a cast iron frying pan.

"During a recent trip to Wales I fou out the real name for Tishen Flat Pic-ar-r-mân, meaning cake on a sl Tishen Flats are to tea what coffee ca is to coffee. Each heightens the flavor the other, calling for more of each."

The last point is very important. The are very flat, somewhere between coo ies and wafers in thinness. To peop who like their cookies rich, these m seem rather plain, especially by the selves. The fairest way to try them is an equal partnership with tea.

Tishen Flats
(Welsh Stone Cakes)

- 1½ cups *each* seedless raisins and currants
- Cold water
- 1 cup (½ lb.) soft butter
- 1½ cups sugar
- 1 egg, beaten
- 5 cups regular all-purpose flour (unsifted)
- 1 teaspoon salt
- 2 teaspoons baking powder
- ½ teaspoon nutmeg
- 1 cup half-and-half (light cream)

Soak raisins and currants in cold wat until plump, about 15 minutes; drain.

With an electric mixer beat butter a sugar together until creamy. Beat in eg Sift together the flour, salt, baking po der, and nutmeg. Add flour mixture the butter-sugar mixture alternately wi the cream, mixing well after each a dition. Stir in raisins and currants.

By this time, dough should be just st enough to handle but on the sticky si rather than too dry. At this time a litt chilling in the refrigerator will make th dough easier to roll thin. Roll to abo ⅛-inch thickness on a generously flour board. Using a floured cooky cutter c dough into 2½-inch rounds.

Cook in an electric frying pan at 34 or in a regular frying pan over mediu heat, turning once, until golden brow on each side (about 1½ minutes for ea side). Serve hot with plenty of hot te Makes about 8 dozen Tishen Flats, 2 inches in diameter.

Kenneth F. Morgan

Balboa Island, Calif.

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Try tender, young lamb this new way — Olé! See how the tantalizing taste of Spanish olives complements the delicate flavor of Spring lamb in this recipe.

LAMB CHOPS with Spanish Olive Relish (makes 6 servings)

- 3 tablespoons olive or salad oil
- 1 small clove garlic, crushed
- 1 medium onion, finely chopped
- 1 medium green pepper, chopped
- 1 medium red pepper, chopped
- 2 medium ripe tomatoes, peeled, seeded and cubed
- ¾ teaspoon paprika Salt and pepper
- ¾ cup small pimiento-stuffed Spanish green olives
- 6 lamb loin chops, 1 to 1¼ inches thick

Heat 2 tablespoons of the oil in large skillet over medium heat; add garlic, vegetables, paprika, 1 teaspoon salt, dash pepper and olives. Cook uncovered, stirring frequently until vegetables are tender. Spoon olive relish in center of heated platter and keep warm. Pour drippings from skillet. Season chops with salt and pepper. Heat remaining oil in skillet, add chops and sauté 5 to 6 minutes per side, or until lamb is as done as you like it. Arrange chops around olive relish.

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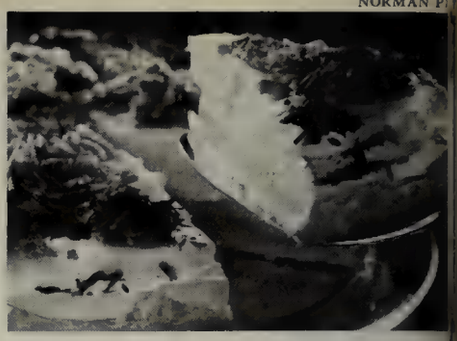

Praline, *chocolate on ice cream cake*

Ice cream cake you make ahead

The make-ahead aspect of this Europ dessert will appeal to the busy host The base can be stored for weeks in freezer. The praline and chocolate bellishments can also be prepared advance.

Swedish Ice Cream Cake

- Butter crust (recipe follows), chilled
- 1 pint *each* coffee and vanilla ice cream
- 1 cup whipping cream
- 2 tablespoons sugar
- Broiled praline lace (recipe follows)
- 1 or 2 ounces semisweet chocolate pared into shavings with a vegetable peeler

In the chilled crust (still in baking p make a layer of coffee ice cream, t top with the vanilla ice cream. W cream until stiff, flavor with sugar, swirl over the ice cream. Freeze u firm; cover airtight to store.

Remove cake from freezer about minutes before serving time; top w the praline lace and make a border shaved chocolate around edge of ca Remove pan rim; cut in wedges wit sharp knife. Makes 8 to 12 servings.

Butter Crust. Combine ¾ cup regu all-purpose flour (unsifted) with 2 ta spoons sugar and 4 tablespoons but cut in pieces. Rub mixture with fing until it's of even texture; pour int 9-inch cake pan with removable bott and shake to make an even layer. P firmly with fingers to make a solid la over bottom and about ½ inch up sides. Bake in a 325° oven for 20 utes or until a pale gold. Chill in pan

Broiled Praline Lace. Combine ⅓ firmly packed brown sugar with ¼ finely chopped almonds and 1 tablesp soft butter; rub between fingers u evenly blended. On a buttered bak sheet press mixture into an evenly th rectangle 6 by 8 inches. Broil abou inches from heat until bubbling but scorched. Let cool, then remove fr pan with a wide spatula and break large chunks; store airtight.

lectronic cooking for short-order cooks.

rt Order #1. The 26-minute roast. 7 p.m. Your husband brings the boss e for dinner without telling you. boss is a beef eater at heart. kily, you have a 5-lb. roast e freezer. Into the elec- ic oven it goes, and inutes later the digs in as your and smiles.

Short Order #2. The 8-minute dessert tray. At 2:30 p.m., the dessert bridge comes to your house. Surprise! 17 hands later, while dummy, you pop the frozen goodies into the electronic oven. In 8 minutes, you're dealing with ooh's and aah's.

Short Order #3. The 7-minute scoutarama. It's 5:10 and from out of nowhere comes the Beaver Patrol. Before they can say they're starved 3 times, a frozen pizza is popped into the electronic oven, and 7 minutes later you're queen of the Beaver Patrol.

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. Order #4. The 14-te casserole. It's p.m. and you're late from the of- At 7:00, your fi- is due for dinner. bringing his her, the cook. ? Never! Into the ronic oven goes erole Fantastique. inutes later, din- enjoyed by all, date is set.

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An introduction to soybeans

"They taste so good!" was the exclan tion we heard over and over again fr our taste-testers who were sampling s beans for the first time. The intrigu nutlike flavor and tender texture these highly nutritious legumes comes a pleasant surprise.

Soybeans are indigenous to China a Japan, where they have been used si before recorded history. Here in West the dried beans are readily av able in health food stores and Orien markets.

Like other dried beans, soybeans m be soaked before cooking.

To soak soybeans: Rinse beans, put i large bowl (they almost triple in volum and add 3 cups water for each cup soybeans. Cover and soak for 6 t hours or overnight. Drain beans; rese liquid for cooking. Pick over beans discard the loose, fibrous bean skins.

To cook soybeans (three of the dis here start with cooked beans): Pour beans and soaking water into a large p adding more water if needed to co the beans. Cover pan, bring to a b reduce heat, and simmer for abou hours, or until beans are tender; more water, if needed, to keep be from sticking. Drain.

These oven-roasted soybeans make crunchy, unusual nutlike snack.

Dry-Roasted Soybeans

Soak ½ cup soybeans as directed abo drain, saving soaking liquid for s stock. Generously sprinkle about teaspoons salt over the bottom of a la shallow baking pan. Spread beans o salt in a single layer. Lightly sprin more salt over top of beans and ro uncovered, in a 350° oven for 45 m utes, stirring often, or until beans evenly browned and crisp to bite. cool on pan. Store airtight. Makes ab 1 cup.—*M. G., Eugene, Ore.*

Soybeans take on a lively new dimens when baked in a sweet, spicy sauce.

Baked Soybeans

- 1½ cups soybeans
- 1 small onion, finely chopped
- ¼ pound salt pork, diced
- 3 tablespoons molasses
- 1 cup catsup
- 1½ teaspoons *each* salt, dry mustard, and Worcestershire
- ¼ teaspoon pepper

Soak and cook soybeans as previo directed. Combine the cooked bea

Raisin sauce does sunny things for the hickory smoked flavor of a Rath Ham.

This Easter, serve a smoky-sweet Rath Ham lavished with Sun-Maid® Raisin Sauce. It's easy. And festive. Just be sure to start with a genuine, slow-smoked-over-hickory Rath Ham. Only a Rath Canned Ham has the hickory smoked flavor this sauce needs.

Here's our kitchen-tested "Sunshine Sauce" recipe: Combine 1 cup Sun-Maid Raisins, 1 cup water, 1 cup orange juice, ½ cup orange marmalade. Bring to boil. Mix 4 tablespoons sugar, 2 tablespoons corn starch, ¼ teaspoon salt, dash of cloves. Stir into sauce. Cook and stir until thick. This recipe makes 3 cups of sunny, raisin sauce. And you've never tasted any better.

Good Housekeeping GUARANTEES REPLACEMENT OR REFUND TO CONSUMER

Rath

From Rath—the best family of hams. The Rath Packing Co., Waterloo, Iowa

Your wedding. Uniquely yours.
In the good taste that's especially you.
That's why the stationery you choose
will be Crane's for your invitations and
announcements. For informal and formal
papers, calling cards and casual notes.
The stationery specialists at fine jewelers,
department stores, stationers, and specialty
shops will be pleased to help you select
from Crane's 100% rag papers.

Crane...
when words alone are not enough

onion, salt pork, molasses, catsup, sa
mustard, Worcestershire, and pepper
a 1½-quart casserole. Cover and bake
a 300° oven for 30 minutes. Reme
lid, stir beans well, and continue to bal
uncovered, for 30 minutes longer,
until sauce is thick. Makes 6 servings.

You marinate cooked soybeans in
piquant dressing and garnish them w
cheese and egg for this salad entrée.

Marinated Soybean Salad

- 1 cup soybeans
- ¼ cup *each* finely chopped parsley and green pepper
- 2 green onions, thinly sliced
- 1 tablespoon chopped pimiento
- ⅓ cup olive oil or salad oil
- 3 tablespoons white wine vinegar
- ½ teaspoon salt
- ¼ teaspoon Dijon-style mustard
- ⅛ teaspoon *each* pepper and basil
- Butter lettuce
- 2 hard-cooked eggs, quartered
- 1 medium-sized tomato, cut in wedges
- About 4 ounces sharp Cheddar cheese, cut in thin strips

Soak and cook soybeans as previou
directed. In a bowl, combine soybea
parsley, green pepper, green onions, a
pimiento. For the dressing, blend
gether oil, vinegar, salt, mustard, pepp
and basil; pour over bean mixture a
mix well. Cover and refrigerate fo
hours or overnight; stir several times.
Heap beans in lettuce-lined bowl; g
nish with eggs, tomato, cheese. Serve

An interesting combination of textu
distinguishes these tacos. Serve them
lunch or a light supper.

Refried Soybean Tacos

- 1 cup soybeans
- 6 tablespoons butter
- 1 small onion, finely chopped
- 2 to 4 tablespoons finely chopped canned California green chiles
- 1½ cups shredded jack or sharp Cheddar cheese
- Salt and pepper to taste
- 1 dozen corn tortillas
- About 2 cups finely shredded iceberg lettuce
- 2 medium-sized avocados, diced
- 2 medium-sized tomatoes, diced
- Bottled taco sauce

Soak and cook soybeans as previou
directed. With a potato masher, m
the cooked beans. In a frying pan m
butter; add onion and sauté until on
is limp, about 5 minutes. Stir in
mashed beans, chiles, ½ cup of
cheese, and salt and pepper to ta
Cook over medium heat, stirring, u
the cheese is melted and ingredie
are well blended and heated throu
keep warm.
Meanwhile, heat the tortillas on a h
ungreased griddle about 30 to 45 seco
on each side. Wrap in foil and k
warm in a 300° oven until needed.
To serve, spoon 3 or 4 tablespoons
beans into a hot tortilla. Pass lettu
avocados, tomatoes, the remain
cheese, and taco sauce. Makes 12 tac

THE

Western Kitchen

NEWS AND IDEAS

Cabbage keeper

A head of cabbage, lettuce, or cauliflower can be kept crisp and fresh in a specially designed plastic bowl with a domed, snap-on lid. It is shaped like a cabbage head and has a rustproof spike molded into the bottom to keep the produce above drained-off water. It's dishwasherproof, and costs about $1.30.

DON NORMARK

A plank for the telephone

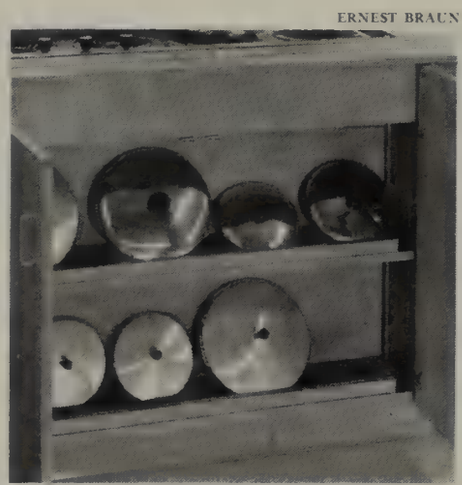
This simple plank counter serves as a telephone message center, also a snack bar if you pull up a stool. It tends to keep members of the family within view of the cook but out of the working center of the kitchen. Owner-architect is Robert Swaim of Tucson.

NEIL KOPPES

Simple tray storage

le vertical panels can solve tray, ıg pan, and rack storage prob- This cabinet, below a cooking l, provides a convenient and sible area for keeping baking ıment orderly and easy to reach. itect was Robert Lawton of sdale, Arizona.

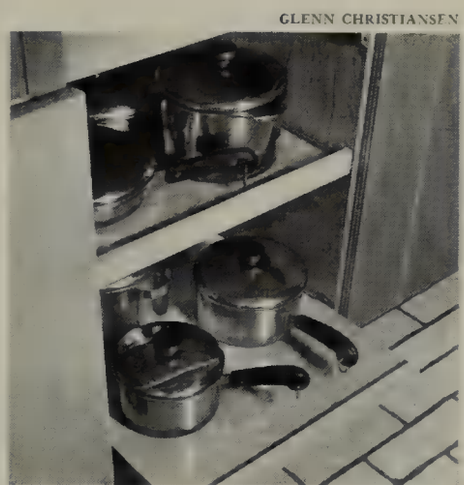
ERNEST BRAUN



Lids you can reach

The area below this cook-top makes a good spot for storing lids. With the addition of a ½ by ¾-inch strip at the front of the shelf, lids are held upright and are easily reached. Architects were Kirk, Wallace, McKinley & Associates for the Don Campbells of Vancouver, Washington.

GLENN CHRISTIANSEN



Sliding shelves

Deep, under-counter storage areas are often inaccessible and thus become wasted space. With the installation of simple sliding shelves, the pans stored in this cabinet can now be rolled within reach. Utilizing the full shelf area eliminates need to stack equipment.

LEARN FRENCH IN ONE MEAL

Maybe you can't roll a French "r" but wait till you twist your tongue around Sauce Bordelaise à la Crosse & Blackwell.® In one easy lesson, you'll have the answer to filets mignons gourmet-style.

Other Continental Sauces from Crosse & Blackwell: Champignon, Newburg, Bolognaise, Polynesian

NORMAN PL

Marinated, cooked asparagus *garnis with cherry tomatoes, ripe olives, and e*

Instead of celery, Asparagus Victor

Whole asparagus spears stand in for c ery in this springtime version of famous Western salad originated by C Victor Hirtzler of the St. Francis Ho in San Francisco.

Fresh Asparagus Victor

- 2 pounds asparagus
- 1 can (about 14 oz.) regular strength chicken broth
- 6 tablespoons olive oil
- 4 tablespoons white wine vinegar
- 2 tablespoons *each* finely chopped green onion and pimiento
- 1 teaspoon Dijon-style mustard
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- Shredded iceberg lettuce
- 2 hard-cooked eggs, quartered
- Cherry tomatoes, halved
- Pitted ripe olives
- 1 can (2 oz.) anchovy fillets (optional)

Break off the white fibrous ends of asparagus; discard. Wash asparagus w In a large frying pan, heat chicken br to boiling; add asparagus and simme to 9 minutes, or until tender. With ton remove asparagus to a deep bowl. (S broth for other uses, if you wish.)

Blend together the olive oil, vineg green onion, pimiento, mustard, s and pepper. Pour dressing over aspa gus, cover, and chill 4 to 6 hours.

To serve, arrange a bed of lettuce o large platter. Place asparagus on top several piles; garnish with eggs, tomato olives, and anchovy fillets, if us Drizzle remaining dressing over Makes 4 to 6 servings.—*H. N., S Francisco.*

Roast beefier hash, from Mary Kitchen.
Mary Kitchen makes hash from fresh roast beef. With all the juices. The way you'd make it if you had all the time in the world.
Mary Kitchen
Roast Beef Hash
FRESH ROASTED BEEF
Hormel

GLENN CHRISTIANSEN

Pump: *Inject hollow needle through cork. Handle pumps air into bottle, lifts cork out with festive pop.*

Tip bottle if air escapes around side of cork. Hand pump and similar gas-driven extractors can explode weak bottle.

Prongs *are inserted between cork and mouth of bottle and with rocking motion lowered along sides of cork. Twist and lift to remove. Cork emerges whole, can be used to reseal.*

Prongs may push cork down neck of bottle.

Twin levers: *Handle doubles as bottle uncapper. Turn it. Worm descends and arm levers rise. Pull arms down to draw up cork. Good performer.*

Be careful not to tip over bottle.

Sheath and handle: *Hollow wooden sheath slides over worm for safety in storage or in your pocket on way to picnic. It also serves as handle—see photograph.*

Offers no mechanical advantage.

Takes strong pull to free cork.

Bell cap *gives some mechanical advantage. Cork twists up into bell as you turn handle. Rock handle to start cork then make firm, straight pull to release.*

Boot lever: *Twist worm into cork. Position end of jack lever on lip of bottle. Lift end of handle to raise cork. Waiters favor it because it folds compactly to fit in pocket, has cutting tool for foil caps, and works with a flair.*

Since cork is not pulled vertically from bottle, it may occasionally (but not often) break.

Double screw: *Worm is twisted into cork by small upper handle. Turn lower handle (on wooden threads) in the same direction to remove cork; dependable performer.*

Only model shown that doesn't let you watch cork coming out of bottle.

Uncorking wine . . . here are your choices

The corkscrews above illustrate the basic principles of cork lifting. Each has a convenient grip; some offer mechanical advantages; each has its own peculiar method of operation.

A dependable, no-nonsense performer is the wooden machine shown at the right. Where showmanship is called for—on the spur of the moment you bring an unopened bottle to the table—you have choices: the pop of the air-driven cork remover, the daring twist-of-the-wrist pronged device, or the drama of the slowly rising double-armed levers.

The real work of a corkscrew goes on underneath in the spongy, dark interior of the tightly seated cork. This is where the worm, metal spiral, helix, or screw (the terms are almost interchangeable) determines the worth of the corkscrew. Once a cork is engaged with a properly constructed worm, it can be lifted with something as primitive as a pair of pliers. The basic spiral shapes are identified in the photograph on page 236.

The tip should taper to a sharp point that will easily enter the cork; some wine fanciers sharpen it occasionally and protect it by keeping the last trophy impal on the worm until time to uncork other bottle. The tip should be aligned lead the spirals cleanly through the c and out the bottom. If the passage been smooth, the emerging tip will dump bits of cork into the wine. T protruding worm supports the cork a is pulled out of the bottle.

Corks vary in length up to about inches. The worm of the corksc should be at least 2¼ inches long.

Wine experts who have studied efficiency of the spiral shapes have co

"If you can't use good herbs & spices, don't use any at all."

"I've been writing cookbooks for many years now, and my research has led me to two basic culinary truths. You can't really cook without herbs and spices, and those herbs and spices have absolutely got to be top rate. Anything less just won't taste the same.

"Now, it isn't all that hard to tell quality herbs and spices. Let your nose be your guide.

"Sniff for freshness. You can tell. The bouquet should be clean and clear and sharp. Remember—if it smells good, it tastes good.

"Use your eyes.

"Look for fresh color. Herbs should be a natural green. Not a pale, dried-out grey. Spices should be clear and bright.

"And make sure they're packed in bottles so they *stay* fresh. And stay orderly. Tins and boxes tend to spill all over the kitchen.

"If it sounds like I'm talking about Spice Islands products, I am. Yes—they cost a few pennies more, but if they don't make your food more succulent and flavorful and delicious, well, my name isn't James Beard."

SPICE ISLANDS®
The kind James Beard uses.

Jenn-Air's new indoor grills...

Outdoor flavor, year round. Ducts smoke outdoors... no hood needed.

Exclusive Surface Ventilation. Jenn-Air's unique exhaust system is built right into the grill itself. Snares smoke and odors at their source . . . and whisks them quietly outdoors. This electric grill installs in as little as 18" of counter space in your kitchen or rec room.

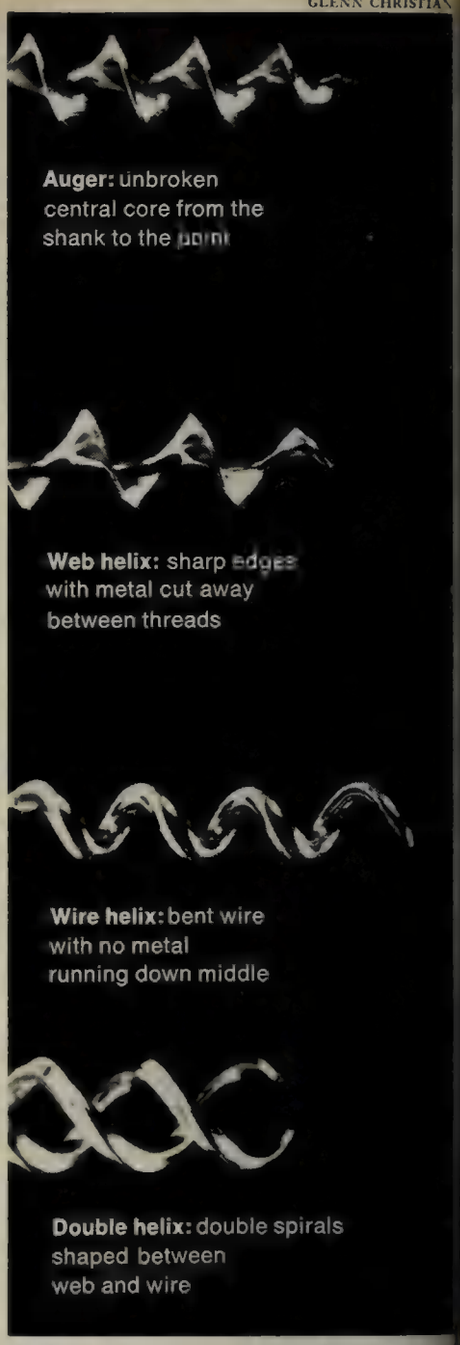
Great New Menu Flexibility. You'll use it everyday. Broil steaks and chops with authentic outdoor flavor. Grill hot dogs and hamburgers for the kids. Or add the accessories: A non-stick griddle for bacon and eggs, pancakes. An electric rotisserie for roasts, chickens. A shish kebab for exotic specialties.

Range Models Available. For even greater cooking flexibility, see the surface vented four-element ranges and range/grill combinations at your nearest Jenn-Air dealer. You'll find his name in the yellow pages. Or write today for a free catalog illustrating the complete Jenn-Air line of fine cooking appliances.

JENN-AIR WESTERN, INC.

6490 Fleet St. • City of Commerce, California

GLENN CHRISTIAN



Best performing *corkscrews are two in middle, with nod going to wire helix*

to the following conclusions:

The auger with a continuous metal sh is the least expensive to manufactu but its shaft tends to break down t center of the cork and push it throu into the wine. Also, the pressure of pu ing out the cork may rip out the we ened central portion. The double he may chew up the middle of the co especially a dry and brittle one. The w and wire helixes wind through the co and provide a good footing for extr tion. While there is some disagreeme about which of these two is best, the m jority seem to favor the wire helix, whi holds up well under leverage.

Make sure that the worm is well attach and can not be pulled from the body the corkscrew. It should be of unifo width from the shank to about ¼ in from the point.

How do you know this ham is lean?

we give you our word.

When you're buying a canned ham, you can't look inside to see how lean and good it is. You have to take somebody's word. That's why we don't show you a pretty picture of this ham. Instead, we show you the word "guaranteed" on the top of the can.

Our new E.X.L. ham is a lean, solid piece of meat. It's hand cut from the choicest part of a larger ham, with no bones, no waste. We top it with a sugar and spice glaze, then cook it sweet and tender in its own natural juices. Ready for you to simply heat and serve, or to slice cold.

You'll like our E.X.L. ham—or have your money back. We give you our word.

Hormel
FINE FOOD PRODUCTS

If not completely satisfied, send certificate inside can to Hormel, Austin, Minn., for full refund.

We heated two dog foods to find out who's got the meat and who's got the mush

(Actual unretouch

We heated a can of ALPO for five minutes, stirred it, and ended up with chunks of beef and meat by-products.

Then we took a can of one of our leading competitors. They claim to be chunks of meat and meat by-products. We heated their can for five minutes, stirred it, and all the chunks turned into mush.

Real chunks of meat don't turn to mush when you heat them. ALPO Beef is always chunks of beef and meat by-products, heated or not. But many dog foods that claim to be "meaty" fall apart when heated.

If you ever take the time to heat a can of dog food, you'll find out who has the meat chunks and who has the mush.

You get meat with ALPO. Just meat and meat by-products with all the vitamins and minerals your dog needs for a complete and balanced diet. Switch your dog to ALPO. Then he'll get the meat you pay for.

©1970 Allen Products Co., Inc. Aller

DARROW M. WATT

Pour *buttery pineapple sauce over pancakes*

Cheerful breakfasts . . . pineapple pancakes, kumquat waffles

t flavors distinguish these brunch ·akes and waffles.

apple juice, included in the batter, ; the light pancakes their delicate ·r. They are enhanced by a tart fruit ɜ and accompanying sliced bananas lime wedges.

len flecks of preserved kumquats cattered throughout the sponge-like es. The kumquat syrup serves as ›ase for a sauce to spoon over them.

apple Pancakes

bowl beat 1 egg until blended. Stir tablespoon salad oil, ¾ cup half-half (light cream), and ¼ cup ed, undiluted frozen pineapple juice ɜntrate. Stir in 1¼ cups pancake ust until blended.

;ure about 2 tablespoons batter for pancake and cook over medium on a lightly greased, preheated pan-griddle or wide frying pan. Serve bananas (½ banana for each serv-ut in half and sliced lengthwise, and ıe cut in wedges as shown above. : with pineapple sauce (recipe fol-. Makes about 16 pancakes.

ıpple Sauce. In a saucepan over low combine ½ cup firmly packed n sugar, ¼ cup butter or marga- ¼ cup thawed, undiluted frozen pple juice concentrate, ½ teaspoon grated lime peel, and ¼ cup half-and-half (light cream). Heat, stirring, until mixture is blended and hot; do not boil. Serve warm over pancakes. Makes about 1 cup.—*R. M., Roseburg, Ore.*

Kumquat Waffles

Drain 1 jar (9 or 10 oz.) whole preserved kumquats, saving syrup. Remove and discard seeds, and then mince finely.

Separate 3 eggs. In a large bowl beat egg yolks, 1½ cups milk, and 3 tablespoons melted butter or margarine with a fork until blended; add kumquats. Measure 1½ cups regular all-purpose flour (unsifted) and mix with 1 teaspoon baking powder, ½ teaspoon salt, and 2 tablespoons sugar. Stir flour mixture into egg mixture just until blended.

Beat egg whites until stiff peaks form. Fold egg whites into batter. Bake in a preheated greased waffle baker according to manufacturer's directions until brown. Serve with kumquat sauce (recipe follows). Makes 6 large waffles.—*L. P., Riverside, Calif.*

Kumquat Sauce. In a saucepan over medium heat combine ½ cup firmly packed brown sugar, ¼ cup butter or margarine, and ⅓ cup of the reserved kumquat syrup. Bring to boil, then simmer to reduce amount to ¾ cup. Serve hot with kumquat waffles.

Try a Red Eye

(It's an eye opener)

Dazzling New Flavor

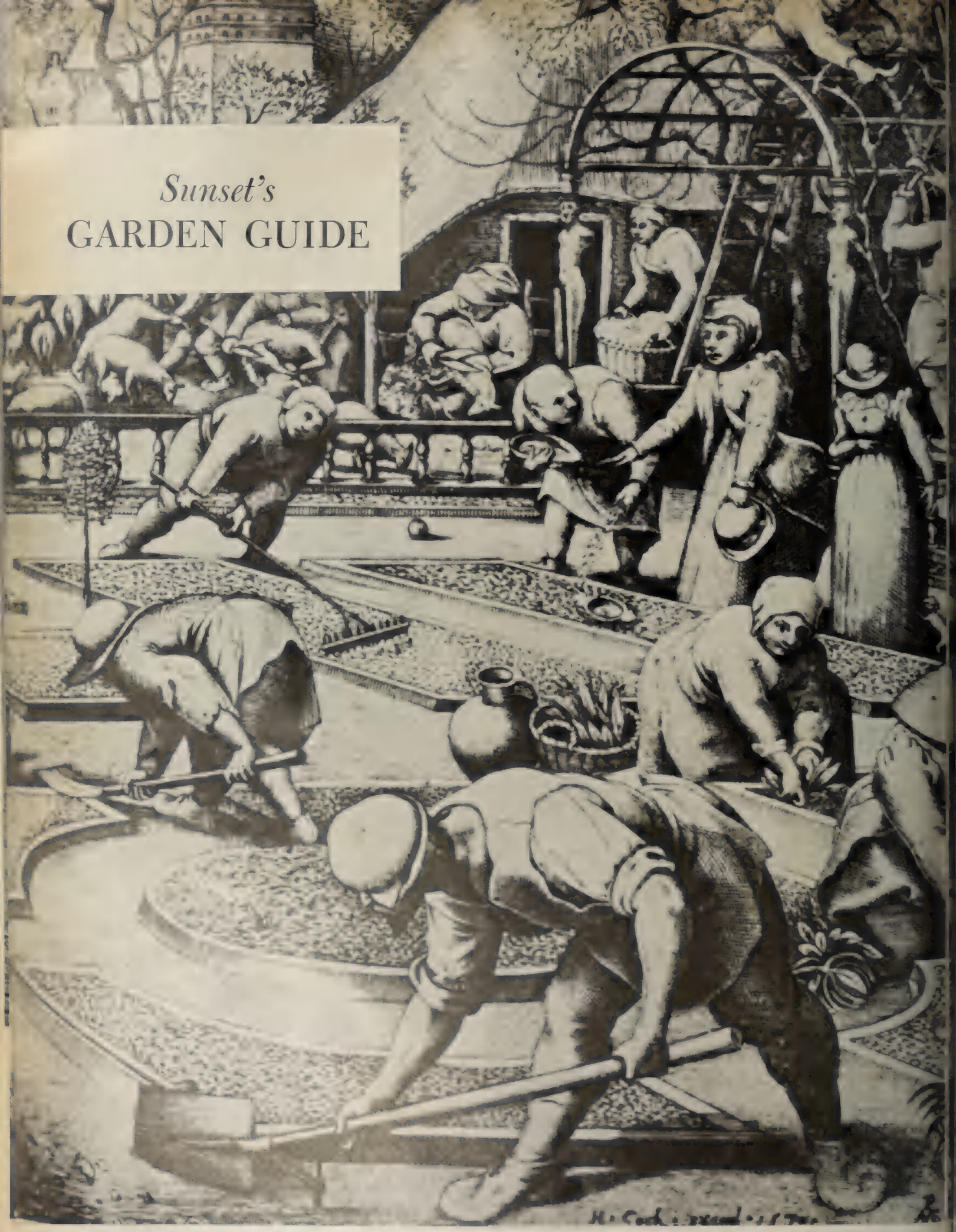
For 1	For 4	
⅛ tsp.	½ tsp.	salt
½ tsp.	2 tsp.	lemon juice or ReaLemon
½ tsp.	1 tsp.	Worcestershire sauce
⅛ tsp.	½ tsp.	Tabasco brand pepper sauce
6 oz.	24 oz.	tomato juice, chilled

Place all ingredients in glass and stir thoroughly. Add ice if desired.

Smashing glass offer. Four crazy 8-oz. Red Eye glasses, only $3.50 postage paid. Funny Mr. Red Eye on the front and pop art Tabasco label on the back. Write: RED EYE, c/o McIlhenny Company, Avery Island, Louisiana 70513

TABASCO®, *made from the juices of ripe peppers.*

Sunset's GARDEN GUIDE



It's raking, seeding, planting time

"Spring," painted 400 years ago by Pieter Brueghel the Elder an engraved by Hieronymus Cock, shows sixteenth century Flemi at their early spring tasks. These are the same ones awaiting mod gardeners in April: preparing soil, sowing seeds, setting out plan

PRIL IN YOUR GARDEN:

This month you can do almost anything

e **industrious folk** on the opposite ;e are under the spell of April. Every r the warmer weather and longer 's of April compel gardeners to get in the garden and do something. d the compelled gardeners have no ıble finding things to do.

ring April you can plant most sum- r annuals and vegetables. Weeds grow during the longer days so there is of weeding ahead.

: warmer weather also brings out ıy more kinds of birds and insects. tunately almost all of them are harm- to gardens.

e some time to enjoy plants in bloom /—late flowering azaleas and camel- . rhododendrons (in peak bloom), /ering cherries and crabapples, roses, ps, and iris.

tachlorophenol: ger to plants

page 78 of the March issue, the arti- on Hilgard Hall's window boxes ıtions that the students painted the vood boxes with pentachlorophenol preserve their color and prevent de- After painting, the students let the es dry and air out for a week before ting in them. However, 2 of the 15 ls of plants used—Iceland poppies nasturtiums—still died from the erful, lingering fumes of the penta- rophenol.

tachlorophenol has long been known herbicide, in addition to its use as a d preservative. It makes wood toxic acteria, fungus, termites, and other ructive insects, thereby lengthening life of the wood. But its fumes are toxic to plants if not allowed to dis- te completely. In the case of the Ice- poppies and nasturtiums, one week not enough time. If you use penta- rophenol where you intend to have ts, wait until you no longer can l the fumes—it may be two weeks ıore—before planting.

struct a plant stand ı a ladder

starting seeds and cuttings, a porta- tand that holds many containers and takes up little room is ideal. Mrs. Alfred Wessell of Boulder Creek, California, found a way to convert a 6-foot wood stepladder into such a stand easily and inexpensively.

She cut leftover pegboard into five shelves and fit each between a rung of the ladder on one side and a corresponding support on the other. Depending on your ladder, you may have to provide the supports on the opposite side, nailing them at the appropriate levels. Then nail or wire shelves into place; wiring through pegboard holes makes dismantling easy.

Mrs. Wessell's ladder holds about 50 clay pots of 4-inch diameter, a tray of 40 plastic 2-inch pots, and more than a dozen other containers. It provides exposures from full sun to partial sun to full shade, meeting many kinds of plant requirements. (Rotating plants frequently prevents them from bending toward the light.) Sheets of plastic tied onto the ladder protect against wind and frost; putting plastic on all sides turns it into a miniature greenhouse.

The pegboard creates the only problem: Its holes are fine for air circulation between shelves and good drainage from pots so they don't stand in puddles, but the material itself tends to warp from the water and weight of the pots. If your ladder stand is to be temporary, this won't matter, but use sturdier material for long-term shelves.

For holly lovers

A new, updated edition of *The Handbook of Hollies* is now available, published jointly by the American Horticultural Society and the Holly Society of America, Inc. This paperback is a special issue of *The American Horticultural Magazine* (Fall 1970), replacing the original 1957 edition. It contains information on the growing of holly from planting to pruning to hybridizing, also uses, disease problems, lists of new introductions, and a history of the species.

The 192-page handbook may be obtained for $5.50 from the Holly Society of America, Inc., Box 8445, Baltimore, Md. 21234.

DARROW M. WATT

For colorful, *easy-to-grow container plants, try nasturtiums. This is yellow-blooming dwarf double "Primrose Gem"*

Nasturtiums: easy to sow, easy to grow

For some of the easiest, brightest summer color imaginable, sow one or two packets of nasturtium seed this month. These annuals are so easy to grow, in fact, that they're a favorite for young gardeners. They have big seeds that germinate quickly in almost any well drained soil. They like a sunny location and need no feeding in average soils.

Nasturtiums bloom about two months after sowing and continue up until frost. They will reseed and bloom for years if you leave them alone.

Plant the climbing varieties (up to 6 feet high) against fences, trellises, or banks, or in hanging containers. Dwarf bushy kinds grow to 15 inches high in edgings, borders, and pots. Bring cut nasturtiums indoors, too; the flowers and leaves make long-lasting arrangements, and you can use both parts of the plant in green salads

Sunset's GARDEN GUIDE

Seeds embedded *in water-soluble tape are easy to plant: Cut tape to length of furrow, cover with soil, and water well. (See photograph of sprouted seedlings on opposite page)*

or as a garnish. It tastes somewhat like watercress.

Fireblight strikes pyracanthas

When the first pyracantha blossoms appear, begin watching for evidence of fireblight, a bacterial disease carried by pollinating insects. Highly contagious and destructive, it can wither entire branches in a matter of days, and can even kill full-grown plants.

Fireblight may attack almost any member of the rose family but seems to thrive on pyracanthas. Bees, flies, and aphids are the usual carriers of the bacteria. The first symptom is withering of blossoms, young fruits, and leaves. Afflicted leaves appear wilted but are stiff and crisp, clinging to the dead branch which looks scorched, as if by fire.

If you notice any of these signs, immediately cut off the infected wood several inches below the damage. After each cut, sterilize your shears with household disinfectant. Then spray nearby pyracanthas (those that are still blooming) with a copper-containing fungicide to protect them; one diseased plant can quickly infect the rest.

The art of pinching

Pinching off tips of young, fast-growing annuals and perennials has many benefits. It results in bushier plants, more growing tips, and more flowers.

Most young plants need at least one pinching each season to force out side growth. Chrysanthemums need several pinchings between now and the fall blooming season. There's very little technique involved in the process; just use your thumb and forefinger—and pinch.

New way to sow seeds

The seed racks in nurseries contain a new product to make planting seeds easier—seed tapes. These are ¼-inch-w strips of green cellulose containing flo or vegetable seeds spaced about 1 i apart. Each package costs about 70 c and contains 15 feet of tape; there 11 flower and 7 vegetable varieties av able. Compared to regular seeds, the vantages are minimum planting time effort, little thinning to do later (si the seeds are prespaced), and more form maturing of the plants.

Planting is indeed easy: You simply the tape in a furrow as deep as the p age recommends, cover with soil, water thoroughly to dissolve the t

We tried planting six kinds of the t —three flowers and three vegetables. sprouted in a week. The radish and turtium seedlings germinated best grew fastest; both reached 2 inches h after 10 days (see photograph on op site page). Onions also had a high p centage of germination and came

APRIL CHECK LIST: *Here are the m*

☐ **Annuals.** April is a good month to plant summer annuals from seed or flats. If you set out plants from flats, apply a light mulch to conserve moisture and retard weed growth. Wait until weather gets really hot later this month or in May to plant celosia, dwarf dahlias, or zinnias.

☐ **Azaleas, camellias, and rhododendrons.** Feed plants after they finish blooming. Use an acid fertilizer. Apply a 2-inch mulch of organic matter to keep soil around plants cool and moist. You can see late azaleas and most rhododendrons in bloom at nurseries now.

☐ **Bulbs.** Cut off faded blooms to keep spring bulbs from wasting energy on setting seed. You can sow alyssum, forget-me-nots, or petunias over bulbs to cover up foliage, but don't dig up the bulbs until all the foliage has turned brown. Plant such summer-flowering bulbs as agapanthus, canna, dahlias, and gladiolus now.

☐ **Citrus and fruit trees.** Feed and begin watering citrus. Citrus roots spread out twice as far as the branches, so make sure water and fertilizers cover that much area. If you haven't fed the tree this winter, feed it now with a high nitrogen fertilizer. You can also plant citrus now. Put them in a sunny, fast-draining area that is protected from strong spring winds. Or plant in containers to meet these requirements.

If you want to spray for codling moth on apples or pears, see article on page 283. Begin thinning stone fruits (remove excess green fruits).

☐ **Herbs.** Try planting herbs among plants that are frequently bothered by pests. Sweet basil, chamomile, chives, dill, lavender, santolina, and thyme are said to help repel insects. You can plant them now from seed or small pots. Most herbs are most pungent when grown in a fast-draining soil that is rather poor in nutrients.

☐ **Lawns.** April is the best time to plant dichondra. Start a regular watering and feeding schedule. Do any hand weeding while weeds are still easy to pull out.

☐ **Perennials.** Nurseries have perennials in flats and small pots now. Some to plant are alyssum, candytuft, columbine, delphin-

ELLS MARUGG

1 1 inch apart, *seed-tape-planted radishes, nasturtiums are 2 inches high*

At some nurseries, *started vegetables come in 4-inch pots (also flats, packs). Some are unusual*

mly. Marigolds made a slightly showing, and only about half of et and zinnia tapes germinated. e seedlings that did sprout grew owever.

Instant vegetables for your garden

Many vegetable gardeners aren't aware of all the started vegetables available in nurseries in the spring. Started vegetables come in flats, pony packs, or 2 or 4-inch plastic pots, and have the advantage of giving your garden a head start toward harvest. Vegetables commonly sold this way are pole and bush beans, cucumbers, eggplant, onions, peas, peppers, Swiss chard, and tomatoes. Some of the larger, perennial vegetables, such as artichokes, asparagus, and rhubarb, are sold bare-root or in gallon cans.

Occasionally you can also find other started vegetables at nurseries. One nursery that provides perhaps the largest and most unusual variety of started vegetables is Western Garden Nursery & Florist in Hayward, California. It offers cantaloupes, collards, corn and Indian corn, garlic, leeks, casaba and Crenshaw melons, mustard greens, peanuts, pumpkins, shallots, snow peas, squash of several kinds, and watermelons.

ortant tasks awaiting you now

ums, gerberas, penstemon. Plant out any perennials started from seed ast August.

☐ **Pest control.** Slugs, snails, aphids, and whiteflies are the nain offenders this month. Hide oisons for slugs and snails from nimals by putting them under oards or in wire cages (make sure here is enough room for big snails o get the bait). A year ago, a new nail control entered the lore: stale eer in pans. How effective? See age 253.

Hose off whiteflies and aphids before hey increase in numbers. Because hey're so small and fragile, they eldom get back to the plant after eing hosed off.

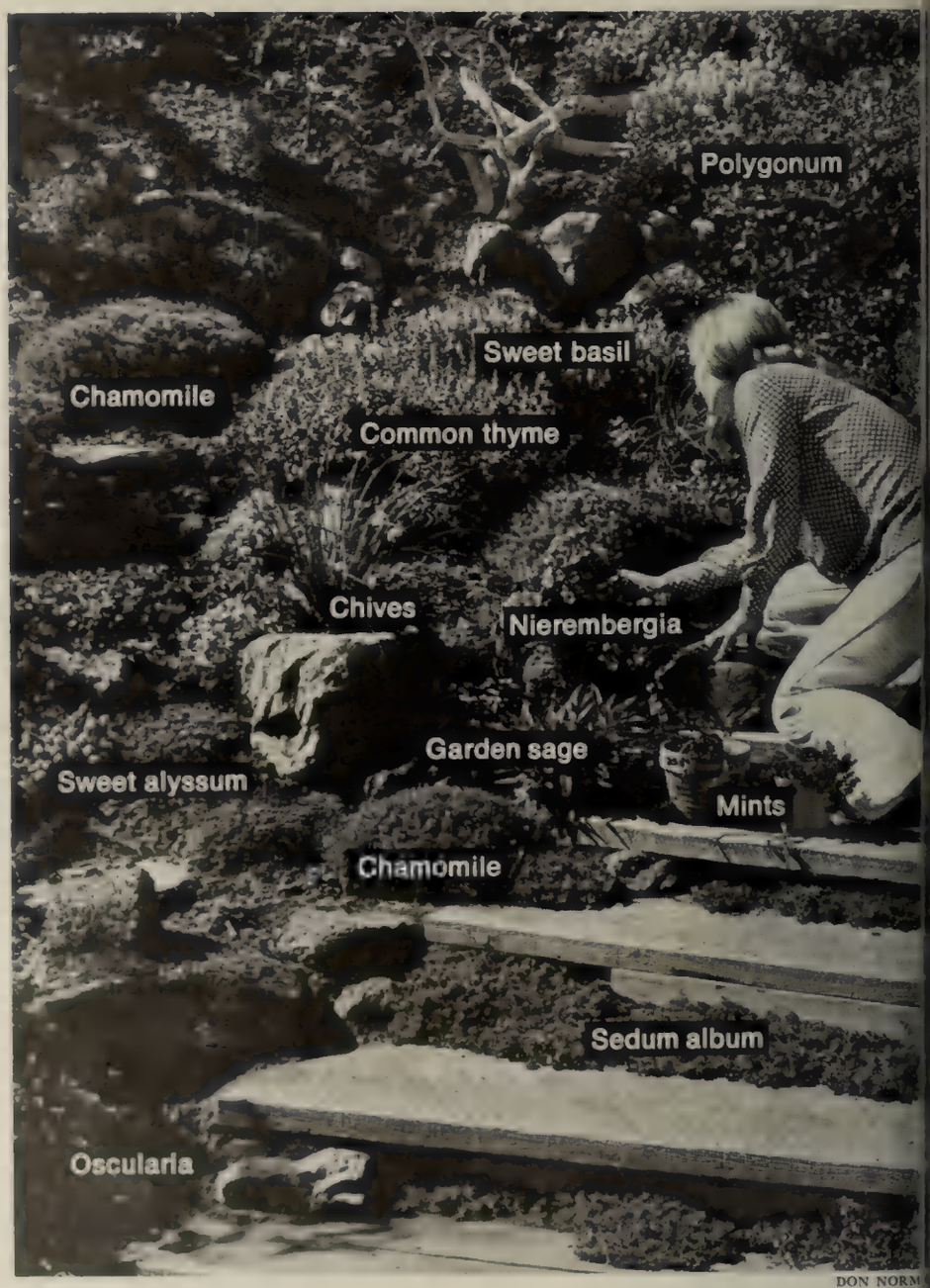
☐ **Pruning.** You can cut back flowering trees and shrubs after they have finished blooming. Or, if any are still in bloom, prune them and enjoy the flowers in your home. Prune for shape and maintenance of size. If any plants were partially killed in a frost, carefully cut them back to green wood.

☐ **Vegetables.** It's time to get started on the summer vegetable garden. All the warm season vegetables go in now: beans, beets, carrots, chard, cucumbers, eggplant, peppers, squash, tomatoes, and that heat-lover, corn. Don't plant all of one vegetable at the same time or you'll have to harvest it all at the same time. Stagger the plantings several weeks apart.

☐ **Watering.** Unless there are a few April showers, start a regular summer watering schedule. If you are the least bit forgetful, keep a record of when you water various plants so you'll have fewer problems with under or overwatering. Rebuild irrigation basins around trees and shrubs. Decide how best to water vegetable and flower beds before planting them. The best method is to soak plants to keep roots deep. This results in less watering when the weather really gets hot.

☐ **Weeding.** Get a head start on weeds while they are still small and easy to pull or hoe out. Use mulches to keep weeds from coming back. A weed oil can take care of pathways or other areas where you don't want anything to grow. If used properly the oily spots will remain only a short time, and there will be no surprise side effects.

This handsome hillside garden controls erosion and its plants offer savory help in the kitchen



DON NORM

Nierembergia *brings a patch of blue to greens and grays. Mint will be planted in pots to curb vigorous spreading*

When your back yard consists very largely of a steep bank, the obvious solution is to cover the bank with ivy, juniper, or some other tough, fast growing ground cover. But Mr. and Mrs. James M. Hinch of San Pablo, California, although novice gardeners, came up with a far more imaginative solution. They built a hillside garden that combines herbs, ground cover plants, flowering plants, rocks, and logs into a mosaic that delights and surprises the eye.

On a more practical plane, the herbs often contribute their savory essences to Mrs. Hinch's sauces and stews. And on a still more practical plane, the tough, deep-rooting, sun-tolerant plants they have chosen keep the soil from washing down into the level lawn area just behind the house.

Heavy rains in the fall and winter of 1969-70 caused runoff that turned the back yard into a swamp and threatened to carry the soil away. As an emergency measure the Hinches seeded the bank with strong-rooted, coarse grasses to hold the bank together until good planting weather came in the spring.

The growth you see in the picture is the result of one summer's growth. On May 1, the family cleared the hillside of its weeds and weedy grasses and put chicken wire down over the bank, which at the time resembled a high-rise gopher apartment house. Over the wire they put a mixture of topsoil, sand, peat moss, and fertilizer. Logs and rocks garnered on family outings helped create planting pockets and shored up soil in the steepest parts of the garden.

The last job before planting was the building of steps. For a closer look at these and at the sedum that grows around them, see page 107. The sedum grew from cuttings contributed by a neighbor. Indeed, most of the plants that you see in the picture came from seed or from small pots or flats. And many came from neighbors and relatives who watched the progress of the garden.

Most of those that grow on the hillside are Mediterranean plants tolerating fierce sun and indifferent soil. With the Hinches' good care, they grew easily.

By late summer the garden looked well furnished, and it will continue to look so throughout the year in this mild-winter climate. The polygonum ground cover may go bare during heavy frost, or even die back to the soil, but it revives from its roots or from self-sown seedlings. Sweet basil is an annual and [illegible] be replanted each spring; raise your [illegible] seedlings or buy plants from a nur[illegible] Sweet alyssum is an annual, but it [illegible] itself so freely that it requires only [illegible] ning out to produce a good show [illegible] year around.

Maintenance is easy; even though [illegible] mint is curbed by pots, it tends to sp[illegible] around and needs occasional thin[illegible] The pattern tolerates variation, and [illegible] easy to pop in flowers (like the nie[illegible] bergias) to perk up the garden [illegible] patches of bright color.

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An alternative regular spinac

New Zealand spinach isn't a tru ach; it is, in fact, a close relative ice plants. But members of the Dewey family in Gilroy, Californ that it serves every purpose that s does. They eat it as a salad an cooked vegetable. In some dishe tably Italian and Near Eastern, c ing greens with dough—they prefe Zealand to regular spinach, fin less watery.

It is a tender perennial usually gr an annual. Plants live over where ing is not severe, and may yield th out the year where frosts are li western Washington and Orego throughout California, New Z spinach produces over a long yielding many pickings after spinach has perished in the heat. B of its tolerance of hot weather, it i cially useful east of the Sierra-Ca

Sow outdoors when soil warms c indoors and transplant to the when frosts are over. Thin seedl stand a foot apart in the row; spac 4 or even 5 feet apart to accom sprawly plants. Water generous feed if growth slows or plants color. Harvest tender, 3 to 4-in with leaves. New tip growth will Pull up plants that grow old, toug woody. Volunteer seedlings are there to replace them.

GERALD R.

Knee-deep *in New Zealand spinach and Allen Dewey harvest tips fo*

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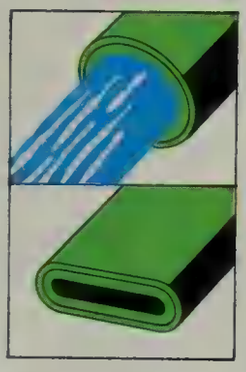

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Bonsai house

It's work center, wind and sun shelter, and display place

Miniature *Japanese maple tree is wired, shaped, and pruned at eye level*

If you fancy the art of bonsai (dwarfed trees or shrubs), you may pick up some ideas from this carefully planned work and display shelter designed by Al Yamashita for the garden of Dr. and Mrs. Ernest Gong-Guy, of San Jose.

The shelter roof of 2 by 2's, spaced 2 inches apart and edged with 2 by 12's, protects plant specimens from direct sunlight while the solid back wall serves as a windbreak and background for the handsome dwarf trees.

Roof weight is supported by 6 by 6-inch posts; three tiers of shelves are supported by 2 by 4's. The overall structure is 28 feet long and 9½ feet high. Two (the first 18 inches wide with two outs for boulders, the second 28 in give a softening transition from the to the display floor where some o largest trees are kept.

A work area is located behind the p on the far left end. Its waist-high co has ample width (20 inches) for pru and potting chores and is long enou give extra room for specimens in early stages of training. A utility sh inches below runs two thirds of the across. Potting mixture is stored covered container on the ground.

Left. *Work counter, potting center are hidden from display area by fiberglass panels. Storage for tools, pots, copper wire is provided in handy shelf under 9-foot-long counter.* **Below.** *Display shelves hold 40 specimen trees at present, will hold more*

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GRAVEL

Will beer really get slugs, snails?

slugs and snails like beer? The Sep- ıber 1970 issue of *Sunset* asked ders to describe their methods and ess their success or failure using beer a bait. Of those who responded, 74 cent reported success, 13 per cent ure. Others suggested alternatives.

ıst respondents used the following thod: In the evening, when slugs and ils begin to feast, set out pans of beer. h the top lip at soil level. Put the pans ere damage has been done or where ı want to prevent it. The next morning lect slugs, snails, and pans. Strain out creatures and reuse the beer, or ɔw it all away daily.

the pans out repeatedly until your ches diminish to a point you find satis- tory. With this method the average ch was 39 slugs or snails a night. ches ran as high as 72 a night.

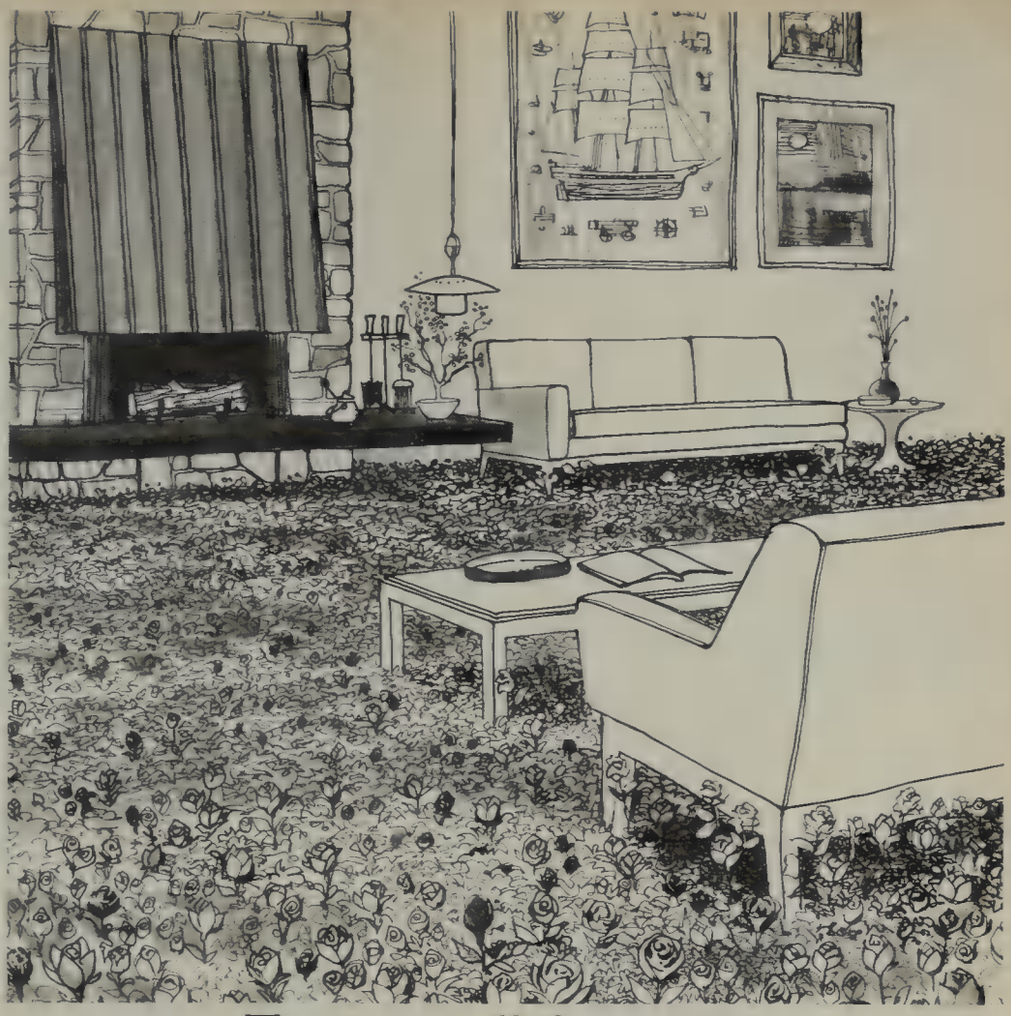
: beer isn't toxic. At least some slugs l snails were seen crawling away after ıking. And slug taste isn't selective: per cent of the respondents used ap, stale beer. Many felt slugs and ils didn't like it diluted so they cov- d containers to keep out rainwater as l as dogs, cats, and children.

t intoxicating (to slugs and snails)? haps. The big ones wobbled away. : small ones drowned if the beer was p enough. One home scientist col- ed two wobbly slugs and hand-fed n through their "hangover" period, ind that they recovered fully.

at they do is drown. Most readers l they "used enough beer for them to wn in." Beer level in the containers ged from ½ to 3 inches. Sixty-five cent of the respondents used alumi- ı tart or pie pans as beer pools. ough old ash trays, cups, plastic garine tubs, beer cans and bottles h openings at ground level), cottage ese cartons, coffee cans, and even ll mussel shells were also used.

big ones still sometimes crawl away. pondents suggested two ways of solv- this problem: Use very deep contain- with about 8 inches of beer. Or think he beer as an enticement only. "When think that the largest number has ıered around for a drink, go out, pick n up and get rid of them some other ." one gardener wrote.

er methods were suggested or rec- nended: Hire a duck; use "fish juice er" in place of beer; dilute jam, ey, or molasses in water.



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WILLIAM APLIN

Staghorn fern *grows in sphagnum moss held to a wooden frame - plaque by chicken wire, staples*

Queen's *tears grows in a pouch made of hardware cloth, moss-lined*

The plants you can grow on walls

Jungle floors can be dark, sunless places. In order to get the light they need, many tropical and subtropical plants have taken to the trees. These plants that perch on other plants are known as epiphytes; the word comes from the Greek *epi* (upon) and *phyton* (plant).

Many of them have high garden interest, either because of their attractive flowers, their interesting (sometimes bizarre) foliage, or both. Typical epiphytes are the bromeliads (pineapple relatives), most orchids, orchid cacti, and staghorn

How do you grow them? We show ways in these pictures and discus other on page 256. The first thing member is that they are not t unlike other plants. They have the need—light, food, space, water, port—as their brethren on the gr They are not parasites, although people consider them so. They have that provide water, mineral nutr and support, and they have leave

5 things this gas barbecue can do that your barbecue can't.

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PG and E

1971

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manufacture and store food, jus other green plants have. Roots leaves are often modified, however the epiphytes' hand-to-mouth exist

Roots tend to be small and spar comparison with those of plants grow in the ground. They are often ified to hold the plant in place r than ramble great distances for and minerals. They absorb water qu and efficiently and are often able to water in fleshy tissue. Most epip come from places where rains are quent and humidity high, but ev such places rains may fail, and epiphytes have tough, leathery that conserve water when necessar

In the mildest California coastal clim many epiphytic plants will grov trees, just as they do in nature anchor them to a branch or trunk their roots take hold, fasten them f with wire, with a pad of sphagnum or other coarse organic material u neath to hold water. Don't let copp galvanized wire touch the plants enameled or plastic-coated wire, or wire with plastic drinking straws.

Epiphytes for garden walls

Epiphytes are naturals for displ against a wall; they take on the q of living pictures when displayed a neutral backgrounds that show off contours and colors. Also, where w are cold, plants and containers ha be brought in from the frost. Ther all kinds of ways to grow them essential thing is to provide sup water, nourishment, and good drai

Never let epiphytes stay wet and s they survive occasional drought than drowning. Feed lightly and o

Two containers are shown on page The smaller shows a simple pl pocket made of hardware cloth—sc mesh galvanized screening. The m lined with a layer of sphagnum m shredded redwood bark; this layer the planting mix from washing ou

For easy-to-grow bromeliads lik queen's tears (*Billbergia nutans*) i photograph, the mix can include sand or even good topsoil. Plant require perfect drainage (staghorn for instance) do better in a pure ganic medium such as coarse leaf sphagnum moss, or fern root.

The staghorn fern in the larger p graph grows on a pad of sphagnum held to a wooden frame by a pie chicken wire. A hole is cut in the of the wire to accommodate the fe the fern grows, its large, leathery, sterile fronds will spread to cov wire. If the plant grows too large plaque, just cut out the wire re and transfer plant—roots, wire, a —to a larger piece of chicken wir larger plaque.

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ssion' fig *gets only morning sun, still rs two full crops a year. Bergenia below*

DON NORMARK

ted from *cutting, espaliered 7½-foot- 'Mauve Beauty' fuchsia is 12 years old*

California bay tree *shades large area of garden; ground cover of Vinca major (behind people seated) thrives beneath it, mounds up to 2 feet high*

Here are plants that make it in heavy shade

wing plants under big existing shade can be difficult, especially when of them are California bays (also d California laurel, pepperwood, or on myrtle). In addition to heavy e, which tends to inhibit plant th, the bay also has an invasive system and thick leaf drop.

and Mrs. Arnold Buss of Burlin- , California, planted an extensive nd cover of *Vinca major* under their three bay and two buckeye trees and found it ideal. The tough, easy-to-grow vinca needs shade and some moisture to look its best. Long, trailing stems take root as they spread and don't seem at all bothered by the trees' root systems or dropping leaves. In fact, vinca is one European plant that seems to grow better next to a California native plant than other natives do.

The vinca makes an attractive ground cover, too. It has 1 to 3-inch, dark green, glossy leaves (sometimes white-variegated) and 1 to 2-inch lavender-blue flowers that bloom profusely early spring to late fall.

The Busses also used some partial-shade plants in corners of their garden: acanthus, camellias, goldback ferns, hydrangeas, and rhododendrons. And they grow more than a half dozen varieties of fuchsias, including espaliered ones.

Wheelbarrow-sized *harvest of squash, gourds, cantaloupe, zucchini, cucumbers. Charles Dolezal, Hillsboro, Ore.*

DARROW M. WATT

Landscaping *with telephone pole sections, Irish moss, mondo grass, azaleas, pine. Waterfall and pool behind. Jerry Kuist, La Puente, Calif.*

The photographs on these two pages show the wide range of projects entered in *Sunset's* 1970 Summer-Fall Garden Contest by young gardeners, aged 16 and under. (Adult winners are shown on page 102.)

Vegetable gardens, some outstanding in size and harvests, were the most popular type of entry, as in previous contests. Ambitious projects in landscaping, cross-pollination, seed identification, and specialty growing showed some of the other avid interests of young gardeners.

Thirteen-year-old Charles Dolezal took over his family's 60 by 80-foot vegetable garden, improving the heavy clay soil with mulch, sawdust, fertilizer, and mushroom compost be-

The young garden prizewinners of 1970

DON NORMARK

Pole bean *and pumpkin vines produced outstanding harvest. Jayne, Mark, and Peter Travis, Mercer Island, Wash.*

WILLIAM APLIN

Nine *unknown seeds sprouted as kudzu vines, grew up beach umbrella frame covered with chicken wire. Jeffrey Haught, Northridge, Calif.*

DAVE CAVENDER

Aquarium *greenhouse sprouted seeds of vijola, crossed from viola and johnny-jump-up by Mary Sikkema, Long Beach*

fore planting. He grew 22 kinds of vegetables in staggered plantings. Jayne, Mark, and Peter Travis, ages 9, 8, and 7, raised a thriving vegetable garden on their first try: beans (231 beans from one plant), Brussels sprouts, cabbage, carrots, peanuts, pumpkins, strawberries, and tomatoes.

Fifteen-year-old Jerry Kuist landscaped his family's entire back yard between March and October. He started by clearing the overgrown area; then he replaced an old, slanting, concrete patio with a new level one and built a tea house, tool shed, waterfall, and pool. He raised most of his plants from cuttings and traded some of them to nurseries for other plants to minimize costs.

Two of the contestants entered scientific projects. Mary Sikkema, age 14, cross-pollinated a viola and a johnny-jump-up, collected their seeds, and then grew the results—hybrid plants which she named vijolas. Jeffrey Haught, age 12, planted nine unknown seeds and grew them into tall, climbing plants which he identified as kudzu vines.

Youngsters interested in entering the 1971 contest will find out how on page 279. (Entry procedure is same as for adults.)

Complete list of winners

Numbers indicate contestants' ages when they entered the contest last year.

Washington. Mercer Island: Jayne, Mark, and Peter Travis, 9, 8, and 7.

Oregon. Hillsboro: Bob Gutman, 15; Charles Dolezal, 13. Lake Oswego: Scot Burbank, 16. Portland: Eben Swett, 8.

Northern California. Auburn: Ann Prichard, 15. Fresno: Andy Swanson, 11. Lafayette: Mark, Marie, and Grant Palmer, 9, 7, and 6. Livermore: Scarlett, Gaye, and Victor Gede, 14, 11, and 10. Modesto: Connie Pelucca, 12. Oakland: Pamela Anderson, 5. Tiburon: Lisa Gordon, 12.

Southern California. La Puente: Jerry Kuist, 15. Long Beach: Mary Sikkema, 14. Los Angeles: Harmon Nelson, III, 14. Northridge: Jeffrey Haught, 12. Riverside: Chris, Ann, and Bob Backstrand, 16, 14, and 12; Steven Reneker, 9. Whittier: Jeff Kruse, 12.

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This garden plan gives adults and children equal consideration

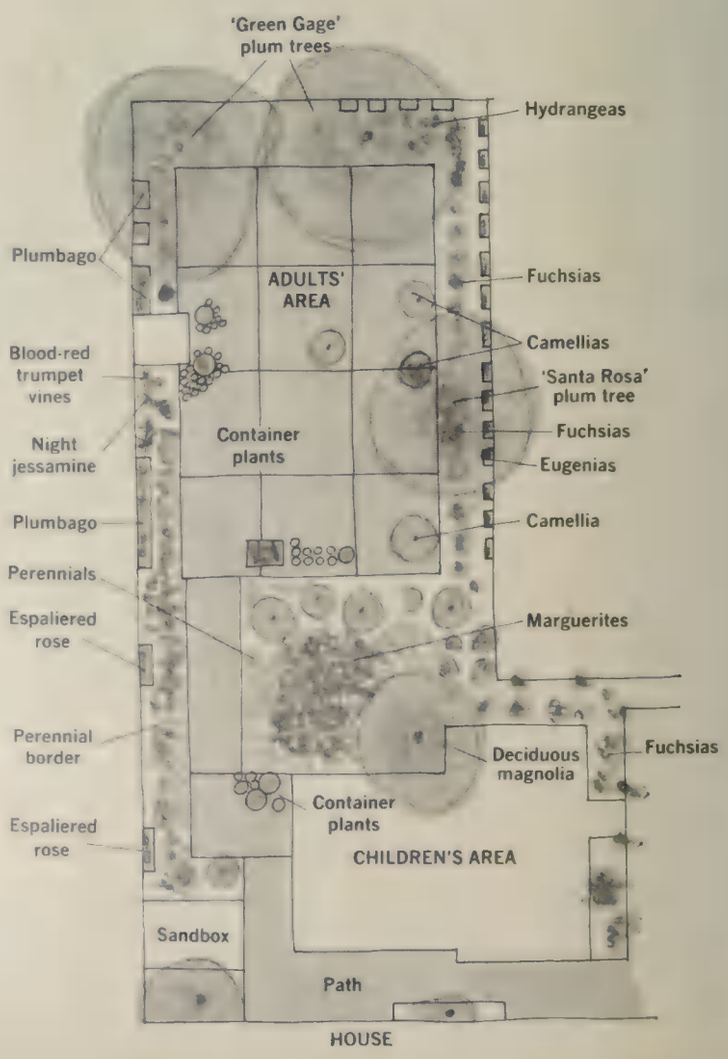
DON NORMARK

Back side *of neighbor's garage trellised with pink roses; flower bed below*

An urban garden doesn't have to loo though it's in the middle of a city. An Roke's garden in Alameda, Califo looks more like an old-fashioned fl garden in the country, with privacy room for lots of plants.

Mr. Roke planned the garden so children would have their own are large lawn) and adults would have cluded patio, with dense planting s rating the two. Most of the plants in garden surround the adults' patio. I trees shade one side where Mr. grows more than 40 fuchsias. The side of the patio is in full sun with ering shrubs and vines against a fe and a flower bed filled with bulbs nuals and perennials.

The small garden depends heavil flower color, so one bright planting lows another. When a color-bare does appear, plants in containers porarily cover it.



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A group of men and women were placed exclusively on Slender for three weeks. That is, four Slender meals a day, totaling 900 calories. The dieters lost 4½ pounds the very first week. During the next two weeks, their losses dropped to an average of 3.5 pounds a week. Dieters reported they were not unduly hungry and that they found Slender "surprisingly filling".

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Obviously, anything that tastes this good has to wear well in your diet plans. Freeze a can of Slender at night and take it to work with you. By lunch time, it'll be thawed, chilly and delicious! Or carry a packet of Slender powder in your purse and buy a carton of cold, fresh milk. There are lots of luscious flavors to try.

Some suggestions for dieting with Slender

Much depends on how many pounds you want to lose. We think going strictly Slender for the first week is the ideal way to give yourself the results you need for an immediate sense of success. After that, substitute Slender for a meal or two a day. But remember, anytime you *really* want to get it off, with no nonsense, that's the time for Slender.

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CARPET BY
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An overgrown boxwood calls for radical pruning

MICHAEL TILDEN

Long-handled *lopping shears give leverage to cut thick stems of Japanese boxwood*

ick stubs *have many rmant buds. These begin to ow almost at once*

What do you do when a boxwood hedge grows too tall? Lop it off practically to the ground and let it start over. The hedge in these pictures is at least 12 years old and has been cut back to stubs at least twice during this period, greatly to its benefit.

The best time for radical pruning is just before growth begins in the spring, but in mild climates timing is not all-important; this pruning was done in September. New shoots, pushed along by a big, vigorous root system, soon conceal ugly stubs. To keep the rejuvenated hedge compact, start shearing when shoots are 6 inches long.

DARROW M. WATT

year later, *hedge is 1½ feet all, plump, shows no stubs. English oxwood comes back more slowly*

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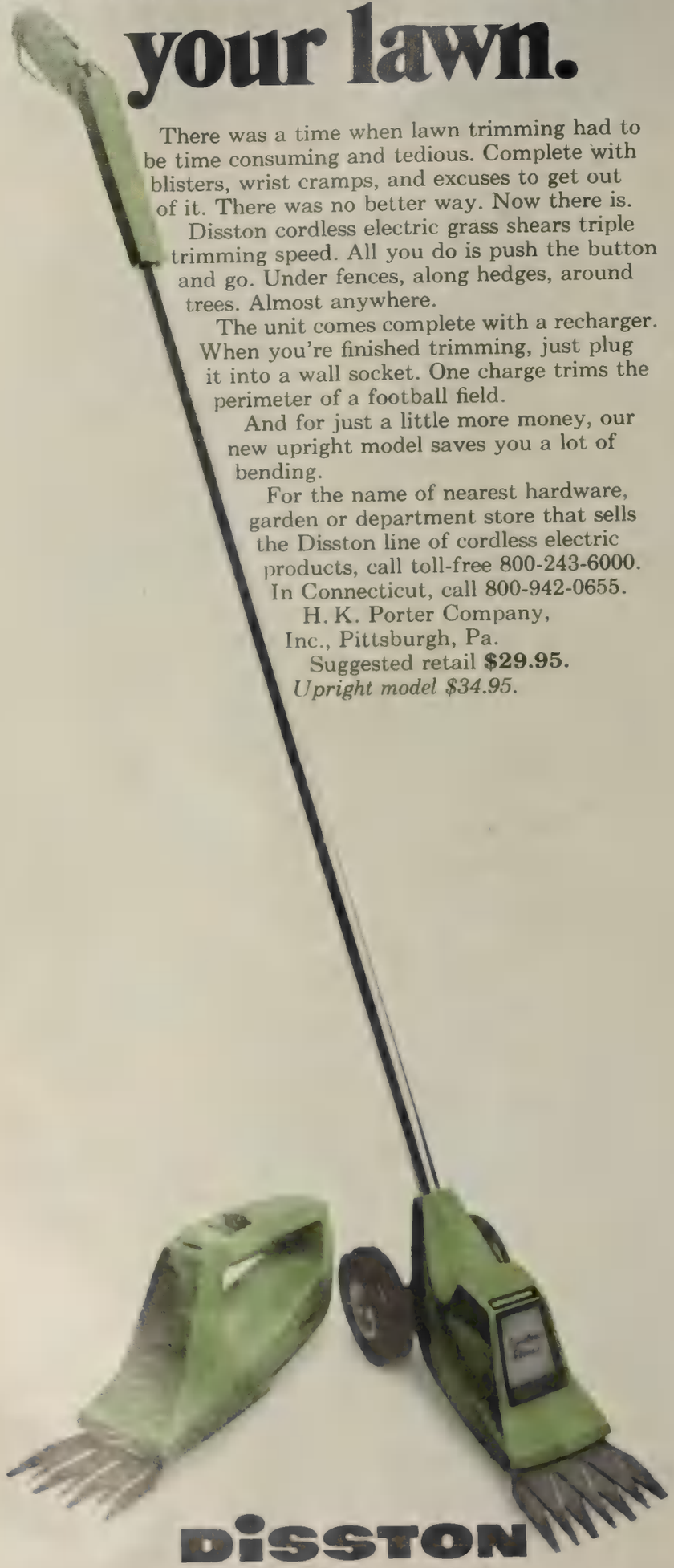

DISSTON

Cordless electric products

Here are April garden events

Oakland. Late March or early April, e pending on the weather. Tulip show the Mountain View Cemetery, 5 Piedmont Ave. Hours: daylight h every day. Free. For information, phone the cemetery at (415) 658-2

Aptos. April 3. Plant exchange s sored by the Aptos Garden Club. P American Legion Hall, next to Bay V Hotel. Hours: 10 A.M. to noon. Fre

San Francisco. April 3. Plant sale by Strybing Arboretum Society. Place: of Flowers, Ninth Ave. and Lin Way, Golden Gate Park. Hours: 10 to 5 P.M.

Modesto. April 10 and 11. Tall bea and median iris show of the Ce Valley Iris Society. Place: McHenry lage Mall. Hours: 3 to 9 P.M. Satu 10 A.M. to 6 P.M. Sunday. Free.

San Francisco. April 13, 20, 27, May 4. Lecture series sponsored b Strybing Arboretum Society. Place: of Flowers, Golden Gate Park. H 10 A.M. to noon. Admission: $2 lecture. Subjects are: April 13, s flowering trees and shrubs; Apri succulents; April 27, the shade ga May 4, herbs and perennials.

San Mateo. April 16. Luncheon plant sale sponsored by the Bere Garden Club. Place: Hillsdale M dist Church, 36th and Hacienda st Hours: 11 A.M. to 3 P.M. Lun ($1.75) will be served at 11:30.

Pacific Grove. April 16, 17, an Tenth annual wildflower show o Museum of Natural History, Fore Central avenues. Hours: 10 A.M. P.M. Free.

Exeter. April 17. Flower show sored by the Exeter Garden Club. Memorial Building. Hours: 2:30 P.M. Free.

Concord. April 17 and 18. Flower presented by the Concord Wo Club. Place: Auditorium, Sun Shopping Center mall. Hours: 2 P.M. Saturday; 11 A.M. to 4 P.M. day. Free.

Folsom. April 17 and 18. Twenty annual flower show of the Folsom den Club. Place: Community Club City Park. Hours: 2 to 8 P.M. Sat noon to 5 P.M. Sunday. Free.

San Francisco. April 17, 18, ar Forty-eighth annual California

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recent series of tests carried out among people of ges, educational levels and "IQs," it was found the Wittnauer method worked in every case. The age time to achieve conversational fluency was 24 s. Half of those participating spoke the language tly in less time! Most important — everyone ed a second language more rapidly and with r command than had ever been achieved by any age method in that much time.

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Hall of Flowers, Golden Gate Pa
Hours: 1 to 5 P.M. Saturday; 10 A.M.
5 P.M. Sunday; 10 A.M. to 3:45 P
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Oakland. April 17 through 25. Calif
nia Spring Garden Show sponsored
the First District Agricultural Asso
tion. Place: Lakeside Park Garden C
ter, 666 Bellevue Dr. Hours: 10 A.M
9 P.M. April 17 through 24; 10 A.M. t
P.M. on April 25, closing day. Adr
sion: $1.75; ages 12 through 16,
cents; under 12, free.

Fresno. April 20. Spring Home Gar
Tour sponsored by the Fresno Gar
Center. The tour of seven homes
start at the Ramada Inn, Fresno an
Shaw streets. Hours: 11 A.M. to 3 P
Admission: $4.

Sacramento. Four Wednesday ever
classes beginning April 21 on "Horti
tural Practices for the Homeowner"
fered by the University of Califo
Davis Extension. Andrew Leiser
Anton Kofranek, professors in the
vironmental Horticulture Departm
will conduct the classes. Place: N
Loma High School, 4000 Edison
Hours: 7:30 to 9 P.M. Fee: $15.

Stockton. April 24. Show presente
the Stockton Rose Society. Place:
berstown Mall, 4950 Pacific Ave. Ho
1 to 5 P.M. Free.

Las Vegas. April 24 and 25. Flo
show cosponsored by the Las V
Council of Garden Clubs and the
Vegas Park Department. Place: Con
tion Center, 3150 S. Paradise Rd. Ho
2 to 8 P.M. Saturday; 10 A.M. to 6
Sunday. Free.

North Highlands, Calif. April 24 an
Fourteenth annual flower show of
North Highlands Garden Club. P
Fruitvale School, 6050 Watt Ave. Ho
10 A.M. to 6 P.M. Free.

Redwood City. April 24 and 25.
teenth annual Peninsula Rose So
show. Place: St. Peter's Episcopal Ch
parish hall, Clinton and Brewster str
Hours: 3 to 8 P.M. Saturday; noon
P.M. Sunday. Free.

Fresno. April 25. Annual show o
San Joaquin Valley Rose Society. P
Fresno District Fairgrounds cafe
Kings Canyon Rd. and Chance
Hours: 1 to 6 P.M. Free.

Boonville. April 25 and 26. Ar
spring wildflower show presented b
Garden Section of the Anderson V
Unity Club. Place: Fairgrounds. H
10 A.M. to 5 P.M. Free.

Yuba City. April 27. Flower show
sored by the Garden Section, Wo
Club. Place: Clubhouse, 835 Plum
Hours: 2 to 7 P.M. Free.

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Brush fire and forest fire dangers in California are very real. What can you do?

Forest and brush fires don't always happen at a comfortable distance from your house. Every now and then a fire like the one that raged in the East Bay hills last fall reminds us that danger is as near as the closest park or vacant hillside.

Can you do anything to lessen the chances of damage to your property? Surprisingly, there are a number of steps you can take to heighten your security when hot winds blow next summer.

The time to take these steps is now. It's infinitely better to read, plan, and plant before the fire season begins, than after headlines proclaim its opening.

Do a little homework first

Begin by ordering a copy of *Landscape for Fire Protection* (University of California Agricultural Extension Service pamphlet AXT-254). This 15-page booklet discusses the nature and origin of brush fires and tells how to landscape to lessen chances of damage. It also tells how to relandscape burned areas to cut down on erosion and reduce the possibility of later burnouts. It is free: order it from your county farm advisor.

Next, check with your municipal or county fire department to see that you are complying with any regulations that concern planting or native vegetation. Firemen are just as interested as you are in preventing brush and forest fires.

See that you have an ample supply of workable garden hose and that all faucets are accessible and in working order. If you live in the country or in the suburbs, know where nearby hydrants are located. If you have a swimming pool or large garden pool, consider having a pump so that you can use the water to fight fire in an emergency.

Take the time to read *Landscape for Fire Protection*; check over your property carefully to find danger points, clear them up well before fire season begins. As you examine your landscape, keep the following points in mind.

There are no fireproof plants

There are fire-resistant plants, and a careless or optimistic reading of lists describing such plants may raise false hopes. Any plant will burn if conditions are right. Actively growing plants full of water resist scorching and burning for a long time, but by late summer and fall most plants in unwatered landscapes have dried out considerably. A few days of hot, dry winds turn them into tinder.

Some wild plants will tolerate one or two summer waterings. Those that can will be less prone to burning than unwatered chaparral, but even these favored plants will dehydrate badly in hot winds. And some native plants will die out if given summer water.

Irrigated plantings hold up well in fires

Healthy, plump, turgid plantings showed a remarkable ability to withstand burning in recent fires. Algerian ivy, for instance, often wilted and eventually scorched in intense heat, but it did not carry flame. Clean, well tended, adequately watered ice plant held up well too. Such barriers were especially effective where sprinkling systems could keep plantings soaked during risk periods.

Well watered tall hedge or screen plantings seemed to have a deterrent effect on the spread of fire in the East Bay burn last year, possibly because they intercepted flying pieces of burning debris or interrupted the flow of hot winds.

Good garden housekeeping reduces fire risk

Even adequately watered ground cover plantings can generate fire hazards if they are not carefully groomed. Large patches of dead ivy or ice plant, or heavy concealed layers of dead leaves and stems, can carry flame for great distances.

Dead twigs, branches, and litter under trees and heavy brush are severe fire hazards. Keep them to a minimum. Bigger limbs and branches can be cut up for firewood. Leaves and smaller twigs may be composted during the cooler and rainier months; an application of fast-acting nitrogen fertilizer speeds the process.

Don't sweep the ground clean as an orchard floor at harvest time; doing so may create dust or erosion problems. But don't permit heavy accumulation of litter, especially near structures.

Reduce your risks by proper plant placement and trimming

If you are landscaping, try to keep areas near the house clear of large, potentially flammable plants. Use irrigated lawns or ground cover plantings, and keep them irrigated during periods of maximum risk. Remember that it takes water some time to move through the soil, into the roots, and eventually up into the leaves.

Plant trees and shrubs at least 6 away from buildings to lessen fire ard. (Incidentally, plants will often better if they have this kind of roo develop in.) Avoid dense, contin cover that can carry fire from one to another. Keep leaves and twigs accumulating on roofs or in gutter

Crowded plantings carry fire later they can also carry fire vertically if is a continuous fuel supply from gr cover to low shrub to low-lying br to taller tree. Trees grown in the op especially pines and other conif have limbs right down to the gr Such trees can turn into explosive to if ignited. Similar trees with their l limbs pruned out may scorch at gr level without further damage.

Try to avoid a continuous canop trees in the vicinity of buildings. travels through it with incredible s Keep groupings of trees and shrubs ficiently spaced so that if one ignit will not quickly and immediately s to another. Pines, especially, are to blaze up in a rush of flame. them separated from each other a possible, try to keep their lower bra high enough to be safe from grass

As a matter of local interest, blue (*Eucalyptus globulus*) were not as a hazard as many people thought would be. Many were scorched or tially burned, but it seems likely many of these will recover. Dead and leaves on the ground did burn the lower trunks, usually fairly cl branches, did not carry fire int crowns of the trees.

When you replant, consider some o these fire-resistant plants

Tall, dense, leafy, well watered he or screening shrubs that stood up include glossy privet (*Ligustrum dum*), English laurel (*Prunus laur sus*), and *Pittosporum eugenioide* areas where less water was ava these shrubs did well: toyon (*Hete les arbutifolia*), a native that will stand much or little water, ole (*Nerium oleander*), and Italian thorn (*Rhamnus alaternus*).

Among the ground or bank covers, coyote brush (*Baccharis pilularis* formed well; use cutting-grown varieties that will not seed. Ivy, Algerian (*Hedera canariensis*) or lish (*H. helix*), did not carry fire i

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watered and kept clear of dead wood and litter. Both the ivies need water.

Ice plants of several kinds inhibit the spreading of fire if they are reasonably well watered and kept free of litter. The big-leafed, coarse ice plant used in freeway and beach planting (*Carpobrotus edulis*) is not the kind most highly recommended; on steep slopes it can become heavy and waterlogged, creating a slide hazard.

The smaller ice plants, on the other hand, are most useful fire-retardants. Of these the most readily available are *Drosanthemum hispidum* and *D. floribundum*. These thrive on steep slopes.

Another reasonably fire-resistant ground cover for areas which experience only light frosts is the trailing African daisy (*Osteospermum fruticosum*) and its varieties. These spread fast, root freely to furnish soil-holding capacity, produce pretty white and lavender flowers.

Creeping rosemary (*Rosmarinus officinalis* 'Prostratus,' and *R. o.* 'Lockwood de Forest') are fairly fast growing, easy to find, and fairly drought-tolerant. The pale blue flowers are attractive.

Carmel creeper (*Ceanothus griseus horizontalis*) has broad, thick, leathery, bright green leaves and spreads to a prodigious width in a short time. The plants can reach 15 feet in width, but planting on 5-foot centers will give faster coverage. Blue flowers are pretty and the plants are easy to find in nurseries.

What if you can't water the landscape at all?

If you live where native plant cover is extensive and would be damaged by even occasional summer water, what can you do to lessen fire risk? Most important is to manage native plant growth so that combustible plant masses are discontinuous. Clear brush away from the house and other structures. State and local laws govern brush clearance, and if you do not do the job yourself a county crew may do the job and bill you for it. Check with your local or county fire chief.

Try to check the growth of chaparral. The greater the amount of wood that is available to burn, the greater the heat generated during a burn and the greater the danger. Try to keep vegetation low (except for a few well spaced, well placed specimen shrubs or trees). Be especially careful to limit the growth of combustible chaparral downslope from buildings. Fire races uphill with frightening speed.

What about replanting burned-out areas?

As fire victims learn only too quickly, erosion and flood nearly always follow fires that destroy vegetation in hilly areas. You can help to control runoff, but proceed cautiously. Avoid ripping out burned trees and shrubs. Standing sk tons of burned plants lessen the imp of rain on slopes, and roots remainin the soil help prevent washouts.

Too hasty cutting may also rem plants that contain a germ of life; m native trees and shrubs have develo through ages of brush fires the capa to sprout from stumps or roots. (these plenty of chance to show whe they are surviving; sprouting may c late, and trimming can follow.

Generally burns are followed by a h sprouting of seeds during the wi rains. Many shrub seeds (ceanothus instance) sprout most heavily after b toasted by fire, and some pines seeds from their cones only after have swept the branches. Regrowth these seedlings may, in a few years, ate another dense brush growth that form a new fire hazard. Try to plants spaced out and growth open sprays work well on young plants.

Old roots hold soil in place and sp ing grass and shrubs help break the of falling rain. If natural seeding regrowth fail to help, you'll have to a hand. Ordinarily, heavy rains earl winter should have provided a cover of grasses and weeds, but a dry spell in January and February sl growth of this cover considerably. I March and April rains fail to sustai new growth, one or two irrigatio possible) will help.

A few late waterings may also mea difference between death or surviv some scorched plants. But do not tinue watering too late, for a numb reasons: First, many drought-to native plants that survive the fire not survive an excess of spring and mer water. Second, grass that got a start might grow too tall and too watered too late into the season grass makes good erosion control of course, but it can be a great fir ard when it eventually dries out.

Healthy grass growth will make t tablishment of shrubs and trees but long grass can smother or int with the growth of woody plants to keep grass short in the vicinity manent plants by using contact killers. Stubble checks erosion; grasses can't steal available water.

Cut and replant—if necessary—at the right time

If the rainy season is still on, avo turbing the soil in burned areas don't want to risk further erosio dead trees and big shrubs after y sure that they won't sprout. Lay and big branches across the slope as check dams to hold water an Then put out permanent plants late spring or summer (if you can or next fall (if you can't).

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Sunshine colors are always welcom the garden, especially in flowers bloom from spring to first frosts. coreopsis will do this; some are ar and some are perennial.

One dwarf perennial kind—*C. au lata* 'Nana'—displays its orange-ye daisylike, 1 to 2½-inch-wide flowe stems well above the foliage clump. cluster of leaves grows 5 to 6 inches and spreads by underground stems feet wide in a year. In mild-winter the foliage is evergreen; in areas w winters are colder leaves are semide ous to completely deciduous. The stalked leaves in the clump are ab to 5 inches long and often have o two lobes at the base.

You can buy *C. a.* 'Nana' in small or in gallon cans; plant it directly i ground. Plants should be bloomin now; they will continue (in mild tumns) until November. Divide p now or wait until cool weather in f

Use this dwarf coreopsis in front of flowering plants with compatible c Or set it out in a flower border, or edging plant. Although it has gr cover possibilities, to remove the flowers over its long season of pr bloom would be a large task if spread over too much area.

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3. And you have a better luxury station wagon.

The 1971 Colony Park with its woodgrain paneling is part of Mercury's top-of-the-line Marquis series. A second Marquis wagon is also available with plain sides. It takes better ideas to make better cars. Mercury makes better cars—to buy, rent, or lease. See your Mercury dealer now for a guest drive.

MERCUR

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Again in 1971, garden contest

'ear **Sunset** will be conducting its ummer-fall garden contest. Some winning gardens from the 1970 t are shown in articles starting on 102 and 262.

ll it a summer-fall garden contest se much of the best material d each year consists of flowers and bles planted from April to June joyment in summer and fall.

er reason for that name is that if and scouts from *Sunset* are able the garden, they do so in summer ll. This year they will make their rom July 1 to October 1 (by ar- nent with contestants).

visits by the *Sunset* scouts are ant to us because it is then that the black-and-white photographs e may publish the next year in the winners article or in other arti- hotographs and information from sits to contestants' gardens last r will be seen this year in about *set* articles.)

sits by *Sunset* scouts are by no connected with winning (or not g) the contest. You do that by g in a report (in October), illus- with your own snapshots—prefer- color—to show what you did w your garden performed. You nd in some snapshots early in the (June) to show what you are or what you propose to do.

garden doesn't have to be new to red. But it should be a garden to you will be doing something in summer or fall or in which ing notable will be happening here's one kind of gardener we'd see better represented in the con- is year: the skilled, single-crop ist with a summer-performing spe- uch as fuchsias, begonias, dahlias, lus, ferns, roses, strawberries, rries, geraniums, or herbs.

s of the contest get cash prizes. rs-up get *Sunset* pictorial books. ne who sends in a report gets a ate and a plant gift. This year the rize will be a miniature limequat perhaps with fruit on it).

d like to give it a go this year, our name (spelled as you want it r certificate of participation), age or under, and address to 1971 n Contest, *Sunset Magazine*, Park, Calif. 94025. Entry dead- June 15.

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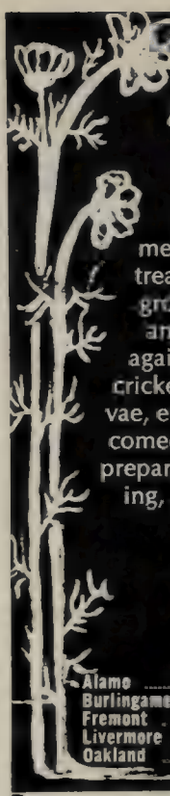

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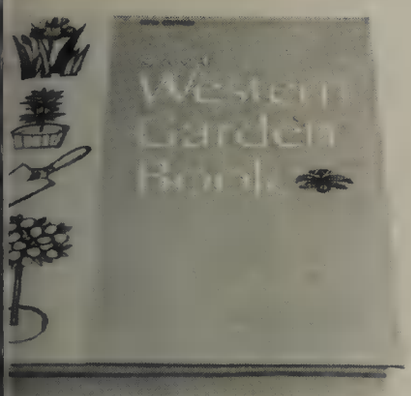

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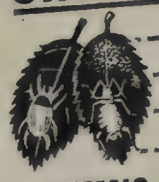

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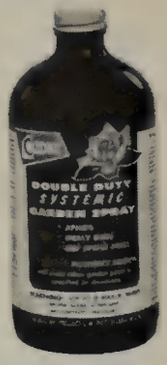

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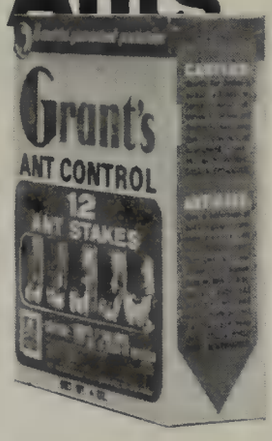

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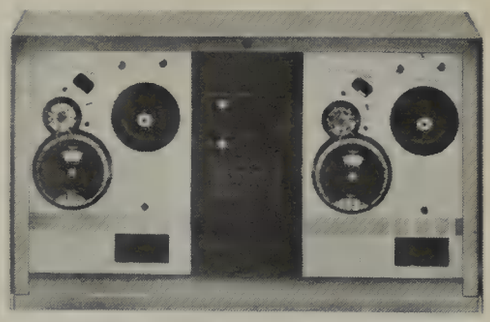

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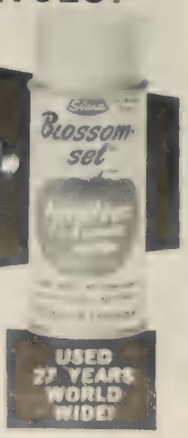

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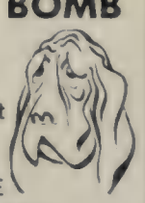

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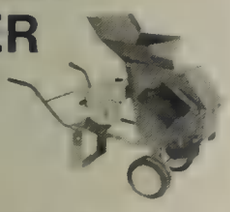

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Codling moths beget apple worms

If you have ever bitten into an apple and found a worm, you have probably met the codling moth larva. You have two choices when it comes to reckoning with the apple worm. For one, you can apply a broad spectrum spray that kills many other insects (some beneficial) as well as the codling moth. The other choice is to use age-old methods of control and end up eating a few apples with worms in them.

Many home apple owners don't bother fighting it. They may get mostly wormy apples, or they may be lucky and get none. At harvest time they relish the nonwormy apples and eat or cut around the worms in the others.

The codling moth spends the winter as a larva in a cocoon under loose bark. It may also hide in any rough debris near the tree. The moths emerge in spring, usually during April or May, sometimes later in the Northwest.

You may first see them when petals start falling from the apple trees. Look for moths on warm evenings; they are busy mating and laying eggs which quickly become larvae (worms). If you spray one to two weeks after the petals fall off the trees, you will kill both moths and newly hatched larvae before they enter the young fruit. Don't spray before that or you will kill bees that are busy pollinating the trees. If you are determined to get all the codling moth larvae, you may want to spray a second time 25 days later.

The worms enter into the young apples mostly through the flower end of the apple, sometimes through the stem end. These larvae will be living in the apple (eating it) for two weeks or longer. Inside the apple they are impervious to sprays or predators. The larvae then exit from the apple, spin a cocoon, pupate, and become moths. This second batch of moths lays eggs and repeats the whole cycle.

If the first spray was successful there shouldn't be many moths the second time. Sometime in late summer the second batch of worms emerges from the apple and most hide in their cocoons for the winter. Some may develop immediately into a third generation of moths.

If you spray to control the pest, use sevin or methoxychlor. You can control aphids and red spider mites at the same time if you mix malathion or diazinon with the codling moth spray. The same spray schedule works for control of codling moths on pears. On walnuts it is also the same except you spray just once—when walnuts are marble-sized. Be careful with all sprays and try to keep the spray on just the target tree.

If you don't want to spray, here is the advice given to apple growers in 1859 before sprays were manufactured: "Scrape the (loose) bark in the spring, and burn the scrapings. Let hogs run in the orchard to eat the falling fruit. Old clothes in the crotches of trees lying loose around will furnish hiding places in which the worms may be caught by looking them over weekly."

The basic idea still applies. Keep the area around the trees clean and the trees in good condition. Don't leave fruit on the ground, dispose of it.

ELLS MARUGG

White larva *of codling moth makes the holes in apples. He's about ¼-inch long*

Resting *on a leaf, ½-inch-long adult moth has distinctive copper blotch on wing tips*

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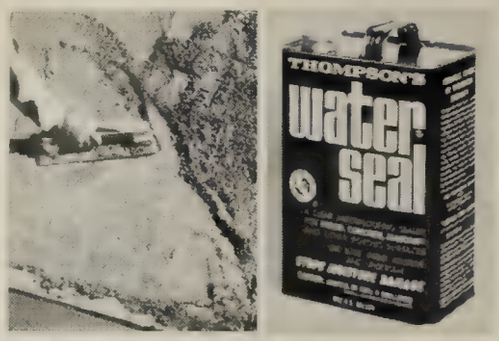

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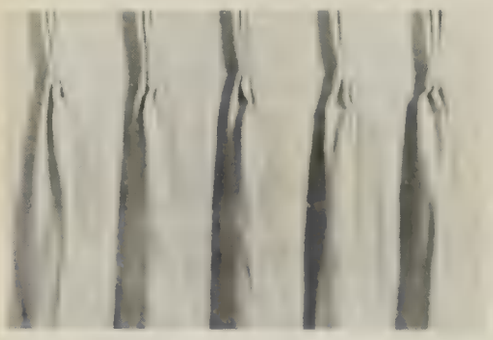

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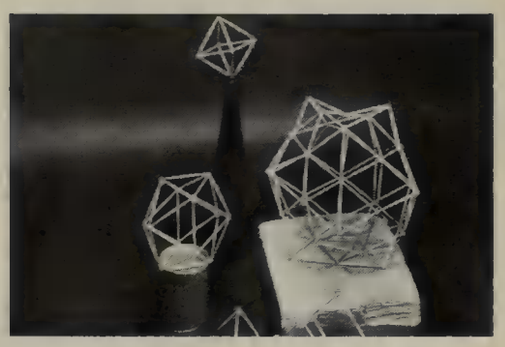

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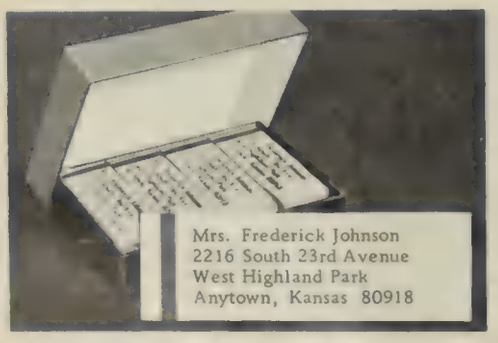

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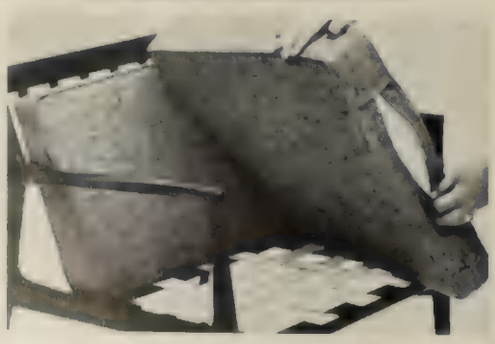

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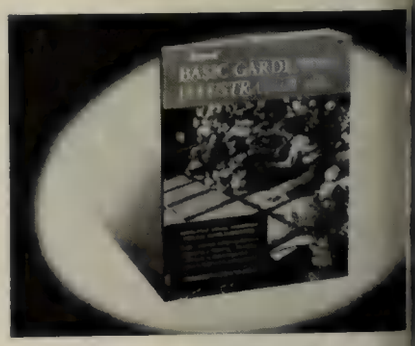

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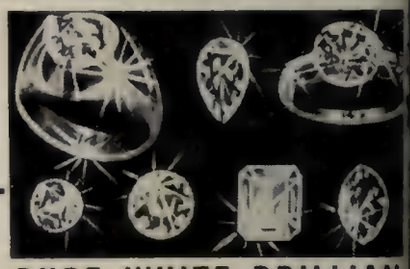

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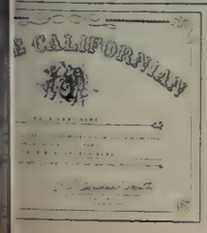

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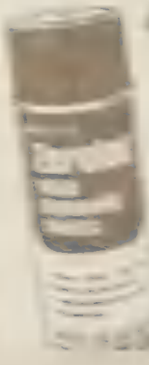

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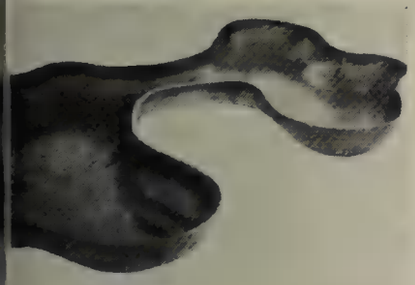

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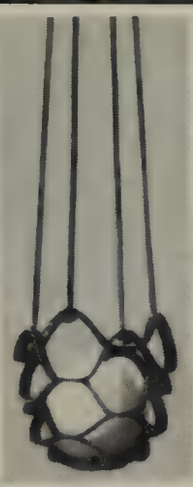

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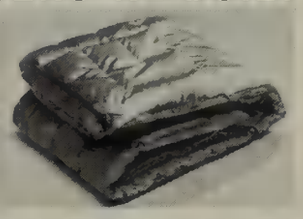

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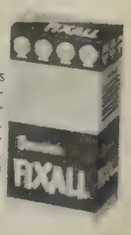

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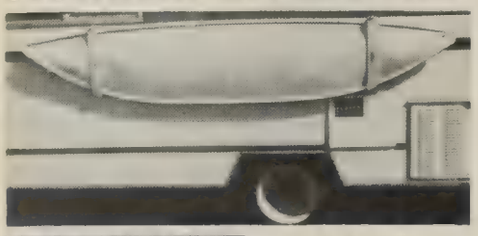

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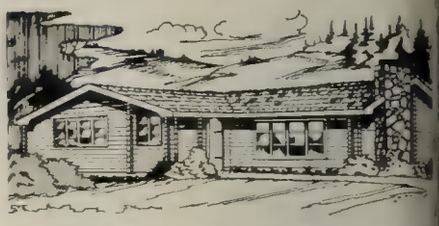

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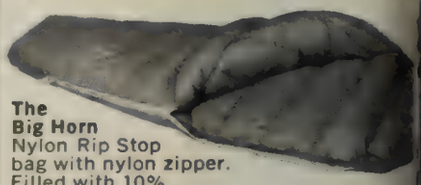

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Growing cactus seed . . . in sphagnum moss or brick dust

Conventional methods of germinating seeds don't always work with cactus because cactus seedlings are so likely to succumb to attacks by fungus (such as the damping-off fungus).

Here are two methods that work reasonably well for growing cactus. In the wild, cactus seeds germinate in spring, so now is a good time to plant.

The sphagnum moss idea

The simplest soil mix for germinating cactus seeds is sphagnum moss, which is sterilized and then sealed in a bag to prevent fungus from getting a start. You should sterilize the moss by steaming it while it's suspended over boiling water in a burlap sack.

Thoroughly clean the pots (you can sterilize them with a fungicide or household disinfectant) and gently firm the sphagnum moss into the pots. Soak moss with a soil penetrant (wetting agent) to prevent it from shedding water. Place seeds on top of moss and water them. Do not cover seeds, since they need light to germinate.

Put the pot in a small plastic bag. Seal the bag with a rubber band. Seedlings grown this way do not need watering or feeding until the plastic bag is removed. Keep the seeds indoors on an east-facing window ledge where they won't get direct sunlight.

The brick dust method

This mix uses just brick dust. The dust is all mineral and cannot host a fungus. Unlike sand, it stores quite a bit of moisture, necessary to germinate seeds.

Get the brick dust at a brick yard. There are usually drifts of it around the stacks of bricks. If you decide to break bricks for your dust, make sure the bricks are clean. The dust should be like fine sand, but not so fine that later it will restrict the growth of roots.

In the lower photograph at right, a shallow clay seed pot was used. Cover drainage holes with broken crockery and then an inch-thick layer of gravel-sized pieces of broken brick; add the dust. If you sow several types of seed, divide them into compartments with strips of glass or plastic.

Sprinkle the seed over the top of the dust and water very gently. For the first few weeks cover the seed pan with a pane of glass to provide a humid atmosphere. Tape a piece of wax paper over the glass and set the pan in filtered sunlight. If seedlings turn reddish bronze, they are getting too much sun.

You need patience

Cactus seedlings mature slowly: It may take a year or more before they develop adequate root systems for transplanting. When they are about four months old, feed with a very weak solution of balanced fertilizer.

When they resemble small replicas of their future selves, transplant to a sandy planting mix in small pots.

DARROW M. WATT

Plastic bags *provide moist atmosphere for seedlings grown in sphagnum moss*

These lumps *are three-month-old cactus seedlings, germinated on crushed brick*

Your Sunset and your zip cod

In this space two months ago we asked, "Which *Sunset* do you re and then discussed our system of four regional editions. We expla how and why we "zone-change" a significant part of the editorial tent of the magazine each month.

Unfortunately for our circulation department, some readers prom wrote to ask that they be sent a different edition than the one they been receiving.

Their reasons varied. Some pointed out that their immediate l climate was more like that of some other zone than of most of region surrounding them. Others had recently moved, and thoug would be nice to keep on getting the same edition they had be Some just thought it would be interesting to read exactly the s version of *Sunset* as a friend or relative in another town or state, so forth—all reasons that, we have no doubt, were important to t expressing them.

We have been writing so many letters in response that we decide use this page to explain to all our readers why we cannot ser subscriber whatever edition he might prefer.

The edition you get depends on where you live.

It's entirely a matter of logistics.

Printing, binding, addressing, bundling, sacking, shipping, and delive a million magazines every month is an extremely complex proce Running four editions through this procedure makes it even complicated. The final step is delivery—and since that service is formed by the U.S. Postal Service, its rules determine how we orga our mail shipments.

The key factor is the zip code system. The magazine addresses mus organized according to zip code; all copies bound for a particular office must be bundled and sacked together, and loaded into the s box car. If we were to try to make individual exceptions, the w bulk-handling, high-speed, mechanized process essential to distrib a million copies a month would quickly break down.

One of our primary objectives is to make *Sunset* highly relevant to needs by writing a special edition for the area of the West in w you live. That doesn't quite represent custom-tailoring to your indivi wishes, but as magazine publishing goes, it's pretty close. And we keep on doing everything we can to give you the kind of magazine want—short of letting you specify another edition. We'd like to do too. We hope you understand why we can't.

WINDOW ON THE WEST: *California poppies*

Nature has distributed the yellow-orange satin flowers of the California poppy (*Eschscholzia californica*) over a wide area, but nowhere do they bloom more brilliantly and profusely than in the Antelope Valley of Southern California. As with all wildflowers, natural stands of California's state flower are becoming fewer and fewer with the expansion of agriculture and urbanization. The California State Parks Foundation (Dept. S, 315 Montgomery St., San Francisco) has undertaken to acquire land in Antelope Valley for a California Poppy Reserve. Contributors receive "deeds" ($5, for example, saves 300 square feet of flower-bearing land; $625 preserves a full acre). For some suggestions on where to see poppies this month, turn to page 52.

DAVID MUENCH

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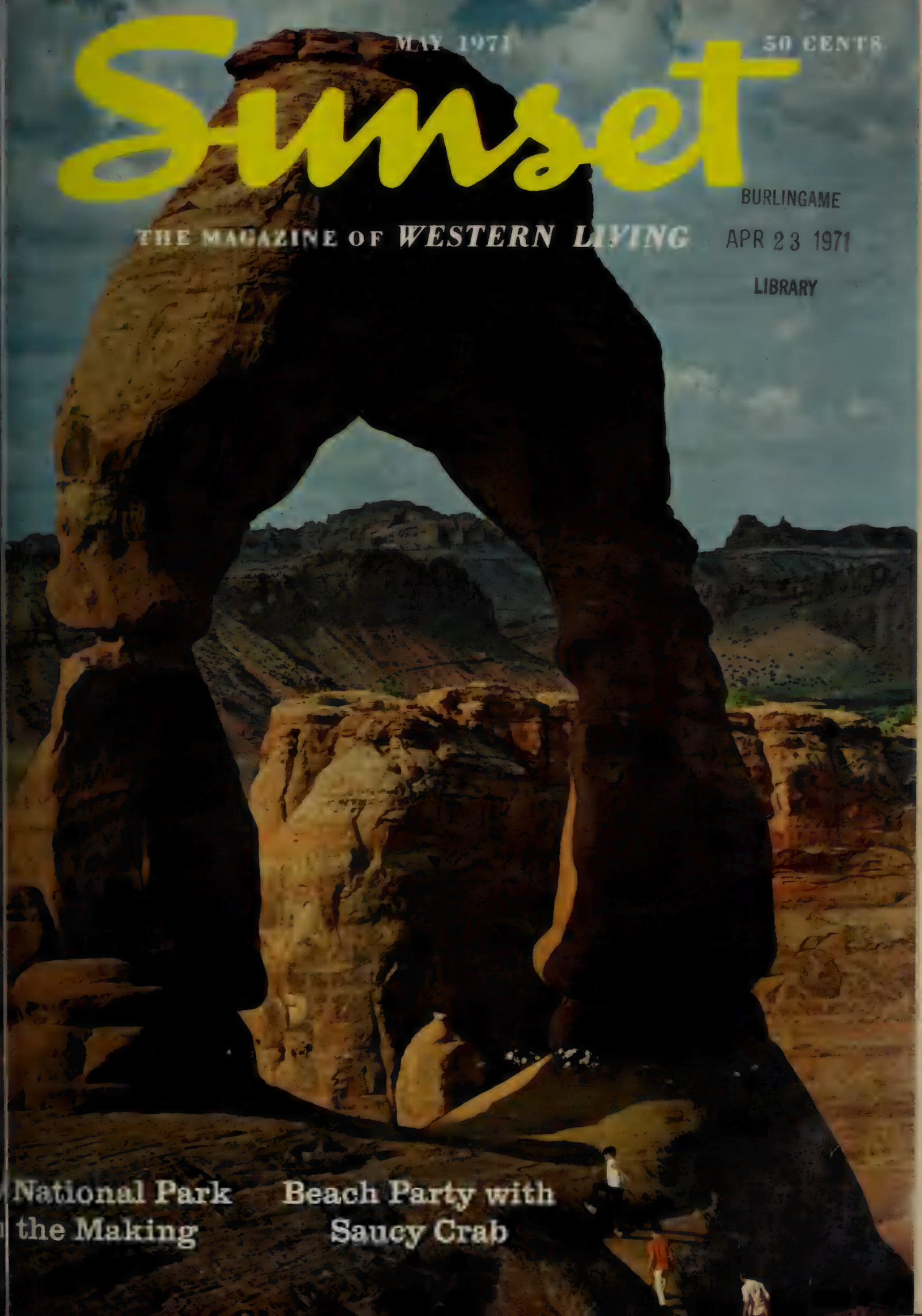

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THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

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Feature articles for May 1971

CENTRAL EDITION

North of San Francisco to Tomales Bay 60
New national park in the making 92
An astonishing wooden tent 96
"Railpax" takes effect May 1 100
Chopstick soups 106
The garden that is inside the house 108
San Francisco's Union Street 112
Cook's discovery is cilantro 116
An unusual squash with spaghetti inside 274

el

travel in and beyond the West 3
n Lake—an Arizona stopover 32
watching in Honolulu 35
e ancestors of the lobster left
ir marks in the shale 38
runs in the West in 1971 42
or into the Royal Gorge 52
in Hawaii 54
of San Francisco is
nales Bay 60
n-made tidepool 66
mit can come quickly
Shasta 71
-car to the top of Germany . 74
v book to unlock Utah 76
to cope with jellyfish sting . . . 79
is coming to Watsonville . . . 81
of-the-century Kootenay ghost 86
the Queen's own garden . . . 88
ld cars in Fossil, Oregon 91
s 92
railroad adventure 100
rancisco's Union Street 112

ing and Remodeling

tonishing wooden tent 96
arden that's in the house . . . 108
hanging Western Home† . . . 124
en or shut pass-through 132
coming up from below 138
ung storage—cost about $36 146
ase for the leaning mirror . . . 162
Western Kitchen 198

scaping and
or Building

ent levels for lunch, lounging 140
ng fences, barbecues 148
ned patio screens 152
ene changes in this planter . . 161

Letter from *Sunset:* Opening doors to new experience . . 292

Food and Entertaining

Chopstick soups 106
Cook's discovery is cilantro 116
Hot saucy crab 122
*Sunset's Kitchen Cabinet** 164
Puffs on top of custard 166
Introducing fresh coriander 168
Fresh, green, tender asparagus 172
May menus 174
Lamb ideas for dinner tonight 182
*Chefs of the West** 184
Cook omelets right at the table . . . 190
Rose geranium in the kitchen 194
What's for salad? Dandelion greens 196
The Western Kitchen 198
Hot papaya—icy papaya 201
Put it to soak the night before 202
Two broth-soups, easy, delicious . . 206
Nasturtium salad 208
Pine nuts add the crunch 210
Spectacular way to end a meal 212
Wine punch with a fruit flavor 215
Tortilla roll-ups for a picnic 216
Under the lattice, sweet and tart . . 218
You can make your own crackers . 220
The art of precooking vegetables . 224
First get yourself two rabbits 227

Home Management

Indoor-outdoor rolling tables 144
Useful kitchen storage ideas 150
Storage for mats and trays 156

Workshop and Craft Projects

The electric drill is versatile 128
The brim goes its own way 134
Wall-hung storage—cost about $36 146

Gardening

A gardener shares her secrets 120
May in your garden 228
Flowers, vegetables, girls all like it 232
These ferns need little care 234
Compost makes the Cooper garden 236
Liquid manure as plant food 242
Meet the good snails 247
Garden is a super raised bed 250
Cactus in pots are easy, interesting 255
It makes an interesting lawn 258
See wildflowers at Stinson Beach . . 261
Sedum and Australia's super lily . . 262
Country living in the West 264
Great month for garden exhibits . . 266
San Simeon's garden treat 272
Spaghetti squash is cook's discovery 274
How helpful is black plastic? 276
Olive tree minus olives 281
Once again—a garden contest 291

The Cover Story

Delicate Arch, the graceful arcade on our cover, is one of the many dramatic formations in Arches National Monument—an area in southeast Utah's canyon country that may soon become our newest national park (see page 92). Cover photograph by Robert Wenkam

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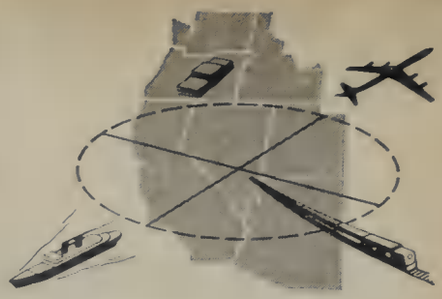

Fiddler *takes his playing seriously when competing in annual Fiddletown contest*

CECIL HELMS

"Mr. Grimsby" *hangs around every year to oversee the celebration*

lers in Fiddletown—
ld Country hoe-down

good old foot-stomping country ng will soon be warming things up iddletown. On May 9 this tiny, ly quiet foothill community in ornia's Mother Lode country puts s annual homecoming celebration ring a fiddling contest that dates to the days of the forty-niners. vities begin around 11 A.M. when arade starts at the head of Main . Gaily attired riders and their ly well groomed horses jockey into on with the marching groups, and antique cars for their three- procession.

t 12:30 P.M. the fiddlers start tun- p on the stage in front of the old office. This popular event attracts rs from miles around, all compet- or the violin-shaped trophies. Last there were 37 fiddlers from 12 to ars old. Anyone can participate; ration is $1. Some of the state pions enter just for the fun of play- r an appreciative audience. You'll bly even hear a few guitars and s.

There's plenty to see and do while you're waiting for the contest to begin. Those sunbonneted women rushing up the street are probably going to the old white schoolhouse on Church Street where the bazaar is in progress. Or perhaps you'll want a cup of coffee or a hot dog at the snack bar. These are both sponsored by the Fiddletown Preservation Society, formed a few years ago in an attempt to save what remained of this historic little town.

During the Gold Rush, Fiddletown was a sprawling collection of shacks and miners' tents, and boasted the largest Chinese settlement in California outside San Francisco. The talented inhabitants gained more of a reputation for their fiddling than for the gold they mined; hence the town's name.

Although there aren't too many of the original buildings left in Fiddletown, most of those remaining are open to the public. The rammed earth building at the foot of Main Street was once a Chinese herb doctor's home and store. One of two such structures in the state,

Sunset

THE MAGAZINE OF WESTERN LIVING

May 1971

Coast Daylight *in Palo Alto. This month it changes routes*

We take a look at railroads

For the past year *Sunset's* editors have been riding the rails. In order to evaluate service and equipment, they made trips on every major railroad line in the West. In general they found that equipment, although old, was in good repair; in most cases the service was still quite good.

Their resulting report was originally planned for publication early this spring. Then the Federal Government announced its "Railpax" plan, to take effect this month, and our train story became a news story.

From an article cautioning that this might be the last year to climb aboard an American train, it was revised into a guardedly optimistic review of the Railpax experiment. Our report on the trains starts on page 100.

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it served as the model for the re
structed one in Coloma State I
Members of the Preservation Society
be on hand from noon to 5 P.M. to s
you the altars, rice paintings, and b
and paraphernalia of the doctor's t

The building across the street, also
in the early 1850's, was once a Ch
gambling house and is being rest
Up the street is the town's only an
shop, The Forge, originally a blacks
shop. Venture in and look at wha
owners call "trivia and memorab
For a *Walking Guide to Fiddle*
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To reach Fiddletown, turn east
from State Highway 49 at Plyn
and continue about 6 miles.

Antique bottles on display

While some people are carefully re
ing labels and metal rings from b
and hauling them to recycling d
others are haunting flea markets
tique shops, and maybe even rec
depots looking for interesting old
tles to take home.

The latter are antique bottle colle
and they'll gather from all over the
on May 15 and 16 in San Jose.

The occasion is the San Jose A
Bottle Collectors show and sale.
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their colors and shapes were produ
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a machine's unerring repetition.

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IRECTORY INDEX

CHOOL AND CAMP DIRECTORY
beginning page 5
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beginning page
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beginning page 180
GARDEN CENTER
beginning page 278
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Falls, on the other hand, plunges nearly 70 feet.

The park's facilities include about 9 miles of easy hiking trails, 30 overnight family campsites and group camping areas, all quite well kept. Family camping is first-come, first-served. For group reservations telephone (408) 356-7151.

May is a good month to visit the park because the streams are full and the waterfalls are at their sparkling best.

The approach drive is as pleasant as the park itself. Take Bailey Road west off U.S. Highway 101 just south of Coyote (about 5 miles south of San Jose). Bailey takes you out of the Santa Clara Valley up over the first range of foothills of the Santa Cruz Mountains. After about 2½ miles it joins McKean Road. Take McKean south through tall, quiet hills that sport white fences and grazing horses and cattle. McKean becomes Uvas Road after 2½ miles; follow it another 4 miles to Croy Road, which leads west into the park. (To get to Uvas Road from the south, take Watsonville Road west from U.S. 101 near Morgan Hill.)

Croy follows Uvas Creek and twists into the canyon, getting narrower as the forest gets thicker. Finally, at Sveadal (a private resort community built among large trees, including some beautiful redwoods) the road becomes driveway size just before it enters the park.

GERALD R. FREDRICK

Girl hops *across stream below falls. There are five falls in the park, all very easy to reach*

For travel planners, a May check list

Alaska geology. An unusual weekend tour is the June 5 and 6 flight from Sacramento to Anchorage to study the geology and ecology of the Pacific Northwest. The tour is part of the University of California Davis Extension program and costs $210 for university credit, $170 for no credit. The price includes round-trip jet transportation, tours of Anchorage and the Mendenhall Glacier near Juneau, and in-the-air commentaries by five Davis professors on topics ranging from wildlife and native cultures to logging, water systems, glaciers, and cloud formations. For a booklet on this and other tours, write to UCD Extension, Box HH, Davis 95616.

Switzerland by rail. Railroad buffs will be interested in a 21-day rail tour (18 days in Switzerland and 3 days in Portugal) leaving on August 16. Participants will inspect trains, steam and electric engines, tramways, and stations. Tour price of $1,275 is all-inclusive from San Francisco or Los Angeles. For a brochure, write to Let's Travel Tours, Box 146, Perris, Calif. 92370, or call a travel agent.

Tunisian villas. Travelers looking for a change of pace may want to rent a private villa on the Mediterranean coast of Tunisia near the capital, Tunis. For example, you can rent a studio for two persons with living-dining room, kitchenette, and bathroom for $140 per week (two-week minimum), a price that includes use of pools and tennis courts. Some villas accommodate up to six persons. European and Caribbean rentals are also available. Write to At Home Abroad, Inc., 136 E. 57th St., New York 10022 for further details, or call a travel agent.

Hosteling in North America. American Youth Hostels has published a schedule of 14 four to seven-week tours in North America for people 15 years of age and older. Tours usually involve hiking, bicyling, and camping, and range from the East Coast to Hawaii and into Canada and Mexico. Prices are unusually low (ranging from $240 to $800), are all-inclusive, and include the services of an adult supervisor. Biking and camping tours abroad are also offered. For a schedule, write to American Youth Hostels (Travel), 20 W. 17th St., New York, N.Y. 10011.

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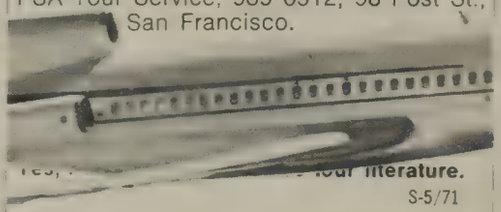

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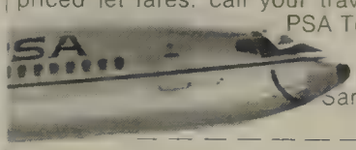

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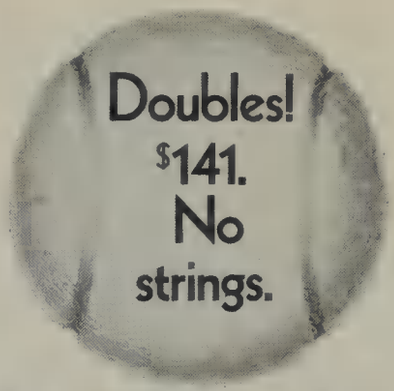

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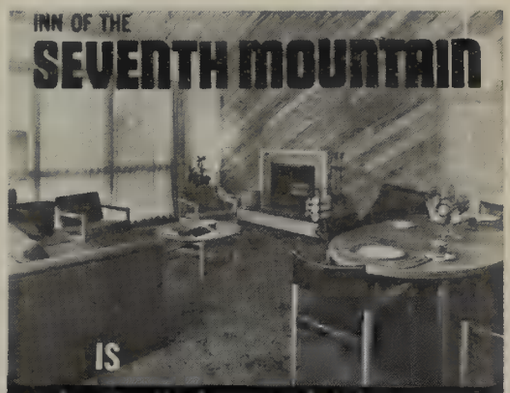

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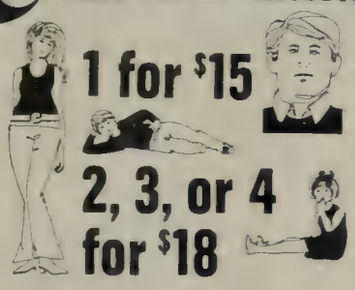

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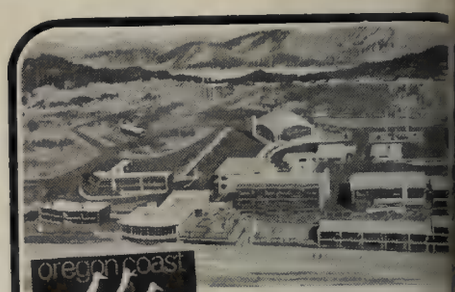

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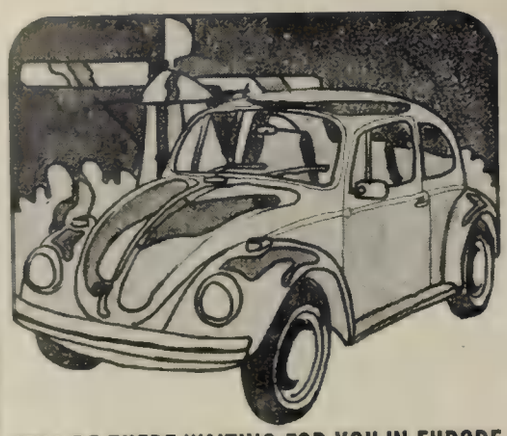

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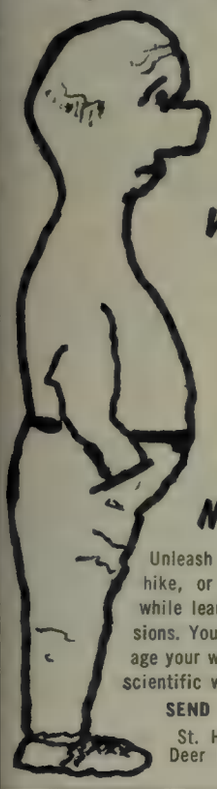

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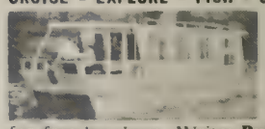

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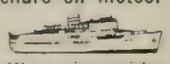

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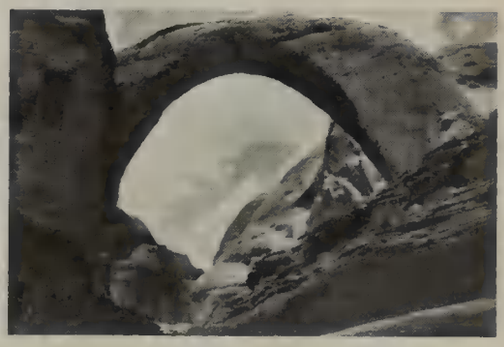

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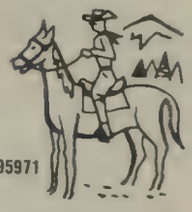

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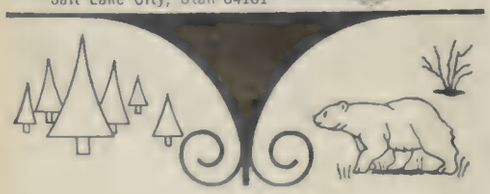

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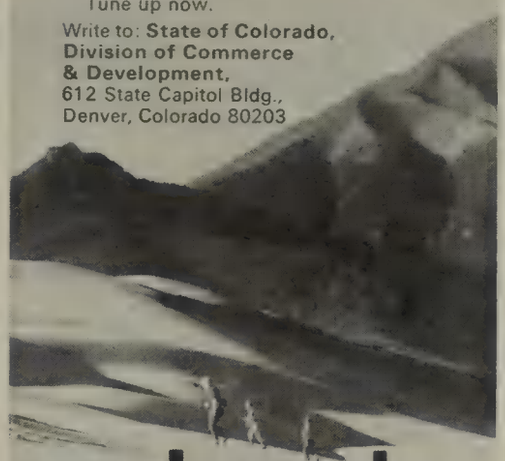

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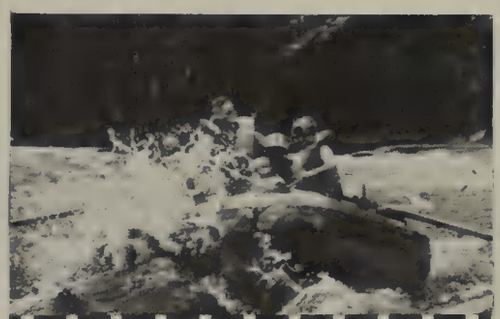

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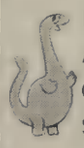

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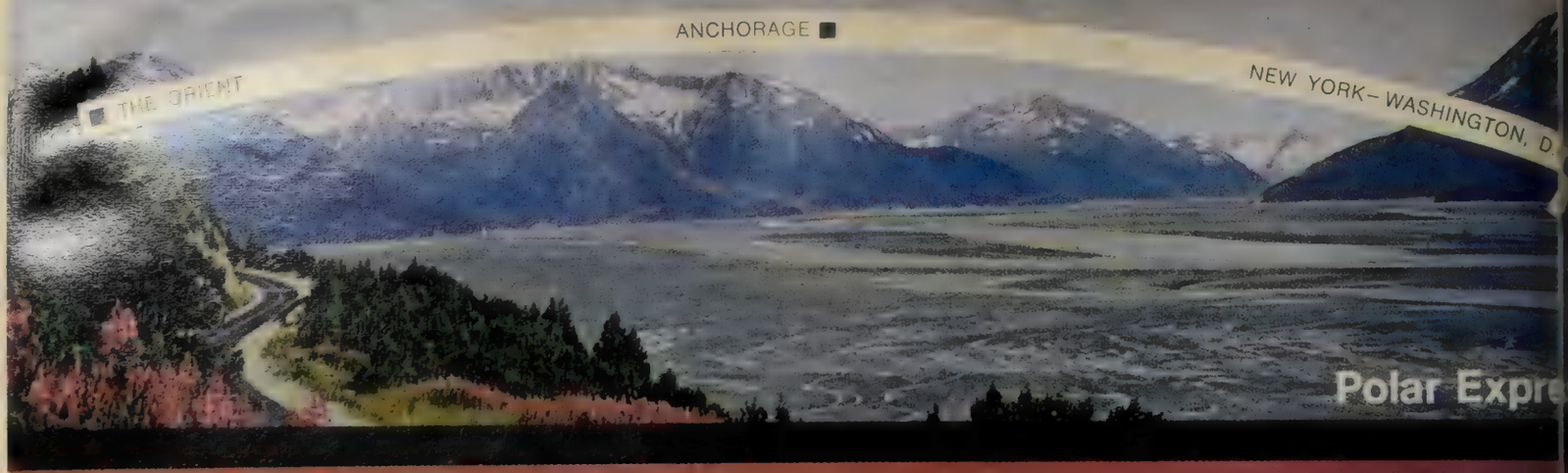

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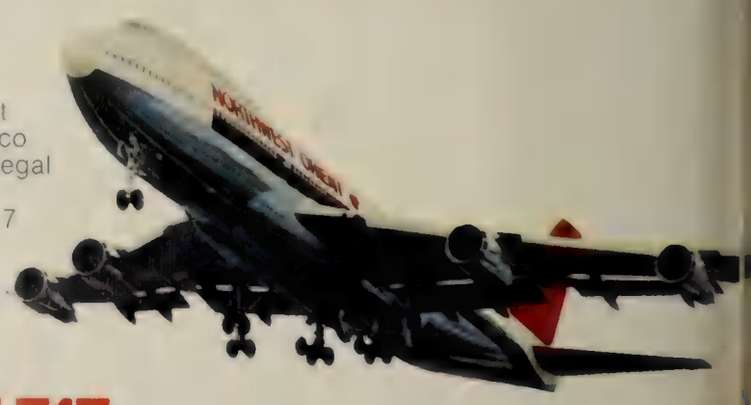

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SAN BERNARDINO COUNTY

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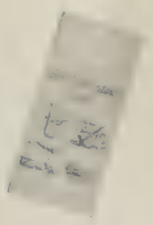
During April and May, San Bernardino County in Southern California probably has the world's largest collection of wildflowers. In this, America's largest and most diversified County, you'll find all types of beautiful wildflowers, desert and mountain, including an abundance of the world's largest wildflower, the Yucca. Visit our many unusual tourist attractions and see Mother Nature's wildflower show.

Write for detailed information . . .

San Bernardino County
Economic Development Department
San Bernardino, California / 92401

FREE:



All the interesting information you need to plan your visit to the largest county in the U.S.A. More space than the combined area of four states . . . and most diversified. Mile high mountain lakes, scenic desert areas, Colorado River. All types of sports, recreation, accommodations.

"The Greatest County in the U.S.A."

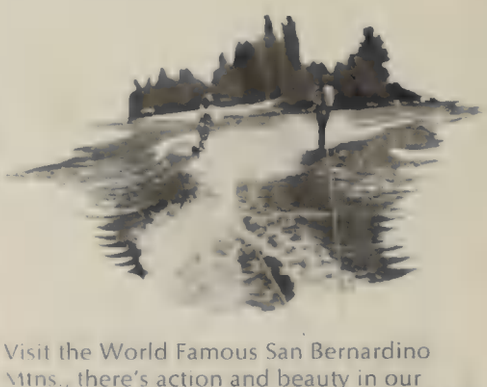
San Bernardino County
Economic Development Dept.
San Bernardino, California 92401

• Phone (714) 884-5161

NAME
ADDRESS
CITY
STATE ZIP

WRITE US TODAY!

Mountains.



Visit the World Famous San Bernardino Mtns., there's action and beauty in our mile high, easily reached mountain and lake resorts. You'll enjoy the invigorating air, pure loafing and the spectacular scenery . . . or the action of water skiing, boating, hiking or fishing. There are beautiful accommodations to fit every purse.

For complete information phone or write . . .

San Bernardino County
Economic Development Department
San Bernardino, California / 92401

and 4:30 P.M. On weekends there a six shows; the first begins at 10:30 A. and the last at 4:45 P.M.

Outside the amphitheater, a troupe pink flamingoes march on a grassy sta next to a lagoon.

In addition to bird watching, there's opportunity to learn unusual bits of H waiian history and legendry by pushi a button and listening to a tape recordi at strategic points along Menehune Tr a boardwalk that winds through a forest garlanded with hanging vines a orchids. The tapes tell of the legends Manoa and describe ancient uses of h bamboo, and medicinal plants.

SALBOSA-WENKA

Young visitors *search for orchids alo the park's Menehune Trail boardwa*

For more leisurely sightseeing, catch free covered tram at the bottom of aviary (leaving hourly from 10 A.M.) ride through the luxuriantly planted tr ical gardens with waterfalls and c filled fish ponds.

And take a walk along the path li with anthurium, jasmine, and ginge the bamboo forest.

Manoa Valley is a rainy area with b frequent showers, so brightly colo umbrellas for visitors' use are pla along the way. The rain, of course, c tributes to the rich plant growth in park and often produces beautiful do and triple rainbows.

During a visit to the park, you may w to have lunch in the adjoining P nesian restaurant which features l foods and offers a Hawaiian luau e Tuesday at 6 P.M.

The park is open from 9:30 A.M 5:30 P.M. daily. Admission is $2.50 adults, $1.25 for children 6 through

And see what happens.

A funny thing happened on the way to her vacation...

She saved up
for fifty long weeks—
skipped desserts,
saw fewer movies,
gave up cabs even in the rain—
all for two glorious weeks
anywhere but home.
And now it's finally here...
and she's on her way!
On an exciting
Amazing America Vacation.
Meeting people.
Watching the scenery.
Just plain having fun.
She chose from
many escorted and
unescorted trips
throughout the USA
(including Alaska and Hawaii),
Mexico, and Canada—
all planned for her by the
people who know America best.
And she's travelling on a beautiful,
air-conditioned Greyhound.
With fun-loving fellow travelers
from all over the world.
Top-notch accommodations.
And experienced trip escorts.
(Of course, if she'd wanted,
our happy traveler could have
gone on a pre-planned
on-your-own Greyhound holiday.)
So... if your
fifty weeks are almost up,
go for the good times
on a Greyhound
Amazing America Vacation.

Amazing America Vacations

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Whatever your pleasure, there's an AMAZING AMERICA VACATION planned just for you. Just tell us the place you'd like to go and how much time you can spend there—and we'll send you full information.

I'm thinking of going to: (1) _____ or (2) _____ or (3) _____

My vacation is _____ weeks/days long

_____ I want to go escorted _____ I'd rather go on my own

Name _____

Address _____

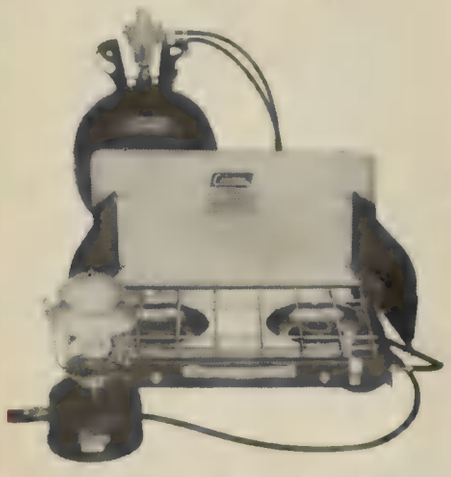
City _____ State _____ Zip _____

My travel agent is _____

Mail to: GREYHOUND AMAZING AMERICA VACATIONS
369 Market Street
San Francisco, California 94106

NEW FROM COLEMAN

Introducing
The Coleman Light & Power Company



Now bring your own private utility company with you . . . wherever you go in the great outdoors. Coleman's Propane Lantern and Stove System sets up with propane bottle and hoses as a fixed unit, or each operates independently. Either way, you get safe, dependable light and power whenever you want it. And you never worry about bills.

Handsome two burner stove delivers enough heat to cook full-scale meals that satisfy hearty, outdoor appetites. Its consistent bottle-to-burner pressure is precisely controlled through a U.L. safety-certified regulator. Lamp operates from bottle or from snap-in LP gas cartridge for easy portability. No pumping required.

Let the Coleman Light and Power Company go to work for you. At your Coleman dealer.

Get Closer to Your Country with

Coleman

Greatest Name in the Great Outdoors

Fossil trilobite *(at right) and its overlying impression (left) are revealed as collector pries apart thin layers in a slab of shale*

Where ancestors of the lobster left their marks in the shale

Entombed between the finely layered slabs of shale that surface the desert in the Antelope Spring area west of Delta, Utah, are the well preserved, fossilized remains and impressions (molds) of ancient trilobites. Their bulging, multifaceted eyes stare out blindly from their rockbound crypts.

Fossil remains of trilobites—small pr historic creatures distantly related our present-day crabs and lobsters—a among the earliest evidences of anim life found in some of the earth's olde sediments. About 500 million years a —give or take a few million years swarms of trilobites swam about in

EARL SPENDLOVE

Trilobites *from Antelope Spring site rarely exceed 2 inches*

Get a taste of the great outdoors.

il, bake, scramble, fry, simmer, brown, saute . . . ything a kitchen range can do, a Coleman stove n match. Only Coleman can do it in any weather. d in the middle of a wilderness. And with a flavor as all outdoors.

Coleman stove is instant cooking power that n't go out unless you want it to. Deep-seated burners scorn the wind and spit back at the rain. It's the fire you don't have to worry about, even after you break camp. Because you take it with you.

With Coleman, you've always got things under control. That's the only way to camp. Easily.

(NOTE: Only Coleman fuel should be used in Coleman products. Other fuels may cause faulty operation.)

get closer to your country with

Coleman

greatest name in the great outdoors

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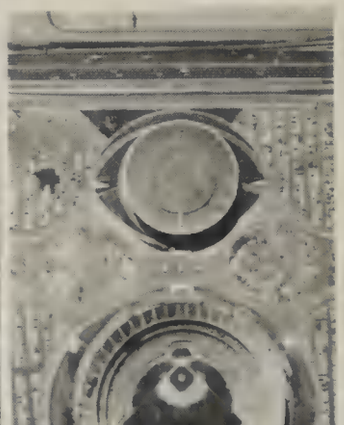
OAKLAND comes in all sizes

MINI DAY



MIDI WEEKEND

MAXI WEEK

California's Big League City!

Spend a day, a weekend, a week. Attend a sports event in the most beautiful and comfortable sports complex in the country. See California history come to life in the new Oakland Museum. Visit with live storybook characters in Children's Fairyland. Ride a tortoise and feed a porpoise or ride over the heads of giraffes at Knowland Park Zoo. Relive history and see ships set sail at picturesque Jack London Square.

It's all in Oakland — with easy access by jet from all parts of the West to Oakland International Airport. Unusual restaurants, beautiful hotel and motel accommodations, and across the Bay is San Francisco.

Mail this coupon now for a complete Visitor's Guide.

Oakland Chamber of Commerce Convention & Tourism Bureau
1320 Webster Street (Suite 81-S), Oakland, CA 94612
Please send me a complete Visitor's Guide to Oakland.

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Address _____
City _____
State _____
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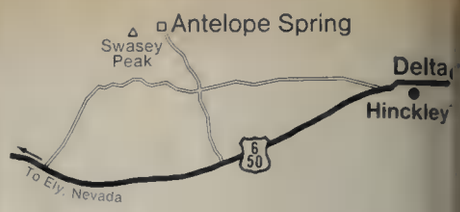

Antelope Spring *collecting site is about* [illegible] *miles west of Delta off U.S. Highway 6-*[illegible]

warm Paleozoic sea that covered most [illegible] what is now the Western United Stat[illegible]

The Antelope Spring collecting site [illegible] about 180 miles southwest of Salt La[illegible] City along the eastern slope of the Ho[illegible] Mountains. Take U.S. Highway 6-[illegible] from Delta 12 miles southwest to [illegible] unpaved but well graded Margum P[illegible] Road. Follow it 24 miles west to its [illegible]tersection with the Antelope Sprin[illegible] Dome Canyon Pass Road. Head no[illegible] on the Antelope Spring/Dome Can[illegible] Pass Road for 8½ miles to a point wh[illegible] a water pipe stands in a relatively [illegible] area just east of the road. Park here [illegible] walk ¼ mile east to an open draw r[illegible]ning down from Swasey Peak. Yo[illegible] see outcroppings of the trilobite-la[illegible] shales along both sides of the draw.

Most of the trilobite collecting site is [illegible] land administered by the Bureau of L[illegible] Management, and reasonable amount [illegible] trilobite fragments may be collec[illegible] without a permit.

Several private leases are held on a st[illegible] owned section of the collecting site, [illegible] are posted against trespass.

Ordering topos

Many a successful camping tri[illegible] or backpacking expedition begin[illegible] as a new map is unfolded. Th[illegible] United States Geological Surve[illegible] (USGS) publishes a comprehen[illegible]sive series of detailed topographi[illegible] maps of all the surveyed areas o[illegible] the United States. Index map[illegible] showing the availability of maps i[illegible] each state and current price list [illegible] may be obtained from the Ma[illegible] Information Office, Geological Sur[illegible]vey, Washington, D.C. 20242.

You can order maps of the seve[illegible] contiguous Western states and Ha[illegible]waii from the Pacific Coast Cen[illegible]ter, Geological Survey, 345 Mid[illegible]dlefield Rd., Menlo Park, Calif[illegible] 94025. Enclose with your mail or[illegible]der a check made out to Geologi[illegible]cal Survey. Maps of Alaska mus[illegible] be ordered either from the Distri[illegible]bution Section, USGS, Federa[illegible] Center, Denver 80225, or fron[illegible] the Alaska Distribution Sectior[illegible] USGS, 310 First Ave., Fairbanks[illegible] Alaska 99701.

*Plus tax, license, local freight, dealer preparation. Price and specifications subject to change without notice.

We took the ugly out of economy

At just $1,866*, Datsun's "Something Special" 1200 Coupe is priced like an economy car. But don't let that disguise fool you. In real life it's actually a powerful, comfortable luxury car.

After all, how many economy cars have disc brakes, reclining bucket seats, tinted glass, whitewalls and swoopy aerodynamic styling? And its beauty is wind tunnel tested for maximum stability in crosswinds and at freeway speeds.

And that's another thing. The 1200 has an engine that can turn an honest 94 MPH wherever it's legal. It's roomy, too. There's seating for four, including a rear seat in the coupe that folds down into a sort of sporty station wagon.

So there you have it. The Datsun 1200 Coupe. It's a lot more than an economy car, and it's priced well below luxury cars. That's what makes it "Something Special."

Drive a Datsun...then decide.

and put performance in.

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I am interested in staying at the Lodge

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to (date) _____

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TELEPHONE _____

ADDRESS _____

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DEL MONTE LODGE

Mail to: DEL MONTE LODGE
Dept. S, Pebble Beach, Calif. 93953

Del Monte Lodge is represented by your local Travel Agent and Glen W. Fawcett Co., Div. of John A. Tetley Co., Inc. (SF) 415-434-0660; (LA) 213-388-1151.

River runs in the West in 1971 . . . here are some of your 600 choices

River trips are becoming an increasingly popular way to enjoy a wilderness experience. A broad range of prices, departure dates, and trip lengths, and a wide choice of rivers with varied scenery make it possible for a river run to fit easily into a family's summer vacation schedule.

Most tour operators use large neoprene rafts or pontoon boats powered by outboard motors. Food is provided, and during most trips you will be camping overnight.

During the next six months, more than 600 river trips are offered by boating services that publish advance schedules. Departure dates and prices for 1971 are listed below; most tours have reduced rates for children and large groups. Some operators offer guide service and group charters for private expeditions. Hiking, horseback, four-wheel-drive vehicle tours, and other wilderness trips are often available.

Most prices given do not include transportation to and from departure points. For detailed information write directly to the operators.

American Guides Association, Inc.
Box B
Woodland, Calif. 95695

American River: 2-day trips at $40 per person—May 1, 8, 15, 22, 29; June 5, 12, 19, 26.

Colorado River, Grand Canyon: 5, 9, and 12-day trips at $250 and $300 per person—August 11. 5 and 8-day trips at $250 and $300—August 15. 4-day trip at $200 per person—August 19.

Eel River: 2-day trips at $40 per person—May 1, 8, 15, 22, 29; June 5, 12, 19, 26.

Green River, Dinosaur National Monument: 5-day trip at $110 per person—June 14.

Klamath River: 6-day trips at $125 per person—July 26; August 5, 13.

Rio Grande, Big Bend National Park: 5-day trip at $110 per person—December 27.

Rogue River: 5-day trips at $150 per person—June 14, 21.

Salmon River, Main Fork: 6-day trips at $250 per person—July 19; August 2.

Salmon River, Middle Fork: 6-day trips at $250 per person—July 4, 12, 26.

Selway River: 5-day trip at $250 per person—June 21.

Snake River, Grand Teton National Park: 6-day trip at $150 per person—August 9.

Stanislaus River: 2-day trips at $40 per person—May 1, 8, 15, 22, 29; June 5, 12, 19, 26; July 3, 10, 17, 24, 31.

Tuolumne River: 2-day trips at $40 per person—May 1, 8, 15, 22, 29; June 5, 19, 26; July 3, 10, 17, 24, 31.

Yampa River, Dinosaur National M ument: 5-day trip at $110 per perso June 21.

American River Touring Association
1016 Jackson St.
Oakland, Calif. 94607

American River, South Fork: 2-day t at $48 per person—May 1, 8, 15, 22 June 5, 12, 19, 26.

Colorado River, Cataract Canyon: 7 trip at $175 per person—July 7, August 5, 16, 27.

Colorado River, Grand Canyon: 8 trips at $315 per person—every Sun May 1 through October 30. 5 and day trips (no motors) at $200 and $ per person June 1, 15, 29; July 13, August 10, 24; September 7. 7-day t at $250 per person—June 5, 19; Jul 17, 31; August 14, 28; September

Copper River, Alaska: 5-day trip $250 per person—August 23, 30.

Green River, Desolation and Grey yons: 6-day trips at $155 per perso July 19.

Klamath River, Happy Camp to Ti- 2-day trips at $55 per person—e Saturday, June 12 through October

Rio Grande, Big Bend National P 5-day trips at $175 per person— vember 24; December 20, 27.

Rogue River, Galice to Agness: 4 an day trips at $165 per person—June 28; July 5, 6, 12, 19, 20, 26; August 9, 10, 16, 17, 23, 24, 30.

Salmon River, Middle Fork: 6-day at $250 per person—June 20, 27; Ju 11, 18, 25; August 1, 8, 15, 22, 29.

Snake River, Yellowstone National P 5-day trips at $125 per person.

Stanislaus River, Camp 9 to Par Ferry Landing: 2-day trips at $40 person—every Sunday and Friday, 2 through October 31. Weekend tri $48 per person—every Saturday, M through October 30.

Tuolumne River, Lumsden Bridg Ward's Ferry: 2-day trips at $48 person—July 3, 10, 17, 24, 31; Au 7, 14, 21, 28.

Yampa/Green Rivers, Dinosaur Na al Monument: 5-day trips at $140 person—June 21, 28; July 20.

Arizona River Runners, Inc.
Box 2021
Marble Canyon, Ariz. 86036

Colorado River, Grand Canyon: 4 8-day trips at $150 and $300 per pe —May 24; June 15; July 5; Augu September 4. 5-day trips at $200 per son—May 27; June 18; July 8; Au 6; September 7.

Canyoneers, Inc.
(Mexican Hat Expeditions)
Box 957
Flagstaff, Ariz. 86001

Colorado River, Grand Canyon: 7

'e're having a hukilau—in this example on a beach near Diamond Head, Oahu

There are no strangers in paradise.

That's one of the reasons Hawaii *is* adise. Our six little islands aren't big ugh for strangers. So we turn them into nds as quickly as we can. If they don't nt to be friends, we marry them. That ally does it.

We've been carrying on like this for ny centuries now. If you'd like to see v it all turns out, take a look at our beau- children. Or come to a hukilau.

That's a sort of Polynesian fish-in ere the nets are hauled up—hopefully —by everybody around. It's pretty in- nal, so don't expect to be waited on. Hawaii, we've had to learn to pull together, if we want to eat.) Anyway, the final results are worth a little work. Savory, golden charcoal-broiled akule and papio and oama and heaven knows what all else. Cooked as quick as they're caught, then devoured steaming hot on the beach.

Of course, if you'd rather be alone, we're quick to respect that, too. You can burn a joss stick in a tiny gilded temple. Rent a horse and explore a winding mountain trail. Take off your clothes and go sit in a waterfall. Nobody will bother you. Unless you want them to.

Unless you've made repeated tries and you still can't catch a curl with a mini-board. Then ask the kid down the beach. He'll take the time to show you how.

Or you've decided that *nobody* can pick up that jiggly Japanese tofu with chopsticks. The girl at the next table can, and she'll be glad to share her secret with you. She won't even laugh, unless you do.

How do we account for Hawaii's aloha spirit? We don't even try. Perhaps it's the warmth of our sun or the gentleness of the sea. Whatever it is, we'd like to share it with you.

Your travel agent will be glad to point out that Hawaii is closer and less costly than ever these days. And with more than 30,000 hotel rooms, we've got plenty of accommodations in your price range. Same goes for tours. See your agent soon, then hurry on over. Don't be a stranger anymore.

Hawaii

IT'S MORE THAN A PRETTY PLACE.

On behalf of the Islands of Hawaii, Kauai, Lanai, Maui, Molokai and Oahu.

trips at $289 per person—May 2, 9, 16, 23, 30; June 6, 13, 20, 27; July 4, 11, 18, 25; August 1, 8, 15, 22, 29; September 5, 12, 19, 26. 4 and 10-day trips at $189 and $374 per person—June 1, 15; July 6, 27; August 10, 31. 6-day trips at $269 per person—June 4, 18; July 9, 30; August 13; September 3.

Colorado River and Trail Expeditions
1449 E. 30th South
Salt Lake City, Utah 84106

Colorado River, Cataract Canyon: 5-day trip at $190 per person—June 12.

Colorado River, Grand Canyon: 6 and 9-day trips at $305 and $385 per person —May 1, 22; July 17, 31. 10-day river and hiking trip at $250 per person—April 12.

Columbia River, British Columbia: 6-day trip at $175 per person—August 16.

Frazer River, British Columbia: 6-day trip at $250 per person—August 28.

Green River, Desolation Canyon: 5-day trip at $125 per person—June 5.

Conservation Travel
National Wildlife Federation
1412 16th St., N.W.
Washington, D.C. 20036

Colorado River, Grand Canyon: 10-day trips at $415 per person—July 14; August 4.

Fort Lee Company
Box 2103
Marble Canyon, Ariz. 86036

Colorado River, Grand Canyon: 3 and 8-day trips at $295 and $485 per person —every Friday, May 7 through October 22. 6-day trips at $395 per person—every Sunday, May 9 through October 24.

Georgie White
Box 368
Midway City, Calif. 92655

Colorado River, Grand Canyon: 10-day trips at $300 per person—May 10, 31; June 21; July 12; August 2.

Gooch-Wendt Expeditions
1310 20th St.
Santa Monica, Calif. 90404

American River: 2-day trip at $45 per person—May 29.

Colorado River, Grand Canyon: 6 and 14-day trips (no motors) at $225 and $485 per person—June 21; July 11; August 1, 22. 8-day trips at $295 per person—June 27, July 17; August 7, 28.

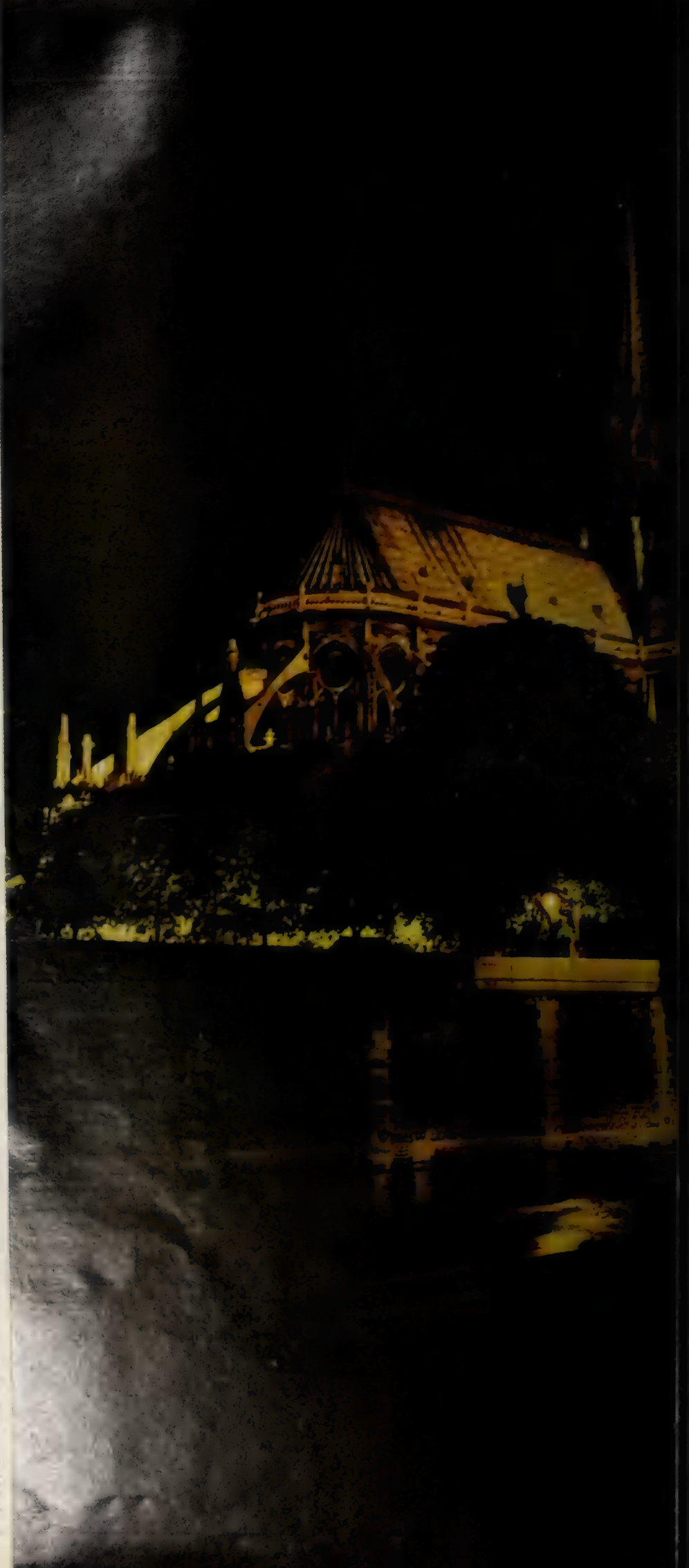
Stanislaus River: 2-day trips at $40 per person—May 1, 8, 22.

Grand Canyon/Canyonlands Expeditions
Box 21021
Salt Lake City, Utah 84121

Colorado River, Cataract Canyon: 5-day river and 8-day river-and-land trips at $195 and $335 per person—May 5, 11; June 14, 28; July 12, 26; August 9, 23; September 6, 20.

Colorado River, Grand Canyon: 4 and 10-day trips at $185 and $389 per person—May 10, 24; June 7, 21; July 5, 19; August 2, 16; September 6, 20; October 4. 7-day trips at $225 per person—May 13, 27; June 10, 24; July 8, 22; August 5, 19; September 9, 23; October 7.

Green River, Lodore Canyon: 4-day trips at $139 per person—July 5, 19; August 2, 16, 30; September 13. Green River Wilderness: 6-day trips at $205 per person—September 27; October 11, 25.



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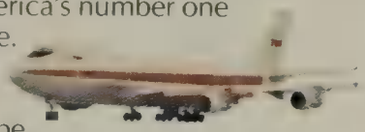

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City State Zip

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10-day trips at $195 per person—June 7, 21; July 5, 19; August 2, 16.

Yampa/Green River, Dinosaur National Monument: 4-day trips at $139 per person—May 24; June 7, 21.

Grand Canyon Dories
Box 5585
Stanford, Calif. 94305

Colorado River, Grand Canyon: 6 and 19-day trips (no motors) at $215 and $580 per person—May 2, 23; June 13; July 4. 13-day trips at $415 per person—May 8, 29; June 19; July 10.

Grand Canyon Youth Expeditions, Inc.
Rt. 2, Box 755
Flagstaff, Ariz. 86001

Colorado River, Grand Canyon: 22-day trips (no motors) at $425 per young man (age limits, 16 to 23)—June 1; July 1; August 1.

Harris Boat Trips
250 N. 500 East—Box 766
Centerville, Utah 84014

Colorado River, Cataract Canyon: 5-day trip at $185 per person—July 3.

Colorado River, Grand Canyon: 3 and 9-day trips at $140 and $350 per person—May 11, 25; July 13; August 17, 30; September 20. 6-day trips at $225 per person—May 14, 28; July 16; August 20; September 2, 23.

Green/Colorado Rivers, Labyrinth, Stillwater, and Cataract canyons: 6-day trips at $200 per person—May 2; July 26.

Green River, Desolation Canyon: 5-day trip at $145 per person—June 5.

Hatch River Expeditions
411 E. Second North
Vernal, Utah 84078

Colorado River, Grand Canyon: 4 and 10-day trips at $150 and $315 per person—May 3, 19; June 7, 15, 28; July 12, 26; August 10, 23, 30; September 6, 13; October 4, 18. 6-day trips at $175 per person—May 6, 22; June 10, 18; July 1, 15, 29; August 13, 26; September 2, 9, 16; October 7, 21.

Salmon River, Middle Fork: 5-day trips at $245 per person—July 14, 21, 28; August 4, 11, 18.

Yampa/Green Rivers, Dinosaur National Monument: 1 to 6-day trips at $15 to $142 per person, including 4-day trips at $99 per person—every Thursday, May 6 through September 16.

Moki Mac River Expeditions
6829 Bella Vista Dr.
Salt Lake City, Utah 84121

Colorado River, Cataract Canyon: 4-day river trips or 7-day river-and-land trips at $150 and $262.50 per person—May 16, 30; June 13, 20, 27; July 4, 18; August 8, 22; September 12, 19.

Colorado River, Grand Canyon: 4, 6, and 10-day trips at $130, $225, and $350 per person—May 5, 19; June 3, 17; July 1, 22; August 12, 26; September 7; October 7.

Mountain Travel (USA)
6201 Medau Pl.
Oakland, Calif. 94611

Colorado River, Grand Canyon: 14-day trips, $485 per person—June 21; July 11.

Orange Torpedo Trips
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Rogue River, Grave Creek Landing to

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on—May 15, 22, 29; June 5, 12, 19,
:6; July 3, 10, 17, 24, 31; August 7,
.4, 21, 28; September 4, 11, 18, 25. Al-
neda Park to Marial: 2-day lodge trips
t $100 per person—June 18, 25; July 2,
), 16, 23, 30; August 6, 13, 20, 27;
September 3. Galice to Marial: 2-day
amping trips at $100 per person—daily,
nid-June to Labor Day. 1-day trips at
30 per person—daily from mid-June to
abor Day.

loors Unlimited
) Fifth Ave.
amento, Calif. 95818

merican River: 2-day trips at $44 per
erson—May 1, 8, 15, 22, 29; June 5, 12.

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2-day trips (no motors) at $195 and
389 per person—July 5; August 23;
eptember 6. 7½-day trips at $270 per
erson—July 9; August 27; September 10.

ogue River: 3-day lodge trips at $130
er person—July 4, 18; August 1. 5-day
amping trips at $150 per person—July
1, 25; August 8.

tanislaus River: 2-day trips at $44 per
erson—May 1, 8, 15, 22, 29; June 5,
2, 19, 26; July 3, 10, 17, 24, 31; Au-
ust 7, 14, 21, 28; September 4, 11,
8, 25.

r Adventurers West
2363
lo Park, Calif. 94025

almon River, Middle Fork: 5½-day
ips at $275 per person—July 5, 12, 19,
6; August 2, 9.

an Juan River, Monument Valley: 5-day
ips at $185 per person—June 14, 21.

tanislaus River: 2-day trips at $48 per
erson—May 15, 22.

e River Raft Trips
ison's Lodge
in, Oregon 97532

ogue River, wild river section: 3-day
dge trips at $150 per person—June 3,
), 17, 24; July 1, 8, 15, 22, 29; August
12, 19, 26. 2-day lodge trips at $120
er person—May 7, 14, 21, 28; June 4.

ands River Runners, Inc.
Hopi Pl.
der City, Nev. 89005

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day trips at $150 and $299 per person
-May 11; June 14; July 26; August 16;
eptember 7, 27. 6-day trips at $245 per
erson—May 16; June 16; July 28; Au-
ust 18; September 9, 29.

erson Brothers River Expeditions, Inc.
1535
Ariz. 86040

olorado River, Grand Canyon: 4 and
day trips at $165 and $320 per person
-May 10, 17, 24, 31; June 7, 14, 21,
; July 5, 12, 26; August 2, 9, 16, 17,
, 30; September 6, 13, 20. 6-day trips
$215 per person—May 13, 27; June
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; September 2, 9, 16. 12-day river-and-
king trips at $370 per person—May
July 19.

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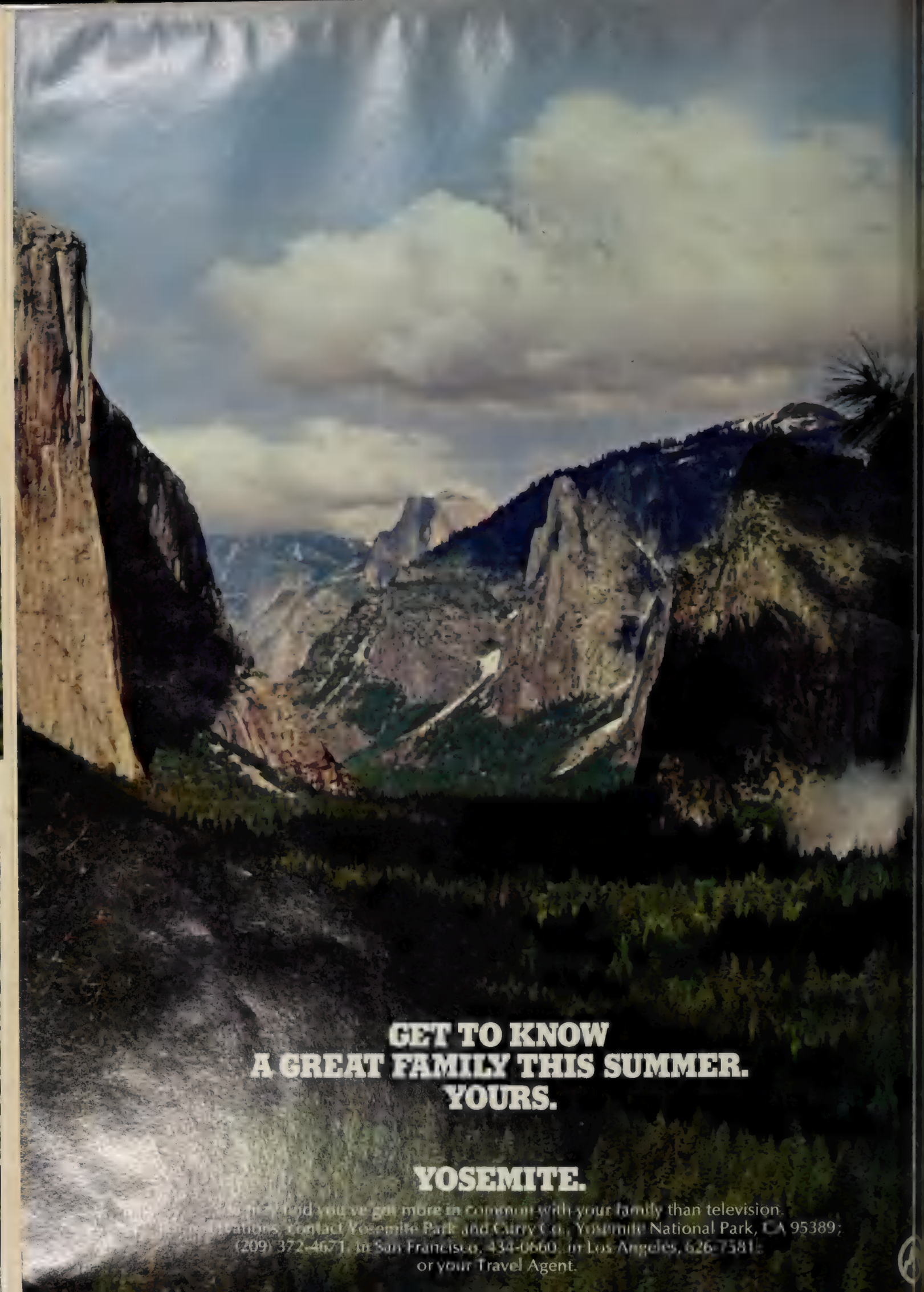
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er 30. 1, 2, and 3-day trips at $30 per
ay—daily through November 30.

almon River, Middle Fork: 5-day trips
t $375 per person—July 1, 9, 17, 25;
.ugust 2, 10, 18, 26.

A-Long Tours
N. Main St.—Box 1206
b, Utah 84532

olorado River, Cataract Canyon: 7-day
ver-and-land trips at $262.50 per per-
on—May 16, 30; June 13, 20, 27; July
. 18; August 8, 22; September 12, 19.
-day trips at $14 and $16 per person
-daily, April 1 through October 31.

ern River Expedition, Inc.
6339
Lake City, Utah 84106

olorado River, Cataract Canyon: 4-day
ips at $175 per person—May 28; June
15, 22, 29; July 6, 13, 20, 27; August
10, 17, 24; September 3.

olorado River, Grand Canyon: 10-day
ips at $365 per person—June 3, 17;
ly 15; August 5; September 2. 7-day
ver-and-mule trips at $330 per person
-May 16, 25; June 6, 13, 20; July 4, 18,
; August 1, 8, 22; September 5, 19;
ctober 10; November 20; December 27.
day trips, $295 per person—May 4, 27;
ne 8, 15, 22; July 6, 13, 20, 27; Au-
ıst 3, 10; September 2, 28; October 19.

reen River, Lodore Canyon: 5-day
ips at $139 per person—June 28; July
12, 19, 26; August 2, 9, 16, 23, 30.
day trips at $98 per person—June 30;
ly 7, 14, 21, 28; August 4, 11, 18, 25,
; September 4.

almon River, Main Fork: 6-day trips
$240 per person—July 26; August 2,
16, 23, 30.

almon River, Middle Fork: 5-day trips
$295 per person—July 13, 20, 27.

lway River: 5-day trips at $295 per
rson—June 14, 28; July 5.

ampa/Green Rivers, Dinosaur Nation-
Monument: 5-day trips, $139 per per-
n—June 1, 7, 14, 21. 3-day trips, $98
r person—May 29; June 3, 9, 16, 23.

: Water River Expeditions
249
ck, Calif. 95380

olorado River, Cataract Canyon: 3-day
ps, or 6-day ground-and-air trips at
65 and $300 per person—May 10;
ne 21; July 12, 26; August 2; Sep-
nber 20.

olorado River, Grand Canyon: 3 and
day trips at $185 and $300 per person
May 17; June 14; July 26; August
; September 20; October 18. 6-day
ps at $225 per person—June 16; July
; August 25; September 22; October
. 7-day trips at $275 per person—
ay 3, 31; June 21; July 12; August 9;
ptember 6; October 4.

mon River, Main Fork: 6-day trips
$175—August 1, 10, 19, 28.

mon River, Middle Fork: 7-day trips
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Parrot's Ferry Bridge: 2-day trips at
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ough October 30.

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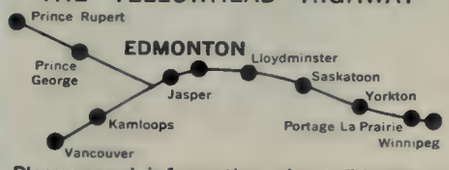

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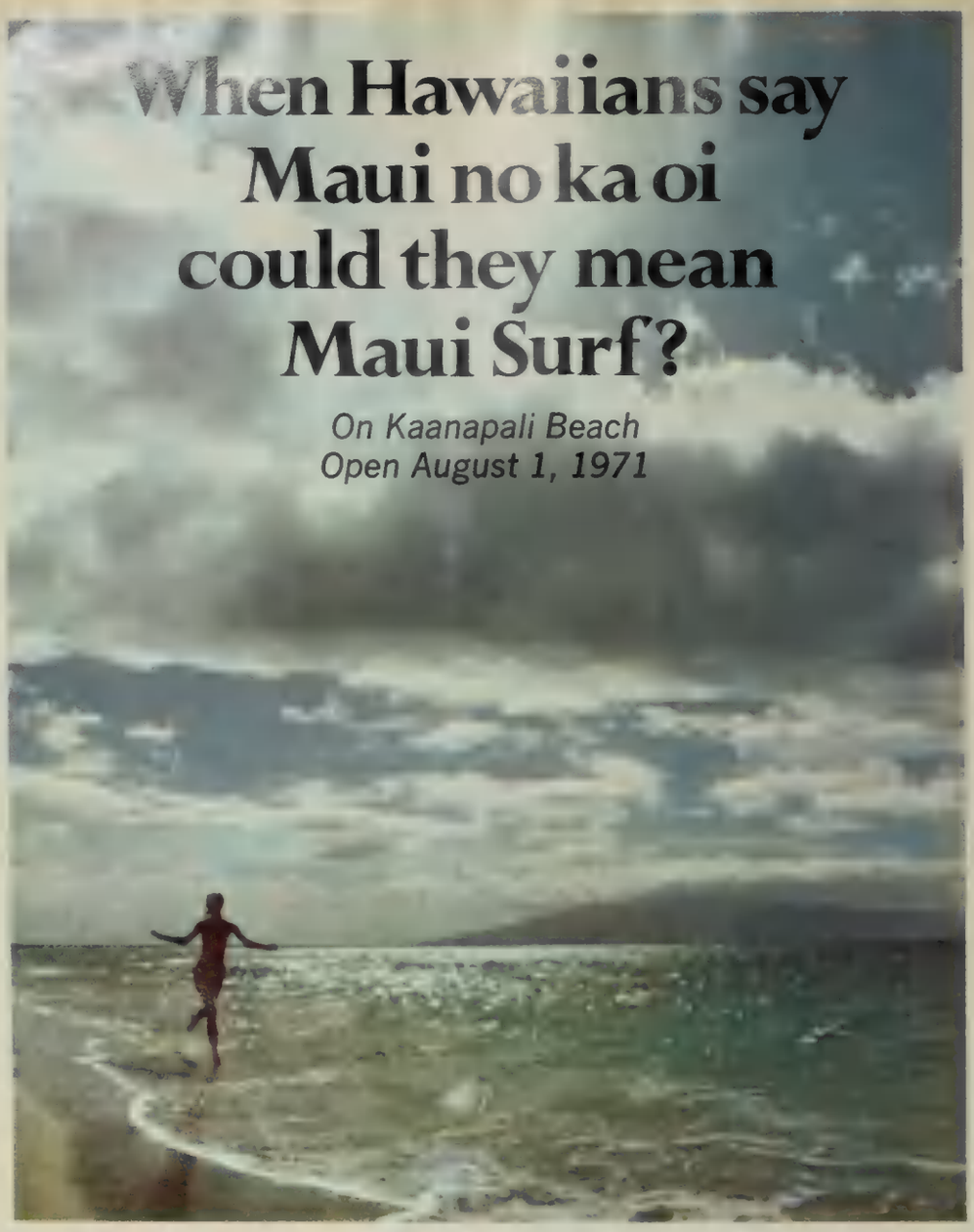
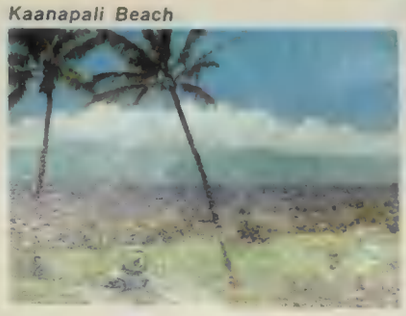


Kaanapali Beach



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trips at $255 per person—August 1;
tober 10.

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$275 per person—May 16; Septembe

Yellowstone Lake, canoeing: 6-day
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24; July 18; August 15.

Yukon River: 11-day trips at $485
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Wilderness Water Ways, Inc.
4 Live Oak Circle
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American River, South Fork: 2-day t
$45 per person—June 5; July 17, 24

East Carson River, near Markleev
2-day trips at $45 per person—Jun
19, 26.

Eel River, Covelo to Dos Rios: 2
trips at $45 per person—May 1, 8, 15

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2-day trips at $50 per person—Jun
26; July 17, 24; August 7.

Rogue River: 3-day camp trips at
per person—June 15, 23; July 13,
August 3. 3-day lodge trips at $90
person—June 11, 19, 27; July 3, 8,
25, 29; August 7, 14, 21, 28; Septemb

Stanislaus River: 2-day trips at $40
person—May 2, 7, 9, 14, 16, 21, 23
29; June 4, 6, 11, 13, 18, 20, 25,
July 2, 9, 11, 16, 18, 23, 25, 30; Au
1, 6, 8, 13, 15, 20, 22, 27, 29; Sep
ber 3.

Tuolumne River, near Groveland: 3
trips at $75 per person—July 1, 8.

Wilderness World
1342 Jewell Ave.
Pacific Grove, Calif. 93950

Klamath River: 3-day trips at $55
person—August 7, 20.

Rogue River: 3-day trips at $105 per
son—May 2, 9, 22, 29; June 26; Au
1. 5-day trips at $160 per person—
15; July 4, 18, 25; August 12, 25;
tember 2.

Salmon River, Main Fork: 6-day tri
$255 per person—August 5, 13, 21.

Salmon River, Middle Fork: 6-day
at $240 per person—July 4, 12, 20,

Stanislaus River: 2-day trips at $40
person—every Saturday, May 1 thr
October 30.

Wonderland Expeditions
Box 338
Green River, Utah 84525

Colorado River, Grand Canyon: 4
9-day trips at $150 and $350 per pe
—May 24; June 7, 21. 6-day trip
$225 per person—May 27; June 10,

Colorado River, Cataract Canyon: 4
trips at $165 per person—May 5,
July 7, 14, 28; August 18, 25; Sep
ber 22, 29; October 20.

Green/Colorado Rivers, Desolation
Cataract canyons: 7-day trips at $22
person—May 2, 9; July 4, 11, 25;
gust 15, 22; September 19, 26; Octobe

Green River, Desolation Canyon: 3
trips at $100 per person—May 2, 9;
4, 11, 25; August 15, 22; Septembe
26; October 17.

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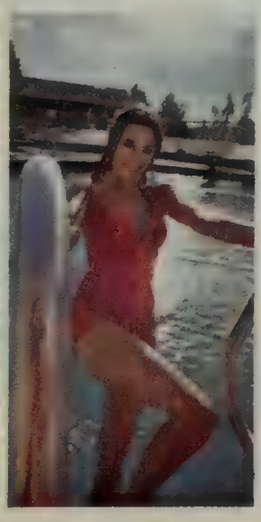

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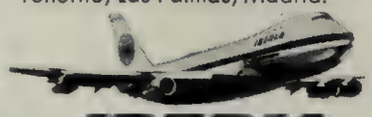

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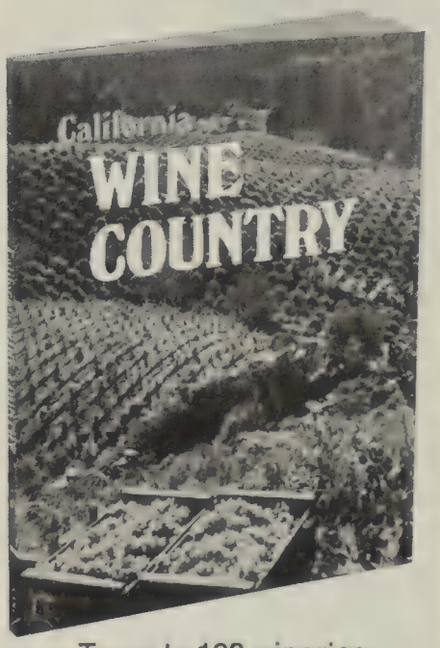

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Here's a list of courses in the Islands where visitors may play, starting with Oahu and then taking the Outer Islands from north to south:

Oahu municipal courses

Ala Wai (near Waikiki). 18 holes; 6,281 yards; men's par 35-36—71; women's par 38-38—76; weekday fee $2; weekends, holidays $3.25. Flat course.

Pali (near foot of Pali). 18 holes; 6,943 yards; men's par 36-36—72; women's par 38-38—76; weekday fee $2; weekends, holidays $3.25.

Kahuku. 9 holes; 2,725 yards; men's par 35; women's par 36; weekday fee $1.10; weekends, holidays $1.50.

Ted Makalena (Wahiawa, opening May). 18 holes; 7,000 yards; weekday fee $2; weekends, holidays $3.25.

Oahu private courses open to public

Moanalua Golf Club (near Tripler Hospital). 9 holes; 3,042 yards; men's par 36; women's par 39; weekday fee $2.50; weekends, holidays $4.

Francis H. I. Brown Golf Club (near Pearl Harbor). 18 holes; 6,481 yards; men's par 36-36—72; women's par 7 36—73; weekday fee (with cart) $6 weekends, holidays $9.

Mililani Golf Club. 18 holes; 6 yards; men's par 36-36—72; wom par 39-37—76; weekday fee $3; w ends, holidays $6; cart $7.50 per ro

Hawaii Country Club (Kunia). 18 h 6,175 yards; men's and women's 36-35—71; weekday fee $3; weeke holidays $6, reduced to $3 after 1 P cart $6.24 (weekdays), $8.32 (w ends). Beginning April 1, 1971, t will be a special package tour ($16) viding transportation to and from kiki, greens' fees, and cart.

Makaha Valley East. 18 holes; 6 yards; men's and women's par 35-3 71; weekday fee (with cart) $6; w ends, holidays $10.

Makaha Valley West. 18 holes; 7 yards; men's par 36-36—72; wom par 37-37—74; hotel guest fee (cart) $12; nonguest $14.

Bay View Golf Center (Kaneohe holes; 2,231 yards; par 3 course; fee $2; night fee (6 to 9 P.M.) $ except Monday, when day rate is in ef Lighted.

Olomana Golf Links (Waimanalo) holes; 6,300 yards; men's par 36-3 71; women's par 37-38—75; week

GLENN CHRISTI

With [redacted] at their backs, golfers approach third hole at Keahou-Kona Club (Hawaii), built by leveling and filling ancient lava flow

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Hon. W. R. [illegible], Minister R. B. Worley, Deputy Minister

fee $3.50 or (with cart) $6; Saturd[illegible] $6.25 or (with cart) $8; Sundays, h[illegible] days $6.25 or (with cart) $10.

Hawaii Kai. 18 holes; 2,610 ya[illegible] men's and women's par 56; week[illegible] fee $2.50; weekends, holidays $3.50

Oahu private clubs (nonmembers [illegible] play as guests of members)

Waialae Country Club (Kahala). [illegible] holes; 6,848 yards; men's par 36-3[illegible] 72; women's par 38-37—75. Site o[illegible] past Hawaiian Open Invitationals.

Oahu Country Club (Nuuanu Val[illegible] 18 holes; 5,955 yards; men's par [illegible] 36—71; women's par 37-38—75. H[illegible]

Mid-Pacific Country Club (Lanikai) [illegible] holes; 6,576 yards; men's par, 3[illegible] —72; women's par 37-37—74.

Oahu courses open to visiting mili[illegible] personnel and guests

Hickam Air Force Base. 18 holes; 6[illegible] yards; men's par 36-36—72; wom[illegible] par 37-36—73; weekday fee $1[illegible] weekends, holidays $2; civilian g[illegible] fee $6 (anytime); cart $5 (anytime)

Navy-Marine. 18 holes; 6,510 ya[illegible] men's par 36-36—72; women's par [illegible] 38—76; enlisted personnel fee $2; [illegible] cers $3; civilians $7.50; cart $5.

Leilehua. 18 holes; 6,400 yards; m[illegible] par 36-36—72; women's par 39-37—[illegible] fee by rank; civilians: weekdays [illegible] weekends $4.

Kalakaua. 18 holes; 6,344 yards; m[illegible] par 35-37—72; women's par 36-37—[illegible] weekday fee $2; weekends, holidays [illegible] civilian guest $4 (anytime).

Barbers Point. 18 holes; 6,455 ya[illegible] men's par, 36-36—72; women's par [illegible] 37—76; fee by rank; civilians: w[illegible] days $4; weekends, holidays $5.

Kaneohe Marine. 18 holes; 6,346 ya[illegible] men's par 36-36—72; women's par [illegible] 37—74; fee by rank; civilians $5.

Fort Shafter. 9 holes played as 18 [illegible] changing tees; 5,194 yards; men's [illegible] 34-34—68; women's par 36-36—[illegible] fee by rank; civilians: weekdays [illegible] weekends, holidays $5.

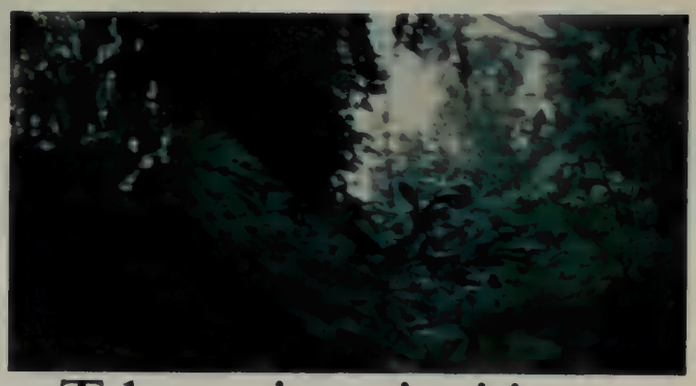
Ford Island. 9 holes; 1,340 yards; p[illegible] military $1; civilians $2.

Kauai courses

Wailua (near Coco Palms Hotel, mu[illegible] ipal). 18 holes; 6,631 yards; men's [illegible] 36-36—72; women's par 37-37—[illegible] out-of-state resident fee $5; cart $[illegible] Site of Kauai Annual Invitational T[illegible] nament in November.

Kauai Surf (above Nawiliwili Bay, [illegible] vate, open to the public). 9 holes; 3[illegible] yards; men's par 35; women's par [illegible] fee for 9 holes $3; all day $5; car[illegible] 9 holes $4, 18 holes $7.

Kukuiolono Park (15 miles from Li[illegible] private, open to the public). 9 h[illegible] 3,806 yards; men's and women's pa[illegible]



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Boise Cascade
Recreational Vehicle Divi
61 Perimeter Park East, Atlanta, Georgia

ekday fee $1.50; weekends, holidays (payable on the honor system—just p your money in a box); cart $6.

ui courses

iehu Municipal. 18 holes; 6,367 ds; men's par 36-36—72; women's 38-38—76; weekday fee $2.50; ekends, holidays $4.50.

val Kaanapali (private, open to the lic). 18 holes; 6,300 yards; men's par 36—72; women's par 38-38—76; $8.50 (anytime).

napali Executive (private, open to public). 18 holes; 4,400 yards; par fee $3 or (with cart) $6.

lokai course

wood Hills Golf Club (private, open he public). 9 holes; 2,790 yards; par fee $2.

ai course

endish Golf Club (private, open to public). 9 holes; 3,100 yards; par 36; fee charged.

vaii courses

Municipal. 18 holes; 5,991 yards: 's par 36-36—72; women's par 38--76; weekday fee $1.50; weekends, days $2.50.

Country Club (private, open to the lic). 9 holes with alternate tees; 5,780 ls, played as 18 holes; men's par 36--72; women's par 38-38—76; week- fee $3; weekends, holidays $6.

cano Golf Club (private, open to the ic). 18 holes; 6,023 yards; men's par 6—72; women's par 38-38—76: kday fee $3; weekends, holidays $5: $7. Near Hawaii Volcanoes Na- al Park.

uhou-Kona Club (private, open to public). 18 holes; 6,329 yards; par nonmember fee $7.50; cart $8.

na Kea Beach (private, open to the ic). 18 holes; 6,488 yards; men's women's par 36-36—72; guest fee nonguest fee $12. Site of Mauna Annual in December and Annual Am Tourney in November.

akua Golf Club (private, open to public). 9 holes; 2,505 yards; men's 33; women's par 36; fee $2.

rses opening this year

ii. Princeville Makai Golf Course, (private, open to the public). 27 s; 6,200 yards; par 72; fee (with $10.

i. Wailea Golf Course, September vate, open to the public). 18 holes;) yards (men's tees); men's par 72; en's par 70; fee (with cart) $9.

aii. Waikoloa Village Golf Course, ber (private, open to the public). oles; 6,950 yards; men's par 72; en's par 76; fee not yet set.

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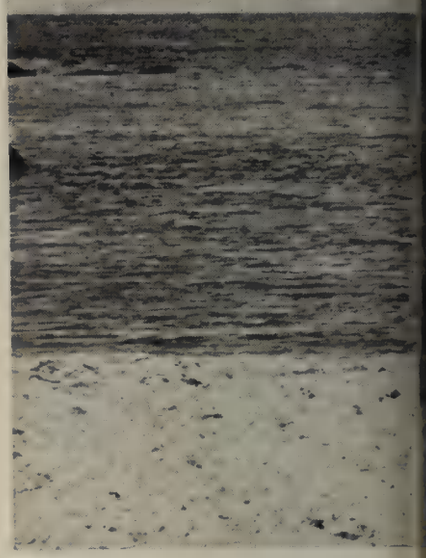
THE ONLY WAY TO FLY

An hour and a half north of San Francisco is Tomales Bay ...art, beaches, birds, picnicking



Picnicking family *faces east from beach at Tomales Bay State Park. Sailboat punctuates impressive view*

Sculpture *by Nicholas Cooke entitled "Women's Liberation" intrigues gallery visitor*

Tomales Bay, adjacent to Point Reyes National Seashore, receives little of the attention given its more spectacular neighbor. The bay's bucolic hillsides, salt marshes, and quiet waters contrast with Point Reyes' great cliffs, dazzling beaches, and roaring breakers.

The San Andreas Fault runs down the middle of the bay. To the west are the heavily forested hills of the Inverness Ridge. On the opposite shore, trees are scarce, and high grassy hills roll east, north, and south out of sight. The salt

NORMAN A. PLATE

Clammer spaniel? *Dog tries to help as couple dig for clams near the boat works in Marshall*

Lunching *alfresco at the Inverness Coffeehouse, they're treated to an impromptu guitar concert*

Before you can eat *these fresh Pacific oysters, you have to open them. Lesson accompanies purchase*

marshes and mud flats along the shore support egrets, herons, and other waterfowl that have long since had to flee development in other lowland areas.

On the west shore, you can get to the water at Tomales Bay State Park north of Inverness. It has four fine beaches good for swimming in summer or strolling in colder seasons. Hiking trails through forested areas of live oak, madrone, bay, and Bishop pine offer good hilltop views of the bay. The park is for day use only.

There are many places all along the east shore where you can get down to the water's edge, but there are no beaches, only marshes and mud flats. It's ideal for the bird watcher and clam digger.

About 1½ hours from San Francisco (via State Highway 1 or U.S. 101 and Sir Francis Drake Boulevard), Tomales Bay is a good destination for a day's trip. Following are some attractive stops (all likely to be busy on weekends).

The Inverness Gallery displays and sells paintings, sculpture, photography, and

Announcing an air conditioned Simca for $2,212.*

'Til now, most inexpensive air conditioned cars stuck you with an air conditioner that hung down to bash your knees. We've changed this situation with our newly-priced air conditioned Simca 1204's.

First, and foremost, the Simca is a great little car. It has front wheel drive. Comfortable independent torsion-bar suspension. Rack and pinion steering. Front disc brakes. Plush reclining front seats. Fold-down rear seats for a 41.1 cubic foot storage area. Great fuel economy. And rugged unitized construction.

After all that, who'd be content to make do with some ugly bolt-on air conditioner? Not us. A brand-new unit was designed just for our Simca. It has four adjustable outlets, a three-speed fan, enough power to keep an Eskimo happy; and as you see, it even looks good.

Separately, our Simca and our air conditioner are tops in their class. Together for only $2,
they're in a class by themselve

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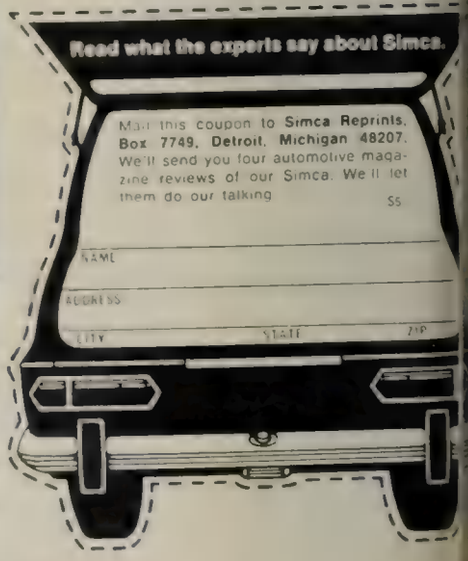

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*Based on manufacturer's suggested retail price for an air conditioned 1971 Simca 1204 2-door sedan. Price excludes dealer new-car preparation charges, destination charges and state and local taxes. Racing stripes are $17.95 extra, plus dealer installation.

For the name of your nearest Simca dealer, call **(800) 243-6000;** we pay for the call. In Connecticut, call **(800) 942-0655.**

From path *in state park, bay and hills beyond form a quiet, rural panorama*

Sunday afternoon *at Marshall Tavern means music; in this case, Dixieland*

NORMAN A. PLATE

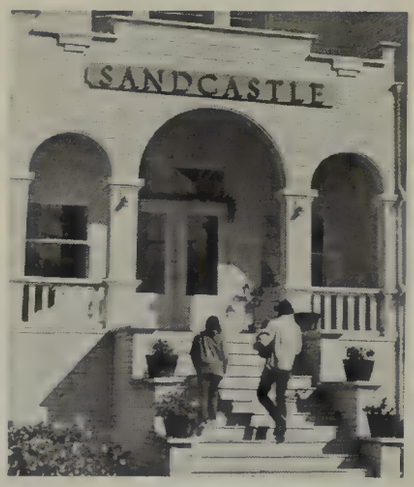
: objects. Hours are weekdays, noon P.M.; weekends, 10 A.M. to 6 P.M. ed Mondays.

'e are three fine restaurants in In- ess. Vladimir's Czechoslovak Res- ınt and Manka's Czech Restaurant : central European food in Euro- atmosphere. Vladimir's is open for ı ($2.50) and dinner ($4.25), closed day and Thursday. Manka's opens linner (about $5.25 to $6.75) Mon- Thursday, Friday, and Saturday at ı., and Sunday at 2:30 P.M.

Inverness Coffeehouse is in the cof- ɔuse tradition in which conversa- something to read, and a game of ; or chess are as important as the However, its relaxed ambience is ıished by weekend crowds. It's open to 9 P.M. weekdays, 8 A.M. to ı. weekends (to $4.50).

Sandcastle, an arts and crafts gal- in Point Reyes Station, is open sday through Sunday, 1 to 5 P.M.

Madeleine, a restaurant in Point s Station, has an ordinary appear- that belies the high quality of its



Sandcastle Gallery *is housed behind arched portico of large old building*

authentic French cooking. Lunch and dinner are served Thursday through Monday; dinner only Wednesday (to $5.50).

North of Point Reyes Station is the old town of Marshall. You might look in at the Marshall Hotel, with Victorian furnishings and built right over the water. Next to the hotel is the Marshall Tavern and Restaurant. It's open noon to midnight Wednesday through Sunday, and has Sunday afternoon concerts that alternate Dixieland jazz with country-and-western and chamber music.

No seafood buff can leave Tomales Bay without a sack of fresh oysters ($1.25 to $1.50 a dozen). There are two oyster farms on the bay: Tomales Bay Oyster Company, north of Point Reyes Station, open every day but Tuesday 8 A.M. to 5 P.M. (closed July and August); and Jensen's Oysters, north of Marshall, open every day but Monday, 10 A.M. to 5 P.M.

Ordinary wagons aren't designed to perform extraordinary feats of strength.

Even with optional towing packages fitted, a two-ton load can twi their frames (if they have one at all), burn out their engines and differentials.

Ordinary wagons just aren't designed to handle the big towing jobs.

But a TRAVELALL is no ordinary wagon.

You can get one to tow up to 10,000 pounds. That's up to 4,000 pounds mo than the nearest competitor, and twice as much as most other wagons.

If that's more towing capacity than you need, there are other Travelall mod available with maximum towing capacities ranging from 7,000 to 9,000 pounds.

All of the Travelall models get their tremendous towing strength fro a variety of things—and one of them is the frame. It's tough. Because it's a truck-ty frame. So it won't bend, bind or weave while towing the heaviest load.

Travelall V-8's match the frames in their toughness. They're all truck V-8's the same ones that we bolt into our big, gas-powered highway rigs. They're built turn out the torque at lower rpm's than automotive engines (less wear), and do it regular gasoline (less cost). You can choose from three different V-8's—all the w from a 304 cubic-inch, 193 HP. engine to a 253 HP., 392 cubic-inch V-8.

Travelall transmissions include two 3-speeds, two 4-speeds, a heavy-duty 5-spe a 5-speed with overdrive, and a 3-speed automatic. Like everything else in a Trave they're built to tough truck standards.

If you're towing anything with an ordinary wagon, you're probably tearing the heart out of it.

There comes a time in the lives of most ordinary wagons when the wagon stops ›ering the load and the load starts steering the wagon.

Travelall takes care of that with its rugged truck-type suspensions. On the 1010 avelall, you get a choice of standard or heavy-duty independent torsion bars with ›way bar up front, leaf springs in the back; on the 1110 and 1210 models, leaf ·ings are used all around. Both suspensions have been designed with two things mind: making the road smoother, and keeping you in control at all times.

Other Travelall features include options like 4-wheel drive; a limited-slip dif-·ential; a wide range of differential ratios; heavy-duty cooling and electrical sys-ns; and a choice of seating capacities.

Inside all this brawn is a 124 cubic foot cargo area. That's over 20% more inte-r room than the largest conventional wagon you can buy.

And you can outfit the inside in a very untruck-like way, with options like deep-e carpeting, luxurious upholstery, AM-FM, air conditioning, power steering and wer brakes.

It's everything you'd expect to find in only an ordinary wagon. And more towing lity besides. Up to 4,000 pounds more.

See it, test drive it at your INTERNATIONAL dealers.

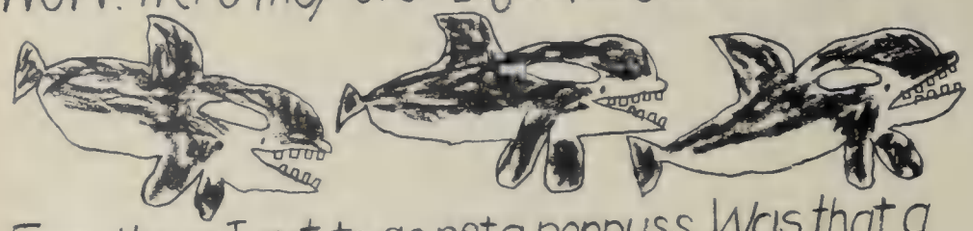
International Travelall. The only wagon built to tow up to 10,000 pounds.

Situation depicted for demonstration purposes only.

MY SUPER DAY at

AMAZING! MARINEWORLD ON SAN FRANCISCO BAY

First we went to this place like a theater only it was for WHALES. I mean they put on the show. WOW! were they ever Big. And 3 of them, too.



From there I got to go pet a porpuss. Was that a blast! He even smiled at me. ← ME

One of the most exciting things we saw was the WATER SKI AND BOAT SHOW.

These guys driving boats were really daredevils. And the water skiers did some stunts I just couldn't believe. A man even flew over this great holding onto Big kite.

Girl holding tow rope with foot.

After that it was time to go see these dumb birds. I wanted to go feed seals, but Mom won so we watched the Birds. They were smart after all and I really liked them, especially one called Spike.

← Spike on a bike

I forgot about the PORPUSS OLYMPICS. Can they ever swim and jump. The funny part was when they squirted water and put out the Olympic torch. We all got tired so we took a FREE Boat Ride.

There are lots of other things too see and do And everything is for only one low price!!! Dad said it was really low for good family entertainment. If you're ever in California you gotta go. It's just a little way south of the San Francisco Airport on the Bayshore Freeway. I think you can get in at 9:30 a.m.

LOVE, Marty

Amazing MarineWorld on San Francisco Bay—minutes south of S.F. Airport.
One price includes everything. Adults $3.50 Children $2.00. 5 and under Free. Open daily 9:30.

A man-made watc and reach tidepoo

Daytime minus tides are fewer now th spring has arrived in Southern Ca fornia, but there's one tidepool in S Diego's Mission Bay Park where y don't have to worry whether the tide in or out. It's one of Sea World's new exhibits: an on-shore tidepool that produces all natural conditions exc an actual tide.

And it's all right to touch or pick up a of the inhabitants such as starfish, cucumbers, anemones, or small oc puses. But if you're squeamish ab handling the slippery or spiny creatu you can just watch the underwater tivity which includes the bright ora garibaldi fish.

An overhead display describes the m than 50 species in residence. Guides usually nearby to explain the exhibit a answer questions.

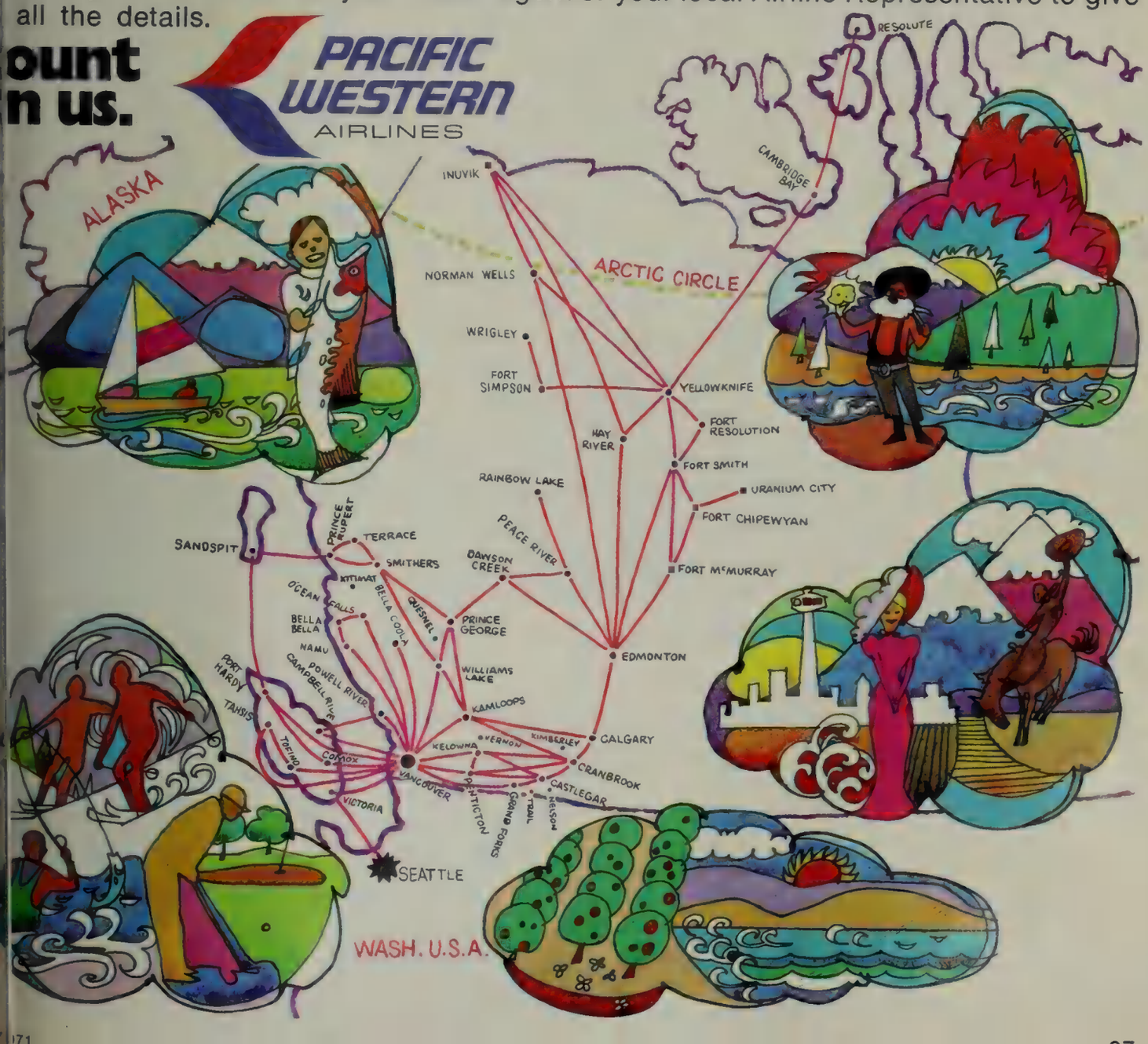
Sea World's main gate is open from A.M. to 4:30 P.M. daily (the park clo at 6 P.M.). Admission is $3.50 for adu $2.50 for students 13 to 17, $1.25 children 5 to 12, free for those unde The price includes all shows and exhib

Seeing *tidepool creatures up close: Girl holds a sea hare in her right hand, sea urchin in left*

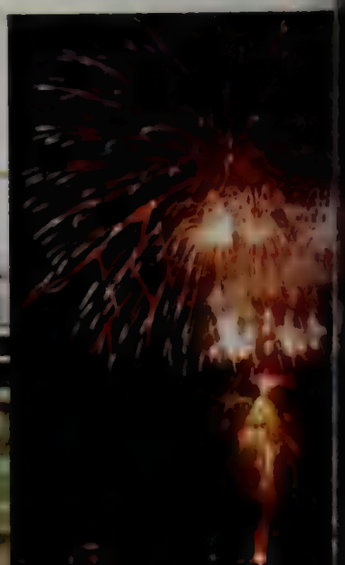
Come on over the line to a new world. Next time you're in Seattle, spend a few ra days in Canada. It's so near. And so easy with Pacific Western Airlines. PWA several convenient flights leaving Seattle every day for Victoria and Vancouver. toria is a real bit of old England and you'll be fascinated with its charm. ■ In ıcouver you can take the Skyride to the top of Grouse Mountain for an unforgettable w. Then perhaps do a little shopping downtown and laze on a beach only minutes ay. And in the evening sample the sparkling night life. But that's only the beginning. ou'd like to try the world's finest salmon fishing spots, count on us. We'll take you he best of them on Vancouver Island and along the British Columbia coast. Or for more adventuresome fishermen and hunters there are scheduled jet flights to as north as Inuvik and Resolute Bay up beyond the Arctic Circle. You could even play at midnight under the midnight sun. (Wait till you see their faces back at the club en you tell them that.) ■ We can also jet you over the spectacular Rockies to all color and excitement of Edmonton's Klondike Days and the Calgary Stampede. And ou always thought of Canada as a winter wonderland, let us jet you to the Okanagan ere they have more sunshine every year than Bermuda, and where the waters of utiful Lake Okanagan are warmer in summer than those off Acapulco. ■ Come and all this for yourself soon. And bring the family to share the experience. We'll gladly k you on our 7-day-a-week family fare. ■ Think of Seattle as your gateway to ada. Pacific Western Airlines connects there with all U.S. airlines operating into the ttle-Tacoma Airport. You can count on us to make your trip to Canada a very special . And you can count on your travel agent or your local Airline Representative to give all the details.

ount n us.

PACIFIC WESTERN AIRLINES



100 years ago British Columbia joined the rest of Canada, forging a Dominion from sea to sea



Join us this spring for fabulous Centennial events and relaxing holiday fun!

The flags are waving in British Columbia, and the bands are on parade. It's our Centennial year and festive events are happening everywhere. From Vancouver Island to the Peace River country, from the Cariboo to the Kootenays. But even more exciting than the celebrations is the land itself. Vast and green and immensely varied. From rugged Pacific seacoast to towering mountain ranges, from lush orchard valleys to rolling rangelands.

If you haven't yet discovered the wonder of British Columbia, be sure to make it this year. And join the party.

For a colorful preview — including a calendar of Centennial events — write:
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You'll have 20 acres at your feet. And a village of 50 Hawaiian shops at your service. A salt-water lagoon where you can float undisturbed for hours. And a wide expanse of Waikiki Beach where you can surf or swim or sun yourself to sleep.

We have rooms that start at $22 a day, or only $11 per person, double occupancy.

And we have other islands for you. At the Maui Hilton, you'll wander along 3 miles of white beaches. If the view from the Kona Hilton doesn't take your breath away, the deep-sea fishing will.

Call the Hilton Reservation Service in your city or call your travel agent.

And if you want Hawaii to be everything you dreamed it would be, stay with the Hiltons.

Mosaic Rainbow by Millard Sheets

Come visit the Hiltons in Hawaii.

The limit can come quickly at Shasta

Light tackle *is enough for large spring catches*

Kamloops are cruising the top wa- of Shasta Lake this month. Trout rmen with enough grit to face the ery squalls that occasionally churn ake surface in spring may quickly a limit that includes one or two ıy-size fish, and maybe even a 10- der.

winter rates still prevail at many of esorts and motels clustered near In- ıte 5. The 365 miles of wooded eline behind Shasta Dam contain erous campgrounds, some accessible only by water and most of them uncrowded until the summer season begins. Intensive stocking has produced a large supply of rainbow, brown and Kamloops trout averaging 2 to 3 pounds. Largemouth and smallmouth black bass are plentiful, and Shasta's 17 varieties of game fish include green sunfish, bluegills, crappie, and a few sturgeon.

May particularly favors the light-tackle enthusiast, since the trout are swimming within 15 feet of the surface. In June, when the surface warms, the fish descend

MIKE HAYDEN

The lake *is well stocked with yearling trout which may grow to trophy size*

We've got some of the most beautiful land anywhere!

Want to make something of it?

We're not being feisty. Just literal. When you see the virgin beauty of this land—stretching from the Cascades in Washington State to the Rockies in Montana—you'll think of a number of things you could make of it Things like : private duck clubs, fishing retreats, ranches, a hunting lodge or whatever. You see this land is virtually untouched. Present day residents mainly include white tail deer, elk, ducks, mountain stream trout and pheasants. And we have tracts of every size : 5, 10, 15 . . . 100 acre parcels. We'll even sell you a lake or a mountain.

Write us for a free list, section map and complete information on whatever you're looking for.

Pack River Properties

A Division of the Pack River Company

Payton Building
Spokane, Washington 99210
(509) 747-3011 Dept. B

After June 1, we become a World-Famous Summer Resort. When the temperature goes up, our rates go down. But the desert nights are cool, the elegant casas have the latest in air-conditioning, there's dancing nightly and entertainment, and the two cool pools make an oasis for sun worshippers, or star gazers. All this, plus tennis, new championship regulation golf course and a children's playground. Call your Travel Agent, any Marriott or free from anywhere (800) 228-9290.

Low Summer Rates effective June 1 to September 14.

Marriott's
Camelback Inn
P.O Box 70, Scottsdale, Arizona
(602) 947-3561

Hawaiian Paradise

Enjoy the best of Hawaii on a 4-Island Cruise SS MONTEREY

For an unusual and exciting vacation, fly to Honolulu and come aboard the SS MONTEREY. During the next 10 days you'll visit 5 ports of call on 4 enchanting islands. And you'll relax in the luxurious comfort of one of the world's great cruise ships.

There's so much to see and do, too! Swim, sunbathe and sightsee. Get together with new friends. Play bingo or cards. Enjoy feature movies, gala parties, nightclub entertainment, dancing. And have the time of your life.

You'll begin your 4-island cruise with 3 fun-filled days in Honolulu; then sail to the island of Hawaii, visiting Hilo and Kona for 3 days; to Lahaina, Maui for 2 days; to Nawiliwili, Kauai for 2 days; and back to Honolulu. All the while, your ship is your hotel.

Each port of call offers exciting new discoveries. And here's just some of what's waiting for you: friendly island people, luxuriant tropical scenery, dazzling white beaches, towering mountains, cascading waterfalls, spectacular volcanic areas, historic landmarks and lively entertainment.

The SS MONTEREY's Super 4-Island Cruises begin in Honolulu on September 9, September 30, October 22 and December 24. Minimum fare $640.

The SS MONTEREY and SS MARIPOSA also frequently sail on 5-day cruises between California and Hawaii. Minimum fare $335 one way, $640 round trip. Each is a vacation in itself.

So isn't it time you enjoy an unusual and exciting vacation? Contact your Travel Agent or mail the coupon for complete information.

SU128-571

Paul Thompson, Cruise Consultant
SS MARIPOSA and SS MONTEREY
100 Mission St., San Francisco, CA 94105

Please send me information on PFEL's cruises to:

☐ Hawaii; also to ☐ South Seas ☐ Alaska

Name _____

Address _____

City _____

State _____ Zip _____

Travel Agent _____

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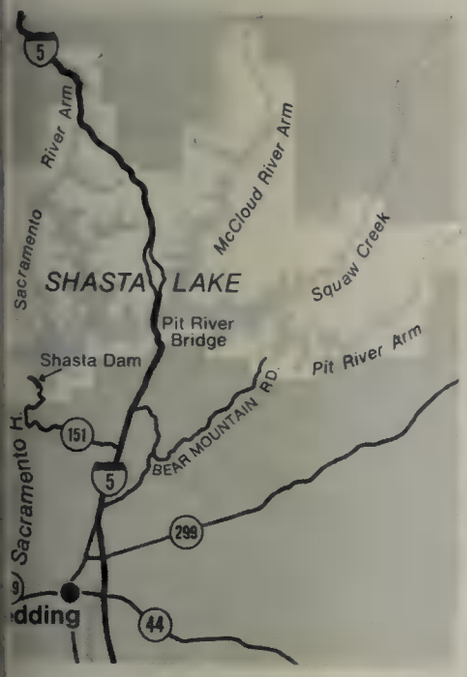
to 125 feet to the thermocline, the nder transitional zone where the temrature drop is greatest.

ou may bait-cast for trout but trolling best, since trout forage on threadfin ad that move about in large schools in en water. There are no best spots—ok for hovering gulls or other birds ouping around the shad. Troll very wly across the school at a depth of out 10 feet with light tackle and about 0 feet of line. If you speed up, add a all sinker or two to keep the lure wn. The best lure is a 3-inch, shaditating plug. Experiment with silver gold; color can make a difference.



ramento, *McCloud, and Pit rivers are ior tributaries of Shasta Lake, in the sta National Recreation Area (in white)*

hough heavy storms scatter the ools, there's often good action in the n, so bring protective clothing. If you't sight a school, fish the inlets at Backbone Creek, Dry Creek, Digger /, and the east side of the McCloud er arm near the limestone cliffs. wn trout often school around Nosoni Dekkas creeks and Hirz Bay on the Cloud arm. The trout limit is five.

u can rent small boats as well as outrd-powered houseboats, a particular gain at marinas where off-season s apply through May. Houseboats uce travel time to a minimum, allowyou to moor overnight close to the fishing grounds. They combine com- with the isolation of a wilderness , and provide a quick retreat during den storms. They should be reserved advance, particularly before tourist son, when they're available only by week.

a list of rates and facilities, write to Shasta-Cascade Wonderland Associn, Box 1988, Redding, Calif. 96001.

then wheel into the exciting heart of British Columbia!

The MV "Queen of Prince Rupert" is an extension of British Columbia's fine highway system, bridging 330 miles of the fjord-like, coastal Inside Passage. Board with your vehicle at either Prince Rupert or Kelsey Bay on Vancouver Island to complete the Totem Circle tour. Enjoy stateroom luxury, fine food, traditional service, then 20 hours later arrive refreshed at your destination to continue your motoring adventure. Drive by the finest native totem poles along the Skeena River. Visit the Cariboo country with its lakes, ranches and goldrush Barkerville, then be awe-struck with the grandeur of the Fraser Canyon. Vancouver and Victoria await you. See your travel agent, auto club, or send for our Totem Circle kit — in any season.

"Camp" along the Inside Passage . . . anytime!

Wheel your recreational vehicle right onto the car deck of the Queen of Prince Rupert. Bring your fishing tackle and camera. British Columbia has something for the outdoors lover all year 'round and there are good camp sites everywhere!

Two 'round trips weekly until May 8 and recommencing Sept. 28. Summer sailing (May 11 to Sept. 25) northbound and southbound on alternate days. See your travel agent, automobile club, or send this coupon.

BRITISH COLUMBIA FERRIES

P.O. Box 1388, Victoria, B.C., Canada

Please send me ferry information

NAME .....

ADDRESS .....

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S1E

"We have enjoyed our stay at Kahala Hilton very much. We have appreciated the personal touches (orchids on pillows, the delicious pineapple left in our room with the manager's card, etc.). It has been a very happy visit for us and we hope to return soon and often!"
Mr. & Mrs. Thomas R. Allen
Venice, Florida

The Kahala Hilton in Honolulu. Where you'll find the romance of the outer islands without the boredom. Because you're only 15 minutes from Waikiki.

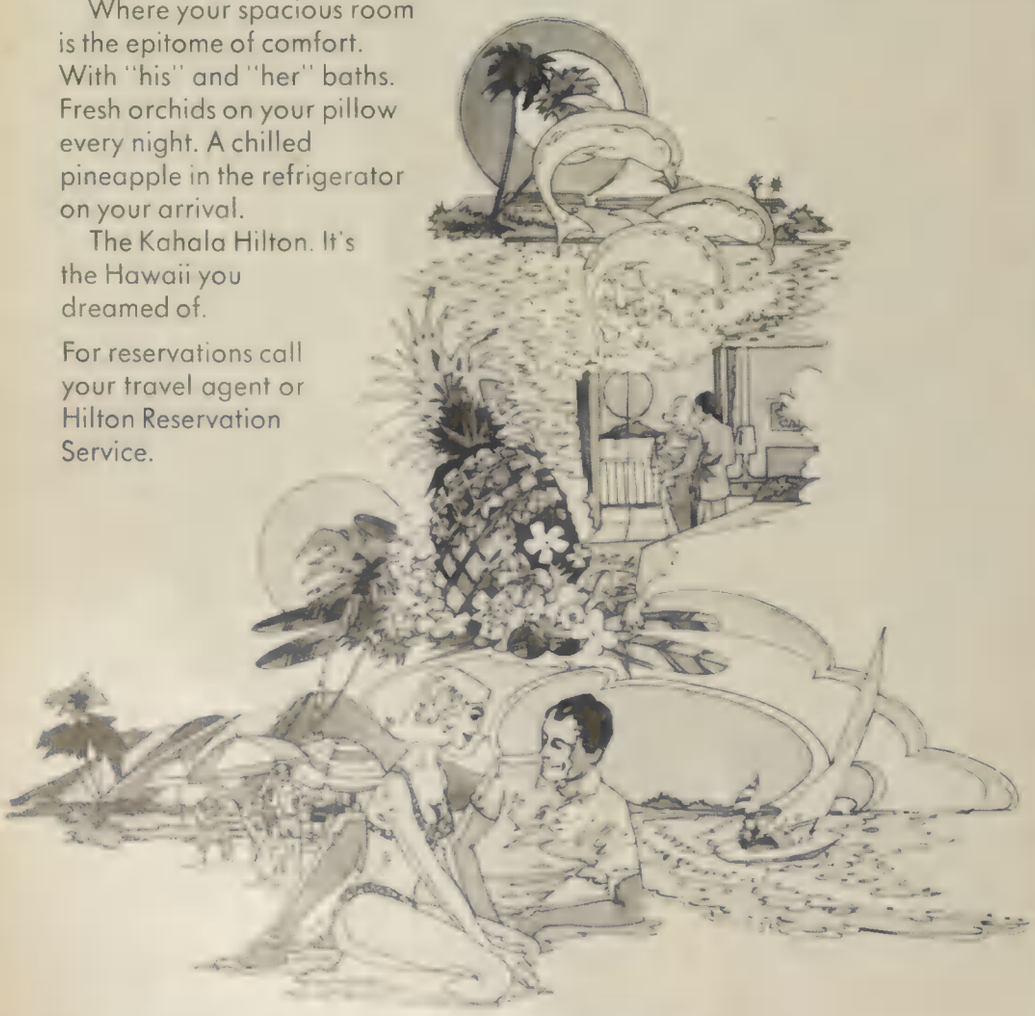
Sunbathe on our 800-foot golden sand beach or by our huge oval pool. Enjoy your favorite sun and water sports. Watch the trained porpoises in our tropical lagoon.

Where you can sample the cuisine that won our Maile Restaurant the coveted Holiday Magazine Award. Sip a cocktail, see a show and go dancing on the surfside Hala Terrace. Join an authentic Polynesian hukilau.

Where your spacious room is the epitome of comfort. With "his" and "her" baths. Fresh orchids on your pillow every night. A chilled pineapple in the refrigerator on your arrival.

The Kahala Hilton. It's the Hawaii you dreamed of.

For reservations call your travel agent or Hilton Reservation Service.



Once you stay at the Kahala Hilton you'll find your own reasons for coming back.

Mountain vistas *and cable rides are a p of your visit to Germany's highest mount*

By air-car to the top of Germany

A visit to the Zugspitze on a clear, sun day can be one of the highlights a stay in southern Germany. Fir perched on wooden terraces atop G many's highest mountain are a weat station, a sun deck, cable car termin a restaurant, and observation decks viewing the surrounding countryside

From the 9,731-foot summit there panoramic view of the Bavarian Tyrolean Alps, the hazy lowla around nearby lakes, and Garmis Partenkirchen. A large deck with southern exposure offers sunbather quick tan in the clear, thin air. It is e to laze away the better part of a watching the skiers on the slopes be and the birds circling overhead. If weather is windy or turns cold, you escape to the glass-enclosed restau for a hot meal and still enjoy the sp tacular view.

The 75-cent cable ride from the sum to Schneefernerhaus part way down mountain allows you to view the pa rama from a different angle. Good sn conditions during much of the year m this a popular destination for skier

The Zugspitze is easily accessible. F Eibsee you can take a 10-minute c ride directly up the sheer face of mountain to the summit for about From Garmisch, the 1-hour elec rack railway journey to the Zugsp costs about $4. After meande through the countryside, stopping several small towns, and tunneling n than 2 miles through the mountain, train comes to Schneefernerhaus, wh you take the cable to the summit. Zugspitze can also be reached by other cable from Ehrwald, Austria.

The resort town of Garmisch is 65 n south of Munich and can be reache regularly scheduled train service.

Small Bite...$1919*

(for so many miles of carefree driving)

Ford's little Pinto is priced small. But it's big on value and performance. Pinto averaged over 25 mpg in simulated city/suburban driving.

Pinto calls for only half as many oil changes as VW. One-sixth as many chassis lubes.

It has more overall room inside than VW and is only an inch longer outside. Pinto has high back, front bucket seats and a fully synchronized four-speed floor shift. Pinto also has a 75 horsepower engine so you merge easily into high speed traffic.

And Pinto's wide stance and low silhouette are designed for better stability—even in gusty winds. It has rack-and-pinion steering (like expensive sports cars) for precision handling.

Pinto. It's at your Ford Dealer's now. Along with the brand-new 3-door Pinto Runabout.

Pinto

Better idea for safety: Buckle up.

PINTO Ford

sted retail price. Car shown is equipped with white sidewall tires $29, and accent option $60. Destination charges, dealer preparation charges (if any), state and local taxes are extra.

SOME PEOPLE SAY HAWAII WHEN THEY MEAN KAUAI SURF

Since we were born Hawaiian the confusion is natural. We have all the fun and activities you'd expect of a great ocean-side resort, and something more. Call it the Aloha spirit . . . the Hawaiian touch . . . whatever you like. It's probably what you're looking for when you come to Hawaii.

kauai surf

Kalapaki Beach, Island of Kauai

See your travel agent or write for a free brochure to
INTERISLAND RESORTS
P. O. Box 8539
Honolulu, Hawaii 96815

The only ice we ever see cools our drinks.

Now is the time for MEXICO

Now is the time for me too. Please send your free brochure.

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9445 Wilshire Boulevard, Beverly Hills, Calif. 90212

Mexican National Tourist Council
Mexican Department of Tourism

A new book to unlock Utah

The splendid mou tain ranges a rugged, red-rock ca yons of Utah cons tute a large part of t state's richest scen assets, but these sa features have histo cally presented gr obstacles to visitors. Back in 1540, Sp ish explorers found their advan blocked by a 5,000-foot-deep canyo More than 200 years later, Father S vestre Vélez de Escalante found an alt nate route but had considerable trou making his way back out.

Finally the early pioneer scouts est lished trails and wagon roads that avoi the high ranges and infamous badlan And when the railroads and highw came, these also took the paths of le resistance, closely following the wagon routes and usually bypassing scenic delights.

To help you find your way to the b that Utah has to offer, the editors *Sunset Magazine* and *Sunset Books* h just published the *Sunset Travel Gu to Utah* (Lane Books, Menlo Pa Calif., 1971; $1.95).

From busy highways, the snow-cap peaks and forested slopes of Utah's h ranges seem distant and inaccessi and most of the marvelous canyo mesas, and arches aren't even visi Paved roads now penetrate to rem corners, but you still must leave m routes to reach most of Utah's splend

To simplify your travel choices, the n 80-page travel guide divides Utah i nine geographic provinces, beginn with a detailed tour guide to hist Salt Lake City and ranging all the down to the remote Navajo Country the extreme southeastern corner of state. For those who want to do m than just leave the beaten track, the b also suggests primitive-track tours, r trips, pack trips, and wilderness h where highways are as yet unknown.

Utah is the newest book in the conti ing series of *Sunset* travel guides the various Western states, West Canada, and Mexico. The books available at bookstores and other re sources, or may be ordered by wri to Lane Magazine & Book Comp Menlo Park, Calif., 94025.

For a report on one of Utah's n scenic areas, see page 92.

f you think you can't afford Hawaii, think again.

United Air Lines has put together some pretty neat little vacation packages! Because we feel that the best time to travel is *right now* . . . and we want you to have the best deal going when you visit the Islands!

For instance, we can give you the closest thing to living in Hawaii without moving there. We call it our "Privacy in Paradise" package—four days in a completely furnished apartment on any one of four islands, rental car included. And, it can cost as low as $36.75 per person. (When you have four people in your party.)

If you want to get away and spend some time on your own, United's got a seven-day beach-front Waikiki Holiday that lets you do just that. Ask for Hawaii One-O. Only $79.

Now combine the freedom to do what you want with some planned sightseeing, and you've got your Waikiki Beachcomber trip. Eight days, $99, hotel included.

Or spend ten days visiting four islands with an expert Hawaiian guide. That's our Rainbow Holiday. $156.

Talk to your Travel Agent. She's got all the details and she'll be glad to make your arrangements and book you on United.

We can take you to Hawaii on Economy Coach from California for as little as $176.54 round-trip. Prices based on per person, plus tax and service charges.

The friendly skies start here.
Your Travel Agent.

United Air Lines, Tour Dept.
570 W. Monroe St.
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Please send me information on:
☐ Privacy in Paradise ☐ Hawaii One-O
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The friendly skies.

When you're friendly you do things for people.

United.

Air Lines, Inc. 1971

"But isn't the monthly interest awfully high?"

Not if you don't have to pay it.

Which you don't when you pay your bill in full each month.

The thing is, the choice of extending your payments is yours.

When you choose to spread your payments, you pay an interest charge at the rate established by your particular Master Charge bank. We think you'll find the interest rate is comparable to most other charge accounts.

But, unlike individual charge accounts that allow you to charge only in one store or chain, your Master Charge card is good at hundreds of thousands of places.

So when you consider the convenience of shopping all over with only one bill to pay and getting itemized receipts for your records, a Master Charge card makes good sense.

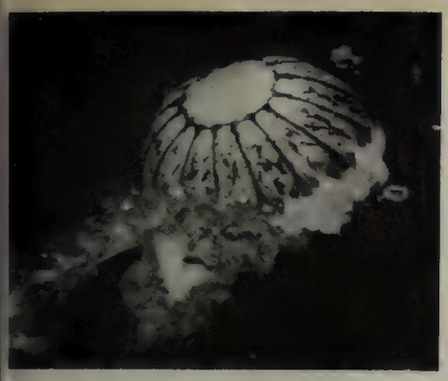
And Master Charge makes sense because it's backed by bankers—the kind of people who have been handling your money for years.

Here's the point:

If you use your Master Charge card the way you would normally use money and don't extend payments except for important major purchases, you'll find it's the easiest, most sensible way to do all your shopping.

Accepted all over town
all over America

© 1970 Western States Bankcard Assoc



ea, medusa trails delicately ruffled cles, floats just under the surface

re, medusa is an impressive blob of ucent tissue with purplish markings

Iow to cope with a jellyfish sting

ish stings are rarely a severe prob- ilong the West Coast, but now and they do occur. Once in June, for ex- e, a combination of warm currents wind brought thousands of medu- shore at Zuma Beach in Southern ornia—and swimmers felt it.

are some ways to treat the sting any of several jellyfish species.

uards at Zuma keep on hand a di- olution of household ammonia for nent; this is applied to the rash ubbed vigorously with sand as a er-irritant to the sting. Another tive has been rubbing alcohol, cools with a local-anesthetic effect.

chnical journal, *Chesapeake Sci-* reports a more effective treatment: tenderizer. The active ingredient roteolytic enzyme—the most com- is papain, derived from papaya— , if applied promptly, removes the and dispels the rash. After it takes it is important to wash the residue e skin to avoid further irritation.

Western marine biologists have the idea and now use meat tender- s part of their gear. Either liquid wder will do; wet the powder to a and rub onto the rash.

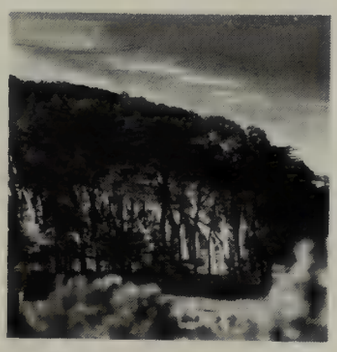
Irish Beach: a private place of your own on the Mendocino coast.

The Mendocino Coast has everything: beautiful beaches, splendid groves of trees, and gentle streams.

But it's unusual to find all of this, as well as sloping hills that provide magnificent ocean views, at one spot.

Unusual. Except at Irish Beach.

If you've always wanted a beach place of your own, you'll find half-acre and larger parcels at Irish Beach with ocean views and ocean fronts from $6900. All fully improved. There's access to a private beach, a corral, a private picnic area, and a private stocked trout lake.



You ought to see the place. We're just 3 hours from the Bay Area on Highway 1, south of Mendocino and north of Anchor Bay. But there'll be no inducements to get you up here —no barbecues, no give-aways. Irish Beach doesn't need that.

If you'd like more information, just return the coupon or call (707) 882-2128.

I would like to know more about Irish Beach.

Name _____

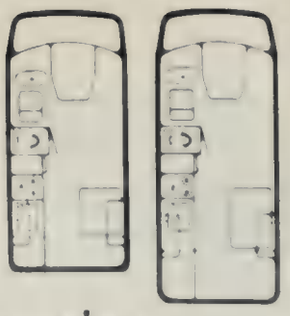
Address _____

City _____ Zip _____ Tel. _____

Send coupon to Mendocino Coast Properties
Irish Beach
Star Route
Manchester, Ca 95459

Chevy Van/Sportvan:

You can get in more of everything -including vacations.



Two new sizes, long and longer.

We've gone to greater lengths for camping enthusiasts. Both Chevy Van and Sportvan offer two wheelbases, up to 125 inches.

There's nothing like them for camper conversion—self-contained camping at least expense.

(Independent companies sometimes raise the roof before they add range and refrigerator, sink, dinette and sleeping for six.)

New sliding side door for easier ins and outs.

Our sliding side door runs smooth and quiet on triple tracks. One hand glides it. And you only need 4½ in. of clearance when you park.

New, weather-protected step, too.

More V8 power. Biggest standard six.

Van engines don't come any bigger than our 350-cubic-inch V8. And our standard 250 six can't be topped either.

So when you want to pack up and go, you pack up and—go.

Super Suspension for smoother, trucksaving trips.

A lot of Chevy's traditional longer life rests on suspensions that soak up the bumps and jolts that age other trucks.

Like our independent front suspension. And two-stage rear leaf springs that automatically adjust to changing loads.

Easier to service. 26 ways.

Looking after our '71 van g quicker because you can mak 26 service checks through its front hood. Including things l carburetor and fan belt that hard to get to on other makes

Don't make a move this ye until you hear all about Chev '71 vans. Your nearby Chevr dealer's the man to see.

Chevrolet

Totally tougher truck

GERALD R. FREDRICK

Above: *Long wing of venerable B-29 extends over crowd near runway*

Right: *Flight of DeHavilland Moths settles slowly in formation*

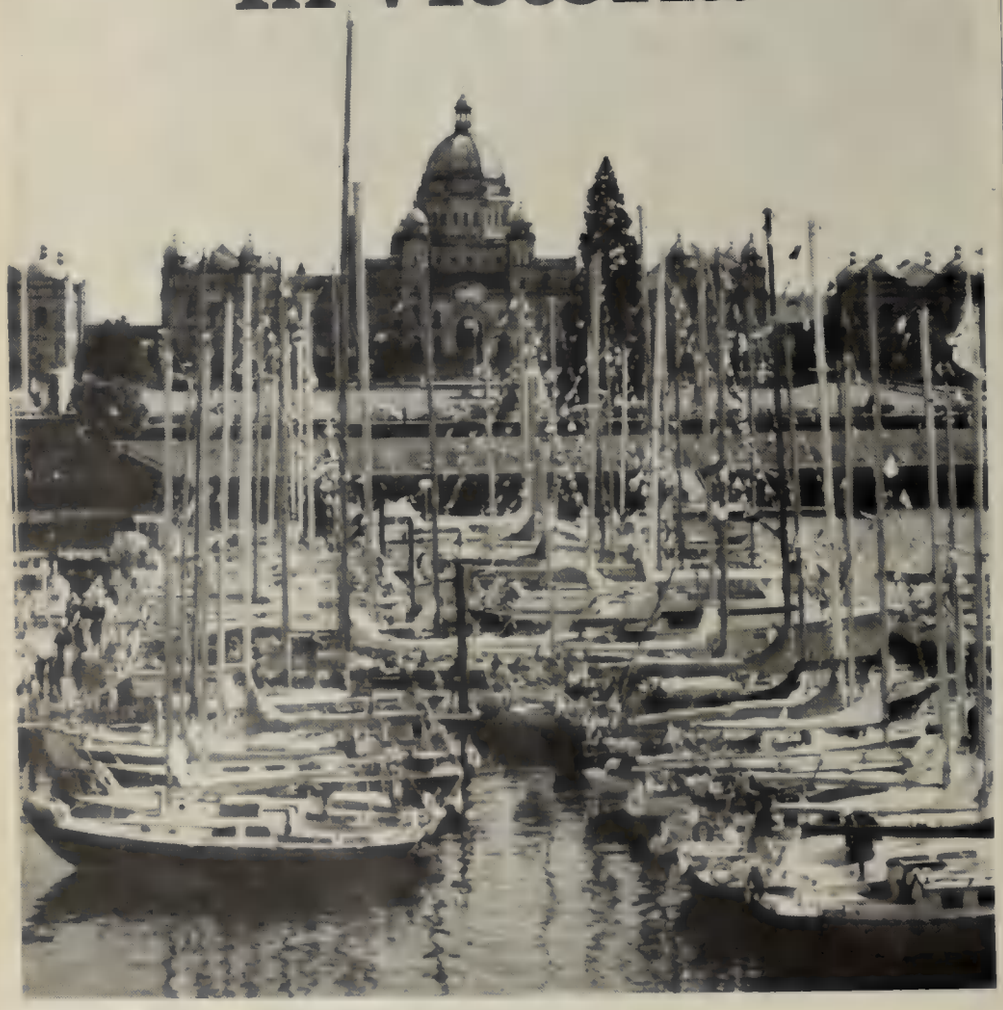
The Antique Fly-In is coming to Watsonville May 14, 15, 16

e **air** around Watsonville near Cali-
nia's Monterey Bay will be filled with
sputtering of vintage engines during
West Coast National Antique Fly-
May 14 through 16. More than 250
ique and experimental airplanes from
und the West will be gathered at the
ort for an array of ground and air
nts to take you back to the world of
pioneer aviator.

day, May 14, will be best for view-
the planes close up. Some flights
y arrive in formation during the day,
bling along slowly toward the field.
ries span most of aviation history,
n colorful, detailed signs describing
ir backgrounds and restoration. Proud
ers are happy to talk while shining
tuning their engines. You may also
ow the judges as they rate workman-
and rarity.

urday begins with a traditional, barn-
ming dawn patrol around the Mon-
y Peninsula, followed by low-level
bys, contests, and aerobatics. Con-
s include short-field takeoffs, spot

Lose the world... find yourself in Victoria



Set sail for a city that's unique in all the world. A city of magnificent gardens, stately homes and charming Old English shops. A city where people still remember how to slow down and enjoy life. A city set like a jewel on a vast, green island that offers abundant scenic variety. Victoria on Vancouver Island — Canada's incredible island in the Pacific. It's a wonderful place to lose the world. And find yourself. Mail the coupon and we'll prove it.

Vancouver Island Publicity Bureau
and Victoria Visitors Bureau,
786 Government Street,
Victoria, British Columbia, Canada

Please rush me colorful brochures on Vancouver Island, Victoria and the Gulf Islands.

Name _____

Address _____

City _____ State _____ Zip _____

S 2/71

GERALD R. FREDRICK

Smoke bomb *marks the twisting course of a custom-made, high-stress stunt plane*

landings, and flour-bombing, which tes a pilot's judgment of wind and speed he drops a 2-pound flour sack at a targ 200 feet below. The diving, twistin aerobatics require precision flying sk in modified planes with upside-dow fuel systems and high stress capacity.

Sunday will feature a lumberjack brea fast, more fly-bys, antique automobil and band music.

The Watsonville Chamber of Commer and the northern California chapter the Antique Airplane Association c host the show. Donation is $1 each d (children under 12, free), with procee helping to endow a permanent museu

To reach the field, take the Airp Boulevard turnoff from State Highw 1, northwest of town. If you arrive plane, use Unicom frequency 122.8 get the temporary tower frequency a landing times.

Stearman *World War II trainer fails to excite a future pilot*

If you want the perfect vacation, you'll have to make waves.

Princess Italia Cruises to Mexico and Alaska/Canada.

This year insist on the 100% pure getaway. No packing and unpacking. No complicated connections to disconnect. Your resort does the traveling and those faraway places appear with effortless magic outside your ocean-view cabin.

Arrive shipshape for your sightseeing. Swim, sun, dance, dine your way on a floating pleasure palace, theater, restaurant, health spa, discotheque, country club. Vacation to your vacation, while 247 charming Italian crew members spoil you with so much service, you'll feel like royalty.

Spring and fall cruises from Los Angeles to Puerto Vallarta, Manzanillo, Acapulco, Mazatlan – 7, 11, 13, 14 days from $295 to $1395. Vacation-sized summer cruises from San Francisco to Vancouver, Alert Bay, Ketchikan, Juneau, Skagway, Lynn Canal, Sitka, Victoria – 14 days from $575 to $1475. Call your travel agent while choice cabins are still available. Or phone (213) 380-7000. The M/V Italia is of Italian registry.

3435 Wilshire Blvd., Los Angeles, CA 90010 5-71

I'll settle for perfect. Tell me how with free Princess Cruises brochures.

☐ Mexico ☐ Alaska/Canada ☐ Party Cruises

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Address_____

City/State/Zip_____

Travel Agent_____

Princess Cruises

Spoils you for any other vacation
Mexico · Alaska/Canada · Party Cruises

Tour Mexico Western Then tour Mexico

Western's "Fiesta Flight" service to Mexico City and Acapulco gives you a taste of Mexico–on your way *to* Mexico. The First Class service is shown below. Coach service is pretty special, too. And, as on every Western flight, there's First Class legspace for every passenger. See your Travel Agent for information on the many Mexico vacation packages offered via Western. Or mail the coupon below. Then get ready to tour Mexico. On a Western "Fiesta Flight."

We found our hand-hammered copper service plates in the Lake Pátzcuaro area.

A fine restaurant in Mérida might serve up this intriguing salad–avocado and papaya with delicious Green Goddess dressing.

Your appetizer: chile relleno, a favorite of Cuernavaca–and all Mexico. Served hot and tasty!

Your second course: gazpacho, the subtly-flavored chilled soup as it might be served in Taxco.

Pepita nuts in a souvenir clay sombrero from Tlaquepaque, fun with the famous Margarita cocktail in the traditional salt-rimmed glass.

Special hand-loomed linens of Oaxaca have been dyed to Western's order in the sunny yellows and soft oranges of Mexico.

Tender, succulent s beef is roasted in fl carved to order fro service cart, and se *salsa* as done in M

on Airlines.

The finest-label liqueurs are offered for your after-dinner pleasure.

Selected California wines and imported champagne complement your entree choice. In Coach, wines are available at moderate cost.

Choice of artichoke hearts, baby carrots, green beans and potatoes accompany your entree choice.

Cheese is a Latin favorite, and with your dessert and coffee, you can enjoy a tasty sampling of fruit *y quesos importados.*

A chocolate cup filled with Mexico's famous coffee liqueur tops your dessert parfait!

Hand-blown amber glassware from Guadalajara is used for cocktails, salad cruets, wines, desserts and liqueurs.

lternate
e: Scampi
so, named after
mous beach at Acapulco.
ngers in Coach have a choice
icious entree, too.

SU-571

WESTERN AIRLINES TOUR DEPT.
Mexico Tours
6060 Avion Drive, Los Angeles, California 90009
Please send FREE Mexico tour information to:

name phone

address

city state zip

my travel agent is

Western
THE ONLY WAY TO FLY

NICK ELLENA

Peaks *in the Hughes Range form a backdrop for restored buildings at Fort Steele*

It's a turn-of-the-century Kootenay ghost

Fort Steele Historic Park, in southeast British Columbia's Kootenay district, is a ghost town full of other towns' goblins. The designation of the town as a historic landmark in 1961 meant more than the restoration of a few local relics, although this was done. Historic buildings from neighboring communities were also relocated there. And new houses and shops typical of frontier life across the Kootenays, with displays of pioneer artifacts, have been built.

All this has created a new "historical community" that shows how people lived and worked in this region from about 1890 to 1905.

Visitors can see a museum housing documents, firearms, and other North-West Mounted Police items; gold rush relics; rebuilt police barracks and stable; a restored hotel with original furniture; a general store stocked with pioneer supplies; wagons and carriages; a cobbler's shop and tools; agent's house, church, and school; and a village square and bandstand.

You can also ride a Western stagecoach, take a nostalgic 2-mile trip on a steam train, and explore century-old placer mines on Wild Horse Creek.

The town, 65 miles north of the Idaho border on Provincial Highway 95, started life as Galbraith's Ferry in 1864 when a man named Galbraith began a ferry service over the Kootenay River for gold miners. The present name commemorates the officer of the North-West Mounted Police who built a fort there in 1887 while carrying out policing duties among the Kootenay Indians.

With peace came a mining boom, and during the next decade Fort Steele grew to importance as a mining and transportation center. The location of an expected railroad terminus elsewhere, however, stopped the town's growth in 1898, and it languished until restoration began a decade ago.

For a brochure and map, write to the Department of Recreation and Conservation, Parks Branch, Parliament Buildings, Victoria, B.C.

Photographs, *artifacts combine to make absorbing display in town museum*

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Khajuraho-Oct.30

Embracing figures everywhere. Lost in a timeless love.

I feel as if I have stumbled on an orgy.

I remember the gentle, modest women I have met.

How different these demanding bodies that twine and twist in every conceivable attitude of love.

Khajuraho.

The very word is like an incantation transporting me back into the 9th century.

Yet only an hour's plane trip away from modern, lovely Delhi.

Jaipur-Nov.5

Jaipur is like a city that blushes.

All pink.

I find it a very pretty town, set like an oasis in the arid Rajasthan Desert.

Took an elephant "taxi" up to the Amber Palace. A fortress set high on a hill.

And it is not made of amber.

Beautiful tie and dyes, enamelled jewelry.

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1971

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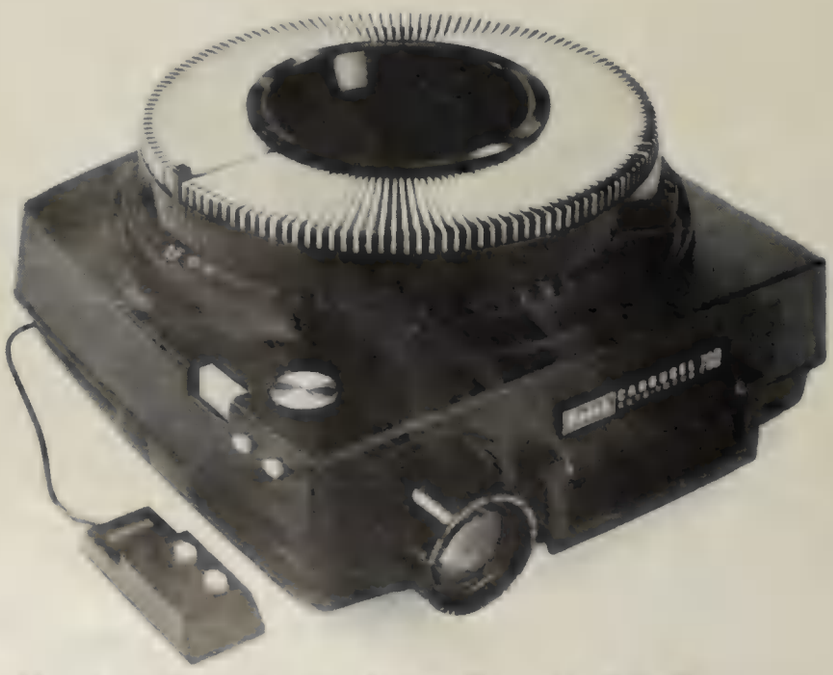

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A. SALBOS

Music of falls *in Nuuanu Stream draw lunching workers from nearby offic*

It was the Queen's own garden

Many people visit Honolulu's Foste Botanic Garden, but few cross Scho Street behind it to see the Liliuokala Garden, 5 acres of wilderness near bu tling downtown. You might like to brin a picnic lunch and relax in this love spot with its stream and waterfall, lon a favorite with local residents.

Plans call for the building of a footpa to connect the two gardens. Now, how ever, it's probably easiest to drive the direct: Turn off School Street into Wa kahalulu Lane past a cluster of sma trim wooden houses to the parking are Walk in the shade of large monkeyp trees. There's a new footbridge at t junction of Pueheuhu and Nuuan streams. Ti plants and spider lilies ed the watercourse.

The garden around the falls belonged the family of Queen Liliuokalani, t last Hawaiian ruler, who played there a child. Around the turn of the centu she gave this part of her garden to t people. Citizens purchased addition acres from other landowners and ga them to the city in 1916. Early pla called for creating a Japanese gard here, but nothing came of it and t garden is essentially unchanged.

Children love to play around Waikah lulu Falls ("rumbling waters"). You see them climb rocks and jump into t pool (it's about 11 feet deep). Occ sionally boys catch small fish.

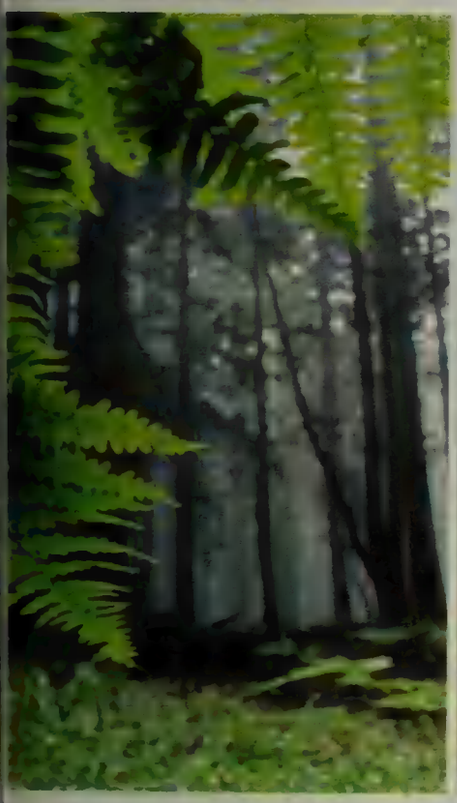
Rest rooms and drinking fountains a provided. Bring along a hibachi for o door cooking. There's a small groce store at the corner of School Street a Waikahalulu Lane convenie minute purchases.

SUNS

he Sea Ranch
n the
onoma Coast

ives you a
hoice of three
ifferent worlds.

he forest.



The meadow.

The beach.

ere would you like your
untry homesite? . . . At
achside, near the sound of the
f? . . . On a grassy meadow,
h wildflowers beating a path
your door? . . . Or sheltered on
entle slope in a forest of
lwoods and pines?

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Ray Atkeso

You'll find 13 campgrounds within 20 miles of Jenny Lake and the Grand Tetons listed in the new *Sunset Western Campsite Directory*.

Wondering Where To Go This Year?

Chances are you'll [illegible] more often in 197[illegible], [illegible] new, long weekends.

Sunset's new expanded [illegible] *Campsite Directory* will help you [illegible] cide *where*, and it's something you'll want to carry along on the [illegible]

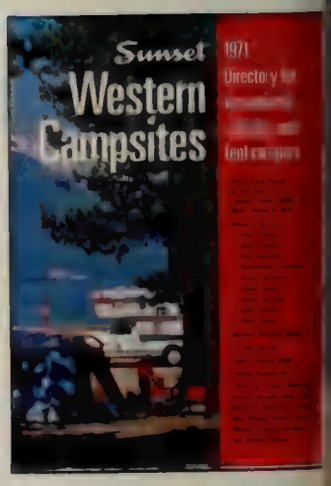
It lists over 6,000 campgrounds [illegible] Western states (including [illegible] Alaska), as well as Western [illegible] Northern Baja and Sonora, Mexico.

It will suggest the best places in each state for such things as trout fishing, bass fishing, gold panning, water skiing, clamming, ghost town exploring, etc.

And it will provide an up-to-date list of LP gas sources and sanitary disposal sites.

The listings, articles, and selective ads should make this major new *Sunset* annual magazine the best genuinely helpful guide book you have ever owned on the outdoor West.

Look for it now at book stores, camping and trailer supply dealers, and on your local newsstands. Only $1.95.



The old cars in Fossil, Oregon

town blacksmith is long gone from rth Avenue and Washington Street Fossil, Oregon. But his shop—now laying old cars—is well worth a visit ou are passing through this small nty seat in north-central Oregon, 58 s south of Arlington and the Co-bia River on State Highway 19.

ontains eight vintage cars in various es of restoration—the hobby of ge Clarence Asher and the judge's C. Edward Asher, the town mayor. 'll see a 1918 Dodge touring car, a 5 Model T coupe, a 1927 Star Six vertible, a 1927 American La France engine, a 1928 Chevrolet coach, a Model A roadster, a 1929 Olds-ile sedan, and a 1940 Packard sedan. Ashers' meticulous restoration work ides matching the original paint and olstery.

ors are welcome at the shop and ission is free. It's open on weekends ng June, July, and August, and at times by special arrangement with judge. (He can be reached at the eler County Courthouse or through Fossil Telephone Exchange.) You see the judge driving by in one of ld automobiles—he enjoys showing is handiwork.

HUGH PARADISE

er blacksmith's shop now houses ed automobiles

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Arches

A new national park is in the making in Utah. And spring is a grand time to explore canyon country

Eye of the Whale *Arch looks out over a small cirque on the northern edge of Herdina Park, accessible only by four-wheel-drive vehicle on marked trails*

Arches National Monument, one of the most spectacular concentrations of natural stone arches in the world, may soon become the West's newest national park.

In early April, a bill to create Arches National Park in southeast Utah's canyon country was awaiting consideration by the Senate Committee on Interior and Insular Affairs. An almost identical measure was passed by the Senate last year, but Congress adjourned before the House of Representatives could act on it.

If the bill is enacted, the resulting park would be almost 10,000 acres smaller than the present national monument. The proposed boundaries would exclude Dry Mesa, used by ranchers for grazing cattle and sheep, and several smaller parcels of land. But they would add on the north the area known as Eagle Park (which is not part of the national monument) with its rugged fins that are an extension of formations in the Fiery Furnace and Devils Garden sections.

Whether Arches is a national monument or a national park when you get there, you'll find it a fascinating place for a family visit—and spring is one of the best times to get out of your car and explore this vast rock garden of smoky red sandstone.

Columns and spires reach up through dancing heat waves, and streaked sworls of slickrock pour down into sandy washes dotted with wildflowers. The geologic maelstrom of

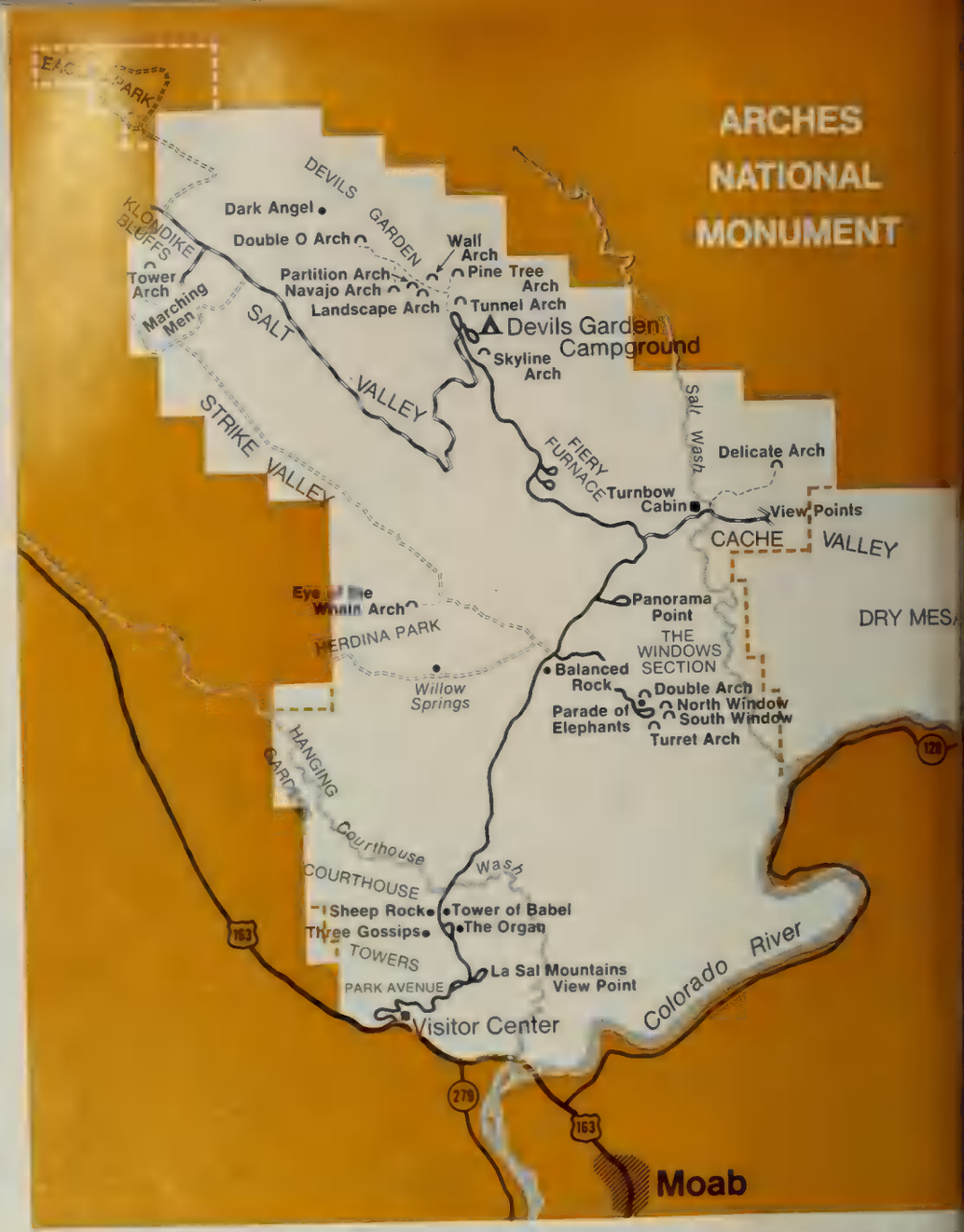
Craggy contours *of Balanced Rock can be seen from park road. Estimated weight of balanced boulder is 3,577 tons. Note people at lower left*

Pocket-sized *arch along Devils Garden Trail is big enough for two small boys*

NKAM

ky canopy *of Double Arch's smaller arcade*
its shadow over the dwarfed silhouettes of
scramblers. Base of larger arch starts
he left, extends out of picture

Innertubing *down the Colorado is a pleasant way to cool off on a warm day. River is one of the boundaries*



Proposed national park *boundaries (broken lines) would better protect formations in Arch*

Salt Valley tumbles off to Klondike Bluffs, and to the east the white peaks of the La Sal Mountains range along the horizon. But impressive as they are, these formations are eclipsed by the dramatic yet delicate arcades of the arches.

You can see enough from the comfort of your car to understand the geologic processes that fashioned the arches, but you can't really appreciate nature's craftsmanship until you walk among them and examine at close range the graceful curves of weather-sculptured stone.

The tiny grains that compose the Entrada Sandstone formation (from which most arches are eroded) were part of what, 150 million years ago, was probably a low, arid coastal plain. Eventually the sandy soil was covered by other layers and hardened into rock.

Uplifting, tilting, and erosion all combined to expose the Entrada layer to the patient forces of weathering. Water and wind cracked the sandstone, then scoured out narrow canyons separated by vertical walls or fins. Persistently, the wind and frost brushed away at the softer areas of a fin, eventually perforating it with a small window that gradually enlarged until an arch was formed.

An unofficial count indicates there are 80 to 90 arches in this region. But much of the rough, remote back coun has yet to be searched systematically, and more arches m be awaiting discovery.

There are enough exploring possibilities here to suit any clination, from an easy drive to a strenuous, day-long hi

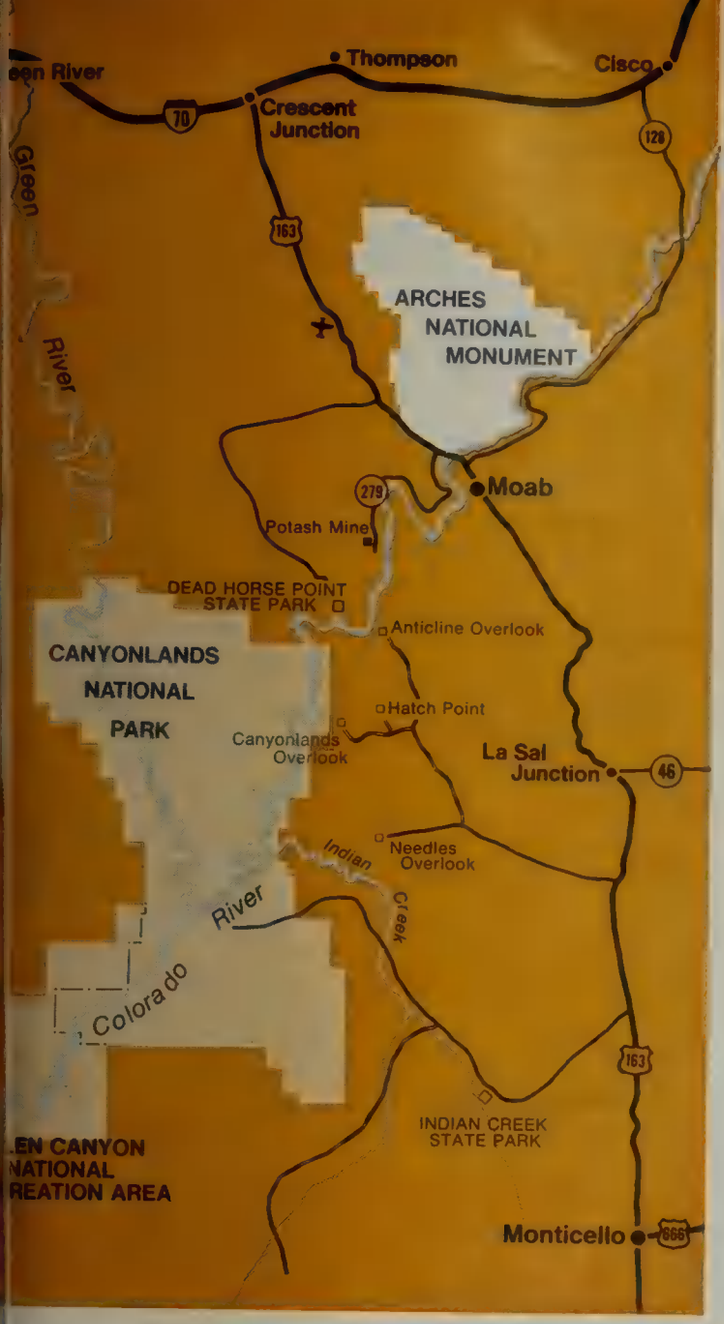
Your first stop on entering the park should be at the visi center to pick up a map and a guide-yourself auto t brochure. The booklet contains a commentary on geologi formations along 13½ miles of road to The Windows S tion. Views from the car are identified, as well as short wa along marked paths to such formations as Double Ar Balanced Rock, and Courthouse Wash.

But to see some of the most spectacular scenery in the mo ment, you must be willing to hike. There are four mar trails in Arches that you can walk by yourself:

Park Avenue is an easy 1-mile hike along a narrow corri running between towering masses of red sandstone w coated with streaks of desert varnish.

Delicate Arch, pictured on *Sunset's* cover this month, i the end of a 1½-mile trail that begins at a swinging susp sion bridge over Salt Wash near Turnbow Cabin. A gr road turns off to the trailhead from the park road abou miles from the visitor center.

Devils Garden Trail has seven different arches along weaving 4-mile course. Since you must take branch t to several formations, plan to carry water and lunch on



es is close to other scenic canyon country in southeast Utah

Turnbow Cabin, *near the trailhead to Delicate Arch, was built in 1906*

Campers *prepare an early breakfast under their awning in the Devils Garden Campground*

Tower Arch *in Klondike Bluffs is still forming. Note that various layers of stone in the fin have eroded at different rates*

R. WENKAM

ıy hike.

r Arch Trail winds 1½ miles through the striking for-
ɔns of Klondike Bluffs at the upper end of Salt Valley.
-mile improved road leads from the campground to the
ıead. Check road conditions at the visitor center before
g out.

ldition, the National Park Service conducts early morn-
uided walks into the confusing maze of the Fiery Fur-
Check the schedule at the visitor center. It's easy to
ɔst, so don't venture into this area without a guide.

of the areas recently added to the national monument
as Herdina Park and the Hanging Gardens) and the
Park section of the proposed national park can be ex-
d only with four-wheel-drive vehicles. The Park Service
narked trails that are open to owners of off-road ve-
. Maps are available at the visitor center. For other
rs, half or full-day Arches tours with professional guides
vailable from Moab. Also in Moab, which is just 5
southeast of the entrance to Arches, you will find mo-
estaurants, stores, and service stations.

es National Monument is not far from Canyonlands
nal Park, and both are administered by the National
Service from offices in Moab. For information on
, or addresses of tour operators into Arches or Canyon-
write to the Superintendent, Arches National Monu-
Moab, Utah 84532.

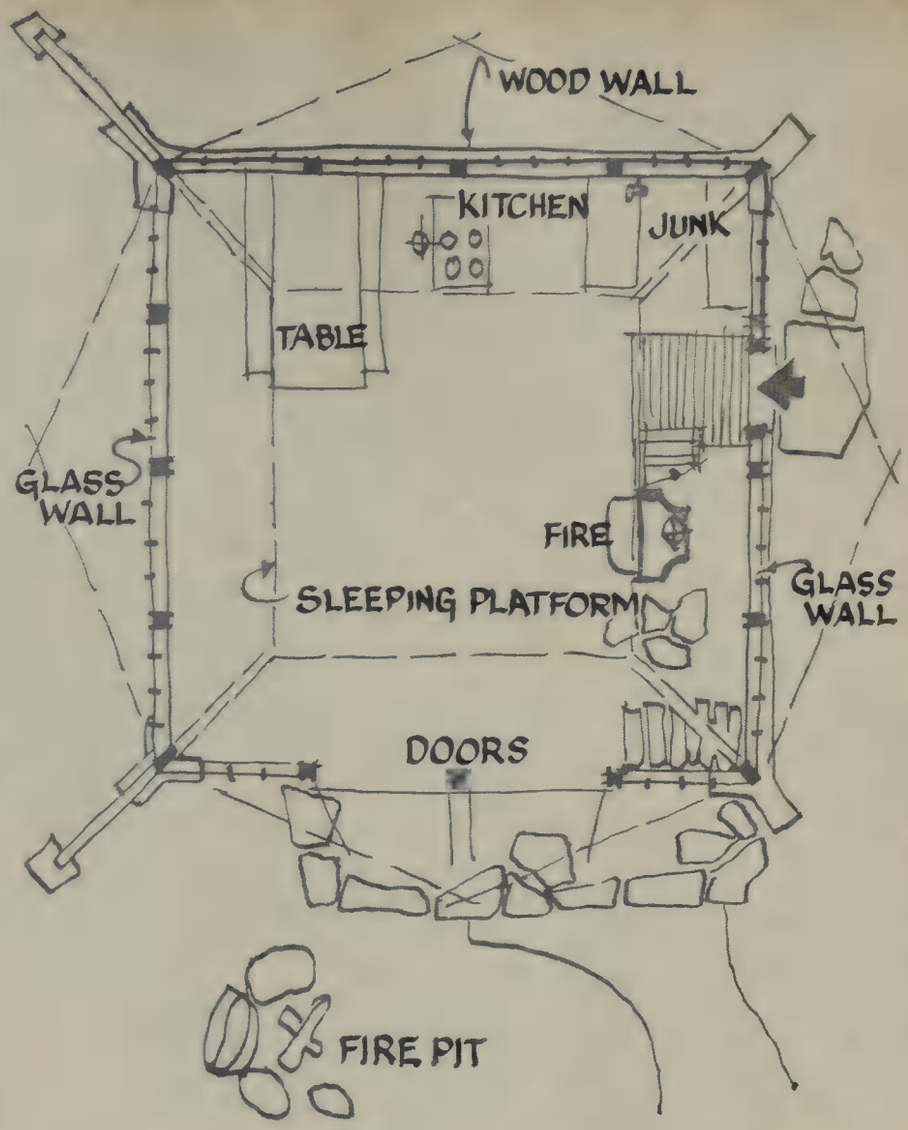
DON NOR

Last summer, *builder-owners relaxed in generous doorway before attaching shingles to roof and installing glass over doors*

An astonishing wooden tent

Built by amateurs (but designed by a professional) at an astonishing low cost. One secret is its folded roof

he folded plate roof *touches down t just four points. Its eight folds in our opposed pairs form a strong nified structure that is both roof nd wall. Steep, it sheds snow outside, rovides interesting lofty space inside*



he story of this shelter, described by owners as a "wooden tent," could ove stimulating to any family about build a week-end place, summer cotge, mountain retreat, or ski cabin. e small structure on national forest sed land serves all these purposes t it is certainly not a miniature version a city house. The owners purposely itted such amenities as electricity d plumbing in favor of a simpler life le here.

e shelter was designed to be buildle by nonskilled owners using only nd tools. Good design, ingenuity, and tive intelligence kept costs down. The l for materials came to well under .000. The unusual fold-plate roof den necessitated trial and error in build- . But since the construction was part the pleasure, no one resented hours nt in finding and lugging stones for tings, foundation walls, and floor, or selecting lumber.

e result is a get-away-from-it-all sin- space that offers basic shelter, a f to be under when it rains or snows, place to keep warm. The fact that owners enjoy using it every month he year attests to its success.

r main hazards threaten cabins in mountains.

They burn down. The owners built -foot-high foundation wall of stone onry (above interior floor level) to tect the cabin from grass and undersh fires. They are reconciled to the that a full-scale forest fire would ainly destroy it.

Chipmunks and mice chew at a n. The 18-inch-deep stone footings w the foundation walls have proved e successful in keeping rodents out the cabin. Most will not burrow er than 6 to 10 inches. Putting the ings below the frost line also pres heaving.

A heavy snow load may collapse the . The architect estimates that this

Rough table *with benches was built on job; kerosene lamp on wall lights it. Stones on floor are set in fine gravel and stabilized with sand and cement grout*

roof could withstand pressures up to 250 pounds per square foot, or a 7-foot depth of snow. And with a snowfall of this depth, the snow on the ground would begin to lend support to the snow on the roof.

(4) Vandals break in. The temptation to break in is minimized by the fact that the cabin interior can be fully seen from the outside, and furnishings are extremely simple. An inexpensive padlock secures the door, so a determined trespasser can break it instead of the door or windows, if he must enter.

Steps in construction

First step was the selection of a good building site. Since it was deemed important to fit the shelter to the land with as little disturbance of natural growth as possible, a near-level spot was chosen. It required only minimum cut and fill (earth removed in the cut became the fill) and no bulldozing. The four corners of the 20-foot-square enclosed space were measured off and marked. Next came the building of stone masonry footings and foundation walls.

When these were completed, forming a shallow stone-walled box, the owners began the floor by laying about a foot of sandy pea gravel over a base of polyethylene plastic sheeting. Flat stones for paving were carefully fitted and set in the gravel. Then channels 1 to 2 inches deep were scraped out from between the stones and a dry mixture of sand and cement swept in. This was wetted down with water squeezed from a sponge. Sponges were also used to clean off stones as work progressed.

The stone-paved floor has proven most satisfactory, both esthetically and practically. Snow melting from ski boots runs away in the channels and dirt sifts out of sight in summer. To compensate for the floor's unevenness, the owners use three-legged stools for most seating because they adapt automatically. So do canvas-and-wood campaign chairs.

The next step was erecting the beams that support the eight-sided fold-plate roof. The roof deck is made from rough-sawn Douglas fir 2 by 6, 2 by 8, and 2 by 10-inch boards. Since they went up in random widths, joints don't line up, which makes crude workmanship less apparent. Shingles overlapping on the roof deck are 16-inch squares cut with no waste from a 4 by 8-foot sheet of ⅜-inch waterproof plywood.

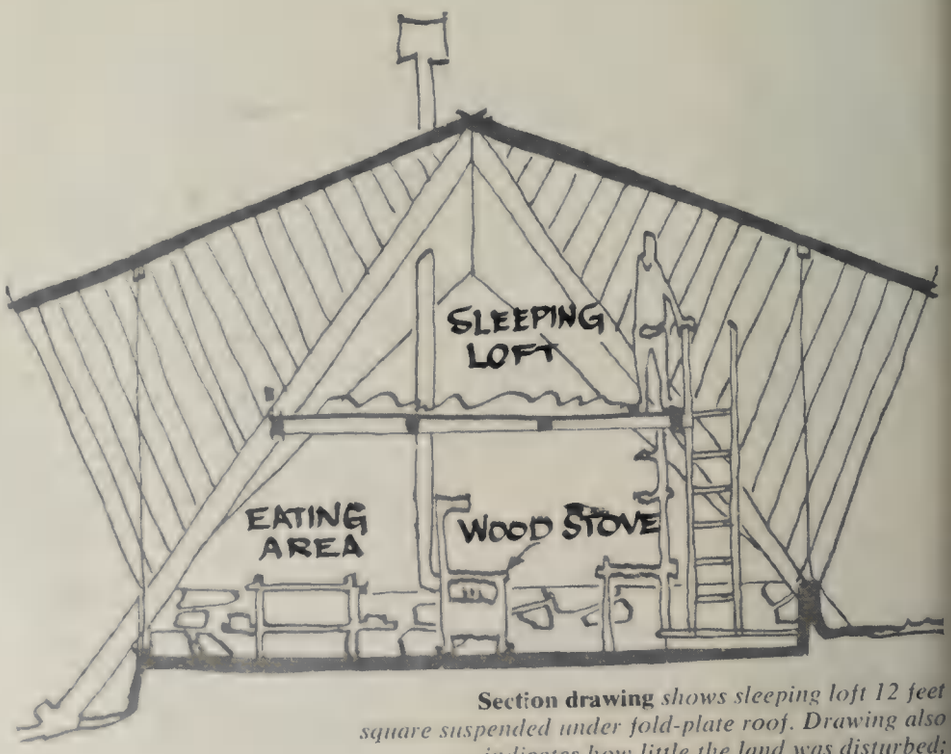
Single-construction sidewalls are 1 by 12-inch rough sawn Douglas fir boards held vertically between orchard pole battens (rough sawn 2 by 2's), on inside as well as outside walls. Bolts through both battens are pulled up tight to secure the boards between them. Vertical mullions in the window walls are also orchard poles, set at proper intervals to hold 10 by 20-inch glass panes stacked end to end without lapping. (This is the largest standard size of greenhouse glass.)

All lumber and glass for the shelter was ordered from the nearest town having a mill-lumber yard. It was delivered to the site by a single truck in one trip.

The shelter is in the Snoqualmie National Forest east of White Pass in Washington. On recreation land leased from the Forest Service, the lease must be renewed annually. Leases for land like this, within 3 hours drive of heavily populated urban areas, currently cost between $100 and $200 a year.

Architects for this mountain shelter were Anderson and Bell for Miss Donna Anderson and her parents, Mr. and Mrs. Louis B. Anderson.

DON NORMARK



Section drawing *shows sleeping loft 12 feet square suspended under fold-plate roof. Drawing also indicates how little the land was disturbed; almost no cut and fill was necessary*

Cheery open fire *in Franklin stove warms skiers and coffee pot, too. Ladder at left leads to sleeping loft*

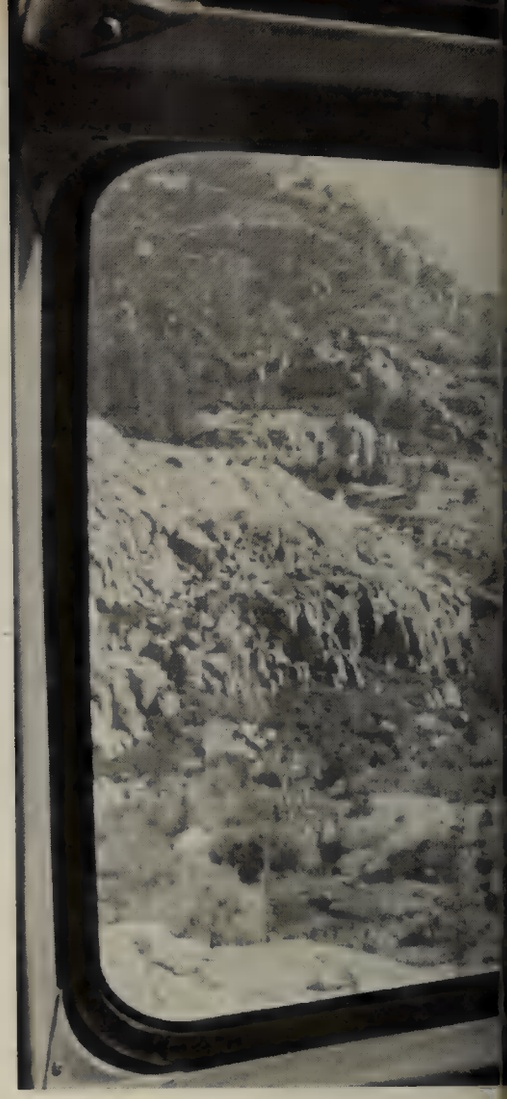
w *is one source of water in ter, melted in pot over camp stove. f design leads snow l off at corners of shelter*

In the mountains a simpler life style made sense to the Andersons. They omitted such amenities as electricity and plumbing

Shelter furnishings *are basic: Pots and pans hang on walls or stand on board shelves above storage tins*

g owner, *Donna Anderson, fits tep stones on sand and gravel base*

Train *rumbles slowly through the yard, past familiar shape of caboose*



DON NORMARK

Porter *lets small passengers share view from the vestibule*

Backpackers *ready for hiking in the Rockies leave Canadian National's Super Continental at Jasper National Park*

Across the Sierra Nevada, *relaxing dome-car passengers follow the route of the Donner party, twisting Interstate 80*

DARROW M. WATT

"RAILPAX" GOES INTO EFFECT MAY 1

Is 1971 your year to discover or rediscover the railroad adventure?

Vith muted fanfare, the last passenger rains launch perhaps their final chance or survival this month. A hopeful Gov-rnment experiment, called the National Rail Passenger Corporation (NRPC) nd nicknamed "Railpax," will take over ne operation of passenger service from rivate companies beginning May 1. he train companies don't have to join IRPC, but if they don't they must con-nue their present service for five years. ll are expected to accept the Govern-ent's offer.

he trains need to attract new riders. The postwar generation may have ridden the excellent Canadian Pacific, Canadian National, or European trains but many have never boarded a long distance train at home. There seems to be a feeling that travel time is something to be endured, and that the vacation doesn't start until you arrive at your destination.

Many people who love to travel see things differently. The pleasures of leaving and adjusting to a new pace en route can be important vacation components. There is nothing auspicious about starting a vacation by turning the ignition key and fighting the traffic out of town. And many vacationers find it quite unromantic to be herded through a metal tube to the cavernous interior of a mammoth jet.

The train, however, departs amidst a grand ritual performed at a stately pace: Steam hisses from around the wheels hinting at a mighty source of power; the white-coated porter takes his place leaning on the open half door of the car; the inert metal groans even before motion is visible; and the spectator feels a temptation to wave even if he doesn't

know anyone on the departing trai
Aboard, you can get acquainted with t
intricacies of the train. If you have
bedroom, down flip a washbasin, toil
and bed. A small light midway up t
wall is in the right place for bedtir
reading. Open the bathroom door ha
way and you can see in the mirror t
person in the upper bunk while you
lax in the lower. In the evening, put yo
shoes through a slot and they retu
shining clean in the morning.

The slender rails hardly disrupt the cou
tryside and the passing sights crowd
close to the windows. There is time
linger over dinner in the last light of t

Walking *takes good balance, first to open heavy door, then to cross the lurching vestib*

Train *provides the table and grandmother supplies the dice*

Photographer *aims old Kodak Autographic from window of Southern Pacific's City of San Francisc*

day, to catch up on reading, to socialize in the lounge, and, if necessary, to tackle paper work uninterrupted.

For some Westerners it is too late to take a train from home. Nationwide, the NRPC has lopped off nearly half the routes. Among those terminated in the West are the pleasant 4-hour ride along the water from Seattle north to Vancouver, and service to the East from Portland. San Francisco loses all long-distance passenger trains (commuter trains south to San Jose are unaffected). And rail service in the San Joaquin Valley is ending.

The California Western line was not invited to join Railpax, but its popular *Skunk* trains will continue to steam profitably through the redwoods between Willits and Eureka.

The new system's biggest bonus to the West, a late addition to the original Railpax network, is through-service from San Diego to Seattle. Previously the route was served by three different connecting railroads and no less than four inconveniently connecting trains.

The through train will leave three times a week from both Seattle and San Diego; the timetable is shown on the map on page 102. In addition to the through train, two trains will run daily in each

Even *on short daytime runs, most trains retain a snack car*

You can hike on the train, take pictures, play games, eat a grand diner dinner

DARROW M. WATT

Downstairs *in multilevel dining car, mealtime remains a pleasure: formal silver setting on fresh cloth, and every table enjoying a view. Unusual Union Pacific car may not be in use under Railpax but dining service will continue*

In the evening and overnight, stretched out in coach or tucked into your unfolding bedroom

GERALD R. FREDRICK

Tilting seats, *leg rests, blankets, and pillows make coaches comfortable*

Lounge car *has swivel chairs, view, magazines, snack service*

DON NORMARK

direction between Portland and Seatt and two between San Diego and Los A geles. On days when there is no throu train an intercity train will run in ea direction between Oakland and L Angeles.

Daily service to Chicago departs fro Seattle on the Yakima route of the Bu lington Northern, from Oakland on t Southern Pacific's route over Donn Summit, and from Los Angeles on t Santa Fe right of way. Another late ad tion to Railpax is service three times week from Los Angeles to New Orlea on Southern Pacific's old *Sunset* rou

For the time being, reservations shou be made through a local railway stati ticket office. The NRPC is looking in the possibility of a nationwide comput reservation service. The fares and so of the current departure times will main the same.

The goals for the first year include c ordinating schedules for the convenien of passengers and shortening tran time. The next steps are to purcha new equipment and to serve areas n now included. Someday Railpax hop to recapture the businessmen's patro age by building roadbeds that will whi passengers at high speed from dow town to downtown more rapidly th the airlines.

Pulling together the fragments of co peting passenger lines into one coor nated network will be a tremendo undertaking, and there will probab be some confusion and disappoin ment in the first months. But if aft the trial period Railpax is a succe many travelers can count on the tra as a pleasant alternative to driving taking an airplane.

Double bedroom. *To left is comfortable sitting area with chair and small couch; out of view are large couch and another bathroom. At night, chair folds, four bunks pull down. In single bedroom setup, sliding wall separates bunk sets*
DARROW M. WATT

What's on top *of the noodle soup is key to what's in it. You start with soup mix, then add bits of meat and vegetables to broth and noodles. Sprinkle with parsley or onion and serve with chopsticks or a fork and spoon*

GLENN CHRISTIANSEN

Chopstick soups

Packaged noodle soups in Oriental food stores are delicious, different, and easy to make even if you can't read the directions. Or you can make your own

Some very satisfying whole-meal soups can start with an Oriental noodle soup mix. Look for packages like those shown below among the Oriental foods in your market.

The packages contain noodles, precooked so they take only 2 or 3 minutes to prepare; a packet of soup base for the broth; and sometimes other seasonings. They invite you to add bits of meat, fish, egg, or vegetables. And that is how we created the four soups pictured at right.

DARROW M. WATT

A sampling *of Oriental soup mixes and plain noodles: Chinese mein (upper right) is fresh, refrigerated*

In Japanese and Chinese grocery stores, you'll find a surprising variety of the Oriental-style soup mixes. In addition to the ones on the shelf, look for packages with fresh noodles in the refrigerator case. You'll discover favorites among the different brands, but we have seldom been disappointed in the flavorful start any of them gives to a soup meal.

You can also buy Oriental-style noodles alone and combine them with canned broths to create your own soups. But before you shop, some definitions may help you understand the often confusing package labels.

The word *mein* (pronounced *meen*) is a general Chinese name for noodles. The Japanese word *somen* describes thin, round noodles, and *udon* describes wide, flat ones. *Saimin* is Hawaii's version of noodle soup.

Because most Oriental noodles do not contain egg and U.S. Government regulations require that egg be an ingredient in a product labeled noodles, the Oriental products are often called alimentary paste or imitation noodles.

Most of the soup mixes have cooking directions in English; those that do not often give you some guidance with line drawings. Each package makes at least 1 generous serving, but you may find it is enough to serve 2 or 3 if you add bits of cooked meats, eggs, fish, or vegetables.

Serve the noodle soups with chopsticks (for eating the noodles, meat, and vegetables) and an Oriental or regular soup spoon. If your family or guests aren't comfortable with chopsticks, provide forks and spoons.

To make noodle soup from a mix, follow directions on the package. If you can't read the directions, bring 2 to 3 cups water to a boil. Add noodles and boil until tender, usually 2 or 3 minutes. Add the soup base and any cooked meats and vegetables you choose; stir and heat through. Remove from heat and serve in large soup bowls, arranging some of the colorful ingredients attractively on top. Sprinkle with sliced green onion, minced parsley, or chopped fresh coriander (see page 116) if you wish. Makes 1 to 3 servings.

To make noodle soups from scratch, cook 1½ to 2 ounces Oriental noodles, regular noodles, or vermicelli in boiling, salted water until just tender. Start testing in about 2 minutes, as some cook quickly; drain. Heat 1 can (14 oz.) regular strength chicken or beef broth to boiling, add 1 teaspoon soy sauce, the drained noodles, and meat or vegetables of your choice. Heat through and serve as directed above. Makes 1 large serving.

Here are suggested additions to Oriental noodle soups; use in any compatible flavor combination (all should be in bite-sized pieces):

Cooked meats, such as a roast or steak of beef, pork, ham, or lamb; Chinese barbecue pork (called *chahr siu*, available in Oriental stores); roast or grilled chicken, turkey, or duck.

Fish and shellfish, such as cooked or canned fish, shrimp, crab meat, clams, or abalone; Japanese steamed fish cake (called *kamaboko*), sliced. Or use raw fish or shellfish and cook in the boiling water briefly along with the noodles.

Eggs, hard-cooked, sliced and arranged on top of soup just before serving. Or drop a raw egg (or just the yolk) into center of bowl of hot soup; swirl through soup.

Vegetables, such as lightly cooked carrots, green beans, celery, mushrooms, or soaked dry mushrooms. Or add raw spinach leaves, Chinese cabbage, Chinese pod peas, or bean sprouts to the boiling water or broth and cook briefly along with the noodles.

DON NORMAN

Plant wall *is at one end of living room created when outdoor flagstone patio was roofed over. Wall tracery is coral-flowered bougainvillea; tall plants with white streaked leaves are dieffenbachia. In center are tall rubber plant, fountainlike dracaena*

The real garden that is inside the house

Not just in Hawaii, but in Arizona, and in the Northwest

DON NORMARK

Northwest's *weather has no effect on this lush planting which forms green backdrop for dining area*

Multistemmed *fishtail palm (Caryota mitis) is living piece of sculpture in home art gallery. Planted eight years ago, its main stem now threatens to push out the skylight 12 feet above it*

RICHARD FISH

No rule says house plants must be small and meek, or that they must exist quietly in pots or planters. The plants on these pages —in the ground *inside* the house—command attention by their sheer size, bringing the garden indoors in dramatic scale. They add a wonderful leafy freshness to the homes and can function as room dividers or as pieces of living sculpture.

Creating a lush interior garden isn't really complicated. Basic requirements are ample natural light, preferably an overhead skylight so the plants grow up and not sideways, well drained soil, and some disciplined gardening—pruning to keep things under control and replacement of plants grown too large for the house.

Let's take a closer look at seven interior gardens.

Plant wall in Tucson (color photograph). The planting strip is about 3 feet wide, 25 feet long in a former patio now roofed over and remodeled into a living room. A fiberglass skylight supplies natural overhead light, and a single, long fluorescent tube behind the skylight illuminates the wall and plants at night. Plants grow in a loose soil mix and are watered about once a week by hose and bubbler. The room is kept at about 72° in winter, and air-conditioning keeps it at about 78° in summer. Architect-owner is Edward H. Nelson of Cain Nelson Wares Cook & Associates.

Living sculpture in a home gallery (at left). The planting bed is a 5 by 15-foot-long opening to the ground left when the slab

Hub of house *is this 8 by 14-foot-long planting bed. Star performers are dieffenbachias, aglaonemas, vigorous cane-stemmed begonia*

RICHARD FISH

GLENN CHRISTIANSEN

Interior garden *two stories high: You enter at midlevel, then go down to livi*

Are you *indoors or out? It's hard to tell when interior garden is by entry under trellised skylight*

WENKAM-SALBOSA

floor of the house was laid down. The fishtail palm, lady pal (rhapis palm), and fiddleleaf fig (*Ficus lyrata*) are water about once every week or two. A light peat moss mulch spread over the soil. Plants are not fertilized. The architect w William R. Stephenson for Mr. and Mrs. Robert J. Pasarow.

Plantings changed to suit the season. The photograph at t top of the preceding page may look familiar. We publish a similar picture in an earlier article on this interior garde but return to it for this report to show that the plants real are changed according to the season. Prominent in the oth photograph were pots of bright chrysanthemums. Here y see the basic plants—two species of ficus and a dracae —which remain constant; flowering or foliage plants are fill in around them. The planting bed is 5½ by 13½ feet. Natu light comes from a large skylight over the stairwell a through clerestories. The architects were The Bumgardn Partnership for Mr. and Mrs. Alton Phillips of Medin Washington.

Garden as the hub of the house (upper left). The cane-stemm begonia known as Hazel's Front Porch doesn't know when quit growing. But owner Karl M. Wagner is a horticultur who isn't afraid to pinch, prune, or even whack back wh plants get out of control. The plants grow in an organic mi ture created from the owner's compost bins. Watering is do every week, more often in winter when the radiant heati system in the surrounding floors dries the soil faster. Hou design was by Cliff May Associates.

Where does outdoors end and indoors begin? You can't always tell

BILL CARLSON

ıs, up to master bedroom that looks out into top branches of strawberry guavas

Leafy room *dividers separate the central hall axis from dining area (right) and sitting area (left)*

DON NORMARK

inside the front door (lower left). In Hawaii's climate all plants in this 7 by 8-foot interior garden—lady palm, ıdo grass, spathiphyllums, alocasia, calathea, and Pala'a e fern)—can also grow outside. The trellis-like device under skylight is used to hang pots of trichosporum (*Aeschynan- pulchra*). Plants are watered twice a week, and pruned y three months or so. The house, by architects Johnson Perkins, contains two other interior gardens: one in the ter bath, the other adjacent to the dining room. Owners Dr. and Mrs. William H. Wilkinson, Mililani Town, Oahu.

-story interior garden (above). Natural light is brought le through patterned glass panels that form the house on the entry and uphill side of the house, extending over rt of the roof in skylight fashion. Additional light comes ıgh the living room and master bedroom from west- ıg windows. Plantings consist of three 12-foot-high straw- guavas (*Psidium cattleianum*) and groupings of lady ıs, parsley panax (*Polyscias*), and spathiphyllums. The itects were Design Associates for Mr. and Mrs. Peter ing, Honolulu.

m dividers (right). Each of the two planting areas is 3 by et, filled with 4 feet of a good soil mix and topped with nch bark mulch. One contains a fiddleleaf fig; the other, er plants and a brassaia. All were planted about five ago. They're watered weekly, and treated for woolly ls when necessary with a systemic insecticide. Architect owner is Gebhard Sachse, Eugene, Oregon.

GERALD R. FREDRICK

Oldest house *on street, now attorney's office in part, looks down on mix of latticed restaurant, lantern, "Italian" umbrella, fountain*

Near Gough Street, *Yamako exhibits current Japanese crafts. These are kokeshi dolls*

San Francisco's Union Street

People come for the shopping, browsing, eating out, but other people on promenade are half the fun

Keith Lamb *trims three-year-old topiary goose. Grown from 'Needle Point' ivy, it has a copper bill; he'll sell it for $48*

NORMAN A. PLATE

om shelves *of maté, sassafras, and other teas and condiments mes giant jar of lemon verbena at San Francisco Herb and Natural Food Co.*

Bay-windowed *shops and converted houses line level Union Street shopping blocks. In the distance at right is Russian Hill*

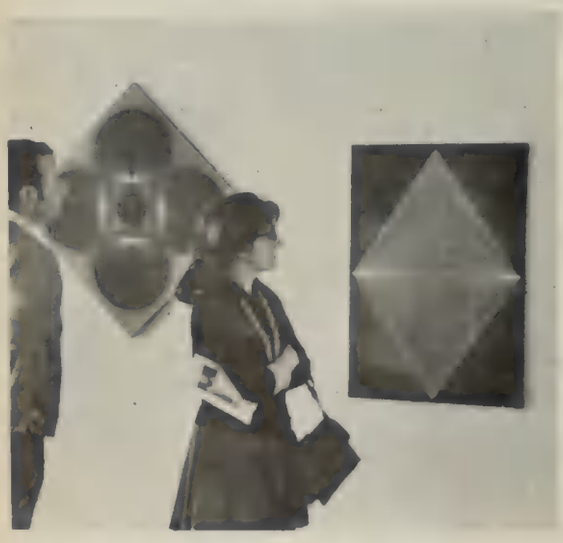
ven level blocks of Union Street pro- le a capsulized version of the sort of opping and dining out for which San ancisco is famous. As a bonus the omenade along Union, while conser- tive by the standards of other local eets, is the city's most stylish public ow. Much of the year the weather l allow any costume—the south side the street is shady and cool, and the th is sunny.

om west of Van Ness Avenue to be- d Fillmore Street, jaunty, brightly nted Victorian-style façades with bay dows are crammed two floors high h merchandise. Dark passages be- en buildings end in sunny explosions lowers and restaurant terraces. Young

Patron *rates a wicker beach chair on the leafy back deck of kosher-style Deli Restaurant*

NORMAN A. PLATE

At Marion Davidson's *the Indian pots are from left: San Ildefonso, Hopi, Santa Clara, Zia. Shopper holds squash kachina*



Contemporary art *at William Sawyer Gallery; on display are Ernest Posey acrylics. Street offers a dozen varied galleries*

There is art on display, art and crafts for sale, crafts in the making

people from the Financial District gravitate to Union Street in the evenings to socialize and to sample the varied restaurant fare.

The street has elegant residential neighbors. It is tucked into the northern slope of Pacific Heights and lies to the west of Russian Hill. Union is the main stem of the Cow Hollow District, named for the dairymen who ranched and built homes here. The oldest building, at 2036-38 Union, dates from 1874 and was built by a dairyman with the unlikely name of Cudworth. Nearly as old is a group of buildings at 1980. Two of them are identical and were supposedly given by the same James Cudworth as wedding presents to his two daughters.

Even though shops come and go, the street for a long time has offered art, fashions, and antiques of high quality, with commensurate prices. Shops and restaurants are small, so they specialize: Peruvian crafts, fireside equipment, Thai fabrics, Creole cooking, country-style Japanese food.

The street has maintained its cozy dimensions. In spite of remodeling it is apparent that many of the shops were once homes. A stairway winds into a second floor flat that may now be a dress shop. Passageways along the side lead to backyards that now are garden nurseries.

Visitors sometimes miss the street since it is off the route of the cable car and through-city traffic and there aren't any hotels nearby. Objects turned out for tourist consumption—souvenirs on which *San Francisco* is emblazoned—aren't sold here. Crowds have been held down because parking has been scarce and other shopping complexes such as Ghirardelli Square and The Cannery provide competition.

During the last six months two garages have opened, and for a while shoppers will be assured of parking spaces. Along with garages have come new banks, real estate offices, and several chain store operations. One of the garages is housed in a six-story building with its own maze of shops and offices. The presence of the complex has raised the value of the area's real estate and will ultimately raise rentals. There is some concern whether the character the individualistic shopkeepers have given to the area will survive.

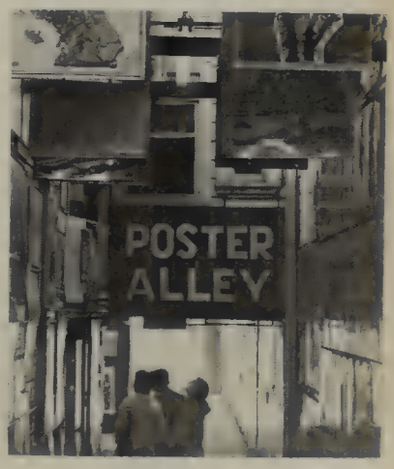
Most stores are open midmornings until about 5 P.M. Some are closed Sundays.

Window *shopping continues into the evening, but main attractions are eating and drinking establishments*

Bookbinder *and conservator, Paul Mucci, incises gold leaf into author's name. To look in on his Aardvark Studio, telephone 567-6485*

GERALD R. FREDRICK

In tight space *between buildings, in air well and backyard, plastic covered posters are on display*



Stylish *apparel from small shops is a Union Street specialty. At left, Mayfair Boutique*

Cook's discovery

Fresh coriander, Chinese parsley, or in Mexico, *see-lon-trow*

looks like a bunch of parsley. You k for Chinese parsley when you shop r it in an Oriental market. And to exican cooks, it's cilantro (pronounced e-*lon*-trow).

ctually it's the young, green leaves of riander, the same plant that produces e seeds which are dried and ground make the coriander spice we know.

hy pay attention to this insignificant oking plant with lacy, green leaves? orth Americans have pretty much ig- red it until recently. Mentions in herb- owing guides and seed catalogs often include a warning about the strong, unpleasant flavor of the leaves, to be avoided when you harvest the seeds.

But this attitude is not shared by much of the rest of the world. In countries as far removed as Portugal and India, Peru and Morocco, China and Mexico, the pungent, aromatic leaves of fresh coriander play an important role in seasoning certain national dishes. And a persistent band of Oriental and Mexican cooks in the West have insisted upon having fresh coriander, so some has been available here—if one knew where to ask—for many years.

It is probably significant that areas of the world where this herb is used in its fresh form correspond to warm climates that permit its year-around harvest. Truck farmers in California's Los Angeles County can grow coriander throughout the year. However the demand for it in the West is increasing rapidly now, and most of our supply in the winter months comes from large plantings in northern Mexico. During the spring, summer, and fall, it's grown on small farms near large Western cities.

One of the oldest known seasonings, coriander seed is mentioned in the Old Testament. Ancient Greeks and Romans thought highly of it. Just when or where in the world the leaves were first used to flavor food, we don't know.

The flavor of the fresh herb is unique

Chinese cooks *stuff coriander inside roasting chicken; mince it for crab pillow appetizers; sprinkle it in won ton soup*

In Mexico *coriander goes on chile con carne or enlivens guacamole dip for shrimp. Colombians make a coriander sauce for grilled meats*

unch *of fresh coriander old in markets; look for it ere Oriental or Mexican cooks shop. you can grow it in r garden—see page 119*

OW M. WATT

This box—*2 feet by 4 feet, 6 inches deep—supplies fresh coriander nearly year-around for Mrs. Harry Tribolet of Los Angeles. She snips off tender tops as needed for Mexican cooking. Plants shown here, started as seeds, are now in fifth month of production*

DARROW M. WATT

In India *fresh coriander dhan goes into a chutney to serve with any kind of curry dish*

WILLIAM APLIN

If your market fails you, get seed and grow your ow

White belt *on map roughly delineates areas around the world where fresh coriander is a popular seasoning for foods*

ınd only slightly resembles ground co-
iander. During recent weeks in *Sunset's* :itchens, several dozen people have been ntroduced to its flavor. Most liked it nitially, some didn't care for it at all, ınd others couldn't decide. But allowing or a few who would probably never ike it, we concluded that the flavor rows on people; they seem to like it etter and better the more familiar it ecomes.

Coriander has a sharp, clean taste nd is highly aromatic. Sprinkle some hopped leaves in a hot, brothy soup nd its headiness wafts right up. Stuff ome inside a chicken or fish and the avor permeates it as it roasts or steams. he stems of the plant carry as much avor as the leaves, so you can use the hole plant, except for root ends. How-er the tender leaves are nicest in sal-ls or sprinkled on top of soups and her dishes as a flavorful garnish.

reshness is one dimension of the taste coriander. To keep it fresh at home, ıtie the bunch and wash in cool water. ıake gently, then store it with the stem ıds in water. Use a container that's ll enough so that 2 or 3 inches of the ems can be in water. Pull a plastic ıg over the top, then tie it with cord secure with a rubber band and re-igerate. Stored this way a bunch of riander stays fresh for about a week. or maximum flavor, chop it just be-re serving.

oriander is not a flavor to be used either discriminately or timidly. It belongs th certain foods and flavor combina-ıns. They tend to be robust foods like ans, corn, pork, or duck, and assertive, cy seasonings like garlic, curry, and ile. But perhaps the best way to get quainted with its distinctive flavor is try it in some of the traditional dishes which it is used around the world.

ıny Westerners have been introduced fresh coriander in Chinese restau-ıts. It's a predominating flavor in Chi-e chicken salad, a specialty in certain taurants; our recipe is on page 206 the November 1970 *Sunset*.

Moroccans *season lamb stew with ricots, lemon, honey, spices; sprinkle ith sesame seed and lots of coriander*

It's often served with Peking duck, adding a delicious contrast to the rich meat and accompanying sweet and spicy Chinese plum sauce. To try Peking duck at home, see page 164 of the March 1969 *Sunset*. Or sample coriander with a similar combination of flavors inside a Mandarin pancake (see page 158 of the March 1970 *Sunset*).

Throughout Mexico and South America, hearty bean soups and stews, such as chile con carne, are often sprinkled with fresh coriander.

Many people, after discovering the extra dimension of flavor that coriander adds to guacamole, find this avocado dip disappointing without it. One way to enjoy it is as a dip for shrimp, which also profits from coriander's flavor.

Portuguese foods demonstrate an especially confident use of simple flavors. Olive oil, garlic, and lots of fresh coriander are used to season dishes like beans and sausages. Try it with the hearty bean casserole called *cozido* (see page 154 of the March 1971 *Sunset*).

Or try an omelet filled with Portuguese sausage, linguisa, and fresh coriander.

In Morocco and neighboring Mediterranean countries, succulent stews often combine lamb or chicken with dried fruits and sweet spices. Fresh coriander may be cooked with the meat, then more strewn over the top when serving.

In such countries of the Far East as India and Thailand, where curries are used extensively, so is coriander. Often both ground and fresh coriander are used in the same dishes. The fresh coriander leaves may be sprinkled over curry dishes or incorporated into some of the accompanying chutneys.

Here are recipes just in this one issue of *Sunset* that call for fresh coriander:

Cantonese roast chicken, page 168
Chile con carne with coriander, page 168
Chinese crab pillows, page 168
Columbian aji sauce for grilled meats, page 168
Coriander and cucumber chutney, page 168
Coriander butter for corn, page 168
Coriander mayonnaise, page 168
Easy won ton soup, page 168
Moroccan lamb stew, page 168
Omelet with linguisa, page 168
Oriental noodle soups, page 106
Spanish garlic soup, page 206
Steamed crab with coriander, page 168

Growing your own

You can keep fresh coriander on hand much of the year by growing it in pots, in a vegetable garden, squeezed in among flowers or shrubs, or in an oversized flat as shown on the opposite page.

Coriander is an annual, a plant that goes from seed to flower to seed again and then to death in one season, like marigolds or corn. It's no particular trouble to grow.

Some nurseries sell it in small pots along with other herbs. A pot or two is enough if you're growing coriander for seeds. But people who want coriander for fresh leaves should start with seeds and grow at least several dozen plants. Shop for seeds on racks or look in mail-order catalogs; or try the coriander seeds sold for spices at the grocery store.

In most parts of the West, you can plant anytime between early spring and early fall; in mild areas such as coastal Southern California, plant year-around. Seeds sown now will reach harvest soon after the Fourth of July. However, in California's hottest inland valleys, coriander planted in late spring goes to seed (not good in the kitchen anymore) sooner than usual because of midsummer heat; plants started in early spring or early fall last longer.

Plant in full sun, or part shade in hot places. Prepare the ground as you would for any flower or vegetable. In containers, use a lightweight planting mix.

Sow seeds ¼ to ½ inch deep in rows 6 inches apart; you can poke holes for them with a pencil or small stick. Space as close as an inch apart, but when seedlings are 2 inches tall, thin them to stand about 4 inches apart; use the thinnings in the kitchen. Sprinkle the soil right after planting and keep it damp until seeds sprout—usually inside of two weeks. Seedlings soon send down deep tap roots, making transplanting difficult.

Coriander has no special water requirements. There's usually no need to fertilize unless you grow more than one crop in the same bed or container.

There are two ways to keep coriander coming continuously. One way is to sow a new batch of seeds every couple weeks. In six or eight weeks, when plants reach 4 to 6 inches tall, pull them out—leaves, stems, and all. This method works best in areas where heat speeds up coriander's season.

The other way: Cut off young tender leaves and stems a few at a time—as you would pick chives or parsley. This encourages more tender new growth, thwarts seed-setting, and prolongs the plant's season. Start cutting when the plant is 4 to 6 inches tall; don't let it get much bigger or you won't be able to stop it from seeding. Cut only the tip leaves and side stems. Cutting too far back or removing the inner stems may kill the plant.

After a few months of harvest, plants wear out, grow tough, or begin to bloom. Pull them out and replace. You can let some form seeds, which you can use for replanting or in the kitchen. If conditions in your garden suit coriander, it may reseed and come back like a weed.

A successful and flat-out gardener shares her secrets, discoveries, victories

This 18-year-old garden in Belvede California, first reported in the Aug 1957 *Sunset*, is a shining example excellence based on expert design, a of planting maintained and enhanced dedicated and conscientious owners.

Landscape architect Lawrence Halp designed the garden (see plan on op site page) for easy maintenance wh the William J. Ferguson family was gro ing up and gardening time was limit But even in the garden's early stag Mrs. Ferguson in particular kept steady round of color coming on in c

Enclosed streetside *(southwest) patio in May. Bougainvillea on roof, cymbidiums, Hawaiian tree fern under overhang, banana at far right thrive here. Petunias in pots*

affodils *in February near patio entry.*
ird of paradise, left, star jasmine, right

Salmon pink *'Paul Schame' Southern Indica azaleas bloom from October to April on lagoonside deck (see plan)*

iners and garden beds.

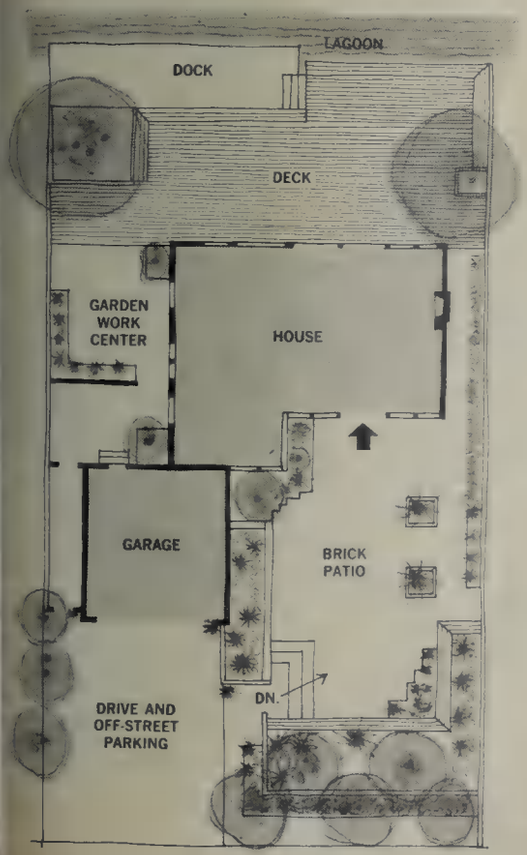
e comments thus on the changes since *nset's* first story:

As you learn more about gardening— d trees and shrubs reach maturity— u run out of space. So I have turned ore to vertical gardening on fences d walls, by using hanging containers, ell disciplined vines, and shrubs such pyracantha. Of the vines, star jasmine best, but I also use bougainvillea, small leafed ivy, and trumpet vine. And I still depend on containers. By rotating them through the seasons, I can quadruple my gardening experience.

"I have learned which plants are easy and cooperative and which are difficult. I spend about as much time gardening now as I did earlier (from choice), but the results are much more satisfactory.

"I don't grow quite as many bulbs as I used to. Instead of hyacinths this spring, I'm using Polyanthus primroses, available as blooming plants in 4-inch pots. Florists' cyclamen bloom from late fall to early spring; cymbidiums bloom for five or six months, starting in March.

"Pelargoniums bloom in late spring and early summer, petunias all summer. For fall color I now use marigolds instead of chrysanthemums. They bloom until Thanksgiving, and I don't have to carry them over."



Primulas *in redwood planters on fence bloom late fall to spring, then yield to May-to-December flowering 'Swingtime' fuchsias*

Hot saucy crab

It's the heart of this spur-of-the-moment beach picnic

When a glorious May day moves you to organize a spur-of-the-moment outing, a simple solution is this beach picnic of succulent Dungeness crab surrounded by a savory, spicy sauce. While friends are gathering, you can quickly assemble the necessary ingredients and utensils. Then plan to stop en route to the picnic site or at the beach to buy cooked crabs.

Over an open fire (or on a portable camp stove), heat the sauce and crab until both are steaming. You can support the kettle on several rocks or use the grill of a fire pit, if available. (Be sure to check fire regulations first.)

Essential to the enjoyment of this dish is hot French bread, spread with a pungent garlic butter to dunk into the broth. Prepare it at home to heat over the fire.

Other accompaniments are optional. If you wish, include some crisp, raw vegetables and a dip to enjoy while the crab heats, and a dry white wine.

Your fingers or the pointed tips of the crab leg shells are best for prying out the crab meat (or if you want to get fancy, bring some small picks from home). Then pass warm, damp towels for wiping hands. Moisten towels at home, pack them in a small pan, and place near the fire while you eat.

Cracked Crab in Wine Broth

- ¼ cup (⅛ lb.) butter or margarine
- 1 large onion, finely chopped
- 2 cloves garlic, minced or mashed
- ½ teaspoon liquid hot pepper seasoning
- ⅛ teaspoon cayenne
- ¼ cup chopped parsley
- 1 bay leaf
- 1 can (14 oz.) regular strength chicken broth
- 1 bottle (⅘ qt.) dry white wine
- 2 large cooked Dungeness crabs (about 2 lbs. *each*), cleaned and cracked
- Lemon wedges
- Parmesan garlic bread (recipe follows)

In a large kettle (at least 8 qt.) heat butter until bubbly; stir in onion and garlic and cook over medium heat until onion is soft. Stir in hot pepper seasoning, cayenne, parsley, bay leaf, broth, and wine; heat to simmering. Add crab, cover, and simmer about 10 minutes or until crab is heated through.

Ladle crab and sauce into individual bowls; pass lemon wedges to squeeze over crab and hot Parmesan garlic bread to dunk in sauce. Serves 4.—*C. S., Palo Alto, Calif.*

Parmesan Garlic Bread. Mix ½ cup (¼ lb.) soft butter or margarine; 2 cloves garlic, minced or mashed; ¼ teaspoon paprika; and ¼ cup shredded Parmesan cheese. Cut 1 loaf (1 lb.) French bread to (but not through) bottom crust in 1-inch slices.

Generously spread butter mixture between bread slices; wrap loaf in heavy foil. To heat, put loaf close to fire for about 20 minutes, or until butter is melted; turn several times to heat evenly.

Ready *for the beach after a stop to pick up crabs; get them cleaned and cracked*

Cracked crabs *simmer in easy-to-make sauce until both are steaming hot, ready to serve*

GLENN CHRISTIANSEN

adle *hot crab and sauce into shallow bowls;*
ccompany with crusty garlic bread.
's messy but no one cares

The Changing Western Home

To enlarge, enclose a bedroom

To eliminate a window in his master bedroom that stared directly into the neighbor's, and to gain a retreat away from the children for reading, architect Lorenzo C. Tedesco of West Los Angeles designed and built the alcove shown at right.

An opening to fit the sofa was cut out of the exterior wall, 2 by 6's were scabbed onto existing floor joists to extend the room out 3 feet, the top of the long opening was reinforced where needed to prevent any sagging, and the alcove was framed and enclosed.

The solid rear wall of the alcove gives privacy. The roof is ¼-inch acrylic plastic, giving more light than the former window. And, as Mr. Tedesco says, the bedroom now seems twice as large.

Where do you store your wine?

If you have a wine storage area you think is successful, we'd like to know about it. It can be as simple as a rack set up in a closet, placed in the kitchen, or tucked under the stairs, or as elaborate as a subterranean walk-in cellar. Send a snapshot and descriptive data to Wine Storage Editor, *Sunset Magazine*, Menlo Park, Calif. 94025.

RICHARD FISH

A different lavatory

The basin of this lavatory is a standard model, but all else is different. The countertop is made of teak, the oily wood often used for yacht decks because it resists sun and water. The teak was simply finished with a Danish oil and has stood up very well. The two faucets have hospital-type handles, both for appearance and for easy operation with your elbow or the back of your hand. The mirror behind the lavatory extends down to the countertop, giving the feeling of a much larger bathroom. It was designed by architect Ken Kellogg for Richard Madruga, San Diego.

A super-sized bathtub

A new concept in bathing is an oval bathtub 5½ by 7 feet that will easily accommodate two persons. Of reinforced fiberglass, it comes in five colors. It has dual water controls and two shower heads, so you can shower with twin sprays if you like. The cost of the deluxe tub and fittings is about $1,500.

Anchored hardboard hooks

Perforated hardboard has long been handy for hanging things on the wall in your kitchen, laundry, or workshop, but the metal hooks for the perforations tended to come off with the objects they held. New ones, in metal and plastic, that lock solidly in place are now available at hardware stores.

Redwood

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Architect: Ian Birge, AIA, of Burde, Shaw and Associates

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Word for the electric drill: versatile

You may have thought that simple hole-boring was the lot of the common electric drill, but look again: This basic tool has spawned a host of accessories which can make it the focus of an inexpensive but versatile home power workshop. With the drill as sole power source, for instance, you can trim the hedge and polish rocks; cut lightweight boards and clear clogged drains; shine your shoes; build or refinish furniture; and work with metal, plastics, and most other construction materials. A well equipped drill set can do much of the lighter work of other power tools, at lower cost.

And if you have a youngster in the house, a drill workshop can be an exciting yet safe introduction to power equipment. Most drill attachments lack dangerous cutting edges, and the quick-release trigger common to most brands reduces speed rapidly if the youngster loses control of the tool. With initial supervision and some imagination, a 12-year-old can easily learn creative skills and construction techniques while developing respect for and careful use of power tools.

Choose your drill carefully

While an expensive drill isn't necessary for most household uses, quality directly affects the versatility and life span of the tool. Some costing less than $10, while useful for beginners, rarely have adequate power or durability for sustained use, and accommodate fewer accessories than drills costing a little more.

The most common drill is the ¼-inch variety, a reference to the diameter of the chuck, or neck, which clamps around the bit or other attachments. Three-eighths-inch and ½-inch drills are designed more for heavy-duty use. They also cost more, but deliver the added power necessary for difficult drilling and for the optimal use of large accessories. Quarter-inch drills operate on standard household current, but all except double-insulated models require three-hole, grounded sockets.

Hand drills fall into three categories:

Single-speed drills cost least (to $20), but their single, relatively high speed of revolution (about 2,000 rpm) limits their use and makes them harder to control, especially for a young person.

Variable-speed drills offer several advantages for a slightly higher cost. The speed is controlled by pressure on the trigger. Slow drilling is best for masonry, glass, and other fragile material, and for light power-screwdriver use. At low speeds, the bit is less likely to skip away from the drilling point on a smooth, hard surface. Medium speed adds precision and control to woodcutting, and high speed develops force and friction for more difficult cutting. Some models have an additional knob to lower the maximum possible speed, an advantage for some specialized work, but at added expense. Variable-speed drills cost $20 up.

Reversible drills are just that; their direction of rotation can be reversed for removing screws and bolts and for easy extraction of bits caught in tight holes. The reverse gear is simply a refinement of the variable-speed principle, and a reversing attachment can just as easily be inserted into the chuck of a nonreversing drill. It is valuable for auto repair and furniture rebuilding, but not necessary for most household purposes. Cost is from $30 to $40.

The basic features of any good drill should include a warranty (commonly 90 days to a year), Underwriters' Laboratories certification, a durable body, variable speed from 0 to at least 1,000 rpm, approximately ⅕ horsepower, and protection against motor burnout. You can often find good drills as bargain loss leaders in hardware stores; they frequently come in kits with a small selection of basic accessories (standard bits,

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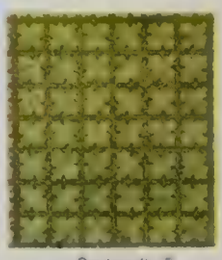

Shinyl Vinyl by Congoleum®

A Subsidiary of Bath Industries, Inc.

sanding wheels, and a plastic carrying case, for example).

Accessories make the difference

With a basic drill, you can diversify in many directions. Besides such exotic (and low cost) accouterments as hedge trimmers and drain cleaners, the power drill can be equipped with a large variety of more common accessories. While many of these are packaged together, as a rule it's wiser to buy them individually as required, thereby shaving costs and adapting the workshop more to your actual needs.

Drill bits, the most fundamental accessories, can be an exception: A package of basic sizes costs less than $5. Bits also come in specialized forms for wood, masonry, metal, and other materials. The screw pilot bit simultaneously drills a tapered screw hole, counterbores to accommodate its shank, and countersinks a depression for its head. But while good bits can be inexpensive, the cheapest bits are no bargain. They break easily and lose their cutting edges quickly.

Fastening accessories include standard and Phillips screwdrivers, socket heads, and clutch attachments to further control drill speed for fastening work. *Hole-cutters* cut perfect circles up to 2½ inches in diameter; a single, adjustable type costs $5.

Polishing and *sanding attachments* come in many sizes and surfaces; *grinding points* range from sharpening wheels to rotary files and rasps for precision wood-grinding and decorative work; dozens of *steel brushes,* large and small, are available for scraping and paint removal; and *utility accessories* include paint stirrers, right-angle drill attachments, and a variety of specialized adapters.

Larger accessories add considerably to the drill's use as a central workshop for projects which might otherwise call for separate, more expensive equipment. But these attachments also tax the drill's power capacity, and you should consider, as you attempt larger projects, whether the difficulties they present justify the purchase of a separate tool.

For instance, one manufacturer's 5½-inch circular saw attachment ($7) allows the drill to be used for cutting ¾-inch plywood and softwood boards; but the unit lacks the power and cutting depth of a standard circular handsaw, and is unsuitable for general household construction work. Similarly, an $11 trimming attachment is suitable for light, leafy hedges, but thicker hedges with stiff twigs require a conventional trimmer.

Other large accessories include a bench-mounted clamp to lock the drill into a table horizontal position for precision grinding; a vertical stand ($15) which converts the drill into a small-scale drill press for such operations as routing and controlled-depth drilling; and a $40 adapter frame which transforms the drill into a radial-arm saw, drill press, orbital sander, or a saber saw.

You should take your drill with you when shopping for large accessories. Good fit is important, and accessories must not interfere with the flow of cooling air to the drill's motor.

Within its power limitations, the power drill can be built into a versatile workshop for $30 (or less) to $200 (or more), depending on your own needs and budget. Discount stores are an especially low-cost source of lightweight accessories, but you should avoid the cheapest varieties, which break under stress.

Some hints for better use

Drill life and user enjoyment depend equally on some general rules of safety and use—particularly for the young, beginning craftsman. Drills (except for double-insulated models with two-prong plugs and high-impact plastic bodies) should be used and stored in dry areas, with grounded outlets. Drill speed should be adapted to the job: generally easy pressure, letting the bit do the work. Excessive pressure and speed overheat the drill and make it hard to control. As a general rule, you shouldn't use bits wider than the diameter of the chuck unless the drilling surface is soft. Bits should be kept sharp.

Inexpensive plastic safety goggles are always appropriate, especially if you're working on brittle surfaces. Most manufacturers provide a valuable set of safety rules from the Power Tool Institute along with useful guidelines for equipment maintenance.

Add the look of aged beauty with *Rez*® 2-step antiquing kit

With a REZ Antiquing Kit you can add new color and charm to furniture or a variety of household accessories (from picture frames to louvered doors—whatever strikes your fancy) . . . and create a unique conversation piece or even a whole new decor. Choose from beautiful vogue colors. Only two simple steps to follow. Base colors are *latex*—clean up with soap and water. For color list and 32-page booklet on Antiquing/Wood Finishing, send name, address and 25c to REZ Company, Dept. 48, Box 3638, Torrance, Cal. 90510.

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Just like the hands of a clock move, flowers bloom. But you can never quite catch them doing it—until you get a Minolta Autopak® super-8 movie camera.

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As the flower opens, the camera will automatically take one movie frame after another at intervals up to 60 seconds. When you get back, the Autopak will have captured your flower, from bud to bloom, on about two minutes of film.

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No matter what the subject, the Autopak's remarkably bright viewfinder shows exactly what you'll get on film.

And the Autopak instantly and automatically adjusts itself for correct exposure.

The Minolta Autopak-8 D6 with optical-glass Rokkor zoom lens costs under $220, plus case. Accessories extra. For literature, write Minolta Corporation, 14204 South Prairie Ave., Hawthorne, California 90250.

Start to see life differently with a Minolta Autopak.

An open or shut pass-through

When preparing a meal, Mrs. Maurice Engleman of Lake Oswego, Oregon, closes off kitchen clutter from the family living-dining area by lowering four hinged panels between a counter and a two-way storage divider above.

She can also control the size of the opening by raising or lowering one or more panels—one panel up, for example, to pass through a platter of sandwiches or retrieve used dishes without showing all of the kitchen.

The panels swing up and out of sight under the divider's shelves where they're held secure by magnetic catches. In the lowered position they're secured by bullet catches; spring tension holds each "bullet" snug against the plastic laminate counter.

Architects were Fletcher & Finch.

DON NORMARK

When panels *are down, you can't see int the family room beyond. Exhaust fan an lights fit under cabinets on kitchen sid*

Panels swing up *under shelves where the are held by magnetic catches; they ca be raised or lowered from either sid*

w to Pick a Quality Towel

can go round and round looking he finest towel, unless you know o recognize it.

ach out, feel the towel. If it feels nd delicious it was probably made e finest combed cotton. Combed n makes a softer towel than un- ed cotton.

Check the underweave. Try pulling it apart. If the underweave is strong, so is the towel.

Now look at the loops. In a good towel they're very close together. The great number of loops makes the towel luxurious, and more absorbent.

Look at the selvage. It should be woven, not hemmed.

Measure it. A good bath towel should measure about 30″ x 50″. Anything less is skimpy.

Now... after you've checked everything very carefully and you're convinced that you've got a great towel—take a look at the label. Bet it says Martex Luxor.

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First we make it good. Then we make it beautiful.

When you sell the best hose, you give the best guarantee in the business.

Only Monsanto gives you the famous Wear Dated guarantee. It simply means we will replace any Monsanto Garden Hose that should fail. When you buy garden hose, shouldn't you buy the hose that's backed by the best guarantee in the business?

NORMAN A. PLATE

To start off *your summer, this jaunty polka-dot hat is easy to snip out and sew*

The brim goes its own way

Sun-filled days are coming up. You might enjoy them more in a soft, floppy hat. The big brim shades your eyes and gives you a slightly devil-may-care look. You can make this hat with contrasting fabric (one for the outside—one for the liner) or use the same material for both. Either way you have a completely reversible hat.

You'll need 1 yard of 45-inch fabric if you use the same material for the lining; otherwise buy ⅝ yard of each color. Use a fairly heavyweight wash-and-wear fabric. It will give body to the hat and let you launder it with little ironing.

To make it fit

You can make a paper pattern to use again or mark the cutting line directly on the fabric. We found that a hat of 22-inch circumference is about the average size for women. To vary the head size, measure the head's circumference and divide by 3 to approximate the diameter.

For the stitching line of both crown and brim for a 22-inch head, draw a circle using a 3½-inch radius on your compass. For the cutting line draw a circle on the crown pattern piece with a 4-inch radius; for the brim draw a circle with a 3-inch radius. The outer brim line is 16 inches in diameter (8-inch radius). Use a thumbtack, pencil, and string if your compass doesn't extend to this diameter. Draw the band 2 inches longer on one side and 3 inches longer on the

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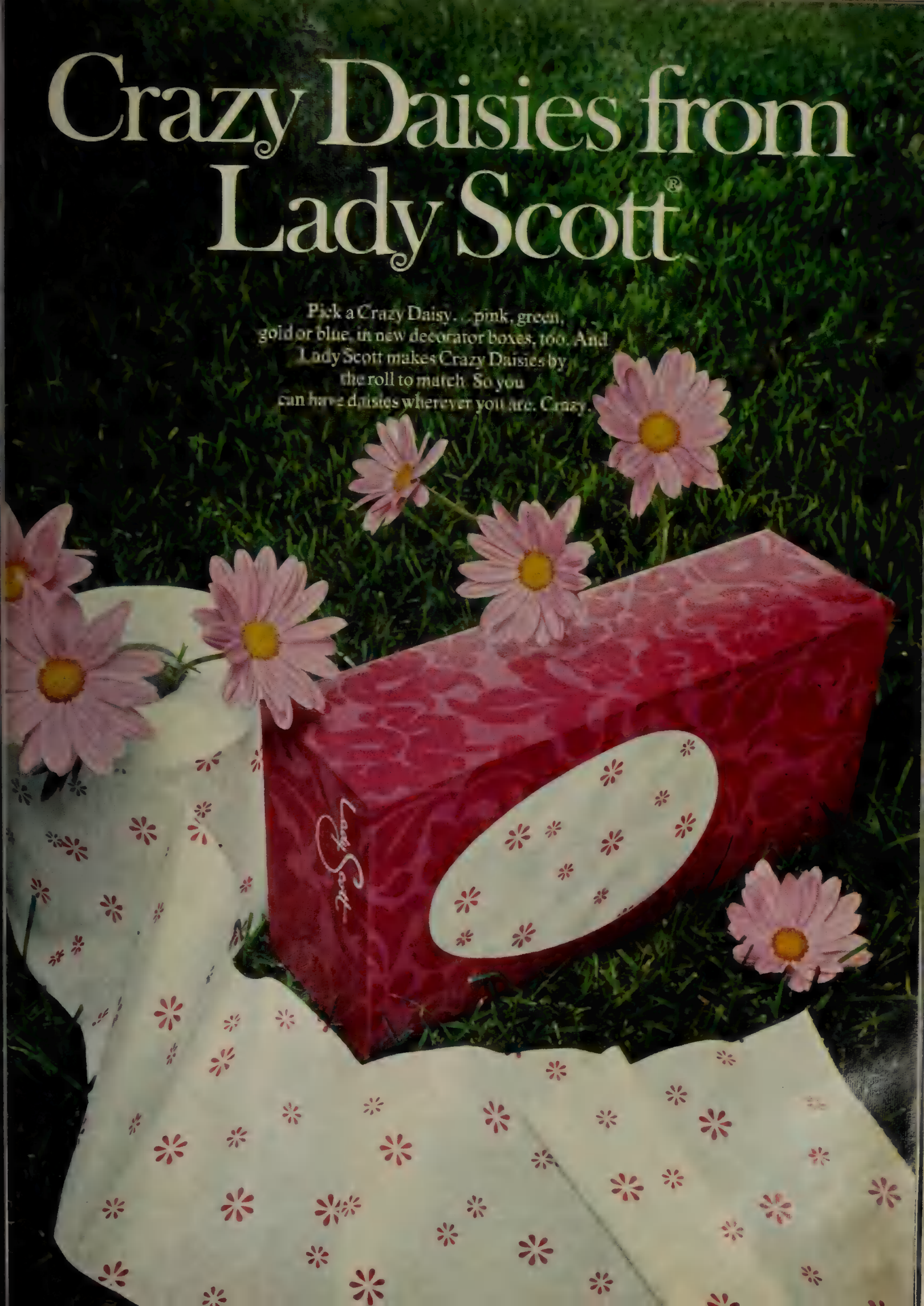

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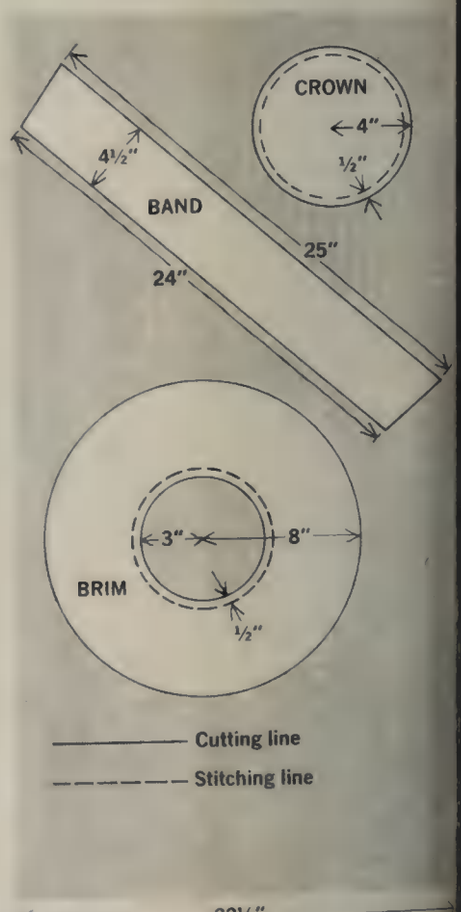
other side than the head measurement and 4½ inches wide.

You might find it fun to vary the style by increasing the width of the band to make a tall crown. Draw and cut out the six hat pieces, making sure that the band is cut on the bias.

To sew it together

With right sides together, pin the 25-inch side of the band to the crown, easing the band to fit the curve. Stitch a ½-inch seam, leaving extra ends on the band free. Press. Pin the inner brim circle to the 24-inch edge of the band, right sides together; ease the curve again by placing the pins close together. Stitch a ½-inch seam. Sew the band ends to fit the crown (this seam will be at an angle). Trim excess. Clip seams around the circle and press. The outer hat is now finished; repeat the same stitching process with the hat lining.

With each hat piece inside out, place the right sides of brims together and pin outer edges together. Stitch a ¼-inch seam around the edge, leaving 3 inches open. Turn the hat inside out through the hole; turn the edges of the 3-inch opening under and pin. Top stitch around the brim very close to the edge and then continue to top stitch in concentric circles about ¼-inch apart to the inside brim edge. This stitching gives the brim a decorative fillip as well as adding body.



Cut out *each of these pieces twice to make your hat*

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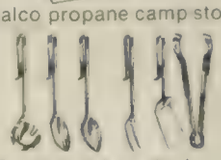
Our recommended list of the 16 best places to eat out.

1. The Palco-Optimus deluxe propane camp stove.

2. The Palco-Optimus compact propane camp stove.

3. The Palco propane camp stove.



4. The Palco stainless steel campsite cookout sets.

5. The Palco-Optimus propane lantern.

6. The Palco campers' aluminum cook kit.

7. The Palco campers' [illegible] kit.

8. The Palco campers' 48-cup coffee [illegible] kit.

9. The Palco aluminum canteens.

10. The Palco 5-piece aluminum mess kit.

11. The Palco campers' stainless steel coffeemakers.

12. The Palco campers' dining sets.

13. The Palco campers' 4-piece woodsman set.

14. The Palco folding lightweight camp saw.

15. The Palco folding steel wire stove stand.

16. The Palco campsite folding aluminum reflector oven.

All the recommended best places to eat out are Palco's. They're all tastefully priced between $1.50 and $45. And they're all part of the longest and most popular campfire-cookout line in the world. See your nearest camping products dealer for reservations.

palco

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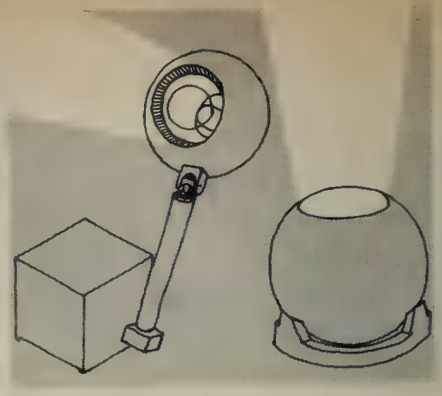
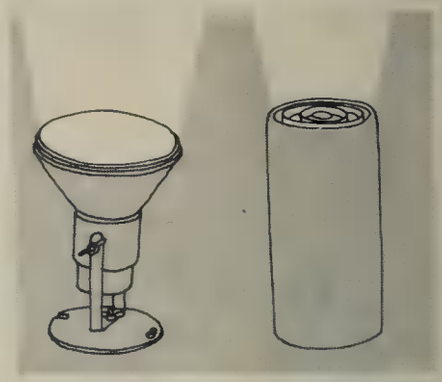




High intensity *lamp, $24. Eyeball lamp (50, 75, or 100 watts), about $9. Lamp holder, $2.40. Floor can with diffuser, $22.50*

Light coming up from below

To add a new dimension to a room, try shining some light up from the floor. We're all accustomed to light at eye level from table lamps or shining down from a ceiling light. But the effect is quite different when light comes from below.

Try placing a lamp between a chest and the wall so that the light comes from behind and gently washes the wall. Some interesting effects may result: A flower arrangement on the chest will be back-lit; a picture on the wall will be softly illuminated. You can also show off your books by shining a light or two across the bookshelves.

You may already have a light, such as a high-intensity lamp, that will work very well. If not, choose one for the specific area you want to illuminate. If the container is going to be completely hidden, the inexpensive lamp holder shown in the drawing above is ample; if not, choose a more decorative lamp container. But when possible conceal the light source.

Select the proper light bulb for the job. A regular bulb gives a soft, overall light; a flood spreads more light in a fairly wide arc; a spot focuses the light with great intensity. Some containers have high sides that control the direction of light; keep this in mind when you're choosing the lamp and the bulb.

For your nearest Lees dealer, call 800-243-6000 free of charge any time. In Connecticut call 800-942-0655. Lees Carpets is a Division of Burlington Industries.

Once Lees made carpets in grey and beige. Today we make "Psychedelia."

We make it in Groove Green. Spaced-Out Blue. Submarine Yellow. Pow Brown. Sky Baby. Red Hot. Moonscape. Purple Passion. Golden Buddha. Gin and Orange. Sundance. Brass Section. Hawaiian Surf. Greensleeves. Wild Oats. Bitter Lemon. Copperpot. Neon Pink. And Blueberry Pie.

Psychedelia isn't the kind of Lees carpet your grandmother had in her parlor, although the quality's still the same. It's one of the New Generation Carpets we make today—a luscious, shimmering shag that cleans like a dream, and looks great vacuumed or not. The fiber is a new DuPont nylon, and the price only about $9 a square yard.

Oh yes, Psychedelia also comes in Electric Grey and Barefoot Beige. But they're not the kind of grey and beige your grandmother would recognize.

LEES
NEW GENERATION CARPETS

RICHARD FISH

Snacktime setup—*corner section is raised for serving, middle section on long leg of L is raised halfway*

For most occasions, *all sections are set in 15-inch-high position. Pads are often spread out for sunning*

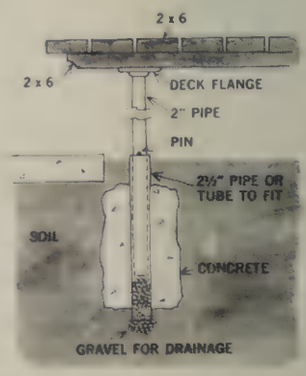
It's three levels for lunch . . . but just one level for lounging

Part of the enjoyment of a patio depends on having places to sit and sun, and surfaces from which to eat or serve. How do you avoid having to drag furniture in and out of storage, or crowding a small patio with more furniture than it should really handle?

Landscape architect John Markset came up with this solution for the patio of Mr. and Mrs. Ernest Levy of West Los Angeles.

It's an L-shaped, 3-foot-wide bench that wraps around one corner of a brick patio. It's always available for sitting and sunning. But when it's lunch time or party time, the square corner section can be raised up to serving height and an adjacent section can go from bench height to table height as shown in the photograph at the top of the page. Or the corner section can be raised just high enough so the two adjacent sections serve as seats. Two can sit comfortably on each section end. The long leg of the L has an additional section, so you have a few extra options.

The height adjustability was achieved by having sturdy pipe supports fit down inside pipes of a slightly larger diameter which are firmly imbedded in the ground in a collar of concrete (see sketch). The tops are 2 by 6's bolted to a 2 by 6 frame. Purposely sturdy, they're too heavy for one person to handle. It's best to have two support a section while a third inserts the locking pins underneath.



Spacing *holes in pipe legs every 6 inches gives you a choice of several heights*

New 3-door Admiral Duplex® lets you take ice out, keep cold in.

1 Open here for all the ice you need . . . the Ice Maker keeps it coming, automatically. The Admiral Imperial Duplex freezer/refrigerator keeps ice and the frozen foods you use most, most convenient. Meanwhile, down below . . .

2 A separate section holds all your other frozen foods —*stays* cold when top door is open. (Saves cold, saves money, too.)

New solid freezer shelves clean up with one wipe and lift out for storing larger items. Admiral bookcase door shelves help you get organized.

3 Here's a whole new system for storing foods—a place for everything. The Frigid Meat Keeper and egg basket are centered—easy in, easy out. Fruit bin and Crisper are gleaming porcelain. New Admiral tempered glass cantilever shelves are a breeze to adjust and even easier to keep clean. Door shelves are adjustable, too. All 3 doors close *automatically*.

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No charge for replacement or repair of defective parts for one year. The labor for the installation of such parts shall be supplied by any Admiral Mastercare Maintenance Service Center free of charge to the purchaser.

Admiral

There's no

Be it ever so humble, there's nothing quite like a Volkswagen Campmobile.

First of all, you have to admit, there aren't too many homes around that can take you to the beach while averaging 22 miles on a gallon of gas. And there aren't too many cars around that sleep 5.

Now where would you like to go? The mountains? Terrific. With the engine in the rear, the Campmobile can take you just about anywhere.

How about skiing? Great. Since the engine's air-cooled, you can travel in the iciest weather and never have to worry about water or antifreeze.

How about sunning? Great again. That same engine that can't freeze up in cold weather, can' boil over in hot weather.

Or how about just a quick trip down to the A & P? No problem. The Campmobile, being only 13 inches longer, parks and handles like our VW Beetle

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place like car.

And of course no matter where you go, you'll go rst class:

Each and every Campmobile comes with (or oes with) a charming kitchen with sink, icebox and ater pump. A large dining table. Closets. Screens. urtains. Bedroom enough for 2 adults and 2 kids. lus an optional pop-up top to sleep 1 more child nd tent to sleep 3 more adults.)

Now before you run away thinking this is the greatest thing since the invention of the wheel, there is one drawback:

For a Volkswagen, the Campmobile is expensive. It costs $3,440.*

But of course, we can quickly justify that:

After all, $3,440 is a little less than you'd pay for the average automobile.

And a lot less than you'd pay for the average home.

Under sheltering green hills
in the warm comfort of
morning sun,
singing children walk a narrow mountain road.
A perfect, carefree day
to be
caught, stored, re-lived.
For
some the road must lead to sprawling cities
where they will be saddened and
confused, but
the tiny hamlet can not feed
all her children.
They will treasure the memory
of mist and sun,
the smell of pine
the feel of
home.
That is their heritage of
beauty and strength.

New patterns for living must be discovered for many people in this troubled time. We are comforted by the beauty found in the traditions we learn.

The Plaza is determined that these traditions shall be preserved in our modern world for the knowledge and pleasure of those who live today and those who are to come.

Ko Suzuki President
Oyodo, Oyodo-ku, Osaka, Japan Phone 06 453-1111 Cable PLAZAHOTEL OSAKA

THE PLAZA HOTEL Osaka

ELLS MARUGG

Rolling table *with plastic laminate top designed by W. G. Shirreffs, Ojai, Calif.*

Pecan-topped *rolling table designed by George Bond for the Karl Ellers, Phoenix*

Indoor-outdoor rolling tables

Turning tight corners—in and out of small spaces—these portable tables carry food and tableware indoors and out.

The table at the top of the page, designed and built of ¾-inch plywood for the Austin A. Wakemans, Menlo Park, California, has shelves and drawers that go through to both sides. An open storage shelf on one end is neatly closed when the extension arm is lowered.

"I desperately needed a spot for unloading groceries, an extra cooking-preparation area, and a generous service center," said Mrs. Karl Eller of Phoenix. The Ellers serve desserts and coffee from their table (lower photograph) in the dining room, and in the living room by the fire in winter. On the patio they carve and serve meat from the barbecue on the 24 by 28-inch chopping block surface with its two 15 by 24-inch extensions. Materials are hardwood; cost was $75.

Both tables (each about 34 inches high) have casters, drawers, shelves, and side flaps that extend about 15 inches and close on collapsing support hinges.

Verve-y!

The Kleenex Boutique Collection. The brightest, boldest PaperWorks dreamed up yet. Full-size facial tissues in skinny mini boxes. Bathroom tissues that make a match. In bright patternings of paisley. In bold strokes of solid color. Hot Pink. Bold Gold. True Blue. Avocado Green. Delicious!

The Kleenex Boutique® Collection

Kleenex, the first tissue

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1971

DARROW M. WATT

Redwood shelf *hangs above a generous table as part of a well organized sewing center*

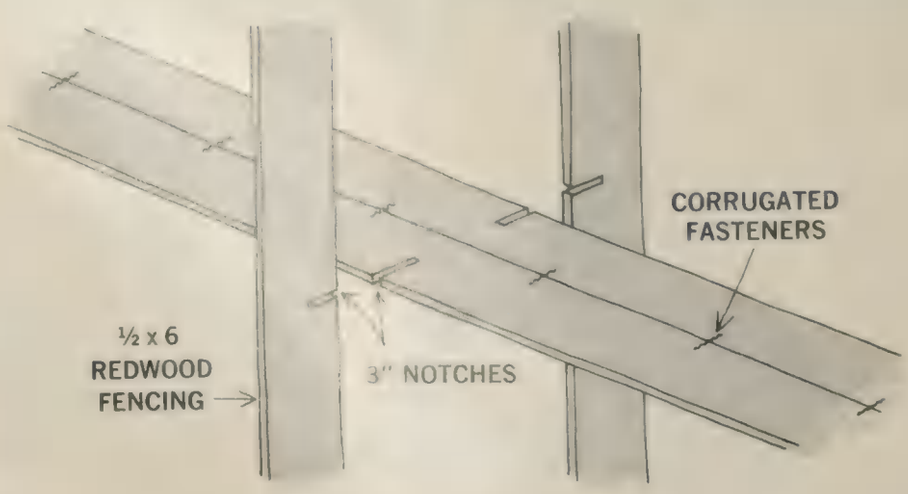
Wall-hung storage . . . cost about $36

Rough-cut redwood fencing, tin baking pans, and porcelain pulls are the ingredients of this wall-hung storage unit. It has 24 drawers and 12 open niches for shop supplies, sewing sundries, or whatever else you want to store.

The ½ by 6-inch redwood used for this shelf costs about 9 cents a foot. By using two boards side by side you get a 12-inch-deep shelf. The 5 by 9-inch loaf pans cost about 60 cents each, the porcelain knobs, 50 cents each.

Join the horizontal shelves in the middle with corrugated fasteners. Then notch horizontal and vertical pieces so they join as shown in the diagram. Notches should be 3 inches deep and generous enough to avoid splitting. Finally build a simple frame around the grid with redwood fencing, using 3-penny nails.

No finish is needed but the piece could be painted or stained. The shelf was designed and built by Rick Morrall of Palo Alto, California. It cost about $36.



See the Hide-a-bed Sofa by Simmons at these dealers

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SUN

"I found out it was going to cost as much to re-do my old sofa as it would to buy a new one. Then I found I could buy a Hide-A-Bed® Sofa for the same price as an ordinary one!"

"My living room was done in the height of fashion. 1962 fashion!

I wanted a new look without spending a fortune. And I thought a new look for the sofa would make the biggest difference.

My last sofa was beige and square and well—"Square." *This* time I wanted something bright and green and Different.

Simmons had it.

In fact, they had more sofa styles than I knew existed. And over 400 fabrics to choose from. And a whole *lot* of them were greens!

I found my fabric—and put it together with a wonderfully '71 sort of style.

Result: Perfect sofa. Perfect new look for my living room.

And a perfectly hidden bed as a bonus!

You get your choice of a Regency® or a Beautyrest® mattress. From single to Super size. (So you may not even have to buy new sheets.)

I think it's just plain silly to buy a just-plain-sofa. Not when you can get exactly what you want *and* a hidden bed, too."

SIMMONS

SECOND CENTURY

For decorating booklet, "Hide-A-Bed Sofas for the Way We Live Now," send name, address and 25¢ to Simmons, 2 Park Avenue, N.Y.C. 10016.

Sofa shown: Squire-4. Fabric: 6358 Pistachio. About $440. From Golden Value Savings Collection. Fabric protected by ZEPEL Soil/Stain Repeller

When Simmons can give you the sofa you want, isn't it nice there's a bed in it, too?

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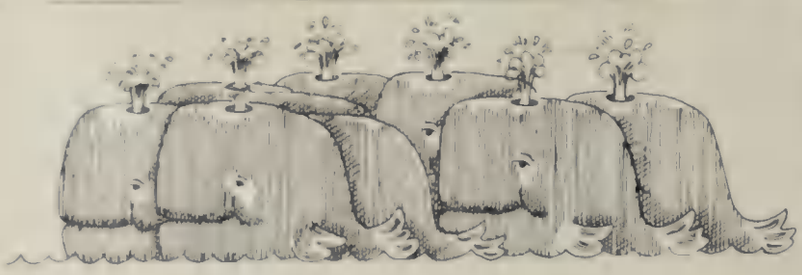

These spouting spectators can be seen off the Royal Kaanapali Golf Course on Maui in Hawaii. Just an added feature of one of the world's most challenging courses. Designed by Robert Trent Jones the Royal's 7,279 yards play to a par 72 from its championship tees.

Nearby is the 18 hole Kaanapali Kai super executive course, a little less challenging alternative.

All around is the adventurers' paradise — the new Kaanapali Beach Resort Area with great hotels, shops and restaurants. And the historic whalers village of Lahaina. Come out to Kaanapali and whale on some beautiful golfing.

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Royal Kaanapali Golf Course

an Amfac development

Building fences, barbecues

Two of the most popular *Sunset* books in the how-to-build-it category have been the one on barbecues (first issued in 1950) and the one on fences and gates (1958). This month they reappear in completely revised editions.

They are *Sunset Ideas for Building Barbecues*, and *How to Build Fences and Gates* (Lane Books, Menlo Park, Calif., 1971; $1.95 each).

Building Barbecues includes a discussion of portable barbecues, pointing out that in certain circumstances you might prefer one for all or part of your barbecuing. But the book concentrates mostly on fixed barbecues, of every type and with innumerable variations: simple permanent outdoor grills, open-air cooking areas, indoor-outdoor barbecues, indoor grills, smoke ovens, pit barbecues, and also hoods for indoor barbecues, and other metal fixtures and accessories.

Fences and Gates explores the many ways these structures can serve you. Obviously, they can define a boundary line and provide security. But they can also solve wind and sun problems, create sheltered areas to catch the sun, act as screens to separate you from the neighbors, or make a decorative background for planting. Twenty-two different choices of fencing are shown, and the advantages of each type are explained.

You'll find chapters on planning fences and screens, on using wire fencing for security, on both ornate and simple gates, and on fence plantings, lighting and decoration.

The book also explains methods of fence construction, with details on how to space and set fence posts for different fencing materials, and how to build a fence on a steep slope. A chapter on wire fencing tells how to install and stretch wire fencing around swimming pools, gardens, corrals. There's also information on how to build fence gates and how to repair one that's sagging.

Lose 4 pounds the first week!

Slender's nutritionally balanced protein formula gets quick results

When you go on a diet, one of the most important things in all this world is to get an immediate sense of success. The moment those first pounds disappear you know you're on your way *at last.* That's where Slender from Carnation *really* helps. It's one of the best programs you'll ever find for peeling off pounds sensibly—and fast.

Slender's balanced nutrition

Every nutrient of a well-balanced meal is present in Slender, including nourishing protein. In fact, when you go strictly Slender, (four Slender meals a day) you get your *full* recommended dietary allowance of protein. Plus your regular vitamins and minerals, including vitamins C and B-complex.

Clinical study reports exciting results

A group of men and women were placed exclusively on Slender for three weeks. That is, four Slender meals a day, totaling 900 calories. The dieters lost 4½ pounds the very first week. During the next two weeks, their losses dropped to an average of 3.5 pounds a week. Dieters reported they were not unduly hungry and that they found Slender "surprisingly filling".

Why is Slender so successful with problem dieters?

Rich, satisfying taste is the most important reason. Mixed in cold, fresh milk, or chilled from the can, Slender's taste is, frankly, unbeatable. And that's without artificial sweeteners.

Obviously, anything that tastes this good has to wear well in your diet plans. Freeze a can of Slender at night and take it to work with you. By lunch time, it'll be thawed, chilly and delicious! Or carry a packet of Slender powder in your purse and buy a carton of cold, fresh milk. There are lots of luscious flavors to try.

Some suggestions for dieting with Slender

Much depends on how many pounds you want to lose. We think going strictly Slender for the first week is the ideal way to give yourself the results you need for an immediate sense of success. After that, substitute Slender for a meal or two a day. But remember, anytime you *really* want to get it off, with no nonsense, that's the time for Slender.

You can count on Slender. It's from Carnation.

Slender® diet food for weight control. Carnation Company, Los Angeles, California

1971

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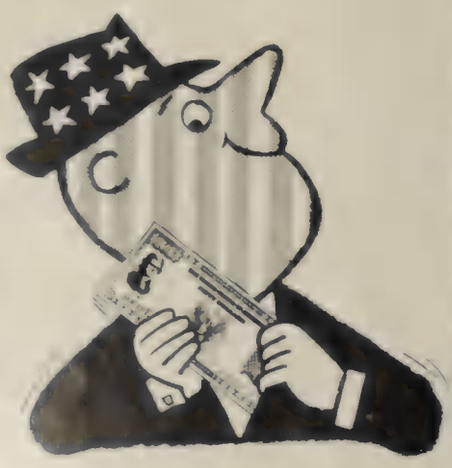
How to get a nice red, white and blue feeling —and pocket a little green



UNITED STATES SAVINGS BONDS

WENKAM-SALBOSA

Seldom-used *articles go in space just unde the ceiling. Drop-down doors have touc latches, are papered to match the wall*

Pull out *a drawer; select a can. Specialty items and foods used least go into lower drawers*

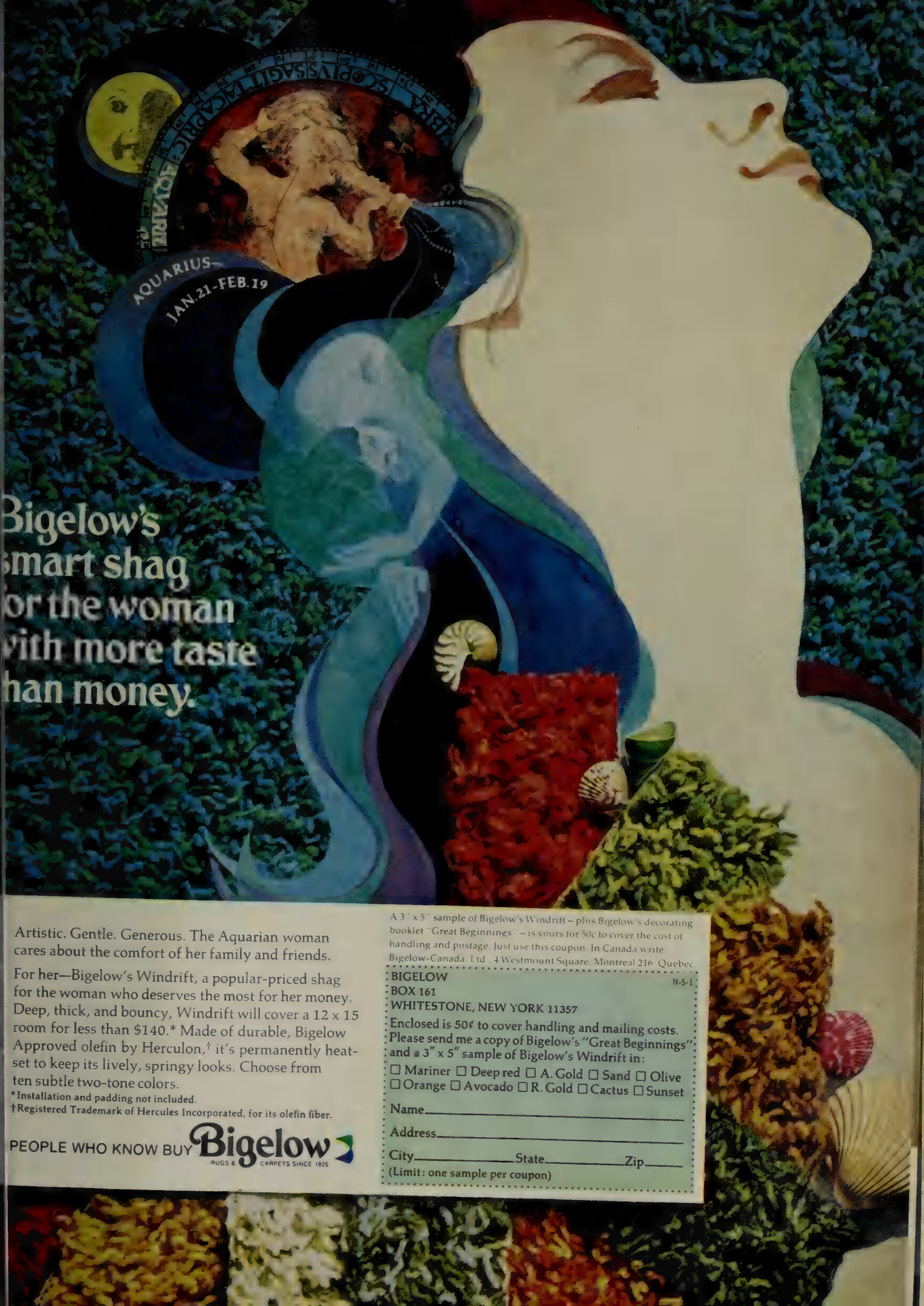
Useful kitchen storage ideas

Two perennial storage problems a neatly solved in this kitchen: Where put the things you seldom use so th won't compete for valuable cupboa space, and how to place canned goods you can see quickly what's on hand.

The top photograph above shows t dead storage solution. It completely eli inates the customary hard-to-reach t shelf in each cabinet. Instead there is ju a series of separate storage areas ea with its own drop-down door.

As shown in the other photograph, m canned goods are stored in seven dra ers. Arranging cans on their sides tak slightly longer than pushing them at ra dom onto shelves, but there's a pay every time you look for a can you ne

These were photographed in the Hon lulu home of Mr. and Mrs. Lambr Hancock. Architects were Mori a Lum.



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A 3" x 5" sample of Bigelow's Windrift – plus Bigelow's decorating booklet "Great Beginnings" – is yours for 50c to cover the cost of handling and postage. Just use this coupon. In Canada write: Bigelow-Canada, Ltd., 4 Westmount Square, Montreal 216, Quebec.

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(Limit: one sample per coupon)

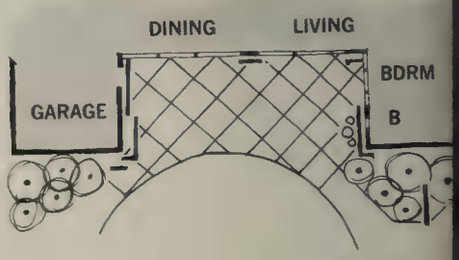
Patterned patio screens use a mix of rough, smooth lumber

Garage door *is still accessible through hinged section of screen*

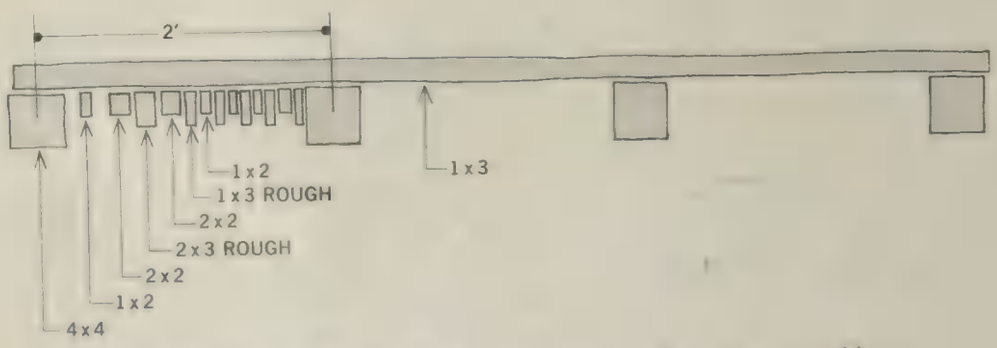
For many home owners, the view from living room to patio or garden is marred by some architectural feature of the house itself. In this case the problem was two sections of blank wall on house wings that extend along two sides of a paved patio (see plan at right). Through large windows in the living and dining rooms and master bedroom, you looked beyond the patio to the garden, but you also saw the walls.

When landscape architect Lana Vestal Christensen redesigned the garden for Mr. and Mrs. Marvin Handler of Atherton, California, she suggested the walls be covered with decorative wood panels. Besides their screening function, the panels would help unify the house and garden and also provide a sculptural surface for the play of light and shadows. Here you see the successful solution.

The screens are 2-foot-wide panels bolted to 4 by 4-inch posts that extend from the concrete patio to the roof soffit and are positioned 8 to 24 inches from the house walls. The panels are removable so they can be restained or the house walls repainted. They're also raised 6 inches above the concrete patio to make it easy to sweep or hose under them. Patterns, combining finished and rough wood for texture, vary from panel to panel.



Sketch shows *how screens relate to house walls, windows, patio*



The pattern *was altered by increasing or decreasing the number of inserts and by changing their height on the panel—as the picture below shows*

Screen *across wall of bedroom wing hides bathroom window*

Garage wall *is now handsome background for hanging pots of ferns, tree ferns in containers*

ELLS MARUGG

ound 1632, English furniture makers began decorating ir work with pieces of tawny tortoiseshell. But the ·ll was hard to come by, so the ingenious craftsman ·d stains and lacquers to imitate nature by hand. And ritage has found that these old hand techniques are l the only way to do it. Only hands can spatter on the ›ky markings and smudge them into a haze of dusky dows and golden lights, to look like the work of nature. l only more money can buy it.

This kind of painstaking handwork, which makes our tortoiseshell chest cost $100 more than any look-alike, goes into every other piece with the Heritage name. Surfaces are rubbed, scoured and stained by hand, because that's the best way to find the natural grain and seek out the highlights. Interiors are hand-sanded and sealed so there'll be no rough spots to snag your clothes. When we cost a little more, you'll find we give a little more.

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Royal Doulton. The china of Stoke-on-Trent, England

vs.

Lenox. The china of Pomona, New Jersey.

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Three of the most important virtues; pure whiteness, translucence and strength, are combined in only one kind of china. Bone china.

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Another way many people judge china is the way you judge fine crystal. By sound. Even the most uneducated of ears will appreciate that Doulton's ring is far more resonant than Lenox's.

And not only will your ears prefer Doulton, so will your eyes.

In all due modesty, we believe Doulton's patterns are infinitely more imaginative, colourful and sophisticated.

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Lenox versus Royal Doulton.

They're good. We think we're better.

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Counselor
BREARLEY THE BREARLEY COMPANY · ROCKFORD [illegible]

DON NORMA

Slide-out trays *accommodate short stacks of place mats and cloth napkins*

GLENN CHRISTIANS

Drawers *hold place mats close to eating area; tray storage is on the right*

Storage for mats and trays

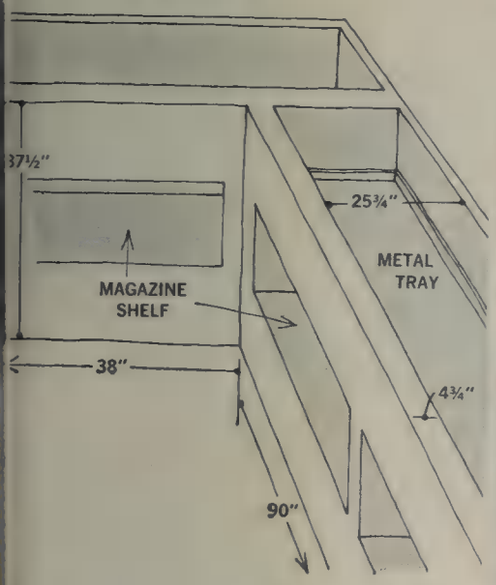
An important consideration when sto ing place mats is to prevent wrinklin To do this, you need a flat area lar enough to hold mats without curlin bending, or shifting when one or tw mats are removed from the bottom the stack. Two solutions are shown her large, flat trays, and a tier of drawer Both are on slides to provide easy acce to the mats.

For the Peter Jarvis residence on Merc Island, Washington, The Richardson A sociates designed the flat particle-boa trays shown at top. They're light, sli easily, and are wide enough to ho stacks of mats and napkins.

Janean designed the sliding storage draw arrangement shown in the bottom phot graph for the *Sunset* test kitchens. Th drawers, slightly larger than the averag place mat, are part of a table accoute ment storage unit that's close to the ea ing area.

SALBOSA-WENKAM

Pots sit *in saucers although planter has metal liner. Note the recessed lights above*



The scene changes in this planter

planter built around two sides of a ning area gives the Jesse R. Zeiglers of onolulu a place to display plants at the ak of bloom or when foliage is most xuriant. It's not a permanent display— s for plants in pots carried in from out- le or bought at a nursery or florist's.

e planter is 10 inches deep so the pots e hidden; all you see from across the om, or when seated at the table, is the liage or flowers.

r a time, the Zeiglers fill it with chids, then change to azaleas or chrys- themums, or fancy crotons or cala- ms. Even outdoor plants can be ought in for a while—pots of bulbs or nuals from the patio.

ere's a shelf below for magazines. The chitect was Gordon Potter.

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NEIL KOPPES

Grooming area *off pool has slanted mirrors. Design by Gresham-Hockings for Dr. and Mrs. J. W. Cortner, Tucson*

RICHARD FISH

Slanted mirrors *allow windows above. Design by H. Thomas Wilson for the Phil Rotblatts, Pacific Palisades, Calif.*

The case for the leaning mirror

Should your plans include a new house or some bathroom remodeling, you might consider having the lavatory mirror set at an angle.

The biggest advantage of the slanted mirror is the way light reflects up into your face and neck area. This is a boon to men shaving, since poor light around the jaw and chin area accounts for a good share of the razor nicks and unevenness of a bad shave. Women find the slanted mirror advantageous for applying make-up.

Since slanted mirrors don't have to extend as high as the usual vertical kind, you can generally have window openings above for additional light or ventilation. The proper angle of the mirror will depend on how far you are from it, the location and pattern of existing artificial light, and the amount of light coming in over the top.

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Sunset's Kitchen Cabinet®

Some answers for what to serve your family and guests on busy days are featured this month.

To plan a simple and satisfying supper around the Yorkshire beef, make a large salad of greens and vegetables while it bakes briefly. With the split pea soup you might serve crusty bread or a sandwich.

Consider the chicken and peach salad for a guest luncheon, the ginger biscuits with tea, the lemon date bars

Chunks of ground beef and bacon in this Yorkshire pudding supper entrée

Yorkshire Beef

You assemble this in a hot pan; after baking for 25 minutes, it is ready.

- 3 thin slices bacon, diced
- ½ teaspoon salt
- ¾ pound lean ground beef
- 1 tablespoon *each* finely chopped onion and parsley
- 3 eggs
- ½ cup milk
- ½ teaspoon Worcestershire
- ½ cup regular all-purpose flour (unsifted)

Distribute the uncooked bacon pieces in a 9 by 13-inch baking pan. Put into a 400° oven until lightly browned, about 10 minutes.

Meanwhile sprinkle salt in a large frying pan, put in the meat, onion, and parsley; stir lightly (so meat stays in rather large chunks) over high heat until lightly browned; set aside. Combine in a bowl the eggs, milk, and Worcestershire; beat with a fork until foamy; gradually beat in flour until smooth.

When bacon is browned, remove hot pan from oven. With a slotted spoon, quickly remove meat and distribute in baking pan, pour egg mixture over meat, and tilt pan to spread evenly. Return to a 400° oven; bake until puffy and well browned, about 25 minutes. Serve. Makes 4 to 6 servings.—*R. S., Malibu, Calif.*

You can add some leftover ham or ham hocks to make this a heartier soup

Curried Split Pea Soup

Nourishing split peas combine with fresh vegetables for this thick supper soup that simmers with little attention.

- 1 cup yellow split peas
- 5 cups water
- 4 slices uncooked bacon, diced
- 1 medium-sized onion, chopped
- 1 clove garlic, minced or mashed
- 1 cup sliced celery
- 1 cup sliced carrots
- 1 can (1 lb.) stewed tomatoes
- 1 teaspoon curry powder
- Salt and pepper to taste
- 2 tablespoons chopped parsley

In a Dutch oven or other heavy pan of about 5-quart capacity, combine the peas, water, bacon, onion, and garlic. Cover and simmer gently until the peas are tender, about 1 hour. (You can do this much ahead; then reheat.)

Add the celery, carrots, tomatoes (break up tomato pieces with a fork), and curry powder. Cover and simmer until the vegetables are tender, about 25 minutes. Add salt and pepper, if needed. Stir in parsley before serving. Makes 4 to 6 generous servings.—*N. R., Bremerton, Wash.*

You might add the remains of a ham (with bone, if any) or 1 or 2 ham hocks when you cook the peas. Before serving, cut meat from bones and return meat to soup.

Patty pan squash is coarsely shredded; then it cooks very quickly in frying pan

Creamed Patty Pan

For a company dinner, you could have the squash shredded ahead and combined in the pan with seasoning.

- 2 pounds fresh patty pan squash (about 12 medium-sized)
- 4 tablespoons butter or margarine
- 2 tablespoons water
- ⅛ teaspoon pepper
- ½ teaspoon *each* salt and basil
- 1 small clove garlic, minced or mashed (or ⅛ teaspoon garlic powder)
- 1 cup (8 oz.) sour cream
- 1 tablespoon flour

Trim ends and scrub the squash. Shred squash coarsely using the largest cutting holes of your grater (you should have about 8 cups). Using a 10-inch or larger frying pan (one that has a tight lid) or a Dutch oven, combine the butter, water, pepper, salt, basil, and garlic. Place on highest heat, mix in the squash, cover, and cook until the squash is just tender, about 5 minutes. Take cover off the last minute or two, if necessary, to evaporate most of the liquid.

Meanwhile mix the sour cream with flour until smooth; stir into squash. Bring to a boil, stirring until blended into a smooth sauce. Makes 4 to 6 servings.—*R. R., Tucson.*

Instead of patty pan, you can use zucchini or crookneck squash.

to satisfy a den of cub scouts.

We welcome contributions of your own recipe creations. Mail them to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

A curried soup, Yorkshire beef or chicken salad, tart-sweet lemon bars

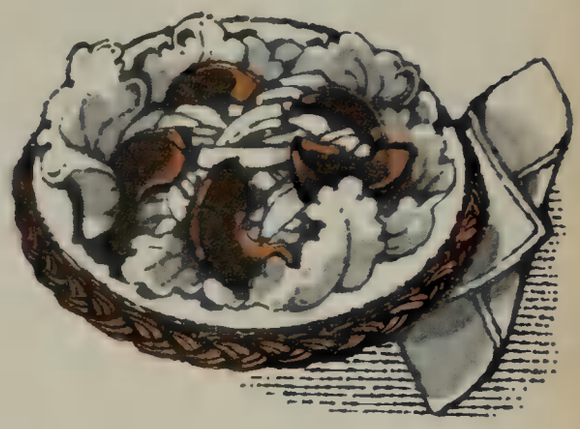
Chicken Salad with Peaches

Use leftover cooked chicken if you have it, or simmer chicken breasts.

- 1 can (1 lb. 13 oz.) sliced peaches
- ¼ cup tarragon wine vinegar
- 1 tablespoon salad oil
- 4 cups diced cooked chicken (see below)
- 1 cup thinly sliced celery
- ¼ cup finely chopped green onion
- 1 cup sliced almonds, lightly toasted
- ⅔ cup mayonnaise
- ½ teaspoon grated lemon peel
- ⅛ teaspoon liquid hot pepper seasoning
- Crisp lettuce leaves

Drain the peaches very well, then turn into a deep, narrow bowl or jar. Spoon over the vinegar and oil; marinate at least 3 hours, or overnight. At serving time combine in a bowl the chicken, celery, onion, and almonds. Combine the mayonnaise with lemon peel, hot pepper seasoning, and the marinade drained off peaches; stir until blended. Stir dressing into the chicken salad. Heap salad onto 4 or 6 plates lined with lettuce. Garnish each salad with peach slices. Serves 4 or 6.—*H. N., San Francisco.*

For the chicken, you can simmer 2 large breasts (about 2 lbs.) in a small amount of water, lightly seasoned with salt and pepper, for 20 minutes, or until tender.



Salad plates suit occasions when you entertain at light luncheon or supper

Ginger Biscuits

Crystallized ginger used generously is what distinguishes these biscuits.

- 2 cups regular all-purpose flour (unsifted)
- 4 teaspoons baking powder
- ½ teaspoon salt
- ¼ cup sugar
- 6 tablespoons shortening or butter
- ½ cup finely chopped crystallized ginger (about 3 oz.)
- 2 eggs
- Milk
- About 1 tablespoon melted butter or cream

Sift together into a bowl the flour, baking powder, salt, and sugar. Cut in the shortening until it resembles small peas. Add the ginger and mix until evenly distributed. In a measuring cup beat eggs lightly, then add milk to make ½ cup liquid. Add liquid to flour mixture and stir with a fork until blended. Shape dough into a ball; on a lightly floured board, knead gently 4 or 5 times. Roll out or pat out to about ½-inch thick.

Cut with a biscuit cutter (1½ or 2 inches). Arrange on a greased baking sheet about 1½ inches apart. Brush tops lightly with the butter or cream. Bake in a 425° oven for about 10 minutes, or until golden brown. Serve hot. Makes 15 large or 30 small biscuits.—*J. H., Menlo Park, Calif.*

Serve the biscuits with strawberries and tea or with salads for lunch or brunch

Lemon Date Bars

Wheat germ in these cookies adds a toasted nutlike flavor.

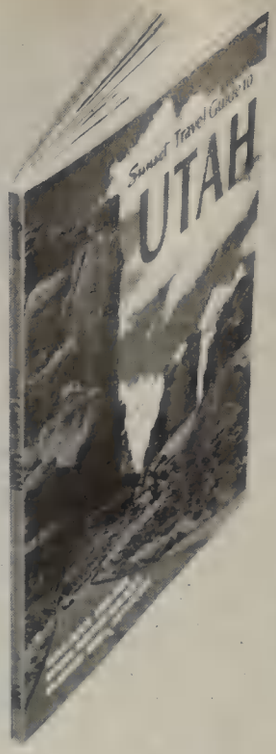
- 3 eggs
- 1 cup granulated sugar
- 2 tablespoons salad oil
- 1 package (8 oz.) pitted dates, chopped
- 1 cup regular all-purpose flour (unsifted)
- ⅓ cup wheat germ
- ½ teaspoon salt
- 2 teaspoons grated lemon peel
- 1 cup powdered sugar (unsifted)
- 2 teaspoons lemon juice
- 1 tablespoon water

In the large bowl of an electric mixer, beat the eggs and sugar together until smoothly blended. Stir in the salad oil and the dates. Mix the flour together with wheat germ, salt, and lemon peel until well blended. Add to the date mixture and stir until mixed well. Turn into a greased baking pan (about 9 by 13 inches) and spread evenly.

Bake in a 325° oven for about 25 minutes, or until golden brown. Set the pan on a wire rack to cool for about 10 minutes. Meanwhile blend the powdered sugar with lemon juice and water; spread over the warm cookies. When the frosting has set, cut cookies into bars or squares. Makes 4 dozen, about 1½ inches square.—*R. M., Roseburg, Ore.*

Fruit-filled cooky bars have thin lemon icing; serve them with milk, coffee, or tea

UTAH



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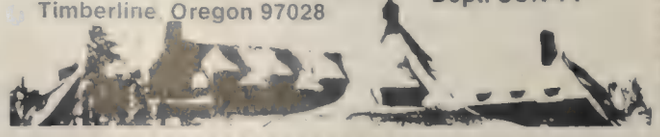

DARROW M. WATT

A perfect match *for May's fresh strawberries: custard and puffy meringue*

Puffs on top of custard

These billowy puffs of meringue are cooked briefly to retain their shape, then chilled along with the custard. Dessert is assembled just before serving.

Custard and Meringue Puffs

- ¾ cup sugar
- 1 cup milk
- 3 eggs, separated
- 1 teaspoon vanilla
- 1½ teaspoons grated lemon peel
- ⅛ teaspoon cream of tartar
- About 2 cups whole strawberries, whole raspberries, or sliced peaches

In top of a double boiler, mix ¼ cup of the sugar with milk; stir over direct heat until simmering. Lightly beat egg yolks in a bowl; gradually blend in hot milk. Return mixture to double boiler; stir constantly over simmering water until the mixture clings to a metal spoon (5 to 8 minutes). Remove from heat, stir in vanilla and lemon peel; cover, and chill.

For meringue puffs, beat egg whites and cream of tartar until foamy; add remaining ½ cup sugar gradually, beating until glossy after each addition.

Bring water to simmering in bottom of double boiler. Using two spoons, take up about 1/12 of the meringue mixture in an irregularly shaped puff; drop into water and rotate it with spoon so all sides are briefly poached (about 5 seconds total); remove and drain briefly. Repeat with remaining mixture; cover and chill.

To assemble, pour about ¼ cup cooled custard into each serving dish, add ½ cup washed berries, and carefully top with 3 meringue puffs. Serves 4.

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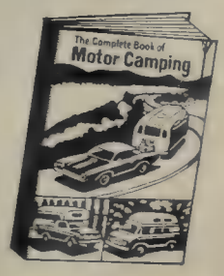

An introduction to fresh green coriander

The flavor of fresh green coriander is becoming popular now, but it is still unfamiliar to many Westerners. For an introduction to its unique flavor and its potential in a cook's hands, see page 116.

When you're learning to cook with coriander, you might try it first in some of the typical dishes in which it is used around the world. Then, after you've acquired a "feel" for the foods and other flavors it's compatible with, you should be able to cook with it more freely.

Many Oriental soups are enhanced by a sprinkling of coarsely chopped coriander leaves. Try it with this won ton soup you can make with prepared pork dumplings. Look for the dumplings or other filled won ton in Oriental grocery stores. They come in packages in the frozen foods section; when available fresh, you buy them by count.

Easy Won Ton Soup. Heat 1 large can (about 48 oz.) chicken broth to boiling. Add about ¼ cup sliced green onion and 1 to 2 dozen filled won ton or 1 package (about 6 oz.) frozen pork dumplings. Simmer, uncovered, until heated through, 3 to 5 minutes. Serve in soup bowls and pass a dish of coarsely chopped coriander leaves (you'll need about ½ cup). Makes 4 to 6 servings.

Chinese cooks often tuck a bunch of coriander inside the cavity of a chicken when they roast it.

Cantonese Roast Chicken. Wash and pat dry 1 roasting chicken (about 5 lbs.). Sprinkle inside cavity lightly with salt and pepper. Remove root ends from 1 bunch fresh coriander; set aside a small handful for garnish. Stuff remaining coriander inside cavity. Combine 1 tablespoon *each* soy sauce, salad oil, and lemon juice; add 1 teaspoon Chinese five spice (or ½ teaspoon each ground cinnamon and ginger). Rub into skin all over chicken.

Roast on a rack in a 350° oven for 1½ to 2 hours, or until drumstick meat feels soft. Baste several times with pan juices. Carefully transfer chicken to serving platter, saving all the juices. Garnish with reserved coriander. Spoon some of the juices over each serving as you carve it. Makes about 6 servings.

Typical of the ways the Chinese use finely chopped coriander in minced meat or shellfish mixtures are these crab appetizers. They are especially easy to do in a Chinese wok.

Chinese Crab Pillows. In a bowl beat together 1 egg white, 1 tablespoon water, and 1 teaspoon cornstarch. Stir in ½ teaspoon salt, 1 teaspoon *each* grated fresh ginger and Sherry, and 2 tablespoons finely minced fresh coriander. Finely chop ½ pound crab meat and stir into egg mixture. Remove crusts from 8 slices firm white bread and cut each into 4 squares. Mound about 2 teaspoons of crab mixture on each square, pressing it firmly to bread and rounding corners so none of the crab mixture extends over edges of bread.

In a wok or other pan, heat 1 to 2 inches salad oil to about 350° on a deep fat frying thermometer. Slide each bread square, with the crab side down, into hot fat. As soon as the edges begin to brown, in 20 to 30 seconds, turn over with 2 forks and fry about 10 seconds longer; remove and drain. You can handle 3 or 4 at a time in the oil. Serve immediately, garnishing each with a tiny leaf of fresh coriander. Makes 32.

In Latin American countries, fresh coriander is used to flavor grilled meats. This condiment sauce from Colombia can be used in a variety of ways: as a marinade, a basting sauce, and as a sauce to spoon over meats after they are grilled. It is especially good with pork, lamb, chicken, or sausage.

Try it as a marinade and basting sauce for pork or lamb kebabs. Or use it as a baste and condiment for mixed grills, which might include lamb and pork chops, chicken legs or thighs, beef skirt steak strips or flank steak, and garlic or Italian sausages. Use part of the sauce to baste meats as they grill, then serve what remains in a bowl to spoon over cooked meats.

Colombian Aji Sauce. Stir together with a fork ½ cup salad oil; 1½ tablespoons fresh lemon juice; 1 teaspoon white wine vinegar; ½ teaspoon salt; ¼ teaspoon (or more) crushed, seeded, small, dried hot chile peppers; ¼ teaspoon pepper; 2 green onions, thinly sliced; and ⅓ cup finely chopped fresh coriander. Makes enough for 4 servings of meat.

Mexicans serve bowls of hot chile con carne topped with avocado slices and lots of fresh coriander leaves.

Chile with Coriander. Sprinkle 1 teaspoon salt in a 10-inch frying pan; put in 1 pound lean ground beef and 1 medium-sized onion, chopped; cook, stirring until browned, about 5 minutes. Stir in 1 can (14 oz.) pear shaped tomatoes, 1 large can (1 lb. 11 oz.) red kidney beans, 1½ teaspoons chile powder, 1 teaspoon oregano, and ½ teaspoon ground cumin. Simmer, uncovered, stirring occasionally for about 15 minutes. Garnish each serving with several slices of avocado, and pass a dish of coarsely chopped coriander (you'll need about ¼ cup). Makes about 4 servings.

Portuguese cooks like to use fresh coriander with eggs and sausage, such as in this omelet.

Omelet with Linguisa. Crumble Portuguese sausage (linguisa) into a frying pan and cook, stirring until well browned. Prepare 2-egg omelets in your usual way (or see recipe on page 190). Before folding over the omelet, spoon about 1 tablespoon of the cooked sausage and about 1 tablespoon coarsely chopped coriander down the center. Turn out and serve. You'll need about 6 ounces linguisa and ⅓ cup coarsely chopped coriander for 4 omelets.

This stew from Morocco is deliciously seasoned with dried apricots, lemon, honey, sweet spices, and coriander. Serve it with French bread.

Moroccan Lamb Stew

- 3 tablespoons *each* olive oil and butter
- 2 medium-sized onions, thinly sliced
- 1¼ teaspoons salt
- 2 teaspoons ground ginger
- ¼ teaspoon pepper
- 3 sticks whole cinnamon
- 3½ pounds boneless lamb leg, cut in 1½-inch cubes (about 1 small leg)
- 1 cup moist dried apricots
- About 1 bunch fresh coriander
- 2 tablespoons honey
- 1½ tablespoons lemon juice
- ¼ cup sesame seed, toasted

In a heavy Dutch oven, heat the olive oil and butter. Add onions, salt, ginger, pepper, and cinnamon; cook, stirring about 3 minutes. Add the meat and mix to coat with the onion mixture. Cover and simmer gently until the meat is tender, about 1½ hours. Turn the meat occasionally and add a little water if needed to prevent sticking. Stir in the apricots. Trim coriander and tie about 6 of the plants together with cord. Pu

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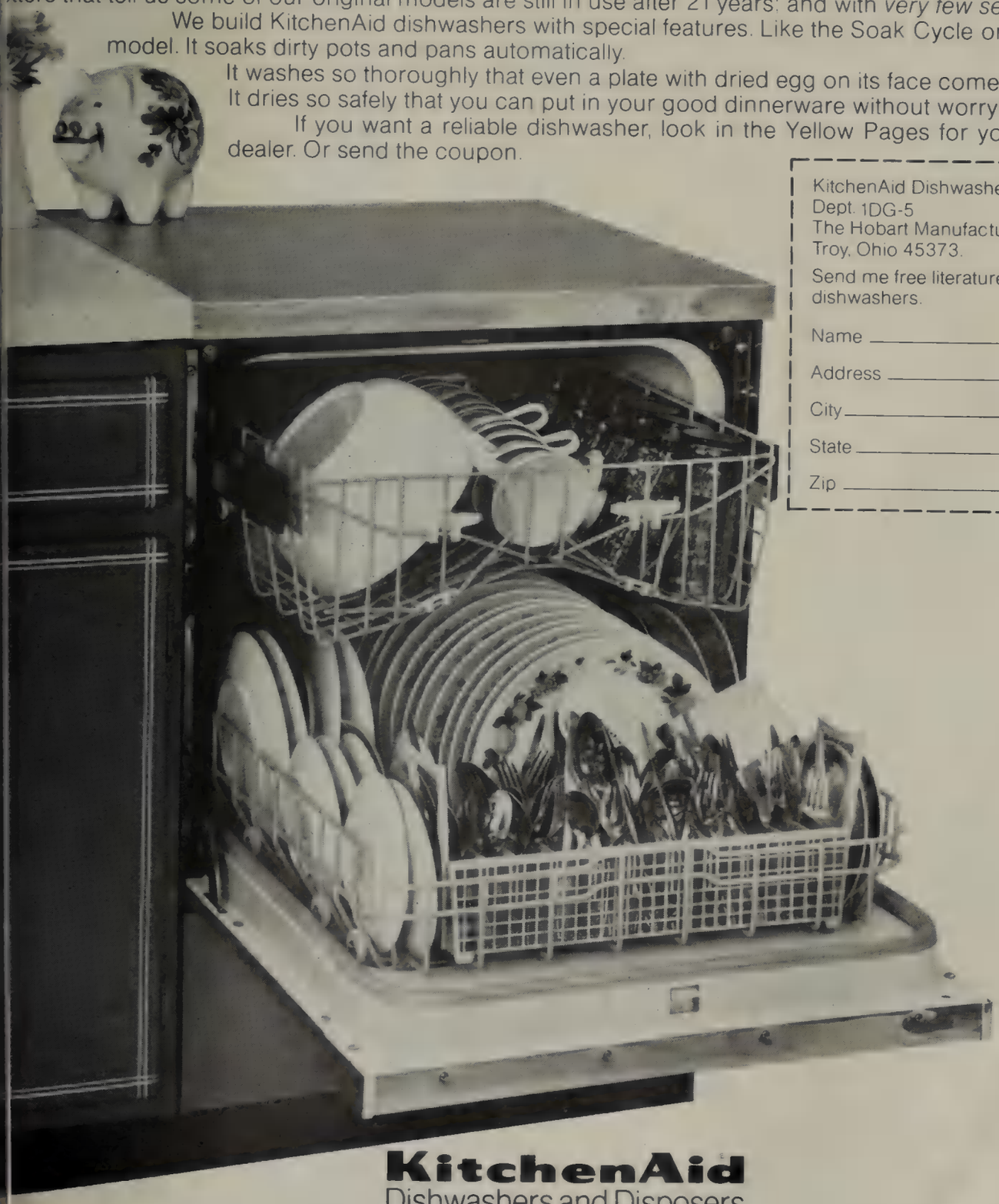

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on top of meat; cover and cook until ›ricots are tender, about 5 minutes.

›move from heat and discard corian- r. With a slotted spoon remove meat d apricots to a serving plate and keep ırm. Stir honey into pan juices and il if needed to reduce and thicken the ces. Stir in lemon juice and pour over › meat. Coarsely chop remaining cori- der and pass coriander and sesame ›d at the table to sprinkle on top. ıkes about 6 servings.

riander is a favorite seasoning in In- .. Most curries call for the whole seed ground spice, then the dish may be ved with a fresh coriander-seasoned ıtney. This recipe for curry is from south of India; it may be made with ıer beef, lamb, or pork. Serve it with coriander and cucumber chutney l plain yogurt, if you wish. Or serve chutney with other curry dishes.

ıth India Curry

- 4 tablespoons salad oil
- 1 tablespoon mustard seed
- 1 large onion, chopped
- 2 cloves garlic, minced or mashed
- 1 carrot, shredded
- 1 or 2 small, dried hot chile peppers, seeded and crushed (optional)
- 1 teaspoon cumin seed
- 5 teaspoons curry powder (or more to your taste)
- 2 teaspoons chile powder
- 1 teaspoon summer savory or parsley flakes
- ¼ teaspoon pepper
- 1 tablespoon vinegar
- 1 can (10½ oz.) condensed beef broth
- ¼ cups water
- 2 pounds boneless lean beef chuck, leg or shoulder of lamb, or pork (cut in 1-inch cubes)
- 1 tablespoon lime juice
- About 3 cups hot cooked rice
- Coriander and cucumber chutney (recipe follows)
- About 1 cup plain yogurt (optional)

1 tablespoon of the oil and the mus- seed into a Dutch oven. Cover and e over medium heat, shaking pan n until all the seeds have popped popcorn). Remove seeds with a ›n and set aside. Add remaining 3 ›spoons oil to the pan and put in ›n, garlic, carrot, chile peppers, and in; stir over medium heat until on- are golden. Add the curry powder, › powder, savory, pepper, vinegar, fried mustard seed. Combine beef h and water and stir ½ cup of the d into onion mixture. Simmer for 4 minutes.

in the meat and remaining broth, r, and simmer slowly for 1½ hours. ı uncover and simmer until meat is ›r; raise heat if needed to reduce thicken the juices. Stir in lime juice serve to spoon over rice. Offer the ney and plain yogurt, if you wish. es 4 to 6 servings.

ander and Cucumber Chutney. ›ely pack fresh coriander leaves and stems into a 1-cup measure. Put into blender container with ½ green pepper, seeded, 2 cloves garlic, ¼ teaspoon *each* ground cumin and sugar, a dash pepper, and 1 tablespoon lemon juice. Whirl until smooth, stopping motor and pushing leaves into blades as needed. Peel 1 large cucumber, remove large seeds from center, then finely chop. Stir in coriander mixture. Cover and chill at least 1 hour to blend flavors. Makes about 1 cup.

Around the world fresh coriander is used to flavor fish and shellfish dishes. The Chinese use it when steaming fish. Mexicans like it with shrimp, and the Portuguese with clams. It's an excellent seasoning for our Dungeness crab.

Steamed Crab with Coriander. Have 1 large or 2 small Dungeness crabs (3 to 4 lbs. total) cleaned and cracked. In a 5 or 6-quart kettle, heat 6 tablespoons butter over medium heat. Add 1 green onion with part of the green top, minced; 2 cloves garlic, minced or mashed; a dash hot liquid pepper seasoning; ¼ teaspoon *each* ground ginger and dry mustard; and ⅓ cup dry white wine or dry Vermouth. Heat together until bubbling.

Add the crab and turn to coat with seasonings. Cover and cook over low heat just until heated through, about 15 minutes. Remove to 2 serving plates; ladle the sauce into individual dishes. Pass a bowl of freshly chopped coriander and a pepper grinder. To eat, pick crab meat and season to taste with sauce, pepper, and coriander. Makes 2 or 3 servings.

Homemade mayonnaise seasoned with coriander makes a sauce you can serve with poached or grilled fish, such as salmon, halibut, or turbot, or with cold cracked crab.

Coriander Mayonnaise. Finely mince enough coriander leaves and stems to make ¼ cup; put 1 tablespoon into blender container; reserve the rest. Add to blender ½ teaspoon salt, 1½ tablespoons lime juice, and 2 eggs. Whirl until frothy; with blender running add 1 cup salad oil in a slow steady stream. When thick, spoon into a bowl and stir in remaining minced coriander. Chill. Makes about 1 cup.

Of all the fresh vegetables, corn benefits most from coriander's flavor. A simple and direct way to discover this is to spread coriander butter on hot corn on the cob. Or let the same butter mixture melt into servings of hot spoonbread or corn sticks.

Coriander Butter. Allow ½ cup (¼ lb.) butter to come to room temperature. Stir in ¼ cup finely minced fresh coriander. Fill a little crock or small bowl and pass to serve with corn.

. . .With fresh, green, tender asparagus

Few vegetables can upstage fresh asparagus.

Even when asparagus plays a supporting role as it does in our recipes for game hens and for sweetbreads, its dramatic appearance makes the dishes into elegant dinner entrées; in both, a creamy sauce unites the meat and asparagus. The stately spears, served with butter-sautéed eggs, also make for a distinguished brunch or first course.

Each of these Continental dishes calls for fresh asparagus, perfectly cooked so the spears are just tender and retain all their bright color. Here's how we do it:

Break off the white fibrous ends as far down as they snap easily, and discard. Remove the scales, if you wish, and wash well. Immerse the spears in 1½ inches of rapidly boiling salted water in a frying pan. Cook until just tender when pierced, 5 to 7 minutes. Drain well. Serve as directed in each recipe.

Game Hens and Asparagus, Parisian Style

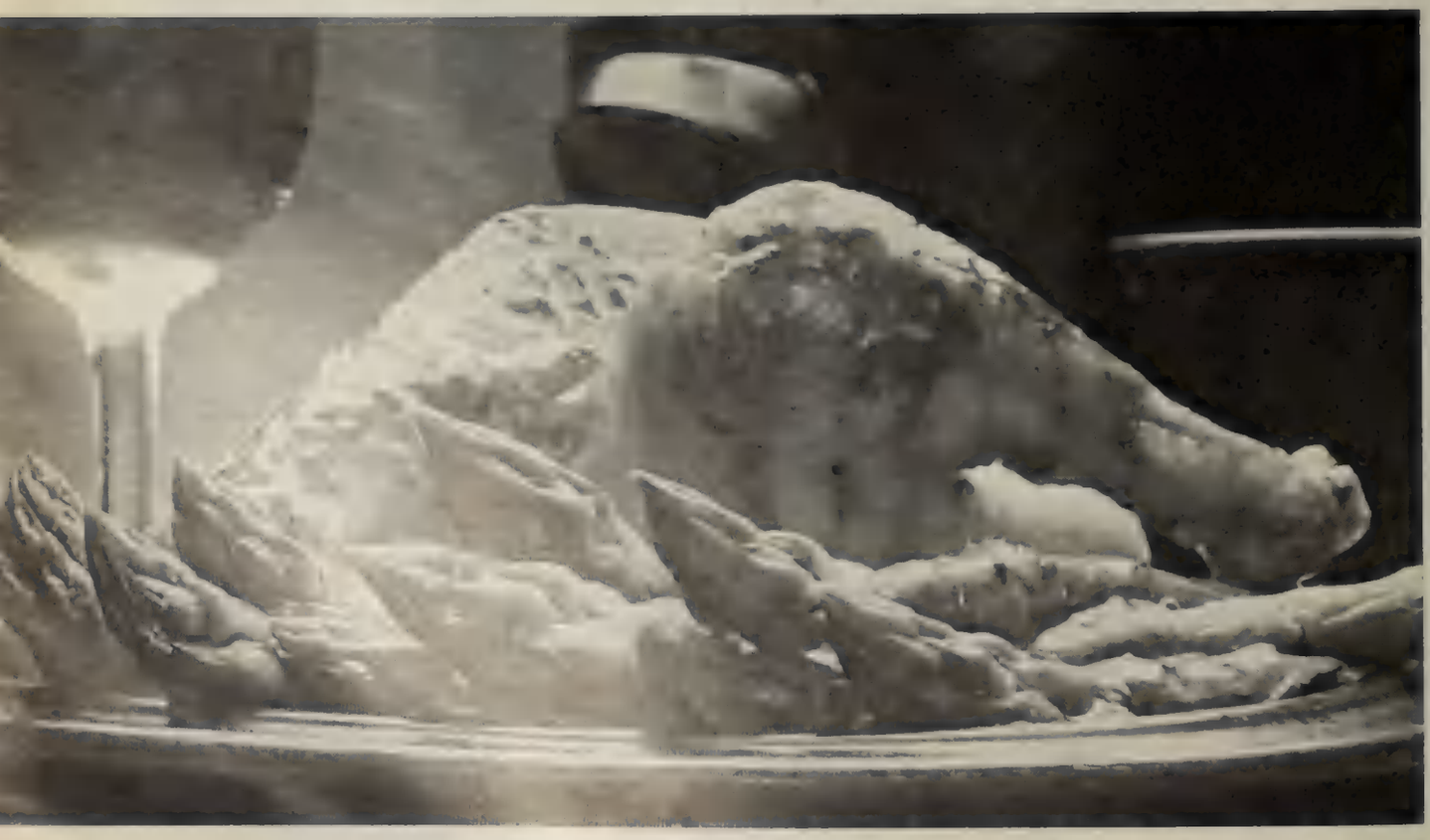
- 2 Rock Cornish game hens (about 1 lb. 8 oz. *each*), thawed
- Salt and pepper
- 1 teaspoon tarragon, crumbled
- Parsley sprigs
- ½ cup *each* whipping cream and cream Sherry
- 1 pound asparagus, cooked
- 1 teaspoon lemon juice

Remove neck and giblets from game hens and reserve for other uses. Rinse hens well; pat dry. Sprinkle body cavity of each hen with salt, pepper, and ½ teaspoon of the tarragon; tuck in several sprigs of parsley. Skewer cavities closed. Place hens on rack in roasting pan, breasts up; brush with cream and Sherry.

Roast in a 350° oven for about 1 hour, or until leg jiggles readily, basting generously every 15 minutes with remaining cream and Sherry. Using two forks to support hens, tip and drain cavity juices into roasting pan; put hens on warm individual plates and keep warm.

Meanwhile cook asparagus as directed and arrange on plates with hens. Place

To cook *asparagus, lay spears flat in a pan of boiling, salted water*



Tender asparagus *and oven roasted game hen share a subtly seasoned tarragon wine sauce. Accompany with a rice casserole, if you wish*

Golden brown *sweetbreads and asparagus spears distinctively sauced with pâté cream. Fresh lemon gives zest*

roasting pan over direct heat; add lemon juice. Bring to a boil and cook, stirring, until sauce is slightly thickened. Add salt and pepper if needed; spoon over hens and asparagus. Serves 2.

Sweetbreads and Asparagus with Pâté Cream

- 2 pounds veal sweetbreads (thaw if frozen)
- Water
- 1 tablespoon *each* lemon juice and salt
- Salt and pepper
- Flour
- 3 tablespoons butter
- 2 pounds asparagus, cooked
- 3 tablespoons dry Vermouth
- 1 teaspoon Dijon-style mustard
- ⅔ cup whipping cream
- 1 can (2¾ oz.) liver pâté
- Freshly grated nutmeg
- Lemon wedges

Soak sweetbreads in cold water for 1 hour; drain. In a saucepan bring 1 quart water to boiling; add lemon juice, the 1 tablespoon salt, and the sweetbreads. Cover and simmer 20 minutes; drain.

Remove membrane and tubes from sweetbreads; separate into small clusters and pat dry. Sprinkle lightly with salt and pepper and dust with flour, shaking off excess. In a frying pan, heat butter over medium heat; add sweetbreads and sauté until golden brown on all sides, about 7 minutes. Transfer sweetbreads to a warm serving dish; keep warm.

Cook asparagus as directed; arrange on serving dish with sweetbreads.

Add Vermouth, mustard, and cream to frying pan used for sweetbreads and stir to incorporate pan drippings. Cook over medium high heat until cream is slightly reduced and thickened. Remove from heat and add pâté, cut in chunks; stir until smooth. Return to very low heat and warm through; taste and add salt if needed. Spoon sauce over sweetbreads and asparagus; sprinkle with nutmeg. Pass lemon. Makes 4 to 6 servings.

Milanese Asparagus with Eggs

- 3 pounds asparagus, cooked
- 6 tablespoons butter or margarine
- 6 eggs
- Salt and pepper to taste
- ½ cup shredded Parmesan cheese

Cook asparagus as directed. Meanwhile, heat butter in a frying pan over medium low heat; break eggs into pan, cover, and cook just until whites are set (yolks should still be quite runny). Arrange asparagus in 6 warm serving dishes; lightly sprinkle with salt and pepper. Top each serving with an egg, spoon on butter from the pan, and sprinkle with cheese. Makes 6 servings.

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Butter-sautéed egg *is perched on hot, cooked asparagus; garnish with a sprinkling of freshly shredded Parmesan cheese*

DARROW M. WATT
Sunlit terrace *makes an inviting setting for Maytime brunch; start with a fruit ice*

MAY MENUS

Brunch goes together in minutes; lunch or supper is portable; the dinner entrée cooks all day

Menus for May reflect the lightness and freshness of the season with an emphasis on advance preparations so that life is easier for the cook.

The first course of the brunch can be frozen days before serving. The luncheon salad combines foods prepared early in the day. And the dinner offers a salad that can wait and an entrée of baked meat and potatoes that requires little tending.

May brunch

A cooling grapefruit ice is the preamble to this spring-fresh weekend family or party brunch. Serve it outside if you are so inclined.

Pink Grapefruit Ice
Braised Smoked Pork Chops
Asparagus Spears Eggs in Shells
Croissants or Brioche

Make the ice as much as a week or two in advance and serve plain or adorned with fresh pink or white grapefruit segments; or for a refreshing punch, scoop the ice into tall glasses of freshly squeezed grapefruit juice.

As the pork chops are browning there's time to soft-cook eggs in their shells (or start earlier and hard-cook them) and cook plump asparagus spears. Allow 1 or 2 eggs and 6 to 8 asparagus spears for each serving. Warm the croissants or brioche, frozen or from a bakery, in the oven.

Pink Grapefruit Ice

Grate 1 tablespoon pink grapefruit peel (use only the yellow, avoiding the white part of the skin) and mix with 1½ cups sugar and 1 cup water. Cover and chill at least 4 hours or overnight. Stir to blend and pour through a fine wire strainer; discard peel. Add to syrup 2 cups freshly squeezed pink grapefruit juice. Tint it pale pink, if desired, with a few drops of red food coloring. Pour mixture into a shallow metal pan; freeze at 0° or colder until solid.

Remove from freezer and let stand until you can break ice into chunks with a wooden spoon; pour into a large mixing bowl and continue to mash with spoon until pieces are quite small. Beat slowly

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with mixer, then gradually turn speed to high and beat until ice is slushy, thick, and smooth like heavy cake batter. Wrap and freeze. To serve, let soften at room temperature for about 5 minutes, then scoop into individual bowls. Makes about 3 cups or 6 servings.

Braised Smoked Pork Chops

In a large frying pan, arrange side by side 4 to 6 smoked loin pork chops, each cut about ¾-inch thick. Add 3 tablespoons water; bring to simmer and cook over moderately low heat, covered, until liquid is evaporated. Turn chops and add another 3 tablespoons water and cook, covered, until it is evaporated.

Add 2 more tablespoons water and stir free any browned particles, then cook, uncovered, until chops are lightly browned on one side. Turn chops and add another 2 tablespoons water, stirring free browned particles; cook, uncovered, until remaining sides are brown (about 20 minutes). Serves 4 to 6.

Salad lunch or supper

This handsome salad is a whole meal on a platter and can be easily carried to any choice site for dining. The ingredients are prepared ahead and last-minute assembly is quick.

Crab, the main flavor, is generously supplemented by economical Greenland turbot (a white flesh fish available in frozen fillets, sometimes incorrectly called halibut), which is surprisingly similar in taste and texture to the crab.

Crab and Fish Salad Platter
Toasted English Muffins
Whole Strawberries Powdered Sugar

Early in the day, poach the Greenland turbot so that it will have ample time to chill; also cook the broccoli and eggs for the salad, make the dressing, and wash and crisp the lettuce. Then at serving time, arrange the salad and serve with split, toasted, and buttered English muffins. Follow with whole strawberries to dip in powdered sugar; allow ½ to ¾ cup berries for each person. If you would like to include wine, try a dry white one such as Pinot Blanc or Pinot Chardonnay.

Crab and Fish Salad Platter

About 1 pound thawed Greenland turbot fillets
Water
2 lemon slices
1 pound broccoli
1 large head butter lettuce
½ pound crabmeat
1 jar (6 oz.) marinated artichokes
2 or 3 hard-cooked eggs, shelled and quartered
Platter salad dressing (recipe follows)
Cherry tomatoes or cucumber slices for garnish (optional)
Salt and pepper

Place turbot flat in a frying pan and add ½ cup water and lemon slice. Bring to a boil, cover, and simmer gently for about 10 minutes or until fish flakes readily when prodded in thickest portion. Chill fish, covered, in stock.

Trim tough ends from broccoli and split stems up through flowers so stems are no thicker than ½ inch. Drop into boiling salted water to cover; quickly return to boil and cook, uncovered, for about 3 minutes or until stems just pierce readily. Drain at once and immerse broccoli in ice water to cool quickly. When cold, drain well, cover, and chill until serving time.

Reserve some of the large outer leaves of the lettuce and arrange around the edge of a platter or tray. Shred the remaining lettuce and mound on one side of the tray. Arrange broccoli spears in the remaining space.

Break the chilled turbot into flakes (comparable in size to pieces of crabmeat) and place on shredded lettuce then top with crab.

Cluster the artichokes in a corner of the tray, and arrange the eggs in another. Pour part of the dressing over the fish; place remainder in a bowl to pass and add as desired. Garnish with cherry tomatoes or cucumber slices. Season with salt and pepper to taste. Makes 4 to 6 servings.

Platter salad dressing. Blend ¾ cup sour cream with ⅓ cup *each* mayonnaise and tomato-based chile sauce, and 3 tablespoons minced green onions (including some of the tops).

Slow-cooked dinner

The large fresh beef brisket featured in this menu for family or friends bakes slowly most of the day, but requires only basting at the last stage of cooking. The resulting meat is succulent and moist, and good hot, cold, or reheated; the juices make a savory lean sauce that enhances both the meat and potatoes that bake in the same oven. You might plan another meal around leftovers.

Raw Mushroom Salad with Cheddar Cheese
Buttered Whole Wheat Toast Triangles
Baked Brisket with Pan Sauce
Baked Potatoes
Italian Green Beans
Chocolate Eclairs Frozen Raspberries

If the meal is for guests, you might offer the salad as a first course; for the family, offer it with the meat, or simply eliminate it.

Scrub 1 medium-sized (about 4 oz. *each*) potato for each person and bake with the brisket during the last 2½ hours in the 300° oven.

Italian green beans begin to appear in markets in May, and if available, cook fresh ones; otherwise serve frozen Italian green beans. For dessert to

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aw Mushroom Salad with heddar Cheese

- ¾ pound mushrooms
- 1 small mild onion (red, if available)
- 4 tablespoons *each* wine vinegar and olive oil or salad oil
- 1 tablespoon minced parsley
- ½ teaspoon *each* basil, dry mustard, and sugar
- About ¼ pound sharp Cheddar cheese
- 6 to 8 medium-sized romaine lettuce leaves
- Buttered whole wheat toast triangles (optional)

im stem ends from mushrooms and ce thinly through caps. Also thinly ce onion and separate rings. Combine ıegar, oil, parsley, basil, mustard, and gar and mix gently with mushrooms d onions. Cover and chill at least 30 nutes or as long as 4 to 5 hours be- re serving.

ce cheese as thinly as possible. To ıke each salad, place a romaine leaf a salad plate (or group all on a flat ving dish) and mound ⅙ to ⅛ of mushroom mixture on one end and to ⅛ of the cheese slices on the ıer end. Serve accompanied by toast angles. Makes 6 to 8 servings.

ked Brisket with Pan Sauce

- 6 to 7-pound piece well trimmed fresh beef brisket
- ⅓ cup *each* lemon juice (freshly squeezed) and firmly packed brown sugar
- ½ cup catsup
- 1 tablespoon Dijon-style or brown mustard
- 3 tablespoons Worcestershire
- 1 teaspoon salt
- 2 tablespoons *each* cornstarch and water

y meat flat in a baking pan; the rim ›uld be higher than the surface of meat. Blend lemon juice, sugar, cat- ›, mustard, Worcestershire, and salt l pour over meat. Cover pan and bake a 300° oven for 6 hours. If you cover ı with foil, make a cap of it so meat l not touch foil; as the meat cooks it inks in length but gets thicker in the ddle. (The acid in the sauce will cause l to corrode.)

er 6 hours remove cover and bake ›ther 1 to 1½ hours, basting fre- ently with juices, until meat pierces dily. Transfer meat to a carving board l keep warm. Carefully skim off and card as much fat as possible from pan ces. Bring juices to boiling; blend nstarch and water to a smooth paste l gradually stir into boiling sauce un- it is of desired consistency (amount uired depends upon quantity of pan es developed during baking). Slice sket thinly; spoon sauce over indi- ual portions. Reheat leftovers, thinly ed, in any remaining pan sauce, or ve cold. Makes 10 to 12 servings.

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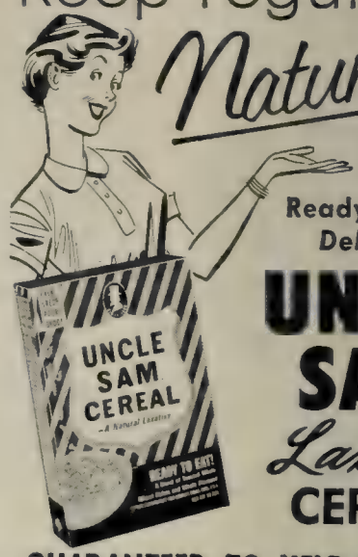

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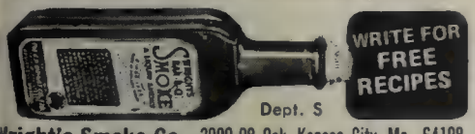

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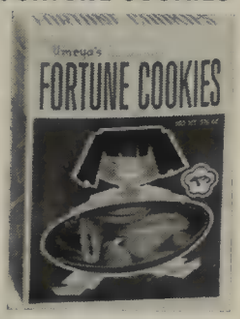

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Lamb ideas for dinner tonight

Often considered humble cuts of meat, lamb shanks and blocks can make proud entrées for a dinner party. If simmered ahead, they reheat easily and hold well for a later serving.

If you complete these in advance, cool and chill. Reheat, covered, in a 350° oven for 40 minutes, or until hot.

Lamb Shanks with Grapes

- 1 medium-sized onion, finely chopped
- 2 tablespoons butter or margarine
- 4 lamb shanks, bones cracked (3 lbs.)
- 2 cloves garlic, minced or mashed
- 1 teaspoon salt
- ¼ teaspoon pepper
- 1 cup canned chicken broth (regular strength)
- ½ cup dry white wine
- 3 cups cooked white rice
- 2 tablespoons *each* cornstarch and water
- ⅓ cup sour cream
- ¼ pound mushrooms, sliced
- 1 can (8 oz.) seedless grapes, drained

Using a heavy Dutch oven, sauté onions in 1 tablespoon of the butter over medium high heat until golden; remove from pan with a slotted spoon. Add lamb shanks and brown on all sides in their own fat. Add garlic, salt, pepper, broth, wine, and the sautéed onions. Cover and simmer 2 hours, or until tender.

Spoon rice into a dish and arrange shanks on top; keep warm. Bring juices to a boil and stir in a paste of the cornstarch and water, blended smooth; stirring, cook until thickened. Turn heat to low and stir in sour cream, blending until smooth. In a separate pan, sauté mushrooms in remaining 1 tablespoon butter, just until glazed; add to sauce along with grapes. Heat and spoon half the sauce over shanks; pass remainder. Makes 4 servings.—*L. H., Los Angeles.*

Lamb Blocks with Eggplant

- 1 medium-sized onion, finely chopped
- 1 green pepper, seeded and finely chopped
- 2 tablespoons butter or margarine
- 4 lamb blocks (about 3 lbs.)
- 1 cup (part of a can) condensed beef broth
- ¾ cup dry vermouth or dry white wine
- 2 tablespoons canned tomato paste
- ¼ teaspoon *each* oregano and basil
- ½ teaspoon salt
- 1 medium-sized eggplant
- 2 tablespoons *each* cornstarch and water
- ¼ pound mushrooms
- Chopped parsley for garnish

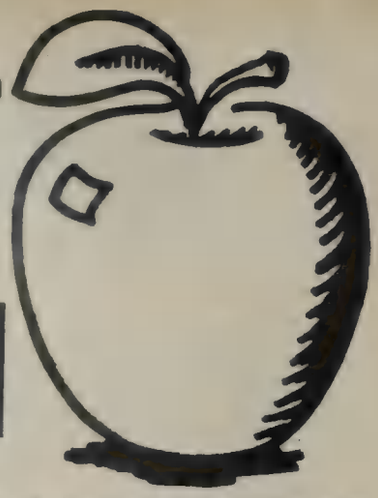
Using a large Dutch oven, sauté onion and pepper in 1 tablespoon of the butter; remove from pan with a slotted spoon and set aside. Add lamb blocks and brown well. Pour in broth and wine and add tomato paste, oregano, basil, and salt. Peel eggplant and slice in lengthwise wedges, making each strip about 1 inch wide at the outer edge.

Tuck eggplant around meat and add onion mixture; cover and simmer 1½ hours, or until tender. Transfer meat and eggplant to a platter, and keep warm. Skim fat, bring meat juices to a boil, and stir in a paste of cornstarch and water; stirring, cook until thickened. Slice mushrooms and sauté in the remaining 1 tablespoon butter; add to the pan juices and spoon over the lamb and eggplant. Sprinkle with parsley. Makes 4 servings.—*Z. K., El Cerrito, Calif.*

NORMAN A. PLATE

Lamb shanks *with grapes and sliced mushrooms nestle in a bed of hot rice*

The DDT-less apple. Yours for 9¢.



Announcing the ECOLOGICAL FOOD SOCIETY. A rigorously independent source of organically raised foods, vitamins, cosmetics and household products. All delivered direct to your door. All certified to contain *no added pesticides, preservatives or chemical additives of any kind.* You may apply for membership by mailing the coupon below. *Membership does not obligate you to buy anything.*

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That of 20 top brands of fish sticks, 51% sted out as bacteriologically contaminated.

That the paraffin-wax coating applied (for visual appeal") to 70% of all fruits, vegeibles and produce sold in this country is a otential cancer producer, which cannot be ashed off or cooked out.

That to fatten profits, 80% of the entire merican beef supply is now being "primed" ith a dangerous growth hormone called *stilestrol,* also a potential cancer producer.

That even drinking water is now so conminated that, according to the Wall Street ournal, *bottled water is one of the fastest owing businesses in the United States!*

"Organic foods"—what are they? (And how can they help?)

)rganic" doesn't describe the food—*but how it is been grown and prepared.* Quite simply—ganic food has NOT been sprayed, stimulated, eached, colored, fortified, emulsified and procsed to within an inch of its life (and yours). me people call it "Health Food." Others say Natural Food." We say only this: Remember w good food used to taste? And how good it as *for* you? That's what organic food, and The COLOGICAL FOOD SOCIETY, is all about.

Towards a "total organic environment"

ore than just a supermarket by mail (or a colction of wild-eyed food "faddists.") EFS was spired by the findings of doctors, biologists, eticians and ecologists who were alarmed at e contamination of our food supply and the celerating destruction of our environment.

Through the support of members like yourself, e EFS is encouraging farmers, cattlemen, and anufacturers all over the country to STOP polting our food, our air, *our lives.* Encouraging em in the onl; way practical—*by making it orth their while.* A farmer won't stop spraying isons on his crop because you hand him a copy "Silent Spring"—*but because you promise to y that unsprayed crop.*

Similarly, bakers will stop emasculating their ead; poultrymen will stop force-feeding their ns with arsenic to make them lay faster; foodocessors will stop flooding us with phosphateden detergents and non-bio-degradable containsonly when they can be sure of selling their ologically sound products at a fair market price.

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What is a "fair market price"?

Does it mean organic foods must cost more? Of course it does! (And don't believe anyone who tells you otherwise.) But they need not cost very much more, *when you order through the nationwide resources of The EFS.*

That is because EFS prices are based on *yearly* averages. From coast to coast, our manufacturers, livestock raisers and farmers promise to abide by our strict organic principles. (And we check to make sure!) In return, EFS promises to accept and distribute their organic output—every day, every month, every season. So that the price-level of organic foods need never be more than a few pennies above that of "contaminated" products.

And even these low prices can be lowered—as, month by month, we bring more and more of the earth and its products under organic cultivation. (Our goal: the United States in seven years, most of the world in ten.)

How the Society works for you

Members may order as much as they wish from the Society. Or just a few things, like a special honey, "natural" vitamins, chemical-free cider, etc. *But no member is ever obligated to buy anything.*

Free with your membership

You will receive regular *date-limited* mailings of the ECOLOGICAL OPTION LIST OF ORGANIC PRODUCTS. Each is from 4 to 11 pages filled with factual reports and large photographs of more than a dozen *carefully checked* ecological products—which you are entitled to order through Society auspices at once. *Please save these LISTS.* Building to nearly 100 pages a year they will grow into the only such Comprehensive Catalog of Organic Products in existence—a unique *photographically illustrated* market-place (for members only) of organically grown fruits, vegetables, meats, fish, fowl, eggs, cheeses, dried fruits, honey, nuts, breads, juices, cookies, cakes, candy, grains, cereals, flours, vitamins—all the foods you normally buy for yourself and your family. The Society will deliver them to your door. Or, as with certain perishables and non-shippables, advise you where and how to obtain them if available in your locality.

More than just foods

Your ECOLOGICAL OPTION LISTS will help you achieve a "total organic environment" by also offering "natural" cleaners—without harmful chemicals and phosphates. Biodegradable paper-towels, containers, waxes and polishes—that perform without polluting. Beautifying cosmetics—that literally nourish your skin. Also: non-poisonous insect repellents, non-deprivational light-bulbs, home tap-water purifiers (so you won't have to buy bottled water), organic toothpaste and baby products, appliances such as blenders, juice extractors, yogurt makers, seed sprouters, and much more.

Also free

The EFS Newsletter ($3.50 a year to the public) and the Society's profusely illustrated 90-page *Guide to Organic Living* ($1 to the public). Both will keep you alert to what is happening in—and to—your environment. And what you can do about it *now.*

Their frank reports name names, tell you which companies are culprits, what commercial foods are (barely) tolerable if no organic substitute is available—*with a complete breakdown by brand name.* Plus what supermarket items to buy—and beware of. What so-called "popular" foods *really* contain (in plain, frightening English). And how to neutralize them, if possible.

You'll also learn how to read between the lines of pending legislation . . . and phoney product labels. How to put the latest facts about diets, drugs, pollution and population to work in *your* neighborhood—for *your* family.

Don't just hope things get better —help us make them better.

Ask yourself these disquieting questions. Who really cares (and in whose *interest* is it to care) about the quality of your environment? And the safety of your family's diet? What has the government done? What has private industry done? There is, in the last analysis, only you. And the thousands like you who are aware—and concerned—enough to get behind EFS now. *While there is still time.* Please mail the application on this page today. Putting it off for tomorrow could mean there might be no tomorrow.

FREE if you act promptly

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The ECOLOGICAL FOOD SOCIETY
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Just living out of cans, and managing to live very well

"I'm just living out of cans," a young bachelor told us recently with a rather deprived look.

But why not? There are ways and ways, and the *Chefs*, as usual, find the combinations that make canned goods sing.

Canning was invented before anyone really understood why it worked. Nicholas Appert was the first to preserve food by the canning process in France in 1795; the first English patent on this process was awarded in 1810; and Thomas Kensett, an American, built the first tin can in 1823.

But Pasteur didn't discover the principles involved until decades later.

Now, almost two hundred years after the fact, candidate Donald McClarren and *Chef* Jules Greenberg have invented a couple of easy ways to make that stuff impounded in tin so long taste like something when you bring it back out.

Mr. McClarren steps to the podium first to give us his version of Corn Medley Acapulco. He suggests it as an adjunct to tacos or enchiladas, but it would do equally well with some steak from the barbecue.

Corn Medley Acapulco

- 2 tablespoons salad oil
- 1 medium-sized onion, finely chopped
- 1 green pepper, seeded and diced
- 1 can (4 oz.) pimientos, drained and chopped
- 1 canned California green chile, seeded and chopped
- 1 can (1 lb.) whole tomatoes, drained and chopped
- 1 cup canned red kidney beans
- 1 can (about 1 lb.) whole kernel corn
- ¼ teaspoon liquid hot pepper seasoning (optional)
- ½ teaspoon pepper
- 1 teaspoon paprika
- ½ teaspoon chile powder
- Salt to taste

Heat oil in a 3-quart saucepan. Add onion and green pepper; cook, stirring

Chefs of the West

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until soft. Add the pimiento, green chile, and tomatoes. Drain ¼ cup liquid each from beans and corn and reserve; discard remaining liquid. Add beans, corn, and liquid to saucepan. Stir in hot pepper seasoning, if used; pepper; paprika; chile powder; and salt to taste. Simmer a few minutes to mingle flavors. Makes about 4 servings.

Donald L. McClarren

Mill Valley, Calif.

South of the border the humble tin can serves as more than a food container; it's often reworked into such objects as masks and candelabra. *Chef* Jules Greenberg sticks to the contents only, with something he calls a Mexican Surprise.

"Serves as more than a food container"

When you try this, keep the fritters small and serve them hot. The color is neutral and not really appealing, so serve the dish with a crisp salad full of a concert of greens and an accent of tomato.

Mexican Surprise

- 1 can (about 1 lb.) cream-style corn
- 2 eggs
- ¼ teaspoon *each* salt and pepper
- ¼ teaspoon seasoned salt
- 6 tablespoons regular all-purpose flour
- ¼ teaspoon chile powder
- 1 can (about 1 lb.) beef tamales with sauce, paper wrappers removed
- 2 tablespoons water
- Butter or margarine

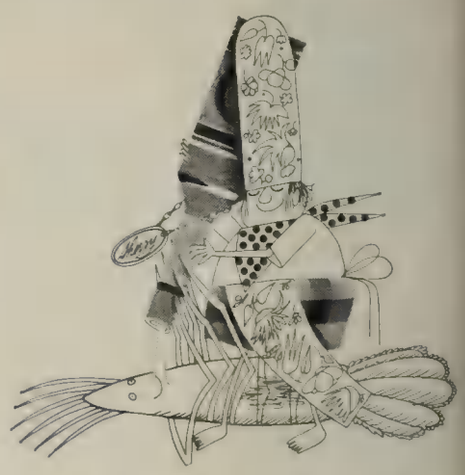
Blend corn, eggs, salt, pepper, seasoned salt, flour, and chile powder in a bowl with a fork. In a saucepan mash the tamales until the shells and filling are well blended. Add about 2 tablespoons water and stir until smooth. Place over low heat and keep warm.

Heat a griddle on medium heat or set an electric frying pan or griddle at 350°. Coat pan with about 1 teaspoon of butter, and drop on the corn mixture by the tablespoonful. When browned on both sides, spread on about 1 tablespoon of the warm mashed tamales and top with another fritter. Allow two or three covered tamale fritters for each serving. Makes about 4 servings.

Jules Greenberg

Bakersfield, Calif.

Chef Gary Simonarson begins here with a fairly standard (and very tasty) French approach to fillet of sole. Many of you have had this in its classic preparation: the poached fillets covered with a delicate wine and cream sauce holding just a sprinkling of baby pink shrimp. *Chef* Simonarson adds a touch or two of his own that make a good thing even better.



"A sprinkling of pink baby shrimp"

For one thing, he adds a touch of Sherry for a bolder flavor. Then he goes on to a sprinkle of dill and some Parmesan. Serve this one to special company. It's impressive.

Sole Fillets Simonarson

- 1½ cups fruity-flavored dry white wine such as Gerwürztraminer
- 1½ pounds sole fillets
- ¼ cup butter or margarine
- 4 tablespoons regular all-purpose flour
- 1½ cups light cream
- 2 tablespoons dry Sherry
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- ½ teaspoon dill weed
- ¾ pound small whole cooked and shelled shrimp
- ⅓ cup shredded Parmesan cheese
- Paprika

In a wide frying pan with cover, bring the wine to a boil. Arrange sole fillets in the liquid, cover, and cook over medium heat until fish turns white throughout, about 3 to 5 minutes. With a wide spatula lift fish carefully onto paper towels and reserve liquid.

In a saucepan over medium heat, melt butter and stir in flour. Remove from heat and slowly blend in cream and fish liquid. Return to high heat and cook, stirring, until thickened. Blend in Sherry, salt, pepper, and dill.

Arrange poached fish in a single layer

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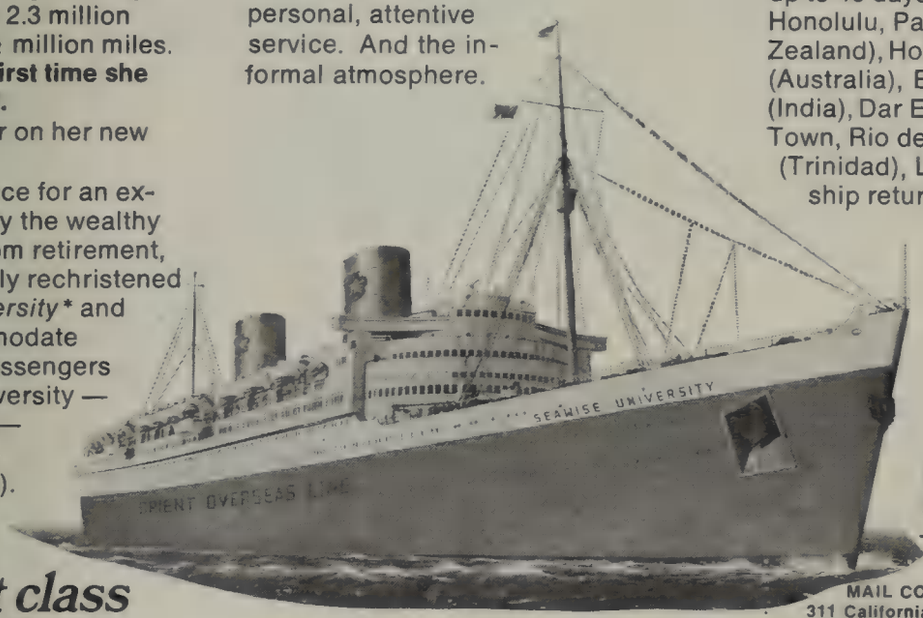

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in a shallow, close-fitting, buttered baking dish. Scatter shrimp over top and pour on sauce. Sprinkle Parmesan and paprika over surface and broil 4 inches from the heat until surface is lightly browned, about 3 or 4 minutes. Serve immediately. Makes about 4 servings.

Gary J. Simonarson

Seattle

Joe Cianciarulo suggests a salad that is simple, handsome, and good to eat. Just as it stands here, you could serve it either as a light lunch or a hearty accompaniment to dinner. It also lends itself to additions such as asparagus spears.

"Additions of asparagus spears"

The real interest here is, of course, the special mayonnaise. It turns a pale pink from the beet juice, and the cheeses add flavor that's hard to identify.

Borscht Salad

- 1 can (8¼ oz.) sliced pickled beets
- 4 green onions, thinly sliced including tops
- ¾ pound small whole cooked and shelled shrimp
- 1 small head iceberg lettuce, broken in bite-size pieces
- Mayonnaise dressing (recipe follows)

Drain beets, reserving liquid. Arrange with green onion and shrimp over lettuce in a bowl or on 4 salad plates. Serve dressing separately, allowing guests to serve themselves. Makes 4 main dish salads or serves 8 as a side dish.

Mayonnaise Dressing. Into 1 cup of mayonnaise, blend 2 tablespoons grated Parmesan cheese, 2 tablespoons shredded Cheddar cheese, and about 1 to 1½ teaspoons of the reserved beet liquid to tint sauce a soft pink color.

Joseph Cianciarulo

Berkeley

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Ipana is all you need to keep your mouth feeling like it's still 8:15 AM no matter what time it is. Ipana Toothpaste starts you out clean, bright and white. Ipana Mouthwash further insures that clean, refreshing good morning feeling. And Ipana Breath Freshner is a handy way to keep a good thing going into the wee hours. Get all 3 Ipana products and keep that nice fresh good morning thing happening in your mouth all day long.
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CALIFORNIA BEEF JERKY

fast growing snack food

1 California beef flank steak*
½ cup soy sauce
¼ teaspoon garlic salt
¼ teaspoon lemon pepper
***brisket, flat iron or chuck fillet are also suitable**

Trim off all visible fat from beef. Cut lengthwise with grain into long thin strips, no more than ¼-inch thick. Combine soy sauce and seasonings. Pour over beef strips and toss until well coated. Place wire rack on baking sheet. Arrange strips to touch, but not overlap. Bake in very slow oven (150 to 175°) overnight, 10 to 12 hours. Store finished jerky at room temperature in air tight container. If all fat has been removed beef jerky will keep indefinitely.

Notes from the Chef:

• Beef jerky should not be crisp. If it is, oven is too hot.

• You may need two baking sheets if flank steak is large. Arrange in center of oven no closer than 4 inches from top or bottom.

• If jerky is not quite dry enough, white specks may appear after a few days. Simply wipe off the harmless mold and enjoy the beef.

In June watch for

CALIFORNIA BEEF ON THE ROCKS

For handsome booklet of famous Beef Recipes from California Restaurants plus Dining Out Menu Guide send 25 cents to Chefs Recipes, 463 Brewster Avenue, Redwood City, CA 94063.

The big movement of finely finished beef cattle going from California feedlots to meat markets is your cue to prepare for summer barbecues. Take advantage of weekend specials and stock your freezer now with steaks and roasts for later enjoyment. Be sure to carefully wrap and label beef packages before freezing.

TODAY'S BEEF IS BEST

You cook omelets to order ...right at the table

Because the ingredients are so simple and so few tools are required, omelets are fine candidates for an informal, cook-at-the-table brunch or supper. If you do the right job of organizing the elements of a tabletop omelet party, you can stay with your guests rather than desert them for the kitchen.

It's a good idea to practice making omelets and folding them out of the pan in the kitchen first; you will soon pick up some of the showmanship of the French chef who produces, to order, omelets that are firm, yet tender on the outside and creamy and softly set inside.

Chances are that you already own the equipment needed for this party. For two-egg omelets, you can use a regular omelet pan or any fairly heavy 7 to 8½-inch frying pan with a flaring rim.

A tabletop cooking unit that approximates medium high temperature on your kitchen range is ideal. An electric hot plate or portable butane burner operates just about like an electric or gas range. You can also use a denatured alcohol burner if the pan, resting on the stand, is not more than 2 inches from the source of heat. Adjust this burner for maximum heat; for faster results, heat the pan in the kitchen before you start the first omelet. Canned heat is slower than alcohol; if you use it, you must preheat the pan and keep it close to the source of heat.

Have all the omelet-making materials ready on a large tray or two: table cooking unit, omelet pan, basket of eggs, pitcher of water, salt, pepper, butter, your choice of seasonings and fillings in bowls, a bowl for beating the eggs, fork, and thin-bladed spatula.

To complete the menu, you might accompany the omelets with a green salad and French bread.

Tabletop Omelets

Heat the pan. While it heats, prepare the first omelet: Beat with a fork until blended 2 eggs, 2 teaspoons water, ⅛ teaspoon salt, and a dash of pepper.

To the hot pan add 1 tablespoon butter or margarine—if the pan is hot enough butter will sizzle and foam. Heat until the foam begins to subside. If desired, add to the pan about 2 teaspoons of any of the omelet seasonings suggested at right and stir until limp.

Pour in egg mixture at once. As soon as edges of egg start to turn opaque, slide a thin-bladed spatula under them, pushing toward the center and letting liquid portion run underneath. Gently shake pan to keep omelet free and prevent browning. Continue to shake pan and lift omelet edges until there is no more free-flowing liquid but the top still looks moist and creamy.

If desired, spoon about 2 tablespoons of any of the suggested fillings onto the omelet in line with pan handle.

Holding pan in your left hand, slide the spatula under the right edge of the omelet and lift to fold omelet over about one third across the surface. Switch pan to your right hand and tilt over a warm serving plate. Gently shake pan to slide the unfolded edge of the omelet just onto the plate. Flick your wrist downward so that the folded edge of the omelet, guided by the spatula, falls neatly over the omelet edge on the plate. Set the pan back on the burner to heat while you mix the next omelet.

Omelet seasonings: minced fresh parsley, chopped green onions, minced shallots.

Omelet fillings: shredded Cheddar, Parmesan, Romano, Swiss, or jack cheese; sliced canned bamboo shoots or water chestnuts, drained; canned minced clams, drained; tiny cooked shrimp; sliced mushrooms, sautéed in butter.

DARROW M. WATT

Guests *choose seasoning and filling as the hostess cooks each omelet individually*

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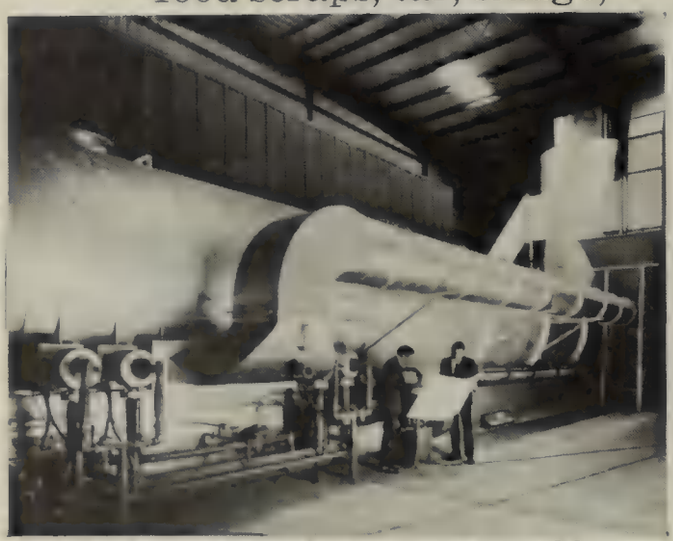

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Many supermarkets, shopping centers, hospitals, drug stores and data processing centers are solving their solid waste disposal problems with an electric hydropulper. This machine reduces mountains of waste into molehills.

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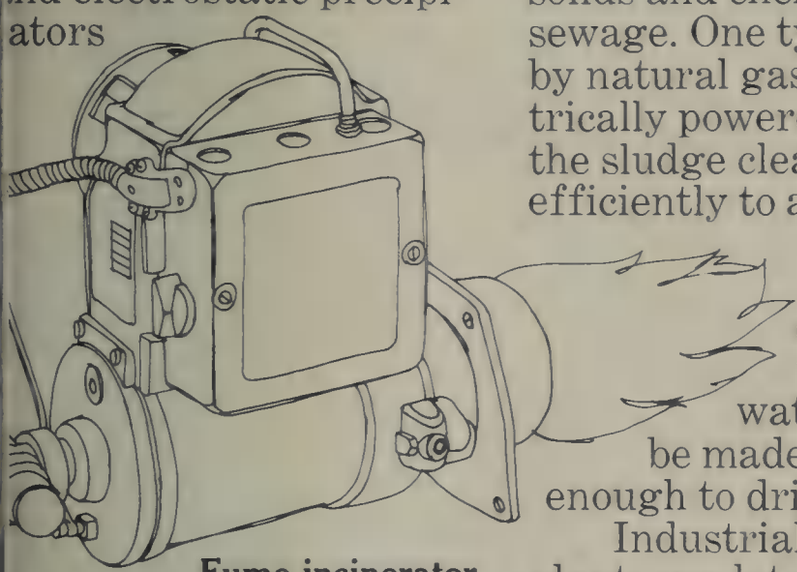

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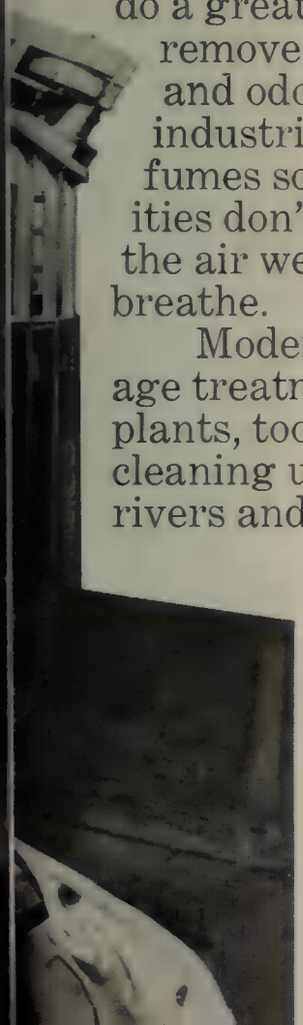

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DARROW M. WATT

Leaves *of rose geranium are placed in pan underside-up for maximum flavor in cake*

Rose geranium in the kitchen

The pungent sweet odor of the rose geranium leaf takes some of us back to an era when rose geranium was highly prized and widely used for making perfume, flavoring foods, and lending scent and substance to sachets and potpourris. It's still an intriguing flavor.

The common rose geranium (*Pelargonium graveolens*) grows 2 feet high; it has lavender-pink flowers in clusters, and hairy, lobed leaves. The scent, predominantly rose with pungent herbal undertones, diffuses to a flowery fragrance in foodstuffs.

Pick the leaves just before using them. Rinse briefly and pat dry.

Rose Geranium Cake

Grease bottom and sides of two 8-inch layer cake pans; line bottom with waxed paper; grease again and dust with flour. In each pan place 5 rose geranium leaves with the dark top sides *down*; set aside.

Prepare a white cake mix according to package directions; pour batter over leaves in prepared pans. Bake according to package directions. When layers have cooled 15 minutes, invert onto wire racks; carefully remove paper and leaves; cool thoroughly. Frost with a butter frosting.

Rose Geranium Jelly

Make a deep slice in a 10-ounce jar of apple jelly; poke down 3 rose geranium leaves, spreading lobes as flat as possible. Cover and store in refrigerator at least one day and up to one week.

Rose Geranium Tea

Pour 6 cups boiling water over 2 tea bags (regular orange pekoe black tea) and 5 rose geranium leaves; cover and steep 10 minutes. Remove tea bags and leaves and serve immediately. Makes 1½ quarts.

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Delicious escape from the ordinary! *Creative cooks relish the "new idea" inspirations subtle, zesty Kikkoman Hawaiian teriyaki sauce brings their menus. A mere dash or two does it . . .* **Marvelous!**

DARROW M. WATT

Chop *the tender leaves of dandelion greens, discarding tough stems*

What's for salad? Dandelion greens

If you discover commercially grown dandelion greens in a produce market or gather your own greens, you can try these healthful salads. The long, slender leaves have a snappy, slightly bitter flavor that is enhanced by a coating of oil and wine vinegar or hot bacon drippings.

Dandelion Greens and Artichoke Salad

Trim ends from about ¾ pound dandelion greens and coarsely chop enough leaves to make 3 cups; turn into a salad bowl. Tear into bite-sized pieces enough romaine to make 3 cups and place in the bowl. Add 1 bunch radishes, trimmed and thinly sliced.

For dressing, drain marinade from 2 jars (6 oz. *each*) marinated artichoke hearts into a bowl and add 2 tablespoons red wine vinegar, ¼ teaspoon Dijon-style mustard, ¼ teaspoon salt, and 1 clove garlic, minced; mix well. Pour dressing over greens and mix lightly. Arrange artichoke hearts on top. Serves 6.

Wilted Dandelion Greens With Bacon

Trim the stems from about 10 ounces dandelion greens and chop enough green leaves to make 2½ cups. Wash about 10 ounces spinach, discard stems, and chop enough leaves to make 2½ cups. Cut 6 strips bacon into ½-inch pieces. Cook bacon in a large frying pan until crisp; remove from pan with a slotted spoon and let drain. Pour off the bacon drippings into a container; measure and return ¼ cup of the drippings to the frying pan. Add 3 tablespoons white wine vinegar and ¼ teaspoon *each* dry mustard and salt; boil 1 minute.

Place greens in a bowl and pour over the dressing. Mix well and serve at once. Serves 4.— *J. C., Menlo Park, Calif.*

Handy answers to hard questions asked by children in the Health-tex years.

WHY ARE SOME PEOPLE LEFT-HANDED?

Our brains are divided into two halves. One half always controls the other. If the right half of your brain is in control, you will be left-handed. If the left half of your brain is in control, you will be right-handed.

Because most people are right-handed, lots of everyday things like wrist watches, scissors, can openers and even some school desks are all designed for them. That's why some lefties train themselves to be right-handed.

Some parents try to teach their children to use only their right hands because they think it is more normal. But doctors say that left-handed children would be a lot happier if they could just be themselves instead of trying to be something they're not.

Health-tex makes nice clothes for children who are right-handed or left-handed. And for mothers who always have their hands full of work. Because all Health-tex clothes are machine washable and lots never need ironing thanks to permanent press. Boys' sizes 6 months to size 8; girls' sizes 6 months to size 6x.

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THE

Western Kitchen

NEWS AND IDEAS

Icy drinks from beverage mugs

New warm-weather beverage mugs change cool soft drinks to slushy, spoonable refreshments in a few minutes. The colorful mugs have removable plastic liners that you freeze. You pour in a cold soft drink and stir as the drink freezes on the inner walls. It takes 3 to 12 minutes to make a slush if freezer is at 0° and drink is between 35° and 45°. Each mug costs about $3.

DARROW M. WATT

Looks old-fashioned, works like new

When Mr. and Mrs. Porter Sesnon, Jr., remodeled their kitchen in Hillsborough, California, Janean designed this pantry and baking center. The glass-front cabinet keeps baking supplies visible. Just under it are plastic drawers and bins of Swedish design for flour, sugar, and pasta, installed in fitted niches. Below, drawers and cabinets hold baking pans, bowls, and appliances on roll-out shelves.

DON NORMARK

Behind folding doors

Space between counter and cabinets above is an appliance garage in Dr. and Mrs. James Woodsmith's Redland kitchen. Architect Marvin Wilt specified folding doors to hide appliances. Slotted knife storage makes use of back counter area near the sink.

Under-counter pantry

Sliding drawers in a cabinet made the space below the cooking island a small, canned goods pantry in Roy Peringer's kitchen in Spokane. Every inch of drawer space is used; stacking is eliminated. Architect was Moritz Kundig.

GLENN CHRISTIANSEN

Dishtowel dryer

Between usings, damp dishtowels dry here from the heat of a 75-watt lightbulb in the back of a cabinet that's vented to outside. It is just to the right of the kitchen sink. Janean designed it for Mr. and Mrs. Gordon Richards of Berkeley.

What woman wants wrinkles?

That's why your clothes should be washed in cold water.

Hot water washing can set wrinkles as well as stains. Cold Power gets out the worst kind of dirt in cold water without excessive fabric wear or hot water fading... and the only thing that will shrink is the size of your hot water bill.

The flavor of English muffins in a crunchy, fragrant toast

We had toast, and only toast, in mind when we baked this bread. It's a simple bread. Almost as simple as that of our English muffin. Just unbleached wheat flour, water, corn sugar, and sourdough. No shortening.

Lift a piece, look at its texture, and you can see that the heat of toasting will strike deep. Strike deep it does, to give you about the crunchiest (but not dry) piece of toast you have ever eaten.

And there's the reminder of the lively flavor of our English muffins, tangy with the good sour of natural sourdough. English Muffin Toasting Bread comes to you in a plastic bag, double wrapped for freshness.

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NORMAN A. PLATE

paya boat *filled with cinnamon-glazed cheese makes a tantalizing hot dessert*

Hot papaya . . . icy papaya

lved and served hot, or frozen in ice am, papaya shows off its tropical /or well.

the first of these two recipes, chutney-ced cheese fills papaya halves for a el hot dessert (or it could be a meat ompaniment). With the second you ke papaya ice cream that is quite in calories and tangy with citrus es.

t Papaya Boats

- 1 large package (8 oz.) cream cheese (at room temperature)
- 1 egg yolk
- 3 tablespoons sugar
- ¼ cup Major Grey's chutney, chopped
- ⅓ cup golden raisins, chopped
- ⅓ cup slivered blanched almonds
- 3 large firm papayas
- 2 tablespoons melted butter
- ½ teaspoon cinnamon

t cheese with egg yolk and 1 table-on of the sugar until smoothly nded. Mix in chutney, raisins, and al-nds. Cut papayas in half lengthwise scoop out the seeds. Arrange halves a baking sheet, skin side down. Spoon cheese mixture into the cavity of n, rounding the top slightly. Brush cheese and the exposed fruit with ted butter. Mix together remaining 2 espoons sugar and the cinnamon and nkle over the top. Bake in a 375° n for 20 minutes or until hot through. Serve immediately. Makes 6 servings.—*M. F., Carmichael, Calif.*

Papaya Freeze

- 2 large ripe papayas
- 1½ cups orange juice
- 2 cups half-and-half (light cream) or milk
- 3 tablespoons lemon juice
- 1 cup sugar

Peel and halve papayas; scoop out seeds, then dice the fruit (you should have 4 cups). Place half the papaya at a time in the container of a blender with half the orange juice and blend until smooth. Turn into a large bowl and repeat with remaining papaya and orange juice. Stir in the cream or milk, lemon juice, and sugar; cover and chill thoroughly.

Pour papaya mixture into a 1-gallon freezer can and set in a freezer pail; adjust dasher, lid, frame, and crank. Pack crushed ice and salt around the can in a ratio of 5 parts ice to 1 part salt, starting with ice and then adding salt. Crank until dasher is hard to turn or churn until motor begins to labor, about 15 to 20 minutes.

Take out dasher, scrape ice cream back into can, and cover. Serve immediately, or drain off water and pack more ice and salt around can, allowing ice cream to mellow for 1 to 2 hours. Makes about 2 quarts.—*B. E., Rialto, Calif.*

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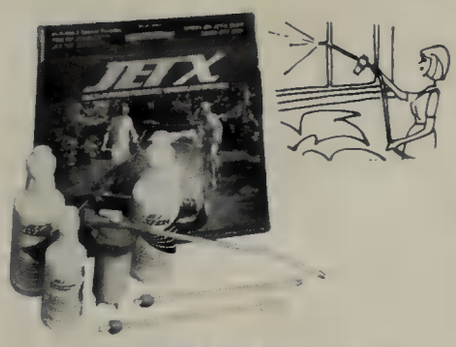

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Cheeses from the Fairyland Dairyland of Denmark

Put it to soak the night before

This Portuguese way to roast beef produces a well browned, tender, juicy over roast, even though you start with a cu usually reserved for pot roasts. Th secret is a piquant marinade in whic the meat soaks overnight. Potatoes, pre cooked in some of the marinade, brow with the roast.

A variation of this recipe uses a com pact rump roast with vegetables lace through. When you slice it, colorful veg etables dot each piece.

Portuguese Roast Beef

- 2 cups *each* cider vinegar and water
- 6 cloves garlic, minced or mashed
- 1 teaspoon *each* sugar and basil
- 1 tablespoon salt
- 2 bay leaves
- 2 small dried hot chile peppers, seeds removed, crumbled
- 5-pound beef chuck roast
- Flour
- 2 pounds small new potatoes, peeled
- Water
- Salt to taste

For the marinade, combine in a larg bowl the vinegar, 2 cups water, the ga lic, sugar, basil, salt, bay leaves, an chile peppers. Put meat in marinad cover, and refrigerate for 8 to 24 hour

Remove meat from marinade, pat dr dredge all over with flour, and shake o excess; reserve marinade. Set meat on rack in a roasting pan. Roast in a 35 oven for 2¼ hours. Meanwhile cook th potatoes in some of the reserved ma nade until just tender; set aside.

Remove meat from oven, set aside th rack, and place meat in pan. Remo potatoes with a slotted spoon and a range around meat, turning them in p juices. Return to oven and roast un the meat is tender, about 1 to 1¼ hou (turn potatoes once).

Arrange meat and potatoes on servi plate; keep warm. Stir 1½ cups wat into pan juices and stir to scrape u browned bits; add 1 tablespoon of r served marinade. Stir in ¼ cup flo blended smooth with ¼ cup cold wate Cook, stirring, until it boils and thicker Season with salt. Serve gravy in a sma bowl. Serves about 6.—*A. J., Honolul*

Beef Rump with Vegetables. Instead the chuck roast, buy a 3½ to 4½-pou boneless rump. Use a long slender kni to pierce 7 holes completely through t meat parallel with the grain. Into t holes poke 2 stalks celery, 3 green o ions, and 1 slender carrot cut in h lengthwise. Marinate and roast (with t side up) as directed above.

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THE MAGAZINE OF GOOD LIVING

ecret for 18 great Gourmet-inspired salad dressings

CUT AND SAVE THE NEXT TWO PAGES

Gourmet Magazine, foremost authority on fine cooking, says no ready-made bottled dressing can compare to one you make fresh yourself. And their secret for great homemade dressings is mayonnaise.

Espagnole—especially good on lettuce.

Gloucester—elegant on fruit salads.

Green Mayonnaise—seasoned for seafood.

Classic Dressings for Company Salads

MAYONNAISE ESPAGNOLE

1 cup BEST FOODS® Real Mayonnaise
1/4 cup finely chopped cooked ham
1/2 teaspoon prepared mustard
Dash red pepper or cayenne
Dash garlic powder
1/3 cup milk
1 tablespoon Mazola® corn oil

Combine ingredients. Makes 1 1/3 cups.

REMOULADE DRESSING

3/4 cup BEST FOODS Real Mayonnaise
2 teaspoons chopped sweet gherkin pickles
1/2 teaspoon prepared mustard
1/2 teaspoon capers, chopped
1/2 teaspoon chopped parsley
1/2 teaspoon dried chervil leaves
1/2 teaspoon dried tarragon leaves
1/4 teaspoon anchovy paste
1/3 cup milk
1 tablespoon Mazola corn oil

Combine ingredients. Serve on cold asparagus or greens. Makes about 1 1/4 cups.

GREEN GODDESS SALAD DRESSING

3/4 cup BEST FOODS Real Mayonnaise
3 tablespoons milk
2 anchovies, minced
1 tablespoon tarragon vinegar
1 1/2 teaspoons lemon juice
1 cup parsley sprigs, minced
2 tablespoons finely chopped chives

Mix ingredients. Serve on greens. Makes 1 cup.

MAYONNAISE RUSSE

1 cup BEST FOODS Real Mayonnaise
2 tablespoons horseradish
2 teaspoons vinegar
1/2 teaspoon dried tarragon leaves, crushed
1/3 cup milk
2 tablespoons Mazola corn oil

Mix ingredients. Serve on meats. Makes 1 cup.

MAYONNAISE GLOUCESTER

1/2 cup BEST FOODS Real Mayonnaise
1/4 cup dairy sour cream
1 teaspoon lemon juice
1/2 teaspoon fennel seed, crushed
1/2 teaspoon Worcestershire sauce
3 tablespoons water

Combine ingredients. Serve over lettuce wedges or fruit salad. Makes 1 cup.

GRIBICHE SALAD DRESSING

3/4 cup BEST FOODS Real Mayonnaise
1 hard cooked egg, finely chopped
1 tablespoon finely chopped sweet gherkins
1 1/2 teaspoons tarragon vinegar
1 1/2 teaspoons finely chopped capers
1 1/2 teaspoons finely chopped scallions
1 1/2 teaspoons finely chopped parsley
1/2 teaspoon finely chopped chives
1/2 teaspoon prepared mustard
1/4 cup water
1 tablespoon Mazola corn oil
Dash salt and pepper

Combine ingredients. Serve on vegetable salad or greens. Makes about 1 1/4 cups.

Dressing Tips

1 *Make dressings ahead of time, then refrigerate to let flavors blend.*

2 *Let dressings warm to room temperature before using.*

3 *If thinner consistency is desired, add more liquid—milk, oil or water.*

4 *All dressings will keep at least one week, covered and stored in the refrigerator.*

GREEN MAYONNAISE

12 spinach leaves
12 watercress leaves
8 sprigs parsley
1 clove garlic, halved
1 teaspoon dried chervil leaves
1 teaspoon dried tarragon leaves
1 cup BEST FOODS Real Mayonnaise
1/4 cup water
2 tablespoons Mazola corn oil
Dash salt and pepper

Blanch greens in boiling water 2 minutes. Dr reserving 2 tablespoons liquid. Rub blender w cut side of garlic; discard. Puree blanch greens, herbs and liquid in blender 30 second high speed. Stir into Real Mayonnaise. Add wa corn oil, salt and pepper. Serve on seafood greens. Makes about 1 1/2 cups.

RAVIGOTE DRESSING

1 1/2 cups BEST FOODS Real Mayonnaise
2 anchovy fillets, drained and chopped
3 tablespoons chopped dill pickle
2 tablespoons chopped shallots
1 tablespoon chopped capers
1 tablespoon chopped parsley
1 teaspoon dried tarragon leaves
1 teaspoon dried chervil leaves
1 teaspoon sugar
1 teaspoon prepared mustard
1/3 cup milk
3 tablespoons Mazola corn oil
1 teaspoon lemon juice

Combine ingredients. Serve over chilled fish meat. Makes 2 cups.

DILL DRESSING

1/2 cup BEST FOODS Real Mayonnaise
1/2 cup dairy sour cream
1 tablespoon dried dill weed
1 teaspoon lime juice
1/3 cup milk

Combine ingredients. Serve on seafood or ve table salads. Makes about 1 cup.

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Creamy Tart French—a favorite for chef's salad.

Convenient Dressings for Everyday Salads

CREAMY ITALIAN DRESSING

ıp BEST FOODS® Real Mayonnaise
ıblespoon wine vinegar
ıblespoon lemon juice
ıblespoon Mazola® corn oil
ıblespoon water
:aspoon Worcestershire sauce
:aspoon dried oregano leaves
:aspoon sugar
nall garlic clove, minced

bine ingredients. Makes 1 cup.

CREAMY ROQUEFORT DRESSING

ıp BEST FOODS Real Mayonnaise
ıp crumbled Roquefort cheese
ıp milk
:aspoon Worcestershire sauce
:aspoon salt
:aspoon garlic powder
·aspoon white pepper

ɔine ingredients. Serve on tossed salad
ıs. Makes about 1 cup.

TANGY BUTTERMILK DRESSING

ıp BEST FOODS Real Mayonnaise
ıp buttermilk
ıp finely minced onion
blespoons very finely chopped parsley
ove garlic, finely minced
aspoon paprika

ɔine ingredients. Serve on greens. Makes
t 1 1/2 cups.

PARMESAN CHEESE DRESSING

ıp BEST FOODS Real Mayonnaise
ıp grated Parmesan cheese
ıp milk
aspoon white wine vinegar
aspoon Worcestershire sauce

ıgredients. Serve on greens. Makes 1 cup.

FRESH STRAWBERRY DRESSING

3/4 cup sliced ripe strawberries
2 tablespoons Karo® light corn syrup
1/2 cup BEST FOODS Real Mayonnaise

Place strawberries in small bowl. Stir in corn syrup, mashing berries slightly with fork. Add Real Mayonnaise, stirring until well blended. Chill about 1 hour to develop flavor and color. Serve with fruit salad. Makes about 1 1/4 cups.

LIME COTTAGE CHEESE DRESSING

1/2 cup BEST FOODS Real Mayonnaise
1/2 cup small curd creamed cottage cheese
2 tablespoons milk
1 tablespoon sugar
1/2 teaspoon grated lime rind
1 tablespoon lime juice

Combine ingredients. Serve on citrus fruit salad. Makes 1 cup.

CREAMY TART FRENCH DRESSING

1/4 cup Mazola corn oil
3/4 cup BEST FOODS Real Mayonnaise
1/4 cup red wine vinegar
1 1/2 tablespoons sugar
1 tablespoon paprika
1 tablespoon dry mustard
1/2 teaspoon salt
1/2 clove garlic, minced

Gradually stir corn oil into Real Mayonnaise; beat until smooth. Combine remaining ingredients. Add to Real Mayonnaise mixture. Makes about 1 cup.

LOUIS POURABLE DRESSING

1 cup BEST FOODS Real Mayonnaise
1/4 cup tomato juice
2 tablespoons finely chopped onion
2 tablespoons finely chopped parsley

Combine ingredients. Serve on seafood or greens. Makes 1 1/4 cups.

THOUSAND ISLAND DRESSING

2/3 cup BEST FOODS Real Mayonnaise
3 tablespoons milk
1 tablespoon chili sauce
1 tablespoon sweet pickle relish
1 hard cooked egg, chopped

Combine ingredients. Serve on chef's salad or greens. Makes 1 cup.

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DARROW M. WATT

Floating *cheese-topped toast raft holds egg yolk to season Italian soup*

Two broth-soups, easy, delicious

Italy and Spain were the sources fo these two light and savory first-cours soups. Their basic ingredients are th same: hot chicken broth, buttery toas and eggs. Individuality comes from th way you prepare and season each.

Italian Egg Soup (*Zuppa Pavese*)

Generously butter one side of 4 slic French bread; place, buttered side u on a cooky sheet. Toast in a 350° ove for 15 to 20 minutes, or until golde and crusty. Sprinkle each slice with tablespoon freshly grated Parmesa cheese and broil until cheese is bubbl Meanwhile heat 2 cans (14 oz. *eac* regular strength chicken broth to bo ing; ladle into 4 soup bowls. Float slice of toast in each; let stand un edges curl up slightly (2 to 3 minute Then carefully slip a raw egg yolk top of the toast in each bowl. Serves

Spanish Garlic Soup (*Sopa de Ajo*)

- 4 slices firm white bread
- 2 tablespoons butter or margarine
- 3 cloves garlic, minced or mashed
- 2 cans (14 oz. *each*) regular strength chicken broth
- 1 bay leaf
- 1 teaspoon lemon juice
- 4 eggs
- Finely chopped parsley or coarsely chopped fresh coriander

Trim crusts from bread; cut bread i ½-inch cubes. In a large frying p melt butter; add garlic and bread cu and cook over medium heat, stirri often, until bread is lightly brown Remove from pan; reserve. In pan co bine broth, bay leaf, and lemon ju bring to a simmer. Break eggs, one a time, into a saucer; carefully slip e into the hot broth. Poach eggs fo minutes, or until whites are set and yo are still runny. Spoon eggs into 4 s bowls; ladle broth over top and sprin with croutons and parsley. Serves 4.

Sliced turkey with giblet gravy, one of many varieties.

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DARROW M. WATT

Nasturtium *flowers make a colorful, edible garnish*

Flowers in a salad ... leaves into fish packets

Fold *leaf sides over the fish*

Well established as a salad ingredient, nasturtiums also adapt to a variety of other food uses. The leaves carry the mild peppery bite of watercress while the flowers add a mellowing note of honey sweetness; the flavors of both make them excellent complements to seafood and green vegetables.

Pick the leaves and flowers in the cool of the morning. Wash them with a gentle spray of water, shake off excess, wrap loosely in paper towels or place in water, and refrigerate. Be sure to pick those plants that have not been treated with poisonous sprays or systemics.

Spectacular as a separate course, this nasturtium and lettuce salad is dressed at the table to display the flower garnish.

Nasturtium Salad

Core, rinse, and drain 1 small head (about ¾ lb.) iceberg lettuce; rinse and drain about 12 nasturtium leaves, each about 3 inches in diameter. Chill to crisp.

Before serving, tear greens into bite-sized pieces; measure 5 cups lettuce and 1 cup lightly packed nasturtium leaves into a wide shallow salad bowl, and lightly mix. Mound ½ cup pitted olives, sliced in half, and 1 tablespoon capers in the center. Arrange overlapping slices from 2 hard-cooked eggs around the mound as shown at left. Arrange about 15 washed and drained nasturtium flowers around the edge of the bowl.

In a jar with a lid, combine 4 tablespoons olive oil, 2 tablespoons white wine vinegar, ¼ teaspoon *each* salt and dry mustard, ⅛ teaspoon coarsely ground pepper, and ½ teaspoon honey; shake well. Pour over salad; gently mix. Serves 6 to 8.—*A. J., Sacramento.*

Serve this nasturtium mayonnaise as a dip for shrimp or as a sauce for salmon or turbot or green beans or broccoli.

Nasturtium Mayonnaise

In a blender jar, combine 2 egg yolks, 1 teaspoon salt, ½ teaspoon dry mustard, and 2 tablespoons lemon juice; whirl until foamy. With the motor running, pour ½ cup salad oil in a slow steady stream into egg mixture until very thick. Wash and drain about 12 nasturtium leaves; coarsely chop to make 1 cup lightly packed. Gradually add ¼ cup chopped parsley and nasturtium leaves to blender and whirl until smooth. Stir in 2 teaspoons Worcestershire. Makes 1 cup.

In sunny, well watered, and fertilized gardens, nasturtium plants often produce leaves up to 8 inches in diameter that are ideally suited for the centuries-old practice of cooking food wrapped in leaves. Here salmon takes on a new flavor when enclosed in a spicy leaf packet.

Nasturtium Salmon Packets

- 1 pound salmon steaks
- ½ cup chopped onion
- 3 tablespoons *each* butter or margarine and olive oil
- 1 tablespoon lemon juice
- ⅛ teaspoon coarsely ground pepper
- 12 large nasturtium leaves (about 4 to 6 inches in diameter)
- About 2 teaspoons sesame seed
- 2 tablespoons minced parsley

Cut away any bones and skin from fish; divide salmon in 12 portions.

In a pan sauté onion in 1 tablespoon of the butter until golden; transfer with a slotted spoon to a bowl. In the pan melt remaining 2 tablespoons butter; add olive oil, lemon juice, and pepper.

Wash and drain nasturtium leaves. In each packet, turn 1 leaf, dark side down, and place a piece of salmon by the stem insert. Sprinkle about ½ teaspoon onion, a few sesame seeds, and about ¼ teaspoon parsley on the salmon. Drizzle with about ½ teaspoon of the butter mixture. Fold sides of leaf over fish, then fold ends in; place seam side down in an 8-inch-square baking pan, or 3 packets in each of 4 individual ramekins. Brush packets with remaining butter mixture. Cover pan or ramekins with foil; bake in a 375° oven 25 minutes. Makes 4 appetizer servings.

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Pine nuts add the crunch

Generously proportioned and studded with pine nuts, both these cookies are typical of those found in the patisseries of Provence, France. The crescents are brushed with honey as a subtle complement to the faintly resinous flavor of the nuts; the recipe also calls for orange flower water, a concentrated, nonalcoholic flavoring available at most liquor stores. The big sour cream sugar cookies, crunchy with pine nuts, are flavored with ground coriander.

Pine Nut Crescents

- 1 cup (½ lb.) soft butter or margarine
- ⅔ cup firmly packed light brown sugar
- 3 egg yolks
- 1 teaspoon *each* orange flower water and grated orange peel
- ½ teaspoon vanilla
- 2¾ cups regular all-purpose flour (unsifted)
- About ½ cup pine nuts (piñons)
- 3 tablespoons honey

In a bowl beat together the butter and brown sugar until creamy. Beat in egg yolks one at a time; beat in orange flower water, orange peel, and vanilla. Stir flour into butter mixture until well blended.

Measure about 1 tablespoon dough for each cooky and roll between lightly floured palms into ropes about 2½ inches long. Place cookies about 2 inches apart on a greased cooky sheet; shape each into a crescent. Scatter pine nuts over cookies and press in firmly to anchor. Heat honey over low heat until it liquefies, then brush cookies liberally. Bake in a 325° oven for 15 minutes or until golden. Cool cookies on a rack; then store in an airtight container. Makes about 3½ dozen cookies.

Pine Nut Sugar Cookies

- ½ cup (¼ lb.) soft butter or margarine
- 1 cup sugar
- 2 eggs
- ½ teaspoon *each* vanilla and soda
- ½ cup sour cream
- 3 cups regular all-purpose flour (unsifted)
- 1½ teaspoons baking powder
- ½ teaspoon *each* salt and ground coriander
- 1 teaspoon water
- About ½ cup pine nuts (piñons)
- Sugar

In a bowl beat together the butter and sugar until creamy; beat in one of the eggs and the vanilla. Stir baking soda into sour cream, then beat into the butter mixture. Stir together the flour, baking powder, salt, and coriander. Stir flour mixture into butter mixture until blended. Divide dough in half, wrap well, and chill until firm, about 1 hour.

On a lightly floured board, roll one portion of dough at a time to ⅛-inch thick, cut into rounds with a 2½ to 3-inch cutter. Transfer cookies to a greased cooky sheet. Beat remaining egg with the water; brush mixture over cookies. Press pine nuts onto surface of cookies, sprinkle lightly with sugar. Bake in a 375° oven for 10 minutes or until edges are golden. Cool on a rack. Makes about 5 dozen cookies.

DARROW M. WA

Pine nuts *liberally dot these butter-rich crescents and sour cream sugar cookies*

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Cheese, Sausage, Pepperoni.

DARROW M. WATT

Flour *tortillas are layered through this unusual chocolate dessert*

Spectacular way to end a meal

A central California Mexican restauran features this unorthodox dessert. Choc olate lovers will find it exceptional; al cooks will find it remarkably easy. A sour cream chocolate sauce is layere between flour tortillas, plain sour crean frosts the surface, and chocolate curl add the final fillip. It makes a spectacu lar ending for a Mexican meal, a sur prise climax for any menu.

Flour Tortilla Torte

- 1 package (6 oz.) semisweet chocolate bits
- 2 cups (1 pt.) sour cream
- 3 tablespoons powdered sugar
- 4 flour tortillas (7 to 8 inches in diameter)
- 1 to 2 ounces milk chocolate

Pour the semisweet chocolate bits int the top of a double boiler. Add 1 cu of the sour cream and 1 tablespoon the powdered sugar and heat over sin mering water, stirring until chocolate melted. Place pan of sauce in cold wat to cool; stir occasionally.

Set one of the flour tortillas on a servi plate and spread evenly with a third the chocolate mixture. Cover with a other tortilla, another third of the sauc then a third tortilla, the balance of t sauce, and the last tortilla. Make as lev as possible.

Blend the remaining sour cream with t remaining 2 tablespoons powdered sug and spread evenly over the top and sid of the tortilla torte. Chill, covered wit large inverted bowl, at least 8 hours as long as overnight.

Shave milk chocolate into curls using vegetable peeler; pile chocolate cu onto top of tortilla torte. Cut in sl wedges with a sharp knife to ser Makes 8 to 12 servings.

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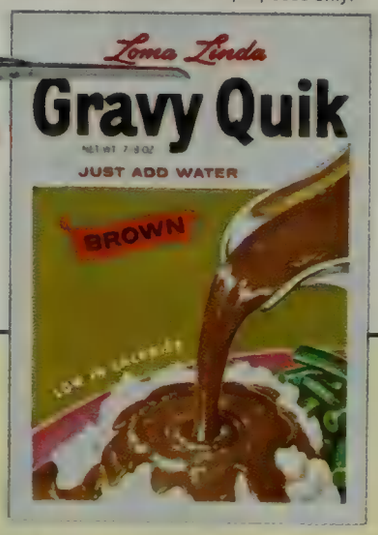

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DARROW M. WATT

awberry *wine punch for slow sipping*

Vine punch with a fruit flavor

frosty wine punch makes a cool, sat-ing refreshment for sipping at almost party occasion you plan through- the day. It is fast to make and can dispensed easily from a pitcher.

ngria is perhaps the best known of se wine and fruit juice blends, but re are many others worthy of ac-im. Here are three; each is based on ottle (⅘ qt.) of dry white wine or Vermouth. Plan to multiply the pro-tions to accommodate your guest list. a rule, you'll want to allow two serv-s per person.

e first punch (pictured above) is a stern innovation, an aromatic pair- of crisp fruity white wine and native wberry wine. It is light and refresh-, well suited to a garden reception. e second is borrowed from the Span- it's a blend of orange juice and dry mouth, and a particularly fine com-ation as the prelude to a brunch. The , a French Kir, pairs a dry white e with crème de cassis, a black cur-t liqueur. You might compare a Kir n apéritif; it makes a fine predinner erage.

e first and third recipes both call for ght fruity white wine. This can be wine of your choice, but we had ticularly good success with Chenin nc, Gewurztraminer, and Emerald sling among the varietals; and a blend of two grape varieties called Le Blanc de Blancs.

Plan to use generous-sized wine glasses or novelty glasses such as pilsner or iced tea glasses, which are appropriate for the eye-catching strawberry drink.

For simple, readily available appetizer companions with these drinks, consider the following combinations:

The strawberry wine punch goes well with salted blanched almonds (or other nuts) and domestic or imported Swiss or Gruyère cheese, in particular.

The Spanish Vermouth drink complements little cooked shrimp, roasted salted pumpkin seeds, fontinella cheese, and crisp French bread sticks spread with sweet butter (if you like it).

The French Kir is good with such French process cheeses as La Vache Qui Rit and Gourmandaise or salted macadamia nuts or cashews.

Strawberry Wine Refresher

Mix together in a pitcher 1¼ cups strawberry wine and 1 bottle (⅘ qt.) light fruity white wine (see suggestions preceding) and chill thoroughly.

With a vegetable peeler, thinly cut off the outer peel of 3 lemons, making thin strips about ⅜ inch wide and about 2 inches long (you need about 1 dozen strips); arrange in a bowl. Wash and hull 2 cups strawberries and cut in half; place in a bowl.

Serve the chilled wine from a pitcher with several lemon strips and 4 or 5 strawberry halves floating in it. For each serving, spoon 2 or 3 ice cubes into a 10 to 12-ounce tall glass and add 2 or 3 strawberry halves and a lemon strip. Pour in the wine blend, using about ½ cup. Makes about 4½ cups, or 9 servings of ½ cup each.

Orange Vermouth Cooler

Chill 1 bottle (⅘ qt.) dry Vermouth and let thaw 1 can (6 oz.) frozen orange juice concentrate. Mix together in a pitcher the chilled Vermouth, orange juice concentrate (undiluted), and 1½ cups water. Float in it 1 unpeeled orange, thinly sliced. Place 2 or 3 ice cubes in each 8 to 10 ounce wine glass and pour in the punch, using about ½ cup in each. Makes about 5½ cups, or 11 servings of ½ cup each.

French Kir

Chill 1 bottle (⅘ qt.) light fruity white wine (see suggestions preceding). Blend it in a pitcher with ¼ to ½ cup crème de cassis (amount depending on your own taste).

For each serving, place a twist of lemon peel in an 8 to 10-ounce wine glass, add 2 ice cubes, and pour in about ½ cup of the wine-and-cassis mixture. Makes about 3½ cups, or 7 servings of ½ cup each.

Ask the golf course superintendents at Makaha, Greenbrier, and Firestone, which reel mower they use.

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DARROW M. WATT

Each person *fills his own tortilla with meat strips and sauce*

Tortilla roll-ups for a picnic

This picnic idea from Mexico calls rolling up big flour tortillas with fla steak strips and tomato salsa inside make sandwiches.

Plan to marinate the meat in advar and carry it along with premixed sal 1 avocado, 1 dozen large flour tortil and any materials you need for barbe ing. Buy the largest flour tortillas av able; in a Mexican delicatessen you n find the extra-large (about 10-inch) s

Barbecued Mexican Sandwiches

Marinate 1 large flank steak (about lbs.) in a mixture of ¼ cup *each* o oil and white wine vinegar, ½ teasp *each* salt and oregano, ⅛ teaspoon p per, and 3 cloves garlic, minced. C at least 6 hours or overnight.

For salsa, peel and seed and then fi chop 2 medium-sized tomatoes. T into a bowl with 3 green onions, fi chopped, 2 tablespoons chopped car California green chiles, 2 tablesp chopped fresh coriander or ½ teasp ground coriander, ½ teaspoon salt, 1 tablespoon olive oil. Cover and Just before serving, peel and dice 1 cado and gently mix in.

At the picnic site, barbecue meat very hot coals about 4 inches from allowing 5 to 8 minutes on each for rare meat. Remove meat to a b and slice across grain into thin stri

To heat the tortillas, place one at a directly on grill; heat, turning once soft and hot, about 30 seconds on a Immediately stack tortillas and warm, wrapped in dampened clo foil. Makes about 6 servings.—(*San Francisco.*

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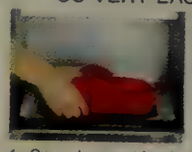

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DARROW M. WATT

Strawberry-rhubarb pie *is embellished here with extra berries, cream*

Under the lattice, sweet and tart

You bake strawberries and rhubarb to gether in this pie, and the flavor that re sults is an especially delicious balanc between the sweet and tart of these tw colorful spring fruits.

The lightly spiced pie is best serve warm. If it's made ahead, reheat in 350° oven about 30 minutes. If yo wish, serve it with more strawberri and whipped cream, sweetened to tas and sprinkled with cinnamon.

Strawberry-Rhubarb Pie

- 1 pound rhubarb, washed and trimmed
- 1½ cups thickly sliced strawberries
- 1½ cups sugar
- ⅔ cup flour (unsifted)
- ¼ teaspoon *each* cloves and nutmeg
- 1½ teaspoons cinnamon
- Pastry for a double-crust 9-inch pie
- 2 tablespoons butter or margarine

Slice the rhubarb crosswise ⅓-inch th (to make about 3 cups). In a bowl co bine the rhubarb and strawberries. M the sugar, flour, cloves, nutmeg, cinnamon; stir into fruit. Let stand ab 15 minutes; stir occasionally.

Roll a little more than half the pastry a floured board to about ⅛-inch th fit into a 9-inch pie pan so the pa extends about ½ inch beyond rim. with the fruit and dot with butter. out remaining pastry to ⅛-inch th cut in ½-inch-wide strips. Weave a tice of pastry over fruit, snipping ends at pan rim. Fold overhanging p toward center over lattice ends. P edge, forming a high-standing rim.

Bake on the lowest shelf of a 375° for 35 to 40 minutes, or until browned and fruit bubbles. Makes a 6 servings.—*H. N., San Francisco.*

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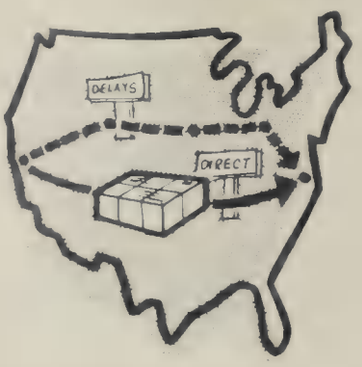

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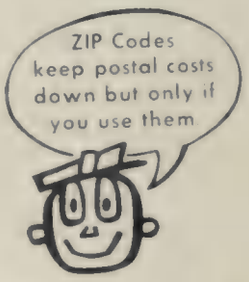

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State_____ Zip_____

Cut rye cracker *dough in diamonds on baking sheet; it was rolled out in the same pan. Serve savory crackers for snacks or appetizers*

DARROW M. WA

You can make your own crackers

Making your own crackers is no harder than making cookies. These recipes use whole grains that give the crackers a crunchy texture and robust flavors.

The savory rye crackers contain both rye flour and wheat germ. Serve them buttered or plain with soups or to spread with cheese or meats.

The graham and oatmeal crackers are slightly sweet (about as sweet as the graham crackers you buy). They make delicious snacks, served with milk or fruit juices.

These crackers are easily made, but you should take care to roll out the dough to uniform thickness so it will brown evenly in the oven. Use cooky sheets with only one or two edges or the backs of jelly roll pans to allow room for the rolling pin. Stored airtight, the crackers keep crisp and fresh up to 4 weeks.

Savory Rye Crackers

- 2 cups rye flour
- ¾ cup regular all-purpose flour (unsifted)
- ½ cup wheat germ (natural or toasted)
- 1¼ teaspoons salt
- 1 teaspoon baking powder
- 6 tablespoons (⅜ lb.) butter or margarine
- ¾ cup milk
- 1 egg, lightly beaten

Spoon flour into the cup to measure it. Combine in a bowl the rye, all-purpose flour, wheat germ, salt, and baking powder. With a pastry cutter or two knives cut in butter until mixture resem cornmeal. Add milk and egg; stir dough cleans side of bowl.

If your cooky sheet is 12 by 15 inch larger, divide dough into 2 equal tions. Dust hands with flour and pat portion out on the greased cooky into a ½-inch-thick rectangle. Wi floured rolling pin, roll dough even most to edges of pan or to about 1 15 inches. (For smaller cooky sh divide the dough in 3 equal portion roll each portion out to a 9 by 12 rectangle.)

Use a pastry wheel or large F knife to cut parallel diagonal lin inches apart. Then cut parallel dia lines that cross the first lines, m diamonds, as pictured above. Prick cracker with a fork. Bake in a 325° for about 30 minutes, or until l browned.

With a spatula, transfer crackers rack to cool. Store airtight at room perature. Makes 4 to 5 dozen cra

—T. K., Wolf Creek, Ore.

Graham Crackers

- 3½ cups graham flour
- ½ teaspoon *each* salt and baking powd
- ¾ cup brown sugar, firmly packed
- ¾ cup butter or margarine
- ¾ cup water

Spoon flour into the cup to meas then mix flour with the salt and

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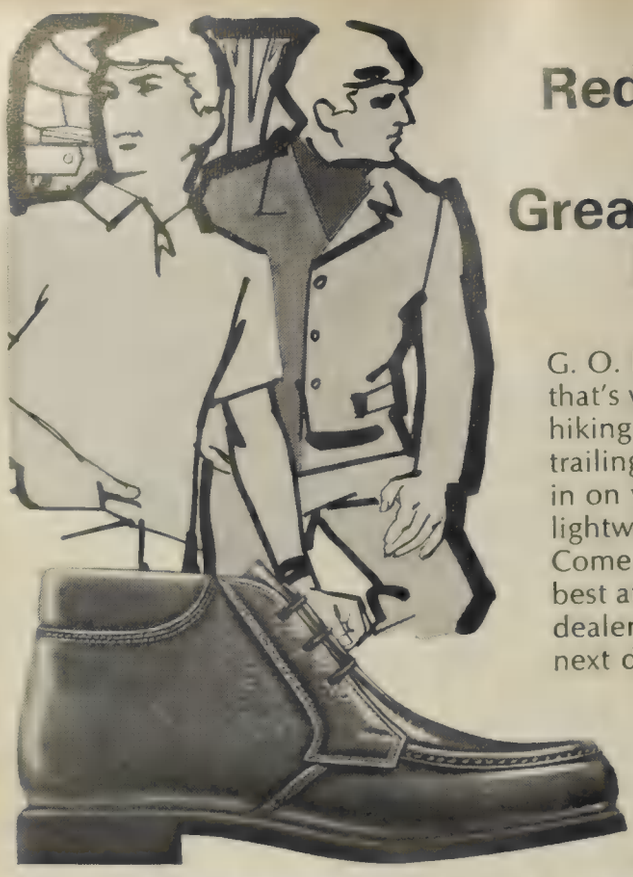

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powder. In the large bowl of your electric mixer beat the sugar and butter together until light and fluffy. Alternately add flour mixture and water, mixing well after each addition. Cover dough and let stand at room temperature for about 30 minutes.

If your cooky sheet is 12 by 15 inches or larger, divide dough into 2 equal portions. Dust hands with flour and pat out each portion on the greased cooky sheet into a ½-inch-thick rectangle. Then with a floured rolling pin, roll dough evenly almost to edges of pan or to about 12 by 15 inches. (For smaller cooky sheets, divide the dough in 3 equal portions and roll each portion out to a by 12-inch rectangle.)

Use a pastry wheel to cut the dough into 3-inch squares. Or instead of the wheel, use a large French knife and press directly down to cut lines. Bake in a 325° oven for about 30 minutes or until lightly browned.

With a spatula, transfer crackers to a rack to cool. Store airtight at room temperature. Makes 40 crackers.—*E. P., Walnut Creek, Calif.*

Oatmeal Crackers. Follow recipe above omitting graham flour. Use 2 cups quick cooking rolled oats plus 1½ cups regular all-purpose flour, unsifted.

DARROW M. WATT

Sandwich stacks

Present these attractive sandwiches with a bowl of hot soup for a quickly prepared lunch.

For each serving you'll need tablespoon softened butter or margarine, ½ teaspoon prepared mustard, 3 slices bread (white, rye or pumpernickel) with crusts removed, and ½ cup shredded Cheddar or jack cheese. Blend together butter and mustard and spread on bread slices; top with the shredded cheese.

Stack slices with cheese sides up, place on a greased shallow pan and bake in a 400° oven for about 7 minutes or until cheese on top is bubbly. Then slice each into strips.—*D. S., Los Angeles.*

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The art of precooking vegetables

In planning a party meal, most hostesses look for ways to avoid last-minute jobs that demand close attention, like cooking fresh green vegetables: Cooked too far in advance or kept warm too long, they lose their texture and bright color.

However, this sensitive behavior can be controlled by blanching, a precooking technique used in preparing vegetables for freezing. At serving time you simply warm the precooked vegetable in a frying pan with seasoned butter.

Interestingly, this precook treatment stabilizes the color and keeps the nutritive value comparable to that of vegetables cooked by other methods.

How to Precook Green Vegetables

Bring 4 quarts water to boiling and add 4 teaspoons salt. Add vegetables (see recipes that follow) and cook over high heat until boil resumes. Time from this point, according to directions that follow for specific vegetables.

Remove from heat, drain at once, and immerse vegetable in at least 8 quarts of coldest tap water; swirl about to coo quickly. Drain well and refrigerate, covered, as long as two days.

Peas with Pine Nuts

- 3 cups fresh shelled peas (about 3 lbs. in shells)
- 4 tablespoons butter or margarine
- ½ cup pine nuts
- 1 clove garlic, minced or mashed
- Salt and pepper

Precook peas as directed above, boilin 5 to 10 minutes until tender to bit but still bright green.

At serving time melt butter in a 10-inc frying pan and add pine nuts. Cook stirring, over medium heat until nut are light gold color. Turn heat high, ad peas and garlic, and stir just until ho through, about 3 minutes. Salt and pep per to taste. Makes 4 to 6 servings.— *R.M., Roseburg, Ore.*

Curried Cabbage

- 1 medium-sized cabbage (about 2 lbs.)
- 4 tablespoons butter or margarine
- 1 teaspoon *each* curry powder and sugar
- 1 clove garlic, minced or mashed
- 6 slices crisply cooked bacon, crumbled
- Salt

Core cabbage and cut in 1-inch-wi wedges, then cut each wedge in 1-inc lengths. Precook cabbage as directe above, boiling for 1 minute.

At serving time, melt butter in a 10-inc frying pan; stir in curry powder, suga and garlic. Turn heat high, add cabbag and cook, stirring, for about 5 minute Add bacon and salt to taste. Makes to 6 servings.— *E.B., Richland, Was*

Broccoli with Mustard

Trim tough ends from 1½ to 2 poun broccoli. Cut off flowerets and reserv slice stems crosswise ⅓-inch thick. Pr cook stems as directed above, boiling minutes. Then add flowerets and b about 2 minutes longer until just tend

At serving time, melt 3 tablespoons bu ter in a 10-inch frying pan and stir 1½ teaspoons dry mustard and ¼ te spoon ground nutmeg. Turn heat hig add broccoli, and cook, turning with spatula, until hot through, about 3 m utes. Salt to taste. Serves 4 to 6.

Hot Chile Zucchini

Cut 1½ pounds zucchini in ½-inch sli and precook as directed above, boili 2 to 4 minutes until just tender.

At serving time, melt 3 tablespoons b ter in a 10-inch frying pan and add tablespoons *each* chopped onion a green pepper. Cook, stirring, over m dium heat until onion becomes tra lucent. Turn heat high, add zucchi and cook, stirring, until hot throu about 3 minutes. Add 2 to 3 tablespo finely chopped California green ch (seeds and pith removed) and salt taste. Makes 4 to 6 servings.

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First get yourself two rabbits

en the lean, all-white meat of a fryer ›it bakes with a sauce, a remarkably er and succulent dish results. In our ›e the orange-wine sauce imbues meat with a subtle sweet-tart flavor. ›imply making a different sauce, one ›red with capers, anchovies, and to-›, you make another dish, Italian-: rabbit.

can often find rabbit, cut up and .aged, in the frozen food section of · market. Meat markets and poultry ›s may have whole dressed rabbits; : them cut into serving pieces.

bit in Orange-Wine Sauce

2 fryer rabbits (about 2½ lbs. *each*), cut in serving pieces
⅓ cup flour
½ teaspoon *each* salt and pepper
2 teaspoons paprika
½ cup (¼ lb.) butter or margarine
3 medium-sized onions, thinly sliced
Orange-wine sauce (recipe follows)
1 can (about 2 oz.) sliced black olives, drained

e the rabbit pieces with a damp ı and pat dry. In a bag, blend the ', salt, pepper, and paprika. Put in meat, a few pieces at a time, and e gently until coated; shake off any ss flour and reserve. In ■ Dutch of 5 quarts or larger (or a large proof frying pan), melt the butter medium heat and lightly brown rab-›n all sides, without crowding; set ›s aside as browned.

onions to pan and cook, stirring. lightly browned; stir in reserved . Return rabbit to pan, pour in the ge-wine sauce, and mix lightly. Cover bake in a 375° oven for 1 to 1¼ s, or until very tender when pierced a fork. Remove meat to a platter; warm. Add olives to pan juices. vigorously until sauce thickens ›what; pour over meat. Serves 6 —*I. R., North Sacramento.*

ıge-Wine Sauce. Blend ¼ cup thawed ›n orange juice concentrate, ½ cup white wine or chicken broth, 1 tea-n salt, and 1½ teaspoons thyme. ıbled.

ın-Style Rabbit

›w the recipe for Rabbit in Orange-: Sauce, omitting paprika and olives. ad of the orange-wine sauce, com-¾ cup tomato juice, 4 anchovy fil-(finely chopped), ¼ cup drained rs, and 3 carrots cut in ½-inch ›. At serving time sprinkle chopped ey over meat.

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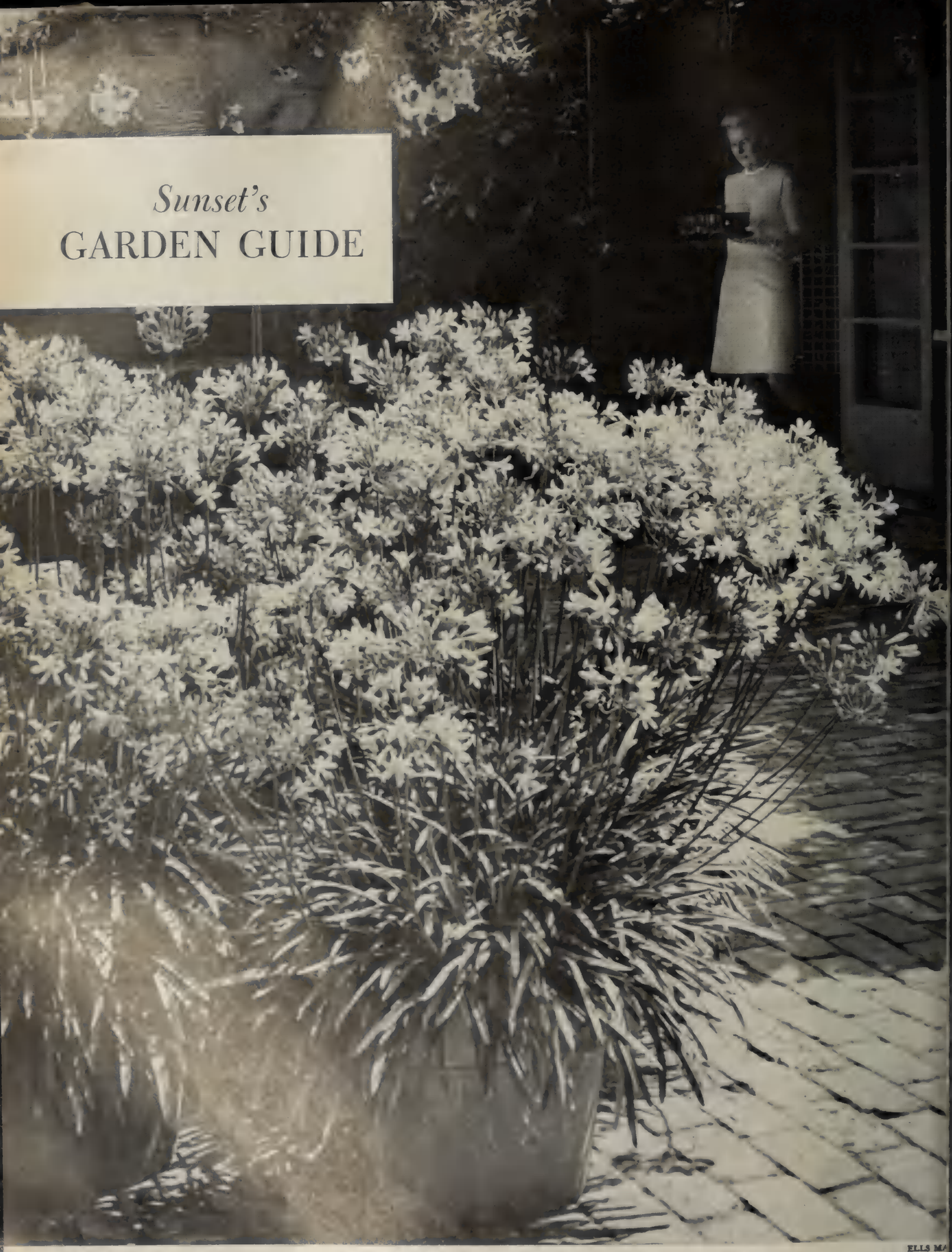


Sunset's GARDEN GUIDE

ELLS MA

Peter Pan blooms in the sun

Warm, sunny weather brings Agapanthus 'Peter Pan' into full bloom in late May or early June. These 4-year-old plants have a heavy crop of delicate blue flowers. You'll find agapanthus in gallon cans at nurseries this month

AY IN YOUR GARDEN:

It's sit-and-enjoy month . . . it's also last chance month

y **is a great month** for enjoying your den. The weather can be so pleasantly m you just want to lie in the sun and ch things grow. You can, if you did st of your planting in April; but erwise, May is the last really good nth to get in summer-flowering plants.

ce summer begins next month, there some last-minute spring chores and w presummer things to do. Garden nts grow fast in May so they need er and feeding. Weeds grow pretty , too, so you'll want to do some hoe- or weeding.

n with these and other jobs you'll in the check list, there's no need to ry. The days are long enough to allow of time for enjoying the weather and the spring plants still in bloom.

ds from across the Pacific

many nurseries this spring you will a special display of some interesting etable seeds: yard-long beans, Chinese bage, Sooyoo cucumber, Kurume plant, ornamental kale, bunching on, Mino radish, and Tokyo market nip. These are all Japanese vegetables are quite common in Oriental mar- but will be a treat for most Western leners (although the ornamental kale es a pretty bitter vegetable dish). pee Seed Company imports the pack- from Japan's largest seed grower.

st of these vegetables do best in a l climate like that of the Bay Area. yard-long beans do well even in the er interior valleys.

esian rhododendrons . . . they d to grow only in greenhouses

fornians living near the coast may e a new rhododendron for their gar- s. The Malesian rhododendrons (rho- endrons from Malaysia, Indonesia, Australia), once prized Victorian nhouse plants, seem to like our tal climate. About the only source he rhododendrons in the Bay Area e Strybing Arboretum Society plant held annually in April, where more 300 have been sold in the past e years.

this last winter it was possible to get a pretty wide sampling for a test of their frost tolerance. In most cases, there was no damage and they flowered right through the winter.

If you bought one at the plant sale, it is probably growing in three parts pine needles and one part sawdust. Many are epiphytic (they grow in trees) and need feeding only when they really appear to need it. Water them only when they dry out. They make excellent container plants and will grow in the original container for several years.

If you want to plant them out, do it as they do at the Arboretum in Golden Gate Park (a good place to see the Malesians), where they're planted in a raised area of partially decomposed pine needles in a small clearing among tall trees. Although the Malesians take more summer heat than most rhododendrons, they need afternoon shade.

Something you don't have to water

Prostrate juniper is one of the most widely used woody ground covers in the West. Yet, as far as watering is concerned, it's one of the least understood. Every year the University of California's plant pathology department in Berkeley examines junipers that suffer from root rot caused by watering.

To avoid the problem, don't water junipers in the summer, and keep junipers away from regularly watered areas such as lawns. Newly planted junipers need

NORMAN A. PLATE

Flowers, leaves *of Malesian rhododendrons vary as much as better known garden hybrids. Orange and yellow R. zoelleri 'Golden Gate' above; red trumpets of R. wrightianium above right; at right, pink clusters of a hybrid of R. aurigeranum and 'Pink Delight'*

Sunset's GARDEN GUIDE

summer water the first year, but after that, leave them alone throughout the dry season.

Simple propagation from cuttings

Propagation from cuttings isn't nearly as difficult as many people think. The photographs below were taken in a commercial nursery. Their method of rooting cuttings is as easy as you can make it. This is a good month to take cuttings; new growth isn't too hard or too soft. Traditionally, propagators say the cutting material should break with a quick snap.

Break or cut off 2 or 3 inches of new growth. Then trim at a slant, ⅛ inch below a leaf. Cut off several of the lower leaves, dip in rooting hormone, and stick the bottom part of the cutting in a pot filled with half peat moss and half sand. Put the pot of cuttings into a plastic bag to provide a humid atmosphere (like a small greenhouse). Keep it in a warm spot out of direct sunlight. After the cuttings develop roots, you can put them in individual pots.

You can take cuttings of these plants this month: azaleas, ceanothus, chrysanthemums, daphne, dianthus, fuchsias, geraniums, ivy, lavender, pelargoniums, penstemon, roses, and rosemary.

Feeding predators in your own backyard

Aphids, scale, mealybugs, and some other sucking insects leave a sticky honeydew coating on leaves, stems, and flower buds. This honeydew attracts beneficial insect predators such as the green lacewing, syrphid fly, and ladybug. The adult predators that don't eat the sucking insects often just lap up the honeydew. Then they lay eggs and the resulting larvae feed on the sucking insects.

If you want to get a head start in attracting your own predators before their prey even arrives, you can buy an artificial honeydew. By the time the sucking insects become a big problem, the predators are already there. The artificial honeydew preparation is sold in small shakers under the name Pred-Feed A; a similar product is called Bug-Bait.

Some tips on planting from flats

If you do any planting this month from flats or the little plastic six-packs, here are a few precautions to take. Be sure the soil mix in the container is not bone dry or it will crumble apart, leaving just exposed roots. At the same time, don't let the soil get too wet or it will pack into a mudball that roots can't escape.

Rather than cut plants out of a flat, try to lift a corner of the mass of plants and gently pull each plant and its soil away from the others. With the six-packs, pop the plant out and crumble a little soil off of the root ball to make sure the roots haven't grown around in a circle. Don't worry about a few roots breaking off. It's better to have that happen than to have roots later strangling the plant.

If the weather is particularly hot, shade plants from midday sun with a shingle or temporary lath structure.

A support for growing cut flowers

Commercial growers of carnations for cut flowers use the training and supporting device shown in the photograph at right: several layers of 6 by 7-inch welded wire. The long, not too sturdy stalks grow up through the mesh, which gives them the necessary support.

You could try the same thing on a smaller scale in a corner of your garden. Besides carnations, it would work for other long-stemmed flowers grown for cutting.

You can use any size mesh as long a: it will allow a fat flower bud to grow through. Plant the carnations or othe flowers closer together than you woul in a garden, to help force the long stems

Tomatoes' inheritance

Verticillium wilt is one of the most com mon ailments of tomatoes. If you live i an area that once had almond, aprico cherry, peach, plum, or prune orchard or commercially grown vegetables, ther is a good chance the verticillium fungu that infected them is still around.

Tomatoes lose all their inner leaves whe affected by the verticillium wilt. The lo of leaves and a general slowdown c growth cause the fruit to burn and spo before it's ripe. Usually you'll still g tomatoes but not the quality or amou you hoped for.

To prevent this, buy wilt-resistant vari ties of tomatoes. They're usually labele VF or VFN resistant (V is for vertic lium wilt, F for fusarium wilt, and for nematode).

Should you plant by the moon?

"Plant seeds during the inclination of t moon and transplant seedlings during t declination of the moon." This is t simplest of the garden lore involving t moon. Not many years ago, farmers a ways timed their sowing, transplantir harvesting, and other farm chores to t moon's influence. If you want to s whether lunar planting will make yo seeds germinate any faster or yo transplants transplant any better, h are the crucial lunar dates this mon The moon is in inclination (planting ti for seeds) between the 1st and the 1 (full moon), and in declination (tra planting time) between the 10th and 24

Almanacs, anyone?

Farmers traditionally have relied on manacs to inform them of the moo activity. Some almanacs even sugg specific days for specific chores, and make bold predictions of the ye weather. There are still some alman being published today: *Baer's Agric*

NORMAN A. PLATE

Taking cuttings *can be as easy as this: Snap off 2 or 3 inches of new growth, make a clean cut at a slant ⅛ inch below leaf, and pull off a couple of lower leaves; then dip in rooting hormone*

Long-stemmed *carnations grown for cut flowers get needed support as they grow up through network of welded wire*

Almanac (Grosset and Dunlap. York), and *The Old Farmer's Al-ıc* (Yankee, Inc., Dublin, N.H.) wo.

estates that became arboretums

emont and Saratoga two old estates, small and one quite large, are now c arboretums. Neither has had ı done to it (both need volunteer , but they're pleasantly overgrown fully mature shrubs and trees.

Montalvo off the Saratoga - Los Gatos Road in Saratoga covers 175 acres with native woods and landscaping on a grand scale typical of the early 1900's. Some of the extremely large specimen trees are. a European birch, a tulip tree, and a bunya-bunya tree. The Shinn Historical Park off Peralta Boulevard in Fremont is only 4½ acres but some large and exotic specimen trees grow there, including Moreton Bay fig and *Beilschmiedia (Cryptocarya) miersii* (a native of Chile that looks like a big, old coast live oak).

MAY CHECK LIST:

☐ **Annuals.** May is the last really good month to plant from seed or nursery flats any of the summer or fall flowering annuals. A few days before planting, soak ground so there is enough moisture down where roots will grow. When the surface dries out a little, loosen it and incorporate a complete fertilizer, then plant.

☐ **Compost.** Warmer weather will begin to dry out compost piles, so keep them damp.

☐ **Feeding.** Almost everything needs feeding during its period of rapid growth in May. Feed rhododendrons and azaleas after blooming. Feed roses after first bloom to encourage a second bloom later this summer. Plants in containers need regular and frequent feedings because constant watering leaches out nutrients.

☐ **Lawns.** Plant dichondra lawns this month. Dichondra can be seeded or planted with plugs from nursery flats. Remember to cut Bermuda lawns as low as you can set your mower (½ inch).

☐ **Mulching.** A good mulch will save you from watering so often. Work mulch into the soil a little to keep the surface from baking hard.

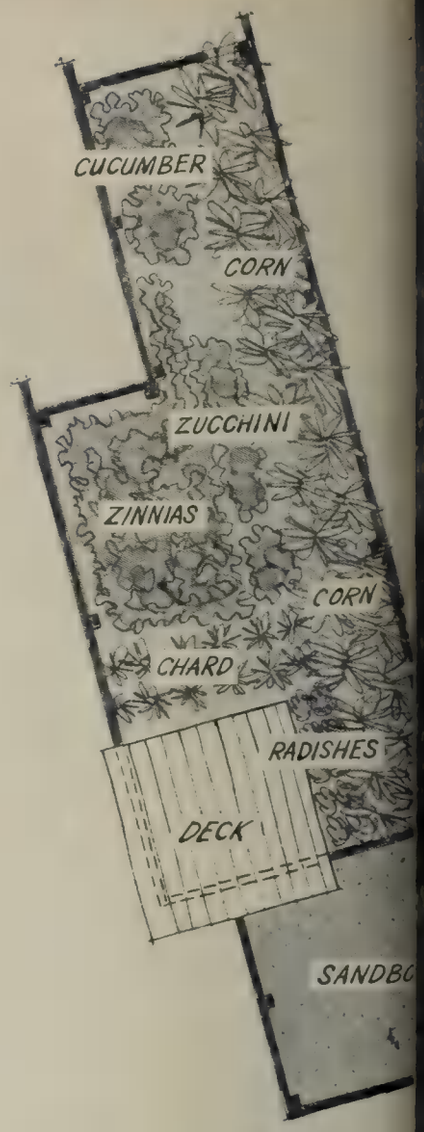
☐ **Perennials.** Stake spiked perennials such as delphiniums before flower spikes get too big. You can propagate many perennials this month (see page 230). This is the last month to plant many kinds of perennials out of small nursery pots if you want to have summer bloom.

☐ **Rhododendrons.** Nurserymen try to get their rhododendrons into peak bloom on Mother's Day, but the peak usually comes a week or two earlier. This is a good time to see what they look like.

☐ **Trees.** Build watering basins around young trees that will require summer water. Feed trees now to help them in their May growth surge.

☐ **Vegetables.** All summer crops can go in now, including eggplant and melons. Make sure your vegetable garden is in full sun and away from competing tree roots or it will never look very healthy.

It's for zinnias, corn, radishes, Swiss chard, zucchini, and two little girls. Flowers, vegetables, girls all like it



May: *Owner stabs with digging bar to make hole for 2 by 4 stake. String marks front of raised bed. At right, after nailing 2 by 12's to stakes, he adds ground bark to raised bed. Sandbox, deck, seeds go in next*

June: *Without leaving deck at corner of vegetable garden, girls sample first radishes—28 days after planting*

WILLIAM APLIN

Corn, zinnias are blooming, zucchini is ripening in raised bed. Sandbox and raised ve 2 by 12 sides. Deck of 2 by 6's over corner where raised bed joins sandbox

is a raised bed, small deck, and ox all in one.

wo little girls who played in the ox last summer had the added fun tching seeds grow into plants taller themselves in just three months. got to observe insects at close and sample the fresh produce.

er vegetables and flowers liked it too. The process of filling in a bed by adding more soil and or- matter makes the ground richer oser; and watering is a simple of flooding with a hose.

mbining a place to play and a place w summer plants, the owners saved in their small garden in Los An- San Fernando Valley. And they he same materials for the whole thing, which simplified construction and gives a unified appearance.

The sides of both the raised bed and the sandbox are 2 by 12 rough-cut redwood set in trenches about an inch deep; they're nailed to 2 by 4 stakes at the corners and every 4 feet between. If you make the front boards overlap the side boards by about 6 inches, you won't have to worry about squaring off joints at the corners.

The raised bed is 21 feet across the back, 9 feet from back to front at the widest point. The sandbox measures 6 by 7 feet.

The deck is 6 feet square. It's made of 2 by 6's of finished quality (rough-cut lumber used here might give splinters). It's supported at right and front by one corner of the raised bed and by two more 2 by 12's at the back and left side.

All the plants shown in the photographs are one-summer-only flowers and vegetables. The owner's strategy was to plant closer than usual and fill every square inch of space. The result is more crowded than a productive vegetable garden should be, but this garden is at least as much for looks as for food production.

All the seeds went in by mid-May. Here is the order of harvest:

June 18—radishes

July 4—first zinnias blooming

July 23—Swiss chard

July 28—zucchini

August 1—cucumber

August 3—'Golden Bantam' corn

August 10—white corn

Did you ever say "Think of all the starving children in Asia"

when your own kids were small and wouldn't eat properly?

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DON NORMAN

Dense array *of fronds of potted, year-old Boston fern are 10 inches high*

These ferns need little care

Here are two handsome, carefree ferns, one for potting and one for landscaping. In the pot is a Boston fern, a widely available type of sword fern that usually does best indoors but can be grown outdoors if the location is right. The one in the photograph above stays outside all year in a shaded, Southern California garden. It requires practically no care: the owners keep it well watered and feed it occasionally. It's planted in a mixture of peat moss and planting mix.

The lace fern (*Microlepia strigosa*) shown below is even easier to grow; it will tolerate erratic watering and poor soil. This 3-year-old thrives in a mixture of native, clayish soil and added topsoil; it's surrounded by a mulch of ground bark. The owners water but do not feed it. It's hardy to 28°.

Lace fern *thrives in shaded north exposure. Airy fronds are 2 feet high*

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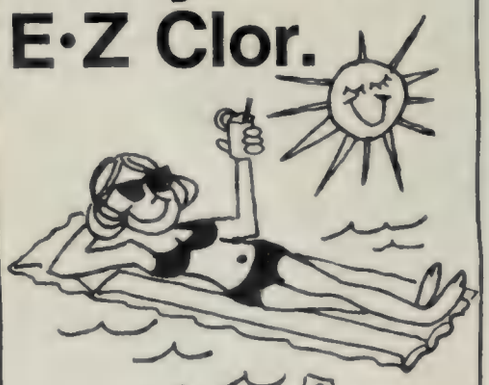

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DARROW M. WAT

Compost bin *walls go*
or down—to match supply—by stacki
or unstacking of railroad t

Compost is what makes the Cooper garden go

The 13 kinds of edibles in this photograph, plus a few more, were grown in a bounteous garden that has never been fed with chemical fertilizer. Furthermore, the vegetables were never sprayed or dusted at all. Only two of the fruits have ever been dosed—the peaches were sprayed for leaf curl, the grapes were sulfured for mildew.

The garden is at the home of Mr. and Mrs. Alexander Cooper of Martinez, California. Mr. Cooper has been gardening without chemicals (except for those two fungicides) on this site for 10 years. You see him screening compost above.

Last summer, as the Coopers' guests, we sat in the shade of their big trees, tasted their fruits and vegetables, sipped their pomegranate juice (frozen from the autumn before), and walked many times through the garden. The crops and plants were equal to those grown in other gardens with chemicals. Some were better. Compost is the stuff that makes the Cooper garden go. Mr. Cooper uses as a mulch, a soil conditioner, and fertilizer. Since he fortifies his comp at times with barnyard manure, it is r enough to sustain the kind of growth a fruit formation that you see on th pages. He believes that chemical fe lizer would make his alkaline soil wor

Mr. Cooper begins to make compost early spring with young weeds. As seasons come on, he adds prunings, cl pings, and pulled plants from the g den. From the kitchen he adds vegeta discards (no meat—it attracts flies, do and cats). He avoids branches thic than ½ inch. He does not throw layers of soil but does keep the co post moist.

He uses three bins. In one he p green stuff until it's 3 feet (four railro ties) high. Then he throws it all i another bin. It's hard work but not hard as a complete turning within bin. Later he throws the same mate

4 ways better than ordinary garden hose...

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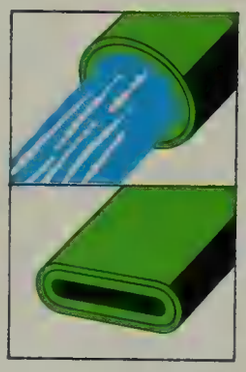

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AMERACE ESNA CORPORATION

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oth pairs is 'n Hers Garden Gloves FREE of Extra Cost

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Marion, Ohio 43302

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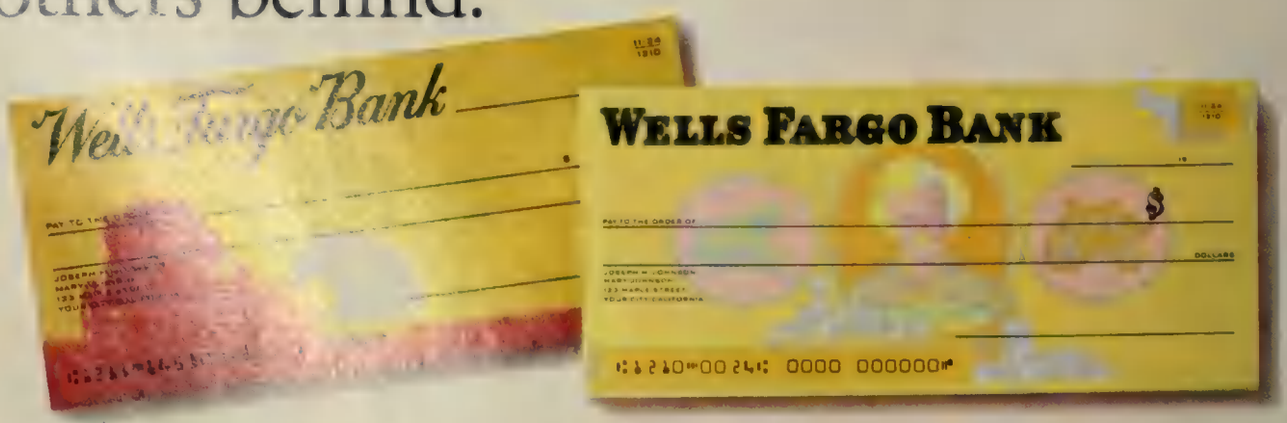
address _____

city _____ state _____ zip _____

If Mark Twain had been less of a rugged individualist, he would have stayed in Monroe County, Missouri.

Instead, he came West. And left the others behind.



They say you're part of the West.

ADMINISTRATIVE HDQRTS 464 CALIFORNIA SAN FRANCISCO 94120/SOUTHERN CALIFORNIA HDQRTS 415 WEST FIFTH ST LOS ANGELES 90054/MEMBER F.D.I.C

DARROW M. WATT

ck *goes over row of tomatoes after planting, holds plants. All plants compost-fed*

Ladder *supports tomatoes in garden of Mr. Cooper's neighbor, Mrs. Robert Hilson, Jr.*

third bin. The first two bins then ıew vegetation and aging compost.

Mr. Cooper wants compost for rden, he forks it onto a screen and ; the fine stuff through into a barrow. The coarse stuff goes back ore composting.

e fall, he screens the remaining ost and puts it in bottomless metal ; with lids. It stays there, dry and / all winter, ready to use in spring d planting.

about the lack of damage by in- mites, and mollusks? Maybe it's ck; maybe it's because the garden much of the gardener's shadow. ooper credits it to the many birds ang around his place. He has to t newly-set seedlings with screen- first three weeks so birds won't em, but having the birds around it worth the trouble.

How to talk a buyer out of buying your house.

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Street_____

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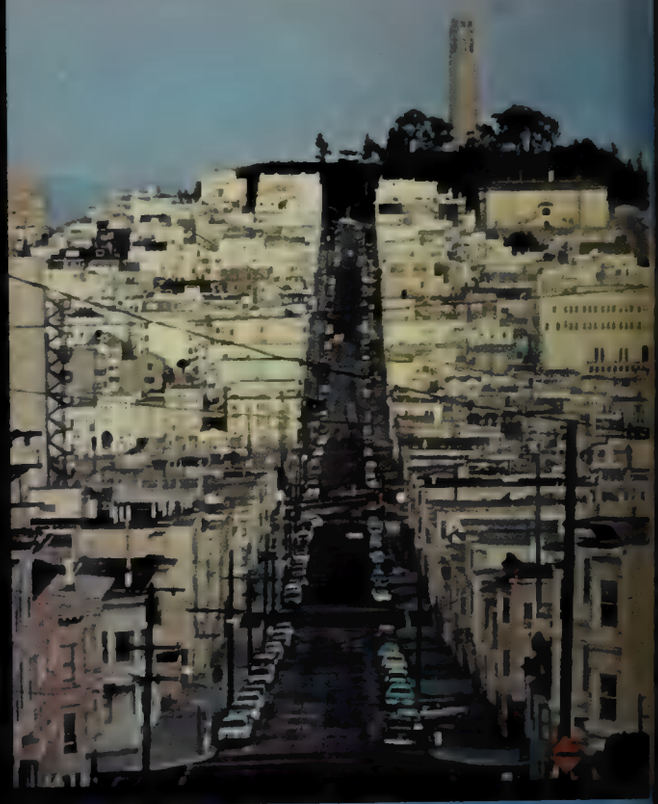
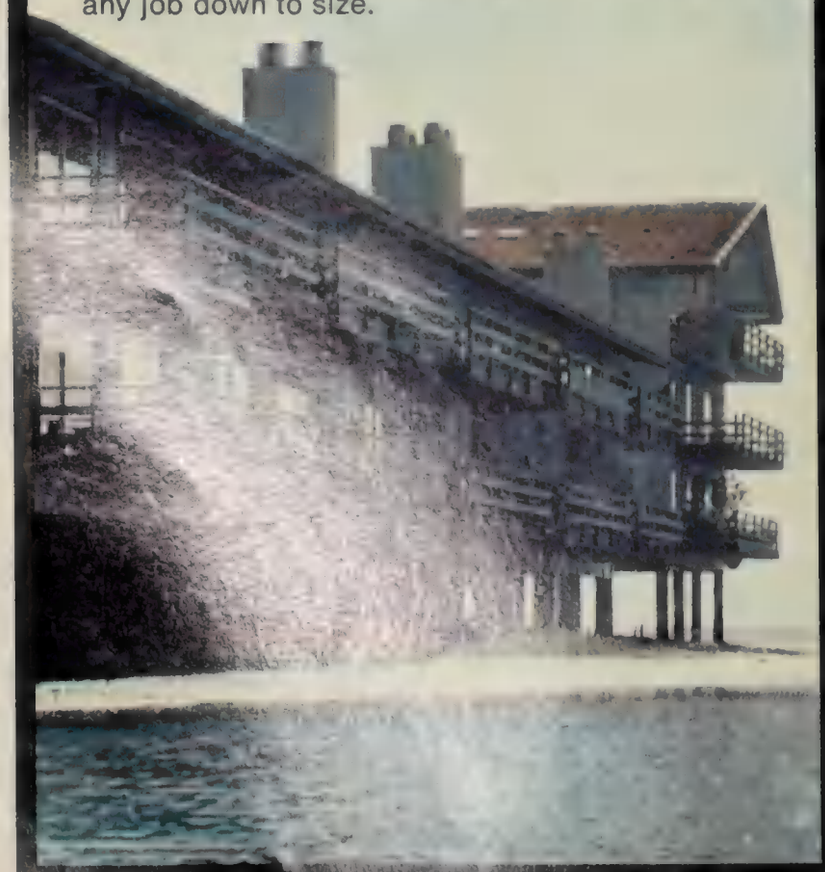
THE DUTCH BO

Nalcrete was developed by Dutch Boy for stucco, concrete block and other masonry houses. It's the granddaddy of all Dutch Boy® Latex House Paint.

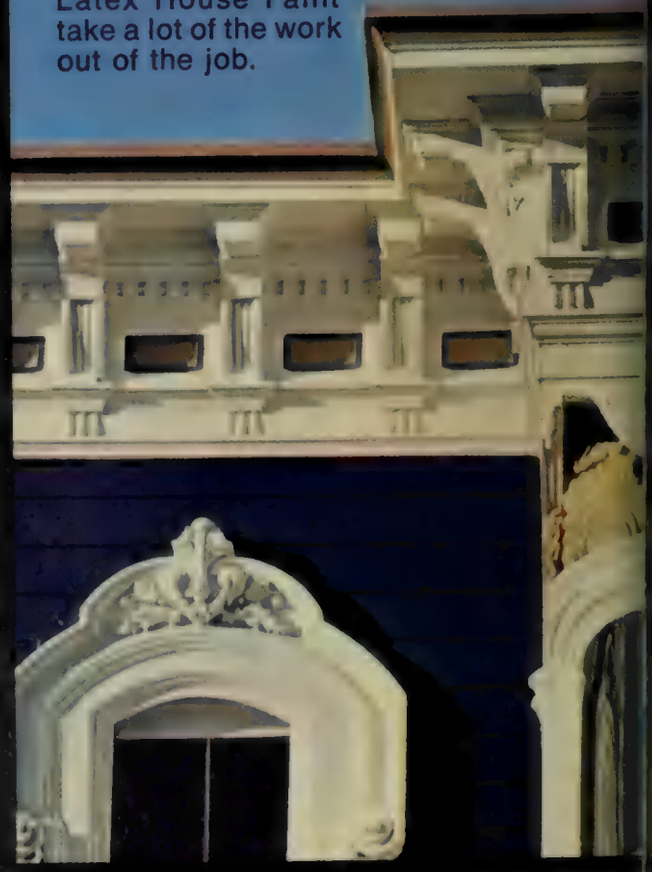
Sunset on Telegraph Hill. Many Dutch Boy are manufactured locally and specially forn for the region where they're sold.



No job is too big for the Dutch Boy, or too complicated. Dutch Boy makes paint products that shrink any job down to size.

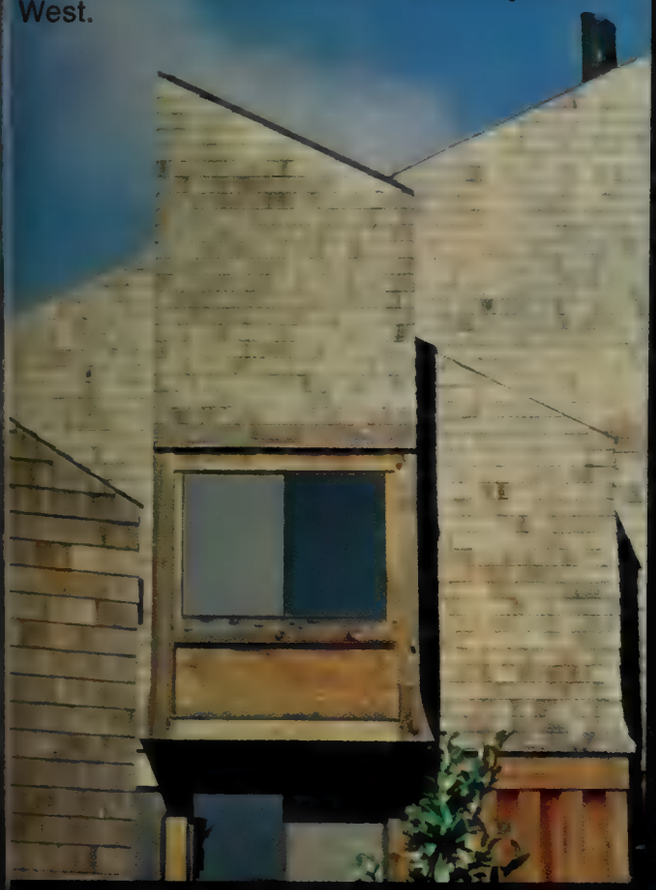


It takes more than just the right paint to b this style. Over 2,000 different colors of Du Latex House Paint take a lot of the work out of the job.



AINTS THE WEST.

r wood stains are tailored to western tastes
stern needs, and many aren't sold anywhere
West.



A house built to be a part of nature has to face all the elements. Extreme wind, sun and salt spray demand the best in protective surface coverings.

painting — like western living — is an art
wn. The art of bringing the outdoors in and
ors out. No paint company's experience
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Liquid manure as plant food

British gardeners swear by liquid m nure. They use it on just about ever thing, while very few gardeners in t West have even heard about it. But mo are getting interested because liqu manure is the original liquid fertilizer.

To make it you need a big tub, a burl bag, and some manure. The manure c be the type you buy in a sack, but m users of liquid manure prefer gatheri their own from the field or a barn. Th say it has fewer toxic salts and is strong than the kind sold by the sack.

Fill the burlap sack with manure a suspend it in a tub of water—much li putting a tea bag in a cup of water. Ir day or two the water should becor about as dark as black coffee. From h on it's like using any other liquid f tilizer. You have to dilute it further that it looks like weak tea and then u it in the garden. You should experim a little to make sure the strength you using won't burn plants.

There are variations. Liquid compost compost soaked in water like the manu and you can use other manures than t of cattle. If you try any variation be su to test its strength on plants other th your favorites.

DARROW M. WATT

Sack *of manure hangs in tub; ad water, soak to make liquid manur*

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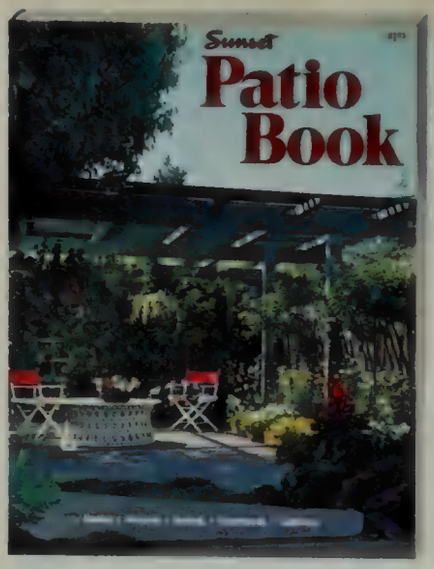

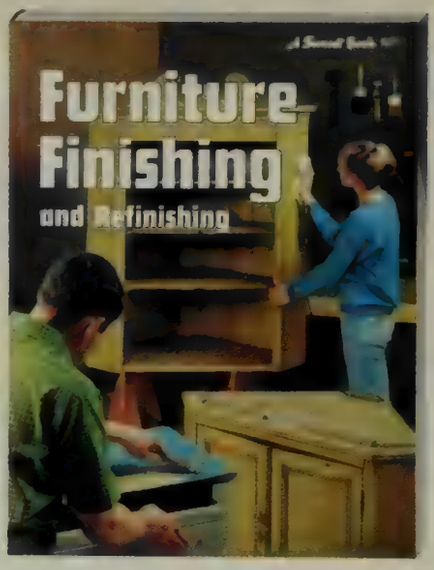

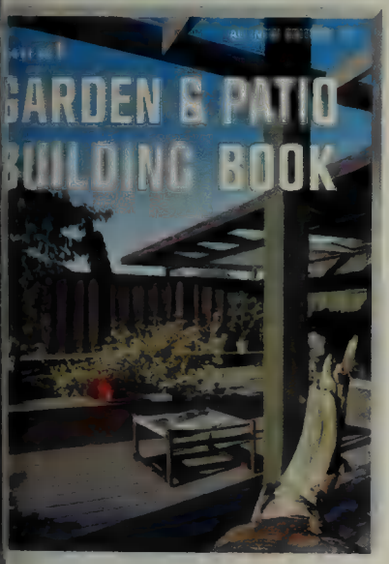

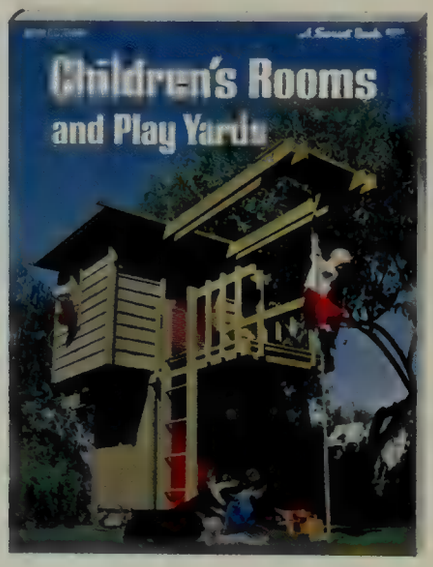

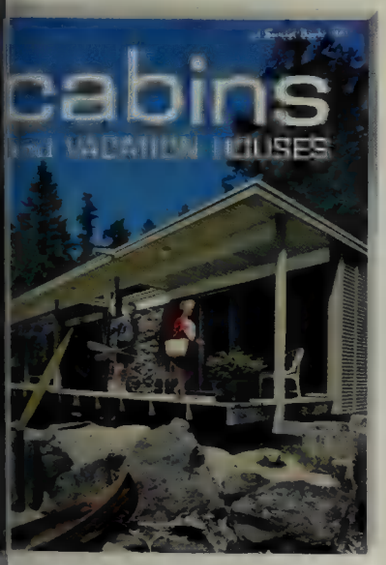

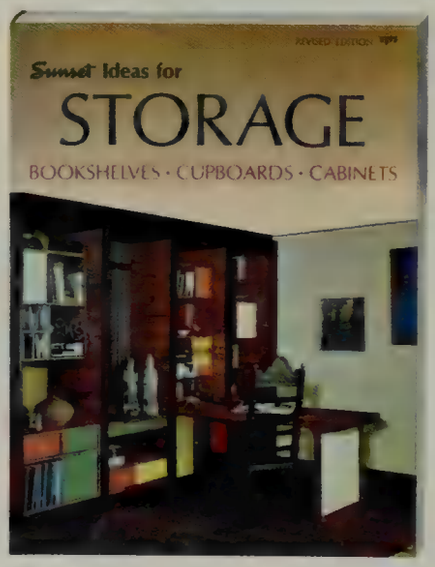

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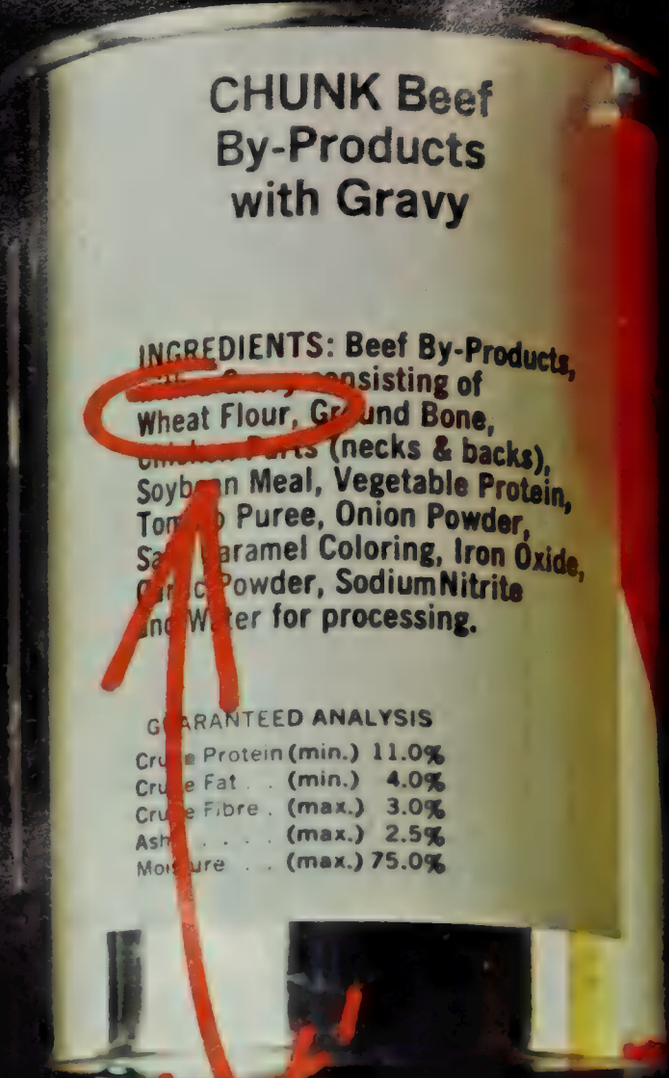

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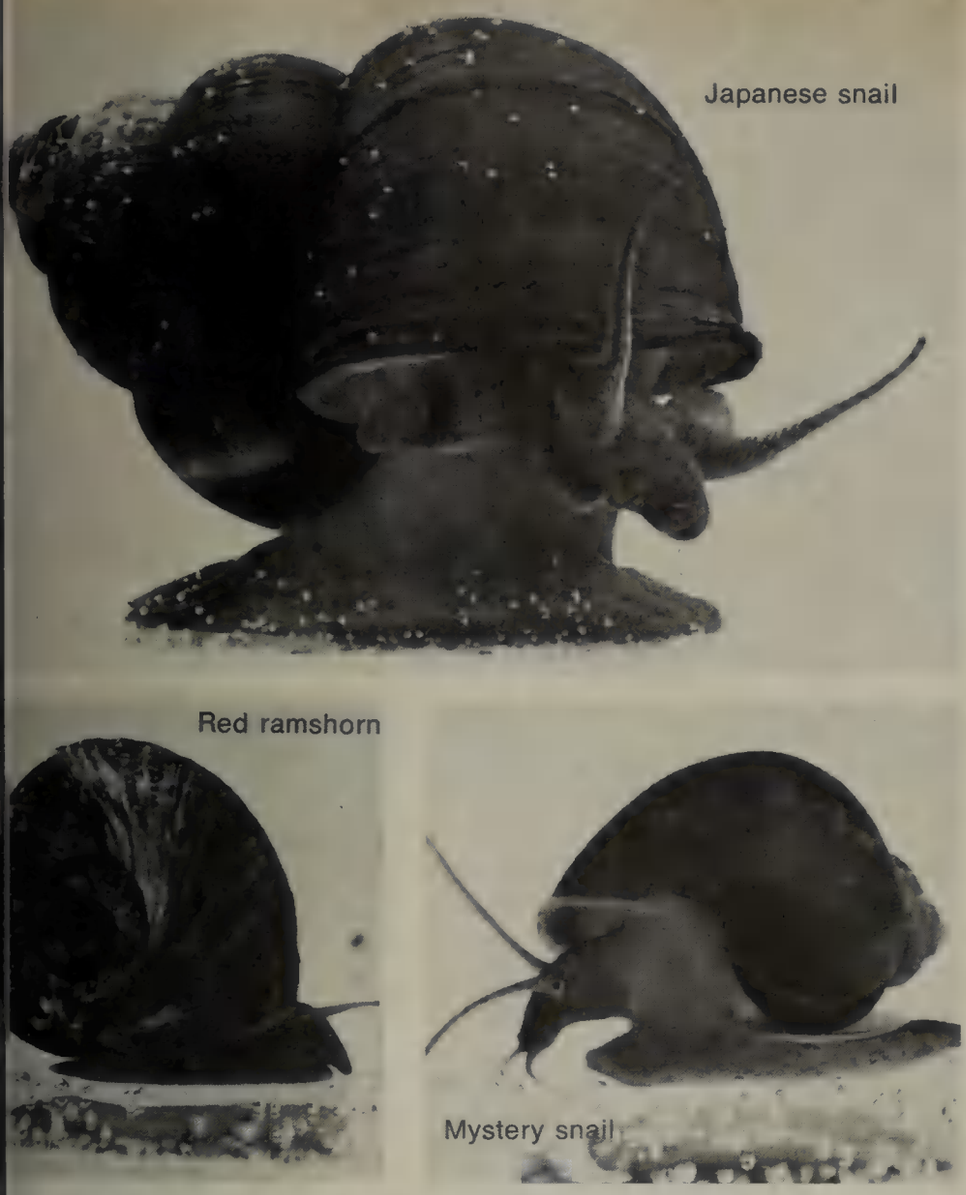


e most common snails *sold for garden ponds: Japanese snail grows to of handball; red ramshorn, size of quarter; mystery snail, size of golf ball*

Meet the good snails. They can benefit a garden pond

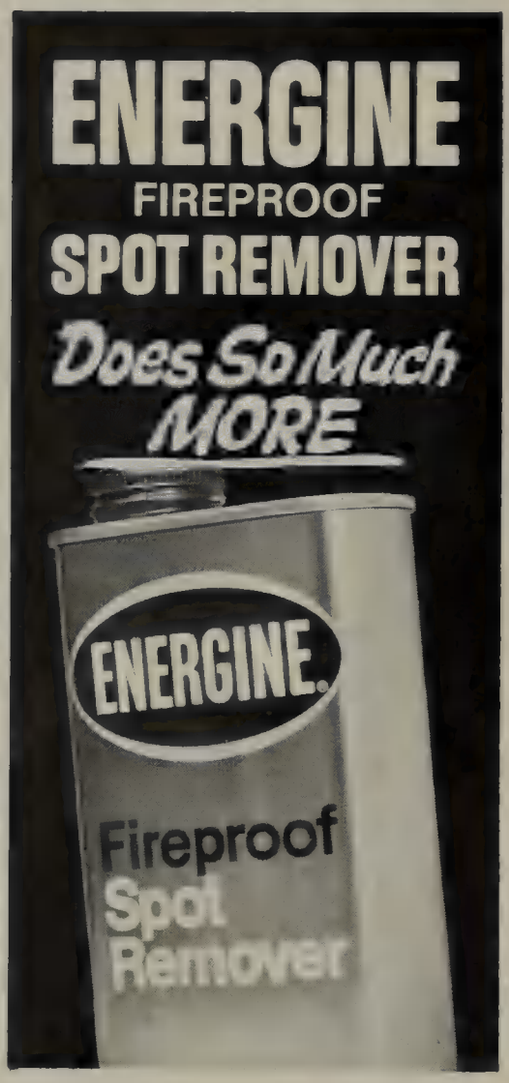
cautious creepers shown above are esh-water snails, sold in pet stores quariums and garden ponds. They're at all like the plant-hungry land you battle in your garden; instead, aquatic scavenging habits can ben- pond. Now is the time to put them nds; they're active spring through becoming dormant with the first weather.

avengers, water snails help keep clean by eating excess algae, de- l plant life, and bodies of dead fish other snails. Snails also signal dan- a pond. When the water becomes cid or too foul from decayed mat- hey will cling to the sides of the pond just above the waterline. Extremely acid water, which is dangerous to fish, will kill snails first.

On the minus side, snails cannot keep ponds completely free of algae—that's impossible—and they will eat fish eggs. They do not eat waste matter, contrary to myth, and may even contribute more of their own than they are worth. If pond conditions are very favorable, snails may multiply out of control and compete with fish for food and oxygen.

Buying snails for garden ponds can be confusing; pet stores sometimes mistakenly sell one kind of snail as another, or simply label all their snails as pond snails. Thus it may be difficult to be sure

Why buy a spot remover that just removes spots?



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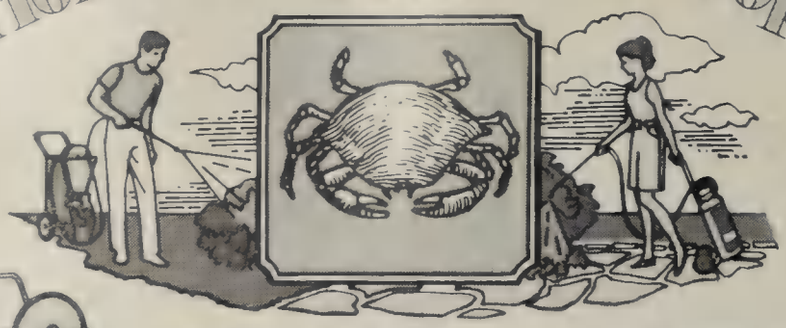
Horticultural Horoscope

(One in a Series)



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Live outside and love it—now! If you're a Cancer (moonchild), you love evenings under a summer moon. But not when you're constantly annoyed by mosquitoes. For long-lasting relief, do this: First, get rid of standing water where mosquitoes breed. Then spray their daytime resting places—nearby shrubs, flowerbeds, high on walls. Use a Hudson sprayer because it's easy to apply a light residual coating (not drench the area). Result: days of pest-free comfort! *How* you spray *does* make a difference. Get your Hudson sprayer now.

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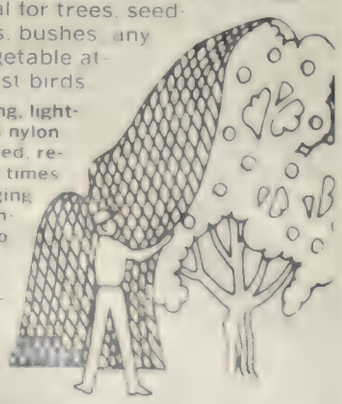

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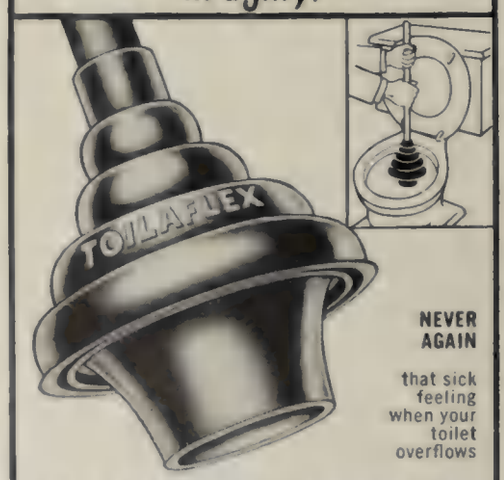

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SUNSET . . .
On Sale At All Newsstands

Common pond snail *is barely ½ inch long; it usually comes with aquatic plants, not sold*

you're getting snails hardy enough outdoors. Look for the kinds of sna described here; they cost from 5 to cents, they're widely available, and th can all live outside.

Japanese snail (trapdoor snail). The la est snail, with grey-brown, high-spira shell wider than it is tall. Very hardy a long lived; like goldfish, prefers col water. Perhaps the best scavenger.

Mystery snail. Dark brown shell w sunken channel around the turns of rather high spiral. Has four horns stead of the usual two. Not as har though; survives only in warmer por (above 70°).

Red ramshorn (coral snail, Copenhag red). Most popular snail because of coloring: Coral red body shows throu translucent, horn-shaped shell wh young (shows less when shell thick with age). Lives about two years.

One other snail that will thrive in yo pond is the common pond snail; usually comes in uninvited on aqua plants. His tiny size makes him an exc lent scavenger for crevices and slend plant stems, but he's so prolific that may become a real pest.

Japanese snail *creeps over red ramshorn, which retreats into shell, pulling "trapdoor" into place*

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Give us a strip of grass, we'll give you a patio. That's the beauty of Samsonite furniture. The beauty of the floral design, the sculptured steel tubing, the way the shapes were conceived and handled. In fact, with all that elegance, you'll be a little surprised at how tough it is. (And how comfortable!) You can leave it out in the elements and forget about it. Let us help you make crabgrass feel like Versailles. The pool can wait until next year.

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ionaire by Samsonite. For the dealer nearest you, dial 800-631-4299. In New Jersey, 800-962-2803. We pay for the call.

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There are two ways to fight off the insect invasion. You can arm yourself with a whole carload of insecticides and try to kill 'em off, species by species, or you can control all of them with just one product . . . Spectracide.®

Spectracide is the all-purpose insecticide that controls just about any bug that may attack your fruit trees, vegetables, ornamentals, flowers or, lawn. Aphids, leaf miners, leaf hoppers, ants, Bermuda mites . . . you name 'em, Spectracide will kill 'em.

Spectracide is available in liquid concentrate, granular or pressurized spray at your local garden supply store. **Spectracide.**

Hillside garden is built into a super raised bed

An amazing variety of plants are mas behind this retaining wall in a backy only 20 feet deep.

When the Bert Steiners bought th house in San Carlos, California, it l a small rear patio cut out of the hills backed by a short piece of the hill ris quickly to a fence. To prevent eros and make their small cliff usable growing plants, the Steiners built a rai bed behind a retaining wall.

The raised bed is held by the w retaining wall in front. Some conc blocks between wall and fence help h the hill but junipers planted in front the concrete blocks conceal them.

DON NOR

Raised bed *is big enough to get into for weeding the ferns, fuchsias, and juniper*

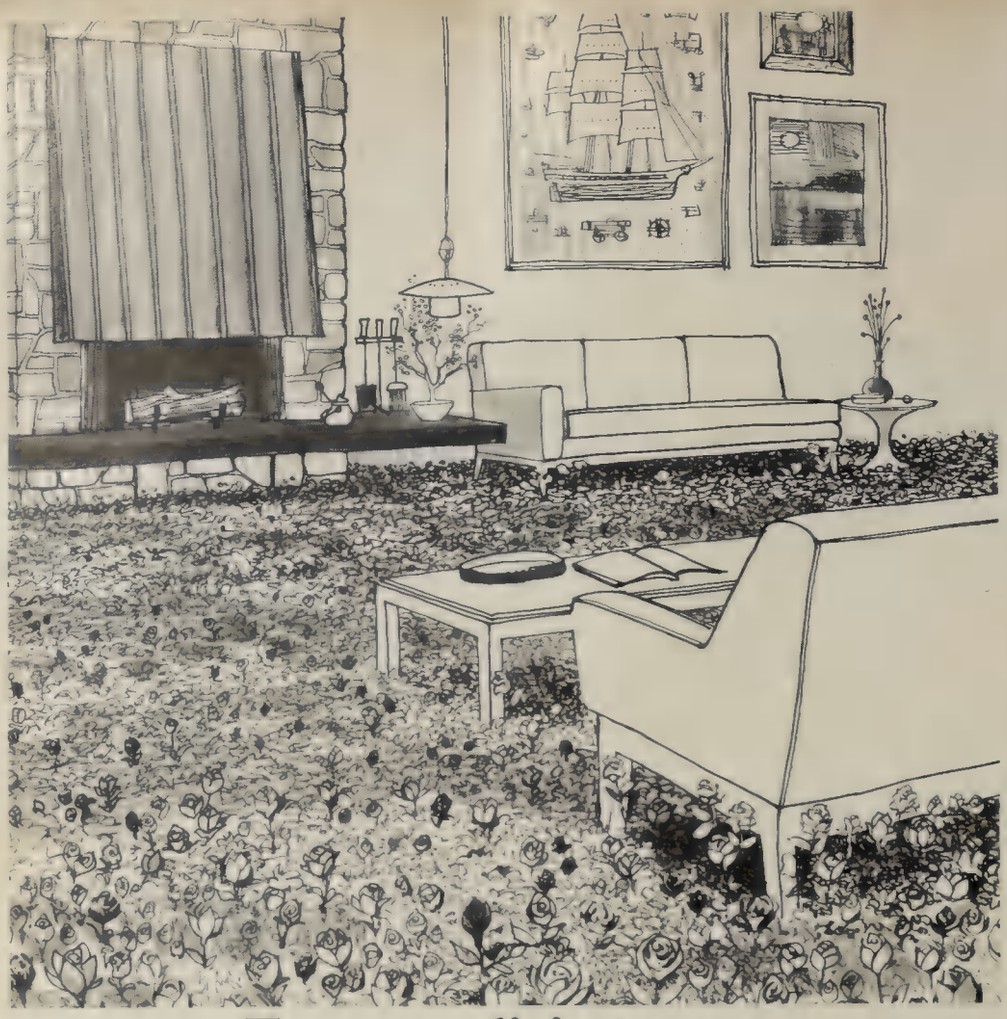
Now you're cooking out with gas.

It's simple with a Charmglow gas grill. You get real outdoor flavor. With no lighter fluids, no ashes, no mess. And no waiting. Gas reaches cooking temperature fast, keeps the exact heat you want. So go ahead. Broil steaks. Grill hamburgers. Barbecue a turkey. And eat by soft Charmglow gas light. For gas grills (single, double or portable), gaslights and torches, see your local gas company or dealer. Or write Charmglow Products, Inc., Box 329, Antioch, Ill. 60002. **Gas gives you a better deal.**

Idea booklet! 24 pages of patio layouts, color photos, complete details on landscaping and accessories. Everything you need to build your own "outdoor room." Send $1 to Dept. B at the Charmglow address above.

Charmglow®

AMERICAN GAS ASSOCIATION, INC.



Turn your living room into a rose garden. (With a little Black Magic.)

It sounds fantastic. And it is.

Now you can grow amazing, perfectly shaped miniature rose bushes indoors. And you don't have to have a green thumb to do it.

They're even easier to raise than regular roses, more resistant to disease, and extremely cold temperatures. They thrive in pots, planters, and window boxes, producing rich rose-scented blooms no bigger than a thumbnail.

For just $1.50 and a label or facsimile from any Black Magic product we'll send you two bushes in red, white or pink. With instructions for indoors or out.

And you can make sure they get the natural drainage and uniform moisture they need by using Black Magic, the planter mix that's specially formulated to duplicate humus, nature's light, spongy combination of organic materials.

Black Magic is available in variety stores, supermarkets, and fine lawn and garden outlets everywhere.

When you see how it makes your plants grow, you'll know why we call it Magic.

A Product of The Leisure Group, Inc

To: Rose Bush Offer
P.O. Box 3
Sierra Madre, California 91024

Please send me two red _____, white _____, pink _____ miniature rose bushes. Enclosed find $1.50 and label/facsimile from Black Magic Product.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

wooden retaining wall is in sections graduated height that roughly match contour of the hill.

The Steiners like the lush, green, trop look in a garden, so there are many s tropical and tropical-looking pl growing here. Some are valued for t leafiness, like the banana, nandina, ph dendron, and both asparagus ferns real ferns. The real ferns include sw and wood ferns, maidenhair, and s horn ferns growing in the shade of trees that came with the property— acacia and an oak. Under the ac they plant everything in pots so the tr roots won't strangle the other plants.

Other lush plants add color to the ga with their flowers. Azaleas, begon bromeliads, camellias, clivia, fuch hydrangeas, lilacs, and orchids all b

DON NOR

Sprinkler *keeps raised area moist, helps keep leafy plants behind junipers lush*

color to the green garden.

Mrs. Steiner wanted to have somet in bloom throughout the year. If a p is dormant, annuals fill in for it. S times one plant goes in on top of ano so they can take turns blooming. B are often used this way.

Containers allow the Steiners to even more plants. They have begon ferns, fuchsias, and succulents suspen in pots from the trees and in contai in front of the retaining wall.

To take full advantage of the gar the Steiners built a gas barbecue into middle of the retaining wall so they eat outside, and they put lights in garden for night use. They also add built-in sprinkler system to keep wa ing problems to a minimum.

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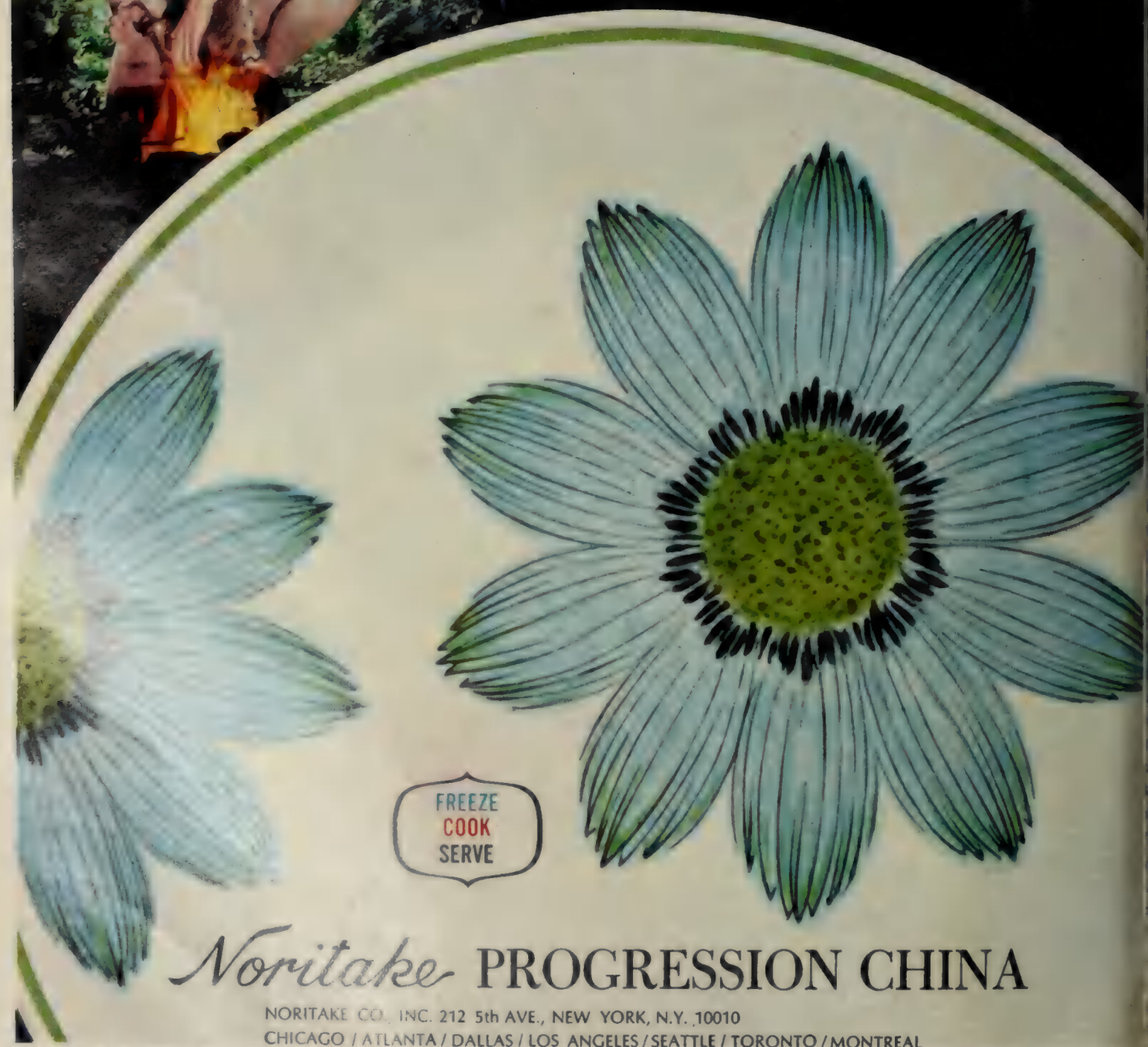

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DARROW M. WATT

hog cactus *(front) fits nicely in seed pot. Others are in flowerpots*

actus in pots are asy, interesting

nly thing that's easier to keep in tainer than a cactus is a rock.

cactus grow so slowly that they stay in the same container most of ives. They need little water or fer- and your cat isn't likely to curl up the container and crush them.

ontainers needn't be much larger the diameter of the cactus. The g mix should be one part sand, art perlite, and two parts organic (such as nitrogen-stabilized bark vdust). It must drain rapidly. A of gravel will help keep the soil l the roots cool.

only when the soil is dry. Cactus dormant period in winter, so hold tering and protect from rains and If you don't, it's unlikely that ctus will flower in the spring. Dur- e spring, summer, and fall, when do their growing, feed once a at most.

nportant part of caring for cactus establish a regular watering and g pattern. Otherwise they will grow rregular bumps and bulges.

s don't necessarily need full sun; y even burn them. In the wild grow in the shade of desert shrubs. ut what kind you have and how shade or sun it will tolerate.

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Tabex

* Installation [illegible]. Professional installation also available.

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CITY _____
STATE _____ ZIP _____

Offer ends Sept. 30, 1971. One offer per family/address. Void where prohibited by law.

It has 40 pages worth framing

Books of botanical paintings have a and honorable lineage. A worthy a tion to the line is *New Zealand Botan Paintings*, by Norman Harvey, with c mentaries by E. J. Godley (Whitco and Tombs Ltd., Christchurch, 19 It features 40 splendid color port of New Zealand plants.

Many of the plants pictured are fa iar to Western gardeners: the New land Christmas tree (*Metrosideros*) New Zealand flax (*Phormium*), for stance. Others should be better knc Just to begin, consider a plant that lo like the flax but has foot-long bo brush flowers (*Xeronema callistem* or the intriguingly named poverty w (*Pomaderris elliptica*), a shrub that yi rich yellow flowers on the poorest soil. These, and many others, are a c lenge to nurserymen and plant collect

Pictures and text summon a vision o overwhelmingly green world, rich in usual plant form and leaf texture relieved by occasional patches of br color. They also show that the aborig Maoris were interested gardeners grew plants for food, for medicine, sometimes just for sheer pleasure.

Tri-Ocean, Inc., 62 Townsend St., Francisco 94107, distributes the book costs $28 plus sales tax at the shop have it mailed, add $1 handling char If the price needs justification, the pa ings furnish it; nonbibliophiles can c sider them as 40 prints for framing.

ELLS MARU

Big *(14½ by 10-inch) book of beautifu paintings. On the cover is Corynocarpu*

The Oyster Case.
In case.

t takes us over a year
nake a Rolex.
ı good deal of this time
ɔent on performing the
separate operations
ıkes to turn a solid
:k of hardened stainless
ɜl, or gold, into a
ually indestructible
ex Oyster case.
Ve think it's time well spent.
'he men who wrote us
following letters
iously do, too.
'rom a Canadian deep-
fisherman:
The watch went down
ı the boat at 35 fathoms.
ɜ boat was submerged for
lays.
When the boat was raised I
there and went aboard to look
my watch. The watch was on
galley floor amongst mud,
ds, etc. I took it on the barge that
ed the boat and washed it off, upon
king the watch it commenced to go
was none the worse for the length
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ntinued to wear the watch
ıout taking it to a jeweller."
m a British Admiralty
lian diver:
As a final trial, the watch was
ɜred on the end of a steel wire
depth of 400 feet, double the
:imum depth to which it was
sible to dive with independent
ıpressed-air equipment.
ɜr an hour of this test no water
infiltrated into the watch."
'rom an underwater photographer
'ew Guinea:
My Rolex was put to an extremely
d test day after day for over three
rs. It was with me on countless dives
to 100 feet), exposed for hours to sea
er by shell collecting, hot showers,
tinuous contact with developer,
ɔ bath, acid fixer in a dark room
:luding an accidental 9 hours in
o), months in tropical rain forest
Sepik river. It stood up to a
usand knocks, abused to the limit,
remained sound."

Pictured:
The Rolex Oyster Datejust in steel, $255. Also available in steel/gold and 18 kt. gold.

From the leader of a Welsh Himalayan expedition:
"During the six and a half months spent away from the U.K. we experienced the widest possible range of temperature and humidity; the highest temperature being 117 deg. F. in the shade in Afghanistan to 34 deg. of frost at the top of the 19,000-ft. Urai Lagna pass near the Nepal-Tibet border when Harrop and I were returning from two months' imprisonment at the hands of the Chinese Communists.
"Our first check on the time broadcast by Radio Delhi in early January proved that both Harrop's Rolex and mine were within seconds of the correct time after five months away from civilisation."
(We would understand if you found these accounts difficult to believe. If you wish, we will send you a notary certified facsimile of any of the original letters from which these extracts are taken.)
There's really little else we can add.
Except to say that the Perpetual movement which the Oyster case protects is so accurate that it has been awarded the title of "chronometer" by one of the Official Swiss Institutes for Chronometer Tests.
And that letters like these make us feel more than ever justified in saying that each Rolex earns the recognition it enjoys.

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Oneida Silversmiths

It makes an interesting lawn substitute

The little alpine perennial, *Potentilla verna*, has some enthusiastic boosters among nurserymen and landscape architects.

A large wholesale grower of bedding plants and ground covers supplies *P. verna* to garden centers and retail nurseries in seven Western states. Another grower reports that next to Hahn's ivy, this perennial is the best-selling and most reliable ground cover on his list.

It makes a compact, 2 to 6-inch-high carpet of bright green leaves covered in spring and summer—also in fall in mild climates—with golden yellow, strawberrylike flowers ½ inch across.

Climatically, *P. verna* is remarkably adapted: It takes temperatures to 5° below zero; it thrives in mountain areas; it withstands desert heat and dry air; it tolerates saline soils (if drainage is good) and salt-laden air near the coast; and it grows in sun or part shade. In too much shade it gets high and rangy.

How to use P. verna

Landscape architects use this potentilla as a small to medium-scale lawn substitute; under shrubs and high branching trees; in rock gardens; around steppingstones; and in curb plantings and parking strips where it must take some foot traffic.

Plant *P. verna* for your own little mountain meadow, with splashes of color. If you are willing to bear with fading bulb foliage for a few weeks, include groups of brodiaea, crocus, small daffodils and other narcissus, grape hyacinths, or spring star flower (*Ipheion uniflora*, usually sold as *Triteleia uniflora*), and let them naturalize. After the bulb foliage dries, you can mow, pull, or rake it off.

Planting and maintenance

Spring and fall are the best time to plant *P. verna*. It's generally sold in flats of 80 up to 100 plants, or in a solid undivided mass you can separate by pulling apart carefully—so as not to damage roots—into sections about 1½ to 2

Potentilla verna *makes mat of bright green leaves with golden yellow flowers*

inches square. One flat will cover 8 100 square feet with plants or divis spaced 12 inches apart; for faster co age, space 8 to 10 inches apart. Wat thoroughly after planting and keep m throughout the growing season. Pl will cover in about three months.

Potentilla's leaves turn brown in winters, but it's not a serious prob Simply mow them off with mower bl set high. In fact, for a tight, flat mow *P. verna* two or three times a y It will regrow rapidly during the ac growing season.

Feed potentilla in spring and sum (and/or in fall in mild climates) wi complete fertilizer. Pelleted or li fertilizers are easiest to apply. Fo label directions, apply evenly, and w in thoroughly.

Keep an eye out for aggressive, p *Oxalis corniculata*—it has a sneaky of masquerading as potentilla, so may not notice it right away. (*O. co ulata* has three leaflets, *P. verna*, fiv seven.) If it should appear, dig it ou patches before it sets seed; then rep with potentilla. Dogs may also c brown patches in potentilla ground ers; thoroughly soak the affected a to encourage fast regrowth.

In the next 8 hours she'll be wished more good luck than in a lifetime.

How come it'll run out with the carpet?

With all that good luck, the thing in the world she'd ect is trouble buying a carpet. Well, why should Mrs. nderful be any different n any other bride? rankly speaking buying et will be the biggest g-up all the Mrs. Wonderfuls have.

here will be more of n going back to mother" es all because she'll freeze what carpet to get with urniture.

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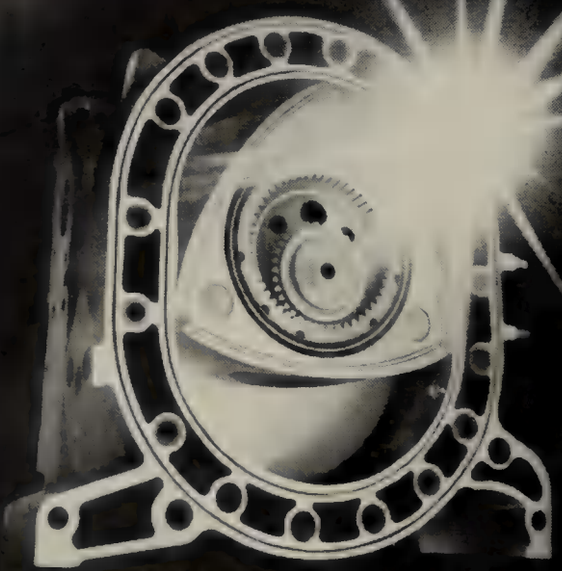

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You won't see any cams, rods or valves in our Rotary. It doesn't have any.

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Inside, we splurged on lav thoughtful luxuries. Simulated w grain steering wheel. Straigh tach. Snug vinyl bucket seats. other comforts. Plus a lot more extras you won't extra for. Including a five-function lever that con lights, washers, and wipers.

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Tel. [illegible]

GERALD R. FREDRICK

Above. *Red-flowered pitcher sage (Salvia spathacea) in copper bowl.* **Right.** *Big purple Lupinus grandifolius grows wild near Stinson Beach*

See and study wildflowers at Stinson Beach May 1 and 2

e 14 years since its inception, the on Beach Wildflower Show has be- a tradition for lovers of Western lowers. Naturally most visitors come northern California, but some the Northwest and the South and nwest time their visits to the San cisco Bay Area to take in the show, e they expect to meet old friends h plants and people.

keeps them coming back is the t possible display of wildflowers, essly labeled by name (common otanical) and place of origin, and ifully arranged in a variety of ome containers. If you have ever d to grow a few wildflowers or s but didn't know how to make selection, here's a chance to see d out before your eyes more kinds than you could ever see in a lifetime of casual looking.

Flowers come from everywhere—seashore, mountains, deserts, swamps, forests. This year there will be a special exhibit on poisonous plants of California.

This year the show takes place on May 1 and 2 at the Community Center near the south edge of town at State Highway 1 and Belvedere Avenue. Stinson Beach is a tiny town with limited parking, so be prepared to walk to the Community Center if you come late. The show opens at 10 A.M. and closes at 5 P.M. Admission is $1 for adults, 25 cents for children. Children under 10 are admitted free. Early visitors will see the flowers in peak condition; they may also see the coastal fog melting away from the high, steep hills behind the town.

ild *is sniffing Brodiaea pulchella (blue dicks)—no fragrance, a pretty blue. Other brodiaeas are white, yellow*

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THIS SPACE CONTRIBUTED BY THE PUBLISHER

Dusty rose *4-inch-wide flower clusters crown 18-in blue-green foliage clumps of Sedum spectab*

PLANT COLLECTOR'S CORNER

The to-be-looked-at sedum and Australia's super lily

ELLS MARUGG

Spear lily *flowers are deep red, tower man-high on this plant. Dark green, ridged leaves are 6 feet long*

:ollectors' plants featured this will grow either in sun or in light thrive in ordinary good garden d give a special lift to your gar- ısed in the right place.

be-looked-at sedum

s no generally recognized com- ıme for *Sedum spectabile*, but a :ranslation of its Latin name— be-looked-at" or "showy" sedum a fair description of the plant flowers. The latter do not appear te summer and autumn, but the :d, 18-inch-tall clumps of broad, :en leaves are handsome from ›ring until plants die down.

lumps have a solidity and plump- at command attention, and the reflects light so well that it al- ems luminescent. Then come the flattened flower clusters at the the stems; these are typically ›se, but some varieties are deeper white. They attract numbers of d butterflies.

owers fade and stems die down, ıts back. They survive the winter y roots. They are native to China ›an and can tolerate the coldest Mass them as in the photo- or group them in borders with erennials and flowering plants. ıso flourish in big pots.

ly—if you think big

:ly (*Doryanthes palmeri*) is the an representative of the Ameri- tury plants, but it has significant :es from them. Perhaps the most difference is that its leaves are tougher, less succulent, and green than those of the com- ıtury plants. More important to ıener, the leaves are not spine- they won't puncture unwary , and can be used reasonably ılks or other high-traffic areas.

›lenty of room, though. Spear be enormous, with leaves 8 feet d 6 inches wide—a bold mass omes a focal point in nearly any ›e. It may take plants a long come into bloom, but the flower hen it appears, is spectacular— mass of dark red lilylike flowers lk 6 to 9 feet tall. After bloom- rosette of leaves dies, but offsets appear to carry on. These may clump, but most people think ›k better divided and replanted.

are Monte Bello Nursery, 1325 t, Los Altos, Calif.; West End , 1938 Fifth Ave., San Rafael,

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Generous space *of a country garden allows the Deweys to grow large vine crops like this squash*

Above. *Part of a large vegetable garden that provides a family of five with more than they can eat. With the whole family helping, the garden never becomes too much work*

GEORGE DEWEY

Right. *The boys provide the muscle for gathering manure while Anne runs the tractor*

COUNTRY LIVING IN THE WEST:

Part-time farming is easy if everybody pitches in

Can a family grow all the vegetables it needs? Not so many years ago many families did out of necessity, and today some still do for the pleasure and accomplishment of growing their own. A garden big enough to do this normally takes a lot of time and trouble, but one rural garden *Sunset* recently visited doesn't.

The George Dewey family lives on a 1½-acre portion of an old farm in Gilroy, California. They have a large vegetable garden where they not only grow more than they can eat or preserve, they also have time left over to care for a milk cow, two calves, a couple of hogs, a dozen or so sheep, plus chickens, rabbits, ducks and geese that supply them with milk, cream, eggs, and meat.

A family co-op

The whole family is involved in 4-H Club work (Mr. and Mrs. Dewey as advisors) and their small farm is one large 4-H project. Each member has a specialty but all share the work in the garden. Mr. Dewey and his oldest son, Chris, do most of the strenuous work; Allen, the youngest, is an expert seed sower; and Anne and her moth serve the extra produce from the When there's lots of work to b the whole family pitches in.

Room to grow

The garden is large enough: 30 feet, or roughly 1½ times the ar full-sized tennis court. Surprisin Deweys estimate that over the ye average only about 4 hours a we ing for it.

The time-consuming chores in m dens are weeding, cultivating, w feeding, and pest control. In this

GERALD R. FREDRICK

Even the ducks *help out by eating whatever crawls in front of them*

They grow *so much produce, some must be stored away for use later. These are winter squash*

; and harvesting take the most cause the other chores have been ed.

, simplify, simplify

le rows are spaced 3 feet apart oot-wide rotary tiller can quickly e and weed each row. This, more ything else, saves them time.

weys once irrigated with furrows water often disappeared down a tunnel. Now they use overhead rs, which also save time.

; the garden is a simple task. ney remove a row of vegetables they cultivate 4 inches of well rotted manure from their animals into the area. Later in the growing season they add a manure mulch. Pest control doesn't exist. The Deweys grow enough so that if a crop is occasionally eaten up (which sometimes happens) lots of other vegetables are still left.

How much does it cost?

Each season the Deweys grow some special crops that they sell to natural food stores. The small profit from these sales covers their entire water bill and other miscellaneous garden expenses.

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This is the great month for garden shows, sales, fairs, exhibits

Fort Bragg. Through May 31. Rhododendron show at the Mendocino Coast Botanical Gardens, about 2 miles south of town on State Highway 1. Hours: 8:30 A.M. to 6 P.M. Admission: $1; children 6 to 12, 50 cents.

Capitola. May 1 and 2. Show by the Monterey Bay chapter of the American Rhododendron Society. Place: Antonelli Brothers Begonia Gardens, 2545 Capitola Rd. Hours: 10 A.M. to 5 P.M. Free.

Fresno. May 1 and 2. Eighth annual wildflower show by the Fresno Museum Auxiliary. Place: 1944 N. Winery Ave. Hours: 10 A.M. to 5 P.M. Free.

Pinole. May 1 and 2. Fifth annual flower show presented by the Pinole Garden Club. Place: Margaret Collins Elementary School, Tennant Ave. and Pinole Valley Rd. Hours: 4 to 9:30 P.M. Saturday; noon to 5:30 P.M. Sunday. Free.

Rohnert Park. May 1 and 2. Fourth annual spring garden show presented by the Rohnert Park Garden Club. Place: Community Recreation Center, 7421 Burton Ave. Hours: 1 to 5 P.M. Saturday; 10 A.M. to 4 P.M. Sunday. Free.

San Jose. May 1 and 2. Show by the Clara B. Rees Iris Society. Place: Westgate Shopping Center, Saratoga and Hamilton avenues. Hours: noon to 5:30 P.M. Saturday; 10 A.M. to 4 P.M. Sunday. Free.

San Jose. May 1 and 2. Twenty-third annual show presented by the Santa Clara County Rose Society. Place: Public Library, 180 W. San Carlos St. Hours: 2 to 9 P.M. Saturday; 10 A.M. to 7 P.M. Sunday. Free.

San Mateo. May 1 and 2. The 25th annual show by the San Mateo County Rose Society. Place: Security Pacific National Bank, Fifth Ave. and El Camino Real. Hours: 3 to 9 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

Stinson Beach. May 1 and 2. Stinson Beach Wildflower Show. For details, see page 261.

Oakland. May 2. Show presented by the East Bay Rose Society. Place: Lakeside Park Garden Center, 666 Bellevue Ave. Hours: 1 to 6 P.M. Free.

Sacramento. May 2. Annual show by the Sacramento Rose Society. Place: Garden and Art Center, 3330 McKinley Blvd. Hours: 1 to 6 P.M. Free.

Palo Alto. May 4. Garden fair sented by the Garden Club of Alto. Place: Cultural Center, Ei cadero and Newell roads. Hour A.M. to 5 P.M. Free.

San Mateo. May 4 and 5. Land design conference sponsored by fornia Garden Clubs. Place: Bere Recreation Center, 2720 Alamec las Pulgas. Hours: 9 A.M. to 4:30 For fee information and registratio closing date is April 30), write to Howard Evans, 342 Laurel St., San los 94070.

Paradise. May 5. Annual flower presented by the Paradise Garden Place: Elks Club, 6309 Clark Rd. H 1:30 to 8 P.M. Free.

San Francisco. May 5. Annual g fair presented by the auxiliar Edgewood Children's Home. Place of Flowers, Golden Gate Park, Ave. and Lincoln Way. Hours: 10 to 5 P.M. Admission: $1.

Morgan Hill. May 8. Open house b Morgan Hill Flower Lovers Club. event includes a flower show, plant and tea. Place: Friendly Inn, Crest Hours: 10 A.M. to 6 P.M. Free.

Santa Rosa. May 8. Sixth annual by the Redwood Empire Rose So Place: Luther Burbank Art and Ga Center, 2050 Yulupa Ave. Hours: 5 P.M. Free.

Stockton. May 8. African violet and plant sale sponsored by the Joaquin African Violet Society. P Weberstown Mall, 4950 Pacific Hours: 9:30 A.M. to 5 P.M. Free.

Sacramento. May 8 and 9. Exhibit sented by the Sacramento Bonsai Place: Buddhist Temple Hall, Rive Dr., one block north of Broad Hours: 1 to 6 P.M. Saturday; 10 A.M 6 P.M. Sunday. Free. Demonstra each day at 4 P.M. Tea will be se

San Francisco. May 9. Exhibitio the San Francisco Carnation Soc Display plants and demonstration arrangements with pinks, carnat and dianthus. Place: Hall of Flo Golden Gate Park. Hours: noon P.M. Free.

San Francisco. May 9. Thirtieth an show of the San Francisco Rose ciety. Place: Hall of Flowers, Go

e Park. Hours: 1 to 6 P.M. Free.

ott. May 9. Flower show sponsored he Southern Humboldt Garden Club. :e: Agnes J. Johnson Elementary ool. Hours: 2 to 7 P.M. Donation.

Francisco. May 12 through 17. The erican Rose Society National Con- tion, hosted by the Golden Bear e Society. National Rose Show, May Place: Grand Ballroom, Sheraton- ice Hotel, Market and New Mont- ery streets. Hours: 1 to 6 P.M. Free. convention information, write to . Eugene Graft, 7204 Linda Sue 7, Citrus Heights, Calif. 95610.

erton. May 13. Exhibit of festive e settings by the Palo Alto Alumnae pter of Kappa Alpha Theta. Place: ie and garden of Mrs. Albert lsen, 80 Atherton Ave. Hours: 1 to M. Admission: $3.

land. May 14, 15, and 16. Exhibit :alifornia wildflowers by the Oakland eum. Place: Natural Sciences Spe- Gallery at the museum. Hours: 6 to .M. Friday; 10 A.M. to 5 P.M. Satur- and Sunday. Free.

nel. May 15 and 16. Garden fair isored by the mothers club and stu- s of All Saints' Episcopal Day ool. Place: Sunset Center, San os St. and Ninth Ave. Hours: 10 to 5 P.M. Entry to the fair is free. lay and sale items include bonsai, ed plants, cut flowers, containers, l flowers, and garden tools and ssories.

wood City. May 15 and 16. The annual Spring Flower and Art v. Place: Community Activities ding, 1400 Roosevelt Ave. Hours: 9 P.M. Saturday; 10 A.M. to 5 P.M. lay. Free.

amento. May 15 and 16. Show by Sacramento Cactus and Succulent ety. Place: Garden and Art Center. rs: 2 to 8 P.M. Saturday; 10 A.M. P.M. Sunday. Free.

Francisco. May 15 and 16. Annual of the California chapter of the rican Rhododendron Society. Place: of Flowers, Golden Gate Park. rs: 1 to 6 P.M. Saturday; 10 A.M. to M. Sunday. Free.

as. May 17. Garden tour presented he Country Gardeners of Salinas. rs: 11 A.M. to 4 P.M. Information tickets ($2) are available from Mrs. eton Culbert, 22266 Veronica Dr. 1.

nel. May 19. Garden tour presented Monterey Peninsula Volunteer Ser- . Hours: 10 A.M. to 5 P.M. For tour ts ($3.50) write to Mrs. R. C. White, Melway Circle, Monterey 93940. e check or money order payable to terey Peninsula Volunteer Services.

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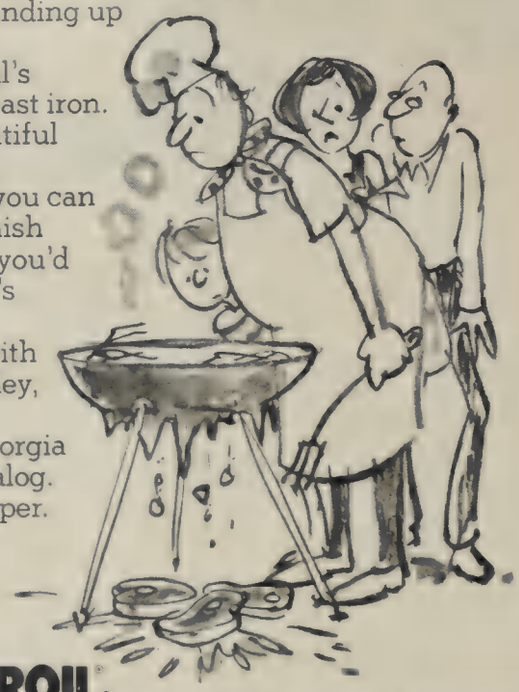

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Mountain View. May 20, 21, 22
23. Show by the African Violet S
of South Bay. Place: Mayfield
Alma St. and San Antonio Rd. H
9:30 A.M. to 9:30 P.M. Thursday
day, and Saturday; noon to 4:30
Sunday. Free.

Santa Clara. May 21 and 22. Thir
annual show of African violets an
neriads by the Santa Clara Valle
rican Violet Club. Place: Sainte
Room of the Emporium, 3051 St
Creek Blvd. Hours: 1:30 to 9 P.M
day; 9:30 A.M. to 4 P.M. Saturday.

San Rafael. May 22. Annual plan
by the Chrysanthemum Society o
rin. Place: Montecito Shopping C
Third and Irwin streets. Hours: 9
until sold out. Free. Banded roote
tings of chrysanthemums will f
cascade, standard, and bonsai kir
well as exhibition and garden typ

Grass Valley. May 22 and 23. F
annual show sponsored jointly by
cago Park Garden Club and the N
County Flower Arrangers. Place
vada County District Fairgrounds
Courtney Rd. Hours: 1 to 5 P.M.
days. Free.

Palo Alto. May 22 and 23. Annu
hibit by the Peninsula Bonsai
Place: Palo Alto Buddhist Church,
Louis Rd. Hours: noon to 9 P.M.
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There will be demonstrations of
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Sacramento. May 22 and 23. The
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ranium Club. Place: Garden an
Center. Hours: 2 to 8 P.M. Satu
10 A.M. to 6 P.M. Sunday. Free.

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garden clubs. Homes on the tou
3243 Libby Way, 4212 Winding
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Hours: 1 to 4:30 P.M. Tickets ($1)
tour directions may be purchased
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Reno. May 27. Annual Reno-S
flower show presented jointly b
Ladybugs and the Tumbleweeders.
Centennial Coliseum. Hours: 1 to 9
Free. Schedules and entry inform
may be obtained from Mrs. Larry
nante, 20 Kaye Way, Reno 89502

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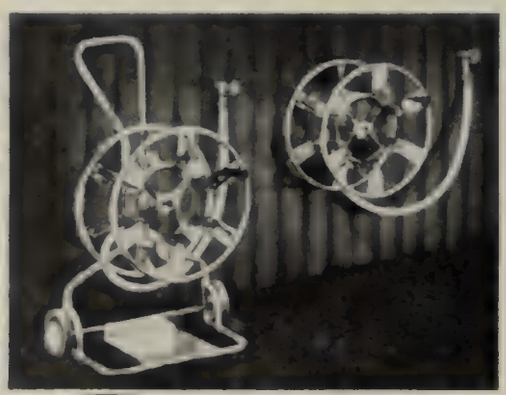

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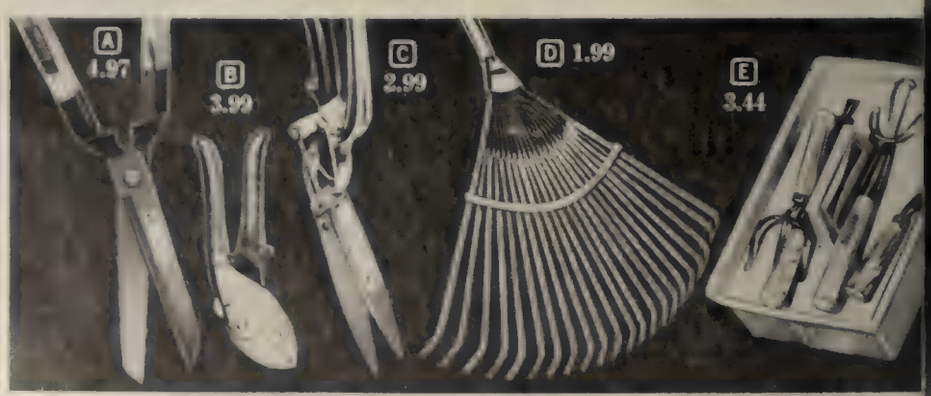

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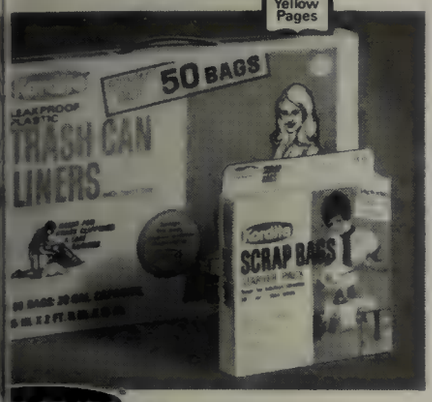

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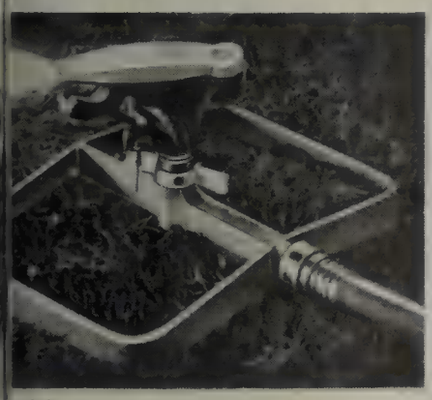

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Great gap *in trunk of live California fan palm is due to dry rot. Core of tree has been scraped away, shellacked, to halt fungus. Iron bar bolted to tree gives strength*

Tear drops *of lantana are 30 years old, sculptured by constant monthly trimming to hang over wall without supporting frames. Seen on Tour 1*

Profusely *bloomi 'Phoenicia' azaleas bor on left; 30-year-old 'George Taber' azaleas s pink blooms on rigl*

San Simeon's treats go beyond art and architecture. This surprise is its garden

Most visitors to William Randolph Hearst's San Simeon estate come to see the "castle"—few expect the beautiful garden surrounding it. The large, lush, and semiformal garden has been kept as Hearst originally planned it. Now is the best time to see it, although there's usually something in bloom throughout the year.

The garden includes a phenomenal assortment of certain plants. It has 85 varieties of roses (more than 3,000 bushes), 25 varieties of fuchsias (75 to 80 plants), 20 varieties of azaleas (more than 800 plants), and 10 varieties of camellias, some of which are unusual (nearly 400 plants).

Much of the garden has a sculptured appearance with its trained shrubs and flawlessly pruned hedges of azaleas, camellias, and Korean and Japanese boxwood. Large Italian cypress are banded with wire every five years to keep their shape, and are also frequently trimmed (see photograph at right).

There are also many kinds of palms in the garden; watch for some of the California fan palms with huge spiraling holes in their trunks (see photograph above, left). These trees suffered from dry rot. To save them, gardeners scraped away the soft, rotted wood until they reached solid substance, then shellacked the wounds. The trees continue to live with most of their cores gone.

All three tours of San Simeon include some of the garden, but Tour 1 covers by far the most. Tours 2 and 3 give visitors much briefer looks at some of the same areas seen on Tour 1.

Stately, *50-foot-high Ita cypress were 25 feet hig planted 50 years ago—a angle, deliberately, to lo long-established. All tou*

GLENN CHRISTIANSEN

Azalea Walk,
seen on Tour 1, is lined with purple 'Phoenicia' azaleas and other varieties, 'Pink Pearl' rhododendrons, fuchsias, Korean boxwood

Here's the surprise plant of the squash family. There's spaghetti inside

On the outside, a spaghetti squash looks much like any other winter squash. But when you cook it and open it, you find that the flesh is made up of long, spaghetti-sized strands. You can prepare and serve these strands like real spaghetti. Alone, they taste like slightly crisp, rather nutty-flavored squash.

Plant spaghetti squash this month in cultivated soil in a sunny place. Bury and stir in some fertilizer under each circle of seeds—from a handful of bonemeal (6 per cent nitrogen) to 1 tablespoon of a fertilizer as high as 16 per cent in nitrogen. Place the circles of seeds 5 to 8 feet apart if you want more than one bunch of vines. Later, after the seedlings come up, thin out all but the strongest one or two from each circle.

WILLI

Two smallish ones *weigh 6 pounds; 4 pounds each is typical. They are ready to pick when skins turn golden yellow*

Spaghetti squash vine *grew from seeds planted at top of sloping, concrete-chunk wall, which it hides. See one squash in center*

Vines should begin to bear in about 90 days. Mrs. Ruth Johnson of Oak View, California, who grew the vines and squashes shown here, picked hers until the end of October (from two vines she had so many she lost count). The squashes keep well.

Seeds are on a few seed racks. Some nurseries will sell started plants. Mail-order seed sources are: Burgess Seed and Plant Co., Box 3000, Galesburg, Mich. 49053 (packet, 60 cents); N Garden Nursery, 1190 North Highway, Albany, Ore. 97321 (p 35 cents); R. H. Shumway, Seed Box 777, Rockford, Ill. 61101 (p 75 cents).

Here are four ways to serve the s

Spaghetti-Style Squash. Bake squ shown at right. Serve hot strands t with meat sauce (recipe follows shredded Parmesan cheese. Make 6 servings.

Meat Sauce. Brown lightly in 2 spoons olive oil 1 to 1½ pound ground beef and 1 chopped onion 1 teaspoon basil, ½ teaspoon or and 1 large can (1 lb. 14 oz.)

GLENN CHRISTIANSEN

To bake *a 3 to 4-pound spaghetti squash, pierce with a fork in several places. Place on pan; bake in 350° oven about 1½ hours or until surface gives to pressure; turn squash over after 45 minutes*

After baking, *split squash horizontally. Scoop out and discard seeds; pull strands free with a fork. Serve squash from one of the half shells*

You first bake the squash, then split it in half, pull the "spaghetti" free

Lift strands *of hot spaghetti squash onto plate; top with meat sauce, cheese*

toes and liquid. Break tomatoes and simmer rapidly until most of iquid evaporates. Season with salt pepper.

se-Baked Spaghetti Squash. Bake sh as shown. Mix the hot strands 2 cups shredded fontina or Swiss e, 2 tablespoons butter, and salt pepper to taste. Return squash to f shell or a 1½-quart shallow cas-. Bake at 350° for about 15 min-just to heat through. Makes 4 to 6 ngs.

hetti Sauce with Sour Cream. Bake h as shown. Mix strands with 1 to cups sour cream (to moisten lightly); n with salt and pepper. Place in w 1½-quart casserole. Sprinkle ½ cup shredded Parmesan cheese bake in a 350° oven for about 15 tes just to heat through. Makes 4 servings.

d Spaghetti Squash. Pierce a whole etti squash in several places. ly immerse it in boiling water. r pan and simmer about 45 min- or until surface gives readily to ure; turn squash over halfway dur-ooking. Split and clean it as shown e, right. Mix the squash strands 2 or 3 tablespoons butter, salt and er to taste, and serve from a bowl sprinkled with Parmesan, fontina, iss cheese.

How helpful is black plastic?

This vegetable grower reports weeds defeated, moisture saved, soil heat retained, crop abundant

This big, productive vegetable garden shows the results of a highly successful experiment last year using black plastic (polyethylene film) as a large-scale mulch. The purpose was to eliminate weeds and weeding, but the owner discovered the plastic had many other advantages, too. The biggest one: It nearly doubled the amount of vegetables produced in previous years.

The owner, Mrs. Joe Russell of Bothell, Washington, used durable 4 mil polyethylene film to cover all unplanted areas in her 60 by 100-foot garden. She bought the film on sale in rolls 50 feet long and 6 feet wide; the total cost to cover her garden was about $30.

Mrs. Russell laid the plastic down within a week after she rotary-tilled and raked the soil, and before she did any planting. This eliminated weeds before they could even appear. When setting out the plastic, she arranged it around her planned crops: 2 by 50-foot strips between rows of small crops like carrots, onions, and radishes; 3 by 50-foot strips between larger crops like beans, corn, and peas. She left 8 to 16 inches between strips for planting space.

With crops like cucumbers, peppers, pumpkins, squash, and tomatoes, she laid down whole pieces of plastic 6 by 50 feet and cut out wide circles in them every 3 or 4 feet for plants or seeds. She used rocks to anchor the strips.

The polyethylene mulch proved highly successful in eliminating weeds; it reduced the immense chore of weeding the big garden down to just pinching a few strays that came up next to the vegetables.

By covering so much ground, the plastic raised the soil temperature slightly—a distinct aid to growing vegetables in the Northwest. It also reflected the sun's heat to the plants. As a result, the garden yielded larger, lusher, earlier vegetables in nearly double the quantity previously produced.

The plastic covering also kept the soil quite moist, so little or no watering was necessary. It even seemed to discourage moles; far fewer bothered the garden than before.

Mrs. Russell found that the plastic makes convenient and well defined paths through the garden; feet stay unmuddied and there is no problem of walki newly-planted seeds by mistake. It convenient for kneeling to thin pla harvest low-growing vegetables. ethylene film of 4 mil thickness d puncture easily and can be reused number of years.

DON N

Owner harvests *zucchini up to 1½ feet long. She credits completely organic cultur well as black plastic for making garden thrive. Crops front to back: potatoes, cucumbers, zucchini, acorn and Hubbard squash, pole beans, corn*

by rocks, *strip of 4 mil black plastic eliminates weeds between corn and squash, keeps soil moist, owner's feet unmuddied*

Huge cabbages *have leaf spread of 1 to 1½ feet. Rock-anchored black plastic with celery in front, bush beans behind*

Pricking *corn kernel with thumbnail tests ripeness; pick before milk turns to paste*

roblem was anchoring the plastic Mrs. Russell used rocks, but the ometimes rolled them off and sent stic flapping. She plans to use only this year to solve the problem.

fall, Mrs. Russell rolled up the strips (except those around her perennial vegetables) for storage until spring. She cleaned them with a broom as she rolled or, if they were wet, hosed them off on her lawn first. (They need plenty of time and sun to dry off thoroughly.) She also labeled them by size and location before storing.

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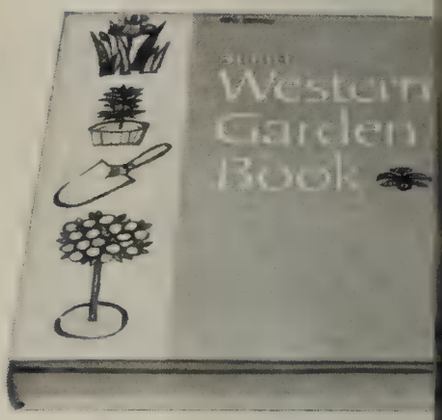

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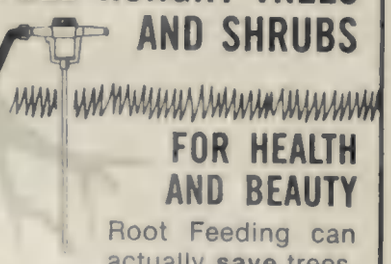

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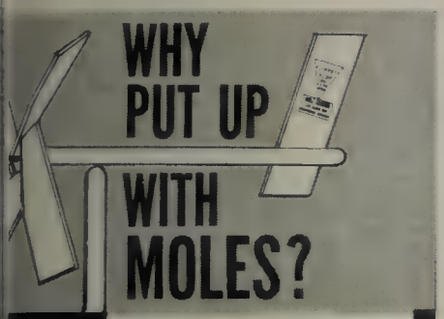

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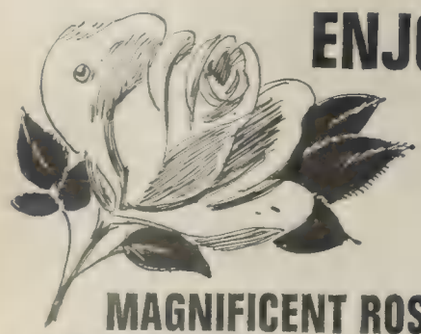

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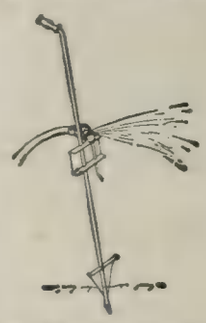

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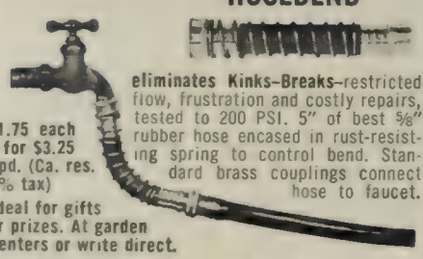

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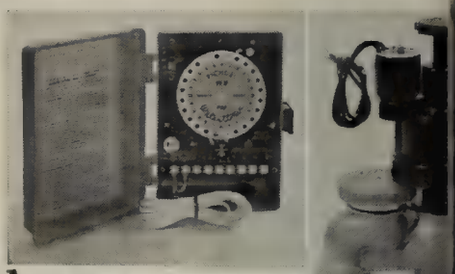

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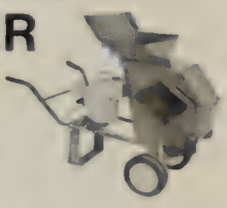

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See major Sunset article pp 50–53, Jan. 1971 issue

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If you like your olive trees minus their olives

Unsprayed branch *at left, with olives forming. At right, a sprayed branch four weeks after spraying—flowers remain, no fruit*

For landscape purposes, a fruitless olive with the same picturesque form as the fruit-bearing kind would represent a great advance. This kind of tree may not be far off: A new fruitless variety named 'Swan Hill' has been discovered in Australia and may soon be introduced to Western gardeners.

Meanwhile, the fruiting kinds, planted by the thousands in California and Arizona gardens, annually drop their small black fruit on patios, walks, and lawns through fall and winter, to be ground underfoot and stain the pavement, or even worse to get tracked indoors.

If you have this olive drop problem to contend with, you may want to try to prevent fruit set by spraying the olive flowers with the plant hormone known as naphthalene acetic acid (NAA)—a technique developed through University of California agricultural research. This is the same chemical used by orchardists to prevent premature drop of such fruits as apples and pears; to prevent fruit set, it's used earlier in the season and at a higher concentration.

Make the first application when most of the flowers are completely open, which is normally about the middle of May. (The flowers are small, but you can clearly see the pollen sacs when the flowers are fully opened.) Then one to two weeks later, make the second application to prevent fruit from setting on late opening flowers. A third spraying may also be necessary for complete control.

The right timing and complete coverage are essential to success; the two applications normally give from 80 to 95 per cent control. A pressure sprayer of the type used by commercial tree services helps to assure thorough coverage; however, although it requires more time and effort, you can do a thorough job with most standard home garden sprayers.

Fourteen olive trees in *Sunset's* garden were given two successive sprays last spring. Effective results were obtained on seven of these that were in full bloom. The sprays had little or no effect on fruit set on the other seven trees; the flowers on these were past full bloom stage, and on some the fruit had already started to develop.

These sprays did cause some rather unfavorable side effects. Several days after spraying, the branch tips and leaf stalks became slightly twisted (see photograph), but not to a degree considered unsightly. Following this there was a heavier-than-normal premature leaf drop.

You can buy products containing naphthalene acetic acid under several trade names at most nurseries and garden supply stores. Two brands, each with a different formulation, were used in the *Sunset* garden tests with similar results.

A concentration of 150 parts per million has been found most effective. Products with 20 per cent and about 5.6 per cent NAA content are available. Use about 1 ounce of 20 per cent material or 3.5 ounces of the 5.6 per cent material in each 10 gallons of water.

To make the liquid spread and adhere to the flowers, add a wetting agent, following manufacturer's label directions.

Try to pick an almost windless day, to prevent drift of the spray onto other plants. As a precaution against possible injury, cover plants growing under or near olives before spraying. If any of these other plants are accidentally sprayed, rinse off the foliage. You can minimize possibility of drift by using a fairly coarse spray and being careful to direct the spray into the tree.

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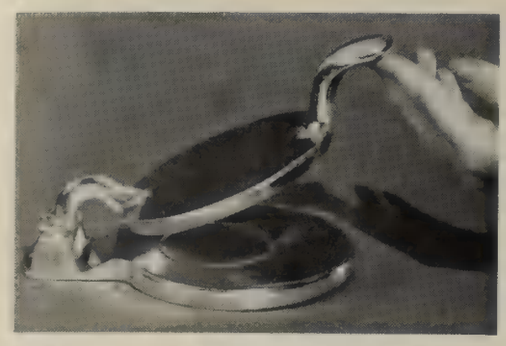
Canadian Wildlife artist Martin Glen Loates' big game animals, song birds and game birds have been featured on T.V., commissioned for Canadian postage stamps and acclaimed in U.S. and Canadian Museums. Now available in print form, each 18" x 23" full color lithograph faithfully captures the fine detail and authentic colors of Loates' original watercolors. Cost for "Deer Print" $4.00 Ppd. Free catalog upon request. Wildlife Reproductions, 604-543 Granville St., Vancouver 2, B.C., Canada.



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Summertime is HamburgerTime. This polished alum. press is perfect for BBQ or kitchen. Makes uniform patties as thin or thick as you desire. Meat cooks evenly. More patties per lb. with less waste. Make patties ahead of time with wax paper and freeze. Great for sausage. When not in use, it hangs on wall. Will not break or rust. Money back guarantee. $2.98 plus 60¢ post. Cal Res add 15¢ tax. No COD's. Swaino Mfg. Co., Box 726, Dept. S10, Paramount, Calif. 90723. Made in USA.

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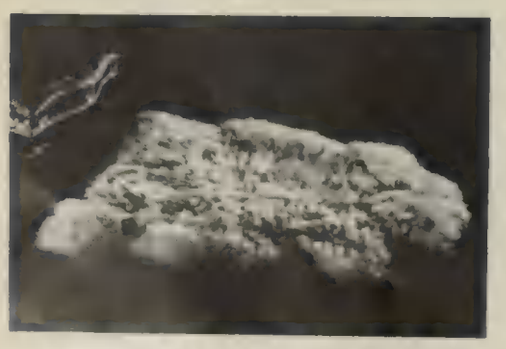

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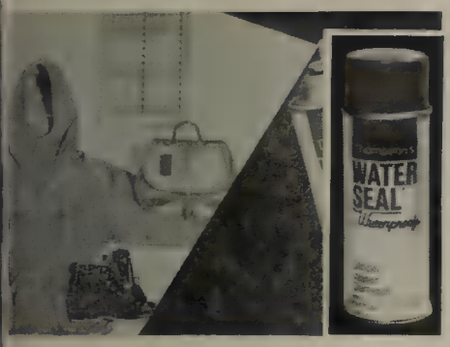

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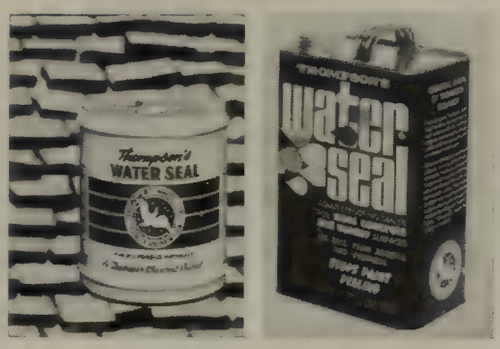

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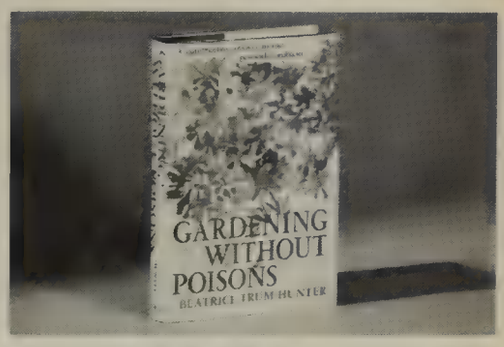

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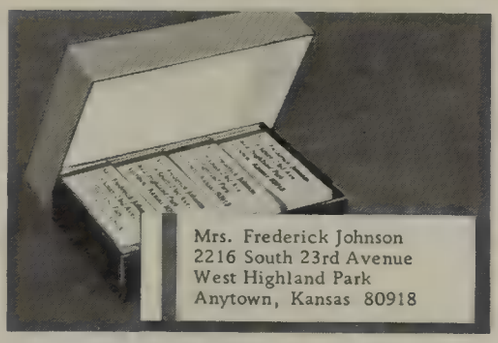

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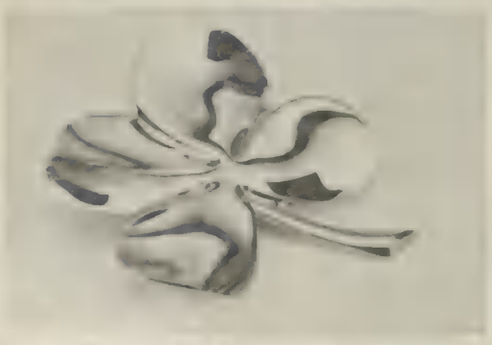

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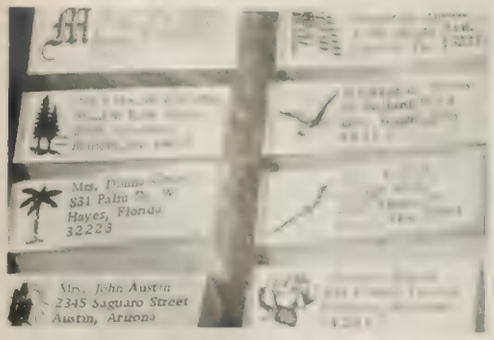

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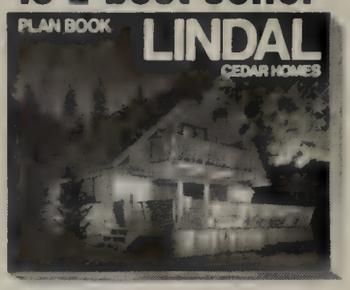

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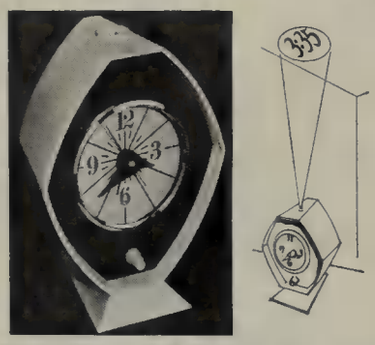

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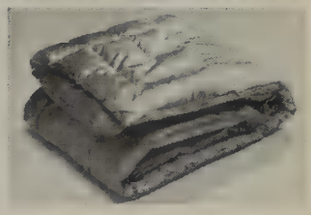

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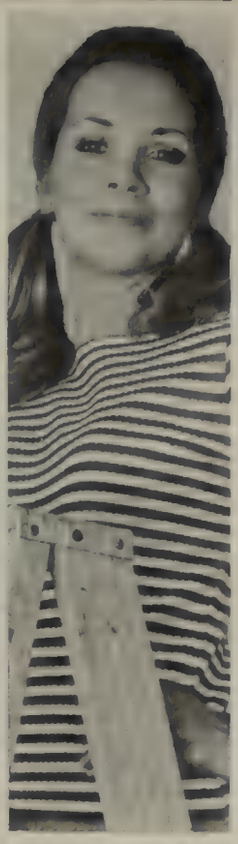

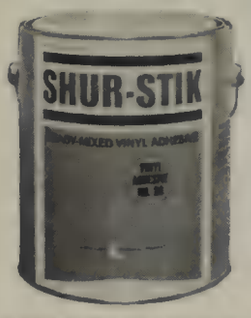

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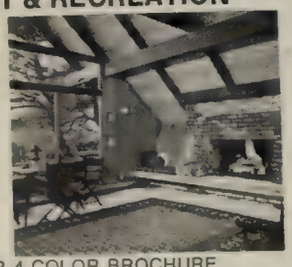

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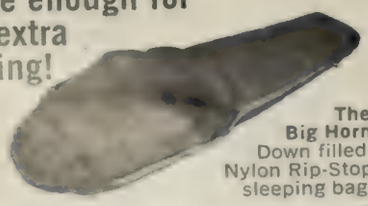

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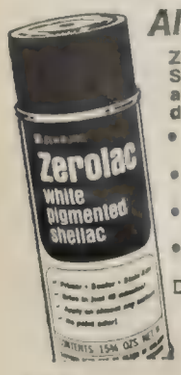

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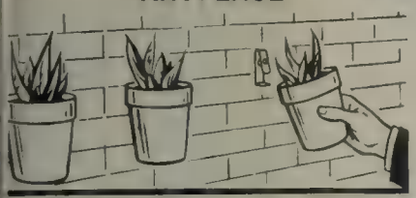

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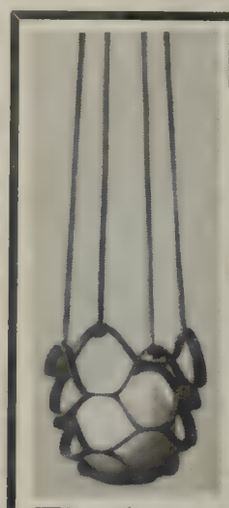

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Three cajeput *trees a few inches apart and nine fescues in 3 by 3-foot patio bed*

Once again in 1971 a garden contest

Gardeners in the mild-winter climates of California and Arizona can make good use of the idea shown above. To get the trio of cajeput trees, either plant three plants of gallon-can size in one hole or buy a multiple-stem cajeput (7-gallon-can size or larger) and plant it.

The ground cover is blue fescue, planted 6 inches apart from flats.

Barring massive neglect, nothing bad can happen to this combination once it gets its roots out into the ground. The fescue will cover the ground and keep out weeds for years. The cajeput (*Melaleuca quinquenervia*, formerly *M. leucadendra*) will grow bigger and give more fine-textured shade and corky-barked character each year.

This contribution to Western landscaping came from Mr. and Mrs. Michael St. Marie of San Diego, one of the winners of *Sunset's* 1970 Garden Contest. More of their patio was shown in the garden contest article that began on page 102 of the April 1971 *Sunset*.

The St. Maries won a cash prize, a plant prize, and an impressive certificate.

If you are planting a garden or doing some landscaping this summer, please consider entering our 1971 contest. A *Sunset* representative may visit you during the summer (by arrangement) and take photographs.

In October you send in a final report, illustrated with your own snapshots. For doing that, you, too, will get the certificate and plant prize; this year the plant will be a miniature limequat bush (about the size of a softball), perhaps with fruit on it. You may also win a cash prize or a new *Sunset* pictorial book.

To enter, send your name and address (and age if 16 or under) to 1971 Garden Contest, *Sunset Magazine*, Menlo Park, Calif. 94025.

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She was referring to an article in the January *Sunset* that suggested brand new look at breakfast, with unusual kinds and combinations o fruits, vegetables, cheeses, fish, and meats as morning fare.

And we weren't kidding. But neither were we trying to talk her int anything. We were just doing what we do every month in one way o another—inviting our readers to try new experiences (and only afte we've worked with the new experiences long enough to smooth out th rough spots). We're saying, in effect: Here's something new that migh be fun or helpful; if you're so inclined, try it. Trying something new— in breakfasts, for example—doesn't mean that you desert standard far or procedures forever; most people like some mixture of new an familiar experience.

But Westerners are inquisitive and often eager to try something out o the ordinary.

When we publish an article on skin diving (April, page 90), we don expect every one of our nearly three million readers to don flippers an mask. But we do expect to pique the curiosity of some, and having don that, to provide interesting and most of all *useful* information. A trip t Siberia isn't on tap for all *Sunset* readers. But for those who will o might go, our article (April, page 68) should make the trip easier an more enjoyable.

So we like to look for new things to do as well as new ways of doin the usual things; and in every *Sunset* you'll find a few articles th go beyond the day-to-day experiences to the different and even exot —growing a coconut (March, page 220); making fortune cookies (Ja uary, page 48); decorating with photographic blow-ups (April, pa 100); indoor gardening (this month, page 108).

It is a challenge for us to challenge our readers. We continue to loo for the variation on an old theme, or for a new theme entirely. An that's one reason why we find that producing each issue of *Sunset* itself a new experience.

WINDOW ON THE WEST: *Utah cougar*

From his vantage point at the entrance to Hogle Zoological Gardens in Salt Lake City, a bronze cougar looks down warily on visitors. He's one of a matched pair sculptured by Avard Fairbanks and placed atop granite pillars as guardians of the zoo. The cougar, also known by the names puma and mountain lion, is the largest member of the cat family native to this continent north of Mexico. He once ranged over most regions of the Americas, but in the United States he is now found principally in the rugged country of the West.

JUNE 1971

50 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING

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Feature articles for June 1971

CENTRAL EDITION

The mission village of San Juan Capistrano 46
North to Canada's grand mountain parks 74
Our cover: Unusual city house in San Francisco 80
Opera, ballet, jazz, or symphony in Stern Grove 84
Vinca grows and blooms in the hottest weather 88
Molded cheeses with fruit from Russia, France, Italy 96
Show business in the Mother Lode country 98
Celebrate with strawberries—three glorious ways to go 162
Organic leftovers as soil improvers 218

Travel

June travel in and beyond the West 3
North of Victoria—Forest Museum 8
The detour over McKenzie Pass . . 29
Unique school in Port Townsend . . 30
The Kaibab Trail is open again . . . 36
Low tide walking on Hawaii beaches 40
A look back into Honolulu's past . 45
The village of San Juan Capistrano 46
Climb to the top of Half Dome . . . 52
Yosemite's new traffic pattern 56
It's 11 gravel miles to these ovens . 58
Indian festival in La Grande 61
Trans-Pacific flight options 65
Alaska's sourdough waffles 69
Trailering—it helps to practice . . . 70
Canada's grand mountain parks . . . 74
Music in Stern Grove 84
California animal parks 90
Theater in California's Mother Lode 98

Gardening

Seeing and shopping subtropicals in San Diego 82
Vinca grows in hottest weather . . . 88
Dr. Swan's aviary 102
June in your garden 202
Deck and garden in the woods 206
New handbook on growing plants . 211
Hanging herb pot near the kitchen 212
For variety in your water garden . . 217
Organic leftovers improve soil 218
Enter *Sunset's* Garden Contest . . . 223
Geraniums mimic other fragrances 226
Polygonum ground cover 228
Lisa Gordon's orchids 230
It's temporary—looks permanent . 232
June garden events 236
How to put the brakes on bamboo . 244
Ice plant, citrus share a hillside . . . 247

Letter from *Sunset:* Saving the irreplaceable . . . 248

Food and Entertaining

Kitchen shopping in Honolulu 86
Molded cheeses with fruit 96
*Sunset's Kitchen Cabinet** 146
Cooking at the table 148
Crullers that look like butterflies . . 151
June menus 155
Plump cherries with veal 160
Celebrating with strawberries 162
Make-ahead meat and salad trays . 166
It's a seafood stroganoff 168
Toasted almonds flavor poundcake 170
Pork balls with cheese overtones . . 173
Chicken salad is really a meal 174
Strawberries fill an oven pancake . . 176
Putting fruit and seafood together . 178
Borscht—icy cold and colorful . . . 182
A crunchy, versatile cereal 184
Hot shrimp puffs—easily made . . . 186
This appetizer idea is Chinese 188
Chocolate cake, clouds, charlotte . . 191
How to make cheese blintzes 195
*Chefs of the West** 196

Building and Remodeling

An unusual house in San Francisco 80
The riverboat life 94
The Changing Western Home† . . . 106
Open storage in unlikely places . . . 110
Roomy sun table beside their pool . 114
Easy storage for pads, cushions . . . 116
A sky-lit room for dull days 122
1971-72 Western Home Awards . . 125
Systems for sorting out waste 133
Her bed is the playhouse roof 134
Traffic center in a busy kitchen . . . 138

Home Management

The Changing Western Home† . . . 106
Easy storage for pads, cushions . . . 116
A place for baking supplies 128
Her bed is the playhouse roof 134
Should you try wallpapering? 136
Traffic center in a busy kitchen . . . 138
The Western Kitchen 193

Workshop and Craft Projects

A gift for the chef of the house . . . 109
For quilt makers and doll makers . 113
Gallery of photos without frames . 118
It's a wood locker 142

Landscaping and Outdoor Building

Dr. Swan's aviary 102
Removing stains from concrete . . . 126

The Cover Story

Wide bands of bold color run across ceilings, down walls, and around corners to unify interior spaces in this San Francisco house. On page 80 we show you more of its unusual features, including its dramatic shape. Cover photograph by Glenn Christiansen

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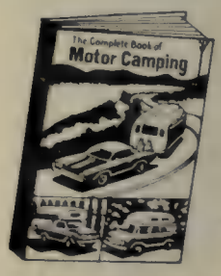

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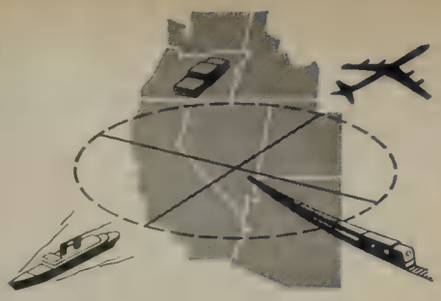

Summer afternoons with music and champagne

"There is music here that softer falls/ Than petals of blown roses on the land." Though Tennyson never visited the Paul Masson mountaintop vineyard, these lines might describe an afternoon of "Music at the Vineyards."

The Masson grounds in the Santa Cruz Mountains near Saratoga, California, provide the setting for a summer series of fine music. This year the outdoor concerts begin the weekend of June 26 and 27 with a program including Mozart, Stravinsky, Vivaldi, Bach, and Rossini, performed by the Vineyards Chamber Orchestra, directed by Sandor Salgo.

The second part of the series, on August 7 and 8, features the world premiere of a concerto for violin and wind instruments by Hewell Tircuit, San Francisco composer. Complementing it will be two pieces for wind instruments performed by members of the San Francisco Symphony.

"Homage to Tchaikovsky's Muse" is the theme for the final weekend on August 28 and 29. The program will include songs and works for piano and violin by the great Romantic composer.

To reach the Masson vineyards, take State Highway 9 west out of Saratoga for 2 miles. Look for a sign on the right and follow the steep, winding road.

Concerts begin at 3:30 P.M. Free champagne is served during intermissions. Tickets are $3.75 (with a special student price of $2 for Saturday concerts). For

Chamber group *(in 1970 series) performs on sunny day in front of winery's Romanesque façade*

Surrounded *by casks, one of last year's artists prepares for performance*

Sunset
THE MAGAZINE OF WESTERN LIVING
June 1971

Mighty Zamba, *at Africa U.S.A., likes to have his head scratched*

Mighty Zamba ignores Sunset editor

Testing articles for our readers takes many forms. In the case of our story on affection-trained animals (page 90), our editor in Southern California, Walter Houk, visited the parks, got acquainted with the animals—and survived unscathed. A roaring beast in the picture above would have made him look more courageous, but the point is that these animals—after their trainers have prepared them—can actually meet people with perfect urbanity.

Some of the animals you will see have been trained as pets, some for contact with the public, and others simply to be performers. But all those you meet at first hand will be carefully supervised—sometimes with a sturdy leash.

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complete details write to Music at the Vineyards, 330 Jackson St., San Francisco 94111.

CECIL

Rider *enjoys grassy banks on quiet side of lake. Opposite is public boat ramp*

Fishing at Pardee Reservoir

Pardee Reservoir is open daily for the avid fisherman. And fishing is at its best this month in the 2,200-acre reservoir on the upper Mokelumne River about 30 miles east of Stockton.

Thanks to the spring runoff from the mountains, the water level is high and will suffer little from the release of water later in the summer that lowers many Central Valley reservoirs.

Best known for kokanee, the lake also has bass, bluegills, catfish, crappie, perch, fish, and trout. Because the reservoir is a primary water source for residents of the East Bay, only fishing and boating are allowed; there's no swimming, water-skiing, or waterskiing.

New attractions at Pardee are a large swimming pool and saddle horses for riding along the 37-mile shoreline.

Other facilities include a coffee shop, bait shop, boat launching ramp, and boat rental (rowboats, $6 per day; $5 per half-day; $1.50 per hour). Motors are additional. Berths are also available for privately owned boats.

There are campsites ($3 per day) and trailer hookups ($4.50 per day). Picnic facilities and the pool are covered by the entry fee of $1 per car, $1.50 extra for a boat.

For information and reservations write to Pardee Lake, Route 1, Box 2[illegible], Ione, Calif. 95640.

A recreational fair in Cupertino

De Anza College's Recreational Spring Fair June 6 will have some spectacular

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DIRECTORY INDEX

SCHOOL AND CAMP DIRECTORY
beginning page 5

TRAVEL DIRECTORY
beginning page 9

FINE FOODS CUPBOARD
beginning page 164

GARDEN CENTER
beginning page 233

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beginning page 237

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ups and downs. Coming down at noon to begin the show will be five skydivers performing precision maneuvers as they fall. Going up right after that will be a hot air balloon piloted by the world record-holder for altitude (21,250 feet), Deke Sonnichsen. Both these events can be viewed from the lawn areas at the southeast corner of the campus.

The rest of the day's activities promise to be interesting if calmer. The theme is leisure; demonstrations and exhibits will range from archery to water ballet.

Travel and recreation films from all over the world run continuously throughout the day. The San Francisco Merionettes synchronized swimming team will perform at 2 P.M. in the college pool. And at the *bottom* of the pool a De Anza team will be playing underwater Monopoly, trying to break a record for that event of some 11 hours.

Among other continuing demonstrations on the campus will be folk dancing, fly casting, mountain climbing, and golf. A great variety of recreational equipment will be on display. And the planetarium will offer continuous shows for entertainment on a cosmic scale.

De Anza College is in Cupertino, California, at the corner of Stevens Creek Boulevard and Stelling Road. Take the Sunnyvale-Saratoga exit west off Interstate Highway 280 to Stevens Creek.

A museum filled with radios

Remember *Our Gal Sunday, Jack Armstrong, I Love a Mystery, Ma Perkins,* and *Lorenzo Jones*?

They make up a short catalog of nostalgia for those who remember when a radio was big enough to fill a whole corner of the front room.

And though it's not possible to return now to those thrilling days of yesteryear when a network broadcast of *War of the Worlds* created a minor panic, you can recapture some feeling of the old days at the Hornbrook Radio Museum in Hornbrook, California.

John Porter, owner and proprietor of the museum, began collecting radios nearly 30 years ago. Today he has more than 1,200, a thousand of which are on display at the museum. You'll see half-forgotten brand names like Crosley, Atwater-Kent, Marathon, and Radiotrope emblazoned on baroque dials.

Most of the radios still work and you'll get to hear some of them, though it seems incongruous to hear the Top 40 blaring out of graceful old speaker horns. And headsets for old wireless and crystal sets may seem strange to a generation whose ears have been known to sprout transistor radio receivers.

Hornbrook is just off Interstate Highway 5, about 13 miles north of Yreka. The museum is open, free, every day. □

For travel planners, a June check list

Conservation tours. The National Wildlife Federation has scheduled 10 conservation travel safaris to natural areas in the United States, many of them in the West. Tours offered include float trips on the Colorado, saddle pack trips into Montana wilderness areas, and bus tours through the Florida Everglades. Most prices include transportation from point of your origin, lodging, and some meals. For brochures describing these safaris, write to the National Wildlife Federation, Conservation Travel, 1412 16th St., N.W., Washington, D.C. 20036.

Canada guidebook. For persons planning a vacation in Canada, a handy reference is the new *Young Person's Guide to Canada*, by Cohen and Greene (Collier Books, New York 1971; $2.95), now available in bookstores. Although the book lists activities that may have special appeal to young adults, the information on places to stay and things to see and do makes this a valuable guide for visitors to any part of Canada.

Romania. If you are considering a tour to Romania, a new free booklet, *Yes, Romania 1971*, offers information on tourist destinations, car rentals, camping, visa and custom regulations, and three, five, and seven-day tours. The booklet can be obtained by writing to Romanian National Tourist Office, 500 Fifth Avenue, New York 10036.

Rhine cruises. One way to travel between Rotterdam in Holland and Basel in Switzerland is on a cruise boat along the Rhine. Cruises are four days downstream and five to seven days upstream, depending on the season. One-way fares on the four larger ships of German Rhine Lines begin at $135; on the two smaller ships, $116. All fares include meals and accommodations. For a brochure describing sailing dates and ship facilities, write to Rhine Cruise Agency, 323 Geary St., San Francisco 94102, or see a travel agent.

Winter Olympics. Hotels in Sapporo, Japan, site of the XI Olympic Winter Games February 3 through 13, will be fully booked before the July 31 reservation deadline—and you must have confirmed reservations before you can buy tickets to the games. Write to Japan National Tourist Organization, 1737 Post St., San Francisco 94105, or see a travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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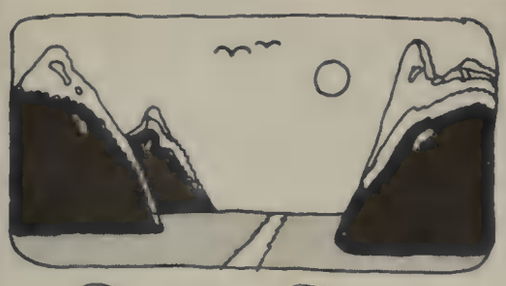

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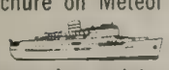

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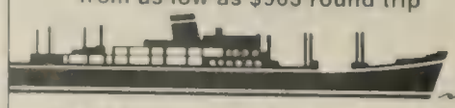

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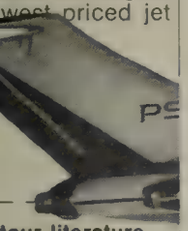

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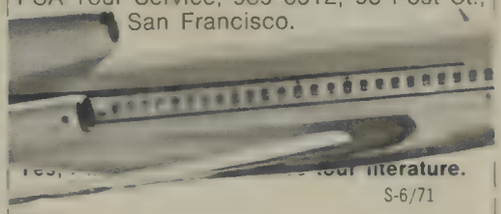

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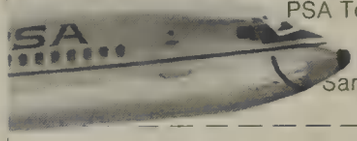

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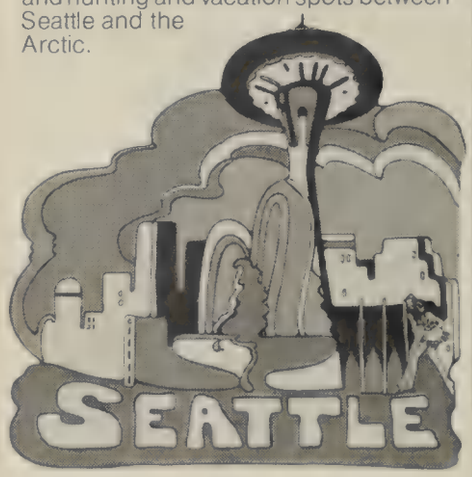

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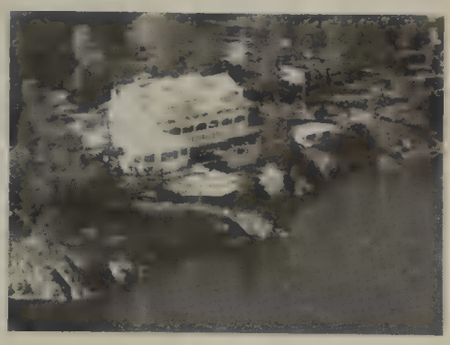

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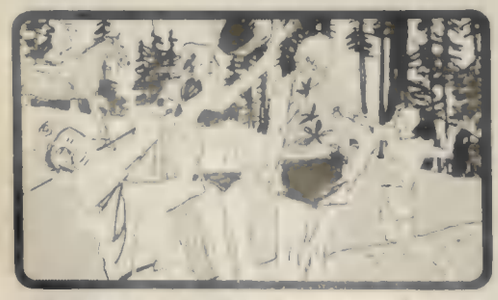

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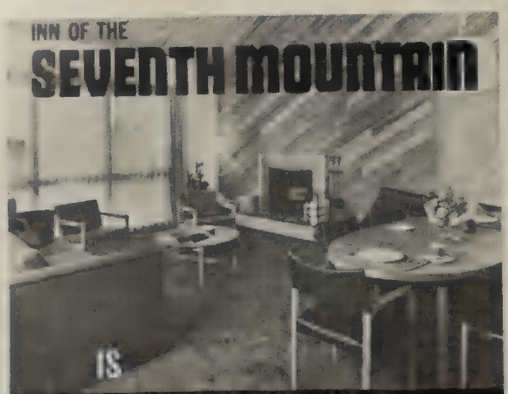

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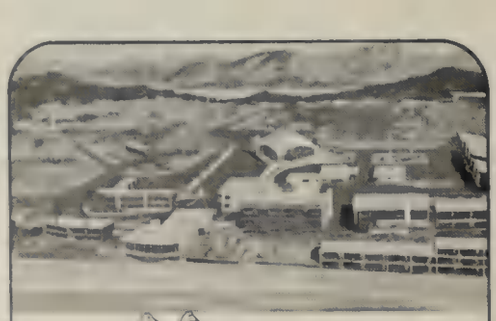

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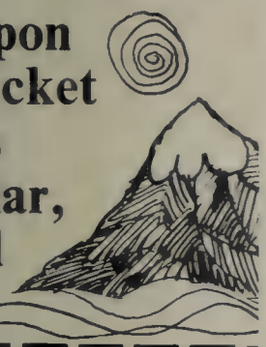

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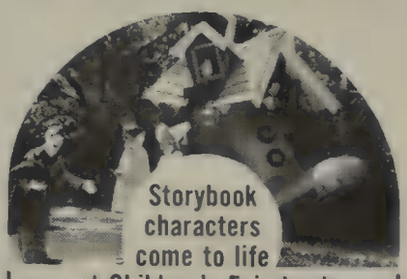

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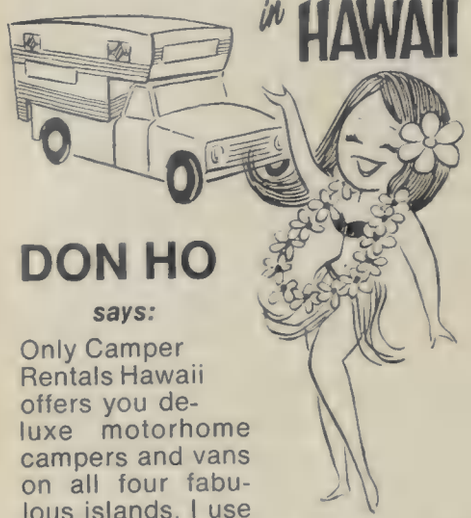

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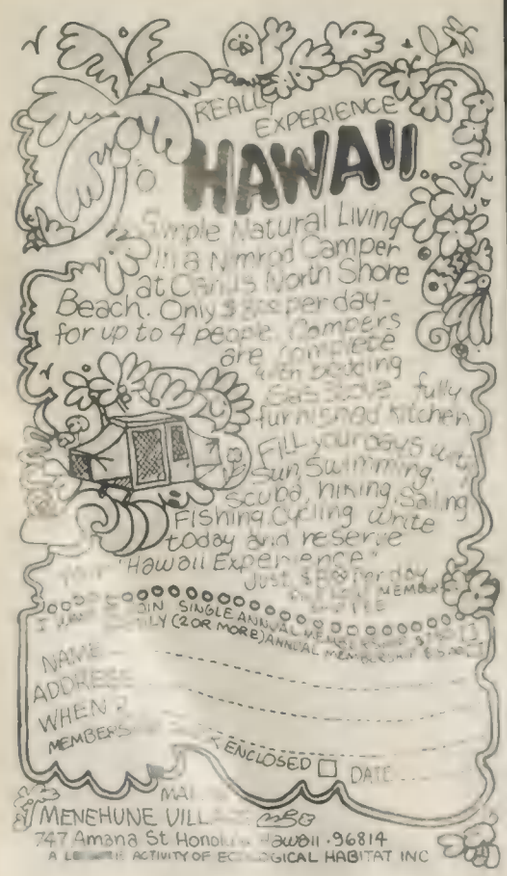

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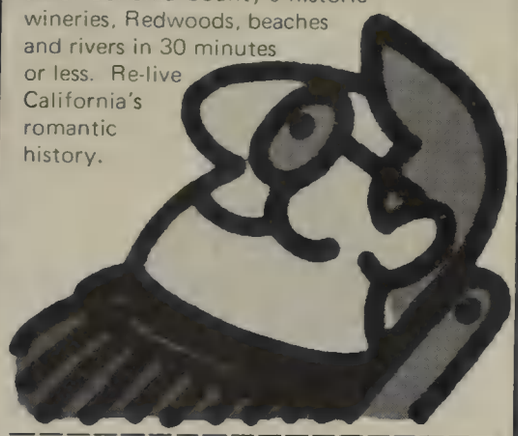

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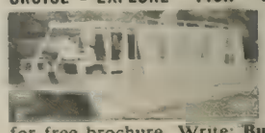

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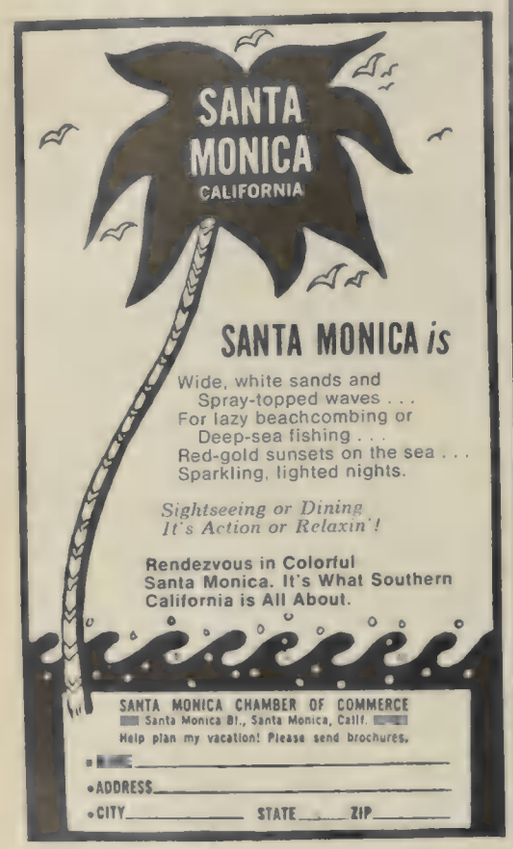

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UTAH!

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Address .....

City .....

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(please)

BIG wyoming

Young country. Fun country. "Outdoor Wyoming lets us escape for a time from a frantic world," says Governor Stan Hathaway, shown above.

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MOUNTAIN STATES

sing.

Sound off.

Against a mountainside, a dune, a waterfall. There's room in sunny Colorado for that great song of happy – where the wind is a violin and tumbling waters a tambourine.

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Tune up now.

Write to: **State of Colorado, Division of Commerce & Development,**
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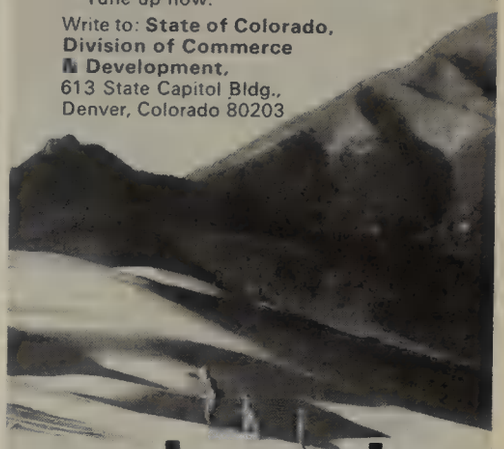

colorado

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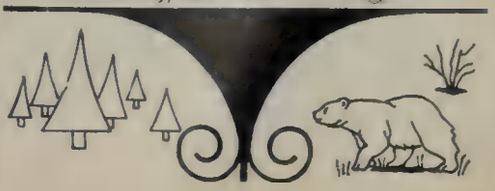
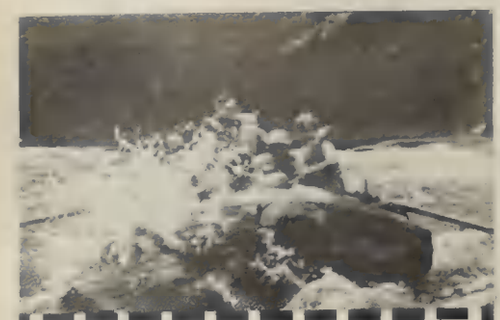


The Sunset Travel Directory

MOUNTAIN STATES



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Write: Hank Snow, Fall Creek Ranch, Box 181, Pinedale, Wyoming 82941. Ph: (307) 367-4649.

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Ranch airstrip catering to private flyers • Color brochure upon request
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Spotted Horse Ranch

Take a real Western vacation. Home of famous Appaloosa Horse. Hoback River winds right through middle of ranch, beautiful Teton National Forest surrounds it. Great fishing and mountain rides you'll remember with a smile. Clean, modern log cabins. Scenic float trips. Hearty ranch-style meals served in view of river. For brochure, write **Spotted Horse Ranch, Jackson Hole, Wyoming 83001.**

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SUNSET, Menlo Park, Calif. 94025

DON NORM

Student *receives help in sketching a Victorian house at Port Townsend*

School of the Art in Port Townsend

The Summer School of the Arts in Port Townsend, Washington, begins its 1[illegible] season this month and there will be more going on than in any previous year.

From June 18 to July 18 the school will offer more than 20 courses in various fine arts (collage and painting, including watercolor, Chinese brush painting, and mixed media); crafts (pottery, weaving, creative stitchery, Japanese flower arranging); and performing arts (ensemble playing, acting techniques, dance).

Special children's programs are also offered in visual arts (elements in painting, crafts) and performing arts (ensemble playing, dance workshop).

Weekend workshops and lectures [illegible]

Class *gathers around experimental plantings in course on herb gardens*

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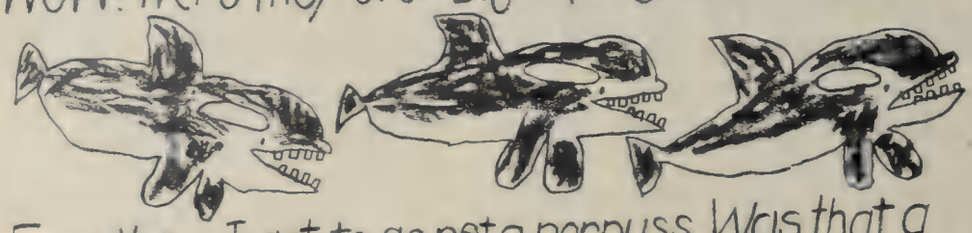
AMAZING! ®

MARINEWORLD

ON SAN FRANCISCO BAY

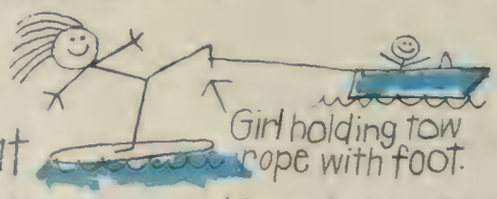
First we went to this place like a theater only it was for WHALES. I mean they put on the show. WOW! were they ever Big. And 3 of them, too.



From there I got to go pet a porpuss. Was that a blast! He even smiled at me. ←ME

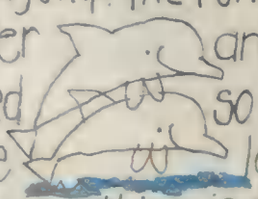
One of the most exciting things we saw was the WATER SKI AND BOAT SHOW.

These guys driving boats were really daredevils. And the water skiers did some stunts I just couldn't believe. A man even flew over this great holding onto Big kite.



After that it was time to go see these dumb birds. I wanted to go feed seals, but Mom won so we watched the Birds. They were smart after all and I really liked them, especially one called Spike.

I forgot about the PORPUSS OLYMPICS. Can they ever swim and jump. The funny part was when they squirted water and put out the Olympic torch. We all got tired so we took a FREE Boat Ride.



There are lots of other things too see and do And everything is for only one low price!!! Dad said it was really low for good family entertainment. If you're ever in California you gotta go. It's just a little way south of the San Francisco Airport on the Bayshore Freeway. I think you can get in at 9:30 a.m.

LOVE, Marty

Amazing MarineWorld on San Francisco Bay—minutes south of S.F. Airport.
One price includes everything. Adults $3.50 Children $2.00. 3 and under Free. Open daily 9:30.

open to those unable to attend the four-week school. Some weekend lectures will focus on "Port Townsend the 18th Century" and "Mozart, Operatic Genius." Workshops incl macramé, leather design, and puppet Distinguished Northwest artists, teachers, including Professor Star Chapple and Dr. Erna Gunther of University of Washington, make up faculty. The school, privately sponso organizes its curriculum in conjunc with Peninsula Community Coll

DON NOR

Instructor *explains beach specimen to marine environment class*

Fees range from $1.50 for some w end lectures to $16 for a full four-w course. There is no limit imposed on number of courses a student may ta Accommodations and meals are not vided by the school, but students would like rooms in private home apartments should send in the rec with their registration forms and school will try to place them. The e such room requests are received, better the chance they can be filled Registration by mail for other than Townsend residents has been exte to June 10. You may register in pe (at the school offices, Clarendon H 630 Water St.) through June 19. T will be no deposit refund after June For a registration form and broc that includes information on lodging restaurants, write to the Port Town Summer School of the Arts, Box Port Townsend, Wash. 98368.

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And we have other islands for you. At the Maui Hilton, you'll wander along 3 miles of white beaches. If the view from the Kona Hilton doesn't take your breath away, the deep-sea fishing will.

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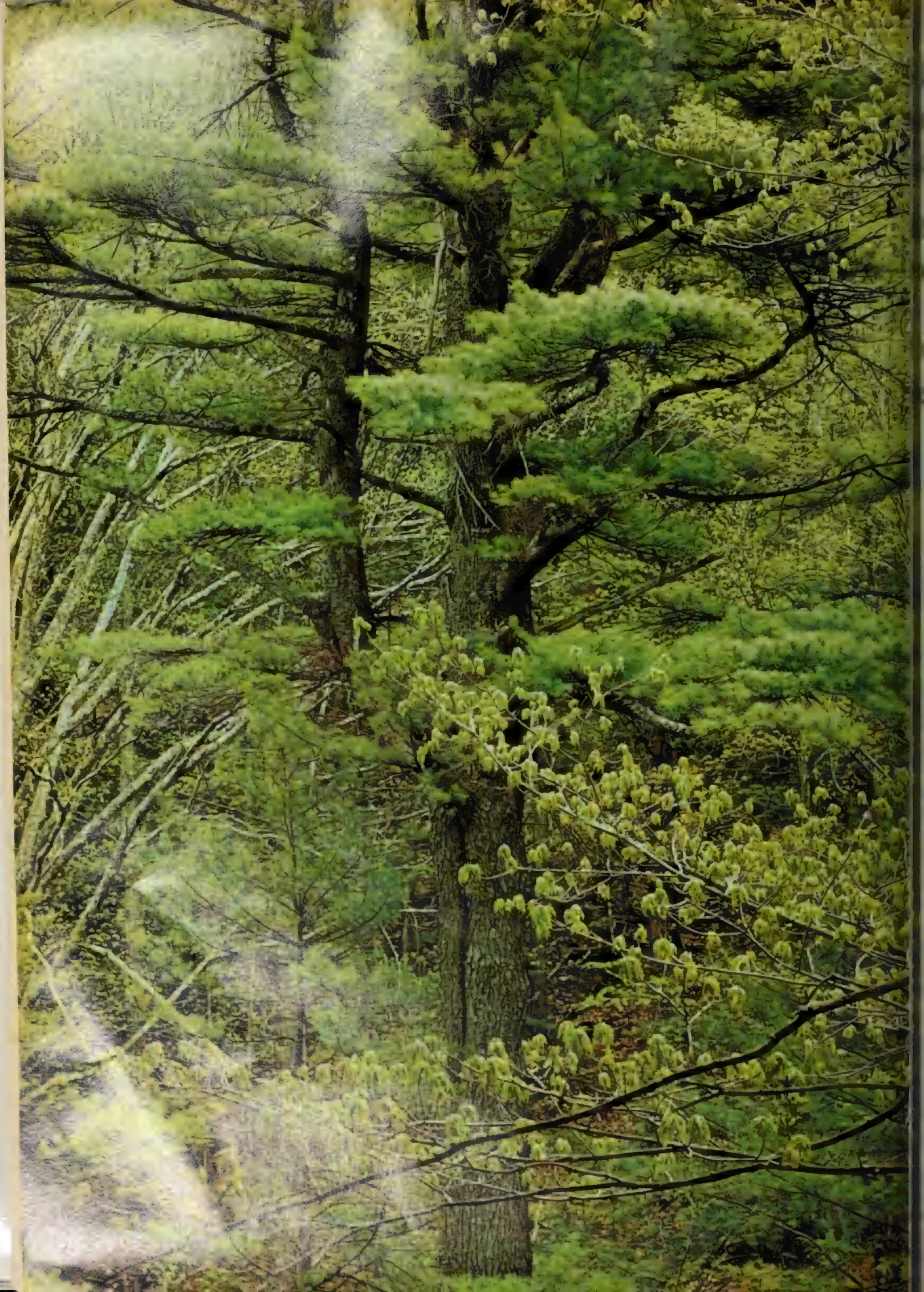
And if you want Hawaii to be everything you dreamed it would be, stay with the Hiltons.

Mosaic Rainbow by Millard Sheets

Come visit the Hiltons in Hawaii. H



lan is the only animal intelligent
ıough to understand the beauty of
quiet, soft, green place.

ıd the only one careless
ıough to destroy it.

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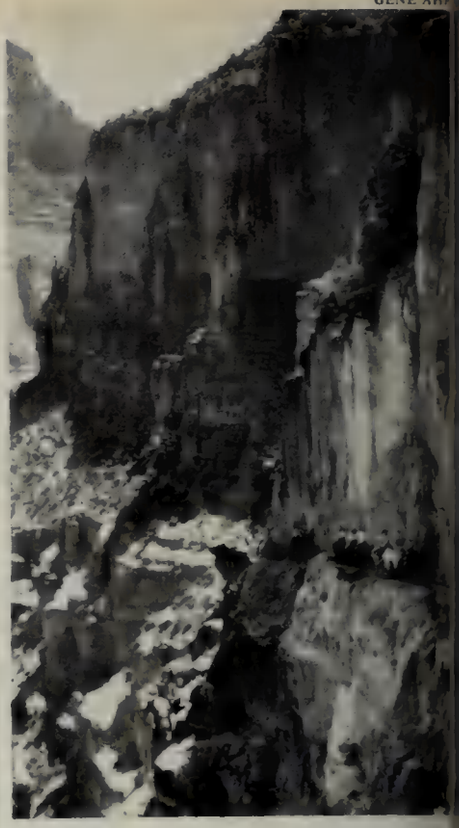
GENE AH



Mule train *climbs toward the North* *of the Grand Canyon on the Kaibab T*

The Kaibab Trai is open again

Seasoned hikers and backpackers walk across the Grand Canyon f North Rim to South Rim on the cently reopened Kaibab Trail from until the first heavy snowfall.

The section of the Kaibab Trail betw Phantom Ranch on the Colorado R and the North Rim has always been critical segment of a cross-canyon h since heavy snows and runoff from sp thaws wash away parts of the trail recent years damage was so severe the trail had to be closed all sum for repairs.

The National Park Service has ope the entire trail for the remainder of summer; however, hikers should be pared for a strenuous 3-day hike primitive campsites and limited w supplies. To prepare for a cross-can hike and make campsite reservati write to Grand Canyon National P Grand Canyon, Ariz. 86023, for a h information bulletin.

For North Rim visitors who don't w to walk the distance, mule trips available for overnight trips to Phan Ranch, day-long trips to Roa Springs, or half-day rides into the yon. For price lists or reservations, w to Grand Canyon Scenic Rides, 127, Grand Canyon, Ariz. 86023.

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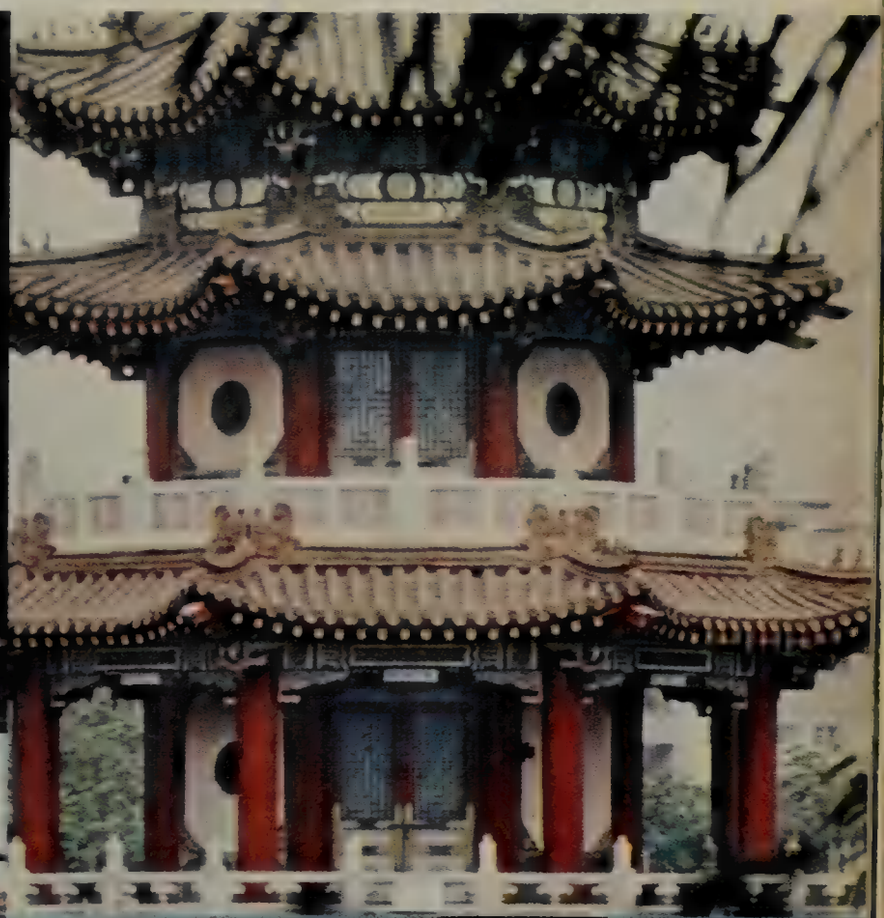

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Low tide *walkers search waters near Haena, Ke'e beaches on Kauai*

Low tide walking on Hawaii beaches

To see some of Hawaii's marine li without putting on skin-diving gear, ju wait until the tide goes out and walk o lava rocks or coral reef.

Hermit crabs dart in and out of th water. Schools of small fish such mullet, damsel fish, and blenny, on about 6 inches long, swim in shallo water. Colorful sea urchins and anem ones, sponges and brittle stars are foun around or under rocks. But avoid th moray eels and scorpion fish, gray wi sharp poisonous spines.

Common shallow-water plants are brig green sea lettuce and padina, reddi brown, fan-shaped seaweed. Rocks ma be colorfully encrusted with algae, pu ple or dark red.

Here are good places to do low tid walking on the most-visited islands:

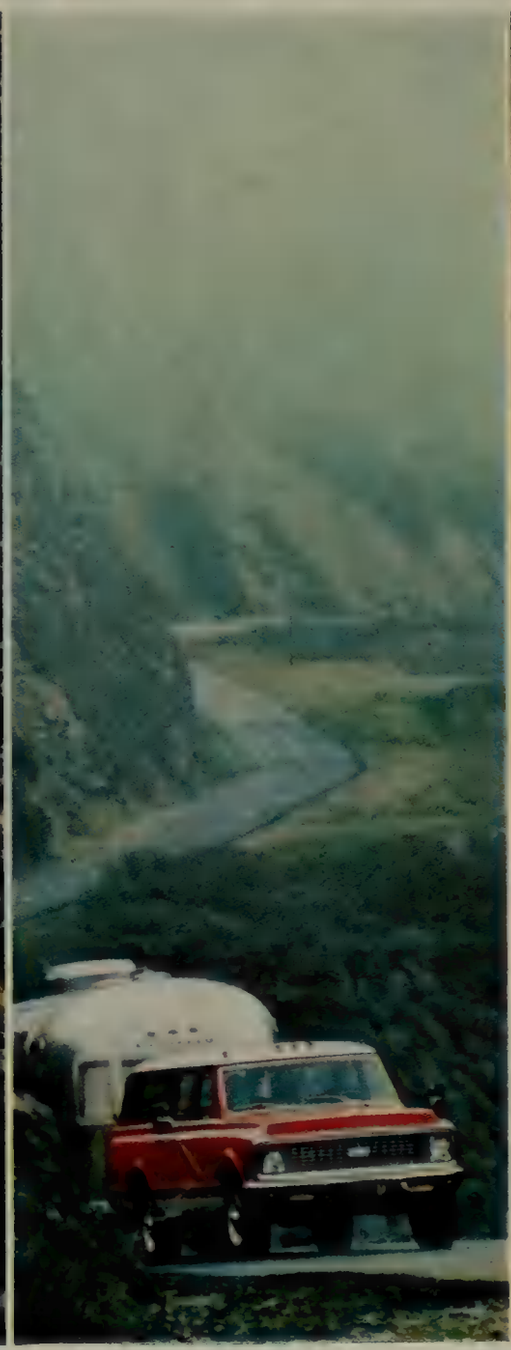
Oahu: Ala Moana, Diamond Head, Ha nama Bay, Makapuu and Hauula beac parks, and rocky areas off Blow Ho and Kahuku Golf Course. *Kauai:* Ani and Haena beach parks, near Spoutin Horn, Ke'e Beach. *Maui:* Kahului Ba shore. *Hawaii:* Onekahakaha and Kal pana beach parks, City of Refuge N tional Historical Park.

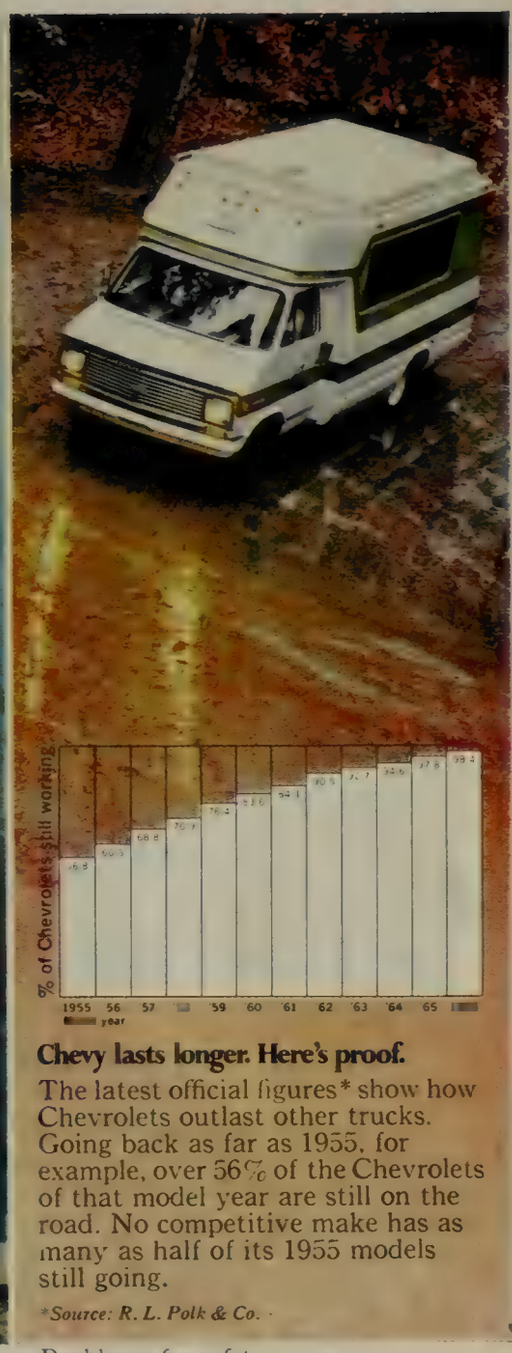
When you're walking on coral reef, wea tennis shoes. If you handle rocks, wea gloves; small crawling worms leave hai that can hurt your hands. Very impo tant: Leave the reefs or rocks as yo found them. Turn back any rocks yo move since exposure to light can k marine life.

Vide-stance Super Suspension—ne best thing that ever happened a bad road. Nobody makes a ½-ton pickup that stands wider than his Chevy, a stabilizing influence n campers. Super Suspension, oil-springed up front, snuffs out umps before they can get to you. Coil or leaf rear springs available.

Power for hard climbs—heavy loads. Specify V8s up to 402 cubic inches in Chevy pickups and the Suburban you see here. It takes nine passengers with the available third seat and tows a trailer besides. Because it acts like a station wagon and pulls like a truck, Suburban is *Camping Guide's* "Tow Car of the Year."

Fade-resistant disc brakes—for downgrades and downpours. They throw off brake-fading heat efficiently. And they shrug off the effects of rain and slush. Front disc brakes come standard now on all light-duty Chevy trucks. Illustrated here is a Chevy Van Motor Home Conversion.





Chevy lasts longer. Here's proof. The latest official figures* show how Chevrolets outlast other trucks. Going back as far as 1955, for example, over 56% of the Chevrolets of that model year are still on the road. No competitive make has as many as half of its 1955 models still going.

**Source: R. L. Polk & Co.*

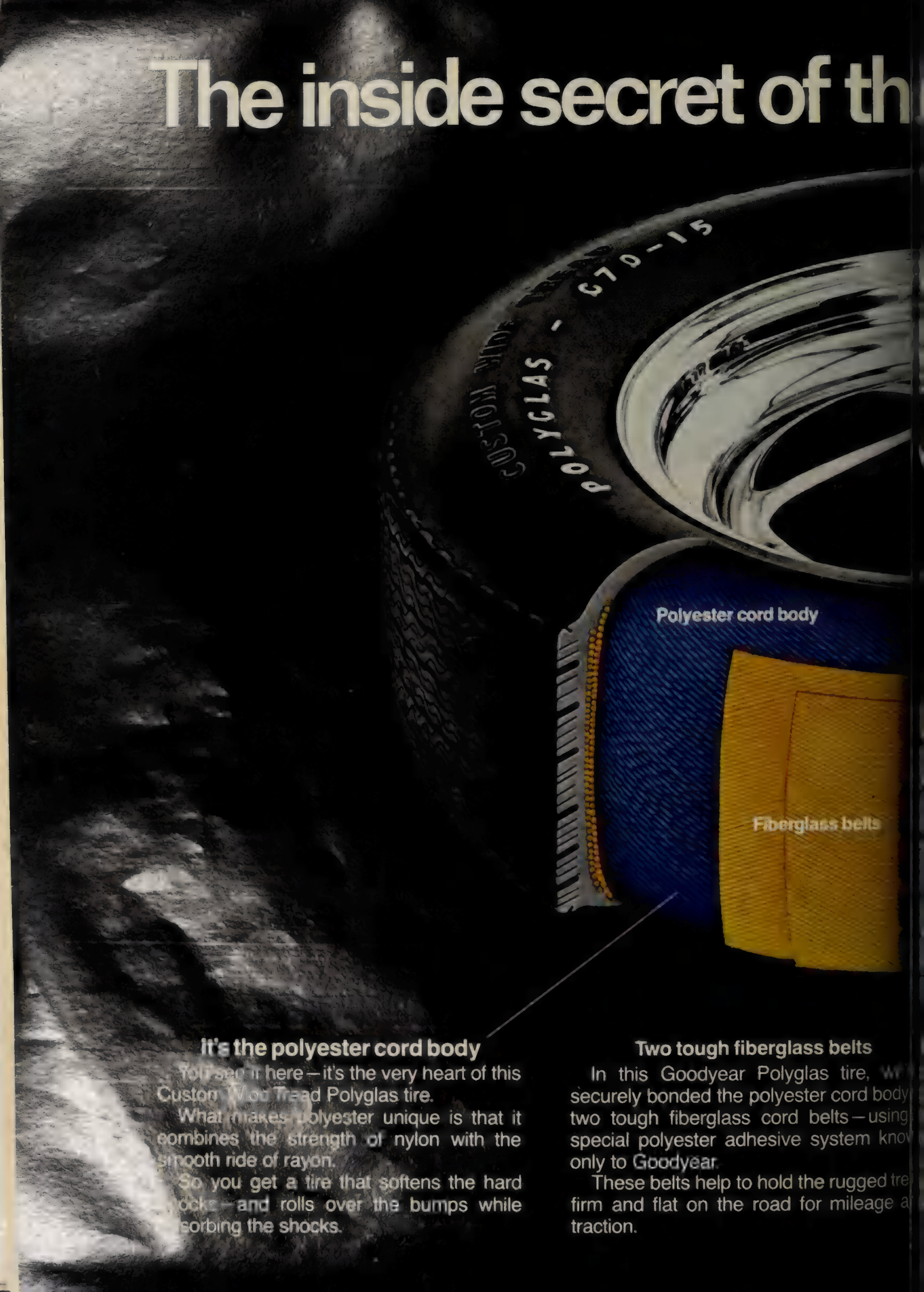
Buckle up for safety.

Camper country and Chevy's totally tougher trucks were made for each other.

Chevrolet

Totally tougher trucks.

The inside secret of th



It's the polyester cord body

You can see it here—it's the very heart of this Custom Wide Tread Polyglas tire.

What makes polyester unique is that it combines the strength of nylon with the smooth ride of rayon.

So you get a tire that softens the hard knocks—and rolls over the bumps while absorbing the shocks.

Two tough fiberglass belts

In this Goodyear Polyglas tire, we've securely bonded the polyester cord body to two tough fiberglass cord belts—using a special polyester adhesive system known only to Goodyear.

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oodyear Polyglas tire

Traction, Strength, and Mileage

olyester cord body, two fiberglass belts, wide tread—that's the vital combina-hat goes into the construction of the Custom Wide Tread Polyglas tire. a result, you get a combination of ad-ges...traction, strength, and mileage. hey all add up to value.

To make sure you're getting a Polyglas tire, just look at the sidewall: **If it doesn't say Goodyear, it can't be Polyglas.**

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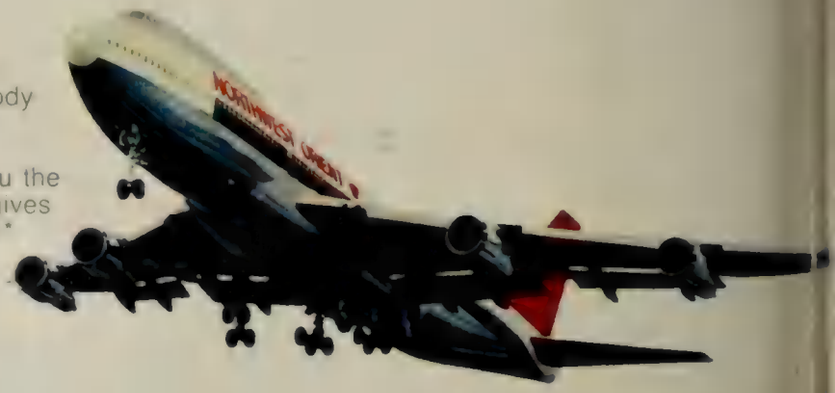

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WENKAM-SALBOSA

Frame House *is early prefab. Printing House was built of coral blocks in 1840's*

A look back into Honolulu's past

Guide *demonstrates replica of the first press*

Drip stones *used to purify brackish water*

The Mission Houses that make up a three-building museum complex in Honolulu's historic Civic Center have a new look. Outside, they have been authentically restored to the way they appeared in the mid-nineteenth century. Inside, new exhibits of furniture, clothes, and tools span the 1821–1896 period when the buildings were occupied.

Guides (some are missionary descendants) tell about members of the Pioneer Company who arrived 150 years ago, established the adjacent Kawaiahao mission, and built the first frame house in the state with parts shipped from New England. Four families occupied the five original rooms. Eleven more companies came (the last in 1848) and dispersed throughout the Islands. As the Honolulu contingent grew, the missionaries added rooms until the house became the two-story structure you see today.

In the small Printing House you will see a replica of the first press turning out samples of early printing, the original bindery press, and rare editions of missionary texts.

Supplies were stored in the stone Levi Chamberlain House, three rooms of which were occupied by the business agent and his family. The gift shop here has an excellent collection of Hawaiiana.

On the grounds are several wells and an open excavation site, part of a University of Hawaii archeology project.

The Mission Houses (and Kawaiahao Church) are registered National Historic Landmarks. Hours are 9 A.M. to 4 P.M. Monday through Friday, 9 A.M. to 1 P.M. Saturday. Admission is $1.50 for adults; 75 cents for children under 12. ▫

Poking around in the mission village of San Juan Capistrano

Rail depot *with tile roof is now closed and vandalized. Townspeople would like to see it preserved*

The village of San Juan Capistrano has been a favorite for travelers ever since its mission was founded in the ye American independence.

About midway between Los Angeles and San Diego, it i passed by Interstate Highway 5. Even so, its streets fi weekends and vacation days with people who come to se picturesque mission, to shop, to eat, to break a longer jou

The town is small enough to cover on foot. Traffic inc horseback riders from rural communities nearby and cy in from the lightly traveled former highway. On the s you still hear the Spanish language and see the visag Mexico, and you encounter the Mexican influence in re rants, in craft and fashion shops, in building design.

San Juan displays the range of California history fron mission and adobes of the Spanish and Mexican eras to late nineteenth century landmarks as the Egan house an railway station. Nondescript buildings remain from whe was a farm town with a main highway running throu Now, with architectural controls in the mission district. handsome new structures are appearing.

The depot was the scene of lively activity when h throngs used to fill special trains for the March 19 St. Jos Day fiesta that for generations has celebrated the retu the swallows. Visitors come mostly by car these day train passes through, but no longer stops.

Most of the adobes are on the main street, south of the sion. All are labeled, but none is open as a museum. A taurant absorbed two, and two contain shops; the other

Crafts *of Southwest Indians—pottery, jewelry, rugs—are a surprise in shop loaded with tourist items up front*

Shopping *covers a wide range. Below at left, The Buttery offers utensils for the kitchen as well as cooking classes and catered meals; at right, a youngster tries on a souvenir of his visit*

NORMAN A. PLATE

nturies *have mellowed the mission—part ruin*
812 earthquake), part original, and part restored
gardens now shaded with tall trees

Success story. *Prominent on main street, the Judge Richard Egan house of 1883 came close to destruction but was saved and meticulously restored as a 6-year project of the Barney Papels. Its interior is virtually a museum of Americana*

Coffee Garden *is outdoor snack and lunch place at the far corner of the shopping center behind Egan house*

Outdoor dining *takes place (under retractable roof) when crowds are large at El Adobe, across street from Egan house. It incorporates two adobes*

are in private use.

The grand old Richard Egan house, shown above, is oper weekends when its restorers are there and have hung out welcome sign (a small tour charge goes for upkeep). You get a glimpse of how one colorful figure of the last cen lived.

An addition to the street scene is a fountain opposite the of four adobes, entrance to a landscaped shopping ce where you can have coffee or lunch outdoors in the Co Garden. Open Tuesday through Friday, 10 A.M. to 3 P.M is staffed by Family Service women volunteers.

Back toward the center of town, the shopping is for both and new: a pleasant mix of places for antiques and br brac, gifts and crafts, pottery and stitchery materials, ran from the sophisticated to the frankly tourist.

The mission, of course, is the great attraction. See the ru its great stone church, the adobe chapel (last remaining in which Padre Serra officiated, and still in use), the bells fountains, the courts. The mission is open every day, 7 to 5 P.M. A 50-cent donation from visitors 16 and older l the restoration fund.

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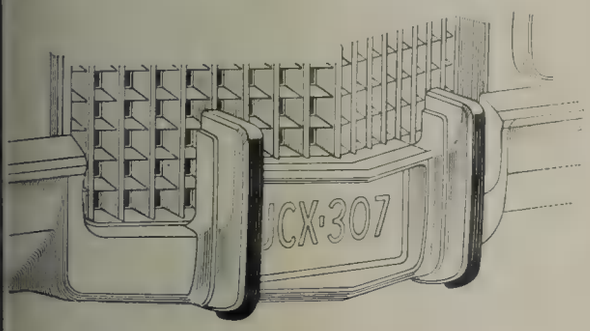
1971

Surprising Cadillac. It turns out to be as practical as it is beautiful.

ıow it well—this one side of Cadillac. For this is dillac you see. The Cadillac that delights you with n and grace, year after year. The Cadillac of stioned styling leadership. The Cadillac that says ce, prestige and luxury. The Cadillac of lasting .

is the Cadillac most people bring to mind when ention the world's finest automobile.

here is another side of Cadillac that may not be known—yet it is every bit as impressive. For this Cadillac that puts the emphasis on beautiful engi- ıg. The Cadillac of reliability and convenience. peace of mind. The Cadillac of lasting value.

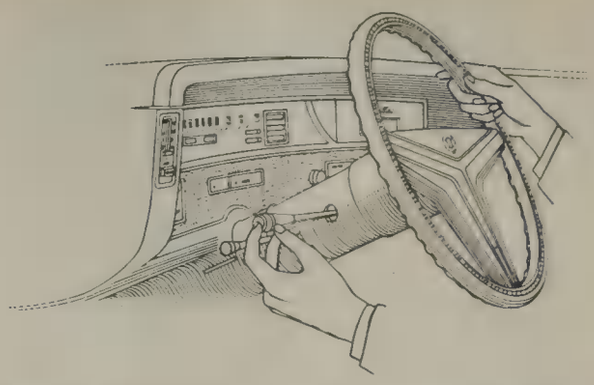


something as basic as front bumper guards. o a lot more than look good. So much more that c makes them standard on all models. We do e, with their rubber impact-absorption inserts, lp prevent damage in parking.

what could be more practical than the host of features that are an integral part of every new c? From side-guard beams to the energy absorb- trument panel and steering column. From dual- safety hood latches to easy-to-use seat and er belts.

onsider the fact that Cadillac's 472-cubic-inch not only operates efficiently on regular gas, but n no-lead and low-lead gasolines that reduce t pollutants.

pposite is the 1971 Sedan deVille.
r Cadillac model you drive, be sure
ur shoulder/seat belts.

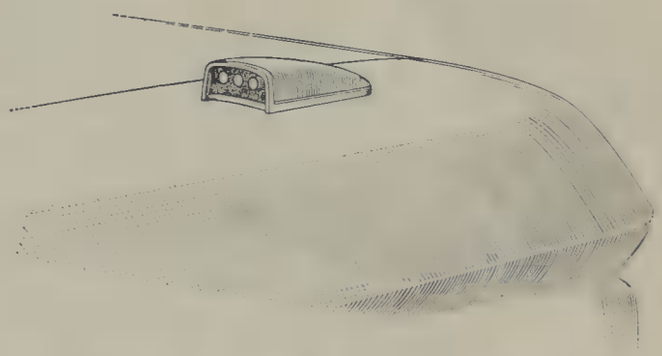


Or look at the practical side of the many other features available to you. Like Automatic Cruise Control that enables you to preselect your road speed with the touch of a finger. Or the Tilt and Telescope steering wheel. It adjusts for both height and reach for driver comfort and convenience.

Yet many of Cadillac's practical advantages are simply the result of superior Cadillac craftsmanship. Engine cylinder walls, for instance, are among the most precisely honed in the industry, accounting for Cadillac's outstanding oil economy.

And then, of course, there is Cadillac's remarkable resale record. It is a fact that a Cadillac traditionally returns a larger proportion of investment than any other car built in the land.

One of the most appreciated new Cadillac luxuries available is the lamp monitoring system that tells you whether your headlights, rear lights and turn signals are functioning properly. Coupled with the lamp monitoring system is a warning light that tells you when your windshield washer fluid is low.



So if you add it all up—what you get out of your Cadillac now and what you get out of it when you trade it—you could be in for a very pleasant surprise. A Cadillac is not only beautiful but beautifully practical. It could well be your best car buy.

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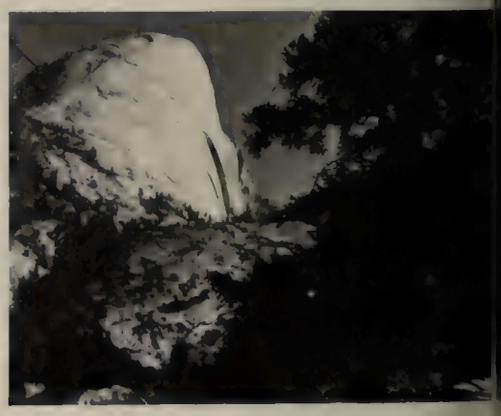
Cadillac Motor Car Division

Cadillac

The leader . . . any way you look at it.

The climb *up the wooden-braced steel cable corridor is steep, but short and not as scary as it looks*

Granite *tip of Half Dome juts northward 4,750 feet above Yosemite floor*



From trail. *Half Dome looms high above in sunshine*

If you're up to it . . . the climb to the top of Half Dome

Just getting to the base of Half Dome from the floor of Yosemite Valley is strenuous. It's an 8-mile hike with a 4,000-foot gain in elevation. The actual 700-foot ascent of the granite landmark takes only about half an hour. The view from the valley's highest vantage is achieved by climbing between cables that are in place most years from May into October or until the first snow.

Shuttle buses bring hikers to Happy the start of the Mist Trail (specta and wet from the waterfalls) and Horse Trail (more gradual and a mile longer). Both lead to Little Yo ite Valley, where there are cam spots, and to the Clouds Rest Trail, w goes to the base of Half Dome. C water, especially late in the season, it can be hot most of the way.

Take home a great vacation.

You don't have to go shopping to have a good time in Canada. But we bet you do.
You'll shop East Pender Street for far-eastern rarities in our far-western city of Vancouver. You'll shop Toronto's Bloor Street for bargains in furs and fashions. You'll detour through nearby Yorkville Village for the latest insanities in everything. You'll want to see Montreal's fascinating antique shops and galleries. The giant 150-shop underground centre at Place Ville Marie.
Even if you steer clear of cities, you're not home free. You won't leave Quebec's wood-carving village of Saint-Jean-Port-Joli without at least one charming little example of its craftsmanship. You won't leave Cheticamp, Nova Scotia without one of its colourful and famous hooked rugs. You won't leave a Hudson's Bay post on the Red River without a genuine Hudson's Bay Blanket. You say you will, but you won't.
Because we often say we'll resist, and we can't.
And we live here.

Canada

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Here are 9 ways to tell when you're on a CP Air jet.

1. THE 1000 MILE CANADIAN SMILE.

Take a look at the faces of the Canadian stewardesses and stewards. That's not a forced smile. It's a smile and a personality that'll be with you the whole trip. And maybe a whole lifetime.

2. FIRST CLASS ECONOMY.

Just so you're not confused—here's a way to figure which part of a CP Air jet you're seated in—if you're in the back part of the plane, you're in Canadian economy class. On CP Air it just feels like first class.

3. FIRST CLASS FIRST CLASS.

Our Canadian first class is hard to compare to anything. It's in a class by itself.

4. OUR WINE CELLAR. 30,000 FEET ABOVE GROUND.

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Entrecôte bordelaise, petits pois à l'anglaise, pommes duchesse, fromage, et café. That's just one of our economy class meals to go with our excellent wines. It sure beats "coffee, tea, or milk."

6. FOREIGN NEWSPAPERS AND MAGAZINES.

Maclean's, The Vancouver Sun, the Canadian editions of Time and Life magazines and more will get you used to what's going on in our country. They're all written in a language you'll understand. English.

7. CANADIAN COMFORT. IT'S COMFORTABLY CANADIAN.

We know how you feel visiting a strange country. We do it every day. That's why we take extra care to be sure you feel at home.

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9 CANADIAN EXPERIENCES. BEFORE YOU GET TO CANADA

EBRATE
ISH COLUMBIA'S
TENNIAL.
G A BATHTUB
ANADA.

eat Centennial Inter-
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Nanaimo, Canada. It's just
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irthday. Things will be
ing all over the province.

the Kamloops Indoor
the Royal Lippizzan
Show in Victoria, the
ord International Air
Loggers Sports and
in Lake Cowichan, the
an Football Champion-
y Cup Game in
ver, and lots more.

Columbia is devoting the
ear of 1971 to the
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's Pacific Province. On
1871, British Columbia
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Canada became a
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n up and take a look at it.
ur CP Air travel agent and
to send you a Centennial
ar of Events. And while
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Aboriginal *children stop rugby play to view plane on weekly stop at Papunyah*

For visitors down under . . . a stopover in Alice Springs

Alice Springs is a speck of a town in the center of the vast Australian outback. A modern airport, immaculate motels and hotels, and prosperity brought by scientific ranching have dispelled from this region the romance of the jolly swagman. But modern trappings don't erase the geographic fact that the nearest city, Adelaide, is 800 air miles from this town of 10,000. Or that out from Alice Springs as far as 300 miles are ranches, herdsmen, and aboriginal tribesmen who depend on "the Alice" for their existence.

You can hear the children of these isolated families recite their lessons by radio at 10:45 A.M. and 2 P.M. weekdays for the teacher in Alice Springs. Next door, at 9 and 11 A.M., and 2 and 4 P.M., nurses receive radioed medical requests, offer remedies, and are ready in emergencies to dispatch help by airplane.

To visit some of the remote stations (ranches) in the area of Alice Springs, you can go by plane with the royal mail. It costs $30 for a day tour on flights that fan out through the southern half of the Northern Territory.

The great tourist destination in "the centre," as the region is called, is Ayers Rock, a massive rock monolith rising above the desolate flatland. The best time to see it is in the blazing red light of dawn or dusk. Cost of the daily round-trip tour from Alice Springs is $42. Weather in "the centre" is coolest and most comfortable from May through August.

For reservations on the mail flight or to Ayers Rock, write to Connellan Airways Pty. Ltd., Alice Springs, Northern Territory 5750, Australia. □

Twin-engine *plane carries mail and supplies to remote stations around Alice Springs*

Teacher *reads to Australian outback children via radio transmitter-receiver*

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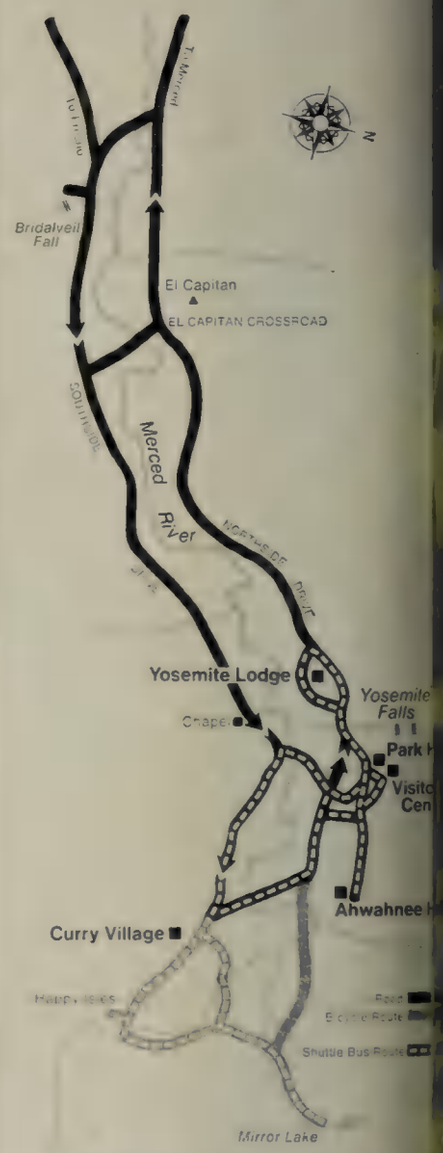
My Travel Agent is _____

*Based on 14/35 day inclusive tour excursion fare from the West Coast and sharing twin-bedded rooms.

Yosemite Valley's n traffic pattern



Visitors' cars *are no longer allowed on routes shown on this map in gray and gray-and-white*

The National Park Service has t the first step toward eventual elimin of the automobile from Yosemite V

The first phase encourages walking bicycling in the valley's eastern en refusing access to private vehicle some parts shuttle buses run: in ot not even these are allowed.

The free shuttle bus operates every from 7 A.M. to about 11:30 P.M. late morning to midafternoon it p any given point on its route about e 10 minutes; at other times, about e half-hour.

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Visitors circumnavigate *the squatting hulk of one of the stone charcoal ovens*

It's 11 gravel miles to these ovens

Six domes protrude from the yellow desert at Ward Charcoal Ovens Historic State Monument. To get to the hundred-year-old ovens, just 18 miles south of Ely in eastern Nevada, you must drive about 11 miles off U.S. Highway 50 on a gravel road.

As you drive south along the approach from U.S. 50, you pass between fenced ranges of wild buckwheat and rabbit brush. To the left is the broad expanse of the Steptoe Valley; to the right, the low slung Ward Mountains, a branch of the Egan Range.

Until you get right next to the ovens, they appear smaller than they really are. Except for slight differences in how they have weathered, the ovens are identical beehives about 30 feet tall and 30 feet in diameter. They are set in a straight line perpendicular to the mountains from which large supplies of wood were hauled to feed their fires.

The ovens were built in about 1876 to make charcoal for the gold and silver smelter in the mining town of Ward. They were used for about a decade.

Now they are curiosities squatting at the feet of mined-out mountains. Picnickers will find picnic tables and a water-pump nearby. There are even tables inside some of the vaulted ovens. □

To get a drink *of water here you have to work a hand pump*

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airy feeling. The kid's roo
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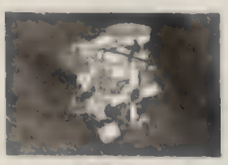
MARINVIEW

*Manufacturer's Suggested Retail Price for Dodge Colt 2-door Coupe, with all standard equipment, [redacted] shown. Price includes destination charge of $50.00, but does not inclu[redacted] or local taxes, title or license fees, or other dealer-established charges, if any, for dealer-installed equipment or services.

CATCH COLT FOR ONLY $1974*

Front disc brakes
Safer, [redacted] they don't fade on you. Stop you straight and fast.

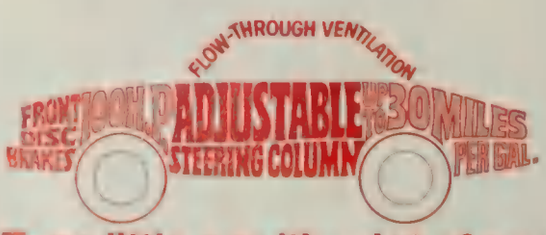


100-hp Hemi engine
[redacted]

Adjustable steering column
[redacted]

It's the lowest priced Dodge going.

Now there's a way to own a brand-new car (with the features you want most as standard equipment) and balance your budget at the same time. The Dodge Colt. Choose from four different models: two-door coupe, two-door hardtop, four-door sedan, and station wagon. All have the features pictured here as standard equipment. And for those of you who wish to add more comfort and convenience items, options such as air conditioning, automatic transmission, and AM radio are available at extra cost. See the new Dodge Colt at your nearest Dodge Colt Dealer's. It's the lowest priced Dodge in the Dodge car line.



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Presently available at Dodge Colt Dealers only in the western states and selected East Coast cities.

Four-on-the-f[redacted]
It's fully synchro[redacted] and amazingly e[redacted] shift.

Flow-throu[redacted] ventilatio[redacted]
Gives you [redacted] co[redacted] flow of fres[redacted] through the car.

Trunk lid radio anten[redacted]
The antenna is [redacted] right into the tru[redacted] (except on the w[redacted]) and it's stan[redacted] whether you g[redacted] radio or not.

er *wears ceremonial garb with*
ate beadwork, fine feathers

ndian dancing, rafts at festival in La Grande

artistic heritage of the first Amer- will be celebrated when Indians across the Northwest gather in Ore- or the La Grande Indian Festival ts, June 17 through 19.

festival, now in its 12th year, awards prizes to Indians competing in con- orary art categories as well as in ional folk arts. It annually attracts of the best Indian artists and per- ers in the Northwest.

e folk art, or craft, category you'll ottery, baskets, leather and bead and wood and bone carving.

highlight of the performing folk vill be ceremonial dances. From a d grandstand in a teepee village. see Indian dancers move in ca- with the rhythmic "hey-yea-yea" anting drummers. For a lively ar- f traditional Indian dress, don't the grand parade on Saturday.

contemporary performing arts cat- , Indians interpret modern dance, (vocal and instrumental), and . Indian fine arts include paint- culpture, and fabric design. Many d craft objects will be for sale.

brochure listing dates, times, and of specific events, write to the Festival of Arts, Box 193, La le 97850. □

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Imagine digging for clams on vast uncrowded beaches. Boating a king-size Tyee salmon. Savoring a scenic feast of towering mountains, evergreen forests and shimmering seas. Then, exploring Victoria, one of the most fascinating cities anywhere. These are just some of the pleasures of Vancouver Island — a vast green place that's just a short cruise from the British Columbia mainland. But a world apart in relaxing good times. Why not mail the coupon today for a colorful preview?

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NEW Pinto 3-door Runabout. The rear seat folds forward to give you a carpeted cargo area that's five feet long. Holds golf clubs. Camp gear. Luggage. This new Pinto packs more fun than any import.

$1919 Pinto 2-door suggested retail price. Car shown is equipped wit white sidewall tires $29, and accent option $60. Destination charges dealer preparation charges (if any), state and local taxes are extra

Here's the kind of value that'll give you a nice, satisfied feeling. The 2-door Pinto. Or new 3-door Pinto Runabout (left). Both are priced low like the small imports. And they averaged 25mpg in simulated city/suburban driving. But from there on in, Pinto is a lot more little car than the imports.

Pinto is a do-it-yourself car.

There are almost 40 jobs you can easily handle. Things like adding transmission fluid or changing the oil and oil filter. You can even do a simple tune up—adjust the carburetor or replace spark plugs, condenser and distributor points if necessary.

You can pick up a do-it-yourself manual and tool kit wh you pick up your Pinto. And get ready to save right away.

Pinto calls for far less scheduled maintenance than V One-half as many oil changes. One-sixth as many lubes. T brakes are self-adjusting. So, here again you save.

Overall, Pinto is designed to last longer. It has strong, be parts like rustproof steel-alloy brake lines. And five main eng bearings—the leading import has only four.

Where do you go from here? To your Ford Dealer's an test drive. Five minutes behind the wheel will tell you. Pinto's rig

Pinto

Better idea for safety. Buckle up.

PINTO Ford

An appealing flight interruption and some trans-Pacific options

Guam's reputation as a "crossroads of the north Pacific" dates back to the days when Spanish galleons plied the hemp routes between Acapulco and Manila. That reputation is even more justified today by the amount of traffic at the island's international air terminal. Nonstop arrivals from and departures to Honolulu, Tokyo, Manila, Saigon, Osaka, and Okinawa, and continuing flights to and from Bangkok, Taipei, Fairbanks, Singapore, San Francisco, and Los Angeles keep the Guam tower busy 24 hours a day.

The number and frequency of trans-Pacific flights landing at Guam offer Orient-bound air travelers some appealing route options. For example, if you're flying to Hong Kong via Tokyo, you can return to Honolulu and the mainland via Guam, eliminating a return stop in Tokyo. Guam is also the gateway to Micronesia, and at no additional charge you can transform the Guam-Honolulu leg of your flight into an island-hopping adventure through the Caroline and the Marshall islands, calling at Truk,

Two Lovers Point, *400 feet above the surf, affords views across the Philippine Sea*

Roadside parks *offer palm-shaded picnic sites on Guam*

Tumon Bay, *a great place for swimming and snorkeling, is lined with resort hotels*

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beaches, and tropical setting, coup
with the availability of luxury hot
fine restaurants, and tour services, m
it an attractive choice as a rest-a
relaxation stopover for travel-weary
passengers returning from the Ori
The most western territory of the Un
States, Guam is the first bit of Ame
you'll encounter on your return tri
place where you can drink the water.
fresh salad greens, and indulge in
dogs, hamburgers, malted milks,
other traditional American fare.

Paved highways circle all but the
treme northern tip of the island, winc
along the residential streets of
Spanish villages, passing through l
tunnels of luxuriant jungle growth.
skirting surf-pounded beaches
ocean viewpoints. You can rent a ca
the airport, or arrange a guided,
conditioned bus tour at your h
Roadside parks offer picnic table
some of the island's better beaches.

Most of the larger hotels are in
capital city of Agana, near the air
and shopping districts but fronting
quiet, palm-lined beach at Tumon
In the evenings you can atten
Guamanian-style luau or sample th
tertainment at one of the hotel su
clubs. But don't overlook the small
and hotels in some of the island vill
Deep sea fishing charters and glass
tom boat tours are available in the
resort village of Merizo.

A travel agent can arrange your t
Pacific itinerary to include a stopo
Guam. Additional information on
island may be obtained by writin
the Guam Tourist Commission,
3520, Agana, 96910.

Airport signpost *substantiates Guam's reputation as crossroads*

The "sky's-the-limit" card?

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they'd get the short end
e stick because you'd
ably tear up your card.
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all over America

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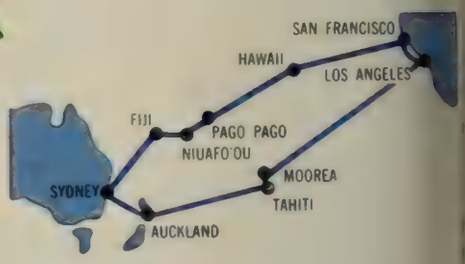

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So come aboard. Sailings from San Francisco Sep 15, Oct 26, Nov 7 and Dec 6, 1971; Jan 9, Jan 29 and Feb 19, 1972. From Los Angeles Sep 16, Oct 27, Nov 8 and Dec 7, 1971, Jan 10, Jan 27 and Feb 20, 1972. Minimum fare $1840.

Contact your Travel Agent or mail the coupon.

SU107-671

Paul Thompson, Cruise Consultant
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DON NORMARK

ugh waffles, *served with rose hip*
end tour of Old Wickersham house

Alaska's past and sourdough waffles

change of pace from sightseeing pping, many visitors to Juneau a tour of the House of Wicker- high on Chicken Ridge.

en Ridge is a fine old residential that got its name because hunt- nd ptarmigan plentiful there in 's early days.)

ew alone is worth the five-block from downtown. Below you lie bor and Juneau's maze of narrow Beyond the channel rise hun- f forested islands, their treetops isted with streamers of rain.

nfortable old house is not noted rchitectural treasure, nor can it idered an antique except by Ju- standards, having been built in t is significant as a reminder of ortant period of Alaskan history, a lovingly maintained memorial of Alaska's most energetic and istic citizens, James Wickersham. ted a Federal judge by President ey in 1900, Wickersham was an lvocate of statehood. He was a to Congress from 1908 to 1932, oduced the first statehood bill in fe died in 1939.

ce, Mrs. Ruth Allman, lives in er home and keeps it very much s during his lifetime. She takes hrough the house, pointing out e's roll-top desk, his library col- and his voluminous diaries. At nd, Mrs. Allman offers visitors ervings of sourdough waffles.

rs, at 11:30 A.M. and 7:30 P.M., it 1½ hours, and cost $3.50. □

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If you appreciate a fine piece of equipment, you'll go for the new Kodak Instamatic® X-90 camera. It's the most automatic automatic of them all.

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See the Kodak Instamatic X-90 camera at your photo dealer's. With fast f/2.8 Ektar lens, it's less than $145. You'll agree, it's the Automatic-est.

KODAK MAKES YOUR PICTURES COUNT.

Price subject to change without notice.

Kodak

See your garden grow in less than two minutes.

Just like the hands of a clock move, flowers bloom. But you can never quite catch them doing it—until you get a Minolta Autopak® super-8 movie camera.

Just set up the Autopak near a budding flower, along with its exclusive timer accessory. Then, go away.

As the flower opens, the camera will automatically take one movie frame after another at intervals up to 60 seconds. When you get back, the Autopak will have captured your flower, from bud to bloom, on about two minutes of film.

Or take the Autopak on vacation and power-zoom from a picture window view of an ancient cathedral to a tiny figure in the stained glass. Slow for the oooohs. Fast for the aaaahs.

The Autopak's 2-speed micro-motor lets you see—in excruciating slow motion—all the things that are wrong with your golf swing or skiing form.

And with the Autopak's unique single-frame feature, you can turn your kids' drawings into a cartoon.

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And the Autopak instantly and automatically adjusts itself for correct exposure.

The Minolta Autopak-8 D6 with optical-glass Rokkor zoom lens costs under $220, plus case. Accessories extra. For literature, write Minolta Corporation, 14204 South Prairie Ave., Hawthorne, California 90250.

Start to see life differently with a Minolta Autopak.

Trailering . . . it helps to practice

A trailer can enrich your outdoor or become a formidable burden, pending upon how well you prepare your first towing experience. Before begin, you should learn a few sir but critical driving techniques neces for convenient and safe trailering.

A trailer is a heavy object with its momentum, which strongly affects car's normal acceleration, maneu ability, and braking. Most trailering cidents are caused by driver neglec the added burden on the car. Prac driving with a trailer attached until feel secure enough for the open r (A large public parking lot on a Sur morning is ideal for safe practic Adapt your normal driving habits to size, weight, and "feel" of the traile road and weather conditions, and the effects of speed.

The drag of the trailer limits your celeration, and you'll need more tim enter traffic. A sudden start can dan the springs. An automatic transmis should be kept in low until you're r ing at 20 to 30 miles per hour for ac power and response. Keep to the r avoiding the fast lanes on freew you've become a truck-like vehicle limited capabilities, and you can't with the demands of high-speed tr

Some other points to remember ar

- Stay at least a car-and-trailer le behind the car in front of you for 10 miles per hour of speed, and mo poor weather or with low visibility
- Your slow acceleration requires r time and distance for passing. Si well in advance to the driver in fr pull out gradually, and go well bey the other vehicle before pulling bac
- Your rig may have a natural osc tion speed, at which trailer sway be Make a test run to find this speed, stay below it, especially when pas
- Correct sway by holding your steady. Hard braking or overrea steering can magnify the sway. If a of wind from a passing truck sets sway, accelerate slightly, letting trailer adapt back to the normal, st course of the car.
- Avoid ice and other slippery surf If you're caught on a slick road an gin to skid, turn your front wheels g in the direction of the skid. Don' to stop until the skid is under con
- On steep upgrades, courtesy (and s

This car is loaded with reasons why it shouldn't be under $1800.

1. Thick, wall-to-wall nylon carpeting.
2. Whitewall tires.
3. Tinted windshield.
4. Anti-rust undersealant.
5. Fully reclining and adjustable bucket seats.
6. Sealed lubrication system (no chassis lubes ever).
7. Up to 28 miles a gallon.
8. Up to 94 miles per hour.
9. Lined trunk.
10. Armrests front and rear.
11. Full wheel covers.
12. Unit body construction.
13. Flo-thru ventilation.
14. Front disc brakes.
15. Five-bearing crankshaft.
16. Bumper guards.
17. Vinyl interior.
18. Trip mileage meter.
19. 73 horsepower engine.
20. 161.4 inches in length. 59.3 inches in width.
21. Can of touch-up paint.
22. Glove box.
23. Tool kit.
24. Windshield washer.
25. Cigarette lighter.
26. Dome light.
27. 4-speed synchromesh transmission.
28. Curved side windows.
29. Parcel shelf.
30. 30-foot turning circle.
31. Swing-out side rear windows.
32. Double edge keys (go in either way).
33. Anti-freeze.
34. 2-barrel carburetor.
35. Heavy-duty battery.
36. 3-point front safety belts.
37. Spare tire recessed in trunk.
38. Passenger assist grip.
39. Coat hooks.

Everything you've just read is included in the price of the $1798* Toyota Corolla.

TOYOTA
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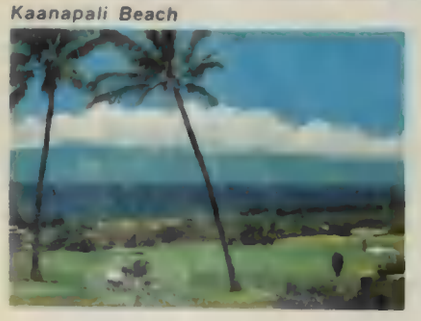
*cturer's suggested retail price 2-Door Sedan. Inland freight, dealer preparation, options and taxes extra.

When Hawaiians say Maui no ka oi could they mean Maui Surf?

On Kaanapali Beach
Open August 1, 1971

Kaanapali Beach



Loyal residents of the Island are fond of the phrase because it means **Maui is the best.** Perhaps our pride is showing but that's the way we feel about the new Maui Surf, where every air-conditioned room has its private lanai with an ocean view. And where artifacts reflect Maui's history from the early Polynesians to days when lusty whalers wintered there. And there's dancing, music, dining, Polynesian entertainment and a whole sea of ways to have fun. And more: Two great seaside golf courses. A funny little narrow gauge railroad that tootles into old Lahaina town. Whalers Village, a shopping center that's also a museum.

We think we know how to make visitors happy because we've been doing it since the days when the only way to reach the outer Islands was by sea. Is Maui Surf really **no ka oi?** To prove it, see your travel agent or write for a free brochure to Interisland Resorts, P. O. Box 8539, Honolulu, Hawaii 96815.

maui surf
Kaanapali Beach . . . Maui, Hawaii

Extend your fun. Visit KONA INN, Kona Coast, Hawaii / THE NANILOA, Hilo, Hawaii
KAUAI SURF, Kalapaki Beach, Kauai / KONA SURF, Keauhou Beach, Hawaii

states' laws) requires you to use mar pullouts to let faster vehicles pass. Do shift smoothly to keep your engine transmission from overheating. If y car does overheat, stay in low gear u you reach a pullout, then keep the gine at a fast idle until it cools.

▪ Shift to a lower gear on downgra letting the transmission, not the bra carry the load.

▪ If no pullout is available for an en gency stop, pull the trailer comple off the road, avoiding soft shoulders. out flares if visibility is low or if trailer is near the road.

▪ You'll need more turning room t usual: The trailer cuts across your c turning arc, and its tongue will jam car if you make too tight a turn. M a wide turn, keeping to the outside the curve.

• Avoid speeding on highway cur the trailer's momentum can pull y car off the road. Accelerate *slightly* the curve for added trailer control.

▪ Stopping takes longer. Brake slo and evenly, keeping the car and tra on a straight line. A sudden stop jackknife the trailer. If the trailer separate brakes, engage them slightly fore you engage the car brakes.

▪ Go slow on bumpy roads to av spring or axle damage.

Backing up a trailer can be particula intimidating unless you practice firs an empty parking lot. It's best to b straight, but if you must turn, remem that the trailer moves in the oppo direction from the rear of the car. back the trailer to the left, for exam back the car to the right (turning steering wheel clockwise). If you w the car to follow in the same directi gradually reverse the direction of steering wheel as the trailer begins turn. Too tight a turn will cause ja ming, with possible damage to the hitch, and trailer. If you make a mista straighten out and try again. Back the left, if possible, for a clear view hind the trailer. Look directly; don't the mirror.

Trailering wears down your car's s tems more quickly than usual, and n double its gas consumption. Keep a cl watch on your brakes, steering linka and tires. Check fluid levels (includ the battery) frequently, particularly your trailer brakes operate from y car's hydraulic system or if you're d ing in the heat. Lubricate the hitch b and replace it when worn. Your ti should be inflated 4 to 6 pounds ab normal (check your car's specificatio and make sure brake and electrical c nections between the car and trailer secure. Lubricate, change your oil, a rotate the tires more frequently th usual: about every 3,000 miles.

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North to Canada's grand mountain parks

Two fast new highways (and two old comfortable railroads) get you there

he Canadian Rockies, four national ks adjoin to cover 7,814 square miles vhat may well be the most astonish- accessible mountain scenery in the ericas. This awesome upheaval of earth's crust has long been consid- l a classic vacation destination.

the only way to get there was by taking Canadian Pacific through ff or Canadian National through ber. Now, with two fast, all-weather ıways serving the parks from the west, the region has become a reasonable travel target for almost any Westerner. Either Banff or Jasper is only a day's drive from Vancouver, British Columbia.

The four parks crest the Continental Divide. Banff and Jasper are in Alberta, east of the divide. Yoho and Kootenay are in British Columbia, on the west. Each park has its share of matchless mountains, alpine meadows cupping lakes, and rivers that drop as waterfalls or

Four-point buck *with rack horns in full velvet delights visitor to Jasper National Park*

Canoeists *paddling upstream on quiet Bow River pass horseback rider at trail's edge*

ntains *surround incredibly Peyto Lake, seen from near Banff-Jasper Highway*
SORMARK

Mount Norquay's *jagged crest soars at end of busy main street in Banff. Town's population triples in summer*

Waterfront *camping beside 14-mile-long Lake Minnewanka in Banff National Park*

meander through valleys. But each park is also different.

Yoho

Within its 507 square miles Yoho has a remarkable range of elevation: from 3,300 feet near its west entrance to the 11,686-foot South Tower of Mount Goodsir. A 45-mile section of Trans-Canada Highway 1 crosses the park diagonally to join the Banff-Jasper Highway near Lake Louise; it follows the turbulent Kicking Horse River along the route chosen by Canadian Pacific for Canada's first transcontinental rail line.

With soaring peaks and remote mountain lakes, Yoho is a favorite of mountain climbers. Hikers have 365 miles of trails. Four major campgrounds with electrical and plumbing facilities for trailers are in full service from June 1 until Labor Day, after which they remain open to primitive camping.

Two small cottage resorts at Emerald Lake and Lake O'Hara are amon choicest vacation headquarters in th tire park complex for visitors lo for peace, quiet, and easy acce trails. There is also a lodge at W Lake on the main highway.

Kootenay

Kootenay is the quiet park: Glacier- mountain peaks stand above slopes with Douglas fir bordering the wide leys of the Kootenay and Vermilion ers. The 543-square-mile park is a ridor for the beautiful 65-mile B Windermere Highway between Ra Hot Springs at the west entrance the Banff-Jasper Highway.

Kootenay's three fully serviced c grounds with more than 400 camp remain relatively uncrowded, eve midsummer. Hikers and naturalists this park for its dry summer wea its terrain ranging from forest to country, and its 300 miles of trails

Sky tram *near Jasper starts mile-long ascent to 7,500 foot summit of Whistlers Mountain*

Ballet *students at summer session of Banff School of Fine Arts stroll between classes*

Wilderness camping, driving through wildflowe

ıff

ıff National Park attracts more su-
latives than any other of the parks.
hin its 2,564 square miles is an amaz-
variety of both natural wonders and
ı-made developments. It is the most
therly and the most accessible of the
r parks and therefore the most
wded, especially around the Banff
Lake Louise resort complexes.

: 180-mile Banff-Jasper Highway par-
ls and penetrates mountain vastness
unbelievable grandeur. Within the
k some 600 miles of trails lace the
eys between the peaks, leading to re-
e and awesome back country, lakes,
erfalls, and alpine meadows bright
ı wildflowers. The park has 11 ser-
d campgrounds.

ıer

northernmost of the four parks,
ıer is the giant, covering 4,200

keshore dining

elds *of wildflowers light*
roadsides in July on 32-mile
ve between Jasper and alpine
ıligne Lake. Road is now
faced over its entire length

DON NORMARK

Windows *at Chateau Lake Louise frame view of lake, mountains, glaciers*

Backpackers *on Whistlers Mountain look down on Jasper townsite and the silt-laden, meandering Athabasca River at its confluence with the Miette River*

Banff-Windermere *Highway threads through narrow cleft of Sinclair Canyon near west entrance to Kootenay National Park*

Lively *bear cub triplets never stray far from their moth*

In Yoho *National Park, hikers head out from Lake O'Hara lodge*

The wilderness is close up . . . not just glaciers and forest but bears and wildflowers

square miles. Its wilderness terrain is rugged and rich in wildlife. The Yellowhead Highway, following what early French fur traders called the La Grande Traverse, enters Jasper from the west. The Jasper-Banff Highway reaches it from the south.

You'll find accommodations in a growing number of motels in or near the town of Jasper. Canadian National's Jasper Park Lodge, 4½ miles away on the shore of Lac Beauvert, provides the park's most luxurious accommodations. Thirteen major campgrounds close to main roads provide campers with 1,500 serviced campsites. After September 15, they remain open without charge, but are unserviced.

Jasper is the place to see and photograph wildlife: bear, coyotes, deer, elk, mountain goats, moose, and sheep. The early morning is the best time.

You can hike along more than 600 miles of trails; fish and go boating on Maligne Lake, high in a crown of snowy mountains; bathe in Miette Hot Springs; climb for the panoramic view from the top of Whistlers Mountain.

Fees, maps, information

The national park car fee ($2; trailer, $1) admits you to all Canadian national parks until April 1, 1972.

Anglers over 16 must have a special $2 fishing license.

Campsites are not reserved. During summer, Banff and Jasper sites fil rapidly by late afternoon. Each in mation station in Banff keeps an ho telephone tally of available sites; w you enter the park, ask where you most likely to find space. Camping are $1.50 a day for a site without w or power, $2 a day for a site with po $2.50 for a fully serviced site. All ca and picnic areas are stocked with firewood.

For a park folder and map, write to appropriate Superintendent. The res tive post offices are Field, B.C., Yoho; Radium Hot Springs, B.C., Kootenay; Banff, Alb., for Banff; Jasper Townsite, Alb., for Jasper.

psing *bears along highway is most likely early in morning*

Making photograph *record of flowering shrub engages full attention of this amateur photographer-naturalist*

Rented canoe *glides toward float on quiet waters of Emerald Lake in Yoho National Park. Mount Burgess looms in background*

DON NORMARK

Bold color band leads around and through the living room, down the hall, and i

Unusual city house . . . screened fro yet open to its grand view of Sa

Rooms *can be expanded by enclosing the decks with roof and windows*

NORMAN A. PLATT

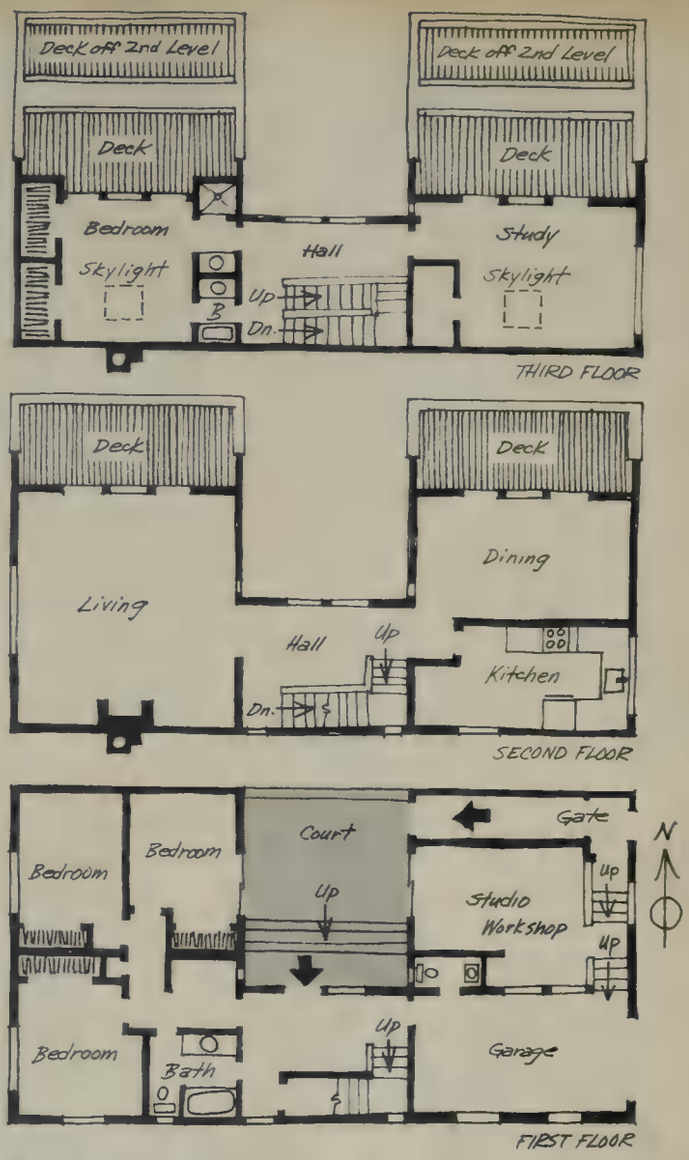
Finding a vacant building lot in crowded San Francisco seems incredible today. But architect Donald MacDonald did find such a lot, on the bay view side of Russian Hill. Like many San Francisco lots, it was long and narrow—96 by 34 feet—and steep.

The house MacDonald designed for himself and his family is aimed at the water. As he said, "We want to feel like we're living on a ship, to open the house to the water, and yet have it architecturally compatible with the neighborhood." At right you see the house among its neighbors. View decks and roof, privacy-screened from the sides, look to the bay.

The house has three floors of living space (see plan above, right), with main living areas on the second floor and the master bedroom and study on the top to take advantage of the view. The north side of the house is stepped up and back to pull as much light and sun as possible down onto the decks. White stucco walls reflect the natural light back into the

GLENN CHRISTIANSEN

dining room, tying the rooms together



House walls *extend like blinders to give privacy to major glassed areas, decks*

e street
ancisco Bay

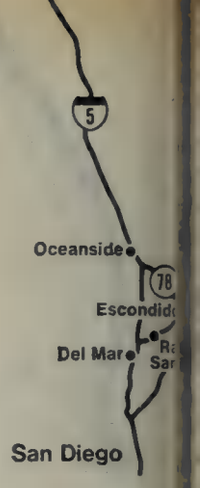
s. And stepping back the side of the house cuts off less from the neighbor below (see photograph at left).

ic noise is reduced by ¼-inch tempered plate glass in indows and sliding doors, by heavy canvas roll shades, y extra insulation in walls and roof. A thick screen of iner plants is planned for the decks. Both external and al noise is moderated by sheetrock suspended on resil- channels between floors, and by carpeting on all floors tairways.

of the economical features include placing almost all ipes and vents outside the house, factory-built metal s with no trim, simple white porcelain light fixtures with d white globes (about $2 each), open shelves in closets d of drawers or bureaus, a bed in the master bedroom of a 2 by 12-inch frame with a 1⅛-inch plywood sup- or the mattress, and shelves of 2 by 12-inch stock for spans without additional bracing members. □

Like a ship's deck, *roof is for play, sunning, entertaining, and viewing San Francisco Bay*

San Diego's back country is the place for gardeners to see and shop subtropicals



To the visitor from the north, all of Southern California is the subtropics and all the jungly plants are exotic subtropicals. But what the locals consider subtropicals is something more special than hibiscus, bougainvillea, and palms.

When Southern Californians talk about subtropicals, they usually mean plants like the ones that are shown here: exotics that produce only in their very mildest climates.

If you're around Disneyland (a pretty subtropical climate itself), you can see all of these plants by driving an hour and a half further south to San Diego's back country. There's a remarkable group of nurseries in the subtropical pocket marked on the map, roughly a triangle connecting Oceanside, Escondido, and Del Mar.

There you can buy leafy tropicals and bromeliads to take home for house or greenhouse plants. You'll find a few fairly hardy plants and succulents that will stand some frost. Only adventurous gardeners in the mildest parts of the San Francisco Bay Area should attempt the tender subtropicals outdoors.

The great shopping experience for people from other climates is the chance to buy nuts and cut flowers. Several nurseries sell macadamias from their own orchards. Others offer proteas by the bunch; these big, vivid blooms hold their color for weeks and their shapes (when dried) for months.

Below is a list of nurseries (and one public garden), beginning at the farthest place north, moving inland, and then looping back to the coast. Most o nurseries are small, operated by one son or a couple; most owners liv the property. They stay open every of the week unless indicated other

M & N Nursery, 1041 Ormsby St., V Macadamia orchard supplies fresh Nursery sells macadamias, sapote, c moya. Open 8 A.M. to 5 P.M.; Su by appointment.

Tropic World, U.S. Highway 395 at mond Dene Rd., 4 miles north of condido. Shop for proteas—cut bl

DON NOR

A penny *buys one macadamia nut, grown on the premises, at M & N Nursery in Vista*

Seven dollars *buys macadamia tree. Tall container holds tap root*

ants in cans. Nursery specializes in arest of plants. Young display gar- Open 9 A.M. to 5 P.M.

n Valley Nursery, U.S. 395 just of Deer Springs Rd.; next door to c World. Buy cut blooms and at one of the country's pioneer a plantations. Hybrid camellias, Open 8 A.M. to 5 P.M.

orn Del Dios Nursery, Willow Lane, Dios. Small place specializes in col- 's items: bromeliads, cycads, palms. 9 A.M. to dark.

er Nursery, Via del Alba, Rancho Fe. Productive macadamia or- , mature litchi, sapote, and cheri- all ripen crops in late summer. s for sale: litchi, mango, sapote. egular hours; closed Sunday. It's o telephone first: (714) 756-1622.

Botanic Gardens, 230 Quail Gar- Dr., Encinitas. A former estate, county park and arboretum. Pro- llection. Open 8 A.M. to 5 P.M.

osta Nursery, 400 La Costa Ave., ndia. Choice plants for sale: *As- us densiflorus (A. meyeri)*, cycads, , philodendrons. Open 7 A.M. to P.M.; Sunday 9 A.M. to 4:30 P.M. □

Fresh protea blooms *hold color for weeks, hold shape (when dried) for months*

rotea, *bigger than man's hand. racts surround white center*

Macadamia blooms, *from creamy to pink, are pretty in their own right*

Macadamia nuts *in heavy cluster split husks as they ripen in fall, winter*

utside, *cherimoya's inside is ustardy; spoon it out*

Hawaiian leis *get fragrance from these—pure white plumeria blooms*

It's called *(what else?) snowflake tree. Fuzzy down covers this young leaf*

Opera, ballet, jazz, or symphony in a San Francisco forest. Reserve a picnic table if you like. Come early. It's free

JOHN REGISTER

Throng *lounges on turf, sits on picnic tables and benches*

Sunday afternoon music at Stern Grove has been attracting and pleasing summer visitors and residents of San Francisco for 33 years. The Midsummer Music Festival at the amphitheater includes a variety of programs and performers. This year symphony and choral music, jazz, opera, musical comedy, and vocal soloists are scheduled. Admission is free.

Music isn't the only attraction. The setting is a spacious, eucalyptus-scented grassy hollow. When the sun is out, it is hot; on foggy days it is sheltered from the wind. Families bring picnics; youngsters can get acquainted with music and then retire to the playground or stretch out on the grass for a nap.

About 15,000 viewer-participants throng into the grove. Some are in costume. On sunny days, newspaper hats appear. Benches seating about 5,000 line the space in front of the stage. Lawns surround the benches, sloping up to the groves. To reserve a picnic table, call (415) 558-4728 after 9 A.M. on the Monday before a performance.

On many summer afternoons the wind whips the fog in from the ocean. The wet branches of the thickly planted trees sway in the gusts—it hardly seems the weather for enjoying an outdoor concert. With jacket, sweater, and hat you enter the woods and descend the hillside into a valley. The treetops visible from the street lengthen into incredibly tall eucalyptus that block the wind and create a

Crowd, *while not concert hall - quiet, responds with enthusiasm at conclusion. Casual attire fits the mood*

lay's paper *converts into :print millinery. It may wrap picnic or protect ıst damp ground*

Picnic *is enjoyed throughout afternoon. Reserve a table ahead*

Youngsters *push onto stage as Papageno cavorts in "Magic Flute"*

risingly mild climate at the bottom. ı traffic sounds do not penetrate the barrier. There are also fir trees, oods, ferns, and fuchsias.

und Stern Grove was presented to city in 1931 by Mrs. Stern. Before ırohibition years it had been a resort a trout farm, deer park, beer gar- and open-air dancing pavilion. In the performances began, marking first free concerts of professional er in the country. In the interven- ears more than 4½ million people viewed the 436 programs.

year's 11 performances start at 2 and run from June 6 through Au- 15. The 1971 schedule is:

6 "Carnival," a program presented by ground groups of the city, sponsored the Recreation and Park Department
13 San Francisco Symphony; Leonard e, cellist
20 Ballet Folklorico Mexicano
27 "The Music Man"
July 4 San Francisco Symphony; Josef Krips, conductor
July 11 Opera, to be announced
July 18 Preservation Hall Jazz Band
July 25 Winners and finalists of San Francisco Opera auditions; Kurt Herbert Adler, conductor
August 1 Pops Concert; Arthur Fiedler, conductor
August 8 San Francisco Opera Chorus; Francesco Prestia, conductor
August 15 "An Afternoon with Frankie Laine"

Stern Grove is bounded on the east by 19th Avenue, part of the artery linking the Golden Gate Bridge 4 miles to the north with Interstate Highway 280 a mile and a half to the south.

Allow at least half an hour for parking and getting seated in the grove. There is some off-street parking at Wawona and Vale streets. You can solve the parking problem by riding to the performance on the Municipal Railway K (Ingleside) or M (Ocean View) streetcar or the 18 (Sloat) or 28 (19th Avenue) bus. □

DARROW M. WATT

Large *vacuum container ($35) holds 6 quarts; smaller one ($20) has compartments. Gas table grill ($40, as shown) burns bottled propane; other tops are available. Metal lunch box ($3) clamps tight. All prices approximate*

Shopping for your kitchen in Honolulu

It's the great place to make discoveries in Oriental cookware and tableware

Shopping in Honolulu recently, we bought attractive Oriental cookware and tableware. The pieces shown here are some of our selections.

Prices are generally a little lower than for similar items in West Coast cities, but shipping costs usually make up the differences. The large selection available makes the experience as exciting as shopping in a foreign country—and without the customs limitations. We found interesting shops in Honolulu's Chinatown and in other areas.

Our purchases, eight packages from as many different stores, were sent home by parcel post. All except one small store handled the wrapping and shipping, and that store wrapped our dishes for mailing and we carried the package a short distance to the Chinatown branch post office. Nothing was broken or damaged in any of the packages.

We found the largest selection of kitchen tools, Japanese knives, and cookware at Omochaya and Yonemoto, both stores on North King Street in Chinatown. But go into other shops, particularly along North King and Maunakea streets, if only to look around—we found the cooky mold in a small bakery.

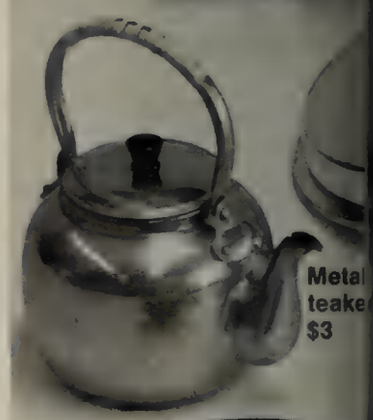
And be sure to walk through the large markets at North King and Kekaulike streets.

Shirokiya, a Japanese department store in Ala Moana Center, had a good selection of electric rice cookers and Japanese earthenware dishes as well as the gas-fired portable grill and large vacuum jug pictured above. Two Iida's shops in Ala Moana carry a wide variety of the earthenware dishes and the sake jugs shown at far right.

Joji's, at 1259 S. Beretania St., had a personally selected collection of Japanese folkcrafts, such as the hand-thrown plate shown in the center of the picture at far right. It also featured the hand-dyed and hand-woven cottons in kimono lengths, which we bought for napkins and table mats.

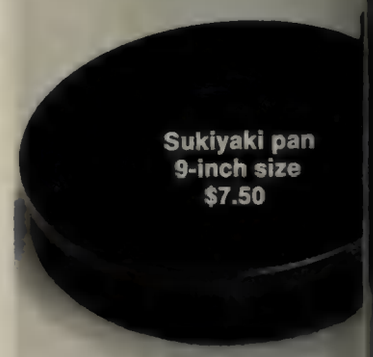
Other establishments worth a visit are Hotei-Ya at Ala Moana Center; Ozaki Hardware, 209 N. King St.; and in Waipahu, Arakawa, a department store with a general store atmosphere befitting a plantation town. □

Tempura pan (for deep fat frying) $9



Metal teake $3

Japanese suribachi $1.25 and wooden pestle (for grinding) 50¢



Sukiyaki pan 9-inch size $7.50

Bamboo t

Bamboo tongs in h

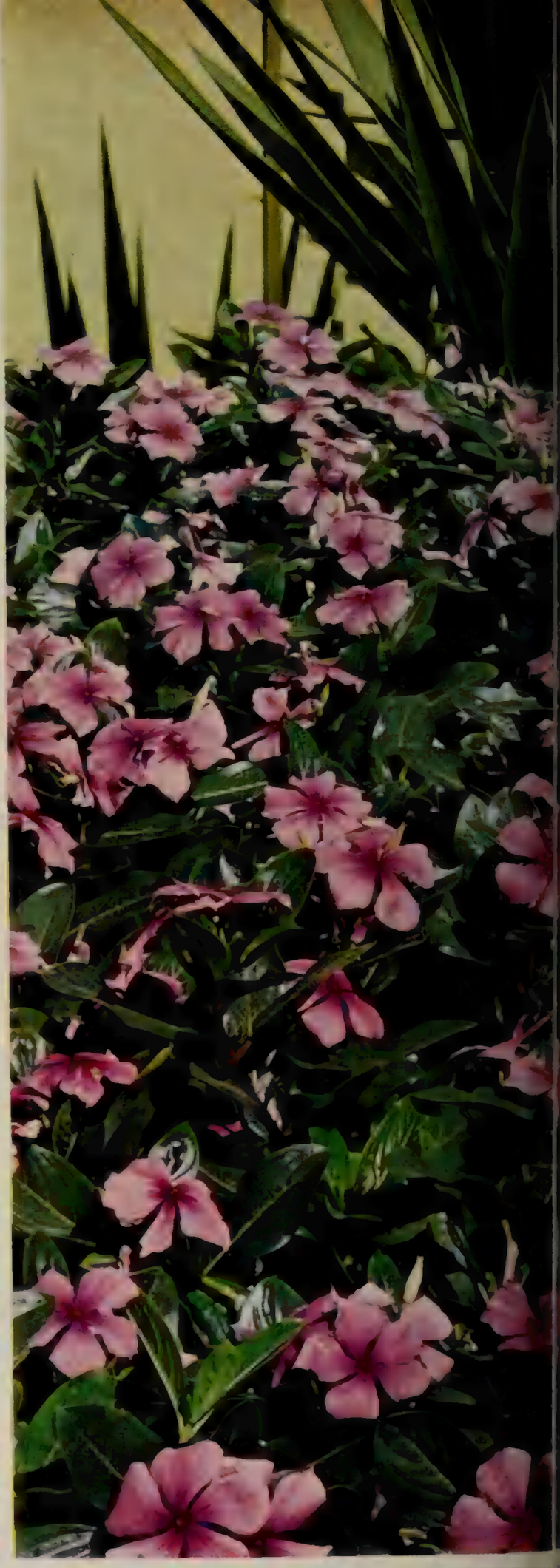
Metal cooking chops

Carved cooky

Screen-wire skim

ctric
rice
oker
oks 5
s rice)
$22
All-purpose waterless cooker
(top and bottom reversible)
$15
Vegetable slicer
and shredder
$3.50
Chinese
cleaver
$4
Japanese knives
$2.50 each:
Large soup plates
$1.25 each
Sake jugs:
Large (holds 2 quarts)
$3.75
small
(holds 1 cup)
$1.75
Hand-dyed cotton
kimono fabric
(14 inches by 13 yards)
$13.50
Japanese
earthenware dishes:
cooky jar $4.25,
small bowl $1,
small plate $1,
tea cup 85¢
Hand-woven cotton
(kimono length) $14
Japanese hand-thrown
earthenware plate $9
Chopstick
rests
20¢ each
1½-quart
earthenware
casserole $3.25
Tea
container
$2
Rice serving
paddle 25¢
Wooden rice
bucket $11
Bamboo baskets
(set of 4) $3.25
Plastic sushi tray $1.50
Wooden sushi
tray $13

'Little Bright Eyes,' *white flowers with red centers. With it, foreground, copper leaf (Acalypha wilkesiana)*



GLENN CHRISTIA

'Little Pinkie,' *the other popular Vinca rosea, with yucca in background. Flowers are 14 to 17 inches above ground*

ree plants *of 'Little Bright Eyes' were ted here, 12 inches apart, on July 4. otograph was taken on November 1*

WILLIAM APLIN

It will grow and bloom in the hottest weather

lowers bloom *at the ranch tips, are always fresh ld ones get hidden or shed)*

GERALD R. FREDRICK

From now to Thanksgiving the flowering plant displayed on these pages will do its unmatched thing. The plant is *Vinca rosea* (that's an old botanic name; its currently correct name is *Catharanthus roseus*, but both nurseries and the public seem to prefer the old one). The thing it does so well is to grow and bloom in the hottest weather.

The two beds of *Vinca rosea* on the opposite page were planted in Menlo Park, California, on June 30 last year and photographed on Labor Day. The plants just at left were planted in the San Fernando Valley on July 4.

Veterans of past summer plantings will notice and appreciate those planting dates: June 30 and July 4. You know how difficult it is to get many annuals started in midsummer heat. But young *Vinca roseas* have an appetite for it.

The virtues of *Vinca rosea* stack up embarrassingly high. Its faults are duly noted at the end of this article.

The little plants begin to bloom at infancy (in the nursery flat, pony pack, pot, or can) and continue to bloom while growing through the warm months. The density of flowering increases as the plant grows. The best way to get an instant flower show is to set out nursery plants from cans. Plants from flats take several weeks to do the same thing.

You hardly ever have to pick off faded or dead flowers on *Vinca rosea*. As the branches continue to lengthen and form new flowers at their ends, the expanding leaves farther back on the branches engulf the aging flowers.

Heat-loving *Vinca rosea* takes full sun, of course. In warm, inland climates, it will also do well where it gets shade as long as half the day.

This plant comes in three sizes and four colors. The tallest size is about 1½ feet high, slightly rangy and open. In this size you can get an all-pink flower or a white flower with a rose eye. As nursery plants, the tall kinds are sold almost exclusively in the Phoenix area.

The middle size grows to about 14 to 17 inches high, pleasingly full and compact. It includes the two shown in color plus 'Little Blanche,' all-white flowers, and 'Little Delicata,' pink with a rose eye.

A matting type grows to about 3 inches high and blooms prolifically. The two kinds are 'Polka Dot,' white with a rose eye, and 'Rose Carpet,' all pink.

The middle-sized varieties make showy pot plants. The matting kinds make good hanging basket plants for full sun. In garden beds, plant all three sizes 12 inches apart.

Vinca rosea isn't harmed by insects or mites. Snails and slugs seem to like the plants for a daytime hiding place but feed elsewhere.

The faults or shortcomings? If you plant when the soil is still too cold or if it is too clayey, some young plants may die of root rot. At the other end of the season when nights begin to get cold, the flowers get sparse and some leaves turn yellow. If your frosts are severe enough, they will take care of the late-fall distress by killing the plants.

In mild-climate areas, the plants will live through the winter, looking rather peaked, and come back even better in the second year. □

Sweet William *is 600 pounds of gentle black bear at Andersen's who will nuzzle you for a fig cooky*

Mia, *the solemn mountain lion at Holter's, was raised on a bottle. One of few big cats children can pet freely, he has a purr that sounds like a motor running*

Southern California animal parks get you close to lions, elephants, bear

Lion-taming in the heyday of the circus was a matter of cracking the whip and dominating the animal through fear of the blank-cartridge pistol. The needs of the movie camera changed all that, and handlers discovered that with the affection training method even the most ferocious of beasts could become docile, friendly, and better performers.

The result is a whole generation of movie animals in Southern California, where the film industry is concentrated, who are accustomed to dealing with people. A happy by-pro is that the trainers are now inviting you to come in for a l

Two of these animal parks are open now; a third is d open this summer. All are in outlying areas, near picture backgrounds for on-location shooting. Many of their in tants will be familiar from movies and television shows even television commercials. Others will be film extras. all of them will be cordial when you meet them face to

In the Santa Ynez Valley ... animals beside the freeway

ter *is a timber wolf who enjoys getting acquainted*
gh at 100 pounds he seems more than a lap dog

An elephant standing beside the freeway is the signal that you are at Andersen's Animal Park in Buellton, about 43 miles northwest of Santa Barbara. The elephant is Neena, and she is one of more than 100 animals (plus as many birds) who live in the 4-acre, meticulously clean park.

Most of the animals have been trained, and appear on film or television. Those who are not on location perform at 12:30 and 3 P.M. shows on weekends, when their trainers, Ted and Pat Derby, go into their enclosures.

Highlights of the show are Sylvester, the wolf who likes to snuggle up to children; Spot, the leopard whom ladies are allowed to pet (on the theory that then they will never want a leopard coat); Rijo, the largest tiger (700 pounds) in captivity; and Sweet William, the bear who sits in his bathtub and takes fig cookies that children hold in their teeth.

There is also a show of big birds of prey. A pond contains Andersen's Ark, a movie tugboat now full of small animals and birds; and a miniature steam train conducts rides around the park. One area contains animals for children to pet, and a restored antique schoolhouse from Buellton is a film theater.

The park is open Wednesday through Sunday from 10 A.M. until dusk (open every day starting June 1). Admission is $1.50 for adults, $1 for children 5 to 17, free for children under 5. The park entrance is on Buellton Parkway, reached by either the Solvang or the Buellton exit west from U.S. 101.

Margie *is an Indian elephant at Helfer's. She gives a gentle ride, but her hair is bristly to sit on*

Sydney *and friend. She is a black leopard cub with big feet, playing here with trainer Pat Derby*

Exuberant G. T. *(initials for Great Tiger) is a water-loving cat. She has done some surfing for the movies*

In the Santa Ana River valley ...animals in the country

Volunteer *from audience is about to feel how hard a tiger can swing*

North of Riverside, Gene Holter's M ieland Animal Park is larger than Anc sen's, and with its enclosures for anim in herds and its country setting it see more like a working ranch. But the a mals are exotics from the world over

The park's 50 acres contain more tl 1,000 animals and birds, some roam freely (you may buy feed in dispen for them). You'll see America's larg herds of Bactrian (two-hump) can and ostriches and collections of Afri antelopes and other animals.

During the week it's a zoo and simply look at the animals. On weeke you can ride a camel or an elephant cents), see the macaws do their act, watch training sessions with the big c at 11 A.M. and 2 P.M. Visitors may p for pictures with them and pet th and the more courageous can exp ence how a trained tiger plays at fig ing. Small children may ride Galapa tortoises at their enclosure.

The park is open Wednesday throu Sunday from 10 A.M. until dusk. Adm sion is $1 for adults, 75 cents for cl dren 5 to 12, free for children unde who are with a parent. The park, 12100 Riverside Avenue, is 2½ m from the San Bernardino Freeway (ta the Riverside Avenue exit south) a from the U.S. 60 freeway in Rivers (take the Main Street exit north; M Street becomes Riverside Avenue).

Put-Put *is an unusually affectionate alpaca in the petting corral who likes to give a friendly greeting*

By the Santa Clara River valley . . . animals in the canyons

most ambitious of the three parks, ›h Helfer's Africa U.S.A., is now ıg shape on a 1,200-acre mountain h south of the Santa Clara River in tura County. The setting is canyon ıtry that except for the oaks is evoc- : of East Africa. It will be home to ɛ than 1,000 animals, displayed be- concealed barriers so they appear ɛ roaming free. Target date for open- s mid-July. Here is a preview:

will park at the lower end of the y and trams will take people up to main park area. A landborne ride get you close to the big cats—in- ing a valley full of tigers—elephants, ılos, and bears; a boat will go ıgh an alligator swamp and past islands inhabited by exotic beasts. Visitors may also ride an elephant and pet baby animals in the nursery and full-grown animals in a petting corral. There will be performances of trained animals in an amphitheater. A native bazaar, shops, and a restaurant are planned.

Hours and admissions have not yet been determined. The park entrance is on Guiberson Road about 5 miles north of State Highway 23, just across the river from Fillmore. Approach west from the Golden State Freeway (Interstate 5) at Castaic on State 126 to Fillmore; northeast from Ventura on the Santa Paula Freeway; or north from the Ventura Freeway (U.S. 101) at Thousand Oaks on the State 23 freeway, which leads to the picturesque but narrow and slow Grimes Canyon Road. □

Garfunkel *is a baby lion (with a twin named Simon) from the nursery*

Preview *of elephant show. This is a rare combination of Africans (on ends) and Indians (in the center)*

Covered *back deck is extension of interior living space. Walls project to provide privacy from the sides*

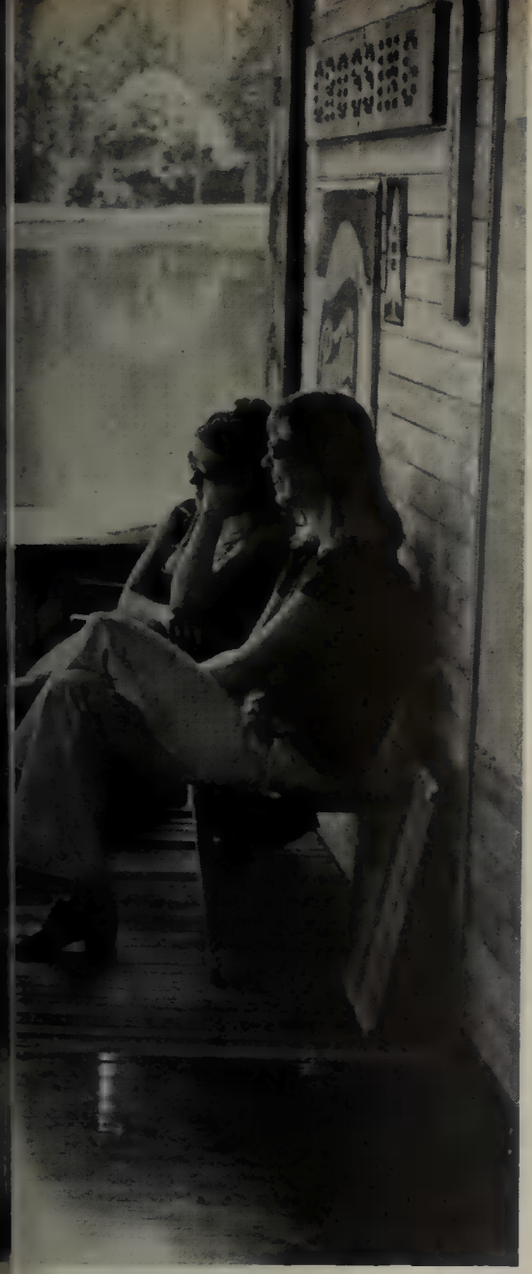
Cheerful water noises, a deck for sitting, no lawn to cut, it's the river life

Houseboat *as it appears from the water*

"Living on the water is a mysterious and settling experience. The river has so many moods, and I feel comfortable on it," says architect Willard K. Martin, a river dweller for many years.

He now lives in this houseboat in a riverhouse cluster along the shore of Sauvie Island, about a half hour's drive from his Portland office.

As one half of a leftover World War II military building, it was just a raw shell when Martin bought it. He and his fa put on a new roof, added 1 by 4 c walls inside and out and 1 by 4 heml ceilings, divided the interior into liv kitchen-eating, bedroom, and bathr areas, and installed an electrical plumbing system. Where possible, vaged materal was incorporated in structure or used for furnishings and play. It took about a year to finish project.



DON NORMARK

Towerlike *roof projection is tall skylit shower stall; porthole is over wooden tub. Few windows face neighbors*

d posts *on entry deck are salvaged porch ns from demolished house. Old signs te walls inside and out*

Kitchen-eating *area on dock side. Old copper sink was rechromed, set in pine counter. All houseboats in marina connect to sewer*

Molded cheeses with fruit from Russia, France, Italy

Guests have been known to stand up and cheer

Several soft molded cheeses popular in Russia, France, and Italy make delicious contrasting companions to fresh, juicy fruits for a light summertime combination dessert. Consider them for a spectacular yet simple party finale.

Cottage, cream, or Italian ricotta cheese is the basis of these lightly sweetened and flavored chilled cheese molds. Mix them well in advance for flavors to mellow; they keep up to one week.

The renowned Russian *paskha* (pronounced *pask*-ha) is traditionally an Easter treat, studded with candied fruit and almonds. Without these embellishments and molded in a clay pot, it goes beautifully with June fruits.

Paskha. In the top of a double boiler, beat 6 egg yolks slightly with a fork and stir in 1⅓ cups sugar. Scald ⅓ cup milk and gradually stir it into the yolk mixture. Stir over simmering water for 15 minutes. Remove from heat, stir in 2 teaspoons vanilla, and cool to room temperature.

Using an electric mixer, beat 1 cup (½ lb.) softened butter until light; mix in 2 pints ricotta cheese until blended. Stir cooled egg mixture again, then stir into cheese until blended. Arrange several layers of cheesecloth with ends overlapping in a clean 6-inch clay flowerpot. Spoon in the cheese mixture, gather up the ends, and twist tightly. Set pot on a rack inside a pan. Place a saucer on cheese (choose one that will fit inside pot) and put a heavy weight on top. Refrigerate for 2 days. Several times a day remove weight, lift up cloth, and squeeze out liquid. Tighten cloth, return to pot, and weight again.

Unmold on a serving plate and discard drained-off liquid. Serve with sweet crackers and assorted fresh fruits, such as peaches, strawberries, nectarines, and cantaloupe. Makes 1 large mold, or about 12 servings.—*A. K., Los Altos, Calif.*

Heart-shaped wicker baskets about 6 inches across, or small porcelain molds about 2½ inches across, are available in imported kitchenware shops for shaping *coeur à la crème.*

The French usually serve the soft cheese with crackers and strawberries or raspberries. The short-lived Bing cherries are excellent with it, too. If you're without the special molds you could use a 6-inch-round basket.

Coeur à la Crème. Press ½ pint (8 oz.) small curd cottage cheese through a fine wire strainer into a bowl. Add 1 large package (8 oz.) cream cheese (softened to room temperature) and beat with a wooden spoon until blended. Mix in ½ cup unsifted powdered sugar, 1 teaspoon grated lemon peel, and 3 tablespoons kirsch or 1 teaspoon vanilla. Lay several thicknesses of cheesecloth in a heart-shaped basket or in 3 of the small molds, letting cloth overlap, and place molds in a shallow pan. Spoon in cheese, gather up ends of cloth, then twist to compress cheese. Chill, covered, for several hours, or until firm.

To unmold, spread open cheesecloth and invert cheese onto a serving plate; then remove mold and peel off cloth (or arrange each small mold on a dessert plate to serve 2). Surround cheese with fresh Bing cherries or other fruit. Accompany with sweet crackers. Makes about 6 servings.

DARROW M.

Kirsch-flavored *and heart-shaped coeur à la crème will be spread on sweet crackers to go with Bing cherries*

Cheese shops in Italy often display ering pyramids of a soft creamy cheese called *mascarpone* (pronou mas-car-*po*-ne). A popular Medit nean version is blended with rum accompanied by peaches. Ours is li laced with orange-flavored liqueur is delicious with apricot halves.

Mascarpone. Let 1 large package (8 cream cheese or fresh (unproce cream cheese (available at some c stores) soften to room temperature. in a bowl and beat in ¼ cup un powdered sugar, 2 tablespoons half half (light cream), and 2 tablesp Cointreau or other orange-flavore queur (or 1 tablespoon frozen o juice concentrate, undiluted). Mou a serving plate, and swirl into a Cover and chill. Serve with ap halves. Makes about 4 to 6 serving

Paskha, *turned out of its 6-inch pot, coats Petit Beurres crackers to accompany melon, berries, peaches*

Orange-scented *mascarpone is shaped into a pyramid, then chilled for mounding on apricots*

Villain, *obviously up to no good, casts h glance at the innocent young maiden. Audience hisses. I part of the fun of an old-fashioned meloa*

Every weekend this summer in California's Mother Lode: melodramas, musicals, straw hats and stovepipes

Hiss the villain, cheer the hero, mingle with the cast at the loc loon after the performance. You c so every summer weekend at th throughout California's Mother L

Nevada City. Over the years the able theater in Nevada City has fea such well known personalities as Twain and Lola Montez. The 107- old building has been restored, and call for its reopening this month w full summer program. Write to Ol vada Theatre, 401 Broad St., N City 95959, for information.

Auburn. The Old Opera House in Rush Plaza presents Friday and S

HELMS

Straw-hatted *cast members do olio acts during scene changes and after the performance*

Lively *fireflies were real crowd-pleasers at last year's show in Drytown*

ight melodramas from June to Sep-
er. For the summer schedule, write
d Opera House, 111 Sacramento
uburn 95603.

m. The Sutter Gaslighters perform
weekend. Shows change every four
ns. Beginning in June is *Mine is*
, or, *Farnsworth Folly*, an old-
ned melodrama followed by a
ast olio. Tickets are $2.50; per-
nces start at 8:30 P.M. Friday and
day. Write to The Sutter Club, 720
St., Folsom 95630, for show and
r reservations.

wn. The Claypipers offer a pol-
melodrama and olio production:

Costumed *musicians tuning up instruments, play for early arrivals at Fallon House Theatre in Columbia State Park*

ELLS MARUGG

Deadwood Dick, or, *The Game of Gold*, opens May 22, with Saturday night performances through September 18. Extra performances are May 30, July 4, and September 5. For tickets ($3.50) write to Drytown Club, Drytown 95699.

Mokelumne Hill. The light-hearted comedy *Luv* opens June 12 in the Garden Courthouse Theater of the Hotel Leger. Performances take place every Saturday night throughout the summer. Dinner is available to theatergoers. Write to Hotel Leger, Box 50, Mokelumne Hill 95245. Show tickets are $3.

Murphys. Though there are no performances during the summer, the Black Bart Players offer melodramas on April and November weekends. For reservations, write to Black Bart Players, Box 104, Murphys 95247. Tickets are $2.

Columbia. The Fallon House Theatre is the setting for the University of the Pacific Summer Repertory Theatre's seven-week season. Beginning July 3, with performances Tuesday through Saturday at 8:30 P.M. and a Sunday matinee at 2 P.M., the group presents *Carnival, Night Must Fall, Our Town, Three Men on a Horse*, and *Oh, What a Lovely War*. Tickets are $2.50 ($3 on Friday and Saturday) for adults, half-price for children under 12. For reservations, write to Fallon House Theatre, Columbia State Park 95310, after June 26.

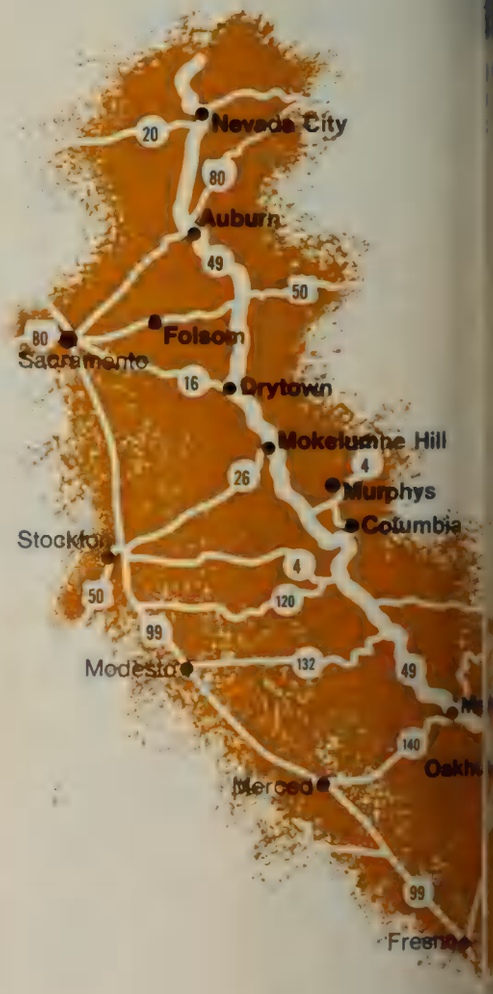
Mariposa. The Summer Company, a Stanford group, performs in the amphitheater at Mariposa City Park from July to September, on Tuesday through Saturday at 8:30 P.M. This year's shows include *Dracula, Black Comedy*, a '40's revue, and a children's musical. On weekends, tickets are $1.75 for ad and $1.25 for children under 14. W day prices are somewhat less. One Bring a pillow to sit on. For informa on the rotating schedule, you can phone the Mariposa Chamber of C merce (209) 966-2612.

Oakhurst. On Thursday, June 24, at Oakhurst Community Center, the son begins for a three-melodrama re tory: *The Drunkard; Love Rides Rails*, or, *Will the Mail Train Run Night?* and *No Mind of Her Own, Caught in a Villain's Web*. Perfo ances will be given Friday and Satur nights through August except for 17. Tickets for the cabaret-style the are $2.50 for adults, $1 for chil under 12. For more information on schedule write to Golden Chain T atre, Box 604, Oakhurst 93644.

Oldest theaters are mid-nineteenth century. Performers all are amateurs. Many are students

Audience *in plush little theater hears about the sad plight of the poor heroine*

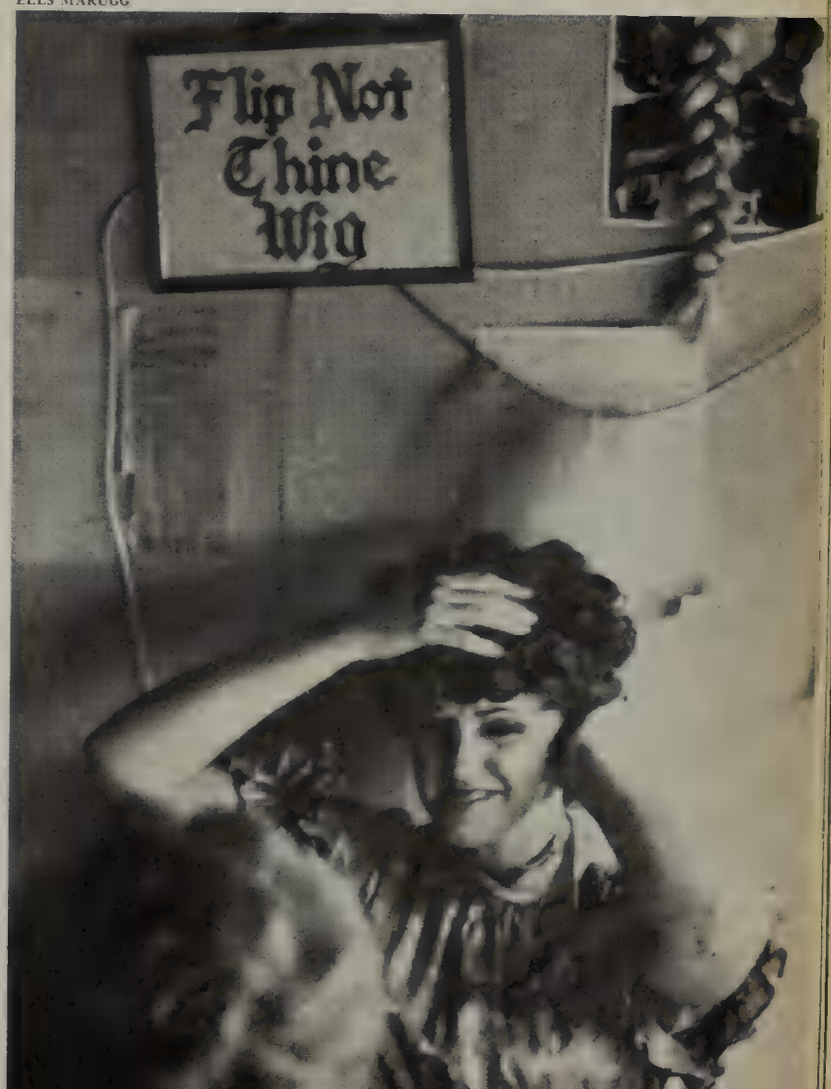
Young *Stanford group puts on original vaudeville revue in an open-air theater near Yosemite*



Map *shows location of Gold Country towns where summer theater performances are held*

i your partners! *Summer theater workshop group from rsity of the Pacific seems to be enjoying musical n of "Tom Sawyer," presented last year*

ELLS MARUGG



Motto on wall *expresses the mood as actress tries to adjust her wig, maintain her calm, remember her lines, wait for her curtain call*

CECIL HELMS

Line forms *outside theater. Advance reservations are advised for all shows*

Dr. Swan's finches get to fly from one aviary to another

Original *aviary is under roof at left. Foreground tube is part of a circuit that goes all around the patio*

A biology professor at San Francisco State College, Lawrence W. Swan, has discovered that aviary birds will fly through long tubes made of wire screen. This discovery has already astonished people who study birds and now it can add an enjoyable new dimension to the keeping of exotic birds in aviaries (see *Life with birds,* on page 62 of the September 1969 *Sunset*).

The photographs on these pages show some of the bird tubes that thread through trees around the Swans' patio in Redwood City, California.

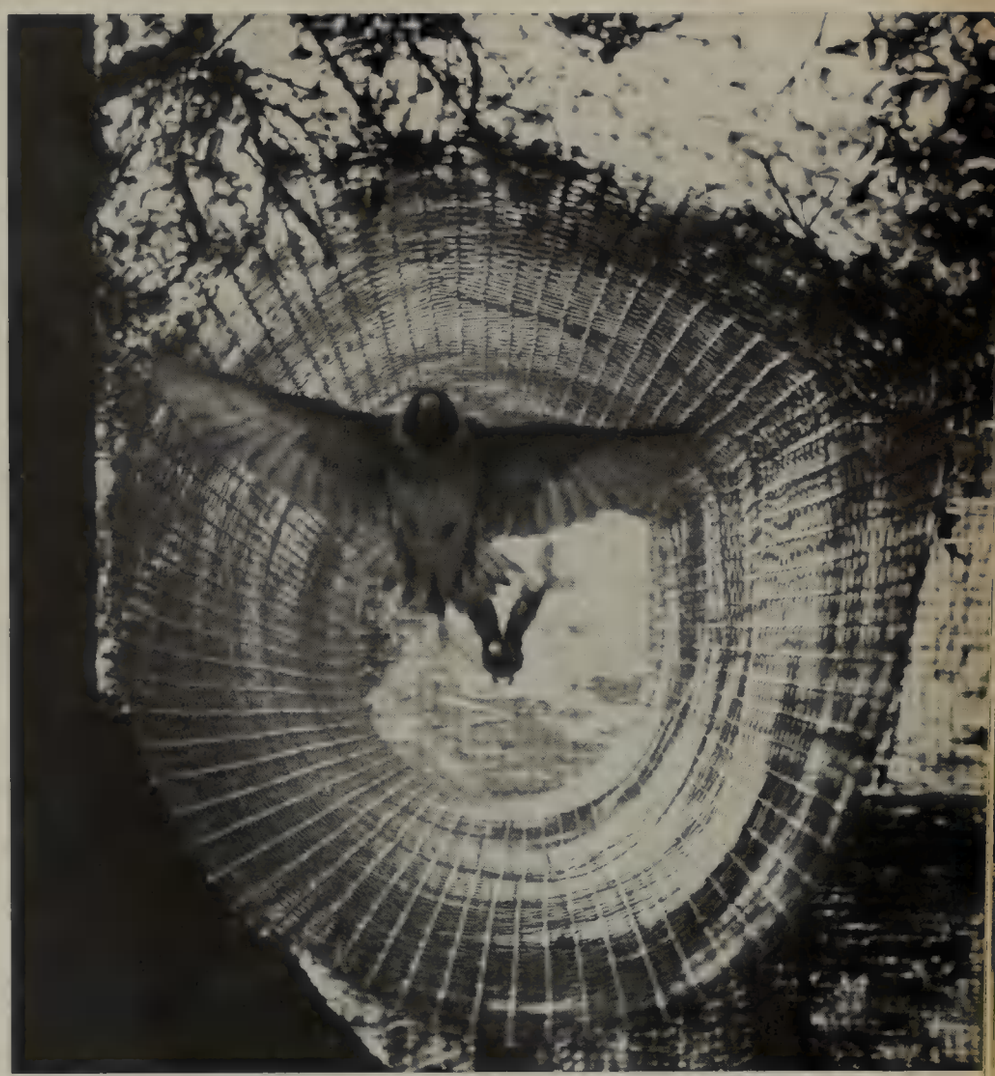
Sitting in the chairs on the patio shown at left, you enjoy the sight and sounds of exotic birds flying through the trees, singing first behind you, then at ano corner of the garden, and then from another place.

The manner in which Dr. Swan de oped this delightful system can also the way many of today's owners aviaries might expand them to m exotic bird gardens. If you have aviary but are interested, you could s from scratch with Dr. Swan's systen

Originally, a neighbor gave him an hexagonal, roofed aviary about 6 high. Dr. Swan fixed it up and put w bill finches in it. Soon he found him entranced by the active little waxb so he extended their flying space a screened-in flight cage on one sid

There goes *an orange weaver (a captivity-bred aviary bird) flying the 40-foot length of a 1-foot-wide tube*

Here you're *looking down the length of one of the tubes. A pair of Lady Gould finches is flying at you, female first, male at rear*



DARROW M. WATT

Young *great horned owl, hand-raised from orphaned infancy. He doesn't fly through tubes but live mice reach him through one*

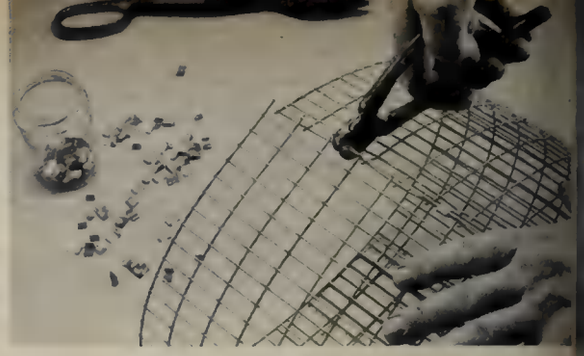
the old aviary. At the same time, he added some singing finches and white-headed nuns to the collection.

This mixed group thrived so well that he built another flight cage, this one around a nearby toyon bush. He connected the two cages with a screened-in rectangular hallway.

The birds flew through the 10-inch-wide hallway so easily that he went on to try the next step: He built a long cylinder of aviary netting, about a foot in diameter, and fastened it up the slanting trunk of a scrub oak. At the upper end he built a shelter, and opened the lower end into one of the flight areas.

The birds immediately took to flying up

Flying tubes are easily made. Dr. Swan's circle his patio



To make tube, *cut 3-foot length of 3-foot-wide welded wire screen; form it into cylinder; join with clincher and clips. Join cylinders end to end*

and down the new tube. That did it; foot-wide wire tubes thereafter became arteries of Dr. Swan's growing, all-over-the-yard system. And he added many more species to the bird collection.

The tube construction method shown above is Dr. Swan's most recent refinement: He uses welded wire screen. It is rigid and catproof, and it looks neat. It costs more than aviary netting or hardware cloth, but he feel it's worth it.

In the beginning, he used soft wire to weave screen edges together to m the tube seams. But when he switc to welded wire, he found that ma factured clip-pliers ($3.75 to $5.50) u with the aluminum cage clips (75 c to $1.50 per pound) joined the ed much faster. The clip-pliers and c clips are made for use with welded w

Finally, Dr. Swan learned that 3 by foot squares of welded wire, made 3-foot-long cylinders 1 foot in diame as shown in the photograph above, co be joined end to end, using cage cl to make the straightest, most rigid, n est looking tube possible. And th where the state of the art stands w him now.

The great horned owl shown on p 103 lives in a separate cage. Owls mice. In a nearby box, Dr. Swan ke and feeds a thriving, breeding colony laboratory mice. There is one exit fr the colony: out a hole into a very n row wire screen tube that empties the owl's big cage. Occasionally a mo takes this route and becomes the o next meal.

Along the line, Dr. Swan has ad many more kinds of birds to his av and tube sytem. Following is an inv tory of the kinds that now fly thro the Swan garden's tubes and aviar ranked from most exploratory (grea tube users) to least: waxbills (laven orange-cheeked, and red-eared), cor bleus, strawberry finches, zebra finc society finches, green singing finc tri-colored nuns, orange weavers, r pareils, white-headed nuns, Lady Go finches, and paradise whydahs.

Dr. Swan has also contributed a gr pun to the literature. As you saw in the list, he keeps mostly finches. he can't stop adding new tubes and flight areas to the system. If you he ever lived in northern California, know what the Winchester House is. you don't know, ask a friend.) He c his installation the Finchester House.

DARROW M. WATT

One of the aviaries *to which birds come for amenities and necessities. At top, paradise whydah at peak of vertical tube that extends above treetops*

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The Changing Western Home

Acoustical doors

The multifolding doors shown below separate a living room, acoustically, from a family room at a lower level. When the parents have guests or want to be alone, the doors are closed to cut off the sound of children's activities.

The long, narrow, glass panels of the doors still let light into the living room and allow visual observation of the family room. Made of vertical-grain fir, the doors hang from a track mounted on the beam above. No track or guide was needed on the carpeted floor. Architect Robert W. Champion designed the doors for Dr. and Mrs. Leslie G. Nelson of Everett, Washington.

Insulating-acoustical ceilings

Large ceiling panels are now available at lumberyards for new houses and remodeling projects. These panels insulate, absorb noise, and give ceilings a handsome, smooth appearance. They are 4 feet wide and available in five lengths, from 8 to 16 feet; one panel can span the width or length of most rooms. The continuous surface avoids the commercial appearance of most of the foot-square ceiling tiles.

The new panels are particularly suited to ceilings with decorative beams (the beams can cover the lengthwise joints of the panels); they can also be hung with suspended metal ceiling hardware.

These lightweight panels are 2 inches thick, giving considerable insulation. The exposed sides have a textured vinyl surface that is washable. They cost about 40 to 45 cents per square foot.

Return-grill electronic air cleaners

Most modern houses in the West have compact forced-air furnaces, often combined with air conditioners, in a hall closet, the attic, or the garage. Many tucked away so tightly that it would impossible or very expensive to install electronic air cleaner in the duct pip

A new type of electronic air cleane now available that simply replaces central wall return grill of your forc air system.

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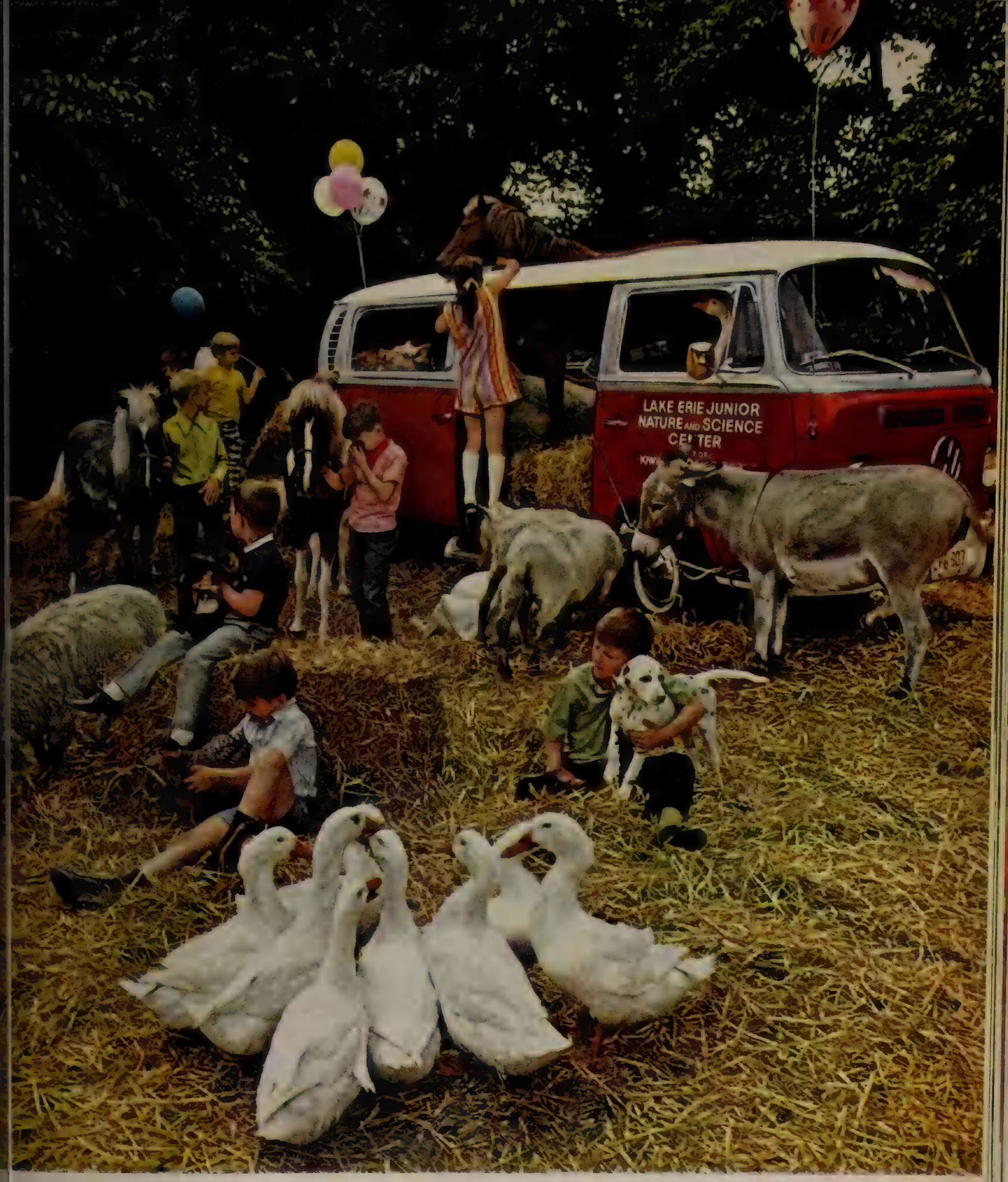
DON NORMARK



The zoo that runs on peanuts.

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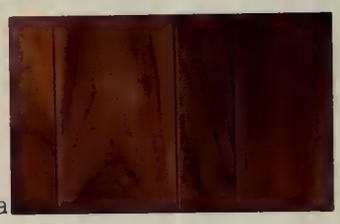
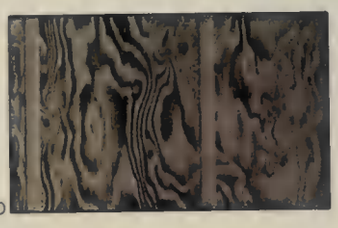
Who would think panels  a have so  b many different looks? c Weldwood would d.

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vo books by Jean Ray Laury, the ted California designer, creative stitch- expert, and teacher, shine new light the age-old crafts of quilting and ll making.

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ilts and Coverlets: A Contemporary proach (Van Nostrand Reinhold Co., w York, 1970; $9.95) inspires the mstress and designer to employ her nts toward the practical and satisfy- end of a quilt or coverlet. The book gests that anyone who enjoys draw- might well try a needle as the me- m instead of a pencil.

s. Laury's design ideas, far from the bby sunbonnet girls that were stitched nany quilting bees, provide guidance making bold, contemporary quilts.

m the heritage of early American t making, the author has adopted approaches. One, the applied top, siders the entire fabric a canvas n which the designer can embroider, e fabric collage, or paint with dyes n batik. The other, a pieced top or hwork, deals with forming the t or coverlet top with many small es of fabric. The actual process of ting by stitching the top layer of ic to a lining and holding material oroughly explained.

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basic dolls are simply shaped from pieces of fabric and some stuffing, whimsical features often only sug- ed. Other designs are more com- involving joints, faces, and hair. chapter is devoted to transforming lren's art work into soft dolls. Sub- ent chapters deal with stocking-face , knitted and woven dolls, puppets, folk art dolls (those made from dried es, bread crumbs, pine cones, and cobs).

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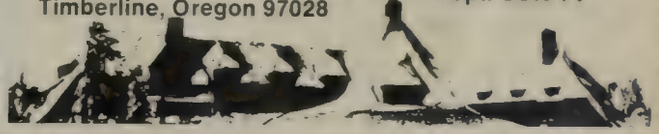

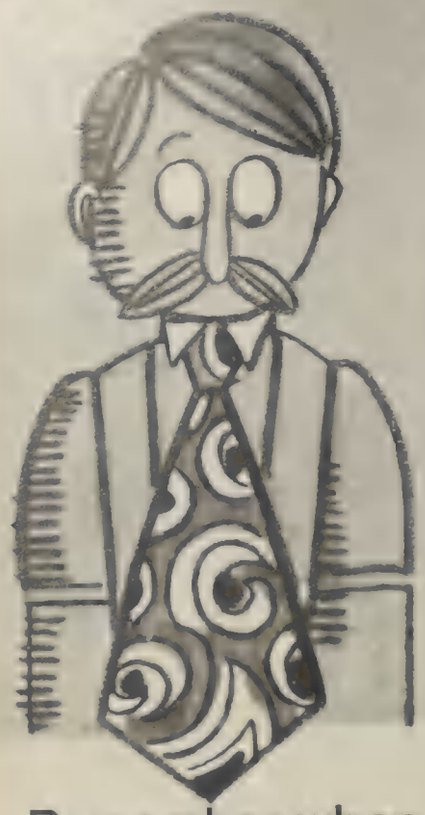

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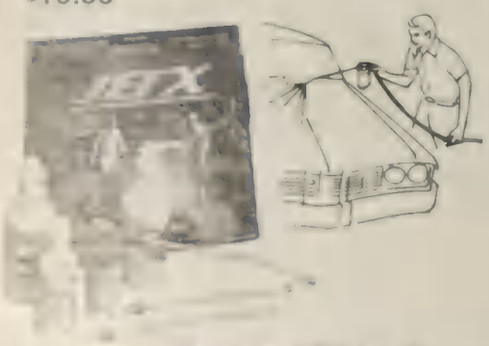

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Beside their pool . . . a roomy sun table

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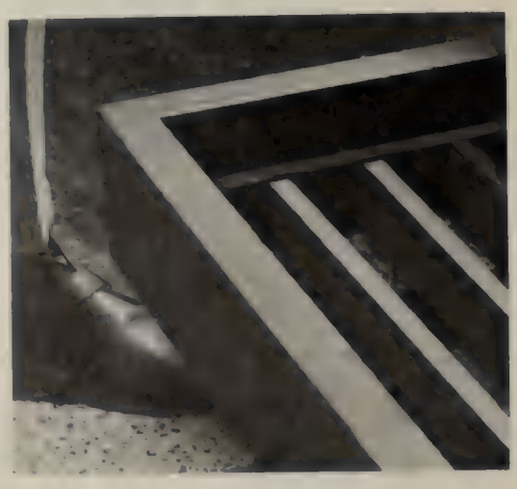
It's a complete unit that uses four standard-sized chaise pads (24 by 72 inches), with a raised square section in the middle for refreshments, game playing, or plant display. Although it looks permanently built-in, two people can move it.

The sun table is about 8 feet square, framed in with 2 by 6's, and fastened to four 4 by 4-inch legs placed a foot from the outer edges. The top of the bench is 20 inches above the concrete poolsi surface. The center, raised 4½ inches, 47 inches square.

Slatted sections under the pads are fa tened several inches lower than th frame so the pads won't move out position. Slats are 1 by 3's on edg spaced 3 inches apart—rain can dra through when pads have been remov for winter storage.

Designer was R. Douglas Pringle, for poolside area in Burlingame, Calif.



Corner *overhang is built of 1 by 3 slats nailed to frame of 2 by 6's*

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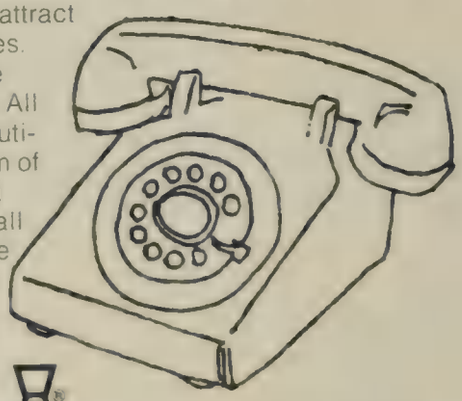

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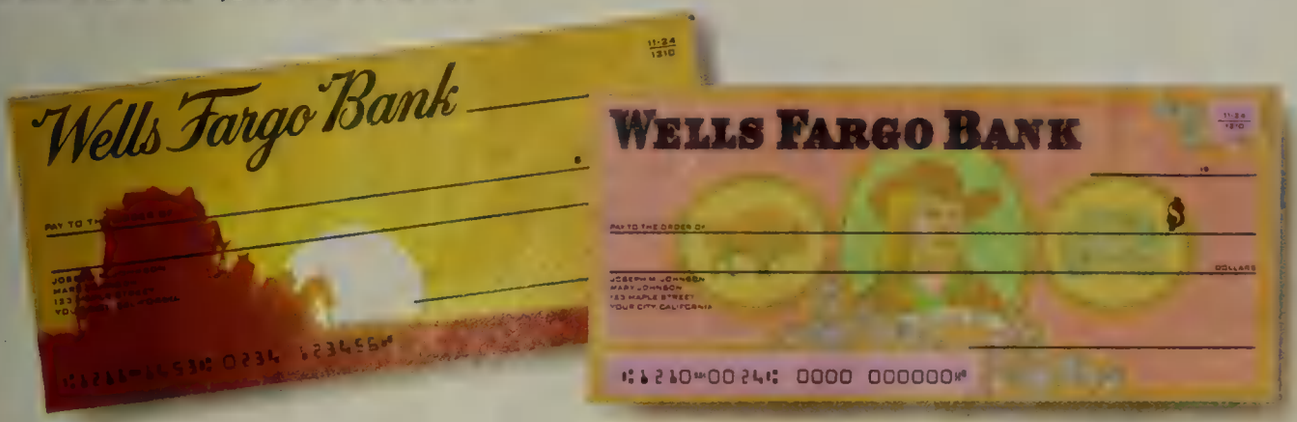
Easy storage for pads, cushions

Outdoor pads and cushions will l longer if you have a place to store th in bad weather, and to dry them co pletely if they do get wet. Mildew c be a special nuisance, especially if pads are just heaped in a pile.

Two families who live where there summer showers solved the problem w the devices you see here. In each c the pads hang free, take up little spa and are still easily accessible whet one pad is needed or all.

Wire *coat hooks on back of doors of storage unit are the solution for the Louis A. Miseners, Tacoma*

If Buffalo Bill had
en less of a rugged individualist, he would
ve stayed in Scott County, Iowa.
Instead, he came West. And left
: others behind.



They say you're part of the West.

ADMINISTRATIVE HDQRTS.: 464 CALIFORNIA ST., SAN FRANCISCO 94120/ SOUTHERN CALIFORNIA HDQRTS.: 415 WEST FIFTH ST., LOS ANGELES 90054/ MEMBER F.D.I.C

Stag. A nev

For years, Triumph has been making fine sports cars for people who love
Now Triumph introduces a sports car which loves in return.

To all the things that make a true sports car good to drive, the Stag adds a
things that make a car good to ride in. Stag adds power to Triumph's rack and p
steering and front disc brakes. It combines more room and comfort with Triun
road hugging, independent suspension.

The engine is a big, smooth V-8, making the Stag the fastest car in the
There's true 2 plus 2 seating, electric windows and a solid, padded roll bar,
when the top is down.

Big, wide doors make it easy to get in and out, controls are in easy rea
your fingertips, and both the reclining bucket seats and the padded steering w
are fully adjustable.

kind of Triumph.

The Stag is a new kind of Triumph, a powerful over-the-road car built by the gest maker of sports cars in the world.

Base price is $5525,* including chrome wire wheels and radial ply tires.

Options include a detachable hard top with a heated rear window, automatic ismission, air conditioning, and the pleasure of test driving the Stag at your rest Triumph dealer.

Stag

BRITISH LEYLAND

For the name of your nearest Triumph dealer, call 800-631-1971 toll free.
In New Jersey, call 800-962-2803.

*Optional, detachable hard top $248 extra. All prices manufacturer's suggested retail, P.O.E. Optional equipment, destination charges, state and local taxes, if any, not included. British Leyland Motors, Inc., Leonia, N.J. 07605.

No lawn, *just pebbles between house and beach*

This small, 1300-square-foot vacation and weekend beach retreat at Rosedale on Puget Sound was designed to make the most of the Northwest's capricious weather. For sunny days there are patios to spill out on. When it's stormy, there's a window seat as well as fireside sofas for reading or watching the storm.

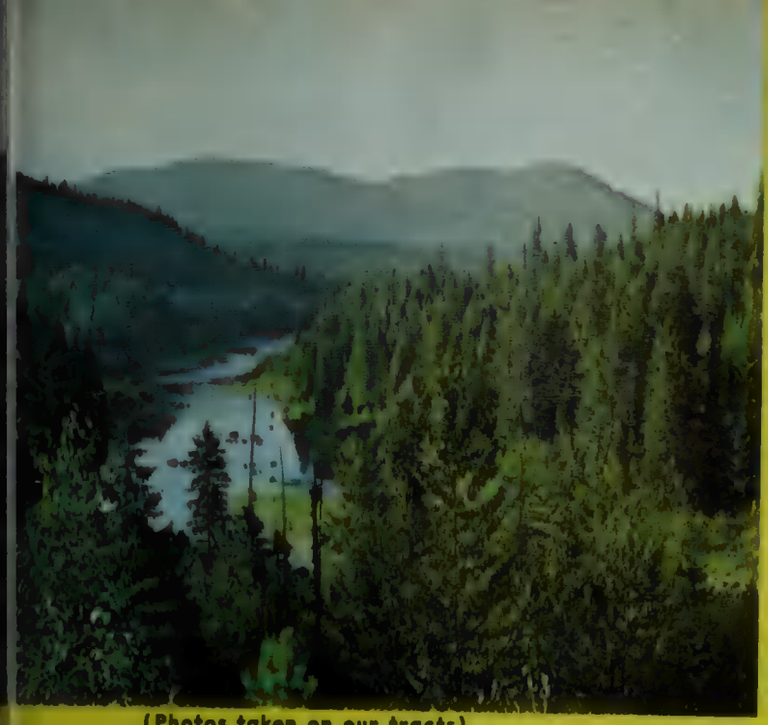
A large, clear skylight over the center of the living room lets in daylight even on the dullest days, helping to reduce intensity of off-water glare. The architect was Alan Liddle for Frost Snyder, Tacoma. □

Window seat *big enough for lounging, napping*

A sky-lit room for dull days, a window seat for storms

High-ceilinged, *sky-lit living room is light, and airy. Folding louvered screen can be pulled across to cut out kitchen*

DON NORMARK



(Photos taken on our tracts)

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CITY..... STATE..... ZIP.....

Introducing Varathane color and how it looks on things that don't look so good.

Things like old chairs. Tables. Toys. Boats. Metal things. Ceramic or plaster things. Things that could stand a coat of paint.

But you don't have to paint them anymore. You can coat them in plastic. For protection.

That's what new Varathane colors in plastic do. Just like clear Varathane.

They protect things against rust and corrosion. And against chipping, cracking or peeling. Inside the house or out.

What's more, these new plastic colors are easy to apply. Because they're self-leveling and quick-drying—about 4 to 6 hours.

And Varathane is safe for children.

So you can use it just about anywhere and on just about anything. Without worrying.

Something else you won't have to worry about is matching up one thing with another after a couple of months.

You see, all 16 colors are formulated individually. That means one can of, let's say, royal blue will be exactly the same as your next can of royal blue. No matter where you buy it.

So, if you have some things that could stand a coat of paint, put on a coat of plastic instead.

Varathane protects things so they look good longer.

It's not paint. It's plastic.

nouncing the
ry for the

971-72 Western Home Awards

ur architects, a landscape
hitect, a graphics designer,
d an editor

Raymond Kappe, F.A.I.A.
Architect
Santa Monica, California

Bennie M. Gonzales, A.I.A.
Architect
Scottsdale, Arizona

Barbara Stauffacher Solomon
Graphics Designer
San Francisco

Arthur Charles Erickson, F.R.A.I.C.
Architect
Vancouver, British Columbia

Thomas Church
Landscape Architect
San Francisco

Hugh Hardy, A.I.A.
Architect
New York City

Proctor Mellquist
Editor
Menlo Park, California

seven individuals pictured here will as jurors for the eighth biennial l of the Western Home Awards, a nuing program sponsored by the rican Institute of Architects and *t Magazine*.

of the jurors have won recognition evious rounds of the Western Home ds. Raymond Kappe won an Honor d in the 1969-70 round; Bennie ales won a Citation.

Western Home Awards jury has al- included one landscape architect. year the sponsors are grateful that has Church will be on the jury once again. Mr. Church served on previous juries in 1957, 1959, 1961, and 1965.

Continuing a precedent established in 1965, the new jury will include one member from a neighboring Pacific country, this time Arthur Charles Erickson of Canada. Mr. Erickson's firm designed the Canadian Pavilion at Japan's Expo 70, named "best pavilion" by the Architectural Institute of Japan.

Hugh Hardy is a partner in New York's Hardy Holzman Pfeiffer Associates. The firm is currently at work on two new museums for New York City (one the new National Museum of Design for the Smithsonian Institution), several new performing arts theaters, and numerous housing projects.

Completing the jury are Barbara Stauffacher Solomon, graphics designer and architectural "supergraphics" innovator, winner of the A.I.A. Industrial Arts Medal for 1970; and Proctor Mellquist, editor of *Sunset*.

Completed entry binders for the 1971-72 Western Home Awards must be received in Menlo Park by June 15; jurying will take place June 17 and 18. Awards will be announced in *Sunset* and in newspapers and on television in October. □

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Removing stains from concrete

Concrete is the most durable mater we have for driveways, garage floo and patio decks. But it does have a fect, in that it will absorb foreign n terials and become stained.

The first line of defense against stain concrete is adequate cement conte Concrete made with six or more bags cement per yard has the density to sist bad staining. However, if staini does occur, it usually can be remove

Oil and grease stains

The most common stain is oil or grea that drips from cars onto a concre driveway or garage floor. Remove much of the oil or grease as possible first scraping it up and then placing layer of dry Portland cement over t stain to absorb it. Scrape off this po tice after about 24 hours and sweep hose away residue.

If the stain is still there, make a pa consisting of a pound of trisodium ph phate to a gallon of water, thicken with whiting. (Obtain these materials a paint store.) Spread the paste ½ in thick over the stain and let it dry for to 48 hours. Then wash it off thorougl with a hose. If the stain still remai repeat the treatment. You can also b commercial degreasers in pressuriz cans to spray on the stain. Follow structions on the can and, again, wa off thoroughly with a hose.

Iron stains

Almost as common as grease stains rust colored iron stains. They can caused by iron objects left lying on t concrete in wet weather, by embedd iron particles partially exposed to t weather, or by iron objects such metal fences and gates that drip ru water down onto the concrete.

To remove an iron stain, wash it w with a solution containing a pound oxalic acid powder (again from a pa store) in a gallon of water. After abo three hours scrub the concrete with stiff brush and rinse it with a hose. R peat the treatment, if necessary.

Many other stains can be removed w the trisodium phosphate treatment scribed for oil stains. For skid marks from car tires, bicycles, or childre shoe heels—a mechanical approach often best, because these are surfa blemishes. Try scrubbing with a st brush and the scouring powder you on the kitchen sink.

Sony's new stereo radio comes with 2 invisible speakers.

Until now portable stereo radios n't quite make it. They either gave u poor stereo sound or swing-out eakers.

o you wound up with a portable t wasn't very stereo, or a stereo t wasn't very portable.

he solution was obvious.

o keep the weight down and the reo quality up, we put the speak- inside the radio.

/e made them invisible.

ivisible speakers are the core in- dient of Sony's new tem. It gets true ste- sound out of the pound radio in the ture.

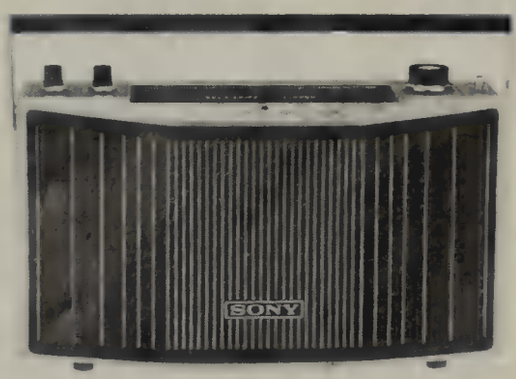
ow does it work? e sound is pushed out of the radio—on both sides. Far beyond its physical boundaries.

So you actually hear the sound coming from where the speakers should be...would be...except they're not.

If the thought of buying a radio with invisible speakers makes you suspect you're being conned, go to your nearest store and check us out.

Naturally, since our speakers are invisible, you won't see the difference.

But, after all, hearing is believing.



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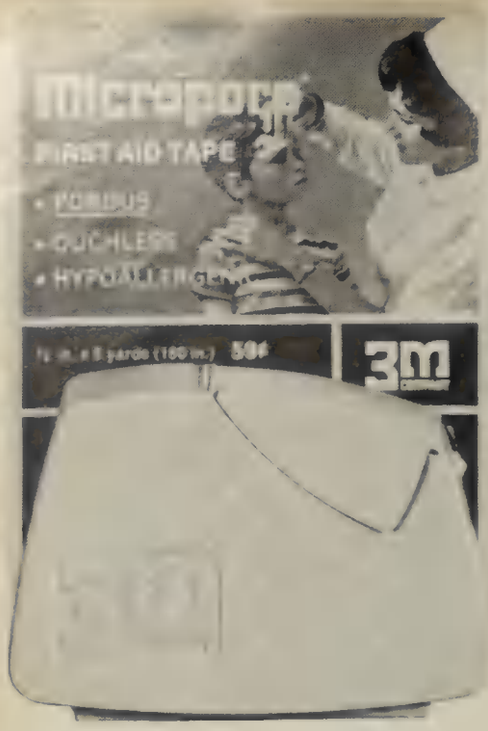

Now... hospital tape for home use.

Now the kind and gentle tape preferred in hospitals can be bought for your home use. Here's why you'll want to try Micropore First Aid Tape soon:

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- Also ask about Blenderm and Transpore First Aid Tapes.

Medical Products Division 3M COMPANY
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Baking *center has low counter. Spices are in racks above; flour, sugar in bottom bins*

A place for flour, sugar, spices . . . a place for mixing and kneading

An organized baking center, with all supplies and equipment conveniently arranged, can make baking not only easier but a truly pleasurable task.

The kitchen at right has a simple arrangement. Above the counter is a flour dispenser that sifts the flour into cup or bowl or onto the working counter below. When the door is closed the dispenser is hidden. Above are shelves for sugar, cornmeal, other dry baking supplies. The mixer pulls up on a cart as shown on page 94 of the January 1971 *Sunset*. Utensils and pans are kept in drawers and cabinets below the counter. Architect Richard Perkins designed the kitchen for the John Mowerys of Spokane.

Above is the self-contained baking center architect Otto Poticha designed for the Harry Rubensteins in Eugene, Oregon. The mixer is kept on the counter and pulled forward when needed. This counter is lower than those in the rest of the kitchen for ease in mixing and bread kneading. Flour and sugar bins are directly under the counter. When she needs more space, Mrs. Rubenstein pulls out two undercounter boards for cutting and chopping. Her spices are kept at the top, dry and away from heat and light.

DON NOR

Elevated *flour dispenser disappears when cabinet door is closed*

The cork-lined doors, handy for tac up a recipe or shopping list, fold to c off the whole area, leaving some cou space still available for use.

According to most house aint ads, the quickest and asiest job is all you care bout.

The Dutch Boy believes ou care about something se: a paint job that will stay oking good a long time.

We won't kid you and say there's nothing Painting a house — even with Dutch Boy Latex Paint — takes planning and work.

If the surface is new, or if it was painted tex house paint before, your surface prepara- ay involve very little beyond resetting nails, ng nail holes, or removing chalk.

If your house was painted with oil paint , or you don't know if it was and can't find out, ould consult your Dutch Boy dealer and he vise you as to what methods of surface prepa- may be in order.

Two things particularly contribute to the astingness of Dutch Boy Latex House Paint. that since the paint "breathes," moisture get trapped under it. The other is that the resin base of Dutch Boy Latex House Paint e ability to lock in colors and consequently, lors last for the life of the job and the job onger.

If you've got shutters and trim that you o look glossy, although you want the rest of use flat, your Dutch Boy dealer can sell you flat and glossy colors designed to work together.

And the painting of gutters and drain pipes is no problem, either. Dutch Boy Latex House Paint clings to aluminum, galvanized and copper surfaces for the life of the paint job — no special primer is needed.

As to the quickness and ease of the painting itself, Dutch Boy Latex House Paint actually flows on easier without dragging or sticking. It doesn't leave lap-marks when you stop and start, so that if you want, you can paint every weekend for the whole summer. Paint before and after the rain. And no matter what kind of a mess you make (and you *can* make a mess) it will wash right up with soap and water.

But we're never going to tell you that painting a house is so much fun you'll feel like running out and doing it again. You have kids to raise and living to do and our main job is to help you forget about us for a very long time.

NL INDUSTRIES

Seven great ways to bring th

The outdoors is what makes the indoors so great. And bringing the outdoors in is where glass comes in. Glass opens up your rooms. Lets the sunshine in. Keeps the weather out. Interior decorating becomes interior-exterior decorating. Rooms become part of the total landscape.

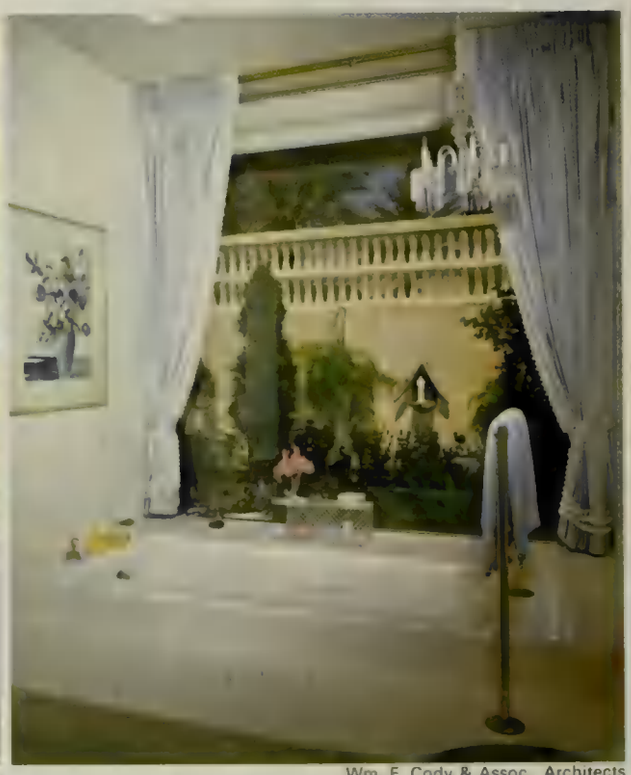
Today's new glass gives you all this. Plus beauty, safety, weather-beating insulation and reduced fuel bills

Here are just a few ideas for rating and living now with glass at how the great outdoors steps in to make the indoors scene th greatest. Why not look into glas your new home or remodeling p

PPG: a Concern for the Fut

Wm. F. Cody & Assoc., Architects

1 This kitchen has a sunny disposition because the cabinets are positioned to hang in front of the sunlit glass wall. Beautiful idea, and in cold climates PPG *Twindow*® insulating glass makes it even more practical.



Wm. F. Cody & Assoc., Architects

2 The garden bath, which uses a picture window overlooking a private court, lets you bathe in Roman splendor, but in privacy. And in an area like this, PPG *Herculite*® *K* safety glass lets you move about in safety.

Donald L. Bren, Builder

3 Mirrored wardrobe doors introduce glamor, a feeling of spaciousness, m light and beautiful practicality to the mas bedroom. And to give the finest reflectio this idea, use PPG *High-Fidelity*® mirrors In standard 5 ft. size, a pair of mirrored w robe doors normally retail for less than $1

Deane Brothers, Builder

4 Now the outlook for kitchens can b exciting, as well as practical. Sliding glass windows with a wrap-around, pas through serving counter make this kitch and the great outdoors one big happy u

ppg INDUSTRIES

ıtdoors indoors with PPG glass.

Charles B. Wills & Co., Builder

5 Who says attics are dull, dark and dismal places. Gable end windows in this colonial create a cheerful upstairs rumpus room.

Robert Andrews, Builder

6 A two-story fixed-glass window wall overlooking a private court gives this dining area light, excitement and a real outdoors flavor.

Richard Chalfant, Architect

7 Here's leisure living in the up-dated sun porch. PPG *Herculite K* safety glass in glass walls and sliding glass doors makes an idea like this possible, practical and safe.

If you'd like hundreds of other beautiful, innovative ideas with glass, send the coupon with 25¢. We'll send you PPG's "Open House/USA." Forty-eight pages of building, remodeling and decorating ideas in full-color. PPG Industries, Inc., One Gateway Center, Pittsburgh, Pa. 15222.

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Garbage [illegible]

Two systems for sorting out waste

od. kitchen waste does not all auto-at.lly wind up in the local dump. lar Westerners are separating what an e recycled from what can't. Here h two Western homemakers have lv the problem of sorting refuse.

ne hopping and waste removal area th kitchen above has a push-through ot ading to two large paper boxes er t the top. One is for recycleable nt nd glass bottles, the other for pa-r d garbage.

e vner, Mrs. Donald Knuth of Stan-rd California, cut and glued these nt ners from some old packing car-ns She sealed the boxes with poly-to esin for moisture control. Cut-out ns make it easy for her to lift them out. This kitchen was designed by Sohn O'Neal Mitchell, Palo Alto, California.

In the kitchen below, a deep drawer by the sink pulls out holding two waste-baskets. The small choppings are brushed off to the sink at the left to be ground up by a food waste disposer. The raised drawer keeps you from stooping or bending over. Architect Mark Mills, Carmel, California, designed this kitchen. □

hoppings *go into the sink, recycleable glass and cans in one waste [illegible] refuse in the other*

Vintage 1971: The tours of the year from the thousand-year-old airline.

The Orient, Pacific, Europe, and Around-the-World tours featured in our guide, A World Festival of Tours, have earned the Japan Air Lines Happi Holidays seal of value and travel satisfaction.

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CALIFORNIA BEEF ON THE ROCKS

barbecued chuck roast in rock salt

4 to 5 pound California beef chuck roast, bone in

1 cup prepared mustard

3 cups rock salt

Trim all fat from edges of beef. Spread mustard over top and sides. Pack salt into mustard as thickly as it will stick. Turn roast over. Cover with mustard and salt as before. Place beef directly on bed of hot coals. Cook about 30 minutes, depending on thickness of roast. Turn beef, using two broad spatulas. Continue cooking for an additional 30 minutes. To determine degree of doneness make small deep cut into roast near the bone. Cook only until rare or medium rare. Remove beef from charcoal, knocking off salt which did not come off in turning. Slice diagonally to the grain. Serves 6 to 8.

Notes from the Chef:

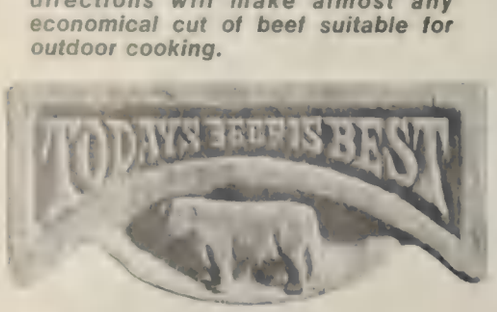
- Allow at least 30 minutes to get your charcoal fire ready.
- Make a bed of coals 2 to 3 inches deep and a little broader than the beef chuck roast.
- When coals are covered with ash they are ready for the beef.

In July watch for

CALIFORNIA BEEF TERIYAKI

For handsome booklet of famous Beef Recipes from California Restaurants plus Dining Out Menu Guide send 25 cents to Chefs Recipes, 463 Brewster Avenue, Redwood City, CA 94063.

Plan your Father's Day menu around barbecued beef. California beef is plentiful and is brought to market at its highest peak of fine quality. Less tender cuts may be barbecued with great success. Marinades and tenderizers when used according to label directions will make almost any economical cut of beef suitable for outdoor cooking.



Playing inside *is fun, but sometimes you may want to check out the roof*

Her bed is the playhouse roof

Hinged sides *of enclosure fit around bed, fasten to bed with barrel bolts*

Most children's rooms aren't big enough to accommodate both a bed and a playhouse. This one has both—because Rick and Ruth Lambert of Pacific Palisades, California, combined them.

The bed is actually a table with 2 by 4 legs, 2 by 3 frame, and ½-inch plywood top, covered with a single-bed mattress. The playhouse is created by a hinged two-piece, ¾-inch plywood unit that fits around two sides of the table-bed. The entire space inside is for play. Three small arched doors open in; inside are assorted hooks, bolts, and latches for busy work. Finger holes function as handles and also make good peep holes.

A 5-inch-high railing around the top of the plywood unit keeps the Lamberts' 4-year-old daughter from falling out of bed. Two toe-slits cut through the plywood sides make it easy for her to climb up and down.

The enclosure is painted white and the doors bright magenta; the decorative trim is magenta and orange. The long side measures 6 feet 3 inches, the sh side 3 feet 4 inches. Four barrel mounted on the inside of the plyw sides hold panels to the table-bed fr However, there's no need to remov enclosure for bed making or ever vacuuming inside the playhouse.

The playhouse is also useful as a st place for games and toys that w ordinarily clutter up the floor. T could be enlarged to accommod trike or wagon.

SASS

Ranchero GT . . . is the bold, personal, pulse-pounding sport pickup for those who want to make fun out of work. The Ford Ranchero GT offers sports car flair and performance *plus* a 6½-ft. load floor. Sporty wheel covers, wide rocker panel moldings and sport hood scoop add distinction. And there's no end of options, from high-back bucket seats to four-on-the-floor Hurst® shifter . . . from front power disc brakes to a 429 CJ-R V-8 with pop-through "shaker" air scoop and laser stripes.

Ranchero Squire . . . most comfortable, most luxurious pickup of them all. Rich, wood-tone paneling inside and out. Deep-pile, wall-to-wall carpeting joins breathable vinyl upholstery in a long list of standard luxury touches. And to personalize your Squire, choose such options as AM/FM Stereo, vinyl roof, SelectAire conditioner, SelectShift Cruise-O-Matic transmission and any of six peppery power plants. Test Ranchero's ride and comfort soon. Sure beats working.

CLASS

A better idea for safety: Buckle up.

FORD RANCHERO

Ford

Should you try wallpapering?

The wallpaper world is changing, especially in two ways: a growing choice of strippable and scrubbable (vinyl) wallpapers, and an increase in prepasted and pretrimmed papers that make it easier to do the work yourself.

Westerners have a reputation for being on the move, from one dwelling to another. Strippable wallpaper helps you create an exciting room instantly, then change it back just as fast before moving (in many rented places, you must leave the wall as you found it).

The great array of colors, textures, and patterns on the market now can bewilder you—unless you have made some basic decisions. If you expect to change wallpaper fairly soon after hanging it, choose a strippable paper. If hanging it yourself, be sure it is pretrimmed; you may also want it prepasted.

Vinyls are widely available, including some vinyl laminates and some vinyl-coated papers. All are easily cleaned. Canvas-backed vinyls can all be stripped. Paper-backed vinyls need a wallpaper steamer for removal. New "wet look" vinyls give interesting shiny effects.

How much paper? An average bathroon takes 4 rolls, a kitchen-breakfast area to 4 rolls, and a bedroom 10 rolls. Fig ure the square feet of coverage you wil need. There are 36 square feet in a roll but it is better to figure it as 30, to allov for losses when matching and trimming

Most wallpapers are machine-printe and pretrimmed and cost $4.95 to $10.5 per roll. The hand-printed papers ar made by a silk-screen process, some times in large-scale patterns, and be cause of pattern irregularities are nc pretrimmed. They cost $12 to $24 pe roll. You may want to hire a professiona to hang a hand print; trimming is tricky

Preparing the walls. Remove old, loos paper with wallpaper remover or steamer. If the paper is tight, paint wit an oil-based undercoat. Use a vinyl past for vinyl wallpaper: Vinyls do nc breathe, and wheat wallpaper paste ca start mildew spores growing, especiall in bathrooms or kitchens.

Any mildew must be completely r moved. Make a solution of ⅔ cup tr sodium phosphate, 1 quart of bleac and ⅓ cup of detergent; add hot wat to make a gallon. Wash the walls tho oughly with this solution, rinse, and l dry before applying paste and wallpape To keep mildew from returning, tu on a fan or keep a window open in th bathroom whenever there is steam.

Hanging the paper. This is much easi than it used to be. Pretrimmed pape eliminate an exacting step. Prepaste papers are helpful, too, although son dealers suggest using additional paste your wall has irregular surfaces. Wa papering kits include brushes for pas ing and smoothing, a razor-blade cutt for trimming the top and bottom wa paper strips, a small roller for pressi seams down firmly, and instruction Some dealers lend the equipment if yc buy the paper from them.

Don't hurry when you start to hang t paper. Cut the first strip, allowing abo 2 inches extra at top and bottom. Wit out using paste, match the second str to the first, then the third strip to t second. Paste the strips on the wall a let them dry a little before trimmi at the top and bottom. Then go on the next sequence of strips.

Further suggestions. For many wallp pers, matching fabrics are availabl You might use them together, maki curtains to hide an unattractive windc or laminating the fabric for a matchi shade. Or use the fabric to match p lows, shower curtains, dressing tab curtains, bedspreads.

In some rooms you may not want paper the walls but instead to paper t ceiling, then paint the walls one of t colors used in the paper. The surpri comes when a newcomer looks up.

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DON NORMAR

Roll-around *cart fits neatly under kitchen island; drawers hold serving equipment*

Traffic center in a busy kitchen

This island, the midway station in busy kitchen, is also a garage. Alo with providing extra counter space a generous storage, it houses a roll-arou serving cart.

Architect Otto Poticha designed the land to accommodate this commerc teak cart, whose plastic laminate shel match elements in the kitchen he signed for the Harry Rubensteins of gene, Oregon.

Mrs. Rubenstein prepares most of food near the island, and uses it as staging area until everything is ready be served. Then she can pull out cart, load it with dishes and food, a wheel it to the adjacent dining roo After the meal, the cart, loaded w dirty dishes, rolls up next to the si and dishwasher. Once unloaded, it turns to the island from either side.

The island also has special storage are Drawers down one side hold serv utensils. Two horizontal slots at the of the island keep stacks of trays har for use in serving.

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Today's buyer is entitled to an honest discussion of Imported vs. American cars.

Here it is, from a company that builds both.

We listen.

We know people are confused by the sudden wave of foreign and domestic small cars on the market these days.

We must also confess we're partly to blame for the confusion. We've built more small cars than anyone else in the world.

L to R: Taunus, Capri, Pinto. All small cars. All from Ford Motor Company. Two are made in Europe.

As a matter of fact, we currently produce a long list of compact and sub-compact automobiles. Three of them—Pinto, Maverick and Mercury Comet—we assemble here. The others—cars like Cortina, Escort, Taunus and Capri—we build abroad. Capri we import. It's made such a tremendous hit in Europe as a sports/personal car, we decided to sell it over here through Lincoln-Mercury dealers.

Add our offerings to a plethora of American-built Vegas and Gremlins, European-made VWs and Crickets, and Japanese-produced Toyotas and Datsuns, and the great debate begins:

"Who's best?"

We'd like to resolve the issue. We have everything to gain from it.

If you're confused, chances are you'll do one of two things: You'll buy the wrong car. Or no car at all.

If we sell you the wrong car, you're not likely to buy from us again.

We'd much rather sell you the right one. After all, our business depends on satisfied customers.

Here are the facts.

Right now, foreign cars accou for more than 13 per cent of all ca sold in this country. Their popular is well-earned.

Generally speaking, they're i expensive to buy, cheap to run a simple to maintain.

Moreover, they have a han built-in-the-Black-Forest-by-el kind of mystique to them whic legend or not, is an envious credent for any product to have. But more that later.

Typical European highway

Good as the imports are, th aren't without a few shortcomin First of all, most imports a not specifically designed for American roads, which are significantly different from those abroad. (Note the illustrations).

Typical Japanese highw

Because of that, many tend to be ill at ease our long superhighways. They to to be slightly underpowered. Th tend to be skittish in crosswinds. A

body who's been in one on an ressway, on a gusty day, knows it a white-knuckled experience is.

Furthermore, most imports tend e a bit cramped inside for large erican physiques. The average erican is approximately 4.3 inches r and 31 pounds heavier than the age Japanese.

n the other hand, domestic ll cars like Pinto and Maverick e designed and engineered from outset to be en by Amer- -size people American- e roads. l in the case Pinto, the ective is eved with traditionally

Typical U.S. highway.

l gas mileage you'd expect from nport. Last summer, for example, an a Pinto and a leading import ugh the same simulated city- urban gas mileage tests. Despite o's 15 extra horsepower, both averaged over 25.5 mpg.

WHAT ABOUT STABILITY?

In addition, Pinto, Maverick and cury Comet have suspension ms that are specifically tailored .S. highways. They all use ball- s and coil springs in front, leaf gs in rear, special shock absorbers l four wheels. Nothing exotic, y. But each setup has been rated by computer for the kinds oads you're most likely to en- ter. The result is a ride that is ner "mushy" at speed, nor ppy" around town, yet firm gh to assure safe cornering and ing. Furthermore, all three cars are noticeably wider than they are tall, and have very low centers of gravity, so there's no unnerving "top-heaviness" in crosswinds. Pinto even carries the luxury of rack-and-pinion steering, as do many sports cars—Ferrari, Porsche, Jaguar, Triumph, MG—as well as our own Capri.

SMALL CAR COMPARISON CHART

	Domestic				Imported			
	Vega	Maverick	Pinto	Mercury Comet	VW (Super Beetle)	Capri	Datsun (PL 510)	Toyota (Corona)
Length, oa	169.7"	179.4"	163.0"	181.7"	161.8"	167.8"	162.2"	166.9"
Width, oa	65.4"	70.5"	69.4"	70.6"	62.4"	64.8"	61.4"	61.8"
Wheelbase	97.0"	103.0"	94.0"	103.0"	95.3"	100.8"	95.3"	95.7"
Height	51.9"	53.0"	50.1"	53.0"	59.1"	50.7"	55.1"	55.1"
Track, front	55.1"	56.5"	55.0"	56.5"	54.3"	53.0"	50.4"	51.2"
rear	54.1"	56.5"	55.0"	56.5"	53.3"	52.0"	50.4"	50.0"
Turning circle	33.0'	36.9'	31.5'	36.9'	31.5'	32.0'	31.4'	N/A
Curb Weight, lbs.	2202	2626	2030	2633	1918	2115	2041	2170
Engine displacement, (cu. in.)	140.0	170.0	97.6	170.0	96.6	97.6	97.3	113.4
Horsepower	90	100	75	100	60	75	96	108
Price*	$2091	$2175	$1919	$2217	$1985	$2395	$1990	$2126

*Manufacturer's suggested retail price for comparable vehicles. Dealer preparation charges included for Vega only; destination charges, state and local taxes are not included for above vehicles.

ARE IMPORTS BETTER BUILT

Back to the mystique of Old World Craftsmanship. Contrary to popular belief, foreign cars are built by neither elves nor Samurai warriors. They're produced in large factories, on assembly lines—the same way cars are built in this country. And generally speaking, European and Japanese quality standards are neither higher nor lower than ours. As such, their cars have many of the same strengths domestic cars have. They also have many of the same weaknesses. Despite legend, elves have the same capacity for an occasional goof as anyone.

The point is simply that integrity in the car business lives on this side of the ocean as surely as it does in Wolfsburg. Consider these facts:

• *Volkswagen recommends an oil change every 3,000 miles; a chassis lube every 6,000. On the other hand, Pinto, Maverick and Mercury Comet are designed to go 6,000 miles without an oil change; 36,000 miles without a chassis lube. (And over the long haul, that can save a lot of money. Grease and oil do cost money.)*

• *Pinto uses an imported engine and drive line. Yes, it's built in Europe. Prior to its introduction in this country, it had undergone more than 50 million miles of owner use—so you don't have to put up with the traditional "bugs" of a new design.*

• *If something does need fixing, there are more than 6,700 Ford and Lincoln-Mercury dealerships across the country. So if your Pinto needs a voltage regulator in Keokuk, Iowa, you can get one installed in Keokuk. The nearest dealer for the leading import is in Quincy, Illinois.*

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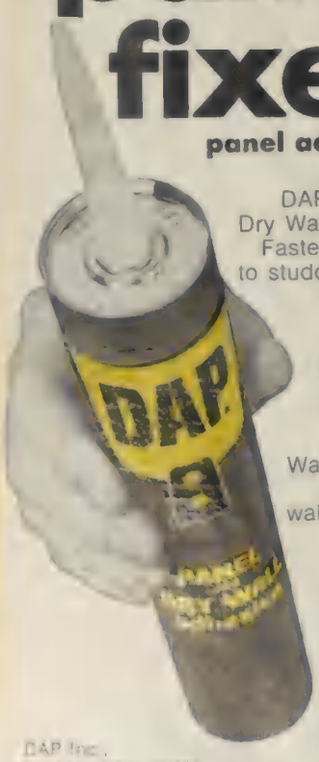
reach for the panel fixer T.M.
panel adhesive



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DARROW M. W

Cabinet *stands on own base, but you could eliminate bottom runners, attach to w*

A hi-fi? No. It's a wood locker

The unlikely function of this handsome cabinet is to hold firewood. It was designed by Portland architect James A. Miller of Zaik-Miller to hold wood out of the way without leaking dust, dirt, and sawdust.

The cabinet was designed to match an existing buffet cabinet he'd previously built; inside, a canvas wood tote keeps litter from the floor and carpet. With an added shelf or two, the cabinet could just as easily hold books, records, music equipment, dishes, or glassware.

It's made of rift white oak, and was built for less than $75 (materials only) in a

Wood tote *has rigid ¼-inch plywood bottom liner for easier carrying of kindling. Full load may require a helper. Big, heavy logs still go straight from outside to andirons*

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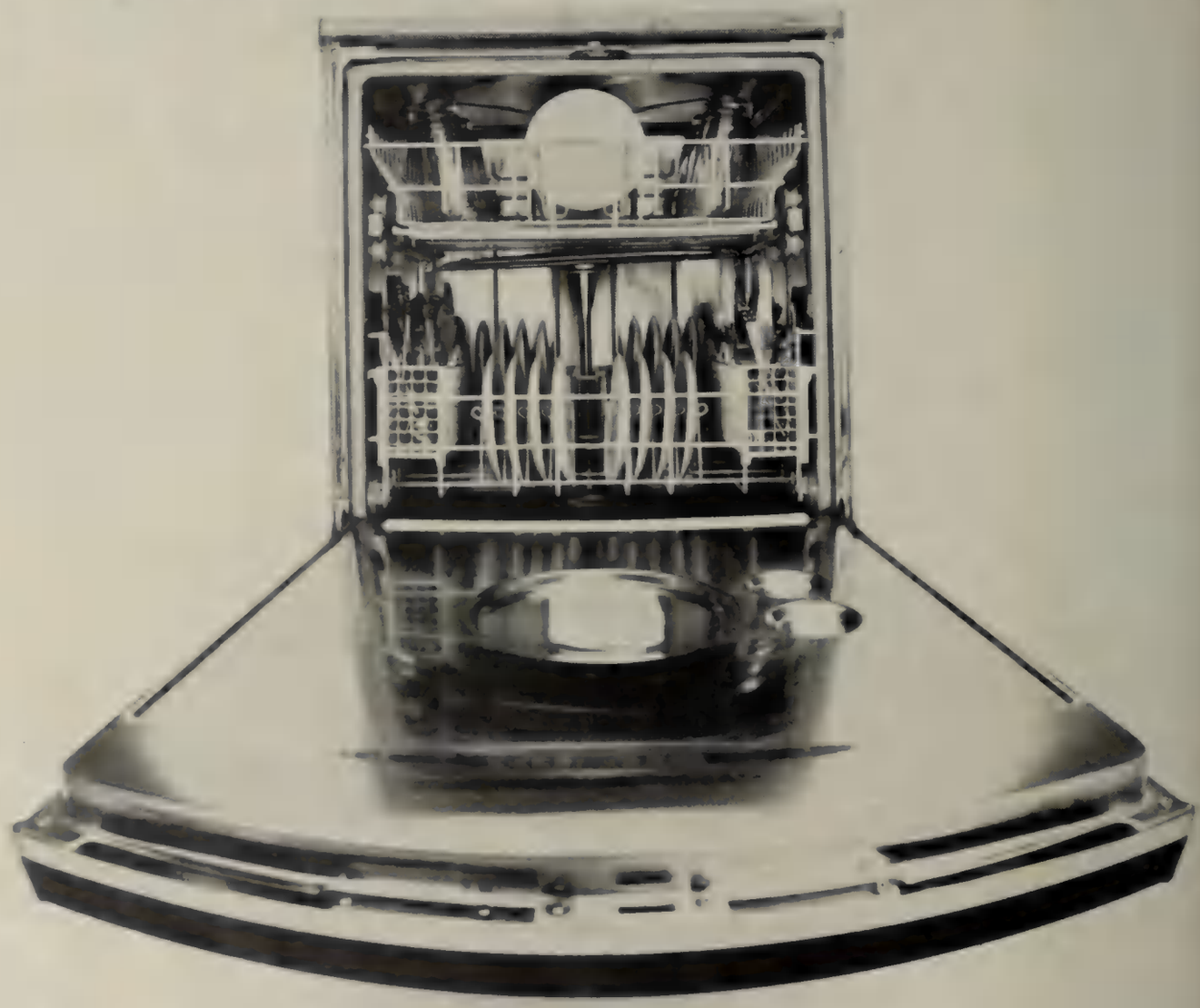
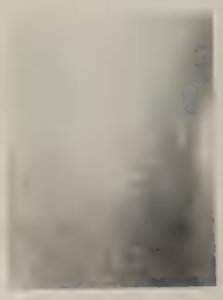


Porcelain-coated steel

Plastic-coated steel



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The stainless steel dishwasher.

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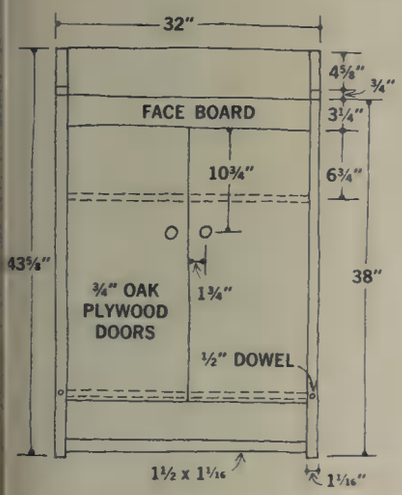
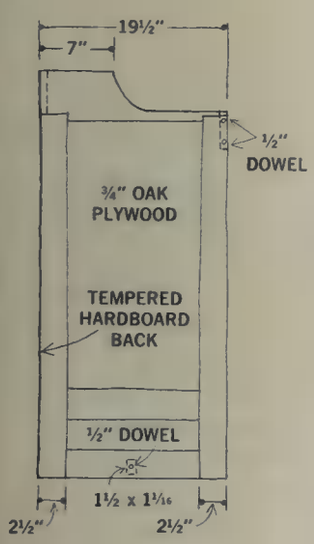
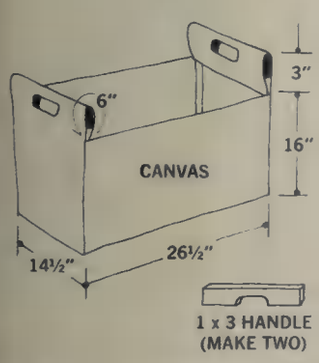
kshop equipped with a table saw and o set. You'll need the dado set to cut otch ¾-inch wide and ½-inch deep all 2½-inch side framing members accommodate the ¾-inch plywood panels. Not shown in the sketch is by 2½-inch strip directly behind the board that serves as a brace and mounting surface for the magnetic hes. Since it can't be seen, you can any construction grade member you e in the shop. □





Doors are *recessed 1 inch, hung on pivot hinges, held closed by magnetic catches*



Tote is *10-ounce canvas cut in one piece, with corners sewn on a home machine*

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Sunset's Kitchen Cabinet®

Grilled chicken and potato salad belong undeniably to long summer afternoons in the garden, at the beach, or in a park. Our recipe selection includes chicken quarters that grill to succulent tenderness after briefly marinating in olive oil, lemon juic and herbs. And there's a salad c small, new potatoes, dressed wit homemade mayonnaise whirled i the blender.

For special occasions, try our art

Grill chicken slowly over low glowing coals for good even browning, tenderness

Grilled Chicken Quarters

You might serve the barbecued chicken with a mixed green salad, seasoned with Italian-style dressing, and rissoto (Italian rice casserole).

- 1 large broiler-fryer chicken (about 3 lbs.), quartered
- ½ cup olive oil or salad oil
- 2 teaspoons rosemary, crushed
- 1 teaspoon minced parsley
- 2 cloves garlic, minced or mashed
- 2 tablespoons lemon juice
- ¼ teaspoon salt
- ⅛ teaspoon pepper

Rinse the chicken pieces and pat dry. In a deep bowl combine the olive oil, rosemary, parsley, garlic, lemon juice, salt, and pepper; stir to blend. Put in chicken pieces, turning to coat well all over. Cover and refrigerate for at lea 3 hours, or as long as overnight. Tur chicken pieces over in the marinac several times.

Prepare the barbecue fire and arran the grill so that it is about 6 inch above a bed of low-glowing coal Remove chicken pieces and drai reserve the marinade. Arran chicken on grill with bone sid down; cook until the skin is rich browned and the leg joints move ea ily, 45 minutes to 1 hour. Turn piec frequently and baste as needed wi the reserved marinade. Makes 4 ser ings.—*M. T., La Mirada, Calif.*

The special mayonnaise dressing for this potato salad is easy to make in blender

New Potato Salad

Add the dressing to freshly cooked potatoes, then chill several hours.

- 2 pounds small new potatoes (about 12)
- Boiling, salted water
- 1 can (about 2 oz.) sliced ripe olives, drained
- 1 small onion, finely chopped
- ⅓ cup finely chopped dill pickle
- 2 hard-cooked eggs, chopped
- 1 egg
- 1½ tablespoons sugar
- 1 tablespoon prepared mustard
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 2 tablespoons cider vinegar
- ¼ cup salad oil

Cook the potatoes in the boiling water until just tender, about 20 minutes. Cool slightly, then peel and c in ½-inch cubes. In a bowl combi the potatoes, olives, onion, pick and hard-cooked eggs; mix lightly blend ingredients.

Into the blender container, put the egg, sugar, mustard, salt, pepper, a vinegar; whirl until frothy. With t blender motor on, very slowly a the oil in a steady stream; contin blending until thick.

Pour the mayonnaise dressing o the potato mixture and stir to ble well. Cover and chill for 2 to 4 hou Makes about 6 servings.—*J. S., Sa Clara, Calif.*

A flavorful salmon salad mixture bakes and puffs on top of the toasted bread

Salmon Sandwich Puffs

The day after you've barbecued or poached some salmon, the leftovers can reappear as hot sandwiches.

- 1½ to 2 cups flaked, cooked salmon, bones and skin removed
- ¼ cup mayonnaise
- ¼ cup sour cream or unflavored yogurt
- 1 tablespoon minced onion
- ½ teaspoon dill weed
- 2 egg whites
- ¼ teaspoon salt
- 6 slices rye or whole wheat bread
- Butter
- About 2 tablespoons grated Parmesan cheese

In a bowl combine the salmon with mayonnaise, sour cream or yogurt, onion, and dill weed. In another bo beat egg whites with salt until st carefully fold in salmon mixtu Lightly toast bread, spread slices w butter, then spread salmon mixtu evenly over top. Arrange on a baki sheet and sprinkle with Parmes Place about 6 inches below broili element and broil just until bubl and lightly browned, about 2 to minutes; serve. Makes 3 to 6 servin —*R. M., Roseburg, Ore.*

If you don't have leftover salm use instead 1 can (about 16 oz.) s mon. Drain it well, remove any sk or bones, and flake with a fork.

:e appetizers or the cheesecake fresh strawberries.

welcome recipes originated in the t. Send them to *Sunset Magazine*, lo Park, Calif. 94025. We pay for each recipe published.

Grilled chicken, Polish sausage, or salmon sandwich, then cheesecake

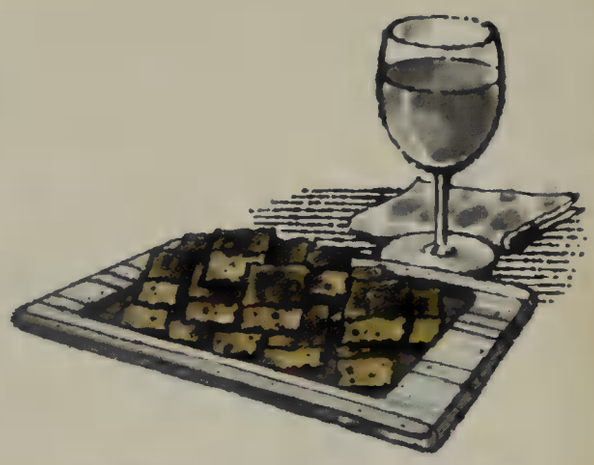
:hoke Nibbles

: prefer these appetizers served nd others like them cold.

2 jars (6 oz. *each*) marinated artichoke hearts
1 small onion, finely chopped
1 clove garlic, minced or mashed
4 eggs
1 cup fine dry bread crumbs
1 teaspoon salt
1 teaspoon *each* pepper, oregano, and liquid hot pepper seasoning
1 pound sharp Cheddar cheese, shredded (about 2 cups)
2 tablespoons minced parsley

1 marinade from 1 jar of the hokes into a frying pan. Drain other jar (you might save mari- for other uses). Chop all the artichokes; set aside. Add onion and garlic to frying pan, and sauté until onion is limp, about 5 minutes.

In a bowl, beat the eggs with a fork. Add the crumbs, salt, pepper, oregano, and hot pepper seasoning. Stir in the cheese, parsley, artichokes, and onion mixture. Turn into a greased 7 by 11-inch baking pan. Bake in a 325° oven for about 30 minutes, or until set when lightly touched. Let cool in pan, then cut into 1-inch squares. Serve cold or reheat in the pan in a 325° oven for 10 to 12 minutes. Makes about 6 dozen appetizers.—*M. C., Menlo Park, Calif.*



Bake the zesty mix of chopped marinated artichokes, then cut in squares

h Sausage Supper

summertime version of boiled r may also remind you of a bake, without the clams.

About 2 pounds Polish sausage (kielbasa)
medium-sized potatoes
medium-sized head cabbage (about 2 lbs.)
small or 3 large ears corn
cups regular strength chicken broth

l need a kettle that holds at least rts, preferably one with a fairly fitting lid. Put the sausage into ottom of the kettle. Peel the oes or just scrub them well, as wish, then cut them lengthwise so the pieces are about ½ inch thick. Arrange potatoes over the sausage. Remove core and cut cabbage into 6 thick wedges; place on potatoes.

Remove the husks and silk from corn (cut large ears in half) and put corn on top of the cabbage. Pour over the broth. Cover the kettle and bring to boiling. Reduce heat and simmer until the potatoes are tender, about 45 minutes. Serve on a large rimmed platter. Pour over any remaining broth. Serves 6.—*N. H., Tacoma.*

Mustard or horseradish and a dark rye or pumpernickel bread are good accompaniments to this dinner.

Remove vegetables and sausage, layer by layer, and arrange on deep platter

ony Cheesecake

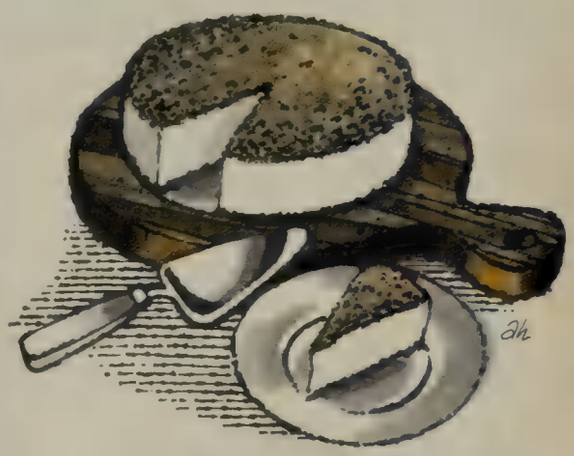
u don't have a blender, press ge cheese through a fine wire er; beat with other ingredients.

Crumb crust (recipe follows)
envelopes unflavored gelatin
cups sugar
cup milk
eggs, lightly beaten
teaspoon grated lemon peel
package (8 oz.) cream cheese
pint large curd cottage cheese
cup lemon juice
cup (½ pt.) whipping cream

re crumb crust; set aside ¼ Press remaining crumbs in bot- f a 9-inch cheesecake pan. Bake 50° oven for 5 minutes; cool.

: top of a double boiler, combine the gelatin and sugar; stir in the milk and eggs. Cook over boiling water, stirring, until mixture starts to thicken, about 10 minutes. Remove from heat, stir in lemon peel, and chill until syrupy. Whirl smooth in a blender cream cheese, cottage cheese, and lemon juice. Stir in gelatin; fold in cream, whipped. Turn into the pan; top with reserved crumbs. Chill at least 4 hours. Serves 12 to 16.—*W. F., Newport Beach, Calif.*

Crumb Crust. Combine 1¼ cups graham cracker crumbs, ⅓ cup melted butter, ¼ cup sugar, 1 teaspoon cinnamon, ¼ teaspoon salt. Mix well.



Serve it plain or with sliced strawberries or sliced peaches spooned over the top

GLENN CHRISTI

Cooking at the table

Everybody gets into the cooking act, or the cook by herself gets a grand chance to show off

guest *is his own chef at ue party. Spear bits of chicken egetables, cook in bubbling oat with nuts, cheese, seeds*

n you want to have a party for a friends and enjoy an evening of rely dining and conversation, a fon- supper is almost certain to succeed. communal cooking is a good con- tion starter even when the guests t well acquainted.

popularity of menus you can cook e table prompted the writing of *et's Chafing Dish & Fondue Cook* (Lane Books, Menlo Park, Calif., ; $1.95), which has just been pub- l. For hostesses who have already vered this easy way to entertain, ook offers new recipes and serving . If you haven't tried such tech- s, it will get you started confidently.

book begins with a discussion of -top cooking units and their fuels. n help you make the best use of ment you may already own or you in selecting a new table-top ng unit.

ise so many dishes may be cooked e table, it's a good idea to think gh what kinds of cooking you want before making any purchases. For ple, to cook bits of meat in oil, as ef Bourguignonne, takes high heat pan shaped to minimize oil splat- . To keep a pot of cheese fondue ing gently calls for medium low, heat. Some table cookers are ver- enough to do both reasonably and might also simmer broth for riental hot pot.

ps you'd like to finish off dinner s with a dramatic dessert like flam- rêpes or zabaglione cooked before guests. Or you may be interested petizers and buffet dishes that are warm in a chafing dish. Recipes to ll these situations and information the equipment they require are in- d in this new book.

ue party

arty pictured at left shows guests ng bite-sized pieces of chicken and ables in hot oil and butter. They're an electric fondue pot, a new con- ice for fondue parties.

his kind of fondue it is especially tant that your cooking equipment able of keeping the oil hot enough r the meat quickly. The cooking ould be large enough and shaped vent the oil from spattering. And want to be sure that it's a sturdy gement that won't tip easily.

Electric fondue pots are convenient because they are thermostatically controlled to hold the temperature you select, and most of them recover their temperature quite rapidly after cold foods are put into the hot fat. Several types of electric fondue cookers are available now. Some have draining racks around their rims, a convenience for frying foods like tempura that are first dipped in batter. Most are designed to be used for several kinds of fondue.

If you don't already own fondue cooking equipment, consider buying a simple heating device to use with any suitable, attractive pans you have. One that burns butane is especially efficient; it provides high heat quickly and its flame can be controlled about as easily as a regular gas range unit.

Other table cookers, including classic French beef Bourguignonne sets, use denatured alcohol or canned heat for fuel. Their efficiency depends on the design of the unit. To keep a pot of oil hot enough to sear meat, we have found that the heat source needs to be no more than 2 inches from the bottom of the pan; otherwise too much heat is lost. With these cookers, especially the ones that use canned heat, it's a good idea to heat the oil on your range before bringing it to the table; you may need to return it to the kitchen from time to time to keep it hot enough.

For cooking in hot oil, you can use a small, deep saucepan placed over any good heat source at the table. The pan should be fairly heavy metal, 6 to 8 inches in diameter, at least 3½ inches deep, and with straight sides or sides that curve inward at the top. A bland salad oil is the easiest oil to use for fondue because it can withstand considerable heat without burning. However, some prefer to use part melted butter for the flavor it adds; the added butter is especially delicious in the following recipe, which omits rich sauces. The recipe describes how to clarify the butter so it won't burn as easily.

Latest *Sunset cook book is a guide to table-top cooking*

This new version of fondue is less caloric than most. After the pieces of chicken breast and vegetables are cooked, they are dipped in toppings like toasted almonds and grated Parmesan cheese instead of the usual rich, clinging sauces.

Chicken and Vegetable Fondue

3 to 3½ pounds chicken breasts
3 to 4 cups vegetables, cut in bite-sized pieces (choose 4 or 5 from these: carrots, in diagonal slices ⅛ to ¼ inch thick; zucchini, in thin diagonal slices; mushrooms, in quarters; green pepper, in 1-inch squares; green beans or green onions, in 1-inch lengths; cauliflower or broccoli, in tiny flowerets; eggplant in 1-inch cubes)
About ½ cup *each* of 3 different coatings (choose from chopped toasted almonds, toasted sesame seed, poppy seed, finely chopped parsley, or freshly grated Parmesan cheese)
About ½ cup soy sauce (optional)
Salad oil or half salad oil and half clarified butter (directions follow)

Well before your party is scheduled, remove skin and bones from chicken and cut meat into bite-sized pieces (about ¾ by 1 inch); pat the meat dry and cut vegetables. Refrigerate the chicken, vegetables, and coatings that require it right in their serving dishes; put other coatings and soy in serving dishes.

About 30 minutes before serving time, remove meat, vegetables, and coatings from refrigerator so they'll warm to room temperature. Then fill the fondue pot with oil, or oil and clarified butter, as directed by the manufacturer of your fondue cooker; fill the saucepan no more than half full. Heat electric units as directed. In other pans heat oil to 375° on a deep fat frying thermometer (a cube of bread browns in 40 to 60 seconds). Bring fondue pot to the table and adjust heat as needed to keep temperature as near to 375° as possible.

Have the table set with a choice of coatings, a fondue fork or bamboo skewer, and a regular fork at each place. Guests spear chicken and vegetables, two or three pieces at a time, immerse them in the hot fat to cook as desired. With a regular fork, push meat and vegetables from the skewers or cooking fork onto plate to eat, dipping into coatings or soy sauce as desired. Makes 4 servings.

Clarified Butter. In a saucepan, place 1 pound butter over low heat until melted. Do not stir. Remove from heat and carefully skim off any foam. Slowly pour clear yellow liquid from top into a container, leaving the milky residue in pan. Cover clarified butter and chill until needed. Makes about 1½ cups. ▫

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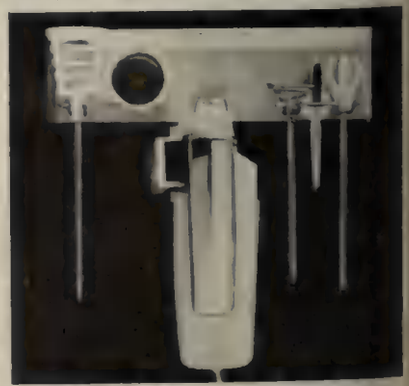

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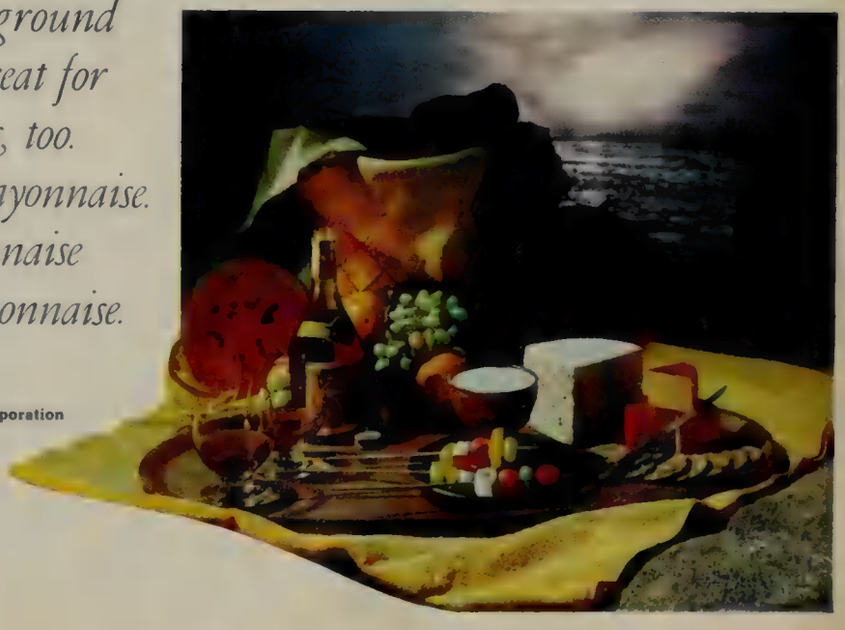
~ Blend together 1 c. each Kraft Mayonnaise and Kraft Marshmallow Creme, 1 tsp. grated orange rind and 1 tsp. ground ginger. Great for fruit salads, too. Kraft Mayonnaise. The mayonnaise lovers' mayonnaise.



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Division of Kraftco Corporation

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The Corning range is more than a stove. It's the first total-cooking concept ever developed. You cook with precisely controlled heat, on a beautifully smooth glass-ceramic surface, in specially designed cookware. This perfectly matched system helps take the guesswork out of cooking and can even make you a better cook.

Precise, uniform heat. Both the Counterange™ electric range and Corning's built-in electric cooktop, The Counter That Cooks™ (below left), have a completely new kind of heating element, designed to deliver heat evenly and predictably across each cooking area. There are no hot spots. All four cooking areas are thermostatically controlled, just like your oven, which means you can set the dial and know that you'll never go above the desired heat setting.

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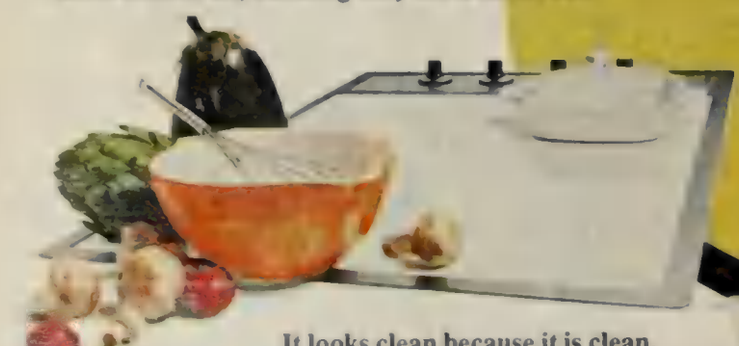
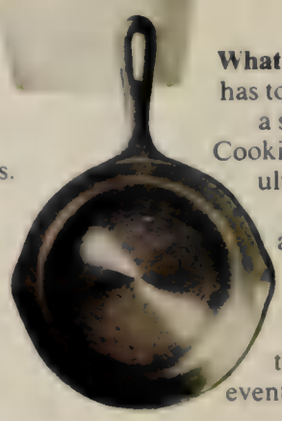


It looks clean because it is clean. The ugly part of cooking is cleaning up. But when our cooking surface gets dirty you can see it . . . and restore it to its original beauty every time. With a damp paper towel, our special silicone Cleaner-Conditioner and a little rubbing, you can remove even stubborn cooked-on spots. Basically, it's like cleaning your countertop.



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If you have any questions about Counterspace Cooking, stop in to see your local Corning appliance dealer. He's listed in the Yellow Pages under "Ranges." Or, write for complete brochure.

CORNING

Corning Cooking Appliances, Department 307, Corning Glass Works, Corning, N. Y. 14830

d ham steak *with cantaloupe and pineapple from the barbecue. Accompany with butter lettuce salad, hot rice casserole*

DARROW M. WATT

; **long days** provide the year's best tunity to entertain guests or fam- h a sunny summer evening dinner. three menus have an added merit: ıre easy to put together.

meal makes generous use of the fruits now in our markets. The an-style barbecue features melon ineapple, the salad supper offers es and raspberries, and the Father's Day dinner, Bing cherries and strawberries.

JUNE MENUS

A south-of-the-border barbecue, a salad tray supper, a feast for Father's Day

South-of-the-border barbecue

Familiar Mexican flavors spark this colorful, informal dinner for six. The menu centers on a thick ham steak and fresh fruits you glaze over charcoal. Meanwhile a rice casserole bakes in the oven.

Butter Lettuce and Cherry Tomato Halves
Oil and Vinegar Dressing
Grilled Ham Steak with
Cantaloupe and Pineapple
Chile and Cheese Rice
Chocolate Coconut Sundaes

You can assemble the rice casserole ahead, ready to put into the oven to heat before serving. It also holds well (with the oven turned off) should dinner be delayed a half hour or so.

For the dessert toast about ½ cup coconut and prepare your favorite chocolate sauce or purchase one. You'll also need about 1 to 1½ quarts vanilla ice cream.

Use a spicy oil and vinegar dressing (homemade or purchased) to dress the bowl of lettuce and tomatoes.

Grilled Ham Steak with Cantaloupe and Pineapple. For the basting sauce, combine in a small saucepan 2 tablespoons melted butter or margarine, 3 tablespoons honey, ¼ cup lime juice, and a dash of nutmeg. Heat, stirring until blended. Set aside; reheat before using.

Slash the outer layer of fat (at about 2-inch intervals) on a center slice of

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fully cooked ham 1 to 1½-inches thick (about 2½ lbs.). Cut 1 cantaloupe into 6 wedges; remove seeds and peel. Also cut 6 slices (about ¾-inch thick) from 1 ripe pineapple; peel, but leave core in place for easier handling.

To cook, brush both sides of ham steak with basting sauce. Place steak on a grill about 6 inches above medium hot coals. Cook for 16 to 20 minutes, turning occasionally and basting frequently with the basting sauce. About 8 to 10 minutes before ham is done, brush melon and pineapple with basting sauce; place on grill. Cook fruit, turning and basting often, until glazed and lightly browned on all sides, about 10 minutes.

To serve, arrange ham and fruits on carving board. Cut thin slices across the grain of meat. Serves 6.

Chile and Cheese Rice

- 1 cup long grain rice
- Boiling, salted water
- 1 can (4 oz.) whole California green chiles, seeded and diced
- 1⅓ cups sour cream
- ½ pound jack cheese, shredded (about 2 cups)

Cook rice in boiling water according to package directions. Combine the cooked rice, chiles, sour cream, and 1½ cups of the cheese. Turn into a greased 1½-quart casserole; sprinkle remaining cheese on top. Bake, uncovered, in a 350° oven for about 30 minutes or until cheese is bubbly and rice is heated through. Makes 6 servings.—*J. P., Palo Alto, Calif.*

Salad tray supper

On a warm June day you may elect serve this cool, satisfying meal on t patio. But it will also pack and tra easily to a park or picnic site.

Oriental Chicken Salad
Sesame Seed Dressing
Crusty Rolls **Butter**
Raspberry Cream Cheese Crisps

Arrange the chicken and vegetables a large serving tray and prepare dressing early in the day. Cover and c both until needed. Just before servi add to the tray the avocado and pe slices. Let each person assemble a dress his own salad. You can also up and serve the dessert in the same w from another help-yourself tray.

Oriental Chicken Salad. To serve 4 t people you'll need 2 to 3 whole chic breasts (about 2 to 3 lbs.). Simmer chicken in a small amount of sa water until just tender when pierced, 5 to 20 minutes. When cool enough handle, discard skin and bones and br meat into large chunks. Arrange chicken on a large lettuce lined serv tray. Rinse 6 to 8 ounces fresh b sprouts and drain well (or blanch sprouts for 1 minute in boiling wa rinse in cold water, and drain). Dr 1 can (5 or 6 oz.) water chestnuts slice. Arrange bean sprouts and wa chestnuts on tray with chicken. (T much can be done ahead; chill.)

Just before serving add 2 ripe avoca

DARROW M. WATT

Supper salad tray *of peaches, water chestnuts, almonds, chicken, avocado, bean sprouts*

The Pacific has always had a special meaning for us.

Korin Ogata was only one of many Japanese artists held spellbound by it, demonstrating in this now priceless work how completely the Japanese spirit and the fathomless expanse of ocean are fused. Created some 250 years ago, Ogata's work shows how, even in everyday household items, the all-embracing ocean has impressed itself upon this land and its people.

This July in Tokyo, there will be still another rendering of The Pacific when a thirty-story hotel of great charm and beauty is unveiled.

The Pacific will soar up from an extensive, tranquil Japanese garden that was once the preserve of the Imperial family.

It will offer 1,000 elegant guest rooms and suites, and will provide 15-minute access to all of Tokyo. It will offer six lavish restaurants, five convivial lounges and bars, a swimming pool, a shopping arcade, and all those personal little attentions that have made Japanese hospitality famous.

If you plan to be in Tokyo anytime after July 27, we think The Pacific is the kind of hotel that will have special meaning for you also.

ed Inkstone Box by Korin Ogata (1658–1716), National Treasure: The Tokyo National Museum

Tokyo's Most Prestigious Hotel *Opening July 27, 1971*

The PACIFIC

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See a cocktail waitress sing when the spirit moves her.

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When we opened the Five Crowns in Corona del Mar, we knew it would loosen a few inhibitions. Because it's not your usual restaurant. It's a faithful reproduction of England's oldest, merriest inn.

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You'll never get bored with Lawry's.

peeled, seeded, and thinly sliced; 2 or peaches, peeled and sliced; and ⅔ cu toasted whole blanched almonds. (D avocado and peach slices in lemon jui to prevent discoloration.)

Sesame Seed Dressing. In a small bo combine ¼ cup olive oil, 1 tablespoo *each* lemon juice and honey, 2 tabl spoons toasted sesame seed, 1 teaspoo curry powder, 1 cup sour cream, a salt and pepper to taste. Cover and ch several hours to blend the flavors.

Raspberry Cream Cheese Crisps. For to 6 servings you'll need 1 to 1½ cu fresh raspberries, sweetened to taste: package (3 oz.) cream cheese, at roo temperature; and about 1½ to 2 doz ginger wafers or ginger snap cooki Let each person spread a small amou of cream cheese on a ginger wafer a top with berries. Eat out-of-hand.

Father's Day feast

You can let the children help prep this special dinner for Father's Day.

Mixed Green Salad or Caesar Salad
Roast Leg of Lamb with Bing Cherry Sauce
Buttered Fresh Green Beans
Dinner Rolls Butter
Cheesecake or Shortcake with Strawberr

Depending on the age of your helpe they can do all or part of the salad, p haps mixing the greens at the table w a favorite dressing, or making a Caes salad (see page 110 of the Febru 1971 *Sunset*). Then let other will hands prepare the fruits and beans.

For dessert try the Lemony Cheesec on page 147 or serve shortcake hea with sweetened strawberries.

Roast Leg of Lamb with Bing Cherry Sauce

- 5 to 5½ pound bone-in leg of lamb
- ½ cup orange juice
- ¼ cup lemon juice
- ¼ cup brown sugar, firmly packed
- 1 teaspoon prepared mustard
- ⅛ teaspoon allspice
- 1 tablespoon *each* cornstarch and water
- 1½ cups Bing cherries, pitted
- Salt and pepper to taste

Place lamb on a rack in a roasting p fat side up. Roast in a 325° oven about 2 hours or until a meat therm eter inserted in center (not touch bone) registers 160°. Remove lamb t warm serving platter; keep warm. Sk fat from pan drippings; discard fat.

Meanwhile in a saucepan heat the ora juice, lemon juice, sugar, mustard, spice, and pan drippings. Blend co starch with water and stir in; co stirring until thickened. Add cher season with salt and pepper; cool minute. Serve with lamb. Serves 6 t

—*H. N., San Francisco.*

end cold pool blues

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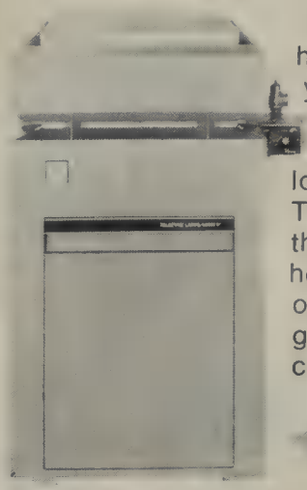

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Plump cherries with the veal

The rich, winelike flavor of warm plump cherries distinguishes this de cately seasoned veal sauté. Although t entrée must be cooked just before se ing, you can gracefully fit it into a sm dinner party menu if the various e ments are measured and assemb ahead: chops seasoned and flour mushrooms sliced, cherries pitted, a almonds toasted. The meat requires casional attention while browning, a the sauce goes together quickly.

Veal Sauté with Fresh Cherries

- 2 pounds veal loin chops each cut about ¾-inch thick (4 large or 8 small chops)
- ⅛ teaspoon nutmeg
- Salt, pepper, and flour
- 4 tablespoons butter or margarine
- ½ pound mushrooms, thinly sliced
- 3 tablespoons brandy
- ½ cup whipping cream
- 2 cups fresh sweet cherries, pitted
- ¼ cup toasted sliced almonds (directions follow)

Sprinkle chops with nutmeg and sea lightly with salt and pepper. Coat ch in flour and vigorously shake off exc Melt 2 tablespoons of the butter in wide frying pan over moderately heat and cook chops about 12 minu browning well on all sides. Tran chops to another container and keep in a warm (100° to 150°) oven. M about 1½ tablespoons of the remain butter in the frying pan and add mushrooms and cook over mode heat, stirring, just until limp.

Pour in the brandy all at once and mediately set aflame. Add cream cook over highest heat, stirring o sionally, until liquid is reduced abou and sauce is thickened. Pour juices have drained from chops into boi sauce and continue cooking until s is as thick as it was before; arra chops on a platter and pour over t the mushroom sauce, scraping the well. At once melt the remaining tablespoon of butter in the same fr pan on highest heat; add cherries swirl about just until warmed. Pour alongside the chops, and sprinkle toasted almonds over meat and f Makes 4 servings.—*C. S., East Alto, Calif.*

Toasted Sliced Almonds. Toast ¼ sliced almonds, spread out on a ba sheet, in a 350° oven for 3 to 5 min or until golden; shake occasionally.

Hotpoint

SUMMER BONUS BUYS

These four great buys can take the heat off your budget.

For a limited time. Hotpoint is making available to its dealers 13.7 cubic-foot refrigerators equipped with an automatic ice-maker at less than half the price that this additional feature would normally cost. Enjoy big 13.7 cubic-foot capacity, 4 refrigerator and 2 in-the-door shelves, twin slide-out crispers, plus dairy storage and interior light. Model CTF14FL. **$348.00***

A self-clean oven that saves you time and work. The self-clean oven cleans itself automatically, electrically. Enjoy the convenience of infinite-heat surface unit controls, oven timing clock, small-appliance outlet and full-width cook-top lamp. It's a lot of convenience all in just 30" of space. Model RB745. **$348.00***

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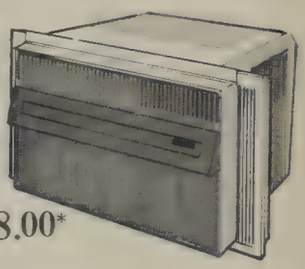

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To celebrate with strawberries . .

The glory of strawberries is the crowning touch in these elegant European-style desserts. Each is a work of art, yet is assembled in easy steps.

The pastry bases can all be made at least a day ahead; two require special pans readily available in cookware shops. The fillings and toppings go together quickly. We suggest you hold the finished tarts no longer than 4 hours before serving to present the fruit at its best; however, leftovers are still good.

Jelly-glazed berries stand out dramatically on the smooth pastry cream base.

Parisian Strawberry Tart

- ½ can almond paste (half an 8 oz. can)
- 1 egg white (reserve yolk)
- 1 tablespoon soft butter
- 2 tablespoons powdered sugar
- Tart pastry shell (recipe follows)
- Pastry cream (recipe follows)
- About [illegible] large whole strawberries washed, hulled, and drained well
- About ½ cup red currant jelly
- 1 teaspoon kirsch or Cointreau

With a heavy spoon, beat the almond paste with the egg white, butter, and powdered sugar until creamy and well blended. Spread paste over the inside of the tart pastry shell. Spread pastry cream evenly in tart. Cover and chill for about 15 minutes.

Arrange strawberries, tips up, in the cream. In a small pan, warm the jelly and kirsch, stirring, until smooth and liquid. Spoon or brush jelly over berries to glaze them evenly. Chill tart for about 15 minutes to set glaze or for as long as 4 hours. Remove pan rim and cut in wedges with a sharp knife to serve. Makes 10 to 12 servings.

Tart Pastry Shell. In a bowl combine 1½ cups unsifted regular all-purpose flour, 2 tablespoons sugar, and ⅛ teaspoon *each* salt and baking powder; stir to blend. Add 6 tablespoons (3 oz.) butter, cut in pieces. Rub mixture with fingers until uniformly blended. Beat 1 egg yolk (reserved from almond paste mixture) with 2 tablespoons water and stir into pastry with a fork until evenly moistened.

With your hands form dough into a compact ball, flatten slightly, and roll out on a floured pastry cloth or board to fit an 11-inch tart pan with a removable bottom. Fit pastry into pan; fold excess dough down into pan to make top edge flush with rim. Prick all over with a fork and bake in a 400° oven for 12 to 15 minutes or until a light, golden brown. Cool on wire rack. Package airtight in pan if made ahead.

Pastry Cream. In a saucepan mix ⅓ c sugar with 1 tablespoon cornstarch ⅔ cup milk. Bring to a boil, stirr until thickened, translucent, and smo Remove sauce from heat and at o stir in 1 egg yolk (save white for o uses). Flavor the sauce with 1½ ta spoons kirsch or 1 teaspoon van Cover pan and chill sauce. Whip cup heavy cream until stiff and fold cooled sauce.

A cooked strawberry base topped fresh strawberry halves provides a lightful flavor and texture contras this dainty dessert.

Anise sugar, which flavors the pastr an imported product sometimes av ble in fancy food shops; crush to a powder before using.

Or you can make anise sugar in manner: Whirl ½ teaspoon anise in a blender or crush in a mortar a pestle to make a fine powder. B with ¼ cup unsifted powdered su cover tightly, and let stand 2 or 3 h or overnight; sift through a fine strainer before using.

DARROW M. WATT

Tarts and tortes, *clockwise from the left: Parisian Strawberry Tart, Salzburg Strawberry Torte, and Lombardy Strawberry Tart*

ıree glorious ways to go

bardy Strawberry Tart

About 4 cups strawberries, washed, hulled, and drained well
About ½ cup sugar
2 tablespoons *each* cornstarch and lemon juice
Butter pastry shell (recipe follows)
About ¼ cup peach jam
Anise sugar (directions at left)

side 2 cups of the prettiest whole es. Mash remaining 2 cups berries ely. Blend ½ cup sugar with corn- ı and add to mashed berries along lemon juice; taste and add more if desired. Bring to a boil, stirring, :ook until thickened and clear. Set until slightly cooled, then pour ɔutter pastry shell and chill; it takes 1 hour.

he remaining berries in halves and ge on surface of cooled berry fill- Force peach jam through a wire er and heat until bubbling, stirring. jam on berry halves to glaze them. tart until ready to serve, as long as ırs. Just before serving remove pan nd sift about 2 tablespoons of the sugar over tart. Serves 6 to 8.

r Pastry Shell. Mix 1 cup unsifted ır all-purpose flour with 2 table- ıs of the anise sugar. Add 6 tablespoons (3 oz.) butter, cut in pieces, and rub mixture between fingers until of uniform consistency. With a fork stir in 1 egg yolk, then form dough into a ball with your hands. Press dough evenly over bottom and ½ inch up the sides of a 9-inch removable botton pan (cake, tart, or cheesecake pan).

Bake in a 300° oven for 30 minutes or until pastry is golden brown. Cool in pan on a wire rack. Package airtight in pan if made ahead.

A sponge cake base bakes in a special pan and when turned out creates a frame for the multilayer filling.

Salzburg Strawberry Torte

1 small package (3 oz.) cream cheese
5 tablespoons sugar
2½ tablespoons kirsch (or 1 teaspoon vanilla and ½ teaspoon grated lemon peel)
⅓ cup whipping cream
Rimmed sponge cake (recipe follows)
About 4 cups whole strawberries, hulled, washed, and drained
1 teaspoon unflavored gelatin
2 tablespoons cold water
1 teaspoon lemon juice

In the small bowl of an electric mixer beat cream cheese with 2 tablespoons of the sugar until creamy. Beating at high speed, mix in 1½ tablespoons of the kirsch (or ½ teaspoon *each* vanilla and lemon peel), then slowly pour in the cream and beat until mixture is stiff like whipped cream. Spread cream cheese mixture evenly in the inverted area of the rimmed sponge cake. Finely crush or whirl in a blender enough berries to make ⅔ cup. Cut the remaining berries in halves and arrange attractively on the cheese layer. Keep cool while preparing the glaze.

Soften gelatin in cold water for about 5 minutes; add the ⅔ cup berry purée, remaining 3 tablespoons sugar, and lemon juice. Heat, stirring, until simmering, then force through a fine wire strainer; discard seeds. Flavor with remaining 1 tablespoon kirsch or ½ teaspoon vanilla. Set pan of glaze in cold water and stir until it just begins to thicken. Spoon glaze over the berries on cake (if glaze gets too thick, warm slightly until of spooning consistency). Chill for about 1 hour for glaze to set; cover lightly and refrigerate as long as 4 more hours before serving. Cut in wedges. Makes 10 to 12 servings.

Rimmed Sponge Cake. Rub together until of uniform texture 3 tablespoons *each* ground almonds or filberts and vanilla wafer crumbs (whirl nuts and cookies in a blender until of flourlike texture), 2 tablespoons butter or margarine, and ¼ cup firmly packed brown sugar.

Heavily butter and dust with flour a 11 to 11½-inch tart pan with base that forms a cup or well when pan is inverted. Evenly press the nut crumb mixture over the flat center of pan base (not down into rim).

With an electric mixer beat 2 eggs until foamy; mixing at high speed, gradually add 1 cup sugar and beat until thick. Stir in 1 cup unsifted regular all-purpose flour and 1 teaspoon vanilla. Quickly bring ½ cup milk and 1 tablespoon butter or margarine just to simmering; at once blend the hot milk mixture with the cake batter.

Pour batter into prepared tart pan. Bake on the lowest rack of a 350° oven for 25 to 30 minutes or until cake springs back when lightly touched in the center; cool in pan on wire rack for 5 minutes. Ease edges free and invert onto a serving plate to cool completely; package airtight if made ahead. □

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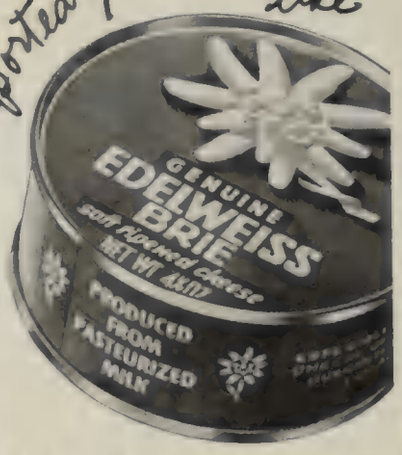

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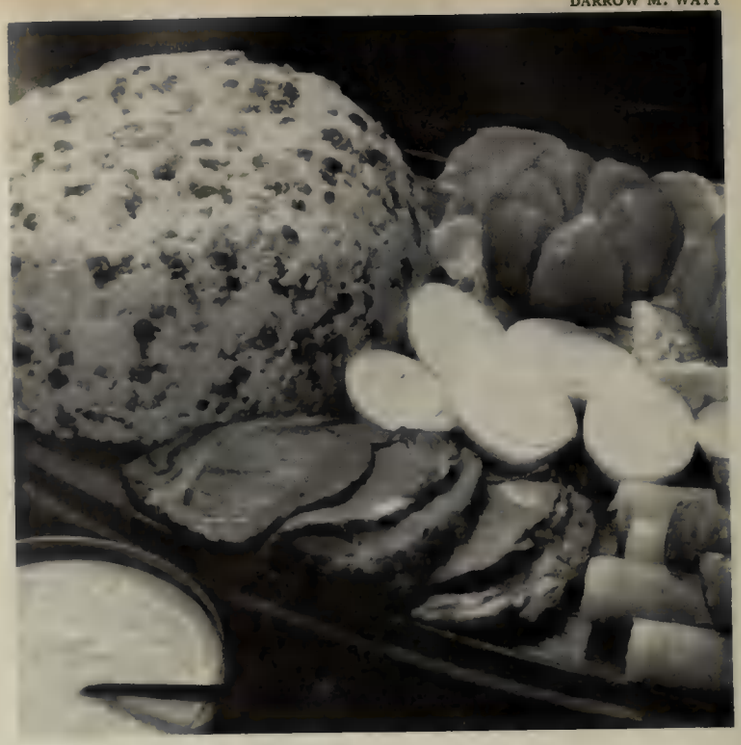
DARROW M. WATT



Rice salad *mound on tray with eggs, tomatoes, cold beef, ham, salami*

Make-ahead meat and salad trays

During warm weather it helps to keep meals simple, preparing as much as possible in the cool of the morning. One good answer is to serve a combination salad and meat tray. These salad entrées involve little last minute preparation and will admirably suit special occasions like an afternoon luncheon or patio supper.

Meats to accompany either salad might include cold roast beef or lamb, ham, salami, or sliced corned beef.

Curried Rice Salad Tray

- 6 cups cooked rice
- 1 package (10 oz.) frozen peas, cooked and drained
- 1 cup thinly sliced celery
- ⅔ cup chopped green pepper
- 1 cup chopped green onions
- 1 cup sour cream
- 1 carton (8 oz.) yogurt
- ½ cup Major Grey - type chutney
- ½ teaspoon salt
- ½ to 1 teaspoon curry powder (to taste)
- About 3 pounds cold sliced meat
- 4 large tomatoes, peeled and sliced or cut in wedges
- 6 to 8 hard-cooked eggs, chilled and cut in halves or quarters
- Lettuce leaves

In a large bowl mix the rice, peas, celery, green pepper, and green onions. In a blender jar combine the sour cream, yogurt, chutney, salt, and curry powder. Whirl in the blender until chutney is cut fine. Mix part of the dressing with the rice mixture, just enough to moisten and hold the ingredients together. Pack the rice into a 3-quart bowl, cover, and chill at least 1 hour. Just before serving, unmold the rice on a large serving t (just invert the bowl; the rice will out, holding the shape of the bowl). Arrange cold sliced meat, tomat hard-cooked eggs, and lettuce le around the rice salad. Serve remai dressing in a bowl to be eaten with meat, tomatoes, eggs, and salad. M about 12 servings.

Dilled Potato Salad Tray

- 1½ quarts cubed cooked potatoes (about 6 large potatoes)
- ¾ cup *each* yogurt and sour cream
- 1 teaspoon *each* dill weed, sugar, prepared mustard, celery seed, and salt
- 1½ cups sliced celery
- 1 cup *each* chopped green onions and sliced radishes
- ½ cup chopped parsley
- 6 hard-cooked eggs, shelled
- About 2 pounds cold sliced meat
- Pickles and olives

Put the potatoes in a large bowl. small bowl mix well the yogurt, cream, dill weed, sugar, mustard, c seed, and salt; pour over the pota Stir gently to coat the potatoes with d ing. Cover and refrigerate until ch several hours or overnight. Shortly fore serving add the celery, green ions, radishes, and parsley to the toes. Dice 4 of the eggs and add t salad; mix carefully.

Pile the salad in the center of a serving tray. Slice the remaining and arrange with meat, pickles, olives around salad. Makes abou servings.

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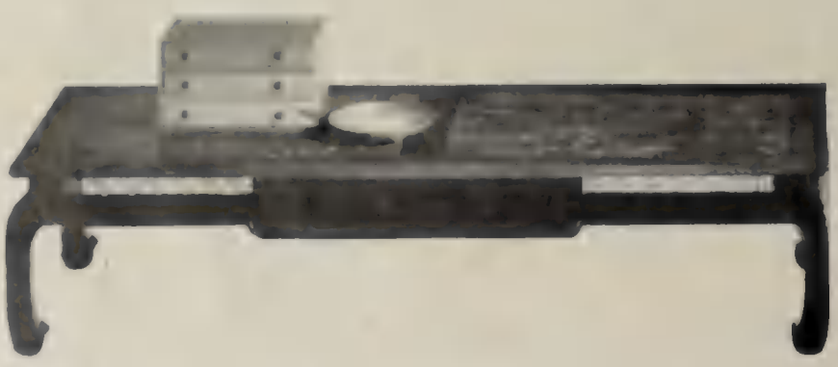

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Seafood Stroganoff

- 1 to 1½ pounds salmon steaks or fillets (or Greenland turbot, thawed)
- ¼ cup (⅛ lb.) butter or margarine
- 1 medium-sized onion, thinly sliced
- ¼ pound mushrooms, sliced
- 1 can (about 14 oz.) pear shaped tomatoes
- ½ teaspoon salt
- 1 teaspoon Worcestershire
- 1 tablespoon *each* lime juice and catsup
- ½ pound medium-sized raw shrimp, shelled and deveined
- 1 cup sour cream
- 2 tablespoons flour

Remove any bone or skin from fish cut into bite-sized pieces; set aside. the butter in a 10-inch frying pan o medium high heat. Sauté the onion, ring, until golden; add mushrooms mix until butter-coated. Add the to toes, salt, Worcestershire, lime ju and catsup; crush tomatoes with a spo Cook, stirring, until liquid is redu and about as thick as heavy cream. in shrimp; cover and simmer 1 minu Then stir in fish and simmer for 2 m utes more. Blend sour cream with fl until smooth; stir into fish mixture cook, stirring, until it boils and th ens. Makes about 6 servings.—*R. Los Altos, Calif.*

DARROW M. W

Salmon, *shrimp, mushrooms, and onic go into tomato - sour cream sauce*

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he meatballs and sauce in sep- owls and keep warm side by side ırming tray or with candle warm- e picks to spear the meatballs and m in the sauce. With occasional , the sauce stays creamy for at hours.

ight ask your meatman to grind ı and pork for you, trimming off cess fat before grinding. Or you put the meats through a food r with a fine blade.

alls in Cheese Dip

ounces Liederkranz or Camembert cheese, well chilled
ablespoons butter or margarine
up coarsely chopped onion
ound boneless fully-cooked ham, ground
ound boneless lean pork, ground
up *each* milk and fine dry bread crumbs
ggs
ablespoons flour
up water
up dry white wine
easpoon chicken seasoned stock base or 1 chicken bouillon cube

paring knife, scrape and discard ı outside crust from the cheese; e cheese.

ıall saucepan over medium high elt the butter; add the onion and ıtil golden, about 4 minutes. Re- rom heat and, with a slotted ransfer onions to a bowl; reserve n pan. Add to the onions the ork, milk, bread crumbs, and Mix together with your fingers ended. Shape into 1-inch balls about 1 inch apart on greased baking sheets. Bake in a 500° ırning as needed to brown well sides, about 7 to 10 minutes. into a small serving bowl and arm while you make sauce.

flour into reserved butter; stir dium high heat until bubbly. Re- rom heat and gradually stir in nd wine. Add chicken stock base k, stirring, until the mixture boils ckens; remove from heat. Add ınd stir until it melts. Pour into ıg bowl and keep warm. Makes 5 dozen meatballs.—*J. C., Los ills, Calif.* □

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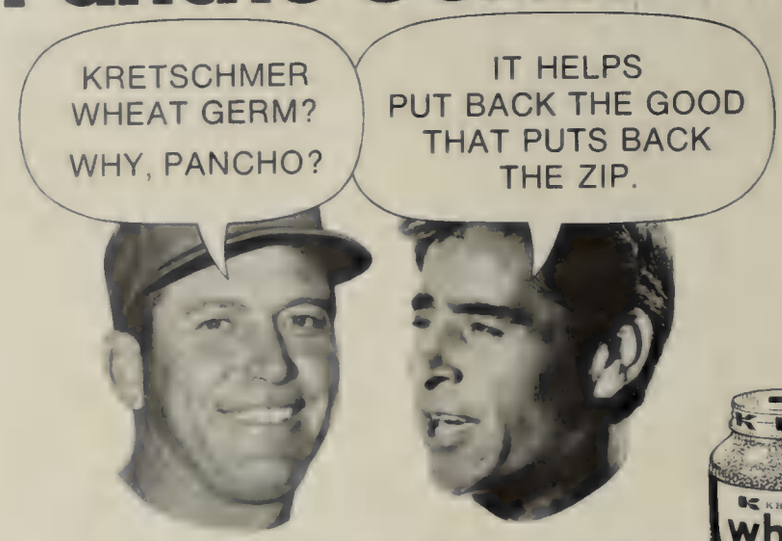

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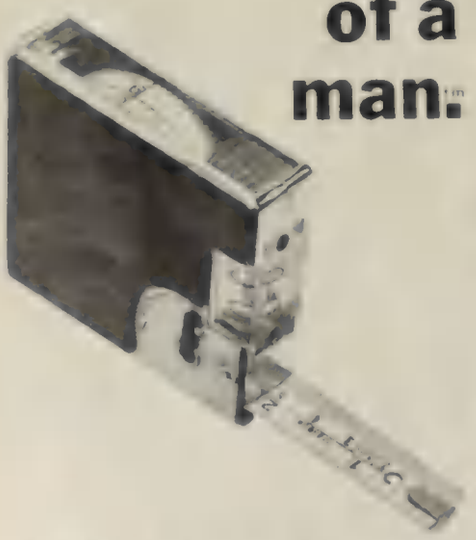

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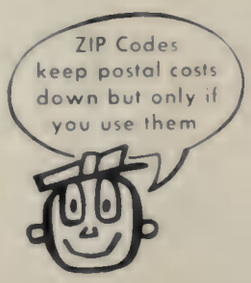

DARROW M. WATT

Chicken-orange *salad on cantaloupe wedges makes summery main course*

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Chicken-Cantaloupe Salad

- 2 pounds chicken breasts (about 2 whole breasts)
- Boiling, salted water
- 2 cups thinly sliced celery
- 1¼ cups slivered almonds (about 5 oz.)
- 2 cans (11 oz. *each*) mandarin orange sections, drained
- ¾ cup *each* sour cream and mayonnais
- 3 tablespoons finely minced preserved ginger
- 2 tablespoons lemon juice
- ½ teaspoon salt
- 1 teaspoon grated orange peel
- Dash nutmeg
- 3 medium-sized cantaloupes, well chill

Simmer the chicken breasts in a amount of salted water until tend to 20 minutes. Drain and cool, th move skin and bones; cut meat in sized pieces. In a large bowl, co the chicken, celery, almonds, and o sections. In a small bowl, blend th cream, mayonnaise, ginger, lemon salt, orange peel, and nutmeg. Mi enough of the dressing with the ch mixture to bind the ingredients; and chill the dressed salad and re ing dressing.

Just before serving, cut each canta into thirds and scoop out seeds. some of the chicken salad over wedge. Pass additional dressing small bowl. Makes 9 servings.

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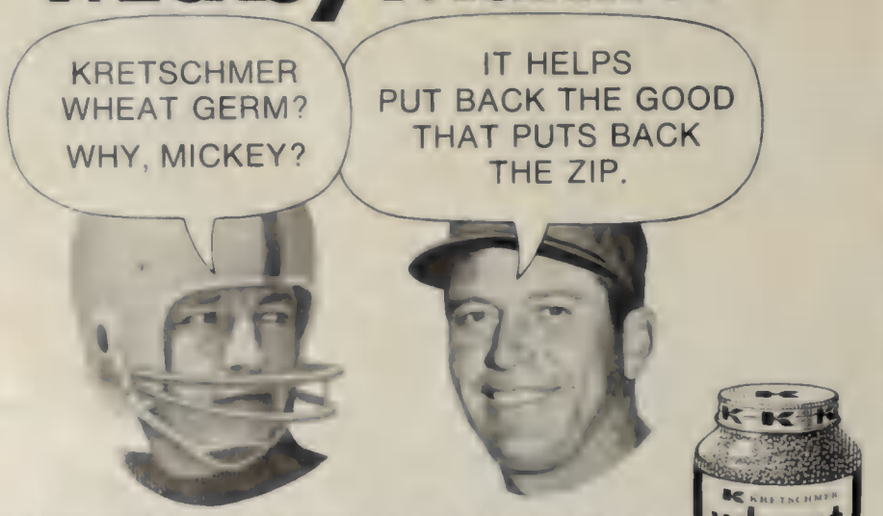
John Unitas caught the wheat germ from Mickey Mantle.



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im International Multifoods

DARROW M. V

Cantaloupe and shrimp *salad is to with lemon dressing and macadamia*

Putting fruit an seafood together

The combination of fruit and seafo refreshing and eye-catching in these summer salads. Either makes a stri entrée for a luncheon or light supp Both salads can be assembled well in vance and chilled.

The salad featuring melon balls shrimp (pictured above) is enhance cumin-spiked dressing and nuts.

Cantaloupe and Shrimp Bowl

- 2 medium-sized cantaloupe
- 1 cucumber
- ½ cup sliced celery
- ¾ pound cooked and shelled small shrimp
- Butter lettuce
- Lemon dressing (recipe follows)
- ⅓ cup chopped macadamia nuts or toasted slivered almonds

Cut cantaloupe in half and scoop the seeds. Use a melon ball cutte scoop fruit into balls. Slice the cu ber thinly. Mix together the melon cucumber, celery, and shrimp. Li salad bowl with lettuce leaves and s in the salad. Pass bowls of lemon d ing and nuts. Makes 4 to 6 serving

Lemon Dressing. Mix together ¼ *each* mayonnaise and sour cream, 2 spoons lemon juice, 1 teaspoon *each* pared horseradish, Dijon-style mus and grated lemon peel, and ¼ teas *each* salt and ground cumin.

In the second colorful platter arr ment, a pyramid of rice sala

SU

How to live a cleaner life.

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surrounded by pineapple, papaya, cooked shrimp, and sole fillets.

Indonesian Salad Tray

- 8 small sole fillets (about 1½ lbs.)
- 16 medium-sized raw shrimp
- 1½ cups water
- 1 tablespoon lemon juice
- ¼ teaspoon salt
- 1 bay leaf
- 4 tablespoons olive oil
- 2 tablespoons lime juice
- 3 cups cold cooked rice
- ⅓ cup *each* finely chopped green onions and parsley
- 1 small pineapple
- 1 papaya
- Butter lettuce or romaine
- 1 lime, cut in wedges
- Chutney dressing (recipe follows)

Roll up sole fillets and fasten w toothpick. Shell and devein shrimp. in a large frying pan (with cover water, lemon juice, salt, and bay bring to a boil, add sole and shrimp simmer 5 minutes or until the sole white and shrimp is pink. With a sl spoon remove the fish rolls and sh and let cool.

Combine olive oil and lime juice spoon half of it over the fish and sh Mix the rice with the green onion parsley and spoon over remainin and lime juice. Chill fish and rice mi separately at least 1 hour.

Peel and slice pineapple ½ inch removing core. Peel and halve pa scoop out seeds, and slice. To serv range greens on a large serving Mound rice in the center, arrange apple slices around it, and cover with a fish roll, shrimp, and papaya Garnish with lime. Pass chutney ing. Serves 8.

Chutney Dressing. Measure ⅓ cup Grey-style chutney; finely chop the pieces. Stir into the chutney ¼ cup onnaise, ⅓ cup sour cream, 1 table *each* chile sauce and lemon juice, spoon grated lemon peel, and spoon ground ginger.

Popcorn flavored with onion soup mi

To transform popcorn into a s cial snack, flavor it with dry on soup mix and melted butter.

Put about 2½ quarts popcorn i a large bowl. Pour 1 package onion soup mix (amount for 3 4) into small bowl; stir with f to distribute ingredients ever Melt ¼ cup butter in a pan: in 3 tablespoons soup mix. P over popcorn and mix with forks to combine thoroughly. Se at once. Makes 2½ quarts.—Z. *Boulder Creek, Calif.*

This is the ham that's hickory smoked to taste like real ham should.

Ordinarily canned hams n't smoked. But Rath ms are—with genuine, rdwood hickory, no less. Rath believes a ham you y in a can should be re than just a boneless, nless, easy-to-carve nvenience. It should smoked with hickory, grant with hickory ht down to its lean k center.

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Borscht . . . icy cold and colorful

Bold in color and flavor but shy in calories, these two wholesome versions of fresh beet borscht are served icy cold. Chicken-flavored stock base supplements the broth of the brilliant-hued vegetable soup. Sour cream, the traditional and appropriate final fillip for each bowl, is added according to the discretion of each person.

You might want to serve borscht as a first course for dinner; it readily fills the role of salad as well as soup.

Or for memorably simple and satisfying summer lunches you might make a borscht to keep in your refrigerator to serve for several occasions. One day the soup might accompany sandwiches of dark bread thickly filled with thin slices of pastrami or corned beef; another day the borscht might precede omelets.

The recipes are quite similar, but the results are distinctive. In the first, beets and their tender tops combine with onion and potato; the flavor is lighter than the second soup which is mellowed and delicately sweetened by the addition of Swiss chard.

As the beets cook they fade to a p shade, but the color is reabsorbed cooling. The sweet-piquant flavor more pronounced in the cold so therefore you should make the final s soning adjustments after the soup chi

Beet Borscht

5 or 6 large beets with leafy tops
1 large onion
10 cups water
4 tablespoons chicken seasoned stock base (or 10 chicken bouillon cubes)
1 large potato
8 to 10 tablespoons lemon juice
1 to 1½ tablespoons sugar
Salt
Sour cream

Trim the fresh, tender looking lea from beet stems, discarding stems coarse leaves. Wash tender leaves drain well; then chop them. Peel b and shred coarsely; you should have 6 cups. Peel and shred the onion combine beet tops, beets, and onion a large kettle; add water and chic stock base and bring to a boil. Co and simmer soup for 15 minutes. Peel potato and cut in ½-inch cubes; add soup and cook another 15 minutes. 6 tablespoons of the lemon juice an tablespoon of the sugar; chill soup th oughly. Taste cold soup and add sal needed and as much more of the le juice and sugar as you need to achi the sweet-sour flavor balance you pre Cover and chill for as long as a w Ladle into bowls and add sour cr as desired. Makes about 3 quarts.

Beet Borscht with Swiss Chard

5 or 6 large beets
1 large onion
10 cups water
4 tablespoons chicken seasoned stock base (or 10 chicken bouillon cubes)
1 pound Swiss chard
8 to 10 tablespoons lemon juice
1 to 1½ tablespoons sugar
Salt
Sour cream

Peel beets, discard beet tops, and s beets coarsely; you should have 5 t cups. Peel and shred onion and com with beets, water, and chicken s base in a large kettle. Wash chard trim base of stems, then cut stems from leaves. Chop stems and add beets. Bring to a boil; cover and sim for 20 minutes. Chop the chard le fine and add to soup; simmer, cove for 10 minutes. Remove from heat add 6 tablespoons of the lemon juice 1 tablespoon of the sugar.

Chill soup thoroughly, then taste add salt as needed and as much of lemon juice and sugar as you nee achieve the sweet-sour flavor bal you prefer. Keep covered for as lon week in the refrigerator. Ladle bowls and add sour cream as des Makes about 3½ quarts.

Just add people and serve.

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DARROW M. WATT

Shrimp filling *tops flaky puff pastry squares*

Hot shrimp puffs ... easily made

Golden puff pastry squares topped with a Sherry-flavored shrimp filling make excellent hors d'oeuvres. And the flaky pastry is simply made using frozen ready-made puff pastry shells. Remember that the dough can withstand a considerable amount of rolling, but shaping and cutting must be exact for the squares to rise correctly.

Our recipe includes directions for making and freezing these shrimp puffs, so they're ready to heat just before serving when the occasion arises. Or you can make and bake them right away.

Shrimp Cheese Puffs. Remove patties from 1 package (10 oz.) frozen puff pastry shells; place on a lightly floured board or pastry cloth in two rows side by side with edges firmly touching (see photograph below); let thaw.

To make the filling, melt 3 tablespoons butter or margarine in a saucepan over medium heat. Add 3 tablespoons flour and ¼ teaspoon salt; stir until bubbling. Remove from heat and gradually stir in ½ cup half-and-half (light cream) and ¼ cup dry Sherry; return to heat cook, stirring, until mixture boils thickens. Remove from heat and in 1 cup shredded Cheddar chee teaspoon Dijon-style mustard, an pound cooked, shelled, and dev shrimp, finely chopped; let mixture to room temperature.

To shape dough, lightly brush su of patty shells with flour and roll t inch thickness. If holes form, ov dough and continue rolling into a sheet; the shape might be quite irre

Fold the 2 ends of the pastry ove center, overlapping to make 3 equa ers. Lift the unfolded edges up and the pastry, so that the edges meet center of the pastry. Turn this shaped rectangle over onto the f side and roll on a floured surfa make a rectangle slightly larger th by 12 inches; the dough is springy ing a floured knife with a long st blade (such as French knife), trim try to a 10 by 12-inch rectangle; knife straight down instead of dr it through dough (which makes edges that do not puff well). Cu rectangle in 2-inch squares. Place so about 1 inch apart on ungreased b sheets. Bake in a 425° oven for 12 utes or until a rich even brown.

Using heatproof mitts to protect h

Fold *rolled dough into neat rectan*

split each pastry square in this wa sert tines of a fork at each corner sides of pastry, gently pulling ap any become too brittle to split r return to oven to warm slightly.

Place pastry halves, split side u baking sheet and top each with spoons of the cheese-shrimp mi sprinkle lightly with paprika. If making them ahead, freeze puffs baking sheet. When solidly frozen fully wrap airtight.

To serve, remove puffs from fr arrange in single layers on cooky or stainless steel serving platter heat in a 400° oven for 15 m (about 8 minutes if not frozen) o hot. Makes 60 canapés.

Roll out *the defrosted pastry shells*

Chocolate cake, clouds, charlotte

ease lovers of chocolate, consider f these three confections.

ne-layer almond cake is a deep ocolate that's finished with a shiny French charlotte combines butter- with ladyfingers in a cold mold. late clouds are meringue cookies ase both children and adults.

d Chocolate Cake

ounces unsweetened chocolate
cup (¼ lb.) butter or margarine, softened
cup sugar
eggs
teaspoons rum
About 3 ounces blanched almonds
cup regular all-purpose flour (unsifted)
teaspoons *each* cocoa and baking powder
teaspoon salt
Dark chocolate frosting (recipe follows)

chocolate over simmering water. an electric mixer cream together tter and sugar until light-colored. ggs one at a time, beating well ach; stir in chocolate and rum.

almonds in blender or grind in nder until evenly fine-grained and y; you should have ¾ cup. In a tir together the almonds, flour, baking powder, and salt; add to ate mixture and fold to combine.

atter into a greased and flour- 9-inch cheesecake pan or remov- ttom layer cake pan; bake in a ven for 55 minutes or until a serted in center comes out clean. ightly, remove pan sides, and cool pread frosting on top and sides; ntil set. Serves 8.—*S. O., Oakland.*

Chocolate Frosting. In the top of le boiler melt together over sim- water 5 ounces semisweet choco- tablespoon rum, 3 tablespoons rn syrup, and 1 tablespoon but- until smooth. Remove from hot and beat until thick enough to (set back over hot water briefly comes too thick).

Buttercream Charlotte

ackage (4 oz.) ladyfingers
ablespoons rum
unces unsweetened chocolate
up (¼ lb.) butter (softened)
up sugar
ggs
easpoon vanilla
hipped cream (optional)

dyfingers, place in a single layer, inkle with the rum; set aside.

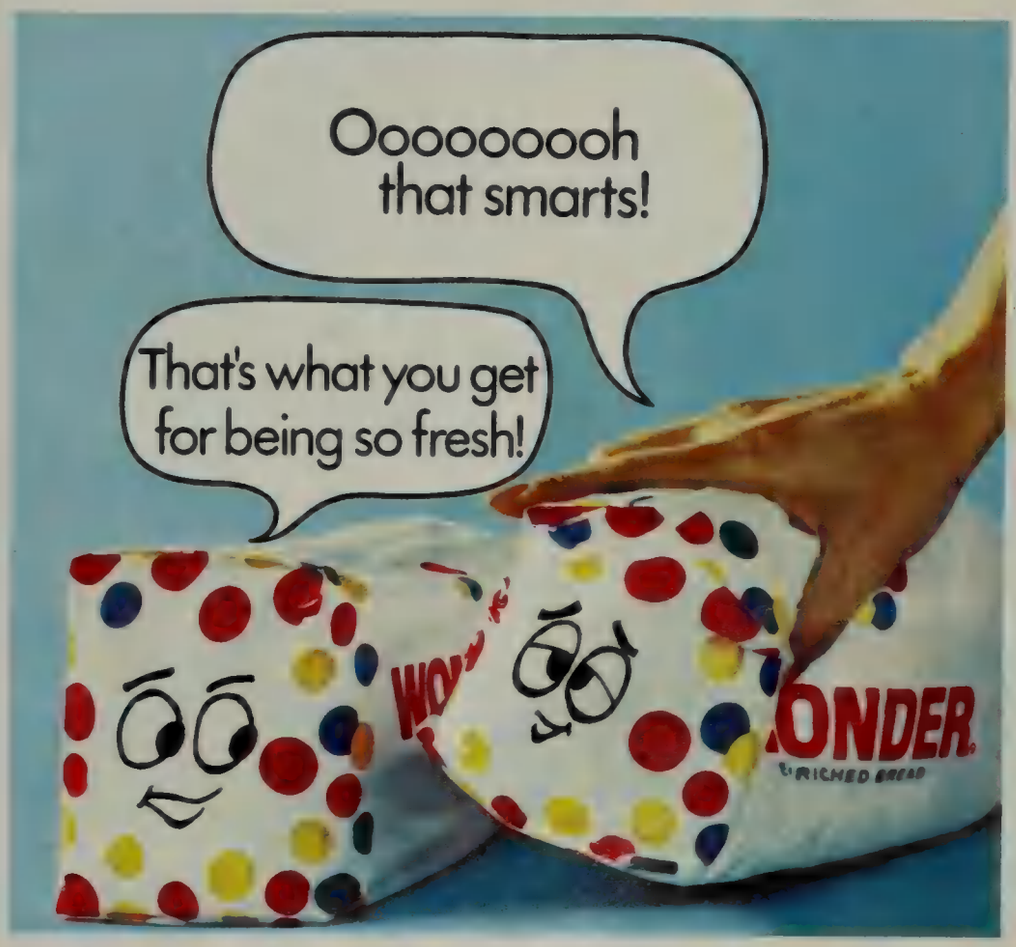
ocolate over simmering water. In the small bowl of an electric mixer, beat butter and sugar at high speed for 8 minutes. Add eggs, one at a time, beating 2 minutes after each. Stir in vanilla and chocolate.

Lightly butter a mold or bowl of 3½ to 4 cups capacity; line the bottom and sides with ladyfingers. Spoon in half the chocolate mixture; then arrange several ladyfingers in an even layer. Spoon in remaining chocolate mixture and top with remaining ladyfingers in an even layer. Cover and chill well. Invert onto serving plate and top with whipped cream, if desired. Serves 6 to 8.

Chocolate Cloud Cookies

3 egg whites
¼ teaspoon cream of tartar
¾ cup sugar
½ teaspoon vanilla
3 tablespoons cocoa

Combine egg whites with cream of tartar and beat at highest speed until frothy. Add sugar, 1 tablespoon at a time, beating 1 minute after each addition. Add the vanilla and beat for 1 minute more. With a spoon carefully fold in cocoa just until blended. Drop by rounded tablespoonfuls, 1 inch apart, on greased and flour-dusted cooky sheets. Bake in a 300° oven for 10 minutes; then turn off heat (don't open oven door) and let stand 30 minutes, or until firm to touch. Makes 2 dozen. □



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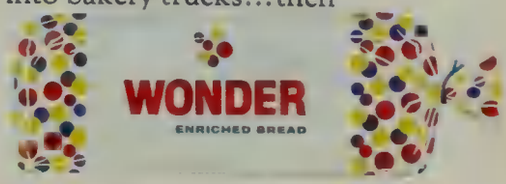

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THE

Western Kitchen

NEWS AND IDEAS

Care of stainless steel sinks

The secret of keeping stainless steel sinks bright and shiny is simple: light but frequent cleaning with a damp cloth, followed by drying with a soft cloth.

For difficult spots and stains that aren't removed by daily cleaning, try ammonia in water, or a solvent (like alcohol, baking soda, vinegar, or turpentine). Follow any of these applications with a thorough washing with detergent and hot water, then rinse, and dry with a soft, clean cloth. For a high polish, apply a mild abrasive cleanser, rubbing in the direction of the polish lines of the sink to preserve the original finish.

A gentle rubdown for a sink should be done with a cloth, soft brush, or a stainless steel pad. On a highly polished, lustrous surface, however, a metal pad is likely to mar the finish. Ordinary steel wool should not be used to clean stainless steel; particles may lodge in the surface and rust.

To eliminate fingerprints on a highly polished surface, apply a commercial glass cleaner, baby oil, or automobile wax. After you remove excess cleaner with a soft cloth, a thin protective film remains. When marks appear wipe them away with a cloth containing some of the cleaner.

Hanging cookware

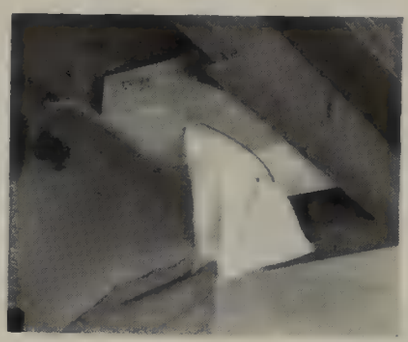
Piece by piece the Stuart Judds of Berkeley acquired handsome kitchen utensils. Mrs. Judd uses them daily, so she wanted them to be handy and on display. The overhead hanging rack does just that. It's placed near the kitchen range and over the wooden counter; the pots, pans, and ladles are easy to reach, but never in the cook's way. Design was by C. J. Chris Hughes.

Sandwich center

Having the toaster, sandwich making area, and a bread drawer on one side of a serving counter makes breakfast and sandwich preparation easier for the Vinton H. Sommervilles of Bellevue, Washington. The toaster is always plugged into an outlet at the back of the slide-out shelf. A cutting board fits over a shallow cutlery drawer for extra working space. The architect was Robert E. Small of Seattle. □

ganizing the telephone area

of a kitchen telephone area was ıp by architect Robert E. Small cabinet for pencils, stationery, ok books, a slot for directories, a light below the slot.



Concealed tissue dispenser

Beneath an overhead kitchen cabinet, architect George B. Domaz of Phoenix designed a slot to hold a small box of cleansing tissue. Two pieces of wood trim hold box in place, out of view.

TO BE DISCONTINUED.

The Freeze-Dried Coffee
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Freeze-dried Coffee. The one that looks,
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And tastes like fresh-perked.
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It may be a great buy, but at Banquet
think a frozen meat pie is also an art.
as to be as good as you'd make yourself
ou started from scratch. A good pie
ore important than a good buy.
Ours aren't just for kids and babysitters.
y, golden pie crusts. Generous fillings
ender chicken, turkey, beef or
. Creamy sauces with good
en-fresh vegetables.
No wonder kids like them.
yone does. Why not put in a supply
anquet meat pies and let
grown-ups in on them too?

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End morning grouch.

*Du

West Point Pepperell

erkraut salad and hearty sandwiches or the first warm weather picnic"

erve it with hearty sandwiches for st warm weather picnic of the sea- *Chef* Hodgson is partial to ham or d beef on rye.

kraut Salad

can (1 lb. 11 oz.) sauerkraut, rinsed and drained
large carrots, shredded
large red onion, minced
large green pepper, seeded and chopped
cup salad oil
cup sugar
cup cider vinegar

he ingredients well and allow to overnight in the refrigerator be- erving. Salad will keep for several nder refrigeration. Makes about) servings.

Harry Hodgson Jr.

Reseda, Calif.

lishes are connected to a definite f day.

at you can't enjoy them at other but pancakes suggest morning, soup the wee hours.

llowing recipe by *Chef* Gary Si- on is a version of the French *monsieur* despite its Italian and to some of us it suggests late and the St. Germain quarter of just as onion soup overwhelm- ings to mind 4 A.M. in Les Halles ce was.

because this cheese-lined version ch toast is one of two choices in levard cafes. When the restau- ut down and you're still hungry, go to a cafe where you have a of *croque monsieur* or hot dogs with French fries (disguised as *saucisses frites*).

Chef Simonarson's version has a number of things to recommend it. He makes his sandwiches quite small so that they would almost do as hors d'oeuvre tidbits, and he adds a touch of oregano to spice them up.

Crostini

8 slices firm white bread
8 ounces mozzarella cheese, sliced
½ cup milk
¼ cup fine dry bread crumbs
¼ teaspoon salt
Dash *each* pepper and paprika
½ teaspoon oregano, crumbled
¼ teaspoon garlic salt
2 eggs, beaten with 2 tablespoons water
About 2 tablespoons butter or margarine

Trim crusts from bread and prepare 4 sandwiches using ¼ of the cheese in each. Cut each sandwich in four pieces.

Dip the edges of each quarter in milk, then in a mixture of crumbs, salt, pepper, paprika, oregano, and garlic salt. Then coat the whole quarter with eggs beaten with water; sauté in butter over low heat until golden brown on both sides. Serve hot. Makes 16 small sandwiches.

Gary Simonarson

Seattle

"Onion soup suggests the wee hours"

Robert F. Stappler follows up a recent article on the Chinese wok (see page 74 of the February 1971 *Sunset*) with his own recipe using that instrument.

Woks are a great deal of fun, but they are also very practical, or the eminently practical Chinese would never have developed them and continued to use them.

If you have no wok, the recipe can be prepared in a frying pan, but consider purchasing the real thing. You'll probably love it, and if you don't it still

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Isn't summer just the perfect time to slim? All those luscious low-calorie fruits and vegetables, like carrots, celery, green peppers and cauliflower to munch on to your heart's content.

But, of course, they just can't provide all the protein and vitamins your body needs. That's why we offer you this special Sego Summer Diet Plan. With Sego Diet Food, liquid or instant, you get a 225-calorie, nutritionally balanced meal—and you get the Very flavors. Very rich, very thick, very tasty—so you never get bored.

Drink Sego four times a day, nibbling in between. Or, replace just one meal and nibble when the afternoon hungries hit. It all depends on how quickly you want to lose.

Have a slim summer!

Suit by Rudi Gernreich

PET

"His own recipe using the wok"

a good wall decoration. A warn-
on't start to cook until all the in-
nts are measured and ready to go
e wok; set them within conven-
ach of the cooking surface.

n and Bell Peppers

tablespoons garlic-flavored oil (recipe follows)
green peppers, seeded and cut into 1-inch squares
can (6 oz.) sliced bamboo shoots, drained
teaspoon grated fresh ginger root (or ½ teaspoon powdered ginger)
whole chicken breasts (about 2 lbs.), boned and cut into 1-inch cubes
cups green onions, cut in 1-inch lengths (including some of the tops)
pound fresh pod peas
pound small fresh mushrooms
tablespoons soy sauce
cup regular strength chicken broth
tablespoons *each* cornstarch and water, blended until smooth
About 3 cups hot cooked rice

k over highest heat until very hot.
tablespoons of the garlic oil.
oil is very hot, add green pepper,
o shoots, and ginger, and stir rap-
r 2 minutes; then remove them
aside.

he remaining 2 tablespoons of
oil. Add chicken and stir quickly
pieces are opaque. Add green
and stir 2 minutes; then return
pepper mixture and add pod peas,
oms, soy, and broth. Cover wok
½ minutes; then remove cover.
ir in cornstarch and water mix-
ook 1 minute. Remove to a serv-
h. Serve with rice. Makes about
ngs.

-flavored Oil. Cut 1 large clove
ic in slivers and steep in ¼ cup
4 hours.

Robert F. Stapfle

Seattle

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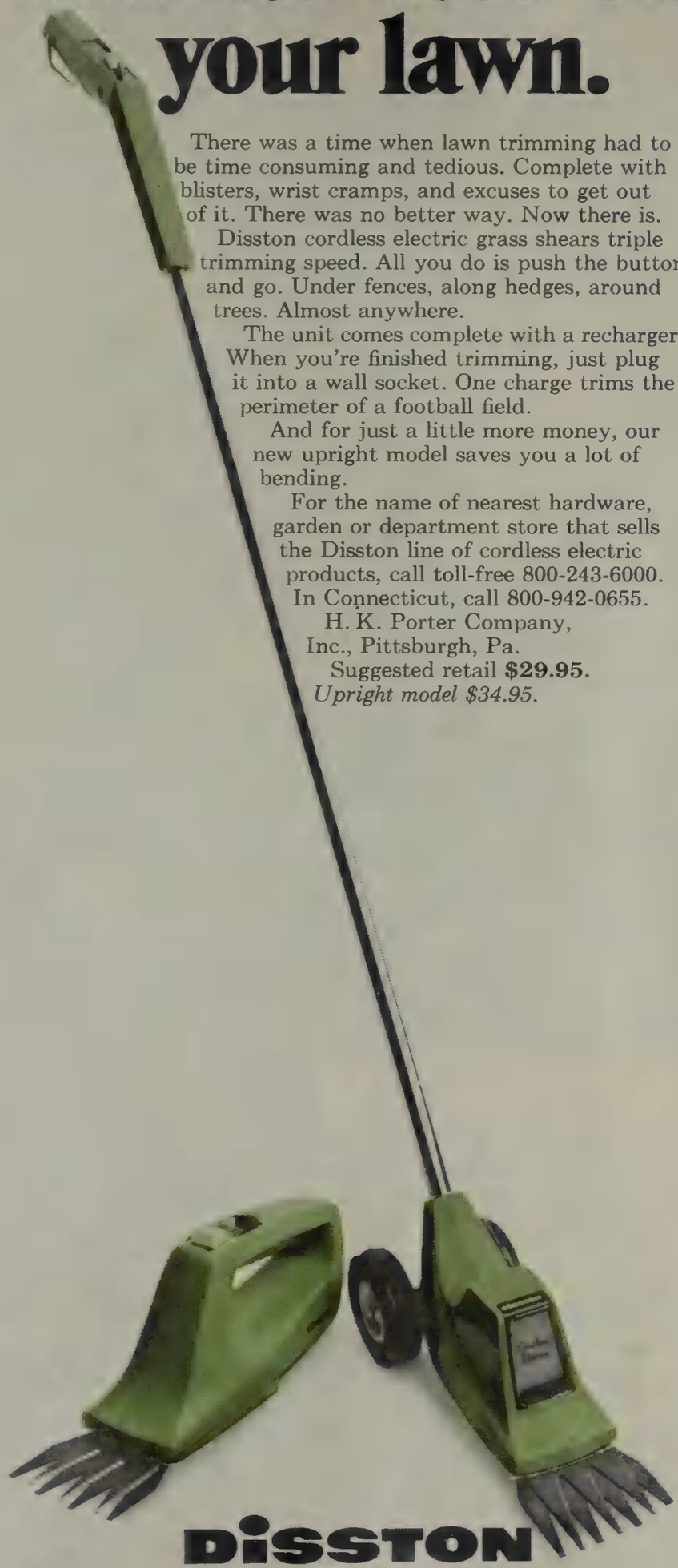

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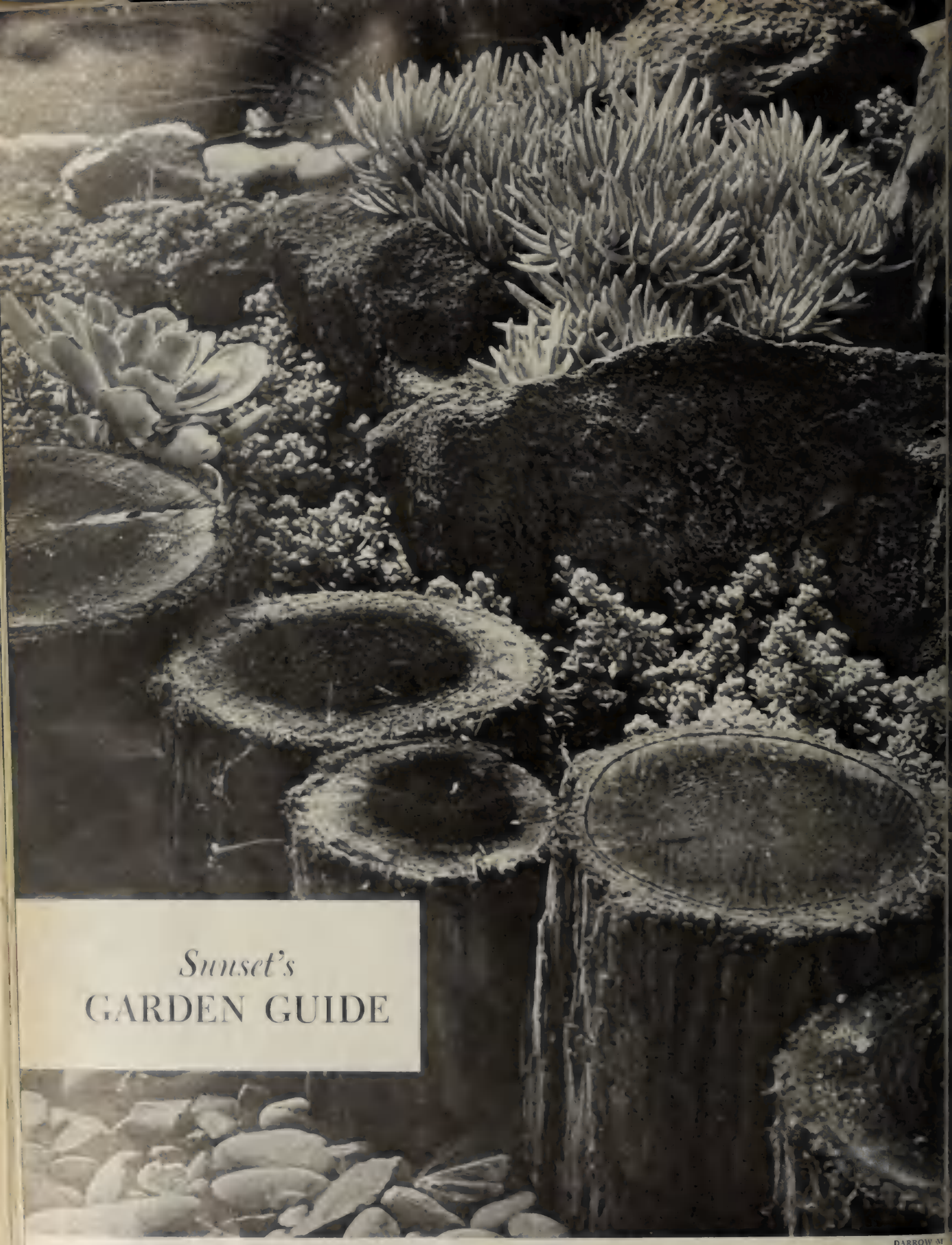


Sunset's GARDEN GUIDE

DARROW-M

Succulents in the sun

Basking in June's warmth are these succulents in the garden of Mrs. Charles Conley of Foster City. On top of the rocks is a clump of dudleyas; below, Oscularia deltoides; at left, one echeveria

JNE IN YOUR GARDEN:

What can you still plant? It depends. Here are ideas

ıe's weather depends on where you et up with it. To the coastal gardener may be sunny and warm one day, y and cool the next, depending on the . But to the inland valley gardener definitely warm and sunny because fog never gets quite that far.

ere you live influences what you do month. In the Bay Area and near coast you can still plant most sum- blooming annuals, although the ɔm period won't be as long as if you planted them earlier. You may have ɔrotect seedlings from hot spells.

the Central Valley and other inland ıs, the weather is getting hot. It's late a great many plants but you can still ıt heat-loving annuals like petunias zinnias.

useful exception to all these rules *'inca rosea*, the hot weather cham- ı. Read about it on page 88.

re is one thing you must certainly do month—water. Almost everything ls it, so bone up on your watering ctices.

y may need it twice a day

ɔ watering a plant in a container ı once and you may lose it. Like birds in a cage, such plants depend on you for all their water and food. Plants in the ground have all the surrounding soil to draw on for moisture if you miss watering them when you should. Not so container-bound plants; they have small, restricted root systems. One hot day can evaporate all the moisture out of the container and the plant will wilt. You may be able to revive it, but often it will never be the same.

Usually watering container plants once every two or three days will do. But in the hottest weather you might find it necessary to water twice a day. The smaller the container or the more sun it gets, the more often it will require attention. By lifting the container you can get an idea of how wet it is. If leaves on the plant turn a little yellowish, you may be overwatering it.

Evergreen pear . . . better behaved in the Valley

If you saw an evergreen pear in the Bay Area and one in the Central Valley, you wouldn't believe they were the same tree. In the Bay Area, evergreen pear (*Pyrus kawakamii*) is rather shrubby and amorphous while farther inland it's erect and shapely.

Look at the photograph below. These evergreen pears in Reedley have good sturdy trunks after only six years of growth. They're about 20 feet high and may grow to 35 feet. This ability to grow quickly to small tree stature and then stop makes them a very good choice for most gardens.

Because their roots grow deep underground, they make good street trees that won't break up sidewalks or streets as the popular Modesto ash often does. And for the same reason, they're easy to garden around.

Evergreen pear tolerates most soils. The first year or two it grows rather bushy and needs staking. To keep it as a single-trunked tree, cut off side shoots. In most of the Valley it loses some of its leaves in winter.

Not too late for zinnias

While June may be the end of the season for planting most summer annuals, it's the best time to plant zinnias. Zinnias originally came from Mexico; they thrive in summer heat. If you plant them from seed, you can expect blooms within six to eight weeks. Planting from nursery flats will give you quicker results, but unfortunately some may have been in the

NORMAN A. PLATE

At six years old *these ɜrgreen pears are already 20 feet tall. In time, they will reach 30 feet*

Sunset's GARDEN GUIDE

flats for a month or more already and may be rootbound and spindly. Look for the youngest zinnias you can find, plants that haven't set any flower buds or bloomed yet. After you find some good ones, pinch off the first bud formed in order to encourage side branching and bushier plants.

You have an almost endless choice in zinnias, everything from 6-inch-high dwarfs to 3½-foot giants. Flowers range from brilliantly colored little buttons to giant dahlialike blooms. Look for the more compact and sturdy varieties; they are less likely to fall over under the weight of the heavy blooms. Two top All-America selections, 'Peter Pan Pink' and 'Peter Pan Plum,' have 3 to 4-inch double flowers on sturdy, foot-high plants.

One caution with zinnias—they tend to mildew easily. To avoid this, make sure they get a full day of sun, and do water from overhead; instead, water from below by soaking.

Glossy leaves *of Japanese aralia partially cover low-growing Japanese spurge*

WILLIAM APLIN

Along a shady wall, Australian tree fern, a large clump of the old-fashioned cast-iron plant, and a palm. Groundcover in front is liriope

The big *tropical-looking leaves of philodendron hide most of the gold-dust plant. Agapanthus grows in front*

"Sort of" tropicals for shady spots

Some of the leafy plants in the photographs at left come from subtropical areas, but others only look as if they do. These in the photographs grow in the Los Angeles State and County Arboretum in Arcadia where winters are mild but all except the tree fern and palm will grow in Sacramento or Fresno, and all, including the tree fern and palm will grow in the Bay Area.

Use them as basic landscaping plants in shady parts of the garden. Plant them in a rich porous soil that has about 6 inches of organic matter such as nitrogen-stabilized sawdust mixed into the soil. All of them do best with lots of water.

The Japanese spurge (*Pachysandra terminalis*), liriope (*L. muscari*), and agapanthus make good clumping groundcovers, don't spread much, and have nice flowers.

Big leafed aralia (*Fatsia japonica*) grows to about 5 feet and has a variegated form. *Philodendron selloum* is the hardiest of the philodendrons, with big 3-foot leaves. The gold dust plant (*Aucuba japonica* 'Variegata') is a dense shrub with moderate growth. The cast-iron plant (*Aspidistra elatior*) will grow in deep shade, even under a deck, and has variegated forms. Australian tree fern (*Alsophila cooperi*) grows fast to 20 feet. The palm (*Chamaedorea costaricana*) forms bamboolike clumps.

If your corn didn't do well last year

Whenever you see corn that didn't come out turn out the way it should, you can be sure the gardener didn't follow one of the two corn-growing rules:

First, corn is a heat and sun lover. If you don't have a spot in the garden that gets a full day of sun, don't plant corn. (Incidentally, corn can't compete with other roots, so plant well away from any trees or large shrubs.)

The second and more important rule: Plant corn in groups, several short rows or hills, not in a single row. Corn depends on the wind for pollination and when the wind blows the pollen from one plant there must be others nearby. If you don't group your corn rows, you can expect incomplete pollination and kernel-gapped ears.

take a little off the top"

is the last month to prune or shape . Citrus don't need regular prun- ut if one is outgrowing its spot in arden or losing its shape, start ng at the top or sides. Leave the growth on the tree.

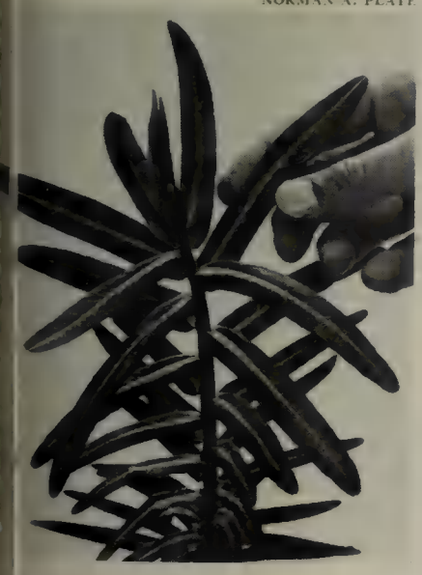
nercial growers leave all the lower hes on their citrus even if they the ground. Most of the fruit crop on the lower branches and it's to pick down there. Also the lower nes filter out the light necessary ed growth, so if they're left on the here are fewer weeds to hoe out.

lue hydrangeas next year

an change the pink and red flow- some varieties of the bigleaf hy- a to blue with applications of alu- n sulfate. But you can't expect this year. You can treat them this er and see your results next sum- Here's how you do it: For small dissolve 1 tablespoon of alumi- ulfate in a gallon of water and around the base of the plants. For plants, use 2 tablespoons. In both nake several applications through nmer.

of the varieties that will turn or blue: 'Kuhnert,' 'Europa,' eille,' 'Triomphe,' 'Hamburg,' Supreme,' and the old-fashioned ydrangea.

NORMAN A. PLATE



l gopher plant has a single stem ite-striped leaves facing each other

edly, gophers don't like it

ntly many people have been *Euphorbia veneta*, a multi- d plant with big domes of char- lowers, as "gopher plant." It is e demonstrated that any euphor- ly repels gophers. Nevertheless, alled gopher plant—*E. lathyrus*, l above. If you want one, ask a or seeds or a plant.

JUNE CHECK LIST:

These jobs most need doing

☐ **Annuals.** You can still plant heat-lovers like asters, ageratum, amaranthus, celosia, marigold, petunia, vinca, and zinnia. If it's a hot day, plant in the evening, water well, and give plants shade from hot sun for a few days until established. Annuals planted last month need feeding with a complete fertilizer. For quick color, nurseries have some heat-loving annuals in bloom now in 4-inch pots.

☐ **Compost.** Don't let all the new layers of compost pack down or they will block air circulation. Keep turning or disturbing the pile every week or so. To keep it damp, water the compost pile while you're watering the garden.

☐ **Container plants.** For advice on watering see item on page 203. They also need a regular feeding since watering leaches out nutrients rather quickly.

☐ **Feeding.** Almost everything in your garden will benefit from applications of fertilizer as warming days speed growth. Whatever feeding you do will show later this summer in bigger, healthier plants. Don't give them all the fertilizer at once. It's wiser to give plants frequent light feedings.

☐ **Fruit trees.** Young fruit trees may need protection from summer sunburn on their trunks. You can whitewash the trunks (that's why you see white tree trunks in some orchards) or you can loosely wrap paper around trunks for protection.

You can feed citrus this month with a fertilizer high in nitrogen and do last minute pruning or shaping.

☐ **Fuchsias.** You should be finishing pinching out buds on fuchsias. Alternate weekly light feedings of a complete fertilizer with a 0-10-10 fertilizer in preparation for bloom.

☐ **Herbs.** It's not too warm yet to plant herbs. They'll take the worst soil in your garden as long as it's relatively quick-draining (doesn't stay soggy for days) and is in full sun. Don't fertilize herbs, or you'll ruin their taste.

☐ **Insects.** Most insects and other critters buzzing around this month aren't going to do your garden any obvious harm. Some are undoubtedly helping you. Aphids can be disposed of by blasting them off foliage with water. Whiteflies are quite noticeable, but there never has been much you could do about them and there still isn't. You might as well tolerate their erratic fluttering around.

☐ **Lawns.** Watering is most important; water deeply so water gets down 1 or 2 feet into the soil. If you water deeply you shouldn't have to water more often than once or twice a week. Feed lawns when growth slows drastically; or closely follow feeding recommendations on the label of the lawn fertilizer you are using.

In the Central Valley you can plant hybrid Bermuda lawns from stolons or sod. Two popular hybrid Bermudas are 'Tifgreen' and 'Tifdwarf.'

☐ **Plant diseases.** Powdery mildew may show up on apples, begonia, crape myrtle, dahlia, rose, or zinnia foliage as a filmy (or powdery) mass this month. There are many controls for it, so consult your nurseryman for the best.

If parts of your lawn turn brown, grayish, or yellowish despite adequate watering and feeding, the likely cause is some kind of lawn fungus. Apply a liquid or dry fungicide, cross your fingers, and see if it doesn't improve.

☐ **Vegetables.** It's still a good time to plant beans, beets, carrots, chard, corn, cucumbers, melons, pumpkins, and squash from seed in the Bay Area. Or finish up successive sowings begun last month. You can set out plants of eggplant, peppers, and tomatoes. In the interior valleys you can plant beans, carrots, corn, cucumbers, and radishes from seed.

☐ **Watering.** Last in this list, watering is first in what you should be doing this month. From now until October no serious rains will fall. The prudent gardener will be doing a lot of watering. Good practice is to water thoroughly and deeply at intervals of several days or a week. Mulch wherever possible to keep roots cool and keep soil from baking hard. Mulches let you water less frequently. □

Ask the golf course superintendents at Makaha, Greenbrier, and Firestone, which reel mower they use.

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DON NOR

Deck *has two planters built alongside; the one in the foregroun fibrous begonias and coleus planted in natural topsoil from w*

New deck and garden in the wood

Two years ago this garden was just an overgrown clearing. It now includes a large raised bed, two redwood planters, a pathway of log rounds, and a deck that lets the owners enjoy their surrounding woods.

Mr. and Mrs. Tedd Wallace of Los Gatos, California, began by clearing away the tangle of brush and weeds behind their home. They built the deck first, extending it the length of the house and then around one side to the front door. The flooring is 2 by 6-inch redwood, spaced 3/8 inch apart so needles from the forest trees can be swept through easily.

Alongside the deck, the Wallaces built

Redwood rounds *are embed in mixture of sand, concrete. R wood bark fills spaces betw*

Second *redwood planter is 8 feet long, 1 foot wide, 1 foot deep. It holds cineraria and a cymbidium orchid*

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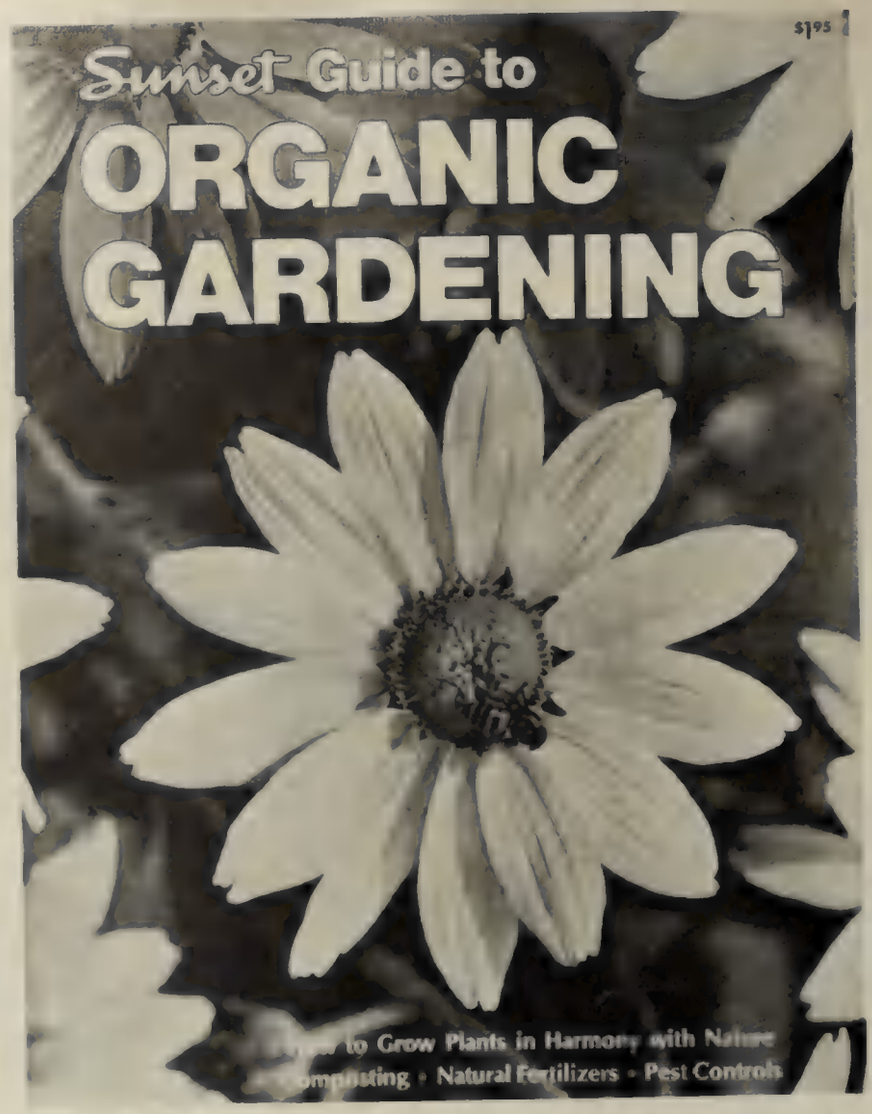

Increasing public awareness of environmental problems has prompted many gardeners to consider the centuries-old practice of organic gardening. The distinguishing feature of organic gardening is that it utilizes only naturally-occurring materials for all phases of the growing operation—from improving the soil, to fertilizing, to helping a plant ward off an insect or disease. This new *Sunset* book stresses the how-to-do-it aspects of organic gardening, simplifies the technical theory into readily understandable terms, and points out some of the differences one should expect when gardening organically. Included is information on soil preparation and management, basic plant nutrition, compost, pest and disease control. Special chapters detail the procedures for growing vegetables, fruits, berries, herbs, and lawns. Available at your favorite book dealer or may be ordered directly from *Sunset*. $1.95

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DON NOR

Sprinkler system *is a perforated p pipe hidden 2 inches below top of raise Marigolds, coreopsis form f*

two planters to hold annuals for w and summer color (see photogra page 206). The planters are mad of by 12-inch redwood and filled wit topsoil from the surrounding w ¼-inch holes drilled in the b provide drainage.

Around the deck, they made a p redwood rounds and redwood b keep the natural look of the garde Wallace cut about 200 rounds f fallen tree on their property a these into a wet, leveled bed o and cement. (The cement mixe sand ensures steady footing on the and prevents the sand from w away during rains.)

After the mixture dried and the were firmly entrenched, he fill spaces between them with redwoo He did not use a preservative rounds.

Along the back edge of their g the Wallaces built a large raised feet long and 10 feet wide. They p it with daffodil bulbs, marigolds, z coreopsis, and star jasmine, as wild strawberries and tomatoes.

The raised bed contains an ing built-in watering system: a ¾-inc tic pipe that stretches the length bed with holes 1/16 inch in di spaced 16 inches apart. High wat sure—with the faucet on full— plants 8 to 10 feet back, as sh the photograph above. Low wat sure sprays those up close.

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A new handbook on how to grow plants in harmony with nature

Natural gardening or old-fashioned gardening — growing plants in harmony with nature —has recently interested new thousands of Western gardeners, especial- the last couple of years.

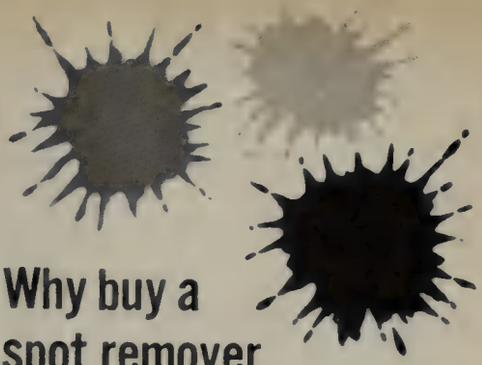
ar language already had a term for kind of husbandry—organic gar- g. It's not the most accurate term is pursuit, but it is the common- inator term that the greatest num- people use. So that's what *Sunset* lled its new book on the subject, erback that went on sale at book- and garden stores on May 20: *t Guide to Organic Gardening* Books, Menlo Park, Calif., 1971; .

are ready to try this kind of gar- , or take a few steps with it, this will help you. If you are already practicing it, you can compare your methods against the ones described.

"Natural gardening" (perhaps a more descriptive term for this kind of horticulture) mostly has to do with soil management and the recycling of animal and vegetable matter back into the soil for the soil's benefit. So, naturally, those subjects—organic matter, plant feeding, digging, planting, mulching, and making compost—make up the largest portion of the book, 41 of the 71 pages.

In eight pages the book covers what the modern garden world has been calling pest control. You'll find here a nine-point no-chemical program for preventing plant damage. Mostly it's a matter of channeling nature's forces against any of the few really destructive organisms that may come to your garden.

The final 17 pages tell you how to plant, fertilize, and maintain all of the popular kinds of plants such as roses, lawns, and many kinds of vegetables and fruit trees, using natural-gardening methods. □



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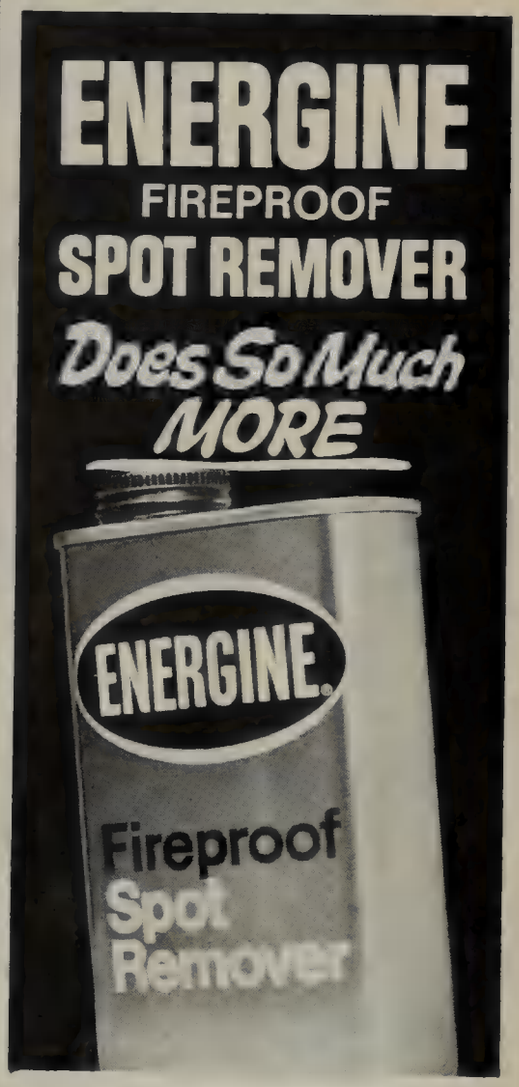

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GERALD R. FRE

Basil, *marjoram, thyme in pockets; chives and parsley have room at the to*

Hanging herb p near the kitche

A hanging terra cotta strawberry ja three planting pockets makes a n ture culinary herb garden for the or outside the kitchen door. It will five or six herbs—enough for a household or for the cook who uses in pinches or sprigs.

Many nurseries offer a wide selecti herbs in small pots. They're in full g now, and will make a good showing after you plant them. Use a lean (n tilizer), porous potting mixture. I mix your own, use equal parts of to sand, and ground bark, leaf mol peat moss.

Trailing herbs, such as prostrate mary and thyme, are especially attr in hanging pots, but even nontr kinds—basil, marjoram, mint, ore and sage—will spill over the conta edge as their stems grow longer.

Full sun is best for most herbs: e tions adapted to partial shade in mint, parsley, and sweet woodruf porous clay containers exposed t sun absorb heat and dry out rapid you live in a hot summer climate, container-grown herbs where they afternoon shade. Water the cont every other day during warm wea

Some hanging pots come equipped twine for suspending them. Don't on thin twine to last more than a s replace it with galvanized wire.

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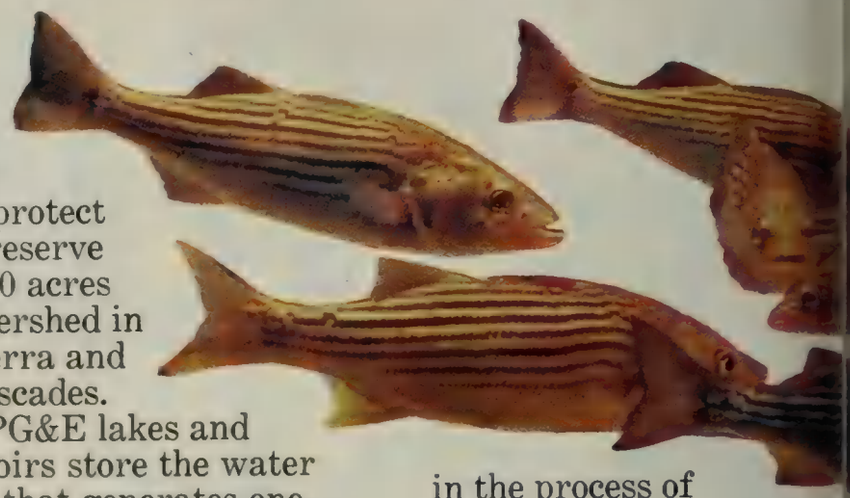
More people in growing California, more homes, new communities, more public facilities, expanding business and industry—all require a lot more gas and electricity to keep the quality of life here, and the opportunities, the finest in the world. The big environmental housecleaning job to be done requires a lot more gas and electricity too. To meet these growing energy requirements, we must continue to build new generation and transmission facilities.

At the same time, it is our commitment to do everything possible to preserve the natural beauty of our state. We work hard to balance environmental concerns with our obligation to provide reliable and economical gas and electric service.



The land:

We protect and preserve 176,000 acres of watershed in the Sierra and the Cascades. Here PG&E lakes and reservoirs store the water power that generates one-quarter of your electricity, cleanly and without pollution. The stored water also maintains stream-flow for the preservation of fish and wildlife, helps provide flood control, conserves water for irrigation and domestic use and provides recreation for tens of thousands of Californians.

In locating generating facilities, we give careful study to environmental considerations and the viewpoints of local community groups, conservationists and planning authorities. Our scientists, engineers and consultants conduct extensive ecological research in the process of determining the suitabilit of plant sites.

The water:

Steam-electric power plants, the primary sourc your electricity, must be located with access to lar bodies of water for coolin circulating through the p condensers, water is raise in temperature only abou but the warmth dissipate quickly when the water is returned to the bay or oc

Our scientific studies "thermal effect" over 20 have shown that aquatic l is not harmed by this limi exposure to the slightly a temporarily warmed wat In San Francisco, Morro similar bays, there are na daily water temperature fluctuations of more thar The warming effect of the sun on Morro Bay, for exa adds 5.7 times as much h to the water as our power plant there does.

The air:

Hydroelectric plants create no air or wa poll

The good life requires both.

team-electric plants use burning natural gas t exclusively. On excep- ly cold days—less than f the time—we use some il. And we nverting -sulphur these ted equire- ments in rder to e the ossible on air y.

ll evidence unmis- y to r fuel as swer to increasing energy needs. r power plants cient. They nomical. They are clean. ey are safe. Radiation rned by the most rigid rds, established both ally and internationally ly responsible independ- ntific bodies and gov- tal agencies. rcial nuclear plants in the States operate thin these strin- fety limitations. ount of radia- posure is insig- t and harmless.

he view:

e are placing all new residen- division power lines underground. We are also making headway in a continuous program to underground existing overhead distribution lines. Our investment for 1968-71 to put lines underground is $35 million.

High voltage transmission lines are routed wherever possible for minimal intrusion on the environment. Industry research is seeking ways to bury even these lines, too.

We're installing more attractive poles, and in some areas are painting towers to blend into the landscape and using wire that is hard to see. We make esthetics a primary concern in the construction of our plants, offices, substations and service centers. Many have won environmental awards.

That's our record. We're proud of it and we'll keep working to improve it and to assure you and your neighbors the benefits of both a high quality

environment and a reliable supply of clean energy without brownouts.

PG and E

Ray Atke

You'll find 13 campgrounds within 20 miles of Jenny Lake and the Grand Tetons listed in the *Sunset Western Campsite Directory.*

Wondering Where To Go This Year?

Chances are you'll be getting away more often in 1971, especially with the new, long weekends.

Sunset's new expanded 1971 *Western Campsite Directory* will help you to decide where, and it's something you'll want to carry along on the front seat.

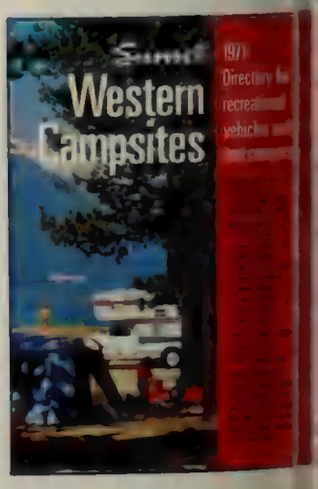
It lists over 6,000 campgrounds in the Western states (including Hawaii and Alaska), as well as Western Canada, Northern Baja and Sonora, Mexico.

It will suggest the best places in each state for such things as trout fishing, bass fishing, gold panning, water skiing, clamming, ghost town exploring, etc.

And it will provide an up-to-date list of LP gas sources and sanitary disposal sites.

The listings, articles, and selective ads should make this major new *Sunset* annual magazine the best genuinely helpful guide book you have ever owned on the outdoor West.

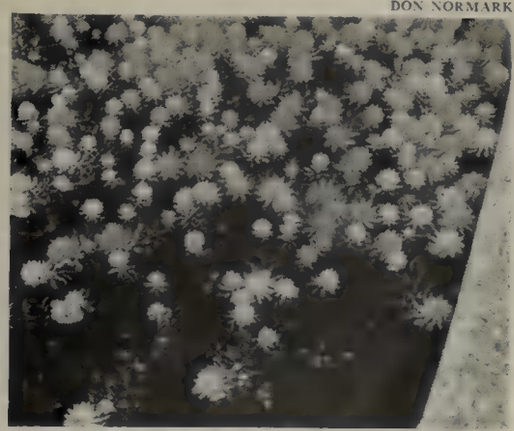
Look for it now at book stores, camping and trailer supply dealers, and on your local newsstands. Only $1.95.



DARROW M. WATT

Fragrant *bloom of tropical water lily, 'Mrs. Martin E. Randig,' is purple with yellow and red center*

DON NORMARK



Above. *Azure pickerel plant is 1½ feet high with inch-long, heart-shaped leaves.* **Right.** *Parrot's feather has trailing, feathery, light green foliage on pond surface*

For variety in your water garden

gardens will support many aquatic other than the familiar hardy ilies.

opical water lily in the top photo- is one of several varieties grown s. Robin Klein of Long Beach. ay-blooming lily, producing flow- to 10 inches in diameter from December. Leaves are 12 inches Plant it in May (early June in the areas). It will live through the only in areas where orange trees outdoors.

Klein planted this bulb in a 16- ot of garden soil sunk about 14 below the water surface. She in early summer and fall.

ure pickerel plant in the mid- otograph is an above-water plant grown by 14-year-old Jeff Hoops of Salinas, California. It bears spikes of blue flowers. Jeff grows it in a 10-inch pot of garden soil covered with 2 inches of sand (to keep water clean). Pot rim is just under the water.

Parrot's feather (lower right) has no visible flowers; grow it for its lacy foliage. Mrs. Charles Hobby of Bellevue, Washington, grows it in a 12-inch pot of soil covered with gravel. Rarely sold in nurseries, it grows wild in many Western streams.

You may have to call several retail nurseries or fish and aquarium stores before finding these plants. Or you can order from Van Ness Water Gardens, 2460 N. Euclid Ave., Upland, Calif. 91876 (catalog, 25 cents). □

A lot of Americans are suffering from withdrawal symptoms.

What's wrong?

You're making more money than you ever have.

But every time you plan on putting money into your savings, you end up withdrawing some.

Maybe you're buying too many little things you don't really need. Little here, little there. After awhile it adds up.

You know, that's just the theory behind the Payroll Savings Plan. You sign up where you work, and they set a little aside from each paycheck and use it to buy U.S. Savings Bonds. You don't really miss the money that way . . . and before you know it, you've got a nest egg that's really worth something.

And now there's a bonus interest rate on all U.S. Savings Bonds—for E Bonds, 5½% when held to maturity of 5 years, 10 months (4% the first year). That extra ½%, payable as a bonus at maturity, applies to all Bonds issued since June 1, 1970 . . . with a comparable improvement for all older Bonds.

The Payroll Savings Plan. A great way to save a little here, a little there and end up with a bankroll.

Bonds are safe. If lost, stolen, or destroyed, we replace them. When needed, they can be cashed at your bank. Tax may be deferred until redemption. And always remember, Bonds are a proud way to save.

UNITED STATES SAVINGS BONDS

Take stock in America.

Now Bonds pay a bonus at maturity.

The U.S. Government does not pay for this advertisement. It is presented as a public service in cooperation with The Department of the Treasury and The Advertising Council.

Organic leftovers as soil improvers

from agriculture, from industry, from your own place

The materials described below and at the right might have gone to the dump if someone hadn't thought of using them in the garden. They are organic leftovers, some from agriculture and industry, and one from the home garden. You can recycle them into your garden as soil improvers.

These are just a sampling of many available organic discards. With a little scouting around you will find more.

How do you recycle them?

Unfortunately, most of these materials do not come with labels giving directions for use, so we ran tests at a soil laboratory to find out what each had to offer. Our findings are incl in the brief description of each material.

All of the materials contain organic matter (living or o living material) that can improve soils by retaining more i water, and nutrients than plain soil would. A material does this is called a soil conditioner. Some of the material tested have more organic matter than others, indicated a percentage. The more organic matter, the better the co tioner. What isn't organic matter is mineral and does not to benefit the soil. You will also find a rating of the mate ability to hold onto nutrients. The higher the nutrient-hol

Almond hulls. *A passable soil conditioner, if you add it to the soil and let it decompose a few months before planting. Little nitrogen, but much potassium. Much organic matter (93 per cent); poor nutrient-holding. Low in salts. Our sample wasn't decomposed so seeds didn't germinate. Available only where almonds are grown*

NORMAN A. PLATE

Chicken manure. *Raw manure fr from the chickens may contain harmful amounts of ammonia a must be used with caution. What tested was commercially refined version. A good fertilizer, high i nitrogen (2.2 per cent), potassiu and phosphorus. Comes in pack You only use a little. Overpowered radishes*

Homemade compost. *Garden debris thoroughly decomposed and screened. High in nitrogen (2.5 per cent) and a good soil conditioner with excellent nutrient-holding, but low organic content (60 per cent; probably because there's dirt in it). Moderate in salts. Only way to get it is to make it yourself. Grew best radishes*

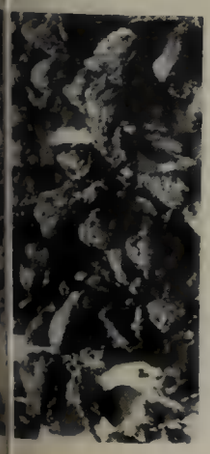
Rice hulls. *Soil conditioner (82 per cent organic) with poor nutrient-holding, but enough nitrogen for decomposition. No The hulls decay slowly in the so Radishes didn't do well—not enough nutrients. Rice hulls usually come in huge paper bags at some feed stores*

Cottonseed meal. *A good, strong, slow-acting fertilizer. Sold in packages with directions for use. Very high in nitrogen (5.2 per cent), potassium, and phosphorus. Overpowered radishes. You'll find it in nurseries*

Sewage sludge. *Commonly sold in sacks in nurseries as all-purpose fertilizer under several brand names. A concentrated fertilizer (3 to 6 per cent nitrogen) with potassium and phosphorus. Overpowered radishes. Directions for use on the packages. Wide use as lawn fertilizer*

Mushroom compost. *Decomposed straw, manure, and other materials used for growing mushrooms. Best when thoroughly decomposed; ours wasn't, so radishes only did moderately well. Dual-purpose conditioner and mild fertilizer (1 per cent nitrogen). Low organic content (57 per cent). Poor nutrient-holding, low in salts. Sometimes sold in sacks, otherwise by truckload*

Cocoa bean hulls. *Smells yummy, like chocolate. Both a fertilizer and a soil conditioner. High in nitrogen (2.8 per cent), potassium, and phosphorus. Good nutrient-holding, 91 per cent organic matter. No salts. Overpowered radishes so should be used in smaller quantities or as a mulch. Sometimes at nurseries in fat burlap bags*



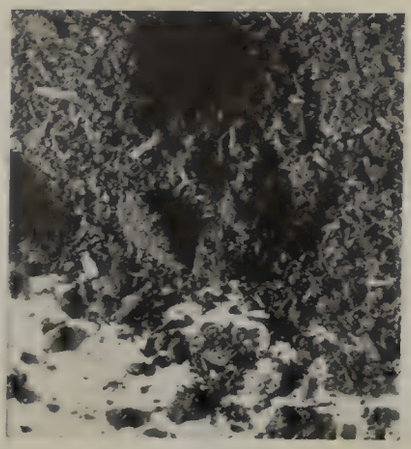
Grape pomace. *What we tested was partially decomposed. A good soil conditioner and fertilizer. Grew great radishes. Excellent nutrient-holding, 92 per cent organic, very high in nitrogen (3 per cent), potassium, and phosphorus. No salts. Available only in grape country*

Ground bark. *A good soil conditioner. Easy to find at nurseries or garden supply yards. Some have nitrogen added. Low nutrient-holding but no salts. Not enough nutrients to grow good radishes. Needs supplementary fertilizer. Very high organic content (95 per cent)*

Redwood sawdust. *Another good soil conditioner easily found in California and sometimes containing added nitrogen. Very high organic content (99 per cent), low nutrient-holding, no salts. Not enough nitrogen to cause its own decomposition so it robs nitrogen from soil. Radishes didn't grow. Either add a nitrogen fertilizer or buy kind that has it added*

Manure-bedding mix. *Probably what you'll get if you have a friend with a barn. You'll find it on the floor. It's a combination of manure and animal bedding, usually straw or wood chips. Grew great radishes. Both a fertilizer and a conditioner. Has 1.3 per cent nitrogen, 96 per cent organic (compare with straight manure below), excellent nutrient-holding, only moderate salts*

Dairy manure. *From a "free manure" pile. Good nitrogen (1.5 per cent), potassium, and phosphorus. Only 60 per cent organic but amazingly low in salts (usually the big problem with manures). We grew great radishes in this, while steer manure failed to grow radishes at all (because of salts)*



Steer manure. *This sample was more like the manure you usually buy—very high in salts (the highest of all we tested). Should be used like a fertilizer: add a ½ to 1-inch layer to the soil. Good nitrogen (1.5 per cent), low organic content (40 per cent), good nutrient-holding*

The worst *radishes (some didn't even germinate) resulted when we used fertilizers that overpowered them. You should use less fertilizer than we did: a light sprinkling over the soil will usually do*

Mediocre *radishes, sometimes scrawnier than this, resulted when just soil conditioner was used. This is ground bark. For healthy growth they need more nutrients than conditioners supply. Supplement with complete fertilizer*

NORMAN A. PLATE

The best *radishes grew in materials that were both fertilizers and soil conditioners, like these in manure-bedding mix. These materials had adequate nutrients for good growth, enough organic matter to condition sand*

Will these soil improvers grow good radishes? Some will, several won't

capacity, the longer a fertilizer you apply will be available to plants.

The size of the individual particles that make up the conditioner is also important. (The photographs are 1½ times life size.) Generally, small particles or fibers that are uniform in size work best.

If a material is called a soil conditioner in its description you should add 25 to 50 per cent of the total soil volume to be cultivated. For instance, if you cultivate 12 inches deep into the soil, you should add a 3 to 6-inch layer of the conditioner and thoroughly mix it in. When you add this much, you must be careful of the amount of toxic salts in the conditioner, especially in an area like Los Angeles where salts already may be a problem. If salts are high, add less than 25 per cent.

Most of these materials also have some value as fertilizers. They contain amounts of nitrogen, potassium, and phosphorus, the three most important plant foods. If the material is very low in these fertilizers, you will need to add additional fertilizer for maximum plant growth.

A few of the materials are especially high in these plant foods, and you can use them much like a conventional chemical fertilizer: to bolster soil conditioners low in nutrients or for supplementary feeding of plants. Since they have such concentrated amounts of nutrients, you only need to add a little. Often a light sprinkling worked into the soil will do.

How did radishes fare in them?

We grew radishes in mixtures of half sand and half of each material. How they fared helped support the information from the soil laboratory. As you can see in the photog above, there was quite a range of success. Our results the materials fell into three broad groups.

There were radishes that failed completely or almost pletely because they were overpowered by the wallop trients in a half-fertilizer, half-sand mix. A second gro radishes grew but were spindly and weak. These were mostly in soil conditioners and didn't have enough fe nutrients to grow healthy plants. Finally, there we radishes that grew very well. In this group the material both mild fertilizers and conditioners. They would b ideal soil improvers—helping to condition and fertiliz at the same time. However you can have the same with the others by using more than one material, on conditioner and one as a fertilizer.

Where do you get these materials?

Some you have probably been using all along, such redwood sawdust or sewage sludge. These are sold various trade names at nurseries or garden supply yard ally by the sack but also by the truckload. Others are difficult to find. You may have to pick them up yo (sometimes you can get some free) from the source. So the materials are only available in limited areas. The pomace, for instance, will only be found in areas that or crush grapes.

You can start looking for them at your nursery; th calling a garden supply yard (often listed under Top the telephone book). The supplier often can get (by the load) locally available materials.

I promise to love honor and wine happily ever after with Waterford.

When the president's daughter wanted crystal, she chose Waterford.

Each piece of Waterford Irish Crystal is a signed original, made by hand, with heart.

It gathers the light of ten thousand yesterdays to illuminate ten thousand tomorrows for you.

Its cherished heritage is recognized by museums the world over.

Permit Waterford to introduce the promise of forever into your own home.

Write for free brochure. Waterford Irish Crystal, 225 Fifth Avenue, New York 10010.

promise to love nor and happily ver after with Aynsley.

ı the Queen of wanted bone her wedding chose Aynsley. at good! ey Bone China and white as nake, to con- the gold d enamel at decorate it. atterns are ıary, some rary, some l, but all exud- t sense of

embroke, show here, ıed by Aynsley ı century. It ced in raised ich in colour e.

all Aynsley s a style you ıt to live with 'e.

, the five-piece ıg. Other nge from 00.

'or free bro- ısley English a, 225 Fifth ew York

What You Don't Hear About Insecticides

. . . is that they're not all bad!

Many of you who are seriously concerned about our environment have been led to believe that insecticides always do more harm than good, that they are somehow tipping nature out of balance.

Actually, *uncontrolled insects* tip nature out of balance. They carry diseases that affect your health; they attack and destroy the food you eat.

There is a need for you to protect your gardens, your food supply, your environment and your health. Remember that when you slap at a mosquito, brush off a fly, or see your garden damaged by insects.

What can you do?

Some insecticides have persisted in the environment perhaps longer than necessary. It's this persistence that makes them valuable in combating certain insects. But now, because of restrictions on the use of certain insecticides, will you have to suffer from damage caused by insects?

No! Fortunately, there is an insecticide that does an excellent job of controlling insects, that is *non*persistent, and breaks down naturally, disappearing from the environment in a short time. That insecticide is Malathion; it is manufactured by American Cyanamid Company under the trademark Cythion® 'The Premium Grade Malathion'™. If carefully handled, properly applied and safely stored, Malathion reduces to a minimum the personal hazards associated with insecticides.

The insecticide compatible with the environment

Malathion is truly the ideal insecticide to protect your ornamentals, home-grown fruits and vegetables, and household pets. It will also protect you from disease-carrying mosquitos and flies.

In fact, Malathion is recommended by two groups actively seeking pesticide control—the National Audubon Society and the Environmental Defense Fund, Inc.

Think of it—Malathion controls more than 200 different insect pests on more than 100 different food and fiber crops, on flowers and ornamental plants! You cannot begin to estimate its value in controlling flies, with their unspeakably dirty habits, and mosquitoes that transmit a laria and encephalitis. This is wa you *don't* hear about insecticides

Ideal for garden, patio us

You can see that an insecticide k this is ideal for your use in gar and other outdoor areas. Just for Malathion in the active ingr ents on the label of the home ga insecticide you buy. A variet these products is available at ga supply stores for your use—d wettable powders, liquid con trates.

You don't have to give up the against insects because of y environmental concerns. Cast vote for food and flowers, for he and beauty in your life—and ag insects—by looking for and u Malathion. *As with any insecti stop and read the label before u*

For more information

Leaflet PE-5016 tells you Malathion can help make your more livable around the home garden. We'd like to send it to —free, of course. Write Ame Cyanamid Company, P.O. Box Princeton, New Jersey 08540.

Still time to ter *Sunset's* 1971 Garden Contest

DARROW M. WATT

A little citrus *plant like this will go to each of this year's garden contestants*

s **it going** to be this summer in your n? Looking ahead now, do you ex- r hope for any big or little triumphs you or your plants?

feel any such gardener's optimism f you'd be willing to share it first *Sunset* photographer and later on ages of *Sunset Magazine*, we ear- invite you to do so. Send your and address (and age if 16 or un- o: 1971 Garden Contest, *Sunset zine*, Menlo Park, Calif. 94025. will put you into one of the simp- ontests you've ever been in. Entry ne is June 15.

or participating, you will receive l mementos. For one, you get a miniature limequat or calamondin e one shown above (not all will ruit on them). In cold-winter cli- you can grow it as a house plant ars. In low elevations of Califor- rizona, and Hawaii, you can keep a house plant, an outdoor con- plant, or a garden plant that some- f you're lucky, will grow into a ed tree.

are not dwarf plants, but rooted s from branch tips of limequats lamondins. That explains the the- l possibility of full tree size some- nd the possible presence already t on such a tiny tree.

lition, you get an official-looking certificate (with your name hand- l on it, as on a diploma). It will u participated in the 1971 Garden t.

r accomplishment proves to be rious, you will also get: a cash f $20 to $75; a copy of a new Pictorial Book, *Ghost Towns of st*, to be published in September; rhaps photographs of your garden plishment in *Sunset* next year.

kinds of triumphs, glories, or ac- shments win prizes? Here are escriptions of some gardens that have won prizes in the last five years:

One of the champs built a shade house and grew magnificent tuberous begonias in it—where a bare, junky corner had been before.

A vegetable gardener grew spaghetti squash and reported it to the world (it was good) via *Sunset*.

Last year, a man won with a garden made from a swamp. The drain lines ran under the brick walks. The garden beds contained ferns, moss, roses, succulents, and other remarkable companions.

Once, an experimenting vegetable gardener grew soldier beans and we showed them in photographs. They are dry white beans that have, on the hilum side, a brown Rorschach-type marking that looks like an 1812 soldier.

A 14-year-old girl cross-pollinated and created a hybrid between viola and johnny-jump-up, and called it a vijola.

Children have scored repeatedly with fine vegetable gardens, doing especially well with pumpkins and other cucurbits.

A married graduate student at Corvallis, Oregon, made a lush, flowery garden in a 522-square-foot space behind her rented campus quarters.

A family in Santa Barbara worked hard all spring and summer to make a magnificent garden for the oldest sister's wedding reception on August 16.

Two boys in Pasadena, aged 12 and 15, built a greenhouse from salvaged parts and in it grew bromeliads, staghorn ferns, and cymbidium orchids. □

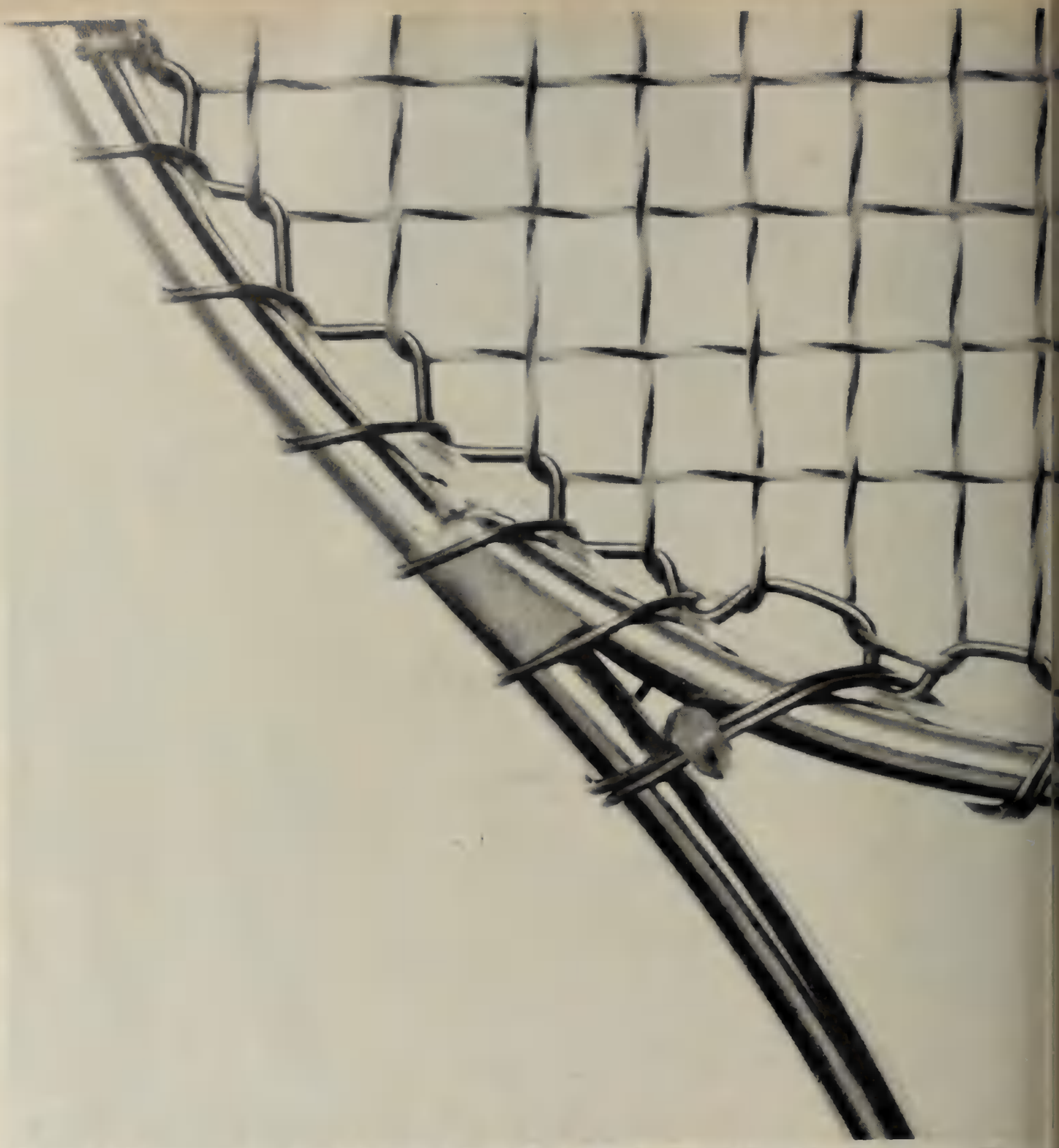
You know that feeling a new dress has the very first time you wear it.

Well, Magic keeps it. Wash after wash after wash.

Even a miracle fabric can't keep feeling new forever. Like all fabrics, it becomes wash weary.

But all is not lost. Because there's Magic Sizing. It irons back that new feeling. Wash after wash. Fabric after miracle fabric.

The modern spray for modern fabrics. That's Magic.



Wilson T2000. The little wire

Too many metal rackets would have you believe they can help you play more powerful, more controlled tennis simply because they are metal rackets.

They should know better.

The WILSON T2000, grand-daddy of them all, had the edge on them right from the start: a patented string suspension system called the crown-and-wrap. It can help you do almost everything better.

The crown-and-wrap system leaves the strings free to give and take tension, to accommodate one another, to deliver the perfect degree of pace and angle that your head is asking for when it swings your arm and racket into a shot.

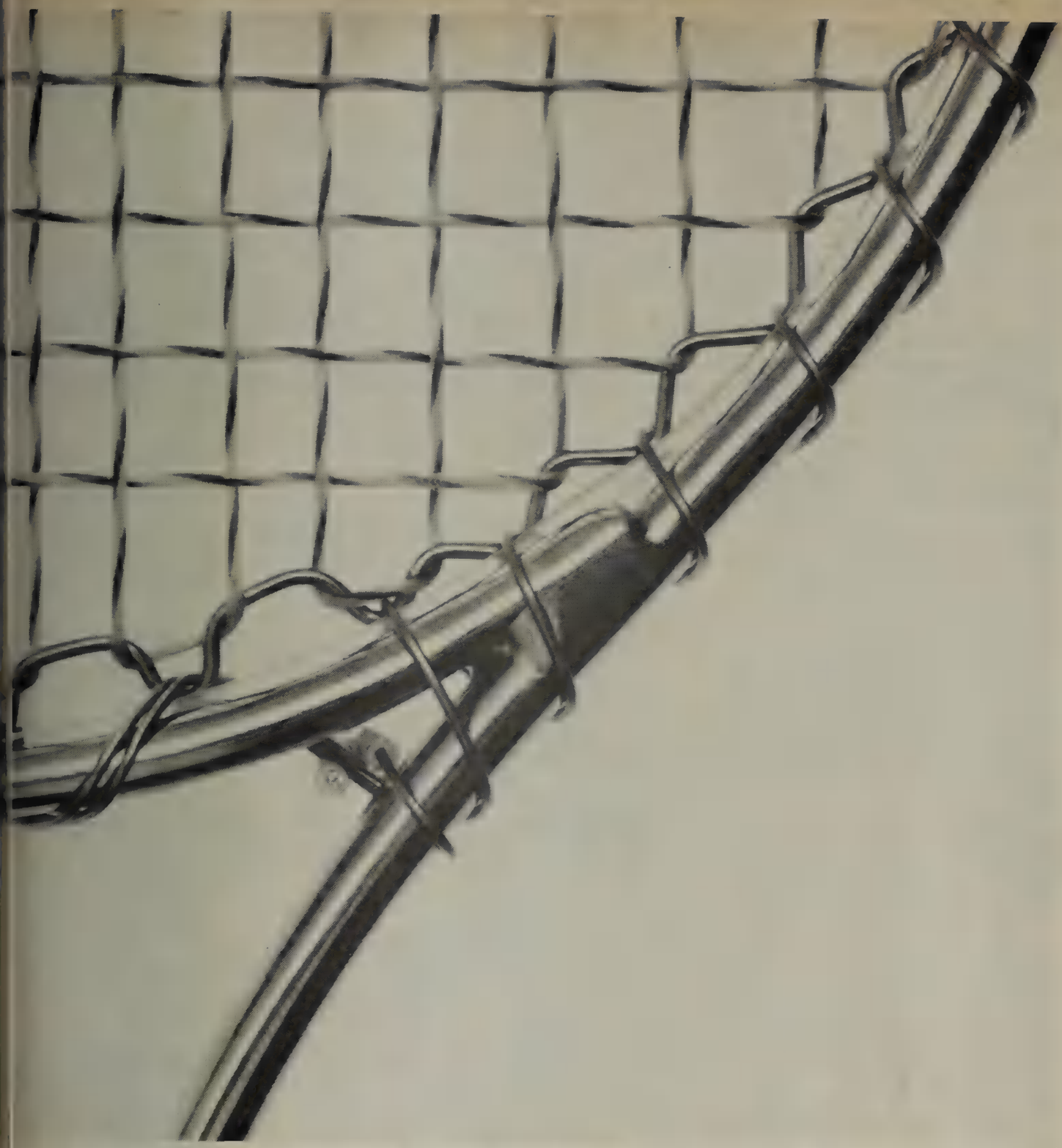
Taut strings on tight wires...like live nerves. The racket is hypersensitive. Ordinary rackets, frame-strung, can't give you the "feel" you need, for example, to finesse a neat drop shot.

Cutting loose on a smash or a cannonball serve, the whole head of the racket acts like a small trampoline, powering the ball back at many times your own strength. Man, it satisfies!

But, let's be realistic: nobody hits them all dead-center. How about all those times you settle for getting just a piece racket on the ball?

The crown allows some "give" around the e the frame, which wouldn't happen if the string into the frame. So the T2000 can respond to th target hits with all the authority that most save for bulls-eyes.

That's the kind of help you need from a



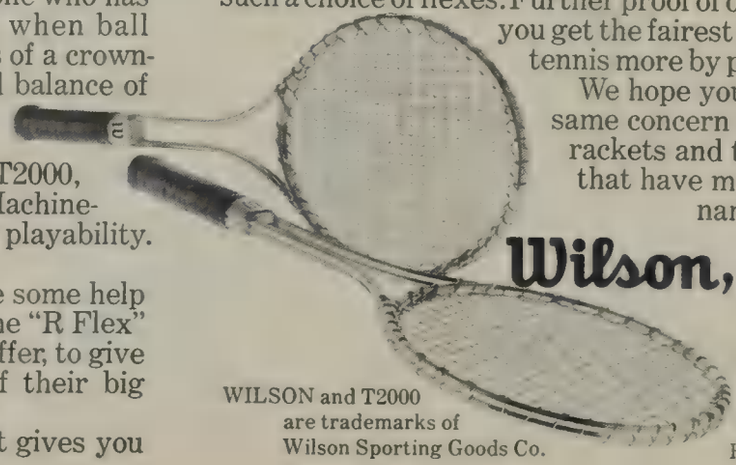
're a big help to your game.

people would know that. Only someone who has understanding of what happens when ball racket could conceive the advantages of a crown-rap suspension...or the mobility and balance of ro-Bow frame...or the sure feel of rade calfskin grip.

l of which explains why the Wilson T2000, the metal rackets, is still the best. Machine-for durability. Tournament-tested for playability. nplaints.

you're an average player and can use some help speed on the ball, you should buy the "R Flex" The "Firm Flex" model is slightly stiffer, to give wer-hitting friends better control of their big

e T2000 is the only metal racket that gives you such a choice of flexes. Further proof of our concern that you get the fairest chance to enjoy tennis more by playing it better. We hope you will read that same concern in all the other rackets and the tennis balls that have made Wilson the name of the game.



Wilson, anyone?

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String suspension system licensed under patents of Rene Lacoste.

IMO IS NOT SOUR CREAM

It's better!

WHY? It tastes great on baked potatoes, borsch, pancakes, and desserts. It's rich, delectable, tart, creamy and indescribable! IMO is sealed first, *then* individually cultured right in its own cup.

And when you open it it's perfectly smooth and never sticks to the lid.

USE IMO IN ALL YOUR COOKING. IT'S BETTER THAN SOUR CREAM. THERE'S ONLY ONE IMO.

In pint and ½ pint cups in the dairy or deli case. CK Certified Kosher.

If your favorite store doesn't stock IMO write us and we will pass the information on to your Grocer.

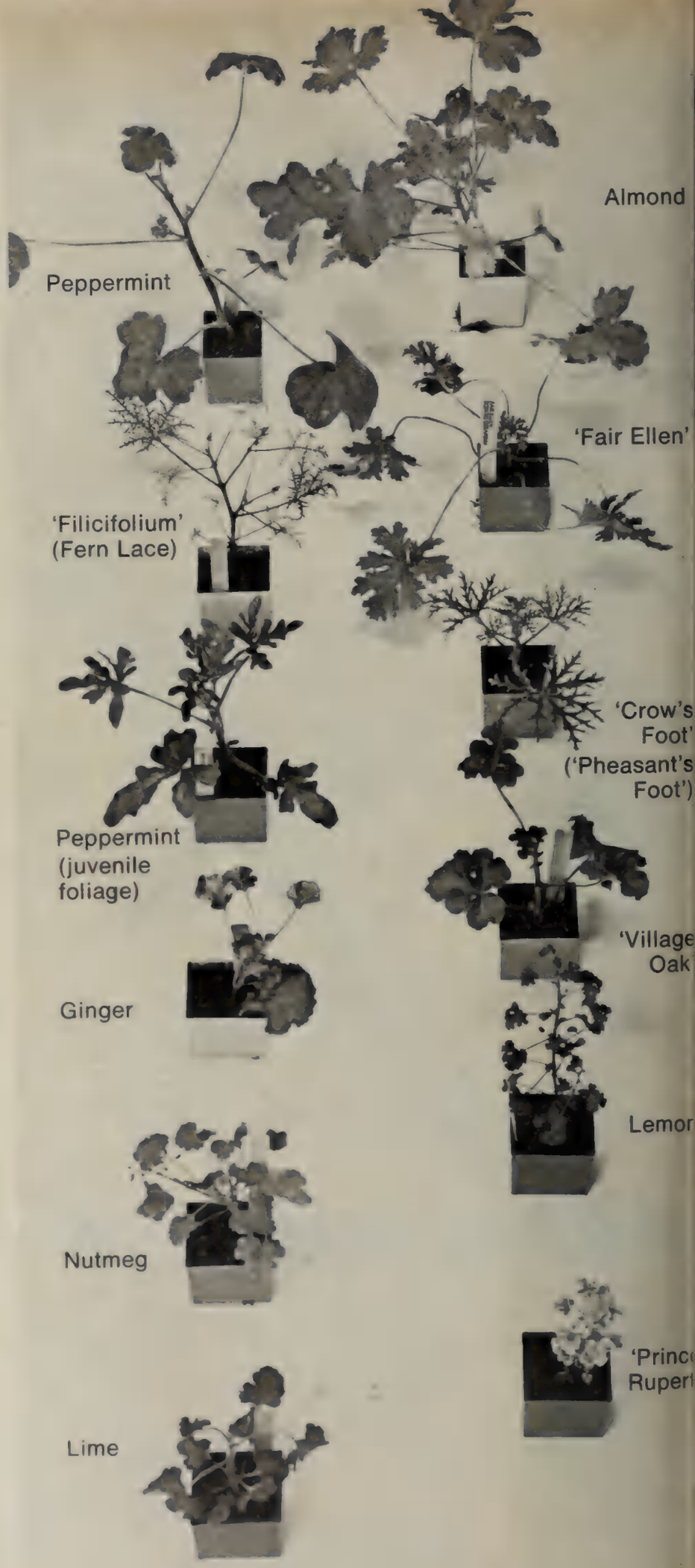
SEND FOR FREE RECIPE BOOKLET

IMO FOOD PRODUCTS, INC.
P.O. Box 878.
Temple City, Calif. 91780

SOUTH SEA DELIGHT

[illegible] pineapple tidbits
[illegible] shredded coconut
[illegible] IMO
1 cup mandarin orange sections
1 cup miniature marshmallows

[illegible] pineapple juice for later use. [illegible] marshmallows. In a separate [illegible] blend [illegible] IMO until it thins to a [illegible] consistency. If a sweeter salad dressing is desired add [illegible] tbsp. pineapple juice to the [illegible] all ingredients together gently. This [illegible] may be prepared the night before if [illegible] serves 6.



Some *of the scented gera[illegible] you may find at a n[illegible]*

NORMAN A. PLATE

They smell good *and they can grow quite large. This one is on top of a 3-foot wall*

The geraniums that mimic fruit and other fragrances

d geraniums can mimic the fra- s of roses, apples, lemons, pep- it, ginger, and nutmeg, among It's their leaves that smell, not wers. Some of the leaves, as you e in the photograph at left, are ancy. One or two of the species airly large and colorful flowers. st don't.

se and lemon scented geraniums used as herbs for flavoring jellies. and other foods, or in sachets to closets and drawers. The pep- t has the strongest scent of all kes a nice hanging basket plant.

l geraniums have the same cul- equirements as the common gar- anium: a good, fast-draining soil, hing special; in hot areas, a little and in cool summer gardens, full a pot they should be kept a little nd or they will sprawl. Left lemon scented geraniums grow listinct pyramid shape; to prevent ch them back. □

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SUNSET Magazine, Menlo Park, Calif. 94025

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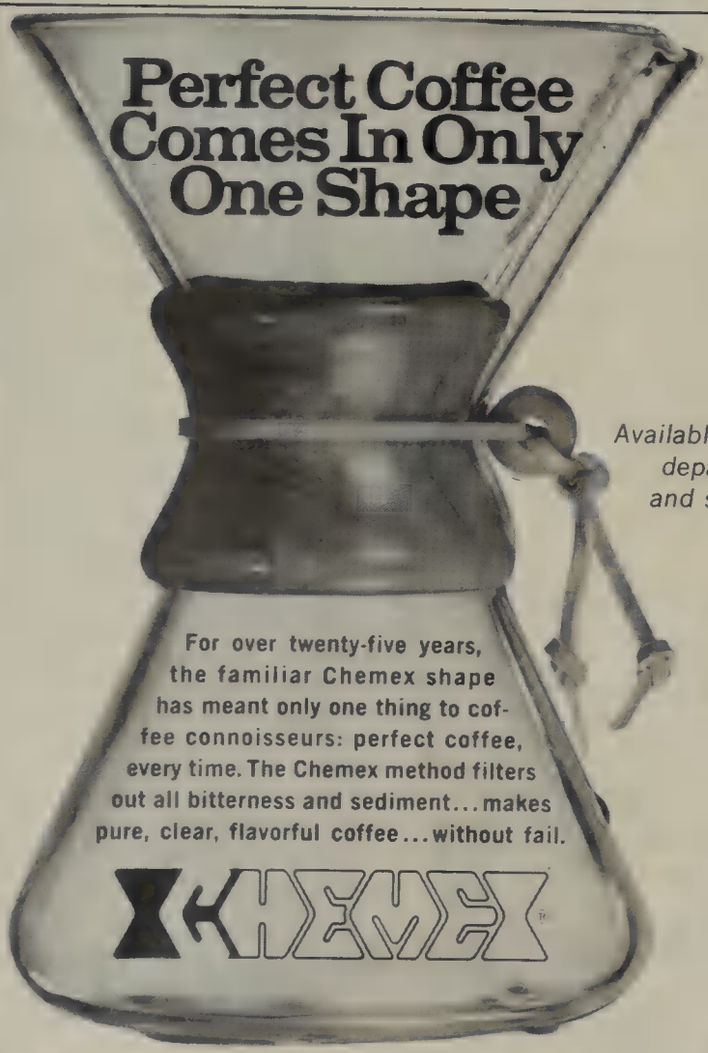

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RIC

Drifts *of polygonum soften contours of boulders and pavement edge in the Los Angeles garden of Alfred T. Wilkes*

ELLS MARUGG

Polygonum *helps keep down weeds under this planting of dwarf citrus trees*

DARROW M. WATT

'ink to whitish-pink clusters f flower buds are ½ inch through

ground cover plants have so long a n season as *Polygonum capitatum*, ew are so easy to establish.

ing stems spread rapidly over the ce, rooting at a leaf joint occasion- but never so vigorously that they ne a nuisance. Foliage and flowers nound up to 6 inches tall, but are ly less in full sun. The leaves are nches long, dark to bronzy green a pronounced bar of darker green onze across the middle. Pink stems urplish undersurfaces of the leaves he whole plant a prevailing bronze at is strongest in full sun.

round heads of pink flowers ap- throughout the year, most abun- in warm weather. Buds are pale t, then deeper pink as flowers begin n. After these fade, little seeds ap- n clusters that much resemble the buds.

of plants blacken at 28° to 30° but r quickly when weather warms ower temperatures kill plants en- but volunteer seedlings quickly e any plants lost; polygonum is a ending ground cover. Seeds do low about, though; they drop under old plants.

overhangs or under shrubbery, are sheltered from frost and re- evergreen through frosty winters. ts build up too high or become , cut the planting back with a ro- ower or with shears in late winter ly spring.

olygonum as a ground cover in sun derate shade. Be cautious about it on a grand scale where frost disfigure it for long periods, and se it where you need a deep and green. □

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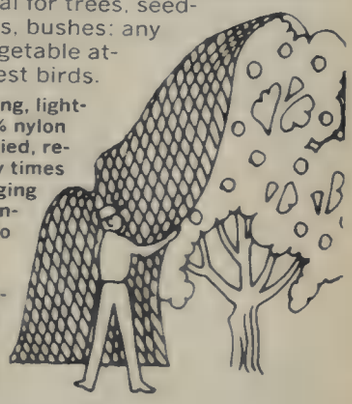

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DARROW M

Part of orchid collection *grows in Lisa's room; patterned plastic on window tempers direct sun rays. She waters once a week*

Paphiopedilum *hybrid, lady's slipper orchid. Pale purple with fine hairs on the horizontal petals. From local nursery*

Lisa Gordon's discovery: One orchid leads to another and another

Most young people are introduced to gardening through flower or vegetable gardens. But 12-year-old Lisa Gordon of Tiburon, California, began with the growing of orchids; you see some of the exotic results on these two pages.

Lisa started her collection two years ago with a cymbidium orchid given her by a neighbor. Later the neighbor gave her eight more plants, and she began buying less expensive orchids with her mother's help. She now has a 27-plant collection.

Most of the orchids she buys come from mail-order nurseries that ship small, young orchids at very reasonable prices. She occasionally buys larger, more fully grown orchids from a local nursery or from her fellow members of the Marin Orchid Society.

She uses cymbidium planting mix to pot the ground orchids and potting bark for the tree orchids. Mail-order plants come bare-root, packed in Hawaiian tre fiber; she leaves the fiber arou roots when planting.

Lisa waters her orchids about o week, more frequently during weather. She waters early in the that the plants dry off before ev this prevents the possibility of rot centers of tightly furled leaves places the pots of year-around ho chids on beds of wet gravel for

ıre and humidity. Other varieties ardier and can even go outdoors ; the summer.

a month she feeds her orchids with rtilizer. She also has divided sev- f them, covering the cut surfaces roots with tree sealing compound vent disease.

ep track of all her orchids, Lisa card file. She records the name of orchid, where and when she ac- it, and the dates that it blooms.

Lisa's mail-order sources are: Alberts & Merkel Bros., Inc., Box 537, Boynton Beach, Fla. 33435; Coastal Gardens, 137 Tropical Lane, Corpus Christi, Tex. 78408; William Kirsch Orchids, 2630 Waiomao Rd., Honolulu 96816; Rod McLellan Co., 1450 El Camino Real, South San Francisco 94080; Shaffer's Tropical Gardens, Inc., 1220 41st Ave., Santa Cruz, Calif. 95060; Fred A. Stewart Inc., 1212 E. Las Tunas Dr., San Gabriel, Calif. 91778. □

Epidendrum ibaguense. *Tiny, bright red blooms. This is a terrestrial (ground) orchid. A gift*

Paphiopedilum *hybrid, lady's slipper orchid. Like one on page 230 in shape, color, but more markings, no hairs. From Marin Orchid Society*

ı hybrid. Three pure white with daffodil-like centers. Marin Orchid Society

Phalaenopsis *hybrid, one of the "moth orchids." Delicate, widespread white petals. From local nursery*

Hand sprayer *moistens leaves of miniature mail-order orchids from Hawaii during hot weather*

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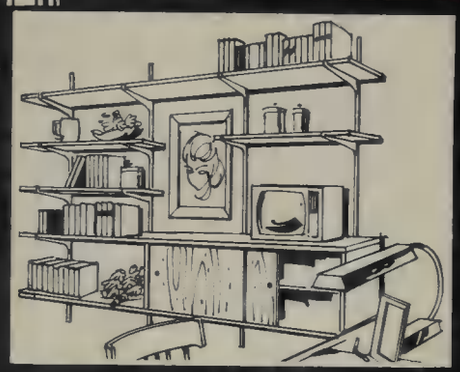

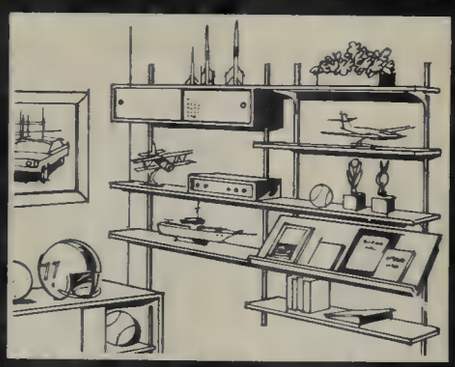

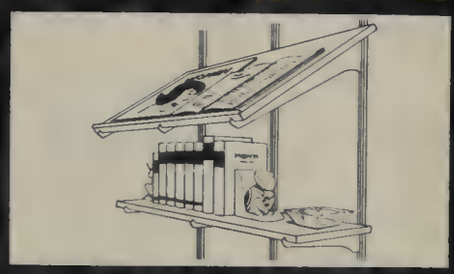

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Use any plant that grows well in your area. Prepare a rich, loose, fast draining mix and fill the boxes, leaving some space for watering. These plantings are at the Arboretum - *Sunset* Demonstration Gardens in Arcadia, California. □

NORMAN A. L

Key bricks *go in place at corners to mask plant boxes*

As seasons *change, new plantings appear. Yellow chrysanthemums succeed vinca (above)*

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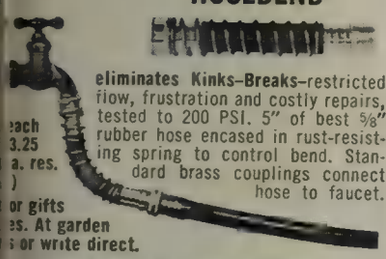

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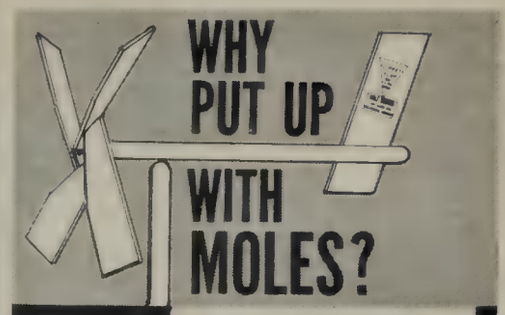

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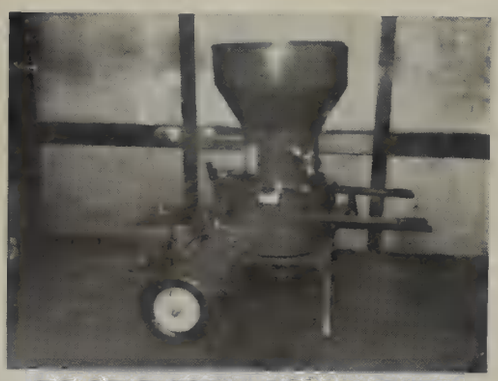

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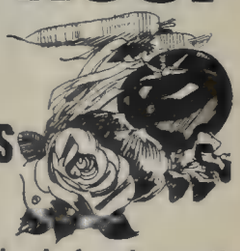

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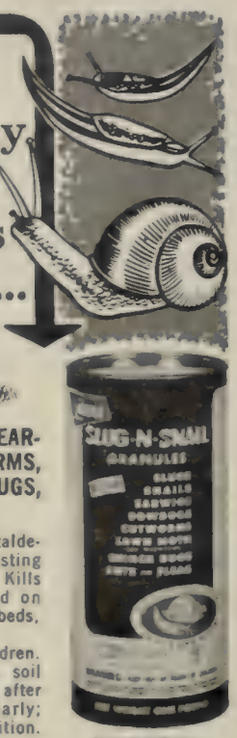

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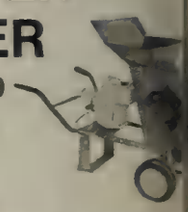

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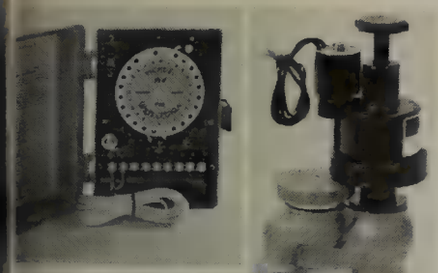

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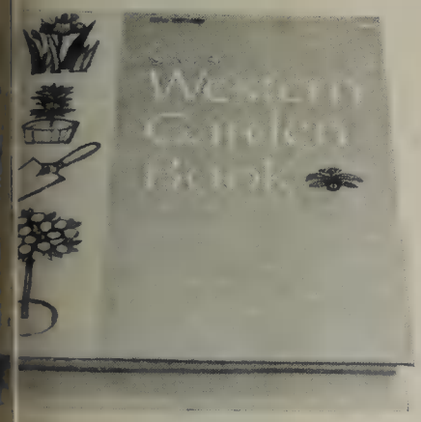

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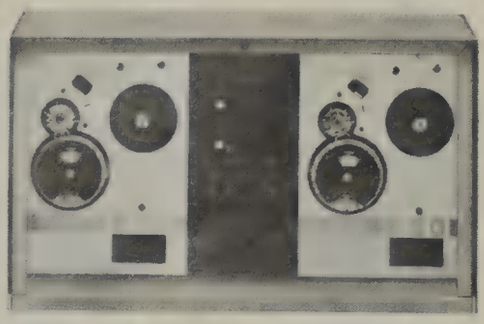

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Just set it and forget it. Automatically your sprinklers go on and off, whether you're there or not. New deluxe 6-station controller allows you to control each area individually. Get this easy to install, maintenance-free automatic sprinkler system controller now from your dealer.

Write for Free sprinkler catalog.

CHAMPION BRASS & MANUFACTURING CO., Dept. S-6, 1460 Naud Street, Los Angeles, Calif. 90012

ONE SPRAY Knocks Out

---POWDERY MILDEW,
---APHIDS,
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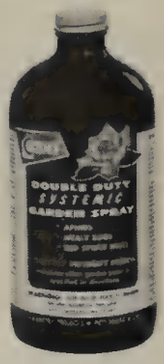
---and most other bugs

SYSTEMIC/INSECTICIDE/FUNGICIDE

For Roses, Flowers, Ornamentals

Now, ONE easy spraying does two jobs . . . Controls both fungus and bugs. Systemic action protects entire plant, even new growth. Bug-proofs plants for up to 3 weeks with single spray.



INTENSIFIED FORMULA

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Emulsifies instantly with water. Multi-purpose systemic/insecticide/fungicide. Use any season.

COOKE DOUBLE DUTY SYSTEMIC GARDEN SPRAY

RECOMMENDED BY GARDEN EXPERTS

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Protect the Environment and ENRICH YOUR SOIL!

W-W COMPOST GRINDER

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Choice of 3 Models for Home Use—Priced from **$166.95**

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Dealer Inquiries Invited

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Spent all your money for that new home? Now you can't afford to have it landscaped? Let us help. We will design an artistic garden to your specifications and help you decide what to plant where. Increases value tremendously. Satisfaction guaranteed. For details write to

Gardens Extraordin-are

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Garden Center

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MAGNIFICENT ROSES with LUXURIANT FOLIAGE

New, fast acting PARNON® fungicide spray formula with wetting and sticking agents wipes out and prevents rose-killing, powdery mildew fungus. Leaves foliage clean and sparkling. Lasting protection! Economical! TM Eli Lilly & Co.

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ROSE MILDEW CONTROL

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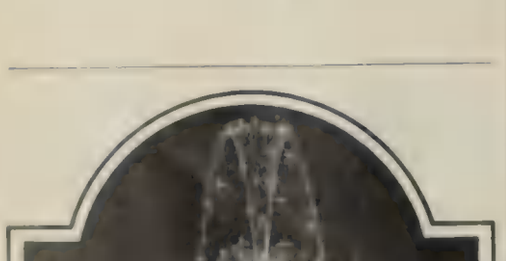

"Showers of Diamonds"

Fountains by RAIN JET

Sparkling elegance! Water droplets are sculptured into a tinkling crystal chandelier. Patented Complete Fountain and Bowl Assemblies or Fountain Heads only. Send for free color brochure. 411 South Flower Street, Burbank, California 91503

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TOMATO DUST

KILLS TOMATO HORNWORM

All purpose Insecticide-Fungicide. Dexol TOMATO DUST can be used up to the day of harvest. Non-toxic.

DEXOL INDUSTRIES, TORRANCE, CALIFORNIA

It began as a simple idea.

(Then Competition started)

Ideas like products start in the humblest of ways. Particularly great ideas. But it takes more than an original genius to make these ideas grow into something big. It takes the lively competition among nationally advertised brand names. The kind that has changed the sound of music to what it is today.

Brand names are what manufacturers call their products. They put their names right on the package so you can see who they are. They work hard to make these products better. Offer brighter developments. Innovations. Consistent quality. This is how they try to outdo other brands. And they let you know about these improvements through advertising. But if they don't live up to these claims it's good-bye to their reputations. That's how competition works.

Nationally advertised brands are what we take for granted.

But we'd soon know the difference if they weren't around.

When brand names compete, products get better.

CONFIDENCE BRAND NAMES SATISFACTION

Ever notice?

BRAND NAMES FOUNDATION INC.

Here are June's garden events

Sacramento. June 5 and 6. Annual s presented by the Sacramento branc the American Fuchsia Society. Pl Garden and Art Center, 3330 Mc ley Blvd. Hours: 2 to 8 P.M. Satur 10 A.M. to 6 P.M. Sunday. Free.

Eureka. June 6. Seventh annual s sponsored by the Humboldt Rose ciety. Place: Home Economics Buil Redwood Acres Fairgrounds, 3750 ris St. Hours: 2 to 7 P.M. Free.

Meadow Vista, Calif. June 6. Plant by the Meadow Vista Garden Cl conjunction with the Pioneer Day bration. Place: Placer Hills Eleme School, Placer Hills Rd. Hours: 10 to 6 P.M. Free.

Hanford. June 16 through 20. F exhibits at the Kings District Fair. P Fairgrounds, S. 10th Ave. Hours: 11 P.M. Wednesday, Thursday, and day; noon to 11 P.M. Saturday Sunday. Admission to fair: adults children 6 through 13, 50 cents; 6, free.

Orland. June 17, 18, 19, and 20. hibits in the Floriculture Buildin the Glenn County Fair. Place: grounds, Yolo St. Hours: noon P.M. Thursday and Friday; 11 A. 11 P.M. Saturday and Sunday. A sion to fair: adults, 50 cents; childr and under, free.

San Francisco. June 26. Fuchsia market" presented by the San Fran branch of the American Fuchsia So Place: Hall of Flowers, Ninth Ave Lincoln Way, Golden Gate Park. H 10 A.M. to 4 P.M. Free. In additi fuchsia plants, other house and g plants will be on sale.

Cloverdale. June 26 and 27. Art garden fair cosponsored by the Thumb Garden Club and the Cl dale Art Commission. Place: Owl 485 S. Cloverdale Blvd. Hours: 10 to dusk. Free.

Lompoc. June 26 and 27. Flowe tival and art show, including a p Saturday at 10 A.M., visits to comm flower fields, and entertainment a hibits at Ryon Park. The Alpha Cl present its 49th annual flower sh the Veterans Memorial Building 9 P.M. Saturday; 10 A.M to 6 P.M. day). Free except for the flower adults, $1; students, 50 cents; ch under 12, free.

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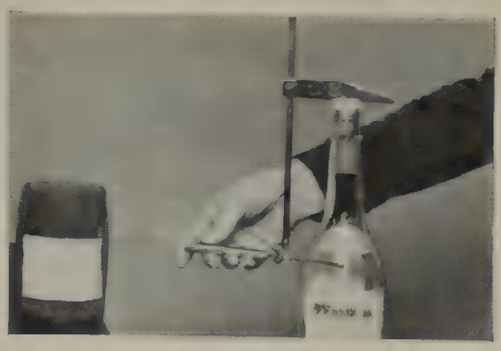
From Berkeley Co-op

ıblications from the Berkeley Co-op. ,ow Cost Cookbook" with dozens of tested by a panel of consumers and Economists, one dollar (price includes and tax). "Common Sense Pest Con- ı Helga Olkowski, for city folks and rs, with practical hints for control of ees, snails and weeds without using us pesticides, one dollar (price includes and tax). Consumers Co-op, 4805 Cen- nue, Dept. N, Richmond, Calif. 94804.

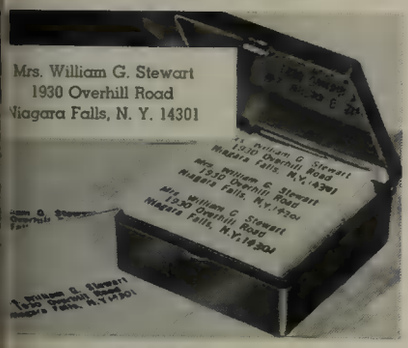


Kleen-Line Bottle Cutter

Make your own glasses, goblets, vases from discarded bottles. Do your bit for ecology. Sell for profit. Give as gifts. Use at home. Give your friends glasses made from their favorite beverage bottle. Any round bottle can be cut safely and easily in 5 min. Kit contains everything necessary to turn out a finished product. Precision tool of chrome plated steel comes with 3 cutters. Dealer inq. inv. $9.95 +50¢ pp. In Calif. add 55¢ tax. Anderson Assoc., 2591 Circle Dr., S-2, Newport Beach, Ca. 92660.

2 Sample Rolls Viking Color Film

for Tru-Color prints. Kodak Instamatic size 126, 12 exposure. $2.80 value but with this ad only $1.00 to cover cost of shipping and packaging. Faster! . . . ASA 100 . . . guaranteed excellent quality and Viking Photo Service will develop each roll and give you jumbo prints for only $2.00 . . . and give you a fresh replacement roll! All failures credited. Postage is paid back to you! Offer good all of 1971. Send $1.00 with this ad to Viking Photo Service, Dept. 183, Portage, Wisconsin 53901.



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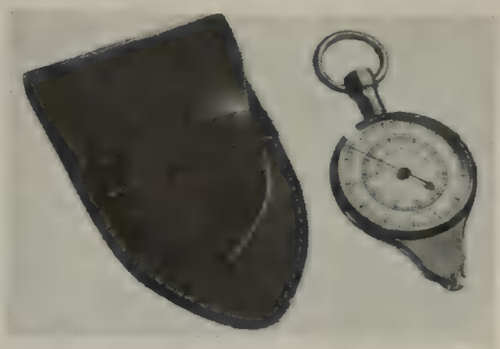
ıuality gummed labels. 1000 Handy 1. Gold Gummed Labels Deluxe size 50 labels with 125 *Self Adhesive* Ini- $3.00. *Quik-Stik* self adhesive labels. n any surface: glass, metal, plastic— ls $2.00, Deluxe size 2x¾—300 for omespun Labels colored borders—300 . Include 10¢ postage plus 5% tax per rite for money-raising plan for clubs. Labels, 623 Jasperson Bldg., Culver ılifornia 90230.



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Use with any map. Trace your route in inches and convert into exact mileage from map scale. Also charts Nautical miles. Reverse side is compass. Break-resistant crystals. Looks like old fashioned watch. Nickel plated. Overall Ht. 3", width 1¼". Wt. 1½ oz. In protective leather case or attach to chain. $4.00 Ppd. Cal. res. add 5% tax. A boon when traveling. (Also avail. Inches to Miles/Centimeters to Kilometers.) *Geneva Love's Gift Creations*, 513 Fourth St., San Rafael, CA 94901.

Architect-Designed For Your Birds

Nesting Box for chickadees, titmice, etc. (at left), removable roof, 1¼" entrance hole—$11.50. In center: Chalet Feeder, 11x20x14 (designed for hanging your own suet cone inside)—$16.75. At Right: Hopper Feeder, removable roof, scatter-proof shelf—$11.50. Premium redwood, pre-sanded. All include assembly instructions, nails, suggestions for mounting, location, feeding. Tax & postage prepaid. Free Brochure. The Mill House, Box 13265 Station E, Oakland, California 94611

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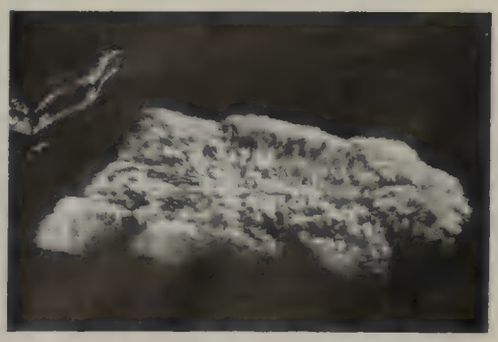

Luxurious Washable Sheepskin Rugs

A genuine New Zealand sheepskin rug can be yours for only $18.00. These world famous, natural white sheepskin rugs are expertly tanned to permit washing (instructions enclosed). Size 3′ x 2′6″. U.S. $18.00 (includes insurance and postage by surface mail. Approximately 6 weeks). Personal checks accepted. The Sheepskin Rug Co., 33 Queen St., Auckland, New Zealand. Bank reference:—Credit Department, Southern Region H. Q., Crocker Citizens National Bank, Los Angeles.

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"The best beginning sewing book anyone could buy, full of excellent tips and suggestions and patterns. Sharon's and Joan's attitude is that clothes should be comfortable, easy to make, inexpensive and groovy to look at. And the book has a guide to tools, an explanation of terms and stitches, what materials to use, etc." (Rags Magazine). Over forty patterns and dozens of variations. $7.95 ppd. (Cal. res. add 5%). Straight Arrow Books, 625 Third, San Francisco, CA 94107.

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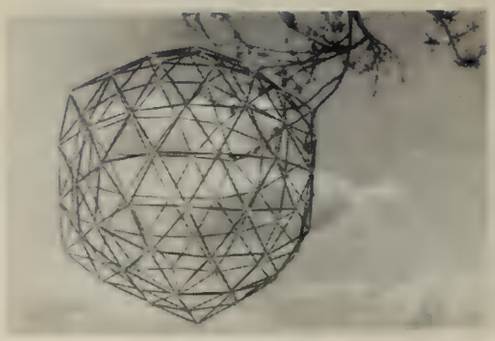
Pre-cut, "knocked-down," do-it-yourself dock and swim float kits with Insulfoam flotation logs. All "select merchantable" and "D clear" grade cedar lumber treated with pentachlorophenol wood preservative, and stained light green. All you need is a hammer! Kits available in 3 sizes: 5′ x 10′ @ $121.00; 6′ x 12′ @ $180.00; 10′ x 12′ @ $237.00 per section. Applicable sales tax & freight extra. For additional information & plans write: Western Insulfoam, 3518 Iowa Ave. S.W., Seattle, Wash. 98106



Garden Accessory From Ikoso Kit

Capture a circle of space in your garden or patio. This 7 foot sphere creates an element of excitement outdoors or indoors. $3.50 for all parts and instructions that lure you to the discovery of many fascinating forms. It's fun to make this and other light weight strong constructions. No glue or special skills required. Practice with *Ikoso* starter kit with easy to use tapered toothpick struts. $1.00. Order from *Ikoso Kits,* Route 3, Box 480, Eugene, Oregon, 97405.

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The iridescent rascals are at their prime Hang original "Hummy-Bird Bars"® in patio or garden and enjoy bird antics a little beauties zip-and-sip from clear p buffets. They love the *real wood perch* (a photo). No rust or drip. Makes a gracious Guaranteed. Instructions. $2.95 plus 30¢ dling. In Calif. add 15¢ tax. Sorry, no C Hummingbird Heaven, 6818-S Apperson Tujunga, CA 91042. *Made in U.S.A.* Our Year!

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Thompson's Pigmented Waterproofing Compound *Thixotropic* provides color and protects wood, metal, concrete, masonry, stucco from water damage. Many colors to brush, wipe, roll or spray on. Waterproofs and colors concrete and wood. Ideal rustproofer. For Stain, mix 50-50 with TWS. Salt, alkali, acid resistant. *Send for Color Folder.* Qt. $2.95; Gal. $9.75; 5 Gals. $47.25 ppd. tax incl. No C.O.D.'s. At dealers or write direct. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.

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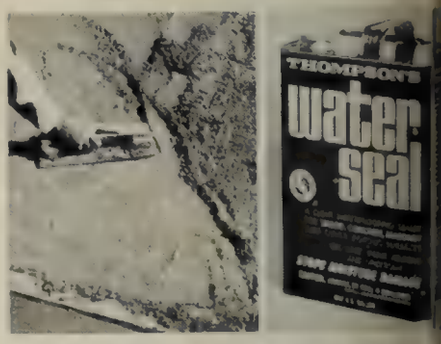
Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, canvas and awnings. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5 Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.



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Now it's easier than ever to obtain beautiful, natural finishes—on furniture, cabinets, paneling or any bare interior wood surface—with new *Rez*® *Latex* Interior Wood Stains. They go on easy, dry fast—*Rez* clear topcoats can be applied in about *two hours* after staining. Stain clean-up is a breeze with soap and water. Choose from an exciting range of colors. For color card and 32-page booklet on Antiquing/Wood Finishing, send name, address and 25¢ to *Rez* Co., Box 3638, Torrance, CA 90510.

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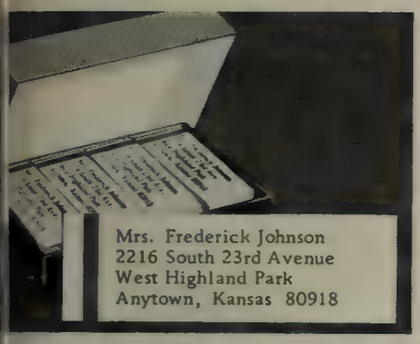

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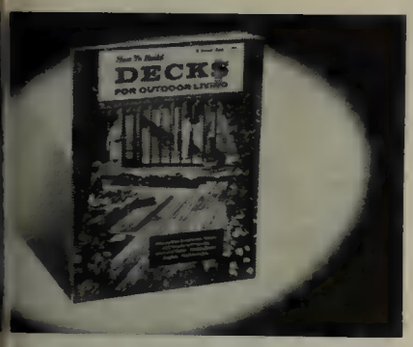

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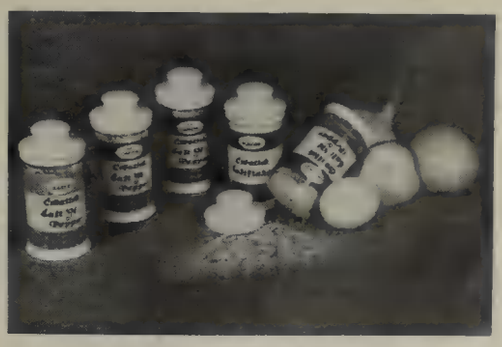
nprehensive *Sunset* book tells how to bility to the home with an outdoor eas, examples, and building directions a complete guide to building both d hillside outdoor decks. Over 245 drawings, and plans give step-by-step tion details. Accessories, additions, nements are included. A special sec- rs such problems as unstable soil and Only $1.95 from your dealer or send t Books, Menlo Park, Calif. 94025.



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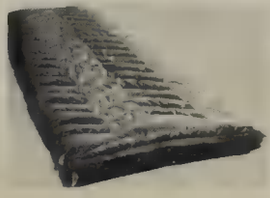

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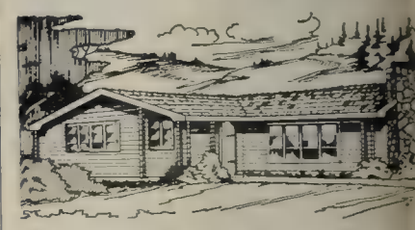

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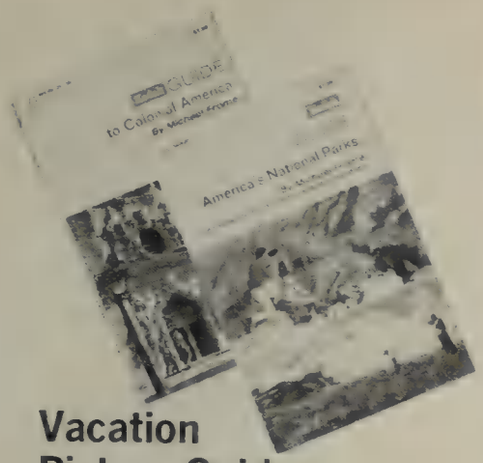

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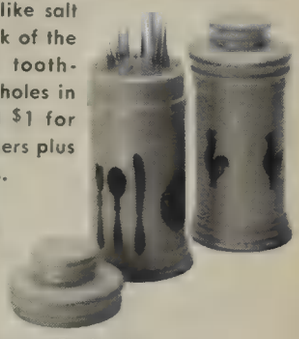

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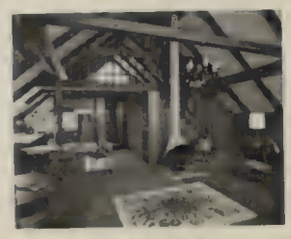

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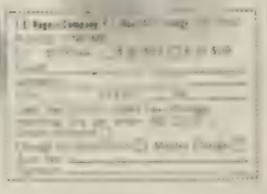

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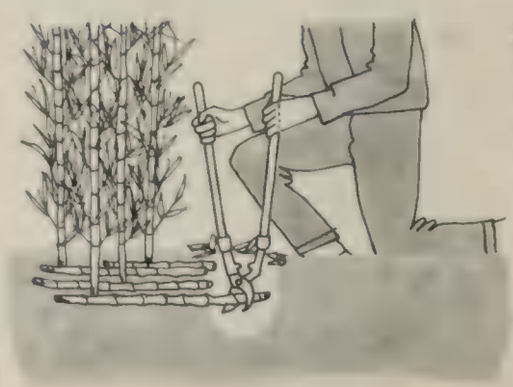

Foot-wide, *foot-deep trench filled with fallen leaves of bamboo makes it no problem to cut shallow, spreading rhizomes*

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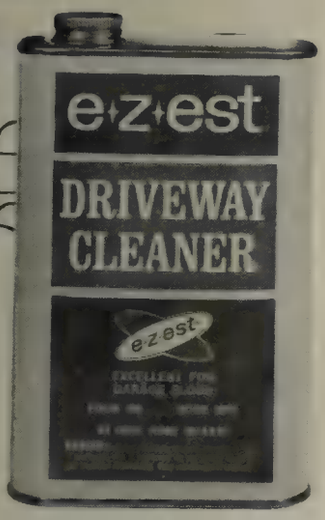

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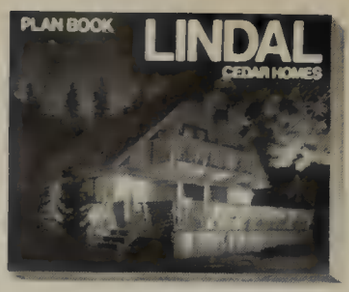

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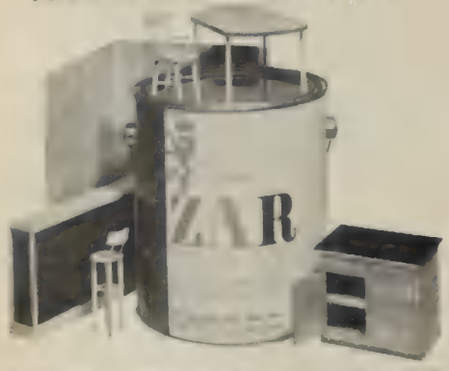

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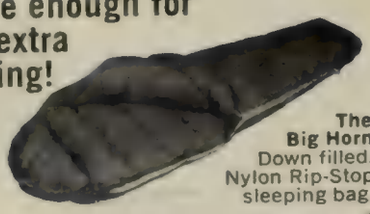

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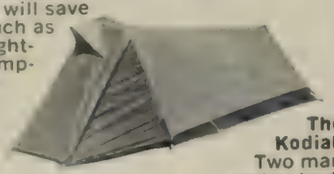

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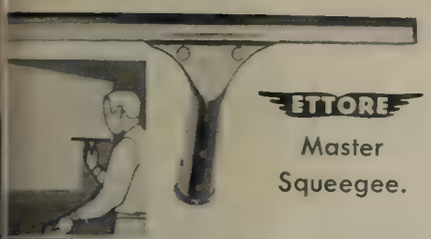

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Ice plant and citrus share a hillside

Rather than devote a big slope completely to ice plant, the Dona'd J. Peaks of Santa Ana mixed in some citrus. The result is less monotonous and more productive (see sample harvest at right) than solid ground cover would be.

Yellow trailing ice plant (*Malephora luteola*, also called *Hymenocyclus luteola*) blooms mainly in spring and has handsome, light green foliage the year around. It grows so quickly that it crowds the citrus unless cut back from the trees at least every six months.

The citrus—lemons, limes, grapefruit, Valencia oranges, navel oranges—thrive in the fast drainage provided by the slope. They are planted in 3 to 4-foot-wide notches dug into the slope. Extra soil is piled up around the rim of each notch to make a wide watering basin. The basins catch water—sprinklers water citrus and ice plant at the same time—and make it soak in rather than run downhill.

The Peaks grow both dwarf and standard-sized citrus. The dwarfs grow slowly, and their ultimate height of 8 to 10 feet puts their fruit within easy reach for picking. To get fruit off taller trees, a picker must use a ladder, and that's often risky on a slope. □

Right. *Notice how slope is notched for orange tree.*
Below. *Path leads to citrus planted among yellow trailing ice plant*

RICHARD FISH

Saving the irreplaceable

Westerners concerned about overcrowded parks and dwindling o space have a powerful ally whose efforts strengthen government atten to expand public parklands.

The Nature Conservancy, now 20 years old, combines professional estate skill, persuasion, and hard cash to obtain irreplaceable wild a and preserve them for public use. (It purposely shuns all other conse tion activities.) At a time when public commitment to protect its often outruns government buying power, the Conservancy steps i an advance purchasing agent, acquiring areas of particular scenic ecological value before development removes them from reach.

The Conservancy acts at the request of government agencies and l grassroots action committees drawn from its 21,500 dues-paying m bers. Its ability to move fast, before land costs rise, greatly expands purchasing power of these groups. The Nature Conservancy's ef have saved more than 58,000 acres in the West, many of them for national park and national forest systems.

A major effort to protect Washington's San Juan Islands has begun purchase of a major portion of Waldron Island, saving its fir-l marshes from imminent development. The Conservancy's San Franc Bay project started with 330-acre Lower Tubbs Island, a haven for s birds and migratory waterfowl, and extends around the bay and up Marin County coast, forming the beginnings of a protective ring arc Muir Beach. Other projects range from the 1-acre Marin Child Beach to a $6 million redwood grove leased to California's Humb County.

Federal conservation efforts in Arizona have been complemente the Conservancy's pending acquisition of a 15,028-acre wildlife re near Aravaipa Canyon, protecting access to the Bureau of Land M agement's Aravaipa Primitive Area. And the Conservancy has ac several thousand lush acres to Hawaii's Haleakala National Park the January 1971 *Sunset*).

The non-profit Conservancy accepts tax-deductible gifts of money land. It supplements its own purchases by making emergency loa local groups, encouraging private loans, and attracting matching p erty gifts. Memberships are available from $5 up; junior member (age 18 and under) cost $2.

For more information about projects near you, write to the We Regional Office, The Nature Conservancy, 215 Market Street, Francisco 94105.

WINDOW ON THE WEST: *Aravaipa*

Aravaipa Creek is a rare, year-around surface stream that winds through Aravaipa Canyon northeast of Tucson. Much of the splendid upper canyon is within the Bureau of Land Management's new Aravaipa Primitive Area; but the lower canyon (left) is not included, and the Nature Conservancy has launched an urgent fund-raising campaign to acquire about 15,000 acres (first payment is due July 1). The new preserve will guard the western approaches to the primitive area, shelter Sonoran Desert plants and creatures—including bobcats, golden eagles, and two endangered species of desert fish—and make the canyon permanently accessible for the enjoyment of hikers and students of wildlife. □

DON NORMARK